NAME:								_													
ИALE	or FEI	MALE	or C	THE	R (cir	cle o	ne)														
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ΔSK V	VORKI	ΟΔΠ	· For	the	follo	wing	item	15 1154	the	resn	onse	scale	helc	w th	ے it	m hv	circli	ng tl	16 V.	rtics	al line clos
	answ					_				-				, , ,	c itc	<i>.</i>	Circii	ייא	ic ve	i cico	ii iiiic cios
1.	Men								-	oerce	ptual	activ	vity w	/as re	quir	ed (e	.g. th	inkir	ng, de	ecidi	ng, calcul
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2.	Phys activ				How	muc	h ph	ysica	ıl act	ivity	was r	equi	red (e	e.g. p	ushii	ng, pı	ulling	, tur	ning,	cont	trolling,
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4.	Emo	tiona	l Der	mano	I – H	ow ei	moti	onall	y de	mano	ding w	vas t	he ta	sk?							
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5.	Perfo	orma	nce l	Moni	torin	g De	man	d – F	low	much	did t	he ta	ask re	quire	e you	ı to n	nonit	or yo	our p	erfo	rmance?
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6.	Effor	t – H	ow h	ard o	did yo	ou ha	ve to	o wo	rk to	acco	mplis	h yo	ur lev	el of	perf	forma	ance?)			
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