

Outcomes of Campus Recreation-Program Participant Survey Spring 2011

Use of campus recreation programs, services, and facilities at FAU has resulted in:

		Count	Column N %	Agree Total
Improved overall fitness level	Strongly agree	205	51.30%	95%
	Agree	174	43.50%	
	Disagree	7	1.80%	
	Strongly disagree	2	0.50%	
	Don't know/not applicable	12	3.00%	
	Total	400	100.00%	
Increased balance & coordination	Strongly agree	165	41.30%	89%
	Agree	192	48.00%	
	Disagree	15	3.80%	
	Strongly disagree	1	0.30%	
	Don't know/not applicable	27	6.80%	
	Total	400	100.00%	
Increased physical strength	Strongly agree	185	46.30%	91%
	Agree	178	44.50%	
	Disagree	18	4.50%	
	Strongly disagree	2	0.50%	
	Don't know/not applicable	17	4.30%	
	Total	400	100.00%	
Greater feeling of well being	Strongly agree	204	51.30%	93%
	Agree	167	42.00%	
	Disagree	13	3.30%	
	Strongly disagree	1	0.30%	
	Don't know/not applicable	13	3.30%	
	Total	398	100.00%	
Improved ability to manage stress	Strongly agree	185	46.30%	88%
	Agree	166	41.50%	
	Disagree	22	5.50%	
	Strongly disagree	1	0.30%	
	Don't know/not applicable	26	6.50%	
	Total	400	100.00%	
Weight control	Strongly agree	171	43.00%	86%
	Agree	169	42.50%	
	Disagree	25	6.30%	
	Strongly disagree	0	0.00%	
	Don't know/not applicable	33	8.30%	
	Total	398	100.00%	
Improved overall health	Strongly agree	202	51.50%	93%
	Agree	163	41.60%	
	Disagree	8	2.00%	
	Strongly disagree	2	0.50%	
	Don't know/not applicable	17	4.30%	
	Total	392	100.00%	
		% Average of Agreement		91%