

Name _____ Date _____ Score ____/10

Counseling Competency Examination Rubric: Initial ____ Exit ____

1. Diagnostic assessment: conducts a brief evaluation and screens for anxiety, mood, psychotic, dissociative, cognitive, and substance diagnoses

1 2 3 4 5 6 7 8 9 10

2. Axis I and V diagnoses: specifies the most likely Axis I diagnosis

1 2 3 4 5 6 7 8 9 10

3. Personality dynamics : specifies the most likely personality trait(s)

1 2 3 4 5 6 7 8 9 10

4. Case conceptualization: specifies the maladaptive pattern linking presentation--precipitant

1 2 3 4 5 6 7 8 9 10

5. Therapeutic focus: focuses on one relevant therapeutic situation; elicits beginning/middle/end

1 2 3 4 5 6 7 8 9 10

6. Situational analysis: elicits interpretations and behaviors/outcomes/permission to process

1 2 3 4 5 6 7 8 9 10

7. Therapeutic intervention: elicits alternative interpretations and behaviors

1 2 3 4 5 6 7 8 9 10

8. Overall rating of the therapeutic alliance: attends/responds/engages client in treatment

1 2 3 4 5 6 7 8 9 10

9. Overall rating of the effectiveness of intervention: effects some measure of change; reverses demoralization/reduces distress/increases hope

1 2 3 4 5 6 7 8 9 10

10. Oral examination: responds appropriately to examiner's questions about diagnosis, case conceptualization [pattern, culture, treatment plan], situation analysis, and therapeutic processing

1 2 3 4 5 6 7 8 9 10