

## [FINAL REFLECTION]

[NANCY  
PANTALONES]

What was the purpose of this experience?

To come together as a group of individuals to grow in a way only possible by immersing ourselves in an unhuman situation to learn of a culture and community so devastated and torn yet so strong and hopeful.

What happened to me during this experience?

Through this experience I learned a lot about myself and how selfish I can be. I realized I take a lot of things for granted and through this experience realized how thankful I should be for everything in my life.

What happened to us during this experience?

We came together as a group and as everyday passed became more and more comfortable with each other. We were able to open up and have emotional real life conversations with out any reservations.

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How did I connect to and/or impact the Tuscaloosa Community during this experience?

Just by volunteering for 2 days I feel like I made an everlasting impact on this community. I was able to connect with the stores I heard and people I met. 100's of people come through and volunteer but you could tell they were still so thankful months later.

What am I looking forward to upon my return to my campus/my community?

Returning to campus I hope to treat the relationships I have with people better. I hope I can lead in a stronger and more hopeful way. I plan on sharing my story and experience with everyone I know to let them know the impact it made on me and how important it is to be an active citizen and help make a difference.

As a result of this experience, what do I want to do differently in my life?

As I have said everything, I want to live life without taking what I have or who I have in my life for granted. I hope to be more actively engaged in the community and help others realize the importance of service to others.