

[FINAL REFLECTION]

uspire

What was the purpose of this experience?

this trip was to help us get a better vision on our roles as leaders and how we can use all of our values and principles to make us better people. Also to help us to get out of our comfort zones and immerse ourselves into something out of our norm.

What happened to me during this experience?

i grew substantially. This trip helped me become more open as well as more thoughtful to the things life has to offer. I have met so many new amazing people that i believe were meant to be put in my life at this moment for a reason. This week has made me appreciate the small things in life and to not take anything for granted.

What happened to us during this experience?

not only did we clean up the debris from the trip but we bonded and grew as a group of young men and women, we have become more vulnerable and open as individuals and realize there is a lot more to life than just what we were doing before this trip.

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How did I connect to and/or impact the Tuscaloosa Community during this experience?

We added and instilled a sense of hope, but I think a better question is how did Tuscaloosa impact me? Tuscaloosa instilled a new outlook on life for me.

I have learned not to sweat the small things but rather view them as a stepping stone to a stranger future because God would never give me something I couldn't handle.

What am I looking forward to upon my return to my campus/my community?

To be able to share the stories I have heard as well as the experience I had.

I learned many things on this trip that I believe would ~~be~~ greatly impact FAU and the communities within it.

As a result of this experience, what do I want to do differently in my life?

I don't want to forget how this trip made me feel. I don't want to stop spreading the stories I heard like Chelsea's and I don't want to forget to appreciate everything for what it truly is.