

## [[FINAL REFLECTION]]

What was the purpose of this experience?

To take us out of our ~~normal~~ ~~comfort~~ comfort zones & throw us into a new culture. To give us new experiences & help us learn new leadership skills. (And also, importantly, to help out those in need in Tuscaloosa.)

What happened to me during this experience?

I honestly feel like I have grown as a person over the past 4 days. This trip has taught me more than you know & made me a better person/leader.

I have been touched by what we seen, everything I've done, and all those I've talked to.

What happened to us during this experience?

We have all been able to grow as individuals and bond on a completely unique & special way.

We have all learned more about being leaders & have been touched by all that Tuscaloosa has had to offer.

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How did I connect to and/or impact the Tuscaloosa Community during this experience?

I was able to connect in a way that I was unable to even when I attended school here. I feel closer to those affected & I truly feel the pain they felt. Though I have impacted the community with the physical labor I've done, it has impacted me ten-fold.

What am I looking forward to upon my return to my campus/my community?

I could honestly stay here for months with this group but I am so excited to return home & even to FAU. I can't wait to see if people notice how much I have grown as a person in the past few days.

I am beyond eager to share my experiences & all that I have learned with everyone.

As a result of this experience, what do I want to do differently in my life?

I want to set new expectations for myself. To raise the bar.

I want to use everything I've learned to become a stronger leader and make a difference in my community.