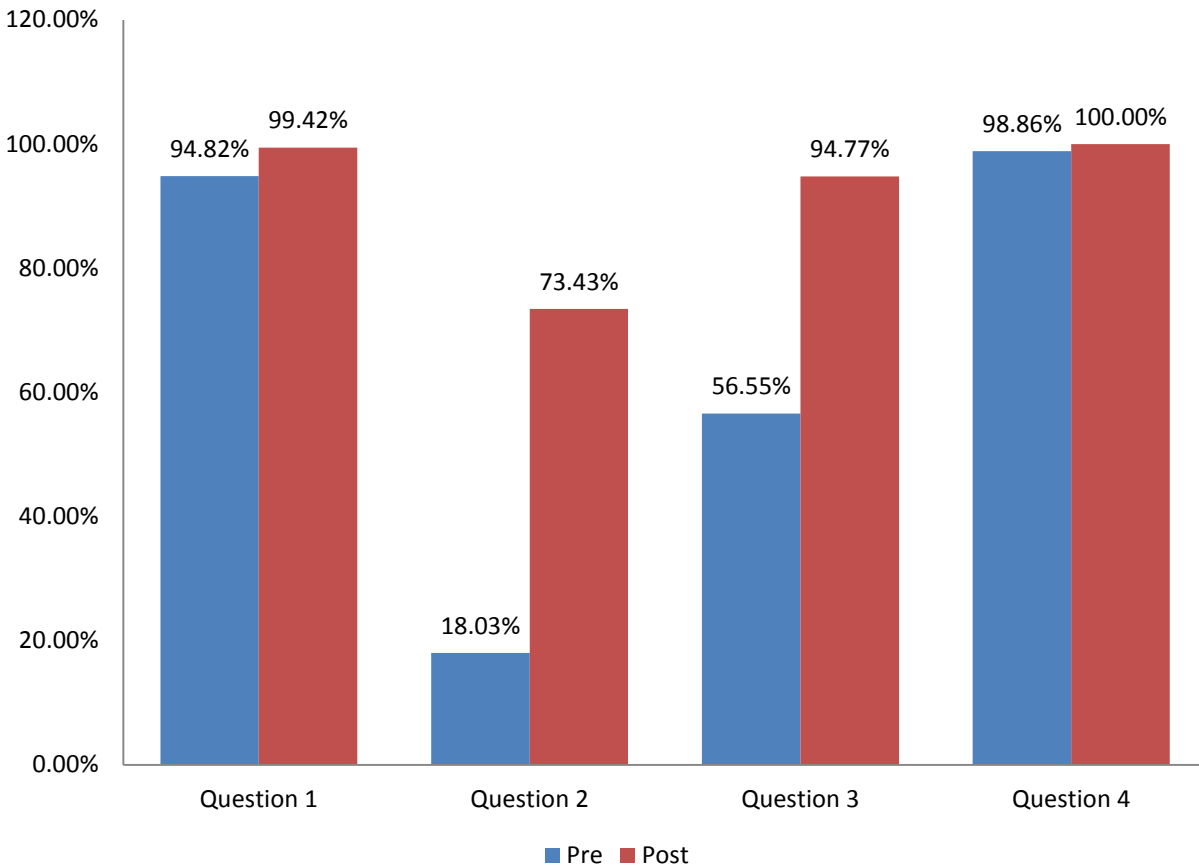


Healthy Relationships Pre & Post Test Results July 2012-June 2013 n=171



1. Which of the following is a characteristic of a healthy relationship?

- a. Trust
- b. Respect
- c. Both a and b
- d. Deceit

2. Approximately what percentage of FAU students have been in an emotionally abusive relationship?

- a. 65%
- b. 50%
- c. 10%
- d. 16.5%

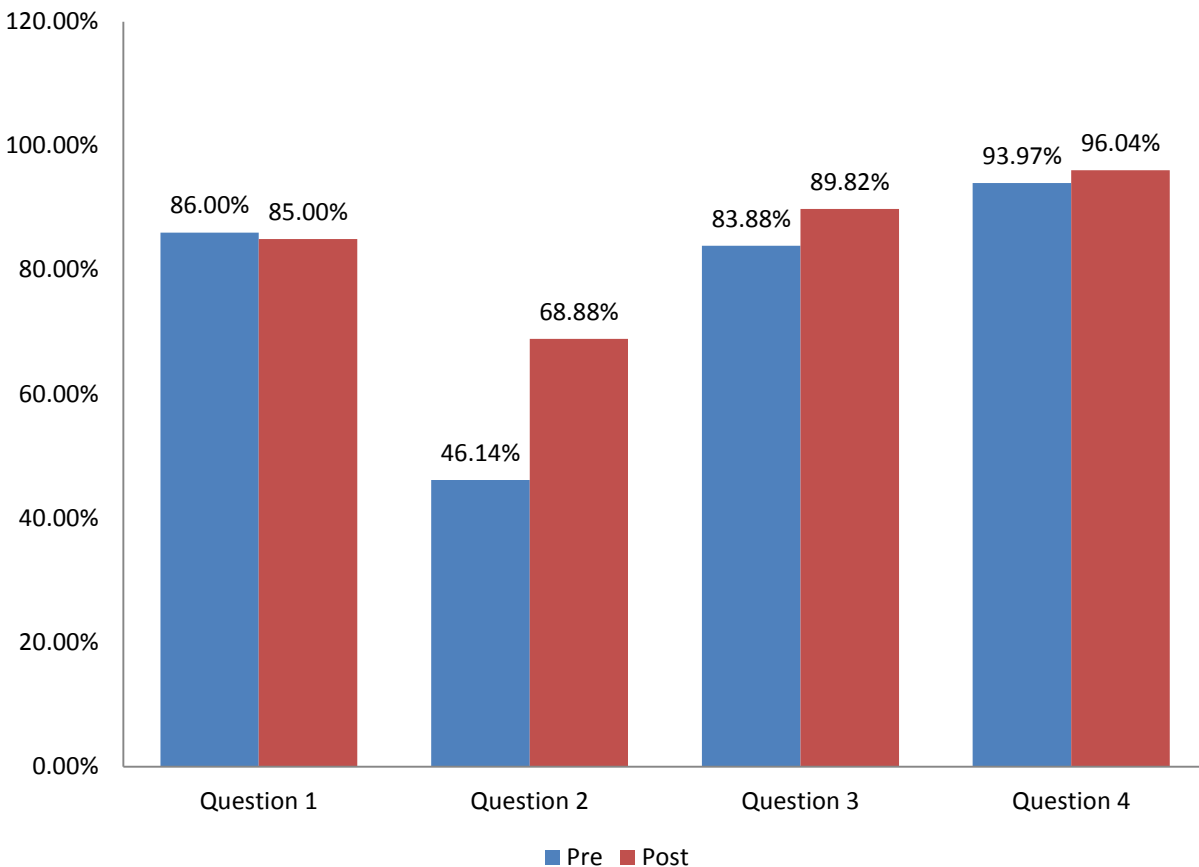
3. Generally, which form of communication is best?

- a. Passive
- b. Assertive
- c. Aggressive
- d. Passive-aggressive

4. Which of the following is a characteristic of an unhealthy relationship?

- a. Jealousy
- b. Inequality
- c. Possessiveness
- d. All of the above

Nutrition Pre & Post Test Results July 2012-June 2013 n=358



1. A Whole Grain is a food made from grains that:

- a. Contain the bran, germ, and endosperm
- b. Are high in fiber
- c. Can prevent cancer and lower cholesterol
- d. All of the above

2. The recommended daily servings of fruits and vegetables is:

- a. 2
- b. 3
- c. 5
- d. 7

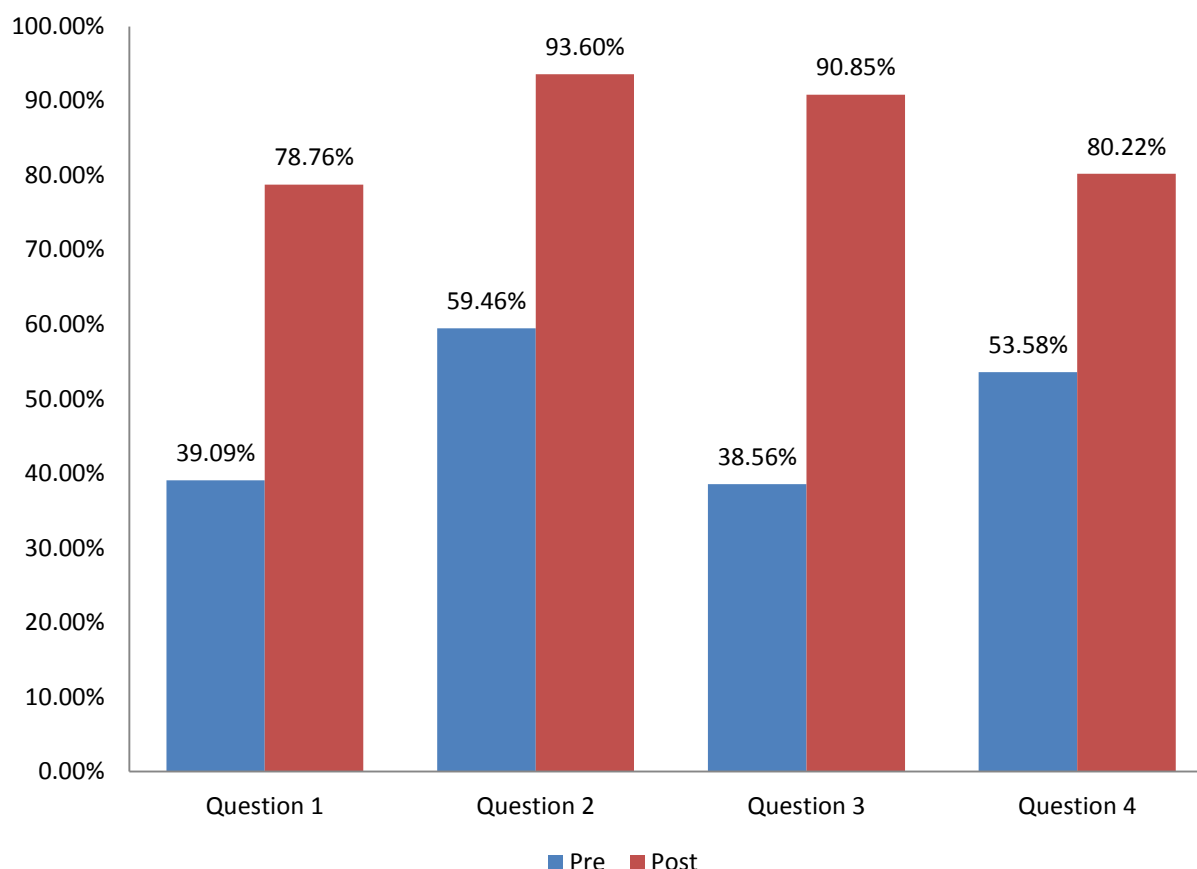
3. Aerobic Exercise (such as running) is recommended at least 3-5 times a week for most individuals

- a. True
- b. False

4. The beneficial nutrients in fruits and vegetables can:

- a. Reduce the risk of heart disease
- b. Protect against cancer
- c. Fight obesity/Type II diabetes
- d. All of the above

Sexual Health Pre & Post Test Results July 2012-June 2013 n=914



1. 15-24 year olds represent what percentage of all new STI cases?

- a. 10% b. 25% c. 50% d. 80%

2. The most common symptom of a sexually transmitted infection is/are?

- a. bumps/sores b. painful urination c. pelvic/abdominal pain d. no symptoms

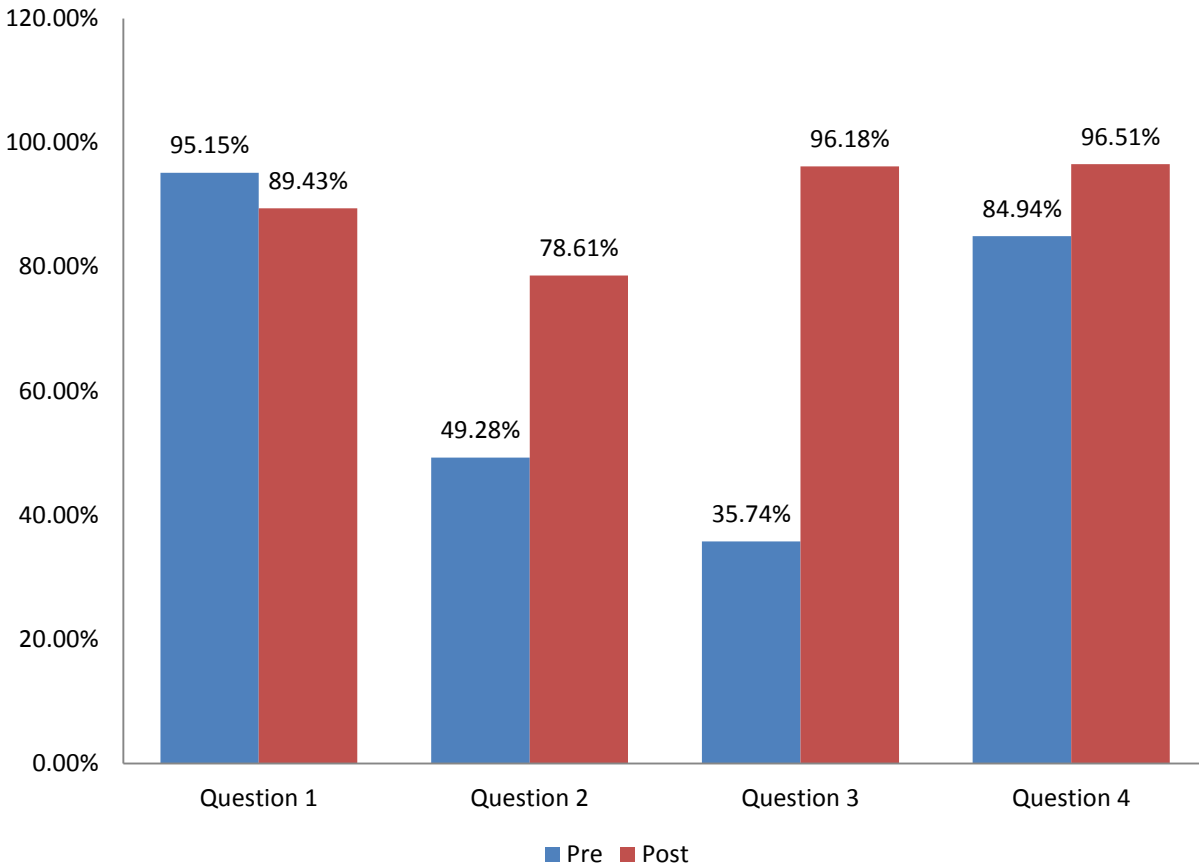
3. The window period for HIV is:

- a. 2-3 days b. 2 weeks-3 months c. 2 months- 3 years d. 2-3 years

4. What is true of bacterial and viral infections:

- a. bacterial infections are CURABLE while viral infections are TREATABLE
 b. bacterial infections are TREATABLE while viral infections are UNTREATABLE
 c. bacterial infections are TREATBALE while viral infections are CURABLE
 d. bacterial infections are CURABLE while viral infections are UNTREATABLE

Sexy Times Pre & Post Test Results July 2012-June 2013 n=315



1. True or False: You should get tested for STI's every 6 months or in between partners.

True

False

2. The most common symptom of a sexually transmitted infection is/are?

- a. The penis b. The vulva/vagina c. The anus d. Both B & C

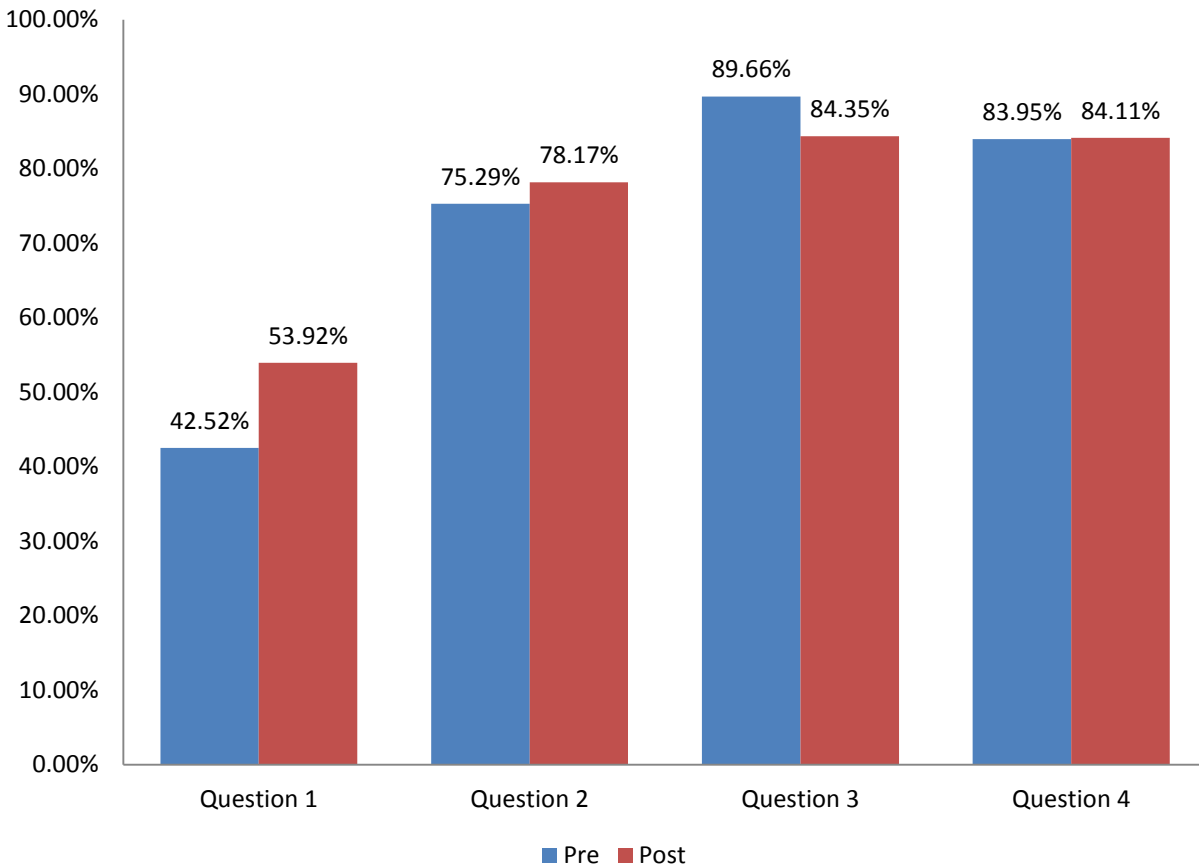
3. What is the first step in putting on a male condom:

- a. Consent b. Open it c. Check expiration date d. Get lucky

4. Female condoms:

- a. Are made of polyurethane
b. Cover more surface area, which gives more protection to receptive partner
c. Can be inserted 8 hours ahead of time
d. All of the above

Stress Pre & Post Test Results July 2012-June 2013 n=850



1. True or False: Stress can have a positive effect on your academic performance.

True

False

2. Stress causes an increase in:

- a. Blood pressure & Heart Rate
- b. Release sex hormones
- c. Breathing
- d. A & C only

3. What is the first step in putting on a male condom:

- a. You may experience more frequent sickness/illness
- b. You may feel more anxious or depressed
- c. It will be more difficult to remember information that you have studied for an exam
- d. All of the above

4. Exercise, Deep Breathing, & Guided Imagery can:

- a. Boost our immune systems
- b. Be a coping strategy for stress
- c. Help us reduce stress to perform better on exams
- d. All of the above

