

College of Education Announcement of Dissertation Defense

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Affect coding within the therap	eutic relationship			

ABSTRACT

This study investigates affect coding within the therapeutic relationship, by exploring the client's and therapist's perception of the relationship and the facial and vocal affect expressed by both parties. Statistically significant relationships were found between seconds of therapist negative affect (t(13)=-2.065, p. <.05) and seconds of therapist neutral affect (t(13)=-.1959, p. <.05) for clients who dropped out of therapy. The seconds of negative affect coded for clients (t(13)=-1.396, p. >.05) was approaching statistical significance for clients who drop out of therapy. This study provides theoretical and empirical support for linking the presence of facial affect in the first session and its effects on the therapeutic relationship and thus client retention or drop out.