

## [FINAL REFLECTION]

What was the purpose of this experience?

TO BE IMMersed INTO a NEW environment & help cleanup & rebuild the parts of Alabama that got destroyed during the tornado. TO help out & make a difference WITH ourselves & our organizations TO gain a respect for everyone TO learn being a leader takes courage, PASSION & FAITH in order to find the right people in situations. sometimes bad things happen unexpectedly so you shouldnt take anything for granted.

What happened to me during this experience?

I became closer to everyone here and the people of Tuscaloosa by opening my eyes & heart. I got emotional over other people's stories & I felt where they were coming from. I realized I can & need to do better to not make excuses for myself because other people have it worse than me, I was inspired by what an amazing leader the mayor was and everyone else here.

What happened to us during this experience?

We all shared our personal and organizations values and beliefs which we all seemed to have in common. We all allowed ourselves to be vulnerable & open up to sharing our personal stories which in return brought us all closer together to become best friends.

~~VISION~~  
~~BOARD~~

<sup>y</sup>WE WILL BE BACK  
[FINAL REFLECTION]

How did I connect to and/or impact the Tuscaloosa Community during this experience?

Setting emotional healing & watching other survivors stories about the boards and helping out & wanting to give back to everyone. Everyone in your life is precious we should focus on meaningful words & relationships. If you use news to look on life & make me realize and really does have a plan for all of us.

What am I looking forward to upon my return to my campus/my community?

Keeping the friendships that I've formed here & becoming more active in my community & organization. Making an impact on anyone I can.

As a result of this experience, what do I want to do differently in my life?

- help out everyone by being there & look
- be better at everything
- put nice things for people &
- respect myself & others all the time
- be the change I wish to see in the world
- find courage & faith everyday
- be the best version of myself & fix my mistakes