

**Campus Recreation Program Survey Spring 2011**  
**Outcomes by Area of Participation**

From your participation indicate the level of improvement or increase in:						
		IM	Club Sports	IP	Gfit	PT
<b>Self-confidence</b>	A great deal	34.50%	44.40%	51.90%	41.80%	56.00%
	Some	42.40%	30.20%	26.90%	38.70%	40.00%
	A little	11.30%	17.50%	15.40%	12.40%	0.00%
	None	11.90%	7.90%	5.80%	7.10%	4.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
<b>Fitness level</b>	A great deal	37.30%	52.40%	46.20%	48.90%	65.40%
	Some	40.10%	27.00%	38.50%	36.90%	34.60%
	A little	12.40%	14.30%	7.70%	10.70%	0.00%
	None	10.20%	6.30%	7.70%	3.60%	0.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
<b>Multicultural awareness</b>	A great deal	31.10%	33.90%	23.10%	27.80%	24.00%
	Some	33.90%	33.90%	26.90%	30.90%	32.00%
	A little	13.60%	16.10%	19.20%	18.80%	16.00%
	None	21.50%	16.10%	30.80%	22.40%	28.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
<b>Sense of belonging/association</b>	A great deal	37.90%	54.00%	40.40%	32.90%	40.00%
	Some	42.40%	27.00%	28.80%	32.90%	20.00%
	A little	11.30%	9.50%	19.20%	18.20%	12.00%
	None	8.50%	9.50%	11.50%	16.00%	28.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
<b>Communication skills</b>	A great deal	36.20%	46.00%			
	Some	41.20%	28.60%			
	A little	10.70%	15.90%			
	None	11.90%	9.50%			
	Total	100.00%	100.00%			
<b>Leadership skills</b>	A great deal	40.70%	36.50%			
	Some	35.60%	31.70%			
	A little	8.50%	17.50%			
	None	15.30%	14.30%			
	Total	100.00%	100.00%			
<b>Ability to develop healthy relationships</b>	A great deal	39.80%	36.50%	37.30%	30.20%	40.00%
	Some	35.80%	39.70%	31.40%	36.90%	28.00%
	A little	11.40%	14.30%	11.80%	13.50%	8.00%
	None	13.10%	9.50%	19.60%	19.40%	24.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
<b>Stress management</b>	A great deal	43.80%	44.40%	44.20%	48.70%	52.00%
	Some	33.00%	34.90%	30.80%	33.50%	40.00%
	A little	13.10%	6.30%	17.30%	10.70%	8.00%
	None	10.20%	14.30%	7.70%	7.10%	0.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%

From your participation indicate the level of improvement or						
		IM	Club Sports	IP	Gfit	PT
Overall health	A great deal	42.90%	44.40%	50.00%	48.40%	69.20%
	Some	37.10%	33.30%	23.10%	35.40%	30.80%
	A little	12.00%	12.70%	15.40%	11.70%	0.00%
	None	8.00%	9.50%	11.50%	4.50%	0.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
Academic performance	A great deal	26.30%	33.30%	19.60%	29.30%	24.00%
	Some	31.40%	25.40%	29.40%	28.40%	32.00%
	A little	16.60%	15.90%	17.60%	17.60%	16.00%
	None	25.70%	25.40%	33.30%	24.80%	28.00%
	Total	100.00%	100.00%	100.00%	100.00%	100.00%
Weight Control	A great deal			38.50%	36.20%	50.00%
	Some			17.30%	36.60%	42.30%
	A little			28.80%	18.80%	7.70%
	None			15.40%	8.50%	0.00%
	Total			100.00%	100.00%	100.00%