

FINAL REFLECTION]

A=Δ ΔΔΘ
 AΔT ΔIT
 ΔP ΔΘA
 ΔK
 ΔΘE
 AFA
 ANA

What was the purpose of this experience?

At first when I planned to come on this trip I thought it was going to be about saving our greek community & now Tuscaloosa would fix FAU. soon after arriving at the VRC & watching the videos & seeing Jim Bob get upset like he saw a ghost I realized that this trip had nothing & everything to do with ourselves. we were here to help Tuscaloosa and gradually the city was able to help us. when we all got together to talk we all realized this had to do with our immediate ~~the~~ what happened to me during this experience? not FAU.

This trip put alot into perspective for me, I was able to reaffirm my faith & hope in others, in myself & in God. It took a ~~disaster~~ disaster for me to see how four things I really am and how even though I have been able to prioritize my life I still have a long way to go. I also realized that it is okay to open up to other people & feel vulnerable to connect to people I may have never been able to connect with.

What happened to us during this experience?

Looking back on the first day I would have never thought we would be as close as we have become & the connection that Alabama has with the community has made us even closer. normally I would have expected us to talk & have a good time but I never could have imagined the bond we would have made with each other all because of a tornado.

Andrew Mills
Chelsea Thrash
Patrick
Jim BDR

We Will Be Back [FINAL REFLECTION]

Andrew
Walt Maddox

~~And he would not give us
anything we couldn't~~

—cared through service

How did I connect to and/or impact the Tuscaloosa Community during this experience?

meeting Braden & his family showed me the spirit of Tuscaloosa
& how valuable she still was & behind later.

Chelsea Thrash connected with me because it made me
realize now precious every person in my life should be &
now I need to make time to have real meaningful conversations
with my sisters & show them how valuable our time is together

What am I looking forward to upon my return to my campus/my community?

Taking back my experiences to positively motivate myself
to cherish everyday that I have & give thanks for the little
things in life.

Starting the Spring semester with a new sense of joy & hope
for my future & to be able to build the relationships that are
important in my life. & regardless of how vulnerable I am.

As a result of this experience, what do I want to do differently in my life?

I am going to stop worrying about the things that don't matter
I am going to tell people more often how much they mean
to me even if they don't feel the same way. I am going to
try my hardest to meet more meaningful people & have more
meaningful relationships & show my sisters that our time
together is limited & be a friend and learn to love everyone
and hope that we can build our sisterhood even more before disaster—