****PLEASE NOTE:** THE ABSTRACT MUST FIT IN A SINGLE A4 SHEET**

**The title of your work should be here, in 14pt bold font (MAX 25 WORDS)**

F. A. Author1, S. A. Author2, E. E. Author2 (12pt font)

1Institute of Physics Gleb Wataghin, UNICAMP, 2, Exercise Research Laboratory, UFRGS, 3School of Medical and Health Sciences, ECU (10pt font)

****PLEASE NOTE: THE FOLLOWING SECTIONS MUST BE FORMATTED WITH 1.5 LINE SPACING AND 12PT FONT****

**Introduction:** This study…

X

X

X

X

X

**Materials and Methods:** Twenty participants performed…

X

X

X

**Results:** We found that…

X

X

X

**Discussion/Conclusion**: in conclusion…..

X

X

X

X

X

Figure/Table/Graph:

|  |  |
| --- | --- |
| Legend: …….. | |
| A | B |
| Tela de computador com texto preto sobre fundo branco  O conteúdo gerado por IA pode estar incorreto. | Diagrama  O conteúdo gerado por IA pode estar incorreto. |