

WORK REPORT | INSTITUTE AQUATICS SECRETARY

Part 1 : Personal Details -

Name: Yogender Singh
Roll No.: 170100028
Position: Institute Aquatics Secretary

Part 2 : Events -

<i>Event</i>	<i>Details/Remarks</i>
Prarambh Aquatics	Conducted the beginners camp, Prarambh, under the guidance of Ritesh Guchait, Sports Officer Incharge, Swimming Provided T-shirts as a memento to all those who registered and regularly attended the camp
Swimming Gala 2019	<ul style="list-style-type: none">Overall Coordinator of Swimming Gala 2019 - Maharashtra state level open swimming competition in accordance with MSAAA (Maharashtra State Amature Aquatics Association), organised over a span of 2 daysRaised a budget of over INR 0.2 Million through registrations and sponsorships.Single handedly conducted a state level competition with over 1200 participants and initiated a networking opportunity for swimmers, parents and coaches.Negotiated with Legend Sports to procure prizes worth 15k in kinds for winners in each age group category.
Waterpolo GC '19	<ul style="list-style-type: none">Coordinated with the Hostel Sports-Co's to form teams of hostels for Waterpolo GC.Proper welding of both the broken goalposts was done with the help of Estate Office before the GCSmooth conduction was ensured by coordinating with the coach and the swimming pool life guards.
Aavhan' 19	Waterpolo: <ul style="list-style-type: none">Contacted around 50 Teams from and

	<p>away from mumbai to participate in the waterpolo tournament to be held in the institute.</p> <ul style="list-style-type: none"> Created networks with team coaches of PM Hindu-Bath, KC College and Andheri Swimming Pool for practice matches to be held during Inter-IIT aquatics camp. Formed the waterpolo team for the tournament and conducted professional knockout matches for the event. <p>Services and Marketing Coordinator:</p> <ul style="list-style-type: none"> Negotiated with over 25 global & local F&B brands; signed 10 deals to set-up kiosks in a strategically placed food court catering to 6k+ participants from 200+ nationwide colleges. Completely handled the services and FnB requirements of the Aavhan Chess Open conducted at the New SAC. Rooted the Red Bull Cone Shed at athletics track, Sound system for the conduction of IPL screening and final ceremony at the Old SAC and kiosks at the outdoor volleyball courts for FnB stalls. Contacted and negotiated with various dormitories near IIT Bombay campus for accommodating the participating students. Estimated the number of rooms available in the campus for the accommodation of participants and ensured approval of the same.
Freshie La Vista	<ul style="list-style-type: none"> Ideated the event from scratch, with inputs from sports conveners based on their experience as freshmen Handled all logistical requirements and set up ambiance and events that were to be conducted in the OAT Looked after the pre publicity of the event by releasing a promo video with clips from the previous edition of the event, and set up photo-booths which were used for post publicity, garnering 3000+ views
Swimathon 2019	<ul style="list-style-type: none"> Made sure the venue is booked for the event overnight which had around 50 people as audience Contacted various local officials for timekeeping & lap counting, and came up

	<p>with an efficient system of counting.</p> <ul style="list-style-type: none"> • Hosted the event for 12 hours, looking after the number of laps completed by the swimmers, and announcing the total distance covered on an hourly basis • Looked after the refreshments provided to the participants, ensuring no shortage of the same during the event
Summer Swimming Camp	<p>Swimming:</p> <ul style="list-style-type: none"> • Ideated and conducted swimming camps for all students and staff at three levels - beginner, intermediate and advanced swimmers. • Executed three phases of this camp structure across the complete vacation period • Inter-IIT probables trained under the last phase of the camp alongside their Advanced Summer Camp.
Advanced Camp	<p>Swimming:</p> <ul style="list-style-type: none"> • Executed a month long advanced training camp for team members with the help of newly recruited sports officer to provide good base for the in-semester camps. • Inter-IIT probables were trained with the professional swimmers under the advanced section of the Summer Aquatics camps taken by previous coach Dr. Reddy. • Made sure the team had coach all the time the practice went on • Made sure the team received all the requirements and supplements throughout <p>Waterpolo:</p> <ul style="list-style-type: none"> • Ordered necessary equipment for better performance output and formed a strict training regime. • Inter-IIT Team probables were built from scratch during the summers under the guidance of the new coach, Ritesh Guchait.
Basic Mountaineering Course & Mountaineering Adventure Course	<ul style="list-style-type: none"> • Launched Mountaineering Adventure Course (MAC) by contacting Jawahar Institute of Mountaineering & Winter Sports (JIM & WS) • Contacted Atal Bihari Vajpayee Institute of

	<p>Mountaineering and Allied Sports, Manali and scheduled a specialised course for IITB students on Basic Mountaineering Course</p> <ul style="list-style-type: none"> • Organised and co-anchored an informative session for the freshmen regarding BMC & MAC which saw a huge turnout • Involved in the registration fee collection and accounting process with the JIM & WS and ABVIM.
PG Sports Orientation	<ul style="list-style-type: none"> • Coordinated with the PG Sports Council and helped in the conduction of the event
Freshmen Orientation	<ul style="list-style-type: none"> • Anchored the event which captivated a footfall of 400+ UG freshmen, showcasing the sports culture in the Institute, introducing and felicitating Sport Officers and Coaches, and making them aware of the various events conducted throughout the year • Looked into the logistical requirements for the event and their timely set up within the Badminton court • Headed the conveners for the smooth conduction of the event, including publicity, freebies, and event-flow
100 Days to Inter IIT Ceremony	<ul style="list-style-type: none"> • Looked after the various logistical requirements, ceremony presentation and event flow of the 100 Days to Inter IIT Ceremony • Made it compulsory for NSO students to attend the event, allowing them to get a glimpse of Inter IIT, and promote bonding with other senior players in the team
IITB Half Marathon	<ul style="list-style-type: none"> • Led the on-ground route work of the event by ensuring the availability of water and enerzal points at the pre-decided positions, helping the chip activated checkpoint's team and looking after the placement of volunteers. • Ensured sufficient registrations from volunteers by providing incentives in the form of t-shirts • Coordinated with a team of 200+ volunteers to ensure no glitches in the routes of 5km, 10km and 21km runners
Freshiesta	<ul style="list-style-type: none"> • Divided the freshmen in teams of three

	<ul style="list-style-type: none"> and assigned the floor mentors for Hostel 15 and 16. Delegated work to conveners and coordinated to ensure smooth conduction of events Successfully organised the Freshiesta Crossy and ensured smooth conduction of the final closing ceremony of the event
Swimming GC 2019	<ul style="list-style-type: none"> Publicized the event through social media with a Promotional GC video with underwater video clips Increased participation from freshmen hostel, H15/16 by talking with their sports' councillors and handling the grievances of participants. Awarded the player of the GC trophy to the person having maximum individual event points.
Swimming Gala 2020	<ul style="list-style-type: none"> [Work in Progress] Contacting sponsors for the next Gala. Finalized Quidido Sports Pvt. Ltd as apparel sponsor and procuring sports wear for age category 6-14 years old in kinds for the event Coordinating with MSAAA to increase participation by disseminating the information earlier

Part 3 : Council Work & Miscellaneous -

Work	Details/Remarks
Yearbook Convocation of Graduating Students	<ul style="list-style-type: none"> Spearheaded the Yearbook work by contacting the past 2 graduated council and previous council. Compiled the Yearbook for every sport and helped in designing the Yearbook. Presented the annual Yearbook of Sports written by team members for passing out players as a gratitude for their contribution in sports
Convener Interviews	<ul style="list-style-type: none"> Part of the Interview Panel for selection of Conveners from the pool of Freshmen

	<p>applicants</p> <ul style="list-style-type: none"> Selected 35 conveners out of 150+ applicants in 7 categories i.e, Events, Journalism, Design, Coverage, Web, Board Games & Admin
Aquatics Inter-IIT Camp Messing	<ul style="list-style-type: none"> Coordinated with the Hostel 2 mess manager to provide dinner for 24 days to the Pre Camp players, extending dinner time to ensure the availability of highly nutritious food for the players after practice sessions Arranged the camp messing for complete day for the week after mid-semester exams at Hostel-15
Inter IIT Pre Camp Messing	<ul style="list-style-type: none"> Coordinated with the Hostel 18 mess manager to provide dinner to the Pre Camp players, extending dinner time to ensure the availability of highly nutritious food for the players after practice sessions Circulated the hostel wise list of players for whom the night messing facility was provided, after getting necessary approvals and informing Hall Managers of all hostels about the same
Aqua-Therapy & Physiotherapy for Inter IIT Contingent	<ul style="list-style-type: none"> Contacted numerous institutions for finding the best physiotherapy provider to boost the performance of Inter-IIT Players Associated and negotiated with AquaCentric Therapy - Only holistic therapy provider across India aiming at improving performance, reducing risk of injuries and speed recovery in case of some injury It provides students access to many facilities like, cross fit training space, underwater treadmill, underwater plyometrics and deep muscle massage with underwater jet

Part 4 : Administrative and Maintenance Work -

Work	Details/Remarks
Budget	Budgeted an amount of about ₹0.8 million

	<p>for expenses towards Equipment, Events, Camps and Community of IIT Bombay with special emphasis on the team & NSO</p> <p>Managed to use the resources efficiently so far by cutting down the extra expenditure on refreshments & equipment during camp</p>
Maintenance of Swimming Pool	<ul style="list-style-type: none"> ● Procured a new filter and an ozone system for the pool after failure of one of the four filters before the Inter IIT 2018. ● Changed and repaired the shower heads in women changing room after receiving complaints ● Revived the functioning of the existing water cooler with the help of Estate office ● Ensured proper hygiene and regular cleaning of the pool by the PHO ● Repaired the waterpolo goal posts by welding them and purchasing new goal post nets
Biometric Facility at Gymkhana Venues	<ul style="list-style-type: none"> ● Follow up taken Biometric entry for proper maintenance and monitoring usage of the Gymkhana facilities which is approved by the chair ● Biometric machines installed at the gymkhana venues and approval for installation of PC's passed by the Dean SA whose order will be placed before end-semester exam ● This will ensure a centralised structured entry process in gymkhana venues
Open Calisthenics Park	<ul style="list-style-type: none"> ● Understood the need of bodyweight workouts for entire IIT Bombay community and proposed the installation of a 10m x 18m Calisthenics park on the right side of gymkhana ground entry point in front of Hostel-8 ● Negotiated with a vendor for the installation of calisthenics bars and procurement of beach sand for its base
Drinking Water at Gymkhana Grounds	<ul style="list-style-type: none"> ● Assessed the condition of two existing drinking water points for students on the ground - one at the back of old sac weightlifting room and second near the football shed, pushed for installation of new taps and drinking water markings. ● Installation of new water point in the

	hockey field near the midline by extending the drinking water supply from the NCC area
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Part 5 : Team and NSO -

Event/Work	Details/Remarks
Advanced Summer Camp	<ul style="list-style-type: none"> • Conducted regular practice sessions for 25 students, selected on the basis of performance in the GC and IFL, in a bid to maintain fitness and improve their skills • Selected talented and dedicated players from the Advanced Camp to be a part of the Pre Camp training during the semester
Pre-Camp Training	<ul style="list-style-type: none"> • Publicized about the trials for institute team selections through GPO mail to have the best team for the Institute • 30 (8 girls) students were selected for the Phase 1 of training based on all round performance in NSO and GC • Improvised the training schedule to meet the requirements of swimmers and waterpolo players separately to incorporate 6 days a week evening practice sessions along with endurance and weight training to improve fitness and train better for Inter IIT • Conducted regular team meets to discuss the progress and requirements for the practice sessions • Conducted at least one practice match every week from the last week of August till Inter IIT, arranging for logistical requirements
Main Inter-IIT Camp	<ul style="list-style-type: none"> • Ensured 100% attendance during the morning and evening sessions in the week long camp before the Inter-IIT • Waterpolo team was put to exposure with more experienced teams like Andheri Swimming Pool for testing their strategies and improving • Conducted the team send off - Flag handing over ceremony followed by Gala dinner at the swimming pool premises

NSO	<ul style="list-style-type: none"> ● Involved thoroughly in the process of selecting freshmen for NSO and segregation into groups A and B where A contains more Inter-IIT probables for next year ● A total of 62 freshmen were selected out of 180+ applicants ● Invited the NSO freshmen to practice matches of the Inter IIT waterpolo team and introduced them as well
Miscellaneous	<ul style="list-style-type: none"> ● Took initiative to celebrate birthdays of every team member and frequently organising team outings to increase bonding ● Ordered team t-shirts with the nicknames decided by the team

Part 6 :Web,Design and Publicity-

Event/Work	Details/Remarks
Aquatics Equipment Website	<ul style="list-style-type: none"> ● Designed the aquatics equipment online store with variety of products (to be launched). ● Negotiated with Legend Sports to provide 15-20% discount on the products' retail price listed on the website
Sports Newsletter	<ul style="list-style-type: none"> ● Part of a 4 membered editorial board for the revamped newsletter of IIT Bombay Sports ● Reviewed articles and designed the pages of the newsletter leaflets ● Speculated changes and revised the format to be published (Work in Progress)
Swimming GC Promotional Video	<ul style="list-style-type: none"> ● Incredible underwater shots were taken with the help of team swimmers as subjects ● Pre-publicity of Swimming GC was done which reached out to 4000+ FB page followers

Part 7 : Declaration -

I declare that the above information is true to the best of my knowledge.

Yogender Singh

Institute Aquatics Secretary
Institute Sports Council 2019-20

The reader's feedback regarding the current work or some suggestions regarding Aquatics at IIT Bombay or any other matter related to Sports in IIT Bombay is more than welcome.
Contact me at syogendra78@gmail.com or aquatics@iitb.ac.in.