



# Shwachman Diamond Syndrome

[ shh(wock)man +  + syndrome ]

[www.sdsresearchfund.org](http://www.sdsresearchfund.org)

## SDS Awareness Card

PANCREATIC INSUFFICIENCY

**BONE MARROW FAILURE**

Increased risk for life-threatening infections

PREDISPOSITION TO FATAL BLOOD DISORDERS

*So...*

**WHAT'S  
IT TO YOU**

and  
how you can help

**PLEASE**

- stay home (or at least stay away from me) if you are sick
- practice good hand-washing
- sneeze into your elbow and not your hands
- only share your cleanest toys with me
- practice empathy!

*Your consideration can keep me healthy and hospital-free!  
Remember, a cold to you could be a life-threatening infection to me.*