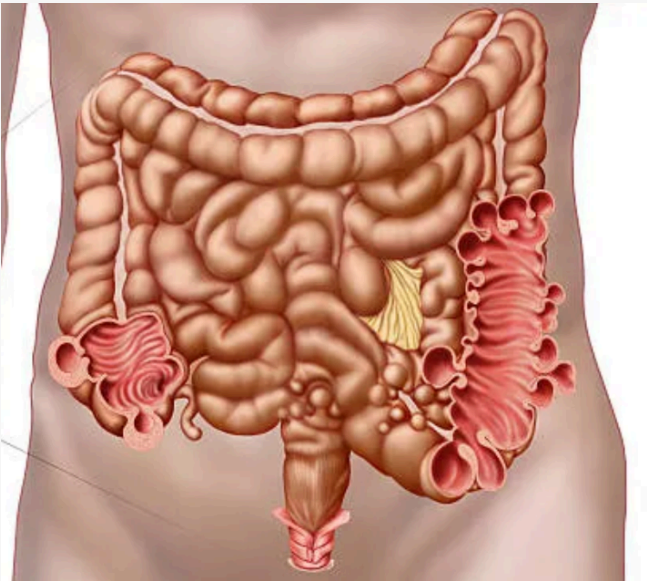


DIVERTICULITIS



MORTALITY RATES:

Low overall, twice as high in complicated cases; women account for 68% deaths

INCIDENCE:

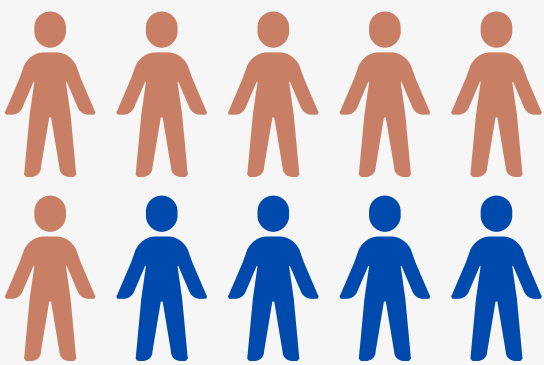
115–188 per 100,000/year, rising among younger adults

PREVALENCE:

~4% of patients with diverticulosis develop diverticulitis

RECURRENCE (5 yrs):

17% after 1st episode, 44% after 2nd, 80% after 3+ episodes

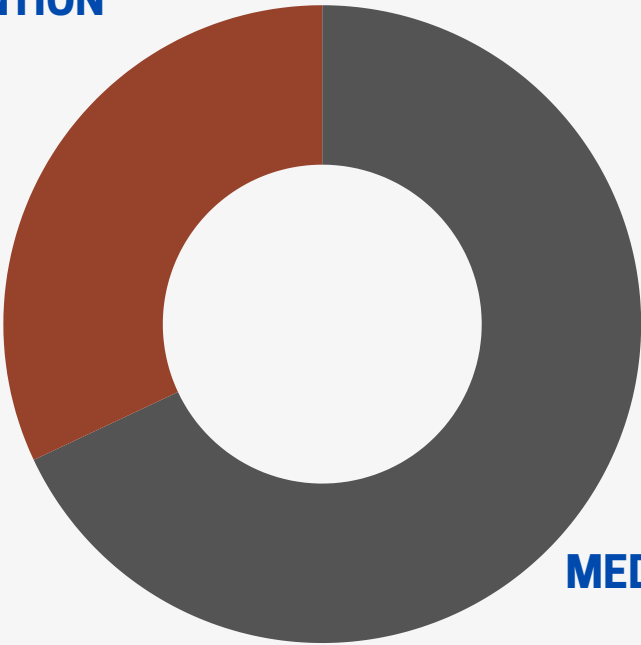


6 OUT OF 10

Patients with clinical diverticulitis are women

COMMON TREATMENTS FOR DIVERTICULITIS

SURGICAL INTERVENTION
32%



MEDICAL THERAPY
68%

MEDICAL THERAPY:

- Antibiotics to treat infection
- Pain relief
- Dietary management
- Hydration
- Rest

SURGICAL INTERVENTION:

- Emergency surgery for patients with complications
- After medical therapy 15% to 30% of patients need elective colon resection for recurrent disease

References

- DOI: [10.1055/s-0044-1791282](https://doi.org/10.1055/s-0044-1791282)
- DOI: [10.1038/ajg.2015.302](https://doi.org/10.1038/ajg.2015.302)
- DOI: [10.1016/j.cgh.2019.10.022](https://doi.org/10.1016/j.cgh.2019.10.022)
- <https://doi.org/10.1016/j.gastha.2023.11.012>