



Recipix

Your food coach



Vanilla Almonds

Tailored for Ivan

INGREDIENTS

- 1 egg white, beaten
- * 1 teaspoon pure vanilla extract
- * 4 cups whole almonds
- * 3/4 cup sugar
- * 1/4 teaspoon salt
- * 1/2 teaspoon ground cinnamon

INSTRUCTIONS

Preheat the oven to 300 degrees F. Beat the egg white with the vanilla extract, add the almonds and stir to coat. Combine the sugar, salt, and cinnamon and combine with mixture. Place in a single layer on a greased baking sheet. Bake at 300 degrees F for 20 minutes. Remove and cool on wax paper and break into clusters.;

OTHER RECIPES:

Other Recipes:

Recipe 2: Wild Rice with Almonds

Recipe 3: Honey Crystal Almonds

Recipe based on the ingredients:

almonds, crab, rice, soy sauce, Salmon

