



# Recipix

Your food coach



## Onion Salmon

Tailored for Ivan

### INGREDIENTS

- 1 pound salmon fillet
- \* 1 onion, sliced into rings
- \* freshly ground black pepper

### INSTRUCTIONS

Preheat an outdoor grill for medium heat and lightly oil grate.

Place the salmon on a large sheet of aluminum foil. Place the onion rings on top of the fillet. Pepper to taste. Wrap the foil around the salmon, but don't seal the top.

Place the salmon (still in foil) onto a preheated grill and cover. Cook for 15 minutes or until salmon flakes easily with a fork.

### OTHER RECIPES:

Other Recipes:

Recipe 3: Lemon-Pepper Salmon II

Recipe 4: Garlic Salmon

Recipe based on the ingredients:

almonds, crab, eggplant, rice, soy sauce, salmon