

# Recipix

Your food coach



## **Onion Salmon**

**Tailored for Ivan** 

#### **INGREDIENTS**

- 1 pound salmon fillet
- \* 1 onion, sliced into rings
- \* freshly ground black pepper

### **INSTRUCTIONS**

Preheat an outdoor grill for medium heat and lightly oil grate.

Place the salmon on a large sheet of aluminum foil. Place the onion rings on top of the filet. Pepper to taste. Wrap the foil around the salmon, but don't seal the top.

Place the salmon (still in foil) onto a preheated grill and cover. Cook for 15 minutes or until salmon flakes easily with a fork.

#### **OTHER RECIPES:**

Other Recipes:

Recipe 2: Madidi's Salmon

Recipe 3: Orange Salmon II

Recipe based on the ingredients:

salmon, kimchi, eggs, ham, lentils, beans, rice, cabbage, mushroom, avocado, lettuce, broccoli, apple, cantaloupe, grapefruit