
› Outlook › Fix › **How to fix Outlook cannot connect to Gmail**

How to fix Outlook cannot connect to Gmail



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Tired of email issues? Get this email client and get rid of them!

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So, when Outlook won't be able to [synchronize your Gmail account](#), you will have to find the reasons why these two mail clients cannot intercommunicate.

And finding the right fix by yourself might take some time, which is not really ideal especially if you have something better to do.

But, that's why we are here for you. Thus, during the following guidelines we will try to outline the easiest way in which you can fix the Outlook issue where it cannot connect to [Gmail](#) – especially the situation when the mail client keeps asking for a [password](#) whenever you try to access or add a new Gmail account.

[Check out our guide to recover Outlook password like a real technician!](#)

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Easily fix Outlook cannot connect to Gmail

In a few words, the problem can be handled by enable IMAP from Gmail and use App Password to login – the app password is a one-time password which replaces the classic two-step verification.


Anyway, here is what needs to be applied:

1. Login to your Gmail account.
2. Next, access the **Settings** page.
3. From Settings switch to **Forwarding and POP/IMAP** tab.

Tip: You can also forward only some of your mail by creating a filter

POP Download:
[Learn more](#)

1. Status: POP is disabled
☐ Enable POP for all mail
☐ Enable POP for mail that arrives from now on

2. When messages are accessed with POP: 

3. Configure your email client (e.g. Outlook, Eudora, Netscape Mail)
[Configuration instructions](#)

IMAP Access:
[Power Gmail from other clients using IMAP](#)
[Learn more](#)

Status: IMAP is disabled
☐ Enable IMAP
☒ Disable IMAP

Configure your email client (e.g. Outlook, Thunderbird, iPhone)
[Configuration instructions](#)

[Save Changes](#) [Cancel](#)

0.76 GB (5%) of 15 GB used
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Last account activity: 0 minutes ago
[Details](#)

4. Just make sure that IMAP is enabled in that page.
5. Save your changes.
6. Good; now open your **Outlook** app.
7. From Outlook click on **File** and select **Add Account**.

Add New Account

Auto Account Setup
 Connect to other server types.

☐ **E-mail Account**

Your Name:

E-mail Address:

Password:

Retype Password:

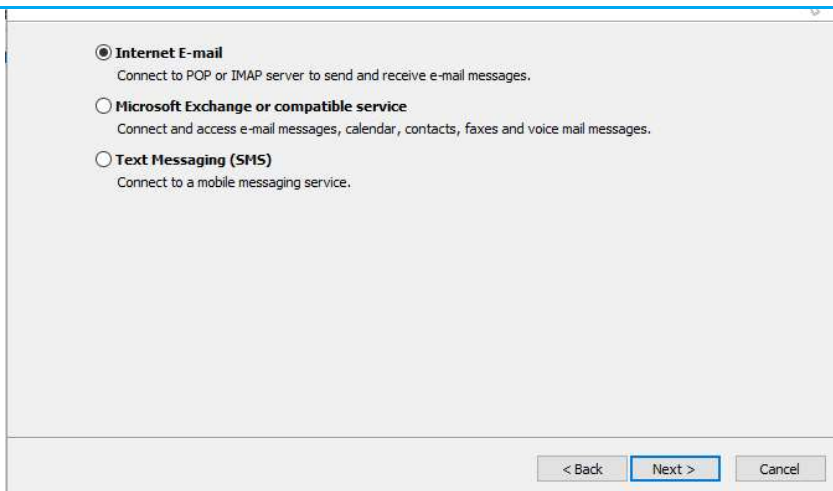
Type the password your Internet service provider has given you.

☐ **Text Messaging (SMS)**

☒ **Manually configure server settings or additional server types**

[< Back](#) [Next >](#) [Cancel](#)

8. Choose **Manual setup of additional server types** and afterwards choose **Next**.



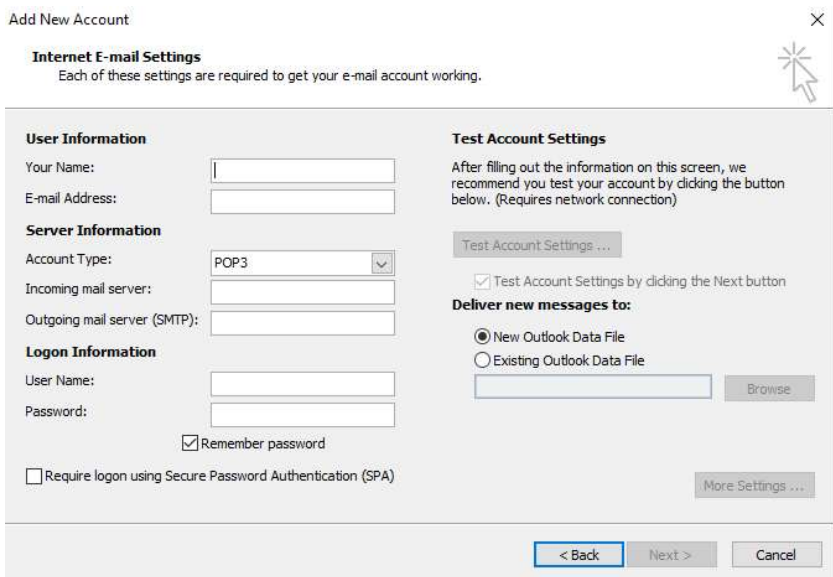
☒ **Internet E-mail**
Connect to POP or IMAP server to send and receive e-mail messages.

☐ **Microsoft Exchange or compatible service**
Connect and access e-mail messages, calendar, contacts, faxes and voice mail messages.

☐ **Text Messaging (SMS)**
Connect to a mobile messaging service.

< Back **Next >** Cancel

9. When asked, select **Pop or IMAP** and fill out the rest of the fields: enter your name, the email address, complete the Logon Information field and then, inside **Incoming mail server** enter **imap.gmail.com**, while on **Outgoing mail server** enter **smtp.gmail.com**.



Add New Account

Internet E-mail Settings
Each of these settings are required to get your e-mail account working.

User Information

Your Name:

E-mail Address:

Server Information

Account Type:

Incoming mail server:

Outgoing mail server (SMTP):

Logon Information

User Name:

Password:

☒ Remember password

☐ Require logon using Secure Password Authentication (SPA)

Test Account Settings

After filling out the information on this screen, we recommend you test your account by clicking the button below. (Requires network connection)

Test Account Settings ...

☒ Test Account Settings by clicking the Next button

Deliver new messages to:

☒ New Outlook Data File

☐ Existing Outlook Data File

Browse

More Settings ...

< Back **Next >** Cancel

10. When done, click on the **More Settings** button.

encrypt your connection’.

13. The IMAP port number must be **993**; similarly, the port number for SMTP must be **465**.
14. Save your changes.
15. Access your Gmail account – click on your profile image and choose my account.
16. Pick **Sign-in & security** and choose **Connected apps & sites**.
17. From there enable the **Allow less secure apps** field.
18. Save your changes and return to **Outlook**.
19. Now you should be able to connect your **Gmail** account from **Outlook**.

So, there you go. The steps from above should help you properly configure your Gmail account so that it can be afterwards recognized and accessed by Outlook.

Alternatively, you can stop using Outlook! As it happens, we have a fresh list of email clients from which you can choose!

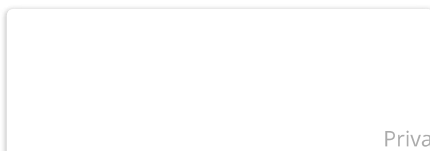
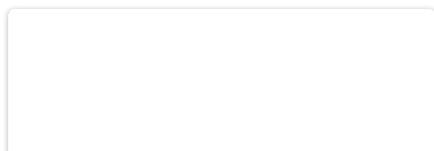
However, if you are still having problems while trying to connect to Gmail from Outlook, don't hesitate and contact us – try to offer as much details as possible because based on these info we can find a better fix for your problem.

The easiest way in which you can get in touch with us will be by using the comments field that's available below.

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