# Abstract

Our team was interested in discovering what lifestyle choices are correlated to sleep disorders. Leveraging available CDC data from 2016, we were able to build a model that is a non-scientific predictor of a user’s potential to be diagnosed with a sleep disorder given certain health and lifestyle selections.

**How does your lifestyle affect your sleep?**

# Approach

Blah blah blah. Yadda yadda yadda. Fun info about our cool project. We’re awesome. Go us!

# Building the Model

Blah blah blah. Yadda yadda yadda. Fun info about our cool project. We’re awesome. Go us!

# Background

The project employed a comprehensive health and wellness dataset from the CDC. Between the seven (7) separate sections of the dataset, we were able to

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