It's not that easy with you here  
But I know I want you to stay  
See, this could be us in a few years  
But just tell me, you like to play  
  
It's like every day, I'm kicking rocks  
I could fly away, but you got me at a complete stop  
How do you manage to keep me going?  
But somehow you keep me from going  
  
See, you distract me, but I'm distracted without you  
I don't know how to focus, baby, teach me how to  
'Cause I'm standing still again  
But if you love me, just like the way that I love you  
I wouldn't mind a little comforting from you  
Why do I let you in my head?  
And I gotta go sometimes, but you're always on my mind  
  
You're not helping me, you're not helping me  
You're not helping me  
You're not helping me, you're not helping me  
But I helplessly fall for you  
  
Now, I'm running late and I'm not a coffee drinker  
But I lost sleep just thinking of you  
So pour me a cup, I need to wake up  
I need me some love, now give it to me  
  
'Cause everywhere you go, I follow you  
I'll give you all of me, give me all of you  
I gotta go sometimes but you're always on my mind  
  
See, you distract me, but I'm distracted without you  
I don't know how to focus, baby, teach me how to  
'Cause I'm standing still again  
Cause if you love me, just like the way that I love you  
I wouldn't mind a little comforting from you  
Why do I let you in my head?  
  
No woah oh  
  
And I gotta go sometimes, but you're always on my mind  
  
You're not helping me, babe, you're not helping me, babe  
But I fall helplessly for you, for you (hm)  
You're not helping me, babe, you're not helping me, babe  
But I fall helplessly for you, for you