
DEPRESSION DATASET

ABOUT

This data was collected with an on-line version of the Depression Anxiety Stress Scales (DASS).
This data was collected 2017 - 2019.

ITEMS

Questions

1)	Found myself getting upset by quite trivial things.
2)	Was aware of dryness of my mouth.
3)	Couldn't seem to experience any positive feeling at all.
4)	Experienced breathing difficulty (e.g., excessively rapid breathing, breathlessness in the absence of physical exertion).
5)	Just couldn't seem to get going.
6)	Tended to over-react to situations.
7)	Had a feeling of shakiness (e.g., legs going to give way).
8)	Found it difficult to relax.
9)	Found myself in situations that made me so anxious I was most relieved when they ended.
10)	Felt that I had nothing to look forward to.
11)	Found myself getting upset rather easily.
12)	Felt that I was using a lot of nervous energy.
13)	Felt sad and depressed.
14)	Found myself getting impatient when I was delayed in any way (e.g., elevators, traffic lights, being kept waiting).
15)	Had a feeling of faintness.
16)	Felt that I had lost interest in just about everything.
17)	Felt I wasn't worth much as a person.

18)	Felt that I was rather touchy.
19)	Perspired noticeably (e.g., hands sweaty) in the absence of high temperatures or physical exertion.
20)	Felt scared without any good reason.
21)	Felt that life wasn't worthwhile.
22)	Found it hard to wind down.
23)	Had difficulty in swallowing.
24)	Couldn't seem to get any enjoyment out of the things I did.
25)	Was aware of the action of my heart in the absence of physical exertion (e.g., sense of heart rate increase, heart missing a beat).
26)	Felt down-hearted and blue.
27)	Found that I was very irritable.
28)	Felt I was close to panic.
29)	Found it hard to calm down after something upset me.
30)	Feared that I would be "thrown" by some trivial but unfamiliar task.
31)	Was unable to become enthusiastic about anything.
32)	Found it difficult to tolerate interruptions to what I was doing.
33)	Was in a state of nervous tension.
34)	Felt I was pretty worthless.
35)	Was intolerant of anything that kept me from getting on with what I was doing.
36)	Felt terrified.
37)	Could see nothing in the future to be hopeful about.
38)	Felt that life was meaningless.
39)	Found myself getting agitated.
40)	Was worried about situations in which I might panic and make a fool of myself.
41)	Experienced trembling (e.g., in the hands).
42)	Found it difficult to work up the initiative to do things.

1	Did not apply to me at all
2	Applied to me to some degree, or some of the time
3	Applied to me to a considerable degree, or a good part of the time
4	Applied to me very much, or most of the time

Personality

TIPI1	Extraverted, enthusiastic.
TIPI2	Critical, quarrelsome.
TIPI3	Dependable, self-disciplined.
TIPI4	Anxious, easily upset.
TIPI5	Open to new experiences, complex.
TIPI6	Reserved, quiet.
TIPI7	Sympathetic, warm.
TIPI8	Disorganized, careless.
TIPI9	Calm, emotionally stable.
TIPI10	Conventional, uncreative.

The TIPI items were rated "I see myself as:" _____ such that

1	Disagree strongly
2	Disagree moderately
3	Disagree a little
4	Neither agree nor disagree
5	Agree a little
6	Agree moderately
7	Agree strongly

General Questions

Education	How much education have you completed?	1=Less than high school 2=High school 3=University degree 4=Graduate degree
Urban	What type of area did you live when you were a child?	1=Rural (country side) 2=Suburban 3=Urban (town, city)
Gender	What is your gender?	1=Male 2=Female 3=Other
English Native	Is English your native language?	1=Yes 2=No
Age	How many years old are you?	Numerical
Hand	What hand do you use to write with?	1=Right 2=Left 3=Both
Religion	What is your religion?	1=Agnostic 2=Atheist 3=Buddhist 4=Christian (Catholic) 5=Christian (Mormon) 6=Christian (Protestant) 7=Christian (Other) 8=Hindu 9=Jewish 10=Muslim 11=Sikh 12=Other
Orientation	What is your sexual orientation?	? " 1=Heterosexual 2=Bisexual 3=Homosexual 4=Asexual 5=Other
Race	What is your race?	10=Asian 20=Arab 30=Black 40=Indigenous Australian 50=Native American 60=White 70=Other
Voted	Have you voted in a national election in the past year?	1=Yes 2=No
Married	What is your marital status?	1=Never married 2=Currently married 3=Previously married
Family size	Including you, how many children did your mother have?	Numerical
Major	If you attended a university, what was your major?	1=Yes 2=No Name