Depression dataset

# ABOUT

This data was collected with an on-line version of the Depression Anxiety Stress Scales (DASS).

This data was collected 2017 - 2019.

# ITEMS

Questions

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| 1. Found myself getting upset by quite trivial things. |
| 1. Was aware of dryness of my mouth. |
| 1. Couldn't seem to experience any positive feeling at all. |
| 1. Experienced breathing difficulty (e.g., excessively rapid breathing, breathlessness in the absence of physical exertion). |
| 1. Just couldn't seem to get going. |
| 1. Tended to over-react to situations. |
| 1. Had a feeling of shakiness (e.g., legs going to give way). |
| 1. Found it difficult to relax. |
| 1. Found myself in situations that made me so anxious I was most relieved when they ended. |
| 1. Felt that I had nothing to look forward to. |
| 1. Found myself getting upset rather easily. |
| 1. –Felt that I was using a lot of nervous energy. |
| 1. Felt sad and depressed. |
| 1. Found myself getting impatient when I was delayed in any way (e.g., elevators, traffic lights, being kept waiting). |
| 1. Had a feeling of faintness. |
| 1. Felt that I had lost interest in just about everything. |
| 1. Felt I wasn't worth much as a person. |
| 1. Felt that I was rather touchy. |
| 1. Perspired noticeably (e.g., hands sweaty) in the absence of high temperatures or physical exertion. |
| 1. Felt scared without any good reason. |
| 1. Felt that life wasn't worthwhile. |
| 1. Found it hard to wind down. |
| 1. Had difficulty in swallowing. |
| 1. Couldn't seem to get any enjoyment out of the things I did. |
| 1. Was aware of the action of my heart in the absence of physical exertion (e.g., sense of heart rate increase, heart missing a beat). |
| 1. Felt down-hearted and blue. |
| 1. Found that I was very irritable. |
| 1. Felt I was close to panic. |
| 1. Found it hard to calm down after something upset me. |
| 1. Feared that I would be "thrown" by some trivial but unfamiliar task. |
| 1. Was unable to become enthusiastic about anything. |
| 1. Found it difficult to tolerate interruptions to what I was doing. |
| 1. Was in a state of nervous tension. |
| 1. Felt I was pretty worthless. |
| 1. Was intolerant of anything that kept me from getting on with what I was doing. |
| 1. Felt terrified. |
| 1. Could see nothing in the future to be hopeful about. |
| 1. Felt that life was meaningless. |
| 1. Found myself getting agitated. |
| 1. Was worried about situations in which I might panic and make a fool of myself. |
| 1. Experienced trembling (e.g., in the hands). |
| 1. Found it difficult to work up the initiative to do things. |

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| 1 | Did not apply to me at all |
| 2 | Applied to me to some degree, or some of the time |
| 3 | Applied to me to a considerable degree, or a good part of the time |
| 4 | Applied to me very much, or most of the time |

Personality

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| --- | --- |
| TIPI1 | Extraverted, enthusiastic. |
| TIPI2 | Critical, quarrelsome. |
| TIPI3 | Dependable, self-disciplined. |
| TIPI4 | Anxious, easily upset. |
| TIPI5 | Open to new experiences, complex. |
| TIPI6 | Reserved, quiet. |
| TIPI7 | Sympathetic, warm. |
| TIPI8 | Disorganized, careless. |
| TIPI9 | Calm, emotionally stable. |
| TIPI10 | Conventional, uncreative. |

The TIPI items were rated "I see myself as:" \_\_\_\_\_ such that

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| --- | --- |
| 1 | Disagree strongly |
| 2 | Disagree moderately |
| 3 | Disagree a little |
| 4 | Neither agree nor disagree |
| 5 | Agree a little |
| 6 | Agree moderately |
| 7 | Agree strongly |

General Questions

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| Education | How much education have you completed? | 1=Less than high school 2=High school 3=University degree 4=Graduate degree |
| Urban | What type of area did you live when you were a child? | 1=Rural (country side) 2=Suburban 3=Urban (town, city) |
| Gender | What is your gender? | 1=Male 2=Female 3=Other |
| English Native | Is English your native language? | 1=Yes 2=No |
| Age | How many years old are you? | Numerical |
| Hand | What hand do you use to write with? | 1=Right 2=Left 3=Both |
| Religion | What is your religion? | 1=Agnostic 2=Atheist 3=Buddhist 4=Christian (Catholic) 5=Christian (Mormon) 6=Christian (Protestant) 7=Christian (Other) 8=Hindu 9=Jewish 10=Muslim 11=Sikh 12=Other |
| Orientation | What is your sexual orientation? | ?" 1=Heterosexual 2=Bisexual 3=Homosexual 4=Asexual 5=Other |
| Race | What is your race? | 1=Asian 2=Arab 3=Black 4=Indigenous Australian 5=Native American 6=White 7=Other |
| Voted | Have you voted in a national election in the past year? | 1=Yes 2=No |
| Married | What is your marital status? | 1=Never married 2=Currently married 3=Previously married |
| Family size | Including you, how many children did your mother have? | Numerical |
| Major | If you attended a university, what was your major? | 1=Yes 2=No  Name |