



SAPIENZA  
UNIVERSITÀ DI ROMA

# KARATE VR

A VR game for Karate training

START

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DESIGN



LIMITS



FUTURE  
WORKS



# MAIN IDEA

Our project aims to revolutionize **karate training** through a **virtual reality (VR)** platform. The game allows users to practice kumite defensive techniques and blocks with real-time feedbacks of their movements.





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GAMEPLAY



SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



# TABLE OF CONTENTS

+

+

+

## ABOUT KARATE

Different components of  
karate

## WHY META QUEST 3?

Features that make it  
suitable for our project

## GAMEPLAY

Game design and  
gamification components

+

## SOFTWARE DESIGN

Unity Engine and combat  
logic

## LIMITS

Challenges faced during  
development

## FUTURE WORKS

Potential improvements  
and new features

+

+



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GAMEPLAY



SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



+

+

+

+

+

# 01.

## ABOUT KARATE

Different components of karate



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GAMEPLAY



SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



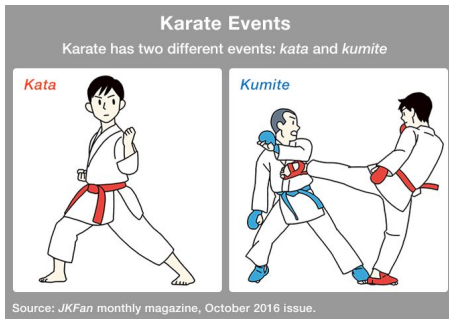
## KARATE AND ITS COMPONENTS

### KATA

It refers to a detailed choreographed pattern of martial arts movements

### KIHON

Set of basic karate techniques practiced frequently, often during each training session. Mostly related to kata



### KUMITE

Dynamic combat that includes protective gear and a time- and point-based rule structure



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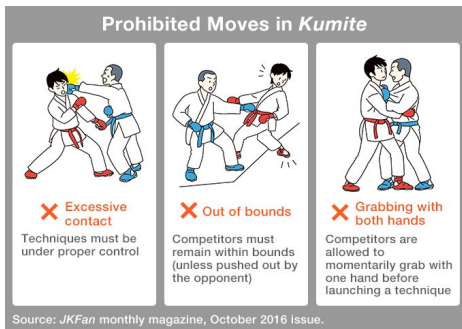


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WORKS



## KATA AND KUMITE

Kata and kumite feature different sets of techniques, although both separate offensive techniques (Tori) and defensive techniques (Uke)



Kata and kumite have different technique sets. Some of kata techniques may be illegal in kumite!



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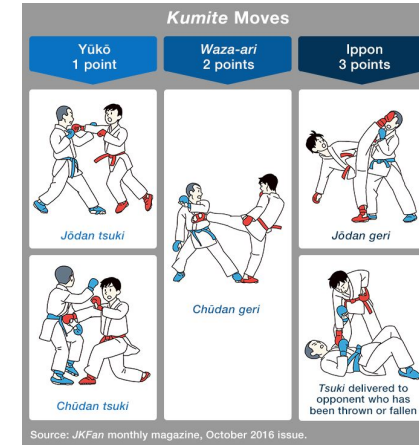
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FUTURE  
WORKS



## KUMITE TECHNIQUES

Every offensive technique corresponds to a defensive technique, whether it is a block or a movement. The latter is subject to all the execution quality criteria that apply to offensive techniques



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SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



## KUMITE DEFENSE TECHNIQUES

In particular, in our project, the player must use all the blocking techniques required in kumite, such as:



Soto Uke, a forearm technique used to deflect a punch aimed at the abdomen



Teisho Uke, an open-hand technique used to deflect a kick aimed at the face



Gedan Barai, a forearm technique used to deflect a kick aimed at the abdomen or back



Te Nagashi Uke, an open-hand technique used to deflect a punch aimed at the face





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DESIGN



LIMITS



FUTURE  
WORKS



# SPORTS AND VR

Although some martial arts and boxing VR applications have been developed, they are usually oriented towards engagement and gaming, ignoring the technical and competitive aspects of the sport in question



This is where our solution comes in!



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DESIGN



LIMITS



FUTURE  
WORKS



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+

+

+

+

# 02.

## WHY META QUEST 3?

Features that make it suitable for our project



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SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



## ABOUT THE PRODUCT

Meta Quest 3 provides an unmatched VR experience with its powerful performance and high-resolution display. As a standalone device, it offers complete freedom of movement without the need for a PC or cables. The advanced tracking system ensures precise and realistic movements, essential for an immersive karate game.





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SOFTWARE  
DESIGN



LIMITS



FUTURE  
WORKS



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+

+

+

+

+

+

+



# 03.

## GAMEPLAY

Game design and gamification components



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WORKS



# GAMEPLAY COMPONENTS

## IMMERSIVITY AND SCALING

Adaptive Experience

## ACOUSTIC FEEDBACK

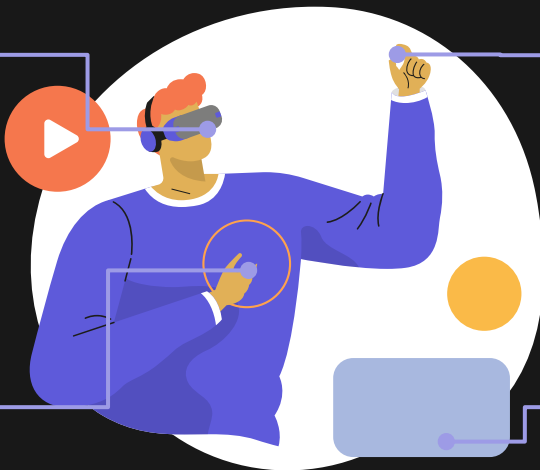
Realistic sound effects and responses

## HUD

Life , techniques counter and difficulty settings

## MECHANICS

Ruleset and moveset





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WORKS



# 04.

## SOFTWARE DESIGN

Unity Engine and combat logic



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# LIBRARIES



## META XR INTERACTION SDK

Hand Tracking, Ray  
Interactor



ALL IN ONE

## META SDK ALL-IN-ONE

All others XR  
functionalities



## UNITY ENGINE

Collision detection,  
animation, sound and  
environment design



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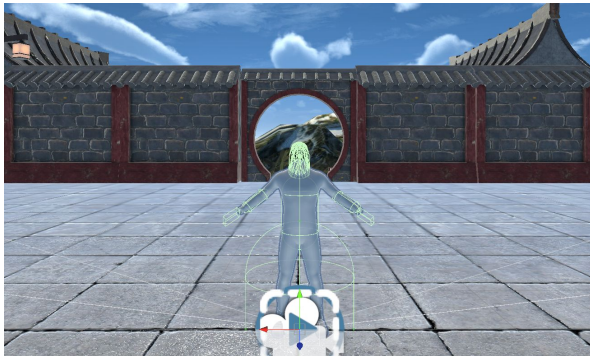
# COLLISION DETECTION



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PLAYER



FIGHTER

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# OUR STRUCTURE

```
List<(string, string, string, Dictionary<string, bool>, string)> techniques = new List<(string, string, string, Dictionary<string, bool>, string)>  
{  
    ("doJabL", "Volumel_jab_L", "LeftHandCollider", new Dictionary<string, bool>{ {"HeadCollider", false}, {"LeftHandCollider", true}, {"RightHandCollider", true} }, "punch_short_whoosh_16"),  
    ("doJabR", "Volumel_jab_R", "RightHandCollider", new Dictionary<string, bool>{ {"HeadCollider", false}, {"LeftHandCollider", true}, {"RightHandCollider", true} }, "punch_short_whoosh_16"),  
    ("doUshiro", "Ushirouranamashigeri", "RightFootCollider", new Dictionary<string, bool>{ {"HeadCollider", false}, {"LeftHandCollider", true}, {"RightHandCollider", true} }, "kick_long_whoosh_19"),  
    ("doRoundKick", "Round_kick", "LeftCalfTwistCollider", new Dictionary<string, bool>{ {"BodyCollider", false}, {"LeftArmLowerCollider", true}, {"RightArmLowerCollider", true} }, "kick_long_whoosh_19"),  
    ("doHigherKickR", "Higher_Kick_R", "RightFootCollider", new Dictionary<string, bool>{ {"HeadCollider", false}, {"LeftHandCollider", true}, {"RightHandCollider", true} }, "punch_long_whoosh_21"),  
    ("doLowerPunch", "lower_punch", "LeftHandCollider", new Dictionary<string, bool>{ {"BodyRadioCollider", false}, {"LeftArmLowerCollider", true}, {"RightArmLowerCollider", true} }, "punch_long_whoosh_30"),  
};
```

Structure to manage combat logic and collision  
rules, audio feedback and animations

< Event Trigger, Technique, Collider fighter, < Collider target  
player, Collider defense >, Sound associated >



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LIMITS



FUTURE  
WORKS



# SCALING AND HUD

## SCALING

```
6 public class FighterScaler : MonoBehaviour
7 {
8     public GameObject vcCamera;
9     public GameObject fighterhead;
10    private GameObject fighter;
11
12    // Message Log (2 references) | Added by barneya.173642@student.unimelb.edu.au on Tuesday 8 August 2024
13    void Start()
14    {
15        fighter = GameObject.FindGameObjectWithTag("Fighter");
16        AdjustFighterHeight();
17    }
18
19    private float time = 0.0f;
20    public float interpolationPeriod = 0.5f;
21
22    // Message Log (2 references) | Added by barneya.173642@student.unimelb.edu.au on Tuesday 8 August 2024
23    void Update()
24    {
25        time += Time.deltaTime;
26
27        Vector3 fighterFocusPoint = fighter.transform.position + Vector3.up * 1.5f;
28        vcCamera.transform.LookAt(fighterFocusPoint);
29
30        AdjustFighterPosition();
31
32        if (time < 2)
33            AdjustFighterHeight();
34
35    }
36
37    // Message Log (2 references) | Added by barneya.173642@student.unimelb.edu.au on Tuesday 8 August 2024
38    private void AdjustFighterPosition()
39    {
40        fighter.transform.position = new Vector3(
41            vcCamera.transform.position.x,
42            fighter.transform.position.y,
43            vcCamera.transform.position.z + 0.927f);
44    }
45
46
47    // Message Log (2 references) | Added by barneya.173642@student.unimelb.edu.au on Tuesday 8 August 2024
48    private void AdjustFighterHeight()
49    {
50        float targetHeight = vcCamera.transform.position.y;
51        float currentHeight = fighterhead.transform.position.y;
52        Debug.Log($"Camera Height: {targetHeight}, Fighter Head Height: {currentHeight}");
53        if (targetHeight > 0 && currentHeight > 0)
54        {
55            float scaleFactor = targetHeight / currentHeight;
56
57            fighter.transform.localScale = new Vector3(
58                fighter.transform.localScale.x,
59                fighter.transform.localScale.y * scaleFactor,
60                fighter.transform.localScale.z);
61        }
62    }
63 }
```

## HUD (EASY)





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# SCREEN IN-GAME

## MAIN MENU



## OPTIONS





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# 05. LIMITS

Challenges faced during development



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# LIMITATIONS AND CHALLENGES



## LIBRARIES INSTABILITY

Libraries showed fragile compatibility between Unity Engine and Meta Quest 3 major functionalities

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## LIMITED CAMERA ANGLE

Meta Quest 3 cameras cannot see the environment at 360°. Depending on the orientation of the headset, some objects go out of sight

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# 06.

## FUTURE WORKS

Potential improvements and new features



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# POSSIBLE NEW FEATURES

## ATTACK AND DODGE TECHNIQUES

Being able to **attack** the  
opposing fighter and  
**dodge with whole-body  
movements** within the  
game space

## COOP MODALITY

The possibility to create  
a training **virtual room**  
**with a friend** or take a  
**lesson with a trainer**  
from your home

## LEARNING MODALITY

Enabling even people  
who do not practise  
karate to learn through  
specific **virtual training  
sessions** with real-time  
**correction of  
movements**



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# THANKS FOR THE ATTENTION!



Do you have any questions?



Now let's see a [Live-Demo!](#)

