

DECISION MAKER

DATE

EVALUATION PROCESS:

1. CRITERIA

What are the top (up to 10) criteria that are important to you in this decision? Use the Criteria List on the next page for ideas, but feel free to put them in your own words and in a way that most closely pertains to the situation.

2. VALUE (1 to 3)

Assign a value (importance) to each criterion from **1 to 3**:

- 1 - Very important but can compromise a bit
- 2 - Would be completely miserable without it
- 3 - Absolutely crucial and non-negotiable

3. OPTIONS

Add up to 4 options / solutions in the columns on the right

4. RATE (1 to 10)

For each option, go through the "Rate" columns and think how it rates from 1-10 for the corresponding criteria on the left, where 1 is "not at all" and 10 is "completely."

5. MULTIPLY

Afterwards, on each row, multiply the Rate of each option by the Value of each corresponding criteria, and add to the "Multiplied" column.

6. TOTAL

Add all "Multiply" scores for each option and enter the total number the shaded "total" boxes at the bottom.

7. WINNER

Which option scored the highest? Consider that it might be the one you'd like to pursue.

DILEMMA:

EVALUATION

Criteria	Value 1 to 3	OPTION 1:		OPTION 2:		OPTION 3:		OPTION 4:	
		RATE 1-10	MULTIPLY	RATE 1-10	MULTIPLY	RATE 1-10	MULTIPLY	RATE 1-10	MULTIPLY
1									
2									
3									
4									
5									
6									
7									
8									
9									
10									
TOTAL									



DECISION MAKER

Authenticity	Excitement	Optimism
Achievement	Fairness	Order
Adventure	Faith	Ownership
Affection	Fame	Peace
Appreciation	Flexibility	Personal Space
Authority	Friendship	Pleasure
Autonomy	Freedom	Poise
Balance	Fun	Popularity
Beauty	Generosity	Potential
Belonging	Glamour	Power
Boldness	Growth	Progressiveness
Challenge	Happiness	Recognition
Citizenship	Honesty	Religion
Community	Humor	Reputation
Compassion	Impact	Respect
Competency	Independence	Responsibility
Connectedness	Influence	Security
Contribution	Inner Harmony	Self-Respect
Cooperation	Justice	Service
Creativity	Kindness	Solitude
Curiosity	Knowledge	Spirituality
Determination	Leadership	Stability
Decisiveness	Learning	Success
Dynamism	Legacy	Status
Effectiveness	Love	Tranquility
Efficiency	Loyalty	Trustworthiness
Enjoyment	Meaningful Work	Variety
Ethics	Money	Wealth
Excellence	Openness	Wisdom

