Elevation Profile - Honduras

Route: Corinto - Puerto Cortes - San Pedro Sula - Pena Blanca - Las Conchas - Siguatepeque - Comayagua

Tegucigalpa - Danli

Statistics: Length: app. 520 km

Comments: The road from the boarder to Puerto Cortes is now paved (very nice).

CAUTION: we had a data loss between San Pedro Sula and Comayagua. From SPS the road goes quite flat to Rio Lindo (we recommend this side road which is paved) and then climbs steeply up to Pena Blanca at around 600 m, app. 80 km. From Pena Blanca the road continues hilly along the lake back to the main hwy, then flat to Las Conchas, then a long climb to 1050 m. Two downhills and serious climbs (up to 1150 m) finish the app. 110 km from Pena Blanca to

Comayagua.

All the roads we cycled in Honduras were good or very good pavement.





