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Author(s): A. W. Roberts and D. E. Varberg

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ANOTHER PROOF THAT CONVEX FUNCTIONS ARE LOCALLY LIPSCHITZ

A. W. ROBERTS AND D. E. VARBERG

The Wayne State Mathematics Department Coffee Room recently brewed the following result [this Monthly, vol. 79 (1972), 1121–1124]. Every convex function f defined on an open convex set in \mathbb{R}^n is locally Lipschitz. A different recipe yields the same result with less work and applies in much more general spaces. It goes like this: (1) control the size of f by showing (local) boundedness, (2) mix boundedness with convexity to obtain a Lipschitz condition, (3) embellish with desired generalizations. Here are the details.

LEMMA A. A convex function f, defined on an open convex set U in \mathbb{R}^n , is locally bounded; that is, it is bounded in a neighborhood of each point x_0 in U.

Proof. Choose a cube K in U centered at x_0 and with vertices v_1, v_2, \dots, v_m $(m=2^n)$. Since a cube is the convex hull of its vertices, we may for any x in K find scalars λ_i satisfying

$$x = \sum_{i=1}^{m} \lambda_i v_i, \qquad \lambda_i \geq 0, \qquad \sum_{i=1}^{m} \lambda_i = 1.$$

By convexity (Jensen's inequality for convex functions),

$$f(x) \leq \sum_{1}^{m} \lambda_{i} f(v_{i}) \leq \max_{1 \leq i \leq m} f(v_{i}) \equiv M,$$

so f is bounded above on K.

On the other hand, for x in K we may choose y in K so that $x_0 = \frac{1}{2}x + \frac{1}{2}y$. Thus,

$$f(x_0) \le \frac{1}{2}f(x) + \frac{1}{2}f(y),$$

or

$$f(\mathbf{x}) \ge 2f(\mathbf{x}_0) - f(\mathbf{y}) \ge 2f(\mathbf{x}_0) - M,$$

and f is also bounded below on K.

Theorem A. Let f be convex on an open convex set U in \mathbb{R}^n . Then f is locally Lipschitz on U; that is, it is Lipschitz on a neighborhood of each point \mathbf{x}_0 of U. Consequently, f is Lipschitz on any compact subset of U.

Proof. According to the lemma, f is locally bounded; so given x_0 , we may find a spherical neighborhood $N_{2\epsilon}(x_0)$ of radius 2ϵ on which f is bounded, say by M. For distinct x_1 and x_2 in $N_{\epsilon}(x_0)$, set $x_3 = x_2 + (\epsilon/\alpha)(x_2 - x_1)$ where $\alpha = ||x_2 - x_1||$ and note that x_3 is in $N_{2\epsilon}(x_0)$. If we solve for x_2 , we obtain

$$x_2 = \frac{\varepsilon}{\alpha + \varepsilon} x_1 + \frac{\alpha}{\alpha + \varepsilon} x_3$$

and so by convexity,

$$f(x_2) \leq \frac{\varepsilon}{\alpha + \varepsilon} f(x_1) + \frac{\alpha}{\alpha + \varepsilon} f(x_3).$$

Then

$$f(x_2) - f(x_1) \le \frac{\alpha}{\alpha + \varepsilon} \left[f(x_3) - f(x_1) \right] \le \frac{\alpha}{\varepsilon} \left| f(x_3) - f(x_1) \right|,$$

which combined with $|f| \le M$ and $\alpha = ||x_2 - x_1||$ yields

$$f(x_2) - f(x_1) \le (2M/\varepsilon) ||x_2 - x_1||$$
.

Since the roles of x_1 and x_2 can be interchanged, we have

$$|f(x_2) - f(x_1)| \le (2M/\varepsilon) ||x_2 - x_1||,$$

that is, f is Lipschitz on $N_{\varepsilon}(x_0)$. We conclude that f is locally Lipschitz on U.

Now let D be a compact subset of U. The collection $\{N_{\varepsilon}(x_0)\}$ of neighborhoods obtained above covers D, as does some finite subcollection N_1, N_2, \dots, N_m . Let $K = \max\{K_1, K_2, \dots, K_m\}$ where K_i is the Lipschitz constant corresponding to $N_i, i = 1, 2, \dots, m$. Finally let $x \in N_i$ and $y \in N_j$ be any two distinct points of D and choose a segment [w, z] containing segment [x, y] in its interior so that $w \in N_i$ and $z \in N_i$. From the convexity of f on segment [w, z],

$$-K \le \frac{f(x) - f(w)}{\|x - w\|} \le \frac{f(y) - f(x)}{\|y - x\|} \le \frac{f(z) - f(y)}{\|z - y\|} \le K$$

which yields the conclusion $|f(y) - f(x)| \le K ||y - x||$.

Now for the embellishments. The definitions of convex, bounded, and Lipschitz all extend without modification to an arbitrary normed linear space. So does the proof of Theorem A; only the lemma offers any difficulties, but they are real. A convex function on an infinite dimensional normed linear space may be locally unbounded. For example, the linear functional $f: p \to p'(0)$ on the space of polynomials normed by

$$||p|| = \max_{-1 \le x \le 1} |p(x)|$$

has this property. A slight additional condition fixes everything up.

LEMMA B. Let f be convex on an open convex set U in a normed linear space. If f is bounded above in a neighborhood of just one point, then f is locally bounded on U.

Proof. For convenience of notation, we suppose that the given point is the origin and that f is bounded above by M on a spherical neighborhood $N = N_{\varepsilon}(0)$. Let y be any other point of U and choose $\rho > 1$ so that $z = \rho y$ is in U. If $\lambda = 1/\rho$, then

$$V = \{v : v = (1 - \lambda)x + \lambda z, x \text{ in } N\}$$

is a neighborhood of $y = \lambda z$ with radius $(1 - \lambda)\varepsilon$. Moreover,

$$f(\mathbf{v}) \le (1 - \lambda)f(\mathbf{x}) + \lambda f(\mathbf{z}) \le M + f(\mathbf{z}).$$

Thus, f is bounded above in some neighborhood of each point y in U. A repetition of the second paragraph in the proof of Lemma A shows that it is also bounded below on each such neighborhood.

We have all the ingredients for a tangy generalization.

THEOREM B. Let f be convex on an open convex set U in a normed linear space. If f is bounded above in a neighborhood of one point of U, then f is locally Lipschitz on U, hence Lipschitz on any compact subset of U.

Compactness is a strong requirement, often missing, especially for sets in infinite dimensional spaces. We can make a substitute for it; and the proof of the resulting theorem is still essentially that of Theorem A.

THEOREM C. Let f be convex with $|f| \leq M$ on an open convex set U in a normed linear space. If U contains an ε -neighborhood of a subset V, then f is Lipschitz (with Lipschitz constant $2M/\varepsilon$) on V.

DEPARTMENT OF MATHEMATICS, MACALESTER COLLEGE, St. PAUL, MN 55101. DEPARTMENT OF MATHEMATICS, HAMLINE UNIVERSITY, St. PAUL, MN 55104.

ON POLARS OF CONVEX POLYGONS

ROBERT H. LOHMAN AND TERRY J. MORRISON

In discussions concerning convexity and linear inequalities, it is often necessary to find the polar of a convex set in Euclidean space. The purpose of this note is to give a very elementary method for completely determining the polars of certain convex polygons in \mathbb{R}^2 . We feel this is worthwhile for two reasons. First, it is an interesting geometric result that can be easily understood by students with a minimal background in geometry. Second, while it is usually stated that the polar of a convex polyhedron is a convex polyhedron (cf. [1, p. 174]), no mention is made of how the vertices of the polar can be explicitly found, and this is the content of our result.

Given a set U in the real linear space R^2 , the polar of U is defined by

$$U^{\circ} = \{(u, v) \in \mathbb{R}^2 : |ux + vy| \le 1 \text{ for all } (x, y) \in U\}.$$

If z = (a, b) and $(a, b) \neq (0, 0)$, it is simple to show that $\{z\}^{\circ}$ is the infinite strip