2019.06

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| Sun | | | | Mon | | | Tues | | | Wed | | | Thur | | | Fri | | | Sat. | | |
| 0630 | | | |  | | |  | | |  | | |  | | |  | | | 0601 | | |
| 早 | | 中 | 晚 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 早 | 中 | 晚 |
| - | | 米汤、炒菜 | 尖椒肉丝盖饭 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - | 答辩吃饭 | 熏肉大饼(小鸡儿请) |
| 0602 | | | | 0603 | | | 0604 | | | 0605 | | | 0606 | | | 0607 | | | 0608 | | |
| 早 | 中 | | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 米饭套餐  (霞姐请) | | 烧烤(小令请) | - | 米饭套餐  (霞姐请) | 米饭套餐  (小鸡儿请) | - | 米饭套餐 | 烧烤(小鸡儿请) | - | 米饭套餐  (霞姐请) | 炒菜(请小鸡儿) | - | 米饭套餐(霞姐请) | 三多面(刘畅请) | 方便面、饼(请霞姐) | - | 焖面套餐、饼 | - | 米饭套餐 | 掌柜厨(东环) |
| 0609 | | | | 0610 | | | 0611 | | | 0612 | | | 0613 | | | 0614 | | | 0615 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| 米汤、土豆丝 | | - | 麻辣小龙虾 | - | 米饭套餐 | 彤德莱火锅 | - | 油泼面 | 大盘鸡 | - | 米饭套餐 | 炒菜(请小鸡儿) | - | 炒菜(请刘畅) | 烧烤(请霞姐) | - | 米饭套餐 | 浇面、包子 | - | 米饭套餐 | 海鲜自助(刘畅请) |
| 0616 | | | | 0617 | | | 0618 | | | 0619 | | | 0620 | | | 0621 | | | 0622 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | | 米饭套餐 | 炒菜(请刘畅) | - | 米饭套餐 | 浇面 | - | 米饭套餐 | 自助  (胖云请) | - | 米饭套餐  (霞姐请) | 鱼粉、生煎包 | - | 米饭套餐  (霞姐请) | 凉面(小鸡儿请) | - | 米饭套餐 | 炒菜(请刘畅) | - | 米汤、炒菜 | 小龙虾、炒菜 |
| 0623 | | | | 0624 | | | 0625 | | | 0626 | | | 0627 | | | 0628 | | | 0629 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | | 豆腐脑、包子 | 炒白菜、馒头 | - | 西红柿炒鸡蛋 | 炒豆芽 | - | 香椿炒鸡蛋 | 炒土豆丝 | - | 凉拌豆腐 | 羊肉串、牛肉烩菜 | - | 土豆丝 | 炒豆芽 | - | 炒西葫芦 | 掉渣饼、包子 | - | 油条、豆腐脑 | 焖面(张东做) |

2019.07

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|  | | | 0701 | | | 0702 | | | 0703 | | | 0704 | | | 0705 | | | 0706 | | | |
|  |  |  | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
|  |  |  | - | 辣椒炒西红柿 | 炒土豆丝 | - | 米汤、炒土豆丝 | 炒土豆丝 | - | - | 炒土豆丝 | - | - | 炒豆芽 | - | - | 肯德基、炒菜 | - | 饺子、卷饼 | - |
| 0707 | | | 0708 | | | 0709 | | | 0710 | | | 0711 | | | 0712 | | | 0713 | | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| 包子 | 方便面 | - | - | 豆腐、白菜 | 土豆丝 | - | - | 凉拌黄瓜 | - | - | 炒豆芽 | - | - | 炒豆腐 | - | 炒白菜 | 土豆丝 | 米汤、炒菜 | 菜角子 | - |
| 0714 | | | 0715 | | | 0716 | | | 0717 | | | 0718 | | | 0719 | | | 0720 | | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 冲鸡蛋 | 饼夹串 | - | 套餐 | 卷饼、饼夹串 | - | 土豆丝 | 卷饼、包子 | 包子 | 凉拌黄瓜 | 卷饼 | 包子 | 炒豆腐 | 卷饼 | 包子 | 套餐 | 红烧肉 | - | 红烧肉 | 饺子 |
| 0721 | | | 0722 | | | 0723 | | | 0724 | | | 0725 | | | 0726 | | | 0727 | | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 炒菜 | 卷饼 | 包子 | 套餐 | 卷饼 | 包子 | 套餐 | 卷饼 | 包子 | 套餐 | 卷饼 | 包子 | 套餐 | 卷饼 | 包子 | 套餐 | 卷饼 | - | 套餐 | 酸汤面 |
| 0728 | | | 0729 | | | 0730 | | | 0731 | | |  | | |  | | |  | | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |  |  |  |  |  |  |  |  |  |
| - | 方便面 | 簋街大排档 | 肉夹馍 | - | 套餐 | 包子 | 套餐 | 卷饼 | 包子、  豆腐脑 | 套餐 | 包子、角子 |  |  |  |  |  |  |  |  |  |

2019.08

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|  | | |  | | |  | | |  | | | 0801 | | | 0802 | | | 0803 | | |
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|  |  |  |  |  |  |  |  |  |  |  |  | 包子、肉夹馍 | 套餐 | 卷饼 | 包子、肉馅饼 | 套餐 | 卷饼 | 炒菜 | 油饼 | - |
| 0804 | | | 0805 | | | 0806 | | | 0807 | | | 0808 | | | 0809 | | | 0810 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| 包子 | 包子 | - | - | 套餐 | 卷饼 | 包子 | 套餐 | 卷饼 | 包子 | 套餐 | 湘厨 | 油饼、包子 | 套餐 | 卷饼 | 馒头咸菜 | 套餐 | 部门聚餐 | - | 包子 | 炒豆芽 |
| 0811 | | | 0812 | | | 0813 | | | 0814 | | | 0815 | | | 0816 | | | 0817 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 炒白菜 | 卷饼 | 包子 | 套餐 | 炒豆腐 | 包子 | 套餐 | 炒豆芽 | 包子 | 套餐 | 炒豆芽 | 包子 | 套餐 | 炒鸭血 | 包子 | 套餐 | 鸡肉炒洋葱 | 米汤炒菜 | 羊杂面 | - |
| 0818 | | | 0819 | | | 0820 | | | 0821 | | | 0822 | | | 0823 | | | 0824 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 炒豆芽 | 烤鱼 | - | 套餐 | 饼 | - | 套餐 | 炒白菜 | - | 套餐 | 饺子 | - | 套餐 | 番茄炒蛋 | - | 套餐 | 油泼面 | - | 肉末茄子 | 炒豆芽 |
| 0825 | | | 0826 | | | 0827 | | | 0828 | | | 0829 | | | 0830 | | | 0831 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 炒菜 | 螺狮粉 | - | 套餐 | 炒豆腐 | - | 套餐 | 炒豆芽 | - | 套餐 | 饺子 | - | 套餐 | 鸡蛋面 | - | 套餐 | 湘菜 | 饼 | 炒菜 | 烤鱼 |

2019.09

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| 0901 | | | 0902 | | | 0903 | | | 0904 | | | 0905 | | | 0906 | | | 0907 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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| 0908 | | | 0909 | | | 0910 | | | 0911 | | | 0912 | | | 0913 | | | 0914 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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| 0915 | | | 0916 | | | 0917 | | | 0918 | | | 0919 | | | 0920 | | | 0921 | | |
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| 0922 | | | 0923 | | | 0924 | | | 0925 | | | 0926 | | | 0927 | | | 0928 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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2019.10

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| 1006 | | | 1007 | | | 1008 | | | 1009 | | | 1010 | | | 1011 | | | 1012 | | |
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| 1013 | | | 1014 | | | 1015 | | | 1016 | | | 1017 | | | 1018 | | | 1019 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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| 1020 | | | 1021 | | | 1022 | | | 1023 | | | 1024 | | | 1025 | | | 1026 | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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| 1027 | | | 1028 | | | 1029 | | | 1030 | | | 1031 | | |  | | |  | | |
| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |  |  |  |  |  |  |
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2019.11

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2019.12

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