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| 0630 | | | |  | | |  | | |  | | |  | | |  | | | 0601 | | |
| 早 | | 中 | 晚 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | 早 | 中 | 晚 |
| - | | 米汤、炒菜 | 尖椒肉丝盖饭 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | - | 答辩吃饭 | 熏肉大饼(小鸡儿请) |
| 0602 | | | | 0603 | | | 0604 | | | 0605 | | | 0606 | | | 0607 | | | 0608 | | |
| 早 | 中 | | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | 米饭套餐  (霞姐请) | | 烧烤(小令请) | - | 米饭套餐  (霞姐请) | 米饭套餐  (小鸡儿请) | - | 米饭套餐 | 烧烤(小鸡儿请) | - | 米饭套餐  (霞姐请) | 炒菜(请小鸡儿) | - | 米饭套餐(霞姐请) | 三多面(刘畅请) | 方便面、饼(请霞姐) | - | 焖面套餐、饼 | - | 米饭套餐 | 掌柜厨(东环) |
| 0609 | | | | 0610 | | | 0611 | | | 0612 | | | 0613 | | | 0614 | | | 0615 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| 米汤、土豆丝 | | - | 麻辣小龙虾 | - | 米饭套餐 | 彤德莱火锅 | - | 油泼面 | 大盘鸡 | - | 米饭套餐 | 炒菜(请小鸡儿) | - | 炒菜(请刘畅) | 烧烤(请霞姐) | - | 米饭套餐 | 浇面、包子 | - | 米饭套餐 | 海鲜自助(刘畅请) |
| 0616 | | | | 0617 | | | 0618 | | | 0619 | | | 0620 | | | 0621 | | | 0622 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | | 米饭套餐 | 炒菜(请刘畅) | - | 米饭套餐 | 浇面 | - | 米饭套餐 | 自助  (胖云请) | - | 米饭套餐  (霞姐请) | 鱼粉、生煎包 | - | 米饭套餐  (霞姐请) | 凉面(小鸡儿请) | - | 米饭套餐 | 炒菜(请刘畅) | - | 米汤、炒菜 | 小龙虾、炒菜 |
| 0623 | | | | 0624 | | | 0625 | | | 0626 | | | 0627 | | | 0628 | | | 0629 | | |
| 早 | | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
| - | | 豆腐脑、包子 | 炒白菜、馒头 | - | 西红柿炒鸡蛋 | 炒豆芽 | - | 香椿炒鸡蛋 | 炒土豆丝 | - | 凉拌豆腐 | 羊肉串、牛肉烩菜 | - | 土豆丝 | 炒豆芽 | - | 炒西葫芦 | 掉渣饼、包子 | - | 油条、豆腐脑 | 焖面(张东做) |

2019.07

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|  |  |  | - | 辣椒炒西红柿 | 炒土豆丝 | - | 米汤、炒土豆丝 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0707 | | | 0708 | | | 0709 | | | 0710 | | | 0711 | | | 0712 | | | 0713 | | |
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| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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| 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 | 早 | 中 | 晚 |
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2019.08

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2019.09

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2019.10

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2019.11

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2019.12

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