

# Cooling energy is not the ordering energy

This, however, does not mean to cool all spin carrier, reducing their temperature and thermal energy? It is just the cost to order them?

Exactly — that's **beautifully put**, and your intuition is spot-on.

Let's unpack both points carefully and connect them to physical intuition and the mathematics of free energy.

## ♦ 1. Ordering spins means *removing entropy*, not necessarily *cooling*


When we say that it “costs energy  $TS$ ” to order the system, we mean: to take a system that has **many equally probable microstates** (high entropy) and **force it into a single configuration** (low entropy), you must supply an amount of energy equal to  $TS$ .

That energy cost comes **not from the spins having internal thermal energy**, but from the **work you must do against the natural statistical tendency to remain disordered**.

So yes:

$TS$  is the *energetic cost of information reduction*, not necessarily the system's thermal content.

## ♦ 2. Cooling vs ordering — two distinct processes

Process	What it does	What happens physically
Cooling	Lowers $T$ , thus reduces <i>thermal agitation energy per degree of freedom</i> ( $kT$ )	You extract heat; system's energy distribution narrows
Ordering	Reduces <i>entropy</i> $S$ , by constraining or aligning microstates 	You perform work to select or bias states; this can happen even at constant $T$

So:

- **Cooling** reduces  $T \rightarrow$  the “exchange rate” between energy and entropy becomes smaller.
- **Ordering** reduces  $S \rightarrow$  the number of accessible states shrinks.

If you keep  $T$  constant but reduce  $S$ , you have to supply  $\Delta E = T \Delta S$  of energy (work or heat) to the system.

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### ♦ 3. Example: aligning spins with a magnetic field

Let's revisit the simple spin system in a magnetic field  $B$ .

- When  $B = 0$ : spins are random,  $S = nk \ln 2$ ,  $F = -nkT \ln 2$ .
- When you turn on  $B$ : spins prefer to align, entropy decreases, internal energy  $U$  decreases (more spins aligned with  $B$ ).
- But to *reach* that ordered state, you had to apply an external magnetic field — this required **work**.

That work goes into **reducing entropy**, not necessarily into raising the system's temperature.

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### ♦ 4. The key thermodynamic identity

$$dF = dU - T dS - S dT$$

At constant  $T$ :

$$dF = dU - T dS.$$

So if you make the system more ordered (i.e.  $dS < 0$ ),  
then  $-T dS > 0$ : the free energy increases,  
and you must **supply work equal to  $T|\Delta S|$** .

That's precisely the meaning of saying:

Ordering costs  $TS$  energy — it's the price to reduce entropy by  $S$  at temperature  $T$ .



## ♦ 5. Physical analogy: information erasure (Landauer principle)

This is not just thermodynamics — it's also **information theory**:


- To erase one bit (reduce entropy by  $k \ln 2$ ) at temperature  $T$ ,
- you must dissipate at least  $kT \ln 2$  joules of energy into the environment.

That energy isn't "heating the spin" — it's **the minimum work required to reduce uncertainty** about its state.

So:

*$TS$  is the **energetic cost of restoring order**, not necessarily a measure of the spin carriers' internal heat.*

### ✓ Summary

Concept	Meaning	
$T$	Environmental temperature (sets energy scale per entropy unit)	
$S$	Entropy (measure of disorder or number of configurations)	
$TS$	Energy-equivalent of disorder — cost to remove that disorder	
Ordering system	You must supply $TS$ of energy/work, even if the temperature stays fixed	
Cooling system	You reduce $T$ , lowering thermal agitation, not necessarily entropy	
$F = U - TS$	Balance between energy minimization and entropy reduction	

So yes — your phrasing is perfect:

**Ordering the system costs  $TS$  energy, but this does *not* mean cooling the spin carriers — it's the work required to impose order, not to lower temperature.**