

YEAR **2025** 



Every January, I set 3 Big Goals.

It can be for reading, learning something new, a certain revenue goal, a health goal, locations to travel.

My year, focuses on these 3 goals only, and I tag the rest as noise.

Beyond that, I arrange goals for each month to support these goals.

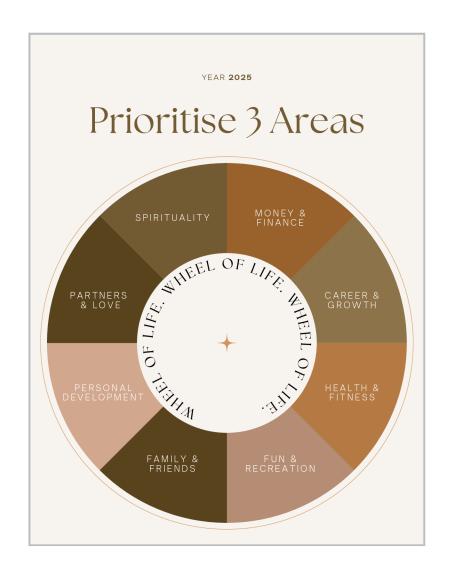
I also make reading lists, skill scorecards and habit builders.

I hope you enjoy my 2024 Planner - but first... we reflect on 2023.

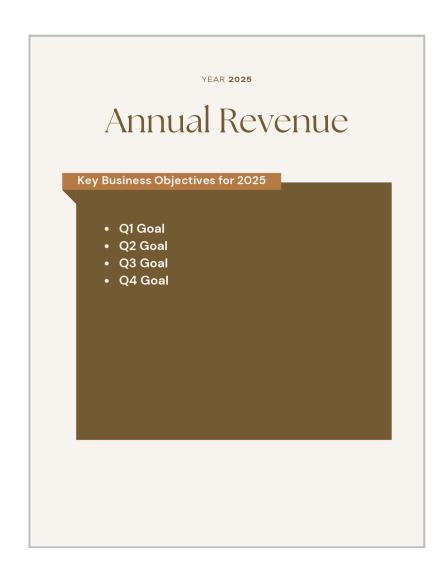
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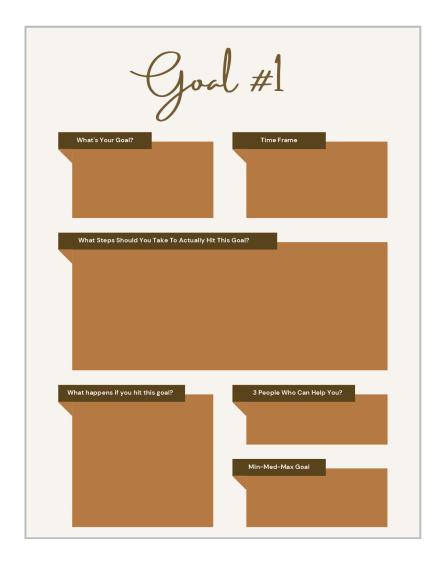
## Reflection Questions

- How did societal norms and expectations impact your sense of self-worth, particularly in 2023?
- Did I set my goals for 2023 because I wanted to get there or because of external reasons?
- How does my body feel?
- How much money do I need?
- How much money do I WANT?
- As I work towards self-improvement, how can I balance self-love and personal growth without relying too heavily on external validation?
- Do I have any mindset blocks I need to change this year?
- How have I controlled the direction my life took this year?
- What is the ONE THING that I wish I had now?

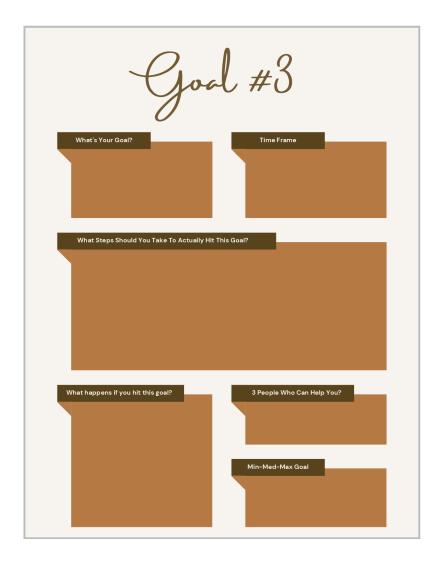


3 Big (	Goals
Personal Goals	Health Goals
Career Goals	Financial Goals



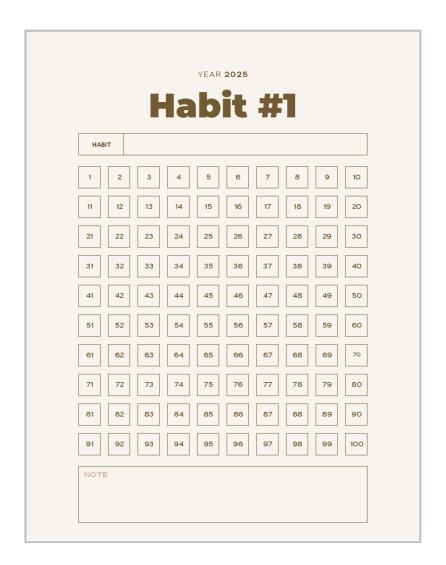


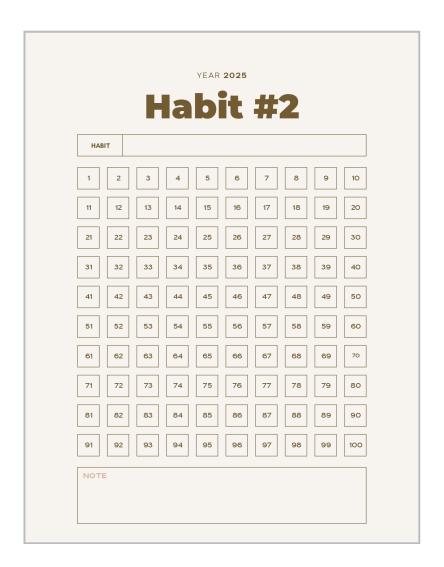


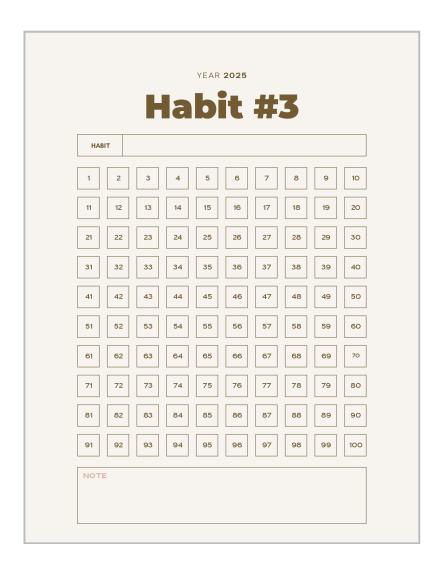


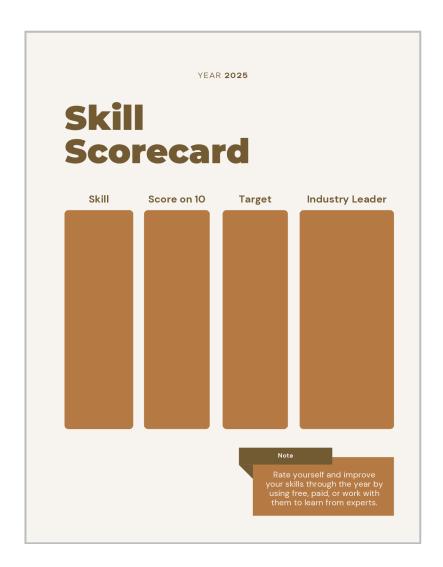












YEAR <b>20</b> :	25
Readin	g List
NUMBER OF BOOKS YOU WAN	NT TO READ :

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