

Eligible participants (n=12)

- Team Novo Nordisk professional road cyclist
- Informed consent during study period
- ≥ 14 days* of CGM during study period

* Day = time between 06:00-06:00, only included if CGM availability $\geq 70\%$

Exercise data

Eligible days (3,370 obs.)

Continuous Glucose Monitoring data

Eligible days (2,115 obs.)

I - Analysis of glycemia

(1,581 obs.)

(326 obs.)

Days for which there is both exercise
and CGM data available (1,789 obs.)

II - Associations of exercise with dysglycemia