

Eligible participants (n=12)

- Team Novo Nordisk professional road cyclist
- Informed consent during study period
- ≥ 14 Days* of CGM during study period

* Day = time between 06:00-06:00, only included if CGM availability $\geq 70\%$

Exercise data

Eligible days (3,370 days)

Continuous glucose monitoring data

Eligible days (2,115 days)

I - Analysis of glycemia

(1,581 days)

(326 days)

Days for which there is both exercise
and CGM data available (1,789 days)

II - Associations of exercise with dysglycemia