

## Eligible participants (n=12)

- Team Novo Nordisk professional road cyclist
- Informed consent during study period
- $\geq 14$  Days\* of CGM during study period

\* Day = time between 06:00-06:00, only included if CGM availability  $\geq 70\%$

### Exercise data

Eligible days (3,370 days)

### Continuous Glucose Monitoring data

Eligible days (2,115 days)

### I - Analysis of glycemia

(1,581 days)

(326 days)

Days for which there is both exercise  
and CGM data available (1,789 days)

### II - Associations of exercise with dysglycemia