Participant 5 - $\mu = 137.5$ $\sigma/\mu = 40\%$ T1D duration:15yr data:94days

TRAINING

COMPETITION

Time in glycemic ranges (%)

Legend:
- >250 mg/dL
- >180-250 mg/dL
- 70-180 mg/dL
- <70-54 mg/dL
- <54 mg/dL

TRAINING values: wake 71, exercise 64, recovery 69, sleep 72

COMPETITION values: wake 71, exercise 59, recovery 65, sleep 74