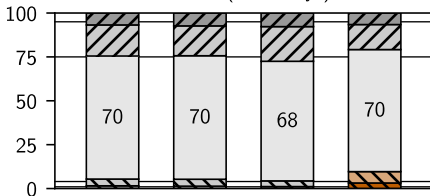
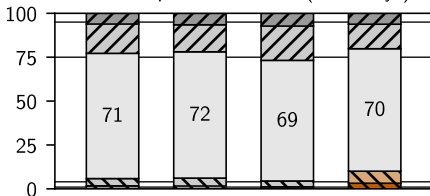


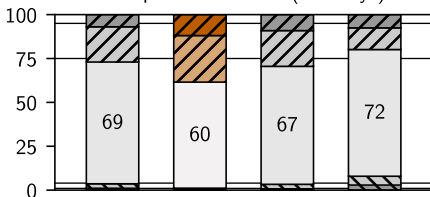
Overall (2115 days)



Non-competitive exercise (1536 days)



Competitive exercise (256 days)



wake

exercise

recovery

sleep

<54    54-70    70-180    >180-250    >250 mg/dL