



Institut et hôpital neurologiques de Montréal
Montreal Neurological Institute and Hospital

Looking for Participants

Young healthy volunteers are encouraged to participate in a research project aiming at determining the role of sleep on memory, investigated by magnetic resonance imaging (MRI) and electroencephalography (EEG)



This research project will be done either at the Montreal Neurological Institute and Hospital (MNI, 3801 rue Université, Montréal, H3A 2B4) or at the Centre de Recherche de l'IUGM (CRIUGM, 4545 Chemin Queen-Mary, Montréal, H3W 1W4)

If you agree to participate in this project you will have to

- Come for one study visit to the lab (MNI or CRIUGM).
- Perform a memory task in the MRI scanner, after which you will take a nap for 90 minutes, followed by the performance of the same memory task in the MRI scanner.
- Have your brain activity measured via electroencephalography (a cap with recording electrodes placed on your scalp), a non-invasive technique during the 90 minutes nap.
- Spend a total of about 3.5 hours at the MNI or CRIUGM.

Inclusion Criteria

- Right handed
- Ages 18 – 35
- No neurological problems
- No sleep problems (including sleep apnea)
- Non-smoker

Financial compensation is set to cover travelling expenses and participation in this research project. To participate, please contact us at the following email **hbhl.project@gmail.com** or phone number **514-398-5564**

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