



Lunch Menu

Sandwiches:

Hummus in Pita - Warmed pita with a hummus mixture of crumbled feta cheese, tomatoes, and cucumber \$8.99

Sweet Potato - Sweet potato slices layered on a toasted baguette, with crumbled feta on top \$7.99

Black Bean Veggie Burger - All the burger, none of the grease, pepperjack cheese, tomato, onion, lettuce \$9.99

Soups:

Veggie Tortilla Soup - Tomatoes, sweet corn, and green peppers soaked in a vegetable broth. Served with a side of tortilla chips. \$5.99

Ditalini Vegetable Soup - Ditalini pasta mixed with tomatoes, cauliflower, and zucchini and soaked in tomato juice. \$5.99

Roasted Tomato Soup - These tomatoes have been cooked with carrots and leeks, soaking up flavor and softening them up \$5.99

Spicy Black Bean Soup - Black beans and rice spiced with chile powder. This soup has a kick! \$5.99

Salads:

Harvest Salad - A flavorful mixture of spinach, tomatoes, and onion topped with walnuts, fresh cranberries, and crumbled blue cheese. \$6.99

Vegan Mediterranean Quinoa Salad - Radishes, onion, and tomatoes are mixed with our local, fresh quinoa for a filling, colorful meal. \$7.99

Caprese Pasta Salad - Colorful corkscrew pasta mixed with mozzarella cheese and tasty cherry tomatoes. \$7.99

Cobb Salad with Roasted Sweet Potato - Hard boiled eggs, beans, and cranberries over sweet potato slices. This is a house favorite! \$7.99

Kale Chickpea Salad - Served with a creamy Greek yogurt dressing and bursting with roasted chickpeas. \$7.99