



पल्मोनरी आर्टेरियल हाइपरटेंशन जागरूकता

विश्व PH दिवस पर एक पहल

5 मई 2023

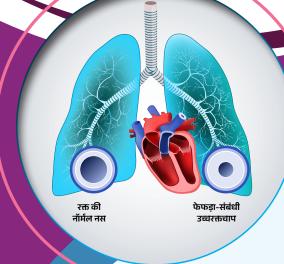


पल्मोनरी आर्टेरियल हाइपरटेंशन (PAH) एक ऐसी बीमारी है जो फेफड़ों में हाई ब्लड प्रेशर होने पर होती है

क्या आपको चलते समय सांस फूलने लगती है?

PAH लक्षण शुरू होने और निदान के बीच औसत समय

2.8 साल



लक्षण



सांस फूलना



सीने में दर्द



हृदय की धड़कनों का तेज महसूस होना



थकान महसूस होना



टखनों, पैरों, टांगों में सूजन



आपके होंठ और/या उंगलियां नीली पड़ जाती हैं



बेहोशी

यदि आपको उपरोक्त लक्षणों में से कोई भी हो तो अपने चिकित्सक से परामर्श करें

Sources: 1. Overview-Pulmonary hypertension. Available at: https://www.nhs.uk/conditions/pulmonary-hypertension/. Accessed on 05.04.2023. 2. Jo Levine D. Pulmonary Arterial Hypertension: Updates in Epidemiology and Evaluation of Patients. Am J Manag Care. 2021;27(3):\$35-\$41. 3. Palevsky HI. The early diagnosis of pulmonary arterial hypertension: can we do better? Chest. 2011;140(1):4-6. 4. Pulmonary hypertension. Available at: https://www.mayoclinic.org/diseases-conditions/pulmonary-hypertension/symptoms-causes/syc-20350697. Accessed on 11.04.2023.

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