

BREAST CANCER



PREVALENCE/BURDEN



2nd most common
cancer in women



1 in 8 women are diagnosed with
breast cancer

SIGNS AND SYMPTOMS



Change in the size/shape
of the breast



Pain in any area of the
breast



Fluid discharge from
nipples other than
breast milk



Any new lump in
the breast

PREVENTION TIPS



Regularly self-examine
your breasts and exercise
regularly



Avoid alcohol & smoking



Regular clinical check-up
every 3 months



Scanning of breast region
(Mammography, MRI)

WHAT IF YOU GET BREAST CANCER



Treatment with medicine
(Chemotherapy)



Surgery and radiation

References: 1. Breast Cancer—Patient Version. Available at: <https://www.cancer.gov/types/breast>. Accessed on: 14.09.2022. 2. Breast Cancer in Young Women. Available at: https://www.cdc.gov/cancer/breast/young_women/bringyourbrave/breast_cancer_young_women/index.htm. Accessed on: 15.09.2022. 3. Breast cancer. Available at: <https://www.who.int/news-room/fact-sheets/detail/breast-cancer>. Accessed on: 14.09.2022. 4. If You Have Breast Cancer. Available at: <https://www.cancer.org/cancer/breast-cancer/if-you-have-breast-cancer.html>. Accessed on: 14.09.2022. 5. Breast Cancer Awareness. Available at: <https://www.cdc.gov/cancer/dccp/resources/features/breastcancerawareness/index.htm>. Accessed on: 14.09.2022.

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