



Open Women | 2009

Top Performances as of: 09 Feb 2012

High Jump | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	1.83		Sarah Cowley	AKL	03 Feb 1984	H	National CE Chmps	Waitakere	08 Feb 2009
2	1.69		Marissa Pritchard	WEL	17 Mar 1984	2	Black Singlet	Waitakere	20 Feb 2009
3	1.66		Veronica Torr	AKL	17 May 1987	H	Queensland CE Chp	Gold Coast AUS	22 Nov 2009
4	1.60		Louise Thayer	OTG	12 Mar 1988	2	NZL Championships	Wellington	28 Mar 2009
5	1.60		Kiri Kendall	ANZ	04 Dec 1987	7	Houston Invitational	Houston TX	31 Jan 2009
6	1.60		Fiona Morrison	CAN	24 Oct 1988	1	Interclub	Christchurch	17 Jan 2009
7	1.60		Rebecca Wardell	CAN	21 Dec 1977	H	UK CE Challenge	Hexham GBR	18 Jul 2009
8	1.55		Emily Baker	WBP	15 Dec 1986	H	Northern Region CE Ch	Hamilton	11 Jan 2009

Pole Vault | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	3.90		Kerry Charlesworth	AKL	13 Dec 1993	1	NZL Championships	Wellington	29 Mar 2009
2	3.50		Morgan Williams	AKL	27 Sep 1991	1	NZSS Championships	Timaru	12 Dec 2009
3	3.40		Julia Hart	AKL	05 Jan 1989	1	Hot Meet 12	North Shore	14 Mar 2009
4	3.40		Lucy McGall	AKL	22 Apr 1993	2	Hot Meet 12	North Shore	14 Mar 2009
5	3.30		Rachel Kemp	WEL	04 Feb 1988	1	Central Region League	Palmerston North	14 Nov 2009
6	3.20		Sarah O'Connell	CAN	17 Dec 1984	1	Interclub	Christchurch	17 Jan 2009

Long Jump | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	6.14	0.0	Jessica Penney	WEL	21 Dec 1987	1	Alex Wilson Invitation	South Bend IN	06 Mar 2009
2	6.06	1.4	Sarah Cowley	AKL	03 Feb 1984	1	ITM	Christchurch	13 Mar 2009
3	5.84	-1.1	Bobbyrose Girven Russell	WEL	23 Jan 1993	1	Wellington Championships	Wellington	28 Feb 2009
4	5.83	1.3	Annabelle Coates	CAN	08 Dec 1989	1	NZL Championships	Wellington	29 Mar 2009
5	5.83	0.3	Marissa Pritchard	WEL	17 Mar 1984	1	Porritt Classic	Hamilton	15 Feb 2009
6	5.81	0.7	Mariah Rinui	WBP	26 Jun 1992	2	Porritt Classic	Hamilton	15 Feb 2009
7	5.71	1.5	Portia Bing	AKL	17 Apr 1993	1	Battle of the Cities 3	Auckland	28 Nov 2009
8	5.63	0.5	Rebecca Wardell	CAN	21 Dec 1977	1	Interclub	Christchurch	19 Dec 2009
9	5.63	1.4	Veronica Torr	AKL	17 May 1987	2	NZL Championships	Wellington	27 Mar 2009
10	5.60	2.0	Nneka Okpala	AKL	27 Apr 1988	6	Battle of the Cities 3	Auckland	28 Nov 2009
11	5.55	2.0	Keeley O'Hagan	WEL	11 Mar 1994	1	NZSS Championships	Timaru	12 Dec 2009
12	5.54	1.2	Kelsey Berryman	CAN	04 Feb 1992	2	NZL Championships	Wellington	28 Mar 2009
13	5.53	0.0	Kiri Kendall	ANZ	04 Dec 1987	19	Texas A&N Invitation	College Station TX	13 Feb 2009
14	5.44	-0.3	Charlotte Smith	WEL	06 Jun 1991	1	Central Region League	Hastings	31 Oct 2009
15	5.41	0.1	Fiona Morrison	CAN	24 Oct 1988	H	Canterbury CE Champs	Christchurch	25 Jan 2009
16	5.39	1.8	Paige Harwood	AKL	08 Feb 1995	2	Battle of the Cities 3	Auckland	28 Nov 2009
17	5.35	2.0	Melissa Goffin	AKL	12 Apr 1991	4	NZL Championships	Wellington	29 Mar 2009
18	5.35	0.5	Melody Stein	WEL	15 May 1993	2	NZSS Championships	Timaru	12 Dec 2009
19	5.29	1.0	Greer Alsop	STH	13 Jun 1994	1	Interclub	Invercargill	07 Mar 2009
20	5.27	0.2	Stacey Gunn	MWA	28 Oct 1994	1	Central Region League	Hastings	31 Oct 2009
21	5.26	1.3	Lee-Ann McKenzie	CAN	27 Apr 1994	4	NZSS Championships	Timaru	12 Dec 2009
22	5.26	1.4	Rebecca Le Grice	AKL	19 Aug 1991	5	NZL Championships	Wellington	29 Mar 2009
23	5.24	0.9	Rochelle Coster	AKL	06 Jun 1988	1	Battle of the Cities 1	Auckland	14 Nov 2009
24	5.22	1.0	Rebecca Cross	AKL	08 Jan 1993	3	Battle of the Cities 3	Auckland	28 Nov 2009
25	5.22	-1.3	Anne Simpson	AKL	17 Sep 1992	3	NI Sec Schools	Wellington	05 Apr 2009
26	5.16	2.0	Nicola Mackle	CAN	28 Sep 1992	2	SI Sec Schools	Invercargill	05 Apr 2009
27	5.14	-4.2	Haidee Brown	CAN	19 Jul 1991	3	NZSS Championships	Timaru	12 Dec 2009
28	5.13	1.7	Jennifer Scott	AKL	25 Feb 1994	4	Battle of the Cities 3	Auckland	28 Nov 2009
29	5.12	1.3	Karen Stringer	STH	11 Feb 1993	2	Weekly Meeting	Dunedin	14 Nov 2009
30	5.10	0.2	Harriett Sowman	WEL	11 Dec 1990	1	Gold Programme	Wellington	14 Mar 2009

31	5.10	0.0	Emily Eastgate	WEL	16 Jun 1994	2	NI Colgate Games	Wanganui	09 Jan 2009
32	5.09	1.7	Lauri Watt	CAN	18 Jan 1996	8	NZSS Championships	Timaru	12 Dec 2009
33	5.09	1.7	Rebecca Grass	AKL	20 Jun 1991	1	Hot Meet 8	Auckland	24 Jan 2009
34	5.06	2.0	Catherine O'Sullivan	OTG	26 Aug 1985	1	Weekly Meeting	Dunedin	28 Nov 2009
35	5.06	1.6	Sophie Munro	TAR	13 Jan 1993	3	NI Sec Schools	Wellington	05 Apr 2009
36	5.02	1.6	Toni Clinton	AKL	05 Sep 1993	4	NI Sec Schools	Wellington	05 Apr 2009
37	5.00	2.0	Emily Baker	WBP	15 Dec 1986	1	Sylvia Potts Classic	Hastings	24 Jan 2009

Triple Jump | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	12.79	1.7	Marissa Pritchard	WEL	17 Mar 1984	3	AUS Championships	Brisbane AUS	21 Mar 2009
2	12.76	1.8	Nneka Okpala	AKL	27 Apr 1988	1	Battle of the Cities 2	Hamilton	21 Nov 2009
3	12.34	1.8	Amber Grogan	AKL	27 Jun 1985	5	AUS Championships	Brisbane AUS	21 Mar 2009
4	11.97	0.0	Kiri Kendall	ANZ	04 Dec 1987	5=	Houston Invitational	Houston TX	31 Jan 2009
5	11.86	1.0	Charlotte Muschamp	STH	09 Sep 1992	1	NZSS Championships	Timaru	13 Dec 2009
6	11.69	-1.0	Annabelle Coates	CAN	08 Dec 1989	1	NZL Championships	Wellington	27 Mar 2009
7	11.65	0.9	Melody Stein	WEL	15 May 1993	2	NZSS Championships	Timaru	13 Dec 2009
8	11.62	-0.2	Katherine Camp	WBP	06 Feb 1992	3	NZSS Championships	Timaru	13 Dec 2009
9	11.45	1.3	Greer Alsop	STH	13 Jun 1994	1	Open Meeting	Invercargill	05 Dec 2009
10	11.30	0.8	Kate Philpott	MWA	30 Jul 1992	2	NI Sec Schools	Wellington	05 Apr 2009
11	11.27	1.1	Harriett Sowman	WEL	11 Dec 1990	3	NZL Championships	Wellington	27 Mar 2009
12	11.26	0.8	Sarah Saddleton	AKL	05 Aug 1989	1	Terry Albritton	Honolulu HI	21 Feb 2009
13	11.15	-0.6	Amy Christophers	WBP	04 Jan 1992	3	NZL Championships	Wellington	27 Mar 2009
14	11.12	1.9	Jennifer Scott	AKL	25 Feb 1994	1	Battle of the Cities 2	Hamilton	21 Nov 2009
15	11.00	1.8	Paige Harwood	AKL	08 Feb 1995	1	Hot Meet 7	North Shore	17 Jan 2009
16	10.98	1.3	Haidee Brown	CAN	19 Jul 1991	5	NZSS Championships	Timaru	13 Dec 2009
17	10.95	1.3	Anne Simpson	AKL	17 Sep 1992	6	NZSS Championships	Timaru	13 Dec 2009
18	10.80	1.0	Rebecca Grass	AKL	20 Jun 1991	1	Hot Meet 13	Auckland	21 Mar 2009
19	10.66	-1.2	Stacey Gunn	MWA	28 Oct 1994	3	NI Sec Schools	Wellington	05 Apr 2009
20	10.62	1.1	Jaimee Knyn	MWA	07 Oct 1990	7	NZL Championships	Wellington	27 Mar 2009
21	10.59	1.8	Morgan Williams	AKL	27 Sep 1991	7	NZSS Championships	Timaru	13 Dec 2009
22	10.56	2.0	Anna Thomson	WEL	14 May 1995	2	Central Region League	Palmerston North	14 Nov 2009
23	10.53	0.1	Holly Gibbs	CAN	10 Sep 1991	1	Interclub	Christchurch	07 Feb 2009
24	10.48	0.3	Hannah Keenan	CAN	10 Jun 1993	8	NZSS Championships	Timaru	13 Dec 2009
25	10.44	-0.5	Courtney Walker	MWA	10 Jan 1995	2	NI Sec Schools	Wellington	05 Apr 2009
26	10.40	0.1	Molly Probert	CAN	24 Nov 1994	1	Canterbury Championships	Christchurch	08 Mar 2009
27	10.38	1.9	Kate Downie-Melrose	CAN	29 Oct 1992	9	NZSS Championships	Timaru	13 Dec 2009
28	10.38	-0.3	Lee-Ann McKenzie	CAN	27 Apr 1994	3	SI Sec Schools	Invercargill	05 Apr 2009
29	10.37	1.9	Ashleigh Sando	WBP	03 Feb 1994	2	Battle of the Cities 2	Hamilton	21 Nov 2009
30	10.36	0.7	Georgie Blackwood	MWA	19 Sep 1993	4	NI Sec Schools	Wellington	05 Apr 2009
31	10.30	0.0	Savannah Bruin	STH	24 Mar 1993	2	Interclub	Invercargill	19 Dec 2009
32	10.30	1.3	Jade Graham	STH	23 Aug 1995	3	Southland Sec Schools	Invercargill	14 Mar 2009
33	10.28	1.8	Kristina Rybinski	WEL	21 Jul 1995	3	NI Sec Schools	Wellington	05 Apr 2009
34	10.28	1.5	Emily Eastgate	WEL	16 Jun 1994	3	Capital Classic	Wellington	13 Feb 2009
35	10.25	-3.5	Portia Woodman	AKL	12 Jul 1991	9	NI Sec Schools	Wellington	05 Apr 2009
36	10.22	1.8	Rebecca Peterson	STH	23 Oct 1995	8	NZSS Championships	Timaru	12 Dec 2009
37	10.21	1.9	Rebecca Cochrane	WBP	29 Aug 1989	9	NZL Championships	Wellington	27 Mar 2009
38	10.20	1.2	Catherine O'Sullivan	OTG	26 Aug 1985	1	Weekly Meeting	Dunedin	21 Nov 2009
39	10.18	-0.8	Eilidh Blanchard	OTG	20 Dec 1993	10	NZSS Championships	Timaru	13 Dec 2009
40	10.18	1.6	Sophie Munro	TAR	13 Jan 1993	9	NZL Championships	Wellington	27 Mar 2009
41	10.14	0.9	Hannah Cain	CAN	10 Mar 1993	1	Interclub	Christchurch	28 Nov 2009
42	10.12	-0.2	Joanna Oryszczak	CAN	29 Jul 1994	3	Interclub	Christchurch	28 Nov 2009
43	10.10	1.9	Philippa Blanks	TAR	07 Aug 1991	1	Taranaki Championships	Inglewood	21 Feb 2009
44	10.03	0.9	Rochelle Newdick	WBP	08 Jun 1995	4	NI Sec Schools	Wellington	05 Apr 2009
45	10.00	-0.5	Lucinda May	CAN	19 Feb 1989	3	Interclub	Christchurch	31 Jan 2009

Shot Put | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	21.07		Valerie Adams	AKL	06 Oct 1984	1	World Athletics Final	Thessaloniki GRE	13 Sep 2009
2	16.98		Ana Pouhila	AKL	18 Oct 1979	1	Coupe de Lancers	Mt Dore NCL	01 May 2009
3	13.57		Rebecca Wardell	CAN	21 Dec 1977	1	ITM	Christchurch	13 Mar 2009

4	12.52		Veronica Torr	AKL	17 May 1987	H	Queensland CE Chp	Gold Coast AUS	22 Nov 2009
5	12.32		Emily Baker	WBP	15 Dec 1986	H	Northern Region CE Ch	Hamilton	11 Jan 2009
6	12.26		Sarah Cowley	AKL	03 Feb 1984	H	National CE Chmps	Waitakere	08 Feb 2009
7	11.06		Christine McCahill	WBP	29 Aug 1964	1	Tauranga Twilight	Tauranga	01 Jan 2009
8	10.89		Claire Garrett	CAN	26 Jun 1987	2	Interclub	Christchurch	05 Dec 2009
9	10.62		Raylene Bates	OTG	14 Nov 1965	1	Otago Championships	Dunedin	22 Feb 2009
10	10.49		Hardeep Kaur	MWA	17 Feb 1977	1	Carol McNie Memorial	Palmerston North	27 Oct 2009
11	10.00		Jonelle Nicholas-Wright	AKL	13 Oct 1990	5	NZL Championships	Wellington	28 Mar 2009

Discus Thow | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	60.03		Beatrice Faumuina	AKL	23 Oct 1974	1	NZL Championships	Wellington	28 Mar 2009
2	53.10		Ana Pouhila	AKL	18 Oct 1979	1	Mini Pacific Games	Rarotonga COK	22 Sep 2009
3	37.56		Nicole Macquet	AKL	03 Feb 1976	4	NZL Championships	Wellington	28 Mar 2009
4	37.34		Melissa Seymour	TAS	01 Jul 1991	5	NZL Championships	Wellington	28 Mar 2009
5	36.57		Andrea Vigers	CAN	13 Aug 1983	1	Interclub	Christchurch	07 Feb 2009
6	35.21		Jonelle Nicholas-Wright	AKL	13 Oct 1990	6	NZL Championships	Wellington	28 Mar 2009
7	30.73		Millie McNie	AKL	19 May 1989	3	Coupe de Lancers	Mt Dore NCL	01 May 2009

Hammer Throw | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	55.14		Jessica Charlesworth	AKL	30 Dec 1987	2	UK U23 Championships	Bedford GBR	28 Jun 2009
2	53.53		Ana Pouhila	AKL	18 Oct 1979	2	Meeting Lancers No.2	Aix les Bains FRA	02 Jul 2009
3	51.74		Hardeep Kaur	MWA	17 Feb 1977	1	Open Meeting	Palmerston North	20 Oct 2009
4	45.99		Millie McNie	AKL	19 May 1989	1	Battle of the Cities 2	Hamilton	21 Nov 2009
5	45.52		Andrea Vigers	CAN	13 Aug 1983	1	Interclub	Christchurch	24 Jan 2009
6	40.45		Anna Harvey	OTG	31 Oct 1988	1	Weekly Meeting	Dunedin	28 Nov 2009
7	37.88		Anne Goulter	AKL	04 Dec 1962	1	Open Meeting	Auckland	07 Nov 2009
8	37.46		Anna McNab	CAN	02 Jan 1986	2	Interclub	Christchurch	31 Jan 2009
9	36.39		Helen Sinclair	STH	08 Jun 1983	1	Centre Meeting	Invercargill	20 Nov 2009
10	36.03		Raylene Bates	OTG	14 Nov 1965	1	Otago Championships	Dunedin	22 Feb 2009
11	35.08		Courtney Fafeita	WEL	27 Jan 1993	2	Gold Programme	Wellington	31 Jan 2009

Javelin Throw | Open Women | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	49.42		Keshia Grant	WBP	11 Jan 1987	1	NZL Championships	Wellington	29 Mar 2009
2	47.27		Hannah Blair	OTG	31 Oct 1987	2	NZL Championships	Wellington	29 Mar 2009
3	45.10		Rebecca Wardell	CAN	21 Dec 1977	H	UK CE Challenge	Hexham GBR	19 Jul 2009
4	41.80		Emily Baker	WBP	15 Dec 1986	H	National CE Chmps	Waitakere	08 Feb 2009
5	40.72		Megan Aikenhead	WBP	09 Sep 1988	2	Sam Johnson Memorial	Hamilton	15 Mar 2009
6	38.74		Ana Pouhila	AKL	18 Oct 1979	4	Coupe de Lancers	Mt Dore NCL	01 May 2009
7	36.99		Sarah Cowley	AKL	03 Feb 1984	H	National CE Chmps	Waitakere	08 Feb 2009