



ATHLETICS NEW ZEALAND **NATIONAL CHAMPIONS**

1887 - 2014

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INTRODUCTION

This document lists the New Zealand Champions in each of the events that were contested in each year of the championships. The lists are based on the “Summer” events (i.e. track & field, combined events, and road walks held in conjunction with the track & field championships) and the “Winter” events (i.e. Cross-country, Road, Road Relay, Mountain Running, Ultra-distance, and Long Distance Road Walks). There are also “Discontinued Events” i.e., events that have, at one time or another, been included in the Championship programme, that are no longer held or contested.

The summer events are listed by season e.g. 2006 –2007, rather than the specific year in which the championship was held. In some “years” there were two National Track and Field Championships, e.g., in March 1989 there was the 1988-89 season Championships, whilst the 1989–90 season Championships were held in November 1989. The winter events are listed as in the calendar year in which they were contested.

Care should be taken when reading the “Junior Men”, “Junior Women”, “Youth Boys”, and “Youth Girls” lists as the definition of the actual age group used has changed variously over time and the implement weights used in the throwing events and the hurdle heights and distances in hurdle events associated with these age groups has similarly changed to reflect the changed age groups.

The championship best performance in the “modern era” i.e., metric distances, metric measurements and electronic times for each event are displayed in **bold** text. However, for the reason outlined above, championship best performances in the “Junior Men”, “Junior Women”, “Youth Boys”, and “Youth Girls” lists are not shown.

The affiliation of the athlete is shown exactly as it was displayed in the results. A change from Centre representation to either club or Centre representation may result in an athlete having different representation from year to year. Further, the names of clubs have changed over the period of the lists. For example, “Bays Cougars”, “North Harbour Bays”, and “North Shore Bays” are names variously describing the same club! There have also been some changes and variations of Centre name over the years.

These lists were initially compiled by (the late) John Clark. They were added to by Murray Taylor (2004 - 2007) and from 2008 by Stephen Hollings. Additional input and corrections have been made by Murray McKinnon, Simon Holroyd, Don Dalgliesh and David Sim.

Should you notice any errors, or have information that will complete these lists, please send them to Stephen Hollings: stats@athletics.org.nz

Stephen Hollings, PhD
Statistician, Athletics New Zealand
January 2015

INTERESTING FACTS

(Compiled by Murray McKinnon)

Most New Zealand titles won

Valerie Young	37
Craig Barrett	32
Phil Costley	32
Peter Munro	29
Dave Norris	28
Les Mills	25
Yvette Williams	21
Beatrice Faumuina	21
Melissa Moon	21
Simon Poelman	21
Kim Robertson	20
Philip Jensen	20
Robin Tait	19
Norm Read	18
Jane Arnott	18
Chantal Brunner	17
Brent Newdick	17
Marise Chamberlain	16
Peter Renner	16
George Smith	15
Bill Savidan	15
Ross Pownall	15
John Walker	15
Roy Williams	14
Bill Baillie	14
Valerie Adams	14
Stuart Farquhar	14
Melina Hamilton	13
Monique Williams	12
Scott Nelson	12

Most titles in the same event

Philip Jensen	Hammer Throw	20
Dave Norris	Triple Jump	18
Valerie Young	Discus Throw	18
Valerie Young	Shot Put	17
Beatrice Faumuina	Discus Throw	17

Most consecutive titles

Philip Jensen	Hammer Throw	17
Dave Norris	Triple Jump	15
Stuart Farquhar	Javelin Throw	13

Ross Pownall	110m hurdles	12
Valerie Young	Shot Put	11
Valerie Adams	Shot Put	11

Longest span between years won of titles in the same event

Philip Jensen 26 years Hammer Throw 1988-2014.
Valerie Young 25 years in two events; Shot Put 1956-1981 and Discus Throw 1957-1982

Longest span between years won of a title in any event

Mike Parker 35 years, 20km race walk 1978, 3000m race walk 2013.

Youngest New Zealand Champion:

Karen Whimp 15y 53d High Jump 1976.
Dave Norris 17y 85d Triple Jump 1957.

Oldest New Zealand Champion in a track event

Mike Parker 59y 336d 3000m race walk 2013.
Sally Gibbs 48y 212d 10000m 2012

Oldest New Zealand Champion in a field event

Jack McHolm 51y 114d Hammer Throw 1930.
Valerie Young 44y 208d Discus Throw 1982.

Oldest New Zealand Championship Best Performance

Kim Robertson	400m	52.18	1980
John Walker	800m	1:47.53	1982
Peter Renner	3000m Steeplechase	8:28.80	1982

Oldest New Zealand Resident Records: (by a New Zealander in New Zealand)

Male Track

Peter Snell	800m	1:44.3	3 February 1962 Christchurch
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Male Field

Dave Norris	Triple Jump	15.94m	6 March 1965 Palmerston North
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Female Track

Kim Robertson	400m	51.60s	19 January 1980 Christchurch
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Women Field

Tania Murray	High Jump	1.92m	26 January 1991 Dunedin.
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SUMMER

SENIOR MEN

100yds / 100m

100yds

1887-8	F Meenan	Otago	10.2
1888-9	TW Lewis	Hawkes Bay	10.6
1889-90	JH Hempton	Southland	9.6
1890-1	WT Macpherson	New South Wales	9.8
	JM King	Wellington	
1891-2	JH Hempton	Hawkes Bay	9.8
1892-3	JH Hampton	Wellington	10.4
1893-4	JH Hempton	Wellington	10.4
1894-5	AJ Patrick	Wellington	11.0
1895-6	EA Robinson	Canterbury	10.6
1896-7	AJ Patrick	Wellington	10.0
1897-8	GW Smith	Auckland	10.4
1898-9	GW Smith	Auckland	10.8
1899-1900	GW Smith	Auckland	10.2
1900-1	CLH Hiorns	Canterbury	10.6
1901-2	GW Smith	Auckland	10.2
1902-3	LB Webster	Wellington	10.0
1903-4	GW Smith	Auckland	10.4
1904-5	AF Duffy	USA	10.4
	PH Hartland	Canterbury	
1905-6	FE Drake	Canterbury	10.6
1906-7	H Henderson	Wellington	10.2
1907-8	H Henderson	Wellington	10.2
1908-9	WA Woodger	Wellington	10.2
1909-10	WA Woodger	Wellington	10.2
1910-1	R Opie	Canterbury	10.1
1911-2	RE Egglestone	Otago	10.6
1912-3	AT Duncan	Wellington	10.4
1913-4	H Martis	Wellington	10.6
1914-5	H Martis	Wellington	10.6
1915-9	No Competition		
1919-20	G Davidson	Auckland	9.8
1920-1	G Davidson	Auckland	10.0
1921-2	HE Wilson	Wellington	10.8
1922-3	MM Kirksey	USA	9.8
	AE Porritt	Wanganui	
1923-4	CH Jenkins	Wellington	10.2
1924-5	LC Parker	Queensland	9.8
	M Leadbetter	Wellington	
1925-6	M Leadbetter	Wellington	10.0
1926-7	M Leadbetter	Canterbury	9.8
1927-8	M Leadbetter	Canterbury	10.0
1928-9	AJ Elliott	Auckland	10.2
1929-30	AJ Elliott	Auckland	10.2
1930-1	GS Simpson	USA	10.2

	G Hart	Canterbury	10.4
1931-2	AJ Elliott	Auckland	10.2
1932-3	JB Macfarlane	Canterbury	10.2
1933-4	JB Macfarlane	Canterbury	10.2
1934-5	JB Macfarlane	Canterbury	10.0
1935-6	BL Tapley	Otago	10.0
1936-7	WJ Fitsimmons	Hawkes Bay, Poverty Bay	10.2
1937-8	G Quinn	Auckland	10.4
1938-9	PF Sharpley	Hawkes Bay, Poverty Bay	10.2
1939-40	J Sutherland	Wellington	10.4
1940-4	No Competition		
1944-5	R Agate	Auckland	10.4
1945-6	R Agate	Auckland	10.2
1946-7	JF Treloar	New South Wales	9.6
	DR Batten	Canterbury	10.0
1947-8	ARP Eustace	Auckland	10.0
1948-9	P Henderson	West Coast (North Island)	10.0
1949-50	C Parker	Waikato	9.6
1950-1	ARP Eustace	Auckland	10.0
1951-2	HR Carter	Auckland	10.0
1952-3	HR Carter	Auckland	10.1
1953-4	ML Rae	Auckland	10.0
1954-5	ML Rae	Auckland	9.5
1955-6	ML Rae	Auckland	9.8
1956-7	ML Rae	Auckland	9.5
1957-8	ML Rae	Auckland	9.6
1958-9	ML Rae	Auckland	10.2
1959-60	GA Davy	Auckland	9.6
1960-1	TR Heeps	Wellington	9.8
1961-2	TR Heeps	Wellington	10.2
1962-3	TR Heeps	Wellington	10.1
1963-4	DW Mackenzie	Canterbury	9.6
1964-5	A Steel	Canterbury	9.8
1965-6	A Steel	Canterbury	10.2
1966-7	W Overend	Auckland	10.4
1967-8	C Daly	Hawkes Bay, Poverty Bay	9.6
1968-9	L D'Arcy	Wellington	9.9
100m			
1969-70	L D'Arcy	Wellington	11.2
1970-1	BD Smith	Wellington	10.8
1971-2	L D'Arcy		NT
	BD Smith	Wellington	11.1
1972-3	S Erkkila	Auckland	10.7
1973-4	BD Smith	Wellington	10.4
1974-5	S Erkkila	Auckland	11.34
1975-6	R Pownall	Auckland	10.84
1976-7	S Erkkila	Auckland	10.60
1977-8	G French	Waikato	10.67
1978-9	S Downey	Auckland	10.87
1979-80	P Hunt	Wellington	11.23
1980-1	S Downey	Auckland	10.65
1981-2	G Henley-Smith	Auckland	10.70
1982-3	G Henley-Smith	Auckland	11.08
1983-4	J Leota	Canterbury	10.91
1984-5	RA Dacre	Canterbury	10.84
1985-6	D McClunie	Waikato	10.85

1986-7	S Downey	Auckland	10.53
1987-8	SR Poelman	Auckland	10.66
1988-9	M Gutry	Waikato	10.59
1989-90	M Woods	Auckland	10.65
1990-1	A Nketia	Auckland	10.66
1991-2	A Nketia	Auckland	10.77
1992-3	A Nketia	Auckland	10.43
1993-4	A Nketia	Auckland	10.40
1994-5	MG Keddell	Canterbury	10.36
1995-6	A Nketia	Auckland	10.33
1996-7	C Donaldson	Otago	10.43
1997-8	M Coad	Wellington Harrier Club	10.66
1998-9	C Donaldson	Otago	10.27
1999-2000	C Donaldson	Otago	10.39
2000-1	M Coad	Counties Manukau	10.23
2001-2	J Dolphin	North Harbour Bays	10.65
2002-3	D MacDonald	North Harbour Bays	10.73
2003-4	D MacDonald	North Harbour Bays	10.56
2004-5	J Dolphin	Athletics North	10.53
2005-6	J Dolphin	Athletics North	10.50
2006-7	=J Dolphin	Auckland	10.56
	=C Donaldson	Otago	10.56
2007-8	C Donaldson	Otago	10.79
2008-9	C Van der Speck	Auckland	10.53
2009-10	C Van der Speck	Auckland	10.45
2010-11	C Van der Speck	Auckland	11.07
2011-12	J Millar	Waikato Bay of Plenty	10.36
2012-13	J Millar	Waikato Bay of Plenty	10.32
2013-14	J Millar	Waikato Bay of Plenty	10.49

250yds / 220yds / 200m

250yds

1887-8	AB Williams	Canterbury	27.0
1888-9	HM Reeves	Canterbury	27.0
1889-90	JH Hempton	Southland	27.4
1890-1	WT Macpherson	New South Wales	24.6
	JM King	Wellington	
1891-2	JH Hempton	Hawkes Bay	26.4
1892-3	LW Harley	Wellington	27.6
1893-4	HM Reeves	Canterbury	26.6
1894-5	L Broad	Canterbury	27.2
1895-6	WV Kingston	Otago	27.8
1896-7	AH Holder	Wanganui	25.0
1897-8	AJ Patrick	Wellington	27.6
1898-9	WV Kingston	Otago	28.0
1899-1900	GW Smith	Auckland	27.4

220yds

1900-1	CL Hiorns	Canterbury	23.8
1901-2	LB Webster	Wellington	23.8
1902-3	LB Webster	Wellington	22.8
1903-4	W Anderson	Canterbury	23.8
1904-6	FE Drake	Canterbury	23.8
1905-6	FE Drake	Canterbury	23.0

1906-7	EE Fisher	Wellington	23.4
1907-8	EE Fisher	Wellington	23.8
1908-9	WA Woodger	Wellington	22.8
1909-10	WA Woodger	Wellington	21.8
1910-1	R Opie	Canterbury	22.0
1911-2	R Opie	Canterbury	24.8
1912-3	AT Duncan	Wellington	23.0
1913-4	H Martis	Wellington	24.0
1914-5	H Martis	Wellington	22.8
1915-9	No Competition		
1919-20	G Davidson	Auckland	23.0
1920-1	G Davidson	Auckland	22.0
1921-2	HE Wilson	Wellington	22.6
1922-3	MM Kirksey	USA	21.8
	LA Tracy	Wellington	
1923-4	LA Tracy	Wellington	22.8
1924-5	=LA Tracy	Wellington	23.2
	=RMorgan	Otago	
1925-6	M Leadbetter	Wellington	22.6
1926-7	M Leadbetter	Canterbury	22.6
1927-8	M Leadbetter	Canterbury	23.0
1928-9	AJ Elliott	Auckland	22.0
1929-30	G Golding	New South Wales	22.4
	CH Jenkins	Wellington	
1930-1	CH Jenkins	Wellington	22.8
1931-2	AJ Elliott	Auckland	21.4
1932-3	JB Macfarlane	Canterbury	22.4
1933-4	JB Macfarlane	Canterbury	22.2
1934-5	WS Bainbridge	Auckland	21.6
1935-6	G Quinn	Auckland	22.2
1936-7	WJ Fitzsimmons	Hawkes Bay Poverty Bay	22.0
1937-8	G Quinn	Auckland	22.6
1938-9	C Robinson	Wellington	22.4
1939-40	J Ford	Wellington	22.6
1940-4	No Competition		
1944-5	R Agate	Auckland	22.0
1945-6	R Agate	Auckland	22.1
1946-7	JF Treloar	New South Wales	21.6
	R Agate	Auckland	22.0
1947-8	DR Batten	Canterbury	22.6
1948-9	DR Batten	Canterbury	22.3
1949-50	DR Batten	Wellington	21.2
1950-1	DR Batten	Individual	22.2
1951-2	DW Jowett	Southland	22.2
1952-3	DW Jowett	Southland	21.9
1953-4	DW Jowett	Otago	21.7
1954-5	ML Rae	Auckland	21.4
1955-6	ML Rae	Auckland	21.9
1956-7	ML Rae	Auckland	21.2
1957-8	ML Rae	Auckland	20.9
1958-9	ML Rae	Auckland	22.2
1959-60	J Taylor	Auckland	22.0
1960-1	DS Norris	Auckland	22.4
1961-2	DS Norris	Auckland	21.9
1962-3	B Seymour	WestCoast North Island	22.1
1963-4	DW Mackenzie	Canterbury	21.2
1964-5	A Steel	Canterbury	21.4

1965-6	A Steel	Canterbury	22.0
1966-7	W Overend	Auckland	22.2
1967-8	G Atchison	Auckland	22.0
1968-9	L D'Arcy	Wellington	22.6
200m			
1969-70	C Daly	Hawkes Bay Poverty Bay	22.1
1970-1	BD Smith	Wellington	21.4
1971-2	BD Smith	Wellington	20.9
1972-3	BD Smith	Wellington	21.9
1973-4	BD Smith	Wellington	20.9
1974-5	BD Smith	Wellington	21.11
1975-6	T Morrison	Canterbury	21.95
1976-7	S Erkkila	Auckland	21.51
1977-8	G French	Waikato	21.79
1978-9	S Downey	Auckland	21.53
1979-80	S Downey	Auckland	22.37
1980-1	S Downey	Auckland	21.44
1981-2	G Henley-Smith	Auckland	21.56
1982-3	G Henley-Smith	Auckland	21.72
1983-4	S Downey	Auckland	21.62
1984-5	D McClunie	Waikato	21.20
1985-6	D McClunie	Waikato	21.39
1986-7	D McClunie	Waikato	20.92
1987-8	D McClunie	Waikato	21.19
1988-9	D McClunie	Waikato	21.37
1989-90	S Bowden	Canterbury	21.23
1990-1	A Nketia	Auckland	20.96
1991-2	A Nketia	Auckland	21.28
1992-3	MG Keddell	Canterbury	20.95
1993-4	T Blythe	Waikato	21.02
1994-5	MG Keddell	Canterbury	20.82
1995-6	M Coad	Wellington	22.14
1996-7	C Donaldson	Otago	20.98
1997-8	M Coad	Wellington Harrier Club	21.11
1998-9	C Donaldson	Otago	20.59
1999-2000	C Donaldson	Otago	20.88
2000-1	M Coad	Counties Manukau	20.82
2001-2	M O'Connor	Hastings	21.38
2002-3	D Roberts	Otago	21.09
2003-4	D Roberts	Otago	21.01
2004-5	J Dolphin	Athletics North	20.88
2005-6	J Dolphin	Athletics North	20.88
2006-7	J Dolphin	Auckland	21.31
2007-8	J Dolphin	Auckland	20.91
2008-9	J Thumath	Auckland	21.09
2009-10	J Dolphin	Auckland	21.03
2010-11	A Jordan	Tasman	21.33
2011-12	J Millar	Waikato Bay of Plenty	21.74
2012-13	J Millar	Waikato Bay of Plenty	21.38
2013-14	J Millar	Waikato Bay of Plenty	21.15

440yds / 400m

440yds

1887-8	AB Williams	Canterbury	53.8
1888-9	HM Reeves	Canterbury	52.0
1889-90	HM Reeves	Canterbury	54.4
1890-1	WT Macpherson	New South Wales	50.4
	JC Hutchinson	Auckland	
1891-2	P Wood	Canterbury	52.2
1892-3	NL Gurr	Wellington	53.8
1893-4	WA Low	Otago	52.4
1894-5	WA Low	Otago	53.0
1895-6	WA Low	Otago	52.0
1896-7	AH Holder	Wanganui	52.4
1897-8	R Oliphant	Auckland	53.4
1898-9	WV Kingston	Otago	51.4
1899-1900	W Strickland	Hawkes Bay, Poverty Bay	54.4
1900-1	CA Cuff	Otago	53.2
1901-2	LB Webster	Wellington	52.8
1902-3	LB Webster	Wellington	50.4
1903-4	WH Pollock	Wellington	52.8
1904-5	GA Widwer	New South Wales	52.6
	WH Pollock	Wellington	
1905-6	FE Drake	Canterbury	52.2
1906-7	LB Webster	Wellington	52.2
1907-8	WF Trembath	Southland	53.6
1908-9	J Wilton	Wellington	53.4
1909-10	WG Harding	Wellington	53.2
1910-1	R Opie	Canterbury	50.8
1911-2	AW Dormer	Auckland	53.8
1912-3	J Wilton	Wellington	51.2
1913-4	J Wilton	Wellington	53.4
1914-5	J Wilton	Wellington	53.0
1915-9	No Competition		
1919-0	AW Dormer	Auckland	53.6
1920-1	W Candy	Wellington	52.4
1921-2	CH Taylor	Canterbury	51.8
1922-3	W Candy	Wellington	52.4
1923-4	CH Taylor	Canterbury	53.0
1924-5	W Kyle	Wellington	51.0
1925-6	W Kyle	Wellington	51.6
1926-7	JT Fleming	Wellington	50.0
1927-8	JT Fleming	Wellington	51.8
1928-9	AW Findlay	Otago	51.0
1929-30	G Golding	New South Wales	49.8
	JT Fleming	Wellington	50.0
1930-1	CV Evans	Wanganui Taranaki	52.0
1931-2	SA Black	West Coast North Island	48.8
1932-3	SA Black	West Coast North Island	49.6
1933-4	TG Broadway	Canterbury	50.0
1934-5	WS Bainbridge	Auckland	49.2
1935-6	HJ Tyrie	Otago	50.6
1936-7	AJ Sayers	Auckland	49.2
1937-8	MC Baker	Auckland	49.8
1938-9	HJ Tyrie	Otago	49.8

1939-40	HJ Tyrie	Otago	49.8
1940-4	No Competition		
1944-5	DM Harris	Auckland	49.6
1945-6	DM Harris	West Coast North Island	50.4
1946-7	DM Harris	West Coast North Island	47.8
1947-8	JC Grierson	Auckland	49.2
1948-9	DR Batten	Canterbury	49.5
1949-50	DR Batten	Wellington	48.6
1950-1	M Golder	Auckland	49.7
1951-2	M Golder	Auckland	49.3
1952-3	DW Jowett	Southland	49.6
1953-4	DW Jowett	Otago	50.8
1954-5	DW Jowett	Otago	48.5
1955-6	P Smith	Otago	48.4
1956-7	DW Jowett	Otago	48.7
1957-8	BC Robinson	Auckland	47.9
1958-9	BC Robinson	Auckland	48.0
1959-60	BC Robinson	Auckland	48.1
1960-1	J Taylor	Auckland	48.5
1961-2	BC Robinson	Auckland	47.9
1962-3	W Weaver	Auckland	48.1
1963-4	J Taylor	Auckland	48.5
1964-5	DW Mackenzie	Canterbury	49.0
1965-6	DW Mackenzie	Canterbury	48.3
1966-7	DW Mackenzie	Canterbury	48.2
1967-8	G Atchison	Auckland	49.7
1968-9	G Atchison	Auckland	48.9

400m

1969-70	M Cull	Wellington	47.6
1970-1	P Kear	Wellington	48.8
1971-2	P Kear	Wellington	47.2
1972-3	P Kear	Wellington	47.1
1973-4	P Kear	Wellington	46.9
1974-5	BD Smith	Wellington	46.10
1975-6	P Kear	Wellington	47.68
1976-7	BD Smith	Wellington	47.23
1977-8	W McCallum	Wellington	47.64
1978-9	P Pearless	Auckland	47.2
1979-80	G Erkkila	Auckland	48.23
1980-1	P Wilson	Waikato	48.45
1981-2	H Atkinson	Auckland	47.68
1982-3	J Enright	Waikato	47.80
1983-4	M Gutry	Waikato	47.03
1984-5	M Gutry	Waikato	47.13
1985-6	P Cuff	Auckland	47.67
1986-7	A Collins	Wellington	47.41
1987-8	C Purdy	Wellington	47.40
1988-9	C Purdy	Wellington	47.01
1989-90	C Purdy	Wellington	47.48
1990-1	G Gilbert	Auckland	47.53
1991-2	D Dale	Canterbury	47.33
1992-3	C Taylor	Waikato	47.71
1993-4	N Cowan	Manawatu Wanganui	46.64
1994-5	N Cowan	Manawatu Wanganui	47.91
1995-6	N Cowan	Manawatu Wanganui	46.69
1996-7	R Hanna	Sydney	47.58

1997-8	S Farrell	Canterbury	46.09
1998-9	S Farrell	Canterbury	47.59
1999-2000	B Jansen	Counties Manukau	46.81
2000-1	M Rodgers	Canterbury	47.30
2001-2	T Hawkes	Wellington Scottish	48.13
2002-3	T Hawkes	Valleys United	46.86
2003-4	T Hawkes	Valleys United	48.34
2004-5	T Hawkes	Wellington	47.50
2005-6	C Innes	Otago	46.57
2006-7	C Innes	Otago	46.97
2007-8	N Verekaita	Fiji	46.74
	C Innes	Otago	47.42
2008-9	A Moore	Otago	47.04
2009-10	T Jones	Canterbury	48.43
2010-11	A Jordan	Tasman	46.40
2011-12	A Jordan	Tasman	46.83
2012-13	A Whyte	Otago	46.52
2013-14	A Jordan	Wellington	47.83

880yds / 800m

880yds

1887-8	P Morrison	Canterbury	2:06.5
1888-9	PH Cox	Southland	2:13.0
1889-90	JF Grierson	Canterbury	2:05.4
1890-1	D Wood	Canterbury	2:00.0
1891-2	JF Grierson	Canterbury	2:00.6
1892-3	NL Gurr	Wellington	2:04.0
1893-4	WA Low	Otago	2:03.4
1894-5	WA Low	Otago	2:02.0
1895-6	WA Low	Otago	2:04.0
1896-7	J McKean	Auckland	2:02.6
1897-8	HC Garcia	Canterbury	2:00.4
1898-9	CS St Hill	Hawkes Bay	2:04.4
1899-1900	JM Lynskey	Canterbury	2:06.6
1900-1	CA Cuff	Otago	2:03.0
1901-2	ET Harper	Canterbury	2:02.0
1902-3	WH Pollock	Wellington	2:04.6
1903-4	WH Pollock	Wellington	2:01.0
1904-5	GA Wheatley	Victoria	2:04.0
	JEM Burnett	Wellington	
1905-6	HG Burk	Canterbury	1:59.2
1906-7	HG Burk	Otago	2:00.4
1907-8	WF Trembath	Southland	2:02.2
1908-9	G Haskins	Canterbury	2:04.4
1909-10	WG Harding	Wellington	2:04.8
1910-1	WG Harding	Wellington	1:58.8
1911-2	AW Dormer	Auckland	2:05.8
1912-3	AW Dormer	Auckland	2:06.4
1913-4	CS Thomas	Canterbury	2:09.8
1914-5	JF Byrne	Wellington	2:02.2
1915-9	No Competition		
1919-0	AW Dormer	Auckland	2:08.2
1920-1	CH Taylor	Canterbury	2:01.2
1921-2	CH Taylor	Canterbury	2:04.4
1922-3	KM Griffin	Wellington	2:01.4

1923-4	CH Taylor	Canterbury	2:03.0
1924-5	C Campbell	Wellington	1:58.6
1925-6	CH Taylor	Canterbury	2:04.4
1926-7	CH Olsen	Otago	1:59.0
1927-8	CB Allan	Wellington	1:58.9
1928-9	LC McLachlan	Otago	NT
1929-30	CV Evans	Wanganui Taranaki	1:58.4
1930-1	CV Evans	Wanganui Taranaki	2:04.0
1931-2	TG Broadway	Canterbury	1:56.6
1932-3	TG Broadway	Canterbury	1:56.8
1933-4	TG Broadway	Canterbury	1:56.6
1934-5	CV Evans	West Coast North Island	1:57.2
1935-6	VP Boot	Canterbury	1:55.4
1936-7	T Allen	Otago	1:55.8
1937-8	VP Boot	Canterbury	1:54.4
1938-9	VP Boot	Canterbury	1:54.0
1939-40	VP Boot	Canterbury	1:55.4
1940-4	No Competition		
1944-5	K Greville	Auckland	2:00.2
1945-6	DM Harris	Auckland	1:55.8
1946-7	DM Harris	West Coast North Island	1:54.4
1947-8	JC Grierson	Auckland	1:56.0
1948-9	JC Grierson	Auckland	1:55.3
1949-50	C Simpson	Otago	1:54.4
1950-1	NTO Wilson	Auckland	1:56.1
1951-2	M Golder	Auckland	1:58.2
1952-3	GW Hoskins	Auckland	1:59.9
1953-4	WD Baillie	Auckland	1:56.4
1954-5	WD Baillie	Individual	1:54.3
1955-6	P Penlington	Auckland	1:54.7
1956-7	C Keig	West Coast North Island	1:53.8
1957-8	D Earwaker	Southland	1:52.5
1958-9	PG Snell	Auckland	1:52.4
1959-60	PG Snell	Auckland	1:53.9
1960-1	G Philpott	Auckland	1:48.8
1961-2	PG Snell	Auckland	1:53.9
1962-3	M Wall	Wellington	1:53.8
1963-4	PG Snell	Auckland	1:53.2
1964-5	R Hamilton	Auckland	1:52.8
1965-6	G Philpott	Auckland	1:51.6
1966-7	K Ross	West Coast North Island	1:51.8
1967-8	K Ross	West Coast North Island	1:55.1
1968-9	K Ross	West Coast North Island	1:53.0

800m

1969-70	BA Hunter	Otago	1:52.0
1970-1	BA Hunter	Otago	1:51.4
1971-2	JG Walker	Auckland	1:49.5
1972-3	JG Walker	Auckland	1:48.7
1973-4	S Melville	Otago	1:49.4
1974-5	BA Hunter	Otago	1:51.0
1975-6	R McIntosh	Canterbury	1:49.5
1976-7	JG Walker	Auckland	1:47.4
1977-8	D Norris	Auckland	1:48.6
1978-9	D Norris	Auckland	1:49.8
1979-80	JG Walker	Auckland	1:48.1
1980-1	JG Walker	Auckland	1:51.54

1981-2	JG Walker	Individual	1:47.53
1982-3	P Pearless	Auckland	1:49.45
1983-4	C Rogers	Waikato	1:51.46
1984-5	P Pearless	Tasman	1:47.96
1985-6	C Rogers	Waikato	1:49.74
1986-7	C McDonald	Canterbury	1:49.71
1987-8	JG Walker	Auckland	1:51.01
1988-9	M Hindmarsh	Auckland	1:49.18
1989-90	JG Walker	Auckland	1:49.63
1990-1	M Hindmarsh	Auckland	1:52.00
1991-2	WA Paul	Auckland	1:51.60
1992-3	M Calver	Waikato	1:49.10
1993-4	M Tonks	Auckland	1:48.51
1994-5	M Turner	Northland	1:53.30
1995-6	M Turner	Northland	1:52.41
1996-7	M Tonks	North Shore Bays	1:50.84
1997-8	S Harvey	Counties Manukau	1:50.79
1998-9	H Christensen	Hastings	1:53.91
1999-2000	M Rodgers	Canterbury	1:47.61
2000-1	M Rodgers	Canterbury	1:50.84
2001-2	J Stewart	Napier	1:52.21
2002-3	M Rodgers	Canterbury	1:48.26
2003-4	G Hyett	Otago	1:51.66
2004-5	G Hyett	Otago	1:53.90
2005-6	J Stewart	Napier	1:50.40
2006-7	A Curreen	Samoa	1:50.82
	T Hawkes	Wellington	1:50.84
2007-8	A Curreen	Samoa	1:49.86
	T Hawkes	Wellington	1:51.61
2008-9	M Hammond	Australia	1:48.61
	T Hawkes	Wellington	1:49.21
2009-10	G Harris	Canada	1:52.72
	A Smith	Auckland	1:53.42
2010-11	A Kela	France	1:51.68
	A Curreen	Samoa	1:51.70
	M Whitehead	Auckland	1:52.33
2011-12	B Mathas	Manawatu Wanganui	1:51.50
2012-13	B Mathas	Manawatu Wanganui	1:50.71
2013-14	B Mathas	Canterbury	1:53.71

1 mile / 1500m

1 mile

1887-8	JF Field	Southland	5:01.0
1888-9	F Ellis	Hawkes Bay	5:05.0
1889-90	P Morrison	South Canterbury	4:41.4
1890-1	D Wood	Canterbury	4:31.4
1891-2	WJ Burk	Otago	4:42.8
1892-3	CG Rees	Canterbury	4:41.6
1893-4	CD Morpeth	Otago	4:45.0
1894-5	D Davis	Auckland	4:40.4
1895-6	WF Bennett	Otago	4:31.6
1896-7	J McKean	Auckland	4:48.0
1897-8	S Pentecost	Canterbury	4:38.0
1898-9	S Pentecost	Canterbury	4:36.5
1899-1900	WF Simpson	Canterbury	4:38.4

1900-1	S Pentecost	Canterbury	4:43.0
1901-2	WF Simpson	Canterbury	4:44.8
1902-3	WF Simpson	Canterbury	5:00.0
1903-4	WH Pollock	Wellington	4:49.0
1904-5	HG Burk	Otago	4:29.4
1905-6	HG Burk	Otago	4:28.6
1906-7	HG Burk	Otago	4:26.0
1907-8	AE Burge	Wellington	4:42.4
1908-9	EJ Steele	Canterbury	4:38.6
1909-10	GN Hill	Auckland	4:35.4
1910-1	GN Hill	Auckland	4:25.8
1911-2	GN Hill	Auckland	4:47.8
1912-3	AW Dormer	Auckland	4:31.0
1913-4	AW Dormer	Auckland	4:46.4
1914-5	J Beatson	Otago	4:36.0
1915-9	No Competition		
1919-20	AW Dormer	Auckland	4:43.0
1920-1	RM Webber	Auckland	4:35.4
1921-2	RM Webber	Auckland	4:31.4
1922-3	KM Griffin	Wellington	4:31.2
1923-4	AC Dufresne	Wellington	4:39.8
1924-5	RA Rose	Wellington	4:26.2
1925-6	RA Rose	Wellington	4:28.0
1926-7	JW Savidan	Auckland	4:25.8
1927-8	JW Savidan	Auckland	4:26.4
1928-9	JW Savidan	Auckland	4:29.2
1929-30	CV Evans	Wanganui Taranaki	4:23.4
1930-1	G Bayne	Wellington	4:30.0
1931-2	G Bayne	Wellington	4:25.0
1932-3	JG Barnes	Otago	4:24.4
1933-4	LC McLachlan	Otago	4:22.4
1934-5	E Forne	Hawkes Bay Poverty Bay	4:25.0
1935-6	VP Boot	Canterbury	4:22.8
1936-7	WAC Pullar	Otago	4:14.8
1937-8	SJ Wade	Auckland	4:25.2
1938-9	WAC Pullar	Wellington	4:20.0
1939-40	WAC Pullar	Wellington	4:18.2
1940-4	No Competition		
1944-5	AR Geddes	Auckland	4:30.2
1945-6	JC Grierson	Auckland	4:21.5
1946-7	WH Nelson	Otago	4:20.8
1947-8	JD Sinclair	Otago	4:23.4
1948-9	N Bates	West Coast North Island	4:18.2
1949-50	JD Sinclair	Otago	4:13.5
1950-1	M Marshall	Waikato	4:17.7
1951-2	M Marshall	Waikato	4:11.8
1952-3	JP Parcell	Canterbury	4:17.2
1953-4	MG Halberg	Auckland	4:15.4
1954-5	MG Halberg	Auckland	4:06.4
1955-6	MG Halberg	Auckland	4:06.4
1956-7	MG Halberg	Auckland	4:10.4
1957-8	WD Baillie	Auckland	4:05.3
1958-9	PG Snell	Auckland	4:10.2
1959-60	MG Halberg	Auckland	4:08.4
1960-1	WD Baillie	Auckland	4:06.6
1961-2	JL Davies	Waikato	4:16.9
1962-3	JL Davies	Waikato	4:11.3

1963-4	JL Davies	Waikato	4:06.4
1964-5	JL Davies	Individual	4:11.5
1965-6	JL Davies	Waikato	4:09.8
1966-7	B Burnes	Otago	4:03.3
1967-8	D Sirl	Auckland	4:08.4
1968-9	TJL Quax	Waikato	4:05.3

1500m

1969-70	RJ Tayler	Otago	3:44.2
1970-1	K Ross	West Coast North Island	3:42.0
1971-2	A Polhill	Auckland	3:41.7
1972-3	A Polhill	Auckland	3:49.2
1973-4	JG Walker	Auckland	3:43.6
1974-5	S Melville	Otago	3:54.6
1975-6	S Melville	Otago	3:46.8
1976-7	T Birnie	Canterbury	3:49.8
1977-8	RP Dixon	Canterbury	3:41.7
1978-9	JG Walker	Auckland	3:42.1
1979-80	JG Walker	Individual	3:40.7
1980-1	JG Walker	Auckland	3:48.17
1981-2	JG Walker	Individual	3:45.42
1982-3	JG Walker	Auckland	3:38.17
1983-4	P O'Donoghue	Auckland	3:45.76
1984-5	AV Rogers	Waikato	3:42.68
1985-6	JG Walker	Auckland	3:42.88
1986-7	P O'Donoghue	Auckland	3:46.15
1987-8	A Campbell	Auckland	3:47.35
1988-9	P Clode	Canterbury	3:48.39
1989-90	P O'Donoghue	Individual	3:45.87
1990-1	M Enholme	Sweden	3:50.52
	P Clode	Auckland	3:50.62
1991-2	R Johnston	Auckland	3:41.21
1992-3	R Johnston	Auckland	3:42.26
1993-4	R Potts	Hawkes Bay Gisborne	3:42.10
1994-5	M Tonks	Auckland	3:54.5
1995-6	A Bunce	Auckland	3:46.03
1996-7	H Christensen	Hastings	3:42.77
1997-8	H Christensen	Hastings	3:43.66
1998-9	P Spratley	North Harbour Bays	3:54.77
1999-2000	A Blincoe	North Harbour Bays	3:45.09
2000-1	H Christensen	Hastings	3:49.59
2001-2	B Ruthe	North Harbour Bays	3:48.20
2002-3	P Hamblyn	North Harbour Bays	3:53.54
2003-4	P Hamblyn	North Harbour Bays	3:48.57
2004-5	P Hamblyn	Athletics North	3:51.59
2005-6	N Willis	Wellington	3:50.77
2006-7	R Olsen	Canterbury	3:52.41
2007-8	N Willis	Wellington	3:44.46
2008-9	G Hyett	Waikato	3:49.54
2009-10	H Carson	Wellington	3:51.19
2010-11	H Carson	Wellington	3:53.59
2011-12	J Matthews	Tasman	3:54.37
2012-13	H Carson	Wellington	3:46.26
2013-14	H Carson	Wellington	3:46.23

3000m

1887-1988	Event Not Held		
1988-9	P Clode	Canterbury	8:02.31
1989-90	D Rush	Otago	8:07.03
1990-1	P Clode	Auckland	7:55.76
1991-2	P Clode	Auckland	8:08.32
1992-3	R Johnston	Auckland	7:53.21
1993-4	P Clode	Auckland	8:13.85
1994-5	R Johnston	Auckland	7:52.78
1995-6	R Potts	Hawkes Bay Gisborne	7:54.90
1996-7	J Henwood	Wellington Scottish	8:06.10
1997-8	A Blincoe	North Harbour Bays	8:08.0
1998-9	D Lynch	Australia	7:56.89
	J Wyatt	Wellington	7:57.33
1999-2000	S Maunder	Counties Manukau	8:01.14
2000-1	A Bunce	North Harbour Bays	8:01.55
2001-2	P Costley	Canterbury	8:15.54
2002-3	R Buck	Wellington Scottish	8:08.65
2003-4	R Buck	Wellington Scottish	8:11.00
2004-5	R Buck	Wellington Scottish	8:06.91
2005-6	not held		
2006-7	not held		
2007-8	not held		
2008-9	K Hogarth	Nelson	8:14.99
2009-10	N Willis	Wellington	8:15.12
2010-11	H Carson	Wellington Scottish	8:06.70
2011-12	M Hicks	University of Canterbury	8:07.94
2012-13	N Willis	Lower Hutt	7:57.63
2013-14	B St Lawrence	Australia	8:03.02
	M Hanrahan	Ireland	8:20.77
	D Balchin	New Brighton Olympic	8:22.19

2 miles / 3 miles / 5000m

2 miles

1887-8	P Morrison	South Canterbury	10:03.2
1888-9	PJ Ness	Otago	10:44.0

3 miles

1889-90	P Morrison	South Canterbury	16:03.4
1890-1	D Wood	Canterbury	15:40.1
1891-2	D Wood	Canterbury	15:43.0
1892-3	WJ Burk	Otago	16:15.6
1893-4	CD Morpeth	Wellington	15:37.8
1894-5	AP Bell		16:04.4
1895-6	WF Bennett	Otago	15:30.6
1896-7	E Reynolds	Auckland	17:10.0
1897-8	S Pentecost	Canterbury	16:53.0
1898-9	P Malthus	South Canterbury	15:46.2
1899-1900	WF Simpson	Canterbury	16:06.4
1900-1	S Pentecost	Canterbury	16:28.2
1901-2	WF Simpson	Canterbury	16:10.0
1902-3	WF Simpson	Canterbury	16:03.0

1903-4	WF Simpson	Canterbury	15:27.4
1904-5	AA Shrubbs	England	15:07.4
	HG Burk	Otago	
1905-6	JH Prendeville	Wellington	15:13.6
1906-7	JH Prendeville	Wellington	15:24.4
1907-8	G Sharpe	Wellington	15:40.0
1908-9	M Dickson	Canterbury	14:57.0
1909-10	J Beatson	Otago	15:40.4
1910-1	GN Hill	Auckland	14:53.4
1911-2	GN Hill	Auckland	15:52.2
1912-3	J Beatson	Otago	15:25.2
1913-4	A Hudson	Wellington	15:51.0
1914-5	J Beatson	Otago	15:41.2
1915-9	No Competition		
1919-20	W Wyett	Wellington	16:15.2
1920-1	RM Webber	Auckland	15:59.0
1921-2	RM Webber	Auckland	15:23.6
1922-3	RA Rose	Wellington	15:16.0
1923-4	AC Dufresne	Wellington	15:37.0
1924-5	RA Rose	Wellington	14:45.2
1925-6	RA Rose	Wellington	15:28.6
1926-7	JW Savidan	Auckland	15:09.0
1927-8	JW Savidan	Wellington	14:57.2
1928-9	JW Savidan	Auckland	14:59.6
1929-30	RA Rose	Wanganui Taranaki	14:45.0
1930-1	RA Rose	Wanganui Taranaki	15:11.8
1931-2	JW Savidan	Auckland	14:36.4
1932-3	JW Savidan	Auckland	14:35.8
1933-4	JW Savidan	Auckland	14:37.2
1934-5	NF Cooper	Auckland	14:41.2
1935-6	CH Matthews	Canterbury	14:41.6
1936-7	K Murakoso	Japan	14:11.6
	JW Savidan	Auckland	14:38.0
1937-8	CH Matthews	Canterbury	14:27.4
1938-9	WAC Pullar	Wellington	14:43.0
1939-40	LV Dickson	Otago	14:30.4
1940-4	No Competition		
1944-5	WJ Potter	Auckland	14:50.2
1945-6	WJ Wells	West Coast North Island	14:50.2
1946-7	WH Nelson	Otago	14:31.4
1947-8	WH Nelson	Otago	14:32.8
1948-9	JC Daly	Canterbury	14:52.0
1949-50	GW Hoskins	Auckland	14:39.2
1950-1	GW Hoskins	Auckland	14:46.4
1951-2	GW Hoskins	Auckland	14:15.6
1952-3	KE Williams	Canterbury	14:23.6
1953-4	JC Daly	Canterbury	14:39.4
1954-5	E Haskell	Auckland	14:01.0
1955-6	WD Baillie	Auckland	14:03.0
1956-7	NI Scott	Auckland	14:00.0
1957-8	MG Halberg	Auckland	13:47.6
1958-9	MG Halberg	Auckland	14:33.0
1959-60	MG Halberg	Auckland	14:04.4
1960-1	MG Halberg	Auckland	13:32.2
1961-2	MG Halberg	Auckland	13:45.8
1962-3	G Pyne	Canterbury	14:08.8
1963-4	NI Scott	Auckland	13:36.8

1964-5	NI Scott	Auckland	13:41.0
1965-6	I Studd	Auckland	13:24.0
1966-7	B Jones	Canterbury	13:46.0
1967-8	R Maddaford	Auckland	13:56.0
1968-9	J Le Grice	Auckland	13:44.0

5000m

1969-70	J Power	Canterbury	14:12.2
1970-1	MR Ryan	Waikato	14:17.8
1971-2	TJL Quax	Auckland	13:59.0
1972-3	TJL Quax	Auckland	13:58.8
1973-4	TJL Quax	Auckland	13:56.6
1974-5	S Melville	Otago	14:34.6
1975-6	B Jones	Auckland	14:00.4
1976-7	S Melville	Otago	14:15.0
1977-8	RP Dixon	Canterbury	13:57.6
1978-9	RP Dixon	Auckland	13:45.1
1979-80	RP Dixon	Auckland	14:01.6
1980-1	RP Dixon	Auckland	14:12.22
1981-2	T Birnie	Canterbury	13:57.40
1982-3	J Bowden	Auckland	14:13.68
1983-4	PC Renner	Canterbury	13:46.52
1984-5	R Wilson	Hawkes Bay Poverty Bay	13:47.97
1985-6	D Rush	Otago	14:01.41
1986-7	D Rush	Otago	13:53.02
1987-8	P Clode	Canterbury	14:09.64
1988-9	PC Renner	Canterbury	13:52.74
1989-90	K Rodger	Auckland	13:45.14
1990-1	S Wade	Wellington	14:15.97
1991-2	D Rush	Otago	14:11.42
1992-3	P Smith	Canterbury	13:54.40
1993-4	P Clode	Auckland	14:25.31
1994-5	J Wyatt	Wellington	14:14.66
1995-6	R Johnston	Auckland	13:44.79
1996-7	J Cameron	North Harbour Bays	13:56.50
1997-8	A Bunce	North Harbour Bays	14:02.55
1998-9	R Potts	Hastings	14:14.41
1999-2000	R Potts	Hastings	14:01:84
2000-1	J Wyatt	Valleys United	13:56.72
2001-2	H Christensen	Hastings	14:14.80
2002-3	P Costley	Canterbury	14:02.80
2003-4	J Henwood	Wellington Scottish	13:50.78
2004-5	D Warrender	Athletics North	14:17.19
2005-6	B Ruthe	Athletics North	14:29.58
2006-7	R Buck	Wellington	14:26.02
2007-8	J Woolhouse	Individual	13:57.79
2008-9	J Woolhouse	Individual	14:22.84
2009-10	M Smith	Canterbury	14:15.43
2010-11	N Willis	Wellington	14:34.32
2011-12	N Willis	Wellington	13:54.29
2012-13	H Beamish	Individual	14:01.09
2013-14	M Hicks	Auckland	14:13.47

6 miles / 10000m

6 miles

1887-1947	Event Not Held		
1947-8	WH Nelson	Otago	29:57.4
1948-9	WJ Wells	West Coast North Island	31:22.4
1949-50	N Taylor	Waikato	30:40.2
1950-1	C Lousich	Auckland	33:12.6
1951-2	N Taylor	Hawkes Bay Poverty Bay	30:20.2
1952-3	LA King	Auckland	29:43.4
1953-4	LA King	Auckland	29:44.6
1954-5	AB Magee	Auckland	30:29.6
1955-6	H Rodger	Auckland	30:17.8
1956-7	AB Magee	Auckland	30:26.4
1957-8	AB Magee	Auckland	29:34.6
1958-9	WD Baillie	Auckland	29:04.2
1959-60	WD Baillie	Auckland	29:20.4
1960-1	AB Magee	Auckland	29:07.4
1961-2	AB Magee	Auckland	29:25.4
1962-3	WD Baillie	Auckland	28:48.8
1963-4	WD Baillie	Auckland	28:37.2
1964-5	WD Baillie	Auckland	29:14.4
1965-6	WD Baillie	Auckland	28:48.2
1966-7	WD Baillie	Auckland	28:58.4
1967-8	E Maguire	Auckland	28:17.4
1968-9	MR Ryan	Waikato	28:32.8

10000m

1969--70	E Gray	Canterbury	30:28.6
1970-1	MR Ryan	Waikato	30:23.4
1971-2	G Thorley	Wellington	29:40.1
1972-3	KB Ryan	Auckland	30:07.2
1973-4	RJ Tayler	Wellington	28:29.0
1974-5	S Denholm	Wellington	30:28.8
1975-6	P Ballinger	West Coast North Island	30:01.6
1976-7	B Rose	Wellington	29:58.6
1977-8	A Thurlow	Otago	29:58.9
1978-9	E Robertson	Otago	29:08.2
1979-80	KB Ryan	Auckland	28:54.5
1980-1	RP Dixon	Auckland	30:15.17
1981-2	T Birnie	Canterbury	29:22.7
1982-3	G Holden	Auckland	29:40.30
1983-4	Y Kanai	Japan	28:46.42
	G Holden	Auckland	29:23.23
1984-5	Y Kanai	Japan	28:14.48
	PC Renner	Canterbury	28:59.69
1985-6	K Rodger	Auckland	28:55.04
1986-7	K Moloney	Auckland	28:19.05
1987-8	T Birnie	Canterbury	29:29.15
1988-9	D Rush	Otago	28:40.66
1989-90	K Rodger	Auckland	28:45.74
1990-1	D Rush	Otago	29:24.24
1991-2	PC Renner	Canterbury	29:13.65
1992-3	P Smith	Canterbury	28:43.63
1993-4	J Spillane	Canterbury	30:02.20
1994-5	P Smith	Canterbury	28:48.13
1995-6	A Carman	Otago	29:21.72
1996-7	R Johnston	North Harbour Bays	29:11.4
1997-8	R Johnston	North Harbour Bays	28:58.53
1998-9	R Potts	Hastings	29:29.64

1999-2000	R Potts	Hastings	29:19.12
2000-1	J Henwood	Counties Manukau	27:57.5
2001-2	B Sisay	Australia	27:49.09
	J Henwood	Wellington Scottish	27:59.86
2002-3	L Troop	Australia	27:51.27
	J Wyatt	Valleys United	27:56.80
2003-4	M Aish	Wellington Scottish	28:55.03
2004-5	R Dessaix-Chin	Australia	29:40.23
	J Wyatt	Wellington	29:44.01
2005-6	B Cartwright	Australia	28:37.03
	D Warrander	Auckland	29:16.52
2006-7	S Winton	Auckland	29:38.90
2007-8	P Costley	Canterbury	29:56.51
2008-9	R Hooper	University of Canterbury	30:31.08
2009-10	R Buck	Wellington Scottish	30:01.90
2010-11	S Lett	Takapuna	30:25.76
2011-12	S Lett	Takapuna	30:36.35
2012-13	C Shields	Otago	31:32.85
2013-14	A Pulford	Whangamata	29:47.09

3000m Steeplechase

1887-1958	Event Not Held		
1958-9	L Fitzgerald	Waikato	9:51.4
1959-60	KE Williams	Wellington	9:24.2
1960-1	A Shaw	Waikato	9:06.0
1961-2	E O'Keefe	West Coast North Island	9:15.2
1962-3	N Wyatt	Waikato	9:07.0
1963-4	RP Welsh	Otago	8:59.4
1964-5	P Kearney	Waikato	9:19.0
1965-6	RP Welsh	Otago	8:48.8
1966-7	R Batten	Auckland	8:55.8
1967-8	RP Welsh	Otago	8:58.5
1968-9	N Wyatt	Waikato	8:53.2
1969--70	N Wyatt	Waikato	8:50.0
1970-1	N Healey	Auckland	8:56.6
1971-2	N Healey	Auckland	8:51.2
1972-3	R Batten	Auckland	8:59.2
1973-4	H Healey	Auckland	8:43.6
1974-5	N Healey	Auckland	8:48.6
1975-6	E Robertson	Otago	8:37.2
1976-7	SC Hollings	Auckland	8:44.6
1977-8	E Robertson	Otago	8:36.9
1978-9	M Couldwell	Canterbury	8:51.8
1979-80	E Robertson	Waikato	8:39.2
1980-1	N Lowsley	Canterbury	8:51.34
1981-2	PC Renner	Canterbury	8:28.80
1982-3	PC Renner	Canterbury	8:37.61
1983-4	PC Renner	Canterbury	8:33.49
1984-5	PC Renner	Canterbury	8:42.0
1985-6	G Cameron	Otago	8:41.47
1986-7	PC Renner	Canterbury	8:42.47
1987-8	G Cameron	Waikato	8:57.25
1988-9	PC Renner	Canterbury	8:40.44
1989-90	PC Renner	Canterbury	8:37.32

1990-1	S Wade	Wellington	9:00.5
1991-2	J Letica	Auckland	8:39.51
1992-3	K Dransfield	Auckland	8:50.83
1993-4	P Costley	Hawkes Bay Gisborne	8:39.96
1994-5	M Pulman	Auckland	8:58.9
1995-6	P Costley	Hawkes Bay Gisborne	8:46.68
1996-7	R Bennett	Canterbury	8:55.55
1997-8	M Holder	Hastings	8:53.84
1998-9	P Costley	Hastings	8:48.1
1999-2000	P Costley	Hastings	8:57.65
2000-1	P Costley	Canterbury	8:55.84
2001-2	M Holder	Hastings	9:02.33
2002-3	K Hogarth	Team Central	9:02.69
2003-4	D Naylor	Great Britain	9:00.82
	K Hogarth	Team Central	9:02.68
2004-5	G Schmid-Lechner	Australia	8:46.48
	K Hogarth	Manawatu Wanganui	8:59.28
2005-6	S Salad	Waikato Bay of Plenty	8:59.09
2006-7	N Smith	Hawkes Bay Gisborne	9:21.64
2007-8	K Hogarth	Canterbury	9:07.68
2008-9	K Hogarth	Tasman	8:55.70
2009-10	N Smith	Hawkes Bay Gisborne	9:05.42
2010-11	B Tingay	Canterbury	9:21.10
2011-12	B Tingay	Canterbury	9:18.67
2012-13	D Balchin	Canterbury	9:37.17
2013-14	D Balchin	Canterbury	9:26.28

120yds Hurdles / 110m Hurdles

120yds

1887-8	GB Shaw	Canterbury	18.0
1888-9	HW Batger	Wellington	17.0
1889-90	HW Batger	Wellington	16.2
1890-1	HW Batger	Wellington	16.4
1891-2	WJ Moir	Canterbury	16.6
1892-3	WJ Moir	Canterbury	16.8
1893-4	HW Batger	Wellington	16.8
1894-5	WH Martin	Auckland	16.6
1895-6	WH Martin	Auckland	16.6
1896-7	AH Holder	Wanganui	16.0
1897-8	AH Holder	Wanganui	16.0
1898-9	GW Smith	Auckland	17.2
1899-1900	GW Smith	Auckland	16.8
1900-1	MM Roseingrave	New South Wales	16.4
1901-2	GW Smith	Auckland	16.0
1902-3	FS Harley	Canterbury	16.8
1903-4	GW Smith	Auckland	16.4
1904-5	T Craig	Wellington	16.8
1905-6	GP Keddell	Otago	17.0
1906-7	HT Cook	Wellington	16.4
1907-8	HT Cook	Wellington	16.2
1908-9	GP Keddell	Otago	16.6
1909-10	A Evenson	Wellington	17.0
1910-1	GP Keddell	Southland	15.3
1911-2	GP Keddell	Southland	17.2
1912-3	GP Keddell	Southland	16.4

1913-4	PE Doyle	Wellington	17.4
1914-5	A Halligan	Wellington	16.8
1915-9	No Competition		
1919-20	HE Wilson	Wellington	15.2
1920-1	HE Wilson	Wellington	15.6
1921-2	WHB Buckhurst	Canterbury	16.4
1922-3	CG Krogness	USA	15.4
	HE Wilson	Wellington	
1923-4	RW Lander	Wellington	16.0
1924-5	RW Lander	Otago	15.8
1925-6	RW Lander	Otago	15.8
1926-7	RW Lander	Otago	15.2
1927-8	RW Lander	Wellington	15.6
1928-9	RW Lander	Wellington	15.8
1929-30	FS Ramson	Wellington	16.0
1930-1	AJ Darby	Wanganui Taranaki	17.4
1931-2	JW Shirley	Auckland	16.0
1932-3	G McGregor	Canterbury	16.2
1933-4	PF Sharpley	Hawkes Bay Poverty Bay	16.2
1934-5	PT Bowie	Wellington	15.8
1935-6	PF Sharpley	Hawkes Bay Poverty Bay	15.2
1936-7	PT Bowie	Auckland	15.6
1937-8	PT Bowie	Auckland	15.8
1938-9	PF Sharpley	Hawkes Bay Poverty Bay	15.0
1939-40	PF Sharpley	Hawkes Bay Poverty Bay	15.8
1940-4	No Competition		
1944-5	G Hunter	Wellington	16.6
1945-6	ARP Eustace	Auckland	16.2
1946-7	ARP Eustace	Auckland	15.4
1947-8	ARP Eustace	Auckland	15.8
1948-9	LR Smith	Wellington	15.3
1949-50	JM Holland	Hawkes Bay Poverty Bay	14.6
1950-1	JM Holland	Hawkes Bay Poverty Bay	14.9
1951-2	JM Holland	Waikato	14.8
1952-3	EA Taylor	Waikato	15.5
1953-4	EA Taylor	Waikato	15.5
1954-5	JM Holland	Waikato	14.8
1955-6	DM Taylor	Waikato	15.4
1956-7	W Belcher	Waikato	14.7
1957-8	JP Dallow	Auckland	14.7
1958-9	J Bulcraig	Auckland	15.2
1959-60	JP Dallow	Auckland	14.9
1960-1	JP Dallow	Auckland	14.6
1961-2	JP Dallow	Auckland	15.0
1962-3	H Twigley	Hawkes Bay Poverty Bay	15.4
1963-4	LR Aikman	Waikato	14.5
1964-5	RA Williams	Auckland	15.0
1965-6	M Walls	Canterbury	14.9
1966-7	R Pownall	Auckland	15.2
1967-8	R Pownall	Auckland	14.3
1968-9	R Pownall	Auckland	15.2
110m			
1969-70	R Pownall	Auckland	14.9
1970-1	R Pownall	Auckland	14.9
1971-2	R Pownall	Auckland	15.0
1972-3	R Pownall	Auckland	14.9

1973-4	R Pownall	Auckland	14.5
1974-5	R Pownall	Auckland	14.6
1975-6	R Pownall	Auckland	15.14
1976-7	R Pownall	Auckland	14.40
1977-8	R Pownall	Auckland	14.53
1978-9	MA Miron	Canterbury	14.9
1979-80	PD Mills	Auckland	15.37
1980-1	BT Soper	Wellington	14.52
1981-2	BT Soper	Wellington	14.61
1982-3	W Fong	Auckland	15.08
1983-4	BT Soper	Wellington	14.80
1984-5	SR Poelman	Auckland	14.6
1985-6	SR Poelman	Auckland	14.42
1986-7	SR Poelman	Auckland	14.32
1987-8	SR Poelman	Auckland	14.16
1988-9	G McNeil	Otago	14.19
1989-90	G McNeil	Otago	14.13
1990-1	G McNeil	Otago	14.45
1991-2	SR Poelman	Auckland	14.37
1992-3	K Shierling	Auckland	15.05
1993-4	SR Poelman	Auckland	14.60
1994-5	N Bolton	Canterbury	15.22
1995-6	SR Poelman	Auckland	14.72
1996-7	L Whaley	Hamilton	14.42
1997-8	J Lichtenhagen	Germany	14.08
	L Whaley	Hamilton	14.47
1998-9	L Whaley	Hamilton	14.34
1999-2000	Z Feng	China	14.43
	T Pownall	Counties Manukau	14.47
2000-1	T Pownall	Counties Manukau	14.30
2001-2	L Whaley	Hamilton	14.69
2002-3	J Mortimer	North Harbour Bays	14.70
2003-4	J Mortimer	North Harbour Bays	14.28
2004-5	J Mortimer	North Harbour Bays	14.05
2005-6	J Mortimer	Athletics North	14.04
2006-7	J Mortimer	Auckland	14.07
2007-8	J Mortimer	Auckland	14.30
2008-9	J Mortimer	Auckland	14.07
2009-10	B Newdick	Auckland	14.73
2010-11	B Newdick	Auckland	14.71
2011-12	B Newdick	Auckland	14.58
2012-13	M Cochrane	Waikato Bay of Plenty	14.27
2013-14	M Cochrane	Waikato Bay of Plenty	14.04

440yds Hurdles / 400m Hurdles

440yds (3'6")

1887-90	Event Not Held		
1890-1	HW Batger	Wellington	61.4
1891-2	HW Batger	Wellington	61.8
1892-3	D Matson	Canterbury	61.8
1893-4	HW Batger	Wellington	65.6
1894-5	FH Harley	Wellington	NT
1895-6	T Roberts	Auckland	61.0

1896-7	AH Holder	Wanganui	58.8
1897-8	GW Smith	Auckland	62.0
1898-9	GW Smith	Auckland	65.0
1899-1900	GW Smith	Auckland	63.8
1900-1	ET Harper	Canterbury	62.6
1901-2	GW Smith	Auckland	61.2
1902-3	WJ O'Kane	Otago	62.0
1903-4	GW Smith	Auckland	63.4
1904-5	T Craig	Wellington	61.0
1905-6	H StA Murray	Canterbury	61.4
1906-7	H StA Murray	Canterbury	61.0
1907-8	H StA Murray	Canterbury	59.8
1908-9	H StA Murray	Canterbury	62.8
1909-10	H StA Murray	Canterbury	64.8
1910-1	GP Keddell	Southland	60.6
1911-2	FE Cook	Canterbury	63.2
1912-3	PE Doyle	Wellington	65.2
1913-4	FE Cook	Wellington	65.4
1914-5	HE Wilson	Wellington	62.8
1915-9	No Competition		

440yds (3'0")

1919-20	HE Wilson	Wellington	62.4
1920-1	HE Wilson	Wellington	62.0
1921-2	F Nesdale	Wellington	60.4
1922-3	HE Wilson	Wellington	61.4
1923-4	CE Low	Canterbury	61.2
1924-5	F Nesdale	Auckland	59.0
1925-6	HD Morgan	Otago	58.6
1926-7	AC Garlick	Auckland	58.0
1927-8	FS Ramson	Wellington	56.8
1928-9	FS Ramson	Wellington	58.6
1929-30	FS Ramson	Wellington	57.6
1930-1	TR Buxton	Otago	64.2
1931-2	H Leach	Wellington	57.8
1932-3	AT Anderson	Canterbury	56.4
1933-4	WAC Pullar	Otago	56.4
1934-5	FA Finlayson	Auckland	55.4
1935-6	JD Nelligan	Canterbury	57.0
1936-7	AT Anderson	Canterbury	55.0
1937-8	AT Anderson	Canterbury	55.8
1938-9	AT Anderson	Canterbury	55.6
1939-40	HD Ramsay	Otago	58.0
1940-4	No Competition		
1944-5	K Greville	Auckland	59.2
1945-6	AC Hill	Auckland	59.2
1946-7	JM Holland	Auckland	55.6
1947-8	JM Holland	Auckland	53.6
1948-9	D Steward	Auckland	54.3
1949-50	JM Holland	Hawkes Bay Poverty Bay	52.6
1950-1	JM Holland	Hawkes Bay Poverty Bay	52.8
1951-2	JM Holland	Waikato	53.1
1952-3	E Carrucan	Auckland	56.7
1953-4	DM Taylor	Waikato	55.8
1954-5	D Steward	Auckland	54.8
1955-6	D Fleming	Waikato	55.1
1956-7	JG Hawkes	Wellington	53.9

1957-8	JP Dallow	Auckland	53.9
1958-9	P Cates	Canterbury	53.9
1959-60	JP Dallow	Auckland	53.6
1960-1	P Cates	Canterbury	54.0
1961-2	JP Dallow	Auckland	53.6
1962-3	RV Johnson	Otago	54.9
1963-4	RV Johnson	Otago	53.5
1964-5	H Wright	Waikato	56.8
1965-6	H Wright	Waikato	54.0
1966-7	M Randall	Southland	55.3
1967-8	GP Keddell	Otago	56.6
1968-9	H Wright	Waikato	54.6

400m

1969-70	J Walter	Auckland	55.0
1970-1	R Prevett	Waikato	54.2
1971-2	R McIntosh	Canterbury	53.4
1972-3	J Walter	Auckland	52.6
1973-4	RV Johnson	Otago	51.4
1974-5	R McIntosh	Canterbury	53.54
1975-6	D Long	Canterbury	52.68
1976-7	C Strange	Waikato	53.20
1977-8	=G Weaver	Auckland	52.53
	=D Long	Canterbury	52.53
1978-9	C Strange	Waikato	52.57
1979-80	P Wilson	Waikato	52.73
1980-1	M Cumberpatch	Auckland	51.63
1981-2	M Cumberpatch	Auckland	52.48
1982-3	WA Paul	Canterbury	51.29
1983-4	WA Paul	Canterbury	51.55
1984-5	WA Paul	Canterbury	52.02
1985-6	WA Paul	Canterbury	51.54
1986-7	WA Paul	Canterbury	52.71
1987-8	WA Paul	Auckland	52.15
1988-9	K Philpott	Auckland	52.48
1989-90	WA Paul	Auckland	52.13
1990-1	J Schmidt	Auckland	53.85
1991-2	J Schmidt	Auckland	52.21
1992-3	J Schmidt	Auckland	51.77
1993-4	J Schmidt	Auckland	51.85
1994-5	J Schmidt	Auckland	50.5
1995-6	C Stuart	Waikato	51.51
1996-7	Z Armstrong	Auckland	51.24
1997-8	Z Armstrong	North Harbour Bays	50.91
1998-9	C Stuart	Counties Manukau	50.43
1999-2000	Z Armstrong	North Harbour Bays	49.95
2000-1	N O'Brien	North Harbour Bays	51.04
2001-2	M Stratton	Counties Manukau	54.95
2002-3	M Stratton	Counties Manukau	53.65
2003-4	K McCarthy	Australia	53.29
	A Taylor	Valleys United	57.02
2004-5	N O'Brien	Athletics North	54.80
2005-6	N O'Brien	Athletics North	50.75
2006-7	K Cocks	Auckland	56.56
2007-8	N Kalivati	Wellington	52.78
2008-9	N Kalivati	Wellington	52.92
2009-10	D O'Shea	Otago	53.43

2010-11	J Mortimer	Auckland	50.83
2011-12	J Mortimer	Auckland	50.83
2012-13	D O'Shea	Otago	50.64
2013-14	C French	Waikato BoP	50.16

4x110yds Relay / 4x100m Relay

4x110yds

1887-1955	Event Not Held	
1955-6	Otago	43.3
1956-7	Auckland	42.0
1957-8	Auckland	41.8
1958-9	Auckland	42.1
1959-60	Auckland	42.6
1960-1	Auckland	42.4
1961-2	Canterbury	42.8
1962-3	Canterbury	42.5
1963-4	Canterbury	42.3
1964-5	Canterbury	43.3
1965-6	Canterbury	42.6
1966-7	Canterbury	42.4
1967-8	Canterbury	42.0
1968-9	Auckland	42.3

4x100m

1969-70	Wellington	41.3
1970-1	Hawke's Bay-Poverty Bay	42.2
1971-2	Wellington	41.5
1972-3	Auckland	41.2
1973-4	Auckland	40.9
1974-5	Wellington	41.3
1975-6	Canterbury	41.53
1976-7	Auckland	41.33
1977-8	Auckland	41.86
1978-9	Auckland	41.59
1979-80	Waikato	42.05
1980-1	Auckland	41.53
1981-2	Auckland A	40.75
1982-3	Waikato	41.67
1983-4	Auckland A	41.15
1984-5	Canterbury A	42.10
1985-6	Auckland A	41.28
1986-7	Waikato 1	40.81
1987-8	Waikato	41.50
1988-9	Waikato	40.92
1989-90	Auckland A	40.95
1990-1	Auckland A	41.57
1991-2	Auckland A	40.50
1992-3	Auckland A	40.94
1993-4	Canterbury A	40.77
1994-5	Canterbury A	40.81
1995-6	Auckland A	41.43
1996-7	Hamilton	41.39
1997-8	Wellington Harrier Club	40.55
1998-9	Wellington Harrier Club	40.17

1999-2000	Otago	40.67
2000-1	Bay Cougars	41.29
2001-2	Bay Cougars	41.36
2002-3	Otago	41.39
2003-4	Otago	42.82
2004-5	Otago	40.47
2005-6	Athletics North	40.89
2006-7	Auckland	40.45
2007-8	Otago	41.14
2008-9	Auckland	40.09
2009-10	Auckland	40.70
2010-11	Auckland	40.88
2011-12	Auckland	42.09
2012-13	Waikato Bay of Plenty	41.08
2013-14	Auckland	42.28

4x440yds Relay / 4x400m Relay

4x440yds

1887-1955	Event Not Held	
1955-6	Otago	3:21.8
1956-7	Waikato	3:22.2
1957-8	Waikato	3:17.6
1958-9	Canterbury	3:18.7
1959-60	Auckland	3:16.7
1960-1	Canterbury	3:18.4
1961-2	Auckland	3:19.2
1962-3	Auckland	3:20.0
1963-4	Auckland	3:24.4
1964-5	Auckland	3:31.0
1965-6	Canterbury	3:15.5
1967-8	Canterbury	3:20.9
1968-9	Auckland	3:20.3

4x400m

1969-70	Wellington	3:15.0
1970-1	Wellington	3:19.6
1971-2	Wellington	3:14.1
1972-3	Wellington	3:13.0
1973-4	Canterbury	3:12.1
1974-5	Wellington	3:15.6
1975-6	Canterbury	3:14.4
1976-7	Wellington	3:16.2
1977-8	Wellington	3:14.0
1978-9	Waikato	3:15.2
1979-80	Auckland	3:15.6
1980-1	Auckland A	3:15.88
1981-2	Auckland A	3:14.72
1982-3	Auckland A	3:12.88
1983-4	Canterbury A	3:11.73
1984-5	Canterbury A	3:11.88
1985-6	Auckland	3:13.40
1986-7	Waikato	3:16.43
1987-8	Auckland	3:14.84
1988-9	Wellington	3:08.68
1989-90	Wellington A	3:12.74

1990-1	Auckland A	3:19.47
1991-2	Auckland A	3:12.66
1992-3	Canterbury A	3:10.48
1993-4	Canterbury A	3:09.99
1994-5	Canterbury A	3:14.52
1995-6	Auckland A	3:10.59
1996-7	Canterbury	3:15.66
1997-8	Bay Cougars	3:12.56
1998-9	Bay Cougars	3:08.52
1999-2000	Bay Cougars	3:14:18
2000-1	Otago	3:19.26
2001-2	Counties Manukau	3:17.35
2002-3	Otago	3:12.51
2003-4	Bay Cougars	3:18.10
2004-5	Otago	3:08.39
2005-6	Wellington	3:14.40
2006-7	Auckland	3:15.15
2007-8	Otago	3:11.36
2008-9	Otago	3:13.37
2009-10	Auckland	3:16.88
2010-11	Auckland	3:17.35
2011-12	Auckland	3:18.82
2012-13	Otago	3:15.43
2013-14	Auckland	3:18.67

2 mile / 3 mile / 3000m / 5000m Track Walk

3 Mile

1887-9	Event Not Held		
1889-90	EJ McKelivey	Otago	24:18.6
1890-1	AF Burton	Auckland	23:37.4
1891-2	HS Cocks	Canterbury	23:16.4
1892-3	G Galloway	Otago	24:36.0
1893-4	FH Creamer	Auckland	23:34.8
1894-5	FH Creamer	Auckland	23:43.0
1895-6	FH Creamer	Auckland	23:59.6
1896-7	FH Creamer	Auckland	23:18.0
1897-8	D Wilson	Auckland	23:04.8
1898-9	D Wilson	Auckland	23:07.0
1899-1900	H Goodwin	Wellington	23:17.5
1900-1	LAG Rich	Canterbury	23:40.2
1901-2	D Wilson	Auckland	22:46.0
1902-3	LAG Rich	Canterbury	24:30.0
1903-4	F Ross	Wellington	23:20.8
1904-5	F Ross	Wellington	23:17.2
1905-6	PH Stubberfield	Canterbury	22:49.4
1906-7	AEM Rowland	Canterbury	22:51.0
1907-8	PH Stubberfield	Canterbury	23:07.8
1908-9	P Fitzgerald	Wellington	22:58.0
1909-10	D Wilson	Auckland	20:58.8
1910-1	HE Kerr	Wellington	21:46.2
1911-2	D Cashman	Wellington	22:18.0
1912-3	D Cashman	Wellington	22:12.0
1913-4	G Turner	Wellington	23:01.0
1914-5	AB Sievwright	Wellington	24:29.4
1915-9	No Competition		

1919-20	AB Sievwright	Wellington	24:21.0
1920-1	D Wilson	Auckland	22:23.4
1921-2	J McKenzie	Wellington	23:13.8
1922-3	FC Hickling	Wellington	25:01.6
1923-4	SG McIntosh	Wellington	24:04.8
1924-5	HE Kerr	Wanganui	22:15.4
1925-6	GS Cabot	Otago	21:59.8
1926-7	'No Race' Declared		
1927-8	W Lanky	Wellington	22:58.0
1928-9	W Tonkin	Wellington	22:54.6
1929-30	D Wills	Wanganui Taranaki	25:59.8
1930-1	GS Cabot	Otago	23:26.2
1931-2	Event Not Held		
1932-3	Event Not Held		
1933-4	Event Not Held		
1934-5	I Driscoll	Hawkes Bay Poverty Bay	22:43.0
1935-6	I Driscoll	Hawkes Bay Poverty Bay	22:27.6
1936-7	I Driscoll	Hawkes Bay Poverty Bay	22:26.4
1937-8	RJ Watson	Otago	23:17.8
1938-9	RJ Watson	Otago	22:45.0
1939-40	N McCarthy	Wellington	22:53.8
1940-4	No Competition		
1944-5	FB Silver	Wellington	23:18.4
1945-6	JR Hyslop	Otago	21:34.4
1946-7	R Lamberton	West Coast North Island	21:18.8
1947-8	R Lamberton	West Coast North Island	22:50.8
1948-9	D Hingston	Wellington	23:31.1
1949-50	JR Hyslop	Otago	22:57.8
1950-1	JR Hyslop	Otago	23:03.4
1951-2	JR Hyslop	Otago	22:08.0
1952-3	JR Hyslop	Canterbury	21:43.0
1953-4	D McNab	Auckland	22:16.8

2 mile

1954-5	D Thomson	Wellington	14:28.4
1954-74	Event Not Held		

5000m

1974-5	K Taylor	Auckland	23:01.8
1975-6	K Taylor	Auckland	22:33.6
1976-7	R Pilkington	Auckland	23:53.6
1977-8	G Seatter	Canterbury	21:58.8
1978-9	G Seatter	Canterbury	22:20
1979-80	G Seatter	Canterbury	21:37.0
1980-1	M Parker	Auckland	21:10.92
1981-2	S Donnelly	Auckland	23:01.58
1982-3	R Pilkington	Auckland	22:55.4
1983-4	S Donnelly	Auckland	21:40.98
1984-5	S Donnelly	Auckland	21:17.8
1985-6	M Day	Canterbury	20:50.67
1986-7	D Beaven	Waikato	21:29.37
1987-8	D Beaven	Waikato	21:32.75
1988-9	S Sullivan	Auckland	21:25.08
1989-90	D Beaven	Waikato	20:44.60
1990-1	D Beaven	Otago	21:26.49
1991-2	G Little	Athletics North	21:10.35
1992-3	S Nelson	Auckland	20:22.90

1993-4	S Nelson	Auckland	20:39.06
1994-5	S Nelson	Auckland	19:50.54
1995-6	S Nelson	Auckland	20:31.84
1996-7	S Nelson	North Harbour Bays	19:21.26
1997-8	C Barrett	Hamilton	19:54.36
1998-9	C Barrett	Hamilton	20:21.95

3000m

1999-2000	C Barrett	Hamilton	11:47.09
2000-1	C Barrett	Hamilton	12:08.04
2001-2	C Barrett	Hamilton	11:49.85
2002-3	C Barrett	Waikato Bay of Plenty	12:05.51
2003-4	C Barrett	Waikato Bay of Plenty	11:58.07
2004-5	C Barrett	Waikato Bay of Plenty	11:49.17
2005-6	C Barrett	Waikato Bay of Plenty	12:17.70
2006-7	G Burrell	Taranaki	12:36.15
2007-8	T Sargisson	Auckland	12:24.20
2008-9	N Shaw	Canterbury	14:07.69
2009-10	Q Rew	Hawkes Bay Gisborne	12:31.64
2010-11	Q Rew	Hawkes Bay Gisborne	11:51.59
2011-12	S Nelson	Tauranga	13:04.52
2012-13	M Parker	Auckland	13:28.64
2013-14	M Holcroft	Waikato BoP	12:54.37

20km Road Walk

1887-1955	Event Not Held		
1955-6	N Read	Wellington	1:42:27.6
1956-7	N Read	Wellington	1:35:54.6
1957-8	P Westfield	West Coast North Island	1:52:05.5
1958-9	KJ Keogh	Australia	1:34:44.0
	NR Read	West Coast North Island	1:35:58.6
1959-60	NR Read	West Coast North Island	1:38:14.2
1960-1	NR Read	West Coast North Island	1:44:27.9
1961-2	P Westfield	Wellington	No time recorded
1962-3	A Lloyd	West Coast North Island	1:49:03.2
1963-4	A Lloyd	West Coast North Island	1:52:00.0
1964-5	NR Read	West Coast North Island	1:42:04.9
1965-6	T Mayhew	Southland	1:39:17.8
1966-7	T Mayhew	Southland	1:35:07.8
1967-8	L Stevenson	Southland	1:39:32.8
1968-9	O Warner	West Coast North Island	1:37:56.8
1969-70	O Warner	West Coast North Island	1:44:09.0
1970-1	O Warner	West Coast North Island	1:36:08.8
1971-2	O Warner	West Coast North Island	1:37:02.6
1972-3	K Taylor	Auckland	1:37:08.2
1973-4	Event Not Held		
1974-5	K Taylor	Auckland	1:37:46.6
1975-6	K Taylor	Auckland	1:38:00.2
1976-7	R Pilkington	Auckland	1:42:48.0
1977-8	M Parker	Otago	1:35:47.8
1978-9	R Pilkington	Auckland	1:39:12.9
1979-80	G Seatter	Canterbury	1:33:00.4
1980-1	S Donnelly	Auckland	1:37:34.60
1981-2	K Taylor	Auckland	2:29:32 – 30km
1982-3	K Taylor	Auckland	1:34:24

1983-4	K Taylor	Auckland	1:36:05.78 - track
1984-5	G Seatter	Canterbury	1:34:17
1985-6	M Day	Canterbury	2:20.21 – 30km
1986-7	S Donnelly	Auckland	1:35:22
1987-8	D Beaven	Waikato	1:35:44
1988-9	S Sullivan	Auckland	1:32:45
1989-90	D Beaven	Waikato	1:30:59
1990-1	D Beaven	Otago	1:32:10
1991-2	G Little	Athletics North	1:26:32
1992-3	S Nelson	Auckland	1:25.26
1993-4	S Nelson	Auckland	1:25.19
1994-5	S Nelson	Auckland	1:23:04
1995-6	S Nelson	Auckland	1:30:49
1996-7	S Nelson	North Harbour Bays	1:23:49
1997-8	C Barrett	Hamilton	1:24:45
1998-9	C Barrett	Hamilton	1:25:01
1999-2000	C Barrett	Hamilton	1:25:52
2000-1	C Barrett	Hamilton	1:31:17
2001-2	C Barrett	Hamilton	1:26:26
2002-3	C Barrett	Waikato Bay of Plenty	1:27:07
2003-4	C Barrett	Waikato Bay of Plenty	1:27:43
2004-5	T Sargisson	Athletics North	1:33.33
2005-6	C Barrett	Waikato Bay of Plenty	1:30.50
2006-7	T Sargisson	Auckland	1:32.03
2007-8	T Sargisson	Auckland	1:31:40
2008-9	Q Rew	Hawkes Bay Gisborne	1:40:10
2009-10	Q Rew	Hawkes Bay Gisborne	1:32:20
2010-11	Q Rew	Hawkes Bay Gisborne	1:27:47
2011-12	S Nelson	Tauranga	1:39:47
2012-13	G Jones	Hawkes Bay Gisborne	1:44:35
2013-14	M Holcroft	Waikato BoP	1:42:04

Long Jump

1887-8	TD Harman	Canterbury	20' 0"
1888-9	LA Cuff	Canterbury	20' 0"
1889-90	TD Harman	Canterbury	20' 6 ½"
1890-1	TF Uphill	Auckland	20' 9"
1891-2	TF Uphill	Auckland	20' 0 ½"
1892-3	R Gore	Wellington	21' 0 ½"
1893-4	W Mendelson	South Canterbury	21' 1"
1894-5	JL Ryan	Hawkes Bay	20' 4"
1895-6	LA Cuff	Canterbury	20' 7 ½"
1896-7	LA Cuff	Auckland	19' 0 ½"
1897-8	A Good	Wanganui	19' 9 ½"
1898-9	R Brownlee	Otago	20' 7 ¼"
1899-1900	RPH Buck	Otago	20' 0 ½"
1900-1	MM Roseingrave	New South Wales	20' 6"
1901-2	CS Harper	Canterbury	19' 8"
1902-3	PH Buck	Otago	21' 3 ½"
1903-4	ME Wood	Canterbury	19' 7 ½"
1904-5	MM Roseingrave	Canterbury	19' 2"
1905-6	GP Keddell	Otago	23' 3"
1906-7	L McKay	Wellington	20' 6 ¾"
1907-8	L McKay	Wellington	19' 3"

1908-9	GP Keddell	Otago	21' 4"
1909-10	FC Hubbard	Wellington	20' 4"
1910-1	GP Keddell	Southland	21' 3 ¼"
1911-2	GP Keddell	Southland	21' 9 ¼"
1912-3	GP Keddell	Southland	21' 9 ½"
1913-4	A McLeod	Canterbury	19" 8 ½"
1914-5	FC Hubbard	Wellington	20' 5"
1915-9	No Competition		
1919-20	EG Sutherland	Wellington	21' 7 ½"
1920-1	WJ Perry	Auckland	22' 8 ½"
1921-2	EG Sutherland	Wellington	20' 7 ½"
1922-3	WHB Buckhurst	Canterbury	21' 8"
1923-4	CE Low	Canterbury	21' 7"
1924-5	WS Wilton	Wellington	21' 4 ½"
1925-6	JW Shirley	Auckland	21' 4"
1926-7	EG Sutherland	Wellington	21' 8"
1927-8	EG Sutherland	Wellington	21' 8 ½"
1928-9	RH Neville	Canterbury	20' 4 ½"
1929-30	DWA Barker	Wellington	21' 7"
1930-1	GW Sullivan	Wanganui Taranaki	20' 6 ½"
1931-2	AA Cameron	Otago	22' 11 ½"
1932-3	AA Cameron	Otago	22' 11"
1933-4	AA Cameron	Otago	22' 2"
1934-5	TJ Crowe	Wellington	22' 5 ¾"
1935-6	AA Cameron	Otago	22' 6 ¼"
1936-7	K Togami	Japan	23' 10"
	TJ Crowe	Wellington	22' 10"
1937-8	HW Wilkins	Canterbury	22' 3 ¼"
1938-9	HW Wilkins	Canterbury	22' 11"
1939-40	HW Wilkins	Canterbury	21' 7"
1940-4	No Competition		
1944-5	JM Carr	Canterbury	22' 1 ½"
1945-6	PV Goddard	Auckland	22' 0 ½"
1946-7	PV Goddard	Auckland	22' 2 ½"
1947-8	D Dephoff	Canterbury	22' 6 ¼"
1948-9	WBK Hough	Auckland	24' 4"
1949-50	WBK Hough	Auckland	22' 10 ¾"
1950-1	WBK Hough	Auckland	23' 1 ½"
1951-2	D Dephoff	Canterbury	23' 1"
1952-3	D Dephoff	Canterbury	22' 11"
1953-4	R Webb	Southland	21' 11 ¼"
1954-5	R Wilkinson	Auckland	22' 4"
1955-6	P Price	Canterbury	22' 0"
1956-7	A Bell	Waikato	23' 2 ¼"
1957-8	RA Williams	Auckland	22' 11 ¼"
1958-9	L Croxson	Auckland	25' 2"
1959-60	DS Norris	Auckland	23' 6 ¾"
1960-1	DS Norris	Individual	23' 5 ¾"
1961-2	L Croxson	Auckland	24' 5 ½"
1962-3	DS Norris	Auckland	23' 7"
1963-4	DS Norris	Auckland	24' 4 ¾"
1964-5	R Thomas	Northland	23' 11 ½"
1965-6	DS Norris	Auckland	22' 11 ¾"
1966-7	R Thomas	Northland	24' 9"
1967-8	DS Norris	Auckland	26' ¼"
1968-9	R Thomas	Northland	25' 5 ¾"
1969-70	DS Norris	Auckland	25' 3"

1970-1	DS Norris	Auckland	24'5"
1971-2	D Dewe	West Coast North Island	24' 9"
1972-3	KDT Hill	Auckland	7.36m
1973-4	KDT Hill	Individual	7.49m
1974-5	KDT Hill	Auckland	6.68m
1975-6	R Davis	Southland	7.53m
1976-7	R Davis	Southland	7.07m
1977-8	R Knaggs	Wellington	7.14m
1978-9	K Youngson	Wellington	7.26m
1979-80	SC Walsh	Otago	7.60m
1980-1	SC Walsh	Auckland	7.70m
1981-2	SC Walsh	Auckland	7.39m
1982-3	SC Walsh	Auckland	7.59m
1983-4	SC Walsh	Auckland	7.55m
1984-5	SC Walsh	Otago	7.71m
1985-6	SC Walsh	Auckland	7.56m
1986-7	SR Poelman	Auckland	7.56m
1987-8	SR Poelman	Auckland	7:51m
1988-9	W Hinchcliff	Auckland	7.66m
1989-90	W Hinchcliff	Auckland	7.69m
1990-1	J Moyle	Auckland	7.81m
1991-2	J Moyle	Auckland	7.45m
1992-3	N Park	Auckland	7.47m
1993-4	J Moyle	Auckland	7.59m
1994-5	A Langdon	Waikato	7.73m
1995-6	A Langdon	Auckland	7.79m
1996-7	A Langdon	Counties Manukau	7.61m
1997-8	A Langdon	Counties Manukau	7.70m
1998-9	J Moyle	Counties Manukau	7.77m
1999-2000	A Langdon	North Harbour Bays	7.69m
2000-1	A Langdon	Counties Manukau	7.55m
2001-2	F Coetzee	Auckland City	7.58m
2002-3	N Park	Port Hills	7.04m
2003-4	F Coetzee	Auckland City	7.41m
2004-5	B Newick	Auckland	7.17m
2005-6	F Coetzee	Auckland	7.30m
2006-7	B Newdick	Auckland	7.15m
2007-8	F Erin	France	7.80m
	J Thumath	Auckland	7.54m
2008-9	F Erin	France	7.50m
	B Newdick	Auckland	7.36m
2009-10	F Erin	France	7.31m
	B Newdick	Auckland	7.30m
2010-11	F Erin	France	7.63m
	R Roselli	Wellington	7.36m
2011-12	B Newdick	Auckland	7.17m
2012-13	M Wyatt	Auckland	7.53m
2013-14	M Wyatt	Auckland	7.65m

Hop, Step & Jump / Triple Jump

1887-1910	Event Not Held		
1910-1	L McKay	Wellington	45' 3"
1911-2	F Haslett	Southland	42' 6"
1912-3	L McKay	Wellington	42' 2"
1913-4	F Haslett	Southland	43' 0"

1914-5	EG Sutherland	Wellington	43' 6"
1915-9	No Competition		
1919-20	EG Sutherland	Wellington	43' 9"
1920-1	GA Plummer	Auckland	45' 3"
1921-2	GA Plummer	Auckland	44' 1"
1922-3	GA Plummer	Auckland	45' 8"
1923-4	WS Wilton	Wellington	45' 9 ½"
1924-5	WS Wilton	Wellington	44' 7"
1925-6	JW Shirley	Auckland	46' 1 ½"
1926-7	JW Shirley	Auckland	47' 4 ¾"
1927-8	JW Shirley	Auckland	45' 1 ½"
1928-9	B Ryebeck	Wellington	46' 9"
1929-30	G Sullivan	Wanganui Taranaki	47' 4"
1930-1	G Sullivan	Wanganui Taranaki	47' 5"
1931-2	AA Cameron	Otago	46' 9 ¾"
1932-3	AA Cameron	Otago	47' 6"
1933-4	HK Brainsby	Auckland	47' 2 ¼"
1934-5	HK Brainsby	Auckland	47' 7 ½"
1935-6	AA Cameron	Otago	48' 3 ½"
1936-7	K Togami	Japan	50' 0"
	HK Brainsby	Auckland	48' 8"
1937-8	AA Cameron	Otago	46' 1"
1938-9	HW Wilkins	Canterbury	45' 10 ½"
1939-40	A Calvert	Auckland	44' 1 ¼"
1940-4	No Competition		
1944-5	CJ Blewett	Canterbury	46' 0"
1945-6	KH Forsyth	Hawkes Bay Poverty Bay	45' 2"
1946-7	CJ Blewett	Auckland	46' 6 ½"
1947-8	KH Forsyth	Wellington	46' 10 ¾"
1948-9	WBK Hough	Auckland	45' 5"
1949-50	CM Kay	Auckland	46' 4 ¾"
1950-1	CM Kay	Auckland	46' 11 ½"
1951-2	PE Sharon	Wellington	46' 3 ¾"
1952-3	PE Sharon	Wellington	47' 9 ½"
1953-4	R Webb	Southland	45' 7"
1954-5	M Pearce	Waikato	46' 7 ¼"
1955-6	R Webb	Southland	46' 1"
1956-7	DS Norris	Auckland	48' 1 ½"
1957-8	DS Norris	Auckland	50' 8 ¾"
1958-9	DS Norris	Auckland	52' 0 ½"
1959-60	DS Norris	Auckland	51' 0"
1960-1	DS Norris	Auckland	50' 0 ½"
1961-2	DS Norris	Auckland	48' 5 ½"
1962-3	DS Norris	Auckland	47' 4"
1963-4	DS Norris	Auckland	52' 5 ½"
1964-5	DS Norris	Auckland	52' 3 ¾"
1965-6	DS Norris	Auckland	48' 9 ¾"
1966-7	DS Norris	Auckland	49' 11 ¼"
1967-8	DS Norris	Auckland	48' 8"
1968-9	DS Norris	Auckland	50' 10"
1969-70	DS Norris	Auckland	50' 7 ¾"
1970-1	DS Norris	Auckland	49' 2 ½"
1971-2	K Simpson	Canterbury	49' 4 ¼"
1972-3	K Simpson	Canterbury	15.03m
1973-4	DS Norris	Auckland	15.65m
1974-5	DS Norris A	Auckland	14.99m
1975-6	D Ivanov	Canterbury	15.43m

1976-7	DS Norris	Auckland	15.10m
1977-8	P Wood	Auckland	15.78m
1978-9	P Wood	Auckland	15.78m
1979-80	P Wood	Auckland	15.23m
1980-1	P Wood	Auckland	15.50m
1981-2	J Delamere	Waikato	14.64m
1982-3	T Walker	Auckland	15.48m
1983-4	K Todd	Auckland	14.88m
1984-5	P Beames	Australia	15.90m
	R Hutson	Wellington	
1985-6	EEW Peterson	Canterbury	15.14m
1986-7	M Makin	Great Britain	15.44m
	A Whitton	Wellington	14.85m
1987-8	A Whitton	Wellington	15:39m
1988-9	N Avery	Auckland	15.10m
1989-90	N Avery	Auckland	15.12m
1990-1	A Whitton	Wellington	15.21m
1991-2	K Schierling	Auckland	15.09m
1992-3	N Park	Auckland	15.49m
1993-4	J Lamsa	Australia	16.30m
	S Newman	Manawatu Wanganui	15.30m
1994-5	S Newman	Manawatu Wanganui	15.38m
1995-6	M Edmond	Canterbury	14.30m
1996-7	S Newman	Team McKecknie	15.24m
1997-8	N Park	Counties Manukau	14.94m
1998-9	K Ganley	North Harbour Bays	15.05m
1999-2000	S Clements	Wellington Harrier Club	15.00m
2000-1	S Clements	Wellington H&AC	14.51m
2001-2	S Clements	Wellington H&AC	14.67m
2002-3	T Hawkes	Valleys United	14.47m
2003-4	T Davie	Otago	15.62m
2004-5	T Hawkes	Wellington	15.05m
2005-6	S Clements	Wellington	14.65m
2006-7	C Nicholson	Auckland	14.35m
2007-8	N Park	Canterbury	14.29m
2008-9	B Newdick	Auckland	14.46m
2009-10	B Newdick	Auckland	14.17m
2010-11	T Swanson	Southland	14.67m
2011-12	T Swanson	Southland	14.76m
2012-13	P Wyatt	Auckland	15.06m
2013-14	P Wyatt	Auckland	15.45m

High Jump

1887-8	F Perry	South Canterbury	5' 0"
1888-9	T McNaught	Otago	5' 3"
1889-90	T McNaught	Otago	5' 3 ½"
1890-1	JE Hume	Wellington,	
	ET Lauria	Auckland =	5' 3"
1891-2	F Meyrick	Canterbury	5' 3"
1892-3	R Gore	Wellington,	
	F Meyrick	Canterbury =	5' 5"
1893-4	HS Bailey	Wellington	5' 3 ½"
1894-5	HS Bailey	Wanganui	5' 7 ¾"
1895-6	PJ Brown	Canterbury	5' 6 ½"
1896-7	CC Laurie	Auckland	5' 6"

1897-8	HM Good	Wanganui	5' 5 ⁷ / ₈ "
1898-9	R Brownlee	Otago	5' 9 ¹ / ₈ "
1899-1900	CC Laurie	Auckland	5' 8 ¹ / ₂ "
1900-1	MM Roseingrave	New South Wales,	
	CS Harper	Canterbury,	
	HA Prebble	Canterbury =	5' 6 ³ / ₄ "
1901-2	CS Harper	Canterbury,	
	CC Laurie	Auckland =	5' 8"
1902-3	RH Grahame	Otago	5' 7"
1903-4	CS Harper	Canterbury	5' 5 ¹ / ₂ "
1904-5	MM Roseingrave	Canterbury	5' 5 ¹ / ₄ "
1905-6	CC Laurie	Auckland	5' 6"
1906-7	CL Orbell	Canterbury	5' 8 ³ / ₄ "
1907-8	CL Orbell	Canterbury	5' 7"
1908-9	CL Orbell	Canterbury	5' 7"
1909-10	CL Orbell	Canterbury	5' 4"
1910-1	RF Mitchell	Otago	5' 6 ¹ / ₄ "
1911-2	RF Mitchell	Otago	5' 1"
1912-3	PE Doyle	Wellington	5' 5"
1913-4	PE Doyle	Wellington	5' 5 ¹ / ₂ "
1914-5	PE Doyle	Wellington	5' 7 ⁵ / ₈ "
1915-9	No Competition		
1919-20	EG Sutherland	Wellington	5' 7"
1920-1	EG Sutherland	Wellington	5' 8"
1921-2	JW Shirley	Auckland	5' 8"
1922-3	JW Shirley	Auckland	5' 7"
1923-4	JW Shirley	Auckland	5' 7"
1924-5	R Stevens	Canterbury	5' 9"
1925-6	JW Shirley	Auckland	5' 11 ³ / ₈ "
1926-7	JW Shirley	Auckland	5' 9 ³ / ₄ "
1927-8	GJ Sceats	Wellington	6' 0"
1928-9	RH Neville	Canterbury	5' 8"
1929-30	F Brady	Wellington	5' 10"
1930-1	F Brady	Wellington	5' 5 ³ / ₄ "
1931-2	TJ Crowe	Wellington	5' 10"
1932-3	TJ Crowe	Wellington	5' 10"
1933-4	PJ Hackett	Auckland	5' 10"
1934-5	TJ Crowe	Wellington	5' 11"
1935-6	TJ Crowe	Wellington	5' 6"
1936-7	AJ Maher		5' 10 ¹ / ₂ "
1937-8	G Hunter	Wellington	5' 11"
1938-9	E Phillips	Wellington	5' 11"
1939-40	L Grey	Hawkes Bay Poverty Bay	6' 0"
1940-4	No Competition		
1944-5	G Hunter	Wellington	5' 11"
1945-6	JH Borland	Canterbury	5' 10 ³ / ₄ "
1946-7	JH Borland	Canterbury	6' 2 ³ / ₄ "
1947-8	R McKenzie	Waikato	6' 0"
1948-9	R McKenzie	Waikato	5' 11"
1949-50	JH Borland	Otago	6' 3"
1950-1	P Wells	Canterbury	6' 4"
1951-2	F Walls	Canterbury	6' 2"
1952-3	P Wells	Canterbury	6' 3"
1953-4	P Wells	Canterbury	6' 1"
1954-5	P Wells	Auckland	6' 5"
1955-6	P Wells	Canterbury	6' 7"
1956-7	P Wells	Canterbury	6' 1"

1957-8	P Wells	Canterbury	6' 5"
1958-9	B Thomas	Auckland	6' 4"
1959-60	R Thomas	Northland	6' 2"
1960-1	M Jeffries	Auckland	6' 3"
1961-2	M Jeffries	Auckland	6' 0"
1962-3	W Spiers	Otago	6' 0"
1963-4	M Jeffries	Auckland,	
	W Spiers	Otago =	6' 0"
1964-5	W Spiers	Otago	6' 0"
1965-6	M Jeffries	Auckland	6' 6"
1966-7	P Cunningham	Auckland	6' 3"
1967-8	W Spiers	Otago	6' 5"
1968-9	W Spiers	Otago	6' 8"
1969-70	W Spiers	Otago	6' 5"
1970-1	I Finlayson	Wellington	6' 3"
1971-2	T Stewart	Waikato	5' 11"
1972-3	PF Tracey	Waikato	1.96m
1973-4	A Jordan	Waikato	1.90m
1974-5	P Crampton	Canterbury	1.86m
1975-6	L Guthrie	Auckland	2.01m
1976-7	T Woods	USA	2.18m
	L Guthrie	Auckland	2.00m
1977-8	TC Lomax	Canterbury	1.99m
1978-9	TC Lomax	Canterbury	2.09m
1979-80	TC Lomax	Canterbury	2.05m
1980-1	D McDonald	Waikato	2.08m
1981-2	R Te Puni	Wellington	2.13m
1982-3	R Te Puni	Wellington	2.08m
1983-4	R Te Puni	Wellington	2.15m
1984-5	R Te Puni	Wellington	2.13m
1985-6	R Te Puni	Wellington	2.14m
1986-7	R Te Puni	Auckland	2.14m
1987-8	S Hollings	Canterbury	2.13m
1988-9	R Te Puni	Wellington	2.14m
1989-90	J Brown	Otago	2.09m
1990-1	R Te Puni	Wellington	2.13m
1991-2	R Te Puni	Wellington	2.09m
1992-3	R Te Puni	Wellington	2.12m
1993-4	R Te Puni	Wellington	2.20m
1994-5	G Howard	Canterbury	2.20m
1995-6	G Howard	Canterbury	2.20m
1996-7	G Howard	Canterbury	2.25m
1997-8	G Howard	Canterbury	2.12m
1998-9	G Howard	North Harbour Bays	2.15m
1999-2000	G Howard	North Harbour Bays	2.30m
2000-1	G Howard	North Harbour Bays	2.10m
2001-2	K Bae	Korea	2.20m
	G Howard	North Harbour Bays	2.16m
2002-3	G Howard	North Harbour Bays	2.11m
2003-4	K Bae	Korea	2.15m
	G Knaggs		2.00m
2004-5	B Giles	Taranaki	2.08m
2005-6	B Crayford	Wellington	2.05m
2006-7	G Knaggs	Canterbury	2.10m
2007-8	D Noble	Canterbury	2.05m
2008-9	R Grabarz	Great Britain	2.20m
	W Crayford	Auckland	2.05m

2009-10	W Crayford	Auckland	2.05m
2010-11	W Crayford	Auckland	2.01m
2011-12	W Crayford	Auckland	2.12m
2012-13	W Crayford	Auckland	2.09m
2013-14	W Crayford	Auckland	2.09m

Pole Vault

1887-9	Event Not Held		
1889-90	DM Robertson	Canterbury	9' 5 ½"
1890-1	TF Uphill	Auckland	9' 10"
1891-2	WM West	Canterbury	10' 0"
1892-3	WM West	Canterbury	10' 0 ¼"
1893-4	HL Kingsley	Wellington	10' 0"
1894-5	HL Kingsley	Wanganui	10' 5"
1895-6	R Hunter	Hawkes Bay,	
	HL Kingsley	Wanganui =	10' 5"
1896-7	J Te Paa	Auckland,	
	H Eruera	Auckland =	10' 6 ½"
1897-8	H Eruera	Auckland	10' 6 ½"
1898-9	J Te Paa	Auckland	10' 0"
1899-1900	CC Laurie	Auckland	10' 0 ½"
1900-1	HA Prebble	Canterbury	10' 10 ¾"
1901-2	CC Laurie	Auckland	10' 0"
1902-3	AC Keating	Canterbury	7' 5"
1903-4	CC Laurie	Auckland	10' 0"
1904-5	J McLachlan	Otago	9' 3 ¾"
1905-6	CC Laurie	Auckland	9' 10"
1906-7	L McKay	Wellington	9' 6"
1907-8	E McKay	Auckland	10' 3"
1908-9	L McKay	Wellington	9' 8"
1909-10	L MacKay	Wellington	9' 6"
1910-1	L McKay	Wellington	10' 2"
1911-2	G Giller	Southland	9' 9"
1912-3	L McKay	Wellington	10' 1 ¾"
1913-4	HH Whitaker	Southland,	
	G Harvey	Wellington =	10' 2"
1914-5	G Harvey	Wellington	10' 2"
1915-9	No Competition		
1919-20	G Harvey	Wellington	10' 6 ½"
1920-1	G Harvey	Wellington	9' 6"
1921-2	G Harvey	Wellington	10' 9"
1922-3	G Harvey	Wellington	10' 7"
1923-4	G Harvey	Wellington	10' 7"
1924-5	G Harvey	Wellington	10' 7"
1925-6	WJ Batstone	Canterbury	11' 0"
1926-7	WJ Batstone	Canterbury	10' 8"
1927-8	WJ Batstone	Canterbury	10' 10"
1928-9	EG Sutherland	Wellington	10' 6 ¼"
1929-30	WJ Batstone	Canterbury	10' 0"
1930-1	F Brady	Wellington	10' 5 ¾"
1931-2	WJ Batstone	Canterbury	10' 6 ¼"
1932-3	WJ Batstone	Canterbury	11' 2"
1933-4	LE Smith	Canterbury	10' 8 ¾"
1934-5	FS Barraclough	Canterbury	11' 3"

1935-6	MV Blake	Canterbury	11' 0"
1936-7	JH Opie	Otago	11' 7 ¼"
1937-8	FS Barraclough	West Coast North Island	11' 3 ⅛"
1938-9	FS Barraclough	West Coast North Island	11' 0"
1939-40	D Weichert	West Coast North Island	12' 0"
1940-4	No Competition		
1944-5	W Heron	Auckland	10' 11 ½"
1945-6	W Heron	Auckland	11' 3"
1946-7	W Heron	Auckland	11' 7 ¼"
1947-8	AL Fagg	Otago	11' 0 ½"
1948-9	W Heron	Auckland	11' 9"
1949-50	W Heron	Auckland	12' 0"
1950-1	GJ Martin	Wellington	12' 5 ½"
1951-2	MD Richards	Otago	13' 0 ½"
1952-3	MD Richards	Otago	12' 9"
1953-4	MD Richards	Otago	12' 10"
1954-5	MD Richards	Otago	12' 6 ½"
1955-6	MD Richards	Otago	13' 0"
1956-7	MD Richards	Otago	12' 3"
1957-8	MD Richards	Otago	14' 0"
1958-9	MD Richards	Otago	13' 2 ¾"
1959-60	MD Richards	Otago	13' 9"
1960-1	MD Richards	Otago	13' 6"
1961-2	MD Richards	Otago	14' 3"
1962-3	K Gibbons	West Coast North Island	13' 4"
1963-4	K Gibbons	West Coast North Island	13' 6"
1964-5	K Gibbons	West Coast North Island	13' 6"
1965-6	D McGonagle	West Coast North Island	14' 1"
1966-7	K Gibbons	West Coast North Island	14' 1"
1967-8	K Gibbons	West Coast North Island	14' 6"
1968-9	K Gibbons	West Coast North Island	13' 8"
1969-70	K Gibbons	West Coast North Island	14' 6"
1970-1	D McGonagle	Northland	13' 6"
1971-2	D McGonagle	Northland	13' 4"
1972-3	D McGonagle	Northland	4.20m
1973-4	PF Tracey	Waikato	4.50m
1974-5	R Gibson	Otago	4.00m
1975-6	M Ritchie	Canterbury	4.31m
1976-7	M Ritchie	Canterbury	4.40m
1977-8	M Ritchie	Canterbury	4.40m
1978-9	M Ritchie	Canterbury	4.50m
1979-80	M Ritchie	Canterbury	4.75m
1980-1	KJ McKee	Canterbury	4.71m
1981-2	KJ McKee	Canterbury	4.95m
1982-3	DM McKee	Canterbury	4.45m
1983-4	KJ McKee	Canterbury	4.60m
1984-5	KJ McKee	Canterbury	4.70m
1985-6	SR Poelman	Auckland	4.80m
1986-7	SR Poelman	Auckland	4.75m
1987-8	SR Poelman	Auckland	4.75m
1988-9	T Cattiau	French Polynesia	4.85m
	I Street	Auckland	
1989-90	DM McKee	Canterbury	4.75m
1990-1	P Gibbons	Auckland	5.10m
1991-2	O Ball	Waikato	4.60m
1992-3	P Gibbons	Auckland	4.75m
1993-4	P Gibbons	Auckland	5.20m

1994-5	Y Oshima	Auckland	4.60m
1995-6	P Gibbons	Auckland	5.20m
1996-7	P Gibbons	North Shore Bays	5.25m
1997-8	R Pike	North Harbour Bays	5.00m
1998-9	P Gibbons	North Harbour Bays	5.00m
1999-2000	P Gibbons	North Harbour Bays	5.00m
2000-1	P Gibbons	North Harbour Bays	4.80m
2001-2	C Merrilees	Otago	4.60m
2002-3	P Gibbons	North Harbour Bays	4.75m
2003-4	P Gibbons	North Harbour Bays	4.80m
2004-5	JG Nel	Athletics North	4.90m
2005-6	J McColl	Athletics North	4.65m
2006-7	J McColl	Auckland	4.50m
2007-8	JG Nel	Auckland	4.80m
2008-9	B Newdick	Auckland	4.65m
2009-10	B Newdick	Auckland	4.67m
2010-11	B Newdick	Auckland	4.25m
2011-12	N Southgate	Auckland	4.85m
2012-13	N Southgate	Auckland	4.85m
2013-14	T North	Auckland	4.20m

Shot

1887-9	Event Not Held		
1889-90	RJ Malcolm	Wellington	36' 7"
1890-1	TB O'Connor	Auckland	37' 8"
1891-2	TB O'Connor	Auckland	36' 10"
1892-3	O McCormack	Wellington	37' 7 ½"
1893-4	O McCormack	Wellington	33' 7"
1894-5	C Louisson	Canterbury	34' 6 ½"
1895-6	WC Rhodes	Wellington	35' 9"
1896-7	TB O'Connor	Auckland	36' 3 ½"
1897-8	HM Good	Wanganui	38' 3 ½"
1898-9	O McCormack	Otago	38' 0 ½"
1899-1900	WH Madill	Auckland	38' 4"
1900-1	WO Bradley	Canterbury	37' 4 ½"
1901-2	WH Madill	Auckland	39' 0"
1902-3	WO Bradley	Canterbury	36' 3"
1903-4	WO Bradley	Canterbury	38' 1 ½"
1904-5	WO Bradley	Canterbury	34' 0"
1905-6	RG Rains	Canterbury	38' 2"
1906-7	G Thomassen	Wellington	36' 10"
1907-8	W De Thier	Canterbury	36' 3"
1908-9	W De Thier	Canterbury	37' 7"
1909-10	L McKay	Wellington	35' 4"
1910-1	W De Thier	Canterbury	36' 11 ½"
1911-2	AS Reid	Southland	36' 8"
1912-3	W De Thier	Canterbury	36' 11"
1913-4	J Murray	Wellington	35' 7"
1914-5	AS Reid	Southland	38' 0"
1915-9	No Competition		
1919-20	P Munro	Wellington	42' 9"
1920-1	P Munro	Wellington	45' 5 ½"
1921-2	P Munro	Wellington	46' 0 ½"
1922-3	JW Merchant	USA	45' 2"
	P Munro	Wellington	

1923-4	DO Brown	Wellington	40' 0"
1924-5	P Munro	Wellington	42' 9"
1925-6	P Munro	Wellington	42' 11"
1926-7	EG Sutherland	Wellington	37' 6 ½"
1927-8	P Munro	Wellington	42' 11"
1928-9	P Munro	Wellington	42' 4 ¾"
1929-30	P Munro	Wellington	41' 1"
1930-1	HF Rothert	USA	
	P Munro	Wellington	41' 4"
1931-2	P Munro	Wellington	41' 7"
1932-3	P Munro	Wellington	42' 4 ½"
1933-4	P Munro	Wellington	43' 3"
1934-5	P Munro	Wellington	41' 9"
1935-6	AA Cameron	Otago	39' 0 ½"
1936-7	K Guy	Wellington	38' 7 ¼"
1937-8	D Herman	Canterbury	40' 9 ¾"
1938-9	D Herman	Canterbury	43' 5 ½"
1939-40	JH Opie	Otago	41' 9 ¾"
1940-4	No Competition		
1944-5	D Herman	Canterbury	42' 8"
1945-6	D Herman	Canterbury	40' 9"
1946-7	KJ Morgan	Otago	40' 10 1/8"
1947-8	KJ Morgan	Otago	42' 4 ½"
1948-9	KJ Morgan	Otago	43' 5 7/8"
1949-50	D Herman	Canterbury	42' 11 ½"
1950-1	KJ Morgan	Otago	42' 9 ½"
1951-2	HE Moody	Waikato	45' 6 ½"
1952-3	HE Moody	Auckland	45' 5 ¼"
1953-4	CG Ormsby	Auckland	45' 3"
1954-5	LR Mills	Auckland	47' 0"
1955-6	A Jefferies	Auckland	46' 0 ½"
1956-7	LR Mills	Auckland	47' 10 ¾"
1957-8	LR Mills	Auckland	50' 4"
1958-9	LR Mills	Auckland	53' 7 ¾"
1959-60	LR Mills	Auckland	56' 1"
1960-1	LR Mills	Auckland	53' 3"
1961-2	LR Mills	Auckland	54' 10 ½"
1962-3	RD Tait	Canterbury	49' 5 ¼"
1963-4	R Harris	Wellington	51' 0"
1964-5	LR Mills	Auckland	55' 7 ½"
1965-6	LR Mills	Auckland	61' 7"
1966-7	LR Mills	Auckland	59' 5"
1967-8	LR Mills	Auckland	61' 10 ¼"
1968-9	LR Mills	Auckland	57' 0 ¼"
1969-70	LR Mills	Auckland	62' 6"
1970-1	RD Tait	Auckland	53' 4"
1971-2	LR Mills	Auckland	57' 6 ¼"
1972-3	RD Tait	Auckland	18.07m
1973-4	RD Tait	Auckland	18.40m
1974-5	K Falle	Auckland	16.78m
1975-6	K Falle	Auckland	15.93m
1976-7	M Wilkins	USA	19.56m
	K Falle	Auckland	16.74m
1977-8	H Smith	Wellington	16.88m
1978-9	H Smith	Wellington	16.47m
1979-80	H Smith	Wellington	15.62m
1980-1	H Smith	Wellington	16.08m

1981-2	A Hallberg	Otago	15.85m
1982-3	H Smith	Wellington	16.18m
1983-4	H Smith	Wellington	16.52m
1984-5	H Smith	Wellington	16.50m
1985-6	H Smith	Wellington	16.04m
1986-7	W Gill	Auckland	16.05m
1987-8	H Smith	Wellington	15.74m
1988-9	W Gill	Auckland	16.19m
1989-90	C Ireland	Waikato	16.81m
1990-1	S Poelman	Auckland	15.35m
1991-2	P Hellier	Auckland	14.99m
1992-3	H Smith	Wellington	16.07m
1993-4	P Hellier	Auckland	15.99m
1994-5	P Hellier	Auckland	15.55m
1995-6	R Thompson	Wellington	16.21m
1996-7	I Winchester	Counties Manukau	17.30m
1997-8	I Winchester	Counties Manukau	17.58m
1998-9	S Lyakhov	Russia	18.17m
1999-2000	I Winchester	Counties Manukau	17.90m
	I Winchester	Counties Manukau	17.42m
	I Winchester	Counties Manukau	16.57m
2000-1	I Winchester	Counties Manukau	16.57m
2001-2	B Vili	New Caledonia	17.81m
2002-3	S Sola	Grand Central Athletics	17.49m
	S Sola	Samoa	16.83m
	S Sola	Samoa	17.29m
2003-4	S Sola	Samoa	17.29m
2004-5	S Sola	Manawatu Wanganui	18.06m
2005-6	S Sola	Samoa	17.07m
2006-7	J Hogg	Australia	14.74m
	J McFarlane	Auckland	14.04m
	P Hellier	Auckland	15.97m
2007-8	D Kilama	France	16.55m
2008-9	P Hellier	Auckland	16.04m
	D Kilama	France	15.94m
	P Hellier	Auckland	15.85m
2009-10	D Kilama	France	16.45m
2010-11	T Walsh	Canterbury	16.21m
	Y Lui	China	18.56m
	T Walsh	Canterbury	18.26m
2011-12	T Walsh	Canterbury	17.92m
2012-13	T Walsh	Canterbury	19.42m
2013-14	T Walsh	Canterbury	20.79m

Discus

1887-1920	Event Not Held		
1920-1	P Munro	Wellington	119' 7"
1921-2	P Munro	Wellington	127' 3"
1922-3	P Munro	Wellington	127' 3"
1923-4	JW McHolm	Canterbury	111' 10"
1924-5	P Munro	Wellington	125' 11 ½"
1925-6	P Munro	Wellington	130' 0 ½"
1926-7	L Hunt	Wanganui Taranaki	119' 1"
1927-8	P Munro	Wellington	128' 5 ½"
1928-9	P Munro	Wellington	127' 0"
1929-30	P Munro	Wellington	125' 11 ½"

1930-1	HP Rothert	USA	142' 5 ½"
	P Munro	Wellington	134' 8 ½"
1931-2	P Munro	Wellington	130' 5 ½"
1932-3	P Munro	Wellington	125' 4"
1933-4	P Munro	Wellington	129' 11"
1934-5	P Munro	Wellington	132' 8 ¼"
1935-6	AA Cameron	Otago	139' 3 ½"
1936-7	AA Cameron	Otago	138' 6 1/8"
1937-8	AA Cameron	Otago	129' 10"
1938-9	JD Morgan	West Coast North Island	129' 4"
1939-40	EL Todd	Wellington	124' 0 ½"
1940-4	No Competition		
1944-5	A Marshall	Wellington	121' 7"
1945-6	AE Redmond	Wellington	124' 2"
1946-7	AE Redmond	Auckland	123' 9"
1947-8	AE Redmond	Auckland	122' 10 ½"
1948-9	AE Redmond	Auckland	133' 5 ¾"
1949-50	AE Redmond	Auckland	127' 2 ½"
1950-1	AE Redmond	Auckland	131' 6"
1951-2	I Lissienko	Wellington	140' 5"
1952-3	HE Moody	Auckland	129' 2 ½"
1953-4	AG Lawless	Otago	135' 6"
1954-5	LR Mills	Auckland	137' 7"
1955-6	RA Williams	Auckland	131' 11"
1956-7	LR Mills	Auckland	156' 10"
1957-8	LR Mills	Auckland	160' 9"
1958-9	LR Mills	Auckland	168' 7 ½"
1959-60	LR Mills	Auckland	170' 4"
1960-1	LR Mills	Individual	159' 6 ½"
1961-2	LR Mills	Auckland	172' 0"
1962-3	RD Tait	Canterbury	163' 6 ½"
1963-4	R Harris	Wellington	158' 0"
1964-5	RD Tait	Canterbury	176' 8 ½"
1965-6	LR Mills	Auckland	184' 10"
1966-7	LR Mills	Auckland	186' 0"
1967-8	RD Tait	Auckland	193' 7"
1968-9	RD Tait	Auckland	186' 9"
1969-70	RD Tait	Auckland	193' 7"
1970-1	LR Mills	Auckland	194' 8"
1971-2	LR Mills	Auckland	186' 8"
1972-3	RD Tait	Auckland	57.06m
1973-4	RD Tait	Auckland	56.78m
1974-5	W Gill	Auckland	49.66m
1975-6	RD Tait	Auckland	56.72m
1976-7	MM Wilkins	USA	62.04m
	RD Tait	Auckland	56.92m
1977-8	RD Tait	Auckland	56.40m
1978-9	RD Tait	Individual	54.44m
1979-80	RD Tait	Auckland	57.46m
1980-1	RD Tait	Auckland	56.50m
1981-2	RD Tait	Auckland	54.66m
1982-3	RD Tait	Auckland	51.04m
1983-4	H Smith	Wellington	53.70m
1984-5	MM Wilkins	USA	57.82m
	H Smith	Wellington	55.34m
1985-6	H Smith	Wellington	53.02m
1986-7	H Smith	Wellington	52.48m

1987-8	H Smith	Wellington	53.36m
1988-9	MAP Robinson	Auckland	54.20m
1989-90	MAP Robinson	Auckland	55.14m
1990-1	C Barrett	Canterbury	51.58m
1991-2	C Barrett	Canterbury	50.40m
1992-3	H Smith	Wellington	51.68m
1993-4	C Mene	Canterbury	53.90m
1994-5	C Mene	Canterbury	51.38m
1995-6	T Rosvold	Norway	54.48m
	C Mene	Canterbury	53.02m
1996-7	C Mene	Canterbury	53.66m
1997-8	V Alekna	Lithuania	64.98m
	I Winchester	Counties Manukau	61.92m
1998-9	S Lyakhov	Russia	60.44m
	I Winchester	Counties Manukau	59.62m
1999-2000	I Winchester	Counties Manukau	58.96m
2000-1	I Winchester	Counties Manukau	61.84m
2001-2	C Mene	Canterbury	54.00m
2002-3	S Sola	Samoa	55.67m
2003-4	B Vili	New Caledonia	58.36m
	S Sola	Team Central	52.72m
2004-5	B Vili	France	56.52m
	S Sola	Manawatu Wanganui	52.85m
2005-6	S Sola	Samoa	51.12m
	P Hellier	Auckland	48.33m
2006-7	B Vili	France	57.51m
	P Heller	Auckland	48.11m
2007-8	P Hellier	Auckland	47.54m
2008-9	B Vili	France	63.66m
	M Hall	Otago	49.59m
2009- 10	M Hall	Otago	48.79m
2010-11	M Hall	Otago	53.23m
2011-12	M Hall	Otago	52.47m
2012-13	T Walsh	Canterbury	50.27m
2013-14	M Hall	Otago	58.25m

Javelin

1887-1920	Event Not Held		
1920-1	EG Sutherland	Wellington	171' 10"
1921-2	EG Sutherland	Wellington	172' 1"
1922-3	JW Merchant	USA	155' 1"
	P Munro	Wellington	151' 8"
1923-4	EV Dunbar	New South Wales	150' 8"
	JB McMiken	Otago	144' 0"
1924-5	P Munro	Wellington	155' 1"
1925-6	SA Lay	Wanganui	182' 0"
1926-7	SA Lay	Wanganui Taranaki	194' 6 ¼"
1927-8	SA Lay	Wanganui Taranaki	197' 8"
1928-9	SA Lay	Wanganui Taranaki	206' 6"
1929-30	SA Lay	Wanganui Taranaki	199' 9 ½"
1930-1	HP Rothert	USA	171' 5 ½"
	G Sullivan	Wanganui Taranaki	149' 11 ½"
1931-2	P Munro	Wellington	150' 1 ¾"

1932-3	R Cresser	Otago	170' 10 ½"
1933-4	SA Lay	West Coast North Island	192' 0 ¼"
1934-5	SA Lay	West Coast North Island	187' 1"
1935-6	CP Clegg	Auckland	195' 11 ½"
1936-7	SA Lay	West Coast North Island	195' 0"
1937-8	CP Clegg	Auckland	190' 5"
1938-9	SA Lay	West Coast North Island	197' 10"
1939-40	F Adlam	West Coast North Island	187' 4 ½"
1940-4	No Competition		
1944-5	SA Lay	West Coast North Island	179' 0"
1945-6	SA Lay	West Coast North Island	184' 4 ¼"
1946-7	CP Clegg	West Coast North Island	184' 6"
1947-8	CP Clegg	West Coast North Island	184' 4 ¾"
1948-9	CP Clegg	West Coast North Island	179' 11 ¾"
1949-50	SA Lay	West Coast North Island	166' 11 ½"
1950-1	N Grinter	Waikato	174' 11 ½"
1951-2	AE Grayburn	Canterbury	180' 2 ¼"
1952-3	AE Grayburn	Canterbury	177' 11"
1953-4	G Lewis	Wellington	166' 4"
1954-5	M Hahn	Auckland	193' 2 ½"
1955-6	M Hahn	Auckland	220' 1 ½"
1956-7	M Hahn	Auckland	215' 7"
1957-8	M Hahn	Auckland	202' 11 ½"
1958-9	M Hahn	Auckland	219' 7 ½"
1959-60	RG Ball	Canterbury	221' 11 ½"
1960-1	M Hahn	Auckland	217' 11 ½"
1961-2	RG Ball	Canterbury	205' 3 ½"
1962-3	M Speden	Canterbury	202' 0 ½"
1963-4	RG Ball	Canterbury	204' 8"
1964-5	RG Ball	Canterbury	218' 10"
1965-6	RG Ball	Wellington	215' 8"
1966-7	R Paterson	Auckland	218' 3"
1967-8	RG Ball	Canterbury	215' 0"
1968-9	R Paterson	Auckland	230' 4"
1969-70	R Paterson	Auckland	221' 4"
1970-1	R Paterson	Auckland	213' 10"
1971-2	DC Leary	Canterbury	193' 3"
1972-3	R Paterson	Auckland	62.52m
1973-4	P van der Griend	Waikato	61.46m
1974-5	D Hookway	Auckland	58.38m
1975-6	MD O'Rourke	Hawkes Bay Poverty Bay	72.86m
1976-7	MD O'Rourke	Hawkes Bay Poverty Bay	76.40m
1977-8	MD O'Rourke	Hawkes Bay Poverty Bay	74.70m
1978-9	MD O'Rourke	Auckland	78.48m
1979-80	MD O'Rourke	Auckland	81.44m
1980-1	MD O'Rourke	Auckland	80.68m
1981-2	MD O'Rourke	Auckland	83.98m
1982-3	D Hookway	Auckland	77.52m
1983-4	JM Stapylton-Smith	Canterbury	80.34m
1984-5	JM Stapylton-Smith	Canterbury	83.44m
1985-6	JM Stapylton-Smith	Canterbury	73.76m
1986-7	GB Lovegrove	Waikato	79.60m
1987-8	MD O'Rourke	Auckland	76.30m
1988-9	JM Stapylton-Smith	Canterbury	66.48m
1989-90	GB Lovegrove	Auckland	71.40m
1990-1	GB Lovegrove	Auckland	71.96m
1991-2	GB Lovegrove	Auckland	83.16m

1992-3	GB Lovegrove	Auckland	76.82m
1993-4	GB Lovegrove	Auckland	78.56m
1994-5	A Harrison	Canterbury	65.72m
1995-6	D Brooke	Auckland	71.76m
1996-7	D Brooke	North Shore Bays	72.08m
1997-8	E Bevans	North Harbour Bays	79.52m
1998-9	V Ovchinni	Russia	75.67m
	D Brooke	North Harbour Bays	74.60m
1999-2000	J Goulding	Fiji	73.29m
	S Farquhar	Hamilton	72.22m
2000-1	A Harrison	Papanui Toc H	68.94m
2001-2	J Kiteau	France	77.54m
	S Farquhar	Hamilton	72.70m
2002-3	S Farquhar	Waikato Bay of Plenty	76.41m
2003-4	J Park	KOREA	83.99m
	S Farquhar	Waikato Bay of Plenty	79.68m
2004-5	S Farquhar	Waikato Bay of Plenty	69.93m
2005-6	S Farquhar	Waikato Bay of Plenty	77.12m
2006-7	S Farquhar	Waikato Bay of Plenty	76.85m
2007-8	S Farquhar	Waikato Bay of Plenty	78.21m
2008-9	S Farquhar	Waikato Bay of Plenty	78.65m
2009-10	S Farquhar	Waikato Bay of Plenty	78.07m
2010-11	S Farquhar	Waikato Bay of Plenty	75.47m
2011-12	S Farquhar	Waikato Bay of Plenty	79.37m
2012-13	S Farquhar	Waikato Bay of Plenty	80.17m
2013-14	S Farquhar	Waikato Bay of Plenty	78.16m

Hammer

1887-92	Event Not Held		
1892-3	O McCormack	Wellington	88' 7"
1893-4	O McCormack	Wellington	100' 3"
1894-5	C Louisson	Canterbury	75' 5"
1895-6	PJ Brown	Canterbury	89' 6"
1896-7	JA Kallender	Auckland	93' 7"
1897-8	JW Skinner	Auckland	103' 10 ¼"
1898-9	WH Madill	Auckland	121' 3"
1899-1900	WH Madill	Auckland	136' 4 ½"
1900-1	W Angland	Canterbury	110' 11 ½"
1901-2	WH Madill	Auckland	127' 1"
1902-3	S Baird	Canterbury	115' 7"
1903-4	S Baird	Canterbury	103' 9"
1904-5	S Baird	Canterbury	103' 6"
1905-6	TA O'Grady	Auckland	109' 3"
1906-7	J Wallace	Auckland	127' 1"
1907-8	J Wallace	Auckland	111' 3"
1908-9	J Wallace	Auckland	131' 4"
1909-10	J Wallace	Auckland	111' 0"
1910-1	A Bissett	Wellington	122' 3"
1911-2	M Kean	Southland	121' 9"
1912-3	JW McHolm	Wellington	143' 8"
1913-4	JW McHolm	Wellington	138' 4"
1914-5	JW McHolm	Wellington	135' 6"
1915-9	No Competition		
1919-20	JW McHolm	Wellington	127' 2"
1920-1	JW McHolm	Wellington	123' 6"

1921-2	JW McHolm	Wellington	130' 7"
1922-3	JW Merchant	USA	169' 1"
	JW McHolm	Wellington	128' 10"
1923-4	JW McHolm	Canterbury	135' 8"
1924-5	JW McHolm	Canterbury	135' 2 ½"
1925-6	W Harvey	Wellington	137' 6"
1926-7	W Harvey	Wellington	142' 0"
1927-8	JW McHolm	Canterbury	138' 2"
1928-9	JW McHolm	Wellington	135' 5"
1929-30	JW McHolm	Wellington	145' 1 ¾"
1930-1	W Harvey	Wellington	146' 9"
1931-2	JG Leckie	Otago	148' 0 ½"
1932-3	MR Spillane	Otago	153' 5"
1933-4	MR Spillane	Otago	149' 10 ½"
1934-5	MR Spillane	Otago	151' 7 ½"
1935-6	MR Spillane	Otago	150' 1 ½"
1936-7	MR Spillane	Otago	154' 10"
1937-8	MR Spillane	Otago	157' 11"
1938-9	SW White	Auckland	126' 4 ¾"
1939-40	MR Spillane	Otago	151' 5 ¾"
1940-4	No Competition		
1944-5	JG Leckie	Otago	140' 2 ½"
1945-6	JG Leckie	Otago	145' 2 ½"
1946-7	JM Carr	Canterbury	140' 2 5/8"
1947-8	JG Leckie	Otago	147' 11 ¼"
1948-9	JM Carr	Wellington	151' 8 ¼"
1949-50	AF Fuller	Canterbury	155' 8 ½"
1950-1	AF Fuller	Canterbury	150' 9"
1951-2	DD Leech	Canterbury	142' 8"
1952-3	D McD Clark	Auckland	162' 11 ½"
1953-4	JM Carr	Wellington	164' 9"
1954-5	D McD Clark	Otago	172' 9 ½"
1955-6	D McD Clark	Otago	164' 4"
1956-7	D McD Clark	Otago	169' 9 ¼"
1957-8	D McD Clark	Otago	164' 8"
1958-9	JM Carr	Wellington	166' 3 ½"
1959-60	D McD Clark	Otago	167' 2"
1960-1	M Roderick	Hawkes Bay Poverty Bay	164' 9 ½"
1961-2	DD Leech	Auckland	169' 0 ½"
1962-3	JM Carr	Wellington	167' 5 ½"
1963-4	DD Leech	Wellington	177' 6"
1964-5	DD Leech	Wellington	165' 1"
1965-6	L Devlin	West Coast North Island	162' 7"
1966-7	D Gilliland	Hawkes Bay Poverty Bay	177' 10"
1967-8	D Gilliland	Hawkes Bay Poverty Bay	175' 11"
1968-9	D Gilliland	Hawkes Bay Poverty Bay	183' 4"
1969-70	WJ Nicholl	Canterbury	189' 10"
1970-1	WJ Nicholl	Canterbury	195' 4"
1971-2	WJ Nicholl	Canterbury	191' 10"
1972-3	WJ Nicholl	Canterbury	57.44m
1973-4	MS Cheater	Auckland	65.44m
1974-5	MS Cheater	Auckland	68.34m
1975-6	MS Cheater	Auckland	68.74m
1976-7	MS Cheater	Waikato	60.58m
1977-8	MS Cheater	Waikato	59.82m
1978-9	MS Cheater	Waikato	59.52m
1979-80	P Dryden	Waikato	56.22m

1980-1	MS Cheater	Waikato	58.18m
1981-2	MS Cheater	Waikato	57.58m
1982-3	MS Cheater	Waikato	54.50m
1983-4	MS Cheater	Waikato	54.92m
1984-5	A Cooper	Auckland	57.52m
1985-6	A Cooper	Auckland	62.84m
1986-7	A Cooper	Auckland	63.82m
1987-8	P Jensen	Waikato	64.02m
1988-9	A Cooper	Auckland	68.26m
1989-90	A Cooper	Auckland	71.22m
1990-1	Y Sedykh	USSR	78.40m
	A Cooper	Auckland	67.60m
1991-2	P Hellier	Auckland	58.02m
1992-3	P Hellier	Auckland	60.06m
1993-4	P Hellier	Auckland	62.44m
1994-5	P Jensen	Waikato	62.08m
1995-6	P Jensen	Waikato	64.68m
1996-7	A Cooper	North Shore Bays	67.08m
1997-8	S Rendell	Australia	73.28m
	P Jensen	North Harbour Bays	70.88m
1998-9	P Jensen	North Harbour Bays	69.16m
1999-2000	P Jensen	North Harbour Bays	69.19m
2000-1	P Jensen	North Harbour Bays	62.80m
2001-2	P Jensen	North Harbour Bays	65.65m
2002-3	P Jensen	North Harbour Bays	69.52m
2003-4	P Jensen	North Harbour Bays	68.14m
2004-5	P Jensen	Athletics North	65.72m
2005-6	P Jensen	Athletics North	65.85m
2006-7	P Jensen	Auckland	62.20m
2007-8	E Cassier	France	61.03m
	P Jensen	Auckland	60.37m
2008-9	P Jensen	Wellington	58.90m
2009-10	P Jensen	Wellington	62.53m
2010-11	P Jensen	Wellington	59.04m
2011-12	P Jensen	Wellington	60.65m
2012-13	P Jensen	Wellington	60.73m
2013-14	P Jensen	Wellington	61.85m

Decathlon

1887-1948	Event Not Held		
1948-9	D Dephoff	Canterbury	5446 points
1949-50	D Dephoff	Canterbury	5358 points
1950-1	D Dephoff	Canterbury	5919 points
1951-2	AG Lawless	Otago	5029 points
1952-3	AG Lawless	Otago	5178 points
1953-4	AG Lawless	Otago	5571 points
1954-5	AG Lawless	Otago	5126 points
1955-6	RA Williams	Auckland	6036 points
1956-7	RA Williams	Auckland	5977 points
1957-8	RA Williams	Auckland	6052 points
1958-9	RA Williams	Auckland	6034 points
1959-60	RA Williams	Auckland	6760 points
1960-1	RA Williams	Auckland	6353 points
1961-2	MJ Speden	Canterbury	5602 points
1962-3	MJ Speden	Canterbury	6588 points

1963-4	R Ball	Canterbury	6062 points
1964-5	RA Williams	Auckland	6920 points
1965-6	RA Williams	Auckland	7088 points
1966-7	RA Williams	Auckland	6455 points
1967-8	R Pownall	Auckland	6045 points
1968-9	RA Williams	Auckland	6712 points
1969-70	RA Williams	Auckland	6872 points
1970-1	P Lothian	Auckland	5935 points
1971-2	M Mene	Canterbury	6627 points
1972-3	M Mene	Canterbury	6562 points
1973-4	M Mene	Canterbury	6798 points
1974-5	M Mene	Canterbury	7032 points
1975-6	M Mene	Canterbury	6659 points
1976-7	M Mene	Canterbury	6266 points
1977-8	R Sadler	Otago	6820 points
1978-9	M Ritchie	Canterbury	6719 points
1979-80	R Sadler	Auckland	6915 points
1980-1	G Connon	Auckland	6727 points
1981-2	G Connon	Auckland	6825 points
1982-3	P Wilson	Waikato	7060 points
1983-4	SR Poelman	Auckland	7499 points
1984-5	SR Poelman	Auckland	7611 points
1985-6	SR Poelman	Auckland	7872 points
1986-7	SR Poelman	Auckland	8366 points
1987-8	TC Lomax	Canterbury	6770 points
1988-9	TC Lomax	Canterbury	6728 points
1989-90	SR Poelman	Auckland	7862 points
1990-1	SR Poelman	Auckland	7540 points
1991-2	SR Poelman	Auckland	7702 points
1992-3	D Pirini	Auckland	7645 points
1993-4	G Chapman	Auckland	6485 points
1994-5	D Pirini	Auckland	7220 points
1995-6	D Pirini	Auckland	8115 points
1996-7	G Pateman	Otago	6426 points
1997-8	D Pirini	Counties Manukau	7857 points
1998-9	G Pateman	Counties Manukau	7185 points
1999-2000	R Kobayashi	Japan	6863 points
	S Gourley	Canterbury	6639 points
2000-1	D Hansen	Southern Stars	6850 points
2001-2	S Gourley	North Harbour Bays	6580 points
2002-3	S McLaren	Otago	6762 points
2003-4	P Cox	Otago	6915 points
2004-5	B Newdick	Auckland	7260 points
2005-6	B Newdick	Auckland	7682 points
2006-7	Not contested		
2007-8	K McCarthy	Waikato Bay of Plenty	6233 points
2008-9	B Newdick	Auckland	7837 points
2009-10	B Newdick	Auckland	7676 points
2010-11	B Newdick	Auckland	7296 points
2011-12	N Gerrard	Auckland	6884 points
2012-13	S McLaren	North Harbour Bays	7750 points
2013-14	K Ushiro	Japan	7885 points
	N Gerrard	North Harbour Bays	7375 points

SENIOR WOMEN

100yds / 100m

100yds

1925-6	E Porter	Wellington	12.4
1926-7	R Mantann	Wellington	11.6
1927-8	N Wilson	Auckland	12.0
1928-9	E Martyn	Canterbury	12.2
1929-30	T Kench	Wellington	11.2
1930-1	T Kench	Wellington	11.8
1931-2	T Kench	Wellington	11.2
1932-3	N Wilson	Wellington	11.4
1933-4	K Callinan	Canterbury	12.2
1934-5	F Gudesell	Canterbury	11.4
1935-6	I Campbell	Auckland	11.6
1936-7	I Campbell	Auckland	11.6
1937-8	K Callinan	Canterbury	11.6
1938-9	D Lumley	Auckland	11.2
1939-40	G Symes	Hawkes Bay Poverty Bay	11.8
1940-1	G Symes	Hawkes Bay Poverty Bay	11.4
1941-4	No Competition		
1944-5	IJ Hart	Auckland	11.8
1945-6	R Dowman	Auckland	11.4
1946-7	R Dowman	Auckland	12.0
1947-8	S Hardman	Otago	11.8
1948-9	S Hardman	Otago	11.3
1949-50	MD Parker	Waikato	10.9
1950-1	S Hardman	Otago	11.0
1951-2	S Hardman	Otago	10.9
1952-3	S Peterson	Otago	11.0
1953-4	MD Parker	Waikato	11.2
1954-5	J Crotty	Waikato	11.2
1955-6	J Crotty	Waikato	11.0
1956-7	B Cuthbert	Australia	10.9
	N Morgan	Auckland	
1957-8	BDE Weigel	Auckland	11.3
1958-9	V Morgan	Waikato	10.9
1959-60	V Morgan	Waikato	10.9
1960-1	DH Porter	Auckland	11.0
1961-2	DH Porter	Auckland	11.3
1962-3	A McIntosh	Auckland	11.2
1963-4	DH Porter	Auckland	10.7
1964-5	M Snow	Auckland	11.1
1965-6	B Matthews	Auckland	10.9
1966-7	M Snow	Auckland	11.3
1967-8	B Matthews	Auckland	10.7
1968-9	PC Howarth	Wellington	11.1

100m

1969-70	PC Hunt	Wellington	12.4
1970-1	W Urquhart	West Coast North Island	11.9
1971-2	B Matthews	Auckland	12.4
1972-3	W Brown	West Coast North Island	11.8

1973-4	W Brown	West Coast North Island	11.4
1974-5	PC Hunt	Wellington	12.37
1975-6	S Jowett	Australia	11.93
	KA Robertson	Auckland	12.25
1976-7	KA Robertson	Auckland	11.67
1977-8	KA Robertson	Auckland	11.62
1978-9	KA Robertson	Auckland	11.70
1979-80	KA Robertson	Auckland	12.10
1980-1	W Brown	Northland	11.40
1981-2	KA Robertson	Auckland	11.69
1982-3	KA Robertson	Auckland	12.13
1983-4	A Wade	Auckland	12.16
1984-5	A Wade	Auckland	12.15
1985-6	BG Peterson	Canterbury	11.62
1986-7	A Wade	Auckland	11.69
1987-8	BG Peterson	Canterbury	11.66
1988-9	BG Peterson	Canterbury	11.83
1989-90	B Toop	Hawkes Bay Gisborne	11.65
1990-1	M Seymour	Wellington	12.01
1991-2	M Seymour	Wellington	11.73
1992-3	M Seymour	Wellington	11.58
1993-4	M Seymour	Wellington	11.42
1994-5	C Brunner	Auckland	12.04
1995-6	C Brunner	Auckland	11.85
1996-7	J Arnott	Southland	11.95
1997-8	J Arnott	North harbour Bays	11.79
1998-9	C Hunt	Canterbury	11.64
1999-2000	C Hunt	Canterbury	11.86
2000-1	C Brunner	Counties Manukau	11.40
2001-2	C Hunt	Canterbury	11.62
2002-3	C Hunt	Canterbury	11.73
2003-4	C Brunner	Counties Manukau	11.86
2004-5	C Brunner	Auckland	11.83
2005-6	C Brunner	Auckland	11.70
2006-7	M Williams	Waikato Bay of Plenty	11.78
2007-8	M Williams	Auckland	11.87
2008-9	M Williams	Auckland	11.64
2009-10	A Smythe	Otago	11.61
2010-11	A Koenen	Auckland	12.37
2011-12	M Williams	Waikato Bay of Plenty	11.95
2012-13	M Ririnui	Waikato Bay of Plenty	11.84
2013-14	F Morrison	Canterbury	11.87

220yds / 200m

220yds

1925-38	Event Not Held		
1938-9	D Norman	Australia	NT
	L Hall	Auckland	25.6
1939-40	G Symes	Hawkes Bay Poverty Bay	26.6
1940-1	G Symes	Hawkes Bay Poverty Bay	26.2
1941-4	No Competition		
1944-5	IJ Hart	Auckland	25.8
1945-6	IJ Hart	Auckland	26.2
1946-7	J Cornwall	Hawkes Bay Poverty Bay	27.0
1947-8	L Rowe	Auckland	26.8

1948-9	S Strickland	Australia	25.7
	L Rowe	Auckland	
1949-50	MD Parker	Waikato	24.7
1950-1	L Rowe	Auckland	24.8
1951-2	L Rowe	Auckland	24.7
1952-3	L Rowe	Auckland	25.2
1953-4	MD Parker	Waikato	25.4
1954-5	J Crotty	Waikato	25.4
1955-6	J Crotty	Waikato	25.1
1956-7	B Cuthbert	Australia	24.9
	M Roberts	Waikato	
1957-8	MAM Chamberlain	Canterbury	24.9
1958-9	V Morgan	Waikato	24.5
1959-60	V Morgan	Waikato	24.6
1960-1	DH Porter	Auckland	24.5
1961-2	DH Porter	Auckland	24.5
1962-3	N Bond	Otago	26.1
1963-4	DH Porter	Auckland	24.3
1964-5	L Hurrell	Canterbury	25.2
1965-6	PC Howarth	Wellington	25.2
1966-7	M Snow	Auckland	24.8
1967-8	PC Howarth	Wellington	24.0
1968-9	PC Howarth	Wellington	24.8
200m			
1969-70	PC Hunt	Wellington	24.7
1970-1	PC Hunt	Wellington	24.5
1971-2	G Wooten	Waikato	24.4
1972-3	W Brown	West Coast North Island	25.0
1973-4	G Wooten	Waikato	23.9
1974-5	PC Hunt	Wellington	24.05
1975-6	S Jowett	Australia	23.32
	PC Hunt	Wellington	23.67
1976-7	KA Robertson	Auckland	23.78
1977-8	KA Robertson	Auckland	23.66
1978-9	KA Robertson	Auckland	23.49
1979-80	KA Robertson	Auckland	24.00
1980-1	W Brown	Northland	23.06
1981-2	KA Robertson	Auckland	23.43
1982-3	KA Robertson	Auckland	23.70
1983-4	KA Robertson	Auckland	23.61
1984-5	A Wade	Auckland	24.10
1985-6	BG Peterson	Canterbury	23.56
1986-7	A Wade	Auckland	23.93
1987-8	A Wade	Auckland	23.90
1988-9	M McMillan	Waikato	23.95
1989-90	B Toop	Hawkes Bay Gisborne	23.78
1990-1	M Seymour	Wellington	23.85
1991-2	M Seymour	Wellington	24.09
1992-3	M Seymour	Wellington	23.90
1993-4	M Seymour	Wellington	23.68
1994-5	J Arnott	Southland	24.00
1995-6	C Brunner	Auckland	23.98
1996-7	J Arnott	Southland	23.96
1997-8	J Arnott	North Harbour Bays	23.84
1998-9	J Arnott	North Harbour Bays	23.66
1999-2000	C Hunt	Canterbury	24.02

2000-1	C Hunt	Canterbury	23.36
2001-2	C Hunt	Canterbury	23.60
2002-3	J Arnott	North Harbour Bays	24.11
2003-4	J Arnott	North Harbour Bays	24.41
2004-5	A Smythe	Otago	24.19
2005-6	C Brunner	Auckland	24.18
2006-7	M Williams	Waikato Bay of Plenty	23.95
2007-8	M Williams	Auckland	23.84
2008-9	M Williams	Auckland	23.15
2009-10	A Koenen	Auckland	23.84
2010-11	A Koenen	Auckland	23.87
2011-12	M Williams	Waikato Bay of Plenty	24.50
2012-13	P Bing	Auckland	24.59
2013-14	L Jones	Auckland	24.28

440yds / 400m

440yds

1925-54	Event Not Held		
1954-5	MAM Chamberlain	Canterbury	58.4
1955-6	J Heatley	Auckland	58.2
1956-7	MAM Chamberlain	Canterbury	56.9
1957-8	J Heatley	Auckland	57.7
1958-9	J Heatley	Auckland	58.3
1959-60	MAM Chamberlain	Canterbury	54.5
1960-1	MAM Chamberlain	Canterbury	54.8
1961-2	MAM Chamberlain	Canterbury	55.9
1962-3	MAM Chamberlain	Canterbury	54.2
1963-4	MAM Chamberlain	Canterbury	56.9
1964-5	MAM Stephen	Canterbury	55.8
1965-6	MAM Stephen	Canterbury	56.3
1966-7	S Potts	Otago	56.1
1967-8	PC Howarth	Wellington	55.2
1968-9	S Potts	Otago	55.8

400m

1969-70	S Potts	Otago	55.4
1970-1	PC Hunt	Wellington	56.0
1971-2	S Haden	Auckland	54.6
1972-3	S Haden	Auckland	56.2
1973-4	C Mills	Auckland	54.0
1974-5	J Beckett	Canterbury	54.1
1975-6	PC Hunt	Wellington	53.32
1976-7	KA Robertson	Auckland	54.98
1977-8	PC Hunt	Wellington	54.05
1978-9	KA Robertson	Auckland	53.81
1979-80	KA Robertson	Auckland	52.18
1980-1	PC Hunt	Wellington	55.36
1981-2	KA Robertson	Auckland	54.15
1982-3	KA Robertson	Auckland	53.75
1983-4	KA Robertson	Auckland	52.55
1984-5	L Grimes	Waikato	54.90
1985-6	C Dillimore	Auckland	54.40
1986-7	C Dillimore	Auckland	54.40
1987-8	C Dillimore	Auckland	53.22
1988-9	A Wade	Auckland	54.43

1989-90	A Wade	Auckland	53.56
1990-1	C Dillimore	Auckland	55.89
1991-2	A Wade	Auckland	55.24
1992-3	M Seymour	Wellington	53.66
1993-4	K Gill	Canterbury	54.49
1994-5	T Hodgkinson	Auckland	54.84
1995-6	R Rowberry	Canterbury	57.50
1996-7	J Arnott	Southland	53.94
1997-8	J Arnott	North Harbour Bays	53.55
1998-9	J Arnott	North Harbour Bays	53.22
1999-2000	J Arnott	North Harbour Bays	52.44
2000-1	J Arnott	North Harbour Bays	53.01
2001-2	J Arnott	North Harbour Bays	52.40
2002-3	J Arnott	North Harbour Bays	54.42
2003-4	J Arnott	North Harbour Bays	53.96
2004-5	J Arnott	Athletics North	55.47
2005-6	J Arnott	Athletics North	52.77
2006-7	M Williams	Waikato Bay of Plenty	56.19
2007-8	M Williams	Auckland	54.77
2008-9	M Williams	Auckland	54.08
2009-10	J Cuddihy	Ireland	52.84
	L Jones	Auckland	55.51
2010-11	L Jones	Auckland	54.36
2011-12	K Baillie	Waikato Bay of Plenty	53.71
2012-13	M Williams	Waikato Bay of Plenty	54.40
2013-14	L Jones	Auckland	53.53

880yds / 800m

880yds

1925-58	Event Not Held		
1958-9	FL McBeath	Canterbury	2:17.6
1959-60	MAM Chamberlain	Canterbury	2:13.6
1960-1	MAM Chamberlain	Canterbury	2:12.8
1961-2	MAM Chamberlain	Canterbury	2:11.9
1962-3	MAM Chamberlain	Canterbury	2:08.0
1963-4	MAM Chamberlain	Canterbury	2:10.2
1964-5	MAM Stephen	Canterbury	2:11.7
1965-6	MAM Stephen	Canterbury	2:10.2
1966-7	L Fisher	Canterbury	2:08.9
1967-8	L Fisher	Canterbury	2:21.0
1968-9	S Potts	Otago	2:07.5

800m

1969-70	S Potts	Otago	2:04.0
1970-1	S Haden	Auckland	2:10.5
1971-2	S Haden	Auckland	2:04.6
1972-3	S Haden	Auckland	2:05.8
1973-4	S Haden	Auckland	2:05.4
1974-5	M Boath	Otago	2:08.0
1975-6	AF Garrett	Auckland	2:04.4
1976-7	M Green	Auckland	2:09.1
1977-8	J Healey	Auckland	2:11.4
1978-9	AF Audain	Auckland	2:07.7
1979-80	M Green	Auckland	2:05.4
1980-1	L Gray	Northland	2:11.60

1981-2	CJ Hughes	Auckland	2:04.22
1982-3	L Croxton	Auckland	2:06.38
1983-4	J Januchta	Poland	2:04.78
	L Croxton	Auckland	2:06.79
1984-5	A McKenzie	Wellington	2:04.95
1985-6	G Metzger	Otago	2:05.24
1986-7	C Pfitzinger	Auckland	2:03.93
1987-8	C Dillimore	Auckland	2:04.41
1988-9	H Hawley	Auckland	2:06.86
1989-90	C Dillimore	Auckland	2:04.23
1990-1	C Dillimore	Auckland	2:09.21
1991-2	G MacDonald	Auckland	2:07.11
1992-3	G MacDonald	Auckland	2:08.65
1993-4	T Hodgkinson	Auckland	2:08.47
1994-5	T Hodgkinson	Auckland	2:07.66
1995-6	T Hodgkinson	Auckland	2:04.21
1996-7	K Edge	Dunlop Hutt Valley	2:08.34
1997-8	K Edge	Dunlop Hutt Valley	2:06.10
1998-9	T Hodgkinson	North Harbour Bays	2:06.72
1999-2000	T Hodgkinson	North Harbour Bays	2:00.95
2000-1	M Prowse	North Harbour Bays	2:10.26
2001-2	R Heron	Auckland City Athletics	2:07.98
2002-3	T Hodgkinson	North Harbour Bays	2:03.58
2003-4	R Heron	Auckland City Athletics	2:09.16
2004-5	M Thomas	Auckland	2:10.35
2005-6	K Palmer	Otago	2:10.93
2006-7	K Palmer	Otago	2:08.66
2007-8	J Swain	Wellington	2:11.64
2008-9	N Hamblin	Great Britain	2:06.34
	E Montgomery	Auckland	2:10.86
2009-10	N Hamblin	Auckland	2:09.59
2010-11	N Hamblin	Auckland	2:05.49
2011-12	A Smit	Canterbury	2:04.50
2012-13	A Smit	Canterbury	2:06.97
2013-14	A Smit	Canterbury	2:01.53

1 mile / 1500m

1 mile

1925-67	Event Not Held		
1967-8	G Stewart	Waikato	4:55.4
1968-9	H Thomson	Auckland	4:52.5

1500m

1969-70	V Robinson	Auckland	4:30.4
1970-1	P Davey	Otago	4:42.0
1971-2	B Shingles	West Coast North Island	4:27.4
1972-3	S Haden	Auckland	4:25.2
1973-4	S Haden	Auckland	4:18.2
1974-5	G Finlay	West Coast North Island	4:32.6
1975-6	AF Garrett	Auckland	4:12.1
1976-7	A Wright	Individual	4:22.4
	S Thomson	Auckland	4:23.1
1977-8	A Wright	Individual	4:30.1
	J Healey	Auckland	4:30.5
1978-9	AF Audain	Auckland	4:13.7

1979-80	AF Audain	Auckland	4:11.3
1980-1	DM Rodger	Waikato	4:21.88
1981-2	DM Rodger	Waikato	4:14.09
1982-3	L Gray	Auckland	4:17.34
1983-4	A McKenzie	Wellington	4:17.95
1984-5	A McKenzie	Wellington	4:12.04
1985-6	C Pfitzinger	Auckland	4:11.44
1986-7	C Pfitzinger	Auckland	4:18.13
1987-8	W Breed	Waikato	4:26.87
1988-9	J Cantwell	Waikato	4:18.34
1989-90	C Pfitzinger	Auckland	4:23.27
1990-1	G MacDonald	Auckland	4:38.62
1991-2	G MacDonald	Auckland	4:24.47
1992-3	G MacDonald	Auckland	4:19.60
1993-4	G MacDonald	Auckland	4:18.75
1994-5	G MacDonald	Auckland	4:33.56
1995-6	T Hodgkinson	Auckland	4:16.59
1996-7	V Nikora	Hamilton	4:29.94
1997-8	M Moon	Wellington Scottish	4:31.53
1998-9	C Pfitzinger	North Harbour Bays	4:28.06
1999-2000	T Hodgkinson	North Harbour Bays	4:15.18
2000-1	N Rillstone	Counties Manukau	4:23.76
2001-2	K Smith	Counties Manukau	4:25.22
2002-3	T Hodgkinson	North Harbour Bays	4:24.53
2003-4	E Morris	Australia	4:24.05
	M Thomas	Auckland City Athletics	4:28.56
2004-5	M Thomas	Auckland	4:25.27
2005-6	J Ruthe	Athletics North	4:21.46
2006-7	K Palmer	Otago	4:32.70
2007-8	R Baird	Auckland	4:26.84
2008-9	N Hamblin	Great Britain	4:23.48
	F Crombie	Canterbury	4:28.77
2009-10	N Hamblin	Auckland	4:22.14
2010-11	N Hamblin	Auckland	4:29.76
2011-12	N Hamblin	Auckland	4:19.63
2012-13	L Van Dalen	Manawatu Wanganui	4:16.80
2013-14	A Smit	Canterbury	4:17.95

3000m

1925-75	Event Not Held		
1975-6	D Zorn	Hawkes Bay Poverty Bay	9:14.6
1976-7	D Zorn	Hawkes Bay Poverty Bay	9:51.0
1977-8	H Thomson	Auckland	9:20.1
1978-9	H Thomson	Auckland	9:12.2
1979-80	B Moore	Auckland	9:20.7
1980-1	B Moore	Auckland	9:15.05
1981-2	AF Audain	Auckland	8:58.20
1982-3	S Harnett	Canterbury	9:46.03
1983-4	CJ Hughes	Auckland	9:09.54
1984-5	S Bruce	Canterbury	9:11.38
1985-6	AF Audain	Auckland	9:03.32
1986-7	A Hare	Wellington	9:06.70
1987-8	C Pfitzinger	Auckland	9:09.72
1988-9	A Hare	Wellington	9:12.02
1989-90	C Pfitzinger	Auckland	8:59.65

1990-1	E Baker	Canterbury	9:24.22
1991-2	D Sheddan	Canterbury	9:35.97
1992-3	L Franks	Auckland	9:23.83
1993-4	A Hare	Wellington	9:17.34
1994-5	G MacDonald	Auckland	9:14.10
1995-6	N Carroll	Taranaki	8:47.46
1996-7	R Jacobs	USA	9:04.39
	L Wilde	Auckland	9:09.09
1997-8	D Murrihy	Taumaranui	9:49.9
1998-9	N Harvey	Australia	8:58.02
	A Brzezinska	North Harbour Bays	9:03.72
1999-2000	K Murphy	North Harbour Bays	9:45.45
2000-1	N Rillstone	Counties Manuakau	9:25.69
2001-2	S Christie	Counties Manuakau	9:33.33
2002-3	N Carroll	Lyndale	9:21.31
2003-4	E Morris	Australia	9:14.75
	N Rillstone	Counties Manuakau	9:17.57
2004-5	J Wright	North Harbour Bays	
2005-6	not held		
2006-7	not held		
2007-8	not held		
2008-9	F Crombie	Canterbury	10:18.04
2009-10	F Crombie	Canterbury	9:31.90
2010-11	N Hamblin	North Harbour Bays	9:32.44
2011-12	C Buscomb	Hamilton City Hawks	9:29.60
2012-13	C Buscomb	Hamilton City Hawks	9:17.05
2013-14	E Wellings	Australia	9:39.67
	R Flanagan	Canterbury University	9:43.33

5000m

1925-85	Event Not Held		
1985-6	D Elsmore	Auckland	16:03.70
1986-7	AF Audain	Auckland	15:34.70
1987-8	S Barry	Taranaki	16:06.47
1988-9	A Hannam	Auckland	15:48.83
1989-90	A Hare	Wellington	15:50.65
1990-1	A Hare	Wellington	16:33.52
1991-2	S Clode	Auckland	16:28.72
1992-3	L Franks	Auckland	15:44.65
1993-4	A Hare	Wellington	15:59.30
1994-5	A Hare	Wellington	16:28.27
1995-6	N Carroll	Taranaki	15:33.71
1996-7	L Wilde	Auckland	16:25.81
1997-8	N Carroll	Taranaki	15:38.47
1998-9	M Moon	Wellington Scottish	16:31.13
1999-2000	S Christie	Counties Manuakau	16:28.75
2000-1	M Moon	Wellington Scottish	16:26.62
2001-2	K Smith	Counties Manuakau	16:30.10
2002-3	N Carroll	Lyndale	15:48.46
2003-4	N Rillstone	Counties Manuakau	16:03.63
2004-5	M Moon	Wellington	17:01.89
2005-6	K Smith	Auckland	15:52.77
2006-7	B Wimmer	Tasman	17:10.30
2007-8	K Smith	Auckland	15:19.61

2008-9	R Kingsford	Otago	16:49.38
2009-10	J Ruthe	Waikato Bay of Plenty	15:57.30
2010-11	K Palmer	Canterbury	16:32.70
2011-12	H Newbould	Canterbury	16:26.37
2012-13	B Wade	USA	16:25.66
	R Kingsford	Otago	16:34.37
2013-14	C Buscomb	Waikato Bay of Plenty	16:32.68

10000m

1925-83	Event Not Held		
1983-4	G Kroon	Auckland	35:15.88
1984-5	M O'Connor	Canterbury	33:41.50
1985-6	C Morriss	Waikato	35:36.43
1986-7	D Elsmore	Auckland	34:27.00
1987-8	B Moore	Auckland	33:11.31
1988-9	M Buist	Waikato	33:23.56
1989-90	AF Audain	Auckland	32:00.17
1990-1	C Hutchison	Canterbury	35:50.63
1991-2	E Baker	Canterbury	33:12.15
1992-3	H Moros	Auckland	32:32.24
1993-4	R Rodger	Auckland	33:16.01
1994-5	N Carroll	Auckland	33:37.10
1995-6	L Drury	Southland	34:14.26
1996-7	L Drury	Southland	34:25.30
1997-8	M O'Connor	Canterbury	35:26.69
1998-9	L-A McPhillips	Hamilton	34:25.67
1999-2000	S Crumpton	Otago	34:26.67
2000-1	M Moon	Wellington Scottish	33:46.91
2001-2	S Christie	Counties Manukau	33:06.66
2002-3	N Carroll	Lyndale	33:13.70
2003-4	S Crumpton	Hill City	34:38.27
2004-5	K Smyth	Australia	34:12.16
	N Cope	Auckland	34:26.62
2005-6	J Ruthe	Athletics North	32:37.15
2006-7	not contested		
2007-8	J Ruthe	Waikato Bay of Plenty	33:50.37
2008-9	S Crumpton	Hill City	34:44.04
2009-10	R Kingsford	Otago	35:11.40
2010-11	D Trevis	North Harbour Bays	33:18.36
2011-12	S Gibbs	Tauranga	34:45.21
2012-13	K Palmer	Timaru	38:23.20
2013-14	S Klein	Australia	34:53.99
	L O'Donnell	North Harbour Bays	35:05.53

2000m / 3000m Steeplechase

2000m Steeplechase

1925-96	Event Not Held		
1996-7	K Murphy	Auckland	7:04.30
1997-8	R Gilbanks	Counties Manukau	6:50.17
1998-9	K Murphy	North Harbour Bays	6:51.23
1999-2000	K Murphy	North Harbour Bays	6:42.39

3000m Steeplechase

2000-1	R Penney	Counties Manukau	10:31.84
2001-2	B Eddy	Southern Stars	10:46.86
2002-3	J Nalder	Waimea	10:59.02
2003-4	M Murrihy	Taumararui	11:03.65
2004-5	R Holtom	Pakuranga	11:36.75
2005-6	K McIlroy	Wellington	9:47.99
2006-7	M Akesson	Otago	11:06.74
2007-8	F Crombie	Canterbury	10:15.36
2008-9	L Joy	Auckland	10:18.49
2009-10	F Crombie	Canterbury	10:20.97
2010-11	F Crombie	Canterbury	10:25.09
2011-12	F Crombie	Canterbury	10:29.06
2012-13	S McSweeney	Individual	10:33.44
2013-14	R Flanagan	Canterbury	9:57.47

80yds/ 90yds / 80m / 100m Hurdles

80yds Hurdles

1925-36	Event Not Held		
1936-7	R Tong	Hawkes Bay	11.8

90yds Hurdles

1937-8	S Oliphant	Canterbury	13.2
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80m Hurdles

1938-9	M Grinrod	Auckland	12.4
1939-40	S Oliphant	Canterbury	13.0
1940-1	K Elshaw	Auckland	12.8
1941-4	No Competition		
1944-5	N Gourley	Canterbury	12.2
1945-6	N Gourley	Canterbury	12.0
1946-7	N Gourley	Otago	12.8
1947-8	N Gourley	Otago	12.8
1948-9	S Strickland	Australia	11.7
	J Schoch	Wellington	
1949-50	N Gourley	Otago	11.4
1950-1	P Montague	West Coast North Island	11.9
1951-2	P Montague	West Coast North Island	11.7
1952-3	P Montague	West Coast North Island	11.5
1953-4	YW Williams	Auckland	11.7
1954-5	M Stuart	Hawkes Bay Poverty Bay	12.2
1955-6	M Stuart	Hawkes Bay Poverty Bay	11.4
1956-7	M Stuart	Hawkes Bay Poverty Bay	11.5
1957-8	A Brain	Auckland	11.4
1958-9	A McIntosh	Auckland	11.4
1959-60	A McIntosh	Auckland	10.9
1960-1	A McIntosh	Auckland	11.1
1961-2	A McIntosh	Auckland	11.5
1962-3	A McIntosh	Auckland	11.8
1963-4	A McIntosh	Auckland	11.1
1964-5	A McIntosh	Auckland	11.2
1965-6	B Matthews	Auckland	11.2
1966-7	B Matthews	Auckland	11.3
1967-8	B Matthews	Auckland	11.0

100m Hurdles

1968-9	A Lowe	Waikato	14.5
1969-70	J Mack	Auckland	15.0
1970-1	M Tuisorisori	Auckland	14.9
1971-2	B Matthews	Auckland	13.9
1972-3	M Miles	Auckland	14.6
1973-4	B Matthews	Individual	13.8
	J Lothian	Auckland	14.0
1974-5	G Wooten	Waikato	14.14
1975-6	J Lothian	Auckland	13.90
1976-7	J Lothian	Auckland	14.40
1977-8	G Wooten	Waikato	14.42
1978-9	G Swart	Waikato	14.29
1979-80	G Swart	Waikato	14.2
1980-1	T Yaxley	Wanganui Taranaki	13.96
1981-2	T Genge	Waikato	14.05
1982-3	J Mitchell	Waikato	14.37
1983-4	L Massey	Waikato	14.04
1984-5	L Kay	Canterbury	14.18
1985-6	L Stock	Canterbury	13.4
1986-7	J Laurendet	Australia	13.55
	H Pirovano	Hawkes Bay Poverty Bay	13.72
1987-8	V Jack	Auckland	14.35
1988-9	A An	French Polynesia	14.14
	V Jack	Auckland	
1989-90	H Pirovano	Hawkes Bay Gisborne	13.77
1990-1	J Henry	Canterbury	14.01
1991-2	V Jack	Auckland	13.88
1992-3	V Jack	Auckland	14.04
1993-4	V Jack	Auckland	13.75
1994-5	V Jack	Auckland	13.9
1995-6	J Ashbridge	Manawatu	15.04
1996-7	J Ashbridge	Team McKecknie	13.82
1997-8	J Henry	Counties Manuakau	14.11
1998-9	J Ashbridge	Team McKecknie	13.72
1999-2000	R Morton	North Harbour Bays	13.56
2000-1	N Kidd	Counties Manuakau	13.98
2001-2	A Miller	Counties Manuakau	14.18
2002-3	K Nacewa	Counties Manuakau	15.33
2003-4	N Earnshaw	Canterbury	15.41
2004-5	R Wardell	Canterbury	14.18
2005-6	A Miller	Athletics North	13.86
2006-7	A Miller	Auckland	13.39
2007-8	A Miller	Otago	13.85
2008-9	V Torr	Auckland	13.98
2009-10	S Cowley	Auckland	14.35
2010-11	F Morrison	Canterbury	13.60
2011-12	A Miller	Auckland	13.49
2012-13	F Morrison	Canterbury	13.64
2013-14	F Morrison	Canterbury	13.62

400m Hurdles

1975-6	J Lothian	Auckland	62.03
1976-7	M Prior	Waikato	60.99
1977-8	K Green	West Coast North Island	60.40

1978-9	T Yaxley	Otago	62.44
1979-80	T Yaxley	Waikato	59.70
1980-1	T Yaxley	Wanganui Taranaki	60.66
1981-2	J Robson	Auckland	59.12
1982-3	T Genge	Waikato	58.66
1983-4	L Massey	Waikato	58.11
1984-5	L Grimes	Waikato	57.39
1985-6	K Petersen	Auckland	60.33
1986-7	T Genge	Waikato	
1987-8	K Green	Taranaki	60.27
1988-9	A Shattly	Auckland	59.30
1989-90	A Shattky	Auckland	59.61
1990-1	L Massey	Waikato	60.54
1991-2	L Massey	Waikato	58.71
1992-3	L Massey	Waikato	58.93
1993-4	L Massey	Waikato	58.66
1994-5	V Jack	Auckland	59.42
1995-6	R Wade	Auckland	59.78
1996-7	N Kidd	Hamilton	59.44
1997-8	J Warahi	Auckland	61.99
1998-9	N Kidd	Counties Manuakau	58.87
1999-2000	N Kidd	Counties Manuakau	60.37
2000-1	N Kidd	Counties Manuakau	59.37
2001-2	N Kidd	Counties Manuakau	59.34
2002-3	R Wardell	Canterbury	56.25
2003-4	J Pittman	Australia	55.95
	R Wardell	Canterbury	57.97
2004-5	S O'Connell	Canterbury	63.17
2005-6	R O'Loughlin	Australia	60.85
	G Radford	Otago	62.32
2006-7	G Radford	Otago	67.08
2007-8	L McAdam	Australia	63.79
	G Radford	Otago	65.78
2008-9	A Spragg	Waikato Bay of Plenty	62.29
2009-10	A Spragg	Waikato Bay of Plenty	62.97
2010-11	T Hale	Waikato Bay of Plenty	61.46
2011-12	T Hale	Waikato Bay of Plenty	60.69
2012-13	Z Ballantyne	Auckland	62.10
2013-14	Z Ballantyne	Auckland	59.42

4x110yds / 4x100m Relay

4x110yds

1925-6	Event Not Held	
1926-7	Wellington	53.6
1927-8	Wellington	52.2
1928-9	Wellington	52.2
1929-30	Wellington	52.0
1930-1	Otago	60.0
1931-2	Wellington	53.2
1932-3	Wellington	50.6
1933-4	Canterbury	52.0
1934-5	Hawkes Bay-Poverty Bay	51.2
1935-6	Hawkes Bay-Poverty Bay	52.0
1936-7	Auckland	51.2
1937-8	Canterbury	50.8

1938-9	Hawkes Bay-Poverty Bay	50.8
1939-40	Auckland	51.2
1940-1	Auckland	51.2
1941-4	No Competition	
1944-5	Auckland	50.8
1945-6	Canterbury	51.8
1946-7	Auckland	50.8
1947-8	Auckland	50.6
1948-9	Otago	49.5
1949-50	Auckland	48.8
1950-1	Otago	48.7
1951-2	Otago	48.7
1952-3	Auckland	48.9
1953-4	Auckland	49.1
1954-5	Wellington	49.7
1955-6	Canterbury	48.8
1956-7	Wellington	49.5
1957-8	Auckland	48.2
1958-9	Auckland	48.6
1959-60	Auckland	49.8
1960-1	Auckland	48.1
1961-2	Auckland	48.2
1962-3	Otago	48.9
1963-4	West Coast North Island	48.5
1964-5	Auckland	48.8
1965-6	Auckland	47.7
1966-7	Auckland	47.8
1967-8	Otago	48.9
1968-9	Auckland	48.7
<u>4x100m</u>		
1969-70	Auckland	47.8
1970-1	Canterbury	48.2
1971-2	Auckland	46.6
1972-3	Canterbury	46.9
1973-4	Canterbury	46.4
1974-5	Canterbury	47.3
1975-6	Auckland	46.64
1976-7	Waikato	46.26
1977-8	Auckland	46.96
1978-9	Auckland	45.53
1979-80	Auckland	46.03
1980-1	Auckland	46.93
1981-2	Auckland	45.70
1982-3	Auckland A	46.03
1983-4	Auckland A	45.34
1984-5	Canterbury	46.35
1985-6	Canterbury	45.66
1986-7	Auckland 1	46.76
1987-8	Canterbury	46.32
1988-9	Canterbury	46.18
1989-90	Canterbury A	46.62
1990-1	Auckland A	46.85
1991-2	Auckland A	47.30
1992-3	Auckland A	46.88
1993-4	Auckland A	46.56
1994-5	Manawatu – Wanganui	47.48

1995-6	Auckland A	47.82
1996-7	Team McKechnie	46.88
1997-8	Canterbury	46.94
1998-9	Canterbury	45.90
1999-2000	Canterbury	45.50
2000-1	Canterbury	45.43
2001-2	Canterbury	48.06
2002-3	Bays Cougars	48.56
2003-4	New Zealand 'A'	46.02
	Canterbury	48.43
2004-5	North	47.38
2005-6	WBOP	47.88
2006-7	Auckland	46.54
2007-8	Otago	46.77
2008-9	Auckland	46.22
2009-10	Otago	46.82
2010-11	Auckland	45.92
2011-12	Waikato BOP	46.81
2012-13	Auckland	46.70
2013-14	Auckland	47.69

4x400m Relay

1925-69	Event Not Held	
1969-70	Auckland	3:55.4
1970-1	Wellington	3:58.5
1971-2	Auckland	3:48.4
1972-3	Auckland	3:51.0
1973-4	Auckland	3:43.6
1974-5	Wellington	3:48.04
1975-6	Auckland	3:44.0
1976-7	Auckland	3:47.1
1977-8	Wellington	3:41.1
1978-9	Auckland	3:48.8
1979-80	Auckland	3:46.4
1980-1	Wellington	3:48.24
1981-2	Auckland	3:43.11
1982-3	Waikato	3:41.51
1983-4	Auckland A	3:41.07
1984-5	Waikato	3:43.52
1985-6	Auckland	3:41.70
1986-7	Auckland 1	3:44.96
1987-8	Auckland	3:48.21
1988-9	Auckland	3:42.28
1989-90	Auckland A	3:43.75
1990-1	Auckland	3:49.62
1991-2	Auckland A	3:44.41
1992-3	Auckland A	3:42.14
1993-4	Auckland	3:44.79
1994-5	Auckland	3:50.85
1995-6	Auckland A	3:46.85
1996-7	Southland	3:52.97
1997-8	Canterbury B	3:48.1
1998-9	Canterbury	3:48.43
1999-2000	Bay Cougars	3:44.13
2000-1	Counties Manukau	3:51.96

2001-2	Counties Manukau	3:53.57
2002-3	Team Central	3:54.13
2003-4	Australia	3:28.91
	Central Athletic Club	3:50.76
2004-5	WBOP	3:48.36
2005-6	WBOP	3:49.51
2006-7	Auckland	3:49.89
2007-8	Auckland	3:46.84
2008-9	Auckland	3:50.20
2009-10	Auckland	3:52.93
2010-11	Auckland	3:51.46
2011-12	Waikato Bay of Plenty	3:52.17
2012-13	Auckland	3:47.12
2013-14	Waikato Bay of Plenty	3:54.13

3000m/ 5000m Track Walk

1925 – 84 Event Not Held

3000m

1984-5 A-M Judkins 14:34.30

5000m

1985-6	J Jackson	Auckland	26:46.92
1986-7	J Jackson	Auckland	24:50.95
1987-8	J Jackson	Auckland	25:52.03
1988-9	L Mathieson	Otago	27:26.90
1989-90	A Judkins	Otago	23:47.48
1990-1	S De Groot	Otago	25:09.84
1991-2	L Mathieson	Otago	25:42.25

3000m

1992-3	L Murphy	Wellington	14:38.90
1993-4	L Murphy	Wellington	13:54.90
1994-5	J Jones-Billington	Auckland	13:32.84
1995-6	J Jones-Billington	Auckland	13:19.98
1996-7	C Tuka	Team McKecknie	14:08.10
1997-8	J Jones-Billington	North Harbour Bays	13:34.86
1998-9	J Jones-Billington	North Harbour Bays	13:48.30
1999-2000	L Young	Otago	14:06.21
2000-1	C Watson	North Harbour Bays	14:05.12
2001-2	G Gorst	Hastings	14:06.42
2002-3	G Gorst	Hastings	13:51.93
2003-4	G Gorst	Hastings	13:27.12
2004-5	G Gorst	Hawkes Bay Gisborne	14:12.07
2005-6	C Malone	North Harbour Bays	15:51.20
2006-7	M Lei	Manawatu Wanganui	15:28.82
2007-8	R Gilbert	Taranaki	15:06.74
2008-9	K Newitt	Canterbury	15:10.77
2009-10	K Newitt	Canterbury	13:44.53
2010-11	R Robinson	Otago	14:36.87
2011-12	R Robinson	Otago	14:08.01
2012-13	R Robinson	Otago	14:09.92
2013-14	C Ruske	Canterbury	13:50.12

20km Road Walk

1925-89	Event Not Held		
1990	J Jackson	Auckland	1:54:01
1991	Event Not Held		
1992	J Jackson	Auckland	1:51:07
1993	D Barrett	North Harbour Bays	1:52:27
1994	C Tuka	Manawatu Wanganui	1:53:38
1995	J Jones-Billington	Auckland	1:44:15
1996-7	C Tuka	Manawatu Wanganui	1:51:36
1997	J Jones-Billington	North Harbour Bays	1:46:37
1998	J Jones-Billington	North Harbour Bays	1:48:28
1998-9	A Judkins	Wellington Harrier Club	1:36:44
1999	D Barrett	North Harbour Bays	1:53:23
1999-2000	D Barrett	North Harbour Bays	1:49:36
2000-1	G Gorst	Hastings	1:46:41
2001-2	G Gorst	Hastings	1:40:03
2002-3	G Gorst	Hastings	1:35:59
2003-4	G Gorst	Hastings	1:38:34
2004-5	S Cattermole	Australia	1:54:07
	A de Lorenzo	Wellington	1:55:30
2005-6	C Malone	Athletics North	1:58:06
2006-7	M Lei	Manawatu Wanganui	1:56:04
2007-8	R Gilberd	Taranaki	2:01:17
2008-9	M Lei	Manawatu Wanganui	2:00:12
2009-10	K Newitt	Canterbury	1:42:15
2010-11	R Robinson	Otago	1:51:39
2011-12	R Robinson	Otago	1:43:49
2012-13	R Robinson	Otago	1:47:42
2013-14	C Ruske	Canterbury	1:46:06

Long Jump

1925-38	Event Not Held		
1938-9	D Norman	Australia	17' 10 ½"
	M Ginrod	Auckland	16' 4 ½"
1939-40	M Murray	Canterbury	17' 6 ½"
1940-1	E Moffett	West Coast North Island	16' 9"
1941-4	No Competition		
1944-5	Z Corbett	Auckland	17' 0 ½"
1945-6	S Hardman	Otago	17' 0"
1946-7	Z Corbett	Auckland	17' 1 ¾"
1947-8	Y Williams	Otago	17' 3 3/8"
1948-9	Y Williams	Otago	17' 8 ¾"
1949-50	Y Williams	Otago	18' 11 ½"
1950-1	Y Williams	Otago	19' 3 ½"
1951-2	Y Williams	Otago	20' 7 ¾"
1952-3	Y Williams	Otago	18' 11 ½"
1953-4	Y Williams	Auckland	19' 5 ½"
1954-5	J Dennehy	Wellington	17' 9 ¾"
1955-6	BDE Weigel	Auckland	18' 10 ¾"
1956-7	BDE Weigel	Auckland	18' 11 ½"
1957-8	BDE Weigel	Auckland	19' 7 ½"
1958-9	JM Donaghy	Auckland	19' 9"

1959-60	BDE Weigel	Auckland	18' 7"
1960-1	V Morgan	Waikato	19' 0"
1961-2	L Anderson	Canterbury	17' 7 ½"
1962-3	J Heeps	Wellington	17' 1 ¾"
1963-4	B Cameron	Otago	18' 1"
1964-5	J Wilkins	Wellington	19' 2 ¾"
1965-6	A McIntosh	Auckland	18' 10"
1966-7	M Snow	Auckland	19' 2 ¾"
1967-8	V Gilmour	Canterbury	20' 0 ½"
1968-9	P Weigel	Auckland	19' 8"
1969-70	P Weigel	Auckland	19' 10 ¾"
1970-1	P Weigel	Auckland	19' 3 ½"
1971-2	P Weigel	Auckland	19' 3 ¾"
1972-3	C Stainton	Auckland	5.66m
1973-4	K Otto	Auckland	6.00m
1974-5	P Hendren	Auckland	5.58m
1975-6	P Hendren	Auckland	6.31m
1976-7	S Burnside	Canterbury	6.04m
1977-8	N Hodgins	Auckland	5.97m
1978-9	N Hodgins	Auckland	6.05m
1979-80	L Russek	Waikato	6.04m
1980-1	P Hendren	Auckland	6.30m
1981-2	N Hodgins	Auckland	6.47m
1982-3	N Hodgins	Auckland	6.36m
1983-4	J Mitchell	Auckland	6.33m
1984-5	M Clarken	Auckland	6.52m
1985-6	J Mitchell	Waikato	6.24m
1986-7	T Genge	Waikato	5.96m
1987-8	J Mitchell	Canterbury	6.04m
1988-9	J Mitchell	Canterbury	6.18m
1989-90	J Moffitt	Canterbury	6.28m
1990-1	J Moffitt	Canterbury	6.50m
1991-2	J Henry	Canterbury	6.54m
1992-3	F Maunder	Wellington	5.87m
1993-4	J Henry	Canterbury	6.48m
1994-5	C Brunner	Auckland	6.65m
1995-6	C Brunner	Auckland	6.59m
1996-7	J Henry	Counties Manuakau	6.19m
1997-8	C Brunner	Counties Manuakau	6.54m
1998-9	C Brunner	Counties Manuakau	6.32m
1999-2000	N Smith	Valleys United	6.01m
2000-1	C Brunner	Counties Manuakau	6.63m
2001-2	C Brunner	Counties Manuakau	6.51m
2002-3	K Nacewa	Counties Manuakau	5.72m
2003-4	C Brunner	Counties Manuakau	6.27m
2004-5	C Brunner	Auckland	6.46m
2005-6	C Brunner	Auckland	6.42m
2006-7	J Penney	Wellington	5.82m
2007-8	M Pritchard	Wellington	5.84m
2008-9	M Prichard	Wellington	5.82m
2009-10	M Pritchard	Wellington	6.07m
2010-11	S Cowley	Auckland	6.08m
2011-12	S Cowley	Auckland	5.74m
2012-13	M Ririnui	Waikato Bay of Plenty	6.01m
2013-14	M Ririnui	Waikato Bay of Plenty	6.01m

Triple Jump

1925-87	Event Not Held		
1987-8	J Mitchell	Canterbury	11.96m
1988-9	L Ball	Auckland	12.43m
1989-90	J Moffitt	Canterbury	12.78m
1990-1	J Moffitt	Canterbury	12.52m
1991-2	J Mitchell	Canterbury	12.77m
1992-3	L Stapylton-Smith	Canterbury	12.40m
1993-4	T Murray	Otago	13.14m
1994-5	S Stoddart	Auckland	13.01m
1995-6	S Stoddart	Auckland	13.03m
1996-7	T Dixon	Taieri	13.54m
1997-8	S Avery	North Harbour Bays	12.72m
1998-9	T Dixon	Counties Manukau	12.89m
1999-2000	S Avery	North Harbour Bays	13.26m
2000-1	K Nacewa	Counties Manukau	13.01m
2001-2	S Avery	North Harbour Bays	13.43m
2002-3	K Nacewa	Counties Manukau	12.88m
2003-4	C Brunner	Counties Manukau	11.58m
2004-5	V Boyer	New Caledonia	12.51m
	C Brunner	Auckland	12.34m
2005-6	K Kendall	Auckland	12.07m
2006-7	M Pritchard	Wellington	12.37m
2007-8	M Pritchard	Wellington	12.73m
2008-9	M Pritchard	Wellington	12.99m
2009-10	M Pritchard	Wellington	12.47m
2010-11	N Okpala	Auckland	12.68m
2011-12	N Okpala	Auckland	12.78m
2012-13	N Okpala	Auckland	12.06m
2013-14	N Okpala	Auckland	13.24m

High Jump

1925-38	Event Not Held		
1938-9	EM Forbes	Otago	5' 0"
1939-40	EM Forbes	Otago	4' 10 ¼"
1940-1	EM Forbes	Otago	5' 0"
1941-4	No Competition		
1944-5	K Elshaw	Auckland	4' 10"
1945-6	M McNeil	West Coast North Island	4' 10"
1946-7	M McNeil	West Coast North Island	4' 8 ½"
1947-8	V Baird	Otago	4' 9 ¾"
1948-9	D Birks	Hawkes Bay Poverty Bay	5' 1"
1949-50	N Swinton	Auckland	4' 11"
1950-1	H Wright	Wellington	5' 0"
1951-2	M Falck	Canterbury	5' 1"
1952-3	N Swinton	Auckland	5' 2"
1953-4	H Wright	Wellington	5' 2"
1954-5	JM Donaghy	Auckland	5' 2"
1955-6	JM Donaghy	Auckland	5' 3"
1956-7	JM Donaghy	Auckland	5' 6 ¼"

1957-8	JM Donaghy	Auckland	5' 6 ½"
1958-9	JM Donaghy	Auckland	5' 5"
1959-60	L Anderson	Canterbury	5' 2"
1960-1	JM Donaghy	Auckland	5' 7 ½"
1961-2	L Anderson	Canterbury	5' 4"
1962-3	L Curtis	Canterbury	5' 4"
1963-4	PM Burnett	Waikato	5' 5"
1964-5	PM Burnett	Waikato	5' 2"
1965-6	L Curtis	Canterbury	5' 3"
1966-7	PM Kenny	Waikato	5' 4"
1967-8	PM Kenny	Waikato	5' 5"
1968-9	PM Kenny	Waikato	5' 4"
1969-70	L Morris	Auckland	5' 4"
1970-1	PM Kenny	Waikato	5' 5"
1971-2	J Emery	Waikato	5' 2"
1972-3	PM Kenny	Waikato	1.70m
1973-4	DM Mills	Auckland	1.68m
1974-5	S Rudd	Canterbury	1.59m
1975-6	K Whimp	Auckland	1.68m
1976-7	K Whimp	Auckland	1.69m
1977-8	K Whimp	Auckland	1.73m
1978-9	K Whimp	Auckland	1.75m
1979-80	C Kavermann	Southland	1.75m
1980-1	A Pule	Canterbury	1.71m
1981-2	C Ryan	Auckland	1.79m
1982-3	T Painter	Otago	1.75m
1983-4	T Painter	Otago	1.81m
1984-5	T Painter	Otago	1.75m
1985-6	T Painter	Otago	1.89m
1986-7	S Barber	Australia	1.84m
	T Painter	Otago	
1987-8	T Murray	Otago	1.82m
1988-9	T Woodhead	Otago	1.80m
1989-90	T Murray	Otago	1.85m
1990-1	T Murray	Otago	1.88m
1991-2	T Murray	Otago	1.84m
1992-3	T Phillips	Wellington	1.80m
1993-4	T Phillips	Wellington	1.85m
1994-5	Kim Brown	Canterbury	1.73m
1995-6	T Phillips	Wellington	1.81m
1996-7	T Dixon	Taieri	1.87m
1997-8	Karen Brown	Otago	1.80m
1998-9	Kim Brown	Canterbury	1.81m
1999-2000	A McKee	North Harbour Bays	1.80m
2000-1	Karen Brown	Otago	1.80m
2001-2	N Smith	Valleys United	1.81m
2002-3	A McKee	Counties Manukau	1.84m
2003-4	A McKee	Counties Manukau	1.83m
2004-5	A McKee	Auckland	1.88m
2005-6	A McKee	Auckland	1.86m
2006-7	S Cowley	Auckland	1.76m
2007-8	C Drummond	Australia	1.79m
	S Saddleton	Auckland	1.76m
2008-9	E Lamb	Auckland	1.85m
2009-10	S Cowley	Auckland	1.79m
2010-11	S Cowley	Auckland	1.84m
2011-12	E Lamb	Auckland	1.82m

2012-13	E Lamb	Auckland	1.82m
2013-14	S Cowley	Auckland	1.84m

Pole Vault

1925-91	Event Not Held		
1991-2	M Hamilton	Waikato	3.10m
1992-3	M Hamilton	Waikato	2.90m
1993-4	M Hamilton	Waikato	3.20m
1994-5	E Marshall	Southland	3.15m
1995-6	C Kelly	Auckland	3.50m
1996-7	M Hamilton	Hamilton	3.90m
1997-8	J Dryburgh	North Harbour Bays	3.85m
1998-9	M Hamilton	Otago	3.85m
1999-2000	M Hamilton	Canterbury	3.85m
2000-1	J Dryburgh	North Harbour Bays	4.16m
2001-2	M Hamilton	Canterbury	4.10m
2002-3	M Hamilton	Canterbury	4.20m
2003-4	M Hamilton	Canterbury	4.15m
2004-5	M Hamilton	Athletics North	4.31m
2005-6	M Hamilton	Athletics North	4.20m
2006-7	M Hamilton	Auckland	4.15m
2007-8	M Hamilton	Hawkes Bay Gisborne	3.85m
2008-9	J Hart	Auckland	3.20m
2009-10	J Hart	Auckland	3.59m
2010-11	K Charlesworth	Auckland	3.90m
2011-12	L McGall	Auckland	3.43m
2012-13	V Chan	Wellington	3.43m
2013-14	K Charlesworth	Auckland	3.85m

Shot

1925-38	Event Not Held		
1938-9	M Mears	Auckland	29' 7 ½"
1939-40	B Lipscombe	Auckland	32' 1 7/8"
1940-1	N Hanlin	Otago	31' 3"
1941-4	No Competition		
1944-5	B Lipscombe	Auckland	31' 0 ½"
1945-6	B Lipscombe	Auckland	30' 8 ½"
1946-7	YW Williams	Otago	31' 7"
1947-8	YW Williams	Otago	32' 8 ½"
1948-9	YW Williams	Otago	36' 0 ½"
1949-50	YW Williams	Otago	38' 3 ½"
1950-1	YW Williams	Otago	37' 4 ½"
1951-2	YW Williams	Otago	37' 5"
1952-3	YW Williams	Otago	42' 5 ¼"
1953-4	YW Williams	Auckland	43' 9"
1954-5	M Whisker	Auckland	38' 1"
1955-6	VIM Sloper	Canterbury	45' 6 ½"
1956-7	VIM Sloper	Canterbury	48' 0 ¼"
1957-8	VIM Sloper	Canterbury	51' 9 ¾"
1958-9	VIM Sloper	Canterbury	49' 10 ½"
1959-60	VIM Sloper	Canterbury	52' 2"
1960-1	VIM Sloper	Canterbury	51' 9"
1961-2	VIM Young	Canterbury	49' 6 ½"

1962-3	VIM Young	Canterbury	49' 11 ¾"
1963-4	VIM Young	Canterbury	50' 3 ½"
1964-5	VIM Young	Canterbury	51' 1"
1965-6	VIM Young	Canterbury	51' 4"
1966-7	D Charteris	Canterbury	47' 6 ¼"
1967-8	B Poulsen	Canterbury	46' 6 ½"
1968-9	B Poulsen	Canterbury	49' 1 ½"
1969-70	B Poulsen	Canterbury	49' 11 ¼"
1970-1	B Poulsen	Canterbury	45' 8"
1971-2	VIM Young	Canterbury	49' 3"
1972-3	VIM Young	Canterbury	13.79m
1973-4	VIM Young	Canterbury	14.61m
1974-5	B Beable	Wellington	14.93m
1975-6	B Beable	Wellington	15.27m
1976-7	B Beable	Wellington	14.15m
1977-8	B Beable	Wellington	14.66m
1978-9	VIM Young	Canterbury	13.61m
1979-80	D Jones-Konihowski	Canada	15.14m
	VIM Young	Canterbury	14.10m
1980-1	VIM Young	Canterbury	13.96m
1981-2	G Hughes	Auckland	14.70m
1982-3	G Hughes	Auckland	16.69m
1983-4	G Hughes	Auckland	15.78m
1984-5	A Etienne	Australia	15.54m
	G Hughes	Auckland	14.79m
1985-6	G Hughes	Auckland	15.70m
1986-7	JM Maxwell	Canterbury	14.74m
1987-8	C Davis	Auckland	14.28m
1988-9	JM Maxwell	Canterbury	14.53m
1989-90	C King	Auckland	14.10m
1990-1	T Lutton	Canterbury	14.43m
1991-2	C King	Auckland	15.03m
1992-3	C King	Auckland	14.85m
1993-4	B Faumuina	Auckland	15.37m
1994-5	C King	Auckland	15.81m
1995-6	C Davis	Auckland	16.15m
1996-7	B Faumuina	Auckland	15.20m
1997-8	B Faumuina	Auckland	16.78m
1998-9	B Faumuina	Auckland	16.27m
1999-2000	H Toussis	Australia	16.17m
	T Lutton-Senior	Canterbury	15.72m
2000-1	V Adams	Counties Manukau	16.11m
2001-2	V Adams	Auckland City Athletics	16.66m
2002-3	V Adams	Auckland City Athletics	18.91m
2003-4	V Adams	Auckland City Athletics	17.95m
2004-5	V Vili	Auckland	19.32m
2005-6	V Vili	Auckland	20.20m
2006-7	V Vili	Auckland	18.84m
2007-8	V Vili	Auckland	20.00m
2008-9	V Vili	Auckland	19.81m
2009-10	V Vili	Auckland	19.60m
2010-11	V Adams	Auckland	20.54m
2011-12	S Hakeai	Auckland	13.47m
2012-13	V Adams	Auckland	20.37m
2013-14	V Adams	Auckland	20.46m

Discus

1925-38	Event Not Held		
1938-9	D Mullins	Auckland	86' 3 ½"
1939-40	D Mullins	Auckland	95' 8 ¼"
1940-1	D Mullins	Auckland	99' 7"
1941-4	No Competition		
1944-5	J Gibson	Hawkes Bay Poverty Bay	96' 2 ¾"
1945-6	B Singe	Auckland	110' 0"
1946-7	B Singe	Auckland	110' 7 ½"
1947-8	B Roberts	Auckland	97' 4 ¾"
1948-9	B Roberts	Auckland	105' 3 ½"
1949-50	D Carr	Canterbury	99' 10 ¼"
1950-1	YW Williams	Otago	119' 6 ¾"
1951-2	YW Williams	Otago	126' 6 ½"
1952-3	YW Williams	Otago	136' 10"
1953-4	YW Williams	Auckland	134' 1"
1954-5	M Whisker	Auckland	130' 4 ½"
1955-6	M Whisker	Auckland	134' 7"
1956-7	VIM Sloper	Canterbury	141' 6"
1957-8	VIM Sloper	Canterbury	152' 4 ½"
1958-9	J Thompson	Waikato	159' 0"
1959-60	J Thompson	Waikato	171' 4 ½"
1960-1	VIM Sloper	Canterbury	157' 7 ½"
1961-2	VIM Young	Canterbury	153' 9 ½"
1962-3	VIM Young	Canterbury	156' 4"
1963-4	VIM Young	Canterbury	153' 10"
1964-5	VIM Young	Canterbury	154' 9 ½"
1965-6	VIM Young	Canterbury	151' 0"
1966-7	N Sutton	Canterbury	144' 8"
1967-8	D Charteris	Canterbury	157' 11"
1968-9	D Charteris	Canterbury	136' 0"
1969-70	SA Flynn	Canterbury	143' 8"
1970-1	SA Mene	Canterbury	147' 5"
1971-2	VIM Young	Canterbury	136' 5"
1972-3	VIM Young	Canterbury	45.10m
1973-4	SA Mene	Canterbury	44.60m
1974-5	VIM Young	Canterbury	43.36m
1975-6	VIM Young	Canterbury	44.92m
1976-7	VIM Young	Canterbury	44.08m
1977-8	VIM Young	Canterbury	43.36m
1978-9	VIM Young	Canterbury	44.14m
1979-80	VIM Young	Canterbury	46.48m
1980-1	VIM Young	Canterbury	47.32m
1981-2	VIM Young	Canterbury	44.90m
1982-3	JM Bishop	Canterbury	42.96m
1983-4	H Marsters	Auckland	46.04m
1984-5	A Etienne	Australia	51.80m
	H Marsters	Auckland	45.80m
1985-6	EH Ryan	Canterbury	46.78m
1986-7	EH Ryan	Canterbury	49.36m
1987-8	EH Ryan	Canterbury	49.96m
1988-9	M Fakati	French Polynesia	49.92m
	EH Ryan	Canterbury	

1989-90	N Morris	Auckland	49.64m
1990-1	J Park	Otago	51.62m
1991-2	A Lynn	Canterbury	49.84m
1992-3	B Faumuina	Auckland	54.84m
1993-4	B Faumuina	Auckland	54.98m
1994-5	B Faumuina	Auckland	60.00m
1995-6	B Faumuina	Auckland	60.00m
1996-7	B Faumuina	Auckland	65.34m
1997-8	B Faumuina	Auckland	65.78m
1998-9	B Faumuina	Auckland	63.69m
1999-2000	B Faumuina	Auckland	62.06m
2000-1	A Lynn	Canterbury	48.24m
2001-2	B Faumuina	Auckland City Athletics	63.09m
2002-3	B Faumuina	Auckland City Athletics	63.40m
2003-4	B Faumuina	Auckland City Athletics	66.08m
2004-5	B Faumuina	Auckland	62.39m
2005-6	B Faumuina	Auckland	61.61m
2006-7	B Faumuina	Auckland	60.71m
2007-8	B Faumuina	Auckland	61.73m
2008-9	B Faumuina	Auckland	60.03m
2009-10	B Faumuina	Auckland	57.54m
2010-11	L Lealaisalanoa	Wellington	51.53m
2011-12	S Hakeai	Auckland	49.70m
2012-13	S Hakeai	Auckland	57.52m
2013-14	S Hakeai	Auckland	58.77m

Javelin

1925-38	Event Not Held		
1938-9	MJ Mitchell	Auckland	111' 6 ½"
1939-40	MJ Mitchell	Auckland	122' 6"
1940-1	MJ Mitchell	Auckland	116' 0 ½"
1941-4	No Competition		
1944-5	S Allington	Otago	97' 1 ½"
1945-6	S Allington	Otago	108' 10 ¾"
1946-7	S Allington	Otago	100' 10"
1947-8	V Robertson	West Coast North Island	104' 3"
1948-9	C Rivett-Carnac	Hawkes Bay Poverty Bay	104' 10 ½"
1949-50	YW Williams	Otago	116' 3"
1950-1	C Rivett-Carnac	Hawkes Bay Poverty Bay	112' 9 ¾"
1951-2	C Rivett-Carnac	Hawkes Bay Poverty Bay	123' 4 ½"
1952-3	C Rivett-Carnac	Hawkes Bay Poverty Bay	123' 7 ½"
1953-4	C Rivett-Carnac	Hawkes Bay Poverty Bay	121' 8"
1954-5	B Baxter	West Coast North Island	125' 7 ½"
1955-6	B Baxter	West Coast North Island	130' 4"
1956-7	W Garrod	Canterbury	118' 8 ¾"
1957-8	W Garrod	Otago	133' 1 ½"
1958-9	W Westbury	Auckland	131' 1"
1959-60	J Ryan	Canterbury	110' 9 ½"
1960-1	J Ryan	Canterbury	113' 7 ½"
1961-2	J Ryan	Canterbury	120' 11 ½"
1962-3	A Williams	Waikato	143' 9"
1963-4	A Williams	Waikato	136' 4"
1964-5	SA Flynn	Canterbury	119' 7 ½"
1965-6	SA Flynn	Canterbury	133' 3"
1966-7	N Higgs	Wellington	132' 8"

1967-8	SA Flynn	Canterbury	143' 1"
1968-9	SA Flynn	Canterbury	146' 1"
1969-70	SA Flynn	Canterbury	143' 8"
1970-1	S Goodsir	Otago	158' 4"
1971-2	S McGookin	Otago	154' 0"
1972-3	SA Mene	Canterbury	41.32m
1973-4	S McGookin	Otago	43.24m
1974-5	S McGookin	Otago	44.00m
1975-6	JM Bishop	Canterbury	39.84m
1976-7	S McGookin	Otago	44.40m
1977-8	S McGookin	Otago	46.30m
1978-9	JM Bishop	Canterbury	41.84m
1979-80	N Perkins	Canterbury	47.20m
1980-1	JM Bishop	Canterbury	47.10m
1981-2	JM Bishop	Canterbury	43.38m
1982-3	JM Bishop	Canterbury	45.48m
1983-4	A Tulitau	New Caledonia	46.48m
	JM Bishop	Canterbury	44.66m
1984-5	LC Osmer	Canterbury	43.88m
1985-6	K Nordstrom	Canterbury	45.26m
1986-7	K Smith	Auckland	50.50m
1987-8	K Nordstrom	Canterbury	49.74m
1988-9	K Smith	Auckland	51.38m
1989-90	K Smith	Auckland	51.94m
1990-1	K Smith	Auckland	53.70m
1991-2	K Smith	Auckland	61.52m
1992-3	K Hellier	Auckland	58.94m
1993-4	K Hellier	Auckland	57.58m
1994-5	K Hellier	Auckland	54.94m
1995-6	B Ramesh	New Caledonia	53.90m
	R Jacobsen	Waikato	45.90m
1996-7	R Jacobsen	Paeroa	46.24m
1997-8	H Wilson	Southern Stars	49.67m
1998-9	K Hellier	Counties Manukau	52.67m
1999-2000	A McBride	Waitemata	45.53m
2000-1	H Wilson	Otago	46.24m
2001-2	B Ramesh	New Caledonia	52.87m
	S Akeli	Grand Central Athletics	47.32m
2002-3	A Po'uhila	Counties Manukau	41.05m
2003-4	J Chang	Korea	55.28m
	S Akeli	Team Central	54.78m
2004-5	S Akeli	Manawatu Wanganui	50.20m
2005-6	S Akeli	Samoa	47.53m
	K Grant	Waikato Bay of Plenty	44.29m
2006-7	S Akeli	Samoa	49.46m
	T Baart	Australia	44.83m
	K Grant	Waikato Bay of Plenty	43.15m
2007-8	L Cornford	Australia	49.22m
	K Grant	Waikato Bay of Plenty	48.45m
2008-9	K Grant	Waikato Bay of Plenty	49.42m
2009-10	H Blair	Otago	47.80m
2010-11	H Blair	Otago	45.01m
2011-12	T Peeters	Southland	45.59m
2012-13	M Chapman	Auckland	47.63m
2013-14	T Peeters	Otago	54.45m

Hammer

1925-91	Event Not Held		
1991-2	T Came	Waikato	45.76m
1992-3	T Came	Waikato	49.84m
1993-4	R Bates	Otago	45.34m
1994-5	T Came	Waikato	51.12m
1995-6	T Williams	Canterbury	51.54m
1996-7	T Williams	Canterbury	50.86m
1997-8	T Williams	Canterbury	55.83m
1998-9	T Williams	Canterbury	59.12m
1999-2000	T Williams	Canterbury	62.31m
2000-1	T Williams	Canterbury	65.91m
2001-2	T Williams	Canterbury	59.94m
2002-3	V Adams	Auckland City Athletics	55.43m
2003-4	T Williams	Canterbury	56.56m
2004-5	D McCaw	Otago	50.98m
2005-6	A Vigers	Canterbury	50.78m
2006-7	D McCaw	Otago	52.99m
2007-8	D McCaw	Otago	49.70m
2008-9	J Charlesworth	Auckland	54.01m
2009-10	H Kaur	India	57.10m
	J Charlesworth	Auckland	52.53m
2010-11	J Ratcliffe	Waikato Bay of Plenty	60.58m
2011-12	J Ratcliffe	Waikato Bay of Plenty	59.92m
2012-13	N Bradley	Auckland	56.81m
2013-14	N Bradley	Auckland	56.06m

Pentathlon / Heptathlon

Pentathlon

1925-57	Event Not Held		
1957-8	VIM Sloper	Canterbury	3980 points
1958-9	J Heatley	Auckland	3996 points
1959-60	LE Anderson	Canterbury	4004 points
1960-1	J Heatley	Auckland	4031 points
1961-2	LE Anderson	Canterbury	4232 points
1962-3	VIM Young	Canterbury	4025 points
1963-4	LE Wilson	Canterbury	4501 points
1964-5	L Curtis	Canterbury	4364 points
1965-6	B Poulsen	Canterbury	4397 points
1966-7	B Poulsen	Canterbury	4059 points
1967-8	B Poulsen	Canterbury	4453 points
1968-9	B Poulsen	Canterbury	4459 points
1969-70	R Old	West Coast North Island	4166 points
1970-1	B Poulsen	Canterbury	4417 points
1971-2	B Poulsen	Canterbury	3968 points
1972-3	C Sole	West Coast North Island	3440 points
1973-4	SL Burnside	Canterbury	3881 points
1974-5	B Beable	Wellington	4171 points
1975-6	B Beable	Wellington	4309 points
1976-7	B Beable	Wellington	4148 points
1977-8	K Page	Auckland	3817 points
1978-9	T Yaxley	Otago	3781 points

1979-80	D Jones-Konihowski	Canada	4332 points
	K Page	Auckland	4026 points
1980-1	M Forsyth	Waikato	3768 Points

Heptathlon

1981-2	T Genge	Waikato	5654 points
1982-3	T Genge	Waikato	5619 points
1983-4	K Forbes	Canterbury	5481 points
1984-5	T Genge	Waikato	5601 points
1985-6	T Genge	Waikato	5274 points
1986-7	T Genge	Waikato	5570 points
1987-8	L Meaclem	Canterbury	4713 points
1988-9	C Kelly	Auckland	5209 points
1989-90	J Henry	Canterbury	5543 points
1990-1	J Henry	Canterbury	6092 points
1991-2	J Henry	Canterbury	6278 points
1992-3	C Kelly	Auckland	5152 points
1993-4	J Henry	Canterbury	5970 points
1994-5	No Competitors		
1995-6	J Henry	Canterbury	5887 points
1996-7	J Henry	Counties Manuakau	5919 points
1997-8	J Henry	Counties Manuakau	6254 points
1998-9	J Edmond	Canterbury	4751 points
1999-2000	J Henry	Counties Manuakau	5198 points
2000-1	N Kidd	Counties Manuakau	4716 points
2001-2	C Thompson	Australia	5600 points
	S Cowley	North Harbour Bays	4905 points
2002-3	K Nacewa	Counties Manuakau	4533 points
2003-4	J Drybrough	North Harbour Bays	4979 points
2004-5	R Wardell	Canterbury	4986 points
2005-6	R Wardell	Canterbury	5784 points
2006-7	J James	Canterbury	4202 points
2007-8	R Wardell	Canterbury	5626 points
2008-9	L Foote	Australia	5661 points
	S Cowley	Auckland	5392 points
2009-10	R Wardell	Canterbury	5988 points
2010-11	S Cowley	North Harbour Bays	5752 points
2011-12	S Cowley	North Harbour Bays	5905 points
2012-13	P Bing	North Harbour Bays	5774 points
2013 – 14	P Bing	North harbour Bays	5695 points

JUNIOR MEN

100yds / 100m

Under 19

100yds

1938-9	C McGregor	Otago	10.2
1939-40	H Potter	Wellington	10.6
1940-1	H Potter	Wellington	10.0
1941-4	No Competition		
1944-5	DR Batten	Canterbury	10.4
1945-6	K Plunkett	Canterbury	10.4
1946-7	H Vosper	Waikato	11.2
1947-8	RJ Stoddart	Canterbury	10.8
1948-9	R Meban	Hawkes Bay Poverty Bay	10.3
1949-50	B Thwaites	Canterbury	10.1
1950-1	G McDermott	Auckland	9.9
1951-2	DE Fleming	Waikato	10.0
1952-3	ML Rae	Auckland	10.0
1953-4	B Smith	Wellington	10.4
1954-5	B Wilson	Hawkes Bay Poverty Bay	10.4
1955-6	P Lamont	Auckland	10.2
1956-7	TR Heeps	Auckland	10.3
1957-8	C Maguire	Otago	10.3
1958-9	JW Taylor	Wellington	9.9
1959-60	J Trathen	Wellington	9.7
1960-1	C Crocker	Auckland	9.8
1961-2	R Gilbert	West Coast North Island	10.3
1962-3	B Harker	Waikato	10.2
1963-4	M Knight	Hawkes Bay Poverty Bay	10.4
1964-5	A Miller	Otago	9.9
1965-6	W Overend	Auckland	10.4
1966-7	G Wilson	Auckland	10.6
1967-8	H Raynes	Auckland	10.0
1968-9	D Berry	Canterbury	10.1

100m

1969-70	D Berry	Canterbury	10.9
1970-1	K Mountford	Auckland	10.7
1971-2	M Sutherland	Canterbury	11.1
1972-3	M Sutherland	Canterbury	10.9
1973-4	M Sutherland	Canterbury	10.87
1974-5	A von Biel	Canterbury	11.65

M20

1975-6	D Beguely	Auckland	11.32
1976-7	G French	Waikato	10.68
1977-8	J Leota	Canterbury	11.32
1978-9	J Leota	Canterbury	11.00
1979-80	J Shanahan	Auckland	11.09
1980-1	J Enright	Waikato	10.84
1981-2	J Enright	Waikato	10.96

1982-3	R Dacre	Canterbury	10.91
1983-4	A Collins	Wellington	10.90
1984-5	B Quinn	Auckland	11.15
1985-6	D Cockram	Canterbury	10.93
1986-7	M Woods	Auckland	10.79
1987-8	S Bowden	Canterbury	10.56
1988-9	H Percy	Waikato	10.69
1989-90	H Percy	Waikato	10.94
1990-1	N Park	Auckland	11.50
1991-2	D Lucas	Auckland	10.87
1992-3	C Donaldson	Otago	10.73
1993-4	N Cowan	Manawatu Wanganui	10.48
1994-5	C Donaldson	Otago	10.71
1995-6	D Wise	Waikato	10.71
1996-7	F Cameron	Hamilton	11.09
1997-8	B Potter	Auckland	10.72
1998-9	M Manu	North Harbour Bays	10.59
1999-2000	D Falealili	Wellington Harrier Club	10.89
2000-1	L McLellan	Otago	10.64
2001-2	D Falealili	Wellington Harrier AC	10.67
2002-3	J Mortimer	North Harbour Bays	10.74
2003-4	C Grooby	Tasman	10.62
2004-5	M Brown	Athletics North	10.66
2005-6	G Read	Athletics North	10.71
2006-7	D Ambler	Canterbury	11.16
2007-8	D Ambler	Canterbury	11.05
2008-9	I Tatoa	Auckland	10.74
2009-10	J Millar	Waikato Bay of Plenty	10.74
2010-11	R Howe	Waikato Bay of Plenty	11.20
2011-12	K Harman	Waikato Bay of Plenty	10.56

Junior

2012-13	K Harman	Waikato Bay of Plenty	10.42
2013-14	P Suli	Auckland	10.68

220yds / 200m

Under19

220yds

1938-9	C McGregor	Otago	23.0
1939-40	M Leonard	Wellington	24.2
1940-1	CR Bailey	Canterbury	22.4
1941-4	No Competition		
1944-5	DR Batten	Canterbury	22.4
1945-6	K Plunkett	Canterbury	22.0
1946-7	H Vosper	Waikato	23.0
1947-8	DW Jowett	Wellington	23.2
1948-9	DW Jowett	Wellington	22.5
1949-50	G McDermott	Auckland	22.8
1950-1	G McDermott	Auckland	21.8
1951-2	DE Fleming	Waikato	22.3
1952-3	ML Rae	Auckland	22.5
1953-4	B Smith	Wellington	23.0
1954-5	J Riley	Waikato	23.2
1955-6	M Earwaker	Southland	23.1
1956-7	D Davison	Canterbury	22.6

1957-8	DS Norris	Auckland	22.5
1958-9	J Weaver	Auckland	21.8
1959-60	A Steel	Canterbury	21.9
1960-1	J Trathen	Wellington	22.0
1961-2	D Williams	Auckland	22.4
1962-3	B Harker	Waikato	22.7
1963-4	W Overend	Auckland	23.0
1964-5	W Overend	Auckland	22.2
1965-6	W Overend	Auckland	22.3
1966-7	G Wilson	Auckland	22.8
1967-8	H Raynes	Auckland	21.9
1968-9	B Smith	Wellington	21.9

200m

1969-70	T Morrison	Waikato	21.7
1970-1	GS Anderson	Canterbury	22.0
1971-2	M Sweet	Hawkes Bay Poverty Bay	22.0
1972-3	M Garty	Canterbury	22.7
1973-4	M Henley-Smith	Auckland	22.12
1974-5	G Quilter	Northland	22.48

M20

1975-6	P Beguely	Auckland	22.52
1976-7	G French	Waikato	21.78
1977-8	G Broome	Wellington	22.33
1978-9	J Leota	Canterbury	22.01
1979-80	J Shanahan	Auckland	22.38
1980-1	J Enright	Waikato	21.75
1981-2	J Enright	Waikato	21.85
1982-3	R Dacre	Canterbury	21.70
1983-4	A Collins	Wellington	21.78
1984-5	N Harkness	Otago	22.55
1985-6	D Cockram	Canterbury	21.82
1986-7	S Bowden	Canterbury	21.20
1987-8	M Woods	Auckland	21.43
1988-9	G Clark	Southland	21.80
1989-90	P Dinnan	Wellington	22.44
1990-1	D Lucas	Auckland	21.77
1991-2	D Lucas	Auckland	22.15
1992-3	T Blythe	Waikato	21.00
1993-4	G Judge	Canterbury	21.62
1994-5	C Donaldson	Otago	21.42
1995-6	B Jansen	Waikato	21.90
1996-7	S Potter	Auckland	22.11
1997-8	B Potter	Auckland	21.63
1998-9	M O'Connor	Hastings	21.25
1999-2000	D Falealili	Wellington Harriers	21.41
2000-1	H Townsend	Grand Central Athletics	21.58
2001-2	D Falealili	Wellington Harrier AC	21.94
2002-3	J Dolphin	North Harbour Bays	21.23
2003-4	T Mansfield	Canterbury	21.44
2004-5	T Mansfield	Canterbury	21.29
2005-6	G Read	Athletics North	22.10
2006-7	D Natusch	Manawatu Wanganui	22.02
2007-8	C Mbofana	Auckland	21.73
2008-9	T Toki	Auckland	22.14
2009-10	J Millar	Waikato Bay of Plenty	21.60
2010-11	J Hawkins	Auckland	21.64

2011-12	A Whyte	Otago	22.38
<u>Junior</u>			
2012-13	W Smart	Manawatu Wanganui	22.54
2013-14	B Stewart	Auckland	22.04

440yds / 400m

Under19

440yds

1938-9	JB Treacy	Wellington	51.8
1939-40	PG Kissell	Wellington	52.6
1940-1	PG Kissell	Wellington	52.0
1941-4	No Competition		
1944-5	AF Dockery	Canterbury	51.4
1945-6	AF Dockery	Canterbury	51.8
1946-7	AF Dockery	Canterbury	51.0
1947-8	RA Jarden	Wellington	53.4
1948-9	RF Johnson	Hawkes Bay Poverty Bay	50.9
1949-50	R Hiskins	Waikato	52.2
1950-1	R Hiskins	Waikato	50.9
1951-2	M Esquilant	Otago	50.5
1952-3	C Harris	Wellington	50.8
1953-4	F Poppe	West Coast North Island	51.5
1954-5	S Anderson	West Coast North Island	49.8
1955-6	M Earwaker	Southland	49.5
1956-7	L Leikas	Wellington	49.8
1957-8	JW Taylor	Wellington	49.8
1958-9	JW Taylor	Wellington	49.7
1959-60	J Cornaga	Auckland	50.2
1960-1	B Seymour	West Coast North Island	49.4
1961-2	D Williams	Auckland	49.6
1962-3	R Wall	Wellington	50.5
1963-4	J Eddy	Southland	49.5
1964-5	T Finn	Wellington	49.8
1965-6	G McKecknie	Canterbury	49.0
1966-7	K Kellow	Waikato	49.4
1967-8	P Kear	Wellington	49.4
1968-9	G Dearlove	Auckland	49.8

400m

1969-70	J Bailey	Canterbury	49.6
1970-1	SC Erkill	Auckland	49.2
1971-2	D Phillips	Waikato	49.5
1972-3	G Smith	Wellington	49.6
1973-4	P Ayson	Waikato	49.24
1974-5	W McCallum	Wellington	48.09

M20

1975-6	W McCallum	Wellington	48.49
1976-7	P Pearless	Wellington	47.39
1977-8	G Hastelow	Hawkes Bay Poverty Bay	48.94
1978-9	L Fletcher	Auckland	48.1
1979-80	A Gill	Canterbury	48.87
1980-1	C Rogers	Waikato	47.69
1981-2	M Gutry	Waikato	47.92
1982-3	M Gutry	Waikato	47.51
1983-4	D Dale	Canterbury	48.00

1984-5	D Dale	Canterbury	47.92
1985-6	S Bowden	Canterbury	47.62
1986-7	G Gilbert	Canterbury	47.62
1987-8	A Green	Wellington	47.67
1988-9	P Harrison	Southland	49.15
1989-90	P Dinnan	Wellington	48.57
1990-1	S Farrell	Canterbury	49.51
1991-2	M Wilson	Auckland	49.65
1992-3	N Cowan	Manawatu Wanganui	46.84
1993-4	S Farrell	Canterbury	48.01
1994-5	B Jansen	Wellington	49.19
1995-6	S Potter	Auckland	48.10
1996-7	S Potter	Auckland	47.72
1997-8	C Wislang	Tasman	49.38
1998-9	C Wislang	Tasman	49.12
1999-2000	S Higgie	Team McKecknie	47.98
2000-1	J Stewart	Napier	50.02
2001-2	T Hawkes	Wellington Scottish	49.04
2002-3	S Rapson	Auckland City Athletics	49.17
2003-4	S Rapson	Auckland City Athletics	48.87
2004-5	C Innes	Otago	47.42
2005-6	J Vandermade	Auckland	49.29
2006-7	H Kingi	Wellington	50.71
2007-8	A Hodgson	Auckland	49.31
2008-9	M Robinson	Southland	47.78
2009-10	A Jordan	Tasman	47.01
2010-11	M Robinson	Southland	47.78
2011-12	A Whyte	Otago	47.68
<u>Junior</u>			
2012-13	R Jopp	Otago	48.50
2013-14	T Smith	Waikato Bay of Plenty	47.96

880yds / 800m

Under19

880yds

1938-9	D Shaw	Canterbury	2:02.8
1939-40	D Shaw	Canterbury	2:03.8
1940-1	TR Harris	West Coast North Island	1:58.8
1941-4	No Competition		
1944-5	G Waller	Wellington	2:00.6
1945-6	C Simpson	Otago	2:00.6
1946-7	JB Richardson	Otago	2:00.8
1947-8	NTO Wilson	Auckland	2:05.6
1948-9	NTO Wilson	Auckland	1:55.4
1949-50	TV Thompson	Otago	2:03.4
1950-1	GD Kerr	Otago	2:04.1
1951-2	J Hinton	Auckland	2:04.0
1952-3	WD Baillie	Auckland	2:00.0
1953-4	I Baillie	Auckland	2:01.2
1954-5	MG Stephens	Wellington	1:58.2
1955-6	MG Stephens	Wellington	1:56.2
1956-7	A Aston	Auckland	1:56.0
1957-8	R Anderson	Wellington	2:00.4
1958-9	G Philpott	Auckland	1:56.4
1959-60	I McCausland	Wellington	1:56.1

1960-1	N Wyatt	Waikato	1:57.6
1961-2	I Studd	Auckland	1:57.6
1962-3	P Kummer	Wellington	1:58.8
1963-4	P Reeves	Auckland	1:56.9
1964-5	P Reeves	Auckland	1:55.2
1965-6	K Ross	West Coast North Island	1:53.9
1966-7	RJ Tayler	Canterbury	1:55.3
1967-8	A Gilmour	Auckland	1:58.4
1968-9	A Gilmour	Auckland	1:56.7

800m

1969-70	R Batten	West Coast North Island	1:57.1
1970-1	E Benton	Wellington	1:55.0
1971-2	D Green	Canterbury	1:51.3
1972-3	D Green	Canterbury	1:50.1
1973-4	R Kermode	Auckland	1:51.7
1974-5	M Allen	Northland	1:52.0

M20

1975-6	AV Rogers	Waikato	1:51.1
1976-7	A Stark	Canterbury	1:52.1
1977-8	E Grogan	Auckland	1:52.8
1978-9	P McRedmond	West Coast North Island	1:53.9
1979-80	P McRedmond	West Coast North Island	1:53.4
1980-1	R Aldridge	West Coast North Island	1:53.28
1981-2	R Aldridge	West Coast North Island	1:51.03
1982-3	M Craig	Wellington	1:52.81
1983-4	D Kett	Canterbury	1:54.08
1984-5	R Howell	Waikato	1:51.48
1985-6	A McRoberts	Auckland	1:51.14
1986-7	A Bunce	Southland	1:52.43
1987-8	M Mitchell	Southland	1:53.33
1988-9	J Manins	Auckland	1:54.81
1989-90	D Renz	Auckland	1:52.17
1990-1	L Chandler	Tasman	1:57.21
1991-2	M Calver	Waikato	1:54.46
1992-3	M Turner	Northland	1:53.33
1993-4	S Willis	Wellington	1:53.43
1994-5	S Willis	Wellington	1:55.60
1995-6	W Burton	Wellington	1:54.36
1996-7	C McIntosh	Canterbury	1:52.86
1997-8	C McIntosh	Canterbury	1:53.53
1998-9	B Ruthe	Wellington Scottish	1:54.80
1999-2000	J Stewart	Napier	1:53.37
2000-1	J Stewart	Napier	1:52.06
2001-2	N Willis	Valleys United	1:54.11
2002-3	T Osborne	North Harbour Bays	1:51.01
2003-4	M Smith	Otago	1:53.94
2004-5	R Olsen	Otago	1:54.83
2005-6	C McKenzie	Manawatu Wanganui	1:54.75
2006-7	C McKenzie	Wellington	1:53.83
2007-8	D Bowden	Tasman	1:53.62
2008-9	M Whitehead	Auckland	1:53.81
2009-10	G Ballam	Southland	1:51.81
2010-11	J Oakley	Waikato Bay of Plenty	1:59.70
2011-12	S Hilliar	Waikato Bay of Plenty	1:57.08

Junior

2012-13	T Monnery	Auckland	1:55.29
2013-14	T Monnery	Auckland	1:57.96

1 Mile / 1500m**Under19****1 Mile**

1938-9	K McCormack	Auckland	4:37.0
1939-40	D Shaw	Canterbury	4:35.6
1940-1	WH Nelson	Canterbury	4:30.0
1941-4	No Competition		
1944-5	AR Glen	Wellington	4:29.4
1945-6	AR Glen	Wellington	4:32.6
1946-7	N Bates	West Coast North Island	4:22.8
1947-8	M Golder	Auckland	4:35.0
1948-9	NTO Wilson	Auckland	4:35.4
1949-50	W Hollis	Hawkes Bay Poverty Bay	4:28.5
1950-1	KE Williams	Canterbury	4:26.0
1951-2	MG Halberg	Auckland	4:22.0
1952-3	NI Scott	Waikato	4:26.2
1953-4	T Tremaine	Auckland	4:28.2
1954-5	B Stanniford	Otago	4:22.4
1955-6	D Karl	Waikato	4:20.4
1956-7	M Macky	Auckland	4:18.0
1957-8	D Dixey	Canterbury	4:20.7
1958-9	R Wyatt	Wellington	4:20.2
1959-60	I McCausland	Wellington	4:12.3
1960-1	G McKenzie	Auckland	4:21.4
1961-2	K McDell	Auckland	4:14.0
1962-3	J Beckett	Auckland	4:26.6
1963-4	R Maddaford	Auckland	4:12.2
1964-5	R Maddaford	Auckland	4:17.4
1965-6	RJ Tayler	Canterbury	4:08.3
1966-7	K Rowe	Waikato	4:13.8
1967-8	L Litten	Waikato	4:22.7
1968-9	RP Dixon	Wellington	4:19.8

1500m

1969-70	T Sutherland	Otago	3:56.7
1970-1	I Davidson	Northland	3:54.9
1971-2	D Green	Canterbury	3:56.2
1972-3	W Sheddan	Canterbury	3:58.3
1973-4	B Pauley	Canterbury	4:02.7
1974-5	W Sheddan	Canterbury	3:50.2

M20

1975-6	G Banks	Auckland	3:51.5
1976-7	A Stark	Canterbury	4:04.6
1977-8	R Thurlow	Otago	3:55.4
1978-9	MI Gilchrist	Canterbury	3:50.8
1979-80	MI Gilchrist	Canterbury	3:48.2
1980-1	P O'Donoghue	Northland	3:58.47
1981-2	C McDonald	Canterbury	3:50.94
1982-3	D Kett	Canterbury	3:56.78
1983-4	R Gray	Southland	3:57.12
1984-5	D Findlay	Southland,	

		E McColl Waikato =	3:51.82
1985-6	B Ballantyne	Wellington	3:54.16
1986-7	R Johnston	Otago	3:51.35
1987-8	L Howard	Auckland	3:54.03
1988-9	N Sargisson	Hawkes Bay Poverty Bay	3:59.42
1989-90	N Jackson	Wellington	3:55.92
1990-1	R Potts	Hawkes Bay Gisborne	3:52.89
1991-2	E Crowe	Southland	3:51.45
1992-3	M McKeown	Waikato	3:51.10
1993-4	P Starr	Wellington	3:53.57
1994-5	B Martin	Otago	3:55.16
1995-6	G Nichols	Canterbury	3:57.02
1996-7	C Claridge	Dunlop Hutt Valley	3:56.16
1997-8	C McIntosh	Canterbury	3:59.17
1998-9	J Woolhouse	Canterbury	3:56.88
1999-2000	B Ruthe	Wellington Scottish	3:57.82
2000-1	J Voss	North Harbour Bays	4:00.72
2001-2	T Osborne	North Harbour Bays	3:57.99
2002-3	T Osborne	North Harbour Bays	3:53.71
2003-4	M Smith	Otago	3:47.98
2004-5	L Jenkin	Athletics North	3:58.64
2005-6	H McLaren	Canterbury	3:52.70
2006-7	C McKenzie	Wellington	3:49.06
2007-8	M Mildenhall	Auckland	3:56.39
2008-9	B Blacklaws	Wellington	3:51.93
2009-10	A Wallace	Wellington	3:58.89
2010-11	J Oakley	Waikato Bay of Plenty	4:01.38
2011-12	B Moynihan	Auckland	4:08.61
Junior			
2012-13	B Moynihan	Auckland	3:54.68
2013-14	G Beamish	Manawatu Wanganui	3:54.23

2 Miles / 3000m

Under19

2 Miles

1938-44	Event Not Held		
1944-5	RB Kay	Canterbury	10:06.4
1945-6	DP Hutton	Otago	9:44.4
1946-7	GW Hoskins	Auckland	9:53.0
1947-8	J Sloan	Hawkes Bay Poverty Bay	10:10.4
1948-9	B Derwin	Hawkes Bay Poverty Bay	9:44.6
1949-50	W Hollis	Hawkes Bay Poverty Bay	10:01.9
1950-1	KE Williams	Canterbury	9:46.6
1951-2	MG Halberg	Auckland	9:38.0
1952-3	H McNeilage	Wellington	9:30.2
1953-4	H McNeilage	Wellington	9:32.4
1954-5	B Everitt	Wellington	9:40.0
1955-6	B Everitt	Wellington	9:22.5
1956-7	D Reece	Canterbury	9:21.3
1957-8	D Dixey	Canterbury	9:34.2
1958-9	S Payne	Canterbury	9:36.2
1959-60	J Power	Canterbury	9:28.4
1960-1	G McKenzie	Auckland	9:20.8
1961-90	Event Not Held		

M20**3000m**

1990-1	J Wyatt	Wellington	8:20.88
1991-2	M McKeown	Waikato	
1992-3	M McKeown	Waikato	8:16.53
1993-4	A Wright	Southland	9:01.61
1994-5	A Gooch	Waikato	8:33.6
1995-6	G Nichols	Canterbury	8:25.95
1996-7	T Panckhurst	North Shore Bays	8:40.72
1997-8	B Winder	Wellington Scottish	8:43.3
1998-9	J Woolhouse	Papanui Toc H	8:44.31
1999-2000	J Cresswell	Tauranga	8:39.8
2000-1	J Voss	North Harbour Bays	8:33.43
2001-2	N Willis	Valleys United	8:43.31
2002-3	S Wreford	Olympic Christchurch	8:49.00
2003-4	M Smith	Otago	8:15.72
2004-5	H McLaren	Canterbury	8:33.28
2005-6	not held		
2006-7	not held		
2007-8	not held		
2008-9	B Blacklaws	Wellington Scottish	8:26.80
2009-10	A Wallace	Wellington	8:38.00
2010-11	J Jackson	Auckland City Athletics	8:29.49
2011-12	J Oakley	Tauranga	8:34.04

Junior

2012-13	J Priddey	Hamilton City Hawks	8:34.28
2013-14	M Lowe	Tasman	8:35.14

3 Miles / 5000m**Under19****3 Miles**

1938-61	Event Not Held		
1961-2	B Rose	West Coast North Island	14:39.0
1962-3	M Jones	Canterbury	14:34.6
1963-4	R House	Northland	14:36.6
1964-5	L Boosey	West Coast North Island	14:23.5
1965-6	G Thorley	Wellington	14:12.4
1966-7	R Wakeford	Waikato	14:30.6
1967-8	R Bongard	Hawkes Bay Poverty Bay	14:34.4
1968-9	N Simmonds	Waikato	14:28.6

5000m

1969-70	P Watson	Canterbury	15:07.0
1970-1	M Couldwell	Canterbury	15:03.4
1971-2	B Crocker	Canterbury	14:55.4
1972-3	A Gempton	Canterbury	15:17.6
1973-4	G Shaw	Auckland	15:12.4
1974-5	G Anderson	Otago	15:03.8

M20

1975-6	G Shaw	Auckland	14:15.4
1976-7	J Park	Wellington	14:42.8
1977-8	L Whitty	Australia	14:19.5
	J Park	Wellington	14:20.6

1978-9	PC Renner	Canterbury	14:24.4
1979-80	T Stone	West Coast North Island	14:43.7
1980-1	D Roberts	Canterbury	14:51.86
1981-2	W Duckett	Taranaki	14:42.42
1982-3	N McGill	West Coast North Island	14:46.86
1983-4	D Rush	Otago	14:47.02
1984-5	J Gilbert	Canterbury	14:55.97
1985-6	R Moore	Hawkes Bay Poverty Bay	15:08.35
1986-7	R Wilson	Taranaki	14:40.87
1987-8	R Wilson	Taranaki	14:48.06
1988-9	V McCullough	Auckland	15:06.9
1989-90	P Trevella	Canterbury	14:36.85
1990-1	P Trevella	Canterbury	15:06.72
1991-2	J Wyatt	Wellington	14:29.52
1992-3	M McKeown	Waikato	14:31.20
1993-4	P Starr	Wellington	15:02.03
1994-5	B Martin	Otago	15:09.77
1995-6	H Obinata	Japan	14:50.59
	M Aish	Waikato	15:12.14
1996-7	T Panckhurst	North Shore Bays	15:15.27
1997-8	D Smith	Tauranga Ramblers	15:02.90
1998-9	J Woolhouse	Canterbury	15:18.15
1999-2000	S O'Callaghan	Otago	15:46.39
2000-1	S Smith	Frankton	15:11.20
2001-2	D Mordaunt	Auckland City Athletics	15:29.20
2002-3	L Hurring	Otago	15:22.70
2003-4	A Salad	Waikato Bay of Plenty	15:13.20
2004-5	A Salad	Waikato Bay of Plenty	14:46.42
2005-6	T Ejigu	Wellington	15:20.62
2006-7	H Beamish	Manawatu Wanganui	15:32.00
2007-8	H Dixon	Tasman	15:16:54
2008-9	A Pulford	Waikato Bay of Plenty	14:54.61
2009-10	D Balchin	Otago	15:09.28
2010-11	C Graves	Auckland	14:40.07
2011-12	D Wilson	Auckland	14:49.09
Junior			
2012-13	S Bremer	Otago	15:22.42
2013-14	J Baan	Manawatu Wanganui	15:51.57

10000m

M20

2010-11	A Pulford	Hamilton City Hawks	29:52.51
2011-12	A Gorrie	University of Canterbury	32:03.31

Junior

2012-13	J Smith	Caversham	36:54.21
2013-14	M Dryden	Christchurch Avon	33:38.07

3000m Steeplechase / 2000m Steeplechase

Under19

3000m Steeplechase

1938-65	Event Not Held
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1965-6	D Marshall-Inman	Waikato	9:20.4
1966-7	G Summerville	Auckland	9:31.8
1967-8	W Waters	Wellington	9:33.0
1968-9	W Waters	Wellington	9:19.8
1969-70	W Waters	Wellington	9:30.2
1970-1	M Couldwell	Canterbury	9:31.8
1971-2	B Crocker	Canterbury	9:23.4
1972-3	G Shaw	Auckland	9:33.8
1973-4	D Greig	Canterbury	9:27.4

2000m Steeplechase

1974-5	A McLaren	Canterbury	6:07.8
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M20

1975-6	G Shaw	Auckland	5:44.2
1976-7	PC Renner	Canterbury	5:51.0
1977-8	PC Renner	Canterbury	5:43.6
1978-9	PC Renner	Canterbury	5:40.7
1979-80	MI Gilchrist	Canterbury	5:38.5
1980-1	R Irvine	Wellington	5:56.40
1981-2	A Woodhouse	Hawkes Bay Poverty Bay	5:57.86
1982-3	C Mead	Waikato	5:55.64
1983-4	D Drummond	Canterbury	5:56.35
1984-5	J Gilbert	Canterbury	5:58.4
1985-6	W Edgeler	Otago	5:49.59
1986-7	W Edgeler	Otago	5:45.84
1987-8	G Teahan	Wellington	6:00.02
1988-9	J Letica	Auckland	5:50.4
1989-90	N Brown	Auckland	5:52.08
1990-1	M Pugh	Southland	5:56.0
1991-2	H Christensen	Hawkes Bay Gisborne	5:44.34
1992-3	H Christensen	Hawkes Bay Gisborne	5:53.18
1993-4	M Pulman	Auckland	5:59.35
1994-5	B Bothwell	Auckland	5:54.1
1995-6	B Bothwell	Auckland	6:02.84
1996-7	S McDowell	Team McKecknie	5:51.47
1997-8	G Darbyshire	Auckland	5:56.57
1998-9	V Craddock	Auckland	5:53.72
1999-2000	T Heaphy	Tasman	6:00.69
2000-1	T Heaphy	Tasman	5:56.41
2001-2	D Mordaunt	Auckland City Athletics	6:16.65

3000m Steeplechase

2002-3	N Smith	Hastings	9:15.93
2003-4	M Newton	Hastings	9:48.20
2004-5	B Stevens	Otago	9:44.79
2005-6	T Hodge	Wellington	9:21.61
2006-7	S Smith	Hawkes bay Gisborne	9:21.79
2007-8	A Jackson	Auckland	9:28.49
2008-9	M Banks	Auckland	9:30.89
2009-10	D Balchin	Otago	9:28.94
2010-11	L Walsh	Waikato Bay of Plenty	9:58.15
2011-12	J Moody	Calliope	10:01.69

Junior

2012-13	T Currie	Auckland	9:36.02
2013-14	M Dryden	Canterbury	10:08.13

120yds Hurdles / 110m Hurdles

Under19

120yds Hurdles

1938-9	JV Devich	Auckland	15.8
1939-40	RC Halliday	Canterbury	15.8
1940-1	E Hindle	Wellington	15.8
1941-4	No Competition		
1944-5	ARP Eustace	Auckland	15.0
1945-6	DG Steward	Auckland	15.2
1946-7	A Wills	Canterbury	16.0
1947-8	L Smith	Wellington	15.6
1948-9	EA Taylor	Waikato	15.1
1949-50	EA Taylor	Waikato	15.1
1950-1	EA Taylor	Waikato	14.5
1951-2	C Beer	Canterbury	14.9
1952-3	M Sheridan	Hawkes Bay Poverty Bay	14.8
1953-4	JP Dallow	Auckland	14.8
1954-5	JP Dallow	Auckland	15.3
1955-6	BC Robinson	Auckland	14.5
1956-7	J Bullcraig	Auckland	15.0
1957-8	R Johns	West Coast North Island	14.2
1958-9	R Johns	West Coast North Island	14.0
1959-60	J Fenwick	Auckland	14.6
1960-1	M Milham	Auckland	14.2
1961-2	RV Johnson	Otago	14.6
1962-3	M Walls	Canterbury	14.9
1963-4	K Hicks	Auckland	15.3
1964-5	R Pownall	Auckland	14.5
1965-6	M Randall	Southland	15.6
1966-7	R Main	Northland	15.8
1967-8	R Stewart	Waikato	15.3
1968-9	R Stewart	Waikato	14.7

110m Hurdles

1969-70	R Stewart	Waikato	14.8
1970-1	S Armitage	Otago	14.6
1971-2	B Fraser	Waikato	15.2
1972-3	R Auld	Northland	14.9
1973-4	P Mills	Auckland	14.38
1974-5	G Weaver	Auckland	16.0
M20			
1975-6	MA Miron	Canterbury	15.68
1976-7	P Wilson	Waikato	14.84
1977-8	K Shaw	Wellington	16.0
1978-9	K Mohammed	Canterbury	15.8
1979-80	J Vaemolo	Waikato	15.38
1980-1	K Mohammed	Canterbury	15.25
1981-2	A McClymont	Waikato	15.59
1982-3	SR Poelman	Auckland	15.70
1983-4	A Heaton	Waikato	15.51
1984-5	P Lloyd	Wellington	15.5
1985-6	P Lloyd	Wellington	14.7
1986-7	S Duncan	Otago	14.91
1987-8	G McNeil	Otago	14.37
1988-9	M Cooper	Otago	14.7

1989-90	S Newman	West Coast North Island	14.76
1990-1	P Hazlett	Canterbury	14.93
1991-2	P Hazlett	Canterbury	14.64
1992-3	P Hazlett	Canterbury	14.56
1993-4	L Whaley	Waikato	14.45
1994-5	L Whaley	Waikato	14.26
1995-6	M Edmond	Canterbury	15.03
1996-7	N O'Brien	Hamilton	14.23
1997-8	N O'Brien	Hamilton	14.35
1998-9	D Spencer	Hamilton	14.75
1999-2000	N O'Brien	North Harbour Bays	14.27
2000-1	A Sapoi	Tonga	14.71
	L Paul	Wellington Scottish	15.30
2001-2	no competitors		
2002-3	J Mortimer	North Harbour Bays	14.46
2003-4	B Smith	Athletics North	15.07
2004-5	B Newdick	Auckland	14.43
2005-6	B Smith	Athletics North	14.28
2006-7	R Musgrave	Otago	15.31
2007-8	K Fowler	Otago	14.93
2008-9	P Callagher	Auckland	14.68
2009-10	M Cochrane	Waikato Bay of Plenty	14.22
2010-11	M Cochrane	Waikato Bay of Plenty	14.11
2011-12	J Henry	Canterbury	14.62
<u>Junior</u>			
2012-13	J Hawkins	Auckland	13.80
2013-14	J Sandilands	Canterbury	14.60

400m Hurdles

Under19

1970-1	R McIntosh	Canterbury	56.1
1971-2	B Baxter	Canterbury	57.2
1972-3	T Williams	Canterbury	55.3
1973-4	P Mills	Auckland	53.04
1974-5	MA Miron	Canterbury	55.84

M20

1975-6	P Wilson	Waikato	54.56
1976-7	P Wilson	Waikato	53.94
1977-8	M French	Waikato	54.61
1978-9	C Eddie	Wellington	55.16
1979-80	M Ball	Auckland	56.54
1980-1	K Mohammed	Canterbury	54.62
1981-2	B Haugh	Otago	54.02
1982-3	S Coleman	Auckland	54.17
1983-4	B Quinn	Auckland	54.42
1984-5	B Quinn	Auckland	54.10
1985-6	H van Gestel	Canterbury	54.27
1986-7	H van Gestel	Canterbury	54.62
1987-8	H van Gestel	Canterbury	54.07
1988-9	J Schmidt	Auckland	55.0
1989-90	C Carter	Wellington	59.34
1990-1	G Coutts	Canterbury	56.63
1991-2	G Coutts	Canterbury	54.11

1992-3	C Stuart	Waikato	55.58
1993-4	Z Armstrong	Auckland	52.90
1994-5	C Stuart	Waikato	52.45
1995-6	J Watt	Wellington	55.60
1996-7	N O'Brien	Hamilton	53.37
1997-8	R Thompson	Wellington Harrier Club	56.37
1998-9	T Clarke	Couties Manukau	57.02
1999-2000	D Brady	North Harbour Bays	56.67
2000-1	JA Jerram	Hastings	63.97
2001-2	A Crawford	Otago	58.48
2002-3	C McConachy	Team Central	59.45
2003-4	T Satherley	Manawatu Wanganui=	54.39
	B Long	Manawatu Wanganui=	54.39
2004-5	N Kalavati	Wellington	54.46
2005-6	N Kalavati	Wellington	53.79
2006-7	N Kalavati	Wellington	51.81
2007-8	S Taylor	Auckland	54.07
2008-9	D Dyet	Auckland	53.87
2009-10	D Dyet	Auckland	53.64
2010-11	C French	Waikato Bay of Plenty	53.23
2011-12	P Simms	Waikato Bay of Plenty	54.58
<u>Junior</u>			
2012-13	J Hunt	Waikato Bay of Plenty	58.81
2013-14	Q Hartley	Manawatu Wanganui	55.95

3000m Track Walk

Under 19

1938-74	Event Not Held		
1974-5	P Bailey	West Coast North Island	15:09.4

M20

1975-6	P Bailey	West Coast North Island	14:29.4
1976-7	R Miller	Canterbury	14:36.0
1977-8	R Miller	Canterbury	14:08.2
1978-9	G Norris	Auckland	13:53.9
1979-80	G Norris	Auckland	13:37.4
1980-1	H van Beek	Auckland	13:29.85
1981-2	M Day	Taranaki	13:41.90
1982-3	M Day	Taranaki	13:20.85
1983-4	M Day	Taranaki	13:09.12
1984-5	C Hays	Auckland	14:18.1
1985-6	S Sullivan	Northland	14:02.34
1986-7	S Sullivan	Auckland	13:57.43
1987-8	S Sullivan	Auckland	13:35.14
1988-9	R Miller	Otago	13:16.59
1989-90	S Brown	Canterbury	13:11.00
1990-1	C Barrett	Waikato	12:40.48
1991-2	A Causer	Canterbury	13:00.98
1992-3	G Jones	Hawkes Bay Gisborne	12:41.81
1993-4	T Sargisson	Hawkes Bay Gisborne	13:16.87
1994-5	T Sargisson	Auckland	14:41.05
1995-6	N McDonald	Canterbury	13:43.83
1996-7	N Amyes	Canterbury	13:22.65
1997-8	D Elder	Otago	15:00.26

1998-9	Event Not Held		
1999-2000	G Burrell	Taranaki	14:09.37
2000-1	Event Not Held		
2001-2	K Phillips	Auckland City Athletics	15:50.41
2002-3	no competitors		
2003-4	D Stott	Waikato Bay of Plenty	14:03.97
2004-5	no competitors		
2005-6	no competitors		
2006-7	no competitors		
2007-8	N Shaw	Canterbury	14:17.16
2008-9	D Lord	Canterbury	13:04.77
2009-10	D Lord	Canterbury	13:45.37
2010-11	D Lord	Canterbury	13:36.08
2011-12	M Holcroft	Waikato Bay of Plenty	12:39.86
Junior			
2012-13	M Holcroft	Waikato Bay of Plenty	12:56.68
2013-14	J Lord	Canterbury	13:14.83

10km Road Walk

Under19

1938-61	Event Not Held		
1961-2	J Scott	Waikato	54:18.7
1962-3	J Scott	Waikato	53:13.8
1963-4	T Mayhew	Southland	50:27.0
1964-5	T Mayhew	Southland	50:16.3
1965-6	C Hirdman	West Coast North Island	52:36.6
1966-7	R Elder	Southland	54:05.6
1967-8	R Elder	Southland	54:47.0
1968-9	J Cleary	Canterbury	52:24.7
1969-70	M Parker	Auckland	51:03.2
1970-1	R Pilkington	Auckland	47:16.6
1971-2	G Seatter	Canterbury	49:00.7
1972-3	P Fox	West Coast North Island	52:33.2
1973-4	G Seatter	Canterbury	54:42.2
1974-5	P Bailey	West Coast North Island	52:14.0

M20

1975-6	P Bailey	West Coast North Island	52:24.0
1976-7	P Herbert	Northland	53:34.0
1977-8	H Riach	Canterbury	51:21.2
1978-9	H Riach	Canterbury	51:37.8
1979-80	G Norris	Auckland	49:06.2
1980-1	H van Beek	Auckland	48:48
1981-2	M Day	Taranaki	52:38.2
1982-3	M Day	Taranaki	50:05
1983-4	M Day	Taranaki	
1984-5	C Hays	Auckland	51:25.2
1985-6	S Sullivan	Northland	49:23.69
1986-7	S Sullivan	Auckland	48:26.97
1987-8	S Sullivan	Auckland	49:42.28
1988-9	R Miller	Otago	50:35.24
1989-90	S Brown	Canterbury	49:36.51
1990-1	C Barrett	Waikato	45:54.41
1991-2	C Lamers	Waikato	51:16.53

1992-3	T Sargisson	Hawkes Bay Gisborne	46:47.77
1993-4	T Sargisson	Hawkes Bay Gisborne	46:00.93
1994	T Sargisson	Auckland	46:33
1994-5	T Sargisson	Auckland	42:56.4
1995	T Feek	Taranaki	50:19
1995-6	N Amyes	Canterbury	54:20.5
1996-7	N Amyes	Canterbury	48:04.70
1997-8	D Elder	Otago	51:46
1998-9	No Finishers		
1999	G Burrell	Taranaki	51:27
1999-2000	G Burrell	Taranaki	48:45.00
2000-1	B Richardson	Grand Central Athletics	51:34.00
2001	F McInnes	Christchurch Avon	59:26
2001-2	D Ash	Lake City	52:01.00
2002-3	D Ash	Waikato Bay of Plenty	53:30.0
2003-4	D Stott	Waikato Bay of Plenty	55:30.0
2004-5	no finishers		
2005-6	S Thompson	Taranaki	58:43.0
2006-7	not held		
2007-8	not held		
2008-9	D Lord	Canterbury	49:25
2009-10	D Lord	Canterbury	49:34
2010-11	D Lord	Canterbury	48:04
2011-12	M Holcroft	Waikato Bay of Plenty	45:30
<u>Junior</u>			
2012-13	J Lord	Canterbury	48:00
2013-14	J Lord	Canterbury	49:18

4x110yds Relay / 4x100m Relay

Under19

4x110yds Relay

1938-55	Event Not Held	
1955-6	Auckland	44.4
1956-7	Auckland	44.1
1957-8	Otago	44.4
1958-9	Wellington	43.2
1959-60	Canterbury	43.5
1960-1	Auckland	43.4
1961-2	Auckland	44.0
1962-3	Canterbury	44.6
1963-4	Canterbury	43.6
1964-5	Auckland	44.2
1965-6	Canterbury	42.7
1966-7	Auckland	43.4
1967-8	Auckland	43.2
1968-9	Canterbury	42.4

4x100m Relay

1969-70	Auckland	42.1
1970-1	Auckland	42.6
1971-2	Canterbury	42.6
1972-3	Canterbury	42.8
1973-4	Canterbury	43.1
1974-5	Auckland	42.5

M20

1975-6	Auckland	42.34
1976-7	Waikato	42.47
1977-8	Auckland	42.98
1978-9	Auckland	42.36
1979-80	Waikato	42.41
1980-1	Waikato	42.43
1981-2	Waikato	41.61
1982-3	Waikato	42.17
1983-4	Waikato A	42.84
1984-5	Waikato	42.10
1985-6	Canterbury	42.32
1986-7	Auckland	41.91
1987-8	Auckland A	41.92
1988-9	Canterbury	43.02
1989-90	Waikato	43.15
1990-1	Auckland	42.15
1991-2	Auckland	42.26
1992-3	Manawatu – Wanganui	42.99
1993-4	Wellington	42.08
1994-5	Wellington	42.32
1995-6	Waikato	41.89
1996-7	Auckland	42.59
1997-8	Auckland	41.75
1998-9	Hastings	42.03
1999-2000	Otago	41.91
2000-1	Wellington HAC	43.17
2001-2	Hamilton City Hawks A	43.84
2002-3	Team Central	43.54
2003-4	Auckland City Athletics	42.15
2004-5	Otago	42.33
2005-6	Athletics North	42.75
2006-7	Wellington	42.80
2007-8	Canterbury	42.99
2008-9	Auckland	42.51
2009-10	Otago	43.00
2010-11	Manawatu-Wanganui	42.37
2011-12	Waikato Bay of Plenty	41.11

Junior

2012-13	Waikato Bay of Plenty	42.36
2013-14	Auckland	42.63

4x440yds Relay / 4x400m Relay**Under19****4x440yds Relay**

1938-55	Event Not Held	
1955-6	Wellington	3:26.8
1956-7	Wellington	3:29.0
1957-8	Auckland	3:25.4
1958-9	Auckland	3:24.3
1959-60	Canterbury	3:24.5
1960-1	Wellington	3:24.6
1961-2	Otago	3:27.0

1962-3	Otago	3:31.1
1963-4	Auckland	3:21.2
1964-5	Auckland	3:24.6
1965-6	Auckland	3:24.7
1966-7	Auckland	3:23.2
1967-8	Canterbury	3:24.7
1968-9	Canterbury	3:21.2

4x400m Relay

1969-70	Auckland	3:23.2
1970-1	Auckland	3:22.7
1971-2	Canterbury	3:22.7
1972-3	Canterbury	3:20.0
1973-4	Auckland	3:22.3
1974-5	Auckland	3:21.5

M20

1975-6	Wellington	3:19.8
1976-7	Wellington	3:18.5
1977-8	Auckland	3:20.2
1978-9	Auckland	3:20.3
1979-80	Waikato	3:16.8
1980-1	Waikato	3:14.65
1981-2	Waikato A	3:13.42
1982-3	Auckland A	3:16.88
1983-4	Waikato B	3:19.66
1984-5	Waikato	3:18.99
1985-6	Canterbury	3:15.84
1986-7	Canterbury	3:14.60
1987-8	Canterbury	3:16.20
1988-9	Wellington	3:19.12
1989-90	Auckland	3:20.95
1990-1	Waikato	3:29.64
1991-2	Auckland	3:19.59
1992-3	Otago	3:17.0
1993-4	Manawatu – Wanganui	3:19.35
1994-5	Wellington	3:21.46
1995-6	Canterbury	3:19.09
1996-7	Auckland	3:19.11
1997-8	Auckland	3:21.40
1998-9	Auckland City Athletics	3:22.99
1999-2000	Counties Manukau	3:21.20
2000-1	Auckland City Athletics	3:27.59
2001-2	Otago A	3:26.93
2002-3	Valleys United	3:21.61
2003-4	Otago A	3:21.05
2004-5	Athletics North	3:21.92
2005-6	Athletics North	3:20.97
2006-7	Auckland	3:27.21
2007-8	Canterbury	3:22.56
2008-9	Manawatu-Wanganui	3:19.01
2009-10	Manawatu-Wanganui	3:18.11
2010-11	Auckland	3:25.05
2011-12	Waikato Bay of Plenty	3:19.95
<u>Junior</u>		
2012-13	Waikato Bay of Plenty	3:17.96
2013-14	Auckland	3:21.79

Long Jump

Under19

1938-9	WW Christensen	Canterbury	20' 8 ½"
1939-40	JM Carr	Canterbury	21' 4"
1940-1	NF Hastings	Wellington	20' 4"
1941-4	No Competition		
1944-5	K Forsythe	Hawkes Bay Poverty Bay	21' 7 ⁷ / ₈ "
1945-6	D Dephoff	Canterbury	21' 10 ¹ / ₈ "
1946-7	D Dephoff	Canterbury	21' 10"
1947-8	WBK Hough	Auckland	21' 2 ⁷ / ₈ "
1948-9	MB Pope	Canterbury	21' 2"
1949-50	W Belcher	Canterbury	21' 11 ¼"
1950-1	SF Halton	Wellington	21' 4 ¼"
1951-2	RA James	Wellington	21' 6 ¹ / ₈ "
1952-3	D Lowe	Auckland	21' 10"
1953-4	D Slade	Wellington	21' 7 ½"
1954-5	R King	Otago	21' 6 ¾"
1955-6	BC Robinson	Auckland	23' 1"
1956-7	DS Norris	Auckland	21' 2"
1957-8	DS Norris	Auckland	22' 11 ¾"
1958-9	P Atley	Auckland	23' 2 ¼"
1959-60	P Atley	Auckland	22' 8 ¾"
1960-1	EJ Thompson	Otago	20' 8 ¼"
1961-2	R Harris	Wellington	21' 1 ¾"
1962-3	J Aratema	Waikato	21' 10 ¼"
1963-4	J Aratema	Waikato	22' 9 ½"
1964-5	J King	Auckland	23' 4 ¼"
1965-6	R Ward	Canterbury	22' 2 ¼"
1966-7	M Mear	Hawkes Bay Poverty Bay	22' 10 ¼"
1967-8	C King	Northland	23' 0"
1968-9	N Kerr-Bell	Waikato	22' 3 ½"
1969-70	J Delamere	Auckland	24' 5 ¼"
1970-1	D Dewe	West Coast North Island	23' 1"
1971-2	R Davis	Otago	22' 8 ¼"
1972-3	P McNeil	Auckland	6.61m
1973-4	P McNeil	Auckland	7.01m
1974-5	K Sefton	Auckland	6.13m

M20

1975-6	S Maitland	Wellington	7.16m
1976-7	K Sefton	Auckland	6.86m
1977-8	EEW Peterson	Canterbury	6.76m
1978-9	SC Walsh	Otago	7.08m
1979-80	EEW Peterson	Canterbury	7.34m
1980-1	W Stewart	Canterbury	6.71m
1981-2	M Shaw	Otago	6.87m
1982-3	D Park	Hawkes Bay Poverty Bay	6.93m
1983-4	S Hauf	Auckland	6.96m
1984-5	A Heaton	Waikato	7.14m
1985-6	J Moyle	Auckland	7.17m
1986-7	J Moyle	Auckland	7.43m
1987-8	W Hinchcliff	Auckland	7.34m
1988-9	D Pirini	Auckland	7.26m
1989-90	A Langdon	Northland	7.21m
1990-1	N Park	Auckland	7.46m

1991-2	N Park	Auckland	7.58m
1992-3	A Papa	Auckland	7.10m
1993-4	A Papa	Auckland	7.25m
1994-5	G Pateman	Canterbury	7.03m
1995-6	G Pateman	Canterbury	7.01m
1996-7	C Kerr	Gisborne	7.10m
1997-8	C Merrilees	Otago	7.00m
1998-9	S Gourley	Canterbury	6.69m
1999-2000	H Garland	Otago	6.40m
2000-1	S Jones	Southern Stars	6.77m
2001-2	P Cox	Otago	7.23m
2002-3	J Thumath	Auckland City Athletics	6.98m
2003-4	J Thumath	Auckland	7.01m
2004-5	J Thumath	Auckland	7.10m
2005-6	D Thompson	Otago	6.88m
2006-7	R Blair	Australia	6.66m
	D Morgan	Canterbury	6.64m
2007-8	D Morgan	Canterbury	7.02m
2008-9	J Verburg	Auckland	6.98m
2009-10	A Kruij	Manawatu Wanganui	7.13m
2010-11	James Hutchens	Wellington	7.39m
2011-12	N Gerrard	Auckland	7.11m
Junior			
2012-13	A Colvin	Waikato Bay of Plenty	7.28m
2013-14	J Billington	Auckland	6.83m

Triple Jump

Under19

1938-9	Event Not Held		
1939-40	WF Russell	Wellington	45' 9 ¾"
1940-1	D Jones	Canterbury	44' 10 ¾"
1941-4	No Competition		
1944-5	K Forsythe	Hawkes Bay Poverty Bay	45' 1 ½"
1945-6	K Forsythe	Hawkes Bay Poverty Bay	44' 2"
1946-7	B Cowley	Waikato	44' 2 ¾"
1947-8	E Meredith	Waikato	44' 3 ½"
1948-9	RF Johnson	Hawkes Bay Poverty Bay	44' 9 ¼"
1949-50	JJ Darby	Canterbury	44' 8"
1950-1	M Watson	Canterbury	42' 1 ½"
1951-2	M Watson	Canterbury	46' 10 ¾"
1952-3	H Walters	Auckland	45' 1"
1953-4	H Walters	Auckland	45' 10 ½"
1954-5	J McLaren	Waikato	44' 9 ¾"
1955-6	DS Norris	Auckland	48' 10 ½"
1956-7	DS Norris	Auckland	48' 7"
1957-8	DS Norris	Auckland	48' 10 ¼"
1958-9	EJ Thompson	Otago	45' 11"
1959-60	EJ Thompson	Otago	47' 0 ¼"
1960-1	EJ Thompson	Otago	45' 7"
1961-2	K Simpson	Canterbury	44' 10 ¾"
1962-3	J Aratema	Waikato	44' 6 ½"
1963-4	J Aratema	Waikato	46' 7 ¼"
1964-5	G Collins	Auckland	45' 8"
1965-6	G Collins	Auckland	46' 0 ½"
1966-7	G Birkinshaw	Hawkes Bay Poverty Bay	47' 0 ¾"

1967-8	N Ward	Hawkes Bay Poverty Bay	46' 7 ½"
1968-9	N Ward	Hawkes Bay Poverty Bay	44' 6 ½"
1969-70	J Delamere	Auckland	49' 6"
1970-1	S Brent	Auckland	47' 5 ¾"
1971-2	N Griffiths	Wellington	42' 9 ½"
1972-3	D Strange	Waikato	13.26m
1973-4	D Strange	Waikato	14.04m
1974-5	D Strange	Waikato	14.40m

M20

1975-6	D Strange	Waikato	14.39m
1976-7	J Luckie	Waikato	13.63m
1977-8	ST McKee	Canterbury	13.59m
1978-9	ST McKee	Canterbury	14.36m
1979-80	R Hutson	Wellington	13.95m
1980-1	R Hutson	Wellington	14.22m
1981-2	R Hutson	Wellington	14.31m
1982-3	F Cole	West Coast North Island	14.05m
1983-4	S Hauf	Auckland	14.77m
1984-5	N Avery	Auckland	14.08m
1985-6	N Avery	Auckland	14.86m
1986-7	N Avery	Auckland	14.99m
1987-8	W Hinchcliff	Auckland	14.61m
1988-9	S Raynes	Southland	13.91m
1989-90	S Newman	West Coast North Island	14.18m
1990-1	N Park	Auckland	14.78m
1991-2	R Bruce	Wellington	13.92m
1992-3	B Stebbings		13.67m
1993-4	V Poutawera	Wellington	14.04m
1994-5	V Poutawera	Wellington	13.85m
1995-6	C Kerr	Hawkes bay Gisborne	14.28m
1996-7	K Ganley	North Shore Bays	14.38m
1997-8	K Ganley	North Harbour Bays	14.85m
1998-9	K Ganley	North Harbour Bays	14.63m
1999-2000	C Webber	North Harbour Bays	14.05m
2000-1	C McFadden	Canterbury	13.34m
2001-2	T Davie	Otago	13.83m
2002-3	T Hawkes	Valleys United	14.24m
2003-4	C Afou	Tahiti	13.11m
	P Hughes	Otago	12.88m
2004-5	C Nicholson	Athletics North	13.53m
2005-6	T Manaia	Taranaki	13.92m
2006-7	C Nicholson	Auckland	13.94m
2007-8	T Swanson	Southland	13.50m
2008-9	M Robinson	Southland	14.51m
2009-10	T Swanson	Southland	14.21m
2010-11	T Swanson	Southland	14.81m
2011-12	P Wyatt	Auckland	14.58m

Junior

2012-13	J Peters	Auckland	13.58m
2013-14	C Brake	Tasman	14.45m

High Jump

Under19

1938-9	NW Thom	Auckland	5' 7"
1939-40	W Blundell	Wellington	5' 7"

1940-1	JV McCormick	Canterbury	5' 10"
1941-4	No Competition		
1944-5	EA Rhodes	Auckland	5' 8 ½"
1945-6	EA Rhodes	Auckland	5' 8 ¾"
1946-7	HS Robertson	Canterbury	5' 9"
1947-8	GH Jeffries	Otago	5' 9 ¾"
1948-9	M Pope Hawkes Bay	Poverty Bay	5' 8"
1949-50	B Cameron	Canterbury	5' 6 ¾"
1950-1	GT Young	Wellington	5' 9 ¼"
1951-2	H Hilliam	Auckland	5' 9"
1952-3	M Jeffries	Auckland	5' 11"
1953-4	M Jeffries	Auckland	6' 5"
1954-5	M Jeffries	Auckland	6' 4"
1955-6	M Jeffries	Auckland	6' 4"
1956-7	M Smith	Wellington	5' 9"
1957-8	B Thomas	Auckland	6' 2 ½"
1958-9	G Clayton	Auckland	5' 10"
1959-60	JJ Chadderton	Canterbury	5' 10"
1960-1	W Speirs	Otago	5' 10"
1961-2	W Speirs	Otago	5' 10 ¼"
1962-3	P Hepburn	Wellington	5' 10"
1963-4	R Patterson	Auckland	5' 11"
1964-5	P Rikys	Auckland	6' 1"
1965-6	A Jordan	Auckland	6' 2"
1966-7	P Cunningham	Auckland	6' 1"
1967-8	D Agate	Auckland	5' 8"
1968-9	D Agate	Auckland	6' 0"
1969-70	C Strange	Waikato	6' 1"
1970-1	B Morton	Waikato	6' 2"
1971-2	P Crampton	Canterbury	6' 0"
1972-3	P Tracy	Waikato	1.93m
1973-4	P Crampton	Canterbury	1.89m
1974-5	KJ McKee	Canterbury	1.91m
M20			
1975-6	TC Lomax	Canterbury	2.04m
1976-7	KJ McKee	Canterbury	2.00m
1977-8	TC Lomax	Canterbury	2.06m
1978-9	Q Pawson	Canterbury	1.96m
1979-80	V Moisa	Wellington	1.93m
1980-1	W Boyd	Canterbury	2.04m
1981-2	C Trabing	Otago	2.09m
1982-3	R Te Puni	Wellington	2.02m
1983-4	J Brown	Otago	1.99m
1984-5	K De Jong	Northland	2.12m
1985-6	K McNeely	Auckland	2.16m
1986-7	S Hollings	Canterbury	2.08m
1987-8	A McNeill	Waikato	2.02m
1988-9	S Hollings	Canterbury	2.10m
1989-90	R Featherstone	Auckland	1.99m
1990-1	J Ennor	Auckland	1.96m
1991-2	C Knight	Canterbury	1.94m
1992-3	G Howard	Canterbury	2.00m
1993-4	G Howard	Canterbury	2.15m
1994-5	G Howard	Canterbury	2.08m
1995-6	G Howard	Canterbury	2.20m
1996-7	R Fraser	Southland	1.95m
1997-8	B Roper	North Harbour Bays	2.03m

1998-9	N Tubu	Counties Manuka	1.90m
1999-2000	G Knaggs	Canterbury	1.90m
2000-1	G Knaggs	Canterbury	1.93m
2001-2	G Knaggs	Canterbury	1.94m
2002-3	G Knaggs	Canterbury	2.00m
2003-4	G Knaggs	Canterbury	2.00m
2004-5	B McDiarmond	Taranaki	2.00m
2005-6	B Crayford	Wellington	2.03m
2006-7	B Loh	Canterbury	1.97m
2007-8	B Loh	Canterbury	1.97m
2008-9	R Standing	Taranaki	1.94m
2009-10	R Standing	Taranaki	2.05m
2010-11	N Gerrard	Auckland	2.02m
2011-12	P Wyatt	Auckland	2.00m
Junior			
2012-13	J Sandilands	Canterbury	2.03m
2013-14	D Brooks	Taranaki	2.03m

Pole Vault

Under19

1938-9	LM Speed	Auckland	10' 0"
1939-40	AA Opie	Canterbury	9' 11 ³ / ₄ "
1940-1	RM Muir	Auckland	9' 4"
1941-4	No Competition		
1944-5	I Barr	Wellington	9' 10 ¹ / ₂ "
1945-6	EA Rhodes	Auckland	9' 4 ³ / ₄ "
1946-7	D Earp	Waikato	10' 0 ³ / ₄ "
1947-8	J Eastwood	Waikato	10' 3 ¹ / ₂ "
1948-9	J Eastwood	Waikato	10' 5"
1949-50	G Martin	Wellington	11' 8 ³ / ₄ "
1950-1	J Eastwood	Waikato	12' 2 ¹ / ₂ "
1951-2	K Gatehouse	Canterbury	11' 3"
1952-3	K Graham		10' 9"
1953-4	B Merrilees	Otago	11' 0"
1954-5	P Asher	Hawkes Bay Poverty Bay	11' 5"
1955-6	P Asher	Hawkes Bay Poverty Bay	11' 3"
1956-7	B Merrilees	Otago	11' 0"
1957-8	G Townsend	Otago	11' 6"
1958-9	T Wastney	Canterbury	11' 6 ¹ / ₄ "
1959-60	JJ Chadderton	Canterbury	11' 6"
1960-1	D Pellowe	Otago	11' 3"
1961-2	R Bradbury	West Coast North Island	11' 11 ³ / ₄ "
1962-3	B Joyce	West Coast North Island	11' 9 ¹ / ₄ "
1963-4	W Neilson	West Coast North Island	10' 9"
1964-5	F Woodcock	Northland	11' 0"
1965-6	R Clarke	Auckland	11' 3"
1966-7	R Clarke	Auckland	10' 0"
1967-8	N Ward	Hawkes Bay Poverty Bay	11' 6"
1968-9	N Ward	Hawkes Bay Poverty Bay	12' 3"
1969-70	N Ward	Hawkes Bay Poverty Bay	12' 7"
1970-1	R Lockington	Canterbury	10' 8"
1971-2	P Tracy	Waikato	12' 8"
1972-3	P Tracy	Waikato	4.42m
1973-4	P Tracy	Waikato	4.70m

1974-5	KJ McKee	Canterbury	4.15m
M20			
1975-6	KJ McKee	Canterbury	4.20m
1976-7	KJ McKee	Canterbury	4.35m
1977-8	ST McKee	Canterbury	3.80m
1978-9	ST McKee	Canterbury	4.05m
1979-80	M Stephenson	Hawkes Bay Poverty Bay	3.70m
1980-1	DM McKee	Canterbury	4.41m
1981-2	W Doyle	Canterbury	3.80m
1982-3	S Hauf	Auckland	3.75m
1983-4	S Hauf	Auckland	3.80m
1984-5	S Werthmuller	Wellington	4.30m
1985-6	S Werthmuller	Wellington	4.25m
1986-7	M Roper	Waikato	4.45m
1987-8	M Pointon	Waikato	3.80m
1988-9	P Gibbons	Auckland	4.20m
1989-90	P Gibbons	Auckland	5.00m
1990-1	P Gibbons	Auckland	4.80m
1991-2	J Bennett	Southland	3.85m
1992-3	M Collis	Waikato	4.10m
1993-4	R Ottosen		4.10m
1994-5	M Speyer	Canterbury	4.00m
1995-6	R Attwood	Canterbury	4.10m
1996-7	C Merrilees	Otago	4.10m
1997-8	C Merrilees	Otago	4.20m
1998-9	S Gourley	Canterbury	3.60m
1999-2000	J Thompson	Napier	3.60m
2000-1	L Paul	Wellington Scottish &	
	J Smalberger	North Harbour Bays =	3.80m
2001-2	J Woodman	North Harbour Bays	4.30m
2002-3	JG Nel	North Harbour Bays	4.30m
2003-4	JG Nel	Athletics North	4.35m
2004-5	B Newdick	Auckland	4.35m
2005-6	A Nazzar	Canterbury	4.35m
2006-7	L O'Connell	Auckland	4.05m
2007-8	T McKee	Canterbury	4.00m
2008-9	T McKee	Canterbury	4.24m
2009-10	T McKee	Canterbury	4.48m
2010-11	N Southgate	Auckland	5.00m
2011-12			
Junior			
2012-13	N Southgate	Auckland	5.00m
2013-14	J Steyn	Auckland	4.05m

Shot

Under19

1938-9	J Bourke	West Coast North Island	45' 9 7/8"
1939-40	KJ Morgan	Otago	43' 3"
1940-1	KJ Morgan	Otago	42' 8"
1941-4	No Competition		
1944-5	M Menzies	Auckland	39' 5"
1945-6	GGH Gilmour	Auckland	44' 4 1/2"
1946-7	HM Maisey	Auckland	42' 10"
1947-8	F Cowley	Auckland	46' 6 3/4"
1948-9	CG Ormsby	Auckland	43' 1 1/4"

1949-50	A Dalzell	Canterbury	43' 1 5/8"
1950-1	D McKenzie	Auckland	47' 8 7/8"
1951-2	LR Mills	Auckland	48' 11 1/2"
1952-3	LR Mills	Auckland	49' 2 3/4"
1953-4	P Burns	Wellington	45' 5 1/2"
1954-5	M Jeffries	Auckland	50' 0 3/4"
1955-6	R Wells	Waikato	45' 10 1/2"
1956-7	R Wells	Waikato	46' 3 1/2"
1957-8	M Hrstich	Auckland	47' 8 3/4"
1958-9	RD Tait	Otago	49' 2"
1959-60	PJ Norris	Auckland	48' 9"
1960-1	J Gilhooly	West Coast North Island	45' 10 3/4"
1961-2	R Hargreaves	Northland	51' 5"
1962-3	D Boyd	Northland	47' 5"
1963-4	D Boyd	Northland	51' 11 1/2"
1964-5	P Walsh	Canterbury	50' 9 1/2"
1965-6	R Greensides	Auckland	54' 4 1/4"
1966-7	J Antunovich	Auckland	51' 8 1/2"
1967-8	H Ruffell	Canterbury	56' 3"
1968-9	H Ruffell	Canterbury	57' 4 1/4"
1969-70	GJ May	Canterbury	52' 4"
1970-1	K Falle	Auckland	48' 4 1/4"
1971-2	P Dryden	Otago	48' 5 3/4"
1972-3	P Dryden	Otago	14.87m
1973-4	P Barron	Auckland	16.11m
1974-5	A Adams	Auckland	14.50m
M20			
1975-6	R Dryden	Otago	14.25m
1976-7	R Dryden	Otago	14.66m
1977-8	R Dryden	Otago	15.22m
1978-9	I Lyness	Wellington	14.76m
1979-80	D Morton	Waikato	14.28m
1980-1	D Morton	Hawkes Bay Poverty Bay	15.56m
1981-2	M Nua	Auckland	15.75m
1982-3	M Nua	Auckland	14.94m
1983-4	M Nua	Auckland	15.63m
1984-5	WT Hunt	Canterbury	14.70m
1985-6	B Panaho	Auckland	16.05m
1986-7	P Jensen	Waikato	15.63m
1987-8	C Ireland	Waikato	16.46m
1988-9	C Ireland	Waikato	17.39m
1989-90	C Ireland	Waikato	17.88m
1990-1	P Hellier	Northland	16.43m
1991-2	N Tait	Otago	15.21m
1992-3	I Winchester	Waikato	15.66m
1993-4	Y Fakate	New Caledonia	15.21m
	A Stowers	Wellington	14.95m
1994-5	S Williamson	Canterbury	14.25m
1995-6	F Seve	Wellington	15.68m
1996-7	F Seve	Rose & Crown Kiwi	16.29m
1997-8	H Poihipi	Hamilton	15.12m
1998-9	D Kilama	New Caledonia	16.20m
	M Leadley	Canterbury	14.10m
1999-2000	R Rapana	North Harbour Bays	15.19m
2000-1	J Simpson	Otago	15.79m
2001-2	B Vili	New Caledonia	18.47m
	T Edwards	Hastings	13.22m

2002-3	T Edwards	Hastings	14.41m
2003-4	J Manioa	Auckland	16.39m
2004-5	J Vandermade	Auckland	15.61m
2005-6	J McFarlane	Auckland	15.49m
2006-7	S Lasie	Samoa	16.20m
	D Smuts	Taranaki	15.29m
2007-8	D Smuts	Auckland	15.98m
2008-9	D Smuts	Auckland	16.36m
2009-10	J Gill	Auckland	19.92m
2010-11	J Gill	Auckland	21.34m
2011-12	J Gill	Auckland	22.30m
Junior			
2012-13	J Gill	Auckland	20.53m
2013-14	B Chong Wong	Auckland	17.13m

Discus

Under19

1938-9	J Gribben	Hawkes Bay Poverty Bay	114' 9"
1939-40	KJ Morgan	Otago	125' 2 ¾"
1940-1	KJ Morgan	Otago	130' 10 ¼"
1941-4	No Competition		
1944-5	J Roberts	Wellington	126' 11 ¼"
1945-6	GGH Gilmour	Auckland	130' 10 ¼"
1946-7	S Sinclair	West Coast North Island	122' 11"
1947-8	D Young	Canterbury	139' 0"
1948-9	D Young	Canterbury	138' 10"
1949-50	RI Chadwick	Auckland	149' 2 ½"
1950-1	RI Chadwick	Auckland	138' 10 ¼"
1951-2	LR Mills	Auckland	143' 11 ¼"
1952-3	LR Mills	Auckland	155' 1 ½"
1953-4	RG Ball	Canterbury	142' 3 ½"
1954-5	M Jeffries	Auckland	139' 1"
1955-6	R Dallow	Auckland	134' 8"
1956-7	M Cossey	Auckland	136' 2 ½"
1957-8	PJ Norris	Auckland	146' 6 ½"
1958-9	PJ Norris	Auckland	164' 4 ½"
1959-60	PJ Norris	Auckland	166' 1"
1960-1	J Ridge	West Coast North Island	144' 8 ½"
1961-2	L Gummer	Auckland	149' 9 ½"
1962-3	T Freeman	Canterbury	141' 8 ½"
1963-4	A McIntyre	Canterbury	157' 1 ½"
1964-5	G Denholm	Auckland	162' 9 1/2:"
1965-6	J Antunovich	Auckland	152' 9"
1966-7	J Antunovich	Auckland	177' 10"
1967-8	R Galloway	Wellington	162' 8"
1968-9	W Garnham	Auckland	180' 1"
1969-70	W Gill	Auckland	166' 11 ½"
1970-1	D Park	Wellington	155' 1"
1971-2	J Clune	Waikato	157' 6 ½"
1972-3	H Smith	Wellington	46.98m
1973-4	H Smith	Wellington	52.02m
1974-5	B Fulton	Waikato	44.64m

M20

1975-6	MAP Robinson	Waikato	50.54m
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1976-7	R Dryden	Otago	48.02m
1977-8	R Dryden	Otago	49.76m
1978-9	MAP Robinson	Auckland	51.86m
1979-80	R Sunde	Auckland	47.34m
1980-1	R Sunde	Auckland	49.90m
1981-2	R Sunde	Auckland	48.70m
1982-3	G Sigvertson	Wellington	46.62m
1983-4	T McNamee	Auckland	47.20m
1984-5	J Skurr	Canterbury	45.72m
1985-6	G McNee	Auckland	51.44m
1986-7	P Jensen	Waikato	52.04m
1987-8	B Panaho	Auckland	51.98m
1988-9	C Ireland	Waikato	51.96m
1989-90	C Mene	Canterbury	53.68m
1990-1	C Mene	Canterbury	55.54m
1991-2	I Winchester	Waikato	51.58m
1992-3	I Winchester	Waikato	55.80m
1993-4	A Stowers	Wellington	50.82m
1994-5	S Williamson	Canterbury	45.84m
1995-6	S Sola	Wellington	50.20m
1996-7	S Sola	Rose & Crown Kiwi	49.02m
1997-8	H Poihipi	Hamilton	50.43m
1998-9	S Sola	Kiwi	45.21m
1999-2000	D McGrath	Lake City	46.61m
2000-1	J Kachelhoffer	Canterbury	48.23m
2001-2	B Vili	New Caledonia	55.09m
	D Keenan	Southern Stars	45.81m
2002-3	T Edwards	Hastings	49.34m
2003-4	J Manioa	Auckland	48.08m
2004-5	S Lasei	Canterbury	46.91m
2005-6	J Vandermade	Auckland	48.43m
2006-7	S Lasei	Samoa	54.34m
	M Hall	Southland	46.03m
2007-8	K Fowler	Otago	50.54m
2008-9	D Smuts	Auckland	47.20m
2009-10	K Tongalea	Auckland	49.93m
2010-11	H Hall	Canterbury	46.87m
2011-12	H Hall	Canterbury	50.45m
Junior			
2012-13	S Ulufonua	Auckland	50.25m
2013-14	R Callister	Auckland	51.88m

Javelin

Under19

1938-9	R McKenzie	Otago	175' 3 ¾"
1939-40	R McKenzie	Otago	161' 6"
1940-1	J Radich	West Coast North Island	149' 0 ½"
1941-4	No Competition		
1944-5	R Grinter	Auckland	154' 11"
1945-6	R Grinter	Auckland	153' 2"
1946-7	E Erb	West Coast North Island	147' 7 ¾"
1947-8	N Grinter	Waikato	171' 0"
1948-9	N Grinter	Waikato	181' 3 ½"
1949-50	G Martin	Wellington	180' 2"

1950-1	M Watson	Canterbury	162' 1"
1951-2	M Watson	Canterbury	178' 0 ½"
1952-3	RG Ball	Canterbury	170' 1 ½"
1953-4	RG Ball	Canterbury	182' 0"
1954-5	M Jeffries	Auckland	178' 8"
1955-6	M Jeffries	Auckland	188' 1"
1956-7	M Speden	Southland	184' 9 ¾"
1957-8	M Speden	Southland	188' 10"
1958-9	AG Merrilees	Otago	194' 4 ½"
1959-60	MG Stewart	Canterbury	200' 8 ½"
1960-1	MG Stewart	Canterbury	203' 9"
1961-2	W Wightman	Canterbury	167' 11"
1962-3	B Henderson	West Coast North Island	197' 7"
1963-4	D Wightman	Canterbury	211' 10"
1964-5	B McDonald	Auckland	179' 1 ½"
1965-6	B McDonald	Auckland	184' 9"
1966-7	P McGlinchey	Canterbury	184' 4"
1967-8	I Dalzell	Canterbury	191' 5 ½"
1968-9	I Dalzell	Canterbury	176' 1"
1969-70	B Anderson	Hawkes Bay Poverty Bay	181' 3"
1970-1	N Clarke	West Coast North Island	171' 6"
1971-2	N Clarke	West Coast North Island	183' 6"
1972-3	N Clarke	West Coast North Island	62.00m
1973-4	MD O'Rourke	Hawkes Bay Poverty Bay	67.74m
1974-5	P Dyer	Canterbury	48.56m
M20			
1975-6	P McNab	Canterbury	56.26m
1976-7	N Lewis	Canterbury	56.38m
1977-8	J Reilly	Waikato	55.34m
1978-9	S Hunt	Canterbury	57.64m
1979-80	JM Stapylton-Smith	Canterbury	67.36m
1980-1	JM Stapylton-Smith	Canterbury	68.52m
1981-2	R Okesene	Auckland	61.66m
1982-3	O Ball	Wellington	59.42m
1983-4	C Greening	Wellington	61.64m
1984-5	GB Lovegrove	Waikato	69.80m
1985-6	GB Lovegrove	Waikato	73.84m
1986-7	GB Lovegrove	Waikato	74.66m
1987-8	S Bryan	Auckland	56.58m
1988-9	R Mitchell	Southland	64.10m
1989-90	R Mitchell	Southland	61.88m
1990-1	E King	Auckland	49.08m
1991-2	A Stowers	Wellington	60.72m
1992-3	A Stowers	Wellington	61.52m
1993-4	A Stowers	Wellington	62.94m
1994-5	A Harrison	Canterbury	57.12m
1995-6	A Harrison	Canterbury	65.40m
1996-7	B Stewart	Otago	57.70m
1997-8	S Farquhar	Hamilton	62.91m
1998-9	J Kiteau	New Caledonia	63.78m
	N Potts	Hastings	49.86m
1999-2000	O Dalton	North Harbour Bays	60.28m
2000-1	T Davis	Valleys United	52.97m
2001-2	S Farquhar	Hamilton	70.53m
2002-3	B Quinn	Valleys United	64.65m
2003-4	B Quin	Wellington	62.24m
2004-5	J Smallberger	Athletics North	60.53m

2005-6	J Vandermade	Auckland	58.27m
2006-7	M Browne	Otago	52.32m
2007-8	G Archibald	Canterbury	59.62m
2008-9	G Archibald	Canterbury	52.86m
2009-10	B Burnell	Manawatu Wanganui	56.97m
2010-11	B Langton-Burnell	Manawatu Wanganui	58.40m
2011-12	B Langton-Burnell	Manawatu Wanganui	61.41m
Junior			
2012-13	K van der Merwe	Taranaki	58.23m
2013-14	J Abraham	Auckland	56.02m

Hammer

Under19

1938-44	Event Not Held		
1944-5	R Grinter	Auckland	102' 5 5/8"
1945-6	R Grinter	Auckland	108' 7 1/2"
1946-7	DW Monds	Auckland	127' 10 1/2"
1947-8	DW Monds	Auckland	154' 8 1/4"
1948-9	N Grinter	Waikato	148' 0 1/2"
1949-50	D Belcher	Canterbury	124' 7 1/4"
1950-1	M Roderick	Hawkes Bay Poverty Bay	141' 3"
1951-2	M Roderick	Hawkes Bay Poverty Bay	126' 10 1/2"
1952-3	LR Mills	Auckland	125' 5"
1953-4	A Hayes	Waikato	144' 6"
1954-5	J Stevenson	Hawkes Bay Poverty Bay	155' 3 1/2"
1955-6	JM McConnachie	Otago	142' 4 1/2"
1956-7	W Candy	West Coast North Island	136' 10"
1957-8	R Kent	Otago	140' 1"
1958-9	R Kent	Otago	156' 1"
1959-60	J Neale	Auckland	156' 7 1/2"
1960-1	T Bickerstaff	Hawkes Bay Poverty Bay	150' 7 1/2"
1961-2	K Bradley	Waikato	152' 10 1/2"
1962-3	G Grant	Canterbury	175' 8"
1963-4	D Gilliland	Hawkes Bay Poverty Bay	169' 2"
1964-5	D Gilliland	Hawkes Bay Poverty Bay	186' 5 1/2"
1965-6	C Donnelly	West Coast North Island	149' 3"
1966-7	M Walker	Auckland	149' 1"
1967-8	R Davidson	Otago	181' 6"
1968-9	P Brown	Canterbury	182' 5"
1969-70	P Brown	Canterbury	173' 0"
1970-1	D Park	Wellington	171' 0"
1971-2	P Dryden	Otago	165' 6"
1972-3	P Roulston	Otago	51.84m
1973-4	T Tucker	Waikato	50.92m
1974-5	S Park	Wellington	45.76m

M20

1975-6	MD Leech	Canterbury	45.26m
1976-7	MD Leech	Canterbury	47.02m
1977-8	R Dryden	Otago	48.78m
1978-9	R Veale	Waikato	52.20m
1979-80	P Dalglish	Canterbury	48.76m
1980-1	G Zigliani	Auckland	52.56m
1981-2	P Hakaraia	Waikato	52.70m
1982-3	A Cooper	Auckland	55.96m
1983-4	A Cooper	Auckland	55.86m

1984-5	G Bent	Otago	39.44m
1985-6	P Jensen	Waikato	62.08m
1986-7	P Jensen	Waikato	61.60m
1987-8	R Stephen	Canterbury	56.12m
1988-9	D Mace	Taranaki	61.18m
1989-90	P Hellier	Northland	55.28m
1990-1	P Hellier	Northland	56.32m
1991-2	N Tait	Otago	54.58m
1992-3	J Cook	Wellington	55.80m
1993-4	Y Fakate	New Caledonia	58.30m
	J Cook	Wellington	56.70m
1994-5	G Maher	Waikato	55.14m
1995-6	W O'Meara	Southland	47.76m
1996-7	F Seve	Rose & Crown Kiwi	49.16m
1997-8	L Greenfield	Team McKecknie	44.66m
1998-9	L Greenfield	Team McKecknie	59.09m
1999-2000	L Greenfield	Team McKecknie	54.74m
2000-1	L Greenfield	Grand Central Athletics	59.87m
2001-2	T Edwards	Hastings	51.24m
2002-3	T Edwards	Hastings	55.28m
2003-4	M Hancock	Canterbury	53.71m
2004-5	M Hancock	Canterbury	57.14m
2005-6	M Hancock	Canterbury	56.67m
2006-7	D Parker	Wellington	52.75m
2007-8	R Tinkle	Wellington	51.89m
2008-9	R Tinkle	Wellington	54.64m
2009-10	R Tinkle	Wellington	61.02m
2010-11	R Tinkle	Wellington	58.73m
2011-12	R Tinkle	Wellington	65.10m
Junior			
2012-13	M Bloxham	Auckland	60.46m
2013-14	T Quinn	Wellington	52.96m

Decathlon

1938-75 Event Not Held

M20

1975-6	P McNab	Canterbury	5858 points
1976-7	R Lloyd	Otago	6340 points
1977-8	ST McKee	Canterbury	5541 points
1978-9	ST McKee	Canterbury	6166 points
1979-80	EEW Peterson	Canterbury	6181 points
1980-1	SR Poelman	Auckland	6621 points
1981-2	J Hunt	Canterbury	6691 points
1982-3	G Chapman	Auckland	6675 points
1983-4	S Hauf	Auckland	6629 points
1984-5	P Lacey	Wellington	6862 points
1985-6	A MacLennan	Canterbury	5644 points
1986-7	A MacLennan	Canterbury	6545 points
1987-8	W Hinchcliff	Auckland	6483 points
1988-9	D Pirini	Auckland	6648 points
1989-90	M Pointon	Waikato	5687 points
1990-1	P Gibbons	Auckland	7199 points
1991-2	C Mene	Canterbury	6578 points

1992-3	S O'Connor	Waikato	6114 points
1993-4	A Papa	Auckland	6224 points
1994-5	G Pateman	Canterbury	6252 points
1995-6	G Pateman	Canterbury	6599 points
1996-7	D Hansen	Southland	6377 points
1997-8	C Merrilees	Otago	6548 points
1998-9	S Gourley	Canterbury	6649 points
1999-2000	D Crawford	Southern Stars	5820 points
2000-1	S McLaren	Otago	6396 points
2001-2	S McLaren	Otago	6601 points
2002-3	B Newdick	Tauranga	7423 points
2003-4	R McKinley	Otago	5447 points
2004-5	D Cornthwaite	Auckland	5827 points
2005-6	J Vandermade	Auckland	7566 points
2006-7	K Fowler	Canterbury	7222 points
2007-8	N Napier	Otago	4615 points
2008-9	M Cochrane	Tauranga	6067 points
2009-10	J Gilmour		5162 points
2010-11	C Thomas	Marlborough	6112 points
2011-12	L Davison	Tauranga	6550 points
<u>Junior</u>			
2012-13	P Kethers	North Harbour Bays	6678 points
2013-14	A Booth	Waitakere	6287 points

JUNIOR WOMEN

100m

W20

1988-9	R Wade	Auckland	12.20
1989-90	T Murray	Otago	12.26
1990-1	Y McCausland	Auckland	12.41
1991-2	H Shanks	Waikato	12.52
1992-3	S Young	Otago	12.22
1993-4	K Graham	Auckland	12.39
1994-5	J Arnott	Southland	11.74
1995-6	D Gibb	Otago	12.16
1996-7	R Murphy	Team McKecknie	12.05
1997-8	K Nacewa	Counties Manukau	12.09
1998-9	S Phillips	Lake City	11.98
1999-2000	A Brough	Counties Manukau	12.25
2000-1	A Brough	Counties Manukau	12.22
2001-2	A Miller	Counties Manukau	11.99
2002-3	A Brough	Counties Manukau	11.91
2003-4	M Williams	Waikato Bay of Plenty	12.22
2004-5	M Williams	Waikato Bay of Plenty	12.06
2005-6	R Coster	Athletics North	12.07
2006-7	S Lindeboom	Auckland	12.28
2007-8	R Coster	Auckland	12.46
2008-9	A Koenen	Auckland	11.88
2009-10	L Wilson	Otago	12.13
2010-11	M Ririnui	Waikato Bay of Plenty	12.81
2011-12	K Berryman	Canterbury	12.47

Junior

2012-13	M Florence	Waikato Bay of Plenty	11.96
2013-14	A Goldie	Waikato Bay of Plenty	11.93

200m

W20

1988-9	C Brunner	Wellington	25.03
1989-90	T Murray	Otago	24.66
1990-1	J Henry	Canterbury	24.27
1991-2	T Smith	Manawatu Wanganui	24.87
1992-3	S Young	Otago	24.40
1993-4	J Wise	Waikato	24.28
1994-5	J Arnott	Southland	24.51
1995-6	J Arnott	Southland	24.47
1996-7	R Murphy	Team McKecknie	24.54
1997-8	T McGarva	Hamilton	25:37
1998-9	N Morris	Auckland City Athletics	25.1
1999-2000	A Brough	Counties Manukau	24.53
2000-1	A Brough	Counties Manukau	23.97
2001-2	A Brough	Counties Manukau	24.14
2002-3	A Brough	Counties Manukau	24.17

2003-4	M Williams	Waikato Bay of Plenty	24.50
2004-5	M Williams	Waikato Bay of Plenty	24.60
2005-6	N Hely	Otago	25.20
2006-7	F Hely	Otago	25.07
2007-8	F Hely	Otago	24.38
2008-9	A Koenen	Auckland	23.77
2009-10	L Wilson	Otago	24.94
2010-11	K Baillie	Waikato Bay of Plenty	25.49
2011-12	K Berryman	Canterbury	25.40
Junior			
2012-13	M Florence	Waikato Bay of Plenty	25.15
2013-14	A Goldie	Waikato Bay of Plenty	24.62

400m

W20

1988-9	L Smith	Canterbury	57.12
1989-90	T Hodgkinson	Tasman	56.45
1990-1	J Dawson	Canterbury	57.42
1991-2	R Nicholson	Waikato	56.61
1992-3	O Haddon	Auckland	54.95
1993-4	K Brewer	Wellington	57.14
1994-5	R Savage	Waikato	60.10
1995-6	R Savage	Waikato	56.94
1996-7	A Smythe	Otago	55.76
1997-8	K Gemmell	Team McKecknie	57.38
1998-9	P Watt	Lake City	60.93
1999-2000	B Signal	Team McKecknie	57.17
2000-1	R Signal	Grand Central Athletics	57.44
2001-2	K Johnstone	Canterbury	56.41
2002-3	S Johnston	Otago	57.78
2003-4	M Williams	Waikato Bay of Plenty	57.08
2004-5	M Williams	Waikato Bay of Plenty	55.43
2005-6	C Osborne	Waikato Bay of Plenty	55.86
2006-7	C Osborne	Waikato Bay of Plenty	56.21
2007-8	E Schaef	Wellington	57.46
2008-9	R Gibson	Southland	56.38
2009-10	K Baillie	Waikato Bay of Plenty	54.57
2010-11	K Baillie	Waikato Bay of Plenty	54.81
2011-12	E McCleery	Waikato Bay of Plenty	56.20

Junior

2012-13	E McCleery	Waikato Bay of Plenty	56.45
2013-14	S Paine	Wellington	56.77

800m

W20

1988-9	L Curtis	Wellington	2:09.67
1989-90	T Hodgkinson	Tasman	2:10.90
1990-1	T Hodgkinson	Auckland	2:13.62
1991-2	R Rowberry	Canterbury	2:17.68
1992-3	T Coston	Waikato	2:13.71
1993-4	M Ogilvie	Auckland	2:12.43
1994-5	K Ashley	Southland	2:20.29

1995-6	C Hopkins	Manawatu Wanganui	2:18.31
1996-7	J Rumbold	Canterbury	2:14.30
1997-8	K Gemmell	Team McKecknie	2:13.83
1998-9	K Edge	Otago	2:17.90
1999-2000	K McIlroy	Wellington Harrier Club	2:12.26
2000-1	T McLeod	Otago	2:17.06
2001-2	F Crombie	Canterbury	2:14.78
2002-3	K Palmer	Otago	2:15.72
2003-4	R McEnenany	Athletics North	2:14.65
2004-5	A Aitken	Hawkes Bay Gisborne	2:11.43
2005-6	A Aitken	Hawkes Bay Gisborne	2:10.56
2006-7	K Wright	Auckland	2:11.30
2007-8	K Wright	Auckland	2:09.97
2008-9	A Smit	Canterbury	2:07.26
2009-10	A Smit	Canterbury	2:07.21
2010-11	A Smit	Canterbury	2:07.62
2011-12	K White	Waikato Bay of Plenty	2:11.65
<u>Junior</u>			
2012-13	K White	Waikato Bay of Plenty	2:09.63
2013-14	H Manning	Hawkes Bay Gisborne	2:09.24

1500m

W20

1988-9	C Barrie	Canterbury	4:30.85
1989-90	D Grass	Otago	4:28.38
1990-1	A Lambert	Hawkes Bay Gisborne	4:32.04
1991-2	J Hopkinson	Canterbury	4:36.90
1992-3	T Coston	Waikato	4:36.22
1993-4	M Ogilvie	Auckland	4:36.81
1994-5	K Ross	Wellington	4:49.60
1995-6	K Inwood	Manawatu Wanganui	4:35.79
1996-7	S Biss	Auckland	4:35.88
1997-8	K Lockyer	Pukekoe	4:51.74
1998-9	B Eddy	Southern Stars	4:47.64
1999-2000	M Thomas	Hamilton	4:47.33
2000-1	M Prowse	North Harbour Bays	4:35.42
2001-2	F Crombie	Canterbury	4:34.78
2002-3	K Palmer	Otago	4:55.63
2003-4	C Goodwin	Otago	4:41.61
2004-5	F Hashimoto	Japan	4:35.93
	M Russ	Manawatu Wanganui	4:37.42
2005-6	L Oliver	Canterbury	4:30.54
2006-7	M Cleland	Wellington	4:29.43
2007-8	K Wright	Auckland	4:36.62
2008-9	H Newbould	Canterbury	4:29.06
2009-10	H Newbould	Canterbury	4:23.22
2010-11	R Greene	Otago	4:27.44
2011-12	A Pfitzinger	Auckland	4:37.71
<u>Junior</u>			
2012-13	P Trevella	Canterbury	4:33.17
2013-14	R Flanagan	Canterbury	4:25.23

3000m

W20

1988-9	S Rimmer	Auckland	9:45.54
1989-90	D Grass	Otago	9:35.95
1990-1	W Smith	Canterbury	10:32.68
1991-2	J Hopkinson	Canterbury	9:53.42
1992-3	R Lynch	Waikato	10:03.87
1993-4	N McDonald	Waikato	10:28.64
1994-5	F McKay	Manawatu Wanganui	10:53.42
1995-6	K Inwood	Manawatu Wanganui	9:39.71
1996-7	O Jesson	North Harbour Bays	9:59.30
1997-8	G Falloon	Auckland	11:25.84
1998-9	B Eddy	Southern Stars	10:02.23
1999-2000	K Newman	North Harbour Bays	10:28.47
2000-1	S Devoy	Hamilton	10:22.02
2001-2	L Joy	North Harbour Bays	9:45.95
2002-3	M Murrihy	Tauramanui	10:07.16
2003-4	M Murrihy	Waikato Bay of Plenty	10:14.14
2004-5	L Dewes	Manawatu Wanganui	10:19.36
2005-6	C Buscomb	Waikato Bay of Plenty	10:21.91
2006-7	L Oliver	Canterbury	9:48.26
2007-8	E Keown	Auckland City Athletics	9:47.13
2008-9	O Burne	Palmerston North	9:48.88
2009-10	R Greene	Otago	9:30.69
2010-11	M Nielsen	Hamilton City	9:54.24
2011-12	K MacDermid	Fielding	10:02.95

Junior

2012-13	A Gregan	Auckland City Athletics	9:45.05
2013-14	R Flanagan	University of Canterbury	9:29.48

5000m

W20

1988-2000	Event Not Held		
2000-1	K Smith	Counties Manukau	17:44.40
2001-2	S Morgan	Hamilton	19:26.62
2002-3	J Scopes	Auckland City Athletics	18:19.98
2003-4	J Grant	Canterbury	18:48.43
2004-5	F Hashimoto	Japan	16:55.38
	S Saito	Japan	16:56.33
	C Goodwin	Otago	17:30.11
2005-6	L Oliver	Canterbury	16:55.11
2006-7	L Oliver	Canterbury	17:41.53
2007-8	G Keown	Auckland	18:23.31
2008-9	D Trevis	Taranaki	16:57.15
2009-10	L O'Donnell	Auckland	17:06.74
2010-11	D Trevis	Auckland	16:27.71
2011-12	G Grgec	Auckland	18:02.41

Junior

2012-13	A Williams	Auckland	17:55.92
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2013-14	S English	Otago	17:25.82
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2000m / 3000m Steeplechase

2000m Steeplechase

W20

1988-2000	Event Not Held		
2000-1	L Joy	North Harbour Bays	7:07.42
2001-2	C Ball	Counties Manukau	8:02.26
2002-3	no entries		
2003-4	B Knight	Canterbury	8:25.00
2004-5	L Dewes	Manawatu Wanganui	7:22.16
2005-6	no competitors		
2006-7	S Bradley	Auckland	7:54.48

3000m Steeplechase

2007-8	E Heasley	Canterbury	12:09.18
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2000m Steeplechase

2008-9	C Mellsop	Manawatu Wanganui	6:58.32
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3000m Steeplechase

2009-10	C Mellsop	Manawatu Wanganui	10:35.19
2010-11	C Mellsop	Manawatu Wanganui	10:28.21
2011-12	C Taylor	Southland	11:07.90

Junior

2012-13	no competitors		
2013-14	A Grogan	Waikato Bay of Plenty	11:10.83

100m Hurdles

W20

1988-9	T Murray	Otago	15.12
1989-90	J Henry	Canterbury	14.28
1990-1	K Flitcroft	Canterbury	14.44
1991-2	M Merrilees	Otago	14.71
1992-3	J Ashbridge	Manawatu Wanganui	14.37
1993-4	F Maunder	Wellington	14.59
1994-5	N Kidd	Waikato	15.6
1995-6	M Hamilton	Waikato	15.94
1996-7	J Edmond	Canterbury	14.84
1997-8	B Pateman	Canterbury	14.81
1998-9	B Pateman	Canterbury	14.67
1999-2000	J Thornhill	Canterbury	15.76
2000-1	B Rangi	Tauranga	14.56
2001-2	no competitors		
2002-3	N Earnshaw	Canterbury	15.13
2003-4	G Radford	Otago	15.74
2004-5	J Penney	Wellington	14.54
2005-6	V Torr	Athletics North	14.16
2006-7	V Torr	Auckland	14.49
2007-8	R Coster	Auckland	14.75

2008-9	G Allison	Canterbury	14.84
2009-10	Z Ballantyne	Auckland	14.89
2010-11	K Berryman	Canterbury	14.26
2011-12	K Berryman	Canterbury	14.11
<u>Junior</u>			
2012-13	L Ryan	Canterbury	14.58
2013-14	L Ryan	Canterbury	14.76

400m Hurdles

W20

1988-9	C Bacon	Otago	64.4
1989-90	S Scown	Waikato	60.48
1990-1	R Kitching	Auckland	66.09
1991-2	M Merrilees	Otago	63.07
1992-3	J Ashbridge	Manawatu Wanganui	62.53
1993-4	N Kidd	Waikato	63.11
1994-5	N Kidd	Waikato	64.10
1995-6	S Davenport	Manawatu Wanganui	65.01
1996-7	C Marshall	Dunlop Hutt Valley	63.75
1997-8	no competitors		
1998-9	H Callesen	Team McKecknie	66.89
1999-2000	C O'Byrne	Taranaki	62.86
2000-1	M Kiesanowski	Canterbury	62.21
2001-2	T Morrison	Wellington Harrier Club	66.55
2002-3	no competitors		
2003-4	L Anderson	Manawatu Wanganui	64.60
2004-5	H McEwan	Wellington	62.56
2005-6	K Harrison	Taranaki	67.73
2006-7	A Hurley	Manawatu Wanganui	70.57
2007-8	F Morrison	Canterbury	64.81
2008-9	G Allison	Canterbury	62.73
2009-10	G Allison	Canterbury	61.28
2010-11	Z Ballantyne	Auckland	61.10
2011-12	Z Ballantyne	Auckland	62.19

Junior

2012-13	S Dickins	Manawatu Wanganui	62.75
2013-14	A Robinson	Waikato Bay of Plenty	62.10

2000m/3000m Track Walk

1985	D Britton		10:23.35
1986	L Chadderton	Canterbury	10:35.57

3000m

1987	L Chadderton	Canterbury	15:42.6
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W20

1988-9	M Shipley	Canterbury	15:53.8
1989-90	LM Mathieson	Otago	15:26.26
1990-1	L Mathieson	Otago	15:19.29
1991-2	Lisa Mathieson	Otago	14:20.2
1992-3	Lisa Mathieson	Otago	15:23.27
1993-9	Event Not Held		

1999-2000	M Smalberger	North Harbour Bays	15:42.24
2000-1	M Smalberger	North Harbour Bays	15:39.47
2001-2	Event Not Held		
2002-3	S Landers	Taranaki	16:04.98
2003-4	A Gorst	Hawkes Bay Gisborne	13:52.07
2004-5	A Gorst	Hawkes Bay Gisborne	14:22.69
2005-6	L Cantwell	Southland	17:31.39
2006-7	K Mabbett	Waikato Bay of Plenty	16:17.52
2007-8	K Newitt	Canterbury	14:54.38
2008-9	R Robinson	Otago	16:05.61
2009-10	R Robinson	Otago	14:20.68
2010-11	N Murrihy	Waikato Bay of Plenty	15:26.73
2011-12	C Ruske	Canterbury	15:04.10
Junior			
2012-13	J Meikle	Canterbury	17:43.28
2013-14	no competitors		

10km Road Walk

W20

1988-93	Event Not Held		
1994	L Gordon	Hawkes Bay Gisborne	61:43
1995-7	Event Not Held		
1998	C Watson	North Harbour Bays	55:38.0
1999	M Findlay	Auckland City Athletics	64:45
1999-2000	M Findlay	Auckland City Athletics	58:40.0
2000-1	L Hickey	Hastings	67:33.0
2001-2	A Gorst	Hastings	61:18.0
2002-3	A Gorst	Hastings	53:32.0
2003-4	A Gorst	Hawkes Bay Gisborne	50:55.0
2004-5	A Gorst	Hawkes Bay Gisborne	49:19.0
2005-6	K Newitt	Canterbury	57:24.0
2006-7			
2007-8			
2008-9	K Newitt	Canterbury	58:18.0
2009-10	R Robinson	Otago	50:30.0
2010-11	N Murrihy	Waikato Bay of Plenty	54:14.0
2011-12	C Ruske	Canterbury	53:55.0
Junior			
2012-13	J Meikle	Canterbury	66:24.0
2013-14	S Parkinson	Waitakere	73:02.0

4x100m Relay

U20

1988-9	Hawkes Bay Poverty Bay	48.74
1989-90	Auckland	49.21
1990-1	Auckland A	48.29
1991-2	Otago	48.77
1992-3	Otago	48.80
1993-4	Waikato	48.61
1994-5	Manawatu Wanganui	49.27
1995-6	Wellington	51.60

1996-7	North Shore Bays	47.83
1997-8	Hamilton	49.45
1998-9	Auckland City B	47.91
1999-2000	Team McKechnie	50.01
2000-1	Grand Central Athletics	49.92
2001-2	Grand Central Athletics	50.84
2002-3	Otago	49.90
2003-4	North Shore Bays	48.33
2004-5	Waikato Bay of Plenty	48.85
2005-6	Athletics North	49.32
2006-7	Wellington	48.01
2007-8	Auckland	48.54
2008-9	Canterbury	48.64
2009-10	Auckland	47.94
2010-11	Auckland	48.26
2011-12	Auckland	48.78

Junior

2012-13	Waikato Bay of Plenty	48.35
2013-14	Waikato Bay of Plenty	47.73

4x400m Relay

W20

1988-9	Hawkes Bay Poverty Bay	3:58.25
1989-90	Canterbury	4:00.29
1990-1	Canterbury	4:04.44
1991-2	Manawatu Wanganui	3:56.24
1992-3	Auckland	3:57.13
1993-4	Auckland	3:59.51
1994-5	Southland	4:04.86
1995-6	Southland	4:01.80
1996-7	Wellington	3:54.10
1997-8	Team McKechnie	4:00.00
1998-9	Team McKechnie	3:57.80
1999-2000	Team McKechnie	3:57.62
2000-1	Grand Central Athletics	3:58.70
2001-2	Grand Central Athletics	4:37.98
2002-3	Otago	3:59.83
2003-4	Canterbury	4:07.26
2004-5	Manawatu Wanganui	3:55.62
2005-6	Waikato Bay of Plenty	4:00.73
2006-7	Wellington	3:55.35
2007-8	Wellington	3:54.04
2008-9	Auckland	3:56.66
2009-10	Auckland	3:49.99
2010-11	Auckland	3:58.90
2011-12	Waikato Bay of Plenty	3:52.57

Junior

2012-13	Waikato Bay of Plenty	4:00.49
2013-14	Waikato Bay of Plenty	3:51.43

Long Jump

W20

1988-9	T Spedding	Waikato	6.07m
1989-90	J Henry	Canterbury	5.63m
1990-1	C Corbett	Auckland	5.88m
1991-2	S Stoddart	Otago	5.63m
1992-3	F Maunder	Wellington	5.85m
1993-4	F Maunder	Wellington	5.85m
1994-5	N Smith	Wellington	5.73m
1995-6	A Sutherland	Otago	5.41m
1996-7	K Nacewa	Counties Manukau	5.92m
1997-8	J Dryburgh	North Harbour Bays	6.10m
1998-9	K Welford	Otago	5.48m
1999-2000	T Rickard	Canterbury	5.80m
2000-1	T Rickard	Canterbury	6.17m
2001-2	R Rodgers	Otago	5.31m
2002-3	S Cowley	North Harbour Bays	5.39m
2003-4	S Cowley	Athletics North	5.90m
2004-5	J Penney	Wellington	5.78m
2005-6	J Penney	Wellington	6.13m
2006-7	J Penney	Wellington	6.00m
2007-8	M Ririnui	Waikato Bay of Plenty	5.98m
2008-9	A Coates	Canterbury	5.83m
2009-10	M Ririnui	Waikato Bay of Plenty	5.54m
2010-11	P Bing	Auckland	5.54m
2011-12	G Alsop	Southland	5.73m

Junior

2012-13	A Sando	Manawatu Wanganui	5.82m
2013-14	A Robinson	Waikato Bay of Plenty	5.69m

Triple Jump

W20

1988-91	Event Not Held		
1991-2	F Maunder	Wellington	11.04m
1992-3	S Stoddart	Otago	11.98m
1993-4	B Barker	Auckland	11.55m
1994-5	A Sutherland	Otago	11.59m
1995-6	B Barker	Auckland	11.92m
1996-7	B Pateman	Canterbury	12.45m
1997-8	K Nacewa	Counties Manukau	12.80m
1998-9	B Pateman	Canterbury	12.16m
1999-2000	T Rickard	Canterbury	11.53m
2000-1	T Rickard	Canterbury	12.37m
2001-2	M Mafileo	Counties Manukau	11.68m
2002-3	M Mafileo	Counties Manukau	11.89m
2003-4	M Pritchard	Wellington	11.71m
2004-5	K Kendall	Auckland	11.80m
2005-6	N Okpala	Auckland	12.10m
2006-7	N Okpala	Auckland	12.72m
2007-8	N Okpala	Auckland	12.77m
2008-9	A Coates	Canterbury	11.69m

2009-10	G Alsop	Southland	11.78m
2010-11	G Alsop	Southland	11.54m
2011 -12	C Muschamp	Southland	12.75m
Junior			
2012-13	G Alsop	Southland	12.26m
2013-14	A Thompson	Wellington	12.06m

High Jump

W20

1988-9	T Murray	Otago	1.84m
1989-90	T Murray	Otago	1.91m
1990-1	C Corbett	Auckland	1.79m
1991-2	S Stoddart	Otago	1.78m
1992-3	S Stoddart	Otago	1.78m
1993-4	Kim Brown	Southland	1.76m
1994-5	N Smith	Wellington	1.75m
1995-6	Karen Brown	Waikato	1.70m
1996-7	T McGarva	Hamilton	1.73m
1997-8	Karen Brown	Otago	1.77m
1998-9	B Rangi	Tauranga	1.68m
1999-2000	T Rickard	Canterbury	1.71m
2000-1	S Cowley	Lake City	1.70m
2001-2	S Cowley	North Harbour Bays	1.70m
2002-3	K Leydon	North Harbour Bays	1.66m
2003-4	A Molineaux	Tasman	1.68m
2004-5	E Morris	England	1.74m
	K Kendall	Auckland	1.71m
2005-6	S Saddleton	Auckland	1.74m
2006-7	S Saddleton	Auckland	1.70m
2007-8	E Lamb	Auckland	1.71m
2008-9	E Lamb	Auckland	1.85m
2009-10	E Lamb	Auckland	1.76m
2010-11	E Lamb	Auckland	1.77m
2011-12	P Harwood	Auckland	1.80m
Junior			
2012-13	P Harwood	Auckland	1.71m
2013-14	P Harwood	Auckland	1.69m

Pole Vault

W20

1988-97	Event Not Held		
1997-8	J Dryburgh	North Harbour Bays	3.80m
1998-9	S Chiet	Team McKecknie	2.90m
1999-2000	N Cliffe	North Harbour Bays	3.71m
2000-1	N Cliffe	North Harbour Bays	3.50m
2001-2	N Cliffe	North Harbour Bays	3.60m
2002-3	S O'Connell	Canterbury	3.30m
2003-4	A Grogan	Athletics North	3.40m
2004-5	A Grogan	Athletics North	3.50m
2005-6	J Brown	Canterbury	3.30m
2006-7	J Ward	Auckland	3.51m
2007-8	K Charlesworth	Auckland	3.80m

2008-9	K Charlesworth	Auckland	3.80m
2009-10	L McGall	Auckland	3.50m
2010-11	K Charlesworth	Auckland	3.85m
2011-12	E McCartney	Auckland	3.70m

Junior

2012-13	E McCartney	Auckland	4.00m
2013-14	E McCartney	Auckland	3.90m

Shot

W20

1988-9	J-M O'Connor	Southland	11.96m
1989-90	E Binns	Auckland	12.94m
1990-1	E Binns	Auckland	13.08m
1991-2	B Faumuina	Auckland	14.58m
1992-3	B Faumuina	Auckland	15.23m
1993-4	B Faumuina	Auckland	14.80m
1994-5	B Mene	Canterbury	12.30m
1995-6	M Phillips	Auckland	11.36m
1996-7	M Phillips	Auckland	11.46m
1997-8	V Lowrie	North Harbour Bays	12.81m
1998-9	M Taito	Southern Stars	13.46m
1999-2000	M Taito	Southern Stars	13.18m
2000-1	V Adams	Counties Manukau	15.28m
2001-2	L Karena	Auckland City Athletics	12.43m
2002-3	K Grant	Taranaki	12.04m
2003-4	V Adams	Auckland	17.97m
2004-5	P Meti	Auckland	12.62m
2005-6	C Garrett	Canterbury	11.39m
2006-7	V Hurley	Auckland	12.73m
2007-8	V Hurley	Auckland	14.56m
2008-9	M Kirk	Tasman	11.06m
2009-10	S Hakeai	Auckland	13.37m
2010-11	S Hakeai	Auckland	14.08m
2011-12	S Hakeai	Auckland	13.85m

Junior

2012-13	S Hakeai	Auckland	13.13m
2013-14	M-L Wesche	Auckland	12.45m

Discus

W20

1988-9	N Orr	Auckland	42.74m
1989-90	A Lynn	Canterbury	44.24m
1990-1	A Lynn	Canterbury	47.00m
1991-2	A Lynn	Canterbury	47.94m
1992-3	B Faumuina	Auckland	52.36m
1993-4	B Faumuina	Auckland	54.48m
1994-5	K Ihaka	Waikato	42.48m
1995-6	M Fasi	Canterbury	40.44m
1996-7	N Karena	Auckland	40.10m
1997-8	N Karena	Auckland	45.93m
1998-9	S Marsters	Auckland City Athletics	40.82m
1999-2000	V Lowrie	North Harbour Bays	40.62m
2000-1	V Adams	Counties Manukau	42.21m

2001-2	L Karena	Auckland City Athletics	38.12m
2002-3	V Adams	Auckland City Athletics	53.15m
2003-4	H Cocker	Counties Manukau	36.88m
2004-5	K Grant	Taranaki	43.72m
2005-6	T Keenan	Auckland	44.43m
2006-7	T Keenan	Auckland	46.67m
2007-8	T Keenan	Auckland	48.78m
2008-9	L Lealaisalanoa	Wellington	49.62m
2009-10	L Lealaisalanoa	Wellington	51.41m
2010-11	L Lealaisalanoa	Wellington	46.58m
2011-12	S Hakeai	Auckland	49.58m
Junior			
2012-13	S Hakeai	Auckland	57.81m
2013-14	R Cochrane	Canterbury	43.72m

Javelin

W20

1988-9	K Smith	Auckland	48.26m
1989-90	M Brearley	Auckland	39.36m
1990-1	M Brearley	Auckland	42.76m
1991-2	M Brearley	Auckland	43.88m
1992-3	K Blackwood	Otago	42.92m
1993-4	B Ramesh	New Caledonia	48.96m
	K Blackwood	Otago	45.52m
1994-5	K Blackwood	Otago	45.28m
1995-6	B Ramesh	New Caledonia	58.08m
	H Wilson	Southland	43.64m
1996-7	I Suaniu	Auckland	47.28m
1997-8	Z Flitten	Counties Manukau	46.26m
1998-9	J Greatbatch	Hastings	33.88m
1999-2000	A McBride	Waitemata	43.54m
2000-1	A McBride	Waitemata	41.38m
2001-2	K Grant	Taranaki	38.54m
2002-3	J Greatbatch	Hastings	38.60m
2003-4	K Grant	Taranaki	40.82m
2004-5	K Grant	Taranaki	38.26m
2005-6	K Grant	Waikato Bay of Plenty	45.16m
2006-7	K Grant	Waikato Bay of Plenty	42.28m
2007-8	S Wrathall	Auckland	44.79m
2008-9	C Botes	Auckland	45.29m
2009-10	S Peeters	Southland	36.06m
2010-11	D Hamann	Germany	38.49m
	T Peeters	Southland	38.32m
2011-12	T Peeters	Southland	44.98m
Junior			
2012-13	M Chapman	Auckland	45.89m
2013-14	L Overton	Southland	40.14m

Hammer

W20

1988-92	Event Not Held
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1992-3	T Came	Waikato	48.42m
1993-4	M Winter	Otago	42.98m
1994-5	K Blackwood	Otago	37.80m
1995-6	B Evans	Waikato	45.70m
1996-7	B King	North Shore Bays	47.58m
1997-8	B Evans	Lake City	47.20m
1998-9	M Phillips	Counties Manukau	53.16m
1999-2000	S Rogers	North Harbour Bays	45.80m
2000-1	V Adams	Counties Manukau	47.95m
2001-2	A Tui	New Caledonia	46.68m
	M Adriaansen	North Harbour Bays	43.21m
2002-3	M Adriaansen	North Harbour Bays	44.45m
2003-4	A O'Neill	Canterbury	39.26m
2004-5	J Charlesworth	Athletics North	41.81m
2005-6	J Charlesworth	Athletics North	41.39m
2006-7	A Harvey	Otago	45.79m
2007-8	A Gill	Auckland	48.49m
2008-9	J Ratcliffe	Waikato Bay of Plenty	52.72m
2009-10	J Ratcliffe	Waikato Bay of Plenty	56.68m
2010-11	J Ratcliffe	Waikato Bay of Plenty	61.98m
2011-12	J Ratcliffe	Waikato Bay of Plenty	61.55m
<u>Junior</u>			
2012-13	L Bruce	Canterbury	46.73m
2013-14	L Bruce	Canterbury	54.77m

Heptathlon

W20

1988-9	J Henry	Canterbury	3052 points
1989-90	L White	Waikato	4345 points
1990-1	K Flitcroft	Canterbury	4533 points
1991-2	F Maunders	Wellington	4582 points
1992-3	F Maunders	Wellington	4741 points
1993-4	F Maunders	Wellington	4749 points
1994-5	M Hamilton	Waikato	4425 points
1995-6	M Hamilton	Waikato	4901 points
1996-7	J Edmond	Canterbury	4976 points
1997-8	B Pateman	Canterbury	4828 points
1998-9	B Pateman	Canterbury	4874 points
1999-2000	V Moresby	North Harbour Bays	4275 points
2000-1	B Rangi	Tauranga	4833 points
2001-2	Event Not Held		
2002-3	M Mafileo	Counties Manukau	4403 points
2003-4	M Pritchard	Valleys United	3621 points
2004-5	A Lauren	Whakatane	3235 points
2005-6	H Peters	Tauranga	4246 points
2006-7	S Yardley	Waikato Bay of Plenty	3713 points
2007-8	S Tardley	Waikato Bay of Plenty	4153 points
2008-9	G Allison	Canterbury	4553 points
2009-10	no competitors		
2010-11	V du Toit	North Harbour Bays	3567 points
2011-12	P Bing	North Harbour Bays	5276 points
<u>Junior</u>			
2012-13	P Harwood	Pakuranga	4580 points

2013-14

P harwood

Waitakere

4916 points

YOUTH BOYS

100m

1974-5	G Henley-Smith	Auckland	11.03
1975-6	G Henley-Smith	Auckland	10.85
1976-7	G Henley-Smith	Auckland	10.81
1977-8	K Bloome	Wellington	11.41
1978-9	T Townsend	West Coast North Island	11.24
1979-80	J Enright	Waikato	10.78
1980-1	M Gutry	Waikato	10.97
1981-2	A Collins	Wellington	11.09
1982-3	D McClunie	Waikato	10.67
1983-4	D McClunie	Waikato	10.7
1984-5	S Bowden	Canterbury	11.33
1985-6	H Percy	Waikato	10.89
1986-7	J Ryan	Auckland	11.00
1987-8	H Percy	Waikato	10.94
1988-9	S Geary	Canterbury	10.83
1989-90	C Taylor	Taranaki	11.11
1990-1	MG Keddell	Canterbury	10.78
1991-2	T Blythe	Waikato	10.77
1992-3	C Donaldson	Otago	10.70
1993-4	C Chase	Waikato	11.17
1994-5	D McDonald	Wellington	10.89
1995-6	D Roberts	Canterbury	10.93
1996-7	L Vainokolo	Counties Manukau	10.83
1997-8	P Maulder	Hastings	10.78
1998-9	P Maulder	Hastings	10.82
1999-2000	S Jones	Southern Stars	10.88
2000-1	J Mortimer	North Harbour Bays	10.96
2001-2	C Grooby	Tasman	11.01
2002-3	T Mansfield	Canterbury	10.82
2003-4	C Sneddon	Otago	11.26
2004-5	K Manu	Taranaki	10.98
2005-6	D Ambler	Canterbury	10.85
2006-7	R Litisone	Canterbury	11.18
2007-8	T Toki	Auckland	11.19
2008-9	J Millar	Waikato Bay of Plenty	10.93
2009-10	Y Rosario	Wellington	11.08
2010-11	K Harman	Waikato Bay of Plenty	11.42
2011-12	D Coppins	Auckland	10.85
2012-13	A Heuvel	Auckland	11.23
2013-14	J Matson	Canterbury	10.89

200m

1974-5	G Henley-Smith	Auckland	22.59
1975-6	G Henley-Smith	Auckland	22.01
1976-7	G Henley-Smith	Auckland	22.45

1977-8	J Campbell	Auckland	22.62
1978-9	J Enright	Waikato	22.44
1979-80	J Enright	Waikato	21.71
1980-1	M Gutry	Waikato	22.04
1981-2	A Collins	Wellington	21.74
1982-3	D McClunie	Waikato	21.89
1983-4	D McClunie	Waikato	21.29
1984-5	D Cockram	Canterbury	22.45
1985-6	H Percy	Waikato	22.17
1986-7	G Clark	Southland	22.04
1987-8	C Taylor	Auckland	21.91
1988-9	B Gordon	Canterbury	22.54
1989-90	C Taylor	Taranaki	22.55
1990-1	N Cowan	Manawatu Wanganui	22.57
1991-2	S Farrell	Canterbury	21.63
1992-3	S Farrell	Canterbury	21.90
1993-4	D Wise	Waikato	21.73
1994-5	C Chase	Waikato	21.50
1995-6	M O'Connor	Hawkes Bay Gisborne	22.32
1996-7	D Roberts	Canterbury	21.90
1997-8	A Foster	Canterbury	22.14
1998-9	D Falealili	Wellington Harrier Club	21.49
1999-2000	S Jones	Southern Stars	21.79
2000-1	H Townsend	Grand Central Athletics	21.43
2001-2	C Grooby	Tasman	21.95
2002-3	T Mansfield	Canterbury	22.09
2003-4	C Sneddon	Otago	22.37
2004-5	D Natusch	Manawatu Wanganui	22.24
2005-6	A Underwood	Wellington	21.96
2006-7	T Toki	Auckland	22.68
2007-8	S McFarlane	Manawatu Wanganui	22.23
2008-9	A Jordan	Tasman	21.87
2009-10	J Hawkins	Auckland	22.28
2010-11	K Harman	Waikato Bay of Plenty	21.93
2011-12	D Coppins	Auckland	22.13
2012-13	A Ramsdale	Auckland	22.09
2013-14	J Matson	Canterbury	21.62

400m

1974-5	T De Leeuw	Waikato	49.78
1975-6	R Goldstone	Canterbury	49.30
1976-7	L Fletcher	Auckland	49.82
1977-8	C Alexander	Wellington	49.97
1978-9	R Potter	Auckland	49.43
1979-80	R Aldridge	West Coast North Island	49.97
1980-1	S Leach	Auckland	50.02
1981-2	D Andrews	Canterbury	49.70
1982-3	D Dale	Canterbury	50.77
1983-4	B Ward	Otago	49.86
1984-5	G Gilbert	Canterbury	48.73
1985-6	S Bowden	Canterbury	48.86
1986-7	G Clark	Southland	47.29
1987-8	D Laterveer	Wellington	49.29
1988-9	P Dinnan	Wellington	49.36

1989-90	C Renner	Wellington	49.52
1990-1	N Cowan	Manawatu Wanganui	49.48
1991-2	S Farrell	Canterbury	47.18
1992-3	A Dainty	Auckland	48.87
1993-4	B Jansen	Wellington	49.77
1994-5	C Tooley	Auckland	49.59
1995-6	M McLeay	Manawatu Wanganui	50.64
1996-7	M McLeay	Team Mckecknie	48.94
1997-8	R Wynen	Counties Manukau	49.83
1998-9	S Higgie	Team Mckecknie	49.63
1999-2000	N Morath	Wellington Harrier Club	49.99
2000-1	N Morath	Wellington Harrier AC	49.60
2001-2	S Rapson	Auckland City Athletics	48.90
2002-3	S Wilson	Canterbury	48.69
2003-4	J Vandermade	Auckland	50.89
2004-5	T Jones	Canterbury	48.64
2005-6	A Underwood	Wellington	48.24
2006-7	B Spencer	Southland	49.42
2007-8	F Wickes	Auckland	48.26
2008-9	F Wickes	Auckland	47.36
2009-10	P Simms	Waikato Bay of Plenty	49.84
2010-11	T Symes	Manawatu Wanganui	49.64
2011-12	T Smith	Waikato Bay of Plenty	49.56
2012-13	T Smith	Waikato Bay of Plenty	48.46
2013-14	J Ledger	Manawatu Wanganui	50.23

800m

1974-5	J Harris	Auckland	1:57.4
1975-6	E Grogan	Auckland	1:54.9
1976-7	M Furlan	Hawkes Bay Poverty Bay	1:57.9
1977-8	K Ewing	Auckland	1:57.7
1978-9	J Young	Waikato	1:54.2
1979-80	M Metzger	Otago	1:58.5
1980-1	A Hercus	Wellington	1:56.86
1981-2	M Craig	Wellington	1:56.62
1982-3	J Sidon	Otago	2:03.07
1983-4	B Craig	Wellington	1:56.61
1984-5	A Bunce	Southland	1:51.57
1985-6	S Dunn	Waikato	1:56.97
1986-7	M Johns	Wellington	1:57.27
1987-8	M Bruce	Wellington	1:55.18
1988-9	E Crowe	Southland	1:53.95
1989-90	E Crowe	Southland	1:53.31
1990-1	E Crowe	Southland	1:55.12
1991-2	N Harkers	Canterbury	1:54.32
1992-3	P Young	Wellington	1:53.94
1993-4	W Burton	Wellington	1:53.31
1994-5	C McIntosh	Canterbury	1:55.57
1995-6	N Lee	Otago	1:54.49
1996-7	J Stewart	Napier	1:55.16
1997-8	J Stewart	Napier	1:54.54
1998-9	J Stewart	Napier	1:56.03
1999-2000	N Willis	Valleys United	1:53.36
2000-1	N Willis	Valleys United	1:51.60
2001-2	N Sampson	Valleys United	1:54.89

2002-3	M Prosser	Olympic Wellington	1:54.17
2003-4	S Nicol	Hastings	1:56.10
2004-5	J Coom	Canterbury	1:55.20
2005-6	D Bowden	Tasman	1:57.69
2006-7	M Whitehead	Auckland	1:55.21
2007-8	G Ballam	Auckland	1:56.46
2008-9	B Mathas	Manawatu Wanganui	1:54.01
2009-10	B Mathas	Manawatu Wanganui	1:52.60
2010-11	K McDonald	Wellington	1:58.60
2011-12	R Ward	Otago	1:58.80
2012-13	M Dawson	Auckland	1:55.11
2013-14	M Dawson	Auckland	1:55.27

1500m

1974-5	J Burton	Auckland	4:10.2
1975-6	M Molloy	Canterbury	3:57.9
1976-7	M Molloy	Canterbury	4:08.1
1977-8	J McLaren	Northland	4:02.6
1978-9	P O'Donoghue	Northland	3:55.9
1979-80	G Beach	Auckland	4:04.8
1980-1	C McLay	Waikato	4:05.01
1981-2	D Findlay	Southland	4:01.08
1982-3	E Drayton	Canterbury	4:14.86
1983-4	B Ballantyne	Wellington	4:01.25
1984-5	B Ballantyne	Wellington	3:58.61
1985-6	M Gray	Southland	3:59.54
1986-7	P Jenkinson	Auckland	3:55.92
1987-8	G Le Groos	Auckland	3:57.66
1988-9	H Smith	West Coast North Island	4:05.22
1989-90	E Crowe	Southland	3:56.18
1990-1	M McKeown	Waikato	4:03.99
1991-2	M Tannock	Wellington	3:54.85
1992-3	M Shirley	Auckland	3:57.18
1993-4	A Concannon	Auckland	4:00.39
1994-5	G Nichols	Canterbury	3:56.19
1995-6	A Blincoe	Auckland	4:03.65
1996-7	H Thorpe	Auckland	4:00.17
1997-8	B Ruthe	Wellington Scottish	3:54.77
1998-9	J Voss	North Harbour Bays	4:06.92
1999-2000	N Willis	Valleys United	4:00.58
2000-1	N Willis	Valleys United	3:55.38
2001-2	M Smith	Otago	3:58.59
2002-3	D O'Connell	Waikato Bay of Plenty	4:01.04
2003-4	C McKenzie	Wanganui	4:05.03
2004-5	T Ejigu	Wellington	3:55.69
2005-6	Z Robertson	Waikato Bay of Plenty	4:04.82
2006-7	D Bowden	Tasman	3:59.43
2007-8	N Barrett	Wellington	4:00.35
2008-9	N Barrett	Wellington	3:58.94
2009-10	M Ali	Waikato Bay of Plenty	4:02.18
2010-11	K McDonald	Wellington	3:54.93
2011-12	R Shepherd	Auckland	4:03.87
2012-13	J Priddey	Waikato Bay of Plenty	3:58.82
2013-14	J Browne	Canterbury	4:09.07

3000m

1974-5	J Park	Wellington	8:48.2
1975-6	P O'Donoghue	Northland	8:29.4
1976-7	C Cullen	Auckland	8:39.7
1977-8	R Haswell	Wellington	8:40.6
1978-9	T Stone	West Coast North Island	8:35.7
1979-80	N Gaudin	Otago	8:51.0
1980-1	G Cameron	Otago	8:42.25
1981-2	D Kett	Canterbury	8:45.11
1982-3	G Chettleburgh	West Coast North Island	9:08.21
1983-4	M Holmes	West Coast North Island	8:45.85
1984-5	M Holmes	West Coast North Island	8:41.97
1985-6	S Hance	Otago	8:52.28
1986-7	R Lindroos	Canterbury	8:34.83
1987-8	P Trevella	Canterbury	8:34.33
1988-9	M Titcombe	Wellington	8:38.33
1989-90	J Wyatt	Wellington	8:39.66
1990-1	P Starr	Wellington	8:42.29
1991-2	P Starr	Wellington	8:24.95
1992-3	B Martin	Otago	8:38.15
1993-4	R Buck	Wellington	8:41.79
1994-5	A Vasala	Auckland	8:46.74
1995-6	G Darbyshire	Auckland	8:49.14
1996-7	A Blincoe	Auckland	8:51.43
1997-8	T Dobier	Otago	8:39.47
1998-9	G Hughes	Tauranga	9:02.52
1999-2000	S Lett	North Harbour Bays	8:48.53
2000-1	S Lett	North Harbour Bays	8:44.74
2001-2	M Smith	Otago	8:53.55
2002-3	E Henshaw	Calliope	8:37.11
2003-4	H McLaren	Canterbury	8:37.08
2004-5	T Ejigu	Wellington	8:31.84
2005-6	D Channon	Tasman	9:01.82
2006-7	D Bowden	Tasman	8:33.19
2007-8	J Jackson	Auckland	8:48.89
2008-9	C Graves	Auckland	8:48.87
2009-10	M Ali	Waikato Bay of Plenty	8:42.55
2010-11	M Baxter	Taranaki	8:30.68
2011-12	R Shepherd	Auckland	8:59.19
2012-13	J Priddey	Auckland	8:30.42
2013-14	S Eustace	Canterbury	8:55.80

1500m / 2000m Steeplechase

1500m Steeplechase

1974-5	J Burfoot	Wellington	4:26.2
1975-6	PC Renner	Canterbury	4:14.6
1976-7	PC Renner	Canterbury	4:15.4
1977-8	MI Gilchrist	Canterbury	4:21.5
1978-9	A Woodhouse	Auckland	4:20.0
1979-80	D Ellis	Canterbury	4:27.6
1980-1	D Drummond	Canterbury	4:25.89

2000m Steeplechase

1981-2	K Faass	Canterbury	6:07.60
1982-3	S Gray	Wellington	6:11.85
1983-4	D Taylor	Taranaki	6:12.32
1984-5	W Edgeler	Otago	6:05.98
1985-6	D Sharp	Waikato	6:12.9
1986-7	N Sargisson	Hawkes Bay Poverty Bay	5:53.95
1987-8	J Letica	Auckland	6:09.14
1988-9	P Swinburn	West Coast North Island	6:09.04
1989-90	A Vane	Waikato	6:13.78
1990-1	M Pulman	Auckland	6:17.8
1991-2	G Durry	Southland	6:01.95
1992-3	D Ross	Manawatu Wanganui	5:56.09
1993-4	B Bothwell	Auckland	5:59.85
1994-5	J Ferguson	Waikato	6:17.3
1995-6	G Darbyshire	Auckland	6:04.10
1996-7	D Smith	Tauranga	6:05.67
1997-8	P Morrice	Auckland	6:09.32
1998-9	T Heaphy	Tasman	6:15.09
1999-2000	D Mordaunt	Auckland City Athletics	6:08.37
2000-1	B Barron	Tauranga	6:08.51
2001-2	B Barron	Tauranga	6:21.00
2002-3	S Salad	Waikato Bay of Plenty	6:01.61
2003-4	T Hodge	Wellington	6:17.22
2004-5	A Murrihy	Waikato Bay of Plenty	6:13.31
2005-6	H Beamish	Manawatu Wanganui	6:15.29
2006-7	B Pulford	Hawkes Bay Gisborne	6:24.77
2007-8	A Pulford	Waikato Bay of Plenty	6:03.03
2008-9	M Krause	Wellington	6:17.91
2009-10	L Walsh	Waikato Bay of Plenty	6:29.29
2010-11	L Cowley	Auckland	6:17.43
2011-12	R Wang	Auckland	6:26.90
2012-13	G Beamish	Manawatu Wanganui	6:17.69
2013-14	J Beaumont	Southland	6:15.96

100m Hurdles / 110m Hurdles

100m Hurdles

1974-5	D O'Brien	Wellington	13.86
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110m Hurdles

1975-6	BT Soper	Wellington	15.42
1976-7	R Haugh	Otago	15.52
1977-8	G Frew	Canterbury	15.4
1978-9	D Duggan	Waikato	15.44
1979-80	A McClymont	Waikato	14.4
1980-1	B Ake	Auckland	14.97
1981-2	B Haugh	Otago	14.93
1982-3	A Heaton	Waikato	15.01
1983-4	A Heaton	Waikato	14.48
1984-5	R McNeil	Wellington	16.09
1985-6	G McNeill	West Coast North Island	14.05
1986-7	S Newman	West Coast North Island	15.58

100m Hurdles

1987-8	S Geary	Canterbury	13.21
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1988-9	S Geary	Canterbury	13.02
1989-90	A Bellamy	Auckland	13.93
1990-1	A Webster	Auckland	13.71
1991-2	Z Armstrong	Auckland	13.68
1992-3	Z Armstrong	Auckland	13.57
1993-4	G Pateman	Canterbury	13.22
1994-5	G van Schalkwyk	Canterbury	13.5
1995-6	D Howlett	Auckland	13.91
1996-7	N O'Brien	Hamilton	13.37
1997-8	D Spencer	Hamilton	13.57
1998-9	C Harrison	Auckland City Athletics	13.69

110m Hurdles

1999-2000	B Allen	Napier	14.41
2000-1	P Cox	Otago	13.79
2001-2	W Hansen	Grand Central Athletics	14.93
2002-3	B Smith	Waikato Bay of Plenty	14.56
2003-4	R Musgrove	Canterbury	15.28
2004-5	K Fowler	Canterbury	14.76
2005-6	K Fowler	Canterbury	14.40
2006-7	G Weitenburg	Manawatu Wanganui	15.56
2007-8	P Callagher	Auckland	14.66
2008-9	M Swart	Canterbury	14.68
2009-10	C Wu	Auckland	14.61
2010-11	J Hawkins	Auckland	13.91
2011-12	J Hunt	Waikato Bay of Plenty	14.56
2012-13	J Sandilands	Canterbury	13.88
2013-14	D Munoz	Christchurch OBU	14.37

400m Hurdles / 300m Hurdles

400m Hurdles

1974-6	Event Not Held		
1976-7	B Greenhalgh	Auckland	57.87
1977-8	EEW Peterson	Canterbury	57.24
1978-9	A Mountford	West Coast North Island	56.7
1979-80	M Williams	Canterbury	57.06
1980-1	S Shirley	Auckland	56.60
1981-2	B Haugh	Otago	54.26
1982-3	B Quinn	Auckland	57.23
1983-4	B Quinn	Auckland	55.79
1984-5	R McNeil	Wellington	57.13
1985-6	G McNeill	West Coast North Island	55.92

300m Hurdles

1986-7	P Wagstaff	England	39.55
	G Rayne	Hawkes Bay Poverty Bay	
1987-8	C Jamieson	Auckland	39.83
1988-9	P Swinburn	West Coast North Island	39.53
1989-90	P Taylor	Southland	38.85
1990-1	A Webster	Auckland	41.83
1991-2	Z Armstrong	Auckland	39.52
1992-3	Z Armstrong	Auckland	37.8
1993-4	J Watt	Wellington	40.53
1994-5	M Edmond	Canterbury	37.66

1995-6	S Gourley	Canterbury	39.89
1996-7	D Brady	North Harbour Bays	38.12
1997-8	D Brady	North Harbour Bays	39.51
1998-9	C Harrison	Auckland City Athletics	39.19
1999-2000	M Starrton	Counties Manukau	38.61
2000-1	J Mortimer	North Harbour Bays	37.84
2001-2	W Hansen	Grand Central Athletics	39.21
2002-3	S Gee	Canterbury	38.59
2003-4	A McLellan	Otago	40.17
2004-5	D O'Shea	Southland	39.60
2005-6	D O'Shea	Southland	38.79
2006-7	M Nono	Wellington	41.27
2007-8	D Dyett	Auckland	38.79
2008-9	M Swart	Canterbury	39.07
2009-10	P Simms	Waikato Bay of Plenty	38.00
2010-11	J Henry	Canterbury	40.91
2011-12	J Hunt	Waikato Bay of Plenty	39.68
2012-13	Q Hartley	Manawatu Wanganui	39.89
2013-14	A Mander	Canterbury	42.91

3000m Track Walk

1974-5	P Bailey	West Coast North Island	14:20.2
1975-6	P Bailey	West Coast North Island	14:12.6
1976-7	P Herbert	Northland	14:32.2
1977-8	P Herbert	Northland	14:46.6
1978-9	H van Beek	Waikato	14:33.0
1979-80	N Madgwick	Auckland	14:26.8
1980-1	M Day	Taranaki	15:10.85
1981-2	M Day	Taranaki	13:38.54
1982-3	C Hays	Auckland	14:54.69
1983-4	S Sullivan	Waikato	15:03.71
1984-5	S Sullivan	Northland	14:58.12
1985-6	S Sullivan	Northland	13:54.51
1986-7	S Brown	Canterbury	14:48.6
1987-8	S Brown	Canterbury	15:19.10
1988-9	S Brown	Canterbury	14:23.68
1989-90	S Brown	Canterbury	13:11.54
1990-1	A Causer	Canterbury	13:12.38
1991-2	T Feek	Taranaki	15:42.81
1992-3	T Sargisson	Hawkes Bay Gisborne	13:38.36
1993-4	T Feek	Taranaki	14:43.00
1994-5	N McDonald	Canterbury	14:14.53
1995-6	N McDonald	Canterbury	14:01.23
1996-7	Event Not Held		
1997-8	K Phillips	Auckland	16:20.79
1998-9	G Burrell	Taranaki	14:40.93
1999-2000	B Richardson	Team Mckecknie	15:18.39
2000-1	B Richardson	Grand Central Athletics	13:54.44
2001-2	D Ash	Lake City	14:50.34
2002-3	T Thomson	Otago	21:29.78
2003-4	D Stott	Canterbury	15:10.58
2004-5	S Shaw	Canterbury	16:28.76
2005-6	S Thompson	Taranaki	17:12.46
2006-7	D Lord	Canterbury	14:05.61

2007-8	D Lord	Canterbury	13:13.24
2008-9	P Meikle	Canterbury	14:24.06
2009-10	M Holcroft	Waikato Bay of Plenty	13:58.43
2010-11	M Holcroft	Waikato Bay of Plenty	13:07.51
2011-12	J Lord	Canterbury	15:21.51
2012-13	J Lord	Canterbury	13:26.93
2013-14	J Free	Auckland	14:16.04

5km/ 10km Road Walk

5km Walk

1974-91	Event Not Held		
1992	T Sargisson	Hawkes Bay	25:39
1993	Event Not Held		
1994	C Schukdak	Manawatu Wanganui	28:11
1995	R Jennings	Manawatu Wanganui	28:53
1996	R Jennings	Manawatu Wanganui	30:58
1997	K Phillips	Auckland City Athletics	30:04
1998	K Phillips	Auckland	27:13.0
1999	K Phillips	Counties Manukau	27:11
2000	B Richardson	Marton	24:55
2001	B Richardson	Marton	24:54
2002	D Ash	Lake City	25:54
2003	No competitors		
2004	No competitors		
2005	S Thompson	Taranaki	29:09
2006	No competitors		
2007	D Lord	Canterbury	24:42

10km Walk

2008	M Holcroft	Fairfield	1:00:24
2009	M Holcroft	Hamilton City Hawks	55:49
2010	M Holcroft	Hamilton City Hawks	50:01
2011	J Lord	South Canterbury	52:25
2012	J Lord	South Canterbury	53:22
2013	N Brill	Australia	43:58
	J Lord	South Canterbury	51:59

5km Walk

2013	J Lord	Canterbury	22.21
2014	J Free	Auckland	24:38

4x100m Relay

1974-5	Canterbury	43.3
1975-6	Auckland	42.5
1976-7	Auckland	43.51
1977-8	Canterbury	44.13
1978-9	Canterbury	43.79
1979-80	Waikato	43.81
1980-1	Wellington	43.10
1981-2	Wellington	42.98
1982-3	Canterbury	43.69

1983-4	Waikato	42.04
1984-5	Canterbury	42.5
1985-6	Canterbury A	43.43
1986-7	Auckland	42.74
1987-8	Canterbury	42.76
1988-9	Canterbury B	44.22
1989-90	Canterbury B	43.54
1990-1	Canterbury	43.40
1991-2	Canterbury A	42.86
1992-3	Auckland A	42.59
1993-4	Waikato	42.16
1994-5	Waikato	42.51
1995-6	Hawkes Bay Gisborne	42.49
1996-7	Canterbury	43.29
1997-8	Counties Manukau	42.92
1998-9	Counties Manukau	43.26
1999-2000	Wellington Harrier Club	42.93
2000-1	Bays Cougars	44.15
2001-2	Otago A	43.61
2002-3	Otago	42.51
2003-4	Otago A	44.56
2004-5	North	43.58
2005-6	Wellington	43.73
2006-7	Auckland	43.84
2007-8	Canterbury	43.48
2008-9	Wellington	42.95
2009-10	Otago	43.50
2010-11	Auckland	43.59
2011-12	Auckland	44.14
2012-13	Auckland	42.28
2013-14	Auckland	43.23

4x400m Relay

1974-5	Auckland	3:28.69
1975-6	Auckland	3:26.20
1976-7	Wellington	3:27.62
1977-8	Wellington	3:25.6
1978-9	Waikato	3:20.8
1979-80	Waikato	3:24.9
1980-1	Auckland	3:24.57
1981-2	Canterbury	3:24.28
1982-3	Southland	3:33.27
1983-4	Waikato	3:24.19
1984-5	Canterbury	3:23.84
1985-6	Canterbury A	3:24.79
1986-7	Auckland	3:20.97
1987-8	Wellington	3:22.11
1988-9	Canterbury	3:25.39
1989-90	Canterbury A	3:24.45
1990-1	Canterbury A	3:32.93
1991-2	Canterbury A	3:17.45
1992-3	Auckland	3:19.01
1993-4	Waikato	3:25.23

1994-5	Canterbury	3:25.98
1995-6	Manawatu Wanganui	3:26.34
1996-7	North Shore Bays	3:22.67
1997-8	Counties Manukau	3:25.09
1998-9	Southern Stars	3:28.16
1999-2000	Southern Stars	3:22.94
2000-1	Wellington Harriers AC	3:25.05
2001-2	Otago	3:30.91
2002-3	Otago	3:24.28
2003-4	Auckland City Athletics	3:26.82
2004-5	Waikato Bay of Plenty	3:25.35
2005-6	Wellington	3:26.31
2006-7	Hawkes Bay Poverty Bay	3:27.95
2007-8	Auckland	3:25.30
2008-9	Waikato Bay of Plenty	3:26.50
2009-10	Canterbury	3:26.53
2010-11	Manawatu Wanganui	3:27.02
2011-12	Waikato Bay of Plenty	3:26.61
2012-13	Auckland	3:23.37
2013-14	Auckland	3:30.36

Long Jump

1974-5	S Langdon	Wellington	6.81m
1975-6	S Maitland	Wellington	6.88m
1976-7	K Sefton	Auckland	6.85m
1977-8	EEW Peterson	Canterbury	6.71m
1978-9	W Stewart	Canterbury	6.82m
1979-80	G Kenward	Wellington	6.80m
1980-1	P Schiff	Wellington	6.61m
1981-2	J Tauri	Wellington	6.68m
1982-3	S Muir	Canterbury	6.88m
1983-4	R Martin	Wellington	6.81m
1984-5	J Moyle	Auckland	7.19m
1985-6	W Hinchcliffe	Auckland	6.98m
1986-7	S Monks		6.84m
1987-8	J Edwards	Wellington	6.93m
1988-9	A Langdon	Northland	7.24m
1989-90	J Simpson	Canterbury	6.91m
1990-1	B Bishop	Southland	6.85m
1991-2	T Blythe	Waikato	6.95m
1992-3	D Wise	Waikato	6.90m
1993-4	D Wise	Waikato	6.91m
1994-5	M Ranby	Manawatu Wanganui	6.85m
1995-6	C Kerr	Hawkes Bay Gisborne	6.78m
1996-7	D Nicholson	North Harbour Bays	6.73m
1997-8	K Ganley	North Harbour Bays	6.64m
1998-9	D Lane	Wellington Harrier Club	6.81m
1999-2000	D Lane	Wellington Harrier Club	6.88m
2000-1	P Cox	Otago	6.85m
2001-2	T Davie	Otago	7.14m
2002-3	B Newdick	Waikato Bay of Plenty	7.03m
2003-4	J Vandermade	Auckland	6.50m
2004-5	K Fowler	Canterbury	6.80m

2005-6	K Fowler	Canterbury	7.18m
2006-7	D Brooks	Taranaki	6.43m
2007-8	T Swanson	Southland	7.09m
2008-9	N Gerrard	Auckland	6.84m
2009-10	J Bryant	Canterbury	6.71m
2010-11	J Bryant	Canterbury	6.95m
2011-12	J Bryant	Canterbury	7.21m
2012-13	H Gill	Auckland	6.85m
2013-14	H Gill	Auckland	6.80m

Triple Jump

1974-5	P Riley	Waikato	13.07m
1975-6	P Riley	Waikato	13.85m
1976-7	P Wilberfoss	West Coast North Island	13.39m
1977-8	SC Walsh	Otago	14.03m
1978-9	A Pollock	West Coast North Island	13.73m
1979-80	C Smith	Auckland	13.05m
1980-1	M Fletcher	Canterbury	13.52m
1981-2	S Hauf	Auckland	13.80m
1982-3	K Schierling	Auckland	14.03m
1983-4	A Heaton	Waikato	14.43m
1984-5	N Avery	Auckland	15.16m
1985-6	P Gallivan	Otago	14.27m
1986-7	S Raynes	Southland	14.61m
1987-8	J Timmermans	Auckland	14.31m
1988-9	R Glasson	Southland	13.54m
1989-90	N Park	Auckland	13.48m
1990-1	B Stebbings	Tasman	13.53m
1991-2	B McDermott	Southland	13.85m
1992-3	V Poutawera	Wellington	13.55m
1993-4	M Ranby	Manawatu Wanganui	13.16m
1994-5	M Ranby	Manawatu Wanganui	13.96m
1995-6	C Kerr	Hawkes Bay Gisborne	13.82m
1996-7	K Ganley	North Harbour Bays	14.12m
1997-8	K Ganley	North Harbour Bays	14.32m
1998-9	C McFadden	Canterbury	13.60m
1999-2000	B Allen	Napier	13.82m
2000-1	B Allen	Napier	14.25m
2001-2	T Davie	Otago	13.47m
2002-3	T Davie	Otago	13.70m
2003-4	L Meslien	Tahiti	13.50m
	B Albery	Canterbury	13.30m
2004-5	D Natusch	Manawatu Wanganui	13.56m
2005-6	D Thompson	Otago	12.69m
2006-7	G Kibby	Manawatu Wanganui	13.51m
2007-8	T Swanson	Southland	14.05m
2008-9	D Fake	Taranaki	14.19m
2009-10	P Wyatt	Auckland	12.82m
2010-11	W Cowper	Manawatu Wanganui	13.34m
2011-12	C Brake	Tasman	13.45m
2012-13	S Pay	Southland	13.42m
2013-14	A Mander	Canterbury	13.21m

High Jump

1974-5	R Lloyd	Otago	1.90m
1975-6	TC Lomax	Canterbury	1.91m
1976-7	Q Pawson	Canterbury	1.92m
1977-8	Q Pawson	Canterbury	1.92m
1978-9	D Leonard	Waikato	1.92m
1979-80	C Trabing	Otago	2.00m
1980-1	W Boyd	Canterbury	2.00m
1981-2	D Park	Hawkes Bay Poverty Bay	1.98m
1982-3	G Bishop	Waikato	1.89m
1983-4	P Kelly	Waikato	1.93m
1984-5	N Avery	Auckland	1.95m
1985-6	P Gallivan	Otago	2.00m
1986-7	S Hollings	Canterbury	2.03m
1987-8	J Edwards	Wellington	2.00m
1988-9	J Edwards	Wellington	1.95m
1990-1	G Beckett	Tasman	1.92m
1991-2	M Sharapoff	Otago	2.07m
1992-3	D Geddes	Waikato	1.94m
1993-4	G Howard	Canterbury	2.08m
1994-5	R Fraser	Southland	1.90m
1995-6	R Fraser	Southland	1.95m
1996-7	K Ganley	North Shore Bays	1.95m
1997-8	J Maheno	Southern Stars	1.89m
1998-9	A Ellmers	Canterbury	1.85m
1999-2000	G Knaggs	Canterbury	1.96m
2000-1	G Knaggs	Canterbury	1.96m
2001-2	G Knaggs	Canterbury	2.00m
2002-3	M Tinkle	Wellington Harrier AC	1.86m
2003-4	D Thompson	Otago	1.83m
2004-5	B Lohh	Canterbury	1.95m
2005-6	D Thompson	Otago	1.92m
2006-7	B Herangi	Auckland	1.91m
2007-8	R Standing	Taranaki	1.94m
2008-9	D Fake	Taranaki	2.06m
2009-10	R Walker-Smart	Auckland	2.00m
2010-11	J Peters	Auckland	1.96m
2011-12	J Sandilands	Canterbury	1.97m
2012-13	C McDermott	Auckland	1.99m
2013-14	L Speer	Auckland	1.91m

Pole Vault

1974-6	Event Not Held		
1976-7	ST McKee	Canterbury	3.60m
1977-8	M Beets	Hawkes Bay Poverty Bay	3.89m
1978-9	DM McKee	Canterbury	3.95m
1979-80	I McNaught	Hawkes Bay Poverty Bay	3.60m
1980-1	SR Poelman	Auckland	4.05m
1981-2	S Hauf	Auckland	3.50m
1982-3	J Senior	Southland	3.60m
1983-4	S Werthmuller	Wellington	3.90m
1984-5	M Roper	Waikato	4.00m

1985-6	H Taggart	Canterbury	3.20m
1986-7	B Shore	Canterbury	3.20m
1987-8	M Pointon	Waikato	3.65m
1988-9	P Gibbons	Auckland	4.65m
1989-90	T Riddle	West Coast North Island	3.80m
1990-1	M Collis	Waikato	3.80m
1991-2	G Ross Manawatu	Wanganui	3.80m
1992-3	R Ottosen	Waikato	3.70m
1993-4	K Saunderson	Waikato	4.20m
1994-5	M Johnson	Waikato	3.40m
1995-6	C Merrilees	Otago	3.55m
1996-7	M Johnson	Hamilton	3.40m
1997-8	J Campbell	Team Mckecknie	3.00m
1998-9	A Speranza	Canterbury	3.70m
1999-2000	L Paul	Wellington Scottish	3.55m
2000-1	B Rowland	Hastings	3.80m
2001-2	JG Nel	North Harbour Bays	4.30m
2002-3	B Newdick	Waikato Bay of Plenty	3.55m
2003-4	L O'Connell	Canterbury	3.70m
2004-5	S Zagorac	Athletics North	3.65m
2005-6	S Zagorac	Athletics North	4.10m
2006-7	T McKee	Canterbury	3.65m
2007-8	W Taylor	Canterbury	3.35m
2008-9	C Beeton	Auckland	3.65m
2009-10	N Southgate	Auckland	4.30m
2010-11	N Southgate	Auckland	4.61m
2011-12	L Denee	Auckland	4.35m
2012-13	L Denee	Auckland	4.55m
2013-14	R Caukwell	Auckland	3.98m

Shot

1974-5	T Hayes	Waikato	14.23m
1975-6	N Lewis	Canterbury	14.09m
1976-7	G Sayers	West Coast North Island	13.55m
1977-8	K Barrow	Canterbury	13.01m
1978-9	T Kele	Canterbury	13.89m
1979-80	T Kele	Canterbury	12.86m
1980-1	M O'Brien	Canterbury	13.66m
1981-2	M Nua	Auckland	15.56m
1982-3	T Hunt	Canterbury	13.97m
1983-4	H Brewer	West Coast North Island	14.29m
1984-5	B Panaho	Auckland	14.16m
1985-6	G McNamee	Auckland	15.66m
1986-7	D Mace	Taranaki	14.26m
1987-8	C Ireland	Waikato	16.09m
1988-9	C Ireland	Waikato	17.11m
1989-90	C Ireland	Waikato	16.18m
1990-1	I Winchester	Waikato	14.16m
1991-2	R Hogg	Southland	14.10m
1992-3	R Hogg	Southland	14.09m
1993-4	M Walters	Canterbury	13.56m
1994-5	S Sola	Wellington	14.08m
1995-6	H Poihipi	Waikato	13.63m
1996-7	M Leadley	Greymouth	12.95m

1997-8	M Leadley	Canterbury	13.79m
1998-9	J Simpson	Otago	14.55m
1999-2000	J Waugh	Counties Manukau	15.59m
2000-1	D McGrath	Lake City	15.34m
2001-2	D Keenan	Southern Stars	14.38m
2002-3	V Vito	Wellington Harrier AC	15.20m
2003-4	J Vandermade	Auckland	15.49m
2004-5	T Dauphin	New Caledonia	17.71m
	S Heeney	Auckland	16.81m
2005-6	K Fowler	Canterbury	16.75m
2006-7	J Doyle	Auckland	15.84m
2007-8	J Doyle	Auckland	16.73m
2008-9	T Walsh	Canterbury	18.69m
2009-10	J Gill	Auckland	20.88m
2010-11	A Fafeita	Wellington	15.66m
2011-12	K Van der Merwe	Taranaki	16.87m
2012-13	B Chong Wong	Auckland	18.94m
2013-14	B Power	Wellington	17.08m

Discus

1974-5	MAP Robinson	Waikato	50.47m
1975-6	MAP Robinson	Waikato	52.02m
1976-7	MAP Robinson	Auckland	47.68m
1977-8	R Veale	Waikato	44.62m
1978-9	R Sunde	Auckland	45.98m
1979-80	R Sunde	Auckland	49.82m
1980-1	G Chapman	Auckland	49.50m
1981-2	E Grace	Waikato	47.60m
1982-3	T Hunt	Canterbury	44.96m
1983-4	G McNamee	Auckland	49.50m
1984-5	J Skurr	Canterbury	50.70m
1985-6	G McNamee	Auckland	54.58m
1986-7	S Read	Wellington	46.50m
1987-8	S Read	Wellington	50.10m
1988-9	C Ireland	Waikato	55.12m
1989-90	C Mene	Canterbury	55.04m
1990-1	I Winchester	Waikato	46.70m
1991-2	A Stowers	Wellington	48.50m
1992-3	L Johnstone	Canterbury	54.78m
1993-4	M Walters	Canterbury	47.38m
1994-5	C Laughton	Southland	43.96m
1995-6	H Poihipi	Waikato	45.74m
1996-7	M Ryan	Hamilton	49.46m
1997-8	R Brown	Auckland	49.19m
1998-9	S Isaako	Wellington Scottish	48.68m
1999-2000	S Isaako	Wellington Scottish	49.03m
2000-1	D McGrath	Lake City	50.32m
2001-2	S Smales	Auckland City Athletics	49.79m
2002-3	J Maninoa	Auckland City Athletics	48.86m
2003-4	J Vandermade	Auckland	50.80m
2004-5	K Fowler	Canterbury	50.03m
2005-6	K Fowler	Canterbury	48.35m
2006-7	K Tongalea	Auckland	53.66m
2007-8	J Doyle	Auckland	49.66m

2008-9	T Walsh	Canterbury	53.63m
2009-10	J Gill	Auckland	56.28m
2010-11	R Callister	Auckland	50.13m
2011-12	K VanderMerve	Taranaki	54.89m
2012-13	C Gamble	Canterbury	57.63m
2013-14	B Power	Wellington	52.25m

Javelin

1974-5	E Stewart	Auckland	54.19m
1975-6	G Muir	Otago	57.06m
1976-7	E Stewart	Auckland	52.80m
1977-8	K Barrow	Canterbury	58.20m
1978-9	S Hunt	Canterbury	53.26m
1979-80	D Walker	Northland	60.20m
1980-1	D Walker	Northland	62.66m
1981-2	C Greening	Wellington	56.14m
1982-3	T Hunt	Canterbury	59.58m
1983-4	C Greening	Wellington	61.06m
1984-5	GB Lovegrove	Waikato	68.24m
1985-6	P Wadsworth	Otago	55.46m
1986-7	S Bryan	Auckland	55.92m
1987-8	I Hislop	Waikato	60.02m
1988-9	P Hellier	Northland	60.56m
1989-90	W Milham	Taranaki	58.54m
1990-1	B Bishop	Southland	50.76m
1991-2	A Stowers	Wellington	60.26m
1992-3	J Albers	Waikato	56.88m
1993-4	M Walters	Canterbury	57.92m
1994-5	D Couper	Waikato	54.10m
1995-6	L Mahoney	Wellington	55.76m
1996-7	L Mahoney	Wellington T&F Club	60.92m
1997-8	S Farquhar	Hamilton	59.09m
1998-9	J Kiteau	New Caledonia	72.30m
	O Dalton	Kaitia	57.18m
1999-2000	S Farquhar	Hamilton	69.38m
2000-1	J Smalberger	North Harbour Bays	53.82m
2001-2	J Smalberger	North Harbour Bays	59.15m
2002-3	J Smalberger	North Harbour Bays	61.10m
2003-4	J Vandermade	Auckland	62.89m
2004-5	D Thompson	Otago	57.75m
2005-6	M Pito	Visitor	47.88m
	A LaSalle	Southland	46.77m
2006-7	C O'Neill	Tasman	53.12m
2007-8	G Ballam	Southland	56.78m
2008-9	B Langton-Burnell	Manawatu Wanganui	54.61m
2009-10	C Line	Taranaki	55.20m
2010-11	K VanderMerwe	Taranaki	56.13m
2011-12	K VanderMerwe	Taranaki	53.00m
2012-13	T Matthews	Auckland	60.13m
2013-14	J Abraham	Auckland	55.46m

Hammer

1974-6	Event Not Held		
1976-7	RP Rose	Canterbury	48.50m
1977-8	R Veale	Waikato	56.44m
1978-9	C Barrett	Otago	45.64m
1979-80	G Zigliani	Auckland	50.12m
1980-1	G Zigliani	Auckland	61.84m
1981-2	A Cooper	Auckland	60.68m
1982-3	D Shearer	Southland	44.50m
1983-4	P Jensen	Waikato	50.40m
1984-5	P Jensen	Waikato	56.88m
1985-6	A Crossland	Canterbury	51.52m
1986-7	D Mace	Taranaki	58.26m
1987-8	P Gibbs	Waikato	63.14m
1988-9	P Gibbs	Waikato	62.76m
1989-90	N Tait	Otago	58.82m
1990-1	I Winchester	Waikato	48.10m
1991-2	J Cook	Wellington	51.02m
1992-3	G Maher	Southland	52.96m
1993-4	S Olds	Manawatu Wanganui	45.74m
1994-5	M Hole	Canterbury	43.88m
1995-6			
1996-7	L Greenfield	Manawatu Wanganui	39.48m
1997-8	L Greenfield	Team Mckecknie	45.56m
1998-9	L Greenfield	Team Mckecknie	58.28m
1999-2000	J Waugh	Counties Manukau	55.90m
2000-1	J Mitchell	Canterbury	52.86m
2001-2	D Keenan	Southern Stars	51.13m
2002-3	M Hancock	Canterbury	45.93m
2003-4	R Mavor	Canterbury	52.61m
2004-5	T Dauphin	New Caledonia	52.64m
	L Tawha	Waikato Bay of Plenty	49.33m
2005-6	M Pito	Tahiti	46.83m
	T Ingram	Taranaki	45.94m
2006-7	R Tinkle	Wellington	47.91m
2007-8	R Tinkle	Wellington	60.80m
2008-9	R Tinkle	Wellington	62.90m
2009-10	A Fafeita	Wellington	48.34m
2010-11	A Fafeita	Wellington	55.75m
2011-12	M Bloxham	Auckland	53.21m
2012-13	M Bloxham	Auckland	67.25m
2013-14	B Tarleton	Otago	53.04m

Decathlon/Octathlon

1974-91	Event Not Held		
1991-2	A Papa	Auckland	5783 points
1992-3	Z Armstrong	Auckland	5448 points
1993-4	G Pateman	Canterbury	5912 points
1994-5	A Henley	Auckland	5762 points
1995-6	C Merrilees	Otago	6212 points
1996-7	G McLachlan	Canterbury	6281 points

1997-8	T Hill	Napier	6336 points
1998-9	L Paul	Wellington Harrier AC	5291 points
1999-2000	S McLaren	Otago	6361 points
2000-1	V Chung	Hastings	5087 points
2001-2	A Smart	North Harbour Bays	5104 points
2002-3	B Newdick	Tauranga	7423 points
Octathon			
2003-4	K Fowler	Canterbury	5046 points
2004-5	K Fowler	Canterbury	5505 points
2005-6	J McLean	Christchurch Boys HS	4668 points
2006-7	J Doyle	Auckland	5398 points
2007-8	J Doyle	Auckland	5405 points
2008-9	P Simms	TeAmawutu	4490 points
2009-10	P Simms	TeAmawutu	5312 points
2010-11	L Davison	Tauranga	5410 points
2011-12	J Bryant	University of Canterbury	5803 points
2012-13	Q Hartley	Palmerston North	5112 points
2013-14	A Mander	Canterbury	5297 points

YOUTH GIRLS

100m

1974-5	C Hughes	Waikato	12.21
1975-6	C Hughes	Waikato	12.03
1976-7	K Freakley	Wellington	12.19
1977-8	K Freakley	Wellington	12.20
1978-9	A Wade	Auckland	12.13
1979-80	J Mitchell	Otago	11.97
1980-1	V Lewis	Canterbury	12.08
1981-2	J Mitchell	Waikato	12.29
1982-3	H Pirovano	Hawkes Bay Poverty Bay	11.82
1983-4	H Pirovano	Hawkes Bay Poverty Bay	12.14
1984-5	H Pirovano	Hawkes Bay Poverty Bay	12.57
1985-6	H Pirovano	Hawkes Bay Poverty Bay	11.89
1986-7	R Johns	Canterbury	12.46
1987-8	B Toop	Hawkes Bay Poverty Bay	12.14
1988-9	B Toop	Hawkes Bay Poverty Bay	11.70
1989-90	Y McCausland	Auckland	12.27
1990-1	J Arnott	Southland	11.89
1991-2	B Yates	Auckland	12.24
1992-3	J Wise	Waikato	12.34
1993-4	K Miller	Manawatu Wanganui	11.72
1994-5	C Hunt	Canterbury	11.72
1995-6	B Barker	Auckland	12.46
1996-7	S Phillips	Lake City	12.15
1997-8	S Phillips	Lake City	11.94
1998-9	S Phillips	Lake City	11.78
1999-2000	A Brough	Counties Manukau	12.26
2000-1	A Brough	Counties Manukau	11.86
2001-2	A Brough	Counties Manukau	11.90
2002-3	M Williams	Waikato Bay of Plenty	12.04
2003-4	S Lindeboom	Athletics North	12.40
2004-5	S Lindeboom	Athletics North	12.53
2005-6	M Ririnui	Waikato Bay of Plenty	12.40
2006-7	M Ririnui	Waikato Bay of Plenty	12.33
2007-8	C Johannsen	Auckland	12.43
2008-9	P Symes	Manawatu Wanganui	12.01
2009-10	H Bowering-Scott	Tasman	12.38
2010-11	M McPhail	Otago	13.00
2011-12	M Florence	Waikato Bay of Plenty	12.18
2012-13	Z Hobbs	Taranaki	11.93
2013-14	Z Hobbs	Taranaki	11.91

200m

1974-5	C Hughes	Waikato	24.77
1975-6	C Hughes	Waikato	24.60
1976-7	A Wade	Auckland	25.81
1977-8	A Wade	Auckland	24.73

1978-9	A Wade	Auckland	24.23
1979-80	T Ellery	Auckland	25.29
1980-1	T Ellery	Auckland	24.83
1981-2	E Dearlove	Waikato	24.70
1982-3	C Dillimore	Waikato	24.91
1983-4	H Lowes	Auckland	25.00
1984-5	L Oldfield	Wellington	25.42
1985-6	J Coulter	Wellington	24.88
1986-7	J Coulter	Wellington	25.24
1987-8	B Toop	Hawkes Bay Poverty Bay	24.57
1988-9	B Toop	Hawkes Bay Poverty Bay	24.47
1989-90	H Shanks	Waikato	24.93
1990-1	J Arnott	Southland	25.42
1991-2	J Arnott	Southland	25.39
1992-3	J Wise	Waikato	24.39
1993-4	J Arnott	Southland	24.18
1994-5	C Hunt	Canterbury	24.78
1995-6	F Major	Auckland	25.16
1996-7	F Major	North Shore Bays	24.92
1997-8	F Major	North Harbour Bays	25.13
1998-9	K Hearn	Hamilton	24.90
1999-2000	A Brough	Counties Manukau	24.39
2000-1	A Brough	Counties Manukau	24.36
2001-2	A Brough	Counties Manukau	24.46
2002-3	M Williams	Waikato Bay of Plenty	24.39
2003-4	S Lindeboom	Athletics North	25.13
2004-5	S Lindeboom	Athletics North	25.12
2005-6	A Coates	Canterbury	25.86
2006-7	R Peeters	Auckland	25.16
2007-8	C Johannsen	Auckland	24.42
2008-9	P Symes	Manawatu Wanganui	24.84
2009-10	H Bowering-Scott	Tasman	25.36
2010-11	K Stuart	Scotland	25.28
	M McPhail	Otago	25.40
2011-12	M Gipson	Auckland	25.19
2012-13	Z Hobbs	Taranaki	25.02
2013-14	Z Hobbs	Taranaki	24.49

400m

1974-5	D De Leeuw	Waikato	58.12
1975-6	D De Leeuw	Waikato	55.32
1976-7	K Freakley	Wellington	56.36
1977-8	K Freakley	Wellington	56.11
1978-9	C Braybrooke	Auckland	55.64
1979-80	L Gray	Northland	57.12
1980-1	S Gilbert	Waikato	57.16
1981-2	S Gilbert	Waikato	54.84
1982-3	C Dillimore	Waikato	56.8
1983-4	J Leef	Waikato	57.38
1984-5	H Hawley	Auckland	56.12
1985-6	K Downie	Canterbury	57.60
1986-7	T Hodgkinson	Tasman	55.85
1987-8	S Scown	Waikato	57.16
1988-9	T Hodgkinson	Tasman	55.94

1989-90	J Todd	Southland	57.19
1990-1	O Haddon	Northland	59.08
1991-2	R Rowberry	Canterbury	56.40
1992-3	K Brewer	Wellington	56.73
1993-4	R Savage	Waikato	57.24
1994-5	K Bardell	Manawatu Wanganui	59.26
1995-6	K Gemmell	Manawatu Wanganui	57.16
1996-7	K Edge	Dunlop Hutt Valley	56.11
1997-8	S van Dijck	Auckland	57.09
1998-9	R Signal	Team McKecknie	56.47
1999-2000	L Jones	Counties Manukau	55.60
2000-1	K Johnstone	Canterbury	55.44
2001-2	M Williams	Tokoroa	57.74
2002-3	M Williams	Waikato Bay of Plenty	55.46
2003-4	M Coulton	Taranaki	56.62
2004-5	M Coulton	Taranaki	57.86
2005-6	S Healey	Athletics North	57.55
2006-7	S Healey	Auckland	56.60
2007-8	A Watson	Canterbury	56.48
2008-9	K Anderson	Auckland	56.53
2009-10	M Gipson	Auckland	56.31
2010-11	E McCleery	Waikato Bay of Plenty	57.37
2011-12	T Horgan	Waikato Bay of Plenty	56.64
2012-13	S Gearey	Hawkes Bay Gisborne	55.36
2013-14	S Gearey	Hawkes Bay Gisborne	56.41

800m

1974-5	P Vercoe	Auckland	2:14.2
1975-6	L Wilde	Auckland	2:09.9
1976-7	P Redmond	Southland	2:12.0
1977-8	L Wilde	Auckland	2:14.4
1978-9	L Wilde	Auckland	2:06.1
1979-80	L Gray	Northland	2:13.1
1980-1	J Overall	West Coast North Island	2:09.01
1981-2	A McKenzie	Wellington	2:11.38
1982-3	L Croxton	Auckland	2:14.6
1983-4	A Lusk	Auckland	2:11.77
1984-5	A Stuart	Wellington	2:12.27
1985-6	A Stuart	Wellington	2:13.44
1986-7	T Hodgkinson	Tasman	2:11.71
1987-8	T Hodgkinson	Tasman	2:09.73
1988-9	T Hodgkinson	Tasman	2:10.6
1989-90	R Rowberry	Canterbury	2:15.23
1990-1	E James	Manawatu Wanganui	2:15.14
1991-2	R Rowberry	Canterbury	2:07.63
1992-3	K Ashley	Southland	2:10.57
1993-4	K Ashley	Southland	2:11.72
1994-5	K Gemmell	Manawatu Wanganui	2:15.05
1995-6	K Gemmell	Manawatu Wanganui	2:12.71
1996-7	K Gemmell	Team McKecknie	2:13.65
1997-8	M Prowse	North Harbour Bays	2:13.83
1998-9	M Prowse	North Harbour Bays	2:13.39
1999-2000	M Prowse	North Harbour Bays	2:07.85
2000-1	R McEnaney	North Harbour Bays	2:09.99
2001-2	R McEnaney	North Harbour Bays	2:11.54

2002-3	A Mann	Counties Manukau	2:10.77
2003-4	K Finn	Otago	2:14.20
2004-5	S Tatton	Manawatu Wanganui	2:11.15
2005-6	A Smit	Canterbury	2:15.48
2006-7	B Lawrie	Waikato Bay of Plenty	2:12.31
2007-8	A Smit	Canterbury	2:10.37
2008-9	A Pfitzinger	Auckland	2:15.23
2009-10	S Paine	Wellington	2:14.46
2010-11	K White	Waikato Bay of Plenty	2:12.21
2011-12	A Harper	Wellington	2:11.43
2012-13	T Davey	Waikato Bay of Plenty	2:10.00
2013-14	S Baldwin	Auckland	2:14.23

1500m

1974-5	P Vercoe	Auckland	4:51.7
1975-6	D Stevenson	South Coast North Island	4:33.1
1976-7	M Green	Auckland	4:42.5
1977-8	J Overall	West Coast North Island	4:34.5
1978-9	A Mingaye	Auckland	4:31.0
1979-80	B McClenaghan	West Coast North Island	4:54.4
1980-1	S Bruce	Canterbury	4:24.97
1981-2	S Bruce	Canterbury	4:30.46
1982-3	C Morriss	Waikato	4:49.5
1983-4	J Goodman	Tasman	4:24.70
1984-5	A Stuart	Wellington	4:33.60
1985-6	A Lardner	Auckland	4:23.96
1986-7	A Stuart	Wellington	4:17.26
1987-8	A Lardner	Auckland	4:22.33
1988-9	K Gooch	Waikato	4:33.28
1989-90	K Gooch	Waikato	4:25.92
1990-1	E James	Manawatu Wanganui	5:00.41
1991-2	E James	Manawatu Wanganui	4:42.21
1992-3	K Inwood	Manawatu Wanganui	4:28.70
1993-4	K Inwood	Manawatu Wanganui	4:28.54
1994-5	A Buckley	Tasman	4:37.00
1995-6	O Jesson	Auckland	4:35.97
1996-7	O Jesson	North Shore Bays	4:34.26
1997-8	O Jesson	North Harbour Bays	4:38.26
1998-9	K McIlroy	Wellington Harrier Club	4:35.73
1999-2000	E Orchard	Auckland City Athletics	4:36.04
2000-1	R McEnaney	North Harbour Bays	4:34.47
2001-2	E Orchard	Auckland City Athletics	4:43.27
2002-3	J Scoones	Otago	4:39.31
2003-4	K Campbell	Auckland City Athletics	4:45.43
2004-5	B Farrow	Canterbury	4:34.35
2005-6	K Patterson	Auckland	4:41.26
2006-7	E Koewn	Auckland	4:32.23
2007-8	H Newbould	Canterbury	4:34.58
2008-9	M Gibson	Canterbury	4:45.07
2009-10	R Greene	Otago	4:24.08
2010-11	A Kean	Otago	4:39.63
2011-12	A Harper	Wellington	4:34.97
2012-13	A Lord	Waikato Bay of Plenty	4:40.11
2013-14	A Graham	Canterbury	4:45.48

3000m

1974-9	Event Not Held		
1979-80	S Bruce	Canterbury	10:04.7
1980-1	S Bruce	Canterbury	9:53.20
1981-2	S Bruce	Canterbury	9:45.42
1982-3	A Stuart	Wellington	10:13.04
1983-4	K Ford	Auckland	9:58.60
1984-5	S Barry	Taranaki	9:45.59
1985-6	S Barry	Taranaki	9:25.74
1986-7	S Barry	Taranaki	9:17.74
1987-8	A Lardner	Auckland	9:13.37
1988-9	K Gooch	Waikato	9:38.05
1989-90	K Gooch	Waikato	9:27.08
1990-1	R Lynch	Waikato	10:09.56
1991-2	K Inwood	Manawatu Wanganui	10:14.68
1992-3	K Inwood	Manawatu Wanganui	9:52.76
1993-4	K Inwood	Manawatu Wanganui	9:55.71
1994-5	S Biss	Wellington	10:29.37
1995-6	O Jesson	Auckland	9:50.92
1996-7	O Jesson	North Shore Bays	9:59.30
1997-8	O Jesson	North Harbour Bays	10:04.57
1998-9	V Jackson	North Harbour Bays	9:58.10
1999-2000	G White	Hamilton	10:06.85
2000-1	R Baird	Hamilton	10:03.10
2001-2	C Goodwin	Canterbury	10:11.52
2002-3	M Murrihy	Waikato Bay of Plenty	10:19.43
2003-4	S Morgan	Waikato Bay of Plenty	9:59.45
2004-5	M Murrihy	Waikato Bay of Plenty	9:44.72
2005-6	H Green	Wellington	10:03.10
2006-7	C Buscomb	Waikato Bay of Plenty	10:01.07
2007-8	E Keown	Auckland	9:59.06
2008-9	A-L Uttley	Otago	9:54.06
2009-10	R Greene	Otago	9:49.70
2010-11	K Macdermid	Manawatu Wanganui	10:09.25
2011-12	K Macdermid	Manawatu Wanganui	10:27.60
2012-13	A Gegan	Auckland	10:04.42
2013-14	Z Macdermid	Palmerston North	10:32.57

2000m Steeplechase

1974-2000	Event Not Held		
2000-1	J Nalder	Tasman	7:03.51
2001-2	L Cant	Grand Central Athletics	7:07.78
2002-3	M Murrihy	Waikato Bay of Plenty	7:15.41
2003-4	S Drought	Taranaki	7:30.48
2004-5	R Croft	Canterbury	7:02.51
2005-6	R Croft	Canterbury	6:54.83
2006-7	S McSweeney	Waikato Bay of Plenty	6:53.02
2007-8	D Travis	Taranaki	6:59.32
2008-9	C Taylor	Southland	6:59.03
2009-10	J Hansen	Waikato Bay of Plenty	7:41.08
2010-11	H Sprosen	Waikato Bay of Plenty	7:22.12
2011-12	Z Murrihy	Wellington	7:44.86

2012-13	A Grogan	Waikato Bay of Plenty	7:13.26
2013-14	K Forman	Wellington	7:25.74

100m Hurdles

1974-5	K Kirkland	Otago	14.97
1975-6	K Boyce	Waikato	14.75
1976-7	M O'Connell	Canterbury	14.95
1977-8	G Rear	Northland	15.11
1978-9	L Massey	Waikato	14.38
1979-80	L Massey	Waikato	13.77
1980-1	J Mitchell	Otago	14.37
1981-2	J Mitchell	Waikato	14.17
1982-3	H Pirovano	Hawkes Bay Poverty Bay	14.01
1983-4	H Pirovano	Hawkes Bay Poverty Bay	13.98
1984-5	H Pirovano	Hawkes Bay Poverty Bay	14.28
1985-6	H Pirovano	Hawkes Bay Poverty Bay	13.73
1986-7	R Hems	England	14.60
	V Jack	Auckland	
1987-8	J Best	Canterbury	14.53
1988-9	K Flitcroft	Canterbury	14.59
1989-90	C Corbett	Auckland	14.89
1990-1	J Ashbridge	Manawatu Wanganui	14.37
1991-2	B Yates	Auckland	14.56
1992-3	C Hastings	Canterbury	14.55
1993-4	C Hastings	Canterbury	15.08
1994-5	C Hastings	Canterbury	15.2
1995-6	J Edmond	Canterbury	14.92
1996-7	B Pateman	Canterbury	14.27
1997-8	A Miller	Counties Manukau	14.34
1998-9	A Miller	Counties Manukau	13.86
1999-2000	N Earnshaw	Canterbury	14.27
2000-1	S Cowley	Lake City	13.92
2001-2	S Cowley	North Harbour Bays	14.77
2002-3	H McEwan	Wellington Harrier AC	14.54
2003-4	J Penney	Wellington	14.65
2004-5	F Morrison	Canterbury	14.38
2005-6	S Dunick	Waikato Bay of Plenty	15.07
2006-7	Z Ballantyne	Auckland	15.00
2007-8	G Allison	Canterbury	14.56
2008-9	P Symes	Manawatu Wanganui	14.05
2009-10	A Campbell	Wellington	14.80
2010-11	M Keenan	Canterbury	14.14
2011-12	M Gipson	Auckland	14.08
2012-13	C Ashton	Otago	14.63
2013-14	C Ashton	Otago	13.97

400m Hurdles / 300m Hurdles

400m Hurdles

1974-80	Event Not Held
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1980-1	J Robson	Auckland	61.75
1981-2	C Blakeman	Waikato	63.94
1982-3	K Petersen	Auckland	64.92
1983-4	K Petersen	Auckland	60.93
1984-5	E Barnaby	Waikato	62.94
1985-6	K Ion	Auckland	62.04

300m Hurdles

1986-7	J Best	Canterbury	44.28
1987-8	J Best	Canterbury	43.62
1988-9	S Scown	Waikato	44.23
1989-90	R Kitching	Auckland	45.26
1990-1	M Merrilees	Otago	44.29
1991-2	D Winter	Canterbury	45.82
1992-3	N Kidd	Waikato	44.1
1993-4	Jessica Ashbridge	Manawatu Wanganui	46.01
1994-5	B Barker	Auckland	44.68
1995-6	J Edmond	Canterbury	45.12
1996-7	V van Dijck	Auckland	44.77
1997-8	V van Dijck	Auckland	44.47
1998-9	V van Dijck	Auckland	42.51
1999-2000	A McGregor	Taranaki	44.83
2000-1	A McGregor	Taranaki	45.33
2001-2	V Torr	Grand Central Athletics	45.88
2002-3	K Olsen	Waikato Bay of Plenty	45.73
2003-4	K Olsen	Waikato Bay of Plenty	45.10
2004-5	F Morrison	Canterbury	44.26
2005-6	H Grey	Canterbury	45.61
2006-7	T Hale	Waikato Bay of Plenty	45.88
2007-8	K Berryman	Canterbury	44.06
2008-9	K Berryman	Canterbury	43.34
2009-10	S Dickins	Manawatu Wanganui	44.96
2010-11	M Keenan	Canterbury	44.25
2011-12	S Dickens	Manawatu Wanganui	44.58
2012-13	A Robinson	Waikato Bay of Plenty	43.35
2013-14	G Freeman	Canterbury	45.69

2000m / 3000m Track Walk

2000m Walk

1974-84	Event Not Held		
1984-5	D Britton	Hawkes Bay Poverty Bay	10:23.35
1985-6	L Chadderton	Waikato	10:36.57

3000m Walk

1986-7	L Chadderton	Waikato	15:42.6
1987-8	M Shipley	Canterbury	16:16.59
1988-9	L Mathieson	Otago	15:49.56
1989-90	LM Mathieson	Otago	16:06.70
1990-1	L Mathieson	Otago	15:16.46
1991-2	Lisa Mathieson	Otago	15:29.96
1992-3	E Gordon		16:13.53
1993-4	M Lynch	Auckland	15:16.22
1994-5	K Mathieson	Otago	16:31.85

1995-6	C McKenzie	Canterbury	16:00.96
1996-7	A Barsanti	Team McKecknie	16:33.36
1997-8	A Barsanti	Team McKecknie	16:37.51
1998-9	M Findlay	Auckland	17:05.54
1999-2000	A Macdonald	Wellington Harrier AC	15:57.31
2000-1	A Macdonald	Wellington Harrier AC	15:34.04
2001-2	A Gorst	Hastings	16:54.92
2002-3	A Gorst	Hastings	14:47.14
2003-4	L Cantwell	unattached	17:27.33
2004-5	K Newitt	Canterbury	15:47.07
2005-6	K Newitt	Canterbury	15:29.95
2006-7	K Newitt	Canterbury	14:40.11
2007-8	N Murrihy	Waikato Bay of Plenty	16:46.13
2008-9	N Murrihy	Waikato Bay of Plenty	15:53.88
2009-10	C Ruske	Canterbury	15:40.28
2010-11	C Ruske	Canterbury	15:17.01
2011-12	S Meikle	University of Canterbury	19:26.11
2012-13	E Dunbar	Auckland	18:29.19
2013-14	No Competitors		

4x100m Relay

1974-5	Canterbury	48.9
1975-6	Waikato	47.4
1976-7	Canterbury	48.52
1977-8	Auckland	48.09
1978-9	Auckland	47.23
1979-80	Waikato	48.47
1980-1	Auckland	48.31
1981-2	Waikato	46.87
1982-3	Canterbury	48.60
1983-4	Auckland	48.29
1984-5	Canterbury	48.6
1985-6	Wellington	48.8
1986-7	Canterbury	47.90
1987-8	Waikato	48.85
1988-9	Auckland A	48.72
1989-90	Auckland	14.89
1990-1	Waikato	48.42
1991-2	Canterbury A	48.69
1992-3	Wellington A	49.00
1993-4	Auckland	49.59
1994-5	Canterbury A	48.05
1995-6	Canterbury A	48.27
1996-7	North Shore bays	48.63
1997-8	Bays Cougars	49.55
1998-9	Team McKecknie	49.27
1999-2000	Canterbury	49.83
2000-1	Hastings Hornets	49.81
2001-2	Bays Cougars	49.55
2002-3	Waikato Bay of Plenty	48.28
2003-4	WBP	50.74
2004-5	Auckland	49.26
2005-6	North	50.19
2006-7	Auckland	48.63

2007-8	Auckland	47.96
2008-9	Auckland	49.15
2009-10	Auckland	49.00
2010-11	Auckland	48.41
2011-12	Waikato Bay of Plenty	48.20
2012-13	Waikato Bay of Plenty	47.71
2013-14	Otago	49.05

4x400m Relay

1974-5	Wellington	4:02.5
1975-6	Waikato	3:52.1
1976-7	Auckland	3:52.5
1977-8	Wellington	3:51.0
1978-9	Auckland	3:50.0
1979-80	Auckland	4:03.5
1980-1	Waikato	3:50.74
1981-2	Waikato A	3:51.89
1982-3	Waikato	3:59.76
1983-4	Waikato	3:57.40
1984-5	Auckland	3:52.23
1985-6	Waikato	3:58.03
1986-7	Canterbury	3:52.01
1987-8	Waikato A	3:53.45
1988-9	Waikato	3:56.54
1989-90	Canterbury	3:52.4
1990-1	Southland	4:01.55
1991-2	Southland	3:59.86
1992-3	Southland	3:59.21
1993-4	Southland	3:52.53
1994-5	Manawatu Wanganui	4:06.79
1995-6	Manawatu Wanganui	3:52.73
1996-7	North Shore Bays	4:00.58
1997-8	Auckland	3:59.85
1998-9	Team McKechnie	3:57.80
1999-2000	Canterbury	4:01.22
2000-1	Counties Manukau	4:00.25
2001-2	Grand Central Athletics	4:02.67
2002-3	Waikato Bay of Plenty	3:55.61
2003-4	WBP	3:59.05
2004-5	WBP	3:55.27
2005-6	North	3:54.22
2006-7	Canterbury	3:57.46
2007-8	Canterbury	3:22.56
2008-9	Auckland	3:58.49
2009-10	Otago	4:00.39
2010-11	Waikato Bay of Plenty	3:59.65
2011-12	Waikato Bay of Plenty	4:02.91
2012-13	Waikato Bay of Plenty	3:51.58
2013-14	Auckland	3:57.05

Long Jump

1974-5	R Ambler	Otago	5.69m
1975-6	R Ambler	Otago	5.56m
1976-7	C Bickerstaff	Auckland	5.39m
1977-8	P Townshend	Canterbury	5.44m
1978-9	J McDonald	Northland	5.76m
1979-80	L Russek	Waikato	6.19m
1980-1	T Paterson	Southland	5.42m
1981-2	J Mitchell	Waikato	5.92m
1982-3	T Paterson	Southland	5.61m
1983-4	P Coxon	Waikato	5.81m
1984-5	L Ball	Auckland	6.11m
1985-6	L Ball	Auckland	6.12m
1986-7	L Ball	Auckland	5.81m
1987-8	A Neischmidt	Waikato	5.86m
1988-9	T Spedding	Waikato	5.92m
1989-90	S Stoddart	Otago	5.50m
1990-1	R Welford	Canterbury	5.88m
1991-2	F Maunder	Wellington	5.56m
1992-3	N Smith	Wellington	5.58m
1993-4	N Smith	Wellington	5.96m
1994-5	J Dryburgh	Auckland	5.88m
1995-6	B Barker	Auckland	5.70m
1996-7	K Welford	Canterbury	5.79m
1997-8	S Phillips	Lake City	6.19m
1998-9	S Phillips	Lake City	5.76m
1999-2000	K Malcolm	Otago	5.39m
2000-1	A Leadbitter	Wellington Harrier AC	5.40m
2001-2	S Cowley	North Harbour Bays	6.08m
2002-3	H McEwan	Wellington Harrier AC	5.65m
2003-4	J Penney	Wellington	5.67m
2004-5	N Okpala	Auckland	5.49m
2005-6	J Erkill	Athletics North	5.45m
2006-7	M Ririnui	Waikato Bay of Plenty	5.58m
2007-8	M Ririnui	Waikato Bay of Plenty	5.98m
2008-9	B Girven Russell	Wellington	5.66m
2009-10	P Bing	Auckland	5.74m
2010-11	G Alsop	Southland	5.52m
2011-12	P Harwood	Auckland	5.60m
2012-13	A Robinson	Waikato Bay of Plenty	5.76m
2013-14	E Hopcroft	Southland	5.72m

Triple Jump

1974-97	Event Not Held		
1997-8	E Callesen	Team McKecknie	11.49m
1998-9	J Fearn	Canterbury	11.81m
1999-2000	K Malcolm	Otago	11.76m
2000-1	M Mafileo	Tonga	11.31m
	C King-Astill	Frankton	11.17m
2001-2	M Mafileo	Counties Manukau	11.91m
2002-3	A Molineaux	Tasman	11.15m

2003-4	K Grant	Taranaki	11.38m
2004-5	N Okpala	Auckland	11.99m
2005-6	H Gibbs	Canterbury	10.97m
2006-7	H Gibbs	Canterbury	10.92m
2007-8	K Kennedy	Wellington	11.40m
2008-9	K Camp	Waikato Bay of Plenty	11.94m
2009-10	G Alsop	Southland	11.75m
2010-11	G Alsop	Southland	11.94m
2011-12	J Graham	Southland	11.86m
2012-13	S Aeschlimann	Germany	11.61m
	Z Hobbs	Taranaki	10.98m
2013-14	A Mawhinney	Otago	11.56m

High Jump

1974-5	C Kavermann	Auckland	1.70m
1975-6	K Whimp	Auckland	1.77m
1976-7	K Whimp	Auckland	1.68m
1977-8	P Richards	Canterbury	1.68m
1978-9	L Soole	Auckland	1.66m
1979-80	A Pule	Canterbury	1.70m
1980-1	A Pule	Canterbury	1.79m
1981-2	M Clarken	Auckland	1.70m
1982-3	T Painter	Otago	1.70m
1983-4	C Carter	Otago	1.66m
1984-5	T Phillips	West Coast North Island	1.73m
1985-6	T Phillips	West Coast North Island	1.75m
1986-7	G Sullivan	Otago	1.70m
1987-8	T Murray	Otago	1.78m
1988-9	R Nicholson	Taranaki	1.74m
1989-90	C Corbett	Auckland	1.81m
1990-1	D Gardner	Auckland	1.77m
1991-2	Kim Brown	Southland	1.80m
1992-3	N Smith	Wellington	1.67m
1993-4	N Smith	Wellington	1.73m
1994-5	N Brown	Waikato	1.72m
1995-6	Karen Brown	Waikato	1.71m
1996-7	T McGarva	Hamilton	1.74m
1997-8	M Wade	Hamilton	1.68m
1998-9	B Rangi	Tauranga	1.68m
1999-2000	S Johnston	Team McKecknie	1.68m
2000-1	S Johnston	Grand Central Athletics	1.68m
2001-2	K Leydon	North Harbour Bays	1.66m
2002-3	A Molineaux	Tasman	1.63m
2003-4	G Richards	Canterbury	1.69m
2004-5	S Saddleton	Auckland	1.69m
2005-6	S Saddleton	Auckland	1.75m
2006-7	E Lamb	Auckland	1.75m
2007-8	E Lamb	Auckland	1.78m
2008-9	K O'Hagan	Wellington	1.75m
2009-10	K O'Hagan	Wellington	1.70m
2010-11	M Wensing	Visitor	1.73m
	K O'Hagan	Auckland	1.69m
2011-12	R Phillips	Whangarei	1.65m
2012-13	E Winton	Canterbury	1.61m

2013-14	P Edwards	Wellington	1.70m
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Pole Vault

1974-99	Event Not Held		
1999-2000	N Beckett	North Harbour Bays	3.30m
2000-1	N Beckett	North Harbour Bays	3.20m
2001-2	A Grogan	North Harbour Bays	3.20m
2002-3	J Brown	Otago	3.15m
2003-4	J Brown	Canterbury	3.35m
2004-5	J Brown	Canterbury	3.50m
2005-6	J Hart	Athletics North	2.90m
2006-7	J Ward	Auckland	3.40m
2007-8	K Charlesworth	Auckland	3.80m
2008-9	K Charlesworth	Auckland	3.90m
2009-10	K Charlesworth	Auckland	4.00m
2010-11	E McCartney	Auckland	3.30m
2011-12	E McCartney	Auckland	3.60m
2012-13	E McCartney	Auckland	4.00m
2013-14	G Steele	Auckland	3.52m

Shot

1974-5	K Blackmore	Northland	11.75m
1975-6	K Blackmore	Northland	12.82m
1976-7	JM Bishop	Canterbury	11.90m
1977-8	M Avia	Canterbury	12.00m
1978-9	L Russell	Waikato	12.18m
1979-80	T Ryan	Auckland	12.42m
1980-1	L Russell	Waikato	12.85m
1981-2	G Smith	West Coast North Island	12.69m
1982-3	J Smith	West Coast North Island	12.57m
1983-4	J Knapp	Southland	12.72m
1984-5	J Knapp	Southland	13.05m
1985-6	J Knapp	Southland	13.11m
1986-7	C Millar	Otago	11.38m
1987-8	S Coughy	Auckland	11.53m
1988-9	E Binns	Auckland	12.18m
1989-90	B Faumuina	Auckland	12.86m
1990-1	B Faumuina	Auckland	12.96m
1991-2	B Faumuina	Auckland	14.47m
1992-3	B Mene	Canterbury	12.88m
1993-4	A Travers	Auckland	11.60m
1994-5	A Travers	Auckland	11.70m
1995-6	S Briscoe	Waikato	11.03m
1996-7	N Karena	Auckland	11.49m
1997-8	V Lowrie	North Harbour Bays	12.82m
1998-9	V Adams	Counties Manukau	14.15m
1999-2000	V Adams	Counties Manukau	15.44m
2000-1	V Adams	Counties Manukau	15.41m
2001-2	V Adams	Auckland City Athletics	17.11m
2002-3	T Lambrechts	North Harbour Bays	11.49m
2003-4	P Meti	Auckland	12.26m

2004-5	V Hurley	Auckland	12.02m
2005-6	V Hurley	Pakuranga	12.44m
2006-7	A Gill	Auckland	11.89m
2007-8	A Gill	Auckland	12.67m
2008-9	S Hakeai	Auckland	12.85m
2009-10	L Lealaisalanoa	Wellington	13.32m
2010-11	S Hakeai	Auckland	14.11m
2011-12	C Kenneally	Auckland	14.26m
2012-13	O Hakeai	Auckland	13.92m
2013-14	M-L Wesche	Auckland	14.26m

Discus

1974-5	J Campbell	Northland	32.88m
1975-6	J Grey	West Coast North Island	36.74m
1976-7	M Avia	Canterbury	37.84m
1977-8	A Stanley	Auckland	37.08m
1978-9	S Bishop	Canterbury	35.56m
1979-80	A Crowther	Auckland	36.44m
1980-1	H Marsters	Auckland	41.84m
1981-2	H Marsters	Auckland	42.64m
1982-3	J Knapp	Southland	36.88m
1983-4	J Knapp	Southland	42.48m
1984-5	F Bennett	Waikato	39.26m
1985-6	J Knapp	Southland	43.82m
1986-7	J Park	Otago	40.66m
1987-8	N Orr	Auckland	37.94m
1988-9	N Orr	Auckland	42.10m
1989-90	A Lynn	Canterbury	42.64m
1990-1	A Lynn	Canterbury	50.30m
1991-2	B Faumuina	Auckland	45.90m
1992-3	F Bartley	Waikato	42.88m
1993-4	F Bartley	Waikato	42.52m
1994-5	P Treweek	Canterbury	38.16m
1995-6	N Karena	Auckland	39.78m
1996-7	N Karena	Auckland	42.80m
1997-8	N Karena	Auckland	48.28m
1998-9	V Lowrie	North Harbour Bays	39.94m
1999-2000	V Adams	Counties Manukau	43.53m
2000-1	V Adams	Counties Manukau	42.88m
2001-2	V Adams	Auckland City Athletics	54.09m
2002-3	K Grant	Taranaki	40.48m
2003-4	K Grant	Taranaki	39.70m
2004-5	M Parkhill	Manawatu Wanganui	42.12m
2005-6	T Keenan	Auckland	45.99m
2006-7	T Keenan	Auckland	46.01m
2007-8	C Fafeita	Wellington	39.65m
2008-9	L Lealaisalanoa	Wellington	49.41m
2009-10	L Lealaisalanoa	Wellington	47.93m
2010-11	M Vaka	Auckland	48.80m
2011-12	M Vaka	Auckland	43.71m
2012-13	O Hakeai	Auckland	41.35m
2013-14	L Bruce	Canterbury	41.28m

Javelin

1974-5	K Blackmore	Northland	36.58m
1975-6	JM Bishop	Canterbury	41.46m
1976-7	JM Bishop	Canterbury	40.50m
1977-8	N Perkins	Canterbury	44.88m
1978-9	K Patterson	Canterbury	35.12m
1979-80	L Campbell	Canterbury	35.58m
1980-1	S McCallum	Southland	41.10m
1981-2	D Keys	Canterbury	40.34m
1982-3	J Apiata	Southland	35.72m
1983-4	C Knowsley	Canterbury	35.04m
1984-5	K Smith	Auckland	37.78m
1985-6	K Smith	Auckland	44.22m
1986-7	K Smith	Auckland	46.48m
1987-8	K Smith	Auckland	44.54m
1988-9	J Beyeler	Wellington	39.78m
1989-90	M Brearley	Auckland	38.74m
1990-1	M Walker	Auckland	37.74m
1991-2	K Blackwood	Otago	39.58m
1992-3	K Blackwood	Otago	43.00m
1993-4	B Ramesh	New Caledonia	51.24m
	H Wilson	Southland	44.56m
1994-5	H Wilson	Southland	43.70m
1995-6	B Ramesh	New Caledonia	55.38m
	I Suanui	Auckland	38.82m
1996-7	A Stringer	Canterbury	41.12m
1997-8	A Stringer	Canterbury	34.69m
1998-9	A McBride	Waitemata	41.93m
1999-2000	A McBride	Waitemata	46.15m
2000-1	K Gordon	Grand Central Athletics	41.06m
2001-2	K Gordon	Grand Central Athletics	37.66m
2002-3	K Grant	Taranaki	35.55m
2003-4	K Grant	Taranaki	38.36m
2004-5	M Aitkenhead	Tasman	38.85m
2005-6	S Wrathall	Athletics North	35.36m
2006-7	P Charlesworth	Auckland	39.35m
2007-8	P Charlesworth	Auckland	43.42m
2008-9	S Peeters	Southland	38.20m
2009-10	T Peeters	Southland	37.37m
2010-11	T Peeters	Southland	40.45m
2011-12	M Carruthers	Canterbury	38.61m
2012-13	L Overton	Southland	43.55m
2013-14	E Harris	Tasman	37.06m

Hammer

1974-92	Event Not Held		
1992-3	K Blackwood	Otago	42.10m
1993-4	M Winter	Otago	40.08m
1994-5	M Winter	Otago	42.88m
1995-6	B Evans	Waikato	45.68m
1996-7	M Phillips	Auckland	41.54m
1997-8	no competitors		

1998-9	V Adams	Counties Manukau	37.23m
1999-2000	V Adams	Counties Manukau	43.17m
2000-1	V Adams	Counties Manukau	52.20m
2001-2	V Adams	Auckland City Athletics	56.05m
2002-3	T Lambrechts	North Harbour Bays	35.28m
2003-4	E Patchett	Tasman	34.33m
2004-5	A Harvey	Otago	39.83m
2005-6	M McNie	Manawatu Wanganui	40.67m
2006-7	A Gill	Auckland	41.54m
2007-8	A Gill	Auckland	45.31m
2008-9	J Ratcliffe	Waikato Bay of Plenty	52.42m
2009-10	J Ratcliffe	Waikato Bay of Plenty	54.97m
2010-11	C Kenneally	Australia	43.42m
	E Pilkington	Auckland	37.23m
2011-12	E Pilkington	Auckland	53.55m
2012-13	L Bruce	Canterbury	53.28m
2013-14	L Bruce	Canterbury	61.89m

Pentathlon / Heptathlon

Pentathlon

1974-5	Event Not Held		
1975-6	K Boyce	Waikato	3378 points
1976-7	L Olsen	Waikato	3786 points
1977-8	M O'Connell	Canterbury	3354 points
1978-9	M Forsyth	Waikato	3710 points
1979-80	L Russek	Waikato	3698 points
1980-1	A Pule	Canterbury	3535 points

Heptathlon

1981-2	A Pule	Canterbury	4965 points
1982-3	J Gardiner	Auckland	4811 points
1983-4	K Petersen	Auckland	4962 points
1984-5	H Pirovano	Hawkes Bay Poverty Bay	4662 points
1985-6	T Phillips	West Coast North Island	4481 points
1986-7	J Best	Canterbury	4351 points
1987-8	J Best	Canterbury	4797 points
1988-91	Event	Not Held	
1991-2	M Hamilton	Waikato	4283 points
1992-3	M Hamilton	Waikato	4595 points
1993-4	J Kidd	Canterbury	3911 points
1994-5	B Barker	Auckland	4534 points
1995-6	K Welford	Canterbury	4306 points
1996-7	K Welford	Canterbury	4698 points
1997-8	K McIntosh	Canterbury	4329 points
1998-9	B Rangi	Tauranga	4305 points
1999-2000	B Rangi	Tauranga	4631 points
2000-1	S Cowley	Lake City	4676 points
2001-2	M Leeming	North Harbour Bays	3454 points
2002-3	M Free	Hastings	3208 points
2003-4	K Adams	Hamilton	4012 points
2004-5	A Aldridge	Waikato Bay of Plenty	4253 points
2005-6	L May	Canterbury	4094 points
2006-7	G Allsion	Canterbury	4135 points
2007-8	G Allison	Canterbury	4173 points

2008-9	P Bing	Auckland	4599 points
2009-10	P Bing	Auckland	4947 points
2010-11	P Harwood	Auckland	4467 points
2011-12	S Dickins	Fielding	4398 points
2012-13	A Robinson	Tauranga	4546 points
2013-14	P Edwards	Wellington	4454 points

WINTER

SENIOR MEN

Cross Country

1887-1902	Event Not Held		
1903	P Malthus	Canterbury	
1904-8	Event Not Held		
1909	WFSimpson	Canterbury	
1910	G McNight	Otago	
1911	GN Hill	Auckland	
1912	J Beatson	Otago	
1913	J Beatson	Otago	
1914-5	Event Not Held		
1915-9	No Competition		
1919	Event Not Held		
1920	CW Frye	Otago	
1921	HE Moore	Wellington	
1922	D Todd	Wellington	
1923	JH Nalder	Canterbury	
1924	JW Tapp	Otago	
1925	EL Brown	Otago	
1926	G Kells	Auckland	
1927	JW Savidan	Auckland	
1928	JW Savidan	Auckland	
1929	JW Savidan	Auckland	
1930	RA Rose	Wanganui Taranaki	
1931	JW Savidan	Auckland	
1932	JG Barnes	Otago	
1933	JW Savidan	Auckland	
1934	WAC Pullar	Otago	
1935	JW Savidan	Auckland	
1936	C Weller	West Coast North Island	
1937	C Weller	West Coast North Island	
1938	C Weller	West Coast North Island	
1939	C Weller	West Coast North Island	
1940-4	No Competition		
1945	WJ Potter	Auckland	
1946	WH Nelson	Otago	
1947	WJ Wells	West Coast North Island	
1948	N Taylor	Wellington	34:48
1949	N Taylor	Wellington	36:34
1950	L Shadbolt	Otago	32:37
1951	WH Nelson	Otago	37:31
1952	N Taylor	Canterbury	NT
1953	MG Halberg	Auckland	38:24
1954	LA King	Auckland	34:32
1955	KE Williams	Otago	36:15
1956	KE Williams	Otago	39:20

1957	KE Williams	Otago	NT
1958	KE Williams	Otago	33:39
1959	J Julian	Auckland	36:03
1960	WD Baillie	Auckland	36:01
1961	P Sidon	Otago	38:00
1962	PG Snell	Auckland	35:36
1963	WD Baillie	Auckland	32:34
1964	G Pyne	Canterbury	42:54
1965	J Julian	Auckland	40:36
1966	R Maddaford	Auckland	39:35
1967	MR Ryan	Waikato	38:30
1968	R Maddaford	Auckland	38:24
1969	B Rose	Wellington	40:25
1970	G Pyne	Auckland	40:06
1971	RP Dixon	Wellington	40:27
1972	E Gray	Canterbury	36:43
1973	RJ Taylor	Otago	38:39
1974	KB Ryan	Auckland	37:19
1975	J Dixon	Wellington	38:33
1976	P Ballinger	West Coast North Island	38:38
1977	RP Dixon	Canterbury	40:56
1978	J Dixon	Wellington	36:09
1979	C Dunkley	Otago	42:15
1980	E Robertson	Waikato	39:09
1981	P Ballinger	Taranaki	39:05
1982	P Ballinger	Taranaki	37:09
1983	D Froude	Wellington	37:57
1984	R Wilson	Hawkes Bay Poverty Bay	35:25
1985	K Moloney	Auckland	37:48
1986	K Moloney	Auckland	37:09
1987	M Norwood	Australia	37:07
	PC Renner	Canterbury	37:39
1988	J Campbell	Otago	36:24
1989	D Burridge	Canterbury	36:45
1990	P Smith	Canterbury	38:57
1991	R Potts	Hawkes Bay Gisborne	41:34
1992	P Clode	Auckland	36:23
1993	R Potts	Hawkes Bay Gisborne	36:43
1994	P Smith	Canterbury	36:25
1995	P Clode	Auckland	37:11
1996	P Clode	North Shore Bays	40:19
1997	P Costley	Hastings	37:10
1998	J Wyatt	Wellington Harrier Club	37:14
1999	P Starr	Wellington	38:38
2000	D Warrander	North Harbour Bays	40:53
2001	A Bunce	North Harbour Bays	37:21
2002	P Costley	Papanui Toc H	37:36
2003	P Costley	Papanui Toc H	39:22
2004	P Costley	Canterbury	38:22
2005	R Dessaix-Chin	Australia	37:44
	P Costley	Canterbury	37:58
2006	P Costley	Canterbury	39:04
2007	E Henshaw	Auckland	39:15
2008	B Ruthe	Waikato Bay of Plenty	39:34
2009	T Rowe	Australia	38:13
	A Davidson	Canterbury	38:13
2010	A Parlane	Auckland	39:14

2011	M Smith	Canterbury	37:47
2012	E Kaitany	Kenya	38:54
	J Nipperess	Australia	39:05
	S Wreford	Canterbury	39:36
2013	M Hicks	Auckland	37:29
2014	C Moody	Canterbury	38:49

Cross Country Team Race

1887-1902	Event Not Held	
1903	Canterbury	
1904-8	Event Not Held	
1909	Otago	18 points
1910	Otago	12 points
1911	Otago	15 points
1912	Otago	10 points
1913	Otago	10 points
1914-9	No Competition	
1920	Wellington	14 points
1921	Wellington	12 points
1922	Wellington	10 points
1923	Wellington	17 points
1924	Otago	11 points
1925	Otago	14 points
1926	Auckland	19 points
1927	Otago	21 points
1928	Wellington	19 points
1929	Wellington	18 points
1930	Otago	21 points
1931	Otago	20 points
1932	Otago	23 points
1933	West Coast (North Island)	17 points
1934	Otago	10 points
1935	Auckland	28 points
1936	Auckland	25 points
1937	Otago	22 points
1938	Otago	26 points
1939	Otago	25 points
1940-4	No Competition	
1945	Auckland	12 points
1946	Otago	13 points
1947	Auckland	25 points
1948	Wellington	28 points
1949	Wellington	26 points
1950	West Coast (North Island)	29 points
1951	Otago	15 points
1952	Canterbury	24 points
1953	Auckland	19 points
1954	Otago	32 points
1955	Otago	15 points
1956	Otago	23 points
1957	Auckland	15 points
1958	Otago	33 points
1959	Auckland	13 points
1960	Auckland	23 points
1961	Auckland	29 points

1962	Wellington	35 points
1963	Auckland	10 points
1964	Wellington	38 points
1965	Auckland	18 points
1966	Auckland	18 points
1967	Waikato	22 points
1968	Auckland	30 points
1969	Waikato	31 points
1970	Auckland	26 points
1971	Wellington	20 points
1972	Auckland	24 points
1973	Canterbury	30 points
1974	Auckland	23 points
1975	Auckland	24 points
1976	Canterbury	34 points
1977	Auckland	57 points
1978	Wellington	41 points
1979	Canterbury	50 points
1980	Canterbury	45 points
1981	Auckland	44 points
1982	Canterbury	42 points
1983	Wellington	55 points
1984	Canterbury	74 points
1985	Auckland	56 points
1986	Canterbury	71 points
1987	Wellington	70 points
1988	Canterbury	48 points
1989	Wellington	88 points
1990	Auckland	61 points
1991	Canterbury	54 points
1992	Auckland	56 points
1993	Auckland	
1994	Centre - Waikato Club – Saucony Olympic	
1995	Auckland	
1996	North Shore Bays	
1997	Centre – Auckland Club – North Shore Bays	20 points 28 points
1998	Centre – Wellington Club – Counties Manukau	26 points 44 points
1999	Wellington	29 points
2000	Canterbury	38 points
2001	Centre - Wellington Club – Wellington Scottish	
2002	Centre – North Club – Wellington Scottish	
2003	Centre – Waikato BOP Club – Tauranga Ramblers	
2004	Wellington	
2005	Wellington	41 points
2006	Auckland	
2007	Auckland	50 points
2008	Canterbury	68 points
2009	Canterbury	56 points
2010	Wellington	51 points
2011	Otago	88 points
2012	Auckland	64 points

2013	Auckland	61 points
2014	Auckland	57 points

Mountain Running

1887-1994	Event Not Held		
1995	A Peskett	Otago	56:01
1996	A Strong	Waikato	63:43
1997	A Strong	Waikato	53:39
1998	J Wyatt	Wellington	65:36
1999	P Starr	Wellington Harrier Club	49:04
2000	P Costley	Papanui Toc H	66:45
2001	P Costley	Papanui Toc H	51:56
2002	J Wyatt	Valleys United	62:52
2003	M Holder	Hastings	56:07
2004	C Harland	CYM Harriers	58:30
2005	P Costley	Canterbury	58:52
2006	D Warrender	Athletics North	65:23
2007	A Bell	Auckland City Athletics	59:17
2008	J Wyatt	Individual	69:41
2009	G Hughes	Wellington Scottish	52:30
2010	J Wyatt	Individual	68:11
2011	D Butler	Hawera	54:16
2012	P Costley	Nelson	70:31
2013	D Butler	Hawera	52:51
2014	J Jackson	Auckland	72:00

10 miles / 15km / 16km / 10km Road Race

1887-1962	Event Not Held		
<u>10 Miles</u>			
1963	A Wiberg	Auckland	50:02
1964	A Potts	Otago	50:38
1965	WD Baillie	Auckland	48:25
1966	J Julian	Auckland	49:17
1967	J Julian	Auckland	47:55
1968	J Julian	Auckland	47:49
1969	J Julian	Auckland	47:36
<u>15km</u>			
1970	RJ Tayler	Otago	45:39
1971	RJ Tayler	Otago	45:58
1972	J Julian	Auckland	45:02
1973	KB Ryan	Auckland	44:07
<u>16km</u>			
1974	KB Ryan	Auckland	48:16
1975	D Sirl	Auckland	48:07
1976	JC Foster	Waikato	48:22
1977	K Ryan	Auckland	48:35
1978	M Callum	Auckland	48:45
1979	K Ryan	Auckland	48:31
1980	M Cullum	Auckland	48:25

1981	S Marshall	Auckland	47:30
1982	TJL Quax	Auckland	47:59
1983	P Ballinger	Taranaki	48:26
1984	R Wilson	Hawkes Bay Poverty Bay	47:53
1985	G Shaw	Auckland	48:54
1986	K Moloney	Auckland	48:20
1987	PC Renner	Canterbury	47:24
1988	C Tobin	Canterbury	48:42

15km

1989	C Tobin	Canterbury	47:11
1990	PC Renner	Canterbury	43:45

10km

1991	P Smith	Canterbury	29:04
1992	A Bunce	Auckland	29:32
1993	P Smith	Canterbury	29:17
1994	D Warrender	Auckland	29:38
1995	J Wyatt	Wellington	28:52
1996	R Potts	Hastings	29:13
1997	A Bunce	North Shore Bays	29:51
1998	J Henwood	Wellington Scottish	29:57
1999	P Costley	Hastings	30:29
2000	A Bunce	North Harbour Bays	29:37
2001	R Johnston	North Harbour Bays	30:25
2002	P Costley	Papanui Toc H	30:23
2003	D Warrender	North Harbour Bays	29:42
2004	P Costley	Canterbury	31:13
2005	B Ruthe	North	30:42
2006	S Winton	Auckland	30:14
2007	S Winton	Auckland	30:38
2008	D Warrender	Auckland	30:10
2009	K Hogarth	Nelson	30:04
2010	D Warrender	Pakuranga	29:39
2011	S Lett	Auckland	30:58
2012	E Kaitany	Kenya	30:20
	T Hodge	Wellington	30:45
2013	M Hicks	Auckland	30:18
2014	C Moody	Canterbury	30:06

Road Race Teams Race

1887-1962	Event Not Held
1963	Auckland
1964	Otago
1965	Canterbury
1966	Auckland
1967	Auckland
1968	Auckland
1969	Auckland
1970	Canterbury
1971	Auckland
1972	Wellington
1973	Auckland
1974	Otago

1975	Auckland	
1976	Auckland	
1977	Auckland	41 points
1978	Auckland	24 points
1979	Auckland	42 points
1980	Auckland	30 points
1981	Canterbury	65 points
1982	Auckland	48 points
1983	Auckland	89 points
1984	Canterbury	54 points
1985	Auckland	70 points
1986	Auckland	62 points
1987	Canterbury	
1988	Canterbury	
1989	Waikato	
1990	Canterbury	66 points
1991	Auckland	50 points
1992	Auckland	41 points
1993	Auckland	44 points
1994	Auckland	
1995	Auckland	58 points
1996	Canterbury	115 points
1999	Wellington Scottish	29 points
2000	Wellington	56 points
2001	Centre - Wellington	
	Club - Wellington Scottish	
2002	Centre - North	
	Club - Wellington Scottish	
2003	Centre - Wellington	
	Club - Wellington Scottish	
2004	Auckland	
2005	Wellington	36 points
2006	Waikato Bay of Plenty	
2007	Auckland	17 points
2008	Auckland	59 points
2009	Canterbury	33 points
2010	No team race	
2011	Auckland	54 points
2012	Wellington	49 points
2013	Canterbury	58 points
2014	Auckland	61 points

10km Road Walk

1887-1954	Event Not Held		
1954-5	D McNab	Auckland	49:01
1955-2000	Event Not Held		
2001	C Barrett	Hamilton	44:15
2002	T Sargisson	North Harbour Bays	47:53
2003	C Barrett	Hamilton	45:07
2004	C Barrett	Waikato Bay of Plenty	46:11
2005	C Barrett	Waikato Bay of Plenty	45:35
2006	G Burrell	Taranaki	47:15
2007	G Burrell	Taranaki	47:41
2008	G Burrell	Taranaki	49:40

2009	Q Rew	Hawkes Bay Gisborne	44:57
2010	M Parker	Auckland	50:06
2011	M Parker	Auckland	49:57
2012	M Parker	Auckland	50:18
2013	M Morresey	Taranaki	49:29
2014	J Lord	Canterbury	51:06

50km Road Walk

1887-1955	Event Not Held		
1955-6	NR Read	Wellington	4:51:23.6
1956-7	NR Read	Wellington	4:59:49.8
1957-8	H Tetlow	Wellington	5:59:30.0
1958-9	NR Read	West Coast North Island	4:52:56.0
1959-60	NR Read	West Coast North Island	4:39:27.0
1960-1	NR Read	West Coast North Island	4:49:39.0
1961-2	M Hinton	Auckland	5:03:13.1
1962-3	M Hinton	Auckland	5:09:36.6
1963-4	NR Read	West Coast North Island	4:42:54.6
1964-5	NR Read	West Coast North Island	4:26:27.0
1965-6	J Trowell	Hawkes Bay Poverty Bay	4:53:56.6
1966-7	NR Read	West Coast North Island	4:28:48.4
1967-8	J Trowell	Hawkes Bay Poverty Bay	5:08:46.8
1968-9	NR Read	West Coast North Island	4:41:21.0
1969-70	O Warner	West Coast North Island	4:56:14.8
1970-1	O Warner	West Coast North Island	4:52:20.8
1971-2	O Warner	West Coast North Island	4:50:34.6
1972-3	J Trowell	Hawkes Bay Poverty Bay	4:54:29.0
1974	J Trowell	Hawkes Bay Poverty Bay	5:10:33.6
1975	NR Read	West Coast North Island	4:45:10.2
1976	M Parker	West Coast North Island	5:03:39.0
1977	J Rayner	Otago	4:39:59.2
1978	K Taylor	Auckland	4:53:49
1979	R Pilkington	Auckland	4:40:48
1980	R Pilkington	Auckland	4:49:51
1981	J Raynor	Otago	4:45:01
1982	J Raynor	Otago	4:49:39
1983	J Raynor	Otago	4:41:37
1984	S Donnelly	Auckland	4:36:27
1985	J Raynor	Otago	5:12:05
1986	M Gray	Auckland	5:06:00
1987	Event Not Held		
1988	P McElwee	Waikato	4:49.49
1989	Event Not Held		
1990	P McElwee	Wellington	4:31:54
1991	Event Not Held		
1992	G Little	Athletics North	4:16:36
1993	G Little	Athletics North	4:45:09
1994	Event Not Held		
1995	C Barrett	Waikato	3:59:06
1996	C Barrett	Waikato	3:51:14
1997	C Barrett	Hamilton	3:52:42
1998	R Smythe	Gisborne Harrier Club	5:50:24s
1999	C Barrett	Hamilton	4:13:33
2000	T Sargisson	North Harbour Bays	4:28:27

2001	C Barrett	Hamilton	3:59:30
2002	C Barrett	Hamilton	4:02:42
2003	C Barrett	Hamilton	4:09:31
2004	G Jones	Hawkes Bay Gisborne	4:43:30
2005	T Sargisson	Athletics North	4:05:09
2006	P Baillie	Wellington Scottish	5:39:29
2007	D Sim	North Harbour Bays	5:15:21
2008	D Sim	North Harbour Bays	5:22:37
2009	Q Rew	Hastings	4:52:55
2010	Q Rew	Wellington	4:25:19
2011	G Jones	Hawkes Bay Gisborne	4:40:20
2012	G Jones	Hawkes Bay Gisborne	5:11:57
2013	No Finishers		
2014	G Jones	Hastings	5:11:01

Half Marathon

1887-1990	Event Not Held		
1991	K Rodger	Auckland	65:39
1992	PC Renner	Canterbury	63:43
1993	D Rush	Otago	66:24
1994	J Henwood	Waikato	67:19
1995	C Dagg	Southland	67:28
1996	P Costley	Hastings	68:07
1997	J Spillane		64:36
1998	R Potts	Hastings	65:52
1999	P Costley	Hastings	66:02
2000	A Bunce	North Harbour Bays	64:15
2001	P Costley	Papanui Toc H	68:33
2002	C Jorgensen	North Canterbury	65:53
2003	P Costley	Papanui Toc H	66:44
2004	A Bailey	Canada	71:33
2005	T Mayo	England	67:51
	K Hogarth	Manawatu Wanganui	68:58
2006	D Warrender	Athletics North	63:52
2007	N Browne	Wellington Harrier Club	71:45
2008	K Hogarth	Canterbury	68:16
2009	M Smith	University of Canterbury	66:19
2010	A Pulford	Hamilton	69:21
2011	S Lett	Auckland	67:38
2012	O Inkster-Baynes	Wanaka	69:13
2013	H Carson	Wellington Scottish	68:52
2014	M Harris	Auckland City Athletics	68:32

Marathon

1887-1938	Event Not Held		
1938-9	CC Gibbons	Otago	2:44:56.2
1939-40	GL Austin	Otago	2:47:50.0
1940-4	No Competition		
1944-5	LE Fox	Canterbury	2:54:09.2
1945-6	LE Fox	Canterbury	2:40:00.0
1946-7	G Bromley	West Coast North Island	2:58:54.0

1947-8	JR Clarke	Canterbury	2:44:06.0
1948-9	G Bromley	West Coast North Island	2:40:05.6
1949-50	G Bromley	West Coast North Island	2:55:05.6
1950-1	G Bromley	West Coast North Island	2:48:16.0
1951-2	JR Clarke	Canterbury	2:38:42.0
1952-3	A Lydiard	Auckland	2:41:29.8
1953-4	E Rye	Wellington	2:34:45.0
1954-5	A Lydiard	Auckland	2:42:34.0
1955-6	AW Richards	Canterbury	2:31:46.0
1956-7	E Rye	Wellington	2:44:56.0
1957-8	R Puckett	Auckland	2:37:28.0
1958-9	R Puckett	Auckland	2:27:28.2
1959-60	R Puckett	Auckland	2:23:12.6
1960-1	AB Magee	Auckland	2:18:54.2
1961-2	AB Magee	Auckland	2:24:55.4
1962-3	J Julian	Auckland	2:22:52.0
1963-4	R Puckett	Auckland	2:17:38.6
1964-5	R Puckett	Auckland	2:24:26.8
1965-6	DC McKenzie	Canterbury	2:16:59.0
1966-7	DC McKenzie	Canterbury	2:21:50.0
1967-8	J Julian	Auckland	2:22:40.0
1968-9	J Julian	Auckland	2:19:07.6
1969-70	J Julian	Auckland	2:24:32.0
1970-1	DC McKenzie	Canterbury	2:17:16.4
1971-2	DC McKenzie	Canterbury	2:14:11.2
1972-3	T Manners	Hawkes Bay Poverty Bay	2:18:28.8
1973-4	J Robinson	Waikato	2:15:03.8
1975	T Reveley	Auckland	2:19:54.6
1976	JC Foster	Waikato	2:16:27.0
1977	T Manners	Hawkes Bay Poverty Bay	2:20:40.0
1978	P Ballinger	West Coast North Island	2:17:33
1979	T Good	Canterbury	2:18:47
1980	D Grieg	Canterbury	2:17:08
1981	P Ballinger	Taranaki	2:17:28
1982	T Wright	Tauranga	2:19:34
1983	G Macky	Wellington Scottish	2:21:22
1984	B Thompson	Hawkes Bay	2:19:03
1985	J Campbell	Southland	
1986	J Campbell	Southland	2:15:19
1987	PC Renner	Canterbury	2:15:32
1988	P Ballinger	Taranaki	2:16:05
1989	P Ballinger	Taranaki	2:18:21
1990	T Birnie	Canterbury	2:17:33
1991	P Herlihy	Waikato	2:13:34
1992	M Hutchinson	North Shore Bays	2:16:32
1993	P Herlihy		2:15:50
1994	P Smith	Saucony Olympic	2:19:12
1995	C Mardon	Canterbury	2:24:24
1996	P Costley	Hastings	2:20:32
1997	P Buscke	Lyndale	2:20:49
1998	M Hutchinson	North Harbour Bays	2:24:51
1999	P Costley	Hastings	2:17:43
2000	M Hutchinson	North Harbour Bays	2:24:58
2001	A Snowden		2:22:12
2002	M Bright	Lyndale	2:29:23
2003	T Stevens	Wellington Scottish	2:30:09
2004	D Warrender	North Harbour Bays	2:23:40

2005	M Dravitzki	Wellington	2:22.03
2006	D Warrender	North Harbour Bays	2:17.41
2007	S Thompson	Otago	2:26.10
2008	J Piggini	Pakuranga	2:27.43
2009	M Dravitzki	Wellington Scottish	2:20.45
2010	D Warrander	Athletics NZ	2:19.22
2011	D Warrander	Pakuranga	2:23.01
2012	T Payne	Wesley	2:31.07
2013	D Thorburn	Wellington Scottish	2:25.33
2014	M Uchino	Japan	2:27.45
	P Costley	Athletics Nelson	2:29.46

Marathon Teams Event

1888-1979	Event Not Held	
1980	Canterbury	16 points
1981	Wellington	24 points
1982	Manurewa	12 points
1983	Ariki	26 points
1984	Tauranga	65 points
1985	Invercargill	
1986	Invercargill	
1989	Wellington Harrier Club	
1992	Pakuranga	
1993	Magness F&P Pakuranga	
1995	Ariki	
1996	Takapuna	
1997	New Plymouth Harriers	
2000	Magness F&P Pakuranga	
2002	Auckland University	
2003	Wellington Scottish	
2004	Lynndale	
2005	Pakuranga	
2006	no teams	
2007		
2008	Athletics Tauranga	
2009	Auckland City Athletics	
2010		
2011		
2012		
2013	Wellington Scottish	

Road Relay

1887-1976	Event Not Held	
1977	Owairaka	
1978	University of Auckland	
1979	University of Auckland	
1980	New Brighton	5:14:16
1981	University of Auckland	
1982	University of Auckland	
1983	University of Auckland	
1984	Wellington Harriers	5:21:00
1985	University of Canterbury	4:04:22

1986	Bascik New Brighton	4:23:58
1987	Bascik New Brighton	4:03:19
1988	Bascik New Brighton	2:46:38
1989	Wellington Harriers	4:01:50
1990	Takapuna	4:08.19
1991	Bascik New Brighton	4:08:59
1992	New Brighton	4:15:22
1993	New Brighton	4:08:30
1994	North Shore Bays	3:35:34
1995	North Shore Bays	2:47:53
1996	North Shore Bays	4:04:47
1997	North Shore Bays	4:01:28
1998	North Harbour Bays	4:00:40
1999	Wellington Scottish	3:28:55
2000	Bay Cougars	2:49:43
2001	Wellington Scottish	4:05:25
2002	Wellington Scottish	3:34:55
2003	Bays Cougars	3:36.26
2004	Wellington Scottish	
2005	Bays Cougars	4:06.40
2006	Bays Cougars	3:35.36
2007	University of Canterbury	3:31:00
2008	University of Canterbury	3:33:18
2009	University of Canterbury	4:04:37
2010	University of Canterbury	4:04:39
2011	University of Canterbury	3:26:01
2012	Wellington Scottish	3:53:14
2013	New Brighton Olympic	4:07:11
2014	Auckland City Athletic	4:11:11

100km

1887-1996	Event Not Held		
1997	G Robinson	Dunedin	7:46:30
1998	J Thirkettle	Nelson	
1999	M Bright	Auckland	7:51:24
2000	M Bright	Auckland	7:46:14
2001	M Potter	Wesley	7:34:56
2002	M Hannah	Taieri	7:42:07
2003	D Steel	Christchurch	9:17:29
2004	C Oliver	Australia	7:44.41
	G Butcher	Masterton	9:26:17
2005	G Hannah	Otago	7:36.03
2006	G Butcher	Masterton	8:31.30
2007	M Bright	Lyndale	8:09:23
2008	C Peirse	Lake City	10:40:05
2009	G Butcher	Masterton	9:00:56
2010	M Lukes	Sumner	7:30:35
2011	M Lukes	Sumner	8:13:24
2012	M Lukes	Sumner	7:08:37
2013	R Lake	Tauranga	8:08:52
2014	R Lake	Tauranga	7:51:13

SENIOR WOMEN

Cross Country

1925-65 Event Not Held

2 Miles

1966	M Sampson	Auckland	11:50
1967	V Robinson	Waikato	11:40
1968	M Sampson	Auckland	11:53
1969	V Robinson	Waikato	12:21

3000m

1970	SM Potts	West Coast North Island	11:41
1971	B Shingles	West Coast North Island	11:28
1972	M Sampson	Auckland	10:31

4000m

1973	H Thomson	Auckland	15:12
1974	A Deed	Auckland	14:13
1975	H Thomson	Auckland	14:44
1976	LM Moller	Auckland	14:45
1977	G Quick	Auckland	14:49
1978	B Moore	Auckland	13:19
1979	M O'Connor	Canterbury	15:31

5000m

1980	M O'Connor	Canterbury	17:33
1981	DM Rodger	Waikato	17:55
1982	W Hancock	Waikato	17:25
1983	S Harnett	Canterbury	18:58
1984	G Rear	Northland	17:06
1985	G Rear	Northland	17:48
1986	G Rear	Northland	17:11

6000m

1987	G Rear	Northland	20:42
1988	L Morton	Auckland	20:51
1989	M O'Connor	Canterbury	20:56
1990	J Costley	Hawkes Bay Gisborne	22:17
1991	S Clode	Auckland	24:24
1992	J Costley	Hawkes Bay Gisborne	21:22
1993	S Clode	Auckland	20:23
1994	S Clode	Auckland	20:18
1995	M Moon	Wellington	
1996	Y Okamoto	Japan	23:35
	M Moon	Wellington Scottish	23:39
1997	M Moon	Wellington Scottish	21:17
1998	M Moon	Wellington Scottish	21:11

8000m

1999	K Murphy	Canterbury	29:52
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2000	M Moon	Wellington	30:49
2001	M Moon	Wellington Scottish	28:48
2002	M Moon	Wellington Scottish	28:29
2003	N Carroll	Lyndale	29:59
2004	J Wright	Athletics North	29:03
2005	K McIlroy	Wellington	26:58
2006	J Ruthe	Athletics North	28:58
2007	M Akesson	Auckland	29:25
2008	R Baird	Auckland	29:23
2009	B Vernon	Australia	28:52
	F Crombie	Canterbury	29:07
2010	F Crombie	Canterbury	29:39
2011	D Trevis	Auckland	28:20
2012	C Sullohern	Australia	29:33
	M Nielsen	Waikato Bay of Plenty	29:37
2013	N McFadzien	Canterbury	28:05
2014	C Buscomb	Waikato Bay of Plenty	29:17

Cross Country Teams Event

1925-65	Event Not Held	
1966	Waikato	31 points
1967	Canterbury	20 points
1968	Canterbury	22 points
1969	Wellington	32 points
1970	Auckland	25 points
1971	Wellington	19 points
1972	Auckland	27 points
1973	Auckland	26 points
1974	Auckland	18 points
1975	West Coast, North Island	
1976	Auckland	13 points
1977	Auckland	12 points
1978	Auckland	18 points
1979	Auckland	20 points
1980	Canterbury	22 points
1981	Waikato	25 points
1982	Auckland	19 points
1983	Canterbury	27 points
1984	Auckland	24 points
1985	Auckland	26 points
1986	Auckland	23 points
1987	Canterbury	50 points
1988	Auckland	26 points
1989	Auckland	34 points
1990	Canterbury	28 points
1991	Auckland	13 points
1992	Auckland	20 points
1993	Auckland	
1994	Auckland	
1995	Wellington	
1996	Wellington Harriers	36 points
1997	Centre – Auckland	22 points
	Club – No Scoring Teams	
1998	Centre – Auckland	32 points
	Club – Counties Manukau	77 points

1999	Bay Cougars	43 points
2000	Wellington	37 points
2001	Wellington Scottish	
2002	Centre - Auckland	
	Club – Hill City	
2003	Centre - Wellington	
	Club – Wellington Harriers	
2004	Auckland	
2005	Auckland	15 points
2006	Otago	
2007	Auckland	17 points
2008	Auckland	11 points
2009	Canterbury	27 points
2010	Auckland	24 points
2011	Wellington	22 points
2012	Waikato Bay of Plenty	22 points
2013	Auckland	16 points
2014	Wellington	32 points

Mountain Running

1925-94	Event Not Held		
1995	K Mills	Wellington	40:03
1996	M Burton	Waikato	1:17:44
1997	J Westenra		1:02:48
1998	M Moon	Wellington	50:03
1999	M Moon	Wellington Scottish	38:34
2000	K Murphy		51:28
2001	C Macdonald	Wellington Harriers	39:07
2002	M Moon	Wellington Scottish	45:01
2003	M Moon	Wellington Scottish	40:04
2004	M Burt	Counties Manukau	43:35
2005	M Moon	Wellington	41:52
2006	K McIlroy	Wellington	45:11
2007	S Chisnall	Ariki	44:14
2008	S Crumpton	Hill City	44:20
2009	L Phillips	Auckland City Athletics	40:17
2010	A Confortola	Italy	43:45
	A Frost		45:35
2011	R Muir	Tauranga	42:39
2012	H Newbould	University of Canterbury	48:47
2013	M Cook	Nederlands	44:35
	H Rountree	Hill City	46:16
2014	S Douglas	Canterbury	46:56

Road Race

1925-69 Event Not Held

4000m

1970	V Robinson	Waikato	13:16
1971	A Smith	Auckland	13:15
1972	AF Garrett	Auckland	13:36
1973	AF Garrett	Auckland	13:21

1974	LM Moller	Otago	12:55
1975	LM Moller	Otago	13:08
1976	B Moore	Auckland	12:52
1977	G File	Auckland	14:28
1978	B Moore	Auckland	13:00
1979	LM Moller	Waikato	12:48

6000m

1980	M O'Connor	Canterbury	19:27
1981	M O'Connor	Canterbury	20:01
1982	B Moore	Auckland	19:41
1983	AM Tweedie	Canterbury	20:21

8000m

1984	M O'Connor	Canterbury	27:04
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10000m

1985	M O'Connor	Canterbury	34:15
1986	M O'Connor	Canterbury	34:38
1987	M O'Connor	Canterbury	33:00
1988	M O'Connor	Canterbury	34:30
1989	M Buist	Waikato	34:26
1990	M O'Connor	Canterbury	33:54
1991	M Buist	Waikato	34:26
1992	M O'Connor	Canterbury	33:56
1993	M O'Connor	Canterbury	33:27
1994	N Carroll	Auckland	33:03
1995	N Carroll	Taranaki	33:21
1996	S Barry	Taranaki	34:25
1997	N Carroll	New Plymouth	33:37
1998	N Carroll	New Plymouth	33:09
1999	L-A McPhillips	Waikato Bay of Plenty	34:18
2000	L-A McPhillips	Hamilton	34:00
2001	S Christie	Counties Manukau	33:35
2002	N Carroll	Lyndale	33:04
2003	N Carroll	Lyndale	33:49
2004	K Urquhart	Wellington	35:44
2005	J Ruthe	Athletics North	34:08
2006	J Ruthe	Auckland	34:08
2007	J Ruthe	Waikato Bay of Plenty	33:47
2008	S Crumpton	Otago	34:15
2009	F Crombie	Canterbury	35:28
2010	D Trevis	Auckland	32:41
2011	L Robertson	Auckland	34:32
2012	S Drought	Wellington	34:46
2013	C Buscomb	Waikato Bay of Plenty	34:22
2014	C Buscomb	Waikato bay of Plenty	34:14

Road Race Teams Event

1925-69	Event Not Held	
1970	Auckland	25 points
1971	Auckland	14 points
1972	Auckland	12 points
1973	Auckland	18 points
1974	Auckland	16 points

1975	Auckland	15 points
1976	Auckland	13 points
1977	Auckland	15 points
1978	Auckland	16 points
1979	Auckland	24 points
1980	Waikato	22 points
1981	Canterbury	16 points
1982	Auckland	22 points
1983	Canterbury	27 points
1984	Canterbury	22 points
1985	Auckland	29 points
1986	Auckland	22 points
1987	Auckland	
1988	Taranaki	
1989	Auckland	
1990	Canterbury	19 points
1991	Auckland	24 points
1992	Wellington	22 points
1993	Auckland	23 points
1994	Auckland	
1995	Wellington	27 points
1996	Wellington Harrier C	23 points
1999	Takapuna	69 points
2000	Canterbury	26 points
2001	No Teams Qualified	
2002	Centre - Auckland Club – Counties	
2003	Centre – Wellington Club – Wellington Harriers	
2004		
2005	Auckland	10 points
2006	Otago	
2007	Auckland	17 points
2008	Wellington	21 points
2009	Canterbury	25 points
2010	No team race	
2011		
2012	Wellington	25 points
2013	Auckland	25 points
2014	Wellington	30 points

10km Road Walk

1925-86	Event Not Held		
1986-7	J Jackson	Auckland	52:48
1987-8	J Jackson	Auckland	50:18
1988-9	J Jackson	Auckland	50:43
1989-90	A Judkins	Otago	49:20
1990	A Judkins	Otago	50:21
1991	D Barrett	Northland	54:52
1992-3	L Murphy	Wellington	50:43
1993-4	L Murphy	Wellington	50:00
1994-5	J Jones-Billington	Auckland	47:40
1995-6	J Jones-Billington	Auckland	47:38
1996-7	C Tuka	Team McKecknie	50:24
1997-8	J Jones-Billington	North Harbour Bays	48:01

1998-9	A Judkins	Wellington Harriers	48:09
2000	D Pittwood	St Martins	60:04
2001	G Gorst	Hastings	50:35
2002	C Griffith	Gisborne Harrier Club	55:39
2003	G Gorst	Hastings	47:01
2004	W Healey	Waimea	59:10
2005	M Lei	Manawatu Wanganui	54:42
2006	M Lei	Manawatu Wanganui	55:41
2007	M Lei	Manawatu Wanganui	56:04
2008	R Gilberd	Inglewood	60:19
2009	A Barber	Auckland	53:35
2010	R Robinson	Otago	53:10
2011	R Robinson	Hill City	50:01
2012	R Robinson	Otago	50:34
2013	K Newitt	Canterbury	52:27
2014	C Ruske	Canterbury	49:26

15km/20km Road Walk

1925-92	Event Not Held		
1993	L Murphy	Wellington	1:17:53
1994	J Jones-Billington	Waikato	1:15:46
1995	J Jones-Billington	Auckland	1:15:39
1996	L Young	Otago	1:18:05
1997	J Jones-Billington	North Shore Bays	1:16:44
1998	no competitors		
1999	D Barrett	North Harbour Bays	1:22:45
2000	G Gorst	Hastings	1:20:10
2001	G Gorst	Hastings	1:16:35
2002	G Gorst	Hastings	1:13:16
2003	G Gorst	Hastings	1:13:50
2004	G Gorst	Hastings	1:15:08
2005	M Lei	Manawatu Wanganui	1:25:30
2006	M Lei	Manawatu Wanganui	1:27:03
2007	M Lei	Palmerston North	1:28:27
2008	M Lei	Palmerston North	1:25:12
2009	A Barber	Auckland City Athletics	1:23:55
2010	R Robinson	Otago	1:22:27
2011	R Robinson	Otago	1:21:05
2012	R Robinson	Otago	1:23:13
<u>20km</u>			
2013	R Robinson	Otago	1:47:42
2014	A Barber	Racewalking Auckland	1:39:01

Half Marathon

1925-90	Event Not Held		
1991	M Turner	Auckland	1:16:31
1992	L Young	Canterbury	1:23:30
1993	D Sheddan	Christchurch	1:16:57
1994	H Moros	Auckland	1:16:04
1995	M O'Connor	Canterbury	1:16:41
1996	K File	Gisborne Harrier Club	1:17:04
1997	G O'Rourke		1:16:54

1998	S Michelsson	Australia	1:14:37
	G O'Rourke	Wellington	1:14:47
1999	F McKee	Leith	1:22:20
2000	S Christie	Counties Manukau	1:15:24
2001	S Chrsitie	Counties Manukau	1:19:00
2002	S Crumpton	Otago	1:13:03
2003	S Crumpton	Otago	1:18.59
2004	S Crumpton	Otago	1:15.05
2005	N Cope	North Harbour Bays	1:15:47
2006	J Ruthe	Athletics North	1:13.17
2007	A Latz	Canterbury	1:23:42
2008	H Allston	Auckland City Athletics	1:17.49
2009	S Crumpton	Hill City	1:15:59
2010	M Bentley	Fielding	1:17:56
2011	D Ingram-Trevis	North Harbour Bays	1:18:36
2012	L Robertson	Auckland	1:16:53
2013	A Williams	University of Canterbury	1:18:17
2014	S Gibbs	Tauranga Ramblers	1:18:50

Marathon

1925-79	Event Not Held		
1980	B Shingles	West Coast North island	2:44:48
1981	C Munro	Auckland	2:56:04
1982	M Harries	Hatea	3:17:52
1983	V Lindsay	Christchurch Technical	3:11:35
1984	M Besley	Owairaka	2:41:39
1985	C Raven	Northland	
1986	S Higgins	Auckland	2:45:44
1987	J Costley	Hawkes Bay Poverty Bay	2:39:33
1988	J Costley	Hawkes Bay Poverty Bay	2:39:20
1989	B Portenski	Wellington	2:46:02
1990	J Costley	Hawkes Bay Gisborne	2:36:43
1991	L-A McPhillips	Wellington	2:40:12
1992	L-A McPhillips	Wellington Scottish	2:40.00
1993	G O'Rourke		2:43:49
1994	N Carroll	Owairaka	2:37:37
1995	R Duncan	Canterbury	2:57:29
1996	T Clissold	Gisborne	2:39:03
1997	T Warrick	Australia	2:45:53
	T-L Farr	New Plymouth	2:55.20
1998	B Portenski	Wellington Scottish	2:44:52
1999	G O'Rourke	Wellington Harriers	2:38:47
2000	M Moon	Wellington Scottish	2:45:42
2001	A Clarke	Olympic, Christchurch	2:47:55
2002	B Portenski	Wellington Scottish	3:01:35
2003	M Turner	North Harbour Bays	2:55.40
2004	N Carroll	Lyndale	2:46.44
2005	S Crumpton	Otago	2:37.24
2006	T Clissold	Auckland City Athletics	2:50.46
2007	M Burke	Auckland	2:42.15
2008	H Allston	Auckland City Athletics	2:43:41
2009	S Crumpton	Hill City	2:44:54
2010	S Crumpton	Hill City	2:45:51
2011	J Ottoson	Hill City	2:48:28
2012	A Williams	University of Canterbury	2:41:28

2013	S Crumpton	Hill City	2:55:04
2014	S Gibbs	Tauranga Ramblers	2:45:58

Marathon Teams Event

1925-85	Event Not Held
1986	Sumner Road Runner
1989	Auckland YMCA
1992	Takapuna
1994	Scottish Harriers
1995	Saucony Olympic
1996	Auckland YMCA
1997	Hew Plymouth Harriers
2000	Wellington Scottish
2002	Wellington Scottish
2003	Wellington Scottish
2004	Wellington Scottish
2005	Energy City Harriers
2006	no teams
2007	
2008	Wellington Scottish
2009	
2010	
2011	Hamilton City Hawkes
2012	
2013	YMCA Marathon Club

Road Relay

1925-76	Event Not Held	
1977	University of Canterbury	
1978	Otahuhu	
1979	University of Canterbury	
1980	Palmerston North	2:11:51
1981	University of Canterbury	
1982	University of Canterbury	
1983	Takapuna	
1984	Takapuna	2:10:34
1985	Owairaka	5:01:06
1986	New Plymouth	3:01:03
1987	Takapuna	1:59:09
1988	Owairaka	3:17:49
1989	Owairaka	4:54:47
1990	Owairaka	2:40:03
1991	Owairaka	4:54:59
1992	Owairaka	3:37:24
1993	Owairaka	4:58:17
1994	Owairaka	4:17:52
1995	Owairaka	3:21:56
1996	Wellington Harriers	4:50:16
1997	North Shore Bays	4:50:20
1998	North Harbour Bays	3:07:39
1999	Bay Cougars	2:44:36
2000	Wellington H A C	3:26:45

2001	Counties Manukau	4:55:51
2002	Counties Manukau	4:18:44
2003	Bays Cougars	4:21:06
2004	Wellington Scottish	
2005	Wellington Scottish	4:53:05
2006	Bays Cougars	4:18:15
2007	Pakuranga	4:13:03
2008	Pakuranga	4:15:37
2009	University of Canterbury	4:55:51
2010	University of Canterbury	4:53:16
2011	University of Canterbury	4:05:59
2012	Hamilton Hawks	4:41:06
2013	North Harbour Bays	4:58:14
2014	North Harbour Bays	5:01:08

100km

1925-96	Event Not Held		
1997	M Hazelwood	Marlborough	9:36:10
1998	W Cosgrove	Blenheim	
	L Flay	Kaitaia	
1999	W Cosgrove	Blenheim	8:29:37
2000	W Cosgrove	Blenheim	9:04:09
2001	W Cosgrove	Blenheim	9:59:02
2002	V Muskett	Gore	9:27:46
2003	H Mitchell	Christchurch	10:46:53
2004	C Tassie	Auckland	9:46:55
2005	no finishers		
2006	J Mackay	Taupo	11:18:48
2007	C White	Wellington Scottish	9:45:37
2008	M Roberts	Lake City	11:11:01
2009	K Bremner	Australia	9:03:03
	V Muskett	Otago	9:38:55
2010	D Tuffery	Hamilton City Hawks	9:05:47
2011	V Muskett	Hill City	9:27:50
2012	V Muskett	Hill City	10:05:18
2013	S-L Litt	Christchurch	9:04:46
2014	D Tuffery	Hamilton City Hawks	8:42:14

JUNIOR MEN

Cross Country

Under19

1938-43	Event Not Held	
1944	P Tulloch	Wellington
1945	B White	Auckland
1946	DP Hutton	Otago
1947	GW Hoskins	Auckland
1948	NTO Wilson	Auckland
1949	B Derwin	Otago
1950	P Sidon	Otago
1951	KE Williams	Canterbury
1952	R Smith	Otago
1953	R Smith	Otago
1954	B Stanniford	Otago
1955	B Stanniford	Otago
1956	B Everitt	Wellington
1957	J Herrick	Canterbury
1958	J Williams	Canterbury
1959	R Wyatt	Wellington
1960	RP Welsh	Otago
1961	RP Welsh	Otago
1962	I Studd	Auckland
1963	R Maddaford	Auckland
1964	R Maddaford	Auckland
1965	R Maddaford	Auckland
1966	K Harvey	Auckland
1967	K Harvey	Auckland
1968	W Waters	Wellington
1969	W Waters	Wellington
1970	P Watson	Canterbury
1971	T O'Brien	Otago
1972	G Palmer	Waikato
1973	G Palmer	Waikato
1974	G Palmer	Otago
1975	G Shaw	Auckland

M20

1976	G Shaw	Auckland	
1977	PC Renner	Canterbury	
1978	R Thurlow	Otago	
1979	MI Gilchrist	Canterbury	
1980	M Marychurch	Otago	19:08
1981	D Burridge	Canterbury	19:35
1982	C McDonald	Canterbury	18:52
1983	G Cameron	Otago	19:53
1984	M McDonald	Wellington	24:43
1985	R Moore	Otago	26:56
1986	R Moore	Otago	25:48
1987	B Bourke	Australia	25:53
	N Sargisson	Otago	26:21
1988	W Larden	Australia	25:11

	R Lindroos	Canterbury	25:21
1989	R Potts	Otago	25:19
1990	J Wyatt	Wellington	26:31
1991	R Conder	Manawatu Wanganui	28:42
1992	P Starr	Wellington	24:12
1993	P Starr	Wellington	25:17
1994	D Ross	Manawatu Wanganui	25:23
1995	B Bothwell	Auckland	
1996	T Panckhurst	Canterbury	27:11
1997	A Blincoe	Takapuna	26:00
1998	B Ruthe	Wellington Scottish	26:32
1999	J Woolhouse	Canterbury	27:21
2000	S Smith	Frankton	28:02
2001	K MacDonald	Tauranga	27:00
2002	M Smith	Ariki	27:00
2003	E Henshaw	North Harbour Bays	27:40
2004	A Guled Valleys	United	26:45
2005	H McLaren	Canterbury	25:58
2006	M Mildenhall	Auckland	26:41
2007	D Channon	Tasman	26:16
2008	D Channon	Tasman	26:24
2009	A Pulford	Tasman	26:11
2010	A Pulford	Waikato Bay of Plenty	25:40
2011	D Wilson	Auckland	25:00
2012	M Baxter	Taranaki	26:20
2013	M Baxter	Auckland	25:50
2014	J Baan	Otago	26:45

Cross Country Teams Event

Under19

1938-43

1944	Wellington	14 points
1945	Auckland	19 points
1946	Auckland	19 points
1947	Auckland	18 points
1948	Canterbury	22 points
1949	Otago	24 points
1950	Otago	19 points
1951	Auckland	24 points
1952	Auckland	25 points
1953	Otago	35 points
1954	Wellington	25 points
1955	West Coast (North Island)	35 points
1956	Canterbury	24 points
1957	Canterbury	16 points
1958	Canterbury	20 points
1959	Wellington	32 points
1960	Auckland	26 points
1961	Canterbury	23 points
1962	Auckland	15 points
1963	Auckland	18 points
1964	Wellington	22 points
1965	Waikato	33 points
1966	Waikato	26 points
1967	Auckland	34 points

1968	Wellington	16 points
1969	Auckland	23 points
1970	Canterbury	39 points
1971	Canterbury	31 points
1972	Auckland	25 points
1973	Auckland	23 points
1974	Canterbury	28 points
1975	Canterbury	26 points
<u>M20</u>		
1976	Canterbury	30 points
1977	Canterbury	22 points
1978	Wellington	41 points
1979	Auckland	24 points
1980	Wellington	38 points
1981	Canterbury	31 points
1982	Canterbury	28 points
1983	Wellington	44 points
1984	Canterbury	27 points
1985	Canterbury	14 points
1986	Wellington	36 points
1987	Australia	22 points
	Auckland	47 points
1988	Canterbury	29 points
1989	Wellington	29 points
1990	Auckland	34 points
1991	Canterbury	39 points
<u>M20 & M18</u>		
1994	Canterbury	
1995	Auckland	
1996	Auckland	40 points
1997	Centre – Auckland	21 points
	Club – Well Scottish	47 points
1998	Centre – Canterbury	27 points
	Club – Ariki	51 points
1999	Wellington	38 points
2000	Wellington	25 points
2001	Centre - Wellington	
	Club – Wellington HAC	
2002	Centre – Otago	
	Club – Hamilton City Hawks	
2003	Wellington	11points
2004	Wellington	12 points
2005	Wellington	26 points
2006	Waikato	
2007	Auckland	33 points
2008	Tasman	23 points
2009	Auckland	20 points
2010	Auckland	23 points
2011	Auckland	10 points
2012	Wellington	36 points
2013	Auckland	20 points
2014	Canterbury	40 points

Mountain Running

M20

1938-2000	Event Not Held		
2001	G Hughes	Tauranga	32:41
2002	M Prosser	Olympic Wellington	43:36
2003	M Prosser	Olympic Wellington	39:11
2004	H McLaren	Canterbury	42:06
2005	H McLaren	Canterbury	41:35
2006	A Jackson	Canterbury	43:07
2007	A Jackson	Canterbury	38:59
2008	D Jones	Whakatane	43:52
2009	M Banks	Auckland City Athletics	34:34
2010	S Williamson		43:27
2011	S Williamson		39:45
2012	R McAlister	Wellington Harrier Club	44:55
2013	A Meffan	Nelson	40:34
2014	T Anderson	Canterbury	45:45

5 Miles / 7.5km / 8km / 10km Road Race

Under19

1938-67 Event Not Held

5 Miles

1968	R Bongard	Otago	25:10
1969	W Waters	Wellington	24:31

7500m

1970	L Davidson	Northland	22:49
1971	T O'Brien	Otago	23:28
1972	G Palmer	Waikato	23:26
1973	P Wilson	Auckland	22:32

8000m

1974	G Shaw	Auckland	24:12
1975	G Shaw	Auckland	24:12

M20

1976	G Shaw	Auckland	23:53
1977	PC Renner	Canterbury	24:35
1978	J McLaren	Auckland	24:38
1979	D Burridge	Northland	23:47
1980	T Stone	West Coast North Island	24:04
1981	D Burridge	Canterbury	23:33
1982	C McLay	Waikato	24:53
1983	E Rendall	Individual	24:31

10000m

1984	D Rush	Otago	31:33
1985	K Faass	Canterbury	31:49
1986	L Howard	Auckland	31:55
1987	R Wilson	Taranaki	31:05
1988	M Johnston	Otago	31:43
1989	V McCullough	Auckland	31:20
1990	R Potts	Hawkes Bay Gisborne	30:24

8000m

1991	P Starr	Wellington	24:09
1992	P Starr	Wellington	24:06
1993	P Starr	Wellington	24:20
1994	D Ross	Manawatu Wanganui	24:25
1995	M Aish	Waikato	25:03
1996	T Panckhurst	Grand Central	25:00
1997	R McInnes	Christchurch Avon	25:40
1998	H Thorpe	North Harbour Bays	25:54
1999	J Woolhouse	Canterbury	25:57
2000	J Redmond	Canterbury	26:51
2001	K MacDonald	Tauranga	25:41
2002	S Wreford	Canterbury	25:48
2003	S Kravitz	Auckland	25:49
2004	A Guled	Valleys United	25:50
2005	A Haigh	Auckland	25:05
2006	T Hodge	Wellington	25:36
2007	M Mildenhall	Auckland	25:21
2008	E Speakman	Hawkes Bay Gisborne	25:34
2009	J Jackson	Auckland	25:32
2010	C Graves	Auckland City Athletics	30:18
2011	J Oakley	Waikato Bay of Plenty	25:42
2012	M Baxter	Taranaki	24:57
2013	B Musson	Canterbury	26:30
2014	J Baan	Otago	25:19

Road Race Teams Event**Under19**

1938-67	Event Not Held	
1968	Wellington	23 points
1969	Wellington	19 points
1970	Canterbury	31 points
1971	Waikato	26 points
1972	Wellington	32 points
1973	Auckland	17 points
1974	Auckland	16 points
1975	Auckland	19 points

M20

1976	West Coast (North Island)	31 points
1977	Canterbury	22 points
1978	Auckland	18 points
1979	Auckland	23 points
1980	Auckland	23 points
1981	Otago	22 points
1982	Wellington	38 points
1983	Wellington	22 points
1984	Wellington	27 points
1985	Wellington	21 points
1986	Auckland	17 points
1987	Wellington	
1988	Wellington	
1989	Auckland	

1990	Otago	38 points
1991	Auckland	27 points
<u>M20 & M18</u>		
1992	Waikato	59 points
1993	Waikato	
1994	Wellington	
1995	Auckland	58 points
1996	Scottish Harriers	21 points
1999	Bays Cougars	28 points
2001	Centre – Waikato BoP	
	Club – Hamilton City Hawks	
2003	Centre - Waikato BoP	
	Club - Hamilton City Hawks	
2002	Waikato	
2003	Wellington	
2004	Wellington	
2005	Wellington	18 points
2006	Otago	
2007	Auckland	20 points
2008	Wellington	28 points
2009	Auckland	30 points
2010	No team event	
2011	Auckland	32 points
2012	Wellington	29 points
2013	Auckland	27 points
2014	Wellington	33 points

20km Road Walk

1938-99	Event Not Held		
<u>M20</u>			
2000	No Finishers		
2001	Event Not Held		
2002	No competitors		
2003	No competitors		
2004	No competitors		
2005	No competitors		
2006	No competitors		
2007	N Shaw	South Canterbury	1:52:31
2008	No competitors		
2009			
2010	No finishers		
2011	M Holcroft	Waikato Bay of Plenty	1:49:04
2012	M Holcroft	Waikato Bay of Plenty	1:44:43
2013	No Event		
2014	J Lord	South Canterbury	1:45:40

Road Relay

<u>M20</u>	
1938-77	Event Not Held
1978	Wellington Harriers
1979-81	Event Not Held

1982	Palmerston North	
1983	Scottish Harriers	
1984	Scottish Harriers	
1985	Scottish Harriers	
1986	Owaiaraka	
1987	Owairaka	1:49:05
1988	Hill City	3:00:58
1989	Waitemata	4:18.17
1990	North Shore Bays	2:30:34
1991	Owairaka	4:27:47
1992	Wellington Harriers	3:18:04
1993	Wellington Harriers	
1994	Old Boys United	3:59:33
1995	Takapuna	3:13:50
1996	Garden City	2:36.20
1997	Takapuna	2:13:23
1998	North Harbour Bays	2:21:16
1999	Bays Cougars	1:53:25
2000	Bays Cougars	1:42:25
2001	Hamilton City Hawks	2:19:49
2002	Hamilton City Hawks	2:11:53
2003	Wellington Scottish	2:07:00
2004	Wellington Scottish	2:19.06
2005	Wesley	2:13:42
2006	Nelson	2:05:55
2007	Auckland City Athletics	2:19:40
2008	Athletics Nelson	2:26:15
2009	Auckland City Athletics	2:12:14
2010	Hamilton City Hawks	2:00:35
2011	Auckland City Athletics	2:21:48
2012	Wellington	2:13:51
2013	Wellington Harriers	2:12:37
2014	Christchurch Avon	2:13:42

JUNIOR WOMEN

Cross Country

1988	R Bradshaw	Australia	14:29
	C Barrie	Canterbury	14:49
1989	K Gooch	Waikato	14:40
1990	M Gilbertson	West Coast North Island	15:29
1991	K Humphreys	Canterbury	16:50
1992	P Gawler	Otago	14:57
1993	P Gawler	Otago	15:11
1994	K Inwood	Manuwatu	14:22
1995	C Hopkins	Manuwatu	
1996	S Biss	Auckland	15:26
1997	D Murrihy	Taumaranui	14:32
1998	M Burt	Whakatane	13:13
1999	D Murrihy	Waikato Bay of Plenty	22:33
2000	F Crombie	Canterbury	23:36
2001	V Jackson	North Harbour Bays	22:53
2002	J Scopes	Auckland City Athletics	23:17
2003	D Hasties	Wellington	24:05
2004	S Morgan	Waikato Bay of Plenty	23:00
2005	L Oliver	Canterbury	22:32
2006	L Oliver	Canterbury	22:43
2007	R Croft	Canterbury	22:25
2008	H Green	Wellington	22:38
2009	H Newbould	Canterbury	21:35
2010	D Trevis	Auckland	21:49
2011	M Nielsen	Waikato Bay of Plenty	21:16
2012	K MacDermid	Manuwatu	22:42
2013	M Gibson	Canterbury	22:38
2014	R Flanagan	Canterbury	20:34

Cross Country Teams Event

1988	Canterbury	37 points
1989	Waikato	16 points
1990	Waikato	22 points
1991	Waikato	19 points
1994	Manawatu Wanganui	
1995	Manawatu Wanganui	
1996	Auckland	31 points
1997	Centre – Waikato	24 points
	Club – Whakatane	41 points
1998	Centre – Otago	34 points
	Club – Hill City	46 points
1999	Waikato Bay of Plenty	25 points
2000	Bays Cougars	17 points
2001	Centre – Waikato - BoP	
	Club – Wellington Harrier AC	
2002	Centre – Waikato - BoP	

	Club – Auckland City Athletic Club	
2003	WBP	
2004	Wellington	
2005	Manawatu Wanganui	12 points
2006	Wellington	23 points
2007	Wellington	30points
2008	Canterbury	36 points
2009	Canterbury	35 points
2010	Auckland	26 points
2011	Canterbury	30 points
2012	Auckland	36 points
2013	Auckland	21 points
2014	Auckland	29 points

Mountain Running

1988-2000	Event Not Held		
2001	S Devoy	Hamilton	19:01
2002	L Cant	Fielding Moas	38:55
2003	S Beresford	Wellington Harrier AC	23:08
2004	S Morgan	Waikato Bay of Plenty	25:40
2005	R Croft	North Canterbury AC	23:35
2006	L Oliver	North Canterbury AC	33:08
2007	R Croft	North Canterbury AC	22:03
2008	R Croft	North Canterbury AC	37:44
2009	R Sceats	Hastings Harrier Club	20:08
2010	J Wilcox	Nelson	36:24
2011	N Mitchell	Wellington Scottish	20:22
2012	A Harper	Wellington Scottish	43:05
2013	J Barnes	Marlborough	27:46
2014	S Jordan	Nelson	41:50

6000m / 5000m Road Race

6000m

1988	M Henzell	Waikato	21:27
1989	M Henzell	Waikato	
1990	K Humphreys	Canterbury	21:34

5000m

1991	N Powell	Waikato	18:03
1992	C Conder	Manuwatu	17:50
1993	P Gawler	Otago	17:32
1994	K Inwood	Manuwatu	17:34
1995	S Biss	Wellington	17:45
1996	S Biss	Auckland	15:57
1997	S Waru	Whakatane	17:25
1998	B Eddy	Southland	18:57
1999	K McIlroy	Wellington Harrier Club	17:36
2000	T McLeod	Otago	18:31
2001	L Joy	North Harbour Bays	17:35
2002	J Scopes	Auckland City Athletics	17:45
2003	D Hasties	Wellington	18:30
2004	S Morgan	Waikato Bay of Plenty	17:56

2005	S Patterson	Manuwatu	17:49
2006	M Cleland	Wellington	17:38
2007	C Buscomb	Waikato Bay of Plenty	18:02
2008	H Barker	Auckland	17:36
2009	D Trevis	Auckland	17:09
2010	G Grgec	Auckland	17:48
2011	G Grgec	Auckland	18:02
2012	A Harper	Wellington	18:13
2013	S English	Otago	17:52
2014	G Gray	Canterbury	18:15

Road Race Teams Event

1988	Wellington	
1990	Canterbury	25 points
1991	Waikato	14 points
1992	Waikato	
1993	Waikato	
1994	Manawatu Wanganui	
1995	Manawatu Wanganui	
1999	Bays Cougars	35 points
2000	Otago	25 points
2001	Centre – Waikato BoP	
	Club – Auckland City Athletics	
2002	Centre - North	
	Club - Auckland City Athletics	
2003	Wellington	
2004	Manawatu Wanganui	
2005	Manawatu Wanganui	15 points
2006	Canterbury	
2007	Auckland	25 points
2008	Auckland	19 points
2011	Wellington	25 points
2012	Auckland	25 points
2013	Auckland	20 points
2014	Waikato Bay of Plenty	25 points

Road Relay

1988-94	Event Not Held	
1995	Papanui Toc H	
1996	Ash Harriers	3:16:08
1997	Papanui Toc H	2:44.10
1998	North Harbour Bays	2:55.01
1999	Bays Cougars	2:09:14
2000	Hamilton City Hawks	1:57:14
2001	Bays Cougars	2:46:36
2002	Wellington Harriers	2:35.28
2003	Wellington Harriers	
2004	Wellington Harriers	
2005	Wellington Harriers	2:43.03
2006	Wellington Harriers	2:02.42
2007	Auckland City Athletics	2:45.03

2008	Auckland City Athletics	2:58:03
2009	Auckland City Athletics	2:36:11
2010	North Harbour Bays	2:23:42
2011	Nelson	2:52:35
2012	Auckland City Athletics	2:41:31
2013	Auckland City Athletics	2:38:12
2014	Auckland City Athletics	2:36:52

YOUTH BOYS

Cross Country

1974-90	Event Not Held		
1991	P Starr	Wellington	28:20
1992	D Ross	Manawatu Wanganui	24:38
1993	A Concannon	Auckland	26:43
1994	G Nichols	Canterbury	25:55
1995	H Thorpe	Auckland	
1996	D Smith	Waikato	27:31
1997	B Ruthe	Wellington Scottish	26:42
1998	P Morrice	Auckland City Athletics	27:39
1999	J Cressingham	Wanganui Harriers	28:15
2000	N Willis	Wellington	29:20
2001	G Read	Hamilton	27:23
2002	S Krawitz	Auckland City Athletics	27:24
2003	S Hunt	Wellington Scottish	20:40
2004	T Ejigu	Wellington	20:18
2005	J Robertson	Waikato Bay of Plenty	19:45
2006	D Bowden	Tasman	20:22
2007	A Pulford	Waikato Bay of Plenty	20:29
2008	N Barrett	Wellington	20:32
2009	M Ali	Waikato Bay of Plenty	19:58
2010	M Baxter	Taranaki	19:59
2011	M Lowe	Tasman	20:04
2012	J Priddey	Waikato Bay of Plenty	20:14
2013	G Beamish	Manawatu Wanganui	19:03
2014	C Avery	Canterbury	19:49

8km/6km Road Race

8km

1974-91	Event Not Held		
1992	D Ross	Manawatu Wanganui	
1993	D Ross	Manawatu Wanganui	
1994	T Keith	Wellington	26:02
1995	H Thorpe	Auckland	25:53
1996	B Ruthe	Wellington Scottish	25:35
1997	J Shaw	Christchurch Avon	26:42
1998	P Morrice	Auckland	26:26
1999	D Mordaunt	Auckland City Athletics	26:30
2000	N Willis	Valleys United	26:23
2001	G Read	Hamilton	25:39
2002	G Read	Hamilton	26:09

6km

2003	H McLaren	QE Athletics	19:18
2004	R Sissons	Auckland	20:26
2005	J Robertson	Waikato Bay of Plenty	19:20
2006	R Bashir	Auckland	19:50

2007	A Pulford	Waikato Bay of Plenty	19:25
2008	N Barrett	Wellington	19:29
2009	M Ali	Waikato Bay of Plenty	19:32
2010	M Sutton	Tauranga	16:11
2011	J Priddey	Waikato Bay of Plenty	19:13
2012	J Priddey	Waikato Bay of Plenty	18:52
2013	M Prest	Canterbury	19:26
2014	L Fielding	Auckland	19:35

YOUTH GIRLS

Cross Country

1974-83	Event Not Held		
1984	A Stuart	Wellington	17:42
1985	S Barry	Taranaki	18:27
1986	S Barry	Taranaki	17:55
1987	A Lardner	Auckland	14:08
1988-90	Event Not Held		
1991	L Bacon	Waikato	17:27
1992	C Hopkins	Manawatu Wanganui	14:56
1993	C Hopkins	Manawatu Wanganui	14:57
1994	S Biss	Wellington	14:29
1995	M Burt	Waikato	
1996	D Murrihy	Waikato	15:36
1997	K McIlroy	Wellington Harrier Club	14:41
1998	K McIlroy	Wellington Harrier Club	13:34
1999	V Jackson	North Harbour Bays	23:21
2000	R Baird	Hamilton	15:43
2001	C Goodwin	Canterbury	15:17
2002	M Murrihy	Taumaranui	15:18
2003	S Morgan	Matamata	15:39
2004	M Murrihy	Waikato Bay of Plenty	15:12
2005	A Keown	Auckland	14:57
2006	K Patterson	Auckland	15:03
2007	E Keown	Auckland	14:45
2008	E Keown	Auckland	15:07
2009	A-L Uttley	Otago	14:45
2010	G McConnochie	Hawkes Bay Gisborne	15:19
2011	K Macdermid	Manawatu Wanganui	14:22
2012	R Flanagan	Canterbury	14:07
2013	A Lord	Waikato Bay of Plenty	14:23
2014	A Graham	Canterbury	15:11

Cross Country Teams Event

1974-83	Event Not Held	
1984	Auckland	28 points
1985	Canterbury	25 points
1986	Auckland	29 points
1987	Australia	17 points
	Auckland	54 points
1988-90	Event Not Held	
1991-	Combined with W20 grade	
2006	Auckland	
2007	Canterbury	
2008	Auckland	17 points
2009	Auckland	32 points
2010	Canterbury	23 points
2011	Canterbury	18 points

2012	Auckland	30 points
2013	Auckland	26 points
2014	Canterbury	23 points

6000m / 5000m Road Race

6000m

1974-83	Event Not Held		
1984	T Kennedy	Southland	21:25
1985	S Barry	Taranaki	20:57
1986	S Barry	Taranaki	21:00
1987	S Barry	Taranaki	20:12
1988-91	Event Not Held		

5000m

1992	M Ogilvie	Auckland	
1993	M Ogilvie	Auckland	
1994	S Biss	Wellington	17:54
1995	S McLeod	Manawatu Wanganui	17:50
1996	D Murrihy	Waikato	17:37
1997	O Jesson	North Shore Bays	17:21
1998	K McIlroy	Wellington	17:51
1999	V Jackson	North Harbour Bays	18:08
2000	T Newitt	Canterbury	20:03
2001	M Hyland	Hamilton	18:00
2002	S Morgan	Hamilton	17:57
2003	S Morgan	Waikato Bay of Plenty	17:57
2004	R Smith	Waikato Bay of Plenty	18:15
2005	C Buscoumb	Waikato Bay of Plenty	17:44
2006	C Buscoumb	Waikato Bay of Plenty	17:33
2007	E Keown	Auckland	17:57
2008	L Nagel	Hawkes Bay Gisborne	17:41
2009	A-L Uttley	Otago	17:31
2010	M Nielsen	Waikato Bay of Plenty	17:18
2011	S Lynch	Wellington	18:29
2012	S Lynch	Wellington	18:07
2013	A Sherman	Auckland	18:07
2014	A Gilchrist	Wellington	17:56

Road Race Teams Event

1974-83	Event Not Held	
1984	Auckland	24 points
1985	Wellington	20 points
1986	No Competition	
1987	Southland	
1988-2004	Combined with W20 grade	
2005	Waikato	
2006	Canterbury	
2007	Auckland	
2008	Auckland	23 points
2009	Auckland	15 points
2010	No teams race	
2011	Auckland	25 points
2012	Wellington	24 points

2013	Southland	33 points
2014	Auckland	24 points

DISCONTINUED EVENTS

SENIOR MEN

220 yards Hurdles / 200m Hurdles

220yds Hurdles

1887-1933	Event Not Held		
1933-4	PF Sharpley	Hawkes Bay Poverty Bay	26.2
1934-5	FA Finlayson	Auckland	26.0
1935-6	PF Sharpley	Hawkes Bay Poverty Bay	25.6
1936-7	PT Bowie	Auckland	24.6
1937-8	CR Bradwell	Canterbury	26.0
1938-9	PF Sharpley	Hawkes Bay Poverty Bay	25.2
1939-40	PF Sharpley	Hawkes Bay Poverty Bay	25.0
1940-4	No Competition		
1944-5	CK Blewett	Canterbury	26.2
1945-6	ARP Eustace	Auckland	25.2
1946-7	ARP Eustace	Auckland	24.6
1947-8	ARP Eustace	Auckland	24.6
1948-9	LR Smith	Wellington	24.6
1949-50	LR Smith	Wellington	24.4
1950-1	JM Holland	Hawkes Bay Poverty Bay	24.6
1951-2	JM Holland	Waikato	24.3
1952-3	AG Lawless	Otago	25.3
1953-4	D Fleming	Waikato	24.0
1954-5	AG Lawless	Otago	24.4
1955-6	D Fleming	Auckland	24.5
1956-7	B Robinson	Auckland	23.4
1957-8	P Cates	Canterbury	24.4
1958-9	AG Lawless	Otago	24.8
1959-60	AG Lawless	Otago	24.5
1960-1	P Cates	Canterbury	24.9
1961-2	M Milham	Auckland	24.1
1962-3	RV Johnson	Otago	23.7
1963-4	RV Johnson	Otago	24.3
1964-5	M Walls	Canterbury	25.1
1965-6	H Wright	Waikato	24.9
1966-7	R Pownall	Auckland	25.1
1967-8	C Daly	Hawkes Bay Poverty Bay	23.7
1968-9	K Simpson	Canterbury	25.0

200m Hurdles

1969-70	R Pownall	Auckland	25.2
1970-1	Event Discontinued		

Medley Relay Race – 1 mile

1887-1921	Event Not Held	
1921-2	Wellington	3:50.2
1922-3	Wellington	3:57.4
1923-4	Wellington	5:50.6
1924-5	Wellington	3:39.8
1925-6	Wellington	3:54.4
1926-7	Wellington	3:40.0
1927-8	Auckland	3:42.6
1928-9	Canterbury	NT
1929-30	Wellington	3:35.4
1930-1	Wellington	3:48.4
1931-2	Wellington	3:37.8
1932-3	Canterbury	3:35.8
1933-4	Canterbury	3:36.0
1934-5	Hawke's Bay-Poverty Bay	3:37.2
1935-6	Canterbury	3:34.0
1936-7	Otago	3:35.0
1937-8	Wellington	3:37.6
1938-9	Otago	3:35.0
1939-40	Wellington	3:34.0
1940-4	No Competition	
1944-5	Auckland	3:45.0
1945-6	Auckland	3:36.8
1946-7	Auckland	3:33.8
1947-8	Waikato	3:36.6
1948-9	Canterbury & Wellington	
	Deadheat	3:35.5
1949-50	Auckland	3:31.2
1950-1	Otago	3:33.4
1951-2	Auckland	3:32.7
1952-3	Auckland	3:36.2
1953-4	Auckland	3:43.4
1954-5	Auckland	3:33.0
1955-6	Event Discontinued	

Half Mile Track Walk

1887-1931	Event Not Held		
1931-2	RS Cameron	Auckland	3:02.4
1932-3	RS Cameron	Auckland	3:18.8
1933-4	I Driscoll	Hawkes Bay Poverty Bay	3:01.6
1934-5	Event Discontinued		

1 Mile Track Walk

1887-8	T Kerr	Otago	7:23.0
1888-9	RN Thomas	Canterbury	7:40.0
1889-90	EJ McKelvey	Otago	7:13.0
1890-1	AF Burton	Auckland	7:05.5
1891-2	AF Burton	Auckland	7:05.8
1892-3	RN Thomas	Canterbury	7:12.4

1893-4	A Bain	Auckland	6:52.4
1894-5	A Brady	Auckland	7:21.8
1895-6	FH Creamer	Auckland	7:10.2
1896-7	D Wilson	Auckland	6:52.4
1897-8	D Wilaon	Auckland	6:53.4
1898-9	A Findlay	Otago	7:13.0
1899-1900	H Goodwin	Wellington	6:56.2
1900-1	J Dickey	Auckland	7:06.8
1901-2	CJ Barr-Brown	Auckland	6:54.0
1902-3	F Ross	Wellington	6:59.0
1903-4	H Goodwin	Wellington	7:23.0
1904-5	PH Stubberfield	Canterbury	6:46.0
1905-6	A Crichton	Otago	6:37.2
1906-7	AEM Rowland	Canterbury	6:46.2
1907-8	HE Kerr	Wellington	6:56.0
1908-9	PH Stubberfield	Canterbury	6:59.8
1909-10	D Wilson	Auckland	6:42.8
1910-1	HE Kerr	Wellington	6:46.6
1911-2	HE Kerr	Wellington	6:42.4
1912-3	D Cashman	Wellington	6:54.6
1913-4	AR Buchan	Otago	6:56.0
1914-5	AB Sievwright	Wellington	7:55.8
1915-9	No Competition		
1919-20	AB Sievwright	Wellington	7:21.6
1920-1	D Wilson	Auckland	7:00.2
1921-2	J McKenzie	Wellington	6:56.2
1922-3	FC Hickling	Wellington	7:17.6
1923-4	JAC Mackenzie	Otago	7:14.8
1924-5	HE Kerr	Wanganui	6:50.8
1925-6	GS Cabot	Otago	6:38.4
1926-7	GS Cabot	Otago	6:39.0
1927-8	W Lanky	Wellington	7:01.0
1928-9	SJ Gudsell	Wellington	6:57.0
1929-30	A Hill	Wellington	6:51.6
1930-1	GS Cabot	Otago	7:07.4
1931-2	I Driscoll	Wellington	6:48.4
1932-3	I Driscoll	Hawkes Bay Poverty Bay	6:37.8
1933-4	I Driscoll	Hawkes Bay Poverty Bay	6:37.8
1934-5	I Driscoll	Hawkes Bay Poverty Bay	7:05.2
1935-6	I Driscoll	Hawkes Bay Poverty Bay	6:46.8
1936-7	I Driscoll	Hawkes Bay Poverty Bay	6:42.0
1937-8	RJ Watson	Otago	6:59.0
1938-9	N McCarthy	Wellington	6:43.4
1939-40	N McCarthy	Wellington	6:48.8
1940-4	No Competition		
1944-5	RC Brown	Canterbury	7:03.6
1945-6	JR Hyslop	Otago	6:26.8
1946-7	R Lamberton	West Coast North Island	6:30.8
1947-8	JR Hyslop	Otago	7:00.6
1948-9	D Hingston	Wellington	6:53.4
1949-50	JR Hyslop	Otago	6:53.0
1950-1	JR Hyslop	Otago	6:47.2
1951-2	P Hellreigel	Auckland	6:43.9
1952-3	JR Hyslop	Canterbury	6:36.6
1953-4	D Thomson	Wellington	6:46.4
1954-5	Event Discontinued		

20 Mile Walk / 30km Walk

20 Mile Walk

1887-1967	Event Not Held		
1968	N Read	Northland	2:47:39
1969	O Warner	West Coast North Island	2:45:25
1970	W File	Hawkes Bay Poverty Bay	3:16:06
1971	O Warner	West Coast North Island	2:49:19
1972	M Hinton	Southland	3:05:27
1973	L Stevenson	Southland	2:52:23
1974	K Taylor	Auckland	2:48:24
1975	N Read	West Coast North Island	2:45:34
1976	M Parker	West Coast North Island	2:49:00
1977	A Callow	Canterbury	2:52:11
1978	K Taylor	Auckland	2:59:31

30km Walk

1979	R Pilkington	Auckland	2:35:43
1980	R Pilkington	Auckland	2:31:46
1981	H van Beek	Auckland	2:30:09
1981-2	K Taylor	Auckland	2:29:31.9
1983	M Day	Taranaki	2:33:17
1984	S Donnelly	Auckland	2:39:36
1985	K Taylor	Auckland	2:29:51
1985-6	M Day	Canterbury	2:20:21.3
1986	K Taylor	Auckland	2:40:05
1987	M Hinton	Auckland	2:37:37
1988	D Beaven	Waikato	2:28:54
1989	K Taylor	Auckland	2:23:15
1990	D Beaven	Otago	2:27:59
1991	G Little	Athletics North	2:18:41
1992	G Little	Athletics North	2:18:14
1993	C Barrett	Waikato	2:14:07
1994	No Finishers		
1995	C Barrett	Waikato	2:15:36
1996	C Barrett	North Shore Bays	2:08:47.0
1997	C Barrett	Hamilton	2:19:28
1998	S Nelson	North Harbour Bays	2:24:18.0
1999	T Sargisson	North Harbour Bays	2:19:33
2000	Event Discontinued		

Pentathlon

1887-1907	Event Not Held	
1907-8	L McKay	Wellington
1908-9	Event Discontinued	

Short Course (4km) Cross Country

1887-1999	Event Not Held		
2000	A Bunce	North Harbour Bays	11:38.0
2001	J Wyatt	Valleys United	12:00.4
2002	P Costley	Papanui Toc H	10:55
2003	P Costley	Papanui Toc H	12:05.0

2004	B Ruthe	North Harbour Bays	12:06.10
2005	P Costely	Canterbury	12:52
2006	PCostley	Canterbury	12:25
2007	Event Discontinued		

SENIOR WOMEN

75yds

1925-38	Event Not Held		
1938-9	D Lumley	Auckland	8.8
1939-40	G Symes	Hawkes Bay Poverty Bay	9.2
1940-1	E Maffett	West Coast North Island	9.0
1941-4	No Competition		
1944-5	IJ Hart	Auckland	9.0
1945-6	R Dowman	Auckland	8.8
1946-7	R Dowman	Auckland	9.2
1947-8	R Dowman	Auckland	9.2
1948-9	S Hardman	Otago	8.5
1949-50	S Hardman	Otago	8.4
1950-1	S Hardman	Otago	8.5
1951-2	S Hardman	Otago	8.5
1952-3	S Peterson	Otago	8.6
1953-4	J Crotty	Waikato	8.7
1954-5	J Crotty	Waikato	8.8
1955-6	J Crotty	Waikato	8.5
1956-7	B Cuthbert	Australia	8.5
	N Singer	Wellington	
1957-8	N Singer	Wellington	8.7
1958-9	N Singer	Wellington	8.4
1959-60	N Bond	Otago	8.3
1960-1	Event Discontinued		

200m Hurdles

1925- 1974	Event Not Held		
1974-5	J Lothian	Auckland	28.36

Short Course (4km) Cross Country

1925-99	Event Not Held		
2000	Sonia Barry	Counties Manukau	14:02
2001	M Moon	Wellington Scottish	14:28
2002	M Moon	Wellington Scottish	12:30
2003	M Moon	Wellington Scottish	13:34
2004	K McIlroy	Wellington Harrier	13:53
2005	K McIlroy	Wellington	14:07
2006	L Oliver	Canterbury	14:38

JUNIOR MEN

220yds Hurdles / 200m Hurdles

220yds Hurdles

Under19

1938-9	CR Bailey	Canterbury	28.0
1939-40	RC Halliday	Canterbury	27.0
1940-1	W Dalton	West Coast North Island	27.6
1941-4	No Competition		
1944-5	JM Holland	Auckland	26.4
1945-6	DG Steward	Auckland	26.0
1946-7	DG Steward	Auckland	27.4
1947-8	L Smith	Wellington	26.8
1948-9	R Meban	Wellington	25.7
1949-50	EA Taylor	Waikato	26.6
1950-1	DE Fleming	Waikato	25.4
1951-2	DE Fleming	Waikato	24.6
1952-3	MLT Rae	Auckland	25.2
1953-4	JP Dallow	Auckland	25.9
1954-5	JP Dallow	Auckland	26.4
1955-6	J Martin	Canterbury	24.9
1956-7	J Bullcraig	Auckland	26.1
1957-8	DS Norris	Auckland	25.7
1958-9	R Johns	West Coast North Island	25.0
1959-60	H Wright	Waikato	25.6
1960-1	M Milham	Auckland	24.6
1961-2	RV Johnson	Otago	25.5
1962-3	M Walls	Canterbury	25.1
1963-4	K Hicks	Auckland	25.6
1964-5	A Welsh	Otago	25.2
1965-6	M Mear	Hawkes Bay Poverty Bay	25.7
1966-7	M Mear	Hawkes Bay Poverty Bay	26.5
1967-8	N Daniels	Canterbury	25.6
1968-9	G Anderson	Canterbury	25.6

200m Hurdles

1969-70	G Anderson	Canterbury	24.1
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1 Mile Track Walk

Under19

1938-9	Event Not Held		
1939-40	RC Brown	Canterbury	7:14.2
1940-1	RC Brown	Canterbury	7:17.8
1941-4	No Competition		
1944-5	RH Delaney	Canterbury	7:37.6
1945-6	T Ebbett	Wellington	7:07.4
1946-7	D Kelly	Wellington	NT
1947-8	P Hellreigel	Auckland	7:30.4
1948-9	P Hellreigel	Auckland	7:06.4
1949-50	CG Cotton	Canterbury	8:05.9

1950-1	DK Thompson	Wellington	7:22.0
1951-2	DK Thompson	Wellington	7:10.2
1952-3	S Blair	Wellington	7:03.4
1953-4	I Freeth	Auckland	7:39.4
1954-5	R Wilson	Wellington	7:29.8
1955-6	Event Discontinued		

5km Walk

Under19

1938-55	Event Not Held		
1955-6	L Fortune	Otago	23:55.0
1956-7	N Macaskill	Wellington	28:07.0
1957-8	G Turner	Wellington	27:43.2
1958-9	G Turner	Wellington	32:37.4
1959-60	W Chadderton	Canterbury	25:32.8
1960-1	W Chadderton	Canterbury	25:30.0
1961-2000	Event Not Held		

M20

2001	C Rendall	Wellington Harrier AC	27:52
2002	C Rendall	Wellington Harrier AC	28:19

1 Mile Medley Relay

Under19

1938-44	Event Not Held		
1944-5	Canterbury	3:42.8	
1945-6	Event Discontinued		

880yds Relay

Under19

1938-45	Event Not Held		
1945-6	Canterbury	1:35.6	
1946-7	Canterbury	1:40.0	
1947-8	Auckland	1:41.6	
1948-9	Wellington	1:37.1	
1949-50	Auckland	1:39.4	
1950-1	Auckland	1:36.5	
1951-2	Auckland	1:37.2	
1952-3	Auckland	1:36.0	
1953-4	Auckland	1:38.3	
1954-5	Auckland	1:38.3	
1955-6	Event Discontinued		

JUNIOR WOMEN

5000m Walk

1988-93	Event Not Held		
1993-4	Lisa Mathieson	Otago	25:33.60
1994-5	L Gordon	Hawkes Bay Gisborne	27:24.00
1995-6	C McKenzie	Canterbury	30:23.44
1996-7	C McKenzie	Canterbury	28:22.13
1997-8	C Watson	North Harbour Bays	27:19.03
1998-9	A Barsanti	Team McKecknie	30:58.69
2000	M Findlay	Auckland City Athletics	28:44

15km Walk

1988-99	Event Not Held		
2000	M Findlay	Auckland City Athletics	1:33:48
2008	A Samson	Wellington HAC	1:43:13
2009			
2010			
2011	S-A Drummond	Racewalking Auckland	1:47:48

YOUTH GIRLS

5000m Walk

1974-93	Event Not Held		
1994	M Lynch	Waikato	31:42
1995-7	Event Not Held		
1998	M Findlay	Auckland	31:04
1999	A Macdonald	Wellington Harrier Club	29:54
2000	A Macdonald	Wellington Harrier Club	28:29
2001	A Macdonald	Wellington Harrier Club	29:33
2002	A Gorst	Hastings	29:42
2010	S-A Drummond	Pakuranga	33:05

10km Walk

1974-99	Event Not Held		
2000	A Gorst	Hastings	72:18
2001	A Gorst	Hastings	66:55

2002			
2003			
2004			
2005	K Mabbett	Waikato Bay of Plenty	59:13
2006			
2007			
2008			
2009	S-A Drummond	Pakuranga Athletic Club	72:40
2010	S-A Drummond	Auckland	67:13
2011	E Dunbar		1:21:11