



## Men 19 | 2010

Top Performances as of: 09 Feb 2012

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	10.59	1.7	Isaac Tatoa	AKL	12 Feb 1990	1r1	Hot Meet 7	Auckland	06 Mar 2010
2	10.68	1.2	Joseph Millar	WBP	24 Sep 1992	1	NZSSAA Championships	Hastings	12 Dec 2010
3	10.75	1.2	Scott Walker	CAN	17 Aug 1992	2	NZSSAA Championships	Hastings	12 Dec 2010
4	10.84	1.6	Alex Jordan	TAS	10 Apr 1992	3r1	Interclub	Christchurch	20 Nov 2010
5	10.86	1.2	Ryan Howe	WBP	27 May 1992	3	NZSSAA Championships	Hastings	12 Dec 2010
6	10.98	0.2	Michael Cooke	AKL	23 Oct 1991	1r2	ITM	Christchurch	18 Mar 2010
7	11.02	1.9	Toby Flett	OTG	26 Nov 1992	1	OTG-STH Schools	Invercargill	13 Mar 2010
8	11.03	-0.4	Tama Toki	AKL	11 Feb 1991	2	Winter Series #3	Gold Coast AUS	12 Jun 2010
9	11.10	0.2	Matthew Robinson	STH	19 Jul 1991	1	Weekly Meeting	Dunedin	16 Jan 2010
10	11.10	-0.4	Andy Kruij	MWA	13 Aug 1991	5	NZL Championships	Christchurch	26 Mar 2010
11	11.14	2.0	Zac Topping	MWA	07 Jul 1991	4	Area Championships	Cairns AUS	25 Sep 2010
12	11.14	1.5	Dee Jay Kennedy	STH	29 Sep 1992	2	Twilight Meeting	Invercargill	26 Nov 2010
13	11.16	-0.1	Todd Johnston	OTG	08 Jan 1992	2h1	NZL Championships	Christchurch	26 Mar 2010
14	11.20	1.2	John Gilmour	OTG	11 May 1992	6	NZSSAA Championships	Hastings	12 Dec 2010
15	11.26	2.0	John Whibley	AKL	26 Oct 1992	2r1	Battle of Regions 1	Auckland	13 Nov 2010
16	11.26	-0.4	Cody Thomas	TAS	05 Oct 1991	D	Canterbury CE Champs	Christchurch	18 Dec 2010
17	11.27	0.9	Joseph Taylor	CAN	21 Mar 1993	2r1	Interclub	Christchurch	04 Dec 2010
18	11.27	0.8	Stephen Isaac	WEL	29 Oct 1992	1	Wellington Championshi	Wellington	27 Feb 2010
19	11.28	1.5	Yarride Rosario	HBG	16 Jul 1993	2h2	NZSSAA Championships	Hastings	11 Dec 2010
20	11.28	1.1	Michael Jackson	AKL	17 Oct 1992	4h2	NZL Championships	Christchurch	26 Mar 2010
21	11.32	0.6	Malcolm Creelman	CAN	02 Jul 1992	2h1	Down Under	Gold Coast AUS	04 Jul 2010
22	11.34	0.6	William Lentjes	CAN	02 Nov 1991	4h3	NZL Championships	Christchurch	26 Mar 2010
23	11.36	1.7	Daniel Dyet	AKL	21 Mar 1991	2r1	Hot Meet 7	Auckland	06 Mar 2010
24	11.36	0.2	Andrew Whyte	OTG	11 Oct 1993	3	Hurring Relays 3	Dunedin	13 Nov 2010
25	11.41	-2.7	Joseph Kemp	OTG	07 Sep 1991	1	Weekly Meeting	Dunedin	16 Oct 2010
26	11.43	1.5	William Simpson	WEL	23 Jan 1992	1r2	Sylvia Potts Classic	Hastings	29 Jan 2010
27	11.43	1.9	Scott Burch	MWA	03 May 1991	6r1	Sylvia Potts Classic	Hastings	29 Jan 2010
28	11.43	1.0	Tyler Collings	CAN	26 Nov 1993	2r2	Interclub	Christchurch	30 Oct 2010
29	11.44	1.1	Ben Paltridge	AKL	21 Sep 1992	3q4	NZSSAA Championships	Hastings	11 Dec 2010
30	11.45	-0.1	Shannon Joseph	CAN	07 Dec 1992	1r1	Interclub	Christchurch	29 Dec 2010
31	11.46	1.1	Timothy Lawrence	OTG	08 Oct 1993	4q4	NZSSAA Championships	Hastings	11 Dec 2010
32	11.46	1.1	Andrew Wells	WEL	03 May 1993	1	Scottish Night of Miles	Wellington	18 Dec 2010
33	11.48	1.7	Matthew Wyatt	AKL	07 Oct 1990	3r1	Hot Meet 7	Auckland	06 Mar 2010
34	11.50	0.3	Ben Evans	CAN	03 Apr 1992	D	Canterbury CE Chps	Christchurch	23 Jan 2010

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	21.50	0.3	Alex Jordan	TAS	10 Apr 1992	1	Hester Sheild	Nelson	27 Nov 2010
2	21.51	0.9	Joseph Millar	WBP	24 Sep 1992	6r1	Capital Classic	Wellington	22 Jan 2010
3	21.66	1.9	Tama Toki	AKL	11 Feb 1991	1r2	Open Sprint Meet	Auckland	26 Jun 2010
4	21.94	1.3	Scott Walker	CAN	17 Aug 1992	2r2	Capital Classic	Wellington	22 Jan 2010
5	21.96	-0.8	Scott Burch	MWA	03 May 1991	3	NZL Championships	Christchurch	28 Mar 2010
6	22.07	0.2	Toby Flett	OTG	26 Nov 1992	1	SI Sec Schools	Dunedin	20 Mar 2010
7	22.18	1.3	Michael Cooke	AKL	23 Oct 1991	3r2	Capital Classic	Wellington	22 Jan 2010
8	22.28	0.4	Joseph Taylor	CAN	21 Mar 1993	1r1	Interclub	Christchurch	27 Nov 2010
9	22.39	-1.1	Andrew Whyte	OTG	11 Oct 1993	1	Hurring Relays 3	Dunedin	13 Nov 2010
10	22.39	1.1	Frazer Wickes	AKL	10 Feb 1992	2r1	Open Sprint Meet	Auckland	26 Jun 2010
11	22.43	0.6	Cameron French	WBP	17 May 1992	1r2	Open Meeting	Hamilton	18 Dec 2010
12	22.59	0.8	Stephen Isaac	WEL	29 Oct 1992	1	Central Region Lge R3	Wellington	27 Nov 2010

13	22.63	-0.8	Ben Paltridge	AKL	21 Sep 1992	7	NZL Championships	Christchurch	28 Mar 2010
14	22.64	0.9	Todd Johnston	OTG	08 Jan 1992	2h1	Down Under	Gold Coast AUS	02 Jul 2010
15	22.65	-0.3	Glen Matuschka	MWA	29 Mar 1992	3	NI Sec Schools	Wellington	21 Mar 2010
16	22.72	-0.9	Joseph Kemp	OTG	07 Sep 1991	1	Weekly Meeting	Dunedin	16 Oct 2010
17	22.73	1.7	Dee Jay Kennedy	STH	29 Sep 1992	2	Twilight Meeting	Invercargill	26 Nov 2010
18	22.75	0.8	William Simpson	WEL	23 Jan 1992	2	Central Region Lge R3	Wellington	27 Nov 2010
19	22.76	0.3	Cody Thomas	TAS	05 Oct 1991	3	Hester Sheild	Nelson	27 Nov 2010
20	22.78	0.6	Malcolm Creelman	CAN	02 Jul 1992	1	Canterbury Championshi	Christchurch	07 Mar 2010
21	22.78	1.8	Matthew Robinson	STH	19 Jul 1991	1	Weekly Meeting	Dunedin	14 Mar 2010
22	22.80	-1.4	Zac Topping	MWA	07 Jul 1991	2h1	Area Championships	Cairns AUS	24 Sep 2010
23	22.87	-2.2	Phil Simms	WBP	09 Aug 1993	1r2	Open Meeting	Hamilton	04 Dec 2010
24	22.90	1.7	Glen Ballam	STH	21 Jun 1991	3	Twilight Meeting	Invercargill	26 Nov 2010
25	22.91	0.4	Tyler Collings	CAN	26 Nov 1993	3r1	Interclub	Christchurch	27 Nov 2010
26	22.97	0.6	Craig Smith	CAN	29 Sep 1991	2	Canterbury Championshi	Christchurch	07 Mar 2010
27	22.99	0.2	John Gilmour	OTG	11 May 1992	4	SI Sec Schools	Dunedin	20 Mar 2010
28	23.05	0.8	Saravee Sos	WEL	23 Jan 1991	3	Central Region Lge R3	Wellington	27 Nov 2010
29	23.14	0.8	William Lentjes	CAN	02 Nov 1991	3	Interclub	Christchurch	16 Jan 2010
30	23.15	0.6	Gary Creegan-Almond	TAS	26 May 1990	3	Canterbury Championshi	Christchurch	07 Mar 2010
31	23.15	1.2	Jarrold Jennings	WBP	12 Dec 1993	5sf1	NZSSAA Championships	Hastings	12 Dec 2010
32	23.15	0.2	Shannon Joseph	CAN	07 Dec 1992	6	SI Sec Schools	Dunedin	20 Mar 2010
33	23.15	-3.1	Liam Mitchell	AKL	08 Feb 1991	2	Auckland Championships	Auckland	28 Feb 2010
34	23.16	0.6	Michael Cochrane	WBP	13 Aug 1991	2r2	Open Meeting	Hamilton	18 Dec 2010
35	23.27	0.6	Joel Armstrong	CAN	02 Jun 1991	4	Canterbury Championshi	Christchurch	07 Mar 2010
36	23.29	0.8	Richard Fernando	CAN	25 Apr 1991	4	Central Region Lge R3	Wellington	27 Nov 2010
37	23.31	1.2	Nicolaas Vickers	AKL	29 Apr 1993	6sf1	NZSSAA Championships	Hastings	12 Dec 2010
38	23.32	1.7	Chad Butson	STH	29 Apr 1992	4	Twilight Meeting	Invercargill	26 Nov 2010
39	23.41	0.6	Sam Fitzgerald	CAN	26 Jun 1993	2	Interclub	Christchurch	13 Nov 2010
40	23.45	0.2	Jay Finikin	CAN	11 Oct 1992	7	SI Sec Schools	Dunedin	20 Mar 2010
41	23.47	0.2	Ryan Alexander	CAN	12 May 1992	2r2	Interclub	Christchurch	27 Nov 2010
42	23.50	-0.3	William Barrett	WEL	29 Nov 1992	7	NI Sec Schools	Wellington	20 Mar 2010

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	47.00		Alex Jordan	TAS	10 Apr 1992	1	Interclub	Christchurch	11 Dec 2010
2	47.29		Scott Burch	MWA	03 May 1991	2	NZL Championships	Christchurch	27 Mar 2010
3	48.13		Frazer Wickes	AKL	10 Feb 1992	3	NZL Championships	Christchurch	27 Mar 2010
4	48.24		Tama Toki	AKL	11 Feb 1991	5	Australia Junior Ch	Sydney AU	13 Mar 2010
5	48.51		Matthew Robinson	STH	19 Jul 1991	4	TT21 Test Match	Waitakere	20 Feb 2010
6	48.65		Joseph Millar	WBP	24 Sep 1992	1r2	Tauranga Twilight	Tauranga	01 Jan 2010
7	48.76		Tyler Collings	CAN	26 Nov 1993	2	Interclub	Christchurch	04 Dec 2010
8	48.78		Andrew Whyte	OTG	11 Oct 1993	1	Weekly Meeting	Dunedin	27 Nov 2010
9	48.94		Michael Cochrane	WBP	13 Aug 1991	3	Interclub	Christchurch	04 Dec 2010
10	49.21		Cody Thomas	TAS	05 Oct 1991	5	NZL Championships	Christchurch	27 Mar 2010
11	49.22		Daniel Dyet	AKL	21 Mar 1991	1r1	Battle of Regions 2	Hamilton	20 Nov 2010
12	49.25		Glen Matuschka	MWA	29 Mar 1992	6	NZL Championships	Christchurch	27 Mar 2010
13	49.32		Jono Sullivan	WBP	25 Jun 1992	2sf1	NZSSAA Championships	Hastings	12 Dec 2010
14	49.49		Glen Ballam	STH	21 Jun 1991	1	Interclub	Christchurch	16 Jan 2010
15	49.52		Ziad Mohammed	AKL	13 Nov 1991	2	Auckland Championships	Auckland	27 Feb 2010
16	49.66		Michael Whitehead	AKL	26 Mar 1990	3	Auckland Championships	Auckland	27 Feb 2010
17	49.76		Cameron Ward	AKL	02 Jun 1992	3sf1	NZSSAA Championships	Hastings	12 Dec 2010
18	49.83		Liam Mitchell	AKL	08 Feb 1991	5h1	NZL Championships	Christchurch	26 Mar 2010
19	50.12		John Whibley	AKL	26 Oct 1992	5	NZSSAA Championships	Hastings	12 Dec 2010
20	50.28		Cameron French	WBP	17 May 1992	5r1	Cooks Classic	Wanganui	26 Jan 2010
21	50.36		Phil Simms	WBP	09 Aug 1993	2sf2	NZSSAA Championships	Hastings	12 Dec 2010
22	50.48		Tim Couprie	CAN	30 Sep 1990	1	Canterbury Championshi	Christchurch	07 Mar 2010
23	50.50		Jack Oliver	WEL	16 Feb 1993	3	Central Region Lge R2	Palmerston North	20 Nov 2010
24	50.56		Joel Armstrong	CAN	02 Jun 1991	2	Interclub	Christchurch	16 Jan 2010
25	50.59		Richard Fernando	CAN	25 Apr 1991	4h2	NZL Championships	Christchurch	26 Mar 2010
26	50.61		Derick Lotz	CAN	19 Nov 1992	2	Canterbury Championshi	Christchurch	07 Mar 2010
27	50.85		Gary Creegan-Almond	TAS	26 May 1990	6h1	NZL Championships	Christchurch	26 Mar 2010

28	50.89		Ryan Alexander	CAN	12 May 1992	4	Interclub	Christchurch	04 Dec 2010
29	51.04		Chad Butson	STH	29 Apr 1992	3sf2	NZSSAA Championships	Hastings	12 Dec 2010
30	51.22		Ben Jowsey	OTG	27 Jul 1993	3	Weekly Meeting	Dunedin	27 Nov 2010
31	51.38		Alistair Adams	TAS	06 Mar 1993	1	Twilight Meeting	Nelson	03 Dec 2010
32	51.61		Stephen Isaac	WEL	29 Oct 1992	1	Black Programme	Wellington	30 Jan 2010
33	51.62		Ben Evans	CAN	03 Apr 1992	5	Canterbury Championshi	Christchurch	07 Mar 2010
34	51.62		Martin Swart	CAN	29 May 1992	D	Canterbury CE Chps	Christchurch	23 Jan 2010
35	51.77		Hayden Gutry	WBP	21 Jan 1992	3	Open Meeting	Hamilton	30 Jan 2010
36	51.85		Michael Eggleton	WBP	10 Sep 1992	1r1	Open Meeting	Hamilton	16 Jan 2010
37	51.87		Campbell Wu	AKL	16 Sep 1993	2	Pakuranga Festival	Pakuranga	27 Nov 2010
38	52.08		James Dunlop	MWA	27 Sep 1992	4	NI Sec Schools	Wellington	20 Mar 2010
39	52.14		Rory English	WEL	17 Aug 1993	2	College League	Wellington	23 Oct 2010
40	52.21		James Holder	AKL	23 Mar 1993	6sf3	NZSSAA Championships	Hastings	12 Dec 2010
41	52.23		Julian Baker	WEL	27 Aug 1992	1	Gold Programme	Wellington	04 Dec 2010
42	52.35		Jaxon Bonnici	AKL	22 May 1993	1	Waitakere Festival	Waitakere	30 Oct 2010
43	52.36		Ben Paltridge	AKL	21 Sep 1992	3r1	Porritt Classic	Hamilton	13 Feb 2010
44	52.37		Simon Bunckenburg	CAN	22 Nov 1990	4	Interclub	Christchurch	13 Feb 2010
45	52.38		Malcolm Creelman	CAN	02 Jul 1992	6	Canterbury Championshi	Christchurch	07 Mar 2010

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	1:50.15		Glen Ballam	STH	21 Jun 1991	1	Special Event	Christchurch	03 Apr 2010
2	1:51.25		Brad Mathas	MWA	24 Jun 1993	1	NZSSAA Championships	Hastings	12 Dec 2010
3	1:52.15		Alexander Wallace	WEL	25 Mar 1990	1	Invitation Events	Wellington	20 Mar 2010
4	1:52.47		Dallas Bowden	TAS	20 Mar 1990	5r5	Notre Dame Meyo Inv	South Bend IN	06 Feb 2010
5	1:52.75		Michael Eggleton	WBP	10 Sep 1992	4	TT21 Test Match	Waitakere	20 Feb 2010
6	1:53.07		Julian Oakley	WBP	23 Jun 1993	2	NZSSAA Championships	Hastings	12 Dec 2010
7	1:53.67		Tim Cornish	WEL	10 Feb 1990	3	NZL Championships	Christchurch	27 Mar 2010
8	1:53.68		Michael Whitehead	AKL	26 Mar 1990	4	NZL Championships	Christchurch	27 Mar 2010
9	1:54.08		Derick Lotz	CAN	19 Nov 1992	3	NZSSAA Championships	Hastings	12 Dec 2010
10	1:54.55		James Hand	AKL	06 Jul 1990	1	Open Meeting	Auckland	30 Jan 2010
11	1:54.67		Corey Casey	WEL	18 Jan 1991	5	NZL Championships	Christchurch	27 Mar 2010
12	1:55.28		Rory English	WEL	17 Aug 1993	2	Central Region Lge R3	Wellington	27 Nov 2010
13	1:55.55		Daniel Hermann	MWA	10 Aug 1992	7	NZL Championships	Christchurch	27 Mar 2010
14	1:55.66		Daniel Balchin	OTG	13 Aug 1990	2	Weekly Meeting	Dunedin	27 Feb 2010
15	1:55.94		Luke O'Donnell	WEL	15 Aug 1990	3	Invitation Events	Wellington	20 Mar 2010
16	1:56.40		Ben Jowsey	OTG	27 Jul 1993	4	NZSSAA Championships	Hastings	12 Dec 2010
17	1:56.59		Ziad Mohammed	AKL	13 Nov 1991	8	NZL Championships	Christchurch	27 Mar 2010
18	1:56.74		Finn Roy	WEL	01 Dec 1993	4	Central Region Lge R3	Wellington	27 Nov 2010
19	1:56.83		Joshua Tattley	AKL	06 May 1991	1h1	Auckland Championships	Auckland	28 Feb 2010
20	1:56.89		Reid Hunter	AKL	25 Oct 1990	4h3	NZL Championships	Christchurch	26 Mar 2010
21	1:56.94		William Scorgie	OTG	06 Dec 1992	3h2	NZL Championships	Christchurch	26 Mar 2010
22	1:56.99		David Morton	AKL	13 Oct 1990	2	Auckland Championships	Auckland	28 Feb 2010
23	1:57.11		Robert Brown	OTG	05 Jan 1991	5h3	NZL Championships	Christchurch	26 Mar 2010
24	1:57.16		Simon Bunckenburg	CAN	22 Nov 1990	3	Gold Programme	Wellington	06 Mar 2010
25	1:57.18		Michael Vercoe-Curtis	AKL	05 Jun 1992	4h1	Auckland Championships	Auckland	28 Feb 2010
26	1:57.27		Nathan Barrett	WEL	17 Feb 1992	2	Bays Distance Series	North Shore	17 Feb 2010
27	1:57.44		Mathew Morreau	AKL	04 Feb 1992	1	Hot Meet	Waitakere	20 Feb 2010
28	1:57.48		Alex Parlane	AKL	31 Mar 1990	3	Open Meeting	Auckland	30 Jan 2010
29	1:57.55		Hayden Donnelly	MWA	17 Apr 1990	4h2	NZL Championships	Christchurch	26 Mar 2010
30	1:57.70		Jesse Patel	WEL	13 Aug 1990	5	Gold Programme	Wellington	06 Mar 2010
31	1:57.72		James Watt	AKL	18 Jan 1993	6	NZSSAA Championships	Hastings	12 Dec 2010
32	1:58.31		Brett Clifford	CAN	28 Jul 1993	2	Interclub	Christchurch	27 Nov 2010
33	1:58.42		Jordan Miller	TAS	29 Oct 1991	5h2	NZL Championships	Christchurch	26 Mar 2010
34	1:58.64		Joshua Van Dalen	MWA	20 Feb 1991	6	Gold Programme	Wellington	06 Mar 2010
35	1:58.79		Cameron Graves	AKL	01 Feb 1992	5h1	Auckland Championships	Auckland	28 Feb 2010
36	1:59.06		Alister Perkinson	WEL	26 Mar 1992	5	Central Region Lge R3	Wellington	27 Nov 2010
37	1:59.14		Julian Baker	WEL	27 Aug 1992	3	Central Region Lge R2	Palmerston North	20 Nov 2010
38	1:59.27		Lewis Commons	CAN	23 Sep 1991	3	Interclub	Christchurch	27 Nov 2010
39	1:59.31		Joel Armstrong	CAN	02 Jun 1991	3	Interclub	Christchurch	23 Jan 2010

40	1:59.56		Shane Hazelden	AKL	24 Jan 1990	6h1	Auckland Championships	Auckland	28 Feb 2010
41	1:59.68		Ewoud Noordeloos	TAS	08 May 1991	9	Canterbury Championshi	Christchurch	07 Mar 2010
42	1:59.69		Malcolm Hodge	WEL	16 Nov 1992	6	Central Region Lge R3	Wellington	27 Nov 2010
43	1:59.92		Ryan McAlister	WEL	25 Sep 1993	1	Gold Programme	Wellington	04 Dec 2010
44	2:00.16		Ben Anderson	OTG	12 Oct 1991	2	Weekly Meeting	Dunedin	18 Dec 2010
45	2:00.48		Talor Gilmer	WEL	21 Sep 1993	2	Gold Programme	Wellington	04 Dec 2010
46	2:00.60		Jack Oliver	WEL	16 Feb 1993	2	Black Programme	Wellington	13 Nov 2010
47	2:00.62		Cameron Ward	AKL	02 Jun 1992	5	Open Meeting	Auckland	30 Jan 2010
48	2:00.73		Samuel Mills	CAN	25 Aug 1992	6	Interclub	Christchurch	06 Feb 2010
49	2:00.76		Jacob Wilkinson	AKL	01 Sep 1991	4h2	Auckland Championships	Auckland	28 Feb 2010
50	2:00.83		David Morton	HBG	19 Mar 1990	7	TT21 Test Match	Waitakere	20 Feb 2010

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	2:28.25		Eric Speakman	HBG	29 Aug 1990	2	Sylvia Potts Classic	Hastings	29 Jan 2010
2	2:29.18		David Morton	AKL	13 Oct 1990	3	Sylvia Potts Classic	Hastings	29 Jan 2010
3	2:29.40		Michael Whitehead	AKL	26 Mar 1990	4	Sylvia Potts Classic	Hastings	29 Jan 2010
4	2:32.74		Corey Casey	WEL	18 Jan 1991	6	Sylvia Potts Classic	Hastings	29 Jan 2010
5	2:34.47		Brad Mathas	MWA	24 Jun 1993	8rB	Youth Olympic Games	Singapore SIN	22 Aug 2010
6	2:39.52		Tom Hall	WBP	21 Jan 1991	8	Sylvia Potts Classic	Hastings	29 Jan 2010
7	2:47.59		Nicholas Quaife	HBG	02 Mar 1990	10	Sylvia Potts Classic	Hastings	29 Jan 2010

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Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	3:51.06		Cameron Graves	AKL	01 Feb 1992	1	Pakuranga Festival	Pakuranga	27 Nov 2010
2	3:51.42		Eric Speakman	HBG	29 Aug 1990	4	Porritt Classic	Hamilton	13 Feb 2010
3	3:54.44		David Morton	AKL	13 Oct 1990	1	Hot Meet 7	Auckland	06 Mar 2010
4	3:54.51		Daniel Balchin	OTG	13 Aug 1990	1	ITM	Christchurch	18 Mar 2010
5	3:54.96		Alex Parlane	AKL	31 Mar 1990	6	Porritt Classic	Hamilton	13 Feb 2010
6	3:55.47		Alexander Wallace	WEL	25 Mar 1990	2	TT21 Test Match	Waitakere	20 Feb 2010
7	3:55.66		James Hand	AKL	06 Jul 1990	2	Hot Meet 7	Auckland	06 Mar 2010
8	3:56.36		Nathan Barrett	WEL	17 Feb 1992	3	Hot Meet 7	Auckland	06 Mar 2010
9	3:56.49		Aaron Pulford	WBP	24 Aug 1991	1	Battle of Regions 2	Hamilton	20 Nov 2010
10	3:57.08		Luke O'Donnell	WEL	15 Aug 1990	1h3	NZL Championships	Christchurch	27 Mar 2010
11	3:57.30		Michael Whitehead	AKL	26 Mar 1990	6	ITM	Christchurch	18 Mar 2010
12	3:58.01		Reid Hunter	AKL	25 Oct 1990	8	ITM	Christchurch	18 Mar 2010
13	3:58.71		Daniel Hermann	MWA	10 Aug 1992	2	NI Sec Schools	Wellington	21 Mar 2010
14	3:58.95		Ewoud Noordeloos	TAS	08 May 1991	4h3	NZL Championships	Christchurch	27 Mar 2010
15	3:59.04		Mathew Morreau	AKL	04 Feb 1992	10	Porritt Classic	Hamilton	13 Feb 2010
16	3:59.06		Harry Dixon	TAS	28 Aug 1990	7	Canterbury Championshi	Christchurch	07 Mar 2010
17	3:59.22		Tim Cornish	WEL	10 Feb 1990	2	Capital Classic	Wellington	22 Jan 2010
18	3:59.51		Julian Harris	AKL	27 Mar 1990	1h2	NZL Championships	Christchurch	27 Mar 2010
19	3:59.52		Jonathan Jackson	AKL	09 Jan 1991	2h2	NZL Championships	Christchurch	27 Mar 2010
20	3:59.56		Jesse Patel	WEL	13 Aug 1990	5h3	NZL Championships	Christchurch	27 Mar 2010
21	3:59.82		John Schreuder	AKL	10 May 1992	2	Bays Distance Series	North Shore	14 Dec 2010
22	3:59.97		Michael Vercoe-Curtis	AKL	05 Jun 1992	2	NZSSAA Championships	Hastings	12 Dec 2010
23	4:00.47		Nicholas Bingham	WEL	14 Apr 1992	9	ITM	Christchurch	18 Mar 2010
24	4:00.52		Samuel Mills	CAN	25 Aug 1992	9	Canterbury Championshi	Christchurch	07 Mar 2010
25	4:00.85		Joshua Van Dalen	MWA	20 Feb 1991	11	ITM	Christchurch	18 Mar 2010
26	4:00.96		Matthew Russ	TAS	03 Aug 1990	3	Sooner invitational	Norman OK	24 Apr 2010
27	4:00.96		Glen Ballam	STH	21 Jun 1991	1	Weekly Meeting	Dunedin	27 Nov 2010
28	4:01.06		Luke Longdill	AKL	29 Aug 1991	3	Bays Distance Series	North Shore	14 Dec 2010
29	4:01.75		James Glasson	CAN	22 Aug 1990	6h2	NZL Championships	Christchurch	27 Mar 2010
30	4:02.02		Julian Oakley	WBP	23 Jun 1993	4	NZSSAA Championships	Hastings	12 Dec 2010
31	4:02.28		Finn Roy	WEL	01 Dec 1993	5	NZSSAA Championships	Hastings	12 Dec 2010
32	4:02.35		Evan Cooper	WEL	03 Sep 1990	8h3	NZL Championships	Christchurch	27 Mar 2010
33	4:02.51		Joshua Tattley	AKL	06 May 1991	4	Bays Distance Series	North Shore	14 Dec 2010
34	4:03.98		Corey Casey	WEL	18 Jan 1991	17	Porritt Classic	Hamilton	13 Feb 2010
35	4:04.29		Tom Stringer	TAS	16 Sep 1993	8	NZSSAA Championships	Hastings	12 Dec 2010
36	4:04.29		Tom Stewart	AKL	04 Aug 1990	8h2	NZL Championships	Christchurch	27 Mar 2010
37	4:04.43		Cameron Mills	CAN	25 Aug 1992	1	Interclub	Christchurch	20 Nov 2010

38	4:04.57		Brett Clifford	CAN	28 Jul 1993	9	NZSSAA Championships	Hastings	12 Dec 2010
39	4:04.83		Craig Lautenslager	TAS	30 Mar 1993	1	Hester Sheild	Nelson	27 Nov 2010
40	4:04.86		Lewis Commons	CAN	23 Sep 1991	2	Interclub	Christchurch	20 Nov 2010
41	4:04.92		William Scorgie	OTG	06 Dec 1992	3	Otago Championships	Dunedin	21 Feb 2010
42	4:05.66		Derick Lotz	CAN	19 Nov 1992	3	Interclub	Christchurch	20 Nov 2010
43	4:06.87		Malcolm Hodge	WEL	16 Nov 1992	10	NZSSAA Championships	Hastings	12 Dec 2010
44	4:06.97		Matthew Pavitt	WEL	01 Aug 1992	2	Gold Programme	Wellington	04 Dec 2010
45	4:07.01		Alex Gorrie	OTG	12 Aug 1992	5	Otago Championships	Dunedin	21 Feb 2010
46	4:07.09		Sam Mills	WEL	23 Feb 1990	5	Capital Classic	Wellington	22 Jan 2010
47	4:07.39		Julian Baker	WEL	27 Aug 1992	3	Gold Programme	Wellington	04 Dec 2010
48	4:07.66		Mohamed Ali	WBP	01 Jul 1993	11	NZSSAA Championships	Hastings	12 Dec 2010
49	4:07.81		Daniel Jones	WBP	26 Sep 1990	4	U Cumberlands Inv	Williamsburg KY	10 Apr 2010
50	4:08.07		Ryan McAlister	WEL	25 Sep 1993	12	NZSSAA Championships	Hastings	12 Dec 2010

Mile | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	4:03.72		Dallas Bowden	TAS	20 Mar 1990	9	Notre Dame Last Chance	South Bend IA	06 Mar 2010
2	4:08.50		Aaron Pulford	WBP	24 Aug 1991	1	Cooks Classic	Wanganui	26 Jan 2010
3	4:08.71		Alexander Wallace	WEL	25 Mar 1990	2	Cooks Classic	Wanganui	26 Jan 2010
4	4:12.38		David Morton	AKL	13 Oct 1990	3	Cooks Classic	Wanganui	26 Jan 2010
5	4:14.03		Tim Cornish	WEL	10 Feb 1990	5	Cooks Classic	Wanganui	26 Jan 2010
6	4:14.87		Luke O'Donnell	WEL	15 Aug 1990	6	Cooks Classic	Wanganui	26 Jan 2010
7	4:15.50		Eric Speakman	HBG	29 Aug 1990	7	Cooks Classic	Wanganui	26 Jan 2010
8	4:16.60		Joshua Van Dalen	MWA	20 Feb 1991	8	Cooks Classic	Wanganui	26 Jan 2010
9	4:17.43		Jesse Patel	WEL	13 Aug 1990	9	Cooks Classic	Wanganui	26 Jan 2010
10	4:18.43		Glen Ballam	STH	21 Jun 1991	10	Cooks Classic	Wanganui	26 Jan 2010
11	4:20.05		Samuel Mills	CAN	25 Aug 1992	11	Cooks Classic	Wanganui	26 Jan 2010
12	4:20.66		Nicholas Bingham	WEL	14 Apr 1992	12	Cooks Classic	Wanganui	26 Jan 2010
13	4:20.85		Declan Wilson	AKL	14 Dec 1993	1	John Walker Miles	Auckland	18 Dec 2010
14	4:21.73		Mohamed Ali	WBP	01 Jul 1993	2	John Walker Miles	Auckland	18 Dec 2010
15	4:22.41		Matthew Russ	TAS	03 Aug 1990	2	Sooner Open	Norman OK	20 Feb 2010
16	4:24.65		Matt Baxter	TAR	06 Aug 1994	4	John Walker Miles	Auckland	18 Dec 2010
17	4:26.65		Mathew Morreau	AKL	04 Feb 1992	1	Open Meeting	Auckland	20 Mar 2010
18	4:26.70		Craig Lautenslager	TAS	30 Mar 1993	5	John Walker Miles	Auckland	18 Dec 2010
19	4:28.07		Michael Vercoe-Curtis	AKL	05 Jun 1992	6	John Walker Miles	Auckland	18 Dec 2010
20	4:28.25		Alex Gorrie	OTG	12 Aug 1992	2	Weekly Meeting	Dunedin	16 Jan 2010
21	4:29.72		Luke Longdill	AKL	29 Aug 1991	7	John Walker Miles	Auckland	18 Dec 2010
22	4:30.69		Michael Banks	AKL	09 Oct 1990	2	Open Meeting	Auckland	20 Mar 2010
23	4:31.74		Evan Cooper	WEL	03 Sep 1990	14	Cooks Classic	Wanganui	26 Jan 2010
24	4:32.35		Cory Whiting	WBP	15 Aug 1991	8	John Walker Miles	Auckland	18 Dec 2010
25	4:32.39		Daniel Balchin	OTG	13 Aug 1990	4	Weekly Meeting	Dunedin	16 Jan 2010
26	4:34.51		Haile Tesfaye	AKL	27 Apr 1992	1	Open Meeting	Hamilton	04 Dec 2010
27	4:35.09		Josh Maisey	AKL	09 Mar 1993	2	John Walker Miles	Auckland	18 Dec 2010
28	4:36.80		Cameron Mills	CAN	25 Aug 1992	15	Cooks Classic	Wanganui	26 Jan 2010
29	4:36.88		Shaun Burgess	STH	02 Apr 1991	2	St Pauls Memorial	Invercargill	20 Nov 2010
30	4:39.12		Derick Lotz	CAN	19 Nov 1992	16	Cooks Classic	Wanganui	26 Jan 2010
31	4:41.69		Roshit Bothara	WEL	10 Dec 1993	2	Scottish Night of Miles	Wellington	18 Dec 2010
32	4:43.75		James Watt	AKL	18 Jan 1993	4	John Walker Miles	Auckland	18 Dec 2010

3000m | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	8:09.11		Dallas Bowden	TAS	20 Mar 1990	9r1	GVSU Big Meet	Allendale MI	13 Feb 2010
2	8:11.36		Aaron Pulford	WBP	24 Aug 1991	2	Zatopek	Melbourne AUS	09 Dec 2010
3	8:12.53		Cameron Graves	AKL	01 Feb 1992	3	Zatopek	Melbourne AUS	09 Dec 2010
4	8:20.82		Alexander Wallace	WEL	25 Mar 1990	4	NZ 3000m Championship	Wellington	22 Jan 2010
5	8:21.26		Matthew Russ	TAS	03 Aug 1990	5	Texas Tech Open II	Lubbock TX	06 Mar 2010
6	8:26.08		Alex Parlane	AKL	31 Mar 1990	1	Hot Meet 7	Auckland	06 Mar 2010
7	8:26.32		Eric Speakman	HBG	29 Aug 1990	7	NZ 3000m Championship	Wellington	22 Jan 2010
8	8:33.09		Declan Wilson	AKL	14 Dec 1993	1	NZSSAA Championships	Hastings	12 Dec 2010
9	8:33.28		Jonathan Jackson	AKL	09 Jan 1991	2	Hot Meet 7	Auckland	06 Mar 2010
10	8:34.63		Harry Dixon	TAS	28 Aug 1990	4	Interclub	Christchurch	09 Jan 2010

11	8:39.61		Daniel Balchin	OTG	13 Aug 1990	3	NZ M19 3000m Chp	Dunedin	06 Feb 2010
12	8:44.69		Samuel Mills	CAN	25 Aug 1992	1	SI Sec Schools	Dunedin	20 Mar 2010
13	8:44.78		Evan Cooper	WEL	03 Sep 1990	1	Black Programme	Wellington	13 Mar 2010
14	8:45.75		Tim Cornish	WEL	10 Feb 1990	4	NZ M19 3000m Chp	Dunedin	06 Feb 2010
15	8:46.41		Alex Gorrie	OTG	12 Aug 1992	2	SI Sec Schools	Dunedin	20 Mar 2010
16	8:46.67		Mohamed Ali	WBP	01 Jul 1993	3	NZSSAA Championships	Hastings	12 Dec 2010
17	8:47.22		Luke O'Donnell	WEL	15 Aug 1990	5	NZ M19 3000m Chp	Dunedin	06 Feb 2010
18	8:47.65		Daniel Jones	WBP	26 Sep 1990	15r2	Rod McGrory Mem	Lexington KY	29 Jan 2010
19	8:48.23		Nathan Coombes	TAR	14 Jan 1990	4	Hot Meet 7	Auckland	06 Mar 2010
20	8:49.71		Jesse Patel	WEL	13 Aug 1990	6	NZ M19 3000m Chp	Dunedin	06 Feb 2010
21	8:50.47		Joshua Van Dalen	MWA	20 Feb 1991	19	NZ 3000m Championship	Wellington	22 Jan 2010
22	8:50.64		Cameron Mills	CAN	25 Aug 1992	1	Down Under	Gold Coast AUS	02 Jul 2010
23	8:54.12		James Glasson	CAN	22 Aug 1990	5	Interclub	Christchurch	26 Feb 2010
24	8:54.83		Tim Stewart	WEL	21 Mar 1993	1	Central Region Lge R3	Wellington	27 Nov 2010
25	8:54.84		Hassan Roble	WEL	03 Jan 1993	5	NZSSAA Championships	Hastings	12 Dec 2010
26	8:55.10		Michael Banks	AKL	09 Oct 1990	3	Porritt Classic	Hamilton	13 Feb 2010
27	8:57.33		Glen Ballam	STH	21 Jun 1991	2	Weekly Meeting	Dunedin	23 Oct 2010
28	8:59.42		Tadele Tekle-Haimanot	AKL	14 Aug 1992	1	Hot Meet 1	Auckland	06 Nov 2010
29	8:59.50		Nathan Barrett	WEL	17 Feb 1992	15	Flanders Cup	Kessel BEL	14 Aug 2010
30	9:02.12		Matthew Pavitt	WEL	01 Aug 1992	8	NZSSAA Championships	Hastings	12 Dec 2010
31	9:04.01		Lewis Commons	CAN	23 Sep 1991	4	Interclub	Christchurch	13 Nov 2010
32	9:06.59		Craig Lautenslager	TAS	30 Mar 1993	9	NZSSAA Championships	Hastings	12 Dec 2010
33	9:06.61		Cory Whiting	WBP	15 Aug 1991	13	Tauranga Twilight	Tauranga	01 Jan 2010
34	9:07.53		Nicholas Rennie	CAN	24 May 1990	2	Canterbury 3000m Chp	Christchurch	13 Feb 2010
35	9:08.88		Alexander Fowler	CAN	22 Jun 1991	2	Interclub	Christchurch	27 Nov 2010
36	9:10.96		Tom Stringer	TAS	16 Sep 1993	6	Interclub	Christchurch	13 Nov 2010
37	9:12.56		Luke Longdill	AKL	29 Aug 1991	5	Porritt Classic	Hamilton	13 Feb 2010
38	9:13.72		Ryan Smith	AKL	03 Sep 1990	5	Hot Meet 7	Auckland	06 Mar 2010
39	9:13.78		Simon Gannaway	CAN	14 Apr 1991	7	Interclub	Christchurch	09 Jan 2010

#### 5000m | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	14:12.30		Aaron Pulford	WBP	24 Aug 1991	1	Kajaks Track Classic	Richmond CAN	09 Jul 2010
2	14:47.27		Harry Dixon	TAS	28 Aug 1990	3	Canterbury Championshi	Christchurch	07 Mar 2010
3	14:58.37		Daniel Balchin	OTG	13 Aug 1990	2	OTG 5000m Championship	Dunedin	23 Jan 2010
4	14:58.72		Jonathan Jackson	AKL	09 Jan 1991	1	Auckland Championships	Auckland	28 Feb 2010
5	15:06.25		Alex Parlane	AKL	31 Mar 1990	2	Auckland Championships	Auckland	28 Feb 2010
6	15:12.91		Matthew Russ	TAS	03 Aug 1990	3	Texas Relays	Austin TX	31 Mar 2010
7	15:18.39		Nathan Coombes	TAR	14 Jan 1990	1	TET Invitation	Inglewood	16 Jan 2010
8	15:19.21		Cameron Graves	AKL	01 Feb 1992	4	NZL Championships	Christchurch	26 Mar 2010
9	15:22.54		Alex Gorrie	OTG	12 Aug 1992	1	Hurring Relays 3	Dunedin	13 Nov 2010
10	15:41.35		Evan Cooper	WEL	03 Sep 1990	7	NZL Championships	Christchurch	26 Mar 2010
11	15:41.94		Alexander Fowler	CAN	22 Jun 1991	8	NZL Championships	Christchurch	26 Mar 2010
12	15:43.61		James Glasson	CAN	22 Aug 1990	9	NZL Championships	Christchurch	26 Mar 2010

#### 10000m | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	29:14.23		Aaron Pulford	WBP	24 Aug 1991	5	World Junior Championshi	Moncton CAN	20 Jul 2010
2	30:53.31		Jonathan Jackson	AKL	09 Jan 1991	2	NZL 10000m Championshi	Tauranga	05 Jan 2010
3	31:54.85		Alex Parlane	AKL	31 Mar 1990	3	NZL 10000m Championshi	Tauranga	05 Jan 2010
4	33:15.02		Ben Barry	AKL	23 Jan 1991	4	NZL 10000m Championshi	Tauranga	05 Jan 2010
5	33:68.74		Cory Whiting	WBP	15 Aug 1991	5	NZL 10000m Championshi	Tauranga	05 Jan 2010

#### 10Km | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	30:18		Cameron Graves	AKL	01 Feb 1992	1	NZ Road Championships	Auckland	17 Oct 2010
2	31:58		Tadele Tekle-Haimanot	AKL	14 Aug 1992	2	NZ Road Championships	Auckland	17 Oct 2010
3	32:09		Alexander Fowler	CAN	22 Jun 1991	3	NZ Road Championships	Auckland	17 Oct 2010
4	32:22		Cory Whiting	WBP	15 Aug 1991	4	NZ Road Championships	Auckland	17 Oct 2010
5	33:05		Declan Wilson	AKL	14 Dec 1993	5	NZ Road Championships	Auckland	17 Oct 2010
6	33:55		Shaun Burgess	STH	02 Apr 1991	1	STH Road Championships	Invercargill	02 Oct 2010

7	33:57		Sam Franklin	AKL	24 Oct 1991	7	NZ Road Championships	Auckland	17 Oct 2010
8	34:04		Reid Hunter	AKL	25 Oct 1990	8	NZ Road Championships	Auckland	17 Oct 2010
9	34:26		Jamie Small	AKL	01 Jan 1992	9	NZ Road Championships	Auckland	17 Oct 2010
10	34:38		Cameron Todd	WBP	17 Jul 1992	10	NZ Road Championships	Auckland	17 Oct 2010
11	34:43		Sean McCrudden	WEL	16 Feb 1993	4	Perlorous Trust Runs	Wellington	19 Sep 2010
12	34:46		Julian Baker	WEL	27 Aug 1992	5	Harbour Capital	Wellington	27 Jun 2010
13	34:49		Cooper Rand	AKL	22 Nov 1993	11	NZ Road Championships	Auckland	17 Oct 2010
14	34:59		Chris Boswell	AKL	11 Feb 1993	12	NZ Road Championships	Auckland	17 Oct 2010

#### Half Marathon | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	1:09:21		Aaron Pulford	WBP	24 Aug 1991	1	Huntly Half	Huntly	23 May 2010
2	1:10:31		Jonathan Jackson	AKL	09 Jan 1991	3	Huntly Half	Huntly	23 May 2010
3	1:14:11		Josh Maisey	AKL	09 Mar 1993	9	Huntly Half	Huntly	23 May 2010

#### 2000m Steeplechase | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	6:16.24		Michael Banks	AKL	09 Oct 1990	1	Hot Meet 8	Auckland	13 Mar 2010
2	6:18.89		Cameron Mills	CAN	25 Aug 1992	3	Down Under	Gold Coast AUS	04 Jul 2010
3	6:19.43		Samuel Mills	CAN	25 Aug 1992	1	NZSSAA Championships	Hastings	12 Dec 2010
4	6:19.84		James Tie	MWA	21 Nov 1992	1	Central Region Lge R3	Wellington	27 Nov 2010
5	6:20.25		Luke Longdill	AKL	29 Aug 1991	2	Hot Meet 8	Auckland	13 Mar 2010
6	6:25.81		Josh Taylor	TAR	01 Feb 1993	4	NZSSAA Championships	Hastings	12 Dec 2010
7	6:29.18		Liam Walsh	WBP	28 Jul 1993	6	NZSSAA Championships	Hastings	12 Dec 2010
8	6:37.70		Lachlan Mcnie	AKL	09 Sep 1992	7	NZSSAA Championships	Hastings	12 Dec 2010

#### 3000m Steeplechase | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	9:22.67		Daniel Balchin	OTG	13 Aug 1990	1	TT21 Test Match	Waitakere	20 Feb 2010
2	9:29.59		Michael Banks	AKL	09 Oct 1990	2	NZL Championships	Christchurch	27 Mar 2010
3	9:53.39		Luke Longdill	AKL	29 Aug 1991	2	Auckland Championships	Auckland	27 Feb 2010
4	9:57.29		Cameron Mills	CAN	25 Aug 1992	3	NZL Championships	Christchurch	27 Mar 2010
5	10:15.41		Joe Dixon	TAS	28 May 1992	5	NZL Championships	Christchurch	27 Mar 2010

#### 110m Hurdles | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	14.22	0.2	Michael Cochrane	WBP	13 Aug 1991	1	NZL Championships	Christchurch	27 Mar 2010
2	14.57	1.9	Peter Callagher	AKL	28 Nov 1991	1	Open Meeting	Auckland	20 Mar 2010
3	15.02	0.2	Martin Swart	CAN	29 May 1992	3	NZL Championships	Christchurch	27 Mar 2010
4	15.35	0.2	Stephen Isaac	WEL	29 Oct 1992	4	NZL Championships	Christchurch	27 Mar 2010
5	15.93	0.4	Ettiene Du Preez	AKL	17 Sep 1990	2	Auckland Championships	Auckland	27 Feb 2010
6	16.13	-1.3	Hayden Hall	CAN	26 Mar 1993	0	Canterbury CE Champs	Christchurch	19 Dec 2010
7	16.19	-0.9	Simon Small	CAN	16 Apr 1992	2	SI Sec Schools	Dunedin	20 Mar 2010
8	16.21	0.5	John Gilmour	OTG	11 May 1992	1	Weekly Meeting	Dunedin	27 Nov 2010
9	16.41	0.3	Cameron French	WBP	17 May 1992	4	Cooks Classic	Wanganui	26 Jan 2010
10	16.41	0.3	Andrew Wells	WEL	03 May 1993	2	Central Region Lge R3	Wellington	27 Nov 2010
11	16.74	0.3	James Dalzell	MWA	02 May 1992	3	Central Region Lge R3	Wellington	27 Nov 2010

#### 400m Hurdles | Men 19 | 2010

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	52.10		Michael Cochrane	WBP	13 Aug 1991	1	Trevor Craven Memorial	Burnaby CAN	10 Jul 2010
2	53.64		Daniel Dyet	AKL	21 Mar 1991	1	NZL Championships	Christchurch	28 Mar 2010
3	53.87		Cameron French	WBP	17 May 1992	2	NZL Championships	Christchurch	28 Mar 2010
4	54.33		Campbell Wu	AKL	16 Sep 1993	1	Hot Meet 7	Auckland	06 Mar 2010
5	55.48		Phil Simms	WBP	09 Aug 1993	2	Battle of Regions 2	Hamilton	20 Nov 2010
6	56.30		Martin Swart	CAN	29 May 1992	1	Interclub	Christchurch	13 Feb 2010
7	56.64		Stephen Isaac	WEL	29 Oct 1992	6	Capital Classic	Wellington	22 Jan 2010