



Athletics New Zealand Almanac 2011

Compiled by Stephen Hollings and Simon Holroyd.

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Introduction

This is our second venture in producing what we hope will become an annual Almanac that charts the activities of New Zealand athletes both at home and overseas. We learnt much from our initial attempt mid-last year and we hope we have made the necessary changes to this issue to make it a much sought-after edition. Last year we relied on a number of sources and resources for the information, which was gathered together quickly. Unfortunately, many items were in different formats; some had used unconventional abbreviations, whilst the method of recording some data was difficult to interpret. For this edition we have collected most of the data ourselves over the past few months – so we take responsibility for any errors. We've also taken note of the many very positive comments (and one very negative comment!) that has heartened and encouraged us to produce a better edition this year. Once again, before getting immersed in the content, we would advise you to spend a few minutes reading the Notes section which details some of the intricacies of the data.

Stephen Hollings
Simon Holroyd

Editors
February 2012

Acknowledgements

We are indebted to the following colleagues and associates who provided content and their expertise to sections of this almanac:

Murray McKinnon – who, as Convenor of the Records Committee, meticulously maintains the lists of National and All-Comers Records.

Carl Jackson – who supplemented some of the All-time lists with his own data.

Gavin Lovegrove of Imaging4, who undertook the typesetting, layout and coordinated and supervised the printing of the Almanac.

Jamie Schaefer of Homegrown Creative who designed the cover.

Notes

2011 Calendar Year – The material in this Almanac covers the 2011 Calendar year which is from 1st January 2011 until 31st December 2011. The period therefore also covers parts of two New Zealand Domestic Seasons i.e., the end of the 2010 – 2011 Domestic Season and the beginning of the 2011 – 12 Domestic Season. The New Zealand Domestic Season runs from 1st May to 30th April of the year following. **From the 1st January 2012 all future ranking lists will be for the calendar year only.**

Age Groups – In 2011 New Zealand had three age groups, Men/Women16, Men/Women19, Senior Men/Women. The age groups are based on a “cut-off” date of 31st December, BUT, athletes continue in their respective age group until the end of the Domestic Season, which is 30th April following. Therefore, in any one Calendar year if an athlete changes age group they may appear in two age group Ranking Lists. **The age groups changed on 1st January 2012.**

Names – We have used the convention that the athletes name as exactly recorded in the official results or entry list of a meeting is the name of the athlete that we record in our statistics. Some athletes interchange abbreviated names and differently spelt first names across competitions and hence you will see the same athlete referred to either by their full given first name or by their “adopted” or abbreviated first name in different sections of this Almanac. We have endeavoured to be consistent but in many instances the athlete themselves prefer to be known by either name – depending on the circumstances (and their mood!).

Name Change – Some athletes do change their family name due to specific circumstances e.g. marriage. Again we use the same convention as above – the family name they are using in the entry list or results of a competition.

As far as we are aware the only athletes who have different family names in different parts of this Almanac are:

Valerie Adams – Valerie Vili
Tania Murray – Tania Murray-Dixon
Demelza Murrihy – Demelza Murrihy-Topp
Danielle Trevis – Danielle Ingram – Trevis
Lesley Morton – Lesley Ryan
Leonora Joy-Petrina – Leonora Petrina

Affiliation – Again we have used the convention that the athlete’s affiliation as exactly recorded in the official results or entry list of a competition is the one we record in our statistics. An athlete may be representing their club, their Centre, or has been selected to represent New Zealand. Whichever representation is officially recorded at the time of the competition is the one that we use.

Ranking Lists – Age group athletes’ performances (M/W16 and M/W19) will also appear in the Open Men/Women lists if the event specification (implement weight/ hurdle height) of the age group is the same as that of the specification for Senior Men/Women. M/W16 athletes will not appear additionally in the M/W19 lists unless they compete with M/W19 implements/hurdle heights.

Age Records – Eligibility for a New Zealand Age Record is different from eligibility for an Age Group. Age Records are adjudged on the age of the athlete on the day of the performance. Although an athlete may be in a particular age group they may be ineligible for a New Zealand Age Record because they are too old.

Registered Athletes – Only performances achieved by athletes who are registered with Athletics New Zealand appear on Ranking Lists. Many school athletes, Children’s Association athletes, Masters/Veteran athletes are not registered with Athletics New Zealand.

Errors/Omissions – If you do find any errors or notice any omissions in this Almanac please let us know on stats@athletics.org.nz so that they can be addressed.

Corrections and Additions to Almanac 2010

- p.11 Men's Open Mile. The times of Nick Willis (3:54.81) and Adrian Blincoe (3:56.07) should have been marked as Road mile.
- p.64 Should be Cory Innes. Date should be 27 January 2006
- p.66 Men's Open 3000m. Add 7:53.97 Jason Woolhouse, 9 September 1980, 17 February 2007,
- p.67 Men's Open Marathon. Add 2:08:09 Rod Dixon, 13 July 1950, 23 October 1983,
- p.65 Men's Open 800m. Add Gary Philpott date of birth: 11 June 1940.
- p.69 Men's Open Long Jump. Add Bob Thomas date of birth: 20 March 1939.
- p.70 Men's Open Long Jump and Men's Open Triple Jump. Add Grant Birkinshaw date of birth: 17 June 1949
- p.70 Men's Open Long Jump. Should be John Hunt.
- p.70 Should be Robert Hutson. Date of birth 21 November 1962.
- p.71 Men's Open Hammer. Add Ian Winchester date of birth: 27 May 1973.
- p.75, 76 Women's Open 3000m, Women's Open 5000m, Women's Open 10000m. Should be Lesley Morton, not Lesley Ryan.
- p.76 Women's Open 10000m. Add 32:18.53 Anne Hannam, 7 January 1961, 9 December 1989
- p.83 Records set in 2010. Women's Open 1500m (N) time should read 4:05.93 not 4:06.23.
- p.91,92,93 New Zealand Records. W19 National, W18 National, Women17 National, Women 16 National. Javelin implement weight should be (600g) not (800g).
- p.98 IAAF World Cross Country Championships. Should be Olivia Burne.
IAAF World Junior Track & Field Championships. Should be Caroline Mellsop.
- p.99 IOC Youth Olympic Games. Should be Anna-Lisa Uttley. Should be Mohamed Ali.
- p.101 Commonwealth Games. Add: Nick Willis, 3, 1500m, 3:42.38, Final.
- p.152 1987 - Women. Should be Audain.
- p.153 1990 – Men, 1991 – Men. Should be Rodger.
- p.154 1995 – Men. Should be Keddell. 1995 – Women, 1996 – Women. Should be Carroll.
- p.157 2008 – Men. Nick Willis's 1500m time should be 3:33.51 not 3:31.51
- p.164 Grant Birkinshaw has pointed out that the World M19 Record for Dave Norris was 15.86m established on the 7 March 1959 when winning the National Championships (on grass) in Palmerston North. It was also a new British Empire and Commonwealth Open Record, surpassing 15.78m set by John Metcalf (Australia) in 1935.
- p.164 Add: 6.23m Beverly Weigel, at Papakura (grass) on 9 February 1957. On a Saturday afternoon club meeting, Beverly beat the 1949 Junior World Best by 11cm and was only 12cm under the Women's Open World Record. Weigel also set World 16, 17, 18 bests with this performance. Note however that due to the circumstances. this performance was never officially recognised as a record.

Thanks to the following for identifying these corrections: Carl Jackson, Grant Birkinshaw, Tony Potter, Richard Hymans, Tony Hunt, Richard Willis.

Ranking Lists 2011 and Progressions

RANKINGS LISTS 2011 AND PROGRESSIONS

MENS OPEN Track

MENS OPEN 100m

| | | | | | | | | | |
|----|-------|------|--------------------|-----|-------------|-----|-----------------------|-----------------|-------------|
| 1 | 10.41 | 2.0 | David Ambler | CAN | 15 Sep 1989 | 6 | ACC Championships | Durham NC | 23 Apr 2011 |
| 2 | 10.51 | 1.7 | Carl Van Der Speck | AKL | 14 Sep 1977 | 1r1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 3 | 10.66 | 1.3 | Tim Jones | CAN | 04 Dec 1988 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 4 | 10.67 | -0.9 | Kodi Harman | WBP | 30 Apr 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 10.68 | 1.4 | Isaac Tatoa | AKL | 12 Feb 1990 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 6 | 10.74 | 1.3 | Alex Jordan | TAS | 10 Apr 1992 | 2 | New Year Meeting | Timaru | 08 Jan 2011 |
| 7 | 10.75 | 0.1 | Tama Toki | AKL | 11 Feb 1991 | 1 | Open Meeting | North Shore | 11 Jun 2011 |
| 8 | 10.77 | 1.6 | Joseph Millar | WBP | 24 Sep 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 9 | 10.78 | 0.8 | Scott Walker | CAN | 17 Aug 1992 | 2h | AUS Jnr Championships | Sydney AUS | 13 Mar 2011 |
| 10 | 10.82 | 1.8 | Andrew Kennedy | WEL | 08 Jul 1989 | 1 | WEL Championships | Wellington | 05 Feb 2011 |
| 11 | 10.87 | 1.6 | Ryan Howe | WBP | 27 May 1992 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 12 | 10.89 | -0.9 | Andrew Whyte | OTG | 11 Oct 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 10.90 | 1.4 | James Mortimer | AKL | 01 Mar 1983 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 14 | 10.91 | 0.3 | Ben Potter | AKL | 14 Jun 1979 | 1r1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 15 | 10.91 | 1.7 | Craig Bearda | AKL | 17 Jun 1982 | 3r1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 16 | 10.95 | 0.6 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 28 May 2011 |
| 17 | 10.96 | 1.9 | Morgan Foster | CAN | 02 Jan 1976 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 18 | 10.98 | 1.2 | Zac Topping | MWA | 07 Jul 1991 | 5 | Oceania Regional East | Apia SAM | 21 Jun 2011 |
| 19 | 11.03 | 1.6 | Adam Somerville | AKL | 30 Oct 1980 | 3 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 20 | 11.04 | 0.0 | Joshua Hawkins | AKL | 09 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 21 | 11.04 | 1.9 | Matthew Robinson | STH | 19 Jul 1991 | 1 | Winton Graded Scratch | Invercargill | 17 Dec 2011 |
| 22 | 11.06 | 1.9 | Daniel O'Shea | OTG | 11 Feb 1989 | 3rC | National D1 | Albertville FRA | 01 Jul 2011 |
| 23 | 11.07 | 0.1 | Dalton Coppins | AKL | 27 Apr 1995 | 4 | Open Meeting | North Shore | 11 Jun 2011 |
| 24 | 11.08 | 1.2 | Blair Grant | OTG | 16 Jun 1994 | 5h | AUS Jnr Championships | Sydney AUS | 13 Mar 2011 |
| 25 | 11.10 | 1.4 | Michael Cooke | AKL | 23 Oct 1991 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 26 | 11.10 | 1.7 | Jeffrey Thumath | AKL | 03 Mar 1985 | 4r1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 27 | 11.13 | 0.8 | Andy Kruy | MWA | 13 Aug 1991 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 28 | 11.14 | -0.9 | Robert Jopp | OTG | 05 Apr 1995 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 29 | 11.14 | -0.9 | Gavin Stark | STH | 28 Dec 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 30 | 11.14 | 1.9 | Nicholas Corban | WBP | 28 Feb 1984 | 2 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 31 | 11.17 | 1.1 | Nick Ash | CAN | 16 Jan 1986 | 4r1 | Interclub | Christchurch | 19 Feb 2011 |
| 32 | 11.18 | -0.7 | Saravee Sos | WEL | 23 Jan 1991 | 1 | Gold Programme | Wellington | 19 Nov 2011 |
| 33 | 11.20 | 0.1 | Scott Burch | MWA | 03 May 1991 | 2 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 34 | 11.22 | 1.8 | Ryan Roselli | TAS | 03 Feb 1988 | 2 | WEL Championships | Wellington | 05 Feb 2011 |
| 35 | 11.22 | 0.1 | Thomas Symes | MWA | 19 Apr 1994 | 3 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 36 | 11.25 | 0.1 | Shaun McFarlane | MWA | 27 May 1991 | 4 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 37 | 11.25 | 1.9 | Blake Gordon | WBP | 07 May 1996 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 38 | 11.26 | 0.1 | Dafydd Morgan | CAN | 16 Nov 1989 | D | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 39 | 11.27 | -0.5 | David Elliott | CAN | 13 Jul 1994 | 2s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 40 | 11.27 | 1.0 | Michael Jackson | AKL | 17 Oct 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 41 | 11.27 | -0.2 | Dee Jay Kennedy | STH | 29 Sep 1992 | 1 | Weekly Meeting | Dunedin | 20 Mar 2011 |
| 42 | 11.29 | 1.5 | Louis Hill | AKL | 26 Dec 1994 | 1h2 | NI Schools | Hamilton | 02 Apr 2011 |
| 43 | 11.29 | 1.8 | James Panton | OTG | 06 Apr 1978 | 3 | WEL Championships | Wellington | 05 Feb 2011 |
| 44 | 11.30 | 1.3 | Cody Thomas | TAS | 05 Oct 1991 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 45 | 11.31 | -2.0 | Frazer Wickes | AKL | 10 Feb 1992 | 3r2 | Mini Meet | North Shore | 02 Sep 2011 |
| 46 | 11.31 | 1.3 | Tyler Collings | CAN | 26 Nov 1993 | 3 | New Year Meeting | Timaru | 08 Jan 2011 |
| 47 | 11.31 | -2.9 | Clayton Mbofana | AKL | 10 Jan 1989 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 48 | 11.32 | 1.9 | Cameron French | WBP | 17 May 1992 | 2 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 49 | 11.34 | 0.6 | Vaughan Roberts | AKL | 09 Sep 1982 | 3r2 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 50 | 11.35 | 1.4 | Shay Taylor | AKL | 24 Jan 1989 | 6 | Hot Meet 6 | Auckland | 12 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|-------|
| 1st | 10.56 | 10.35 | 10.43 | 10.41 |
| 10th | 10.90 | 10.73 | 10.75 | 10.82 |
| 20th | 11.10 | 10.92 | 10.90 | 11.04 |

MENS OPEN 200m

| | | | | | | | | | |
|---|-------|------|--------------------|-----|-------------|-----|---------------------------|--------------|-------------|
| 1 | 21.23 | 0.1 | Joshua Hawkins | AKL | 09 Feb 1994 | 1 | Mini Meet | North Shore | 18 Jun 2011 |
| 2 | 21.37 | 1.9 | Alex Jordan | TAS | 10 Apr 1992 | 1 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 3 | 21.39 | -0.4 | Kodi Harman | WBP | 30 Apr 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 21.55 | 0.7 | Tama Toki | AKL | 11 Feb 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 5 | 21.60 | 1.3 | Tim Jones | CAN | 04 Dec 1988 | 1r1 | Interclub | Christchurch | 19 Feb 2011 |
| 6 | 21.61 | 1.9 | Carl Van Der Speck | AKL | 14 Sep 1977 | 1r1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|-----|-----------------------|------------------|-------------|
| 7 | 21.73 | 0.7 | Ben Potter | AKL | 14 Jun 1979 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 8 | 21.80 | 1.9 | Joseph Millar | WBP | 24 Sep 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 9 | 21.82 | 1.9 | Adam Somerville | AKL | 30 Oct 1980 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 10 | 21.84 | -0.7 | Frazer Wickes | AKL | 10 Feb 1992 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 11 | 21.89 | 0.2 | Dalton Coppins | AKL | 27 Apr 1995 | 4 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 12 | 21.91 | 0.1 | Daniel O'Shea | OTG | 11 Feb 1989 | 3 | Mini Meet | North Shore | 18 Jun 2011 |
| 13 | 21.94 | 1.3 | Andrew Whyte | OTG | 11 Oct 1993 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 14 | 22.00 | 1.0 | Isaac Tatoo | AKL | 12 Feb 1990 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 15 | 22.11 | 1.9 | Craig Bearda | AKL | 17 Jun 1982 | 2r1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 16 | 22.11 | 1.3 | Nick Ash | CAN | 16 Jan 1986 | 2r1 | Interclub | Christchurch | 19 Feb 2011 |
| 17 | 22.13 | 1.8 | Daniel Dyet | AKL | 21 Mar 1991 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 18 | 22.13 | -0.6 | Dee Jay Kennedy | STH | 29 Sep 1992 | 1h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 19 | 22.17 | -1.4 | Andrew Moore | OTG | 11 Mar 1984 | 3h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 20 | 22.21 | 0.3 | Thomas Symes | MWA | 19 Apr 1994 | 1 | Club Meeting | Wanganui | 01 Nov 2011 |
| 21 | 22.24 | 0.8 | Blake Gordon | WBP | 07 May 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 22 | 22.25 | -1.0 | Matthew Robinson | STH | 19 Jul 1991 | 2h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 23 | 22.29 | 1.1 | Andy Kruij | MWA | 13 Aug 1991 | 1 | Club Meeting | Palmerston North | 01 Nov 2011 |
| 24 | 22.31 | -1.7 | Scott Burch | MWA | 03 May 1991 | 1 | Club Meeting | Palmerston North | 22 Nov 2011 |
| 25 | 22.32 | -1.4 | Clayton Mbafana | AKL | 10 Jan 1989 | 4h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 26 | 22.33 | 0.1 | Saravee Sos | WEL | 23 Jan 1991 | 3 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 27 | 22.33 | 0.1 | Zac Topping | MWA | 07 Jul 1991 | 2 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 28 | 22.34 | -1.0 | Cameron French | WBP | 17 May 1992 | 3h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 29 | 22.42 | 1.9 | Ryan Howe | WBP | 27 May 1992 | 3 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 30 | 22.45 | 1.3 | Scott Walker | CAN | 17 Aug 1992 | 3r1 | Interclub | Christchurch | 19 Feb 2011 |
| 31 | 22.46 | 0.6 | Michael Jackson | AKL | 17 Oct 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 32 | 22.49 | 0.6 | Michael Cooke | AKL | 23 Oct 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 33 | 22.50 | 1.0 | Shay Taylor | AKL | 24 Jan 1989 | 3 | Open Meeting | Auckland | 19 Mar 2011 |
| 34 | 22.55 | 2.0 | Morgan Foster | CAN | 02 Jan 1976 | 2 | Open Meeting | Tauranga | 04 Jan 2011 |
| 35 | 22.56 | -0.4 | Robert Jopp | OTG | 05 Apr 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 36 | 22.62 | 0.3 | Andrew Kennedy | WEL | 08 Jul 1989 | 1h2 | Mem Rasschaert | Ninove BEL | 06 Aug 2011 |
| 37 | 22.63 | 0.5 | Liam Mitchell | AKL | 08 Feb 1991 | 1r3 | Capital Classic | Wellington | 28 Jan 2011 |
| 38 | 22.64 | 0.1 | Shaun McFarlane | MWA | 27 May 1991 | 4 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 39 | 22.74 | 1.6 | Shannon Joseph | CAN | 07 Dec 1992 | 1r2 | Interclub | Christchurch | 19 Feb 2011 |
| 40 | 22.75 | 0.3 | David Elliott | CAN | 13 Jul 1994 | 1q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 41 | 22.78 | -1.5 | William Lentjes | CAN | 02 Nov 1991 | 3h3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 42 | 22.84 | -1.9 | Tyler Collings | CAN | 26 Nov 1993 | 2 | Interclub | Christchurch | 15 Jan 2011 |
| 43 | 22.85 | 1.9 | Luke Reynolds | AKL | 04 Sep 1986 | 4r1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 44 | 22.86 | -1.9 | Louis Hill | AKL | 26 Dec 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 45 | 22.86 | 0.0 | Michael Goldie | WBP | 07 Mar 1994 | 3 | Open Meeting | Tauranga | 13 Feb 2011 |
| 46 | 22.89 | 1.3 | James Pantom | OTG | 06 Apr 1978 | 4r1 | Interclub | Christchurch | 19 Feb 2011 |
| 47 | 22.90 | -0.3 | Tom Smith | HBG | 05 May 1996 | 4h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 48 | 22.94 | -0.3 | Blair Grant | OTG | 16 Jun 1994 | 5h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 49 | 22.95 | 2.0 | Phil Simms | WBP | 09 Aug 1993 | 5 | Open Meeting | Tauranga | 04 Jan 2011 |
| 50 | 22.96 | -0.7 | Brent Newdick | AKL | 31 Jan 1985 | 4 | Hot Meet 3 | Auckland | 15 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|-------|
| 1st | 20.98 | 21.03 | 20.83 | 21.23 |
| 10th | 21.86 | 21.67 | 21.66 | 21.84 |
| 20th | 22.44 | 22.03 | 22.10 | 22.21 |

MENS OPEN 400m

| | | | | | | | | |
|----|-------|------------------|-----|-------------|-----|------------------------|---------------|-------------|
| 1 | 46.40 | Alex Jordan | TAS | 10 Apr 1992 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 46.88 | Andrew Moore | OTG | 11 Mar 1984 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 46.91 | Andrew Whyte | OTG | 11 Oct 1993 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 47.44 | Tama Toki | AKL | 11 Feb 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 47.47 | Frazer Wickes | AKL | 10 Feb 1992 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 6 | 47.78 | Matthew Robinson | STH | 19 Jul 1991 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 48.09 | Thomas Symes | MWA | 19 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 48.12 | James Mortimer | AKL | 01 Mar 1983 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 9 | 48.31 | Tyler Collings | CAN | 26 Nov 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 10 | 48.42 | Daniel O'Shea | OTG | 11 Feb 1989 | 2 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 11 | 48.51 | Shay Taylor | AKL | 24 Jan 1989 | 3 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 12 | 48.52 | Scott Burch | MWA | 03 May 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 13 | 48.58 | Ben Potter | AKL | 14 Jun 1979 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 14 | 48.89 | Joseph Millar | WBP | 24 Sep 1992 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 15 | 48.95 | Glen Ballam | STH | 21 Jun 1991 | 2 | OTG Championships | Dunedin | 20 Feb 2011 |
| 16 | 49.02 | Nick Ash | CAN | 16 Jan 1986 | 2h4 | Victoria Championships | Melbourne AUS | 04 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|-------|-------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 17 | 49.03 | Daniel Dyet | AKL | 21 Mar 1991 | 3 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 18 | 49.46 | Cameron French | WBP | 17 May 1992 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 19 | 49.48 | Phil Simms | WBP | 09 Aug 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 20 | 49.61 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 28 May 2011 |
| 21 | 49.72 | Cory Innes | OTG | 15 Jul 1985 | 5r3 | Arcobaleno | Celle Ligure ITA | 05 Jul 2011 |
| 22 | 49.83 | Dalton Coppins | AKL | 27 Apr 1995 | 4 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 23 | 49.98 | Tim Hawkes | WEL | 17 Jan 1983 | 3r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 24 | 50.11 | Jonty Rae | WBP | 08 May 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 25 | 50.16 | Bennet Rogers | WBP | 20 Sep 1995 | 2s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 26 | 50.16 | Scott McLaren | AKL | 27 Feb 1982 | D | TNT Fortuna | Kladno CZE | 15 Jun 2011 |
| 27 | 50.20 | Joshua Edwards | MWA | 23 Jun 1992 | 2 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 28 | 50.34 | Thomas Martin | CAN | 23 Mar 1995 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 29 | 50.38 | Campbell Wu | AKL | 16 Sep 1993 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 30 | 50.39 | Cody Thomas | TAS | 05 Oct 1991 | D | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 31 | 50.43 | Cameron Ward | AKL | 02 Jun 1992 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 32 | 50.45 | Stephen Isaac | WEL | 29 Oct 1992 | 1 | Black Programme | Wellington | 15 Jan 2011 |
| 33 | 50.59 | Liam Mitchell | AKL | 08 Feb 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 34 | 50.62 | Alistair Adams | TAS | 06 Mar 1993 | 3 | SI Schools | Timaru | 02 Apr 2011 |
| 35 | 50.63 | Glen Matuschka | MWA | 29 Mar 1992 | 3h1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 36 | 50.67 | Dafydd Morgan | CAN | 16 Nov 1989 | D | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 37 | 50.70 | Ben Jowsey | OTG | 27 Jul 1993 | 4 | OTG Championships | Dunedin | 20 Feb 2011 |
| 38 | 50.74 | William Mohammed | CAN | 19 Jul 1993 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 39 | 50.79 | Michael Whitehead | AKL | 26 Mar 1990 | 5 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 40 | 50.80 | Jack Hurley | MWA | 20 Oct 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 41 | 50.89 | Fletcher Greaves | WEL | 25 Jul 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 42 | 50.96 | William Smart | MWA | 12 May 1995 | 2 | Club Meeting | Wanganui | 15 Nov 2011 |
| 43 | 51.03 | Scott Hillier | WBP | 25 Jul 1994 | 5 | Open Meeting | Tauranga | 03 Dec 2011 |
| 44 | 51.04 | Julian Oakley | WBP | 23 Jun 1993 | 1 | Club Meeting | Tauranga | 29 Nov 2011 |
| 45 | 51.10 | Richard Fernando | CAN | 25 Apr 1991 | 4r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 46 | 51.26 | Steven Langdon | AKL | 26 Sep 1989 | 4 | Auckland Championships | Auckland | 26 Feb 2011 |
| 47 | 51.28 | Billy Kerr | HGB | 08 Aug 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 48 | 51.29 | Brad Mathas | MWA | 24 Jun 1993 | 1 | Club Meeting | Wanganui | 18 Oct 2011 |
| 49 | 51.47 | Matthew Connolly | WBP | 02 May 1995 | 3q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 50 | 51.61 | William Simpson | WEL | 23 Jan 1992 | 3r2 | Sylvia Potts Classic | Hastings | 22 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|--------------|-------|--------------|--------------|
| 1st | 46.32 | 46.95 | 47.00 | 46.40 |
| 10th | 48.97 | 48.49 | 48.59 | 48.42 |
| 20th | 50.32 | 49.57 | 49.25 | 49.61 |

MENS OPEN 800m

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|-----|----------------------|--------------------|-------------|
| 1 | 1:46.89 | Nick Willis | WEL | 25 Apr 1983 | 6 | Aviva GP | Birmingham GBR | 10 Jul 2011 |
| 2 | 1:50.15 | Glen Ballam | STH | 21 Jun 1991 | 8 | BNE Track Classic | Brisbane AUS | 11 Feb 2011 |
| 3 | 1:50.24 | Brad Mathas | MWA | 24 Jun 1993 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 1:50.24 | Julian Oakley | WBP | 23 Jun 1993 | 1 | Club Meeting | Tauranga | 15 Nov 2011 |
| 5 | 1:50.52 | Hayden McLaren | CAN | 11 Aug 1987 | 1r2 | Interclub | Christchurch | 12 Feb 2011 |
| 6 | 1:50.66 | Hamish Carson | WEL | 01 Nov 1988 | 2rB | Savo Games | Lapinlahti FIN | 24 Jul 2011 |
| 7 | 1:50.84 | Aunese Curreen | AKL | 23 Dec 1981 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 8 | 1:50.88 | Tim Hawkes | WEL | 17 Jan 1983 | 2 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 9 | 1:51.73 | Michael Whitehead | AKL | 26 Mar 1990 | 2 | Bays Distance Series | North Shore | 08 Mar 2011 |
| 10 | 1:51.83 | Paul Hamblin | AKL | 27 Aug 1980 | 3 | Bays Distance Series | North Shore | 08 Mar 2011 |
| 11 | 1:51.90 | Michael Christmas | OTG | 06 Aug 1987 | 9 | Colonial Relays | Williamsburg VA | 31 Mar 2011 |
| 12 | 1:52.08 | Josh Komen | CAN | 10 Jun 1987 | 2r1 | Capital Classic | Wellington | 28 Jan 2011 |
| 13 | 1:52.18 | Simon Rogers | WEL | 01 Oct 1989 | 8 | Meyo Inv | South Bend IN | 05 Feb 2011 |
| 14 | 1:52.35 | Malcolm Hicks | AKL | 19 Oct 1987 | 2r2 | Interclub | Christchurch | 12 Feb 2011 |
| 15 | 1:52.44 | Joshua Tattley | AKL | 06 May 1991 | 4 | Bays Distance Series | North Shore | 08 Mar 2011 |
| 16 | 1:52.49 | Carl McKenzie | WEL | 11 Apr 1987 | 2r3 | Mason Spring Inv | Fairfax VA | 09 Apr 2011 |
| 17 | 1:53.40 | Matthew Harris | CAN | 28 Nov 1987 | 3 | Gold Programme | Wellington | 12 Mar 2011 |
| 18 | 1:53.63 | Kieron McDonald | WEL | 28 Jun 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 19 | 1:53.75 | Zaan Janse | WEL | 28 Jun 1989 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 20 | 1:53.81 | Matthew Lambert | OTG | 21 Jun 1987 | 5 | Cal-Poly SLO Inv | San Luis Obispo CA | 02 Apr 2011 |
| 21 | 1:53.90 | Seton Hill | AKL | 28 Jul 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 22 | 1:54.08 | Charles Scannell | WEL | 23 Mar 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 23 | 1:54.14 | James List | OTG | 20 Jul 1984 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 24 | 1:54.41 | Daniel Balchin | OTG | 13 Aug 1990 | 1 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 25 | 1:54.56 | Jack McDonald | CAN | 22 Apr 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 26 | 1:54.61 | Ben Jowsey | OTG | 27 Jul 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 27 | 1:54.62 | James Watt | AKL | 18 Jan 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 28 | 1:54.90 | Dallas Bowden | TAS | 20 Mar 1990 | 5 | Silverstone Inv | Ann Arbor MI | 19 Feb 2011 |
| 29 | 1:54.95 | Reid Hunter | AKL | 25 Oct 1990 | 5 | Bays Distance Series | North Shore | 08 Mar 2011 |
| 30 | 1:55.14 | Alexander Wallace | WEL | 25 Mar 1990 | 1 | George Davis Inv | Lowell MA | 09 Apr 2011 |
| 31 | 1:55.22 | Matthew Russ | TAS | 03 Aug 1990 | 8 | Bobby Lane Inv | Arlington TX | 01 Apr 2011 |
| 32 | 1:55.24 | Evan Cooper | WEL | 03 Sep 1990 | 4 | Gold Programme | Wellington | 12 Mar 2011 |
| 33 | 1:55.31 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 34 | 1:55.32 | Callan Moody | OTG | 25 Mar 1988 | 2 | OTG Championships | Dunedin | 20 Feb 2011 |
| 35 | 1:55.32 | Aniel Smith | AKL | 02 Apr 1986 | 4 | Auckland Championships | Auckland | 27 Feb 2011 |
| 36 | 1:55.55 | Alex Parlane | AKL | 31 Mar 1990 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 37 | 1:55.65 | Scott Hilliar | WBP | 25 Jul 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 38 | 1:55.67 | Brett Tingay | CAN | 04 Aug 1980 | 3r2 | Interclub | Christchurch | 12 Feb 2011 |
| 39 | 1:56.19 | Adam Steinmetz | WEL | 25 Feb 1981 | 5 | Gold Programme | Wellington | 12 Mar 2011 |
| 40 | 1:56.24 | James Hand | AKL | 06 Jul 1990 | 3 | Open Meeting | Auckland | 19 Mar 2011 |
| 41 | 1:56.24 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 3 | Open Meeting | Auckland | 19 Mar 2011 |
| 42 | 1:56.25 | Hayden Donnelly | MWA | 17 Apr 1990 | 3r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 43 | 1:56.28 | Ben Anderson | OTG | 12 Oct 1991 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 44 | 1:56.29 | Julian Baker | WEL | 27 Aug 1992 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 45 | 1:56.39 | Scott Kinnear | WEL | 26 May 1989 | 6 | Gold Programme | Wellington | 12 Mar 2011 |
| 46 | 1:56.41 | Finn Roy | WEL | 01 Dec 1993 | 2 | Gold Programme | Wellington | 12 Mar 2011 |
| 47 | 1:56.76 | Steven Langdon | AKL | 26 Sep 1989 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 48 | 1:56.89 | Mathew Morreau | AKL | 04 Feb 1992 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 49 | 1:56.95 | Brendon Blacklaws | WEL | 04 Jun 1989 | 7 | Silverstone Inv | Ann Arbor MI | 19 Feb 2011 |
| 50 | 1:57.10 | Liam Cowley | AKL | 26 Jul 1994 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|----------------|---------|----------------|----------------|
| 1st | 1:45.87 | 1:49.21 | 1:46.89 | 1:46.89 |
| 10th | 1:54.00 | 1:52.17 | 1:52.27 | 1:51.83 |
| 20th | 1:57.23 | 1:54.01 | 1:53.68 | 1:53.81 |

MENS OPEN 1000m

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|-----|----------------------|-----------------|-------------|
| 1 | 2:25.17 | Simon Rogers | WEL | 01 Oct 1989 | 3 | Meyo Inv | South Bend IN | 05 Feb 2011 |
| 2 | 2:25.59 | Carl McKenzie | WEL | 11 Apr 1987 | 1r1 | Sat Night at Armory | New York NY | 29 Jan 2011 |
| 3 | 2:26.76 | Alexander Wallace | WEL | 25 Mar 1990 | h | Big East | Akron OH | 19 Feb 2011 |
| 4 | 2:31.39 | Michael Christmas | OTG | 06 Aug 1987 | 2r1 | Terrapin Inv | College Park MD | 22 Jan 2011 |
| 5 | 2:34.99 | Craig Lautenslager | TAS | 30 Mar 1993 | 1 | Open Meeting | Nelson | 28 Oct 2011 |
| 6 | 2:36.71 | Mike Lowe | TAS | 28 Nov 1995 | 2 | Open Meeting | Nelson | 28 Oct 2011 |
| 7 | 2:37.13 | Cameron Murdoch | WEL | 07 Jul 1994 | 3 | Open Meeting | Nelson | 28 Oct 2011 |
| 8 | 2:40.30 | Theunis Pieters | WBP | 07 Apr 1995 | 1 | Open Meeting | Hamilton | 29 Oct 2011 |
| 9 | 2:44.56 | Luke Davison | WBP | 05 May 1994 | 0 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 10 | 2:45.90 | Jacob Priddey | WBP | 28 Nov 1996 | 2 | Open Meeting | Hamilton | 29 Oct 2011 |

MENS OPEN 1500m

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|-----|-------------------------|-----------------|-------------|
| 1 | 3:31.79 | Nick Willis | WEL | 25 Apr 1983 | 4 | Herculis | Monaco MON | 22 Jul 2011 |
| 2 | 3:38.48 | Adrian Blincoe | AKL | 04 Nov 1979 | 6 | Mem Kusocinski | Szczecin POL | 25 Jun 2011 |
| 3 | 3:40.15 | Hayden McLaren | CAN | 11 Aug 1987 | 4 | Sydney Track Classic | Sydney AUS | 19 Mar 2011 |
| 4 | 3:40.52 | Hamish Carson | WEL | 01 Nov 1988 | 6 | Sydney Track Classic | Sydney AUS | 19 Mar 2011 |
| 5 | 3:41.74 | Julian Matthews | ANZ | 21 Jul 1988 | 9 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 6 | 3:41.77 | Zane Robertson | WBP | 14 Nov 1989 | 10 | Odlozil Memorial | Prague CZE | 13 Jun 2011 |
| 7 | 3:42.84 | Malcolm Hicks | AKL | 19 Oct 1987 | 13 | Melbourne Track Classic | Melbourne AUS | 03 Mar 2011 |
| 8 | 3:44.31 | Brendon Blacklaws | WEL | 04 Jun 1989 | 3 | American Milers Club | Indianapolis IN | 21 May 2011 |
| 9 | 3:47.98 | Carl McKenzie | WEL | 11 Apr 1987 | 6r1 | Larry Ellis Inv | Princeton NJ | 22 Apr 2011 |
| 10 | 3:48.01 | Alexander Wallace | WEL | 25 Mar 1990 | 6 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 11 | 3:48.09 | Brett Tingay | CAN | 04 Aug 1980 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 12 | 3:48.17 | Matthew Lambert | OTG | 21 Jun 1987 | 2 | Pomona-Pitzer | Claremont CA | 09 Apr 2011 |
| 13 | 3:49.32 | Terefe Ejigu | WEL | 14 Oct 1988 | 2 | Tom Jones Classic | Gainesville FL | 16 Apr 2011 |
| 14 | 3:49.56 | Aaron Pulford | WBP | 24 Aug 1991 | 1r1 | Guldensporen | Kortrijk BEL | 09 Jul 2011 |
| 15 | 3:50.06 | Dallas Bowden | TAS | 20 Mar 1990 | 11 | American Milers Club | Indianapolis IN | 21 May 2011 |
| 16 | 3:51.17 | Jake Robertson | WBP | 14 Nov 1989 | 4 | Athletic Bridge | Dubnica SVK | 15 Sep 2011 |
| 17 | 3:51.25 | Luke Hurring | OTG | 16 Sep 1984 | 3 | Interclub | Christchurch | 15 Jan 2011 |
| 18 | 3:51.70 | Daniel Balchin | OTG | 13 Aug 1990 | 1 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 19 | 3:52.83 | Julian Oakley | WBP | 23 Jun 1993 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 20 | 3:53.12 | Matthew Harris | CAN | 28 Nov 1987 | 3h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 21 | 3:53.28 | Jonathan Jackson | AKL | 09 Jan 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 22 | 3:53.34 | Evan Cooper | WEL | 03 Sep 1990 | 5h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 23 | 3:53.37 | Michael Christmas | OTG | 06 Aug 1987 | 5r7 | Bison Outdoor Classic | Lewisburg WV | 15 Apr 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|------------------------|-----------------|-------------|
| 24 | 3:54.01 | Alex Parlane | AKL | 31 Mar 1990 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 25 | 3:54.65 | Reid Hunter | AKL | 25 Oct 1990 | 6h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 26 | 3:54.91 | Jesse Patel | WEL | 13 Aug 1990 | 6 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 27 | 3:54.93 | Stephen Lett | AKL | 09 Feb 1984 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 28 | 3:54.93 | Kieron McDonald | WEL | 28 Jun 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 29 | 3:55.13 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 30 | 3:55.17 | Joshua Tatley | AKL | 06 May 1991 | 2 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 31 | 3:55.33 | Matthew Russ | TAS | 03 Aug 1990 | 4 | Mean Green Twilight | Denton TX | 29 Apr 2011 |
| 32 | 3:55.34 | James List | OTG | 20 Jul 1984 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 33 | 3:55.52 | Matt Baxter | TAR | 06 Aug 1994 | 1 | NPBHS Championships | Inglewood | 10 Mar 2011 |
| 34 | 3:55.64 | John Schreuder | AKL | 10 May 1992 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 35 | 3:55.78 | Paul Hamblyn | AKL | 27 Aug 1980 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |
| 36 | 3:56.29 | Aniel Smith | AKL | 02 Apr 1986 | 5h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 37 | 3:56.31 | Cameron Graves | AKL | 01 Feb 1992 | 8 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 38 | 3:56.47 | Ben Ruthe | WBP | 17 Feb 1980 | 9 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 39 | 3:56.62 | Callan Moody | OTG | 25 Mar 1988 | 2 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 40 | 3:57.13 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 11 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 41 | 3:57.55 | James Hand | AKL | 06 Jul 1990 | 5 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 42 | 3:58.29 | Simon Rogers | WEL | 01 Oct 1989 | 14 | Stan Lyons Inv | Indianapolis IN | 29 Apr 2011 |
| 43 | 3:58.38 | Aunese Curreen | AKL | 23 Dec 1981 | 2 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 44 | 3:58.60 | Andrew Haigh | AKL | 01 Sep 1986 | 6 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 45 | 3:58.83 | Patrick Strong | TAS | 25 Dec 1987 | 5 | Mean Green Twilight | Denton TX | 29 Apr 2011 |
| 46 | 3:59.06 | Craig Lautenslager | TAS | 30 Mar 1993 | 1rA | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 47 | 3:59.12 | Mathew Morreau | AKL | 04 Feb 1992 | 7 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 48 | 3:59.30 | Declan Wilson | AKL | 14 Dec 1993 | 2 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 49 | 3:59.32 | Tom Stringer | TAS | 16 Sep 1993 | 2rA | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 50 | 4:00.22 | Brett Clifford | CAN | 28 Jul 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|---------|----------------|----------------|
| 1st | 3:33.51 | 3:42.25 | 3:35.17 | 3:31.79 |
| 10th | 3:53.25 | 3:47.44 | 3:46.11 | 3:48.01 |
| 20th | 4:02.77 | 3:52.50 | 3:51.37 | 3:53.12 |

MENS OPEN Mile

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|------|--------------------------|--------------------|-------------|
| 1 | 3:51.95 | Nick Willis | WEL | 25 Apr 1983 | 10 | Prefontaine Classic | Eugene OR | 04 Jun 2011 |
| 2 | 3:55.47 | Adrian Blincoe | AKL | 04 Nov 1979 | 4 | Falmouth Mile | Falmouth MA | 13 Aug 2011 |
| 3 | 3:58.57 | Julian Matthews | ANZ | 21 Jul 1988 | 4 | Valentine Inv | Boston MA | 12 Feb 2011 |
| 4 | 4:00.30 | Dominic Channon | TAS | 28 Jul 1989 | 1r1 | Columbia Last Chance | New York NY | 05 Mar 2011 |
| 5 | 4:01.55 | Julian Mathews | TAS | 21 Jul 1988 | 7h2 | NCAA | College Station TX | 11 Mar 2011 |
| 6 | 4:04.71 | Terefe Ejigu | WEL | 14 Oct 1988 | 2 | Wisconsin Elite Inv | Madison WI | 29 Jan 2011 |
| 7 | 4:05.88 | Mathew Mildenhall | AKL | 03 Oct 1988 | 3r1 | Sat Night at Armory | New York NY | 29 Jan 2011 |
| 8 | 4:07.14 | Simon Rogers | WEL | 01 Oct 1989 | 6 | Rod McCrary Mem | Lexington KY | 29 Jan 2011 |
| 9 | 4:10.00 | Hamish Carson | WEL | 01 Nov 1988 | 4 | Track Meet 4 Christchurc | Wellington | 26 Feb 2011 |
| 10 | 4:10.00 | Alexander Wallace | WEL | 25 Mar 1990 | 9r1 | BU Terrier Inv | Boston MA | 29 Jan 2011 |
| 11 | 4:10.20 | Matthew Lambert | OTG | 21 Jun 1987 | 5 | Track Meet 4 Christchurc | Wellington | 26 Feb 2011 |
| 12 | 4:11.43 | Alex Parlane | AKL | 31 Mar 1990 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 13 | 4:11.82 | Dallas Bowden | TAS | 20 Mar 1990 | 12r1 | GVSU | Allendale SC | 11 Feb 2011 |
| 14 | 4:11.98 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 15 | 4:12.58 | Eric Speakman | HGB | 29 Aug 1990 | 1 | Yale Open | New Haven CT | 04 Dec 2011 |
| 16 | 4:12.60 | Tim Cornish | WEL | 10 Feb 1990 | 6 | Frank Sevigne Inv | Lincoln NE | 04 Feb 2011 |
| 17 | 4:13.39 | Julian Oakley | WBP | 23 Jun 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 18 | 4:14.63 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 19 | 4:15.36 | Jesse Patel | WEL | 13 Aug 1990 | 2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 20 | 4:15.54 | Jonathan Jackson | AKL | 09 Jan 1991 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 21 | 4:16.37 | Matthew Russ | TAS | 03 Aug 1990 | 4 | Texas A&M Challenge | College Station TX | 15 Jan 2011 |
| 22 | 4:16.63 | Luke Hurring | OTG | 16 Sep 1984 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 23 | 4:17.18 | John Schreuder | AKL | 10 May 1992 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 24 | 4:17.41 | Cary Chaffee | WEL | 26 Apr 1984 | 3 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 25 | 4:17.65 | Andrew Haigh | AKL | 01 Sep 1986 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 26 | 4:18.11 | Declan Wilson | AKL | 14 Dec 1993 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 27 | 4:19.05 | Scott Hilliar | WBP | 25 Jul 1994 | 5 | John Walker N o M | Auckland | 17 Dec 2011 |
| 28 | 4:19.99 | Michael Christmas | OTG | 06 Aug 1987 | 5r3 | Sat Night at Armory | New York NY | 15 Jan 2011 |
| 29 | 4:20.14 | Michael Whitehead | AKL | 26 Mar 1990 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 30 | 4:22.13 | Daniel Jones | WBP | 26 Sep 1990 | 11 | Hoosier Hills | Bloomington IN | 11 Feb 2011 |
| 31 | 4:23.32 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 7 | John Walker N o M | Auckland | 17 Dec 2011 |
| 32 | 4:23.47 | Brent Henley | AKL | 08 Sep 1989 | 5 | John Walker N o M | Auckland | 17 Dec 2011 |
| 33 | 4:24.76 | Nathan Baxter | OTG | 21 Apr 1987 | 2 | New Year Meeting | Timaru | 08 Jan 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|---|-------------------|------------------|-------------|
| 34 | 4:25.01 | Yared Kebede | WEL | 12 Apr 1993 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 35 | 4:25.12 | Craig Lautenslager | TAS | 30 Mar 1993 | 8 | John Walker N o M | Auckland | 17 Dec 2011 |
| 36 | 4:25.16 | Corey Casey | WEL | 18 Jan 1991 | 4 | Scottish N o M | Wellington | 17 Dec 2011 |
| 37 | 4:27.87 | Andrew Davidson | CAN | 15 Mar 1983 | 3 | New Year Meeting | Timaru | 08 Jan 2011 |
| 38 | 4:27.99 | Reuben Shepherd | AKL | 05 Nov 1996 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 39 | 4:28.17 | Finn Wilson | AKL | 21 Aug 1995 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 40 | 4:28.79 | Angus Taylor | CAN | 17 Sep 1989 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 41 | 4:28.90 | Scott Kinnear | WEL | 26 May 1989 | 4 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 42 | 4:29.02 | Theunis Pieters | WBP | 07 Apr 1995 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 43 | 4:29.08 | Jacob Priddey | WBP | 28 Nov 1996 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 44 | 4:30.16 | Ryan McAlister | WEL | 25 Sep 1993 | 2 | Scottish N o M | Wellington | 17 Dec 2011 |
| 45 | 4:32.31 | Alistair McDermott | AKL | 26 Dec 1994 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 46 | 4:32.43 | James List | OTG | 20 Jul 1984 | 5 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 47 | 4:32.63 | Andrew Davenport | MWA | 18 Mar 1967 | 6 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 48 | 4:34.07 | Chaz Hall | TAR | 18 May 1993 | 9 | John Walker N o M | Auckland | 17 Dec 2011 |
| 49 | 4:34.22 | William Harris | AKL | 04 Jan 1991 | 6 | John Walker N o M | Auckland | 17 Dec 2011 |
| 50 | 4:34.24 | Marcus Karamanolis | WEL | 03 Oct 1996 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|----------------|----------------|----------------|---------|
| 1st | 3:50.66 | 3:53.54 | 3:54.81 | 3:51.95 |
| 10th | 4:19.09 | 4:08.34 | 4:08.50 | 4:10.00 |
| 20th | 4:25.35 | 4:20.02 | 4:13.85 | 4:15.54 |

MENS OPEN 3000m

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|-----|------------------------|--------------------|-------------|
| 1 | 7:49.24 | Hamish Carson | WEL | 01 Nov 1988 | 1 | LAZ | Rhede GER | 08 Jul 2011 |
| 2 | 7:51.64 | Adrian Blincoe | AKL | 04 Nov 1979 | 3 | Pro Athle Tour | Sotteville FRA | 02 Jul 2011 |
| 3 | 7:57.40 | Mathew Mildenhall | AKL | 03 Oct 1988 | 1r5 | Husky Classic | Seattle WA | 12 Feb 2011 |
| 4 | 8:03.57 | Hugo Beamish | CAN | 18 Jan 1989 | 2 | Sat Night at Armory | New York NY | 29 Jan 2011 |
| 5 | 8:08.08 | Dominic Channon | TAS | 28 Jul 1989 | 3r1 | Valentine Inv | Boston MA | 12 Feb 2011 |
| 6 | 8:08.46 | Aaron Pulford | WBP | 24 Aug 1991 | 5 | Cork City Sports | Cork IRL | 02 Jul 2011 |
| 7 | 8:08.52 | Terefe Ejigu | WEL | 14 Oct 1988 | 1 | Meyo Inv | South Bend IN | 05 Feb 2011 |
| 8 | 8:09.86 | Hayden McLaren | CAN | 11 Aug 1987 | 2 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 9 | 8:11.51 | Malcolm Hicks | AKL | 19 Oct 1987 | 15 | Mem Leon Buyle | Oordegen BEL | 02 Jul 2011 |
| 10 | 8:14.76 | Daniel Wallis | WEL | 11 Nov 1987 | 4 | Oregon Twilight | Eugene OR | 06 May 2011 |
| 11 | 8:16.91 | Stephen Lett | AKL | 09 Feb 1984 | 1 | Bays Distance Series | North Shore | 15 Mar 2011 |
| 12 | 8:17.24 | Jonathan Jackson | AKL | 09 Jan 1991 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 13 | 8:20.88 | John Schreuder | AKL | 10 May 1992 | 4 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 14 | 8:21.95 | Cameron Graves | AKL | 01 Feb 1992 | 2 | Bays Distance Series | North Shore | 15 Mar 2011 |
| 15 | 8:22.51 | Eric Speakman | HGB | 29 Aug 1990 | 1 | Harvard Open | Cambridge MA | 10 Dec 2011 |
| 16 | 8:23.77 | Alex Parlano | AKL | 31 Mar 1990 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 17 | 8:24.19 | Declan Wilson | AKL | 14 Dec 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 18 | 8:24.35 | Stefan Smith | WEL | 21 Nov 1981 | 1 | Gold Programme | Wellington | 19 Nov 2011 |
| 19 | 8:25.26 | Daniel Balchin | OTG | 13 Aug 1990 | 1 | Otago 3000m Chmp | Dunedin | 05 Feb 2011 |
| 20 | 8:26.26 | Callan Moody | OTG | 25 Mar 1988 | 2 | Otago 3000m Chmp | Dunedin | 05 Feb 2011 |
| 21 | 8:30.49 | Alexander Wallace | WEL | 25 Mar 1990 | 2 | GBTC Invitational | Cambridge MA | 23 Jan 2011 |
| 22 | 8:30.68 | Matt Baxter | TAR | 06 Aug 1994 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 23 | 8:33.05 | Julian Oakley | WBP | 23 Jun 1993 | 1 | Open Meeting | Tauranga | 12 Mar 2011 |
| 24 | 8:35.14 | Cary Chaffee | WEL | 26 Apr 1984 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 25 | 8:35.47 | Craig Lautenslager | TAS | 30 Mar 1993 | 9 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 26 | 8:36.17 | Brett Tingay | CAN | 04 Aug 1980 | 6 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 27 | 8:37.35 | Patrick Strong | TAS | 25 Dec 1987 | 1 | Texas A&M Challenge | College Station TX | 15 Jan 2011 |
| 28 | 8:38.35 | Jesse Patel | WEL | 13 Aug 1990 | 7 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 29 | 8:38.97 | Dougal Thorburn | WEL | 14 Jan 1981 | 3 | Otago 3000m Chmp | Dunedin | 05 Feb 2011 |
| 30 | 8:39.76 | Cory Whiting | WBP | 15 Aug 1991 | 2 | Open Meeting | Tauranga | 12 Mar 2011 |
| 31 | 8:39.99 | Paul Hamblyn | AKL | 27 Aug 1980 | 8 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 32 | 8:40.27 | Evan Cooper | WEL | 03 Sep 1990 | 9 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 33 | 8:43.02 | Richard Bennett | CAN | 06 Dec 1964 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |
| 34 | 8:43.61 | Brendon Blacklaws | WEL | 04 Jun 1989 | 5 | Ohio St v Michigan | Columbus OH | 15 Jan 2011 |
| 35 | 8:43.75 | Nick Berry | AKL | 30 Jul 1991 | 3 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 36 | 8:43.99 | Daniel Jones | WBP | 26 Sep 1990 | 23 | Rod McCrary Mem | Lexington KY | 29 Jan 2011 |
| 37 | 8:44.11 | Peter Meffan | TAS | 24 Nov 1990 | 1 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 38 | 8:46.00 | Ben Ruthe | WBP | 17 Feb 1980 | 1 | Open Meeting | Tauranga | 15 Jan 2011 |
| 39 | 8:46.03 | Mohamed Ali | WBP | 01 Jul 1993 | 4 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 40 | 8:46.04 | Mike Lowe | TAS | 28 Nov 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 41 | 8:46.60 | Andrew Haigh | AKL | 01 Sep 1986 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 42 | 8:47.38 | Cameron Burstall | AKL | 17 Aug 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 43 | 8:47.97 | Alex Gorrie | OTG | 12 Aug 1992 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|--------------|-----|-------------|---|------------------------|------------------|-------------|
| 44 | 8:48.00 | Tony Payne | OTG | 13 Jan 1989 | 2 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 45 | 8:48.29 | Luke Hurring | OTG | 16 Sep 1984 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 46 | 8:49.83 | Tim Stewart | WEL | 21 Mar 1993 | 5 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 47 | 8:49.85 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | Hot Meet | Auckland | 29 Oct 2011 |
| 48 | 8:51.13 | Tom Stringer | TAS | 16 Sep 1993 | 1 | Twilight Series | Nelson | 04 Nov 2011 |
| 49 | 8:51.20 | Jack Moody | AKL | 29 Aug 1993 | 4 | Hot Meet | Auckland | 29 Oct 2011 |
| 50 | 8:51.71 | Angus Bell | AKL | 02 Apr 1980 | 6 | Tauranga Twilight | Tauranga | 01 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|----------------|----------------|---------|
| 1st | 8:13.89 | 7:53.98 | 7:46.38 | 7:49.24 |
| 10th | 8:36.78 | 8:13.10 | 8:15.12 | 8:14.76 |
| 20th | 8:47.74 | 8:26.76 | 8:24.90 | 8:26.26 |

MENS OPEN 5000m

| | | | | | | | | |
|----|----------|-------------------|-----|-------------|-----|-------------------------|------------------|-------------|
| 1 | 13:18.27 | Adrian Blincoe | AKL | 04 Nov 1979 | 10 | Miting Internacional | Barcelona ESP | 22 Jul 2011 |
| 2 | 13:22.38 | Jake Robertson | WBP | 14 Nov 1989 | 7 | Global Meeting | Nijmegen NED | 25 May 2011 |
| 3 | 13:51.60 | Hugo Beamish | CAN | 18 Jan 1989 | 1rB | Husky Classic | Seattle WA | 11 Feb 2011 |
| 4 | 13:55.04 | Mathew Mildenhall | AKL | 03 Oct 1988 | 13 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 5 | 13:58.37 | Zane Robertson | WBP | 14 Nov 1989 | 2 | Chiba Track Race | Chiba JPN | 23 Nov 2011 |
| 6 | 13:59.69 | Dominic Channon | TAS | 28 Jul 1989 | 6 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 7 | 14:00.00 | Terefe Ejigu | WEL | 14 Oct 1988 | 1 | Penn Relays | Philadelphia PA | 28 Apr 2011 |
| 8 | 14:03.92 | Aaron Pulford | WBP | 24 Aug 1991 | 6r1 | KBC Nacht | Heusden BEL | 16 Jul 2011 |
| 9 | 14:06.85 | Daniel Wallis | WEL | 11 Nov 1987 | 5 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 10 | 14:15.98 | Alex Parlane | AKL | 31 Mar 1990 | 1 | Club Meet | Auckland | 16 Feb 2011 |
| 11 | 14:20.08 | Hamish Carson | WEL | 01 Nov 1988 | 1 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 12 | 14:24.91 | Brett Tingay | CAN | 04 Aug 1980 | 2 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 13 | 14:27.55 | Stephen Lett | AKL | 09 Feb 1984 | 3 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 14 | 14:34.32 | Nick Willis | WEL | 25 Apr 1983 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 15 | 14:35.46 | Andrew Haigh | AKL | 01 Sep 1986 | 5 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 16 | 14:39.29 | Stefan Smith | HGB | 21 Nov 1987 | 6 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 17 | 14:40.07 | Cameron Graves | AKL | 01 Feb 1992 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 18 | 14:42.06 | Luke Hurring | OTG | 16 Sep 1984 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 19 | 14:43.48 | Timothy Hodge | WEL | 27 Aug 1987 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 20 | 14:45.22 | Kyle MacDonald | WBP | 22 Sep 1983 | 7 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 21 | 14:46.46 | Jonathan Jackson | AKL | 09 Jan 1991 | 8 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 22 | 14:46.79 | Patrick Strong | TAS | 25 Dec 1987 | 3 | Sunbelt | Murfreesboro TN | 13 May 2011 |
| 23 | 14:47.36 | Daniel Balchin | OTG | 13 Aug 1990 | 1 | OTG Championships | Dunedin | 05 Mar 2011 |
| 24 | 14:48.84 | Dougal Thorburn | WEL | 14 Jan 1981 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 25 | 14:50.72 | Caden Shields | OTG | 07 Aug 1988 | 2 | Stan Lyons Inv | Indianapolis IN | 29 Apr 2011 |
| 26 | 14:53.36 | Matthew Russ | TAS | 03 Aug 1990 | 3 | Texas Relays | Austin TX | 06 Apr 2011 |
| 27 | 14:54.69 | Callan Moody | OTG | 25 Mar 1988 | 3 | OTG Championships | Dunedin | 05 Mar 2011 |
| 28 | 15:08.67 | Daniel Jones | WBP | 26 Sep 1990 | 12 | Sea Ray Relays | Knoxville TN | 15 Apr 2011 |
| 29 | 15:11.07 | Tony Payne | OTG | 13 Jan 1989 | 4 | OTG Championships | Dunedin | 05 Mar 2011 |
| 30 | 15:14.16 | Alexander Fowler | CAN | 22 Jun 1991 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 31 | 15:14.93 | Alex Gorrie | OTG | 12 Aug 1992 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 32 | 15:16.35 | Cory Whiting | WBP | 15 Aug 1991 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |
| 33 | 15:18.84 | Angus Bell | AKL | 02 Apr 1980 | 2 | Club Meeting | Tauranga | 29 Nov 2011 |
| 34 | 15:22.08 | David Lovelock | MWA | 13 Sep 1986 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 35 | 15:23.63 | Tim Stewart | WEL | 21 Mar 1993 | 6 | NZL Championships | Dunedin | 25 Mar 2011 |
| 36 | 15:30.47 | Peter Meffan | TAS | 24 Nov 1990 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |
| 37 | 15:34.83 | Evan Cooper | WEL | 03 Sep 1990 | 1 | WEL Championships | Wellington | 05 Feb 2011 |
| 38 | 15:42.93 | Cary Chaffee | WEL | 26 Apr 1984 | 1 | Black Programme | Wellington | 15 Jan 2011 |
| 39 | 15:43.45 | James Elvery | AKL | 02 Feb 1984 | 10 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 40 | 15:44.05 | Shaun Burgess | STH | 02 Apr 1991 | 1 | Southland Championships | Invercargill | 27 Feb 2011 |
| 41 | 15:49.50 | Iain MacDonald | WBP | 22 Sep 1983 | 3 | Club Meeting | Tauranga | 29 Nov 2011 |
| 42 | 15:51.25 | Paul MacDermid | MWA | 16 Nov 1972 | 2 | Club Meeting | Palmerston North | 29 Nov 2011 |
| 43 | 15:52.45 | Rohan Biggs | WEL | 04 Sep 1976 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-----------------|----------|-----------------|----------|
| 1st | 13:10.19 | 13:56.86 | 13:26.10 | 13:18.27 |
| 10th | 14:34.47 | 14:41.91 | 14:12.30 | 14:15.98 |
| 20th | 15:28.34 | 14:56.84 | 14:37.63 | 14:45.22 |

MENS OPEN 10,000m

| | | | | | | | | |
|---|----------|----------------|-----|-------------|----|------------------------|-----------|-------------|
| 1 | 29:52.51 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 2 | 30:02.82 | Patrick Strong | TAS | 25 Dec 1987 | 28 | NCAA West | Eugene OR | 26 May 2011 |
| 3 | 30:25.76 | Stephen Lett | AKL | 09 Feb 1984 | 2 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|----------|--------------------|-----|-------------|----|------------------------|------------|-------------|
| 4 | 30:33.48 | Alex Parlane | AKL | 31 Mar 1990 | 3 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 5 | 31:05.36 | Jonathan Jackson | AKL | 09 Jan 1991 | 4 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 6 | 31:11.69 | Andrew Davidson | CAN | 15 Mar 1983 | 1 | Otago Championship | Dunedin | 17 Dec 2011 |
| 7 | 31:11.70 | Daniel Balchin | OTG | 13 Aug 1990 | 2 | Otago Championship | Dunedin | 17 Dec 2011 |
| 8 | 31:36.35 | Steven O'Callaghan | WBP | 25 Feb 1981 | 5 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 9 | 31:43.54 | Dougal Thorburn | WEL | 14 Jan 1981 | 3 | Otago Championship | Dunedin | 17 Dec 2011 |
| 10 | 32:01.37 | Terefe Ejigu | WEL | 14 Oct 1988 | 1 | MAC | DeLaib IL | 12 May 2011 |
| 11 | 32:11.30 | Daniel Jones | WBP | 26 Sep 1990 | 7 | OVC | Murray KY | 06 May 2011 |
| 12 | 32:14.49 | Nathan Coombes | TAR | 14 Jan 1990 | 6 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 13 | 32:14.64 | Andrew Haigh | AKL | 01 Sep 1986 | 2 | Auckland Championship | Auckland | 23 Nov 2011 |
| 14 | 32:19.29 | Iain MacDonald | WBP | 22 Sep 1983 | 7 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 15 | 32:21.69 | Alex Gorrie | OTG | 12 Aug 1992 | 1 | Otago Championship | Dunedin | 17 Dec 2011 |
| 16 | 32:27.30 | Cory Whiting | WBP | 15 Aug 1991 | 8 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 17 | 32:39.19 | Tony Payne | OTG | 13 Jan 1989 | 4 | Otago Championship | Dunedin | 17 Dec 2011 |
| 18 | 33:23.08 | Michael Sutton | WBP | 24 Sep 1994 | 11 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 19 | 33:27.26 | Wayne Guest | WBP | 13 Dec 1981 | 12 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 20 | 33:59.61 | Stephen Day | WEL | 19 Sep 1975 | 1 | WEL Championships | Wellington | 12 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-----------------|-----------------|-----------------|----------|
| 1st | 29:42.30 | 28:56.47 | 28:25.22 | 29:52.51 |
| 10th | 32:52.98 | 32:28.94 | 30:13.36 | 32:01.37 |
| 20th | 33:33.11 (15th) | 33:42.99 (16th) | 32:59.91 | 33:59.61 |

MENS OPEN 10km

| | | | | | | | | |
|----|-------|-------------------|-----|-------------|----|------------------------|----------------|-------------|
| 1 | 30:18 | Dale Warrander | AKL | 08 Sep 1973 | 1 | Super Sports Centre 10 | Gold Coast AUS | 19 Jun 2011 |
| 2 | 30:20 | Zane Robertson | WBP | 14 Nov 1989 | 12 | Metro 10km | Prague CZE | 10 Sep 2011 |
| 3 | 30:35 | Callan Moody | OTG | 25 Mar 1988 | 1 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 4 | 30:37 | Stephen Lett | AKL | 09 Feb 1984 | 2 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 5 | 30:46 | Malcolm Hicks | AKL | 19 Oct 1987 | 2 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 6 | 30:47 | Ryan Sissons | AKL | 24 Jun 1988 | 3 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 7 | 31:01 | Daniel Balchin | OTG | 13 Aug 1990 | 3 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 8 | 31:04 | Jonathan Jackson | AKL | 09 Jan 1991 | 2 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 9 | 31:08 | Timothy Hodge | WEL | 27 Aug 1987 | 1 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 10 | 31:08 | Alex Parlane | AKL | 31 Mar 1990 | 3 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 11 | 31:12 | Evan Cooper | WEL | 03 Sep 1990 | 2 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 12 | 31:26 | Stefan Smith | WEL | 21 Nov 1981 | 5 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 13 | 31:28 | Alexander Fowler | CAN | 22 Jun 1991 | 1 | Canterbury Road Ch | Pegasus | 06 Aug 2011 |
| 14 | 31:28 | Alexander Wallace | WEL | 25 Mar 1990 | 3 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 15 | 31:31 | Steve Rees-Jones | WBP | 24 Dec 1974 | 1 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 16 | 31:33 | Andrew Davidson | CAN | 15 Mar 1983 | 2 | Canterbury Road Ch | Pegasus | 06 Aug 2011 |
| 17 | 31:34 | Bevan Stevens | OTG | 23 Dec 1985 | 3 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 18 | 31:39 | Peter Meffan | TAS | 24 Nov 1990 | 4 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 19 | 31:40 | Eric Speakman | HBG | 29 Aug 1990 | 10 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 20 | 31:42 | Matthew Harris | CAN | 28 Nov 1987 | 11 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 21 | 31:43 | Tony Payne | OTG | 13 Jan 1989 | 5 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 22 | 31:43 | Ben Barry | AKL | 23 Jan 1991 | 12 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 23 | 31:50 | Daniel Jones | WBP | 26 Sep 1990 | 2 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 24 | 31:52 | Jesse Patel | WEL | 13 Aug 1990 | 14 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 25 | 31:54 | Philip Costley | CAN | 16 Mar 1970 | 1 | Tasman Road Ch | Nelson | 06 Aug 2011 |
| 26 | 31:59 | Lyndon Brown | OTG | 21 Jan 1989 | 6 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 27 | 32:08 | Cory Whiting | WBP | 15 Aug 1991 | 3 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 28 | 32:09 | Iain MacDonald | WBP | 22 Sep 1983 | 1 | Whangamata Festival | Whangamata | 10 Sep 2011 |
| 29 | 32:10 | James List | OTG | 20 Jul 1984 | 15 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 30 | 32:12 | Nick Pannett | AKL | 31 Mar 1982 | 16 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 31 | 32:16 | Sam Kidd | OTG | 16 Apr 1987 | 17 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 32 | 32:19 | Kyle MacDonald | WBP | 22 Sep 1983 | 4 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 33 | 32:19 | Dougal Thorburn | WEL | 14 Jan 1981 | 1 | Hill Free | Dunedin | 15 Oct 2011 |
| 34 | 32:20 | Joshua Rawlinson | AKL | 14 Jun 1984 | 18 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 35 | 32:21 | Stefan Smith | HBG | 21 Nov 1987 | 1 | HBG Road Ch | Napier | 06 Aug 2011 |
| 36 | 32:35 | James Coubrough | WEL | 26 Sep 1981 | 5 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 37 | 32:37 | Angus Bell | AKL | 02 Apr 1980 | 6 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 38 | 32:41 | Ryan Woolley | WEL | 06 Mar 1989 | 8 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 39 | 32:41 | Richard Swan | AKL | 23 Feb 1980 | 22 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 40 | 32:43 | Joshua Van Dalen | WEL | 20 Feb 1991 | 9 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 41 | 32:45 | Harry Dixon | TAS | 28 Aug 1990 | 2 | Tasman Road Ch | Nelson | 06 Aug 2011 |
| 42 | 32:50 | Luke Hurring | OTG | 16 Sep 1984 | 3 | Canterbury Road Ch | Pegasus | 06 Aug 2011 |
| 43 | 32:54 | Nick Burrow | CAN | 24 May 1975 | 8 | SBS Christchurch | Christchurch | 05 Jun 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|-------|-----------------|-----|-------------|----|-----------------------|---------------|-------------|
| 44 | 32:54 | Blair McWhirter | CAN | 06 Oct 1982 | 1 | Govn Bay to Lyttleton | Christchurch | 10 Sep 2011 |
| 45 | 32:58 | Joel Wyatt | WEL | 04 Jul 1980 | 24 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 46 | 32:59 | Daniel Clendon | WEL | 21 Jun 1976 | 11 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 47 | 33:01 | Wayne Guest | WBP | 13 Dec 1981 | 38 | Big V10 | Melbourne AUS | 05 Jun 2011 |
| 48 | 33:01 | Martin Lukes | CAN | 21 May 1971 | 5 | Canterbury Road Ch | Pegasus | 06 Aug 2011 |
| 49 | 33:01 | Nathan Coombes | TAR | 14 Jan 1990 | 25 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 50 | 33:01 | Michael Poole | AKL | 08 Aug 1991 | 8 | Sir Barry Curtis | Auckland | 16 Oct 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|-------|
| 1st | 29:55 | 28:48 | 28:32 | 30:18 |
| 10th | 31:30 | 30:37 | 30:47 | 31:08 |
| 20th | 31:47 | 31:27 | 31:34 | 31:42 |

MENS OPEN Half Marathon

| | | | | | | | | |
|----|---------|---------------------|-----|-------------|----|------------------------|----------------|-------------|
| 1 | 1:06:14 | Dale Warrander | AKL | 08 Sep 1973 | 1 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 2 | 1:07:38 | Stephen Lett | AKL | 09 Feb 1984 | 1 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 3 | 1:07:41 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 4 | 1:07:53 | Jason Woolhouse | ANZ | 09 Sep 1980 | 1 | Geelong | Geelong AUS | 01 May 2011 |
| 5 | 1:08:09 | Jonathan Jackson | AKL | 09 Jan 1991 | 2 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 6 | 1:08:20 | Philip Costley | CAN | 16 Mar 1970 | 1 | Shoe Clinic Half | Nelson | 01 May 2011 |
| 7 | 1:08:43 | Aaron Jackson | AKL | 10 Mar 1988 | 3 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 8 | 1:09:00 | Dougal Thorburn | WEL | 14 Jan 1981 | 2 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 9 | 1:09:10 | Brett Tingay | CAN | 04 Aug 1980 | 3 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 10 | 1:09:46 | Scott Winton | AKL | 17 Oct 1974 | 2 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 11 | 1:10:00 | Andrew Haigh | AKL | 01 Sep 1986 | 6 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 12 | 1:10:01 | Stefan Smith | WEL | 21 Nov 1981 | 3 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 13 | 1:10:28 | Timothy Hodge | WEL | 27 Aug 1987 | 1 | Pelorus Runs | Wellington | 18 Sep 2011 |
| 14 | 1:10:53 | David Ridley | CAN | 02 Jun 1988 | 8 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 15 | 1:10:53 | Cameron Graves | AKL | 01 Feb 1992 | 4 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 16 | 1:10:56 | Nicholas Browne | WEL | 25 Oct 1980 | 16 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 17 | 1:11:10 | Oska Inkster-Baynes | OTG | 19 Apr 1991 | 5 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 18 | 1:11:17 | Richard Bennett | CAN | 06 Dec 1964 | 9 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 19 | 1:11:35 | Kyle MacDonald | WBP | 22 Sep 1983 | 2 | Whangamata Festival | Whangamata | 10 Sep 2011 |
| 20 | 1:12:00 | Liam Scopes | AKL | 15 Oct 1980 | 7 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 21 | 1:12:01 | James List | OTG | 20 Jul 1984 | 11 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 22 | 1:12:04 | Mike Wakelin | WEL | 22 Jun 1968 | 1 | Hill Free | Dunedin | 15 Oct 2011 |
| 23 | 1:12:09 | Cory Whiting | WBP | 15 Aug 1991 | 3 | Whangamata Festival | Whangamata | 10 Sep 2011 |
| 24 | 1:12:30 | Nick Pannett | AKL | 31 Mar 1982 | 9 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 25 | 1:12:43 | Simon Mardon | TAS | 26 Oct 1972 | 2 | Shoe Clinic Half | Nelson | 01 May 2011 |
| 26 | 1:12:46 | Jonathan McKee | AKL | 30 Nov 1978 | 2 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 27 | 1:12:53 | Matthew Dravitzki | WEL | 27 May 1975 | 11 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 28 | 1:13:03 | Sam Kidd | OTG | 16 Apr 1987 | 12 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 29 | 1:13:12 | Wayne Guest | WBP | 13 Dec 1981 | 32 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 30 | 1:13:13 | Tony Payne | OTG | 13 Jan 1989 | 13 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 31 | 1:13:14 | Evan Cooper | WEL | 03 Sep 1990 | 1 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 32 | 1:13:28 | Daniel Balchin | OTG | 13 Aug 1990 | 2 | Moro | Dunedin | 11 Sep 2011 |
| 33 | 1:13:37 | Daniel Clendon | WEL | 21 Jun 1976 | 2 | Pelorus Runs | Wellington | 18 Sep 2011 |
| 34 | 1:13:37 | Tony Edmonds | AKL | 13 May 1981 | 14 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 35 | 1:13:49 | Glynn Hadley | CAN | 30 Aug 1979 | 13 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 36 | 1:13:57 | Stephen Day | WEL | 19 Sep 1975 | 3 | Pelorus Runs | Wellington | 18 Sep 2011 |
| 37 | 1:14:24 | Graeme Taylor | AKL | 05 Oct 1969 | 3 | Shoe Clinic Half | Nelson | 01 May 2011 |
| 38 | 1:14:27 | Ian Calder | NTH | 07 Sep 1957 | 4 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 39 | 1:14:38 | Rohan Biggs | WEL | 04 Sep 1976 | 4 | Pelorus Runs | Wellington | 18 Sep 2011 |
| 40 | 1:14:42 | Kieran Cody | OTG | 27 Apr 1986 | 2 | Hill Free | Dunedin | 15 Oct 2011 |
| 41 | 1:14:42 | David Lovelock | MWA | 13 Sep 1986 | 15 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 42 | 1:14:46 | Johan Vanhoovels | AKL | 03 Jun 1977 | 4 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 43 | 1:14:48 | Hayden Shearman | WEL | 11 Feb 1981 | 3 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 44 | 1:14:50 | Matthew Gibbons | CAN | 08 Dec 1989 | 3 | Hill Free | Dunedin | 15 Oct 2011 |
| 45 | 1:14:52 | Teklay Zinaw | AKL | 17 Mar 1994 | 1 | Waitakere City HM | Waitakere | 09 Oct 2011 |
| 46 | 1:15:06 | Bruce Duncan | AKL | 22 Mar 1967 | 13 | Huntly Half | Huntly | 22 May 2011 |
| 47 | 1:15:09 | Vajin Armstrong | CAN | 12 May 1980 | 1 | Shoe Clinic adidas | Tai Tapu | 06 Nov 2011 |
| 48 | 1:15:11 | Alex Parlane | AKL | 31 Mar 1990 | 16 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 49 | 1:15:29 | Glenn Sexton | WBP | 30 Oct 1967 | 50 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 50 | 1:15:39 | Jon Healey | AKL | 25 Dec 1974 | 6 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|----------------|---------|----------------|---------|
| 1st | 1:03:52 | 1:04:30 | 1:06:01 | 1:06:14 |
| 10th | 1:08:22 | 1:09:26 | 1:08:22 | 1:09:46 |
| 20th | 1:10:45 | 1:11:02 | 1:10:31 | 1:12:00 |

MENS OPEN Marathon

| | | | | | | | | |
|----|---------|------------------------|-----|-------------|-----|-----------------------|----------------|-------------|
| 1 | 2:16:49 | Paul Martelletti | ANZ | 01 Aug 1979 | 14 | BMW | Berlin GER | 25 Sep 2011 |
| 2 | 2:23:01 | Dale Warrander | AKL | 08 Sep 1973 | 1 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 3 | 2:24:53 | Scott Winton | AKL | 17 Oct 1974 | 2 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 4 | 2:28:18 | Philip Costley | CAN | 16 Mar 1970 | 2 | adidas Auckland | Auckland | 30 Oct 2011 |
| 5 | 2:28:34 | Dougal Thorburn | WEL | 14 Jan 1981 | 4 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 6 | 2:29:26 | Luke Hurring | OTG | 16 Sep 1984 | 5 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 7 | 2:29:43 | Neville Smith | HBG | 06 Aug 1983 | 1 | Wairarapa Country Mar | Masterton | 09 Oct 2011 |
| 8 | 2:29:47 | Nicholas Browne | WEL | 25 Oct 1980 | 74 | Boston Marathon | Boston MA | 18 Apr 2011 |
| 9 | 2:33:04 | Blair McWhirter | CAN | 06 Oct 1982 | 3 | adidas Auckland | Auckland | 30 Oct 2011 |
| 10 | 2:34:38 | Ross McIntyre | WBP | 23 Jul 1964 | 11 | Melbourne Marathon | Melbourne AUS | 09 Oct 2011 |
| 11 | 2:35:00 | Adrian Bailey | CAN | 06 Jan 1976 | 22 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 12 | 2:35:08 | Aaron Jackson | AKL | 10 Mar 1988 | 4 | adidas Auckland | Auckland | 30 Oct 2011 |
| 13 | 2:36:05 | Glynn Hadley | CAN | 30 Aug 1979 | 5 | adidas Auckland | Auckland | 30 Oct 2011 |
| 14 | 2:37:19 | Jesse Gibbs | OTG | 24 Dec 1991 | 4 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 15 | 2:37:24 | Xaviour Walker | OTG | 25 May 1981 | 117 | New York Marathon | New York NY | 06 Nov 2011 |
| 16 | 2:37:37 | Gavin Stevens | ANZ | 23 Feb 1956 | 6 | adidas Auckland | Auckland | 30 Oct 2011 |
| 17 | 2:37:48 | Richard Swan | AKL | 23 Feb 1980 | 8 | adidas Auckland | Auckland | 30 Oct 2011 |
| 18 | 2:39:42 | Christopher Harrington | OTG | 02 Apr 1990 | 5 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 19 | 2:41:05 | Hayden Shearman | WEL | 11 Feb 1981 | 166 | Chicago Marathon | Chicago IL | 09 Oct 2011 |
| 20 | 2:41:15 | Angus Watson | MWA | 15 Jul 1991 | 6 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 21 | 2:42:30 | Todd Stevens | WEL | 20 Feb 1970 | 190 | New York Marathon | New York NY | 06 Nov 2011 |
| 22 | 2:43:07 | Jonathan Jackson | AKL | 09 Jan 1991 | 2 | Lydiard Legend | Waitakere | 17 Sep 2011 |
| 23 | 2:43:51 | Ricky Gutsell | STH | 09 Jun 1962 | 1 | Southland Marathon | Invercargill | 13 Nov 2011 |
| 24 | 2:46:02 | Grant McLean | WEL | 19 Jan 1968 | 7 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 25 | 2:46:42 | Chris Corney | WBP | 25 Dec 1964 | 48 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 26 | 2:46:48 | Rohan Biggs | WEL | 04 Sep 1976 | 4 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 27 | 2:46:49 | Adrian Lysaght | WBP | 10 Sep 1974 | 9 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 28 | 2:47:23 | Russell Lake | WBP | 28 Feb 1970 | 10 | Rotorua Marathon | Rotorua | 30 Apr 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|----------------|----------------|---------|---------|
| 1st | 2:16:31 | 2:15:43 | 2:18:14 | 2:16:49 |
| 10th | 2:27:42 | 2:29:00 | 2:29:40 | 2:34:38 |
| 20th | 2:32:44 | 2:36:56 | 2:35:50 | 2:41:15 |

MENS OPEN 3000m Steeplechase

| | | | | | | | | |
|----|----------|------------------|-----|-------------|-----|------------------------|---------------|-------------|
| 1 | 9:03.83 | Shaun Krawitz | AKL | 15 Feb 1985 | 1 | Victoria Championships | Melbourne AUS | 05 Mar 2011 |
| 2 | 9:13.93 | Stefan Smith | HBG | 21 Nov 1987 | 8 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 3 | 9:19.13 | Michael Banks | AKL | 09 Oct 1990 | 7r1 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 4 | 9:21.10 | Brett Tingay | CAN | 04 Aug 1980 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 9:39.16 | Daniel Balchin | OTG | 13 Aug 1990 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 9:46.31 | Lyndon Brown | OTG | 21 Jan 1989 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 9:58.15 | Liam Walsh | WBP | 28 Jul 1993 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 8 | 10:02.59 | Luke Longdill | AKL | 29 Aug 1991 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 9 | 10:06.67 | Alexander Fowler | CAN | 22 Jun 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 10 | 10:16.40 | Jack Moody | AKL | 29 Aug 1993 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |
| 11 | 10:17.41 | Roger Tackney | CAN | 26 Oct 1971 | 5 | Interclub | Christchurch | 12 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|----------------|----------------|----------|
| 1st | 9:11.29 | 8:55.70 | 9:05.42 | 9:03.83 |
| 10th | - | 10:11.37 | 9:53.39 | 10:16.40 |
| 20th | - | - | - | - |

MENS OPEN 110m Hurdles

| | | | | | | | | | |
|---|-------|------|------------------|-----|-------------|-----|-------------------|---------------|-------------|
| 1 | 14.40 | -1.5 | Brent Newdick | AKL | 31 Jan 1985 | D | TNT Fortuna | Kladno CZE | 16 Jun 2011 |
| 2 | 14.63 | 0.5 | Michael Cochrane | WBP | 13 Aug 1991 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 3 | 15.07 | 1.8 | Luke Reynolds | AKL | 04 Sep 1986 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 15.15 | 0.5 | Nick Kalivati | WEL | 29 Jun 1987 | 2 | Capital Classic | Wellington | 28 Jan 2011 |
| 5 | 15.67 | 0.5 | Scott McLaren | AKL | 27 Feb 1982 | 4 | Capital Classic | Wellington | 28 Jan 2011 |
| 6 | 16.13 | 1.0 | Stephen Isaac | WEL | 29 Oct 1992 | 6h1 | Mem Leon Buyle | Oordeggen BEL | 02 Jul 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|--------------|-------------|-------------|
| 1st | 14.46 | 14.07 | 14.66 | 14.40 |
| 10th | 16.77 (3rd) | 16.25 (5th) | 16.34 (6th) | 16.13 (6th) |
| 20th | - | - | - | - |

MENS OPEN 400m Hurdles

| | | | | | | | | |
|----|-------|------------------|-----|-------------|---|-------------------------|---------------|-------------|
| 1 | 50.62 | Michael Cochrane | WBP | 13 Aug 1991 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 2 | 50.73 | James Mortimer | AKL | 01 Mar 1983 | 3 | Melbourne Track Classic | Melbourne AUS | 03 Mar 2011 |
| 3 | 51.62 | Daniel O'Shea | OTG | 11 Feb 1989 | 6 | Melbourne Track Classic | Melbourne AUS | 03 Mar 2011 |
| 4 | 52.31 | Shay Taylor | AKL | 24 Jan 1989 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 52.98 | Daniel Dyet | AKL | 21 Mar 1991 | 1 | Hot Meet | Auckland | 29 Oct 2011 |
| 6 | 53.23 | Cameron French | WBP | 17 May 1992 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 54.23 | Stephen Isaac | WEL | 29 Oct 1992 | 5 | Internationaal Gala | Antwerp BEL | 27 Aug 2011 |
| 8 | 54.27 | Phil Simms | WBP | 09 Aug 1993 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 9 | 54.56 | Campbell Wu | AKL | 16 Sep 1993 | 1 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 10 | 58.31 | Sam Fitzgerald | CAN | 26 Jun 1993 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------|--------------|--------------|
| 1st | 54.38 | 52.38 | 51.41 | 50.62 |
| 10th | 58.59 (5th) | 58.08 | 56.30 | 58.31 |
| 20th | - | - | - | - |

MENS OPEN Field

MENS OPEN High Jump

| | | | | | | | | |
|----|------|------------------------|-----|-------------|----|-------------------------|--------------|-------------|
| 1 | 2.15 | Billy Crayford | AKL | 15 Jul 1987 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 2 | 2.05 | Gideon Barnard | STH | 26 Nov 1988 | 1 | Winton Graded Scratch | Invercargill | 17 Dec 2011 |
| 3 | 2.02 | Nicholas Gerrard | AKL | 18 Apr 1992 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 4 | 2.00 | Phillip Wyatt | AKL | 31 Aug 1993 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 5 | 2.00 | Ross Walker-Smart | AKL | 22 Nov 1993 | 1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 6 | 2.00 | Regan Standing | TAR | 20 Apr 1991 | 1 | Open Meeting | Hamilton | 29 Oct 2011 |
| 7 | 2.00 | Benn Loh | CAN | 26 May 1988 | 1 | Interclub | Christchurch | 05 Feb 2011 |
| 8 | 1.98 | Cody Thomas | TAS | 05 Oct 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 9 | 1.98 | Sam Vesey | AKL | 04 Jul 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 10 | 1.96 | Brent Newdick | AKL | 31 Jan 1985 | D | World Championships | Daegu KOR | 27 Aug 2011 |
| 11 | 1.96 | Jordan Peters | AKL | 19 Jun 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 1.96 | Joseph Reynolds | WBP | 15 Jan 1994 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 13 | 1.94 | Jesse Bryant | CAN | 27 Jan 1995 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 14 | 1.94 | Chris Brake | TAS | 04 Oct 1995 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 15 | 1.92 | Mackenzie Haugh | OTG | 12 Dec 1995 | 2 | Open Meeting | Dunedin | 22 Jan 2011 |
| 16 | 1.92 | Patrick Harnett | CAN | 28 Apr 1995 | 1 | Open Meeting | Dunedin | 22 Jan 2011 |
| 17 | 1.91 | Brent Cheshire | OTG | 27 Nov 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 18 | 1.90 | Duncan Noble | CAN | 03 Oct 1987 | 1 | Interclub | Christchurch | 15 Jan 2011 |
| 19 | 1.90 | Simon Small | CAN | 16 Apr 1992 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 20 | 1.90 | Luke Davison | WBP | 05 May 1994 | 1 | Open Meeting | Hamilton | 26 Nov 2011 |
| 21 | 1.90 | Ben Giles | WBP | 28 Jan 1984 | 1 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 22 | 1.90 | Samuel Small | CAN | 10 Jul 1995 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 23 | 1.90 | Andrew Moore | OTG | 26 Aug 1991 | 2 | Mahar Cup | Nelson | 05 Feb 2011 |
| 24 | 1.90 | Scott McLaren | AKL | 27 Feb 1982 | 5 | Capital Classic | Wellington | 28 Jan 2011 |
| 25 | 1.86 | Nick Rapana | CAN | 22 Aug 1993 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 26 | 1.85 | Daniel Manickum-Pullen | AKL | 11 Aug 1995 | 1 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 27 | 1.85 | Sean van der Busse | CAN | 01 Aug 1991 | 1 | Interclub | Timaru | 29 Oct 2011 |
| 28 | 1.85 | James Sandilands | STH | 14 Aug 1996 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 29 | 1.85 | Ben Harrison | HGB | 16 Aug 1992 | 6 | Capital Classic | Wellington | 28 Jan 2011 |
| 30 | 1.84 | Alex Colvin | WBP | 25 Feb 1995 | 0 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 31 | 1.84 | Rhys Malcon | AKL | 21 Jun 1996 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 32 | 1.83 | Karl Wright | TAR | 23 Jul 1996 | 1 | Central Region League | Inglewood | 29 Oct 2011 |
| 33 | 1.83 | John Gilmour | OTG | 11 May 1992 | D | NZL CE Championships | Tauranga | 12 Mar 2011 |
| 34 | 1.81 | Cory McDermott | AKL | 14 May 1996 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 35 | 1.80 | Shaun Baxter | WEL | 03 May 1995 | 14 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 36 | 1.80 | Jordan Vetter | AKL | 27 Mar 1995 | 13 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 37 | 1.80 | Jarno Plenter | CAN | 14 Jun 1995 | 5 | Interclub | Timaru | 26 Nov 2011 |
| 38 | 1.80 | Hayden Wright | AKL | 24 Oct 1993 | 8 | NI Schools | Hamilton | 02 Apr 2011 |
| 39 | 1.80 | Tom Hayes | MWA | 03 Oct 1994 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 40 | 1.80 | Nicolaas Vickers | AKL | 29 Apr 1993 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 41 | 1.80 | Eroni Sotutu | STH | 28 Jun 1994 | 1 | Southland Championships | Invercargill | 26 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|------|------|-------------|-------------|
| 1st | 2.03 | 2.11 | 2.14 | 2.15 |
| 10th | 1.95 | 1.95 | 1.97 | 1.96 |
| 20th | 1.85 | 1.90 | 1.91 | 1.90 |

MENS OPEN Pole Vault

| | | | | | | | | |
|----|------|--------------------|-----|-------------|---|------------------------|--------------|-------------|
| 1 | 4.95 | Nicholas Southgate | AKL | 09 Apr 1994 | 2 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 2 | 4.75 | Pascal Kethers | AKL | 14 Aug 1995 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 3 | 4.70 | Scott McLaren | AKL | 27 Feb 1982 | 1 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 4 | 4.66 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 29 May 2011 |
| 5 | 4.40 | Tim McKee | CAN | 11 Dec 1990 | 1 | Interclub | Christchurch | 05 Feb 2011 |
| 6 | 4.20 | Matt Campbell | AKL | 17 Dec 1995 | 2 | Pole Vault Series #3 | North Shore | 30 Nov 2011 |
| 7 | 4.10 | Luca Dennee | AKL | 27 Jun 1966 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 8 | 4.05 | Ben Harrison | HGB | 16 Aug 1992 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 4.00 | Thomas North | AKL | 02 Jan 1994 | 1 | Pole Vault Series #2 | North Shore | 16 Nov 2011 |
| 10 | 3.80 | Sam Ritchie | WEL | 29 Sep 1990 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 11 | 3.60 | Jarno Plenter | CAN | 14 Jun 1995 | 5 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 12 | 3.60 | Callum McConachy | MWA | 23 Aug 1985 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 13 | 3.60 | Sam Conway | AKL | 18 Aug 1995 | 1 | Pole Vault Series #2 | North Shore | 16 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|------------|------|------|-------------|
| 1st | 4.65 | 4.80 | 4.80 | 4.95 |
| 10th | 3.20 (7th) | 3.70 | 3.62 | 3.80 |
| 20th | - | - | - | - |

MENS OPEN Long Jump

| | | | | | | | | | |
|----|------|------|----------------------|-----|-------------|---|-----------------------|------------------|-------------|
| 1 | 7.45 | 0.4 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 28 May 2011 |
| 2 | 7.37 | 1.9 | Ryan Howe | WBP | 27 May 1992 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 3 | 7.36 | 1.2 | Ryan Roselli | TAS | 03 Feb 1988 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 7.36 | 1.2 | Brendon Barnett | TAS | 29 Mar 1994 | 1 | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 5 | 7.18 | 2.0 | James Hutchens | WEL | 31 Mar 1992 | 1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 6 | 7.13 | 0.5 | Jesse Bryant | CAN | 27 Jan 1995 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 7.06 | 1.5 | Jeffrey Thumath | AKL | 03 Mar 1985 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 8 | 7.00 | 1.4 | Nicholas Gerrard | AKL | 18 Apr 1992 | 2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 9 | 6.99 | 1.2 | Andrew Moore | OTG | 26 Aug 1991 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 10 | 6.98 | 0.9 | Daniel Fake | TAR | 24 Feb 1992 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 11 | 6.94 | 1.4 | Phillip Wyatt | AKL | 31 Aug 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 6.86 | 1.3 | Scott McLaren | AKL | 27 Feb 1982 | D | TNT Fortuna | Kladno CZE | 16 Jun 2011 |
| 13 | 6.75 | 0.0 | Manu Ravouvouniconua | STH | 22 Sep 1992 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 6.73 | -0.2 | Phil Simms | WBP | 09 Aug 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 6.72 | 0.0 | Ettiene Du Preez | AKL | 17 Sep 1990 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 16 | 6.68 | 1.7 | Alex Colvin | WBP | 25 Feb 1995 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 6.63 | 1.4 | Todd Swanson | STH | 28 Jan 1991 | 6 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 18 | 6.60 | 0.2 | Andy Kruij | MWA | 13 Aug 1991 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 19 | 6.59 | 1.1 | Chris Brake | TAS | 04 Oct 1995 | 2 | Twilight Series | Nelson | 04 Nov 2011 |
| 20 | 6.57 | 1.2 | Eroni Sotutu | STH | 28 Jun 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 21 | 6.45 | 1.3 | John Gilmour | OTG | 11 May 1992 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 22 | 6.43 | 2.0 | Joshua Vosawale | STH | 21 Feb 1993 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 23 | 6.41 | | Danyon Cuneen | WBP | 10 Jun 1993 | 1 | Open Meeting | Hamilton | 26 Nov 2011 |
| 24 | 6.35 | 1.3 | William Cowper | MWA | 08 Nov 1994 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 25 | 6.35 | 1.3 | Jordan Peters | AKL | 19 Jun 1994 | 8 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 26 | 6.33 | 1.2 | Pascal Kethers | AKL | 14 Aug 1995 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |
| 27 | 6.30 | 1.8 | Mackenzie Haugh | OTG | 12 Dec 1995 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 28 | 6.28 | 0.0 | Callum Taylor | WBP | 04 Mar 1996 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 29 | 6.22 | 0.9 | Harry Marks | AKL | 21 Feb 1996 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 30 | 6.22 | 0.0 | Cody Thomas | TAS | 05 Oct 1991 | D | NZL CE Championships | Tauranga | 12 Mar 2011 |
| 31 | 6.20 | 0.7 | Connor Hobbs | TAR | 21 Sep 1995 | 3 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 32 | 6.19 | 0.0 | Nicolaas Vickers | AKL | 29 Apr 1993 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 33 | 6.18 | -1.7 | Ben Giles | WBP | 28 Jan 1994 | 4 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 34 | 6.17 | 1.5 | Jaxon Bonnici | AKL | 22 May 1993 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|------|------|-------------|-------------|
| 1st | 7.24 | 7.42 | 7.42 | 7.45 |
| 10th | 6.43 | 6.92 | 6.92 | 6.98 |
| 20th | - | 6.47 | 6.67 | 6.57 |

RANKINGS LISTS 2011 AND PROGRESSIONS

MENS OPEN Triple Jump

| | | | | | | | | | |
|----|-------|-----|----------------------|-----|-------------|---|-------------------------|--------------|-------------|
| 1 | 14.81 | 1.5 | Todd Swanson | STH | 28 Jan 1991 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 2 | 14.72 | 0.7 | Daniel Fake | TAR | 24 Feb 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 14.58 | 0.0 | Scott Thomson | WEL | 22 Jun 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 4 | 14.36 | 1.8 | Manu Ravouvouniconua | STH | 22 Sep 1992 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 5 | 14.22 | 0.0 | Zinzan Fern | TAR | 06 May 1992 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 13.94 | 1.6 | Matthew Wyatt | AKL | 07 Oct 1990 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 7 | 13.62 | 0.0 | Phillip Wyatt | AKL | 31 Aug 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 13.34 | 1.5 | William Cowper | MWA | 08 Nov 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 13.34 | 1.0 | Ben Graham | STH | 13 Nov 1991 | 1 | Interclub | Christchurch | 19 Feb 2011 |
| 10 | 13.26 | 1.7 | Chris Brake | TAS | 04 Oct 1995 | 1 | Twilight Meet | Nelson | 02 Dec 2011 |
| 11 | 13.18 | 0.0 | Pascal Kethers | AKL | 14 Aug 1995 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 13.17 | 1.6 | Alex Colvin | WBP | 25 Feb 1995 | 1 | NZSSAA Championships | Hastings | 11 Feb 2011 |
| 13 | 12.88 | 0.0 | William Smart | MWA | 12 May 1995 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 12.77 | 1.9 | Kyle Trott | NTH | 18 Jan 1995 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 15 | 12.70 | 0.9 | Eroni Sotutu | STH | 28 Jun 1994 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 16 | 12.61 | 0.0 | Gideon Barnard | STH | 26 Nov 1988 | 1 | Southland Championships | Invercargill | 26 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|--------------|
| 1st | 14.50 | 14.51 | 14.21 | 14.81 |
| 10th | 13.06 | 13.48 | 13.59 | 13.26 |
| 20th | - | 12.85 | 12.53 | 12.61 (16th) |

MENS OPEN Shot Put

| | | | | | | | | |
|----|-------|-------------------------|-----|-------------|----|------------------------|-------------------------|-------------|
| 1 | 20.38 | Jacko Gill | AKL | 20 Dec 1994 | 1 | Millennium Series | North Shore | 05 Dec 2011 |
| 2 | 18.83 | Tom Walsh | CAN | 01 Mar 1992 | 2 | Millennium Series | North Shore | 05 Dec 2011 |
| 3 | 15.39 | Kieran Fowler | OTG | 20 Aug 1989 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 4 | 15.38 | Damian Smuts | AKL | 14 Jun 1989 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |
| 5 | 15.22 | Dale Pritchard | TAS | 25 Oct 1985 | 1 | Twilight Meet | Nelson | 02 Dec 2011 |
| 6 | 14.60 | Jerram Huston | OTG | 05 Apr 1985 | 2 | Weekly Meeting | Dunedin | 20 Mar 2011 |
| 7 | 14.54 | Scott McLaren | AKL | 27 Feb 1982 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 8 | 14.40 | William Francis-Dittmer | AKL | 24 May 1994 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 14.33 | Brent Newdick | AKL | 31 Jan 1985 | D | 24th Multistars | Desenzano del Garda ITA | 07 May 2011 |
| 10 | 14.27 | Adam Miller | AKL | 03 Jun 1992 | 2 | Pre Departure Meet | North Shore | 02 Sep 2011 |
| 11 | 14.26 | Nicholas Gerrard | AKL | 18 Apr 1992 | 2 | Millennium Series #3 | North Shore | 22 Dec 2011 |
| 12 | 14.18 | Stephen Buckley | AKL | 04 May 1988 | 2 | Pre France | Chalons FRA | 03 Jul 2011 |
| 13 | 14.17 | Richard Thomson | AKL | 26 May 1953 | 2 | WEL Championships | Wellington | 05 Feb 2011 |
| 14 | 13.35 | Marshall Hall | OTG | 07 Oct 1988 | 6 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 15 | 13.31 | Ryan Tinkle | WEL | 20 Feb 1992 | 5 | New Year Meeting | Timaru | 08 Jan 2011 |
| 16 | 13.22 | William Hubber | STH | 28 Apr 1991 | 11 | Tiger Invite | Memphis TN | 29 Apr 2011 |
| 17 | 13.06 | Hamish Finnie | OTG | 23 Jul 1992 | 1 | Weekly Meeting | Dunedin | 17 Dec 2011 |
| 18 | 12.75 | Jerry Peseta | WEL | 07 Apr 1992 | 8 | NZL Championships | Dunedin | 25 Mar 2011 |
| 19 | 12.49 | Alexander Parkinson | AKL | 08 Sep 1994 | 1 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 20 | 12.08 | Hayden Hall | CAN | 26 Mar 1993 | 7 | New Year Meeting | Timaru | 08 Jan 2011 |
| 21 | 12.05 | Paul Emmett | AKL | 20 Feb 1971 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 22 | 12.05 | Jarrold Adams | OTG | 07 May 1976 | 10 | NZL Championships | Dunedin | 25 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------------|--------------|--------------|
| 1st | 14.33 | 15.85 | 18.57 | 20.38 |
| 10th | 13.49 (5th) | 11.86 (9th) | 14.28 | 14.27 |
| 20th | - | - | - | 12.08 |

MENS OPEN Discus Throw

| | | | | | | | | |
|----|-------|-------------------|-----|-------------|---|--------------------------|----------------|-------------|
| 1 | 53.77 | Marshall Hall | OTG | 07 Oct 1988 | 1 | CSLA Twilight | Los Angeles CA | 14 Apr 2011 |
| 2 | 50.65 | Darron Haworth | ANZ | 24 Mar 1969 | 1 | AUS Masters Championship | Brisbane AUS | 22 Apr 2011 |
| 3 | 48.47 | Kieran Fowler | OTG | 20 Aug 1989 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 47.85 | Keri Tongalea | AKL | 28 Sep 1990 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 46.96 | Damian Smuts | AKL | 14 Jun 1989 | 1 | Club Meeting | North Shore | 19 Mar 2011 |
| 6 | 46.87 | Tom Walsh | CAN | 01 Mar 1992 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 46.65 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 29 May 2011 |
| 8 | 45.67 | Scott McLaren | AKL | 27 Feb 1982 | 2 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 9 | 45.23 | Hayden Hall | CAN | 26 Mar 1993 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 10 | 45.14 | Dale Pritchard | TAS | 25 Oct 1985 | 1 | Open Meeting | Nelson | 28 Oct 2011 |
| 11 | 43.31 | Ryan Tinkle | WEL | 20 Feb 1992 | 6 | New Year Meeting | Timaru | 08 Jan 2011 |
| 12 | 42.19 | Adam Miller | AKL | 03 Jun 1992 | 1 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 13 | 41.59 | Richard Callister | AKL | 07 Jan 1995 | 1 | Club Meeting | North Shore | 08 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|-------|---------------------|-----|-------------|----|--------------------|------------------|-------------|
| 14 | 41.11 | William Hubber | STH | 28 Apr 1991 | 13 | Mississippi Open | Oxford MS | 24 Apr 2011 |
| 15 | 40.63 | Jerram Huston | OTG | 05 Apr 1985 | 2 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 16 | 39.96 | Stephen Buckley | AKL | 04 May 1988 | 7 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 17 | 38.05 | Alexander Parkinson | AKL | 08 Sep 1994 | 2 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 18 | 37.10 | Nicholas Gerrard | AKL | 18 Apr 1992 | 3 | Pre Departure Meet | North Shore | 02 Sep 2011 |
| 19 | 36.29 | Tony Anderson | TAS | 07 Nov 1966 | 13 | NZL Championships | Dunedin | 26 Mar 2011 |
| 20 | 35.66 | Callum McConachy | MWA | 23 Aug 1985 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 21 | 35.14 | Kieran Moffat | OTG | 08 Mar 1989 | 4 | OTG Championships | Dunedin | 20 Feb 2011 |
| 22 | 34.45 | Rene Otto | WBP | 29 Nov 1966 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 23 | 33.70 | Dafydd Morgan | CAN | 16 Nov 1989 | 1 | Interclub | Christchurch | 05 Feb 2011 |
| 24 | 33.28 | Wayne Doyle | CAN | 08 Jan 1964 | 8 | New Year Meeting | Timaru | 08 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------|-------|--------------|
| 1st | 45.96 | 49.49 | 51.84 | 53.77 |
| 10th | 33.55 (9th) | 39.29 | 40.58 | 45.14 |
| 20th | - | - | - | 35.66 |

MENS OPEN Hammer Throw

| | | | | | | | | |
|----|-------|-------------------|-----|-------------|---|---------------------|-------------|-------------|
| 1 | 59.04 | Philip Jensen | WEL | 08 Nov 1967 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 58.01 | Ryan Tinkle | WEL | 20 Feb 1992 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 3 | 56.98 | William Hubber | STH | 28 Apr 1991 | 1 | Tiger Invite | Memphis TN | 29 Apr 2011 |
| 4 | 56.57 | Damian Smuts | AKL | 14 Jun 1989 | 1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 5 | 50.19 | Mark Cumming | AKL | 18 Mar 1962 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 6 | 48.90 | Warren Button | WBP | 21 Jun 1988 | 1 | Open Meeting | Hamilton | 17 Dec 2011 |
| 7 | 39.84 | Rene Otto | WBP | 29 Nov 1966 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 8 | 38.95 | Thomas Roozendaal | AKL | 21 Mar 1990 | 4 | Open Meeting | North Shore | 09 Apr 2011 |
| 9 | 36.11 | Johan Smalberger | AKL | 19 Nov 1985 | 5 | Coupe de Lanciers | Mt Dore NCL | 07 May 2011 |
| 10 | 34.94 | Callum McConachy | MWA | 23 Aug 1985 | 2 | Carol McNie Meeting | Wanganui | 26 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|--------------|--------------|-------|
| 1st | 48.51 | 59.38 | 62.53 | 59.04 |
| 10th | 36.08 (4th) | 35.19 | 32.60 (9th) | 34.94 |
| 20th | - | - | - | - |

MENS OPEN Javelin Throw

| | | | | | | | | |
|----|-------|--------------------------|-----|-------------|---|------------------------|-----------------------|-------------|
| 1 | 84.21 | Stuart Farquhar | WBP | 15 Mar 1982 | 3 | DN Galan | Stockholm SWE | 29 Jul 2011 |
| 2 | 72.29 | Johan Smalberger | AKL | 19 Nov 1985 | 2 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 3 | 64.80 | Benjamin Langton-Burnell | MWA | 07 Oct 1992 | 1 | Club Meeting | Palmerston North | 29 Nov 2011 |
| 4 | 63.03 | Brent Newdick | AKL | 31 Jan 1985 | D | Hypo Meeting | Gotzis AUT | 29 May 2011 |
| 5 | 58.14 | Scott McLaren | AKL | 27 Feb 1982 | D | TNT Fortuna | Kladno CZE | 17 Jun 2011 |
| 6 | 55.28 | Franco Patu | WEL | 01 Feb 1993 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 7 | 54.70 | Brendon Barnett | TAS | 29 Mar 1994 | 1 | Twilight Meet | Nelson | 18 Nov 2011 |
| 8 | 53.75 | Stephen Buckley | AKL | 04 May 1988 | 2 | Auckland Championships | Auckland | 27 Feb 2011 |
| 9 | 53.31 | Nicholas Gerrard | AKL | 18 Apr 1992 | 2 | Open Meeting | North Shore | 09 Apr 2011 |
| 10 | 53.13 | Cody Thomas | TAS | 05 Oct 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 11 | 52.36 | Luke Davison | WBP | 05 May 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 52.08 | Christopher Lines | TAS | 13 Feb 1993 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 13 | 50.86 | Kiamo Ah Kuoi | AKL | 06 Jun 1993 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 14 | 50.81 | Matt Nicholls | WBP | 24 May 1990 | 1 | Open Meeting | Hamilton | 26 Nov 2011 |
| 15 | 50.11 | Kieran Fowler | OTG | 20 Aug 1989 | 1 | OTG Championships | Dunedin | 20 Feb 2011 |
| 16 | 46.59 | Ben Harrison | HBG | 16 Aug 1992 | D | NZL CE Championships | Tauranga | 13 Mar 2011 |
| 17 | 46.27 | Tim McKee | CAN | 11 Dec 1990 | 1 | Interclub | Christchurch | 05 Feb 2011 |
| 18 | 45.68 | Freddy Faulf | CAN | 25 Jul 1994 | 1 | Interclub | Burnside Christchurch | 05 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|------------|
| 1st | 80.51 | 80.16 | 85.35 | 84.21 |
| 10th | 47.74 | 53.85 | 52.98 | 53.31 |
| 20th | - | 46.91 | - | 45.68 18th |

MENS OPEN Combined Events

MENS OPEN Decathlon

| | | | | | | | | |
|---|------|----------------|-----|-------------|----|----------------------|------------|-------------|
| 1 | 8114 | Brent Newdick | AKL | 31 Jan 1985 | 8 | Hypo Meeting | Gotzis AUT | 29 May 2011 |
| 2 | 7288 | Scott McLaren | AKL | 27 Feb 1982 | 20 | TNT Fortuna | Kladno CZE | 16 Jun 2011 |
| 3 | 6112 | Cody Thomas | TAS | 05 Oct 1991 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 4 | 5757 | Pascal Kethers | AKL | 14 Aug 1995 | 2 | NZL CE Championships | Tauranga | 13 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|------|-------------------|-----|-------------|---|----------------------|----------|-------------|
| 5 | 5705 | Phil Simms | WBP | 09 Aug 1993 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 6 | 5482 | Luke Davison | WBP | 05 May 1994 | 2 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 7 | 5433 | Callum McConachy | MWA | 23 Aug 1985 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 8 | 5366 | John Gilmour | OTG | 11 May 1992 | 4 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 9 | 4948 | Richard Callister | AKL | 07 Jan 1995 | 1 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 10 | 4846 | Ben Harrison | HGB | 16 Aug 1992 | 5 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 11 | 4424 | Dafydd Morgan | CAN | 16 Nov 1989 | 5 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 12 | 4174 | Jarrold Adams | OTG | 07 May 1976 | 6 | NZL CE Championships | Tauranga | 13 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|------|------|------|-------------|
| 1st | 7660 | 7915 | 8091 | 8114 |
| 10th | - | 4236 | - | 4846 |
| 20th | - | - | - | - |

MENS 19 Track

MENS 19 100m

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|-----|---------------------------|------------------|-------------|
| 1 | 10.67 | -0.9 | Kodi Harman | WBP | 30 Apr 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 10.74 | 1.3 | Alex Jordan | TAS | 10 Apr 1992 | 2 | New Year Meeting | Timaru | 08 Jan 2011 |
| 3 | 10.77 | 1.6 | Joseph Millar | WBP | 24 Sep 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 4 | 10.78 | 0.8 | Scott Walker | CAN | 17 Aug 1992 | 2h | AUS Jnr Championships | Sydney AUS | 13 Mar 2011 |
| 5 | 10.86 | 1.4 | Tama Toki | AKL | 11 Feb 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 6 | 10.87 | 1.6 | Ryan Howe | WBP | 27 May 1992 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 7 | 10.89 | -0.9 | Andrew Whyte | OTG | 11 Oct 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 10.98 | 1.2 | Zac Topping | MWA | 07 Jul 1991 | 5 | Oceania Regional East | Apia SAM | 21 Jun 2011 |
| 9 | 11.09 | 1.4 | Blair Grant | OTG | 16 Jun 1994 | 5h3 | Commonwealth Youth Gam | Douglas GBR | 09 Sep 2011 |
| 10 | 11.10 | 1.4 | Michael Cooke | AKL | 23 Oct 1991 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 11 | 11.15 | -2.0 | Joshua Hawkins | AKL | 09 Feb 1994 | 2r2 | Mini Meet | North Shore | 02 Sep 2011 |
| 12 | 11.22 | 0.1 | Thomas Symes | MWA | 19 Apr 1994 | 3 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 13 | 11.27 | -0.5 | David Elliott | CAN | 13 Jul 1994 | 2s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 11.27 | 1.0 | Michael Jackson | AKL | 17 Oct 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 15 | 11.27 | -0.2 | Dee Jay Kennedy | STH | 29 Sep 1992 | 1 | Weekly Meeting | Dunedin | 20 Mar 2011 |
| 16 | 11.30 | 1.3 | Cody Thomas | TAS | 05 Oct 1991 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 17 | 11.31 | -2.0 | Frazer Wickes | AKL | 10 Feb 1992 | 3r2 | Mini Meet | North Shore | 02 Sep 2011 |
| 18 | 11.31 | 1.3 | Tyler Collings | CAN | 26 Nov 1993 | 3 | New Year Meeting | Timaru | 08 Jan 2011 |
| 19 | 11.32 | 1.9 | Cameron French | WBP | 17 May 1992 | 2 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 20 | 11.35 | 1.0 | Campbell Wu | AKL | 16 Sep 1993 | 1r3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 21 | 11.37 | -0.3 | Shannon Joseph | CAN | 07 Dec 1992 | 1r2 | Interclub | Christchurch | 12 Feb 2011 |
| 22 | 11.37 | 1.6 | William Lentjes | CAN | 02 Nov 1991 | 4 | Interclub | Christchurch | 15 Jan 2011 |
| 23 | 11.38 | 1.9 | Louis Hill | AKL | 26 Dec 1994 | 3 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 24 | 11.38 | 0.1 | Stephen Isaac | WEL | 29 Oct 1992 | 5 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 25 | 11.39 | 0.0 | Matthew Robinson | STH | 19 Jul 1991 | 4r2 | Capital Classic | Wellington | 28 Jan 2011 |
| 26 | 11.42 | 1.6 | Michael Cochrane | WBP | 13 Aug 1991 | 4 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 27 | 11.43 | -0.7 | Jamie Brassey | AKL | 02 Feb 1994 | 1h1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 28 | 11.43 | -0.5 | Andy Kruey | MWA | 13 Aug 1991 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 29 | 11.44 | 1.0 | Peter Callaghan | AKL | 28 Nov 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 30 | 11.45 | 0.8 | Phil Simms | WBP | 09 Aug 1993 | 3 | Open Meeting | Tauranga | 12 Mar 2011 |
| 31 | 11.46 | 1.3 | Andrew Moore | OTG | 26 Aug 1991 | 2 | Mahar Cup | Nelson | 05 Feb 2011 |
| 32 | 11.46 | 1.0 | Nicholas Gerrard | AKL | 18 Apr 1992 | 3r3 | Porritt Classic | Hamilton | 19 Feb 2011 |

MENS 19 200m

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|-----|---------------------------|--------------|-------------|
| 1 | 21.23 | 0.1 | Joshua Hawkins | AKL | 09 Feb 1994 | 1 | Mini Meet | North Shore | 18 Jun 2011 |
| 2 | 21.37 | 1.9 | Alex Jordan | TAS | 10 Apr 1992 | 1 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 3 | 21.39 | -0.4 | Kodi Harman | WBP | 30 Apr 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 21.55 | 0.7 | Tama Toki | AKL | 11 Feb 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 5 | 21.80 | 1.9 | Joseph Millar | WBP | 24 Sep 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 6 | 21.84 | -0.7 | Frazer Wickes | AKL | 10 Feb 1992 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 7 | 21.94 | 1.3 | Andrew Whyte | OTG | 11 Oct 1993 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 8 | 22.13 | -0.6 | Dee Jay Kennedy | STH | 29 Sep 1992 | 1h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 9 | 22.21 | 0.3 | Thomas Symes | MWA | 19 Apr 1994 | 1 | Club Meeting | Wanganui | 01 Nov 2011 |
| 10 | 22.25 | -1.0 | Matthew Robinson | STH | 19 Jul 1991 | 2h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 11 | 22.34 | -1.0 | Cameron French | WBP | 17 May 1992 | 3h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 12 | 22.42 | 1.9 | Ryan Howe | WBP | 27 May 1992 | 3 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 13 | 22.45 | 1.3 | Scott Walker | CAN | 17 Aug 1992 | 3r1 | Interclub | Christchurch | 19 Feb 2011 |
| 14 | 22.46 | 0.6 | Michael Jackson | AKL | 17 Oct 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 15 | 22.49 | 0.6 | Michael Cooke | AKL | 23 Oct 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|-------|------|--------------------|-----|-------------|-----|---------------------------|------------------|-------------|
| 16 | 22.49 | -0.2 | Scott Burch | MWA | 03 May 1991 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 17 | 22.63 | 0.5 | Liam Mitchell | AKL | 08 Feb 1991 | 1r3 | Capital Classic | Wellington | 28 Jan 2011 |
| 18 | 22.74 | 1.6 | Shannon Joseph | CAN | 07 Dec 1992 | 1r2 | Interclub | Christchurch | 19 Feb 2011 |
| 19 | 22.75 | 0.3 | David Elliott | CAN | 13 Jul 1994 | 1q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 20 | 22.77 | -1.0 | Zac Topping | MWA | 07 Jul 1991 | 4h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 21 | 22.78 | -1.5 | William Lentjes | CAN | 02 Nov 1991 | 3h3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 22 | 22.81 | 1.9 | Saravee Sos | WEL | 23 Jan 1991 | 3 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 23 | 22.84 | -1.9 | Tyler Collings | CAN | 26 Nov 1993 | 2 | Interclub | Christchurch | 15 Jan 2011 |
| 24 | 22.95 | 2.0 | Phil Simms | WBP | 09 Aug 1993 | 5 | Open Meeting | Tauranga | 04 Jan 2011 |
| 25 | 22.96 | -1.0 | Sean van der Busse | CAN | 01 Aug 1991 | 5h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 26 | 22.97 | 0.1 | Michael Gutry | WBP | 10 Sep 1994 | 1q4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 27 | 23.00 | -0.6 | Glen Matuschka | MWA | 29 Mar 1992 | 4h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 28 | 23.02 | 0.0 | Michael Goldie | WBP | 07 Mar 1994 | 2s3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 29 | 23.07 | -0.6 | Glen Ballam | STH | 21 Jun 1991 | 2 | OTG Championships | Dunedin | 19 Feb 2011 |
| 30 | 23.08 | 1.5 | Campbell Wu | AKL | 16 Sep 1993 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 31 | 23.14 | -0.2 | James Hutchens | WEL | 31 Mar 1992 | 1 | Gold Programme | Wellington | 19 Nov 2011 |
| 32 | 23.15 | -0.6 | Jamie Brasse | AKL | 02 Feb 1994 | 3s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 33 | 23.24 | -0.6 | Sam Fitzgerald | CAN | 26 Jun 1993 | 4s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 34 | 23.25 | -1.9 | Joshua Edwards | MWA | 23 Jun 1992 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 35 | 23.29 | 0.6 | Cameron Ward | AKL | 02 Jun 1992 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 36 | 23.30 | 0.9 | Alistair Adams | TAS | 06 Mar 1993 | 2 | Harold Nelson Classic | Nelson | 26 Nov 2011 |

MENS 19 400m

| | | | | | | | | | |
|----|-------|--|---------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 1 | 46.40 | | Alex Jordan | TAS | 10 Apr 1992 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 46.91 | | Andrew Whyte | OTG | 11 Oct 1993 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 47.44 | | Tama Toki | AKL | 11 Feb 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 47.47 | | Frazer Wickes | AKL | 10 Feb 1992 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 5 | 47.78 | | Matthew Robinson | STH | 19 Jul 1991 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 6 | 48.09 | | Thomas Symes | MWA | 19 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 48.31 | | Tyler Collings | CAN | 26 Nov 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 8 | 48.52 | | Scott Burch | MWA | 03 May 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 48.89 | | Joseph Millar | WBP | 24 Sep 1992 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 10 | 48.95 | | Glen Ballam | STH | 21 Jun 1991 | 2 | OTG Championships | Dunedin | 20 Feb 2011 |
| 11 | 49.46 | | Cameron French | WBP | 17 May 1992 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 12 | 49.48 | | Phil Simms | WBP | 09 Aug 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 13 | 50.20 | | Joshua Edwards | MWA | 23 Jun 1992 | 2 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 14 | 50.38 | | Campbell Wu | AKL | 16 Sep 1993 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 15 | 50.39 | | Cody Thomas | TAS | 05 Oct 1991 | 0 | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 16 | 50.43 | | Cameron Ward | AKL | 02 Jun 1992 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 17 | 50.45 | | Stephen Isaac | WEL | 29 Oct 1992 | 1 | Black Programme | Wellington | 15 Jan 2011 |
| 18 | 50.59 | | Liam Mitchell | AKL | 08 Feb 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 19 | 50.62 | | Alistair Adams | TAS | 06 Mar 1993 | 3 | SI Schools | Timaru | 02 Apr 2011 |
| 20 | 50.63 | | Glen Matuschka | MWA | 29 Mar 1992 | 3h1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 21 | 50.70 | | Ben Jowsey | OTG | 27 Jul 1993 | 4 | OTG Championships | Dunedin | 20 Feb 2011 |
| 22 | 50.74 | | William Mohammed | CAN | 19 Jul 1993 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 23 | 51.03 | | Scott Hilliar | WBP | 25 Jul 1994 | 5 | Open Meeting | Tauranga | 03 Dec 2011 |
| 24 | 51.04 | | Julian Oakley | WBP | 23 Jun 1993 | 1 | Club Meeting | Tauranga | 29 Nov 2011 |
| 25 | 51.10 | | Richard Fernando | CAN | 25 Apr 1991 | 4r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 26 | 51.29 | | Brad Mathas | MWA | 24 Jun 1993 | 1 | Club Meeting | Wanganui | 18 Oct 2011 |
| 27 | 51.61 | | William Simpson | WEL | 23 Jan 1992 | 3r2 | Sylvia Potts Classic | Hastings | 22 Jan 2011 |
| 28 | 51.65 | | Jarrod Jennings | WBP | 12 Dec 1993 | 2 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 29 | 51.67 | | Kieran Clark | MWA | 20 Jul 1993 | 3q1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 30 | 51.80 | | Rory English | WEL | 17 Aug 1993 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 31 | 51.82 | | Alistair Richardson | CAN | 27 Aug 1993 | 3r1 | Interclub | Timaru | 29 Oct 2011 |
| 32 | 51.91 | | Kieron McDonald | WEL | 28 Jun 1994 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 33 | 51.95 | | Jaxon Bonnici | AKL | 22 May 1993 | 5s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 34 | 51.97 | | William Cowper | MWA | 08 Nov 1994 | 3 | Club Meeting | Wanganui | 15 Nov 2011 |
| 35 | 52.04 | | Aaron McLelland | STH | 28 Nov 1994 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 36 | 52.20 | | Michael Peterson | MWA | 17 May 1994 | 4s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 37 | 52.22 | | Chad Butson | STH | 29 Apr 1992 | 5 | OTG Championships | Dunedin | 20 Feb 2011 |

MENS 19 800m

| | | | | | | | | | |
|---|---------|--|----------------|-----|-------------|---|----------------------|--------------|-------------|
| 1 | 1:50.15 | | Glen Ballam | STH | 21 Jun 1991 | 8 | BNE Track Classic | Brisbane AUS | 11 Feb 2011 |
| 2 | 1:50.24 | | Brad Mathas | MWA | 24 Jun 1993 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 1:50.24 | | Julian Oakley | WBP | 23 Jun 1993 | 1 | Club Meeting | Tauranga | 15 Nov 2011 |
| 4 | 1:52.44 | | Joshua Tattley | AKL | 06 May 1991 | 4 | Bays Distance Series | North Shore | 08 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|--------------------------|-------------|-------------|
| 5 | 1:53.90 | Seton Hill | AKL | 28 Jul 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 1:54.56 | Jack McDonald | CAN | 22 Apr 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 7 | 1:54.61 | Ben Jowsey | OTG | 27 Jul 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 1:54.62 | James Watt | AKL | 18 Jan 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 9 | 1:55.51 | Kieron McDonald | WEL | 28 Jun 1994 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 10 | 1:55.65 | Scott Hilliar | WBP | 25 Jul 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 11 | 1:56.24 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 3 | Open Meeting | Auckland | 19 Mar 2011 |
| 12 | 1:56.28 | Ben Anderson | OTG | 12 Oct 1991 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 13 | 1:56.29 | Julian Baker | WEL | 27 Aug 1992 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 14 | 1:56.41 | Finn Roy | WEL | 01 Dec 1993 | 2 | Gold Programme | Wellington | 12 Mar 2011 |
| 15 | 1:56.89 | Mathew Morreau | AKL | 04 Feb 1992 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 16 | 1:57.13 | Rory English | WEL | 17 Aug 1993 | 6 | Track Meet 4 Christchurc | Wellington | 26 Feb 2011 |
| 17 | 1:58.05 | Ben Moynihan | AKL | 08 Apr 1994 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 18 | 1:58.71 | Cameron Ward | AKL | 02 Jun 1992 | 5 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 19 | 1:58.71 | Brett Clifford | CAN | 28 Jul 1993 | 2 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 20 | 1:58.83 | Phil Simms | WBP | 09 Aug 1993 | 1 | Mini Meet | North Shore | 02 Sep 2011 |
| 21 | 1:59.92 | Cameron Urgert | AKL | 20 Aug 1993 | 3 | Auckland Championships | Auckland | 27 Feb 2011 |
| 22 | 1:59.93 | John Schreuder | AKL | 10 May 1992 | 6 | Open Meeting | Auckland | 19 Mar 2011 |
| 23 | 2:00.24 | Cameron Murdoch | WEL | 07 Jul 1994 | 4s1 | NZ Road Championships | Wellington | 10 Dec 2011 |
| 24 | 2:00.24 | Joshua Curry | MWA | 10 Mar 1992 | 2 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 25 | 2:00.74 | Michael Ogle | OTG | 29 Oct 1993 | 5s1 | NZ Road Championships | Wellington | 10 Dec 2011 |
| 26 | 2:00.76 | Ryan McAlister | WEL | 25 Sep 1993 | 1 | Black Programme | Wellington | 26 Nov 2011 |
| 27 | 2:00.85 | Joshua Van Dalen | MWA | 20 Feb 1991 | 9 | Gold Programme | Wellington | 12 Mar 2011 |
| 28 | 2:00.96 | Christopher McIlroy | WEL | 04 Jun 1993 | 2 | Black Programme | Wellington | 26 Nov 2011 |
| 29 | 2:01.01 | Ben Barry | AKL | 23 Jan 1991 | 10 | Gold Programme | Wellington | 12 Mar 2011 |
| 30 | 2:01.04 | Talor Gilmer | WEL | 21 Sep 1993 | 5h1 | NI Schools | Hamilton | 02 Apr 2011 |
| 31 | 2:01.18 | Alistair Perkinson | WEL | 26 Mar 1992 | 3 | WEL Championships | Wellington | 05 Feb 2011 |
| 32 | 2:01.45 | Cameron Graves | AKL | 01 Feb 1992 | 6 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 33 | 2:01.84 | Jacob Wilkinson | AKL | 01 Sep 1991 | 7 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 34 | 2:01.90 | Hamish O'Connell | CAN | 25 Aug 1991 | 3 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 35 | 2:02.08 | Luke Longdill | AKL | 29 Aug 1991 | 1r2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 36 | 2:02.45 | Matthew Murdoch | WEL | 10 Jul 1992 | 5 | Gold Programme | Wellington | 12 Mar 2011 |
| 37 | 2:02.82 | Ryan Slater | NTH | 25 Oct 1992 | 9 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

MENS 19 1000m

| | | | | | | | | |
|---|---------|--------------------|-----|-------------|---|--------------|--------|-------------|
| 1 | 2:34.99 | Craig Lautenslager | TAS | 30 Mar 1993 | 1 | Open Meeting | Nelson | 28 Oct 2011 |
| 2 | 2:37.13 | Cameron Murdoch | WEL | 07 Jul 1994 | 3 | Open Meeting | Nelson | 28 Oct 2011 |

MENS 19 1500m

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|--------------------------|-------------|-------------|
| 1 | 3:50.25 | Aaron Pulford | WBP | 24 Aug 1991 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 2 | 3:52.83 | Julian Oakley | WBP | 23 Jun 1993 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 3 | 3:53.28 | Jonathan Jackson | AKL | 09 Jan 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 4 | 3:55.13 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 3:55.64 | John Schreuder | AKL | 10 May 1992 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 6 | 3:56.31 | Cameron Graves | AKL | 01 Feb 1992 | 8 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 7 | 3:57.13 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 11 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 8 | 3:58.22 | Kieron McDonald | WEL | 28 Jun 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 3:59.06 | Craig Lautenslager | TAS | 30 Mar 1993 | 1rA | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 10 | 3:59.12 | Mathew Morreau | AKL | 04 Feb 1992 | 7 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 11 | 3:59.30 | Declan Wilson | AKL | 14 Dec 1993 | 2 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 12 | 3:59.32 | Tom Stringer | TAS | 16 Sep 1993 | 2rA | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 13 | 4:00.22 | Brett Clifford | CAN | 28 Jul 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 4:01.13 | Finn Roy | WEL | 01 Dec 1993 | 5 | Track Meet 4 Christchurc | Wellington | 26 Feb 2011 |
| 15 | 4:01.34 | Joshua Tattley | AKL | 06 May 1991 | 2h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 16 | 4:01.41 | Alex Gorrie | OTG | 12 Aug 1992 | 1 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 17 | 4:01.99 | Joshua Van Dalen | WEL | 20 Feb 1991 | 4h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 18 | 4:02.04 | Ben Barry | AKL | 23 Jan 1991 | 5h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 19 | 4:02.20 | Ewoud Noordeloos | TAS | 08 May 1991 | 6h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 20 | 4:02.55 | Jack Moody | AKL | 29 Aug 1993 | 5 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 21 | 4:03.41 | Julian Baker | WEL | 27 Aug 1992 | 6h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 22 | 4:04.65 | Glen Ballam | STH | 21 Jun 1991 | 1r2 | Weekly Meeting | Dunedin | 05 Mar 2011 |
| 23 | 4:05.16 | Cory Whiting | WBP | 15 Aug 1991 | 18 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 24 | 4:05.22 | Matt Baxter | TAR | 06 Aug 1994 | 1 | Mini Meet | North Shore | 02 Sep 2011 |
| 25 | 4:05.68 | Yared Kebede | WEL | 12 Apr 1993 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 26 | 4:06.07 | Ryan McAlister | WEL | 25 Sep 1993 | 8h1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 27 | 4:06.62 | Brad Mathas | MWA | 24 Jun 1993 | 1 | Club Meeting | Wanganui | 15 Nov 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|----------------|-----|-------------|-----|-------------------|------------|-------------|
| 28 | 4:06.70 | Lewis Commons | CAN | 23 Sep 1991 | 7h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 29 | 4:06.88 | Malcolm Hodge | WEL | 16 Nov 1992 | 8h2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 30 | 4:07.78 | Sean McCrudden | WEL | 16 Feb 1993 | 2 | Gold Programme | Wellington | 22 Jan 2011 |
| 31 | 4:08.20 | Haile Tesfaye | AKL | 27 Apr 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 32 | 4:08.63 | Tim Stewart | WEL | 21 Mar 1993 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 33 | 4:10.40 | Chris Boswell | AKL | 11 Feb 1993 | 8 | NI Schools | Hamilton | 02 Apr 2011 |
| 34 | 4:11.86 | Luke Longdill | AKL | 29 Aug 1991 | 1 | Open Meeting | Tauranga | 04 Jan 2011 |

MENS 19 Mile

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|---|-------------------|------------------|-------------|
| 1 | 4:11.98 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 2 | 4:13.39 | Julian Oakley | WBP | 23 Jun 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 3 | 4:14.63 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 4 | 4:17.18 | John Schreuder | AKL | 10 May 1992 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 5 | 4:18.11 | Declan Wilson | AKL | 14 Dec 1993 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 6 | 4:19.05 | Scott Hilliar | WBP | 25 Jul 1994 | 5 | John Walker N o M | Auckland | 17 Dec 2011 |
| 7 | 4:23.32 | Michael Vercoe-Curtis | AKL | 05 Jun 1992 | 7 | John Walker N o M | Auckland | 17 Dec 2011 |
| 8 | 4:25.01 | Yared Kebede | WEL | 12 Apr 1993 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 9 | 4:25.12 | Craig Lautenslager | TAS | 30 Mar 1993 | 8 | John Walker N o M | Auckland | 17 Dec 2011 |
| 10 | 4:30.16 | Ryan McAlister | WEL | 25 Sep 1993 | 2 | Scottish N o M | Wellington | 17 Dec 2011 |
| 11 | 4:32.31 | Alistair McDermott | AKL | 26 Dec 1994 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 12 | 4:34.07 | Chaz Hall | TAR | 18 May 1993 | 9 | John Walker N o M | Auckland | 17 Dec 2011 |
| 13 | 4:34.75 | Derick Lotz | CAN | 19 Nov 1992 | 5 | New Year Meeting | Timaru | 08 Jan 2011 |
| 14 | 4:34.89 | Sean McCrudden | WEL | 16 Feb 1993 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 15 | 4:35.71 | Malcolm Hodge | WEL | 16 Nov 1992 | 2 | Scottish N o M | Wellington | 17 Dec 2011 |
| 16 | 4:41.05 | Cameron Murdoch | WEL | 07 Jul 1994 | 3 | Scottish N o M | Wellington | 17 Dec 2011 |
| 17 | 4:41.25 | Harry Charles | AKL | 17 Apr 1994 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 18 | 4:42.97 | Ben Anderson | OTG | 12 Oct 1991 | 2 | Interclub | Dunedin | 12 Feb 2011 |
| 19 | 4:44.59 | Brett Clifford | CAN | 28 Jul 1993 | 6 | New Year Meeting | Timaru | 08 Jan 2011 |
| 20 | 4:44.63 | Mulu Yeshum | AKL | 27 Aug 1993 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |

MENS 19 3000m

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|---|------------------------|------------------|-------------|
| 1 | 8:17.24 | Jonathan Jackson | AKL | 09 Jan 1991 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 2 | 8:20.88 | John Schreuder | AKL | 10 May 1992 | 4 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 3 | 8:21.95 | Cameron Graves | AKL | 01 Feb 1992 | 2 | Bays Distance Series | North Shore | 15 Mar 2011 |
| 4 | 8:24.19 | Declan Wilson | AKL | 14 Dec 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 8:33.05 | Julian Oakley | WBP | 23 Jun 1993 | 1 | Open Meeting | Tauranga | 12 Mar 2011 |
| 6 | 8:35.47 | Craig Lautenslager | TAS | 30 Mar 1993 | 9 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 7 | 8:39.76 | Cory Whiting | WBP | 15 Aug 1991 | 2 | Open Meeting | Tauranga | 12 Mar 2011 |
| 8 | 8:43.75 | Nick Berry | AKL | 30 Jul 1991 | 3 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 9 | 8:46.03 | Mohamed Ali | WBP | 01 Jul 1993 | 4 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 10 | 8:46.39 | Matt Baxter | TAR | 06 Aug 1994 | 7 | Commonwealth Youth Gam | Douglas GBR | 11 Sep 2011 |
| 11 | 8:47.38 | Cameron Burstall | AKL | 17 Aug 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 8:47.97 | Alex Gorrie | OTG | 12 Aug 1992 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |
| 13 | 8:49.83 | Tim Stewart | WEL | 21 Mar 1993 | 5 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 14 | 8:49.85 | Ben Moynihan | AKL | 08 Apr 1994 | 2 | Hot Meet | Auckland | 29 Oct 2011 |
| 15 | 8:51.13 | Tom Stringer | TAS | 16 Sep 1993 | 1 | Twilight Series | Nelson | 04 Nov 2011 |
| 16 | 8:51.20 | Jack Moody | AKL | 29 Aug 1993 | 4 | Hot Meet | Auckland | 29 Oct 2011 |
| 17 | 8:53.20 | Hassan Roble | WEL | 03 Jan 1993 | 3 | Gold Programme | Wellington | 19 Nov 2011 |
| 18 | 8:53.84 | Shaun Burgess | STH | 02 Apr 1991 | 1 | Otago 3000m Chmp | Dunedin | 05 Feb 2011 |
| 19 | 8:55.14 | Yared Kebede | WEL | 12 Apr 1993 | 4 | Gold Programme | Wellington | 19 Nov 2011 |
| 20 | 8:55.20 | Haile Tesfaye | AKL | 27 Apr 1992 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 21 | 8:58.39 | Ryan McAlister | WEL | 25 Sep 1993 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 22 | 8:58.92 | Alexander Fowler | CAN | 22 Jun 1991 | 2 | CAN Championship | Christchurch | 19 Feb 2011 |
| 23 | 9:03.38 | Simon Gannaway | CAN | 14 Apr 1991 | 3 | New Year Meeting | Timaru | 08 Jan 2011 |
| 24 | 9:04.76 | Sean McCrudden | WEL | 16 Feb 1993 | 7 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 25 | 9:10.49 | Jack McDonald | CAN | 22 Apr 1993 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 26 | 9:12.19 | Lewis Commons | CAN | 23 Sep 1991 | 3 | CAN Championship | Christchurch | 19 Feb 2011 |
| 27 | 9:14.70 | Antoine Bonnet | MWA | 21 Nov 1994 | 1 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |

MENS 19 5000m

| | | | | | | | | |
|---|----------|------------------|-----|-------------|---|-------------------|---------|-------------|
| 1 | 14:40.07 | Cameron Graves | AKL | 01 Feb 1992 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 14:53.77 | Jonathan Jackson | AKL | 09 Jan 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 3 | 15:14.16 | Alexander Fowler | CAN | 22 Jun 1991 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 4 | 15:14.93 | Alex Gorrie | OTG | 12 Aug 1992 | 4 | NZL Championships | Dunedin | 25 Mar 2011 |
| 5 | 15:16.35 | Cory Whiting | WBP | 15 Aug 1991 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|---|----------|---------------|-----|-------------|---|-------------------------|--------------|-------------|
| 6 | 15:23.63 | Tim Stewart | WEL | 21 Mar 1993 | 6 | NZL Championships | Dunedin | 25 Mar 2011 |
| 7 | 15:44.05 | Shaun Burgess | STH | 02 Apr 1991 | 1 | Southland Championships | Invercargill | 27 Feb 2011 |

MENS 19 10,000m

| | | | | | | | | |
|---|----------|------------------|-----|-------------|---|------------------------|----------|-------------|
| 1 | 29:52.51 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 2 | 31:05.36 | Jonathan Jackson | AKL | 09 Jan 1991 | 4 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 3 | 32:21.69 | Alex Gorrie | OTG | 12 Aug 1992 | 1 | Otago Championship | Dunedin | 17 Dec 2011 |
| 4 | 32:27.30 | Cory Whiting | WBP | 15 Aug 1991 | 8 | NZ 10000m Championship | Tauranga | 04 Jan 2011 |

MENS 19 Half Marathon

| | | | | | | | | |
|---|---------|----------------|-----|-------------|---|----------------------|-----------|-------------|
| 1 | 1:07:41 | Aaron Pulford | WBP | 24 Aug 1991 | 1 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 2 | 1:10:53 | Cameron Graves | AKL | 01 Feb 1992 | 4 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 3 | 1:14:52 | Teklay Zinaw | AKL | 17 Mar 1994 | 1 | Waitakere City HM | Waitakere | 09 Oct 2011 |

MENS 19 2000m Steeplechase

| | | | | | | | | |
|---|---------|------------------|-----|-------------|-----|----------------------|------------|-------------|
| 1 | 6:08.20 | Jack Moody | AKL | 29 Aug 1993 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 6:13.17 | Thomas Currie | AKL | 11 Sep 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 6:19.25 | Liam Walsh | WBP | 28 Jul 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 6:19.80 | Cameron Burstall | AKL | 17 Aug 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 6:25.75 | Henry Watt | AKL | 17 Nov 1994 | 1h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 6 | 6:27.20 | Peter Wheeler | AKL | 03 Apr 1994 | 3h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 7 | 6:28.44 | Liam Cowley | AKL | 26 Jul 1994 | 4h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 8 | 6:31.88 | Matthew Taylor | HGB | 28 Jun 1994 | 9 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 6:32.58 | Sam Hopper | MWA | 30 Nov 1994 | 7h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

MENS 19 3000m Steeplechase

| | | | | | | | | |
|---|----------|------------------|-----|-------------|---|------------------------|----------|-------------|
| 1 | 9:58.15 | Liam Walsh | WBP | 28 Jul 1993 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 10:02.59 | Luke Longdill | AKL | 29 Aug 1991 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 3 | 10:06.67 | Alexander Fowler | CAN | 22 Jun 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 10:16.40 | Jack Moody | AKL | 29 Aug 1993 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |

MENS 19 110m Hurdles

| | | | | | | | | | |
|---|-------|------|------------------|-----|-------------|---|-------------------|----------|-------------|
| 1 | 14.06 | 1.3 | Michael Cochrane | WBP | 13 Aug 1991 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 2 | 14.23 | 1.8 | Peter Callaghan | AKL | 28 Nov 1991 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 14.78 | 1.8 | Stephen Isaac | WEL | 29 Oct 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 14.80 | 1.8 | Phil Simms | WBP | 09 Aug 1993 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 15.02 | 0.1 | Jack Henry | CAN | 22 Mar 1994 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 6 | 15.57 | 0.1 | Jesse Bryant | CAN | 27 Jan 1995 | 2 | Interclub | Timaru | 26 Nov 2011 |
| 7 | 15.89 | 1.4 | John Gilmour | OTG | 11 May 1992 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 8 | 16.24 | -2.4 | Michael Jolly | CAN | 28 Aug 1992 | 2 | SI Schools | Timaru | 02 Apr 2011 |

MENS 19 400m Hurdles

| | | | | | | | | |
|---|-------|------------------|-----|-------------|---|----------------------|------------------|-------------|
| 1 | 50.62 | Michael Cochrane | WBP | 13 Aug 1991 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 2 | 53.23 | Cameron French | WBP | 17 May 1992 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 54.23 | Stephen Isaac | WEL | 29 Oct 1992 | 5 | International Gala | Antwerp BEL | 27 Aug 2011 |
| 4 | 54.27 | Phil Simms | WBP | 09 Aug 1993 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 54.56 | Campbell Wu | AKL | 16 Sep 1993 | 1 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 6 | 54.92 | Daniel Dyet | AKL | 21 Mar 1991 | 3 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 7 | 58.31 | Sam Fitzgerald | CAN | 26 Jun 1993 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |

MENS 19 Field

MENS 19 High Jump

| | | | | | | | | |
|---|------|-------------------|-----|-------------|---|----------------------|------------|-------------|
| 1 | 2.02 | Nicholas Gerrard | AKL | 18 Apr 1992 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 2.00 | Phillip Wyatt | AKL | 31 Aug 1993 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 3 | 2.00 | Ross Walker-Smart | AKL | 22 Nov 1993 | 1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 4 | 1.98 | Cody Thomas | TAS | 05 Oct 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 5 | 1.98 | Sam Vesey | AKL | 04 Jul 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 6 | 1.90 | Simon Small | CAN | 16 Apr 1992 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 7 | 1.90 | Joseph Reynolds | WBP | 15 Jan 1994 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 8 | 1.90 | Luke Davison | WBP | 05 May 1994 | 1 | Open Meeting | Hamilton | 26 Nov 2011 |
| 9 | 1.90 | Jordan Peters | AKL | 19 Jun 1994 | 1 | Hot Meet 2 | Auckland | 05 Nov 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|------|------------------|-----|-------------|---|----------------------|------------|-------------|
| 10 | 1.90 | Andrew Moore | OTG | 26 Aug 1991 | 2 | Mahar Cup | Nelson | 05 Feb 2011 |
| 11 | 1.86 | Nick Rapana | CAN | 22 Aug 1993 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 12 | 1.85 | Brent Cheshire | OTG | 27 Nov 1994 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 13 | 1.85 | Ben Harrison | HBG | 16 Aug 1992 | 6 | Capital Classic | Wellington | 28 Jan 2011 |
| 14 | 1.83 | John Gilmour | OTG | 11 May 1992 | D | NZL CE Championships | Tauranga | 12 Mar 2011 |
| 15 | 1.80 | Hayden Wright | AKL | 24 Oct 1993 | 8 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 1.80 | Nicolaas Vickers | AKL | 29 Apr 1993 | 5 | NI Schools | Hamilton | 02 Apr 2011 |

MENS 19 Pole Vault

| | | | | | | | | |
|---|------|--------------------|-----|-------------|---|----------------------|--------------|-------------|
| 1 | 4.90 | Nicholas Southgate | AKL | 09 Apr 1994 | 7 | Bauhaus | Mannhiem GER | 03 Jul 2011 |
| 2 | 4.05 | Ben Harrison | HBG | 16 Aug 1992 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 4.00 | Thomas North | AKL | 02 Jan 1994 | 1 | Pole Vault Series #2 | North Shore | 16 Nov 2011 |

MENS 19 Long Jump

| | | | | | | | | | |
|----|------|------|----------------------|-----|-------------|---|-----------------------|------------------|-------------|
| 1 | 7.37 | 1.9 | Ryan Howe | WBP | 27 May 1992 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 2 | 7.36 | 1.2 | Brendon Barnett | TAS | 29 Mar 1994 | 1 | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 3 | 7.18 | 2.0 | James Hutchens | WEL | 31 Mar 1992 | 1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 4 | 7.00 | 1.4 | Nicholas Gerrard | AKL | 18 Apr 1992 | 2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 5 | 6.99 | 1.2 | Andrew Moore | OTG | 26 Aug 1991 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 6 | 6.98 | 0.9 | Daniel Fake | TAR | 24 Feb 1992 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 7 | 6.94 | 1.4 | Phillip Wyatt | AKL | 31 Aug 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 6.75 | 0.0 | Manu Ravouvouniconua | STH | 22 Sep 1992 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 6.73 | -0.2 | Phil Simms | WBP | 09 Aug 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 10 | 6.63 | 1.4 | Todd Swanson | STH | 28 Jan 1991 | 6 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 11 | 6.60 | 0.2 | Andy Kruy | MWA | 13 Aug 1991 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 12 | 6.57 | 1.2 | Eroni Sotutu | STH | 28 Jun 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 6.45 | 1.3 | John Gilmour | OTG | 11 May 1992 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 14 | 6.43 | 2.0 | Joshua Vosawale | STH | 21 Feb 1993 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 15 | 6.41 | | Danyon Cuneen | WBP | 10 Jun 1993 | 1 | Open Meeting | Hamilton | 26 Nov 2011 |
| 16 | 6.22 | 0.0 | Cody Thomas | TAS | 05 Oct 1991 | D | NZL CE Championships | Tauranga | 12 Mar 2011 |
| 17 | 6.19 | 0.0 | Nicolaas Vickers | AKL | 29 Apr 1993 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 18 | 6.17 | 0.6 | William Cowper | MWA | 08 Nov 1994 | 4 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 19 | 6.17 | 1.5 | Jaxon Bonnici | AKL | 22 May 1993 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

MENS 19 Triple Jump

| | | | | | | | | | |
|---|-------|------|----------------------|-----|-------------|---|-----------------------|--------------|-------------|
| 1 | 14.81 | 1.5 | Todd Swanson | STH | 28 Jan 1991 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 2 | 14.72 | 0.7 | Daniel Fake | TAR | 24 Feb 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 14.58 | 0.0 | Scott Thomson | WEL | 22 Jun 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 4 | 14.36 | 1.8 | Manu Ravouvouniconua | STH | 22 Sep 1992 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 5 | 14.22 | 0.0 | Zinza Fern | TAR | 06 May 1992 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 13.62 | 0.0 | Phillip Wyatt | AKL | 31 Aug 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 13.34 | 1.0 | Ben Graham | STH | 13 Nov 1991 | 1 | Interclub | Christchurch | 19 Feb 2011 |
| 8 | 12.86 | -0.9 | William Cowper | MWA | 08 Nov 1994 | 1 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |

MENS 19 Shot Put

| | | | | | | | | | |
|----|-------|--|-------------------------|-----|-------------|----|------------------------|-------------------|-------------|
| 1 | 22.31 | | Jacko Gill | AKL | 20 Dec 1994 | 1 | Millennium Series | North Shore | 05 Dec 2011 |
| 2 | 20.56 | | Tom Walsh | CAN | 01 Mar 1992 | 1 | Bauhaus Jnr | Mannheim GER | 02 Jul 2011 |
| 3 | 17.03 | | Nicholas Gerrard | AKL | 18 Apr 1992 | 1 | Throws Winter Series | North Shore | 27 Aug 2011 |
| 4 | 16.21 | | Adam Miller | AKL | 03 Jun 1992 | 2 | Millennium Series #2 | North Shore | 19 Dec 2011 |
| 5 | 16.08 | | James Doyle | AKL | 19 Jul 1991 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 6 | 15.28 | | William Francis-Dittmer | AKL | 24 May 1994 | 2 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 7 | 15.02 | | Kyle Van Der Merwe | TAR | 08 Aug 1995 | 5 | Millennium Series #2 | North Shore | 19 Dec 2011 |
| 8 | 14.83 | | Hamish Finnie | OTG | 23 Jul 1992 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 9 | 14.79 | | Alexander Parkinson | AKL | 08 Sep 1994 | 3 | Spring Series #2 | North Shore | 01 Oct 2011 |
| 10 | 14.49 | | Jerry Peseta | WEL | 07 Apr 1992 | 8 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 11 | 14.45 | | Alex Fafeita | WEL | 31 Aug 1994 | 4 | Millennium Series #3 | North Shore | 22 Dec 2011 |
| 12 | 14.34 | | Ryan Tinkle | WEL | 20 Feb 1992 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 13 | 14.19 | | Dean Rusbatch | OTG | 26 Mar 1994 | 1 | Weekly Meeting | Dunedin | 29 Oct 2011 |
| 14 | 14.09 | | Hayden Hall | CAN | 26 Mar 1993 | 1 | Interclub | Christchurch | 12 Feb 2011 |
| 15 | 14.07 | | Nicolas McGrath | CAN | 07 Jul 1994 | 1 | Interclub | Timaru | 29 Oct 2011 |
| 16 | 13.83 | | William Hubber | STH | 28 Apr 1991 | 11 | SEMO Joey Haines Inv | Cape Girardeau MO | 01 Apr 2011 |
| 17 | 13.78 | | Joshua Greig | WEL | 05 Mar 1991 | 8 | NZL Championships | Dunedin | 26 Mar 2011 |
| 18 | 13.22 | | Benedict Chong Wong | AKL | 02 Jan 1996 | 6 | Millennium Series #3 | North Shore | 22 Dec 2011 |
| 19 | 13.08 | | Luke Davison | WBP | 05 May 1994 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|-------|----------------|-----|-------------|---|-----------------|---------|-------------|
| 20 | 13.04 | Daniel Baxter | HBG | 26 Oct 1994 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 21 | 12.96 | Dale Pritchard | TAS | 25 Oct 1985 | 1 | Twilight Series | Nelson | 04 Nov 2011 |
| 22 | 12.01 | John Gilmour | OTG | 11 May 1992 | 4 | Weekly Meeting | Dunedin | 29 Oct 2011 |

MENS 19 Discus Throw

| | | | | | | | | |
|----|-------|--------------------------|-----|-------------|---|------------------------|------------------|-------------|
| 1 | 53.18 | Hayden Hall | CAN | 26 Mar 1993 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 2 | 52.15 | Tom Walsh | CAN | 01 Mar 1992 | 2 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 3 | 47.47 | Richard Callister | AKL | 07 Jan 1995 | 6 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 4 | 47.39 | Adam Miller | AKL | 03 Jun 1992 | 1 | Pre Departure Meet | North Shore | 02 Sep 2011 |
| 5 | 45.23 | Ryan Tinkle | WEL | 20 Feb 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 44.45 | Jerry Peseta | WEL | 07 Apr 1992 | 2 | Capital Classic | Wellington | 28 Jan 2011 |
| 7 | 43.61 | Hamish Finnie | OTG | 23 Jul 1992 | 1 | Weekly Meeting | Dunedin | 10 Dec 2011 |
| 8 | 43.35 | Nicolas McGrath | CAN | 07 Jul 1994 | 2 | Interclub | Timaru | 26 Nov 2011 |
| 9 | 43.11 | Nicholas Gerrard | AKL | 18 Apr 1992 | 1 | Throws Winter Series | North Shore | 27 Aug 2011 |
| 10 | 42.10 | Alexander Parkinson | AKL | 08 Sep 1994 | 2 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 11 | 42.05 | Rex Tatoa | AKL | 06 Jun 1992 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |
| 12 | 41.38 | Adam Fleming | WBP | 23 Dec 1994 | 2 | Sam Johnson Mem | Hamilton | 04 Dec 2011 |
| 13 | 41.00 | Dean Rusbatch | OTG | 26 Mar 1994 | 2 | Weekly Meeting | Dunedin | 02 Oct 2011 |
| 14 | 40.57 | Benjamin Langton-Burnell | MWA | 07 Oct 1992 | 1 | Club Meeting | Palmerston North | 13 Dec 2011 |
| 15 | 39.24 | Joshua Greig | WEL | 05 Mar 1991 | 3 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 16 | 39.21 | Kiamo Ah Kuoi | AKL | 06 Jun 1993 | 1 | Club Meeting | North Shore | 19 Mar 2011 |
| 17 | 36.76 | Michael Cochrane | WBP | 13 Aug 1991 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 18 | 35.79 | Luke Davison | WBP | 05 May 1994 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 19 | 35.48 | Matthew Brorens | CAN | 11 Jun 1994 | 6 | Interclub | Timaru | 26 Nov 2011 |
| 20 | 33.76 | Phillip Meikle | CAN | 10 Mar 1994 | 2 | Interclub | Timaru | 29 Oct 2011 |
| 21 | 33.44 | Cameron Prouting | MWA | 02 Aug 1993 | 3 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 22 | 33.23 | Pascal Kethers | AKL | 14 Aug 1995 | D | NZL CE Championships | Tauranga | 13 Mar 2011 |
| 23 | 33.18 | Cody Thomas | TAS | 05 Oct 1991 | D | NZL CE Championships | Tauranga | 13 Mar 2011 |

MENS 19 Hammer Throw

| | | | | | | | | |
|---|-------|---------------------|-----|-------------|---|-----------------------|-------------|-------------|
| 1 | 62.66 | Ryan Tinkle | WEL | 20 Feb 1992 | 1 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 2 | 53.71 | William Hubber | STH | 28 Apr 1991 | 9 | War Eagle Inv | Auburn AL | 15 Apr 2011 |
| 3 | 51.93 | Adam Miller | AKL | 03 Jun 1992 | 1 | Spring Series #3 | North Shore | 15 Oct 2011 |
| 4 | 50.59 | Alex Fafeita | WEL | 31 Aug 1994 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 5 | 50.13 | Dean Rusbatch | OTG | 26 Mar 1994 | 1 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 6 | 44.69 | Alexander Parkinson | AKL | 08 Sep 1994 | 2 | Sam Johnson Mem | Hamilton | 04 Dec 2011 |
| 7 | 44.66 | Hamish Finnie | OTG | 23 Jul 1992 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 8 | 42.03 | Meseka Lupo | WEL | 23 Dec 1994 | 2 | Gold Programme | Wellington | 19 Nov 2011 |
| 9 | 37.17 | Todd Bates | OTG | 29 Nov 1994 | 6 | NZL Championships | Dunedin | 25 Mar 2011 |

MENS 19 Javelin Throw

| | | | | | | | | |
|----|-------|--------------------------|-----|-------------|---|------------------------|-----------------------|-------------|
| 1 | 64.80 | Benjamin Langton-Burnell | MWA | 07 Oct 1992 | 1 | Club Meeting | Palmerston North | 29 Nov 2011 |
| 2 | 55.28 | Franco Patu | WEL | 01 Feb 1993 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 3 | 54.70 | Brendon Barnett | TAS | 29 Mar 1994 | 1 | Twilight Meet | Nelson | 18 Nov 2011 |
| 4 | 53.31 | Nicholas Gerrard | AKL | 18 Apr 1992 | 2 | Open Meeting | North Shore | 09 Apr 2011 |
| 5 | 53.13 | Cody Thomas | TAS | 05 Oct 1991 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 6 | 52.36 | Luke Davison | WBP | 05 May 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 52.08 | Christopher Lines | TAS | 13 Feb 1993 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 8 | 50.86 | Kiamo Ah Kuoi | AKL | 06 Jun 1993 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 9 | 46.59 | Ben Harrison | HBG | 16 Aug 1992 | D | NZL CE Championships | Tauranga | 13 Mar 2011 |
| 10 | 45.68 | Freddy Faul | CAN | 25 Jul 1994 | 1 | Interclub | Burnside Christchurch | 05 Nov 2011 |

MENS 19 Combined Events

MENS 19 Decathlon

| | | | | | | | | |
|---|------|----------------|-----|-------------|---|----------------------|----------|-------------|
| 1 | 6112 | Cody Thomas | TAS | 05 Oct 1991 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 2 | 5757 | Pascal Kethers | AKL | 14 Aug 1995 | 2 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 3 | 5705 | Phil Simms | WBP | 09 Aug 1993 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 4 | 5482 | Luke Davison | WBP | 05 May 1994 | 2 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 5 | 5366 | John Gilmour | OTG | 11 May 1992 | 4 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 6 | 4846 | Ben Harrison | HBG | 16 Aug 1992 | 5 | NZL CE Championships | Tauranga | 13 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

MENS 16 Track

MENS 16 100m

| | | | | | | | | | |
|----|-------|------|----------------|-----|-------------|-----|-----------------------|-------------|-------------|
| 1 | 11.04 | 0.0 | Joshua Hawkins | AKL | 09 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 11.07 | 0.1 | Dalton Coppins | AKL | 27 Apr 1995 | 4 | Open Meeting | North Shore | 11 Jun 2011 |
| 3 | 11.08 | 1.2 | Blair Grant | OTG | 16 Jun 1994 | 5h | AUS Jnr Championships | Sydney AUS | 13 Mar 2011 |
| 4 | 11.13 | 1.5 | Kodi Harman | WBP | 30 Apr 1994 | 1 | BOP Sec Schools | Tauranga | 08 Mar 2011 |
| 5 | 11.14 | -0.9 | Robert Jopp | OTG | 05 Apr 1995 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 11.14 | -0.9 | Gavin Stark | STH | 28 Dec 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 11.25 | 1.9 | Blake Gordon | WBP | 07 May 1996 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 8 | 11.29 | 1.5 | Louis Hill | AKL | 26 Dec 1994 | 1h2 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 11.35 | 1.7 | Thomas Symes | MWA | 19 Apr 1994 | 1 | Wanganui Schools Ch | Wanganui | 09 Mar 2011 |
| 10 | 11.41 | 0.0 | Tom Smith | HBG | 05 May 1996 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 11.50 | 1.3 | Jesse Bryant | CAN | 27 Jan 1995 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 12 | 11.90 | 0.5 | Oliver Ranby | WBP | 19 Mar 1995 | 1h2 | BOP Sec Schools | Tauranga | 08 Mar 2011 |

MENS 16 200m

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|-----|-----------------------|------------|-------------|
| 1 | 21.38 | 0.2 | Joshua Hawkins | AKL | 09 Feb 1994 | 1 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 2 | 21.89 | 0.2 | Dalton Coppins | AKL | 27 Apr 1995 | 4 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 3 | 22.24 | 0.8 | Blake Gordon | WBP | 07 May 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 22.56 | -0.4 | Robert Jopp | OTG | 05 Apr 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 22.63 | -0.3 | Kodi Harman | WBP | 30 Apr 1994 | 1h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 22.77 | 2.0 | Thomas Symes | MWA | 19 Apr 1994 | 1 | Wanganui Schools Ch | Wanganui | 09 Mar 2011 |
| 7 | 22.86 | -1.9 | Louis Hill | AKL | 26 Dec 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 22.86 | 0.0 | Michael Goldie | WBP | 07 Mar 1994 | 3 | Open Meeting | Tauranga | 13 Feb 2011 |
| 9 | 22.86 | -0.3 | David Elliott | CAN | 13 Jul 1994 | 3h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 10 | 22.90 | -0.3 | Tom Smith | HBG | 05 May 1996 | 4h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 11 | 22.94 | -0.3 | Blair Grant | OTG | 16 Jun 1994 | 5h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 12 | 23.12 | -0.4 | Gavin Stark | STH | 28 Dec 1995 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 23.23 | -0.3 | Oliver Ranby | WBP | 19 Mar 1995 | 6h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 14 | 23.24 | 1.1 | Peauope Suli | AKL | 12 Dec 1995 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 15 | 23.35 | 2.0 | Austen Heuvel | AKL | 14 Jun 1996 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 16 | 23.36 | -1.0 | Thomas Martin | CAN | 23 Mar 1995 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 17 | 23.45 | 2.0 | Jack Hurley | MWA | 20 Oct 1994 | 2 | Wanganui Schools Ch | Wanganui | 09 Mar 2011 |
| 18 | 23.46 | -1.9 | Fletcher Greaves | WEL | 25 Jul 1996 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 19 | 23.50 | 1.3 | Adam Ramsdale | AKL | 02 Jan 1996 | 2q1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

MENS 16 400m

| | | | | | | | | | |
|----|-------|--|-------------------|-----|-------------|-----|----------------------|------------|-------------|
| 1 | 49.42 | | Thomas Symes | MWA | 19 Apr 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 49.83 | | Dalton Coppins | AKL | 27 Apr 1995 | 4 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 3 | 50.11 | | Jonny Rae | WBP | 08 May 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 50.16 | | Bennet Rogers | WBP | 20 Sep 1995 | 2s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 50.34 | | Thomas Martin | CAN | 23 Mar 1995 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 6 | 50.80 | | Jack Hurley | MWA | 20 Oct 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 50.89 | | Fletcher Greaves | WEL | 25 Jul 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 50.96 | | William Smart | MWA | 12 May 1995 | 2 | Club Meeting | Wanganui | 15 Nov 2011 |
| 9 | 51.28 | | Billy Kerr | HBG | 08 Aug 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 10 | 51.47 | | Matthew Connolly | WBP | 02 May 1995 | 3q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 11 | 51.71 | | Oliver Ranby | WBP | 19 Mar 1995 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 12 | 52.29 | | Jesse Bryant | CAN | 27 Jan 1995 | 0 | North Island CE Ch | Hastings | 19 Nov 2011 |
| 13 | 52.33 | | Ethan Campbell | STH | 18 May 1994 | 6 | SI Schools | Timaru | 02 Apr 2011 |
| 14 | 52.35 | | Christopher McNoe | OTG | 13 Jul 1996 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 15 | 52.42 | | Aaron McLelland | STH | 28 Nov 1994 | 3h1 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 52.50 | | Robert Jopp | OTG | 05 Apr 1995 | 1 | Weekly Meeting | Dunedin | 19 Nov 2011 |

MENS 16 800m

| | | | | | | | | | |
|---|---------|--|------------------|-----|-------------|---|------------------------|-----------|-------------|
| 1 | 1:53.63 | | Kieron McDonald | WEL | 28 Jun 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 1:54.08 | | Charles Scannell | WEL | 23 Mar 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 3 | 1:55.31 | | Ben Moynihan | AKL | 08 Apr 1994 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 4 | 1:57.10 | | Liam Cowley | AKL | 26 Jul 1994 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 5 | 1:57.56 | | Thomas Monnery | AKL | 24 Oct 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 1:57.68 | | Cameron Murdoch | WEL | 07 Jul 1994 | 3 | SI Schools | Timaru | 02 Apr 2011 |
| 7 | 1:58.35 | | Scott Hilliar | WBP | 25 Jul 1994 | 3 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 8 | 1:58.51 | | Matt Baxter | TAR | 06 Aug 1994 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|-----|-----------------------|------------------|-------------|
| 9 | 1:58.88 | Rhys Bishop | TAR | 29 Jun 1995 | 1 | NPBHS Championships | Inglewood | 10 Feb 2011 |
| 10 | 1:58.90 | Theunis Pieters | WBP | 07 Apr 1995 | 8 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 11 | 2:00.27 | Taylor Quirk | MWA | 25 Jul 1994 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 12 | 2:00.50 | Joel Farley | WEL | 26 Mar 1994 | 16 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 13 | 2:00.57 | Drikus Conradie | WBP | 01 Mar 1996 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 2:00.84 | Tom Quinn | WEL | 22 Jun 1995 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 2:00.85 | Sam Smith | STH | 01 Feb 1995 | 3 | OTG Championships | Dunedin | 19 Feb 2011 |
| 16 | 2:01.17 | Luke McCallum | TAR | 05 May 1994 | 1r1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 17 | 2:02.16 | Toby Batchelor | OTG | 21 Apr 1994 | 1 | OTG Championships | Dunedin | 20 Feb 2011 |
| 18 | 2:02.29 | Thomas Sussex | AKL | 26 Jun 1994 | 2 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 19 | 2:02.53 | Andrew Muggeridge | WBP | 19 Mar 1995 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 20 | 2:02.76 | Sol Frew | STH | 31 Jan 1994 | 5 | SI Schools | Timaru | 02 Apr 2011 |

MENS 16 1000m

| | | | | | | | | |
|---|---------|-----------------|-----|-------------|---|----------------------|----------|-------------|
| 1 | 2:36.71 | Mike Lowe | TAS | 28 Nov 1995 | 2 | Open Meeting | Nelson | 28 Oct 2011 |
| 2 | 2:40.30 | Theunis Pieters | WBP | 07 Apr 1995 | 1 | Open Meeting | Hamilton | 29 Oct 2011 |
| 3 | 2:44.56 | Luke Davison | WBP | 05 May 1994 | 0 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 4 | 2:45.90 | Jacob Priddey | WBP | 28 Nov 1996 | 2 | Open Meeting | Hamilton | 29 Oct 2011 |

MENS 16 1500m

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|-----|-----------------------|------------|-------------|
| 1 | 3:54.93 | Kieron McDonald | WEL | 28 Jun 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 2 | 3:55.52 | Matt Baxter | TAR | 06 Aug 1994 | 1 | NPBHS Championships | Inglewood | 10 Mar 2011 |
| 3 | 3:57.97 | Ben Moynihan | AKL | 08 Apr 1994 | 13 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 4 | 4:02.31 | Charles Scannell | WEL | 23 Mar 1994 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 4:03.43 | Benjamin Musson | CAN | 20 Sep 1995 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 4:03.57 | Scott Hilliar | WBP | 25 Jul 1994 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 4:04.54 | Magnus Whyte | AKL | 14 May 1995 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 8 | 4:05.01 | Cameron Murdoch | WEL | 07 Jul 1994 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |
| 9 | 4:05.51 | Oliver Smith | WBP | 11 Apr 1994 | 2 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 10 | 4:06.89 | Luke McCallum | TAR | 05 May 1994 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 4:07.13 | Marcus Karamanolis | WEL | 03 Oct 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 4:07.26 | Liam Cowley | AKL | 26 Jul 1994 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 13 | 4:08.02 | Mike Lowe | TAS | 28 Nov 1995 | 1 | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 14 | 4:08.58 | Joshua Baan | MWA | 31 Aug 1995 | 3 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 15 | 4:08.77 | Antoine Bonnet | MWA | 21 Nov 1994 | 7 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 4:09.12 | Jacob Priddey | WBP | 28 Nov 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 17 | 4:09.74 | Nicholas Pointon | WEL | 02 Feb 1996 | 4 | Gold Programme | Wellington | 22 Jan 2011 |
| 18 | 4:11.50 | Rhys Bishop | TAR | 29 Jun 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 19 | 4:11.50 | Thomas Andersen | TAS | 10 Mar 1995 | 1rB | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 20 | 4:12.05 | Joshua Barry | TAS | 17 Jun 1996 | 2rB | Harold Nelson Classic | Nelson | 26 Nov 2011 |
| 21 | 4:12.64 | Jeff Lautenslager | TAS | 18 Jan 1996 | 3rB | Harold Nelson Classic | Nelson | 26 Nov 2011 |

MENS 16 Mile

| | | | | | | | | |
|---|---------|--------------------|-----|-------------|----|-------------------|------------|-------------|
| 1 | 4:27.99 | Reuben Shepherd | AKL | 05 Nov 1996 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 2 | 4:28.17 | Finn Wilson | AKL | 21 Aug 1995 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 3 | 4:29.02 | Theunis Pieters | WBP | 07 Apr 1995 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 4 | 4:29.08 | Jacob Priddey | WBP | 28 Nov 1996 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 5 | 4:34.24 | Marcus Karamanolis | WEL | 03 Oct 1996 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 6 | 4:35.85 | Rhys Bishop | TAR | 29 Jun 1995 | 10 | John Walker N o M | Auckland | 17 Dec 2011 |
| 7 | 4:36.28 | Rasmus Bengtsson | AKL | 23 May 1995 | 5 | John Walker N o M | Auckland | 17 Dec 2011 |

MENS 16 3000m

| | | | | | | | | |
|----|---------|-----------------|-----|-------------|----|----------------------|--------------|-------------|
| 1 | 8:30.68 | Matt Baxter | TAR | 06 Aug 1994 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 8:46.04 | Mike Lowe | TAS | 28 Nov 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 8:54.32 | Magnus Whyte | AKL | 14 May 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 8:58.56 | Jacob Priddey | WBP | 28 Nov 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 8:59.39 | Matthew Taylor | HGB | 28 Jun 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 8:59.98 | Michael Sutton | WBP | 24 Sep 1994 | 4 | Open Meeting | Tauranga | 12 Mar 2011 |
| 7 | 9:02.92 | Thomas Currie | AKL | 11 Sep 1994 | 8 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 9:04.93 | Oliver Smith | WBP | 11 Apr 1994 | 9 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 9:05.95 | Finn Wilson | AKL | 21 Aug 1995 | 1 | Hot Meet | Auckland | 29 Oct 2011 |
| 10 | 9:07.56 | Kieron McDonald | WEL | 28 Jun 1994 | 1 | WEL Championships | Wellington | 12 Feb 2011 |
| 11 | 9:12.75 | Jamie Wells | MWA | 17 Dec 1994 | 10 | NI Schools | Hamilton | 02 Apr 2011 |
| 12 | 9:14.41 | Benjamin Musson | CAN | 20 Sep 1995 | 1 | CAN Championships | Christchurch | 19 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

MENS 16 2000m Steeplechase

| | | | | | | | | |
|---|---------|----------------|-----|-------------|-----|----------------------|------------|-------------|
| 1 | 6:17.43 | Liam Cowley | AKL | 26 Jul 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 6:19.30 | Mike Lowe | TAS | 28 Nov 1995 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 6:23.81 | Matthew Taylor | HBG | 28 Jun 1994 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 6:33.87 | Liam Woolford | MWA | 07 Jul 1995 | 8h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 5 | 6:39.75 | Matthew Dryden | CAN | 20 Sep 1995 | 7h1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

MENS 16 110m Hurdles

| | | | | | | | | | |
|----|-------|------|-----------------|-----|-------------|---|------------------------|------------|-------------|
| 1 | 14.01 | 0.6 | Joshua Hawkins | AKL | 09 Feb 1994 | 2 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 2 | 15.06 | -2.4 | Jack Henry | CAN | 22 Mar 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 3 | 15.26 | 0.5 | Pascal Kethers | AKL | 14 Aug 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 15.76 | 0.1 | Luke Davison | WBP | 05 May 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 15.78 | 0.5 | Jesse Bryant | CAN | 27 Jan 1995 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 15.95 | 2.0 | Michael Sharp | AKL | 09 Aug 1994 | 3 | Auckland Championships | Auckland | 26 Feb 2011 |
| 7 | 16.06 | 0.5 | Jordan Vetter | AKL | 27 Mar 1995 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 16.28 | 0.1 | Joseph Reynolds | WBP | 15 Jan 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 16.33 | 1.4 | Mackenzie Haugh | OTG | 12 Dec 1995 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 10 | 16.55 | 0.1 | Tom Hayes | MWA | 03 Oct 1994 | 4 | NI Schools | Hamilton | 02 Apr 2011 |

MENS 16 Combined Events

MENS 16 Decathlon

| | | | | | | | | |
|---|------|-------------------|-----|-------------|---|--------------------|----------|-------------|
| 1 | 4948 | Richard Callister | AKL | 07 Jan 1995 | 1 | North Island CE Ch | Hastings | 20 Nov 2011 |
|---|------|-------------------|-----|-------------|---|--------------------|----------|-------------|

MENS 16 Octathlon

| | | | | | | | | |
|---|------|-----------------|-----|-------------|---|----------------------|----------|-------------|
| 1 | 5506 | Jesse Bryant | CAN | 27 Jan 1995 | 1 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 2 | 5410 | Luke Davison | WBP | 05 May 1994 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 3 | 4889 | Mackenzie Haugh | OTG | 12 Dec 1995 | 2 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 4 | 4818 | Alex Colvin | WBP | 25 Feb 1995 | 2 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 5 | 44.7 | Jack Henry | CAN | 22 Mar 1994 | 4 | NZL CE Championships | Tauranga | 13 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS OPEN Track

WOMENS OPEN 100m

| | | | | | | | | | |
|----|-------|------|----------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 1 | 11.54 | 1.6 | Andrea Koenen | AKL | 13 Jan 1990 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 2 | 11.74 | 1.7 | Monique Williams | AKL | 23 Sep 1985 | 1fB | Via Col Vento | Donnas ITA | 03 Jul 2011 |
| 3 | 11.92 | 1.2 | Anna Smythe | OTG | 17 Mar 1978 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 4 | 11.95 | 1.5 | Rochelle Coster | AKL | 06 Jun 1988 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 5 | 11.98 | 1.6 | Nneka Okpala | AKL | 27 Apr 1988 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |
| 6 | 12.07 | 1.6 | Andrea Miller | OTG | 13 Mar 1982 | 4r1 | Glynis Nunn Shield | Gold Coast AUS | 29 Jan 2011 |
| 7 | 12.09 | 1.2 | Louise Jones | AKL | 04 Aug 1985 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 8 | 12.37 | 1.6 | Sarah Cowley | AKL | 03 Feb 1984 | 4 | Auckland Championships | Auckland | 26 Feb 2011 |
| 9 | 12.39 | -1.9 | Megan McPhail | OTG | 23 Mar 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 10 | 12.42 | 1.3 | Zoe Ballantyne | AKL | 28 Mar 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 11 | 12.42 | -1.2 | Fiona Morrison | CAN | 24 Oct 1988 | 1r5 | Interclub | Timaru | 26 Nov 2011 |
| 12 | 12.45 | 1.9 | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 13 | 12.45 | -1.9 | Ainsley Renouf | HBG | 30 Jun 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 12.46 | 1.7 | Kristie Baillie | WBP | 09 Sep 1991 | 1 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 15 | 12.48 | 1.2 | Mariah Ririnui | WBP | 26 Jun 1992 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 16 | 12.48 | -1.9 | Sophie Napper | OTG | 07 Nov 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 12.49 | -1.9 | Mandy Enright | AKL | 17 Sep 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 18 | 12.49 | 0.6 | Lauren Wilson | OTG | 24 Nov 1992 | 1 | Interclub | Dunedin | 12 Feb 2011 |
| 19 | 12.50 | -1.9 | Kathryn Stuart | CAN | 27 Dec 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 20 | 12.51 | 1.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 2 | Oceania Regional East | Apia SAM | 21 Jun 2011 |
| 21 | 12.52 | -0.8 | Amy Robinson | WBP | 19 Feb 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 22 | 12.54 | 0.0 | Toni Clinton | AKL | 05 Sep 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 23 | 12.54 | 1.7 | Larissa Dyke | OTG | 18 Jul 1985 | 2 | Weekly Meeting | Dunedin | 17 Dec 2011 |
| 24 | 12.55 | -1.9 | Rebecca Peterson | STH | 23 Oct 1995 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 25 | 12.56 | 0.6 | Fiona Hely | OTG | 13 Apr 1988 | 2 | Interclub | Dunedin | 12 Feb 2011 |
| 26 | 12.57 | 1.8 | Abby Goldie | WBP | 03 Mar 1996 | 1 | BOP Sec Schools | Tauranga | 08 Mar 2011 |
| 27 | 12.60 | 1.3 | Chelsea Johannsen | AKL | 06 Sep 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 28 | 12.61 | 1.9 | Louise Hodge | AKL | 01 Nov 1994 | 1 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 29 | 12.61 | 1.9 | Lauren Nicol | CAN | 24 Apr 1993 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 30 | 12.61 | 1.9 | Abigail Watson | CAN | 22 Nov 1991 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 31 | 12.62 | -0.8 | Zoe Hobbs | TAR | 11 Sep 1997 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 32 | 12.66 | 1.7 | Talia Horgan | WBP | 02 Oct 1996 | 2 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 33 | 12.71 | -1.5 | Brogan McDonald | AKL | 08 Jul 1993 | 3s3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 34 | 12.71 | 0.9 | Rebecca Gibson | STH | 02 May 1990 | 3r1 | Interclub | Christchurch | 12 Feb 2011 |
| 35 | 12.72 | -0.1 | Madison Gipson | AKL | 14 Apr 1995 | 3 | Waratah Series 3 | Sydney AUS | 02 Apr 2011 |
| 36 | 12.73 | -2.1 | Tessa Carnie | WBP | 29 May 1989 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 37 | 12.73 | -1.2 | Molly Florence | WBP | 11 Nov 1995 | 1h1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 38 | 12.74 | 1.6 | Sarah Hosegood | WEL | 05 Feb 1988 | 5 | Auckland Championships | Auckland | 26 Feb 2011 |
| 39 | 12.75 | 1.4 | Veronika Lang | WBP | 28 Aug 1990 | 2r1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 40 | 12.75 | 2.0 | Merewarihi Vaka | AKL | 30 Mar 1995 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 41 | 12.79 | 0.1 | Michaela Blyde | TAR | 29 Dec 1995 | 1h1 | NI Schools | Hamilton | 02 Apr 2011 |
| 42 | 12.81 | 1.3 | Robyn Engels | WBP | 17 May 1996 | 1 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 43 | 12.84 | 0.0 | Ally French | WBP | 10 Mar 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 44 | 12.84 | 1.4 | Ellie McCleery | WBP | 07 Jul 1994 | 3r1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 45 | 12.84 | 2.0 | Brooke Cull | AKL | 26 Feb 1994 | 2 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 46 | 12.84 | 1.6 | Tracey Hale | WBP | 26 Sep 1990 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 47 | 12.85 | -0.1 | Emma Blake | HBG | 05 Apr 1993 | 5 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 48 | 12.86 | 1.5 | Vanessa Hill | WBP | 23 Jun 1993 | 2h2 | NI Schools | Hamilton | 02 Apr 2011 |
| 49 | 12.86 | -0.3 | Harriet Donald | MWA | 29 Aug 1995 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 50 | 12.88 | -0.3 | Laura McKenna | WEL | 01 Aug 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|--------------|
| 1st | 11.68 | 11.64 | 11.61 | 11.54 |
| 10th | 12.41 | 12.28 | 12.24 | 12.42 |
| 20th | 12.61 | 12.47 | 12.48 | 12.51 |

WOMENS OPEN 200m

| | | | | | | | | | |
|---|-------|------|------------------|-----|-------------|-----|------------------------|--------------|-------------|
| 1 | 23.94 | 1.9 | Andrea Koenen | AKL | 13 Jan 1990 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 2 | 24.26 | 2.0 | Monique Williams | AKL | 23 Sep 1985 | 4h1 | Via Col Vento | Donnas ITA | 03 Jul 2011 |
| 3 | 24.55 | 1.3 | Louise Jones | AKL | 04 Aug 1985 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 4 | 24.91 | 1.1 | Veronica Torr | AKL | 17 May 1987 | 1 | Joanna Stone Shield | Brisbane AUS | 05 Nov 2011 |
| 5 | 24.97 | 1.3 | Rochelle Coster | AKL | 06 Jun 1988 | 3 | Auckland Championships | Auckland | 27 Feb 2011 |
| 6 | 25.05 | -0.5 | Fiona Hely | OTG | 13 Apr 1988 | 2h2 | NZL Championships | Dunedin | 27 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|-------|------|----------------------|-----|-------------|-----|------------------------|--------------|-------------|
| 7 | 25.18 | 0.1 | Megan McPhail | OTG | 23 Mar 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 25.20 | 0.1 | Brooke Cull | AKL | 26 Feb 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 25.29 | -1.3 | Rebecca Gibson | STH | 02 May 1990 | 1r1 | Interclub | Christchurch | 12 Feb 2011 |
| 10 | 25.32 | -0.4 | Madison Gipson | AKL | 14 Apr 1995 | 4 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 11 | 25.33 | 0.1 | Kathryn Stuart | CAN | 27 Dec 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 25.34 | -1.3 | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 2r1 | Interclub | Christchurch | 12 Feb 2011 |
| 13 | 25.36 | -1.0 | Lauren Wilson | OTG | 24 Nov 1992 | 1 | Interclub | Dunedin | 12 Feb 2011 |
| 14 | 25.37 | 1.9 | Kristie Baillie | WBP | 09 Sep 1991 | 1 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 15 | 25.37 | -1.8 | Andrea Miller | OTG | 13 Mar 1982 | 6 | Denise Boyd Shield | Brisbane AUS | 22 Jan 2011 |
| 16 | 25.43 | -1.1 | Zoe Hobbs | TAR | 11 Sep 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 25.47 | -1.3 | Fiona Morrison | CAN | 24 Oct 1988 | 3r1 | Interclub | Christchurch | 12 Feb 2011 |
| 18 | 25.48 | 1.6 | Abby Goldie | WBP | 03 Mar 1996 | 1 | Waikato BoP Schools | Hamilton | 19 Mar 2011 |
| 19 | 25.53 | 0.1 | Sophie Napper | OTG | 07 Nov 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 20 | 25.54 | -2.0 | Portia Bing | AKL | 17 Apr 1993 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 21 | 25.58 | 1.2 | Sarah Cowley | AKL | 03 Feb 1984 | H | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 22 | 25.58 | 1.9 | Talia Horgan | WBP | 02 Oct 1996 | 1 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 23 | 25.60 | 2.0 | Abigail Watson | CAN | 22 Nov 1991 | 3r1 | Capital Classic | Wellington | 28 Jan 2011 |
| 24 | 25.62 | 1.5 | Louise Hodge | AKL | 01 Nov 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 25 | 25.66 | -1.1 | Tessa Carnie | WBP | 29 May 1989 | 3h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 26 | 25.72 | -3.3 | Zoe Ballantyne | AKL | 28 Mar 1992 | 2 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 27 | 25.75 | -0.3 | Amy Robinson | WBP | 19 Feb 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 28 | 25.75 | -0.1 | Harriet Donald | MWA | 29 Aug 1995 | 3s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 29 | 25.88 | 1.5 | Ellie McCleery | WBP | 07 Jul 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 30 | 26.03 | 1.3 | Jamie Sowter | AKL | 07 Apr 1995 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 31 | 26.06 | 1.1 | Michaela Blyde | TAR | 29 Dec 1995 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |
| 32 | 26.06 | -2.0 | Katrina Anderson | AKL | 22 Mar 1992 | 2 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 33 | 26.10 | -1.1 | Lisa Osborne | HBG | 12 Aug 1983 | 4h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 34 | 26.14 | -1.1 | Olivia Tuck | OTG | 16 Nov 1988 | 5h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 35 | 26.16 | 1.2 | Tracey Hale | WBP | 26 Sep 1990 | H | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 36 | 26.18 | 1.3 | Chelsea Johannsen | AKL | 06 Sep 1991 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 37 | 26.24 | -0.3 | Laura McKenna | WEL | 01 Aug 1995 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 38 | 26.24 | -0.3 | Sarah Karika | HBG | 29 Jul 1994 | 3q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 39 | 26.25 | 0.8 | Robyn Engels | WBP | 17 May 1996 | 3 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 40 | 26.26 | 0.6 | Sarah Hosegood | WEL | 05 Feb 1988 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 41 | 26.28 | 2.0 | Emma Blake | HBG | 05 Apr 1993 | 4r1 | Capital Classic | Wellington | 28 Jan 2011 |
| 42 | 26.32 | -1.0 | Ally French | WBP | 10 Mar 1994 | 3s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 43 | 26.35 | -0.5 | Veronika Lang | WBP | 28 Aug 1990 | 4h2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 44 | 26.42 | -0.6 | Angela Smit | CAN | 16 Aug 1991 | 2r1 | Interclub | Christchurch | 05 Feb 2011 |
| 45 | 26.53 | 0.4 | Brogan McDonald | AKL | 08 Jul 1993 | 3q1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 46 | 26.53 | 2.0 | Elise McLroy | WEL | 07 Oct 1993 | 7mx | Gold Programme | Wellington | 22 Jan 2011 |
| 47 | 26.59 | -2.0 | Anne Simpson | AKL | 17 Sep 1992 | 3 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 48 | 26.61 | 1.7 | Alisha Lovrich | AKL | 19 Jul 1993 | 3 | Auckland Championships | Auckland | 27 Feb 2011 |
| 49 | 26.65 | -1.3 | Laura McPhail | OTG | 24 Nov 1991 | 6r1 | Interclub | Christchurch | 12 Feb 2011 |
| 50 | 26.69 | 1.5 | Lauri Watt | CAN | 18 Jan 1996 | 1h3 | SI Colgate Games | Dunedin | 15 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|-------|
| 1st | 23.67 | 22.90 | 23.46 | 23.94 |
| 10th | 25.24 | 25.00 | 25.24 | 25.32 |
| 20th | 25.66 | 25.46 | 25.45 | 25.54 |

WOMENS OPEN 400m

| | | | | | | | | |
|----|-------|----------------------|-----|-------------|-----|-----------------------|-----------------|-------------|
| 1 | 54.36 | Louise Jones | AKL | 04 Aug 1985 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 54.81 | Andrea Koenen | AKL | 13 Jan 1990 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 3 | 54.81 | Kristie Baillie | WBP | 09 Sep 1991 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 55.31 | Monique Williams | AKL | 23 Sep 1985 | 5s2 | AUS Championships | Melbourne AUS | 16 Apr 2011 |
| 5 | 55.35 | Talia Horgan | WBP | 02 Oct 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 55.88 | Rochelle Coster | AKL | 06 Jun 1988 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 7 | 56.10 | Abigail Watson | CAN | 22 Nov 1991 | 2 | Capital Classic | Wellington | 28 Jan 2011 |
| 8 | 56.12 | Angela Smit | CAN | 16 Aug 1991 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 56.35 | Katrina Anderson | AKL | 22 Mar 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 10 | 56.53 | Rebecca Gibson | STH | 02 May 1990 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 11 | 56.55 | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 4 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 12 | 57.17 | Lisa Osborne | HBG | 12 Aug 1983 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 13 | 57.36 | Veronika Lang | WBP | 28 Aug 1990 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 14 | 57.37 | Ellie McCleery | WBP | 07 Jul 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 15 | 57.73 | Brooke Cull | AKL | 26 Feb 1994 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 16 | 57.74 | Katherine Camp | WBP | 06 Feb 1992 | 68 | Tyson Invitational | Fayetteville NC | 11 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|-------|--------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 17 | 57.81 | Stephanie Dickins | MWA | 09 Jan 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 18 | 57.84 | Kerry White | WBP | 13 Jul 1994 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 19 | 57.85 | Portia Bing | AKL | 17 Apr 1993 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 20 | 58.05 | Elena Hewett | AKL | 08 Nov 1991 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 21 | 58.08 | Veronica Torr | AKL | 17 May 1987 | 1r2 | Glynis Nunn Shield | Gold Coast AUS | 29 Jan 2011 |
| 22 | 58.33 | Jenny Hauke | AKL | 06 Feb 1993 | 1 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 23 | 58.44 | Tracey Hale | WBP | 26 Sep 1990 | 1 | Open Meeting | Hamilton | 30 Jan 2011 |
| 24 | 58.49 | Rebekah Greene | OTG | 26 Dec 1993 | 4r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 25 | 58.51 | Sarah McDonald | MWA | 16 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 26 | 58.56 | Olivia Tuck | OTG | 16 Nov 1988 | 1 | OTG Championships | Dunedin | 20 Feb 2011 |
| 27 | 58.60 | Alisha Lovrich | AKL | 19 Jul 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 28 | 58.61 | Stevie Paine | WEL | 14 May 1995 | 5r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 29 | 58.70 | Madison Gipson | AKL | 14 Apr 1995 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 30 | 58.96 | Anne Simpson | AKL | 17 Sep 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 31 | 59.17 | Melanie Fayen | WEL | 15 Feb 1984 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 32 | 59.20 | Maggie Untermahrer | WBP | 19 Jun 1994 | 1r1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 33 | 59.33 | Katelyn Matthews | WBP | 22 Apr 1995 | 2 | Open Meeting | Tauranga | 03 Dec 2011 |
| 34 | 59.40 | Samara Hollows | OTG | 18 Sep 1995 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 35 | 59.41 | Grace Stewart | AKL | 10 Aug 1994 | 1q2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 36 | 59.56 | Sarah Flynn | HBG | 03 Nov 1992 | 2 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 37 | 59.60 | Molly Creagh | WEL | 30 Apr 1994 | 1 | Black Programme | Wellington | 26 Nov 2011 |
| 38 | 59.76 | Kathryn Stuart | CAN | 27 Dec 1994 | 1r2 | Interclub | Timaru | 26 Nov 2011 |
| 39 | 59.78 | Alice Sharples | CAN | 25 May 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 40 | 59.88 | Riana Phillips | NTH | 23 Mar 1995 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 41 | 59.89 | Ellen Schaeef | WEL | 25 Oct 1990 | 2 | WEL Championships | Wellington | 19 Feb 2011 |
| 42 | 59.93 | Sarah Cowley | AKL | 03 Feb 1984 | 1 | Hot Meet #4 | Auckland | 19 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|--------------|--------------|--------------|
| 1st | 53.31 | 51.88 | 54.57 | 54.36 |
| 10th | 57.38 | 56.92 | 56.29 | 56.53 |
| 20th | 59.52 | 58.32 | 58.48 | 58.05 |

WOMENS OPEN 800m

| | | | | | | | | |
|----|---------|----------------------|-----|-------------|-----|----------------------|-------------------|-------------|
| 1 | 2:02.87 | Nikki Hamblin | AKL | 20 May 1988 | 5h5 | World Championships | Daegu KOR | 01 Sep 2011 |
| 2 | 2:05.00 | Angela Smit | CAN | 16 Aug 1991 | 2 | Arcobaleno | Celle Ligure ITA | 05 Jul 2011 |
| 3 | 2:05.25 | Lucy Van Dalen | MWA | 18 Nov 1988 | 1 | Mem Leon Buyle | Oordegem BEL | 02 Jul 2011 |
| 4 | 2:07.02 | Katie Wright | AKL | 17 Feb 1988 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 5 | 2:07.12 | Rebekah Greene | OTG | 26 Dec 1993 | 1 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 6 | 2:07.65 | Hannah Newbould | CAN | 19 Jun 1991 | 4 | Int Meeting | St Maur, FRA | 06 Jul 2011 |
| 7 | 2:09.81 | Lauren Fayen | WEL | 11 Apr 1989 | 4 | Vanderbilt Inv | Nashville TN | 23 Apr 2011 |
| 8 | 2:10.01 | Anna Roche | WEL | 04 Dec 1992 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 9 | 2:11.05 | Anna Bramley | AKL | 18 Jul 1982 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 10 | 2:11.37 | Kerry White | WBP | 13 Jul 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 2:11.50 | Ashley Aitken | HBG | 13 Aug 1988 | 3h3 | WAC | Honolulu HI | 10 May 2011 |
| 12 | 2:11.62 | Kellie Palmer | OTG | 05 Dec 1983 | 1 | Interclub | Dunedin | 12 Feb 2011 |
| 13 | 2:11.94 | Lydia O'Donnell | WBP | 14 Jun 1990 | 6 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 14 | 2:12.02 | Melanie Fayen | WEL | 15 Feb 1984 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 15 | 2:12.06 | Demelza Murrehy-Topp | WBP | 20 Mar 1984 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 16 | 2:12.10 | Paula Whiting | OTG | 14 Aug 1988 | 1 | Tulsa Duals | Tulsa OK | 18 Mar 2011 |
| 17 | 2:12.30 | Ariana Harper | WEL | 21 Jan 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 18 | 2:12.36 | Alice Feslier Holmes | WEL | 29 May 1989 | 9 | Sun Angel Classic | Tempe AZ | 09 Apr 2011 |
| 19 | 2:12.73 | Maggie Untermahrer | WBP | 19 Jun 1994 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 20 | 2:12.92 | Annika Pfizinger | AKL | 24 Aug 1992 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 21 | 2:13.59 | Camille Buscomb | WBP | 11 Jul 1990 | 1 | Boilermaker Inv | West Lafayette IN | 19 Feb 2011 |
| 22 | 2:14.13 | Caitlin O'Brien | OTG | 31 Dec 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 23 | 2:14.21 | Anna Kean | OTG | 18 Nov 1994 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 24 | 2:14.34 | Philippa Trevella | CAN | 17 May 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 25 | 2:14.70 | Laura Smith | CAN | 31 Jan 1996 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 26 | 2:14.98 | Katelyn Matthews | WBP | 22 Apr 1995 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 27 | 2:15.03 | Caroline Mellsop | MWA | 05 Sep 1991 | 1 | Black Programme | Wellington | 19 Mar 2011 |
| 28 | 2:15.52 | Ellen Schaeef | WEL | 25 Oct 1990 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 29 | 2:15.82 | Sarah Drought | WEL | 04 Apr 1988 | 2 | Black Programme | Wellington | 19 Mar 2011 |
| 30 | 2:15.85 | Jenny Hauke | AKL | 06 Feb 1993 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 31 | 2:16.13 | Alison Andrews-Paul | WEL | 18 Dec 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 32 | 2:16.25 | Zara Murrehy | WBP | 18 May 1996 | 8 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 33 | 2:16.40 | Rachel Kingsford | WBP | 21 Jun 1988 | 1 | OTG Championships | Dunedin | 19 Feb 2011 |
| 34 | 2:16.45 | Tina Harris | WEL | 04 Dec 1982 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|-------------------------|------------------|-------------|
| 35 | 2:16.52 | Jessica Bitcheno | WBP | 04 May 1997 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 36 | 2:16.63 | Holly Sprosen | WBP | 29 May 1994 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 37 | 2:16.81 | Erin Montgomery | AKL | 04 Jul 1985 | 4 | Auckland Championships | Auckland | 27 Feb 2011 |
| 38 | 2:16.92 | Sarah Cowley | AKL | 03 Feb 1984 | H | TNT Fortuna | Kladno CZE | 16 Jun 2011 |
| 39 | 2:16.93 | Susannah Lynch | WEL | 02 Jun 1996 | 4 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 40 | 2:16.95 | Megan Bethell | WBP | 17 Apr 1996 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 41 | 2:17.13 | Genevieve Bourke | CAN | 17 Dec 1983 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 42 | 2:17.39 | Ximena Smith | AKL | 11 Oct 1992 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 43 | 2:17.42 | Christina Taylor | STH | 02 Aug 1992 | 2 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 44 | 2:17.55 | Stevie Paine | WEL | 14 May 1995 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 45 | 2:17.58 | Hannah Adamson | STH | 21 Jan 1995 | 1 | Southland Championships | Invercargill | 27 Feb 2011 |
| 46 | 2:17.63 | Florence Reynolds | WEL | 31 Dec 1992 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 47 | 2:17.72 | Kara MacDermid | MWA | 19 Sep 1997 | 1 | NI Colgate Games | Hastings | 09 Jan 2011 |
| 48 | 2:17.80 | Kenya Kavangh-Vincent | AKL | 23 Jul 1997 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 49 | 2:17.85 | Laura Cowling | AKL | 01 Apr 1995 | 4s2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 50 | 2:18.20 | Barbara Roy | OTG | 22 Oct 1990 | 1 | Weekly Meeting | Dunedin | 13 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|---------|----------------|----------------|
| 1st | 2:07.80 | 2:00.90 | 1:59.66 | 2:02.87 |
| 10th | 2:14.18 | 2:12.58 | 2:11.35 | 2:11.37 |
| 20th | 2:17.83 | 2:15.21 | 2:14.38 | 2:12.92 |

WOMENS OPEN 1000m

| | | | | | | | | |
|---|---------|----------------------|-----|-------------|-----|-----------------------|------------------|-------------|
| 1 | 2:51.07 | Paula Whiting | OTG | 14 Aug 1988 | 1 | J D Martin Invitation | Norman OK | 22 Jan 2011 |
| 2 | 2:56.50 | Alice Feslier Holmes | WEL | 29 May 1989 | 13 | Meyo Inv | South Bend IN | 04 Feb 2011 |
| 3 | 2:57.44 | Melanie Cleland | WEL | 11 May 1989 | 4 | J D Martin Invitation | Norman OK | 22 Jan 2011 |
| 4 | 2:59.00 | Kara MacDermid | MWA | 19 Sep 1997 | 1mx | Club Meeting | Palmerston North | 29 Nov 2011 |
| 5 | 3:06.41 | Josie Wilcox | TAS | 11 Jun 1991 | 7 | J D Martin Invitation | Norman OK | 22 Jan 2011 |

WOMENS OPEN 1500m

| | | | | | | | | |
|----|---------|----------------------|-----|-------------|------|---------------------------|-------------------|-------------|
| 1 | 4:04.82 | Nikki Hamblin | AKL | 20 May 1988 | 8 | Miting Internacional | Barcelona ESP | 22 Jul 2011 |
| 2 | 4:11.59 | Lucy Van Dalen | MWA | 18 Nov 1988 | 6 | Internazionale | Padova ITA | 17 Jul 2011 |
| 3 | 4:13.93 | Hannah Newbould | CAN | 19 Jun 1991 | 5 | Cork City Sports | Cork IRL | 02 Jul 2011 |
| 4 | 4:18.92 | Holly Van Dalen | MWA | 18 Nov 1988 | 3 | Mem Leon Buyle | Oordeggen BEL | 02 Jul 2011 |
| 5 | 4:19.78 | Rebekah Greene | OTG | 26 Dec 1993 | 4 | Bauhaus Jnr | Mannheim GER | 02 Jul 2011 |
| 6 | 4:19.78 | Paula Whiting | OTG | 14 Aug 1988 | 7 | Drake Relays | Des Moines IA | 29 Apr 2011 |
| 7 | 4:21.26 | Katie Wright | AKL | 17 Feb 1988 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 8 | 4:23.23 | Laura Nagel | HBG | 11 Feb 1992 | 6 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 9 | 4:24.37 | Angela Smit | CAN | 16 Aug 1991 | 10r2 | Guldensporen | Kortrijk BEL | 09 Jul 2011 |
| 10 | 4:25.47 | Erin Montgomery | AKL | 04 Jul 1985 | 2 | Auckland Championships | Auckland | 26 Feb 2011 |
| 11 | 4:25.89 | Lydia O'Donnell | WBP | 14 Jun 1990 | 3 | Auckland Championships | Auckland | 26 Feb 2011 |
| 12 | 4:27.72 | Ashley Aitken | HBG | 13 Aug 1988 | 3 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 13 | 4:28.01 | Olivia Burne | MWA | 03 Sep 1991 | h | NCAA East | Bloomington IN | 26 May 2011 |
| 14 | 4:28.19 | Annie Keown | AKL | 16 Nov 1990 | 2 | American East | Baltimore MD | 07 May 2011 |
| 15 | 4:28.33 | Sarah Drought | WEL | 04 Apr 1988 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 16 | 4:29.27 | Kellie Palmer | OTG | 05 Dec 1983 | 1r2 | Weekly Meeting | Dunedin | 05 Mar 2011 |
| 17 | 4:30.76 | Fiona Crombie | ANZ | 15 Aug 1982 | 5mx | Interclub | Christchurch | 05 Feb 2011 |
| 18 | 4:31.12 | Anna Roche | WEL | 04 Dec 1992 | 1 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 19 | 4:31.18 | Margot Gibson | CAN | 22 Jun 1994 | 3 | Open Meeting | Timaru | 19 Mar 2011 |
| 20 | 4:31.39 | Anna Bramley | AKL | 18 Jul 1982 | 4 | Auckland Championships | Auckland | 26 Feb 2011 |
| 21 | 4:32.10 | Caroline Mellsop | MWA | 05 Sep 1991 | 2 | WEL Championships | Wellington | 19 Feb 2011 |
| 22 | 4:32.32 | Camille Buscomb | WBP | 11 Jul 1990 | 1r2 | Jesse Owens Classic | Columbus OH | 23 Apr 2011 |
| 23 | 4:32.81 | Melanie Cleland | WEL | 11 May 1989 | 3 | Arkansas Spring Inv | Fayetteville AR | 02 Apr 2011 |
| 24 | 4:33.70 | Erin Nixon | CAN | 03 Jul 1989 | 2r2 | Florida Relays | Gainesville FL | 01 Apr 2011 |
| 25 | 4:33.91 | Rachael Kingstone | AKL | 07 Dec 1990 | 4 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 26 | 4:34.51 | Tina Harris | WEL | 04 Dec 1982 | 1 | Gold Programme | Wellington | 12 Mar 2011 |
| 27 | 4:34.58 | Rachel Kingsford | WBP | 21 Jun 1988 | 1 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 28 | 4:34.90 | Lauren Fayen | WEL | 11 Apr 1989 | 1 | Bulldog Twilight | Starkville MS | 01 Apr 2011 |
| 29 | 4:35.50 | Rowan Baird | AKL | 28 Nov 1984 | 5 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 30 | 4:36.20 | Annika Pfitzinger | AKL | 24 Aug 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 31 | 4:38.46 | Kara MacDermid | MWA | 19 Sep 1997 | 1 | NI Colgate Games | Hastings | 08 Jan 2011 |
| 32 | 4:39.41 | Alice Feslier Holmes | WEL | 29 May 1989 | 2 | Dave Rankin Inv | West Lafayette IN | 14 Apr 2011 |
| 33 | 4:39.63 | Anna Kean | OTG | 18 Nov 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 34 | 4:39.69 | Florence Reynolds | WEL | 31 Dec 1992 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 35 | 4:40.18 | Barbara Roy | OTG | 22 Oct 1990 | 8 | NZL Championships | Dunedin | 27 Mar 2011 |
| 36 | 4:40.24 | Mikayla Nielsen | WBP | 12 Jun 1994 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|------------------|-----|-------------|-----|---------------------------|--------------|-------------|
| 37 | 4:40.34 | Arianna Lord | WBP | 06 Jul 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 38 | 4:40.51 | Zara Murrin | WBP | 18 May 1996 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 39 | 4:40.53 | Kerry White | WBP | 13 Jul 1994 | 9 | AUS Jnr Championships | Sydney AUS | 14 Mar 2011 |
| 40 | 4:40.74 | Nicki McFadzien | CAN | 17 Sep 1991 | 2r2 | Weekly Meeting | Dunedin | 05 Mar 2011 |
| 41 | 4:41.23 | Maeve Power | AKL | 11 Jun 1997 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 42 | 4:41.95 | Ariana Harper | WEL | 21 Jan 1995 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 43 | 4:42.10 | Alice Mason | WEL | 15 Jun 1987 | 7 | Auckland Championships | Auckland | 26 Feb 2011 |
| 44 | 4:42.35 | Olivia Ritchie | WBP | 19 Jul 1994 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 45 | 4:42.80 | Melanie Fayen | WEL | 15 Feb 1984 | 4 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 46 | 4:43.02 | Laura Cowling | AKL | 01 Apr 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 47 | 4:43.11 | Jean Kozyniak | WEL | 13 Mar 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 48 | 4:43.31 | Georgie Grgec | AKL | 19 Nov 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 49 | 4:43.51 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 50 | 4:43.80 | Julieana Findlay | CAN | 17 Jul 1970 | 1mx | Interclub | Christchurch | 05 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|---------|----------------|----------------|
| 1st | 4:28.43 | 4:08.52 | 4:05.93 | 4:04.82 |
| 10th | 4:36.76 | 4:29.96 | 4:24.69 | 4:25.47 |
| 20th | 4:39.87 | 4:36.50 | 4:30.24 | 4:31.39 |

WOMENS OPEN Mile

| | | | | | | | | |
|----|---------|----------------------|-----|-------------|-----|------------------------|-------------------|-------------|
| 1 | 4:32.95 | Lucy Van Dalen | MWA | 18 Nov 1988 | 1r1 | Columbia Last Chance | New York NY | 04 Mar 2011 |
| 2 | 4:46.93 | Paula Whiting | OTG | 14 Aug 1988 | 1 | Fazali - Baymont Inv | Joplin MO | 05 Feb 2011 |
| 3 | 4:47.75 | Camille Buscomb | WBP | 11 Jul 1990 | 4h3 | Big 10 | West Lafayette IN | 26 Feb 2011 |
| 4 | 4:50.33 | Olivia Burne | MWA | 03 Sep 1991 | 2 | ECAC/IC4A | Boston MA | 06 Mar 2011 |
| 5 | 4:51.58 | Annie Keown | AKL | 16 Nov 1990 | 2r1 | Princeton Relays | Princeton NJ | 22 Jan 2011 |
| 6 | 4:56.83 | Melanie Cleland | WEL | 11 May 1989 | 4r1 | Tyson Invitational | Fayetteville NC | 11 Feb 2011 |
| 7 | 4:59.17 | Erin Nixon | CAN | 03 Jul 1989 | 3r1 | Tiger Paw Inv | Clemson SC | 11 Feb 2011 |
| 8 | 5:00.26 | Alice Feslier Holmes | WEL | 29 May 1989 | 12 | Rod McCrary Mem | Lexington KY | 29 Jan 2011 |
| 9 | 5:02.64 | Georgie Grgec | AKL | 19 Nov 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 10 | 5:03.56 | Ashley Aitken | HGB | 13 Aug 1988 | 31 | UW Invitational | Seattle WA | 29 Jan 2011 |
| 11 | 5:07.29 | Lauren Fayen | WEL | 11 Apr 1989 | 2r1 | Conference USA | Houston TX | 26 Feb 2011 |
| 12 | 5:09.02 | Caroline Mellso | MWA | 05 Sep 1991 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 13 | 5:11.16 | Kirsty Morris | OTG | 13 Feb 1986 | 1 | Interclub | Dunedin | 12 Feb 2011 |
| 14 | 5:11.52 | Sarah Biss | WBP | 02 Jul 1977 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 15 | 5:16.55 | Laura Cowling | AKL | 01 Apr 1995 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 16 | 5:18.00 | Stephanie Mackenzie | WEL | 27 Dec 1975 | 2 | Scottish N o M | Wellington | 17 Dec 2011 |
| 17 | 5:18.48 | Katrina Andrew | OTG | 01 Jul 1993 | 2 | Interclub | Dunedin | 12 Feb 2011 |
| 18 | 5:20.22 | Shauna Pali | OTG | 28 Nov 1993 | 3 | Interclub | Dunedin | 12 Feb 2011 |
| 19 | 5:24.30 | Annaliese Everts | AKL | 29 Aug 1996 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 20 | 5:24.81 | Amanda Bracewell | AKL | 28 Jul 1996 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 21 | 5:25.84 | Imogen Hull | NTH | 30 Nov 1997 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |
| 22 | 5:27.13 | Anna Kean | OTG | 18 Nov 1994 | 8mx | Caledonian Society Mil | Dunedin | 27 Nov 2011 |
| 23 | 5:27.65 | Emily Solsberg | CAN | 09 Jan 1980 | 3 | Scottish N o M | Wellington | 17 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|---------|----------------|----------------|
| 1st | 4:41.77 | 4:36.71 | 4:46.46 | 4:32.95 |
| 10th | 5:09.83 | 5:03.52 | 4:59.06 | 5:03.56 |
| 20th | - | 5:09.62 | 5:06.74 | 5:24.81 |

WOMENS OPEN 3000m

| | | | | | | | | |
|----|---------|------------------|-----|-------------|-----|------------------------|-----------------|-------------|
| 1 | 8:50.92 | Nikki Hamblin | AKL | 20 May 1988 | 3mx | Bays Distance Series | North Shore | 15 Mar 2011 |
| 2 | 8:56.77 | Lucy Van Dalen | MWA | 18 Nov 1988 | 1r1 | Valentine Inv | Boston MA | 11 Feb 2011 |
| 3 | 9:14.22 | Kellie Palmer | OTG | 05 Dec 1983 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |
| 4 | 9:15.86 | Annie Keown | AKL | 16 Nov 1990 | 3r1 | Sat Night at Armory | New York NY | 29 Jan 2011 |
| 5 | 9:16.31 | Fiona Crombie | ANZ | 15 Aug 1982 | 2 | CAN Championship | Christchurch | 19 Feb 2011 |
| 6 | 9:18.18 | Leonora Petrina | AKL | 29 Jul 1982 | 4 | BU Terrier Inv | Boston MA | 29 Jan 2011 |
| 7 | 9:19.01 | Paula Whiting | OTG | 14 Aug 1988 | 2rA | Tyson Invitational | Fayetteville NC | 12 Feb 2011 |
| 8 | 9:21.82 | Rebekah Greene | OTG | 26 Dec 1993 | 1 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 9 | 9:24.00 | Holly Van Dalen | MWA | 18 Nov 1988 | 1 | America East | Boston MA | 18 Feb 2011 |
| 10 | 9:25.78 | Laura Nagel | HGB | 11 Feb 1992 | 5 | ECAC/IC4A | Princeton NJ | 15 May 2011 |
| 11 | 9:29.12 | Rachel Kingsford | WBP | 21 Jun 1988 | 1 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 12 | 9:34.79 | Hayley Green | WEL | 20 May 1989 | 5 | Penn Relays | Philadelphia PA | 28 Apr 2011 |
| 13 | 9:35.87 | Lydia O'Donnell | WBP | 14 Jun 1990 | 2 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 14 | 9:39.14 | Alice Mason | WEL | 15 Jun 1987 | 1mx | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 15 | 9:40.32 | Penny Peskett | AKL | 23 Feb 1977 | 1mx | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 16 | 9:42.73 | Katie Wright | AKL | 17 Feb 1988 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|----------|-------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 17 | 9:42.94 | Camille Buscomb | WBP | 11 Jul 1990 | 6 | GVSU | Allendale SC | 11 Feb 2011 |
| 18 | 9:43.01 | Sarah Drought | WEL | 04 Apr 1988 | 4 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 19 | 9:46.71 | Rochelle Sceats | HBG | 01 Aug 1990 | 4r2 | Valentine Inv | Boston MA | 11 Feb 2011 |
| 20 | 9:47.47 | Kara MacDermid | MWA | 19 Sep 1997 | 4mx | Club Meeting | Palmerston North | 22 Nov 2011 |
| 21 | 9:47.84 | Rosa Flanagan | CAN | 28 Feb 1996 | 6mx | Interclub | Timaru | 26 Nov 2011 |
| 22 | 9:47.88 | Nicki McFadzien | CAN | 17 Sep 1991 | 2mx | Interclub | Christchurch | 12 Feb 2011 |
| 23 | 9:51.44 | Erin Nixon | CAN | 03 Jul 1989 | 17 | Penn Relays | Philadelphia PA | 28 Apr 2011 |
| 24 | 9:51.73 | Rachael Kingstone | AKL | 07 Dec 1990 | 6mx | Bays Distance Series | North Shore | 15 Mar 2011 |
| 25 | 9:53.11 | Josie Wilcox | TAS | 11 Jun 1991 | 1rB | Tyson Invitational | Fayetteville NC | 12 Feb 2011 |
| 26 | 9:53.12 | Olivia Burne | MWA | 03 Sep 1991 | 2 | Bryant Tri Meet | Smithfield RI | 29 Mar 2011 |
| 27 | 9:53.89 | Hannah Newbould | CAN | 19 Jun 1991 | 7mx | New Year Meeting | Timaru | 08 Jan 2011 |
| 28 | 9:54.24 | Mikayla Nielsen | WBP | 12 Jun 1994 | 1 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 29 | 9:55.39 | Sally Gibbs | WBP | 15 Jun 1963 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 30 | 9:56.50 | Alice Taylor | AKL | 03 Dec 1987 | 5 | | Seattle WA | 13 Feb 2011 |
| 31 | 9:56.53 | Tina Harris | WEL | 04 Dec 1982 | 3 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 32 | 9:57.08 | Ashley Aitken | HBG | 13 Aug 1988 | 5 | WAC | Nampa ID | 25 Feb 2011 |
| 33 | 9:59.57 | Rowan Baird | AKL | 28 Nov 1984 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 34 | 10:00.35 | Danielle Trevis | AKL | 19 Jan 1991 | 7 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 35 | 10:03.91 | Georgie Grgec | AKL | 19 Nov 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 36 | 10:05.41 | Grace McConnochie | HBG | 17 Nov 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 37 | 10:06.29 | Anna-Lisa Uttley | OTG | 07 Mar 1993 | 6mx | Open Meeting | Tauranga | 12 Mar 2011 |
| 38 | 10:10.75 | Zia MacDermid | MWA | 04 Nov 1999 | 5mx | Club Meeting | Palmerston North | 22 Nov 2011 |
| 39 | 10:12.86 | Ashleigh Williams | AKL | 21 Nov 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 40 | 10:14.26 | Lydia Marshall | CAN | 13 Dec 1994 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |
| 41 | 10:15.92 | Emily Roughan | TAR | 10 Oct 1993 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 42 | 10:17.23 | Caroline Mellsop | MWA | 05 Sep 1991 | 4 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 43 | 10:20.37 | Rosa Scott | CAN | 28 Oct 1987 | 3 | CAN Championship | Christchurch | 19 Feb 2011 |
| 44 | 10:21.00 | Christina Taylor | STH | 02 Aug 1992 | 2 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 45 | 10:21.64 | Flora Brocherie | CAN | 30 Oct 1992 | 2 | CAN Championship | Christchurch | 19 Feb 2011 |
| 46 | 10:23.08 | Jaye Atkin | CAN | 05 Nov 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 47 | 10:25.39 | Margot Gibson | CAN | 22 Jun 1994 | 5 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 48 | 10:26.07 | Nicole Mitchell | WEL | 19 Aug 1992 | 1 | Black Programme | Wellington | 26 Nov 2011 |
| 49 | 10:26.45 | Shauna Pali | OTG | 28 Nov 1993 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 50 | 10:26.51 | Ruth Croft | CAN | 15 Jan 1989 | 17 | | Eugene WA | 19 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|----------|----------|---------|----------------|
| 1st | 9:10.95 | 9:22.26 | 9:15.68 | 8:50.92 |
| 10th | 9:57.46 | 9:44.06 | 9:34.58 | 9:25.78 |
| 20th | 10:26.28 | 10:00.21 | 9:54.92 | 9:47.47 |

WOMENS OPEN 5000m

| | | | | | | | | |
|----|----------|------------------|-----|-------------|-----|------------------------|-----------------|-------------|
| 1 | 15:14.02 | Kimberley Smith | AKL | 19 Nov 1981 | 4 | KBC Nacht | Heusden BEL | 16 Jul 2011 |
| 2 | 15:41.68 | Holly Van Dalen | MWA | 18 Nov 1988 | 7mx | Gentse Feesten | Gent BEL | 30 Jul 2011 |
| 3 | 15:46.91 | Paula Whiting | OTG | 14 Aug 1988 | 14 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 4 | 15:56.80 | Leonora Petrina | AKL | 29 Jul 1982 | 2 | Penn Relays | Philadelphia PA | 28 Apr 2011 |
| 5 | 16:10.52 | Annie Keown | AKL | 16 Nov 1990 | 3 | Valentine Inv | Boston MA | 11 Feb 2011 |
| 6 | 16:13.90 | Danielle Trevis | AKL | 19 Jan 1991 | 3 | Victoria Championships | Melbourne AUS | 05 Mar 2011 |
| 7 | 16:23.67 | Hayley Green | WEL | 20 May 1989 | 9 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 8 | 16:25.31 | Fiona Crombie | ANZ | 15 Aug 1982 | 1 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 9 | 16:26.72 | Lydia O'Donnell | WBP | 14 Jun 1990 | 2 | Bays Distance Series | North Shore | 21 Dec 2011 |
| 10 | 16:28.02 | Rochelle Sceats | HBG | 01 Aug 1990 | 2 | ECAC/IC4A | Boston MA | 05 Mar 2011 |
| 11 | 16:32.70 | Kellie Palmer | OTG | 05 Dec 1983 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 12 | 16:53.77 | Alice Taylor | AKL | 13 Dec 1987 | 15 | | Portland OR | 11 Jun 2011 |
| 13 | 16:55.39 | Rachel Kingsford | WBP | 21 Jun 1988 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 14 | 16:59.28 | Mikayla Nielsen | WBP | 12 Jun 1994 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 15 | 17:01.92 | Rowan Baird | AKL | 28 Nov 1984 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 16 | 17:04.56 | Nicki McFadzien | CAN | 17 Sep 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 17 | 17:20.34 | Sally Gibbs | WBP | 05 Jun 1963 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 18 | 17:24.75 | Sarah Biss | WBP | 02 Jul 1977 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 19 | 17:25.60 | Camille Buscomb | WBP | 11 Jul 1990 | 25 | Big 10 | Iowa City IA | 15 May 2011 |
| 20 | 17:26.05 | Sarah Drought | WEL | 04 Apr 1988 | 1 | WEL Championships | Wellington | 05 Feb 2011 |
| 21 | 17:39.15 | Kara MacDermid | MWA | 19 Sep 1997 | 1 | Central Region League | Inglewood | 29 Oct 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|----------------|-----------------|----------|-----------------|
| 1st | 14:45.93 | 14:39.89 | 15:50.96 | 15:14.02 |
| 10th | 17:22.10 (7th) | 17:02.86 | 16:46.58 | 16:28.02 |
| 20th | - | - | - | 17:26.05 |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS OPEN 10,000m

| | | | | | | | | | |
|---|----------|--------------------|-----|-------------|---|-----|------------------------|----------|-------------|
| 1 | 33:18.36 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | mx | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 2 | 35:39.47 | Sally Gibbs | WBP | 05 Jun 1963 | 1 | 3mx | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
| 3 | 35:58.90 | Gabrielle O'Rourke | WEL | 11 Feb 1967 | 1 | 4mx | NZ 10000m Championship | Tauranga | 04 Jan 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-----------------|----------------|----------------|----------|
| 1st | 30:35.54 | 31:21.42 | 34:57.96 | 33:18.36 |
| 10th | 35:17.16 (5th) | 36:09.87 (5th) | 36:32.95 (7th) | - |
| 20th | - | - | - | - |

WOMENS OPEN 10km

| | | | | | | | | |
|----|-------|-----------------------|-----|-------------|----|-----------------------|--------------|-------------|
| 1 | 32:06 | Kimberley Smith | AKL | 19 Nov 1981 | 2 | Boston AA 10km | Boston MA | 26 Jun 2011 |
| 2 | 33:53 | Kerrin Williams | OTG | 25 Jun 1974 | 1 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 3 | 34:22 | Fiona Crombie | ANZ | 15 Aug 1982 | 1 | Govn Bay to Lyttleton | Christchurch | 10 Sep 2011 |
| 4 | 34:33 | Lisa Robertson | AKL | 09 Mar 1983 | 1 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 5 | 35:07 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 6 | 35:18 | Lydia O'Donnell | WBP | 14 Jun 1990 | 3 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 7 | 36:00 | Sally Gibbs | WBP | 05 Jun 1963 | 3 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 8 | 36:04 | Nicki McFadzien | CAN | 17 Sep 1991 | 4 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 9 | 36:14 | Shireen Crumpton | OTG | 10 Oct 1970 | 1 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 10 | 36:17 | Camille Buscomb | WBP | 11 Jul 1990 | 4 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 11 | 36:26 | Gabrielle O'Rourke | WEL | 11 Feb 1967 | 1 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 12 | 36:34 | Kellie Palmer | OTG | 05 Dec 1983 | 6 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 13 | 36:43 | Rachel Kingsford | WBP | 21 Jun 1988 | 2 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 14 | 36:48 | Sarah Gardner | WEL | 02 Jul 1984 | 8 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 15 | 36:58 | Helen Rountree | WBP | 29 Aug 1979 | 1 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 16 | 36:59 | Hannah Barker | WBP | 02 Mar 1989 | 9 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 17 | 37:04 | Tracy Crossley | CAN | 11 Apr 1972 | 1 | Govn Bay to Lyttleton | Christchurch | 10 Sep 2011 |
| 18 | 37:43 | Alex Williams | CAN | 24 Mar 1981 | 1 | Rover 10K | Christchurch | 29 Jan 2011 |
| 19 | 37:11 | Sophie Corbridge | AKL | 14 Oct 1991 | 5 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 20 | 37:17 | Johanna Ottosson | WBP | 21 Jul 1973 | 3 | Waikato BoP Road Ch | Tauranga | 06 Aug 2011 |
| 21 | 37:21 | Tina Harris | WEL | 04 Dec 1982 | 2 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 22 | 37:24 | Sarah Drought | WEL | 04 Apr 1988 | 2 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 23 | 37:26 | Robyn Young | WBP | 14 Jul 1987 | 7 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 24 | 37:36 | Tara La Grange | AKL | 01 Jun 1991 | 8 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 25 | 37:55 | Stephanie Mackenzie | WEL | 27 Dec 1975 | 1 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 26 | 37:56 | Louisa Andrew | OTG | 25 Nov 1973 | 1 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 27 | 38:14 | Shauna Pali | OTG | 28 Nov 1993 | 1 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 28 | 38:38 | Julie Wilson | OTG | 28 Dec 1957 | 2 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 29 | 38:38 | Sally Anderson | WEL | 29 Jun 1969 | 2 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 30 | 38:38 | Genevieve Bourke | CAN | 17 Dec 1983 | 12 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 31 | 38:41 | Sia Svendsen | CAN | 05 Nov 1977 | 2 | Govn Bay to Lyttleton | Christchurch | 10 Sep 2011 |
| 32 | 38:52 | Jackie Mexted | WEL | 09 Sep 1975 | 3 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 33 | 38:53 | Ella Harris | CAN | 18 Jul 1998 | 3 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 34 | 38:53 | Paula Canning | TAS | 06 Sep 1972 | 1 | Tasman Road Ch | Nelson | 06 Aug 2011 |
| 35 | 39:50 | Victoria Humphries | WEL | 21 Jan 1964 | 4 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 36 | 39:12 | Emily Solsberg | WEL | 09 Jan 1980 | 5 | Wellington Road Ch | Wellington | 06 Aug 2011 |
| 37 | 39:13 | Rachel Penney | AKL | 18 Jun 1973 | 12 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 38 | 39:17 | Rebecca Keat | OTG | 28 Sep 1987 | 14 | NZ Road Championships | Wellington | 20 Aug 2011 |
| 39 | 39:31 | Samantha Kingsford | OTG | 08 Nov 1990 | 5 | Clyde to Alexandra | Clyde | 06 Aug 2011 |
| 40 | 39:36 | Madeline Munro | OTG | 11 Oct 1986 | 14 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 41 | 39:45 | Rachel Bowie | AKL | 01 Apr 1971 | 15 | Sir Barry Curtis | Auckland | 16 Oct 2011 |
| 42 | 39:48 | Wendy Cottrell-Teahan | MWA | 17 Feb 1970 | 4 | Wellington Marathon | Wellington | 19 Jun 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|-------|--------------|-------|
| 1st | 33:36 | 31:38 | 31:23 | 32:06 |
| 10th | 36:27 | 36:15 | 35:22 | 36:17 |
| 20th | - | 37:48 | 37:10 | 37:17 |

WOMENS OPEN 20km

| | | | | | | | | |
|---|---------|-----------------|-----|-------------|---|-------------|-----------------|-------------|
| 1 | 1:03:38 | Kimberley Smith | AKL | 19 Nov 1981 | 1 | Rock n Roll | Philadelphia PA | 18 Sep 2011 |
|---|---------|-----------------|-----|-------------|---|-------------|-----------------|-------------|

WOMENS OPEN Half Marathon

| | | | | | | | | |
|---|---------|-----------------|-----|-------------|----|------------------|-----------------|-------------|
| 1 | 1:07:11 | Kimberley Smith | AKL | 19 Nov 1981 | 1 | Rock n Roll | Philadelphia PA | 18 Sep 2011 |
| 2 | 1:12:49 | Fiona Docherty | ANZ | 01 Sep 1975 | 14 | NYC Half | New York NY | 20 Mar 2011 |
| 3 | 1:13:37 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | SBS Christchurch | Christchurch | 05 Jun 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|----|------------------------|----------------|-------------|
| 4 | 1:15:22 | Sarah Biss | WBP | 02 Jul 1977 | 1 | Whangamata Festival | Whangamata | 10 Sep 2011 |
| 5 | 1:18:09 | Tara La Grange | AKL | 01 Jun 1991 | 1 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 6 | 1:18:86 | Kellie Palmer | OTG | 05 Dec 1983 | 8 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 7 | 1:19:34 | Fiona Crombie | ANZ | 15 Aug 1982 | 2 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 8 | 1:19:39 | Johanna Ottosson | WBP | 21 Jul 1973 | 12 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 9 | 1:19:48 | Sally Gibbs | WBP | 05 Jun 1963 | 2 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 10 | 1:19:53 | Gabrielle O'Rourke | WEL | 11 Feb 1967 | 3 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 11 | 1:21:12 | Rowan Baird | AKL | 28 Nov 1984 | 1 | Taupo Half Marathon | Taupo | 07 Aug 2011 |
| 12 | 1:21:39 | Maria Bentley | HBG | 16 May 1980 | 4 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 13 | 1:21:41 | Helen Rountree | WBP | 29 Aug 1979 | 15 | Gold Coast Marathon | Gold Coast AUS | 03 Jul 2011 |
| 14 | 1:21:45 | Alex Williams | CAN | 24 Mar 1981 | 1 | Moro | Dunedin | 11 Sep 2011 |
| 15 | 1:24:50 | Paula Canning | TAS | 06 Sep 1972 | 1 | Shoe Clinic Half | Nelson | 01 May 2011 |
| 16 | 1:25:09 | Rebecca Keat | OTG | 28 Sep 1987 | 2 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 17 | 1:25:19 | Shireen Crumpton | OTG | 10 Oct 1970 | 2 | Arthur Half Marathon | Waitakere | 17 Sep 2011 |
| 18 | 1:25:44 | Kirsty Morris | OTG | 13 Feb 1986 | 1 | Southland Marathon | Invercargill | 13 Nov 2011 |
| 19 | 1:25:57 | Louisa Andrew | OTG | 25 Nov 1973 | 2 | Moro | Dunedin | 11 Sep 2011 |
| 20 | 1:26:10 | Sarah Chisnall | OTG | 26 Sep 1983 | 3 | Moro | Dunedin | 11 Sep 2011 |
| 21 | 1:26:23 | Sarah Christie | WEL | 11 Jan 1973 | 3 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 22 | 1:26:31 | Rebecca Forlong | AKL | 13 Jun 1986 | 2 | Taupo Half Marathon | Taupo | 07 Aug 2011 |
| 23 | 1:27:10 | Emma Yule | MWA | 25 Feb 1998 | 7 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 24 | 1:27:18 | Emma Hunter | AKL | 27 Jul 1989 | 3 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 25 | 1:27:53 | Bridget Deverell | WBP | 27 Jan 1967 | 3 | Taupo Half Marathon | Taupo | 07 Aug 2011 |
| 26 | 1:27:56 | Kirsten Milne | WBP | 12 Dec 1972 | 1 | Waikato Half Marathon | Lake Karapiro | 16 Oct 2011 |
| 27 | 1:28:03 | Natasha Douglas | CAN | 02 Jun 1978 | 7 | Wellington Marathon | Wellington | 19 Jun 2011 |
| 28 | 1:28:04 | Emily Solsberg | WEL | 09 Jan 1980 | 1 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 29 | 1:28:35 | Madeline Munro | OTG | 11 Oct 1986 | 12 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 30 | 1:29:10 | Lisa Brignull | CAN | 29 May 1974 | 2 | Shoe Clinic adidas | Tai Tapu | 06 Nov 2011 |
| 31 | 1:29:22 | Samantha Kingsford | OTG | 08 Nov 1990 | 4 | Moro | Dunedin | 11 Sep 2011 |
| 32 | 1:29:24 | Erin Whitla | OTG | 14 Feb 1987 | 9 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 33 | 1:29:26 | Gemma Cartwright | MWA | 29 Dec 1986 | 10 | NZL H-M Championship | Auckland | 30 Oct 2011 |
| 34 | 1:29:33 | Melanie Cossar | AKL | 04 May 1965 | 6 | Kerikeri Half Marathon | Kerikeri | 19 Nov 2011 |
| 35 | 1:29:53 | Mandy Simpson | WEL | 25 Feb 1974 | 12 | SBS Christchurch | Christchurch | 05 Jun 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|---------|----------------|----------------|
| 1st | 1:13:29 | 1:09:35 | 1:07:55 | 1:07:11 |
| 10th | 1:20:21 | 1:20:23 | 1:18:03 | 1:19:53 |
| 20th | 1:28:01 | 1:23:56 | 1:20:45 | 1:26:10 |

WOMENS OPEN Marathon

| | | | | | | | | |
|----|---------|--------------------|-----|-------------|----|------------------------|--------------|-------------|
| 1 | 2:25:46 | Kimberley Smith | AKL | 19 Nov 1981 | 5 | New York Marathon | New York NY | 06 Nov 2011 |
| 2 | 2:41:56 | Lisa Robertson | AKL | 09 Mar 1983 | 1 | adidas Auckland | Auckland | 30 Oct 2011 |
| 3 | 2:44:32 | Sarah Biss | WBP | 02 Jul 1977 | 16 | Chicago Marathon | Chicago IL | 09 Oct 2011 |
| 4 | 2:46:05 | Johanna Ottosson | WBP | 21 Jul 1973 | 23 | New York Marathon | New York NY | 06 Nov 2011 |
| 5 | 2:51:24 | Shireen Crumpton | OTG | 10 Oct 1970 | 43 | Boston Marathon | Boston MA | 18 Apr 2011 |
| 6 | 2:53:17 | Gabrielle O'Rourke | WEL | 11 Feb 1967 | 3 | Blackmore Running Fest | Sydney AUS | 18 Sep 2011 |
| 7 | 2:56:10 | Victoria Beck | OTG | 31 Aug 1982 | 2 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 8 | 2:56:41 | Sarah Chisnall | OTG | 26 Sep 1983 | 1 | Southland Marathon | Invercargill | 13 Nov 2011 |
| 9 | 2:57:37 | Melissa Norris | AKL | 19 Jul 1969 | 2 | Canberra Marathon | Canberra AUS | 09 Apr 2011 |
| 10 | 2:59:22 | Sally Gibbs | WBP | 05 Jun 1963 | 3 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 11 | 2:59:46 | Tracy Crossley | CAN | 11 Apr 1972 | 2 | SBS Christchurch | Christchurch | 05 Jun 2011 |
| 12 | 3:01:24 | Michelle Hopkins | WEL | 01 Aug 1974 | 4 | Rotorua Marathon | Rotorua | 30 Apr 2011 |
| 13 | 3:02:18 | Rebecca Forlong | AKL | 13 Jun 1986 | 7 | adidas Auckland | Auckland | 30 Oct 2011 |
| 14 | 3:08:15 | Mikki Williden | AKL | 04 Jul 1977 | 2 | Lydiard Legend | Waitakere | 17 Sep 2011 |
| 15 | 3:08:50 | Maria Akesson | AKL | 03 Dec 1976 | 6 | Rotorua Marathon | Rotorua | 30 Apr 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|---------|----------------|----------------|----------------|
| 1st | 2:29:35 | 2:38:48 | 2:25:21 | 2:25:46 |
| 10th | 2:57:03 | 2:54:08 | 2:55:13 | 2:59:22 |
| 20th | - | 3:05:56 | 3:09:52 | 3:08:50 (15th) |

WOMENS OPEN 3000m Steeplechase

| | | | | | | | | |
|---|----------|-------------------|-----|-------------|---|-------------------|---------------|-------------|
| 1 | 10:14:17 | Caroline Mellsop | MWA | 05 Sep 1991 | 2 | AUS Championships | Melbourne AUS | 16 Apr 2011 |
| 2 | 10:25:09 | Fiona Crombie | ANZ | 15 Aug 1982 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 10:53:01 | Florence Reynolds | WEL | 31 Dec 1992 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 11:16:40 | Christina Taylor | STH | 02 Aug 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 11:26:21 | Flora Brocherie | CAN | 30 Oct 1992 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|----------|-----------------|----------------|----------------|
| 1st | 10:15.46 | 10:03.82 | 10:07.99 | 10:14:17 |
| 10th | - | - | 11:29.70 (6th) | 11:26:21 (5th) |
| 20th | - | - | - | |

WOMENS OPEN 100m Hurdles

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|---|----------------------|--------------|-------------|
| 1 | 13.15 | 0.4 | Andrea Miller | OTG | 13 Mar 1982 | 1 | BNE Track Classic | Brisbane AUS | 11 Feb 2011 |
| 2 | 13.60 | 1.6 | Fiona Morrison | CAN | 24 Oct 1988 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 13.85 | 0.4 | Veronica Torr | AKL | 17 May 1987 | 3 | BNE Track Classic | Brisbane AUS | 11 Feb 2011 |
| 4 | 14.00 | 1.6 | Sarah Cowley | AKL | 03 Feb 1984 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 14.19 | 1.6 | Tracey Hale | WBP | 26 Sep 1990 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 6 | 14.26 | 1.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 14.29 | 1.7 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 8 | 14.36 | 1.6 | Rochelle Coster | AKL | 06 Jun 1988 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 14.42 | 0.9 | Zoe Ballantyne | AKL | 28 Mar 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 10 | 14.84 | -0.2 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | Interclub | Timaru 2 | 6 Nov 2011 |
| 11 | 15.51 | 0.9 | Elizabeth Lamb | AKL | 12 May 1991 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 12 | 15.89 | 1.7 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 13 | 16.32 | 0.8 | Emma Sutherland | HBG | 14 Jan 1993 | 1 | Interclub | Christchurch | 19 Feb 2011 |
| 14 | 16.36 | -2.9 | Melissa Goffin | AKL | 12 Apr 1991 | 4 | Auckland Festival #2 | Auckland | 03 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|--------------|-------------|--------------|
| 1st | 13.12 | 13.10 | 13.25 | 13:15 |
| 10th | 16:38 (6th) | 15.97 (8th) | 16.04 (7th) | 14.84 |
| 20th | - | - | - | |

WOMENS OPEN 400m Hurdles

| | | | | | | | | |
|----|-------|-------------------|-----|-------------|---|-------------------|--------------|-------------|
| 1 | 60.81 | Tracey Hale | WBP | 26 Sep 1990 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 2 | 61.10 | Zoe Ballantyne | AKL | 28 Mar 1992 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 63.04 | Alexandra Skerten | OTG | 02 Jul 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 4 | 64.62 | Katherine Camp | WBP | 06 Feb 1992 | 5 | John Jacobs Inv | Norman OK | 16 Apr 2011 |
| 5 | 66.59 | Kelsey Berryman | CAN | 04 Feb 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 66.87 | Nicole Mesman | CAN | 02 Feb 1993 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 66.89 | Veronika Lang | WBP | 28 Aug 1990 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 8 | 67.11 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | Interclub | Christchurch | 19 Feb 2011 |
| 9 | 68.42 | Rebecca Lovell | WBP | 08 Oct 1992 | 1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 10 | 69.57 | Megan Blair | WEL | 06 Aug 1993 | 6 | NZL Championships | Dunedin | 27 Mar 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------|--------------|--------------|
| 1st | 65.48 | 62.29 | 61.28 | 60.81 |
| 10th | 68.84 (7th) | 69.63 | 67.91 | 69.57 |
| 20th | - | - | - | - |

WOMENS OPEN Field

WOMENS OPEN High Jump

| | | | | | | | | |
|----|------|--------------------|-----|-------------|---|------------------------|------------------|-------------|
| 1 | 1.86 | Elizabeth Lamb | AKL | 12 May 1991 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 2 | 1.84 | Sarah Cowley | AKL | 03 Feb 1984 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 1.80 | Sarah Saddleton | AKL | 05 Aug 1989 | 1 | Rainbow Relays | Honolulu HI | 02 Apr 2011 |
| 4 | 1.77 | Emma Sutherland | HBG | 14 Jan 1993 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 1.73 | Keeley O'Hagan | WEL | 11 Mar 1994 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 6 | 1.73 | Monika Wensing | TAR | 02 Jan 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 1.71 | Paige Harwood | AKL | 08 Feb 1995 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 8 | 1.71 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 1.70 | Eliza McCartney | AKL | 11 Dec 1996 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 10 | 1.70 | Vianca Du Toit | AKL | 09 Dec 1992 | 1 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 11 | 1.70 | Lee-Ann McKenzie | CAN | 27 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 12 | 1.69 | Portia Bing | AKL | 17 Apr 1993 | H | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 13 | 1.69 | Sarah McDonald | MWA | 16 Apr 1995 | 1 | Wanganui Schools Ch | Wanganui | 09 Mar 2011 |
| 14 | 1.69 | Charlotte Muschamp | STH | 09 Sep 1992 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 15 | 1.67 | Savannah Bruin | STH | 24 Mar 1993 | 2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 16 | 1.67 | Erica Winton | CAN | 06 Oct 1996 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 17 | 1.66 | La Toya Te Kapa | CAN | 11 Jan 1994 | 1 | Interclub | Christchurch | 12 Feb 2011 |
| 18 | 1.66 | Amelia Hamilton | WBP | 14 Jan 1995 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|------|-------------------|-----|-------------|---|------------------------|------------|-------------|
| 19 | 1.66 | Kiri Kendall | ANZ | 04 Dec 1987 | 3 | Rice T&F Meet | Houston TX | 04 May 2011 |
| 20 | 1.65 | Valerie Chan | WEL | 21 Oct 1995 | 1 | Gold Programme | Wellington | 08 Jan 2011 |
| 21 | 1.65 | Greer Alsop | STH | 13 Jun 1994 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 22 | 1.65 | Rebecca Wardell | CAN | 21 Dec 1977 | 1 | Weekly Meeting | Dunedin | 10 Dec 2011 |
| 23 | 1.63 | Riana Phillips | NTH | 23 Mar 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 24 | 1.63 | Kate Plimmer | WEL | 18 Sep 1996 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 25 | 1.63 | Hanna Brough | AKL | 19 Feb 1996 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 26 | 1.63 | Meg McKay | OTG | 17 Dec 1996 | 1 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 27 | 1.61 | Lauri Watt | CAN | 18 Jan 1996 | 2 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 28 | 1.60 | Kristina Rybinski | WEL | 21 Jul 1995 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 29 | 1.59 | Charlotte Hunter | AKL | 04 Jun 1997 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|------|-------------|-------------|
| 1st | 1.79 | 1.85 | 1.85 | 1.86 |
| 10th | 1.65 | 1.70 | 1.71 | 1.70 |
| 20th | 1.59 (19th) | 1.62 | 1.65 | 1.65 |

WOMENS OPEN Pole Vault

| | | | | | | | | |
|---|------|--------------------|-----|-------------|---|-----------------------|------------------|-------------|
| 1 | 4.05 | Kerry Charlesworth | AKL | 13 Dec 1993 | 2 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 2 | 3.60 | Eliza McCartney | AKL | 11 Dec 1996 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 3 | 3.59 | Lucy McGall | AKL | 22 Apr 1993 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 3.30 | Lydia Taylor | AKL | 16 Sep 1995 | 3 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 5 | 3.21 | Valerie Chan | WEL | 21 Oct 1995 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 3.15 | Rachel Kemp | WEL | 04 Feb 1988 | 3 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 7 | 3.00 | Jessica Boyd | CAN | 28 Jul 1995 | 1 | Interclub | Timaru | 29 Oct 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|------------|------------|------------|-------------|
| 1st | 3.75 | 3.90 | 4.00 | 4.05 |
| 10th | 3.10 (6th) | 3.20 (6th) | 3.10 (9th) | 3.00 (7th) |
| 20th | | | | |

WOMENS OPEN Long Jump

| | | | | | | | | | |
|----|------|------|-------------------|-----|-------------|---|-----------------------|--------------|-------------|
| 1 | 6.03 | 0.0 | Sarah Cowley | AKL | 03 Feb 1984 | H | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 2 | 5.98 | -1.6 | Veronica Torr | AKL | 17 May 1987 | 1 | Joanna Stone Sheild | Brisbane AUS | 05 Nov 2011 |
| 3 | 5.79 | 1.6 | Nneka Okpala | AKL | 27 Apr 1988 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 4 | 5.79 | 0.5 | Kiri Kendall | ANZ | 04 Dec 1987 | 2 | UTEP Inv | El Paso TX | 16 Apr 2011 |
| 5 | 5.68 | 1.9 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 6 | 5.64 | 0.6 | Fiona Morrison | CAN | 24 Oct 1988 | 1 | Winton Graded Scratch | Invercargill | 17 Dec 2011 |
| 7 | 5.62 | 0.4 | Mariah Rinui | WBP | 26 Jun 1992 | 3 | Capital Classic | Wellington | 28 Jan 2011 |
| 8 | 5.57 | 0.0 | Toni Clinton | AKL | 05 Sep 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 5.52 | 2.0 | Greer Alsop | STH | 13 Jun 1994 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 10 | 5.50 | 1.8 | Paige Harwood | AKL | 08 Feb 1995 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 11 | 5.46 | -0.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 2 | Oceania Regional East | Apia SAM | 23 Jun 2011 |
| 12 | 5.45 | 1.6 | Amy Robinson | WBP | 19 Feb 1996 | 1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 13 | 5.40 | 0.0 | Melody Stein | WEL | 15 May 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 14 | 5.40 | -0.6 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 15 | 5.40 | 1.8 | Keeley O'Hagan | WEL | 11 Mar 1994 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 16 | 5.33 | 1.4 | Robyn Engels | WBP | 17 May 1996 | 1 | NI Colgate Games | Hastings | 07 Jan 2011 |
| 17 | 5.32 | 1.4 | Marissa Pritchard | WEL | 17 Mar 1984 | 6 | NZL Championships | Dunedin | 25 Mar 2011 |
| 18 | 5.31 | 0.0 | Holly Patterson | WBP | 16 Apr 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 19 | 5.30 | -0.5 | Zoe Hobbs | TAR | 11 Sep 1997 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 20 | 5.26 | 0.0 | Jennifer Scott | AKL | 25 Feb 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 21 | 5.26 | -0.2 | Kristina Rybinski | WEL | 21 Jul 1995 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 22 | 5.23 | 0.5 | Rebecca Lovell | WBP | 08 Oct 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 23 | 5.22 | 1.3 | Melissa Goffin | AKL | 12 Apr 1991 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 24 | 5.15 | 1.6 | Sarah Yardley | WBP | 21 Jul 1989 | 1 | Weekly Meeting | Dunedin | 15 Oct 2011 |
| 25 | 5.14 | 1.6 | Jade Graham | STH | 23 Aug 1995 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |
| 26 | 5.14 | -1.7 | Lauri Watt | CAN | 18 Jan 1996 | 1 | SI Colgate Games | Dunedin | 14 Jan 2011 |
| 27 | 5.13 | -0.2 | Leanna Ryan | CAN | 07 Dec 1995 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 28 | 5.13 | 0.0 | Jamie Sowter | AKL | 07 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 29 | 5.11 | 0.1 | Anne Simpson | AKL | 17 Sep 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 30 | 5.10 | 1.0 | Harriett Sowman | WEL | 11 Dec 1990 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 31 | 5.09 | -0.4 | Stacey Gunn | MWA | 28 Oct 1994 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 32 | 5.07 | -1.0 | Kate Philpott | MWA | 30 Jul 1992 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 33 | 5.04 | 0.0 | Charlotte Smith | WEL | 06 Jun 1991 | 8 | NZL Championships | Dunedin | 25 Mar 2011 |
| 34 | 5.02 | 0.0 | Bridget Watson | MWA | 29 Jan 1997 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 35 | 5.01 | 0.0 | Kate Plimmer | WEL | 18 Sep 1996 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------------|-------------|------|
| 1st | 6.22 | 6.14 | 6.07 | 6.03 |
| 10th | 5.22 | 5.60 | 5.52 | 5.50 |
| 20th | 5.01 | 5.27 | 5.30 | 5.26 |

WOMENS OPEN Triple Jump

| | | | | | | | | | |
|----|-------|------|--------------------|-----|-------------|---|------------------------|-----------------------|-------------|
| 1 | 13.11 | 1.5 | Nneka Okpala | AKL | 27 Apr 1988 | 3 | Zatopek | Melbourne AUS | 10 Dec 2011 |
| 2 | 12.27 | 1.1 | Greer Alsop | STH | 13 Jun 1994 | 2 | Commonwealth Youth Gam | Douglas GBR | 11 Sep 2011 |
| 3 | 12.03 | 0.0 | Jennifer Scott | AKL | 25 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 11.91 | 0.0 | Charlotte Muschamp | STH | 09 Sep 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 11.50 | | Kiri Kendall | ANZ | 04 Dec 1987 | 5 | Howie Ryan All Comers | Houston TX | 05 Feb 2011 |
| 6 | 11.49 | 1.1 | Melody Stein | WEL | 15 May 1993 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 11.47 | 0.0 | Anna Thomson | WEL | 14 May 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 11.34 | 1.9 | Jade Graham | STH | 23 Aug 1995 | 2 | Winton Graded Scratch | Invercargill | 17 Dec 2011 |
| 9 | 11.32 | -1.6 | Harriett Sowman | WEL | 11 Dec 1990 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 10 | 11.05 | 0.0 | Hannah Keenan | CAN | 10 Jun 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 11 | 10.94 | 0.0 | Zoe Hobbs | TAR | 11 Sep 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 10.82 | 0.0 | Rebecca Peterson | STH | 23 Oct 1995 | 6 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 13 | 10.81 | 0.0 | Jamie Sowter | AKL | 07 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 10.79 | 2.2 | Kathryn Kennedy | WEL | 05 Mar 1991 | 7 | NZL Championships | Dunedin | 27 Mar 2011 |
| 15 | 10.79 | -2.1 | Kate Philpott | MWA | 30 Jul 1992 | 1 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 16 | 10.78 | 0.8 | Stacey Gunn | MWA | 28 Oct 1994 | 7 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 17 | 10.78 | 0.8 | Jessie Park | CAN | 08 Aug 1994 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 18 | 10.72 | 0.3 | Monika Wensing | TAR | 02 Jan 1994 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |
| 19 | 10.67 | 0.9 | Anne Simpson | AKL | 17 Sep 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 20 | 10.59 | 1.7 | Morgan Williams | AKL | 27 Sep 1991 | 2 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 21 | 10.59 | 1.7 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 22 | 10.49 | -1.2 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | Interclub | Christchurch | 12 Feb 2011 |
| 23 | 10.47 | 1.2 | Tracey Hale | WBP | 26 Sep 1990 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 24 | 10.44 | 2.0 | Kendyl Fake | TAR | 30 Nov 1993 | 1 | Central Region League | Inglewood | 29 Oct 2011 |
| 25 | 10.44 | 0.4 | Lauren Eaton | CAN | 24 Aug 1990 | 1 | Interclub | Burnside Christchurch | 15 Oct 2011 |
| 26 | 10.41 | 0.2 | Ema McKay | MWA | 04 Aug 1996 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 27 | 10.33 | 0.2 | Jade Fern | TAR | 01 Sep 1995 | 8 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 28 | 10.24 | 0.0 | Joanna Oryszczak | CAN | 29 Jul 1994 | 3 | SI Schools | Timaru | 02 Apr 2011 |
| 29 | 10.24 | 0.4 | Pavinne Watson | MWA | 27 Sep 1995 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 30 | 10.17 | 0.0 | Kate Plimmer | WEL | 18 Sep 1996 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 31 | 10.15 | 0.0 | Chanel Watson | TAR | 19 Jun 1993 | 7 | NI Schools | Hamilton | 02 Apr 2011 |
| 32 | 10.14 | 1.6 | Rebecca Cochrane | WBP | 29 Aug 1989 | 2 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 33 | 10.12 | -1.8 | Georgie Blackwood | MWA | 19 Sep 1993 | 8 | NI Schools | Hamilton | 02 Apr 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|-------|--------------|--------------|
| 1st | 11.55 | 12.79 | 12.73 | 13.11 |
| 10th | 10.78 | 11.30 | 11.38 | 11.05 |
| 20th | 10.59 | 10.62 | 10.95 | 10.59 |

WOMENS OPEN Shot Put

| | | | | | | | | |
|----|-------|---------------------|-----|-------------|---|----------------------|-------------|-------------|
| 1 | 21.24 | Valerie Adams | AKL | 06 Oct 1984 | 1 | World Championships | Daegu KOR | 29 Aug 2011 |
| 2 | 16.40 | Ana Poughila | AKL | 18 Oct 1979 | 1 | Coupe de Lancers | Mt Dore NCL | 07 May 2011 |
| 3 | 14.56 | Te Rina Keenan | AKL | 29 Jun 1990 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 4 | 14.24 | Siositina Hakeai | AKL | 01 Mar 1994 | 2 | UK U20 & U23 Champs | Bedford GBR | 26 Jun 2011 |
| 5 | 13.85 | Rebecca Wardell | CAN | 21 Dec 1977 | 1 | Weekly Meeting | Dunedin | 17 Dec 2011 |
| 6 | 13.22 | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 13.15 | Ayla Gill | AKL | 05 Jan 1991 | 6 | North Texas Classic | Denton TX | 26 Mar 2011 |
| 8 | 12.93 | Sarah Cowley | AKL | 03 Feb 1984 | H | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 9 | 12.18 | Emily Baker | WBP | 15 Dec 1986 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 10 | 11.97 | Nicole Bradley | AKL | 23 Apr 1992 | 4 | Open Meeting | North Shore | 09 Apr 2011 |
| 11 | 11.58 | Sarah Button | AKL | 12 Feb 1993 | 5 | Open Meeting | North Shore | 09 Apr 2011 |
| 12 | 11.40 | Lucy Ross | HGB | 16 Feb 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 11.18 | Christine McCahill | WBP | 29 Aug 1964 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 14 | 10.86 | Karalee Whiu | NTH | 18 Aug 1993 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 15 | 10.72 | Melissa Seymour | TAS | 01 Jul 1991 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 16 | 10.14 | Mariah Ririnui | WBP | 26 Jun 1992 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|-------|--------------|--------------|
| 1st | 20.56 | 21.07 | 20.86 | 21.24 |
| 10th | 11.08 | 12.26 | 12.13 | 11.97 |
| 20th | 10.19 | 10.58 | 11.03 | |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS OPEN Discus Throw

| | | | | | | | | |
|----|-------|----------------------|-----|-------------|---|------------------------|---------------|-------------|
| 1 | 53.16 | Siositina Hakeai | AKL | 01 Mar 1994 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 2 | 51.53 | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 3 | 50.03 | Merewarihi Vaka | AKL | 30 Mar 1995 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 4 | 49.45 | Ana Pouhila | AKL | 18 Oct 1979 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 5 | 49.37 | Te Rina Keenan | AKL | 29 Jun 1990 | 1 | Open Meeting | Palaiseau FRA | 12 Jul 2011 |
| 6 | 42.31 | Che Kenneally | ANZ | 02 Feb 1995 | 2 | UQ All Comers | Brisbane AUS | 24 Jul 2011 |
| 7 | 42.11 | Sarah Button | AKL | 12 Feb 1993 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 8 | 41.98 | Courtney Fafeita | WEL | 27 Jan 1993 | 4 | Capital Classic | Wellington | 28 Jan 2011 |
| 9 | 39.09 | Mele Tiauli | AKL | 13 Jul 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 10 | 38.79 | Ariana Blackwood | MWA | 11 Mar 1994 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 11 | 37.52 | Courtney Clarke | TAS | 31 Jan 1994 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 12 | 37.12 | Ella Pilkington | AKL | 06 Apr 1995 | 3 | Open Meeting | North Shore | 09 Apr 2011 |
| 13 | 36.61 | Brooke Urquhart | AKL | 17 May 1997 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 14 | 36.41 | Xhavinæ Samuel | AKL | 17 Sep 1997 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 15 | 35.22 | Mackenzie Vitasovich | AKL | 07 May 1998 | 3 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 16 | 35.01 | Livvie Duggan | WBP | 20 Jul 1992 | 1 | Open Meeting | Tauranga | 12 Mar 2011 |
| 17 | 33.52 | Harri Kiriau | AKL | 25 Jun 1995 | 2 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 18 | 33.51 | Christine McCahill | WBP | 29 Aug 1964 | 1 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 19 | 33.45 | Courtney Martin | AKL | 20 Jul 1997 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |
| 20 | 33.26 | Karalee Whiu | NTH | 18 Aug 1993 | 7 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 21 | 33.17 | Nicole Bradley | AKL | 23 Apr 1992 | 2 | Sam Johnson Mem | Hamilton | 04 Dec 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|--------------|--------------|--------------|--------------|
| 1st | 61.62 | 60.03 | 61.11 | 53.16 |
| 10th | 34.95 | 38.26 | 39.40 | 38.79 |
| 20th | 30.44 (17th) | 30.73 (17th) | 36.11 (17th) | 33.26 |

WOMENS OPEN Hammer Throw

| | | | | | | | | |
|----|-------|---------------------|-----|-------------|----|---------------------|------------------|-------------|
| 1 | 62.28 | Julia Ratcliffe | WBP | 14 Jul 1993 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 2 | 61.70 | Ayla Gill | AKL | 05 Jan 1991 | 1 | TCU Invitational | Fort Worth TX | 18 Mar 2011 |
| 3 | 53.59 | Nicole Bradley | AKL | 23 Apr 1992 | 1 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 4 | 52.39 | Millie McNie | AKL | 19 May 1989 | 1 | Carol McNie Meeting | Wanganui | 26 Nov 2011 |
| 5 | 51.37 | Ana Pouhila | AKL | 18 Oct 1979 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 6 | 50.80 | Debbie McCaw | OTG | 01 Jan 1980 | 1 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 7 | 49.09 | Rebecca Hodgson | CAN | 15 Aug 1993 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 8 | 48.52 | Christine McCahill | WBP | 29 Aug 1964 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 9 | 46.24 | Sarah Button | AKL | 12 Feb 1993 | 2 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 10 | 43.04 | Ella Pilkington | AKL | 06 Apr 1995 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 11 | 41.17 | Courtney Fafeita | WEL | 27 Jan 1993 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 39.22 | Livvie Duggan | WBP | 20 Jul 1992 | 8 | NZL Championships | Dunedin | 26 Mar 2011 |
| 13 | 38.48 | Althea Mackie | AKL | 09 Apr 1970 | 2 | Spring Series #3 | North Shore | 15 Oct 2011 |
| 14 | 38.08 | Siositina Hakeai | AKL | 01 Mar 1994 | 5 | Warm Up Meet | Mt Dore NCL | 04 May 2011 |
| 15 | 37.10 | Lucy Ross | HBG | 16 Feb 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 36.89 | Anne Goulter | AKL | 04 Dec 1962 | 8 | Open Meeting | North Shore | 09 Apr 2011 |
| 17 | 35.82 | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 3 | Cooks Classic | Palmerston North | 26 Jan 2011 |
| 18 | 33.32 | Sarah Ratcliffe | WBP | 29 Mar 1991 | 11 | Open Meeting | North Shore | 09 Apr 2011 |
| 19 | 32.30 | Winifred Harding | OTG | 17 Nov 1955 | 1 | OTG Championships | Dunedin | 19 Feb 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------|-------|--------------|--------------|
| 1st | 50.37 | 55.14 | 61.32 | 62.28 |
| 10th | 34.50 | 36.99 | 44.51 | 43.04 |
| 20th | - | - | 32.12 (19th) | 32.30 (19th) |

WOMENS OPEN Javelin Throw

| | | | | | | | | |
|----|-------|------------------|-----|-------------|---|------------------------|------------|-------------|
| 1 | 47.63 | Keshia Grant | WBP | 11 Jan 1987 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 2 | 43.84 | Hannah Blair | OTG | 31 Oct 1987 | 1 | OTG Championships | Dunedin | 19 Feb 2011 |
| 3 | 42.41 | Tori Peeters | STH | 17 May 1994 | 2 | Oceania Regional East | Apia SAM | 23 Jun 2011 |
| 4 | 41.50 | Emily Baker | WBP | 15 Dec 1986 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 5 | 39.60 | Sarah Cowley | AKL | 03 Feb 1984 | 2 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 6 | 39.21 | Megan Aikenhead | WBP | 09 Sep 1988 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 7 | 38.88 | Rebecca Wardell | CAN | 21 Dec 1977 | 1 | Weekly Meeting | Dunedin | 17 Dec 2011 |
| 8 | 38.09 | Aeron Mellish | TAR | 23 Apr 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 36.86 | Lee-Ann McKenzie | CAN | 27 Apr 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 10 | 36.34 | Tamara Anstis | AKL | 12 Jul 1992 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 11 | 35.60 | Portia Bing | AKL | 17 Apr 1993 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|-------------|--------------|-------|
| 1st | 48.24 | 49.42 | 50.11 | 47.63 |
| 10th | 36.29 (6th) | 36.99 (7th) | 38.28 | 36.34 |
| 20th | - | - | - | - |

WOMENS OPEN Combined Events

WOMENS OPEN Heptathlon

| | | | | | | | | |
|----|------|------------------|-----|-------------|---|----------------------|----------------|-------------|
| 1 | 5752 | Sarah Cowley | AKL | 03 Feb 1984 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 2 | 5637 | Veronica Torr | AKL | 17 May 1987 | 1 | ANQ Championships | Townsville AUS | 25 Sep 2011 |
| 3 | 4885 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 4 | 4467 | Paige Harwood | AKL | 08 Feb 1995 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 5 | 4233 | Tracey Hale | WBP | 26 Sep 1990 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 6 | 4007 | Ashleigh Sando | WBP | 03 Feb 1994 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 7 | 3893 | Amy Robinson | WBP | 19 Feb 1996 | 4 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 8 | 3567 | Vianca Du Toit | AKL | 09 Dec 1992 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 9 | 3324 | Ariana Blackwood | MWA | 11 Mar 1994 | 1 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 10 | 3219 | Stacey Gunn | MWA | 28 Oct 1994 | 2 | North Island CE Ch | Hastings | 20 Nov 2011 |

| | 2008 | 2009 | 2010 | 2011 |
|------|-------------|------|------|-------------|
| 1st | 6108 | 5678 | 5988 | 5752 |
| 10th | - | - | - | 3219 |
| 20th | - | - | - | - |

WOMENS 19 Track

WOMENS 19 100m

| | | | | | | | | | |
|----|-------|------|----------------------|-----|-------------|-----|-----------------------|------------------|-------------|
| 1 | 12.39 | -1.9 | Megan McPhail | OTG | 23 Mar 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 12.42 | 1.3 | Zoe Ballantyne | AKL | 28 Mar 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 3 | 12.45 | 1.9 | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 1 | New Year Meeting | Timaru | 08 Jan 2011 |
| 4 | 12.48 | 1.2 | Mariah Ririnui | WBP | 26 Jun 1992 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 5 | 12.48 | -1.9 | Sophie Napper | OTG | 07 Nov 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 12.49 | -1.9 | Mandy Enright | AKL | 17 Sep 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 12.49 | 0.6 | Lauren Wilson | OTG | 24 Nov 1992 | 1 | Interclub | Dunedin | 12 Feb 2011 |
| 8 | 12.50 | -1.9 | Kathryn Stuart | CAN | 27 Dec 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 12.51 | 1.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 2 | Oceania Regional East | Apia SAM | 21 Jun 2011 |
| 10 | 12.54 | 0.0 | Toni Clinton | AKL | 05 Sep 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 12.60 | 1.3 | Chelsea Johannsen | AKL | 06 Sep 1991 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 12 | 12.61 | 1.9 | Louise Hodge | AKL | 01 Nov 1994 | 1 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 13 | 12.61 | 1.9 | Lauren Nicol | CAN | 24 Apr 1993 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 14 | 12.61 | 1.9 | Abigail Watson | CAN | 22 Nov 1991 | 4 | New Year Meeting | Timaru | 08 Jan 2011 |
| 15 | 12.69 | 1.4 | Kristie Baillie | WBP | 09 Sep 1991 | 2 | Open Meeting | Tauranga | 12 Mar 2011 |
| 16 | 12.71 | -1.5 | Brogan McDonald | AKL | 08 Jul 1993 | 3s3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 12.85 | -01. | Emma Blake | HGB | 05 Apr 1993 | 5 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 18 | 12.86 | 1.5 | Vanessa Hill | WBP | 23 Jun 1993 | 2h2 | NI Schools | Hamilton | 02 Apr 2011 |
| 19 | 12.91 | -0.1 | Portia Bing | AKL | 17 Apr 1993 | 1r3 | Mini Meet | North Shore | 02 Sep 2011 |
| 20 | 12.91 | 1.8 | Charlotte Smith | WEL | 06 Jun 1991 | 1 | Black Programme | Wellington | 19 Mar 2011 |
| 21 | 12.92 | -1.2 | Tessa Miller | STH | 06 Sep 1993 | 3h1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 22 | 12.92 | 0.3 | Ellie McCleery | WBP | 07 Jul 1994 | 2 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 23 | 12.93 | -1.2 | Ally French | WBP | 10 Mar 1994 | 4s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 24 | 12.94 | 2.0 | Laura McPhail | OTG | 24 Nov 1991 | 1r2 | Interclub | Christchurch | 12 Feb 2011 |
| 25 | 12.99 | 1.3 | Katrina Anderson | AKL | 22 Mar 1992 | 4 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 26 | 13.02 | -0.3 | Elise McLroy | WEL | 07 Oct 1993 | 3 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 27 | 13.02 | -1.2 | April Campbell | WEL | 24 Apr 1994 | 6s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 28 | 13.11 | 0.8 | Hannah Bayard | CAN | 09 Mar 1991 | 4r2 | Interclub | Christchurch | 15 Jan 2011 |
| 29 | 13.12 | -0.3 | Holly Janssen | WEL | 21 Nov 1992 | 4 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 30 | 13.13 | 2.0 | Angela Smit | CAN | 16 Aug 1991 | 2r2 | Interclub | Christchurch | 12 Feb 2011 |

WOMENS 19 200m

| | | | | | | | | | |
|---|-------|------|----------------------|-----|-------------|-----|----------------------|--------------|-------------|
| 1 | 25.18 | 0.1 | Megan McPhail | OTG | 23 Mar 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 25.20 | 0.1 | Brooke Cull | AKL | 26 Feb 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 25.33 | 0.1 | Kathryn Stuart | CAN | 27 Dec 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 25.34 | -1.3 | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 2r1 | Interclub | Christchurch | 12 Feb 2011 |
| 5 | 25.36 | -1.0 | Lauren Wilson | OTG | 24 Nov 1992 | 1 | Interclub | Dunedin | 12 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|-------|------|-------------------|-----|-------------|-----|------------------------|--------------|-------------|
| 6 | 25.49 | 0.8 | Kristie Baillie | WBP | 09 Sep 1991 | 1h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 25.53 | 0.1 | Sophie Napper | OTG | 07 Nov 1993 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 25.54 | -2.0 | Portia Bing | AKL | 17 Apr 1993 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 9 | 25.60 | 2.0 | Abigail Watson | CAN | 22 Nov 1991 | 3r1 | Capital Classic | Wellington | 28 Jan 2011 |
| 10 | 25.72 | -3.3 | Zoe Ballantyne | AKL | 28 Mar 1992 | 2 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 11 | 25.87 | -0.1 | Louise Hodge | AKL | 01 Nov 1994 | 4s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 26.06 | -2.0 | Katrina Anderson | AKL | 22 Mar 1992 | 2 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 13 | 26.18 | 1.3 | Chelsea Johannsen | AKL | 06 Sep 1991 | 2 | Open Meeting | Auckland | 19 Mar 2011 |
| 14 | 26.24 | -0.3 | Sarah Karika | HBG | 29 Jul 1994 | 3q3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 15 | 26.28 | 2.0 | Emma Blake | HBG | 05 Apr 1993 | 4r1 | Capital Classic | Wellington | 28 Jan 2011 |
| 16 | 26.32 | -1.0 | Ally French | WBP | 10 Mar 1994 | 3s1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 26.42 | -0.6 | Angela Smit | CAN | 16 Aug 1991 | 2r1 | Interclub | Christchurch | 05 Feb 2011 |
| 18 | 26.53 | 0.4 | Brogan McDonald | AKL | 08 Jul 1993 | 3q1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 19 | 26.53 | 2.0 | Elise McIlroy | WEL | 07 Oct 1993 | 7mx | Gold Programme | Wellington | 22 Jan 2011 |
| 20 | 26.59 | -2.0 | Anne Simpson | AKL | 17 Sep 1992 | 3 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 21 | 26.61 | 1.7 | Alisha Lovrich | AKL | 19 Jul 1993 | 3 | Auckland Championships | Auckland | 27 Feb 2011 |
| 22 | 26.65 | -1.3 | Laura McPhail | OTG | 24 Nov 1991 | 6r1 | Interclub | Christchurch | 12 Feb 2011 |

WOMENS 19 400m

| | | | | | | | | | |
|----|-------|--|----------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 1 | 54.81 | | Kristie Baillie | WBP | 09 Sep 1991 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 56.10 | | Abigail Watson | CAN | 22 Nov 1991 | 2 | Capital Classic | Wellington | 28 Jan 2011 |
| 3 | 56.12 | | Angela Smit | CAN | 16 Aug 1991 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 56.35 | | Katrina Anderson | AKL | 22 Mar 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 56.55 | | Hazel Bowering-Scott | TAS | 01 Apr 1993 | 4 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 6 | 57.74 | | Ellie McCleery | WBP | 07 Jul 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 57.74 | | Katherine Camp | WBP | 06 Feb 1992 | 68 | Tyson Invitational | Fayetteville NC | 11 Feb 2011 |
| 8 | 57.84 | | Kerry White | WBP | 13 Jul 1994 | 1 | Open Meeting | Tauranga | 03 Dec 2011 |
| 9 | 57.85 | | Portia Bing | AKL | 17 Apr 1993 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 10 | 58.05 | | Elena Hewett | AKL | 08 Nov 1991 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 11 | 58.33 | | Jenny Hauke | AKL | 06 Feb 1993 | 1 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 12 | 58.49 | | Rebekah Greene | OTG | 26 Dec 1993 | 4r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 13 | 58.60 | | Alisha Lovrich | AKL | 19 Jul 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 58.80 | | Brooke Cull | AKL | 26 Feb 1994 | 2 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 15 | 58.96 | | Anne Simpson | AKL | 17 Sep 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 16 | 59.41 | | Grace Stewart | AKL | 10 Aug 1994 | 1q2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 17 | 59.56 | | Sarah Flynn | HBG | 03 Nov 1992 | 2 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 18 | 59.60 | | Molly Creagh | WEL | 30 Apr 1994 | 1 | Black Programme | Wellington | 26 Nov 2011 |
| 19 | 59.76 | | Kathryn Stuart | CAN | 27 Dec 1994 | 1r2 | Interclub | Timaru | 26 Nov 2011 |
| 20 | 59.78 | | Alice Sharples | CAN | 25 May 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |

WOMENS 19 800m

| | | | | | | | | | |
|----|---------|--|--------------------|-----|-------------|-----|-------------------------|-----------------------|-------------|
| 1 | 2:05.88 | | Angela Smit | CAN | 16 Aug 1991 | 10 | Melbourne Track Classic | Melbourne AUS | 03 Mar 2011 |
| 2 | 2:07.12 | | Rebekah Greene | OTG | 26 Dec 1993 | 1 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 3 | 2:08.51 | | Hannah Newbould | CAN | 19 Jun 1991 | 4 | Victoria Championships | Melbourne AUS | 05 Mar 2011 |
| 4 | 2:10.01 | | Anna Roche | WEL | 04 Dec 1992 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 5 | 2:12.65 | | Kerry White | WBP | 13 Jul 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 2:12.92 | | Annika Pfitzinger | AKL | 24 Aug 1992 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 2:14.13 | | Caitlin O'Brien | OTG | 31 Dec 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 2:14.72 | | Maggie Unternahrer | WBP | 19 Jun 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 2:15.03 | | Caroline Mellisop | MWA | 05 Sep 1991 | 1 | Black Programme | Wellington | 19 Mar 2011 |
| 10 | 2:15.85 | | Jenny Hauke | AKL | 06 Feb 1993 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 11 | 2:17.39 | | Ximena Smith | AKL | 11 Oct 1992 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 2:17.42 | | Christina Taylor | STH | 02 Aug 1992 | 2 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 13 | 2:17.63 | | Florence Reynolds | WEL | 31 Dec 1992 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 14 | 2:18.52 | | Annabelle White | CAN | 02 Dec 1993 | 6 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 15 | 2:19.47 | | Laura Nagel | HBG | 11 Feb 1992 | 2 | Bryant Tri Meet | Smithfield RI | 29 Mar 2011 |
| 16 | 2:20.30 | | Shauna Pali | OTG | 28 Nov 1993 | 2 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 17 | 2:20.63 | | Katrina Andrew | OTG | 01 Jul 1993 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 18 | 2:21.24 | | Emily Roughan | TAR | 10 Oct 1993 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |
| 19 | 2:21.32 | | Katherine Camp | WBP | 06 Feb 1992 | 2r2 | Oaklahoma Christian In | Norman OK | 29 Jan 2011 |
| 20 | 2:21.57 | | Anna Kean | OTG | 18 Nov 1994 | 3 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 21 | 2:21.85 | | Katrina Anderson | AKL | 22 Mar 1992 | 2 | Auckland Championships | Auckland | 27 Feb 2011 |
| 22 | 2:22.64 | | Nicole Mitchell | WEL | 19 Aug 1992 | 1 | Scottish N o M | Wellington | 17 Dec 2011 |
| 23 | 2:23.27 | | Poppy Kelt | HBG | 13 Sep 1992 | 3 | Weekly Meeting | Dunedin | 13 Mar 2011 |
| 24 | 2:23.31 | | Flora Brocherie | CAN | 30 Oct 1992 | 1 | Interclub | Burnside Christchurch | 05 Nov 2011 |
| 25 | 2:24.74 | | Jenna Hansen | WBP | 16 Jul 1993 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS 19 1500m

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|-------|---------------------------|----------------|-------------|
| 1 | 4:15.52 | Hannah Newbould | CAN | 19 Jun 1991 | 8 | Sydney Track Classic | Sydney AUS | 19 Mar 2011 |
| 2 | 4:19.78 | Rebekah Greene | OTG | 26 Dec 1993 | 4 | Bauhaus Jnr | Mannheim GER | 02 Jul 2011 |
| 3 | 4:23.23 | Laura Nagel | HBG | 11 Feb 1992 | 6 | Mt SAC Relays | Walnut CA | 15 Apr 2011 |
| 4 | 4:29.69 | Olivia Burne | MWA | 03 Sep 1991 | | Taylor-Hilton Classic | Chapel Hill NC | 16 Apr 2011 |
| 5 | 4:31.12 | Anna Roche | WEL | 04 Dec 1992 | 1 | Track Meet 4 Christchurch | Wellington | 26 Feb 2011 |
| 6 | 4:32.10 | Caroline Mellsop | MWA | 05 Sep 1991 | 2 | WEL Championships | Wellington | 19 Feb 2011 |
| 7 | 4:32.46 | Margot Gibson | CAN | 22 Jun 1994 | 16 | Bauhaus Jnr | Mannheim GER | 02 Jul 2011 |
| 8 | 4:36.20 | Annikä Pfitzinger | AKL | 24 Aug 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 9 | 4:39.69 | Florence Reynolds | WEL | 31 Dec 1992 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 10 | 4:40.74 | Nicki McFadzien | CAN | 17 Sep 1991 | 2r2 | Weekly Meeting | Dunedin | 05 Mar 2011 |
| 11 | 4:42.64 | Anna Kean | OTG | 18 Nov 1994 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 4:43.20 | Olivia Ritchie | WBP | 19 Jul 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 4:43.31 | Georgie Grgec | AKL | 19 Nov 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 4:43.51 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | Hot Meet 4 | Auckland | 12 Feb 2011 |
| 15 | 4:44.59 | Flora Brocherie | CAN | 30 Oct 1992 | 1 2mx | Interclub | Christchurch | 05 Feb 2011 |
| 16 | 4:46.49 | Christina Taylor | STH | 02 Aug 1992 | 4 | Capital Classic | Wellington | 28 Jan 2011 |
| 17 | 4:47.08 | Shauna Pali | OTG | 28 Nov 1993 | 8 | NZL Championships | Dunedin | 27 Mar 2011 |
| 18 | 4:47.76 | Ashleigh Williams | AKL | 21 Nov 1994 | 1 | Hot Meet #4 | Auckland | 19 Nov 2011 |
| 19 | 4:47.86 | Emily Roughan | TAR | 10 Oct 1993 | 5 | Capital Classic | Wellington | 28 Jan 2011 |
| 20 | 4:49.40 | Kerry White | WBP | 13 Jul 1994 | 1 | Open Meeting | Hamilton | 17 Dec 2011 |
| 21 | 4:49.82 | Katrina Andrew | OTG | 01 Jul 1993 | 3 | OTG Championships | Dunedin | 19 Feb 2011 |
| 22 | 4:52.41 | Nicole Mitchell | WEL | 19 Aug 1992 | 3 | Gold Programme | Wellington | 19 Nov 2011 |
| 23 | 4:53.06 | Lydia Marshall | CAN | 13 Dec 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

WOMENS 19 Mile

| | | | | | | | | |
|---|---------|----------------|-----|-------------|-----|------------------------|-----------|-------------|
| 1 | 4:50.33 | Olivia Burne | MWA | 03 Sep 1991 | 2 | ECAC/IC4A | Boston MA | 06 Mar 2011 |
| 2 | 5:02.64 | Georgie Grgec | AKL | 19 Nov 1993 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 3 | 5:18.48 | Katrina Andrew | OTG | 01 Jul 1993 | 2 | Interclub | Dunedin | 12 Feb 2011 |
| 4 | 5:20.22 | Shauna Pali | OTG | 28 Nov 1993 | 3 | Interclub | Dunedin | 12 Feb 2011 |
| 5 | 5:27.13 | Anna Kean | OTG | 18 Nov 1994 | 8mx | Caledonian Society Mil | Dunedin | 27 Nov 2011 |

WOMENS 19 3000m

| | | | | | | | | |
|----|----------|---------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 1 | 9:21.82 | Rebekah Greene | OTG | 26 Dec 1993 | 1 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 2 | 9:25.78 | Laura Nagel | HBG | 11 Feb 1992 | | ECAC/IC4A | Princeton NJ | 15 May 2011 |
| 3 | 9:47.88 | Nicki McFadzien | CAN | 17 Sep 1991 | 2mx | Interclub | Christchurch | 12 Feb 2011 |
| 4 | 9:53.11 | Josie Wilcox | TAS | 11 Jun 1991 | 1rB | Tyson Invitational | Fayetteville NC | 12 Feb 2011 |
| 5 | 9:53.12 | Olivia Burne | MWA | 03 Sep 1991 | 2 | Bryant Tri Meet | Smithfield RI | 29 Mar 2011 |
| 6 | 9:53.89 | Hannah Newbould | CAN | 19 Jun 1991 | 7mx | New Year Meeting | Timaru | 08 Jan 2011 |
| 7 | 10:00.35 | Danielle Trevis | AKL | 19 Jan 1991 | 7 | NZL 3000m Championship | Wellington | 28 Jan 2011 |
| 8 | 10:03.91 | Georgie Grgec | AKL | 19 Nov 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 10:06.29 | Anna-Lisa Uttley | OTG | 07 Mar 1993 | 6mx | Open Meeting | Tauranga | 12 Mar 2011 |
| 10 | 10:12.86 | Ashleigh Williams | AKL | 21 Nov 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 11 | 10:15.92 | Emily Roughan | TAR | 10 Oct 1993 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 12 | 10:17.23 | Caroline Mellsop | MWA | 05 Sep 1991 | 4 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 13 | 10:21.00 | Christina Taylor | STH | 02 Aug 1992 | 2 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 14 | 10:21.64 | Flora Brocherie | CAN | 30 Oct 1992 | 2 | CAN Championship | Christchurch | 19 Feb 2011 |
| 15 | 10:23.08 | Jaye Atkin | CAN | 05 Nov 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 16 | 10:26.07 | Nicole Mitchell | WEL | 19 Aug 1992 | 1 | Black Programme | Wellington | 26 Nov 2011 |
| 17 | 10:26.45 | Shauna Pali | OTG | 28 Nov 1993 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 18 | 10:28.17 | Katrina Andrew | OTG | 01 Jul 1993 | 2 | Otago 3000m Chmp | Dunedin | 05 Feb 2011 |
| 19 | 10:33.65 | Kim Chambers | OTG | 10 Apr 1991 | 3 | CAN Championship | Christchurch | 19 Feb 2011 |
| 20 | 10:39.01 | Brittany Stewart | CAN | 22 Oct 1994 | 1 | Twilight Series | Nelson | 04 Nov 2011 |
| 21 | 10:44.62 | Katherine Vance | WEL | 19 Apr 1991 | 8 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 22 | 10:49.61 | Kate Jefferd | MWA | 07 Oct 1994 | 1 | Central Region League | Inglewood | 29 Oct 2011 |
| 23 | 10:53.06 | Melissa Beeler | WBP | 03 Sep 1994 | 1 | Club Meeting | Tauranga | 29 Nov 2011 |
| 24 | 10:58.42 | Kathryn Bunckenburg | WEL | 27 Oct 1992 | 9 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |

WOMENS 19 5000m

| | | | | | | | | |
|---|----------|-----------------|-----|-------------|---|------------------------|---------------|-------------|
| 1 | 16:13.90 | Danielle Trevis | AKL | 19 Jan 1991 | 3 | Victoria Championships | Melbourne AUS | 05 Mar 2011 |
| 2 | 17:04.56 | Nicki McFadzien | CAN | 17 Sep 1991 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |

WOMENS 19 10,000m

| | | | | | | | | | |
|---|----------|-----------------|-----|-------------|---|-----|------------------------|----------|-------------|
| 1 | 33:18.36 | Danielle Trevis | AKL | 19 Jan 1991 | 1 | 0mx | NZ 10000m Championship | Tauranga | 04 Jan 2011 |
|---|----------|-----------------|-----|-------------|---|-----|------------------------|----------|-------------|

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS 19 2000m Steeplechase

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 7:01.99 | Caroline Mellsop | MWA | 05 Sep 1991 | 1 | WEL Championships | Wellington | 05 Feb 2011 |
| 2 | 7:06.21 | Florence Reynolds | WEL | 31 Dec 1992 | 2 | WEL Championships | Wellington | 05 Feb 2011 |
| 3 | 7:19.58 | Kate Jefferd | MWA | 07 Oct 1994 | 1 | Club Meeting | Wanganui | 09 Nov 2011 |
| 4 | 7:20.17 | Emily Roughan | TAR | 10 Oct 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 7:28.24 | Christina Taylor | STH | 02 Aug 1992 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 6 | 7:30.19 | Jenna Hansen | WBP | 16 Jul 1993 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 7:31.55 | Natasha Bowyer | AKL | 26 Sep 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 7:33.35 | Melissa Gillespie | MWA | 10 Jun 1994 | 2 | Club Meeting | Wanganui | 09 Nov 2011 |
| 9 | 7:41.02 | Georgie Blackwood | MWA | 19 Sep 1993 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 10 | 7:46.57 | Shauna Pali | OTG | 28 Nov 1993 | 1 | Weekly Meeting | Dunedin | 22 Oct 2011 |
| 11 | 7:52.85 | Laura Carruthers | OTG | 11 Dec 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 7:56.84 | Monica Burnard | HGB | 24 Apr 1994 | 8 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

WOMENS 19 3000m Steeplechase

| | | | | | | | | |
|---|----------|-------------------|-----|-------------|---|-------------------|---------------|-------------|
| 1 | 10:14.17 | Caroline Mellsop | MWA | 05 Sep 1991 | 2 | AUS Championships | Melbourne AUS | 16 Apr 2011 |
| 2 | 10:53.01 | Florence Reynolds | WEL | 31 Dec 1992 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 11:16.40 | Christina Taylor | STH | 02 Aug 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 11:26.21 | Flora Brocherie | CAN | 30 Oct 1992 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |

WOMENS 19 100m Hurdles

| | | | | | | | | | |
|---|-------|------|------------------|-----|-------------|---|-------------------|--------------|-------------|
| 1 | 14.26 | 1.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 14.29 | 1.7 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 14.42 | 0.9 | Zoe Ballantyne | AKL | 28 Mar 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 4 | 14.84 | -0.2 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 5 | 15.51 | 0.9 | Elizabeth Lamb | AKL | 12 May 1991 | 3 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 6 | 15.89 | 1.7 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |
| 7 | 16.32 | 0.8 | Emma Sutherland | HGB | 14 Jan 1993 | 1 | Interclub | Christchurch | 19 Feb 2011 |

WOMENS 19 400m Hurdles

| | | | | | | | | |
|---|-------|-------------------|-----|-------------|---|-------------------|-----------|-------------|
| 1 | 61.10 | Zoe Ballantyne | AKL | 28 Mar 1992 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 2 | 63.04 | Alexandra Skerten | OTG | 02 Jul 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 64.62 | Katherine Camp | WBP | 06 Feb 1992 | 5 | John Jacobs Inv | Norman OK | 16 Apr 2011 |
| 4 | 66.59 | Kelsey Berryman | CAN | 04 Feb 1992 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 66.87 | Nicole Mesman | CAN | 02 Feb 1993 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 6 | 68.42 | Rebecca Lovell | WBP | 08 Oct 1992 | 1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 7 | 69.57 | Megan Blair | WEL | 06 Aug 1993 | 6 | NZL Championships | Dunedin | 27 Mar 2011 |

WOMENS 19 Field

WOMENS 19 High Jump

| | | | | | | | | |
|---|------|--------------------|-----|-------------|---|------------------------|------------------|-------------|
| 1 | 1.86 | Elizabeth Lamb | AKL | 12 May 1991 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 2 | 1.77 | Emma Sutherland | HGB | 14 Jan 1993 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 1.73 | Keeley O'Hagan | WEL | 11 Mar 1994 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 4 | 1.70 | Lee-Ann McKenzie | CAN | 27 Apr 1994 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 5 | 1.70 | Vianca Du Toit | AKL | 09 Dec 1992 | 1 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 6 | 1.69 | Charlotte Muschamp | STH | 09 Sep 1992 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 7 | 1.69 | Portia Bing | AKL | 17 Apr 1993 | H | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 8 | 1.67 | Savannah Bruin | STH | 24 Mar 1993 | 2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 9 | 1.60 | Greer Alsop | STH | 13 Jun 1994 | 1 | B Programme | Invercargill | 15 Oct 2011 |

WOMENS 19 Pole Vault

| | | | | | | | | |
|---|------|--------------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 4.05 | Kerry Charlesworth | AKL | 13 Dec 1993 | 2 | AUS Jnr Championships | Sydney AUS | 12 Mar 2011 |
| 2 | 3.59 | Lucy McGall | AKL | 22 Apr 1993 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |

WOMENS 19 Long Jump

| | | | | | | | | | |
|---|------|------|-----------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 5.68 | 1.9 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 5.62 | 0.4 | Mariah Ririnui | WBP | 26 Jun 1992 | 3 | Capital Classic | Wellington | 28 Jan 2011 |
| 3 | 5.57 | 0.0 | Toni Clinton | AKL | 05 Sep 1993 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 5.52 | 0.1 | Greer Alsop | STH | 13 Jun 1994 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 5.46 | -0.7 | Kelsey Berryman | CAN | 04 Feb 1992 | 2 | Oceania Regional East | Apia SAM | 23 Jun 2011 |
| 6 | 5.40 | 0.0 | Melody Stein | WEL | 15 May 1993 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|------|------|------------------|-----|-------------|---|-----------------------|------------|-------------|
| 7 | 5.23 | 0.5 | Rebecca Lovell | WBP | 08 Oct 1992 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 8 | 5.22 | 1.3 | Melissa Goffin | AKL | 12 Apr 1991 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |
| 9 | 5.19 | 0.0 | Jennifer Scott | AKL | 25 Feb 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 10 | 5.11 | 0.1 | Anne Simpson | AKL | 17 Sep 1992 | 2 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 11 | 5.09 | -0.4 | Stacey Gunn | MWA | 28 Oct 1994 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 12 | 5.07 | 0.3 | MacKenzie Keenan | CAN | 11 Sep 1994 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 13 | 5.07 | -1.0 | Kate Philpott | MWA | 30 Jul 1992 | 6 | NZL Championships | Dunedin | 26 Mar 2011 |
| 14 | 5.06 | -0.4 | Keeley O'Hagan | WEL | 11 Mar 1994 | 2 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 15 | 5.04 | 0.0 | Charlotte Smith | WEL | 06 Jun 1991 | 8 | NZL Championships | Dunedin | 25 Mar 2011 |

WOMENS 19 Triple Jump

| | | | | | | | | | |
|----|-------|------|--------------------|-----|-------------|---|------------------------|-------------|-------------|
| 1 | 12.27 | 1.1 | Greer Alsop | STH | 13 Jun 1994 | 2 | Commonwealth Youth Gam | Douglas GBR | 11 Sep 2011 |
| 2 | 11.91 | 0.0 | Charlotte Muschamp | STH | 09 Sep 1992 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 11.55 | -0.6 | Jennifer Scott | AKL | 25 Feb 1994 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 4 | 11.49 | 1.1 | Melody Stein | WEL | 15 May 1993 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 11.05 | 0.0 | Hannah Keenan | CAN | 10 Jun 1993 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 6 | 10.79 | 2.2 | Kathryn Kennedy | WEL | 05 Mar 1991 | 7 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 10.79 | -2.1 | Kate Philpott | MWA | 30 Jul 1992 | 1 | Weekly Meeting | Dunedin | 26 Feb 2011 |
| 8 | 10.78 | 0.8 | Stacey Gunn | MWA | 28 Oct 1994 | 7 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 9 | 10.67 | 0.9 | Anne Simpson | AKL | 17 Sep 1992 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 10 | 10.44 | 2.0 | Kendyll Fake | TAR | 30 Nov 1993 | 1 | Central Region League | Inglewood | 29 Oct 2011 |
| 11 | 10.15 | 0.0 | Chanel Watson | TAR | 19 Jun 1993 | 7 | NI Schools | Hamilton | 02 Apr 2011 |
| 12 | 10.12 | -1.8 | Georgie Blackwood | MWA | 19 Sep 1993 | 8 | NI Schools | Hamilton | 02 Apr 2011 |

WOMENS 19 Shot Put

| | | | | | | | | | |
|---|-------|--|---------------------|-----|-------------|---|----------------------|-------------|-------------|
| 1 | 14.24 | | Sisistina Hakeai | AKL | 01 Mar 1994 | 2 | UK U20 & U23 Champs | Bedford GBR | 26 Jun 2011 |
| 2 | 13.22 | | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 3 | 13.15 | | Ayla Gill | AKL | 05 Jan 1991 | 6 | North Texas Classic | Denton TX | 26 Mar 2011 |
| 4 | 11.97 | | Nicole Bradley | OTG | 23 Apr 1992 | 4 | Open Meeting | North Shore | 09 Apr 2011 |
| 5 | 11.58 | | Sarah Button | AKL | 12 Feb 1993 | 5 | Open Meeting | North Shore | 09 Apr 2011 |
| 6 | 11.40 | | Lucy Ross | HGB | 16 Feb 1994 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 7 | 10.86 | | Karalee Whiu | NTH | 18 Aug 1993 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 8 | 10.72 | | Melissa Seymour | TAS | 01 Jul 1991 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 10.14 | | Mariah Rinirui | WBP | 26 Jun 1992 | 1 | Putaruru Bell 2 | Hamilton | 19 Nov 2011 |

WOMENS 19 Discus Throw

| | | | | | | | | | |
|---|-------|--|---------------------|-----|-------------|---|-----------------------|-------------|-------------|
| 1 | 51.53 | | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 50.74 | | Sisistina Hakeai | AKL | 01 Mar 1994 | 1 | Coupe de Lancers | Mt Dore NCL | 07 May 2011 |
| 3 | 42.11 | | Sarah Button | AKL | 12 Feb 1993 | 1 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 4 | 41.98 | | Courtney Fafeita | WEL | 27 Jan 1993 | 4 | Capital Classic | Wellington | 28 Jan 2011 |
| 5 | 37.55 | | Ariana Blackwood | MWA | 11 Mar 1994 | 1 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 6 | 37.52 | | Courtney Clarke | TAS | 31 Jan 1994 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 7 | 33.26 | | Karalee Whiu | NTH | 18 Aug 1993 | 7 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 8 | 33.17 | | Nicole Bradley | AKL | 23 Apr 1992 | 2 | Sam Johnson Mem | Hamilton | 04 Dec 2011 |

WOMENS 19 Hammer Throw

| | | | | | | | | | |
|----|-------|--|---------------------|-----|-------------|----|-------------------|------------------|-------------|
| 1 | 62.28 | | Julia Ratcliffe | WBP | 14 Jul 1993 | 1 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 2 | 61.70 | | Ayla Gill | AKL | 05 Jan 1991 | 1 | TCU Invitational | Fort Worth TX | 18 Mar 2011 |
| 3 | 53.59 | | Nicole Bradley | AKL | 23 Apr 1992 | 1 | Hot Meet 3 | Auckland | 12 Nov 2011 |
| 4 | 49.09 | | Rebecca Hodgson | CAN | 15 Aug 1993 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 5 | 46.24 | | Sarah Button | AKL | 12 Feb 1993 | 2 | Hot Meet 3 | Auckland | 15 Jan 2011 |
| 6 | 41.69 | | Ella Pilkington | AKL | 06 Apr 1995 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 41.17 | | Courtney Fafeita | WEL | 27 Jan 1993 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 8 | 39.22 | | Livvie Duggan | WBP | 20 Jul 1992 | 8 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 38.08 | | Sisistina Hakeai | AKL | 01 Mar 1994 | 5 | Warm Up Meet | Mt Dore NCL | 04 May 2011 |
| 10 | 37.10 | | Lucy Ross | HGB | 16 Feb 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 35.82 | | Leesa Lealaisalanoa | WEL | 28 Sep 1993 | 3 | Cooks Classic | Palmerston North | 26 Jan 2011 |
| 12 | 33.32 | | Sarah Ratcliffe | WBP | 29 Mar 1991 | 11 | Open Meeting | North Shore | 09 Apr 2011 |

WOMENS 19 Javelin Throw

| | | | | | | | | | |
|---|-------|--|------------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 42.41 | | Tori Peeters | STH | 17 May 1994 | 2 | Oceania Regional East | Apia SAM | 23 Jun 2011 |
| 2 | 38.09 | | Aeron Mellish | TAR | 23 Apr 1994 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 36.86 | | Lee-Ann McKenzie | CAN | 27 Apr 1994 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 36.34 | | Tamara Anstis | AKL | 12 Jul 1992 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 5 | 35.60 | | Portia Bing | AKL | 17 Apr 1993 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |

WOMENS 19 Combined Events

WOMENS 19 Heptathlon

| | | | | | | | | |
|---|------|------------------|-----|-------------|---|----------------------|----------|-------------|
| 1 | 4885 | Portia Bing | AKL | 17 Apr 1993 | 2 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 2 | 3567 | Vianca Du Toit | AKL | 09 Dec 1992 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 3 | 3324 | Ariana Blackwood | MWA | 11 Mar 1994 | 1 | North Island CE Ch | Hastings | 20 Nov 2011 |
| 4 | 3219 | Stacey Gunn | MWA | 28 Oct 1994 | 2 | North Island CE Ch | Hastings | 20 Nov 2011 |

WOMENS 16 Track

WOMENS 16 100m

| | | | | | | | | | |
|----|-------|------|-------------------|-----|-------------|-----|------------------------|--------------|-------------|
| 1 | 12.45 | -1.9 | Ainsley Renouf | HBG | 30 Jun 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 12.52 | -0.8 | Amy Robinson | WBP | 19 Feb 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 12.55 | -1.9 | Rebecca Peterson | STH | 23 Oct 1995 | 7 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 4 | 12.57 | 1.8 | Abby Goldie | WBP | 03 Mar 1996 | 1 | BOP Sec Schools | Tauranga | 08 Mar 2011 |
| 5 | 12.62 | -0.8 | Zoe Hobbs | TAR | 11 Sep 1997 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 12.66 | -0.1 | Louise Hodge | AKL | 01 Nov 1994 | 1h1 | NI Schools | Hamilton | 02 Apr 2011 |
| 7 | 12.66 | 1.7 | Talia Horgan | WBP | 02 Oct 1996 | 2 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 8 | 12.67 | -0.9 | Megan McPhail | OTG | 23 Mar 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 9 | 12.72 | -0.1 | Madison Gipson | AKL | 14 Apr 1995 | 3 | Waratah Series 3 | Sydney AUS | 02 Apr 2011 |
| 10 | 12.73 | -1.2 | Molly Florence | WBP | 11 Nov 1995 | 1h1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 11 | 12.75 | 2.0 | Merewarihi Vaka | AKL | 30 Mar 1995 | 1 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 12 | 12.76 | -0.1 | Kathryn Stuart | CAN | 27 Dec 1994 | 2r1 | Interclub | Christchurch | 19 Feb 2011 |
| 13 | 12.79 | 0.1 | Michaela Blyde | TAR | 29 Dec 1995 | 1h1 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 12.81 | 1.3 | Robyn Engels | WBP | 17 May 1996 | 1 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 15 | 12.84 | 0.0 | Ally French | WBP | 10 Mar 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 12.84 | 1.4 | Ellie McCleery | WBP | 07 Jul 1994 | 3r1 | Open Meeting | Hamilton | 05 Feb 2011 |
| 17 | 12.84 | 2.0 | Brooke Cull | AKL | 26 Feb 1994 | 2 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 18 | 12.86 | -0.3 | Harriet Donald | MWA | 29 Aug 1995 | 2 | Central Region Lge #3 | Wellington | 03 Dec 2011 |
| 19 | 12.88 | -0.3 | Laura McKenna | WEL | 01 Aug 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 20 | 12.95 | -0.8 | Devoney Spark | STH | 20 Jan 1996 | 4 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 21 | 13.00 | 1.6 | Samantha McAuley | OTG | 22 May 1997 | 1 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 22 | 13.04 | 2.0 | Stephanie Rich | AKL | 13 Jul 1994 | 3 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 23 | 13.06 | 0.2 | Mikaela Jefferson | WBP | 22 Jul 1996 | 1h6 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 24 | 13.07 | 2.0 | Grace Stewart | AKL | 10 Aug 1994 | 4 | Battle of Regions 4 | Auckland | 05 Mar 2011 |
| 25 | 13.10 | 1.0 | Leanna Ryan | CAN | 07 Dec 1995 | 2r2 | Interclub | Christchurch | 19 Feb 2011 |
| 26 | 13.11 | 0.1 | Jamie Sowter | AKL | 07 Apr 1995 | 4h2 | NI Schools | Hamilton | 02 Apr 2011 |
| 27 | 13.11 | -0.2 | MacKenzie Keenan | CAN | 11 Sep 1994 | 2r1 | Interclub | Christchurch | 05 Feb 2011 |
| 28 | 13.14 | -1.3 | Brenagan Salt | AKL | 29 Jun 1996 | 1 | Hot Meet | Auckland | 29 Oct 2011 |
| 29 | 13.15 | 1.8 | Rosalind Crickett | AKL | 02 Aug 1996 | 2h2 | Auckland Championships | Auckland | 26 Feb 2011 |

WOMENS 16 200m

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|-----|------------------------|--------------|-------------|
| 1 | 25.32 | -0.4 | Madison Gipson | AKL | 14 Apr 1995 | 4 | AUS Jnr Championships | Sydney AUS | 11 Mar 2011 |
| 2 | 25.43 | -1.1 | Zoe Hobbs | TAR | 11 Sep 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 3 | 25.48 | 1.6 | Abby Goldie | WBP | 03 Mar 1996 | 1 | Waikato BoP Schools | Hamilton | 19 Mar 2011 |
| 4 | 25.51 | 1.5 | Brooke Cull | AKL | 26 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 25.58 | 1.9 | Talia Horgan | WBP | 02 Oct 1996 | 1 | Putaruru Bell 1 | Tauranga | 12 Nov 2011 |
| 6 | 25.61 | 0.6 | Kathryn Stuart | CAN | 27 Dec 1994 | 1 | Interclub | Christchurch | 19 Feb 2011 |
| 7 | 25.62 | 1.5 | Louise Hodge | AKL | 01 Nov 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 25.75 | -0.3 | Amy Robinson | WBP | 19 Feb 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 25.75 | -0.1 | Harriet Donald | MWA | 29 Aug 1995 | 3s2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 10 | 25.88 | 1.5 | Ellie McCleery | WBP | 07 Jul 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 25.92 | -0.7 | Megan McPhail | OTG | 23 Mar 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 12 | 26.03 | 1.3 | Jamie Sowter | AKL | 07 Apr 1995 | 1 | Open Meeting | Auckland | 19 Mar 2011 |
| 13 | 26.06 | 1.1 | Michaela Blyde | TAR | 29 Dec 1995 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |
| 14 | 26.24 | -0.3 | Laura McKenna | WEL | 01 Aug 1995 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 26.25 | 0.8 | Robyn Engels | WBP | 17 May 1996 | 3 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 16 | 26.32 | 0.2 | Ally French | WBP | 10 Mar 1994 | 3h1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 17 | 26.69 | 1.5 | Lauri Watt | CAN | 18 Jan 1996 | 1h3 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 18 | 26.73 | -1.0 | Kerry White | WBP | 13 Jul 1994 | 3 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 19 | 26.74 | 1.0 | Stevie Paine | WEL | 14 May 1995 | 2 | WEL Championships | Wellington | 19 Feb 2011 |
| 20 | 26.79 | 1.5 | Sarah Karika | HBG | 29 Jul 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 21 | 26.80 | 1.9 | Samantha McAuley | OTG | 22 May 1997 | 1 | SI Colgate Games | Dunedin | 15 Jan 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS 16 400m

| | | | | | | | | |
|----|-------|--------------------|-----|-------------|-----|----------------------|------------------|-------------|
| 1 | 55.35 | Talia Horgan | WBP | 02 Oct 1996 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 2 | 57.37 | Ellie McCleery | WBP | 07 Jul 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 57.73 | Brooke Cull | AKL | 26 Feb 1994 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 57.81 | Stephanie Dickens | MWA | 09 Jan 1995 | 2 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 5 | 58.51 | Sarah McDonald | MWA | 16 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 58.61 | Stevie Paine | WEL | 14 May 1995 | 5r2 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 7 | 58.70 | Madison Gipson | AKL | 14 Apr 1995 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 8 | 59.20 | Maggie Untermahrer | WBP | 19 Jun 1994 | 1r1 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 9 | 59.33 | Katelyn Matthews | WBP | 22 Apr 1995 | 2 | Open Meeting | Tauranga | 03 Dec 2011 |
| 10 | 59.40 | Samara Hollows | OTG | 18 Sep 1995 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 11 | 59.57 | Grace Stewart | AKL | 10 Aug 1994 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 59.73 | Kerry White | WBP | 13 Jul 1994 | 2 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 13 | 59.88 | Riana Phillips | NTH | 23 Mar 1995 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |

WOMENS 16 800m

| | | | | | | | | |
|----|---------|-----------------------|-----|-------------|-----|-------------------------|------------------|-------------|
| 1 | 2:11.37 | Kerry White | WBP | 13 Jul 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 2:12.30 | Ariana Harper | WEL | 21 Jan 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 3 | 2:12.73 | Maggie Untermahrer | WBP | 19 Jun 1994 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 2:14.21 | Anna Kean | OTG | 18 Nov 1994 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 5 | 2:14.34 | Phillippa Trevella | CAN | 17 May 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 2:14.70 | Laura Smith | CAN | 31 Jan 1996 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 2:14.98 | Katelyn Matthews | WBP | 22 Apr 1995 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 2:16.13 | Alison Andrews-Paul | WEL | 18 Dec 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 2:16.25 | Zara Murrphy | WBP | 18 May 1996 | 8 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 10 | 2:16.52 | Jessica Bitcheno | WBP | 04 May 1997 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 2:16.63 | Holly Sprosen | WBP | 29 May 1994 | 7 | NZL Championships | Dunedin | 26 Mar 2011 |
| 12 | 2:16.93 | Susannah Lynch | WEL | 02 Jun 1996 | 4 | Cooks Classic | Palmerston North | 25 Jan 2011 |
| 13 | 2:16.95 | Megan Bethell | WBP | 17 Apr 1996 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 2:17.55 | Stevie Paine | WEL | 14 May 1995 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 2:17.58 | Hannah Adamson | STH | 21 Jan 1995 | 1 | Southland Championships | Invercargill | 27 Feb 2011 |
| 16 | 2:17.64 | Caitlin O'Brien | OTG | 31 Dec 1994 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 17 | 2:17.72 | Kara MacDermid | MWA | 19 Sep 1997 | 1 | NI Colgate Games | Hastings | 09 Jan 2011 |
| 18 | 2:17.80 | Kenya Kavangh-Vincent | AKL | 23 Jul 1997 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 19 | 2:17.85 | Laura Cowling | AKL | 01 Apr 1995 | 4s2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 20 | 2:18.84 | Jean Kozyniak | WEL | 13 Mar 1996 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 21 | 2:19.35 | Sarah Tecofsky | STH | 26 Apr 1994 | 4 | SI Schools | Timaru | 02 Apr 2011 |
| 22 | 2:19.70 | Stephanie Dickens | MWA | 09 Jan 1995 | 1 | Central Region League | Inglewood | 29 Oct 2011 |
| 23 | 2:19.76 | Anneke Grogan | WBP | 27 Aug 1996 | 1 | WBOP Childrens | Hamilton | 12 Mar 2011 |
| 24 | 2:20.49 | Samara Hollows | OTG | 18 Sep 1995 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 25 | 2:21.95 | Renee Bacon | MWA | 27 Jun 1996 | 1 | NI Colgate Games | Hastings | 09 Jan 2011 |
| 26 | 2:22.01 | Denise Mendonca | AKL | 11 Nov 1995 | 1 | Auckland Championships | Auckland | 27 Feb 2011 |
| 27 | 2:22.26 | Arianna Lord | WBP | 06 Jul 1997 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 28 | 2:22.40 | Meg Adamson | STH | 28 Jan 1997 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 29 | 2:23.13 | Cherie Walpole | AKL | 08 Jun 1996 | 3 | NI Colgate Games | Hastings | 09 Jan 2011 |
| 30 | 2:23.15 | Lydia Marshall | CAN | 13 Dec 1994 | 2 | Interclub | Christchurch | 12 Feb 2011 |
| 31 | 2:23.40 | Anneke Smith | HGB | 17 May 1995 | 8 | NI Schools | Hamilton | 02 Apr 2011 |
| 32 | 2:23.53 | Meg Skilton | WBP | 14 Jun 1997 | 7 | NI Schools | Hamilton | 02 Apr 2011 |
| 33 | 2:23.69 | Briar Lourie | MWA | 23 Nov 1995 | 1 | Club Meeting | Wanganui | 22 Nov 2011 |
| 34 | 2:23.76 | Imogen Hull | NTH | 30 Nov 1997 | 1 | Battle of Regions 3 | Auckland | 06 Feb 2011 |

WOMENS 16 1500m

| | | | | | | | | |
|----|---------|---------------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 4:31.18 | Margot Gibson | CAN | 22 Jun 1994 | 3 | Open Meeting | Timaru | 19 Mar 2011 |
| 2 | 4:38.46 | Kara MacDermid | MWA | 19 Sep 1997 | 1 | NI Colgate Games | Hastings | 08 Jan 2011 |
| 3 | 4:39.63 | Anna Kean | OTG | 18 Nov 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 4 | 4:40.24 | Mikayla Nielsen | WBP | 12 Jun 1994 | 5 | NZL Championships | Dunedin | 27 Mar 2011 |
| 5 | 4:40.34 | Arianna Lord | WBP | 06 Jul 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 4:40.51 | Zara Murrphy | WBP | 18 May 1996 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 7 | 4:40.53 | Kerry White | WBP | 13 Jul 1994 | 9 | AUS Jnr Championships | Sydney AUS | 14 Mar 2011 |
| 8 | 4:41.23 | Maeve Power | AKL | 11 Jun 1997 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 9 | 4:41.95 | Ariana Harper | WEL | 21 Jan 1995 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 10 | 4:42.35 | Olivia Ritchie | WBP | 19 Jul 1994 | 4 | NZL Championships | Dunedin | 27 Mar 2011 |
| 11 | 4:43.02 | Laura Cowling | AKL | 01 Apr 1995 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 12 | 4:43.11 | Jean Kozyniak | WEL | 13 Mar 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 13 | 4:44.92 | Alison Andrews-Paul | WEL | 18 Dec 1997 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | |
|----|---------|-------------------|-----|-------------|----|------------------------|------------|-------------|
| 14 | 4:45.58 | Grace McConnochie | HBG | 17 Nov 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 4:46.15 | Susannah Lynch | WEL | 02 Jun 1996 | 3 | Capital Classic | Wellington | 28 Jan 2011 |
| 16 | 4:46.54 | Laura Smith | CAN | 31 Jan 1996 | 6 | NZL Championships | Dunedin | 27 Mar 2011 |
| 17 | 4:46.91 | Lydia Marshall | CAN | 13 Dec 1994 | 7 | NZL Championships | Dunedin | 27 Mar 2011 |
| 18 | 4:47.13 | Rosa Flanagan | CAN | 28 Feb 1996 | 8 | NZL Championships | Dunedin | 27 Mar 2011 |
| 19 | 4:47.14 | Holly Sprosen | WBP | 29 May 1994 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 20 | 4:48.35 | Katelyn Matthews | WBP | 22 Apr 1995 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 21 | 4:50.09 | Anneke Grogan | WBP | 27 Aug 1996 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 22 | 4:50.39 | Melissa Simpson | NTH | 26 Jan 1994 | 10 | NZL Championships | Dunedin | 27 Mar 2011 |
| 23 | 4:50.52 | Amy Shaw | AKL | 21 Jun 1994 | 7 | NI Schools | Hamilton | 02 Apr 2011 |
| 24 | 4:50.62 | Annabelle Vincent | CAN | 21 Jan 1996 | 12 | NZL Championships | Dunedin | 27 Mar 2011 |
| 25 | 4:52.11 | Denise Mendonca | AKL | 11 Nov 1995 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 26 | 4:53.39 | Jessica Martin | TAS | 23 Dec 1996 | 6 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 27 | 4:53.72 | Jess Kerr | WEL | 18 Jan 1998 | 1 | NI Colgate Games | Hastings | 07 Jan 2011 |
| 28 | 4:53.74 | Melissa Gillespie | MWA | 10 Jun 1994 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 29 | 4:54.10 | Audrey Grogan | AKL | 18 Oct 1996 | 3 | Auckland Schools | Auckland | 21 Mar 2011 |
| 30 | 4:54.41 | Zia MacDermid | MWA | 04 Nov 1999 | 2 | Central Region Lge #2 | Wanganui | 12 Nov 2011 |
| 31 | 4:54.45 | Hannah Adamson | STH | 21 Jan 1995 | 1 | Weekly Meeting | Dunedin | 19 Nov 2011 |
| 32 | 4:54.53 | Josie Kozyniak | WEL | 17 Feb 1998 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 33 | 4:54.80 | Kate Jefferd | HBG | 07 Oct 1994 | 5 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 34 | 4:54.97 | Megan Bethell | WBP | 17 Apr 1996 | 8 | NI Schools | Hamilton | 02 Apr 2011 |

WOMENS 16 Mile

| | | | | | | | | |
|---|---------|------------------|-----|-------------|---|-------------------|----------|-------------|
| 1 | 5:16.55 | Laura Cowling | AKL | 01 Apr 1995 | 1 | John Walker N o M | Auckland | 17 Dec 2011 |
| 2 | 5:24.30 | Annaliese Everts | AKL | 29 Aug 1996 | 2 | John Walker N o M | Auckland | 17 Dec 2011 |
| 3 | 5:24.81 | Amanda Bracewell | AKL | 28 Jul 1996 | 3 | John Walker N o M | Auckland | 17 Dec 2011 |
| 4 | 5:25.84 | Imogen Hull | NTH | 30 Nov 1997 | 4 | John Walker N o M | Auckland | 17 Dec 2011 |

WOMENS 16 3000m

| | | | | | | | | |
|----|----------|---------------------|-----|-------------|-----|------------------------|------------------|-------------|
| 1 | 9:47.47 | Kara MacDermid | MWA | 19 Sep 1997 | 4mx | Club Meeting | Palmerston North | 22 Nov 2011 |
| 2 | 9:47.84 | Rosa Flanagan | CAN | 28 Feb 1996 | 6mx | Interclub | Timaru | 26 Nov 2011 |
| 3 | 9:54.24 | Mikayla Nielsen | WBP | 12 Jun 1994 | 1 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 4 | 10:05.41 | Grace McConnochie | HBG | 17 Nov 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 10:10.75 | Zia MacDermid | MWA | 04 Nov 1999 | 5mx | Club Meeting | Palmerston North | 22 Nov 2011 |
| 6 | 10:14.26 | Lydia Marshall | CAN | 13 Dec 1994 | 1 | CAN Championship | Christchurch | 19 Feb 2011 |
| 7 | 10:25.39 | Margot Gibson | CAN | 22 Jun 1994 | 5 | NZL 3000m Championship | Palmerston North | 25 Jan 2011 |
| 8 | 10:26.62 | Olivia Ritchie | WBP | 19 Jul 1994 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 9 | 10:28.70 | Denise Mendonca | AKL | 11 Nov 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 10 | 10:28.83 | Brittany Stewart | CAN | 22 Oct 1994 | 3 | CAN Championship | Christchurch | 19 Feb 2011 |
| 11 | 10:31.80 | Nicole Van Der Kaay | WBP | 10 Feb 1996 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 12 | 10:34.07 | Audrey Grogan | AKL | 18 Oct 1996 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 13 | 10:38.20 | Maeva Power | AKL | 11 Jun 1997 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 14 | 10:40.83 | Sophie Bowman | AKL | 02 Jan 1998 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 10:43.91 | Imogen Hull | NTH | 30 Nov 1997 | 8 | AUS Jnr Championships | Sydney AUS | 10 Mar 2011 |
| 16 | 10:44.60 | Annabelle Vincent | CAN | 21 Jan 1996 | 1 | Omx Interclub | Timaru | 26 Nov 2011 |
| 17 | 10:45.20 | Madeleine Roughan | TAR | 10 Nov 1997 | 2 | Central Region League | Inglewood | 29 Oct 2011 |
| 18 | 10:48.60 | Courtney Martin | AKL | 20 Jul 1997 | 1 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 19 | 10:51.62 | Holly White | WEL | 19 Jun 1996 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 20 | 10:51.63 | Kate Jefferd | MWA | 07 Oct 1994 | 6 | NZL Championships | Dunedin | 25 Mar 2011 |
| 21 | 10:53.50 | Sally Wilkins | AKL | 04 Dec 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |

WOMENS 16 2000m Steeplechase

| | | | | | | | | |
|---|---------|---------------------|-----|-------------|---|------------------------|------------|-------------|
| 1 | 7:22.12 | Holly Sprosen | WBP | 29 May 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 2 | 7:29.22 | Kate Jefferd | MWA | 07 Oct 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 3 | 7:33.30 | Melissa Gillespie | MWA | 10 Jun 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 7:39.34 | Natasha Bowyer | AKL | 26 Sep 1994 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 5 | 7:39.48 | Nicole Van Der Kaay | WBP | 10 Feb 1996 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 7:42.34 | Laura Bell | MWA | 11 Apr 1995 | 3 | Wanganui Schools Ch | Wanganui | 15 Mar 2011 |
| 7 | 7:43.98 | Bridget Kiddle | WEL | 25 Jul 1996 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 7:44.85 | Kelsey Forman | WEL | 10 Mar 1998 | 6 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 9 | 7:44.91 | Monica Burnard | HBG | 24 Apr 1994 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

WOMENS 16 100m Hurdles

| | | | | | | | | | |
|----|-------|------|-------------------|-----|-------------|---|-----------------------|--------------|-------------|
| 1 | 14.54 | 1.4 | Madison Gipson | AKL | 14 Apr 1995 | 2 | Christmas Meet | Illawong AUS | 30 Dec 2011 |
| 2 | 14.14 | 2.0 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 14.63 | 2.0 | Paige Harwood | AKL | 08 Feb 1995 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 14.71 | -0.7 | Lauri Watt | CAN | 18 Jan 1996 | 2 | Interclub | Christchurch | 05 Feb 2011 |
| 5 | 15.22 | -0.2 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 15.40 | 2.0 | Hannah McLeod | HGB | 25 Oct 1994 | 4 | NZL Championships | Dunedin | 26 Mar 2011 |
| 7 | 15.49 | 2.0 | Laura Saville | STH | 22 May 1996 | 5 | NZL Championships | Dunedin | 26 Mar 2011 |
| 8 | 16.01 | 1.7 | Deidre Anderson | OTG | 25 Mar 1992 | 3 | NZL Championships | Dunedin | 26 Mar 2011 |
| 9 | 16.03 | 1.1 | Hanna Brough | AKL | 19 Feb 1996 | 1 | Hot Meet 6 | Auckland | 12 Mar 2011 |
| 10 | 16.21 | 1.0 | Amy Robinson | WBP | 19 Feb 1996 | 1 | NZL CE Championships | Tauranga | 12 Feb 2011 |
| 11 | 16.25 | -2.7 | Kristina Rybinski | WEL | 21 Jul 1995 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 12 | 16.34 | -2.7 | Valerie Chan | WEL | 21 Oct 1995 | 2 | Wellington Schools Ch | Wellington | 16 Mar 2011 |

WOMENS 16 300m Hurdles

| | | | | | | | | | |
|---|-------|--|-------------------|-----|-------------|-----|----------------------|------------|-------------|
| 1 | 44.23 | | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 2 | 44.34 | | Stephanie Dickins | MWA | 09 Jan 1995 | 2 | NZL Championships | Dunedin | 27 Mar 2011 |
| 3 | 48.62 | | Bridget Watson | MWA | 29 Jan 1997 | 2 | Wanganui Schools Ch | Wanganui | 15 Mar 2011 |
| 4 | 49.11 | | Ariana Blackwood | MWA | 11 Mar 1994 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 49.33 | | Harriet Fish | WBP | 04 Nov 1994 | 6 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 49.92 | | Lily Hall | WBP | 08 May 1995 | 3h2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

WOMENS 16 Field

WOMENS 16 High Jump

| | | | | | | | | | |
|----|------|--|-------------------|-----|-------------|---|------------------------|--------------|-------------|
| 1 | 1.73 | | Monika Wensing | TAR | 02 Jan 1994 | 1 | NZL Championships | Dunedin | 27 Mar 2011 |
| 2 | 1.71 | | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 3 | 1.71 | | Paige Harwood | AKL | 08 Feb 1995 | 3 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 4 | 1.70 | | Eliza McCartney | AKL | 11 Dec 1996 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 1.70 | | Keeley O'Hagan | WEL | 11 Mar 1994 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 6 | 1.69 | | Sarah McDonald | MWA | 16 Apr 1995 | 1 | Wanganui Schools Ch | Wanganui | 09 Mar 2011 |
| 7 | 1.67 | | Erica Winton | CAN | 06 Oct 1996 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 8 | 1.67 | | Lee-Ann McKenzie | CAN | 27 Apr 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 9 | 1.66 | | Amelia Hamilton | WBP | 14 Jan 1995 | 4 | Porritt Classic | Hamilton | 19 Feb 2011 |
| 10 | 1.66 | | La Toya Te Kapa | CAN | 11 Jan 1994 | 1 | Interclub | Christchurch | 12 Feb 2011 |
| 11 | 1.65 | | Greer Alsop | STH | 13 Jun 1994 | 1 | Weekly Meeting | Dunedin | 05 Feb 2011 |
| 12 | 1.65 | | Valerie Chan | WEL | 21 Oct 1995 | 1 | Gold Programme | Wellington | 08 Jan 2011 |
| 13 | 1.63 | | Meg McKay | OTG | 17 Dec 1996 | 1 | Weekly Meeting | Dunedin | 03 Dec 2011 |
| 14 | 1.63 | | Hanna Brough | AKL | 19 Feb 1996 | 1 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 15 | 1.63 | | Kate Plimmer | WEL | 18 Sep 1996 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 1.63 | | Riana Phillips | NTH | 23 Mar 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 17 | 1.61 | | Lauri Watt | CAN | 18 Jan 1996 | 2 | SI Colgate Games | Dunedin | 15 Jan 2011 |
| 18 | 1.60 | | Kristina Rybinski | WEL | 21 Jul 1995 | 1 | Wellington Schools Ch | Wellington | 16 Mar 2011 |
| 19 | 1.59 | | Charlotte Hunter | AKL | 04 Jun 1997 | 3 | NZ Secondary Schools | Wellington | 11 Dec 2011 |

WOMENS 16 Pole Vault

| | | | | | | | | | |
|---|------|--|-----------------|-----|-------------|---|-----------------------|------------|-------------|
| 1 | 3.60 | | Eliza McCartney | AKL | 11 Dec 1996 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 2 | 3.30 | | Lydia Taylor | AKL | 16 Sep 1995 | 4 | AUS Jnr Championships | Sydney AUS | 13 Mar 2011 |
| 3 | 3.21 | | Valerie Chan | WEL | 21 Oct 1995 | 3 | NZL Championships | Dunedin | 27 Mar 2011 |
| 4 | 3.00 | | Jessica Boyd | CAN | 28 Jul 1995 | 1 | Interclub | Timaru | 29 Oct 2011 |

WOMENS 16 Long Jump

| | | | | | | | | | |
|----|------|------|-------------------|-----|-------------|---|----------------------|------------|-------------|
| 1 | 5.52 | 2.0 | Greer Alsop | STH | 13 Jun 1994 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 2 | 5.50 | 1.8 | Paige Harwood | AKL | 08 Feb 1995 | 2 | NZL Championships | Dunedin | 25 Mar 2011 |
| 3 | 5.45 | 1.6 | Amy Robinson | WBP | 19 Feb 1996 | 1 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 4 | 5.40 | -0.6 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | SI Schools | Timaru | 02 Apr 2011 |
| 5 | 5.40 | 1.8 | Keeley O'Hagan | WEL | 11 Mar 1994 | 3 | NZL Championships | Dunedin | 25 Mar 2011 |
| 6 | 5.33 | 1.4 | Robyn Engels | WBP | 17 May 1996 | 1 | NI Colgate Games | Hastings | 07 Jan 2011 |
| 7 | 5.31 | 0.0 | Holly Patterson | WBP | 16 Apr 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 5.30 | -0.5 | Zoe Hobbs | TAR | 11 Sep 1997 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 9 | 5.26 | -0.2 | Kristina Rybinski | WEL | 21 Jul 1995 | 1 | WEL Championships | Wellington | 19 Feb 2011 |
| 10 | 5.26 | 0.0 | Jennifer Scott | AKL | 25 Feb 1994 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 11 | 5.14 | 1.6 | Jade Graham | STH | 23 Aug 1995 | 5 | NZL Championships | Dunedin | 25 Mar 2011 |

RANKINGS LISTS 2011 AND PROGRESSIONS

| | | | | | | | | | |
|----|------|------|----------------|-----|-------------|---|----------------------|------------|-------------|
| 12 | 5.14 | -1.7 | Lauri Watt | CAN | 18 Jan 1996 | 1 | SI Colgate Games | Dunedin | 14 Jan 2011 |
| 13 | 5.13 | -0.2 | Leanna Ryan | CAN | 07 Dec 1995 | 1 | Interclub | Timaru | 26 Nov 2011 |
| 14 | 5.13 | 0.0 | Jamie Sowter | AKL | 07 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 15 | 5.03 | 0.1 | Melody Stein | WEL | 15 May 1993 | 1 | Black Programme | Wellington | 05 Nov 2011 |
| 16 | 5.02 | 0.0 | Bridget Watson | MWA | 29 Jan 1997 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 17 | 5.01 | 0.0 | Kate Plimmer | WEL | 18 Sep 1996 | 4 | NZ Secondary Schools | Wellington | 10 Dec 2011 |

WOMENS 16 Triple Jump

| | | | | | | | | | |
|----|-------|------|------------------|-----|-------------|---|------------------------|------------------|-------------|
| 1 | 12.03 | 0.0 | Jennifer Scott | AKL | 25 Feb 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 11.94 | 0.2 | Greer Alsop | STH | 13 Jun 1994 | 1 | NZL Championships | Dunedin | 26 Mar 2011 |
| 3 | 11.47 | 0.0 | Anna Thomson | WEL | 14 May 1995 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 11.34 | 1.9 | Jade Graham | STH | 23 Aug 1995 | 2 | Winton Graded Scratch | Invercargill | 17 Dec 2011 |
| 5 | 10.94 | 0.0 | Zoe Hobbs | TAR | 11 Sep 1997 | 1 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 6 | 10.82 | 0.0 | Rebecca Peterson | STH | 23 Oct 1995 | 6 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 7 | 10.81 | 0.0 | Jamie Sowter | AKL | 07 Apr 1995 | 3 | NI Schools | Hamilton | 02 Apr 2011 |
| 8 | 10.78 | 0.8 | Jessie Park | CAN | 08 Aug 1994 | 2 | SI Schools | Timaru | 02 Apr 2011 |
| 9 | 10.72 | 0.3 | Monika Wensing | TAR | 02 Jan 1994 | 1 | Taranaki Championships | Inglewood | 12 Mar 2011 |
| 10 | 10.59 | 1.7 | Ashleigh Sando | WBP | 03 Feb 1994 | 1 | WBOP Championships | Tauranga | 27 Feb 2011 |
| 11 | 10.49 | -1.2 | MacKenzie Keenan | CAN | 11 Sep 1994 | 1 | Interclub | Christchurch | 12 Feb 2011 |
| 12 | 10.41 | 0.2 | Ema McKay | MWA | 04 Aug 1996 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |
| 13 | 10.33 | 0.2 | Jade Fern | TAR | 01 Sep 1995 | 8 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 14 | 10.24 | 0.0 | Joanna Oryszczak | CAN | 29 Jul 1994 | 3 | SI Schools | Timaru | 02 Apr 2011 |
| 15 | 10.24 | 0.4 | Pavinne Watson | MWA | 27 Sep 1995 | 5 | NI Schools | Hamilton | 02 Apr 2011 |
| 16 | 10.17 | 0.0 | Kate Plimmer | WEL | 18 Sep 1996 | 5 | NZ Secondary Schools | Wellington | 11 Dec 2011 |
| 17 | 10.08 | 0.8 | Stacey Gunn | MWA | 28 Oct 1994 | 1 | MWA Championships | Palmerston North | 27 Feb 2011 |

WOMENS 16 Shot Put

| | | | | | | | | | |
|---|-------|--|---------------------|-----|-------------|---|------------------------|-----------------------|-------------|
| 1 | 14.56 | | Siositina Hakeai | AKL | 01 Mar 1994 | 1 | NI Schools | Hamilton | 02 Apr 2011 |
| 2 | 13.69 | | Che Kenneally | ANZ | 02 Feb 1995 | 1 | Winter Series #6 | Gold Coast AUS | 31 Jul 2011 |
| 3 | 12.79 | | Merewarihi Vaka | AKL | 30 Mar 1995 | 2 | NZL Championships | Dunedin | 26 Mar 2011 |
| 4 | 12.68 | | Harri Kiriau | AKL | 25 Jun 1995 | 2 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 5 | 11.36 | | Lucy Ross | HGB | 16 Feb 1994 | 4 | NI Schools | Hamilton | 02 Apr 2011 |
| 6 | 10.72 | | Madeline Carruthers | CAN | 28 Aug 1995 | 1 | Interclub | Burnside Christchurch | 19 Nov 2011 |
| 7 | 10.68 | | Ella Pilkington | AKL | 06 Apr 1995 | 1 | Sam Johnson Mem | Hamilton | 04 Dec 2011 |
| 8 | 10.60 | | Paige Harwood | AKL | 08 Feb 1995 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 9 | 10.28 | | Mele Tiauli | AKL | 13 Jul 1996 | 3 | Auckland Championships | Auckland | 27 Feb 2011 |

WOMENS 16 Discus Throw

| | | | | | | | | | |
|----|-------|--|----------------------|-----|-------------|---|------------------------|--------------|-------------|
| 1 | 53.16 | | Siositina Hakeai | AKL | 01 Mar 1994 | 1 | Capital Classic | Wellington | 28 Jan 2011 |
| 2 | 50.03 | | Merewarihi Vaka | AKL | 30 Mar 1995 | 1 | Auckland Championships | Auckland | 26 Feb 2011 |
| 3 | 42.31 | | Che Kenneally | ANZ | 02 Feb 1995 | 2 | UQ All Comers | Brisbane AUS | 24 Jul 2011 |
| 4 | 39.09 | | Mele Tiauli | AKL | 13 Jul 1996 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 5 | 38.79 | | Ariana Blackwood | MWA | 11 Mar 1994 | 1 | Tauranga Twilight | Tauranga | 01 Jan 2011 |
| 6 | 37.12 | | Ella Pilkington | AKL | 06 Apr 1995 | 3 | Open Meeting | North Shore | 09 Apr 2011 |
| 7 | 36.61 | | Brooke Urquhart | AKL | 17 May 1997 | 2 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 8 | 36.41 | | Xhavinæ Samuel | AKL | 17 Sep 1997 | 3 | NZ Secondary Schools | Wellington | 10 Dec 2011 |
| 9 | 35.80 | | Courtney Clarke | TAS | 31 Jan 1994 | 1 | Mahar Cup | Nelson | 05 Feb 2011 |
| 10 | 35.22 | | Mackenzie Vitasovich | AKL | 07 May 1998 | 3 | Auckland Festival Meet | Auckland | 26 Nov 2011 |
| 11 | 33.52 | | Harri Kiriau | AKL | 25 Jun 1995 | 2 | Hot Meet 2 | Auckland | 05 Nov 2011 |
| 12 | 33.45 | | Courtney Martin | AKL | 20 Jul 1997 | 1 | Weekly Meeting | Dunedin | 12 Nov 2011 |

WOMENS 16 Hammer Throw

| | | | | | | | | | |
|---|-------|--|------------------|-----|-------------|---|----------------------|----------------|-------------|
| 1 | 47.60 | | Che Kenneally | ANZ | 02 Feb 1995 | 2 | Winter Series #7 | Gold Coast AUS | 13 Aug 2011 |
| 2 | 45.51 | | Ella Pilkington | AKL | 06 Apr 1995 | 4 | Throws Winter Series | North Shore | 27 Aug 2011 |
| 3 | 36.61 | | Siositina Hakeai | AKL | 01 Mar 1994 | 9 | Open Meeting | North Shore | 09 Apr 2011 |

WOMENS 16 Javelin Throw

| | | | | | | | | | |
|---|-------|--|---------------|-----|-------------|---|-----------------------|--------------|-------------|
| 1 | 41.99 | | Emily Baker | WBP | 15 Dec 1986 | 1 | Auckland Festival #2 | Auckland | 03 Dec 2011 |
| 2 | 40.45 | | Tori Peeters | STH | 17 May 1994 | 1 | NZL Championships | Dunedin | 25 Mar 2011 |
| 3 | 36.88 | | Aeron Mellish | TAR | 23 Apr 1994 | 2 | NI Schools | Hamilton | 02 Apr 2011 |
| 4 | 36.26 | | Laura Overton | STH | 18 Nov 1996 | 1 | St Pauls War Memorial | Invercargill | 26 Nov 2011 |

WOMENS 16 Combined Events

WOMENS 16 Heptathlon

| | | | | | | | | |
|---|------|----------------|-----|-------------|---|----------------------|----------|-------------|
| 1 | 4467 | Paige Harwood | AKL | 08 Feb 1995 | 1 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 2 | 4007 | Ashleigh Sando | WBP | 03 Feb 1994 | 3 | NZL CE Championships | Tauranga | 13 Feb 2011 |
| 3 | 3893 | Amy Robinson | WBP | 19 Feb 1996 | 4 | NZL CE Championships | Tauranga | 13 Feb 2011 |

All-Time Top 20

MENS OPEN All Time Top 20 (as at 31 Dec 2011)

Compiled by Simon Holroyd

MENS OPEN 100m

| Performance | Name | Date of Birth | Date |
|-------------|--------------------|-------------------|-------------------|
| 10.11 | Gus Nketia | 30 December 1970 | 22 August 1994 |
| 10.17 | Chris Donaldson | 26 May 1975 | 17 September 1998 |
| 10.35 | David Ambler | 15 September 1989 | 13 March 2009 |
| 10.37 | Donald McDonald | 6 January 1977 | 26 February 1999 |
| 10.41 | James Dolphin | 17 June 1983 | 9 February 2005 |
| 10.43 | Matt Brown | 29 August 1986 | 4 March 2006 |
| 10.44 | Matthew Coad | 9 August 1975 | 10 February 2001 |
| 10.45 | Carl van der Speck | 14 September 1977 | 26 March 2010 |
| 10.46 | Dallas Roberts | 23 August 1979 | 26 June 2002 |
| 10.48 | Nick Cowan | 1 January 1974 | 31 January 1998 |
| 10.49 | David Falealili | 3 February 1982 | 9 February 2005 |
| 10.50 | Cameron Taylor | 3 June 1971 | 21 March 1992 |
| 10.50 | Gene Pateman | 27 August 1976 | 26 February 1999 |
| 10.51 | Lawrence D'Arcy | 3 May 1947 | 25 January 1974 |
| 10.51 | James Mortimer | 1 February 1983 | 4 March 2006 |
| 10.51 | Craig Bearda | 17 June 1982 | 15 March 2008 |
| 10.53 | Shane Downey | | 8 March 1987 |
| 10.53 | Todd Blythe | 8 January 1975 | 7 March 1993 |
| 10.54 | Dean Wise | 19 January 1977 | 22 August 1996 |
| 10.54 | Robert Bruce | 2 June 1972 | 6 March 1998 |
| 10.54 | Michael Wilson | 6 October 1988 | 7 June 2009 |

MENS OPEN 200m

| | | | |
|-------|--------------------|-------------------|------------------|
| 20.42 | Chris Donaldson | 26 May 1975 | 2 March 1997 |
| 20.51 | Mark Kedell | 13 February 1975 | 13 February 1993 |
| 20.56 | James Dolphin | 17 June 1983 | 12 January 2008 |
| 20.61 | Matthew Coad | 9 August 1975 | 27 January 1996 |
| 20.74 | Cameron Taylor | 3 June 1971 | 23 May 1992 |
| 20.77 | Jeffrey Thumath | 3 March 1985 | 6 February 2008 |
| 20.79 | Dallas Roberts | 23 August 1979 | 28 June 2002 |
| 20.82 | Gene Pateman | 27 August 1976 | 18 December 1999 |
| 20.88 | Bevan Smith | 18 July 1950 | 4 March 1972 |
| 20.90 | Matt Brown | 29 August 1986 | 5 February 2006 |
| 20.92 | Dale McClunie | 25 September 1966 | 6 March 1987 |
| 20.92 | Callum Taylor | 25 October 1972 | 20 February 2000 |
| 20.96 | Todd Mansfield | 29 September 1985 | 22 January 2010 |
| 21.00 | Todd Blythe | 8 January 1975 | 7 March 1993 |
| 21.06 | Robert Hanna | 15 August 1967 | 4 January 1997 |
| 21.07 | Craig Bearda | 17 June 1982 | 24 January 2007 |
| 21.12 | Jeremy Dixon | 9 January 1980 | 25 March 2001 |
| 21.14 | Gus Nketia | 30 December 1970 | 16 February 1997 |
| 21.17 | Lawrence D'Arcy | 3 May 1947 | 4 March 1972 |
| 21.18 | Carl van der Speck | 14 September 1977 | 12 July 2009 |
| 21.19 | Adam Somerville | 30 October 1980 | 28 January 2006 |

MENS OPEN 400m

| | | | |
|-------|---------------|------------------|------------------|
| 46.09 | Shaun Farrell | 5 March 1975 | 7 March 1998 |
| 46.10 | Bevan Smith | 18 July 1950 | 1 March 1975 |
| 46.14 | Callum Taylor | 25 October 1972 | 7 March 1998 |
| 46.18 | Grant Gilbert | 5 August 1967 | 28 January 1990 |
| 46.38 | Mark Kedell | 13 February 1975 | 30 January 1993 |
| 46.40 | Nick Cowan | 1 January 1974 | 13 December 1997 |
| 46.40 | Alex Jordan | 10 April 1992 | 26 March 2011 |
| 46.52 | Craig Purdy | 1967 | 3 December 1988 |
| 46.57 | Cory Innes | 15 January 1985 | 27 January 2006 |
| 46.66 | Mark Wilson | 31 December 1972 | 27 January 1996 |
| 46.72 | James Dolphin | 17 June 1983 | 17 December 2005 |
| 46.75 | Robert Hanna | 15 August 1967 | 16 February 1996 |
| 46.81 | Björn Jansen | 13 November 1976 | 11 March 2000 |
| 46.86 | Tim Hawkes | 17 January 1983 | 22 March 2003 |

ALL TIME TOP 20

| | | | |
|-------|----------------|-----------------|------------------|
| 46.88 | Andrew Moore | 11 March 1984 | 26 March 2011 |
| 46.90 | Phil Kear | | 1 December 1973 |
| 46.90 | Chris Rogers | 1981 | 1 February 1986 |
| 46.91 | Andrew Whyte | 11 October 1993 | 11 December 2011 |
| 46.98 | Darren Dale | 1966 | 9 February 1986 |
| 46.99 | Richard Endean | 1948 | 20 January 1974 |

MENS OPEN 800m

| | | | |
|---------|--------------------|------------------|-------------------|
| 1:44.3 | Peter Snell | 17 December 1938 | 3 February 1962 |
| 1:44.92 | John Walker | 12 January 1952 | 29 January 1974 |
| 1:45.45 | Shaun Farrell | 5 March 1975 | 28 February 1998 |
| 1:45.54 | Nick Willis | 25 April 1983 | 31 July 2004 |
| 1:45.9 | Peter Pearlless | 4 June 1957 | 22 March 1984 |
| 1:46.15 | Mark Tonks | 11 July 1971 | 13 July 1997 |
| 1:46.19 | Jason Stewart | 21 November 1981 | 23 July 2005 |
| 1:46.48 | Martin Johns | 5 July 1969 | 21 August 1996 |
| 1:47.04 | Mark Rogers | 24 July 1976 | 31 August 2001 |
| 1:47.1 | Dennis Norris | | 18 March 1978 |
| 1:48.1y | Gary Philpott | 11 June 1940 | 17 July 1961 |
| 1:47.45 | Gareth Hyett | 13 February 1982 | 9 July 2005 |
| 1:47.57 | Chris Rogers | 1981 | 20 March 1982 |
| 1:47.6 | Rod Dixon | 13 July 1950 | 15 September 1973 |
| 1:47.7 | Bruce Hunter | | 18 March 1972 |
| 1:48.0 | Andrew Stark | 1957 | 20 May 1978 |
| 1:48.17 | Clyde McIntosh | 18 April 1978 | 26 January 2000 |
| 1:48.2 | Alan Gilmour | 1950 | 13 March 1971 |
| 1:48.22 | Hamish Christensen | 1 September 1972 | 20 January 1999 |
| 1:48.24 | Steve Willis | 24 April 1975 | 10 April 1999 |

MENS OPEN 1500m

| | | | |
|---------|--------------------|------------------|------------------|
| 3:31.79 | Nick Willis | 25 April 1983 | 22 July 2011 |
| 3:32.4 | John Walker | 12 January 1952 | 30 July 1975 |
| 3:33.89 | Rod Dixon | 13 July 1950 | 2 February 1974 |
| 3:34.9 | Peter O'Donoghue | 1 October 1961 | 18 March 1987 |
| 3:35.50 | Adrian Blincoe | 4 November 1979 | 28 August 2005 |
| 3:36.19 | Hamish Christensen | 1 September 1972 | 20 February 1999 |
| 3:36.48 | Tony Rogers | 30 April 1957 | 10 August 1984 |
| 3:36.7 | Dick Quax | 1 January 1948 | 30 June 1976 |
| 3:37.38 | Martin Johns | 5 July 1969 | 2 June 1996 |
| 3:37.50 | Alan Bunce | 23 August 1967 | 12 August 1990 |
| 3:37.6 | Peter Snell | 17 December 1938 | 17 November 1964 |
| 3:38.07 | Paul Hamblyn | 27 August 1980 | 23 July 2005 |
| 3:38.2 | Tony Polhill | 15 December 1947 | 24 July 1973 |
| 3:38.25 | Richard Potts | 13 July 1971 | 29 July 1994 |
| 3:38.42 | Michael Gilchrist | 9 August 1960 | 24 March 1984 |
| 3:38.63 | Gareth Hyett | 13 February 1982 | 2 March 2007 |
| 3:38.8 | Murray Halberg | 7 July 1933 | 5 September 1958 |
| 3:39.6 | John Davies | 25 May 1938 | 2 August 1964 |
| 3:39.93 | Max Smith | 28 October 1984 | 9 June 2007 |
| 3:39.94 | Robbie Johnston | 21 August 1967 | 22 January 1992 |

MENS OPEN Mile

| | | | |
|---------|--------------------|------------------|-------------------|
| 3:49.08 | John Walker | 12 January 1952 | 7 July 1982 |
| 3:50.66 | Nick Willis | 25 April 1983 | 8 June 2008 |
| 3:53.62 | Rod Dixon | 13 July 1950 | 30 June 1975 |
| 3:54.04 | Peter Snell | 17 December 1938 | 17 November 1964 |
| 3:54.10 | Martin Johns | 5 July 1969 | 26 May 1996 |
| 3:54.40 | Adrian Blincoe | 4 November 1979 | 7 September 2003 |
| 3:55.18 | Tony Rogers | 30 April 1957 | 16 July 1984 |
| 3:56.13 | Hamish Christensen | 1 September 1972 | 16 January 1999 |
| 3:56.23 | Dick Quax | 1 January 1948 | 9 July 1976 |
| 3:56.46 | Max Smith | 28 October 1984 | 21 July 2007 |
| 3:56.8 | John Davies | 25 May 1938 | 17 November 1964 |
| 3:57.0 | Tony Polhill | 15 December 1947 | 15 September 1972 |
| 3:57.46 | Gareth Hyett | 13 February 1982 | 21 July 2007 |

ALL TIME TOP 20

| | | | |
|----------|------------------|----------------|------------------|
| 3:57.5 | Murray Halberg | 7 July 1933 | 6 August 1958 |
| 3:57.69 | Peter O'Donoghue | 1 October 1961 | 16 July 1984 |
| 3:57.70 | Phil Clode | 11 March 1965 | 12 January 1991 |
| 3:58.41 | Paul Hamblyn | 27 August 1980 | 23 February 2005 |
| 3:58.61 | Ian Studd | 1943 | 13 August 1966 |
| 3:58.8 | Dick Tayler | 12 August 1948 | 23 January 1971 |
| 3:58.84 | John Bowden | 19 June 1956 | 30 January 1982 |
| 3:57.78i | Hayden McLaren | 11 August 1987 | 14 February 2009 |
| 3:58.75i | Julian Matthews | 21 July 1988 | 12 February 2011 |

MENS OPEN 3000m

| | | | |
|----------|--------------------|------------------|------------------|
| 7:37.49 | John Walker | 12 January 1952 | 17 July 1982 |
| 7:41.0 | Rod Dixon | 13 July 1950 | 2 July 1974 |
| 7:45.11 | Dick Quax | 1 January 1948 | 25 June 1977 |
| 7:45.93 | Kerry Rodger | 13 March 1962 | 20 January 1990 |
| 7:45.97 | Nick Willis | 25 April 1983 | 5 July 2005 |
| 7:46.38 | Adrian Blincoe | 4 November 1979 | 29 August 2010 |
| 7:49.24 | Hamish Carson | 1 November 1988 | 8 July 2011 |
| 7:49.46 | Robbie Johnston | 21 August 1967 | 14 January 1995 |
| 7:50.03 | Alan Bunce | 23 August 1967 | 16 July 1990 |
| 7:50.92 | Euan Robertson | 14 June 1948 | 9 September 1977 |
| 7:50.98 | Phil Clode | 11 March 1965 | 18 January 1992 |
| 7:51.0 | John Davies | 25 May 1938 | 11 July 1965 |
| 7:51.93 | Simon Maunder | 20 August 1972 | 16 February 2001 |
| 7:52.26 | Michael Aish | 24 July 1976 | 6 June 2003 |
| 7:53.29 | Blair Martin | 25 April 1975 | 16 February 2001 |
| 7:53.37 | Hamish Christensen | 1 September 1972 | 28 January 1995 |
| 7:53.97 | Jason Woolhouse | 9 September 1980 | 17 February 2007 |
| 7:54.09 | Jonathon Wyatt | 20 December 1972 | 13 July 1996 |
| 7:54.88 | John Henwood | 30 August 1972 | 17 February 2001 |
| 7:54.90 | Richard Potts | 13 July 1971 | 27 January 1996 |
| 7:44.90i | Nick Willis | 25 April 1983 | 31 Jan 2004 |
| 7:50.65i | Michael Aish | 24 July 1976 | 1 Feb 2003 |

MENS OPEN 5000m

| | | | |
|----------|------------------|------------------|------------------|
| 13:10.19 | Adrian Blincoe | 4 November 1979 | 20 July 2008 |
| 13:12.86 | Dick Quax | 1 January 1948 | 5 July 1977 |
| 13:17.27 | Rod Dixon | 13 July 1950 | 5 July 1976 |
| 13:19.28 | John Walker | 12 January 1952 | 8 July 1986 |
| 13:20.15 | Robbie Johnston | 21 August 1967 | 8 July 1996 |
| 13:22.38 | Jake Robertson | 14 November 1989 | 25 May 2011 |
| 13:22.64 | Michael Aish | 24 July 1976 | 19 April 2002 |
| 13:26.79 | Kerry Rodger | 13 March 1962 | 1 February 1990 |
| 13:27.54 | Nick Willis | 25 April 1983 | 11 June 2005 |
| 13:27.66 | Jonathon Wyatt | 20 December 1972 | 19 July 1997 |
| 13:30.41 | John Henwood | 30 August 1972 | 3 July 1999 |
| 13:30.64 | Phil Clode | 11 March 1965 | 7 February 1991 |
| 13:31.40 | Alan Thurlow | 9 December 1954 | 19 January 1980 |
| 13:31.44 | Peter O'Donoghue | 1 October 1961 | 7 March 1992 |
| 13:32.04 | Dean Crowe | 1961 | 25 August 1985 |
| 13:32.65 | Alan Bunce | 23 August 1967 | 17 January 1998 |
| 13:32.7 | Dave Burridge | 20 January 1962 | 18 February 1986 |
| 13:35.2 | Murray Halberg | 7 July 1933 | 25 July 1961 |
| 13:35.71 | Jason Woolhouse | 9 September 1980 | 18 April 2008 |
| 13:37.81 | Geoff Shaw | 1957 | 11 November 1986 |

MENS OPEN 10000m

| | | | |
|----------|-----------------|------------------|------------------|
| 27:41.95 | Dick Quax | 1 January 1948 | 9 September 1977 |
| 27:42.17 | Robbie Johnston | 21 August 1967 | 25 May 1996 |
| 27:45.98 | John Henwood | 30 August 1972 | 30 April 2004 |
| 27:46.37 | Michael Aish | 24 July 1976 | 29 April 2007 |
| 27:46.40 | Dick Tayler | 12 August 1948 | 25 January 1974 |
| 27:56.80 | Jonathon Wyatt | 20 December 1972 | 15 February 2003 |

ALL TIME TOP 20

| | | | |
|----------|----------------|------------------|------------------|
| 28:06.16 | Dave Burridge | 20 January 1962 | 5 February 1987 |
| 28:08.19 | Blair Martin | 25 April 1975 | 15 February 2003 |
| 28:15.3 | Evan Maguire | 26 May 1942 | 17 April 1968 |
| 28:17.8 | Rex Maddaford | 9 March 1947 | 17 April 1968 |
| 28:19.05 | Ken Maloney | 11 November 1961 | 7 March 1987 |
| 28:21.33 | Phil Clode | 11 March 1965 | 16 December 1993 |
| 28:22.39 | Rex Wilson | 10 April 1960 | 19 December 1985 |
| 28:25.04 | Kerry Rodger | 13 March 1962 | 10 December 1991 |
| 28:26.80 | Alan Bunce | 23 August 1967 | 4 May 2001 |
| 28:28.5 | Alan Thurlow | 9 December 1954 | 21 March 1978 |
| 28:29.41 | John Bowden | 19 June 1956 | 11 January 1986 |
| 28:31.71 | Phil Costley | 16 March 1970 | 15 February 2003 |
| 28:33.0 | Murray Halberg | 7 July 1933 | 17 November 1964 |
| 28:33.9 | Dean Crowe | 1961 | 10 April 1987 |

MENS OPEN Marathon

| | | | |
|-----------|-----------------|-------------------|------------------|
| 2:08:59 | Rod Dixon | 13 July 1950 | 23 October 1983 |
| 2:10.15 | Paul Ballinger | 25 March 1953 | 5 December 1982 |
| 2:10.47 | Dick Quax | 1 January 1948 | 7 September 1980 |
| 2:10.48 | Rex Wilson | 10 April 1960 | 28 October 1990 |
| 2:10.59 | Sean Wade | 2 February 1966 | 21 January 1996 |
| 2:11.18.6 | Jack Foster | 23 May 1932 | 31 January 1974 |
| 2:12.11 | Kevin Ryan | 22 July 1949 | 22 November 1981 |
| 2:12.26 | Dave McKenzie | 16 March 1943 | 3 December 1967 |
| 2:12.29 | Trevor Wright | 23 September 1946 | 17 April 1983 |
| 2:12.40 | Derek Froude | 20 April 1959 | 30 October 1988 |
| 2:12.58 | Dale Warrrender | 8 September 1973 | 7 December 2003 |
| 2:12.59 | Terry Manners | 19 October 1941 | 31 January 1974 |
| 2:13.00 | Jonathon Wyatt | 20 December 1972 | 27 April 2003 |
| 2:13.17 | Craig Kirkwood | 18 October 1974 | 7 October 2001 |
| 2:13.20 | Michael Aish | 24 July 1976 | 13 January 2008 |
| 2:13.36 | Phil Costley | 16 March 1970 | 24 June 2001 |
| 2:13.50 | Don Greig | 23 October 1956 | 22 November 1981 |
| 2:14.03 | Gary Palmer | 7 May 1955 | 22 November 1981 |
| 2:14.05 | Mike Ryan | 26 December 1941 | 27 November 1966 |
| 2:14.08 | John Campbell | 6 February 1949 | 2 October 1988 |

*This was formerly considered to be short, it has now been reassessed as accurate".

| | | | |
|---------|-----------|--------------|----------------|
| 2:12.57 | Rod Dixon | 13 July 1950 | 12 August 1984 |
|---------|-----------|--------------|----------------|

MENS OPEN 3000m Steeplechase

| | | | |
|---------|--------------------|------------------|------------------|
| 8:14.05 | Peter Renner | 27 October 1959 | 29 August 1984 |
| 8:21.08 | Euan Robertson | 14 June 1948 | 28 July 1976 |
| 8:29.0 | Rod Dixon | 13 July 1950 | 23 August 1973 |
| 8:29.12 | Kim Hogarth | 12 June 1976 | 29 April 2007 |
| 8:29.44 | Peter Welsh | 16 July 1943 | 6 August 1966 |
| 8:30.46 | Neil Lowsley | 13 May 1959 | 20 February 1982 |
| 8:31.6 | Michael Gilchrist | 9 August 1960 | 6 April 1986 |
| 8:34.9 | Martin Couldwell | 5 May 1905 | 15 March 1978 |
| 8:35.32 | Sean Wade | 2 February 1966 | 14 January 1990 |
| 8:36.87 | Hamish Christensen | 1 September 1972 | 11 February 1995 |
| 8:37.14 | Howard Healey | 13 March 1949 | 20 January 1979 |
| 8:38.0 | Bryan Bothwell | 25 June 1976 | 18 April 1998 |
| 8:39.4 | Greg Cameron | 11 January 1964 | 19 March 1986 |
| 8:39.51 | Jared Letica | 27 April 1970 | 15 February 1992 |
| 8:39.96 | Phil Costley | 16 March 1970 | 4 March 1994 |
| 8:43.2 | Nathan Healey | 13 March 1949 | 17 February 1973 |
| 8:44.45 | Stephen Hollings | 23 November 1946 | 5 March 1977 |
| 8:45.3 | Ray Batten | | 22 April 1973 |
| 8:46.2 | Rex Maddaford | 9 March 1947 | 25 May 1973 |
| 8:46.48 | Dan O'Connell | | 4 March 1978 |

MENS OPEN 110m Hurdles

| | | | |
|-------|------------------|------------------|-------------------|
| 13.71 | James Mortimer | 1 March 1983 | 11 March 2007 |
| 13.90 | Tim Soper | 3 July 1958 | 28 September 1982 |
| 14.10 | Simon Poelman | 27 May 1963 | 28 March 1987 |
| 14.13 | Grant McNeill | 20 June 1968 | 25 November 1989 |
| 14.25 | Ross Pownall | 17 November 1946 | 2 August 1978 |
| 14.30 | Peter Allen | | 9 September 1979 |
| 14.30 | Tony Pownall | 14 May 1977 | 24 February 2001 |
| 14.32 | Phillip Mills | 13 February 1955 | 6 August 1978 |
| 14.33 | Liam Whaley | 7 October 1975 | 30 November 1996 |
| 14.35 | Nic O'Brien | 3 January 1980 | 24 February 2001 |
| 14.37 | Gene Pateman | 27 August 1976 | 16 January 1999 |
| 14.38 | Brent Newdick | 31 January 1985 | 24 June 2009 |
| 14.44 | Paul Lloyd | 1966 | 17 February 1990 |
| 14.47 | Nick Bolton | 21 April 1972 | 18 February 1998 |
| 14.55 | Doug Pirini | 6 September 1969 | 2 February 1997 |
| 14.63 | Michael Cochrane | 13 August 1991 | 28 January 2011 |
| 14.72 | Bill Boyd | | 7 March 1986 |
| 14.72 | David Matthew | 16 August 1970 | 8 March 1997 |
| 14.73 | Willie Fong | 14 November 1960 | 7 March 1982 |
| 14.77 | Peter Henry | 17 June 1962 | 25 November 1989 |

MENS OPEN 400m Hurdles

| | | | |
|-------|--------------------|------------------|-------------------|
| 49.90 | Nic O'Brien | 3 January 1980 | 4 May 2003 |
| 49.95 | Zion Armstrong | 21 January 1975 | 12 March 2000 |
| 50.14 | Phillip Mills | 13 February 1955 | 1 May 1976 |
| 50.43 | Callum Stuart | 2 July 1975 | 28 February 1999 |
| 50.48 | Roger Johnson | 10 December 1943 | 31 August 1972 |
| 50.62 | Michael Cochrane | 13 August 1991 | 28 January 2011 |
| 50.70 | WaynePaul | 19 June 1958 | 27 March 1986 |
| 50.73 | James Mortimer | 1 March 1983 | 3 March 2011 |
| 50.95 | Jonathon Schmidt | 14 June 1969 | 1994 |
| 51.40 | Mark Edmond | 20 January 1977 | 22 January 1998 |
| 51.52 | Nick Kalivati | 29 June 1987 | 26 January 2008 |
| 51.62 | Daniel O'Shea | 12 February 1989 | 3 March 2011 |
| 51.63 | Murray Cumberpatch | 7 March 1981 | |
| 51.75 | David Matthew | 16 August 1970 | 28 January 1995 |
| 51.83 | Grant Coutts | 21 June 1972 | 28 January 1995 |
| 51.95 | Rendell McIntosh | | 29 January 1974 |
| 52.02 | Peter Allen | | 10 September 1979 |
| 52.22 | John Holland | 20 December 1926 | 20 July 1952 |
| 52.26 | Kevin Philpot | 1966 | 4 November 1989 |
| 52.27 | Jack O'Connor | 1964 | 30 December 1989 |

MENS OPEN 20km Race Walk

| | | | |
|---------|-----------------|------------------|------------------|
| 1:22:20 | Craig Barrett | 16 November 1971 | 26 January 1998 |
| 1:22:21 | Scott Nelson | 10 October 1969 | 31 March 1996 |
| 1:26:32 | Gary Little | 31 December 1941 | 16 February 1992 |
| 1:27:05 | Mike Parker | 21 April 1953 | 5 April 1986 |
| 1:27:06 | Tony Sargisson | 24 June 1975 | 3 March 2002 |
| 1:27:34 | Murray Day | 7 July 1964 | 28 June 1986 |
| 1:27:37 | Graham Seatter | 11 October 1955 | 15 July 1978 |
| 1:27:47 | Quentin Rew | 16 July 1984 | 27 March 2011 |
| 1:28:58 | Shane Donnelly | 23 October 1955 | 6 December 1986 |
| 1:29:10 | Keith Oolsthoom | | 20 February 1983 |
| 1:29:15 | Paul McElwee | 28 June 1967 | 16 February 1992 |
| 1:29:30 | Kevin Taylor | 13 November 1950 | Feb 1982 |
| 1:29:59 | Derek Beaven | | 26 August 1990 |
| 1:30:59 | Tony Feek | | 25 July 1999 |
| 1:31:19 | Greg Cross | 1973 | 24 March 1991 |
| 1:31:20 | Sean Sullivan | 28 December 1968 | 26 August 1989 |
| 1:31:26 | Graeme Jones | 19 June 1973 | 6 March 1994 |
| 1:32:01 | Owen Warner | | Apr 1971 |
| 1:32:19 | Wayne Marriott | 1965 | 16 February 1992 |
| 1:33:14 | Glenn Burrell | 15 May 1981 | 23 February 2008 |

ALL TIME TOP 20

MENS OPEN 50km Race Walk

| | | | |
|---------|-----------------|------------------|-------------------|
| 3:48:05 | Craig Barrett | 16 November 1971 | 16 June 2001 |
| 3:58:05 | Tony Sargisson | 24 June 1975 | 24 March 2006 |
| 4:06:57 | Quentin Rew | 16 July 1984 | 24 April 2011 |
| 4:08:56 | Mike Parker | 21 April 1953 | 30 September 1979 |
| 4:17:48 | Paul McElwee | 28 June 1967 | 24 May 1992 |
| 4:21:23 | Norman Read | 13 August 1931 | 9 April 1960 |
| 4:30:44 | Graeme Jones | 19 June 1973 | 24 October 2010 |
| 4:31:42 | Gary Little | 31 December 1941 | 2 August 1992 |
| 4:41:37 | John Rayner | | 18 April 1983 |
| 4:42:42 | Steven Farquhar | 21 May 1959 | 24 May 1992 |
| 4:44:11 | W. Macnoe | | 18 April 1983 |
| 4:45:37 | Mark Gray | 8 November 1960 | 8 December 2002 |
| 4:48:14 | Morrie Hinton | | 18 April 1983 |
| 4:51:09 | Gordon Inglis | 1943 | 10 October 1993 |

MENS OPEN High Jump

| | | | |
|-------|------------------|------------------|------------------|
| 2.30 | Glenn Howard | 1 April 1976 | 12 March 2000 |
| 2.24 | Roger Te Puni | 14 November 1963 | 24 February 1990 |
| 2.16 | Kirk McNeeley | 22 August 1966 | 7 March 1986 |
| 2.15 | Terry Lomax | 9 July 1958 | 1 February 1981 |
| 2.15 | Jeffrey Brown | 7 August 1964 | 20 February 1988 |
| 2.15 | Billy Crayford | 15 July 1987 | 19 February 2011 |
| 2.14 | Chris Trabing | | 26 February 1983 |
| 2.14 | Keith Olds | | 28 January 1989 |
| 2.13 | Steven Hollings | 1969 | 13 March 1988 |
| 2.12 | Grant Landery | | 20 December 1980 |
| 2.12 | Bill Boyd | | 11 March 1984 |
| 2.12 | Kris de Jong | | 8 March 1985 |
| 2.12 | Ray Featherstone | 21 May 1970 | 31 March 1991 |
| 2.10 | Lindsay Guthrie | 15 July 1987 | 15 January 1977 |
| 2.10 | Mark Woolley | | 29 January 1983 |
| 2.10 | Geoff Beckett | 23 January 1975 | 7 December 1991 |
| 2.10 | Dwain Geddes | 25 July 1976 | 22 January 1994 |
| 2.10 | Grant Knaggs | 29 February 1984 | 21 July 2004 |
| 2.08 | Dave McDonald | | 6 March 1981 |
| 2.08 | Peter Ranginui | 17 October 1968 | 5 March 1989 |
| 2.08 | Ben Giles | 28 January 1983 | 13 March 2005 |
| 2.16i | Kris de Jong | | 26 January 1986 |

MENS OPEN Pole Vault

| | | | |
|-------|--------------------|-------------------|------------------|
| 5.51 | Paul Gibbons | 25 June 1971 | 25 January 1992 |
| 5.22 | Simon Poelman | 27 May 1963 | 11 March 1990 |
| 5.22 | JG Nel | 30 May 1984 | 21 October 2006 |
| 5.207 | Peter Tracey | | 6 March 1976 |
| 5.02 | Kieran McKee | 11 September 1957 | 25 February 1984 |
| 5.00 | Olivier Ball | 23 January 1964 | 23 January 1993 |
| 4.95 | Nicholas Southgate | 9 April 1994 | 12 March 2011 |
| 4.85 | Derek McKee | 4 October 1961 | 5 August 1989 |
| 4.80 | Doug Pirini | 6 September 1969 | 10 January 1993 |
| 4.80 | Marcus Pointon | 1970 | 13 February 1993 |
| 4.80 | Brent Newdick | 31 January 1985 | 3 June 2007 |
| 4.75 | Mike Ritchie | | 29 February 1980 |
| 4.75 | Ian Streat | | 12 March 1989 |
| 4.75 | Pascal Kethers | 14 August 1995 | 27 February 2011 |
| 4.73 | Simon Werthmuller | 1967 | 15 February 1986 |
| 4.70 | Jeremy McColl | 11 August 1982 | 12 February 2006 |
| 4.70 | Scott McLaren | 27 February 1982 | 3 December 2011 |
| 4.65 | Matt Roper | | 7 March 1987 |
| 4.63 | Peter Dyer | 23 May 1958 | 5 November 1983 |
| 4.62 | Robert Sadler | 23 January 1958 | 3 January 1981 |

MENS OPEN Long Jump

| | | | |
|------|--------------------|-------------------|------------------|
| 8.05 | Bob Thomas | 20 March 1939 | 21 January 1968 |
| 7.99 | Aaron Langdon | 19 July 1971 | 21 February 1998 |
| 7.96 | Steve Walsh | 17 December 1960 | 21 January 1984 |
| 7.90 | Willie Hinchcliffe | 13 September 1968 | 20 January 1990 |
| 7.83 | Dave Norris | 14 December 1939 | 30 December 1967 |
| 7.79 | John Delamere | 12 December 1951 | 17 May 1974 |
| 7.76 | Jonathon Moyle | 12 October 1967 | 23 February 1991 |
| 7.71 | Jeffrey Thumath | 3 March 1985 | 1 December 2007 |
| 7.68 | Grant Birkinshaw | 17 June 1949 | 28 February 1969 |
| 7.66 | Francois Coetzee | 5 July 1975 | 21 January 2002 |
| 7.60 | Tom Davie | 1 December 1985 | 14 February 2004 |
| 7.56 | Simon Poelman | 27 May 1963 | 7 March 1987 |
| 7.55 | John Hunt | | 13 April 1985 |
| 7.54 | Nigel Park | 6 July 1972 | 20 March 1999 |
| 7.49 | Kerry Hill | 18 March 1947 | 17 March 1973 |
| 7.48 | Mike Shaw | | 8 March 1985 |
| 7.48 | Doug Pirini | 6 September 1969 | 24 August 1994 |
| 7.45 | Roy Williams | 9 September 1934 | 8 July 1967 |
| 7.45 | Brent Newdick | 31 January 1985 | 28 May 2011 |
| 7.44 | Laud Codjoe | 2 January 1969 | 22 January 1992 |

MENS OPEN Triple Jump

| | | | |
|-------|------------------|------------------|------------------|
| 16.22 | Phil Wood | 29 December 1953 | 2 August 1978 |
| 15.94 | Dave Norris | 14 December 1939 | 6 March 1965 |
| 15.75 | Kevin Todd | | 8 April 1972 |
| 15.62 | Tom Davie | 1 December 1985 | 14 April 2004 |
| 15.58 | Bob Thomas | 20 March 1939 | 6 March 1965 |
| 15.52 | John Delamere | 12 December 1951 | 1974 |
| 15.49 | Nigel Park | 6 July 1972 | 7 March 1993 |
| 15.48 | Nigel Avery | 31 August 1967 | 28 January 1989 |
| 15.40 | Wayne Stewart | | 27 February 1988 |
| 15.39 | Alan Whittton | | 11 March 1988 |
| 15.35 | Grant Birkinshaw | 17 June 1949 | 1 March 1969 |
| 15.30 | Roy Williams | 9 September 1934 | 8 March 1958 |
| 15.30 | Daniel Bediako | 4 October 1975 | 13 February 2000 |
| 15.26 | Robert Hutson | 21 November 1962 | 9 March 1985 |
| 15.24 | Scott Newman | 21 February 1970 | 25 January 1997 |
| 15.24 | Khamal Ganley | 1 March 1980 | 18 March 1999 |
| 15.24 | Scott Clements | 13 December 1979 | 14 February 2004 |
| 15.23 | Ken Simpson | | 27 January 1973 |
| 15.22 | Kahl Schierling | 6 May 1966 | 4 November 1989 |
| 15.16 | Harold Brainsby | 5 December 1910 | 24 March 1934 |

MENS OPEN Shot Put

| | | | |
|-------|-------------------|------------------|------------------|
| 20.38 | Jacko Gill | 20 December 1994 | 5 December 2011 |
| 19.80 | Les Mills | 1 November 1934 | 3 July 1967 |
| 19.45 | Courtney Ireland | 12 January 1972 | 4 June 1994 |
| 18.83 | Robin Tait | 14 April 1940 | 17 November 1973 |
| 18.83 | Tom Walsh | 1 March 1992 | 5 December 2011 |
| 18.75 | Ian Winchester | 27 May 1973 | 20 February 1998 |
| 18.12 | Shaka Sola | 14 March 1977 | 8 March 2003 |
| 17.87 | Robert Hargreaves | 16 February 1944 | 11 May 1968 |
| 17.56 | Keith Falle | 1950 | 1 November 1975 |
| 17.16 | Henry Smith | 16 March 1955 | 31 January 1981 |
| 16.75 | Richard Thomson | 29 July 1962 | 9 January 1999 |
| 16.65 | Fale Seve | 12 May 1977 | 11 March 2000 |
| 16.64 | Paul Pervan | | 13 March 1973 |
| 16.57 | Allan Halberg | | 15 January 1983 |
| 16.49 | Nigel Avery | 31 August 1967 | 15 February 1997 |
| 16.48 | Pat Hellier | 24 June 1971 | 24 November 2007 |
| 16.37 | Walter Gill | | 18 January 1986 |
| 16.23 | Simon Poelman | 27 May 1963 | 19 December 1987 |
| 16.14 | Greg Burgess | | 23 February 1985 |
| 15.98 | Daryl Brand | 6 August 1963 | 31 March 1991 |

MENS OPEN Discus Throw

| | | | |
|-------|------------------|------------------|------------------|
| 65.03 | Ian Winchester | 27 May 1973 | 22 May 2002 |
| 63.08 | Robin Tait | 14 April 1940 | 31 January 1974 |
| 61.52 | Les Mills | 1 November 1934 | 3 January 1971 |
| 60.60 | Joe Antunovich | 4 April 1948 | 8 May 1971 |
| 58.64 | Mark Robinson | 2 October 1959 | 15 May 1982 |
| 58.70 | Shaka Sola | 14 March 1977 | 21 February 2004 |
| 57.64 | Courtney Ireland | 12 January 1972 | 1 June 1994 |
| 56.94 | Anthony Pervan | 16 February 1944 | 20 January 1973 |
| 56.60 | Henry Smith | 16 March 1955 | 11 January 1986 |
| 54.66 | Chris Mene | 18 August 1972 | 25 November 1995 |
| 54.40 | Gordon Webb | | 14 February 1968 |
| 53.78 | Walter Gill | | 18 January 1975 |
| 53.77 | Marshall Hall | 7 October 1988 | 14 April 2011 |
| 53.54 | Peter Crawford | | 16 December 1967 |
| 53.36 | Matt Dallow | 27 January 1972 | 19 December 1998 |
| 52.94 | Douglas Park | | 17 November 1973 |
| 52.78 | Chris Barrett | 6 November 1961 | 18 February 1989 |
| 52.64 | Jim Gleason | | 31 October 1981 |
| 52.58 | John Clune | | 15 October 1977 |
| 52.50 | Richard Dryden | | 3 February 1979 |

MENS OPEN Hammer Throw

| | | | |
|-------|-----------------|------------------|------------------|
| 73.10 | Angus Cooper | 7 May 1964 | 23 January 1994 |
| 72.06 | Phil Jensen | 8 November 1967 | 21 February 1998 |
| 71.20 | Murray Cheater | 26 January 1947 | 31 January 1976 |
| 66.55 | Pat Helier | 24 June 1971 | 15 March 1998 |
| 63.72 | Warwick Nicholl | | 25 January 1974 |
| 63.11 | Luke Greenfield | 6 May 1981 | 11 May 2002 |
| 61.26 | Roger Stephen | 31 December 1969 | 28 February 1999 |
| 60.32 | Douglas Mace | 22 January 1969 | 8 December 1990 |
| 60.02 | Bernie Harland | | 22 October 1977 |
| 58.52 | Daryl Gilliland | | 24 November 1973 |
| 58.01 | Ryan Tinkle | 20 February 1992 | 19 February 2011 |
| 57.44 | Kevin Bradley | | 17 November 1973 |
| 56.98 | William Hubber | 28 April 1991 | 29 April 2011 |
| 56.57 | Damian Smuts | 14 June 1989 | 5 February 2011 |
| 56.22 | Paul Dryden | | 1 March 1980 |
| 55.95 | Peter Gibbs | | 1999 |
| 55.56 | Douglas Park | | 10 May 1974 |
| 55.42 | Ian Winchester | 27 May 1973 | 1997 |
| 55.37 | Fale Seve | 12 May 1977 | 24 June 2000 |
| 55.03 | Michael Hancock | 30 March 1986 | 27 January 2006 |

MENS OPEN Javelin Throw

| | | | |
|-------|----------------------|-------------------|------------------|
| 88.20 | Gavin Lovegrove | 21 October 1967 | 5 July 1996 |
| 85.35 | Stuart Farquhar | 15 March 1982 | 13 February 2010 |
| 79.00 | Mike O'Rourke | 25 August 1955 | 3 February 1990 |
| 78.14 | John Stapleton-Smith | 12 August 1961 | 18 February 1989 |
| 77.71 | Diggory Brooke | 4 July 1969 | 14 June 1998 |
| 75.54 | Cameron Greening | 1966 | 19 December 1987 |
| 73.89 | Johan Smallberger | 19 November 1985 | 29 April 2009 |
| 73.18 | Daryl Brand | 6 August 1963 | 31 January 1987 |
| 71.74 | Andrew Harrison | 1 March 1976 | 17 January 1996 |
| 70.92 | Olivier Ball | 23 January 1964 | 28 January 1987 |
| 69.33 | Blair Stewart | 14 June 1977 | 2 February 2002 |
| 68.74 | Aitken Stowers | 1 June 1974 | 14 January 1995 |
| 68.28 | Trevor Bradley | 15 July 1957 | 30 January 1988 |
| 67.99 | Rayn Maginess | 22 May 1977 | 11 March 2000 |
| 67.96 | Paul Wadsworth | 13 September 1968 | 1994 |
| 67.34 | Bradley Quin | 13 July 1984 | 21 July 2004 |
| 67.31 | Cliff Weston | 10 May 1985 | 2 December 2006 |
| 67.13 | Ben Langton-Burnell | 10 July 1992 | 27 November 2010 |
| 65.40 | Andrew Trott | 20 January 1967 | 22 April 1990 |

ALL TIME TOP 20

MENS OPEN Decathlon

| | | | |
|------|-------------------|------------------|------------------|
| 8366 | Simon Poelman | 27 May 1963 | 22 March 1987 |
| 8115 | Doug Pirini | 6 September 1969 | 17 March 1996 |
| 8114 | Brent Newdick | 31 January 1985 | 29 May 2011 |
| 7542 | Scott McLaren | 22 February 1982 | 11 November 2007 |
| 7511 | Matt Dallow | 27 January 1972 | 17 April 1993 |
| 7475 | Peter Cox | 6 July 1983 | 21 November 2005 |
| 7473 | John Hunt | | 24 November 1984 |
| 7441 | Peter Henry | 17 June 1962 | 10 December 1989 |
| 7405 | Jordan Vandermade | 7 May 1987 | 28 January 2006 |
| 7372 | Stefan Hauf | | 22 December 1985 |
| 7274 | Roy Williams | 9 September 1934 | 9 July 1967 |
| 7241 | Peter Dyer | 23 May 1958 | 5 October 1982 |
| 7185 | Gene Pateman | 27 August 1976 | 28 March 1999 |
| 7136 | Terry Lomax | 9 July 1958 | 18 December 1988 |
| 7094 | Paul Wilson | 1957 | 31 January 1983 |
| 7062 | Robert Sadler | 23 January 1958 | 14 December 1980 |
| 7010 | Stephen Buckley | 4 May 1988 | 11 January 2009 |
| 6953 | Mene Mene | 9 March 1946 | 15 March 1975 |
| 6947 | Grant Connon | | 14 December 1980 |
| 6938 | Grant Chapman | 26 November 1963 | 20 February 1987 |

Women's Open All Time Top 20 (as at 31 Dec 2011)

Compiled by Simon Holroyd

WOMENS OPEN 100m

| Performance | Name | Date of Birth | Date |
|-------------|---------------------|-------------------|------------------|
| 11.32 | Michelle Seymour | 21 December 1965 | 25 February 1993 |
| 11.50 | Wendy Brown | 21 May 1950 | 20 January 1974 |
| 11.50 | Caro Hunt | 10 January 1978 | 18 February 2001 |
| 11.54 | Andrea Koenen | 13 January 1990 | 26 February 2011 |
| 11.55 | Briar Toop | 2 April 1973 | 28 January 1990 |
| 11.60 | Anna Smythe | 17 March 1978 | 10 March 2007 |
| 11.60 | Andrea Miller | 13 March 1982 | 15 December 2007 |
| 11.62 | Kim Robertson | 10 March 1957 | 4 March 1978 |
| 11.62 | Bev Peterson | 12 September 1956 | 8 March 1986 |
| 11.64 | Chantal Brunner | 5 November 1970 | 18 July 1999 |
| 11.64 | Monique Williams | 23 September 1985 | 27 March 2009 |
| 11.66 | Helen Pirovano | 8 November 1967 | 20 January 1990 |
| 11.70 | Sue Jowett | 14 September 1956 | 24 July 1976 |
| 11.76 | Jane Arnott | 3 January 1976 | 6 March 1999 |
| 11.77 | Doreen Porter | 21 July 1941 | 15 October 1964 |
| 11.77 | Brenda Matthews | 19 February 1949 | 1 September 1972 |
| 11.77 | Kelly Miller | 1977 | 1 December 1993 |
| 11.79 | Megan Clarken | 30 October 1966 | 30 January 1985 |
| 11.80 | Chrissie Pfitzinger | 24 January 1959 | 4 March 1977 |
| 11.83 | Morag MacMillan | | 5 March 1977 |
| 11.83 | Andrea Wade | 30 October 1961 | 7 March 1982 |
| 11.83 | April Brough | 17 September 1984 | 8 March 2008 |

WOMENS OPEN 200m

| | | | |
|-------|------------------|-------------------|------------------|
| 22.90 | Monique Williams | 23 September 1985 | 20 August 2009 |
| 23.13 | Kim Robertson | 10 March 1957 | 15 July 1978 |
| 23.32 | Sue Jowett | 14 September 1956 | 6 March 1976 |
| 23.44 | Wendy Brown | 21 May 1950 | 29 January 1974 |
| 23.46 | Andrea Koenen | 13 January 1990 | 26 June 2010 |
| 23.52 | Caro Hunt | 10 January 1978 | 22 July 2000 |
| 23.56 | Bev Peterson | 12 September 1956 | 9 March 1986 |
| 23.60 | Michelle Seymour | 21 December 1965 | 25 February 1993 |
| 23.66 | Jane Arnott | 3 January 1976 | 26 February 1999 |
| 23.67 | Penny Hunt | 18 January 1948 | 6 March 1976 |
| 23.67 | Rebecca Wardell | 21 December 1977 | 25 March 2001 |
| 23.74 | Anita Sutherland | 7 May 1976 | 28 August 1998 |
| 23.77 | Janette Wise | 17 August 1975 | 13 April 1996 |
| 23.78 | Briar Toop | 2 April 1973 | 26 November 1989 |
| 23.82 | Andrea Wade | 30 October 1961 | 4 April 1987 |
| 23.83 | Anna Smythe | 17 March 1978 | 9 February 2005 |
| 23.83 | April Brough | 17 September 1984 | 26 January 2008 |
| 23.86 | Morag MacMillan | | 19 March 1977 |
| 23.88 | Gail Swart | 1956 | 1 December 1973 |
| 24.02 | Chantal Brunner | 5 November 1970 | 4 February 2001 |

WOMENS OPEN 400m

| | | | |
|-------|-------------------|-------------------|------------------|
| 51.60 | Kim Robertson | 10 March 1957 | 19 January 1980 |
| 51.88 | Monique Williams | 23 September 1985 | 20 March 2009 |
| 51.98 | Jane Arnott | 3 January 1976 | 3 February 2006 |
| 52.66 | Penny Hunt | 18 January 1948 | 3 September 1972 |
| 52.67 | Rebecca Wardell | 21 December 1977 | 24 March 2001 |
| 52.89 | Anna Smythe | 17 March 1978 | 9 August 1998 |
| 53.22 | Carlene Dillimore | 19 April 1966 | 12 March 1988 |
| 53.40 | Joanna Burr | 1956 | 13 April 1975 |
| 53.40 | Toni Hodgkinson | 12 December 1971 | 3 February 1996 |
| 53.42 | Andrea Wade | 30 October 1961 | 27 February 1988 |
| 53.66 | Michelle Seymour | 21 December 1965 | 6 March 1993 |
| 53.80 | Kay Hawkins | | 13 April 1975 |
| 54.02 | Colleen Mills | 17 April 1905 | 1 December 1973 |

ALL TIME TOP 20

| | | | |
|-------|--------------------|-------------------|-------------------|
| 54.36 | Louise Jones | 4 August 1985 | 26 March 2011 |
| 54.45 | Kirstin Gill | 24 June 1969 | 5 June 1993 |
| 54.52 | Kim Freakley | | 29 February 1980 |
| 54.55 | Lorraine Wilson | | 28 September 1969 |
| 54.57 | Rachel Signal | 14 May 1981 | 4 April 2003 |
| 54.57 | Kristie Baillie | 9 September 1991 | 27 March 2010 |
| 54.60 | Sue Haden | 29 April 1946 | 4 March 1972 |
| 54.60 | Marissa Stephen | 28 September 1967 | 27 August 1998 |
| 53.9 | Marise Chamberlain | 5 December 1935 | 1 March 1963 |

WOMENS OPEN 800m

| | | | |
|---------|---------------------|------------------|-------------------|
| 1:58.35 | Toni Hodgkinson | 12 December 1971 | 27 July 1996 |
| 1:59.66 | Nikki Hamblin | 20 May 1988 | 4 September 2010 |
| 2:01.4 | Marise Chamberlain | 5 December 1935 | 3 March 1962 |
| 2:02.04 | Sue Haden | 29 April 1946 | 29 January 1974 |
| 2:02.7 | Alison Wright | 1 February 1949 | 19 August 1979 |
| 2:03.0 | Carlene Dillimore | 19 April 1966 | 22 March 1988 |
| 2:03.63 | Lorraine Moller | 1 June 1955 | 29 January 1974 |
| 2:03.74 | Chrissie Pfitzinger | 24 January 1959 | 13 June 1987 |
| 2:03.82 | Anne Hare | 7 June 1964 | 11 January 1986 |
| 2:03.87 | Angie Smit | 16 August 1991 | 7 July 2010 |
| 2:04.05 | Anne Audain | 1 November 1955 | 16 February 1980 |
| 2:04.08 | Sylvia Potts | 9 September 1943 | 28 February 1970 |
| 2:04.25 | Michelle Green | 1956 | 8 March 1980 |
| 2:04.58 | Emma James | 21 January 1974 | 17 September 1992 |
| 2:04.61 | Jenny Overall | 8 December 1963 | 7 March 1982 |
| 2:04.61 | Justine Craig | 1964 | 5 June 1987 |
| 2:04.63 | Shirley Somervell | 30 June 1946 | 27 January 1974 |
| 2:04.63 | Helen Hawley | 26 October 1968 | 6 March 1987 |
| 2:04.75 | Linden Wilde | 11 May 1961 | 16 February 1980 |
| 2:04.84 | Lynda Gray | | 19 February 1983 |

WOMENS OPEN 1500m

| | | | |
|---------|---------------------|------------------|----------------|
| 4:04.82 | Nikki Hamblin | 20 May 1988 | 22 July 2011 |
| 4:06.23 | Toni Hodgkinson | 12 December 1971 | 2 March 2000 |
| 4:06.47 | Chrissie Pfitzinger | 24 January 1959 | 27 June 1987 |
| 4:10.35 | Lorraine Moller | 1 June 1955 | 30 August 1985 |
| 4:10.59 | Anne Hare | 7 June 1964 | 2 March 1985 |
| 4:10.62 | Dianne Rodger | 9 November 1956 | 16 July 1984 |
| 4:10.68 | Anne Audain | 1 November 1955 | 28 July 1976 |
| 4:11.25 | Kimberley Smith | 19 November 1981 | 26 June 2004 |
| 4:11.59 | Lucy van Dalen | 18 November 1988 | 17 July 2011 |
| 4:11.68 | Alison Wright | 1 February 1949 | 15 August 1979 |
| 4:13.53 | Hannah Newbould | 19 June 1991 | 2 July 2011 |
| 4:14.50 | Jenny Overall | 8 December 1963 | 20 March 1982 |
| 4:14.85 | Rebecca Allison | | 6 June 1987 |
| 4:15.86 | Sue Haden | 29 April 1946 | 25 July 1973 |
| 4:15.90 | Linden Wilde | 11 May 1961 | 20 March 1982 |
| 4:16.20 | Rebecca Forlong | 13 July 1986 | 30 July 2005 |
| 4:16.31 | Geraldine MacDonald | 23 August 1966 | 29 May 1994 |
| 4:16.6 | Heather Matthews | 1947 | 13 March 1976 |
| 4:16.6 | Debbie Sheddan | 1958 | ?/1989 |
| 4:16.70 | Sue Bruce | 25 November 1964 | 10 March 1985 |

WOMENS OPEN Mile

| | | | |
|---------|---------------------|------------------|-----------------|
| 4:30.50 | Chrissie Pfitzinger | 24 January 1959 | 6 June 1987 |
| 4:31.19 | Toni Hodgkinson | 12 December 1971 | 2 August 1998 |
| 4:32.97 | Lorraine Moller | 1 June 1955 | 21 August 1985 |
| 4:33.93 | Anne Audain | 1 November 1955 | 15 January 1983 |
| 4:36.19 | Anne Hare | 7 June 1964 | 9 February 1985 |
| 4:36.6 | Linden Wilde | 11 May 1961 | 26 January 1980 |
| 4:36.7 | Dianne Rodger | 9 November 1956 | 17 January 1976 |
| 4:37.06 | Alison Wright | 1 February 1949 | 8 July 1979 |
| 4:37.89 | Sue Bruce | 25 November 1964 | 15 January 1983 |
| 4:40.66 | Barbara Moore | 27 July 1957 | 25 January 1981 |

ALL TIME TOP 20

| | | | |
|----------|--------------------|-------------------|------------------|
| 4:41.4 | Marise Chamberlain | 5 December 1935 | 8 December 1962 |
| 4:41.77 | Nikki Hamblin | 20 May 1988 | 20 December 2008 |
| 4:41.9 | Sue Haden | 29 April 1946 | 7 July 1973 |
| 4:43.7 | Anne Smith | 31 August 1941 | 7 July 1973 |
| 4:46.15 | Nina Rillstone | 15 April 1975 | 31 March 2001 |
| 4:46.46 | Hannah Newbould | 19 June 1991 | 26 January 2000 |
| 4:46.52 | Leonora Joy | 29 July 1982 | 16 February 2008 |
| 4:46.73 | Fiona Crombie | 15 August 1982 | 11 February 2006 |
| 4:47.04 | Rebekha Greene | 26 December 1993 | 26 January 2010 |
| 4:47.6 | Melissa Moon | 16 September 1969 | 1994 |
| 4:24.14i | Kimberley Smith | 19 November 1981 | 8 February 2008 |
| 4:32.95i | Lucy van Dalen | 18 November 1988 | 4 March 2011 |
| 4:41.71i | Fiona Crombie | 15 August 1982 | 10 February 2004 |

WOMENS OPEN 3000m

| | | | |
|-----------|---------------------|------------------|------------------|
| 8:35.31 | Kimberley Smith | 19 November 1981 | 25 July 2007 |
| 8:45.53 | Anne Audain | 1 November 1955 | 4 October 1982 |
| 8:47.46 | Nyla Carroll | 24 November 1965 | 27 January 1996 |
| 8:47.7 | Chrissie Pfitzinger | 24 January 1959 | 15 March 1988 |
| 8:47.90 | Dianne Rodger | 9 November 1956 | 8 August 1984 |
| 8:51.78 | Lorraine Moller | 1 June 1955 | 8 August 1983 |
| 8:53.10 | Kate McIlroy | 26 August 1981 | 9 March 2006 |
| 8:56.2 | Sue Bruce | 25 November 1964 | 5 February 1985 |
| 8:57.18 | Kay Gooch | 2 May 1972 | 16 April 1994 |
| 8:59.26 | Anne Hare | 7 June 1964 | 13 July 1996 |
| 9:00.85 | Alison Wright | 1 February 1949 | 23 June 1981 |
| 9:03.09 | Barbara Moore | 27 July 1957 | 26 November 1989 |
| 9:04.64 | Erin Baker | 23 May 1961 | 15 January 1992 |
| 9:04.66 | Sonia Barry | 13 November 1969 | 26 November 1989 |
| 9:05.84 | Linden Wilde | 11 May 1961 | 2 January 1993 |
| 9:06.08 | Debbie Sheddan | 1958 | 30 December 1989 |
| 9:06.77 | Lesley Morton | 25 December 1963 | 11 November 1989 |
| 9:07.4 | Heather Matthews | 1947 | 18 March 1978 |
| 9:07.70 | Nina Rillstone | 15 April 1975 | 7 January 2006 |
| 9:08.21 | Mary O'Connor | 19 June 1955 | 28 January 1984 |
| 8:50.92mx | Nikki Hamblin | 20 May 1988 | 15 March 2011 |
| 8:56.77i | Lucy van Dalen | 18 November 1988 | 11 February 2011 |
| 8:58.68i | Christine McMiken | 19 July 1963 | 9 March 1985 |

WOMENS OPEN 5000m

| | | | |
|------------|-------------------|------------------|------------------|
| 14:45.93 | Kimberley Smith | 19 November 1981 | 11 July 2008 |
| 15:09.32 | Nyla Carroll | 24 November 1965 | 13 January 1996 |
| 15:13.22 | Anne Audain | 1 November 1955 | 17 March 1982 |
| 15:22.31 | Anne Hare | 7 June 1964 | 26 July 1996 |
| 15:29.65 | Barbara Moore | 27 July 1957 | 17 March 1982 |
| 15:32.90 | Lorraine Moller | 1 June 1955 | 20 June 1986 |
| 15:35.32 | Dianne Rodger | 9 November 1956 | 23 January 1982 |
| 15:41.42 | Jackie Goodman | 23 February 1968 | 4 June 1988 |
| 15:42.37 | Sonia Barry | 13 November 1969 | 25 February 1998 |
| 15:43.31 | Erin Baker | 23 May 1961 | 18 January 1992 |
| 15:44.65 | Linden Wilde | 11 May 1961 | 6 February 1993 |
| 15:44.75 | Holly van Dalen | 18 November 1988 | 28 April 2011 |
| 15:45.7 | Christine McMiken | 19 July 1963 | 1 June 1985 |
| 15:46.9 | Paula Whiting | 14 August 1988 | 15 April 2011 |
| 15:47.33 | Helen Moros | 3 November 1967 | 6 February 1993 |
| 15:48.83 | Anne Hannam | 7 January 1961 | 21 January 1989 |
| 15:49.3 | Mary O'Connor | 19 June 1955 | 21 January 1984 |
| 15:50.96 | Leonora Petrina | 29 July 1982 | 12 June 2010 |
| 15:51.58 | Sarah Christie | 11 January 1973 | 13 February 2000 |
| 15:52.2 | Lesley Morton | 25 December 1963 | 8 July 1992 |
| 14:39.89i | Kimberley Smith | 19 November 1981 | 27 February 2009 |
| 15:41.68mx | Holly van Dalen | 18 November 1988 | 30 July 2011 |
| 15:46.16mx | Jess Ruthe | 31 May 1979 | 27 January 2007 |

ALL TIME TOP 20

WOMENS OPEN 10000m

| | | | |
|------------|-------------------|------------------|-------------------|
| 30:35.54 | Kimberley Smith | 19 November 1981 | 4 May 2008 |
| 31:28.12 | Nyla Carroll | 24 November 1965 | 18 July 1997 |
| 31:53.31 | Anne Audain | 1 November 1955 | 28 July 1986 |
| 32:12.78 | Barbara Moore | 27 July 1957 | 9 December 1989 |
| 32:18.53 | Anne Hannam | 7 January 1961 | 9 December 1989 |
| 32:20.39 | Christine McMiken | 19 July 1963 | 26 September 1988 |
| 32:20.5 | Lesley Morton | 25 December 1963 | 26 June 1991 |
| 32:31.4 | Anne Hare | 7 June 1964 | 16 February 1994 |
| 32:32.24 | Helen Moros | 3 November 1967 | 7 March 1993 |
| 32:37.51 | Jess Ruthe | 31 May 1979 | 21 January 2006 |
| 32:40.17 | Lorraine Moller | 1 June 1955 | 2 July 1988 |
| 32:43.55 | Erin Baker | 23 May 1961 | 9 December 1989 |
| 32:57.37 | Nina Rillstone | 15 April 1975 | 30 April 2004 |
| 33:04.96 | Glenys Quick | 29 November 1957 | 17 June 1984 |
| 33:06.66 | Sarah Christie | 11 January 1973 | 21 January 2002 |
| 33:08.00 | Mary Davies | 8 March 1984 | 8 June 2006 |
| 33:15.0 | Debbie Elsmore | 15 April 1975 | 22 February 1986 |
| 33:16.01 | Raewyn Roger | 19 June 1955 | 6 March 1994 |
| 33:17.78 | Kate McIlroy | 26 August 1981 | 1 December 2005 |
| 33:23.56 | Marguerite Buist | 19 December 1962 | 18 February 1989 |
| 32:17.1mx | Christine McMiken | 19 July 1963 | 19 April 1986 |
| 33:18.36mx | Danielle Travis | 19 January 1991 | 4 January 2011 |
| 33:20.78mx | Mary O'Connor | 19 June 1955 | 18 January 1986 |

WOMENS OPEN Marathon

| | | | |
|-----------|--------------------|------------------|------------------|
| 2:25:21 | Kimberley Smith | 19 November 1981 | 25 April 2010 |
| 2:28:17 | Lorraine Moller | 1 June 1955 | 1 August 1986 |
| 2:28:20 | Mary O'Connor | 19 June 1955 | 17 April 1983 |
| 2:29:09 | Marguerite Buist | 19 December 1962 | 5 March 1989 |
| 2:29:37 | Liza Hunter-Galvan | 20 June 1969 | 16 November 2008 |
| 2:29:46 | Nina Rillstone | 15 April 1975 | 16 April 2006 |
| 2:31:41 | Anne Audain | 1 November 1955 | 14 October 1990 |
| 2:31:44 | Glenys Quick | 29 November 1957 | 20 October 1985 |
| 2:32:17 | Fiona Docherty | 1 September 1975 | 10 October 2010 |
| 2:33:19 | Nyla Carroll | 24 November 1965 | 2 April 1995 |
| 2:34:29 | Allison Roe | 9 November 1956 | 7 September 1980 |
| 2:34:37 | Helen Moros | 3 November 1967 | 28 October 1990 |
| 2:35:49 | Erin Baker | 23 May 1961 | 1 March 1992 |
| 2:35:50 | Ngairé Drake | 1949 | 5 March 1989 |
| 2:36:19 | Wendy Breed | 1962 | 28 October 1990 |
| 2:36:24 | Leeanne McPhillips | 9 June 1964 | 25 January 1998 |
| 2:36:31 | Rebecca Moore | 11 December 1973 | 4 December 2005 |
| 2:36:48 | Jillian Costley | 19 February 1961 | 6 March 1988 |
| 2:37:00 | Wendy Llewellyn | 30 May 1963 | 28 April 1996 |
| 2:37:03 | Shireen Crumpton | 10 October 1970 | 14 August 2005 |
| 2:26:46dh | Allison Roe | 9 November 1956 | 20 April 1981 |
| 2:29:04dh | Marguerite Buist | 19 December 1962 | 17 April 1989 |
| 2:35:55dh | Gabrielle O'Rourke | 14 February 1967 | 5 April 1994 |
| 2:34:39dh | Bernie Portenski | 26 August 1949 | 7 March 1992 |
| 2:36:43dh | Jillian Costley | 19 February 1961 | 4 March 1990 |

WOMENS OPEN 2000m Steeplechase

| | | | |
|---------|------------------|------------------|------------------|
| 6:40.36 | Karen Murphy | 7 May 1965 | 5 February 2000 |
| 6:41.13 | Rachel Penney | 18 June 1973 | 5 February 2000 |
| 6:42.54 | Sarah McSweeney | 8 January 1990 | 24 March 2007 |
| 6:51.16 | Andrea Williams | 26 January 1971 | 8 March 1998 |
| 6:51.62 | Fiona Docherty | 1 September 1975 | 28 February 1999 |
| 6:53.19 | Caroline Mellsop | 5 September 1991 | 5 April 2009 |
| 6:54.83 | Ruth Croft | 15 January 1989 | 26 February 2006 |
| 6:56.52 | Brooke Eddy | 24 July 1980 | 13 December 2002 |
| 6:57.46 | Bridget Ray | 29 June 1962 | 11 March 2000 |
| 6:57.73 | Leonora Petrina | 29 July 1982 | 15 December 2001 |

ALL TIME TOP 20

| | | | |
|---------|------------------|------------------|------------------|
| 6:58.12 | Melanie Cleland | 10 May 1989 | 19 March 2011 |
| 6:58.71 | Sarah Biss | 2 July 1977 | 8 March 1998 |
| 6:59.03 | Christina Taylor | 2 August 1992 | 29 March 2009 |
| 6:59.22 | Melissa Murrihy | 31 January 1990 | 19 January 2003 |
| 6:59.22 | Danielle Travis | 19 January 1991 | 30 March 2008 |
| 7:00.19 | Leah Hirschfield | 17 February 1976 | 15 December 2001 |
| 7:00.35 | Greta Porter | 4 October 1992 | 14 December 2008 |
| 7:01.93 | Shirlene Mulcahy | 11 August 1971 | 8 March 1998 |
| 7:02.81 | Jane Nalder | 4 August 1983 | 24 March 2001 |
| 7:02.89 | Patricia Ross | 2 January 1987 | 19 January 2003 |

WOMENS OPEN 3000m Steeplechase

| | | | |
|----------|------------------|------------------|------------------|
| 9:32.54 | Kate McIlroy | 26 August 1981 | 5 February 2006 |
| 9:57.74 | Rebecca Forlong | 13 July 1986 | 19 January 2006 |
| 9:59.16 | Fiona Crombie | 15 August 1982 | 28 January 2006 |
| 10:03.82 | Leonora Petrina | 29 July 1982 | 2 May 2009 |
| 10:08.58 | Alice Mason | 15 June 1987 | 8 August 2009 |
| 10:09.42 | Mary Davies | 8 March 1984 | 14 May 2006 |
| 10:14.17 | Caroline Mellsop | 5 September 1991 | 16 April 2011 |
| 10:16.99 | Amanda King | 31 July 1984 | 4 May 2007 |
| 10:20.02 | Michelle Prowse | 24 April 1982 | 25 March 2005 |
| 10:21.48 | Karen Murphy | 7 May 1965 | 25 February 2000 |
| 10:22.70 | Rachel Penney | 18 June 1973 | 25 February 2000 |
| 10:22.98 | Sarah McSweeney | 8 January 1990 | 9 February 2008 |
| 10:26.78 | Maria Akkeson | | 5 February 2006 |
| 10:29.79 | Jane Nalder | 4 August 1983 | 14 May 2004 |
| 10:33.67 | Renee Graham | 4 November 1986 | 21 April 2007 |
| 10:36.14 | Ruth Croft | 15 January 1989 | 21 December 2007 |
| 10:40.99 | Melissa Murrihy | 31 January 1990 | 14 December 2005 |
| 10:43.73 | Shirlene Mulcahy | 11 August 1971 | 8 January 2000 |
| 10:45.36 | Julia Nazzari | 20 November 1981 | 14 May 2004 |
| 10:46.86 | Brooke Eddy | 24 July 1980 | 2 March 2002 |

WOMENS OPEN 100m Hurdles

| | | | |
|-------|--------------------|-------------------|------------------|
| 13.10 | Andrea Miller | 13 March 1982 | 26 June 2008 |
| 13.42 | Rowena Morton | 23 February 1974 | 9 May 1998 |
| 13.60 | Fiona Morrison | 24 October 1988 | 26 March 2011 |
| 13.61 | Helen Pirovano | 8 November 1967 | 2 February 1990 |
| 13.67 | Lynette Stock | 10 June 1962 | 22 June 1985 |
| 13.69 | Brenda Matthews | 19 February 1949 | 29 January 1974 |
| 13.75 | Vanessa Jack | 9 November 1970 | 5 March 1994 |
| 13.77 | Gail Swart | 1956 | 23 January 1975 |
| 13.81 | Janienne Ashbridge | 28 July 1973 | 2 March 1997 |
| 13.85 | Carmel Corbett | 28 December 1972 | 21 April 1995 |
| 13.85 | Veronica Torr | 17 May 1987 | 11 February 2011 |
| 13.86 | Terry Genge | 27 July 1957 | 7 October 1982 |
| 13.88 | Lynette Massey | 10 September 1962 | 14 January 1984 |
| 13.89 | Michelle Guthrie | 1956 | 31 January 1974 |
| 13.90 | Jan Lothian | 1949 | 6 March 1976 |
| 13.91 | Joanne Henry | 2 October 1971 | 15 February 1992 |
| 13.92 | Sarah Cowley | 3 February 1984 | 27 February 2010 |
| 13.98 | Cassandra Kelly | 29 June 1963 | 25 November 1989 |
| 14.01 | Rebecca Wardell | 21 December 1977 | 27 January 2006 |
| 14.04 | Barbara Beable | 14 May 1949 | 6 March 1976 |
| 14.04 | Jessica Penney | 21 December 1987 | 16 May 2009 |

WOMENS OPEN 400m Hurdles

| | | | |
|-------|-----------------|-------------------|------------------|
| 56.25 | Rebecca Wardell | 21 December 1977 | 23 March 2003 |
| 57.09 | Nicola Kidd | 4 July 1975 | 9 July 1999 |
| 57.35 | Lynette Massey | 10 September 1962 | 31 March 1985 |
| 57.83 | Justine Craig | 30 January 1964 | 6 April 1984 |
| 57.89 | Vanessa Jack | 9 November 1970 | 13 March 1994 |
| 58.01 | Terry Genge | 27 July 1957 | 1 April 1984 |
| 58.21 | Lynette Stock | 10 June 1962 | 15 December 1984 |
| 58.77 | Sonja Bove | 5 June 1977 | 28 February 2004 |

ALL TIME TOP 20

| | | | |
|-------|-------------------|-------------------|------------------|
| 58.95 | Janine Robson | 12 January 1964 | 21 March 1982 |
| 59.27 | Kim Peterson | 22 April 1967 | 20 January 1990 |
| 59.30 | Anna Shattky | 27 January 1981 | 12 March 1989 |
| 59.45 | Janiene Ashbridge | 28 July 1973 | 31 January 1999 |
| 59.56 | Rosalind Wade | 13 January 1969 | 9 March 1997 |
| 59.64 | Sonia Scown | 19 February 1973 | 24 February 1990 |
| 60.17 | Cassandra Kelly | 29 June 1963 | 12 March 1983 |
| 60.27 | Karen Green | | 13 March 1988 |
| 60.32 | Yvonne O'Brien | | 9 February 1980 |
| 60.81 | Tracey Hale | 26 September 1990 | 19 February 2011 |
| 60.83 | Julia Carter | 28 March 1971 | 9 March 1997 |
| 60.99 | Marion Prior | | 5 March 1977 |

WOMENS OPEN 20km Race Walk

| | | | |
|-----------|------------------------|------------------|------------------|
| 1:35:59 | Gabrielle Gorst | 16 February 1964 | 23 March 2003 |
| 1:36:16 | Jenni Jones-Billington | 20 April 1967 | 29 June 1993 |
| 1:36:44 | Anne-Maree Judkins | 1 March 1964 | 28 February 1999 |
| 1:39:54.2 | Linn Murphy | 1 October 1960 | 21 November 1993 |
| 1:42:15 | Kate Newitt | 12 February 1990 | 28 March 2010 |
| 1:49:36 | Diane Barrett | 5 May 1959 | 12 March 2000 |
| 1:49:43 | Roseanne Robinson | 14 November 1990 | 30 October 2011 |
| 1:51:36 | Christine Tuka | 2 February 1962 | 24 November 1996 |
| 1:51:43 | Brooke Cowsill | 6 June 1980 | 28 March 2010 |
| 1:51:56 | Carma Watson | 25 May 1979 | 25 February 2001 |
| 1:54:03 | Neroli Amyes | 8 May 1994 | 25 February 2001 |
| 1:55:30 | Amelia de Lorenzo | 1960 | 13 March 2005 |
| 1:55:55 | Nyle Sutherland | 12 June 1967 | 30 October 2011 |
| 1:56:04 | Michelle Lei | 16 February 1971 | 4 March 2007 |
| 1:57:53 | Alana Barber | 8 July 1987 | 28 March 2010 |
| 1:58:06 | Catalina Malone | 21 February 1985 | 28 January 2006 |
| 1:58:38 | Jane Jackson | 13 August 1947 | 7 August 1994 |
| 1:58:53 | Lesley Cantwell | 22 February 1987 | 30 October 2011 |

WOMENS OPEN High Jump

| | | | |
|------|-------------------|------------------|------------------|
| 1.92 | Tania Murray | 3 October 1970 | 26 January 1991 |
| 1.89 | Trudy Woodhead | 5 September 1965 | 9 March 1986 |
| 1.89 | Angela McKee | 11 December 1974 | 21 January 2006 |
| 1.88 | Tracy Phillips | 8 January 1968 | 2 February 1990 |
| 1.86 | Carmel Corbett | 28 December 1972 | 28 March 1993 |
| 1.86 | Elizabeth Lamb | 12 May 1991 | 26 February 2011 |
| 1.85 | Karen Brown | 18 April 1978 | 26 November 2000 |
| 1.84 | Sarah Cowley | 3 February 1984 | 26 March 2011 |
| 1.83 | Clare Ryan | | 29 January 1983 |
| 1.83 | Joanne Henry | 2 October 1971 | 21 March 1998 |
| 1.82 | Angela Pule | 11 March 1965 | 30 August 1982 |
| 1.82 | Jo Brand | | 31 January 1987 |
| 1.82 | Kim Brown | 2 February 1974 | 10 November 1991 |
| 1.82 | Keeley O'Hagan | 11 March 1994 | 20 February 2010 |
| 1.81 | Nadia Smith | 18 May 1976 | 19 April 1997 |
| 1.80 | Rona-Lee Philpot | 1967 | 3 December 1988 |
| 1.80 | Dionne Gardner | 18 July 1974 | 30 March 1991 |
| 1.80 | Shelley Stoddart | 9 March 1973 | 25 January 1992 |
| 1.80 | Sarah Saddleton | 5 August 1989 | 15 May 2010 |
| 1.79 | Lyn Soole | | 30 January 1982 |
| 1.79 | Lyn Osmer | 14 June 1960 | 9 March 1986 |
| 1.79 | Marissa Pritchard | 17 March 1984 | 6 February 2008 |

WOMENS OPEN Pole Vault

| | | | |
|------|--------------------|------------------|------------------|
| 4.40 | Melina Hamilton | 15 June 1976 | 12 April 2003 |
| 4.35 | Jenni Dryburgh | 30 August 1978 | 25 March 2001 |
| 4.10 | Emma Draisey | 9 January 1979 | 26 June 2002 |
| 4.05 | Kerry Charlesworth | 13 December 1993 | 12 March 2011 |
| 3.95 | Cassandra Kelly | 29 June 1963 | 22 January 1998 |
| 3.85 | Sophie Chiet | 1 July 1982 | 23 March 2003 |
| 3.80 | Nikki Cliffe | 16 November 1982 | 16 December 2000 |

ALL TIME TOP 20

| | | | |
|------|-----------------|-------------------|------------------|
| 3.80 | Amber Grogan | 27 June 1985 | 7 February 2004 |
| 3.70 | Carly Fuchihara | 14 August 1973 | 26 February 2000 |
| 3.70 | Julia Hart | 5 January 1989 | 28 February 2010 |
| 3.61 | Sarelle Verkade | 19 May 1976 | 20 January 1996 |
| 3.60 | Julia Brown | 29 May 1988 | 21 October 2006 |
| 3.60 | Eliza McCartney | 11 December 1996 | 10 December 2011 |
| 3.59 | Lucy McGall | 22 April 1993 | 26 March 2011 |
| 3.55 | Jaedena Ward | 24 April 1991 | 1 April 2007 |
| 3.50 | Nicole Green | 28 January 1977 | 14 November 1999 |
| 3.50 | Nikki Beckett | 16 December 1983 | 26 January 2000 |
| 3.50 | Morgan Williams | 27 September 1991 | 12 December 2009 |
| 3.40 | Sarah O'Connell | 17 December 1984 | 14 March 2004 |
| 3.40 | Hannah Thomas | 20 November 1988 | 9 December 2006 |

WOMENS OPEN Long Jump

| | | | |
|------|------------------------|------------------|------------------|
| 6.68 | Chantal Brunner | 5 November 1970 | 1 March 1997 |
| 6.55 | Jayne Mitchell | 21 June 1964 | 26 November 1988 |
| 6.54 | Joanne Henry | 2 October 1971 | 15 February 1992 |
| 6.52 | Megan Clarken | 30 October 1966 | 10 March 1985 |
| 6.47 | Noeline Hodgins | 25 December 1956 | 6 March 1982 |
| 6.40 | Frith Maunder | 22 April 1974 | 22 March 1998 |
| 6.37 | Pam Hendren | 5 October 1951 | 29 January 1974 |
| 6.37 | Jessica Penney | 21 December 1987 | 19 August 2006 |
| 6.33 | Jenni Dryburgh | 30 August 1978 | 22 October 2005 |
| 6.31 | Nadia Smith | 18 May 1976 | 5 April 2003 |
| 6.28 | Yvette Williams | 25 April 1929 | 20 February 1954 |
| 6.25 | Tania Murray | 3 October 1970 | 1 February 1997 |
| 6.23 | Beverly Weigel | 16 August 1940 | 9 February 1957 |
| 6.21 | Sue Burnside | 19 February 1957 | 19 March 1977 |
| 6.20 | Kathy Otto | 1955 | 17 November 1973 |
| 6.18 | Lisa Ball | 10 November 1968 | 26 November 1989 |
| 6.17 | Tatum Rickard | 11 August 1981 | 24 February 2001 |
| 6.16 | Sarah Cowley | 3 February 1984 | 12 January 2008 |
| 6.15 | Leanne Stapylton-Smith | 30 July 1966 | 16 December 1989 |
| 6.09 | Vivien Grant | | 16 March 1968 |
| 6.09 | Terry Genge | 27 July 1957 | 13 March 1983 |

WOMENS OPEN Triple Jump

| | | | |
|-------|------------------------|------------------|-------------------|
| 13.48 | Tania Murray | 3 October 1970 | 2 March 1997 |
| 13.26 | Shelley Avery | 9 March 1973 | 12 March 2000 |
| 13.17 | Kalera Nacewa | 20 March 1978 | 24 March 2001 |
| 13.11 | Nneka Okpala | 27 April 1988 | 10 December 2011 |
| 13.07 | Frith Maunder | 22 April 1974 | 3 March 2002 |
| 13.00 | Jayne Mitchell | 21 June 1964 | 23 February 1991 |
| 12.79 | Marissa Pritchard | 17 March 1984 | 21 March 2009 |
| 12.77 | Leanne Stapylton-Smith | 30 July 1966 | 23 January 1993 |
| 12.60 | Bridgette Pateman | 2 September 1979 | 8 March 1998 |
| 12.50 | Kiri Kendall | 4 December 1987 | 11 March 2007 |
| 12.43 | Lisa Ball | 10 November 1968 | 11 March 1989 |
| 12.37 | Chantal Brunner | 5 November 1970 | 1 February 1998 |
| 12.34 | Amber Grogan | 27 June 1985 | 21 March 2009 |
| 12.28 | Caro Hunt | 10 January 1978 | 9 March 2002 |
| 12.27 | Greer Alsop | 13 June 1994 | 11 September 2011 |
| 12.11 | Tatum Rickard | 11 August 1981 | 4 April 2003 |
| 12.10 | Bryony Barker | 1 July 1978 | 3 December 1995 |
| 12.03 | Jennifer Scott | 25 February 1994 | 2 April 2011 |
| 12.01 | Karen Brown | 18 April 1978 | 2 December 2000 |
| 12.01 | Charlotte Muschamp | 9 September 1992 | 11 December 2010 |

WOMENS OPEN Shot Put

| | | | |
|-------|-------------------|-----------------|------------------|
| 21.24 | Valerie Adams | 6 October 1984 | 29 August 2011 |
| 17.26 | Val Young | 10 August 1937 | 20 October 1964 |
| 16.96 | Beatrice Faumuina | 23 October 1974 | 14 March 1998 |
| 16.69 | Glenda Hughes | 25 July 1950 | 19 March 1983 |
| 16.51 | Tania Lutton | 1 March 1968 | 11 February 2000 |

ALL TIME TOP 20

| | | | |
|-------|---------------------|------------------|-------------------|
| 16.46 | Christine King | 29 August 1964 | 21 January 1995 |
| 15.88 | Diane Charteris | 6 May 1947 | 10 January 1970 |
| 15.87 | Barbara Beable | 14 May 1949 | 23 July 1970 |
| 15.20 | Jan Maxwell | 3 May 1959 | 14 March 1987 |
| 14.74 | Rebecca Wardell | 21 December 1977 | 4 July 2010 |
| 14.59 | Michelle Lastovicka | | 18 January 1986 |
| 14.56 | Vanessa Hurley | 10 October 1989 | 29 March 2008 |
| 14.56 | Siositina Hakeai | 1 March 1994 | 2 April 2011 |
| 14.56 | Te Rina Keenan | 29 June 1990 | 17 December 2011 |
| 14.46 | Veronica Torr | 17 May 1987 | 3 July 2010 |
| 14.25 | Siu Ikavuka | 8 February 1968 | 1 October 1989 |
| 14.15 | Lesley Duncan | 2 October 1944 | 12 March 1960 |
| 14.13 | Sally Mene | 2 December 1949 | 25 February 1967 |
| 14.11 | Liz Ryan | 3 March 1966 | 3 February 1991 |
| 14.09 | Joanne Henry | 2 October 1971 | 16 September 1998 |

WOMENS OPEN Discus Throw

| | | | |
|-------|---------------------|-------------------|------------------|
| 68.52 | Beatrice Faumuina | 23 October 1974 | 4 July 1997 |
| 56.10 | Adrienne Lynn | 8 December 1973 | 10 March 1995 |
| 54.36 | Liz Ryan | 3 March 1966 | 17 January 1990 |
| 54.34 | Valerie Adams | 6 October 1984 | 2 February 2002 |
| 53.78 | Val Young | 10 August 1937 | 17 November 1962 |
| 53.76 | Te Rina Keenan | 29 June 1990 | 15 May 2010 |
| 53.16 | Siositina Hakeai | 1 March 1994 | 28 January 2011 |
| 52.22 | Jennifer Thompson | 30 March 1938 | 12 March 1960 |
| 52.02 | Leesa Lealeisalanoo | 28 September 1993 | 11 December 2010 |
| 51.62 | Jeanette Park | 19 November 1968 | 16 February 1991 |
| 51.60 | Diane Charteris | 6 May 1947 | 17 February 1968 |
| 51.32 | Nerida Morris | | 11 November 1989 |
| 51.18 | Siu Ikavuka | 8 February 1968 | 28 October 1989 |
| 50.03 | Merewarihi Vaka | 30 March 1995 | 26 February 2011 |
| 49.74 | Heather Marsters | | 8 January 1983 |
| 49.44 | Sally Mene | 2 December 1949 | 17 January 1970 |
| 48.90 | Pauline Hendrikse | 19 August 1968 | 9 December 1989 |
| 48.28 | Ngaina Karena | 8 January 1980 | 8 March 1998 |
| 47.72 | Jo Brand | | 27 December 1986 |
| 47.52 | Helen Thayer | 1938 | 14 March 1959 |

WOMENS OPEN Hammer Throw

| | | | |
|-------|----------------------|-------------------|------------------|
| 65.91 | Tasha Williams | 31 July 1973 | 24 February 2001 |
| 62.28 | Julia Ratcliffe | 14 July 1993 | 19 February 2011 |
| 61.70 | Ayla Gill | 5 January 1991 | 18 March 2011 |
| 58.32 | Valerie Adams | 6 October 1984 | 6 April 2002 |
| 55.88 | Michelle Phillips | 31 July 1979 | 4 December 1999 |
| 55.44 | Teresa Came | 5 July 1973 | 3 March 1995 |
| 55.14 | Jessica Charlesworth | 30 December 1987 | 28 June 2009 |
| 54.58 | Debbie McCaw | 1 January 1980 | 6 March 2005 |
| 53.59 | Nicole Bradley | 23 April 1992 | 12 November 2011 |
| 52.39 | Millie McNie | 19 May 1989 | 26 November 2011 |
| 51.70 | Andrea Vigers | 13 August 1983 | 16 February 2007 |
| 51.33 | Birgitte Evans | 10 October 1978 | 26 April 2001 |
| 51.20 | Belinda King | 19 September 1977 | 27 February 1999 |
| 49.09 | Rebecca Hodgson | 15 August 1993 | 26 November 2011 |
| 48.87 | Adrienne Lynn | 8 December 1973 | 11 March 2000 |
| 47.60 | Che Kenneally | 2 February 1995 | 13 August 2011 |
| 46.96 | Raylene Bates | 14 November 1965 | 5 February 1994 |
| 46.84 | Stacey Rogers | 16 June 1980 | 18 December 1998 |
| 46.80 | Christine King | 29 August 1964 | 2 March 1996 |
| 46.24 | Sarah Button | 12 February 1993 | 15 January 2011 |

WOMENS OPEN Javelin Throw

| | | | |
|-------|--------------------|------------------|------------------|
| 54.14 | Kirsten Hellier | 6 October 1969 | 12 February 1999 |
| 50.11 | Hannah Blair | 31 October 1987 | 6 February 2010 |
| 49.50 | Andrea McBride | 21 May 1982 | 27 February 2000 |
| 49.42 | Keshia Grant | 11 January 1987 | 29 March 2009 |
| 48.68 | Stephanie Wrathall | 25 December 1989 | 8 May 2010 |

ALL TIME TOP 20

| | | | |
|-------|-----------------------|-------------------|------------------|
| 48.61 | Hayley Wilson | 15 July 1977 | 13 March 1999 |
| 48.48 | Rebecca Wardell | 21 December 1977 | 21 March 2006 |
| 47.54 | Phillipa Charlesworth | 11 April 1991 | 14 December 2008 |
| 45.91 | Carli Botes | 19 September 1991 | 14 December 2008 |
| 44.65 | Leah Morgan | 18 March 1975 | 28 February 1999 |
| 44.35 | Jennifer Greatbatch | 2 August 1983 | 1 April 2001 |
| 43.40 | Megan Aikenhead | 4 September 1988 | 11 December 2005 |
| 42.94 | Kim Blackwood | 15 July 1975 | 6 November 1999 |
| 42.79 | Emily Baker | 15 December 1986 | 30 March 2008 |
| 42.41 | Tori Peeters | 17 May 1994 | 23 June 2011 |
| 42.30 | Zoe Johnson | | 7 February 2009 |
| 41.77 | Joanne Henry | 2 October 1971 | 31 January 1999 |
| 41.73 | Amanda Murphy | 20 September 1985 | 23 March 2002 |
| 41.48 | Melina Hamilton | 15 June 1976 | 28 November 1999 |
| 41.06 | Kristin Gordon | 5 June 1984 | 25 February 2001 |
| 41.06 | Stacey Peeters | 30 March 1992 | 20 February 2010 |

WOMENS OPEN Heptathlon

| | | | |
|------|------------------------|-------------------|-------------------|
| 6278 | Joanne Henry | 2 October 1971 | 1 March 1992 |
| 6108 | Rebecca Wardell | 21 December 1977 | 21 June 2008 |
| 5752 | Sarah Cowley | 3 February 1984 | 13 February 2011 |
| 5709 | Terry Genge | 27 July 1957 | 3 April 1983 |
| 5658 | Carmel Corbett | 28 December 1972 | 21 April 1995 |
| 5637 | Veronica Torr | 17 May 1987 | 25 September 2011 |
| 5511 | Lyn Osmer | 14 June 1960 | 27 July 1986 |
| 5324 | Karen Forbes-Henry | 12 July 1959 | 1 April 1984 |
| 5244 | Cassandra Kelly | 29 June 1963 | 28 January 1990 |
| 4998 | Debbie Sumpter-Fern | | 17 March 1991 |
| 4979 | Jenni Dryburgh | 30 August 1978 | 4 April 2004 |
| 4978 | Bridgette Pateman | 2 September 1979 | 26 March 2000 |
| 4976 | Jennifer Edmond | 18 September 1978 | 23 March 1997 |
| 4960 | Lynette Massey | 10 September 1962 | 31 January 1983 |
| 4910 | Tracy Phillips | 8 January 1968 | 22 October 1989 |
| 4901 | Melina Hamilton | 15 June 1976 | 17 March 1996 |
| 4900 | Leanne Stapylton-Smith | 30 July 1966 | 18 December 1988 |
| 4886 | Noeline Hodgins | 25 December 1956 | 31 October 1981 |
| 4885 | Portia Bing | 17 April 1993 | 13 February 2011 |
| 4871 | Elizabeth Binns | 20 May 1971 | 1993 |

Records Set in 2011

Records set in 2011

List compiled by Murray McKinnon

Men

| Event | Perf | Name | Affiliation | Date | Venue |
|----------------|---------|-------------|-------------|-----------------|-------------|
| Shot Put (N,R) | 20.01 | JACKO GILL | Takapuna | 23 April 2011 | North Shore |
| 1500m (N) | 3:31.79 | NICK WILLIS | Hutt Valley | 22 July 2011 | Monaco, MON |
| Shot Put (N,R) | 20.38 | JACKO GILL | Takapuna | 5 December 2011 | North Shore |

Women

| | | | | | |
|--------------------|----------|-----------------|--------------------|-------------------|-------------------|
| Half-Marathon (N) | 1:07:36 | KIMBERLEY SMITH | Counties Manukau | 13 February 2011 | New Orleans, USA |
| Shot Put (A,R) | 20.33 | VALERIE ADAMS | Pakuranga | 27 February 2011 | Auckland |
| Shot Put (A,R) | 20.54 | VALERIE ADAMS | Auckland | 26 March 2011 | Dunedin |
| 1500m (N) | 4:04.82 | NIKKI HAMBLIN | North Harbour Bays | 22 July 2011 | Barcelona, ESP |
| Half-Marathon (N) | 1:07:11 | KIMBERLEY SMITH | Counties Manukau | 18 September 2011 | Philadelphia, USA |
| 20km Road Race (N) | 1:03:38+ | KIMBERLEY SMITH | Counties Manukau | 18 September 2011 | Philadelphia, USA |
| Shot Put (N) | 21.24 | VALERIE ADAMS | New Zealand | 29 August 2011 | Daegu, KOR |
| Shot Put (indoor) | 20.51 | VALERIE ADAMS | Pakuranga | 7 September 2011 | Zurich, SUI |

Men 19

| | | | | | |
|--------------|-------|------------------|-------------------|-----------------|------------|
| 400m Hurdles | 51.25 | MICHAEL COCHRANE | Tauranga Ramblers | 15 January 2011 | Auckland |
| 400m Hurdles | 50.62 | MICHAEL COCHRANE | Tauranga Ramblers | 26 January 2011 | Wellington |
| 110m Hurdles | 14.06 | MICHAEL COCHRANE | Tauranga Ramblers | 12 March 2011 | Auckland |

Men 19,18

| | | | | | |
|----------------|-------|------------|----------|-----------------|-------------|
| Shot Put (6kg) | 21.36 | JACKO GILL | Auckland | 26 March 2011 | Dunedin |
| Shot Put (6kg) | 22.31 | JACKO GILL | Takapuna | 5 December 2011 | North Shore |

Men 17

| | | | | | |
|--------------|-------|-----------------|-------------------------|------------------|-------------|
| 110m Hurdles | 13.66 | JOSHUA HAWKINS | Auckland City Athletics | 18 June 2011 | North Shore |
| 110m Hurdles | 13.44 | JOSHUA HAWKINS | New Zealand | 8 July 2011 | Lille, FRA |
| Long Jump | 7.36 | BRENDON BARNETT | Athletics Nelson | 26 November 2011 | Nelson |

Men 17,16

| | | | | | |
|----------------------|-------|--------------------|--------------------|------------------|-------------|
| Pole Vault | 4.90 | NICHOLAS SOUTHGATE | North Harbour Bays | 6 February 2011 | Auckland |
| Pole Vault | 4.95 | NICHOLAS SOUTHGATE | New Zealand | 12 March 2011 | Sydney, AUS |
| Shot Put (5kg) | 24.35 | JACKO GILL | New Zealand | 7 July 2011 | Lille, FRA |
| Discus Throw (1.5kg) | 62.05 | JACKO GILL | Takapuna | 27 August 2011 | North Shore |
| Shot Put (5kg) | 24.45 | JACKO GILL | Takapuna | 19 December 2011 | North Shore |

Men 16

| | | | | | |
|----------------------|-------|-----------------|------------------|------------------|-------------|
| Long Jump | 7.19 | BRENDON BARNETT | Athletics Nelson | 26 February 2011 | Wellington |
| Discus Throw (1.5kg) | 59.15 | JACKO GILL | Takapuna | 7 May 2011 | Noumea, NCL |

Women 19

| | | | | | |
|----------------|----------|--|--------------------|----------------|-------------|
| 10000m | 33:18.26 | DANIELLE TREVIS | North Harbour Bays | 4 January 2011 | Tauranga |
| 4 x 400m Relay | 3:45.27 | NEW ZEALAND (KRISTIE BAILLIE, HAZEL BOWERING SCOTT, ANGELA SMIT, ABIGAIL WATSON) | | 19 March 2011 | Sydney, AUS |

Women 19,18,17

| | | | | | |
|--------------|-------|--------------------|---------------------|------------------|-------------|
| Hammer Throw | 62.28 | JULIA RATCLIFFE | Hamilton City Hawks | 19 February 2011 | Hamilton |
| Pole Vault | 4.05 | KERRY CHARLESWORTH | New Zealand | 12 March 2011 | Sydney, AUS |

Women 16

| | | | | | |
|--------------|-------|------------------|------------------|-----------------|------------|
| Discus Throw | 53.16 | SIOSITINA HAKEAI | Counties Manukau | 28 January 2011 | Wellington |
|--------------|-------|------------------|------------------|-----------------|------------|

+ en route to longer distance

A All-comers Record - N National Record - R Resident Record

New Zealand Records

New Zealand Mens Allcomers Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|--------------------|-------------|---|-------------|--------------------|--------------|
| 100 metres | 10.02 | LINFORD CHRISTIE | England | 28 January 1990 | Auckland |
| 200 metres | 20.29 | FRANKIE FREDERICKS | Namibia | 12 February 1999 | Hamilton |
| 400 metres | 44.60 | DARREN CLARK | Australia | 28 January 1990 | Auckland |
| 800 metres | 1:43.91 | JOHN KIPKURGAT | Kenya | 29 January 1974 | Christchurch |
| 1500 metres | 3:32.16 | FILBERT BAYI | Tanzania | 2 February 1974 | Christchurch |
| 1 Mile | 3:50.6 | JOHN WALKER | Auckland | 19 March 1981 | Auckland |
| 2000 metres | 5:07.73 | PHIL CLODE | Auckland | 20 January 1993 | Wellington |
| 3000 metres | 7:45.94 | KERRY RODGER | Auckland | 20 January 1990 | Auckland |
| 3000m Steeplechase | 8:20.64 | JULIUS KARIUKI | Kenya | 28 January 1990 | Auckland |
| 5000 metres | 13:14.4 | BEN JIPCHO | Kenya | 29 January 1974 | Christchurch |
| 10000 metres | 27:46.4 | RICHARD TAYLER | Wellington | 25 January 1974 | Christchurch |
| 20000 metres | 59:11.4 | TOSHIHIKO SEK | Japan | 22 March 1981 | Christchurch |
| 1 Hour | 20280m | TOSHIHIKO SEKO | Japan | 22 March 1981 | Christchurch |
| 25000 metres | 1:13:55.8 | TOSHIHIKO SEKO | Japan | 22 March 1981 | Christchurch |
| 30000 metres | 1:29:18.8 | TOSHIHIKO SEKO | Japan | 22 March 1981 | Christchurch |
| 110m Hurdles | 13.08 | COLIN JACKSON | Wales | 28 January 1990 | Auckland |
| 400m Hurdles | 48.83 | ALAN PASCOE | England | 29 January 1974 | Christchurch |
| High Jump | 2.36 | NICK SAUNDERS | Bermuda | 1 February 1990 | Auckland |
| Pole Vault | 6.00 | DMITRY MARKOV | Russia | 20 February 1998 | North Shore |
| Long Jump | 8.05 | BOB THOMAS | Northland | 20 January 1968 | Whangarei |
| Triple Jump | 17.12 | KEN LORRAWAY | Australia | 25 January 1981 | Auckland |
| Shot Put | 20.76 | GEOFF CAPE | England | 26 January 1980 | Auckland |
| Discus Throw | 66.81 | VIRGILIUS ALENKA | Lithuania | 17 February 1999 | North Shore |
| Hammer Throw | 80.30 | LANCE DEAL | USA | 21 February 1998 | North Shore |
| Javelin Throw | 91.46 | STEVE BACKLEY | England | 25 January 1992 | North Shore |
| Decathlon | 8525 points | MIKE SMITH | Canada | 28-29 January 1990 | Auckland |
| 4x100m Relay | 38.67 | ENGLAND (CLARENCE CALLENDER, JOHN REGIS, MARCUS ADAM, LINFORD CHRISTIE) | | 3 February 1990 | Auckland |
| 4x200m Relay | 1:23.82 | NEW ZEALAND (DON MACDONALD, DALLAS ROBERTS, GENE PATEMAN, CRAIG BEARDA) | | 25 January 2004 | North Shore |
| 4x400m Relay | 3:02.48 | KENYA (SAMPSON KITUR, STEPHEN MWANZIA, DAVID KITUR, SIMON KIPKEMBOI) | | 3 February 1990 | Auckland |
| 4x800m Relay | 7:27.2 | OTAGO (STEPHEN LUNN, RICHARD TAYLER, STUART MELVILLE, BRUCE HUNTER) | | 17 March 1971 | Dunedin |
| 4x1500m Relay | 14:50.2 | NEW ZEALAND (STUART MELVILLE, ROD DIXON, DICK QUAX, JOHN WALKER) | | 17 May 1975 | Auckland |
| 3000m Walk | 11:21.50 | CRAIG BARRETT | Hamilton | 2 February 1997 | Wanganui |
| 20000m Walk | 1:25:53.8 | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |
| 30000m Walk | 2:09:20.4 | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |
| 50000m Walk | 3:52:35.55 | CRAIG BARRETT | Hamilton | 17 March 2002 | Christchurch |
| 2 Hour Walk | 27820m | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |

New Zealand Mens National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|-------------------|------------------|---|--------------------|-------------------|------------------|
| 100 metres | 10.11 | AUGUSTINE NKETIA | Auckland | 22 August 1994 | Victoria, CAN |
| 200 metres | 20.42 | CHRIS DONALDSON | Otago | 2 March 1997 | Melbourne, AUS |
| 400 metres | 46.09 | SHAUN FARRELL | Canterbury | 7 March 1998 | Wanganui |
| 800 metres | 1:44.3 | PETER SNELL | Auckland | 3 February 1962 | Christchurch |
| 1000 metres | 2:16.6 (HT) | PETER SNELL | Auckland | 12 November 1964 | Auckland |
| | 2:16.57 | JOHN WALKER | Auckland | 1 July 1980 | Oslo, NOR |
| 1500 metres | 3: 31.79 | NICK WILLIS | Hutt Valley | 22 July 2011 | Monaco, MON |
| 1 Mile | 3:49.08 | JOHN WALKER | Auckland | 7 July 1982 | Oslo, NOR |
| 2000 metres | 4:51.4 | JOHN WALKER | Auckland | 30 June 1976 | Oslo, NOR |
| 3000 metres | 7:37.49 | JOHN WALKER | Auckland | 17 July 1982 | London, GBR |
| 3000m Steeple | 8:14.05 | PETER RENNER | Canterbury | 29 August 1984 | Koblenz, GER |
| 5000 metres | 13:10.19 | ADRIAN BLINCOE | Auckland | 20 July 2008 | Heusden BEL |
| 10000 metres | 27:41.95 | DICK QUAX | Auckland | 9 September 1977 | London, GBR |
| 20000 metres | 59:28.6 | BILL BAILLIE | Auckland | 24 August 1963 | Auckland |
| 1 Hour | 20190m | BILL BAILLIE | Auckland | 24 August 1963 | Auckland |
| 25000 metres | 1:16.29 | JACK FOSTER | Waikato | 15 August 1971 | Hamilton |
| 30000 metres | 1:32:18.6 | JACK FOSTER | Waikato | 15 August 1971 | Hamilton |
| 110m Hurdles | 13.71 | JAMES MORTIMER | North | 11 March 2007 | Brisbane, AUS |
| 400m Hurdles | 49.90 | NIC O'BRIEN | Counties Manukau | 4 May 2003 | Storrs, USA |
| High Jump | 2.30 | GLENN HOWARD | North Harbour Bays | 12 March 2000 | Christchurch |
| Pole Vault | 5.51 | PAUL GIBBONS | Auckland | 25 January 1992 | North Shore |
| | 5.51 | PAUL GIBBONS | Auckland | 9 July 1997 | Blackburn, GBR |
| Long Jump | 8.05 | BOB THOMAS | Northland | 20 January 1968 | Whangarei |
| Triple Jump | 16.22 | PHIL WOOD | Auckland | 2 August 1978 | Edmonton, CAN |
| Shot Put | 20.38 | JACKO GILL | Takapuna | 5 December 2011 | North Shore |
| Discus Throw | 65.03 | IAN WINCHESTER | Counties Manukau | 21 May 2002 | Salinas, USA |
| Hammer Throw | 73.10 | ANGUS COOPER | Auckland | 23 January 1994 | Hamilton |
| Javelin Throw | 88.20 | GAVIN LOVEGROVE | Auckland | 5 July 1996 | Oslo, NOR |
| Decathlon | 8366 points (HT) | SIMON POLEMAN | Auckland | 21-22 March 1987 | Christchurch |
| 4x100m Relay | 38.99 | NEW ZEALAND (DALLAS ROBERTS, DAVID FALEALILI, JAMES DOLPHIN, CHRIS DONALDSON) | | 19 November 2005 | Sydney, AUS |
| 4x200m Relay | 1:23.82 | NEW ZEALAND (DON MACDONALD, DALLAS ROBERTS, GENE PATEMAN, CRAIG BEARDA) | | 25 January 2004 | North Shore |
| 4x400m Relay | 3:05.84 | NEW ZEALAND (SHAUN FARRELL, NICK COWAN, DARREN DALE, MARK KEDDELL) | | 21 August 1993 | Stuttgart, GER |
| 4x800m Relay | 7:27.2 | OTAGO (STEPHEN LUNN, RICHARD TAYLER, STUART MELVILLE, BRUCE HUNTER) | | 17 March 1971 | Dunedin |
| 4x1500m Relay | 14:50.2 | NEW ZEALAND (STUART MELVILLE, ROD DIXON, DICK QUAX, JOHN WALKER) | | 17 May 1975 | Auckland |
| 3000m Walk | 11:21.50 | CRAIG BARRETT | Hamilton | 2 February 1997 | Wanganui |
| 20000m Walk | 1:25:53.8 | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |
| 30000m Walk | 2:09:20.4 | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |
| 50000m Walk | 3:52:35.55 | CRAIG BARRETT | Hamilton | 17 March 2002 | Christchurch |
| 2 Hour Walk | 27820m | CRAIG BARRETT | Hamilton | 19 July 1998 | North Shore |
| 10k Road Race | 28:04 | JONATHAN WYATT | New Zealand | 27 November 1996 | Chiba, JAP |
| 15k Road Race | Standard TBA | | | | |
| 20k Road Race | Standard TBA | | | | |
| Half Marathon | 1:02:12 | ROD DIXON | Nelson | 20 September 1981 | Philadelphia USA |
| 25k Road Race | Standard TBA | | | | |
| 30k Road Race | Standard TBA | | | | |
| Marathon | 2:08:59 | ROD DIXON | Nelson | 23 October 1983 | New York, USA |
| 100k Road Race | 6:46:50 | MARTIN LUKES | New Zealand | 8 September 2007 | Winschoten, NED |
| 20k Road Walk | 1:22:20 | CRAIG BARRETT | Hamilton | 26 January 1998 | Adelaide, AUS |
| 50k Road Walk | 3:48:04 | CRAIG BARRETT | Hamilton | 16 June 2001 | New Plymouth |
| Ekiden Road Relay | 2:00:56 | NEW ZEALAND (PETER RENNER, DAVID RUSH, PAUL SMITH, KERRY RODGER, REX WILSON) | | 15 December 1991 | Chiba, JAP |

New Zealand M19 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|-----------------------|-------------|--|-------------------------------|-------------------|------------------|
| 100 metres | 10.35 | DAVID AMBLER | Christchurch Old Boys' United | 13 March 2009 | Christchurch |
| 200 metres | 20.94 | DALE MCCLUNIE | Hamilton | 30 January 1985 | Melbourne, AUS |
| 400 metres | 46.31 | SHAUN FARRELL | Canterbury | 22 July 1994 | Lisbon, POR |
| 800 metres | 1:48.73 | JASON STEWART | Hawkes Bay Gisborne | 26 January 2000 | Papakura |
| 1000 metres | 2:22.0 (HT) | CARL MACKENZIE | Valleys United | 24 March 2007 | Wellington |
| 1500 metres | 3:40.82 | EDWARD CROWE | Southland | 20 September 1992 | Seoul, KOR |
| 1 Mile | 4:01.15 | MAX SMITH | Otago | 20 March 2004 | Dunedin |
| 3000 metres | 8: 00.20 | RICHARD POTTS | Hawkes Bay Gisborne | 2 March 1991 | Auckland |
| 3000m Steeple | 8:51.8 | PETER RENNER | Canterbury | 11 March 1978 | Christchurch |
| 5000 metres | 13:49.01 | RICHARD POTTS | Hawkes Bay Gisborne | 26 November 1989 | Auckland |
| 10000 metres | 29:14.23 | AARON PULFORD | New Zealand | 20 July 2010 | Moncton, CAN |
| 110m Hurdles (990mm) | 14.06 | MICHAEL COCHRANE | Tauranga Ramblers | 12 March 2011 | Auckland |
| 400m Hurdles (914mm) | 50.62 | MICHAEL COCHRANE | Tauranga Ramblers | 28 January 2011 | Wellington |
| High Jump | 2.23 | GLENN HOWARD | Canterbury | 3 February 1996 | Christchurch |
| Pole Vault | 5.40 | PAUL GIBBONS | Auckland | 31 March 1991 | Christchurch |
| Long Jump | 7.68 | GRANT BIRKINSHAW | Hawkes Bay Poverty Bay | 28 February 1969 | Hamilton |
| Triple Jump | 15.86 | DAVID NORRIS | Auckland | 7 March 1959 | Palmerston North |
| Shot Put (6kg) | 22.31 | JACKO GILL | Takapuna | 5 December 2011 | North Shore |
| Discus Throw (1.75kg) | 58.80 | MARK ROBINSON | Auckland | 3 February 1979 | Auckland |
| Hammer Throw (6kg) | 67.16 | STANDARD | | | |
| Javelin Throw (800g) | 79.60 | GAVIN LOVEGROVE | Waikato | 8 March 1987 | Wellington |
| Decathlon | 7807 points | JORDAN VANDERMADE | Auckland | 16-17 August 2006 | Beijing, CHN |
| 4x100m Relay | 40.11 | NEW ZEALAND JUNIORS (DONALD MACDONALD, MICHAEL O'CONNOR, COREY CHASE, DEAN WISE) | | 25 August 1996 | Sydney, AUS |
| 4x400m Relay | 3:07.25 | NEW ZEALAND JUNIORS (ZION ARMSTRONG, MARK KEDDELL, CHRIS DONALDSON, SHAUN FARRELL) | | 24 July 1994 | Lisbon, POR |
| 3000m Walk | 12:16.8 | GRAEME JONES | Hawkes Bay Gisborne | 13 February 1993 | Hastings |
| 10000m Walk | 43:52.58 | TONY SARGISSON | Auckland | 11 February 1995 | North Shore |

New Zealand M18 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|-----------------------|-------------|---|---------------------|------------------|-------------------|
| 100 metres | 10.53 | TODD BLYTH | Waikato | 7 March 1993 | Wellington |
| 200 metres | 20.94 | DALE MCCLUNIE | Hamilton | 30 January 1985 | Melbourne, AUS |
| 400 metres | 46.38 | MARK KEDDELL | Canterbury | 30 January 1993 | North Shore |
| 800 metres | 1:48.73 | JASON STEWART | Hawkes Bay Gisborne | 26 January 2000 | Papakura |
| 1000 metres | 2:24 | STANDARD | | | |
| 1500 metres | 3:43.54 | NICK WILLIS | Hutt Valley | 15 July 2001 | Lappeenranta, FIN |
| 1 Mile | 4:01.32 | NICK WILLIS | Hutt Valley | 21 January 2001 | Wanganui |
| 3000 metres | 8:09.61 | DOMINIC CHANNON | Nelson | 6 February 2008 | Wellington |
| 3000m Steeple | 8:51.8 | PETER RENNER | Canterbury | 11 March 1978 | Christchurch |
| 5000 metres | 13:49.01 | RICHARD POTTS | Hawkes Bay Gisborne | 26 November 1989 | Auckland |
| 10000 metres | 29:14.23 | AARON PULFORD | New Zealand | 20 July 2010 | Moncton, CAN |
| 110m Hurdles (990mm) | 14.22 | JAMES MORTIMER | North | 25 March 2001 | Brisbane, AUS |
| 400m Hurdles (914mm) | 51.99 | NICHOLAS O'BRIEN | Hamilton | 19 July 1998 | Brussels, BEL |
| High Jump | 2.17 | GLENN HOWARD | Canterbury | 4 March 1994 | Hamilton |
| Pole Vault | 5.00 | PAUL GIBBONS | Auckland | 20 January 1990 | Auckland |
| Long Jump | 7.60 | TOM DAVIE | Otago | 14 February 2004 | North Shore |
| Triple Jump | 15.64 | DAVID NORRIS | Auckland | 12 July 1958 | London, GBR |
| Shot Put (6kg) | 22.31 | JACKO GILL | Takapuna | 5 December 2011 | North Shore |
| Discus Throw (1.75kg) | 56.00 | STANDARD | | | |
| Hammer Throw (6kg) | 65.00 | STANDARD | | | |
| Javelin Throw (800g) | 77.00 | STANDARD | | | |
| Decathlon | 7600 points | STANDARD | | | |
| 4x100m Relay | 42.04 | WAIKATO (ANDREW HEATON, DOUG HOPE, DALE MCCLUNIE, WAYNE STEELE) | | 3 March 1984 | Hastings |
| 4x400m Relay | 3:13.70 | NEW ZEALAND (DANIEL DYET, MATTHEW ROBINSON, ALEX JORDAN, JOSEPH MILLAR) | | 4 March 2010 | Melbourne, AUS |
| 3000m Walk | 12:25.90 | ANDREW CAUSER | Canterbury | 16 March 1991 | Christchurch |
| 10000m Walk | 45:15 | STANDARD | | | |

New Zealand M17 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|---|---------------------|------------------|------------------|
| 100 metres | 10.59 | CHRIS DONALDSON | New Zealand | 20 March 1993 | Sydney, AUS |
| 200 metres | 21.11 | CHRIS DONALDSON | Otago | 6 March 1993 | Wellington |
| 400 metres | 46.38 | MARK KEDDELL | Canterbury | 30 January 1993 | North Shore |
| 800 metres | 1:48.98 | NICHOLAS WILLIS | Wellington | 16 February 2001 | Hamilton |
| 1500 metres | 3:46.10 | EDWARD CROWE | Southland | 28 July 1990 | London, GBR |
| 3000 metres | 8:12.7 | GARIT READ | Waikato BoP | 3 December 2002 | Palmerston North |
| 2000m Steeple | 5:49.83 | NEIL SARGISSON | Hawkes Bay Gisborne | 12 December 1987 | Brisbane, AUS |
| 110m Hurdles (914mm) | 13.44 | JOSHUA HAWKINS | New Zealand | 8 July 2011 | Lille, FRA |
| 300m Hurdles (840mm) | 37.35 | MARK EDMOND | Canterbury | 4 December 1994 | Invercargill |
| High Jump | 2.17 | GLENN HOWARD | Canterbury | 4 March 1994 | Hamilton |
| Pole Vault | 4.95 | NICHOLAS SOUTHGATE | New Zealand | 12 March 2011 | Sydney, AUS |
| Long Jump | 7.36 | BRENDON BARNETT | Athletics Nelson | 26 November 2011 | Nelson |
| Triple Jump | 15.16 | NIGEL AVERY | Auckland | 3 March 1985 | Auckland |
| Shot Put (5kg) | 24.45 | JACKO GILL | Takapuna | 19 December 2011 | North Shore |
| Discus Throw (1.5kg) | 62.05 | JACKO GILL | Takapuna | 27 August 2011 | North Shore |
| Hammer Throw (5kg) | 67.14 | PETER GIBBS | Waikato | 18 March 1989 | Hamilton |
| Javelin Throw (700g) | 77.12 | GAVIN LOVEGROVE | Waikato | 27 October 1984 | Hamilton |
| Octathlon | 6379 points | JORDAN VANDERMADE | Auckland | 23 April 2005 | Auckland |
| 4x100m Relay | 42.04 | WAIKATO (ANDREW HEATON, DOUG HOPE, DALE MCCLUNIE, WAYNE STEELE) | | 3 March 1984 | Hastings |
| 4x400m Relay | 3:14.26 | NEW ZEALAND (FRAZER WICKES, SHAUN MCFARLANE, TAMA TOKI, MATTHEW ROBINSON) | | 16 October 2008 | Pune, IND |
| 3000m Walk | 12:25.90 | ANDREW CAUSER | Canterbury | 16 March 1991 | Christchurch |

New Zealand M16 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|--------------------|---------------------|------------------|---------------|
| 100 metres | 10.80 | JOSEPH MILLAR | Tauranga Ramblers | 30 June 2009 | Brisbane, AUS |
| 200 metres | 21.50 | STANDARD | | | |
| 400 metres | 47.68 | FRAZER WICKES | New Zealand | 15 October 2008 | Pune, IND |
| 800 metres | 1:51.49 | JASON STEWART | Napier | 21 February 1998 | North Shore |
| 1500 metres | 3:46.98 | DALLAS BOWDEN | Nelson | 21 February 2007 | Christchurch |
| 3000 metres | 8:20.00 | STANDARD | | | |
| 2000m Steeple | 5:57.50 | TEREFE EJIGU | Wellington | 21 October 2005 | Sydney, AUS |
| 110m Hurdles (914mm) | 14.09 | JOSHUA HAWKINS | Auckland | 12 December 2010 | Hastings |
| 300m Hurdles (840mm) | 37.71 | CAMPBELL WU | Auckland | 13 December 2009 | Timaru |
| High Jump | 2.10 | STANDARD | | | |
| Pole Vault | 4.95 | NICHOLAS SOUTHGATE | New Zealand | 12 March 2011 | Sydney, AUS |
| Long Jump | 7.19 | BRENDON BARNETT | Athletics Nelson | 26 February 2011 | Wellington |
| Triple Jump | 14.89 | DAVID NORRIS | Auckland | 3 March 1956 | Hamilton |
| Shot Put (5kg) | 24.45 | JACKO GILL | Takapuna | 19 December 2011 | North Shore |
| Discus Throw (1.5kg) | 62.05 | JACKO GILL | Takapuna | 27 August 2011 | North Shore |
| Hammer Throw (5kg) | 63.36 | RYAN TINKLE | Wellington | 24 January 2009 | Hastings |
| Javelin Throw (700g) | 65.00 | STANDARD | | | |
| Octathlon | 6000 points | STANDARD | | | |
| 4x100m Relay | 42.50 | STANDARD | | | |
| 4x400m Relay | 3:20.00 | STANDARD | | | |
| 3000m Walk | 12:50.34 | DANIEL LORD | South Canterbury AC | 2 February 2008 | Timaru |

New Zealand Womens Allcomers Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|--------------------|--------------|---|-------------|--------------------|--------------|
| 100 metres | 11.19 | KERRY JOHNSON | Australia | 28 January 1990 | Auckland |
| 200 metres | 22.50 | RAELENE BOYLE | Australia | 29 January 1974 | Christchurch |
| 400 metres | 51.08 | FATIMA YUSUF | Nigeria | 28 January 1990 | Auckland |
| 800 metres | 1:59.50 | REGINA JACOBS | USA | 13 January 1998 | Christchurch |
| 1500 metres | 4:04.1 | MARY DECKER | USA | 26 January 1980 | Auckland |
| 1 Mile | 4:21.7 | MARY DECKER | USA | 26 January 1980 | Auckland |
| 2000 metres | 5:48 | STANDARD | | 29 October 1995 | |
| 3000 metres | 8m:36.3 | GRETE WAITZ | Norway | 20 January 1979 | Christchurch |
| 3000m Steeplechase | 9:47.99 | KATE MCILROY | Wellington | 28 January 2006 | Christchurch |
| 5000 metres | 15:09.32 | NYLA CARROLL | Taranaki | 13 January 1996 | Christchurch |
| 10000 metres | 32:00.17 | ANNE AUDAIN | Auckland | 9 December 1989 | Auckland |
| 20000 metres | 1:12:30 | STANDARD | | 29 October 1995 | |
| 1 Hour | 16500m | STANDARD | | 29 October 1995 | |
| 25000 metres | 1:38:30 | STANDARD | | 29 October 1995 | |
| 30000 metres | 1:57:00 | STANDARD | | 29 October 1995 | |
| 100m Hurdles | 12.91 | KAY MORLEY | Wales | 2 February 1990 | Auckland |
| 400m Hurdles | 55.38 | SALLY GUNNELL | England | 29 January 1990 | Auckland |
| High Jump | 1.92 | HISAYO FUKUMITSU | Japan | 21 January 1981 | Hamilton |
| | | TANIA MURRAY | Otago | 26 January 1991 | Dunedin |
| Pole Vault | 4.57 | EMMA GEORGE | Australia | 21 February 1998 | North Shore |
| Long Jump | 6.78 | JANE FLEMMING | Australia | 2 February 1990 | Auckland |
| Triple Jump | 13.77 | CYNTHIA RHODES | USA | 25 January 1997 | North Shore |
| Shot Put | 20.54 | VALERIE ADAMS | Auckland | 26 March 2011 | Dunedin |
| Discus Throw | 68.72 | DANIELA COSTIAN | Australia | 22 January 1994 | Auckland |
| Hammer Throw | 68.83 | OLGA KUZENKOVA | Russia | 12 February 1999 | Hamilton |
| Javelin Throw | 61.17 | OKSANA MAKAROVA | Russia | 12 February 1999 | Hamilton |
| Heptathlon | 6695 points | JANE FLEMMING | Australia | 27/28 January 1991 | Auckland |
| Decathlon | Standard TBA | | | | |
| 4x100m Relay | 43.51 | AUSTRALIA (JENNY LAMY, DENISE ROBERTSON, ROBIN BOAK, RAELENE BOYLE) | | 2 February 1974 | Christchurch |
| 4x200m Relay | 1:40.00 | STANDARD | | 29 October 1995 | |
| 4x400m Relay | 3:28.08 | ENGLAND (ANGELA PIGGFORD, JENNIFER STOUTE, SALLY GUNNELL, LINDA KEOUGH) | | 3 February 1990 | Auckland |
| 4x800m Relay | 8:56.00 | STANDARD | | 29 October 1995 | |
| 3000m Walk | Standard TBA | | | | |
| 5000m Walk | 21:56.8 | ANNE JUDKINS | Auckland | 25 April 1992 | Auckland |
| 10000m Walk | 44:44.0 | ANNE JUDKINS | Auckland | 25 April 1992 | Auckland |
| 20000m Walk | 1:39:23.1 | JENNI JONES-BILLINGTON | Auckland | 20 November 1994 | Auckland |

NEW ZEALAND RECORDS

New Zealand Womens National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|-------------------|--------------|---|---------------------|-------------------|---------------------------|
| 100 metres | 11.32 | MICHELLE SEYMOUR | Wellington | 25 February 1993 | Melbourne, AUS |
| 200 metres | 22.90 | MONIQUE WILLIAMS | New Zealand | 20 August 2009 | Berlin GER |
| 400 metres | 51.60 | KIM ROBERTSON | Auckland | 19 January 1980 | Christchurch |
| 800 metres | 1:58.25 | TONI HODGKINSON | Auckland | 27 July 1996 | Atlanta, USA |
| 1000 metres | 2:38.54 | ALISON WRIGHT | Auckland | 17 August 1979 | Berlin, GER |
| 1500 metres | 4:04.82 | NIKKI HAMBLIN | North Harbour Bays | 22 July 2011 | Barcelona, ESP |
| 1 Mile | 4:30.50 | CHRISTINE PFITZINGER | Auckland | 6 July 1987 | Oregon, USA |
| 2000 metres | 5:44.67 | ANNE HARE | Wellington | 11 July 1986 | London (Cp) GBR |
| 3000 metres | 8:35.31 | KIMBERLEY SMITH | Auckland | 25 July 2007 | Monaco, MON |
| 3000m Steeple | 9: 32.54 | KATE MCILROY | Wellington | 22 July 2006 | Heusden, BEL |
| 5000 metres | 14:45.93 | KIMBERLEY SMITH | Auckland | 11 July 2008 | Rome, ITA |
| 10000 metres | 30:35.54 | KIMBERLEY SMITH | Auckland | 4 May 2008 | Stanford, USA |
| 20000 metres | 1:12:30 | STANDARD | | 29 October 1995 | |
| 1 Hour | 16500m | STANDARD | | 29 October 1995 | |
| 25000 metres | 1:38:30 | STANDARD | | 29 October 1995 | |
| 30000 metres | 1:57:00 | STANDARD | | 29 October 1995 | |
| 110m Hurdles | 13.10 | ANDREA MILLER | Taieri | 6 June 2009 | Geneva, SUI |
| 400m Hurdles | 56.25 | REBECCA WARDELL | Canterbury | 23 March 2003 | Dunedin |
| High Jump | 1.92 | TANIA MURRAY | Otago | 26 January 1991 | Dunedin |
| Pole Vault | 4.40 | MELINA HAMILTON | Canterbury | 12 April 2003 | Gold Coast, AUS |
| Long Jump | 6.68 | CHANTAL BRUNNER | Auckland | 1 March 1997 | Melbourne, AUS |
| | | CHANTAL BRUNNER | Auckland | 25 March 2001 | Brisbane, AUS |
| Triple Jump | 13.48 | TANIA DIXON | Otago | 2 March 1997 | Melbourne, AUS |
| Shot Put | 21.24 | VALERIE ADAMS | New Zealand | 29 August 2011 | Daegu, KOR |
| Discus Throw | 68.52 | BEATRICE FAUMUINA | Auckland | 4 July 1997 | Oslo, NOR |
| Hammer Throw | 65.91 | TASHA WILLIAMS | Canterbury | 24 February 2001 | Hastings |
| Javelin Throw | 54.14 | KIRSTEN HELLIER | Counties Manukau | 12 February 1999 | Hamilton |
| Heptathlon | 6278 points | JOANNE HENRY | Canterbury | 29/2-1/3/92 | Auckland |
| 4x100m Relay | 44.60 | NEW ZEALAND (CHANTAL BRUNNER, JANE ARNOTT, REBECCA WARDELL, CARO HUNT) | | 31 March 2001 | Auckland |
| 4x200m Relay | 1:40.00 | STANDARD | | 29 October 1995 | |
| 4x400m Relay | 3:35.90 | NEW ZEALAND (REBECCA WARDELL, ANNA SMYTHE, CARO HUNT, JANE ARNOTT) | | 13 March 1999 | Brisbane, AUS |
| 4x800m Relay | 8:56.00 | STANDARD | | 29 October 1995 | |
| 3000m Walk | Standard TBA | | | | |
| 5000m Walk | 20:59.07 | ANNE JUDKINS | Auckland | 1 July 1992 | Brunflo, SWE |
| 10000m Walk | 43:01.6 | ANNE JUDKINS | Auckland | 4 July 1992 | Varhg, SWE |
| 20000m Walk | 1:39:54.2 | LINN MURPHY | Wellington | 21 November 1993 | Auckland |
| 10k Road Race | 31:38 | KIMBERLEY SMITH | Counties Manukau | 25 May 2009 | London GBR |
| 15k Road Race | 48:14 | ANNE HANNAM | Owairaka | 29 October 1988 | Tulsa, USA |
| 20k Road Race | 1:03:38+ | KIMBERLEY SMITH | Counties Manukau | 18 September 2011 | Philadelphia, USA |
| Half Marathon | 1:07:11 | KIMBERLEY SMITH | Counties Manukau | 18 September 2011 | Philadelphia, USA |
| 25k Road Race | Standard TBA | | | | |
| 30k Road Race | 1:41:43 | KIMBERLEY SMITH | Counties Manukau | 25 April 2010 | London GBR |
| Marathon | 2:25:21 | KIMBERLEY SMITH | Counties Manukau | 25 April 2010 | London GBR |
| 100k Road Race | 8:02:15 | WYNNIE COSGROVE | New Zealand | 15 May 1999 | Chavagne-En-Pailleur, FRA |
| 20k Road Walk | 1:35:59 | GABRIELLE GORST | Hawkes Bay Gisborne | 23 March 2003 | Dunedin |
| Ekiden Road Relay | 2:15:49 | NEW ZEALAND (MARGUERITE BUIST, JACQUELINE GOODMAN, ANNE HANNAM, SONIA BARRY, LESLEY RYAN, LORRIANE MOLLER) | | 18 December 1988 | Chiba, JPN |

+ Intermediate time in longer race

New Zealand W19 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|--|---------------------|------------------|------------------|
| 100 metres | 11.55 | BRIAR TOOP | Hawkes Bay Gisborne | 28 January 1990 | Auckland |
| 200 metres | 23.69 | ANDREA KOENEN | Waitakere | 21 June 2009 | Brisbane, AUS |
| 400 metres | 53.42 | JOANNA BECKETT | Canterbury | 26 January 1975 | Christchurch |
| 800 metres | 2:03.63 | LORRAINE MOLLER | Waikato | 29 January 1974 | Christchurch |
| 1500 metres | 4:14.50 | JENNY OVERALL | Palmerston North | 20 March 1982 | Auckland |
| 1 Mile | 4:37.89 | SUE BRUCE | Canterbury | 15 January 1983 | Christchurch |
| 3000 metres | 9:05.95 | SUE BRUCE | Canterbury | 28 January 1984 | Auckland |
| 2000m Steeple | 6:42.54 | SARAH MCSWEENEY | Hamilton City Hawks | 24 March 2007 | Hamilton |
| 3000m Steeple | 9:57.74 | REBECCA FORLONG | Counties Manukau | 19 January 2006 | Sydney, AUS |
| 5000 metres | 15:56.98 | JACQUELINE GOODMAN | Tasman | 16 June 1987 | Baton Rouge, USA |
| 10000 metres | 33:18.26 | DANIELLE TREVIS | North Harbour Bays | 4 January 2011 | Tauranga |
| 100m Hurdles (840mm) | 13.77 | ANDREA MILLER | Counties Manukau | 17 October 2000 | Santiago, CHI |
| 400m Hurdles (762mm) | 58.95 | JANINE ROBSON | Auckland | 21 March 1982 | Brisbane, AUS |
| High Jump | 1.91 | TANIA MURRAY | Otago | 3 March 1990 | Christchurch |
| Pole Vault | 4.05 | KERRY CHARLESWORTH | New Zealand | 12 March 2011 | Sydney, Aus |
| Long Jump | 6.52 | MEGAN CLARKEN | Auckland | 10 March 1985 | Dunedin |
| Triple Jump | 12.77 | NNEKA OKPALA | Auckland | 30 March 2008 | Auckland |
| Shot Put (4kg) | 18.96 | VALERIE ADAMS | Auckland | 29 February 2004 | Sydney, AUS |
| Discus Throw (1kg) | 57.94 | BEATRICE FAUMUINA | Auckland | 22 January 1994 | Auckland |
| Hammer Throw (4kg) | 62.28 | JULIA RATCLIFFE | Hamilton City Hawks | 19 February 2011 | Hamilton |
| Javelin Throw (800g) | 49.50 | ANDREA MCBRIDE | Auckland | 27 February 2000 | Sydney, AUS |
| Heptathlon | 6092 points | JOANNE HENRY | Canterbury | 16-17 March 1991 | Christchurch |
| 4x100m Relay | 45.57 | NEW ZEALAND (KELLY MILLER, JANNETTE WISE, CAROLINE HUNT, JANE ARNOTT) | | 24 July 1994 | Lisbon, POR |
| 4x400m Relay | 3:45.27 | NEW ZEALAND (KRISTIE BAILLIE, HAZEL BOWERING-SCOTT, ANGELA SMIT, ABIGAIL WATSON) | | 19 March 2011 | Sydney, AUS |
| 3000m Walk | 13:41.52 | KATE NEWITT | Port Hills | 22 January 2010 | Wellington |
| 5000m Walk | 24:20.26 | KATE NEWITT | Canterbury | 12 July 2007 | Ostrava, CZE |
| 10000m Walk | 50:15.56 | KATE NEWITT | Port Hills | 19 December 2009 | Christchurch |

New Zealand W18 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|---|---------------------|--------------------|---------------|
| 100 metres | 11.55 | BRIAR TOOP | Hawkes Bay Gisborne | 28 January 1990 | Auckland |
| 200 metres | 23.78 | BRIAR TOOP | Hawkes Bay Gisborne | 26 November 1989 | Auckland |
| 400 metres | 53.42 | JOANNA BECKETT | Canterbury | 26 January 1975 | Christchurch |
| 800 metres | 2:03.63 | LORRAINE MOLLER | Waikato | 29 January 1974 | Christchurch |
| 1500 metres | 4:14.50 | JENNY OVERALL | Palmerston North | 20 March 1982 | Auckland |
| 1 Mile | 4:37.89 | SUE BRUCE | Canterbury | 15 January 1983 | Christchurch |
| 3000 metres | 9:09.26 | SUE BRUCE | Canterbury | 26 February 1983 | Christchurch |
| 2000m Steeple | 6:42.54 | SARAH MCSWEENEY | Hamilton City Hawks | 24 March 2007 | Hamilton |
| 3000m Steeple | 10:22.98 | SARAH MCSWEENEY | Hamilton City Hawks | 9 February 2008 | Hamilton |
| 5000 metres | 16:30 | STANDARD | | | |
| 10000 metres | 35:10 | STANDARD | | | |
| 100m Hurdles (840mm) | 13.77 | ANDREA MILLER | Counties Manukau | 17 October 2000 | Santiago, CHI |
| 400m Hurdles (762mm) | 58.95 | JANINE ROBSON | Auckland | 21 March 1982 | Brisbane, AUS |
| High Jump | 1.85 | ELIZABETH LAMB | Auckland | 28 March 2009 | Wellington |
| Pole Vault | 4.05 | KERRY CHARLESWORTH | New Zealand | 12 March 2011 | Sydney, AUS |
| Long Jump | 6.52 | MEGAN CLARKEN | Auckland | 10 March 1985 | Dunedin |
| Triple Jump | 12.60 | BRIDGETTE PATEMAN | Canterbury | 8 March 1998 | Wanganui |
| Shot Put (4kg) | 17.54 | VALERIE ADAMS | Auckland | 2 June 2002 | Hamilton |
| Discus Throw (1kg) | 54.34 | VALERIE ADAMS | Auckland | 2 February 2002 | Auckland |
| Hammer Throw (4kg) | 62.28 | JULIA RATCLIFFE | Hamilton City Hawks | 19 February 2011 | Hamilton |
| Javelin Throw (800g) | 49.50 | ANDREA MCBRIDE | Auckland | 27 February 2000 | Sydney, AUS |
| Heptathlon | 5764 points | JOANNE HENRY | New Zealand | 27-28 January 1990 | Auckland |
| 4x100m Relay | 45.57 | NEW ZEALAND (KELLY MILLER, JANNETTE WISE, CAROLINE HUNT, JANE ARNOTT) | | 24 July 1994 | Lisbon, POR |
| 4x400m Relay | 3:48.85 | NEW ZEALAND (ANGELA SMIT, VICTORIA PAINE, KATRINA ANDERSON, ABIGAIL WATSON) | | 6 December 2008 | Canberra, AUS |
| 3000m Walk | 13:52.07 | AMANDA GORST | Hawkes Bay Gisborne | 12 March 2004 | Wellington |
| 5000m Walk | 24:20.26 | KATE NEWITT | Canterbury | 12 July 2007 | Ostrava, CZE |
| 10000m Walk | 51:02.74 | AMANDA GORST | Hawkes Bay Gisborne | 16 July 2004 | Grosseto, ITA |

New Zealand W17 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|---|-----------------------|---------------------|----------------|
| 100 metres | 11.55 | BRIAR TOOP | Hawkes Bay Gisborne | 28 January 1990 | Auckland |
| 200 metres | 23.78 | BRIAR TOOP | Hawkes Bay Gisborne | 26 November 1989 | Auckland |
| 400 metres | 53.96 | CARLENE DILLIMORE | Waikato Bay of Plenty | 19 March 1983 | Melbourne, AUS |
| 800 metres | 2:04.32 | TONI HODGKINSON | Tasman | 26 November 1989 | Auckland |
| 1500 metres | 4:17.19 | ANNE LARDNER | Auckland | 27 February 1988 | Auckland |
| 3000 metres | 9:13.37 | ANNE LARDNER | Auckland | 13 March 1988 | Hamilton |
| 2000m Steeple | 6:42.54 | SARAH MCSWEENEY | Hamilton City Hawks | 24 March 2007 | Hamilton |
| 100m Hurdles (762mm) | 13.86 | ANDREA MILLER | Counties Manukau | 27 February 1999 | Hamilton |
| 300m Hurdles (762mm) | 42.51 | VERONIKA VAN DIJCK | Auckland | 28 February 1999 | Hamilton |
| High Jump | 1.85 | ELIZABETH LAMB | Auckland | 28 March 2009 | Wellington |
| Pole Vault | 4.05 | KERRY CHARLESWORTH | New Zealand | 12 March 2011 | Sydney, AUS |
| Long Jump | 6.27 | JESSICA PENNEY | Wellington | 12 November 2005 | Hamilton |
| Triple Jump | 12.45 | BRIDGETTE PATEMAN | Canterbury | 9 March 1997 | Christchurch |
| Shot Put (4kg) | 17.54 | VALERIE ADAMS | Auckland | 2 June 2002 | Hamilton |
| Discus Throw (1kg) | 54.34 | VALERIE ADAMS | Auckland | 2 February 2002 | Auckland |
| Hammer Throw (4kg) | 62.28 | JULIA RATCLIFFE | Hamilton City Hawks | 19 February 2011 | Hamilton |
| Javelin Throw (800g) | 49.50 | ANDREA MCBRIDE | Auckland | 27 February 2000 | Sydney, AUS |
| Heptathlon | 5136 points | JOANNE HENRY | Canterbury | 18-19 February 1989 | Hastings |
| 4x100m Relay | 47.50 | NEW ZEALAND (MICHELLE ANDERSON, SARAH COWLEY, NIKKI EARNSHAW, APRIL BROUGH) | | 7 May 2000 | Sydney, AUS |
| 4x400m Relay | 3:48.85 | NEW ZEALAND (ANGELA SMIT, VICTORIA PAINE, KATRINA ANDERSON, ABIGAIL WATSON) | | 6 December 2008 | Canberra, AUS |
| 3000m Walk | 13:52.07 | AMANDA GORST | Hawkes Bay Gisborne | 12 March 2004 | Wellington |

New Zealand W16 National Records (as at 31 Dec 2011)

| Event | Performance | Name | Affiliation | Date | Venue |
|----------------------|-------------|---|-----------------------|--------------------|----------------|
| 100 metres | 11.55 | BRIAR TOOP | Hawkes Bay Gisborne | 28 January 1990 | Auckland |
| 200 metres | 23.78 | BRIAR TOOP | Hawkes Bay Gisborne | 26 November 1989 | Auckland |
| 400 metres | 53.96 | CARLENE DILLIMORE | Waikato Bay of Plenty | 19 March 1983 | Melbourne, AUS |
| 800 metres | 2:07.77 | REBEKAH GREENE | Hill City | 18 December 2010 | Dunedin |
| 1500 metres | 4:18.90 | REBEKAH GREENE | New Zealand | 23 July 2010 | Moncton, CAN |
| 3000 metres | 9:19.76 | SUE BRUCE | Canterbury | 11 February 1981 | Christchurch |
| 2000m Steeple | 6:54.86 | SARAH MCSWEENEY | Waikato Bay of Plenty | 26 February 2006 | Hamilton |
| 100m Hurdles (762mm) | 13.86 | ANDREA MILLER | Counties Manukau | 27 February 1999 | Hamilton |
| 300m Hurdles (762mm) | 43.50 | STANDARD | | | |
| High Jump | 1.82 | KEELEY O'HAGAN | New Zealand | 20 February 2010 | Waitakere |
| Pole Vault | 4.00 | KERRY CHARLESWORTH | Auckland | 26 March 2010 | Christchurch |
| Long Jump | 6.23 | BEVERLY WEIGEL | Lynndale | 9 February 1957 | Papakura |
| Triple Jump | 12.43 | NNEKA OKPALA | Auckland | 13 July 2005 | Marrakech, MAR |
| Shot Put (4kg) | 17.08 | VALERIE ADAMS | New Zealand | 13 July 2001 | Debrecen, HUN |
| Discus Throw (1kg) | 53.16 | SIOSTINA HAKEAI | Counties Manukau | 28 January 2011 | Wellington |
| Hammer Throw (4kg) | 56.68 | JULIA RATCLIFFE | Waikato Bay of Plenty | 28 March 2010 | Christchurch |
| Javelin Throw (800g) | 44.16 | PHILIPPA CHARLESWORTH | North Harbour Bays | 9 February 2008 | Hamilton |
| Heptathlon | 4947 points | PORTIA BING | North Harbour Bays | 30-31 January 2010 | Auckland |
| 4x100m Relay | 47.96 | AUCKLAND (PORTIA WOODMAN, RACHEL PEETERS, LIVVY WILSON, CHELSEA JOHANNSEN) | | 29 March 2008 | Auckland |
| 4x400m Relay | 3:54.19 | NEW ZEALAND (EMMA BLAKE, REBEKAH GREENE, MOLLY CREGH, HAZEL BOWERING-SCOTT) | | 14 March 2010 | Sydney, AUS |
| 3000m Walk | 13:52.07 | AMANDA GORST | Hawkes Bay Gisborne | 12 March 2004 | Wellington |

New Zealand Indoor Records (as at 31 Dec 2011)

Men

| Event | Performance | Name | Affiliation | Date | Venue |
|-------------------|-------------|------------------|-------------|------------------|----------------------|
| 60 metres | 6.59 | GUS NKETIA | New Zealand | 10 March 1995 | Barcelona, ESP |
| 200 metres | 21.01 | CHRIS DONALDSON | New Zealand | 05 March 1999 | Maebashi, JPN |
| 400 metres | 48.03 | NIC O'BRIEN | Auckland | 14 February 2003 | New York, USA |
| 800 metres | 1:49.25 | MARK RODGERS | New Zealand | 09 March 2001 | Lisbon, POR |
| 1000 metres | 2:20.86 | JOHN WALKER | Auckland | 08 March 1986 | East Rutherford, USA |
| 1500 metres | 3:35.80 | NICK WILLIS | New Zealand | 20 February 2010 | Birmingham, GBR |
| Mile | 3:52.8 h | JOHN WALKER | Auckland | 20 February 1981 | San Diego, USA |
| | 3:52.8 h | JOHN WALKER | Auckland | 19 February 1982 | San Diego, USA |
| 2000 metres | 5:03.8 h | JOHN WALKER | Auckland | 07 February 1981 | Louisville, USA |
| 3000 metres | 7:44.90 | NICK WILLIS | Wellington | 31 January 2004 | Boston (Rox), USA |
| 5000 metres | 13:44.27 | MICHAEL AISH | Waikato BOP | 10 March 2001 | Boston (Rox), USA |
| 60 metres Hurdles | 7.90 | STANDARD | | | |
| High Jump | 2.25 | STANDARD | | | |
| Pole Vault | 5.00 | STANDARD | | | |
| Long Jump | 7.77 | GRANT BIRKINSHAW | | 29 December 1970 | Seattle, USA |
| Triple Jump | 16.50 | STANDARD | | | |
| Shot Put | 19.27 | COURTNEY IRELAND | - | 12 March 1993 | Indianapolis, USA |
| Heptathlon | 4842points | SEAN GOURLEY | - | 23 March 2003 | Cardiff, GBR |
| 5000m Race Walk | 19:40 | STANDARD | | | |

Women

| Event | Performance | Name | Affiliation | Date | Venue |
|-------------------|-------------|---------------------|-------------|------------------|---------------------|
| 60 metres | 7.43 | KIM ROBERTSON | New Zealand | 19 January 1985 | Paris, FRA |
| 200 metres | 23.69 | KIM ROBERTSON | New Zealand | 18 January 1985 | Paris, FRA |
| 400 metres | 53.50 | STANDARD | | | |
| 800 metres | 2:00.36 | TONI HODGKINSON | New Zealand | 09 March 1997 | Paris, FRA |
| 1000 metres | 2:36.96 | TONI HODGKINSON | Auckland | 06 February 2000 | Boston (Rox), USA |
| 1500 metres | 4:16.7 h | ALISON WRIGHT | - | 23 January 1981 | Cosford, GBR |
| Mile | 4:24.14 | KIMBERLEY SMITH | Auckland | 08 February 2008 | Boston (Rox), USA |
| 3000 metres | 8:38.14 | KIMBERLEY SMITH | Auckland | 27 January 2007 | Boston (Rox), USA |
| 5000 metres | 14:39.89 | KIMBERLEY SMITH | Auckland | 27 February 2009 | New York, USA |
| 60 metres Hurdles | 8.50 | STANDARD | | | |
| High Jump | 1.86 | TANIA MURRAY -DIXON | New Zealand | 28 February 1991 | Seville, ESP |
| Pole Vault | 4.20 | MELINA HAMILTON | New Zealand | 05 March 2004 | Budapest, HUN |
| Long Jump | 6.34 | CHANTAL BRUNNER | New Zealand | 08 March 1997 | Paris, FRA |
| Triple Jump | 13.00 | STANDARD | | | |
| Shot Put | 20.51 | VALERIE ADAMS | Pakuranga | 7 September 2011 | Zurich, SUI |
| Pentathlon | 4148 pts | CARMEL CORBETT | - | 25 February 1994 | West Lafayette, USA |
| 3000m Race Walk | 14:41.21 OT | AMANDA GORST | - | 9 February 2006 | Boone, USA |

NZ Athletes Ranked in the World Top 50 in 2011

Note: Data was sourced from Tilastopaja.org/Athletics Weekly/Athletics International and NOT from the IAAF lists.

| Open Men | | | |
|---------------|------------|------|-----------------|
| 1500m | 3:31.79 | 8th | Nick Willis |
| Mile | 3:51.95 | 13th | Nick Willis |
| 3000m | 7:49.24 | 47th | Hamish Carson |
| Shot Put | 20.38m | 30th | Jacko Gill |
| Javelin Throw | 84.21m | 17th | Stuart Farquhar |
| Decathlon | 8114points | 23rd | Brent Newdick |

| Open Women | | | |
|---------------|----------|------|-----------------|
| 1500m | 4:04.82 | 35th | Nikki Hamblin |
| 5000m | 15:14.02 | 40th | Kimberley Smith |
| 10km | 32:06 | 22nd | Kimberley Smith |
| Half-marathon | 67:11 | 4th | Kimberley Smith |
| Shot Put | 21.24m | 1st | Valerie Adams |

Note:

Lucy Van Dalen would have been ranked 5th with her 4:32.95 Mile, but this was indoors.

Nikki Hamblin would have been ranked 13th with her 8:50.92 3000m, but this was in a mixed gender (mx) race.

NZ Junior and Youth Athletes Ranked in the World Top 20 in 2011

| Junior Men | | | |
|------------|--------|-----|------------|
| Shot Put | 22.31m | 1st | Jacko Gill |
| | 20.56m | 5th | Tom Walsh |

| Junior Women | | | |
|--------------|--------|------|-----------------|
| Discus Throw | 53.16m | 18th | Sositina Hakeai |
| Hammer Throw | 62.28 | 11th | Julia Ratcliffe |

| Youth Men | | | |
|--------------|--------|------|--------------------|
| 200m | 21.23 | 20th | Joshua Hawkins |
| 110m Hurdles | 13.44 | 3rd | Joshua Hawkins |
| Pole Vault | 4.95m | 13th | Nicholas Southgate |
| Shot Put | 24.45m | 1st | Jacko Gill |
| Discus Throw | 62.05m | 5th | Jacko Gill |

| Youth Women | | | |
|--------------|--------|------|-----------------|
| Shot Put | 14.56m | 16th | Sositina Hakeai |
| Discus Throw | 53.16 | 5th | Sositina Hakeai |
| | 50.03 | 14th | Merewarihi Vaka |

NZ Masters Athletes Ranked in the World Top 5 by Age Group in 2011

Note: (Data sourced from mastersathletics.net)

| | | | |
|-------------------|----------|-----|----------------------|
| 100m | | | |
| Women 75-79 | 16.98 | 3rd | Margaret Peters |
| 200m | | | |
| Women 75-79 | 36.90 | 3rd | Margaret Peters |
| 400m | | | |
| Women 65-69 | 76.37 | 5th | Chris Waring |
| 1500m | | | |
| Men 70-74 | 4:52.95 | 1st | Ron Robertson |
| Women 45-49 | 4:42.89 | 4th | Sally Gibbs |
| Women 55-59 | 5:16.82 | 3rd | Jenny McDonald |
| 5000m | | | |
| Men 30-34 | 13:18.27 | 5th | Adrian Blincoe |
| Men 45-49 | 15:07.22 | 5th | Richard Bennett |
| Men 70-74 | 18:15.53 | 1st | Ron Robertson |
| Women 45-49 | 17:09.95 | 3rd | Sally Gibbs |
| 10000m | | | |
| Women 40-44 | 35:59.90 | 5th | Gabrielle O'Rourke |
| Women 45-49 | 35:39.47 | 1st | Sally Gibbs |
| Women 60-64 | 44:16.17 | 5th | Judith Stewart |
| Steeplechase | | | |
| Men 65-69 | 7:58.96 | 3rd | Ron Robertson |
| Men 70-74 | 7:10.03 | 1st | Ron Robertson |
| Women 55-59 | 9:21.21 | 4th | Vicky Adams |
| Women 75-79 | 12:40.81 | 2nd | Dawn Cumming |
| Women 75-79 | 14:17.59 | 3rd | Clasina Van der Veen |
| Shot Put | | | |
| Men 55-59 | 14.40m | 4th | Richard Thomson |
| Hammer Throw | | | |
| Women 85-89 | 14.05m | 1st | Pauline |
| Purser | | | |
| Women 85-89 | 13.95m | 2nd | Pam Spiers |
| Weight Throw | | | |
| Women 45-49 | 15.48m | 1st | Christine McCahill |
| Weight Pentathlon | | | |
| Women 45-49 | 3.968 | 2nd | Christine McCahill |
| Women 80-84 | 4.180 | 2nd | Ngawini Pepene |
| 5000m Race Walk | | | |
| Men 55-59 | 24:09.00 | 5th | Mike Parker |
| 10km Race Walk | | | |
| Women 60-64 | 1:02:14 | 5th | Sue Hoskin |
| 20km Race Walk | | | |
| Women 60-64 | 2:12:00 | 4th | Sue Hoskin |

New Zealand Representatives in 2011

New Zealand Representatives in 2011

IAAF World Cross Country Championships

Punta Umbria, ESP, 20 March

| | | |
|---------------------|----------------|--------------|
| Alex Parlane | Auckland | Senior Men |
| Jake Robertson | Overseas based | Senior Men |
| Zane Robertson | Overseas based | Senior Men |
| Sarah Biss | Waikato BOP | Senior Women |
| Fiona Crombie | Canterbury | Senior Women |
| Leonora Joy-Petrina | Overseas based | Senior Women |

Support

Team Manager

Craig Motley

Golden Grand Prix Meeting

Kawasaki, JPN, 8 May

| | | |
|-----------------|-------------|----------------|
| Rochelle Coster | Auckland | 4 x 100m Relay |
| Andrea Koenen | Auckland | 4 x 100m Relay |
| Louise Jones | Auckland | 4 x 100m Relay |
| Nneka Okpala | Auckland | 4 x 100m Relay |
| Isaac Tatoa | Auckland | 4 x 100m Relay |
| Alex Jordan | Tasman | 4 x 100m Relay |
| Tim Jones | Canterbury | 4 x 100m Relay |
| Ryan Howe | Waikato BOP | 4 x 100m Relay |

Support

Relay Coach

Brent Ward

IAAF World Youth Championships

Lille, FRA, 6-10 July

| | | |
|--------------------|------------|------------------------|
| Margot Gibson | Canterbury | 1500m |
| Keeley O'Hagan | Auckland | High Jump |
| Siositina Hakeai | Auckland | Shot Put, Discus Throw |
| Merewarihi Vaka | Auckland | Shot Put, Discus Throw |
| Joshua Hawkins | Auckland | 200m, 110m Hurdles |
| Brendon Barnett | Tasman | Long Jump |
| Jacko Gill | Auckland | Shot Put |
| Nicholas Southgate | Auckland | Pole Vault |
| Pascal Kethers | Auckland | Pole Vault |

Support

Team Leader:

Terry Lomax

Team Coach:

Didier Poppe

Team Physiotherapist:

Jacinta Horan

Oceania Region Track & Field Championships

Apia, SAM, 21-23 June

| | | |
|---------------------|---------------------|--------------------------------------|
| Zoe Ballantyne | Auckland | 100m Hurdles, 200m, Relay |
| Kelsey Berryman | Canterbury | 100m, 100m Hurdles, Long Jump, Relay |
| Tracey Hale | Waikato BOP | 400m Hurdles, Relay |
| Che Kenneally | Overseas based | Shot Put, Discus Throw |
| Tori Peeters | Southland | Javelin Throw |
| Mariah Rinini | Waikato BOP | 100m, Long Jump, Relay |
| Emma Sutherland | Hawkes Bay Gisborne | High Jump |
| Cameron French | Waikato BOP | 400m Hurdles, Relay |
| Ryan Howe | Waikato BOP | 100m, Long Jump, Relay |
| Ben Langton-Burnell | Manawatu Wanganui | Javelin Throw |
| Phil Simms | Waikato BOP | 400m Hurdles, Long Jump, Relay |
| Scott Thomson | Wellington | Tripe Jump |
| Zac Topping | Manawatu Wanganui | 100m, 200m, Relay |

NEW ZEALAND REPRESENTATIVES IN 2011

Support
Team Manager
Team Coach

Criss Strange
Jill Morrison

Oceania Marathon & Half Marathon Championships

Gold Coast, AUS, 3 July

Johanna Ottosson

Waikato BOP

Half Marathon

World University Games

Shenzhen, CHN, 12 – 23 August

| | | |
|------------------|----------------|--------------|
| Hugo Beamish | Overseas based | 5000m |
| Hamish Carson | Wellington | 1500m |
| Michael Cochrane | Waikato BOP | 400m hurdles |
| Billy Crayford | Auckland | High Jump |
| Malcolm Hicks | Canterbury | 1500m |
| Johan Smalberger | Auckland | Javelin |
| Sarah Cowlley | Auckland | High Jump |
| Andrea Koenen | Auckland | 100m, 200m |
| Danielle Trevis | Auckland | 10,000m |

Support

Team Manager
Team Coach

Ed Fern
David Long

IAAF World Championships

Daegu, KOR, 27 August – 4 September

| | | |
|-----------------|---------------------|-----------------|
| Adrian Blincoe | Overseas based | 5000m |
| Stuart Farquhar | Waikato | Javelin Throw |
| Brent Newdick | Auckland | Decathlon |
| Quentin Rew | Hawkes Bay Gisborne | 50 km Race Walk |
| Jake Robertson | Overseas based | 5000m |
| Nicholas Willis | Overseas based | 1500m |
| Valerie Adams | Auckland | Shot Put |
| Nikki Hamblin | Auckland | 800m, 1500m |

Support

Team Manager:
Team Coach (Distance):
Team Physiotherapist:
Team Massage Therapist:

Raylene Bates
Steve Willis
Helen Littleworth
Yvette Latta

World Mountain Running Championships

Tirana, ALB, 11 September

Nicole Mitchell

Wellington

Commonwealth Youth Championships

Isle of Man, GBR, 7 – 13 September

| | | |
|--------------------|-------------------|-------------------------|
| Madison Gipson | Overseas based | 200m, 100m Hurdles |
| Mackenzie Keenan | Canterbury | 100m Hurdles |
| Kerry White | Waikato | 800m |
| Greer Alsop | Southland | Long Jump, Triple Jump |
| Che Kenneally | Overseas based | Shot Put, Hammer Throw |
| Kodi Harman | Waikato | 100m, 200m, Relay |
| Blair Grant | Otago | 100m, Relay |
| Dalton Coppins | Auckland | 200m, Relay |
| Tom Symes | Manawatu Wanganui | 400m, Relay |
| Kieron McDonald | Wellington | 800m, 1500m |
| Matt Baxter | Taranaki | 3000m |
| Alex Fafeita | Wellington | Shot Put, Hammer Throw |
| Kyle Van der Merwe | Taranaki | Shot Put, Javelin Throw |
| Richard Callister | Auckland | Discus Throw |
| Matthew Holcroft | Hamilton | 10000m Race Walk |

NEW ZEALAND REPRESENTATIVES IN 2011

| | |
|--------------|-------------|
| Support | |
| Team Manager | Lance Smith |
| Team Coach | Joe Hunter |
| Team Coach | John Quinn |

Commonwealth Mountain Running Championships

North Wales, GBR, 23 September

| | |
|-------------|-------------|
| Angus Bell | Waikato BOP |
| Tina Harris | Wellington |

| | |
|--------------|-------------|
| Support | |
| Team Manager | Barry Ellis |

Commonwealth Trail Running Championships

North Wales, GBR, 23 September

| | |
|-----------------|-------------|
| Vajin Armstrong | Canterbury |
| James Kuegler | Auckland |
| Angus Bell | Waikato BOP |

| | |
|--------------|-------------|
| Support | |
| Team Manager | Barry Ellis |

Commonwealth Ultra Running Championships

North Wales, GBR, 23 September

| | |
|--------------------|-------------|
| Wayne Botha | Auckland |
| Alexander McKenzie | Waikato BOP |
| Brian McCorkindale | Canterbury |
| Valerie Muskett | Otago |

| | |
|--------------|--------------|
| Support | |
| Team Manager | John Muskett |

Ekiden Relay

Chiba, JPN, 23 November

| | |
|-----------------|----------------|
| Hugo Beamish | Overseas based |
| Leonora Petrina | Overseas based |
| Matt Smith | Canterbury |
| Fiona Crombie | Canterbury |
| Stephen Lett | Auckland |
| Lisa Robertson | Auckland |

| | |
|---------------------|----------------|
| Travelling reserves | |
| Zane Robertson | Overseas based |
| Nicki McFadzien | Canterbury |

| | |
|-------------------|-------------------|
| Support | |
| Team Manager | Graham Tattersall |
| Assistant Manager | Grant McLean |
| Medical | Jane Knobloch |

International Competition Results 2011

International Competition Results 2011

IAAF World Cross Country Championships

Punta Umbria, ESP, 20 March

| | Event | Place | Performance |
|---------------------|--------------|-------|-------------|
| Sarah Biss | Senior Women | 97 | 30:47 |
| Fiona Crombie | Senior Women | 94 | 29:27 |
| Leonora Joy-Petrina | Senior Women | 86 | 28:44 |
| Alex Parlane | Senior Men | 106 | 40:39 |
| Jake Robertson | Senior Men | 60 | 36:41 |
| Zane Robertson | Senior Men | 92 | 38:08 |

Golden Grand Prix Meeting

Kawasaki, JPN, 8 May

| | Event | Place | Performance |
|-----------------|--------------|-------|-------------|
| Rochelle Coster | 4x100m Relay | | |
| Andrea Koenen | 4x100m Relay | | |
| Louise Jones | 4x100m Relay | | |
| Nneka Okpala | 4x100m Relay | 4 | 46.12 |
| Isaac Tatoi | 4x100m Relay | | |
| Alex Jordan | 4x100m Relay | | |
| Tim Jones | 4x100m Relay | | |
| Ryan Howe | 4x100m Relay | 7 | 41.80 |

IAAF World Youth Championships

Lille, FRA, 6 - 10 July

| | Event | Place | Round | Performance |
|--------------------|--------------|-------|------------|-------------|
| Margot Gibson | 1500m | 10 | Heat | 4:34.96 |
| Keeley O'Hagan | High Jump | 11 | Qualifying | 1.67 |
| Siositina Hakeai | Shot Put | 7 | Final | 13.73 |
| Siositina Hakeai | Discus Throw | 6 | Qualifying | 45.76 |
| Merewarihi Vaka | Shot Put | 14 | Qualifying | 11.74 |
| Merewarihi Vaka | Discus Throw | 9 | Final | 47.32 |
| Joshua Hawkins | 200m | 6 | Semi-final | 21.37 (1.3) |
| Joshua Hawkins | 110m Hurdles | 2 | Final | 13.44 (0.1) |
| Brendon Barnett | Long Jump | 11 | Qualifying | 7.04 (2.3) |
| Jacko Gill | Shot Put | 1 | Final | 24.35 |
| Nicholas Southgate | Pole Vault | 4 | Final | 4.80 |
| Pascal Kethers | Pole Vault | - | Qualifying | NM |

Oceania Region Track & Field Championships

Apia, SAM, 21-23 June

| | Event | Place | Round | Performance |
|-----------------|---------------|-------|-------|---------------|
| Zoe Ballantyne | 4x400-m Relay | 2 | Final | 4:34.77 |
| Kelsey Berryman | 100m | 2 | Final | 12.-51 (0.77) |
| Kelsey Berryman | 100m Hurdles | 1 | Final | 14.78 (1.3) |
| Kelsey Berryman | Long Jump | 2 | Final | 5.46 (-0.7) |
| Kelsey Berryman | 4x100m Relay | 2 | Final | 50.04 |
| Tracey Hale | 200m | 3 | Final | 25.98 (1.2) |
| Tracey Hale | 400m Hurdles | 1 | Final | 61.60 |
| Tracey Hale | 4x100m Relay | 2 | Final | 50.04 |
| Tracey Hale | 4x400m Relay | 2 | Final | 4:34.77 |
| Che Kenneally | Shot Put | 2 | Final | 13.04 |
| Che Kenneally | Hammer Throw | 2 | Final | 42.13 |
| Tori Peeters | Javelin throw | 2 | Final | 42.41 |
| Tori Peeters | 4x400m Relay | 2 | Final | 4:34.77 |
| Mariah Rininui | 100m | 3 | Final | 12.74 (0.7) |
| Mariah Rininui | Long Jump | 1 | Final | 5.62 (-3.6) |
| Mariah Rininui | 4x100m Relay | 2 | Final | 50.04 |
| Mariah Rininui | 4x400m Relay | 2 | Final | 4:34.77 |
| Emma Sutherland | 4x100m Relay | 2 | Final | 50.04 |
| Emma Sutherland | High Jump | 1 | Final | 1.65 |
| Cameron French | 200m | 3 | Final | 22.21 (1.9) |

INTERNATIONAL COMPETITION RESULTS

| | | | | |
|---------------------|---------------|---|-------|-------------|
| Cameron French | 400m Hurdles | 1 | Final | 54.25 |
| Cameron French | 4x100m Relay | 2 | Final | 42.41 |
| Cameron French | 4x400m Relay | 2 | Final | 3:28.30 |
| Ryan Howe | 100m | 4 | Final | 10.94 (1.2) |
| Ryan Howe | Long Jump | 2 | Final | 7.22 (-0.2) |
| Ryan Howe | 4x100m Relay | 2 | Final | 42.41 |
| Ryan Howe | 4x400-m Relay | 2 | Final | 3:28.30 |
| Ben Langton-Burnell | Javelin Throw | 1 | Final | 59.6-5 |
| Phil Simms | 400m Hurdles | 2 | Final | 54.42 |
| Phil Simms | Long Jump | 4 | Final | 6.54 (-0.4) |
| Phil Simms | 4x100m Relay | 2 | Final | 42.41 |
| Phil Simms | 4x400-m Relay | 2 | Final | 3:28.30 |
| Scott Thompson | Triple Jump | 1 | Final | 14.39 (0.8) |
| Zac Topping | 100m | 5 | Final | 10.98 (1.2) |
| Zac Topping | 200m | 4 | Final | 22.31 (1.9) |
| Zac Topping | 4x100m Relay | 2 | Final | 42.41 |
| Zac Topping | 4x400-m Relay | 2 | Final | 3:28.30 |

Oceania Marathon & Half Marathon Championships

Gold Coast, AUS, 3 July

| | Event | Place | Performance |
|-----------------|---------------|-------|-------------|
| Johanna Ottosen | Half Marathon | 12 | 1:19:39 |

World University Games

Shenzhen, CHN, 12 – 23 August

| | Event | Place | Round | Performance |
|-------------------|---------------|-------|------------|--------------|
| Hugo Beamish | 5000m | 6 | Final | 14:08.72 |
| Hamish Carson | 1500m | 10 | Final | 3:50.56 |
| Michael Cochrane | 400m Hurdles | 31 | Heats | 55.98 |
| Billy Crayford | High Jump | 23 | Qualifying | 2.00 |
| Malcolm Hicks | 1500m | 18 | Heats | 3:50.76 |
| Johan Smallberger | Javelin Throw | 13 | Qualifying | 68.31 |
| Sarah Cowlley | Heptathlon | 18 | Final | 4662 pts |
| Andrea Koenen | 200m | 36 | Heats | 25.17 (-1.0) |
| Danielle Trevis | 10000m | 6 | Final | 35:05.19 |

IAAF World Championships

Daegu, KOR, 27 August – 4 September

| | Event | Place | Round | Performance |
|-----------------|-----------------|-------|-------|-------------|
| Stuart Farquhar | Javelin Throw | 11 | Final | 78.89 |
| Brent Newdick | Decathlon | 19 | Final | 7761 pts |
| Quentin Rew | 50 km Race Walk | 24 | Final | 4:08:46 |
| Jake Robertson | 5000m | 15 | Final | 14:03.09 |
| Nicholas Willis | 1500m | 12 | Final | 3:38.69 |
| Valerie Adams | Shot Put | 1 | Final | 21.24 |
| Nikki Hamblin | 800m | 5 | Heat | 2:02.87 |
| Nikki Hamblin | 1500m | 11 | Heat | 4:36.70 |

World Mountain Running Championships

Tirana, ALB, 11 September

| | Event | Place | Performance |
|-----------------|--------------|-------|-------------|
| Nicole Mitchell | Junior Women | 18 | 23:39 |

Commonwealth Youth Championships

Isle of Man, GBR, 7 – 13 September

| | Event | Place | Round | Performance |
|------------------|--------------|-------|------------|-------------|
| Greer Alsop | Long Jump | 4 | Final | 5.83 (5.5) |
| Greer Alsop | Triple Jump | 2 | Final | 12.39 (2.3) |
| Madison Gipson | 200m | 4 | Semi-final | 25.60 (1.5) |
| Madison Gipson | 100m Hurdles | 6 | Final | 13.99 (NW1) |
| Mackenzie Keenan | 100m Hurdles | 7 | Final | 14.15 (NW1) |
| Che Kenneally | Shot Put | 3 | Final | 12.96 |
| Che Kenneally | Hammer Throw | 5 | Final | 46.88 |
| Kerry White | 800m | 4 | Final | 2:13.80 |

INTERNATIONAL COMPETITION RESULTS

| | | | | |
|--------------------|---------------|----|------------|-------------|
| Matt Baxter | Relay | 7 | Final | 8:46.39 |
| Richard Callister | Discus Throw | 10 | Final | 46.17 |
| Richard Callister | Hammer Throw | 6 | Final | 55.47 |
| Dalton Coppins | 200m | 3 | Final | 21.75 (3.6) |
| Dalton Coppins | 4x100m Relay | - | Final | DNF |
| Alex Fafeita | Shot Put | 8 | Final | 15.67 |
| Alex Fafeita | Hammer Throw | 4 | Final | 64.61 |
| Blair Grant | 100m | 7 | Semi-final | 11.13 (3.4) |
| Blair Grant | 4x100m Relay | - | Final | DNF |
| Kodi Harman | 100m | 7 | Semi-final | 11.12 (2.5) |
| Kodi Harman | 200m | 3 | Semi-final | 22.58 (2.8) |
| Kodi Harman | 4x100m Relay | - | Final | DNF |
| Kieron McDonald | 800m | 6 | Final | 1:56.27 |
| Tom Symes | 400m | 6 | Final | 50.40 |
| Tom Symes | 4x100m Relay | - | Final | DNF |
| Kyle van der Merwe | Shot Put | 7 | Final | 16.04 |
| Kyle van der Merwe | Javelin Throw | 9 | Final | 40.49 |

Commonwealth Ultra Running Championships

North Wales, GBR, 23 - 24 September

| | Event | Place | | Performance |
|--------------------|---------|-------|--------------------|-------------|
| Valerie Muskett | 24 Hour | 19 | Individual | 116.017 km |
| Matt Bixley | 24 Hour | 14 | Individual | 210.309 km |
| Matt Bixley | 24 Hour | 3 | Team (Non-scoring) | 661.664 km |
| Wayne Botha | 24 Hour | 5 | Individual | 222.295 km |
| Wayne Botha | 24 Hour | 3 | Team | 661.664 km |
| Brian McCorkindale | 24 Hour | 4 | Individual | 222.374 km |
| Brian McCorkindale | 24 Hour | 3 | Team | 661.664 km |
| Alexander McKenzie | 24 Hour | 8 | Individual | 216.995 km |
| Alexander McKenzie | 24 Hour | 3 | Team | 661.664 km |

Commonwealth Mountain Running Championships

North Wales, GBR, 23 - 24 September

| | Event | Place | | Performance |
|-------------|------------------|-------|--|-------------|
| Tina Harris | Senior Women 8km | 22 | | 51:44 |
| Angus Bell | Senior Men 12km | 26 | | 57:56 |

Commonwealth Trail Running Championships

North Wales, GBR, 25 September

| | Event | Place | | Performance |
|-----------------|------------|-------|--|-------------|
| Vajin Armstrong | Senior Men | 8 | | 3:43:12 |
| James Kuegler | Senior Men | 14 | | 3:54:56 |

Ekiden Relay

Chiba, JPN, 23 November

| | Event | Team Position | | Performance |
|---------------------|----------------|---------------|--|-------------|
| Hugo Beamish | 5km | | | 14:23 |
| Leonora Petrina | 5km | | | 16:27 |
| Matt Smith | 10km | | | 31:03 |
| Fiona Crombie | 5km | | | 16:31 |
| Stephen Lett | 10km | | | 31:12 |
| Lisa Robertson | 7.195km | | | 25:01 |
| Team | 42.195km | 11 | | 2:14:37 |
| Travelling reserves | | | | |
| Zane Robertson | Overseas based | | | |
| Nicki McFadzien | Canterbury | | | |

New Zealand Champions in 2011

New Zealand Champions in 2011

Senior Men

| | | | |
|--------------------|--------------------|--------------------------|-------------|
| 100m | Carl Van der Speck | Auckland | 11.07 |
| 200m | Alex Jordan | Tasman | 21.33 |
| 400m | Alex Jordan | Tasman | 46.40 |
| 800m | Adrien Kela | New Caledonia | 1:51.68 |
| | Aunese Curreen | Samoa | 1:51.70 |
| | Michael Whitehead | Auckland | 1:52.33 |
| 1500m | Hamish Carson | Wellington | 3:53.59 |
| 3000m | Hamish Carson | Wellington Scottish | 8:06.70 |
| 5000m | Nicholas Willis | Wellington | 14:34.32 |
| 10000m | Steven Lett | Takapuna | 30:25.76 |
| 3000m Steeplechase | Brett Tingay | Canterbury | 9:21.10 |
| 110m Hurdles | Brent Newdick | Auckland | 14.71 |
| 400m Hurdles | James Mortimer | Auckland | 50.83 |
| 4 x 100m Relay | | Auckland | 40.88 |
| 4 x 400m Relay | | Auckland | 3:17.35 |
| 3000m Track Walk | Quentin Rew | Hawkes Bay Gisborne | 11:51.59 |
| 20km Road Walk | Quentin Rew | Hawkes Bay Gisborne | 1:27:47 |
| Long Jump | Frederic Erin | France | 7.63m |
| | Ryan Roselli | Wellington | 7.36m |
| Triple Jump | Todd Swanson | Southland | 14.67m |
| High Jump | William Crayford | Auckland | 2.01m |
| Pole Vault | Brent Newdick | Auckland | 4.25m |
| Shot Put | Y Lui | China | 18.56m |
| | Tom Walsh | Canterbury | 18.26m |
| Discus Throw | Marshall Hall | Otago | 53.23m |
| Javelin Throw | Stuart Farquhar | Waikato BOP | 75.47m |
| Hammer Throw | Phillip Jensen | Wellington | 59.04m |
| Decathlon | Brent Newdick | Auckland | 7296 points |
| Cross Country | Matt Smith | Canterbury | 37:47 |
| Cross Country Team | | Otago | 88 points |
| Mountain Running | Dougan Butler | Hawera | 54:16 |
| Road Race | Stephen Lett | Auckland | 30:58 |
| 50km Road Walk | Graeme Jones | Hastings | 4:46:37 |
| Half Marathon | Stephen Lett | Auckland | 1:07:38 |
| Marathon | Dale Warrender | Pakuranga | 2:23:01 |
| Road Relay | | University of Canterbury | 3:26:01 |
| 100km | Martin Lukes | Sumner | 8:13:24 |

Senior Women

| | | | |
|--------------------|---------------------|--------------------|------------|
| 100m | Andrea Koenen | Auckland | 12.37 |
| 200m | Andrea Koenen | Auckland | 23.87 |
| 400m | Louise Jones | Auckland | 54.36 |
| 800m | Nikki Hamblin | Auckland | 2:05.49 |
| 1500m | Nikki Hamblin | Auckland | 4:29.76 |
| 3000m | Nikki Hamblin | Auckland | 9:32.44 |
| 5000m | Kellie Palmer | Canterbury | 16:32.70 |
| 10000m | Danielle Trevis | North Harbour Bays | 33:18.36 |
| 3000m Steeplechase | Fiona Crombie | Canterbury | 10:25.09 |
| 100m Hurdles | Fiona Morrison | Canterbury | 13.60 |
| 400m Hurdles | Tracey Hale | Waikato BOP | 61.46 |
| 4 x 100m Relay | | Auckland | 45.92 |
| 4 x 400m Relay | | Auckland | 3:51.46 |
| 3000m Track Walk | Roseanne Robinson | Otago | 14:36.87 |
| 20km Road Walk | Roseanne Robinson | Otago | 1:51:39 |
| Long Jump | Sarah Cowley | Auckland | 6.08m |
| Triple Jump | Nneka Okpala | Auckland | 12.68m |
| High Jump | Sarah Cowley | Auckland | 1.84m |
| Pole Vault | Kerry Charlesworth | Auckland | 3.90m |
| Shot Put | Valerie Adams | Auckland | 20.54m CBP |
| Discus Throw | Leesa Lealaisalanoa | Wellington | 51.33m |
| Javelin Throw | Hannah Blair | Otago | 45.01m |

NEW ZEALAND CHAMPIONS IN 2011

| | | | |
|--------------------|------------------------|--------------------------|-------------|
| Hammer Throw | Julia Ratcliffe | Waikato BOP | 60.58m |
| Heptathlon | Sarah Cowley | North Harbour Bays | 5752 points |
| Cross Country | Danielle Trevis | Auckland | 28:20 |
| Cross Country Team | | Wellington | 22points |
| Mountain Running | Ruby Muir | Tauranga | 42:39 |
| Road Race | Lisa Robertson | Auckland | 34:32 |
| 20km Road Walk | Roseanne Robinson | Hill City | 1:49:43 |
| Half Marathon | Danielle Ingram-Trevis | North Harbour Bays | 1:18:36 |
| Marathon | Johanna Ottoson | Tauranga | 2:48:28 |
| Road Relay | | University of Canterbury | 4:05:59 |
| 100km | Valerie Muskett | Hill City | 9:27:50 |

Men 19

| | | | |
|--------------------|--------------------------|---------------------|-------------|
| 100m | Ryan Howe | Waikato BOP | 11.20 |
| 200m | Joshua Hawkins | Auckland | 21.64 |
| 400m | Matthew Robinson | Southland | 47.78 |
| 800m | Julian Oakley | Waikato BOP | 1:59.70 |
| 1500m | Julian Oakley | Waikato BOP | 4:01.38 |
| 3000m | Jonathan Jackson | Auckland City | 8:29.49 |
| 5000m | Cameron Graves | Auckland | 14:40.07 |
| 10000m | Aaron Pulford | Hamilton City Hawks | 29:52.51 |
| 3000m Steeplechase | Liam Walsh | Waikato BOP | 9:58.15 |
| 110m Hurdles | Michael Cochrane | Waikato BOP | 14.11 |
| 400m Hurdles | Cameron French | Waikato BOP | 53.23 |
| 4 x 100m Relay | | Manawatu Wanganui | 42.37 |
| 4 x 400m Relay | | Auckland | 3:25.05 |
| 3000m Track Walk | Daniel Lord | Canterbury | 13:36.08 |
| 10km Road Walk | Daniel Lord | Canterbury | 48:04 |
| Long Jump | James Hutchens | Wellington | 7.39m |
| Triple Jump | Todd Swanson | Southland | 14.81m |
| High Jump | Nicholas Gerrard | Auckland | 2.02m |
| Pole Vault | Nicolas Southgate | Auckland | 4.75m |
| Shot Put | Jacko Gill | Auckland | 21.34m |
| Discus Throw | Hayden Hall | Canterbury | 46.87m |
| Javelin Throw | Benjamin Langton-Burnell | Manawatu Wanganui | 58.40m |
| Hammer Throw | Ryan Tinkle | Wellington | 58.73m |
| Decathlon | Cody Thomas | Marlborough | 6112 points |
| Cross Country | Declan Wilson | Auckland | 25:00 |
| Cross Country Team | | Auckland | 10 points |
| Mountain Running | Shay Williamson | Whakatane | 39:45 |
| Road Race | Julian Oakley | Waikato BOP | 25:42 |
| 20km Road Walk | Matthew Holcroft | Hamilton City Hawks | 1:49:04 |
| Road Relay | | Auckland City | 2:21:48 |

Women 19

| | | | |
|--------------------|---------------------|---------------------|----------|
| 100m | Mariah Rininui | Waikato BOP | 12.81 |
| 200m | Kristie Baillie | Waikato BOP | 25.49 |
| 400m | Kristie Baillie | Waikato BOP | 54.81 |
| 800m | Angela Smit | Canterbury | 2:07.62 |
| 1500m | Rebekah Greene | Otago | 4:27.44 |
| 3000m | Mikayla Nielsen | Hamilton City Hawks | 9:54.24 |
| 5000m | Danielle Trevis | Auckland | 16:27.71 |
| 3000m Steeplechase | Caroline Mellsop | Manawatu Wanganui | 10:28.21 |
| 100m Hurdles | Kelsey Berryman | Canterbury | 14.26 |
| 400m Hurdles | Zoe Ballantyne | Auckland | 61.10 |
| 4 x 100m Relay | | Auckland | 48.26 |
| 4 x 400m Relay | | Auckland | 3:58.90 |
| 3000m Track Walk | Natasha Murrhiy | Waikato BOP | 15:26.73 |
| 10km Road Walk | Natasha Murrhiy | Waikato BOP | 54:14.0 |
| Long Jump | Portia Bing | Auckland | 5.54m |
| Triple Jump | Greer Alsop | Southland | 11.54m |
| High Jump | Elizabeth Lamb | Auckland | 1.77m |
| Pole Vault | Kerry Charlesworth | Auckland | 3.85m |
| Shot Put | Siositina Hakeai | Auckland | 14.08m |
| Discus Throw | Leesa Lealaisalanoa | Wellington | 46.58m |
| Javelin Throw | Davina Hamann | Visitor | 38.49m |

NEW ZEALAND CHAMPIONS IN 2011

| | | | |
|--------------------|--------------------|----------------------|-------------|
| Hammer Throw | Tori Peeters | Southland | 38.32m |
| Heptathlon | Julia Ratcliffe | Waikato BOP | 61.98m |
| Cross Country | Vianca du Toit | North Harbour Bays | 3567 points |
| Cross Country Team | Mikayla Nielsen | Waikato BOP | 21:16 |
| Mountain Running | Nicole Mitchell | Canterbury | 30 points |
| Road Race | Georgie Grgec | Wellington Scottish | 20:22 |
| 15km Road Walk | Sarah-Amy Drummond | Auckland | 18:02 |
| Road Relay | | RaceWalking Auckland | 1:47:48 |
| | | Athletics Nelson | 2:52:35 |

Men 16

| | | | |
|--------------------|--------------------|-------------------|-------------|
| 100m | Kodi Harman | Waikato BOP | 11.42 |
| 200m | Kodi Harman | Waikato BOP | 21.93 |
| 400m | Thomas Symes | Manawatu Wanganui | 49.64 |
| 800m | Kieron McDonald | Wellington | 1:58.60 |
| 1500m | Kieron McDonald | Wellington | 3:54.93 |
| 3000m | Mathew Baxter | Taranaki | 8:30.68 |
| 2000m Steeplechase | Liam Cowley | Auckland | 6:17.43 |
| 110m Hurdles | Joshua Hawkins | Auckland | 13.91 |
| 300m Hurdles | Jack Henry | Canterbury | 40.91 |
| 4 x 100m Relay | | Auckland | 43.59 |
| 4 x 400m Relay | | Manawatu Wanganui | 3:27.02 |
| 3000m Track Walk | Matthew Holcroft | Waikato BOP | 13:07.51 |
| Long Jump | Jesse Bryant | Canterbury | 6.96m |
| Triple Jump | William Cowper | Manawatu Wanganui | 13.34m |
| High Jump | Jordan Peters | Auckland | 1.96m |
| Pole Vault | Nicolas Southgate | Auckland | 4.61m |
| Shot Put | Alex Fafeita | Wellington | 15.66m |
| Discus Throw | Richard Callister | Auckland | 50.13m |
| Javelin Throw | Kyle Van der Merwe | Taranaki | 56.13m |
| Hammer Throw | Alex Fafeita | Wellington | 55.75m |
| Octathlon | Luke Davison | Tauranga | 5410 points |
| Cross Country | Mike Lowe | Tasman | 20:04 |
| Cross Country Team | | Auckland | 36 points |
| Road Race | Jacob Priddey | Waikato BOP | 19:13 |
| 10km Road Walk | Jonathon Lord | South Canterbury | 52:25 |

Women 16

| | | | |
|--------------------|------------------|-----------------------|--------------|
| 100m | Megan McPhail | Otago | 13.00 |
| 200m | Katie Stuart | Visitor | 25.28 |
| | Megan McPhail | Otago | 25.40 |
| 400m | Ellie McCleery | Waikato BOP | 57.37 |
| 800m | Kerry White | Waikato BOP | 2:12.21 |
| 1500m | Anna Kean | Otago | 4:39.63 |
| 3000m | Kara Macdermid | Manawatu Wanganui | 10:09.25 |
| 2000m Steeplechase | Holly Sprosen | Waikato BOP | 7:22.12 |
| 100m Hurdles | Mackenzie Keenan | Canterbury | 14.14 |
| 300m Hurdles | Mackenzie Keenan | Canterbury | 44.25 |
| 4 x 100m Relay | | Auckland | 48.41 |
| 4 x 400m Relay | | Waikato BOP | 3:59.65 |
| 3000m Track Walk | Courtney Ruske | Canterbury | 15:17.01 |
| Long Jump | Greer Alsop | Southland | 5.52m |
| Triple Jump | Greer Alsop | Southland | 11.94m |
| High Jump | Monica Wensing | Visitor | 1.73m |
| | Keeley O'Hagan | Auckland | 1.69m |
| Pole Vault | Eliza McCartney | Auckland | 3.30m |
| Shot Put | Siositina Hakeai | Auckland | 14.11m |
| Discus Throw | Merewarihi Vaka | Auckland | 48.80m |
| Javelin Throw | Tori Peeters | Southland | 40.45m |
| Hammer Throw | Che Kenneally | Australia | 43.42m |
| | Ella Pilkington | Auckland | 37.23m |
| Heptathlon | Paige Harwood | Auckland | 44.67 points |
| Cross Country | Kara Macdermid | Manawatu Wanganui | 14:43 |
| Cross Country Team | | Canterbury | 18 points |
| Road Race | Susannah Lynch | Wellington | 18:29.84 |
| 10km Road Walk | Emma Dunbar | Race Walking Auckland | 1:21:11 |

New Zealand National Championships Results 2011

New Zealand Championships

10000m Championships

Tauranga, 4 January 2011

Senior Men

| | | | |
|---|---------------|---------------------|----------|
| 1 | Aaron Pulford | Hamilton City Hawks | 29:52.51 |
| 2 | Stephen Lett | Takapuna | 30:25.76 |
| 3 | Alex Parlane | Pakuranga | 30:33.48 |

Senior Women

| | | | |
|---|--------------------|---------------------|----------|
| 1 | Danielle Trevis | North Harbour Bays | 33:18.36 |
| 2 | Sally Gibbs | Athletics Tauranga | 35:49.47 |
| 3 | Gabrielle O'Rourke | Wellington Harriers | 35:58.90 |

M19 & W19 3000m Championships

Palmerston North, 25 January 2011

M19

| | | | |
|---|------------------|--------------------|---------|
| 1 | Jonathan Jackson | Auckland | 8:29.49 |
| 2 | Matt Baxter | Egmont | 8:41.18 |
| 3 | Nicholas Berry | North Harbour Bays | 8:43.75 |

W19

| | | | |
|---|-----------------|---------------------|----------|
| 1 | Mikayla Nielsen | Hamilton City Hawks | 9:54.24 |
| 2 | Nikki McFadzien | Canterbury | 10:02.33 |
| 3 | Kara Mcdermid | Palmerston North | 10:07.19 |

Men & Women 3000m Championships

Wellington, 28 January 2011

Men

| | | | |
|---|----------------|---------------------|---------|
| 1 | Hamish Carson | Wellington Scottish | 8:06.70 |
| 2 | Hayden McLaren | Canterbury | 8:09.86 |
| 3 | Malcolm Hicks | Canterbury | 8:16.65 |

Women

| | | | |
|---|-----------------|--------------------|---------|
| 1 | Nikki Hamblin | North Harbour Bays | 9:32.44 |
| 2 | Lydia O'Donnell | North Harbour Bays | 9:35.87 |
| 3 | Fiona Crombie | Canterbury | 9:41.46 |

Combined Event Championships

Tauranga, 12-13 February 2011

Senior Men Decathlon

| | | | |
|---|------------------|--------------------|---------|
| 1 | Brent Newdick | North Harbour Bays | 7296pts |
| 2 | Scott McLaren | Counties Manukau | 7036pts |
| 3 | Callum McConachy | Palmerston North | 5433pts |

Senior Women Heptathlon

| | | | |
|---|--------------|---------------------|---------|
| 1 | Sarah Cowley | North Harbour Bays | 5752pts |
| 2 | Portia Bing | North Harbour Bays | 4885pts |
| 3 | Tracey Hale | Hamilton City Hawks | 4233pts |

M19 Decathlon

| | | | |
|---|----------------|---------------------|---------|
| 1 | Cody Thomas | Marlborough | 6112pts |
| 2 | Pascal Kethers | North Harbour Bays | 5757pts |
| 3 | Phil Simms | Hamilton City Hawks | 5705pts |

W19 Heptathlon

| | | | |
|---|----------------|--------------------|---------|
| 1 | Vianca Du Toit | North Harbour Bays | 3567pts |
|---|----------------|--------------------|---------|

M16 Octathlon

| | | | |
|---|-----------------|--------------------|---------|
| 1 | Luke Davison | Athletics Tauranga | 5410pts |
| 2 | Mackenzie Haugh | Otago | 4889pts |
| 3 | Alex Colvin | Athletics Tauranga | 4722pts |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

W16 Heptathlon

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Paige Harwood | Pakuranga | 4467pts |
| 2 | Davina Hamann | Athletics New Zealand | 4229pts |
| 3 | Ashleigh Sando | Taupo | 4007pts |

100km Championships

Taupo, 19 February 2011

| | | | |
|--------------|--------------|---------------------|----------|
| Men | | | |
| 1 | Martin Lukes | Sumner | 8:13:24 |
| 2 | Wayna Botha | Takapuna | 8:40:26 |
| Women | | | |
| 1 | Val Muskett | Hill City | 9:27:50 |
| 2 | Vivien Cheng | Wellington Scottish | 10:48:50 |

NZ Track and Field Championships

Dunedin, 25-27 March 2011

Senior Men 100m Wind -2.9

| | | | |
|---|--------------------|------------|-------|
| 1 | Carl van der Speck | Auckland | 11.07 |
| 2 | Isaac Junior Tatoi | Auckland | 11.21 |
| 3 | Tim Jones | Canterbury | 11.29 |

Senior Men 200m Wind 3.6

| | | | |
|---|-----------------|------------|-------|
| 1 | Alex Jordan | Tasman | 21.33 |
| 2 | Tim Jones | Canterbury | 21.63 |
| 3 | Adam Somerville | Auckland | 21.85 |

Senior Men 400m

| | | | |
|---|--------------|----------|-------|
| 1 | Alex Jordan | Tasman | 46.40 |
| 2 | Andrew Moore | Otago | 46.88 |
| 3 | Tama Toki | Auckland | 47.44 |

Senior Men 800m

| | | | |
|---|-------------------|-------------------------|---------|
| 1 | Adrien Kela | New Caledonia (Visitor) | 1:51.68 |
| 2 | Aunese Curreen | Samoa (Visitor) | 1:51.70 |
| 3 | Michael Whitehead | Auckland | 1:52.33 |
| 4 | Tim Hawkes | Wellington | 1:52.70 |
| 5 | Matthew Harris | Canterbury | 1:53.46 |

Senior Men 1500m

| | | | |
|---|----------------|------------|---------|
| 1 | Hamish Carson | Wellington | 3:53.59 |
| 2 | Hayden McLaren | Canterbury | 3:53.78 |
| 3 | Malcolm Hicks | Canterbury | 3:54.75 |

Senior Men 5000m

| | | | |
|---|-----------------|------------|----------|
| 1 | Nicholas Willis | Wellington | 14:34.32 |
| 2 | Luke Hurring | Canterbury | 14:42.06 |
| 3 | Tim Hodge | Wellington | 14:43.48 |

Senior Men 3000m Steeplechase

| | | | |
|---|----------------|------------|---------|
| 1 | Brett Tingay | Canterbury | 9:21.10 |
| 2 | Daniel Balchin | Otago | 9:39.16 |
| 3 | Lyndon Brown | Otago | 9:46.31 |

Senior Men 110m Hurdles Wind 1.8

| | | | |
|---|---------------|------------------------------|-------|
| 1 | Brent Newdick | Auckland | 14.71 |
| 2 | Luke Reynolds | North Harbour Bays (Visitor) | 15.07 |
| 3 | Nick Kalivati | Wellington | 15.24 |
| 4 | Daniel Laws | South Canterbury | 17.10 |

Senior Men 400m Hurdles

| | | | |
|---|------------------|-----------------------|-------|
| 1 | James Mortimer | Auckland | 50.83 |
| 2 | Michael Cochrane | Waikato-Bay of Plenty | 52.06 |
| 3 | Shay Taylor | Auckland | 52.31 |

Senior Men 3000m Track Walk

| | | | |
|---|-------------|------------|----------|
| 1 | Quentin Rew | Wellington | 11:51.59 |
| 2 | Mike Parker | Auckland | 13:38.47 |

Senior Men 20km Road Walk

| | | | |
|---|-------------|------------|---------|
| 1 | Quentin Rew | Wellington | 1:27:47 |
| 2 | Mike Parker | Auckland | 1:45:31 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

Senior Men 4 x 100m Relay

| | | | |
|---|------------------------------------|----------|-------|
| 1 | Isaac Junior Tatoa, James Mortimer | | |
| 2 | Craig Bearda, Carl van der Speck | Auckland | 40.88 |
| 3 | Blair Grant, Andrew Moore | | |
| | Daniel O'Shea, Joseph Kemp | Otago | 42.15 |
| | Cody Thomas, Brodie Hewlett | | |
| | Alistair Adams, Alex Jordan | Tasman | 43.00 |

Senior Men 4 x 400m Relay

| | | | |
|---|------------------------------------|------------|---------|
| 1 | Shay Taylor, Brent Newdick | | |
| 2 | Benjamin Potter, James Mortimer | Auckland | 3:17.35 |
| | Andrew Moore, Andrew Whyte | | |
| | Chris Weddell, Daniel O'Shea | Otago | 3:17.71 |
| 3 | Andrew Matsuoka-Webber, Tim Hawkes | | |
| | Jonathon Justice, James List | Wellington | 3:33.62 |

Senior Men High Jump

| | | | |
|---|------------------|-----------|------|
| 1 | William Crayford | Auckland | 2.01 |
| 2 | Gideon Barnard | Southland | 1.97 |
| 3 | Sam Vesey | Auckland | 1.92 |

Senior Men Pole Vault

| | | | |
|---|---------------|---------------------|------|
| 1 | Brent Newdick | Auckland | 4.25 |
| 2 | Ben Harrison | Hawkes Bay-Gisborne | 4.05 |

Senior Men Long Jump

| | | | |
|---|----------------|-------------------------|------------|
| 1 | Frederic Erin | New Caledonia (Visitor) | 7.63 (2.4) |
| 2 | Ryan Roselli | Wellington | 7.36 (1.2) |
| 3 | Brent Newdick | Auckland | 7.36 (2.2) |
| 4 | James Hutchens | Wellington | 7.24 (2.4) |

Senior Men Triple Jump

| | | | |
|---|----------------|------------|-------------|
| 1 | Todd Swanson | Southland | 14.67 (0.0) |
| 2 | Scott Thompson | Wellington | 14.28 (0.0) |
| 3 | Matthew Wyatt | Auckland | 14.17 (0.0) |

Senior Men Shot Put

| | | | |
|---|---------------|-----------------|-------|
| 1 | Yang Liu | China (Visitor) | 18.56 |
| 2 | Tom Walsh | Canterbury | 18.28 |
| 3 | Shaka Sola | Samoa (Visitor) | 15.70 |
| 4 | Kieran Fowler | Otago | 15.39 |
| 5 | Damian Smuts | Auckland | 15.38 |

Senior Men Discus Throw

| | | | |
|---|----------------|--------------|-------|
| 1 | Marshall Hall | Otago | 53.23 |
| 2 | Kieran Fowler | Otago | 48.47 |
| 3 | Darron Howarth | Athletics NZ | 48.43 |

Senior Men Hammer Throw

| | | | |
|---|---------------|------------|-------|
| 1 | Philip Jensen | Wellington | 59.04 |
| 2 | Ryan Tinkle | Wellington | 54.92 |
| 3 | Damian Smuts | Auckland | 52.58 |

Senior Men Javelin Throw

| | | | |
|---|---------------------|-----------------------|-------|
| 1 | Stuart Farquhar | Waikato-Bay of Plenty | 75.47 |
| 2 | Johan Smalberger | Auckland | 69.94 |
| 3 | Ben Langton-Burnell | Manawatu Wanganui | 55.89 |

Senior Women 100m Wind -4.9

| | | | |
|---|-----------------|----------|-------|
| 1 | Andrea Koenen | Auckland | 12.37 |
| 2 | Anna Smythe | Otago | 12.52 |
| 3 | Rochelle Coster | Auckland | 12.67 |

Senior Women 200m Wind 2.5

| | | | |
|---|---------------|----------|-------|
| 1 | Andrea Koenen | Auckland | 23.87 |
| 2 | Louise Jones | Auckland | 24.36 |
| 3 | Fiona Hely | Otago | 24.91 |

Senior Women 400m

| | | | |
|---|----------------|---------------------|-------|
| 1 | Louise Jones | Auckland | 54.36 |
| 2 | Rebecca Gibson | Southland | 56.53 |
| 3 | Lisa Osborne | Hawkes Bay-Gisborne | 57.17 |

Senior Women 800m

| | | | |
|---|---------------|------------|---------|
| 1 | Nikki Hamblin | Auckland | 2:05.49 |
| 2 | Anna Bramley | Auckland | 2:11.50 |
| 3 | Melanie Faye | Wellington | 2:12.02 |

Senior Women 1500m

| | | | |
|---|---------------|------------|---------|
| 1 | Nikki Hamblin | Auckland | 4:29.76 |
| 2 | Kellie Palmer | Canterbury | 4:30.06 |
| 3 | Katie Wright | Auckland | 4:30.03 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

Senior Women 5000m

| | | | |
|---|------------------|------------|----------|
| 1 | Kellie Palmer | Canterbury | 16:32.70 |
| 2 | Rachel Kingsford | Otago | 16:55.39 |
| 3 | Rowan Baird | Auckland | 17:01.92 |

Senior Women 3000m Steeplechase

| | | | |
|---|---------------|------------|----------|
| 1 | Fiona Crombie | Canterbury | 10:25.09 |
|---|---------------|------------|----------|

Senior Women 100m Hurdles Wind 1.6

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Fiona Morrison | Canterbury | 13.60 |
| 2 | Sarah Cowley | Auckland | 14.00 |
| 3 | Tracey Hale | Waikato-Bay of Plenty | 14.19 |

Senior Women 400m Hurdles

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Tracey Hale | Waikato-Bay of Plenty | 61.46 |
| 2 | Veronika Lang | Waikato-Bay of Plenty | 66.89 |
| 3 | Gianina Gartmann | (Visitor) | 67.73 |
| 4 | Rebecca Lovell | Waikato-Bay of Plenty | 69.48 |

Senior Women 3000m Track Walk

| | | | |
|---|-------------------|-----------|----------|
| 1 | Roseanne Robinson | Otago | 14:36.87 |
| 2 | Alana Barber | Auckland | 15:53.89 |
| 3 | Lesley Cantwell | Southland | 16:19.15 |

Senior Women 20km Road Walk

| | | | |
|---|-------------------|----------|---------|
| 1 | Roseanne Robinson | Otago | 1:51:39 |
| 2 | Alana Barber | Auckland | 1:58:59 |

Senior Women 4 x 100m Relay

| | | | |
|---|--|------------|-------|
| 1 | Rochelle Coster, Monique Williams Andrea Koenen, Nneka Okpala | Auckland | 45.92 |
| 2 | Larissa Dyke, Fiona Hely Tessa Carnie, Anna Smythe | Otago | 46.93 |
| 3 | Alice Sharples, Nicole Mesman Hannah Keenan, Fiona Morrison | Canterbury | 50.46 |

Senior Women 4 x 400m Relay

| | | | |
|---|--|-----------------------|---------|
| 1 | Louise Jones, Nikki Hamblin Monique Williams, Andrea Koenen | Auckland | 3:51.46 |
| 2 | Tracey Hale, Veronika Lang Rebecca Lovell, Kristie Baillie | Waikato-Bay of Plenty | 4:12.77 |
| 3 | Lisa Osborne, Monica Burnard Fern Lowrie, Emma Blake | Hawkes Bay-Gisborne | 4:25.90 |

Senior Women High Jump

| | | | |
|---|-----------------|---------------------|------|
| 1 | Sarah Cowley | Auckland | 1.84 |
| 2 | Elizabeth Lamb | Auckland | 1.81 |
| 3 | Emma Sutherland | Hawkes Bay-Gisborne | 1.77 |

Senior Women Pole Vault

| | | | |
|---|--------------------|----------|------|
| 1 | Kerry Charlesworth | Auckland | 3.90 |
| 2 | Lucy McGill | Auckland | 3.59 |

Senior Women Long Jump

| | | | |
|---|----------------|------------|------------|
| 1 | Sarah Cowley | Auckland | 6.08 (2.1) |
| 2 | Portia Bing | Auckland | 5.61 (1.3) |
| 3 | Fiona Morrison | Canterbury | 5.60 (1.8) |

Senior Women Triple Jump

| | | | |
|---|--------------------|------------------|--------------|
| 1 | Nneka Okpala | Auckland | 12.68 (0.0) |
| 2 | Charlotte Muschamp | Southland | 11.91 (0.0) |
| 3 | Veronique Bowyer | Tahiti (Visitor) | 11.43 (0.0) |
| 4 | Harriet Sowman | Wellington | 11.32 (-1.6) |

Senior Women Shot Put

| | | | |
|---|--------------------|-----------------|-------|
| 1 | Valerie Adams | Auckland | 20.54 |
| 2 | Ana Pouhila-Kisina | Tonga (Visitor) | 15.73 |
| 3 | Sarah Cowley | Auckland | 11.97 |
| 4 | Nicole Bradley | Otago | 11.22 |

Senior Women Discus Throw

| | | | |
|---|---------------------|-----------------|-------|
| 1 | Leesa Lealaisalanoa | Wellington | 51.53 |
| 2 | Ana Pouhila-Kisina | Tonga (Visitor) | 49.45 |
| 3 | Courtney Fafeita | Auckland | 38.10 |
| 4 | Melissa Seymour | Tasman | 33.65 |

Senior Women Hammer Throw

| | | | |
|---|--------------------|-----------------------|-------|
| 1 | Julia Ratcliffe | Waikato-Bay of Plenty | 60.58 |
| 2 | Ana Pouhila-Kisina | Tonga (Visitor) | 51.37 |
| 3 | Debbie McCaw | Otago | 50.38 |
| 4 | Bolanle Ogun | Nigeria (Visitor) | 49.79 |
| 5 | Millie McNie | Auckland | 48.59 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

Senior Women Javelin Throw

| | | | |
|---|--------------------|-----------------------|-------|
| 1 | Hannah Blair | Otago | 45.01 |
| 2 | Keshia Grant | Waikato-Bay of Plenty | 44.15 |
| 3 | Stephanie Wrathall | Auckland | 44.00 |

M19 100m Wind -3.1

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Ryan Howe | Waikato-Bay of Plenty | 11.20 |
| 2 | Dee Jay Kennedy | Southland | 11.32 |
| 3 | Joseph Millar | Waikato-Bay of Plenty | 11.34 |

M19 200m Wind 2.8

| | | | |
|---|------------------|-----------|-------|
| 1 | Joshua Hawkins | Auckland | 21.64 |
| 2 | Matthew Robinson | Southland | 22.05 |
| 3 | Dee Jay Kennedy | Southland | 22.09 |

M19 400m

| | | | |
|---|------------------|-------------------|-------|
| 1 | Matthew Robinson | Southland | 47.78 |
| 2 | Andrew Whyte | Otago | 48.49 |
| 3 | Scott Burch | Manawatu-Wanganui | 48.52 |

M19 800m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Glen Ballam | Southland | 1:51.33 |
| 2 | Julian Oakley | Waikato-Bay of Plenty | 1:51.57 |
| 3 | Joshua Tattley | Auckland | 1:53.78 |

M19 1500m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Julian Oakley | Waikato-Bay of Plenty | 4:01.38 |
| 2 | Jono Jackson | Auckland | 4:01.77 |
| 3 | Cameron Graves | Auckland | 4:05.23 |

M19 5000m

| | | | |
|---|----------------|------------|----------|
| 1 | Jono Jackson | Auckland | 14:40.77 |
| 2 | Cameron Graves | Auckland | 14:53.77 |
| 3 | Alex Fowler | Canterbury | 15:14.16 |

M19 3000m Steeplechase

| | | | |
|---|---------------|-----------------------|----------|
| 1 | Liam Walsh | Waikato-Bay of Plenty | 9:58.15 |
| 2 | Luke Longdill | Auckland | 10:03.33 |
| 3 | Alex Fowler | Canterbury | 10:06.77 |

M19 110m Hurdles Wind 1.8

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Michael Cochrane | Waikato-Bay of Plenty | 14.11 |
| 2 | Peter Callagher | Auckland | 14.23 |
| 3 | Stephen Isaac | Wellington | 14.78 |

M19 400m Hurdles

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Cameron French | Waikato-Bay of Plenty | 53.23 |
| 2 | Phil Simms | Waikato-Bay of Plenty | 54.72 |
| 3 | Campbell Wu | Auckland | 54.99 |

M19 3000m Track Walk

| | | | |
|---|-------------|------------|----------|
| 1 | Daniel Lord | Canterbury | 13:36.08 |
|---|-------------|------------|----------|

M19 10km Road Walk

| | | | |
|---|------------------|-----------------------|---------|
| 1 | Daniel Lord | Canterbury | 48:04 |
| 2 | Matthew Holcroft | Waikato-Bay of Plenty | 48:12 |
| 3 | Ben Meikle | Canterbury | 1:02:20 |

M19 4 x 100m Relay

| | | | |
|---|--|-----------------------|-------|
| 1 | Zac Topping, Andy Kruy Glen Matuschka, Scott Burch | Manawatu-Wanganui | 42.37 |
| 2 | Ryan Howe, Phil Simms Cameron French, Joseph Millar | Waikato-Bay of Plenty | 42.48 |
| 3 | Peter Callagher, Michael Cooke Campbell Wu, Tama Toki | Auckland | 42.93 |

M19 4 x 400m Relay

| | | | |
|---|---|-----------------------|---------|
| 1 | Campbell Wu, Frazer Wickes Liam Mitchell, Tama Toki | Auckland | 3:25.05 |
| 2 | Dee Jay Kennedy, Glen Ballam Sam Smith, Matthew Robinson | Southland | 3:25.07 |
| 3 | Phil Simms, Cameron French Kodi Harman, Joseph Millar | Waikato-Bay of Plenty | 3:26.75 |

M19 High Jump

| | | | |
|---|------------------|----------|------|
| 1 | Nicholas Gerrard | Auckland | 2.02 |
| 2 | Cody Thomas | Tasman | 1.98 |
| 3 | Sam Vesey | Auckland | 1.98 |

M19 Pole Vault

(Held on 2 April 2011 at Hamilton)

| | | | |
|---|--------------------|----------|------|
| 1 | Nicholas Southgate | Auckland | 4.75 |
| 2 | Pascal Kethers | Auckland | 4.20 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

M19 Long Jump

| | | | |
|---|----------------|-------------------|------------|
| 1 | James Hutchens | Wellington | 7.39 (4.0) |
| 2 | Maiau Raihau | Tahiti (Visitor) | 7.25 (3.0) |
| 3 | Daniel Fake | Taranaki | 6.98 (0.9) |
| 4 | Andy Kruy | Manawatu-Wanganui | 6.96 (3.4) |

M19 Triple Jump

| | | | |
|---|----------------|------------|-------------|
| 1 | Todd Swanson | Southland | 14.81 (1.5) |
| 2 | Daniel Fake | Taranaki | 14.72 (0.7) |
| 3 | Scott Thompson | Wellington | 14.58 (0.0) |

M19 Shot Put

| | | | |
|---|------------------|------------|-------|
| 1 | Jacko Gill | Auckland | 21.34 |
| 2 | Tom Walsh | Canterbury | 19.91 |
| 3 | Nicholas Gerrard | Auckland | 15.06 |

M19 Discus Throw

| | | | |
|---|-------------|------------|-------|
| 1 | Hayden Hall | Canterbury | 46.87 |
| 2 | Adam Miller | Auckland | 46.28 |
| 3 | Ryan Tinkle | Wellington | 45.23 |

M19 Hammer Throw

| | | | |
|---|---------------|------------|-------|
| 1 | Ryan Tinkle | Wellington | 58.73 |
| 2 | Alex Fafeita | Wellington | 50.59 |
| 3 | Dean Rusbatch | Canterbury | 44.93 |

M19 Javelin Throw

| | | | |
|---|---------------------|-------------------|-------|
| 1 | Ben Langton-Burnell | Manawatu Wanganui | 58.40 |
| 2 | Franco Patu | Wellington | 54.92 |
| 3 | Cody Thomas | Tasman | 53.13 |

W19 100m Wind -5.0

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Mariah Rininui | Waikato-Bay of Plenty | 12.81 |
| 2 | Zoe Ballantyne | Auckland | 12.91 |
| 3 | Kelsey Berryman | Canterbury | 12.93 |

W19 200m Wind 4.1

| | | | |
|---|----------------------|-----------------------|-------|
| 1 | Kristie Baillie | Waikato-Bay of Plenty | 25.20 |
| 2 | Hazel Bowering-Scott | Tasman | 25.69 |
| 3 | Emma Blake | Hawkes Bay-Gisborne | 25.88 |

W19 400m

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Kristie Baillie | Waikato-Bay of Plenty | 54.81 |
| 2 | Angela Smit | Canterbury | 56.12 |
| 3 | Katrina Anderson | Auckland | 56.35 |

W19 800m

| | | | |
|---|-----------------|------------|---------|
| 1 | Angela Smit | Canterbury | 2:07.62 |
| 2 | Rebekah Greene | Otago | 2:07.74 |
| 3 | Hannah Newbould | Canterbury | 2:11.44 |

W19 1500m

| | | | |
|---|-------------------|------------|---------|
| 1 | Rebekah Greene | Otago | 4:27.44 |
| 2 | Hannah Newbould | Canterbury | 4:34.48 |
| 3 | Annika Pfitzinger | Auckland | 4:36.20 |

W19 5000m

| | | | |
|---|-----------------|-----------------------|----------|
| 1 | Danielle Trevis | Auckland | 16:27.71 |
| 2 | Nicki McFadzien | Canterbury | 17:04.56 |
| 3 | Mikayla Nielsen | Waikato-Bay of Plenty | 17:56.08 |

W19 3000m Steeplechase

| | | | |
|---|-------------------|------------|----------|
| 1 | Caroline Mellsop | Wellington | 10:28.21 |
| 2 | Florence Reynolds | Wellington | 10:53.01 |
| 3 | Christina Taylor | Southland | 11:16.40 |

W19 100m Hurdles Wind 1.7

| | | | |
|---|------------------|------------|-------|
| 1 | Kelsey Berryman | Canterbury | 14.26 |
| 2 | Portia Bing | Auckland | 14.29 |
| 3 | Dierdre Anderson | Otago | 16.01 |

W19 400m Hurdles

| | | | |
|---|-------------------|------------|-------|
| 1 | Zoe Ballantyne | Auckland | 61.10 |
| 2 | Alexandra Skerten | Otago | 63.04 |
| 3 | Kelsey Berryman | Canterbury | 66.59 |

W19 3000m Track Walk

| | | | |
|---|-----------------|--------------------------|----------|
| 1 | Natasha Murrhly | Waikato-Bay of Plenty | 15:26.73 |
| 2 | Lucinda Shaw | Canterbury | 16:51.03 |
| 3 | Rowena Meikle | University of Canterbury | 19:11.54 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

W19 10km Road Walk

| | | | |
|---|----------------|--------------------------|---------|
| 1 | Natasha Murihi | Waikato-Bay of Plenty | 54:14 |
| 2 | Courtney Ruske | Canterbury | 58:59 |
| 3 | Sarah Meikle | University of Canterbury | 1:07:07 |

W19 4 x 100m Relay

| | | | |
|---|--|-----------------------|-------|
| 1 | Toni Clinton, Portia Bing Katrina Anderson, Zoe Ballantyne | Auckland | 48.26 |
| 2 | Laura McPhail, Abigail Watson Angela Smit, Kelsey Berryman | Canterbury | 49.19 |
| 3 | Rebecca Lovell, Kristie Baillie Ally French, Mariah Ririnui | Waikato-Bay of Plenty | 49.29 |

W19 4 x 400m Relay

| | | | |
|---|---|------------|---------|
| 1 | Portia Bing, Alisha Lovrich Anne Simpson, Katrina Anderson | Auckland | 3:58.90 |
| 2 | Abigail Watson, Hannah Newbould Nicole Mesman, Angela Smit | Canterbury | 4:00.80 |
| 3 | Rebekah Greene, Anna Kean Sophie Napper, Alexandra Skerten | Otago | 4:12.32 |

W19 High Jump

| | | | |
|---|--------------------|-----------|------|
| 1 | Elizabeth Lamb | Auckland | 1.77 |
| 2 | Keeley O'Hagan | Auckland | 1.73 |
| 3 | Charlotte Muschamp | Southland | 1.69 |

W19 Pole Vault

| | | | |
|---|--------------------|------------|------|
| 1 | Kerry Charlesworth | Auckland | 3.85 |
| 2 | Lucy McGall | Auckland | 3.51 |
| 3 | Valerie Chan | Wellington | 3.21 |

W19 Long Jump

| | | | |
|---|-----------------|------------|-------------|
| 1 | Portia Bing | Auckland | 5.54 (0.0) |
| 2 | Toni Clinton | Auckland | 5.51 (0.9) |
| 3 | Kelsey Berryman | Canterbury | 5.39 (-1.9) |

W19 Triple Jump

| | | | |
|---|----------------|------------|-------------|
| 1 | Greer Alsop | Southland | 11.54 (1.9) |
| 2 | Jennifer Scott | Auckland | 11.53 (2.0) |
| 3 | Melody Stein | Wellington | 11.49 (1.1) |

W19 Shot Put

| | | | |
|---|---------------------|---------------------|-------|
| 1 | Siositina Hakeai | Auckland | 14.08 |
| 2 | Leesa Lealaisalanoa | Wellington | 12.81 |
| 3 | Che Kenneally | Australia (Visitor) | 12.35 |
| 4 | Nicole Bradley | Otago | 11.48 |

W19 Discus Throw

| | | | |
|---|---------------------|------------|-------|
| 1 | Leesa Lealaisalanoa | Wellington | 46.58 |
| 2 | Siositina Hakeai | Auckland | 43.59 |
| 3 | Merewarihi Vaka | Auckland | 42.64 |

W19 Hammer Throw

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Julia Ratcliffe | Waikato-Bay of Plenty | 61.98 |
| 2 | Che Kenneally | Australia (Visitor) | 47.43 |
| 3 | Nicole Bradley | Otago | 46.43 |
| 4 | Rebecca Hodgson | Canterbury | 46.36 |

W19 Javelin Throw

| | | | |
|---|------------------|---------------------|-------|
| 1 | Davina Hamann | Hill City (Visitor) | 38.49 |
| 2 | Tori Peeters | Southland | 38.32 |
| 3 | Rachel Rolleston | Canterbury | 29.66 |
| 4 | Toimata Moorua | Tahiti (Visitor) | 29.18 |

M16 100m Wind -6.1

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Kodi Harman | Waikato-Bay of Plenty | 11.42 |
| 2 | Dalton Coppins | Auckland | 11.50 |
| 3 | Blair Grant | Waikato-Bay of Plenty | 11.73 |

M16 200m Wind 4.5

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Kodi Harman | Waikato-Bay of Plenty | 21.93 |
| 2 | Dalton Coppins | Auckland | 22.19 |
| 3 | Blake Gordon | Waikato-Bay of Plenty | 22.59 |

M16 400m

| | | | |
|---|---------------|-----------------------|-------|
| 1 | Tom Symes | Manawatu-Wanganui | 49.64 |
| 2 | Thomas Martin | Canterbury | 50.34 |
| 3 | Jonty Rae | Waikato-Bay of Plenty | 50.61 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

M16 800m

| | | | |
|---|------------------|-----------------------|---------|
| 1 | Kieron McDonald | Wellington | 1:58.60 |
| 2 | Charles Scannell | Wellington | 1:59.51 |
| 3 | Scott Hilliar | Waikato-Bay of Plenty | 1:59.62 |

M16 1500m

| | | | |
|---|-----------------|------------|---------|
| 1 | Kieron McDonald | Wellington | 3:54.93 |
| 2 | Matt Baxter | Taranaki | 3:55.89 |
| 3 | Ben Moynihan | Auckland | 3:58.00 |

M16 3000m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Matt Baxter | Taranaki | 8:30.68 |
| 2 | Mike Lowe | Tasman | 8:54.35 |
| 3 | Michael Sutton | Waikato-Bay of Plenty | 9:02.39 |

M16 2000m Steeplechase

| | | | |
|---|----------------|---------------------|---------|
| 1 | Liam Cowley | Auckland | 6:17.43 |
| 2 | Mike Lowe | Tasman | 6:19.30 |
| 3 | Matthew Taylor | Hawkes Bay-Gisborne | 6:23.81 |

M16 110m Hurdles Wind 2.4

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Joshua Hawkins | Auckland | 13.91 |
| 2 | Jack Henry | Canterbury | 14.88 |
| 3 | Luke Davison | Waikato-Bay of Plenty | 15.80 |

M16 300m Hurdles

| | | | |
|---|----------------|--------------------------|-------|
| 1 | Jack Henry | Canterbury | 40.91 |
| 2 | Guy Greenslade | University of Canterbury | 44.24 |

M16 3000m Track Walk

| | | | |
|---|------------------|-----------------------|----------|
| 1 | Matthew Holcroft | Waikato-Bay of Plenty | 13:07.51 |
| 2 | Jonathon Lord | Canterbury | 14:48.30 |
| 3 | Phillip Meikle | Canterbury | 15:15.48 |

M16 4 x 100m Relay

| | | | |
|---|--|-------------------|-------|
| 1 | Kyle Trott, Joshua Hawkins Louis Hill, Dalton Coppins | Auckland | 43.59 |
| 2 | William Smart, Jack Hurley William Cowper, Tom Symes | Manawatu-Wanganui | 44.32 |
| 3 | Jesse Bryant, Thomas Martin Connor Tyndall, David Elliott | Canterbury | 44.64 |

M16 4 x 400m Relay

| | | | |
|---|--|-----------------------|---------|
| 1 | Jack Hurley, William Cowper, William Smart, Tom Symes | Manawatu-Wanganui | 3:25.05 |
| 2 | Jonty Rae, Olly Ranby Blake Gordon, Bennet Rogers | Waikato-Bay of Plenty | 3:25.07 |
| 3 | Connor Tyndall, Jack Henry David Elliott, Thomas Martin | Canterbury | 3:26.75 |

M16 High Jump

| | | | |
|---|-----------------|-----------------------|------|
| 1 | Jordan Peters | Auckland | 1.96 |
| 2 | Joseph Reynolds | Waikato-Bay of Plenty | 1.96 |
| 3 | Brent Cheshire | Otago | 1.84 |

M16 Pole Vault

| | | | |
|---|--------------------|------------|------|
| 1 | Nicholas Southgate | Auckland | 4.61 |
| 2 | Pascal Kethers | Auckland | 4.46 |
| 3 | Jarno Plenter | Canterbury | 3.16 |

M16 Long Jump

| | | | |
|---|---------------|------------|------------|
| 1 | Jesse Bryant | Canterbury | 6.95 (3.0) |
| 2 | Jordan Peters | Auckland | 6.51 (2.7) |
| 3 | Eroni Sotutu | Southland | 6.51 (2.7) |

M16 Triple Jump

| | | | |
|---|----------------|-------------------|-------------|
| 1 | William Cowper | Manawatu-Wanganui | 13.34 (1.5) |
| 2 | Uriah O'Connor | Taranaki | 13.32 (1.5) |
| 3 | Pascal Kethers | Auckland | 13.18 (0.0) |

M16 Shot Put

| | | | |
|---|--------------------|------------|-------|
| 1 | Alex Fafeita | Wellington | 15.66 |
| 2 | Kyle van der Merwe | Taranaki | 15.63 |
| 3 | Nicholas Gerrard | Canterbury | 15.62 |

M16 Discus Throw

| | | | |
|---|--------------------|------------|-------|
| 1 | Richard Callister | Auckland | 50.13 |
| 2 | Alex Fafeita | Wellington | 46.93 |
| 3 | Kyle van der Merwe | Taranaki | 46.87 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

M16 Hammer Throw

| | | | |
|---|-------------------|------------|-------|
| 1 | Alex Fafeita | Wellington | 55.75 |
| 2 | Dean Rusbatch | Canterbury | 49.38 |
| 3 | Richard Callister | Auckland | 46.35 |

M16 Javelin Throw

| | | | |
|---|--------------------|-----------------------|-------|
| 1 | Kyle van der Merwe | Taranaki | 56.13 |
| 2 | Liam Murphy | Hawkes Bay-Gisborne | 56.04 |
| 3 | Luke Davison | Waikato-Bay of Plenty | 54.30 |

W16 100m Wind -4.5

| | | | |
|---|---------------|------------------------------|-------|
| 1 | Megan McPhail | Otago | 13.00 |
| 2 | Ally French | Waikato-Bay of Plenty | 13.04 |
| 3 | Katie Stuart | Inverness Harriers (Visitor) | 13.06 |
| 4 | Laura McKenna | Wellington | 13.10 |

W16 200m Wind 4.1

| | | | |
|---|---------------|------------------------------|-------|
| 1 | Katie Stuart | Inverness Harriers (Visitor) | 25.28 |
| 2 | Megan McPhail | Otago | 25.40 |
| 3 | Abby Goldie | Waikato-Bay of Plenty | 25.46 |
| 4 | Brooke Cull | Auckland | 25.55 |

W16 400m

| | | | |
|---|-------------------|-----------------------|-------|
| 1 | Ellie McCleery | Waikato-Bay of Plenty | 57.37 |
| 2 | Brooke Cull | Auckland | 57.73 |
| 3 | Stephanie Dickins | Manawatu-Wanganui | 58.18 |

W16 800m

| | | | |
|---|--------------------|-----------------------|---------|
| 1 | Kerry White | Waikato-Bay of Plenty | 2:12.21 |
| 2 | Maggie Unternahrer | Waikato-Bay of Plenty | 2:12.73 |
| 3 | Ariana Harper | Wellington | 2:14.04 |

W16 1500m

| | | | |
|---|---------------|-----------------------|---------|
| 1 | Anna Kean | Otago | 4:39.63 |
| 2 | Zara Murrihy | Waikato-Bay of Plenty | 4:40.51 |
| 3 | Ariana Harper | Wellington | 4:41.95 |

W16 3000m

| | | | |
|---|-----------------|-----------------------|----------|
| 1 | Kara Mcdermid | Manawatu-Wanganui | 10:09.25 |
| 2 | Mikayla Nielsen | Waikato-Bay of Plenty | 10:10.65 |
| 3 | Olivia Ritchie | Waikato-Bay of Plenty | 10:26.26 |

W16 2000m Steeplechase

| | | | |
|---|-------------------|-----------------------|---------|
| 1 | Holly Sprosen | Waikato-Bay of Plenty | 7:22.12 |
| 2 | Kate Jefferd | Manawatu-Wanganui | 7:30.41 |
| 3 | Astrid Montuclard | Tahiti (Visitor) | 7:38.38 |
| 4 | Monicaa Burnard | Hawkes Bay-Gisborne | 7:44.91 |

W16 100m Hurdles Wind 2.0

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Mackenzie Keenan | Canterbury | 14.14 |
| 2 | Paige Harwood | Auckland | 14.63 |
| 3 | Ashleigh Sando | Waikato-Bay of Plenty | 15.31 |

W16 300m Hurdles

| | | | |
|---|-------------------|-------------------|-------|
| 1 | Mackenzie Keenan | Canterbury | 44.25 |
| 2 | Stephanie Dickins | Manawatu-Wanganui | 44.34 |
| 3 | Ariana Blackwood | Manawatu-Wanganui | 50.11 |

W16 3000m Track Walk

| | | | |
|---|--------------------|------------|----------|
| 1 | Courtney Ruske | Canterbury | 15:17.01 |
| 2 | Sarah-Amy Drummond | Auckland | 18:22.89 |
| 3 | Erin O'Brian | Otago | 18:28.67 |

W16 4 x 100m Relay

| | | | |
|---|--|------------|-------|
| 1 | Louise Hodge, Brooke Cull Grace Stewart, Merewarihi Vaka | Auckland | 48.41 |
| 2 | Devoney Spark, Rebecca Peterson Jade Graham, Greer Alsop | Southland | 49.89 |
| 3 | Leanna Ryan, Jessica O'Halloran Molly Lyons, Mackenzie Keenan | Canterbury | 49.94 |

W16 4 x 400m Relay

| | | | |
|---|---|-----------------------|---------|
| 1 | Maggie Unternahrer, Kerry White Ellie McCleery, Talia Horgan | Waikato-Bay of Plenty | 3:59.65 |
| 2 | Sarah McDonald, Ariana Blackwood Harriet Donald, Stephanie Dickins | Manawatu-Wanganui | 4:04.74 |
| 3 | Samara Hollows, Caitlin O'Brien Megan McPhail, Renaye Flockton | Otago | 4:05.15 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

W16 High Jump

| | | | |
|---|----------------|-----------------------|------|
| 1 | Monika Wensing | Taranaki (Visitor) | 1.73 |
| 2 | Keeley O'Hagan | Auckland | 1.69 |
| 3 | Paige Harwood | Auckland | 1.65 |
| 4 | Ashleigh Sando | Waikato-Bay of Plenty | 1.65 |

W16 Pole Vault

| | | | |
|---|-----------------|------------|------|
| 1 | Eliza McCartney | Auckland | 3.30 |
| 2 | Valerie Chan | Wellington | 2.90 |
| | Jessica Boyd | Canterbury | 2.90 |

W16 Long Jump

| | | | |
|---|----------------|-----------|------------|
| 1 | Greer Alsop | Southland | 5.52 (2.0) |
| 2 | Paige Harwood | Auckland | 5.50 (1.8) |
| 3 | Keeley O'Hagan | Auckland | 5.40 (1.8) |

W16 Triple Jump

| | | | |
|---|----------------|------------|-------------|
| 1 | Greer Alsop | Southland | 11.94 (0.2) |
| 2 | Jennifer Scott | Auckland | 11.43 (0.0) |
| 3 | Anna Thomson | Wellington | 11.36 (0.7) |

W16 Shot Put

| | | | |
|---|---------------------|----------------------|-------|
| 1 | Siositina Hakeai | Auckland | 14.11 |
| 2 | Merewarihi Vaka | Auckland | 12.79 |
| 3 | Che Kenneally | Gold Coast (Visitor) | 12.24 |
| 4 | Madeline Carruthers | Canterbury | 10.34 |

W16 Discus Throw

| | | | |
|---|------------------|----------------------|-------|
| 1 | Merewarihi Vaka | Auckland | 48.80 |
| 2 | Siositina Hakeai | Auckland | 42.41 |
| 3 | Che Kenneally | Gold Coast (Visitor) | 41.05 |
| 4 | Courtney Clarke | Tasman | 35.77 |

W16 Hammer Throw

| | | | |
|---|-----------------|----------------------|-------|
| 1 | Che Kenneally | Gold Coast (Visitor) | 43.42 |
| 2 | Ella Pilkington | Auckland | 37.23 |
| 3 | Elizabeth Jones | Otago | 28.90 |
| 4 | Maria Taylor | Wellington | 27.45 |

W16 Javelin Throw

| | | | |
|---|---------------------|---------------------|-------|
| 1 | Tori Peeters | Southland | 40.45 |
| 2 | Davina Hamann | Hill City (Visitor) | 35.43 |
| 3 | Madeline Carruthers | Canterbury | 33.91 |
| 4 | Rachel Rolleston | Canterbury | 30.84 |

Men AWD AMB 100m Wind -2.8

| | | | | |
|---|-----------------------|----------|-------|---------|
| 1 | Richard Nelson-Parker | Auckland | 14.38 | 123.86% |
| 2 | Joe Flavell | Auckland | 17.65 | 145.39% |

Men AWD AMB 200m Wind 3.9

| | | | | |
|---|-----------------------|------------|-------|---------|
| 1 | Richard Nelson-Parker | Auckland | 29.38 | 124.28% |
| 2 | George Hewett | Wellington | 43.85 | 164.29% |

Men AWD AMB 400m

| | | | | |
|---|---------------|------------|---------|---------|
| 1 | George Hewett | Wellington | 1:32.29 | 152.42% |
|---|---------------|------------|---------|---------|

Men AWD AMB Shot Put

| | | | | |
|---|----------------|------------|-------|--------|
| 1 | Joe Flavell | Auckland | 11.25 | 77.96% |
| 2 | Julian Bethell | Canterbury | 7.05 | 51.20% |
| 3 | Jason Wali | Canterbury | 5.81 | 35.00% |

Men AWD AMB Discus Throw

| | | | | |
|---|----------------|------------|-------|--------|
| 1 | Julian Bethell | Canterbury | 19.57 | 50.21% |
| 2 | Jason Wali | Canterbury | 16.46 | 31.06% |

Men AWD AMB Javelin Throw

| | | | | |
|---|----------------|----------|-------|--------|
| 1 | Rory McSweeney | Otago | 38.48 | 64.33% |
| | Joe Flavell | Auckland | 23.75 | 45.03% |

Men AWD IB 100m Wind -2.8

| | | | | |
|---|----------------------|------|-------|---------|
| 1 | Kwame Williams Accra | Kiwi | 13.16 | 123.22% |
|---|----------------------|------|-------|---------|

Men AWD IB 200m Wind 3.9

| | | | | |
|---|-------------------------|-----------------------|-------|---------|
| 1 | Kwame Williams Accra | Kiwi | 26.34 | 122.80% |
| | Sunil Fernandez-Ritchie | Waikato-Bay of Plenty | 27.78 | 129.51% |

Men AWD IB 800m

| | | | | |
|---|------------|------|---------|---------|
| 1 | Ryan Smith | Bush | 2:13.76 | 121.70% |
|---|------------|------|---------|---------|

Men AWD IB 1500m

| | | | | |
|---|-------------------------|-----------------------|---------|---------|
| 1 | Sunil Fernandez-Ritchie | Waikato-Bay of Plenty | 4:32.91 | 116.59% |
| | Ryan Smith | Bush | 4:49.29 | 123.59% |
| | Dale Smit | Marlborough | 5:01.50 | 128.81% |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | | |
|------------------------------------|-------------------------|-----------------------|------------|---------|
| Men AWD IB Long Jump | | | | |
| 1 | Sunil Fernandez-Ritchie | Waikato-Bay of Plenty | 3.52 (1.4) | 47.06% |
| Men AWD IB Shot Put | | | | |
| 1 | Matthew Aitken | Otago | 7.37 | 50.79% |
| Men AWD IB Discus Throw | | | | |
| 1 | Matthew Aitken | Otago | 17.19 | 42.25% |
| Women AWD AMB 100 Wind -6.8 | | | | |
| 1 | Chelsea Seagar | Auckland | 18.40 | 137.01% |
| Women AWD AMB Long Jump | | | | |
| 1 | Chelsea Seagar | Auckland | 3.30 (1.4) | 71.12% |
| Women AWD AMB Shot Put | | | | |
| 1 | Holly Robinson | Canterbury | 9.40 | 78.79% |
| 2 | Vaotane Filemoni | Wellington | 5.16 | 44.44% |
| Women AWD AMB Discus Throw | | | | |
| 1 | Vaotane Filemoni | Wellington | 11.11 | 33.00% |
| Women AWD AMB Javelin Throw | | | | |
| 1 | Holly Robinson | Canterbury | 30.15 | 76.85% |
| Women AWD W/C Shot Put | | | | |
| 1 | Jessica Hamill | Southland | 6.83 | 73.44% |
| Women AWD W/C Javelin Throw | | | | |
| 1 | Jessica Hamill | Southland | 13.84 | 58.79% |
| Women AWD IB 100m Wind -6.8 | | | | |
| 1 | Nikita White | Otago | 18.05 | 151.55% |
| Men AWD IB 200m Wind 5.7 | | | | |
| 1 | Nikita White | Otago | 36.21 | 144.78% |
| Men AWD IB Long Jump | | | | |
| 1 | Nikita White | Otago | 3.22 (0.0) | 59.30% |
| Men AWD IB Shot Put | | | | |
| 1 | Nikita White | Otago | 5.00 | 34.89% |
| Men AWD IB Discus Throw | | | | |
| 1 | Nikita White | Otago | 12.78 | 30.24% |

Mountain Running Championships

Wellington, 16 April 2011

Senior Men 13.8km

| | | | |
|---|------------------|---------------------|-------|
| 1 | Dougal Butler | Hawera | 54:16 |
| 2 | James Richardson | Wellington Scottish | 54:59 |
| 3 | Angus Bell | Tauranga Ramblers | 55:49 |

Senior Women 8.8km

| | | | |
|---|----------------|---------------------|-------|
| 1 | Ruby Muir | Tauranga Ramblers | 42:39 |
| 2 | Tina Harris | Wellington Scottish | 45:17 |
| 3 | Sarah Coughlan | Christchurch Avon | 45:35 |

M19 8.8

| | | | |
|---|----------------------|------------------|-------|
| 1 | Shay Williamson | Whakatane | 39:45 |
| 2 | Alister Perkinson | Hutt Valley | 42:30 |
| 3 | Jake Jackson-Grammer | Palmerston North | 43:29 |

W19 5.0km

| | | | |
|---|-----------------------|---------------------|-------|
| 1 | Nicole Mitchell | Wellington Scottish | 20:22 |
| 2 | Elizabeth Bunckenburg | Wellington Scottish | 22:32 |
| 3 | Kathryn Bunckenburg | Wellington Olympic | 22:43 |

M35 8.8km

| | | | |
|---|-----------------|-----------|-------|
| 1 | Nick Hirshfield | Pakuranga | 40:31 |
| 2 | Allen Brears | Cambridge | 48:56 |

M40 8.8km

| | | | |
|---|--------------|---------------------|-------|
| 1 | Grant McLean | Wellington Scottish | 39:56 |
|---|--------------|---------------------|-------|

M45 8.8km

| | | | |
|---|----------------|---------------------|-------|
| 1 | Liam Healey | Wellington Harriers | 44:31 |
| 2 | Warren Drought | Hawera | 48:40 |
| 3 | Glen Wallis | Wellington Scottish | 57:04 |

M50 8.8km

| | | | |
|---|---------------|---------------------|-------|
| 1 | Paul Forster | Wellington Harriers | 43:28 |
| 2 | Anthony Rogal | Christchurch Avon | 43:49 |
| 3 | Mark Handley | Olympic | 45:51 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

M55 8.8km

| | | | |
|---|---------------------|---------------------|---------|
| 1 | Paul Sharp | Wellington Harriers | 44:16 |
| 2 | Malcolm Chamberlain | Auckland City | 53:03 |
| 3 | Dennis Smith | Wellington Harriers | 1:02:24 |

M60 8.8km

| | | | |
|---|---------------|---------------------|-------|
| 1 | Barry Prosser | Olympic | 45:14 |
| 2 | Brian Warren | Egmont | 51:47 |
| 3 | Dave Mason | Wellington Harriers | 52:13 |

M65 8.8km

| | | | |
|---|------------|-------------|---------|
| 1 | David Trow | Hutt Valley | 1:03:39 |
|---|------------|-------------|---------|

M70 8.8km

| | | | |
|---|--------------|-----------|---------|
| 1 | Dave Eastman | Whangarei | 1:14:24 |
|---|--------------|-----------|---------|

W35 8.8km

| | | | |
|---|-----------------|--------------------------|-------|
| 1 | Leah Hirshfield | Pakuranga | 48:11 |
| 2 | Jane Reedy | Ambleside (UK – Visitor) | 49:48 |

W40 8.8km

| | | | |
|---|-----------------------|----------|-------|
| 1 | Wendy Cottrell-Teahen | Fielding | 51:03 |
|---|-----------------------|----------|-------|

W50 8.8km

| | | | |
|---|-------------------------|---------|-------|
| 1 | Sheryne Coverdale Beeby | Olympic | 57:35 |
| 2 | Kate Jenkins | Kapiti | 57:38 |

Marathon Championships

Rotorua, 30 April 2011

Senior Men

| | | | |
|---|-----------------|-----------|---------|
| 1 | Dale Warrender | Pakuranga | 2:23:01 |
| 2 | Scott Winton | Pakuranga | 2:24:53 |
| 3 | Dougal Thorburn | Ariki | 2:28:34 |

Senior Women

| | | | |
|---|-----------------|--------------------|---------|
| 1 | Johanna Ottoson | Athletics Tauranga | 2:48:28 |
| 2 | Victoria Beck | Hill City | 2:56:10 |
| 3 | Sarah Devoy | Pakuranga | 3:10:18 |

M35

| | | | |
|---|----------------|---------------------|---------|
| 1 | Adrian Lysaght | Lake City | 2:46:49 |
| 2 | Hadley Craig | Hamilton City Hawks | 2:48:42 |
| 3 | Sasha Daniels | Auckland City | 3:00:31 |

M40

| | | | |
|---|--------------|---------------------|---------|
| 1 | Grant McLean | Wellington Scottish | 2:46:02 |
| 2 | Russell Lake | Athletics Tauranga | 2:47:23 |
| 3 | Todd Stevens | Wellington Scottish | 2:47:30 |

M45

| | | | |
|---|----------------|----------------|---------|
| 1 | Tim Graham | Rover Harriers | 2:52:54 |
| 2 | Graeme Butcher | Masterton | 2:55:51 |
| 3 | Mark Bright | Lynndale | 2:59:19 |

M50

| | | | |
|---|---------------|---------------------|---------|
| 1 | David Lear | Auckland YMCA | 2:57:27 |
| 2 | Rudy Baptist | Lynndale | 2:57:42 |
| 3 | Kevin Knowles | Hamilton City Hawks | 3:06:30 |

M55

| | | | |
|---|---------------|---------------------|---------|
| 1 | Gavin Stevens | Auckland University | 2:46:30 |
| 2 | Tony Price | Masterton | 3:00:55 |
| 3 | Gavin Smith | Athletics Tauranga | 3:09:33 |

M60

| | | | |
|---|----------------|---------------|---------|
| 1 | Trevor Ogilvie | Lake City | 3:18:30 |
| 2 | Andy Harper | Auckland YMCA | 3:21:59 |
| 3 | Richard Bright | Auckland City | 3:38:35 |

M65

| | | | |
|---|----------------|----------------------------|---------|
| 1 | Tony Banbrook | Takapuna | 3:40:52 |
| 2 | George Preddey | Wellington Marathon Clinic | 4:07:10 |
| 3 | Kelvin Fitness | Papakura | 4:10:08 |

M70

| | | | |
|---|--------------|---------------|---------|
| 1 | Alec Day | Auckland YMCA | 4:10:46 |
| 2 | John Hammond | Kapiti | 4:37:22 |
| 3 | Neville Rae | Whangarei | 4:57:14 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | |
|------------|-----------------------|-----------------------|---------|
| M75 | | | |
| 1 | Gary Regtien | Takapuna | 4:38:14 |
| 2 | Gordon Jackson | Auckland YMCA | 5:20:16 |
| 3 | Brian Smith | Hamilton City Hawks | 5:45:26 |
| M80 | | | |
| 1 | Barry Boston | Auckland YMCA | 4:54:47 |
| 2 | Colin Thorne | Kapiti | 6:02:21 |
| W35 | | | |
| 1 | Michelle Hopkins | Pakuranga | 3:01:24 |
| 2 | Lorna Jane Mills | Pakuranga | 3:10:41 |
| 3 | Kirsten Milne | Hamilton City Hawks | 3:14:53 |
| W40 | | | |
| 1 | Wendy Cottrell-Teahan | Fielding | 3:03:55 |
| 2 | Ingrid Frost | Auckland YMCA | 3:38:19 |
| 3 | Kiri Price | Auckland YMCA | 3:58:05 |
| W45 | | | |
| 1 | Sally Gibbs | Athletics Tauranga | 2:59:22 |
| 2 | Joanne Wynne | Auckland YMCA | 3:45:47 |
| 3 | Karen Crossley | Auckland YMCA | 2:53:40 |
| W50 | | | |
| 1 | Debra Arnold | Fielding | 3:40:59 |
| 2 | Patricia Stichbury | Fielding | 3:51:47 |
| 3 | Helen Adams | Auckland YMCA | 4:00:22 |
| W55 | | | |
| 1 | Valerie Muskett | Hill City | 3:33:20 |
| 2 | Alexandra Coupe | Takapuna | 3:51:22 |
| 3 | Marion Roberts | Lake City | 4:03:09 |
| W60 | | | |
| 1 | Bernie Potenski | Wellington Scottish | 3:27:30 |
| 2 | Christine Munro | Auckland YMCA | 3:55:45 |
| 3 | Chris Leahy | Hutt Valley | 5:32:34 |
| W65 | | | |
| 1 | Gail Taylor | Auckland YMCA | 4:14:32 |
| 2 | Colleen Boston | Auckland YMCA | 5:13:48 |
| 3 | Jacqueline Wilson | Trentham | 5:20:39 |
| W70 | | | |
| 1 | Eileen Odgers | Hamilton Road Runners | 5:50:59 |
| 2 | Marion Pink | Manawatu Striders | 6:28:01 |

Cross Country Championships

Christchurch, 23 July 2011

Senior Men 12km

| | | | |
|---|-----------------|------------|-------|
| 1 | Matt Smith | Canterbury | 37:47 |
| 2 | Stephen Lett | Auckland | 37:52 |
| 3 | Andrew Davidson | Canterbury | 38:05 |

Senior Women 8km

| | | | |
|---|------------------|------------|-------|
| 1 | Danielle Trevis | Auckland | 28:20 |
| 2 | Nicki McFadzien | Canterbury | 28:52 |
| 3 | Caroline Mellsop | Wellington | 29:45 |

M19 8km

| | | | |
|---|----------------|----------|-------|
| 1 | Declan Wilson | Auckland | 39:45 |
| 2 | Cameron Graves | Auckland | 42:30 |
| 3 | John Schreuder | Auckland | 43:29 |

W19 6km

| | | | |
|---|-------------------|-----------------------|-------|
| 1 | Mikayla Nielsen | Waikato-Bay of Plenty | 21:16 |
| 2 | Annika Pfiztinger | Auckland | 22:36 |
| 3 | Nicole Mitchell | Wellington | 22:40 |

M16 6km

| | | | |
|---|---------------|-----------------------|-------|
| 1 | Mike Lowe | Tasman | 20:04 |
| 2 | Finn Wilson | Auckland | 20:16 |
| 3 | Jacob Priddey | Waikato-Bay of Plenty | 20:23 |

W16 4km

| | | | |
|---|---------------|-------------------|-------|
| 1 | Kara Mcdermid | Manawatu-Wanganui | 14:33 |
| 2 | Rosa Flanagan | Canterbury | 14:42 |
| 3 | Kiri Atkin | Canterbury | 15:12 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | |
|----------------|---------------------|--------------------------|-------|
| M35 8km | | | |
| 1 | Rees Buck | Wellington | 27:07 |
| 2 | Stephen Day | Wellington | 27:14 |
| 3 | Allan Staite | Christchurch Methodist | 29:14 |
| M40 8km | | | |
| 1 | Phil Costley | Tasman | 26:33 |
| 2 | Carsten Joergenson | Canterbury | 27:31 |
| 3 | Grant McLean | Wellington | 27:43 |
| M45 8km | | | |
| 1 | Greg Mitchell | Wellington | 28:14 |
| 2 | Richard Seigne | Canterbury | 28:36 |
| 3 | Ricky Gutsell | Southland | 28:41 |
| M50 8km | | | |
| 1 | Don Greig | Canterbury | 29:05 |
| 2 | Vaughan New | Wellington | 29:48 |
| 3 | Ray Knox | Otago | 30:10 |
| M55 8km | | | |
| 1 | Tony Price | Wellington | 30:08 |
| 2 | Alan Nicholls | Otago | 30:56 |
| 3 | Peter Clark | Otago | 31:24 |
| M60 8km | | | |
| 1 | Tony McManus | Canterbury | 30:56 |
| 2 | Peter Larkin | Canterbury | 31:57 |
| 3 | Greg Harney | Olympic Harriers | 33:26 |
| M65 8km | | | |
| 1 | Michael Bond | University of Canterbury | 36:04 |
| 2 | John Shivas | Port Hills | 36:44 |
| 3 | David Trow | Hutt Valley | 37:04 |
| M70 8km | | | |
| 1 | Walter Hume | Timaru | 39:01 |
| M75 8km | | | |
| 1 | Sid Pavett | Waikato-Bay of Plenty | 41:46 |
| 2 | Mike Mee | Christchurch Methodist | 44:21 |
| 3 | Ron Stevens | Olympic Harriers | 46:32 |
| M80 8km | | | |
| 1 | Brian Keown | New Brighton | 52:22 |
| 2 | Stan Gawler | Port Hills | 53:50 |
| W35 6km | | | |
| 1 | Stephanie MacKenzie | Wellington | 22:54 |
| 2 | Tracy Crossley | Canterbury | 23:15 |
| 3 | Louisa Andrew | Otago | 23:29 |
| W40 6km | | | |
| 1 | Gabrielle O'Rourke | Wellington | 22:34 |
| 2 | Karen Muller | Canterbury | 24:33 |
| 3 | Fiona Gilroy | Canterbury | 24:54 |
| W45 6km | | | |
| 1 | Kathryn Atkin | Canterbury | 25:21 |
| 2 | Robyn Perkins | Christchurch Avon | 26:47 |
| 3 | Robyn Daly | Port Hills | 27:00 |
| W50 6km | | | |
| 1 | Carolyn Smith | Canterbury | 25:31 |
| 2 | Maria Sleeman | Wellington | 25:36 |
| 3 | Debbie Telfer | Otago | 25:58 |
| W55 6km | | | |
| 1 | Dalise Sanderson | Otago | 29:01 |
| 2 | Linda Te Au | Southland | 32:34 |
| W60 6km | | | |
| 1 | Loris Reed | Port Hills | 25:31 |
| 2 | Shirley Rolston | Port Hills | 25:36 |
| W65 6km | | | |
| 1 | Fay Riley | NZ Masters | 52:50 |
| W70 6km | | | |
| 1 | Carol Thompson | Port Hills | 35:48 |
| 2 | Pat Boland | Sumner | 37:10 |
| B14 3km | | | |
| 1 | Sean Eustace | Christchurch Avon | 10:19 |
| 2 | James Fletcher | Wellington Harriers | 10:31 |
| 3 | Angus White | Egmont | 10:40 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

B12 2km

| | | | |
|---|------------------|-------------------|------|
| 1 | Byron Heath | Christchurch Avon | 7:21 |
| 2 | Jesse Weldschidt | Pakuranga | 7:23 |
| 3 | Harrison Brown | Papanui Toc H | 7:39 |

G14 3km

| | | | |
|---|------------------|---------------------|-------|
| 1 | Jessica Morrison | Christchurch Avon | 11:28 |
| 2 | Arianna Lord | Wellington Harriers | 11:43 |
| 3 | Jessie Anderson | Egmont | 11:52 |

G12 2km

| | | | |
|---|--------------------|--------------------|------|
| 1 | Ari Graham | Phoenix | 7:16 |
| 2 | Rebekah McCafferty | Athletics Tauranga | 7:23 |
| 3 | Zia Mcdermid | Fielding Moa | 7:25 |

G14 3km

| | | | |
|---|------------------|---------------------|-------|
| 1 | Jessica Morrison | Christchurch Avon | 11:28 |
| 2 | Arianna Lord | Wellington Harriers | 11:43 |
| 3 | Jessie Anderson | Egmont | 11:52 |

G12 2km

| | | | |
|---|--------------------|--------------------|------|
| 1 | Ari Graham | Phoenix | 7:16 |
| 2 | Rebekah McCafferty | Athletics Tauranga | 7:23 |
| 3 | Zia Mcdermid | Fielding Moa | 7:25 |

Senior Men Team

| | | | |
|---|--|------------|-------|
| 1 | Callan Moody, Bevan Stevens Dougal Thorburn, Daniel Balchin Peter Meffan, Tony Payne | Otago | 88pts |
| 2 | Stephen Lett, Jono Jackson Alex Parlane, Aaron Jackson | Auckland | 89pts |
| 3 | Luke Longdill, Brent Henley Stefan Smith, Evan Cooper Jesse Patel, Rees Buck James Coubrough, Ben Barry | Wellington | 90pts |

Senior Women Team

| | | | |
|---|--|------------|-------|
| 1 | Caroline Mellsop, Gabrielle O'Rourke Tina Harris, Sarah Drought | Wellington | 22pts |
| 2 | Nicki McFadzien, Kimberley Chambers Rosa Scott, Sia Svendsen | Canterbury | 35pts |

M19 Team

| | | | |
|---|---|------------|-------|
| 1 | Declan Wilson, Cameron Graves John Schreuder, Cameron Burstall | Auckland | 10pts |
| 2 | Ryan McAlister, Ryan Mahon Roshit Bothara, Nick Rogerson | Wellington | 57pts |
| 3 | Malcolm Hodge, Cameron Mills Alex Gorrie, Ryan Batin | Canterbury | 63pts |

W19 Team

| | | | |
|---|--|------------|-------|
| 1 | Jaye Atkin, Flora Bocherie Lydia Marshall, Laura Wood | Canterbury | 30pts |
| 2 | Annika Pfitzinger, Florence Reynolds Ashleigh Williams, Sarah Blyde | Auckland | 41pts |
| 3 | Nicole Mitchell, Kathryn Bunckenburg Elizabeth Bunckenburg, Victoria Taylor | Wellington | 48pts |

M16 Team

| | | | |
|---|---|------------|-------|
| 1 | Finn Wilson, Reuben Shepherd Jonty Morreau, Troy Lonergan | Auckland | 36pts |
| 2 | Nicholas Pointon, Nathan Tse Nicholas Lucie-Smith, Joshua Baan | Wellington | 37pts |
| 3 | Mike Lowe, Joshua Barry Thomas Anderson, Allister Meffan | Tasman | 50pts |

W16 Team

| | | | |
|---|--|------------|-------|
| 1 | Rosa Flanagan, Kiri Atkin Annabelle Vincent, Pip Trevella Pip Dalley, Claire Erasmus | Canterbury | 18pts |
| 2 | Michelle Heslop, Jessica Martin Ariana Harper, Susannah Lynch | Tasman | 50pts |
| 3 | Stevie Paine, Emily Kelly | Wellington | 55pts |

Road Championships

Wellington, 20 August 2011

Senior Men 10km

| | | | |
|---|----------------|----------|----------|
| 1 | Stephen Lett | Auckland | 30:58.51 |
| 2 | Jono Jackson | Auckland | 31:03.45 |
| 3 | Cameron Graves | Auckland | 31:07.17 |

Senior Women 10km

| | | | |
|---|-----------------|------------|----------|
| 1 | Lisa Robertson | Auckland | 34:32.13 |
| 2 | Fiona Crombie | Canterbury | 34:48.30 |
| 3 | Lydia O'Donnell | Auckland | 35:17.24 |

M19 8km

| | | | |
|---|----------------|-----------------------|----------|
| 1 | Julian Oakley | Waikato-Bay of Plenty | 25:42.69 |
| 2 | John Schreuder | Auckland | 25:49.29 |
| 3 | Alex Gorrie | Canterbury | 25:52.10 |

W19 5km

| | | | |
|---|-------------------|---------------------|----------|
| 1 | Georgie Grgec | Auckland | 18:02.67 |
| 2 | Nicole Mitchell | Wellington | 18:07.62 |
| 3 | Grace McConnochie | Hawkes Bay-Gisborne | 18:13.94 |

M16 6km

| | | | |
|---|--------------------|-----------------------|----------|
| 1 | Jacob Priddey | Waikato-Bay of Plenty | 19:13.72 |
| 2 | Ben Musson | Canterbury | 19:15.74 |
| 3 | Marcus Karamanolis | Wellington | 19:38.53 |

W16 5km

| | | | |
|---|---------------------|-----------------------|----------|
| 1 | Susannah Lynch | Wellington | 18:29.84 |
| 2 | Nicole van der Kaay | Waikato-Bay of Plenty | 19:08.12 |
| 3 | Laura Cowling | Auckland | 19:31.70 |

M35 10km

| | | | |
|---|--------------|---------------------|----------|
| 1 | Daniel Nixon | Wellington | 32:34.38 |
| 2 | Julian Cook | Wellington | 33:27.15 |
| 3 | Deano Gaskin | Wellington Scottish | 34:24.52 |

M40 10km

| | | | |
|---|------------------|------------|----------|
| 1 | Martin Lukes | Canterbury | 33:17.90 |
| 2 | Michael Waterman | Wellington | 34:35.57 |
| 3 | John Kennedy | Tasman | 34:40.83 |

M45 10km

| | | | |
|---|-----------------|------------|----------|
| 1 | Darren Hoolahan | Canterbury | 34:15.90 |
| 2 | Greg Mitchell | Wellington | 34:33.85 |
| 3 | Richard Seigne | Canterbury | 34:45.89 |

M50 10km

| | | | |
|---|-------------|------------|----------|
| 1 | Ian Calder | Whangarei | 34:42.84 |
| 2 | Vaughan New | Wellington | 35:43.06 |
| 3 | Ray Knox | Otago | 35:54.14 |

M55 10km

| | | | |
|---|--------------|------------|----------|
| 1 | Graham Macky | Auckland | 36:05.43 |
| 2 | Tony Price | Wellington | 36:34.06 |
| 3 | Paul Sharp | Wellington | 36:45.61 |

M60 10km

| | | | |
|---|----------------|-----------------------|----------|
| 1 | Trevor Ogilvie | Waikato-Bay of Plenty | 36:23.05 |
| 2 | Ian Carter | Manawatu-Wanganui | 37:55.36 |
| 3 | Eric Phimister | Hawkes Bay-Gisborne | 38:59.44 |

M65 10km

| | | | |
|---|----------------|------------|----------|
| 1 | Anson Clapcott | Hatea | 40:57.97 |
| 2 | Michael Bond | Canterbury | 44:10.06 |
| 3 | Alan Jones | Taranaki | 48:55.00 |

M70 10km

| | | | |
|---|--------------|-------------|----------|
| 1 | John Wood | Hutt Valley | 45:01.29 |
| 2 | Peter Hanson | Olympic | 57:59.37 |

M75 10km

| | | | |
|---|-------------|-----------------------|----------|
| 1 | Sid Pavett | Waikato-Bay of Plenty | 48:12.95 |
| 2 | Ron Stevens | Olympic Harriers | 56:43.08 |

M80 8km

| | | | |
|---|----------------|---------------------|------------|
| 1 | Michael Browne | Wellington Scottish | 1:07:21.25 |
|---|----------------|---------------------|------------|

W35 5km

| | | | |
|---|---------------------|---------------------|----------|
| 1 | Rachel Penney | Auckland | 18:09.51 |
| 2 | Stephanie MacKenzie | Wellington | 18:14.73 |
| 3 | Jackie Mexted | Wellington Scottish | 18:32.81 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | |
|-------------------------------|-----------------------------|-----------------------|------------|
| W40 5km | | | |
| 1 | Wendy Cottrell-Teahan | Manawatu-Wanganui | 18:30.96 |
| 2 | Sally Anderson | Wellington | 18:32.22 |
| 3 | Helen Anderson | Wellington | 19:24.48 |
| W45 5km | | | |
| 1 | Sally Gibbs | Waikato-Bay of Plenty | 17:22.00 |
| 2 | Victoria Humphries | Wellington | 18:52.21 |
| 3 | Patricia Sloan | Wellington | 19:18.62 |
| W50 5km | | | |
| 1 | Julie Wilson | Canterbury | 19:36.04 |
| 2 | Maria Sleeman | Wellington | 20:10.96 |
| 3 | Maree Rawles | Otago | 20:56.16 |
| W55 5km | | | |
| 1 | Michelle Allison | Wellington | 19:36.85 |
| 2 | Jenny Mason | Wellington Scottish | 22:57.83 |
| 3 | Brenda Fortune | NZ Masters | 23:23.56 |
| W60 5km | | | |
| 1 | Pam Graham | Wellington Scottish | 21:09.72 |
| 2 | Judith Bradshaw | Hatea | 22:39.41 |
| 3 | Kathleen Howard | Lake City | 23:16.26 |
| W65 6km | | | |
| 1 | Fay Riley | Mt Maunganui | 31:56.40 |
| B14 3km | | | |
| 1 | Sean Eustace | Christchurch Avon | 9:38.85 |
| 2 | James Fletcher | Wellington Harriers | 9:42.68 |
| 3 | Jonathon Beresford | Wellington Scottish | 9:53.76 |
| B12 2km | | | |
| 1 | Isaiah Priddey | Hamilton City Hawks | 6:41.79 |
| 2 | Josh Nairne | Olympic | 6:49.45 |
| 3 | Seamus Kane | Wellington Harriers | 7:03.24 |
| G14 3km | | | |
| 1 | Jessica Morrison | Pakuranga | 11:08.51 |
| 2 | Kelsey Forman | Wellington Harriers | 11:10.10 |
| 3 | Georgie Grenfell | Wellington Harriers | 11:20.87 |
| G12 2km | | | |
| 1 | Ari Graham | Phoenix | 6:51.45 |
| 2 | Bailey-Rose van de Coolwijk | Hutt Valley | 7:13.03 |
| 3 | Madeline Wilson | Olympic | 7:20.42 |
| Senior Men 10km Walk | | | |
| 1 | Mike Parker | Calliope | 49:57.47 |
| 2 | Peter Baillie | Wellington | 56:28.82 |
| 3 | Bob Gardner | Wellington Scottish | 1:06:02.43 |
| Senior Women 10km Walk | | | |
| 1 | Roseanne Robinson | Hill City | 50:01.50 |
| 2 | Alana Barber | Racewalking Auckland | 55:54.76 |
| 3 | Lesley Cantwell | Fiordland | 57:13.94 |
| W19 5km Walk | | | |
| 1 | Courtney Ruske | Christchurch Avon | 25:15.14 |
| 2 | Natasha Murrihy | Wellington | 27:25.94 |
| 3 | Sarah-Amy Drummond | Racewalking Auckland | 32:29.20 |
| M16 5km Walk | | | |
| 1 | Jonathon Lord | South Canterbury | 24:23.31 |
| 2 | Stuart Hood | Wellington | 27:00.95 |
| 3 | Paul Jackson | Racewalking Auckland | 27:40.85 |
| M45 10km Walk | | | |
| 1 | Des Hussey | Stratford | 58:54.96 |
| 2 | David Wackrow | Taranaki | 1:08:39.34 |
| M50 10km Walk | | | |
| 1 | Kevin Watson | Wellington | 1:06:32.21 |
| M55 10km Walk | | | |
| 1 | Ian Bailey | Palmerston North | 1:04:40.07 |
| 2 | John Leonard | Wellington Scottish | 1:09:45.60 |
| M60 10km Walk | | | |
| 1 | Eric Kemsley | Taranaki | 55:22.21 |
| 2 | Peter Zwart | Palmerston North | 57:45.12 |
| M65 10km Walk | | | |
| 1 | Geoff Iremonger | Wellington Scottish | 1:12:48.06 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | |
|------------------------------|---|---------------------|------------|
| W40 10km Walk | | | |
| 1 | Nyle Sutherland | Nelson | 56:01.19 |
| 2 | Katie Tahere | Egmont | 1:08:56.40 |
| W45 10km Walk | | | |
| 1 | Serena Coombes | Taranaki | 1:08:12.72 |
| W50 10km Walk | | | |
| 1 | Robyn McArthur | Palmerston North | 59:24.36 |
| 2 | Terri Grimmert | Wellington Scottish | 1:02:37.62 |
| W55 10km Walk | | | |
| 1 | Anne Fraser | Taranaki | 1:12:51.76 |
| W60 10km Walk | | | |
| 1 | Susan Hoskin | Palmerston North | 1:03:54.41 |
| | Marlene White | Taranaki | 1:07:41.05 |
| W65 10km Walk | | | |
| 1 | Jacqueline Wilson | Wellington | 1:06:51.53 |
| | Sue Park | Taranaki | 1:23:16.77 |
| B14 5km Walk | | | |
| 1 | Andrew Paton | Wellington | 29:00.39 |
| Senior Men Run Team | | | |
| 1 | Stephen Lett, Jono Jackson Alex Parlane, James List Nick Pannett, Sam Kidd | Auckland | 54pts |
| 2 | Tim Hodge, Stefan Smith Ben Barry, Jesse Patel Adam Carlson, Josh van Dalen | Wellington | 77pts |
| Senior Women Run Team | | | |
| 1 | Fiona Crombie, Nicki McFadzien Kellie Palmer, Alexandra Williams | Canterbury | 22pts |
| 2 | Lisa Robertson, Lydia O'Donnell Hannah Barker, Bridget Lenting | Auckland | 32pts |
| 3 | Gabrielle O'Rourke, Sarah Gardner Angela Leck, Natalie Gaskin | Wellington | 39pts |
| M19 Run Team | | | |
| 1 | John Schreuder, Thomas Currie Mulu Yeshum, Josh Maisey | Auckland | 32pts |
| 2 | Yared Kebede, Kieron McDonald Sean McCrudden, Julian Baker | Wellington | 39pts |
| 3 | Alex Gorrie, Thomas Holmes Zac Barber, Nick Merrett | Canterbury | 43pts |
| W19 Run Team | | | |
| 1 | Nicole Mitchell, Kathryn Bunckenburg Elizabeth Bunckenburg, Victoria Taylor | Wellington | 25pts |
| 2 | Grace McConnochie, Nikki Powell Monica Burnard, Anneka Smith | Hawkes Bay-Gisborne | 35pts |
| M16 Run Team | | | |
| 1 | Marcus Karamanolis, Nathan Tse Joshua Baan, Nicholas Lucie-Smith | Wellington | 25pts |
| W16 Run Team | | | |
| 1 | Laura Cowling, Rosie Castle Annalise Everts, Amanda Bracewell | Auckland | 25pts |
| 2 | Susannah Lynch, Stevie Paine Zara Murrihy, Lara van Looy | Wellington | 35pts |
| M35 Run Team | | | |
| 1 | Daniel Nixon, Julian Cook Greg Mitchell, Michael Waterman | Wellington | 17pts |
| 2 | Mrtin Lukes, Darren Hoolahan Andrew Reese-Jones, Richard Seigne | Canterbury | 26pts |
| 3 | Sasha Daniels, Guy Robson Ian Sussex, Mark Robinson | Auckland | 55pts |
| M50 Run Team | | | |
| 1 | Vaughan New, Paul Forster Tony Price, Paul Sharp | Wellington | 23pts |
| 2 | Graham Macky, David Lear Tony King, Brett Katterns | Auckland | 32pts |
| 3 | Ian Carter, Robert Dabb John Thompson, Kevin Rolls | Manawatu-Wanganui | 88pts |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

W35 Run Team

| | | | |
|---|---|-------------------|-------|
| 1 | Stephanie McKenzie, Sally Anderson Victoria Humphries, Patricia Sloan | Wellington | 21pts |
| 2 | Rachel Penney, Meghann Stewart Angela Ward, Natalie Seay | Auckland | 46pts |
| 3 | Wendy Cottrell-Teahan, Katherine Stannard Paula Conder, Melissa Thorne | Manawatu-Wanganui | 53pts |

Road Relay Championships

Hunua, Auckland, 3 September 2011

Senior Men

| | | | |
|---|--|--------------------------|---------|
| 1 | Brett Tingay, Luke Hurring Andrew Davidson, Malcolm Hicks Matt Harris, Hugo Beamish | University of Canterbury | 3:26:01 |
| 2 | Hamish Fowler, Matt Smith Hamish Carson, Carey Chaffee Stefan Smith, James Coubrough Jesse Patel, Dan Wallis | Wellington Scottish | 3:27:52 |
| 3 | Ben Barry, Tim Hodge Scott Winton, James Kidd Alex Parlane, Nick Pannett Johan Vanhoovels, Dale Warrender Johnny McKee, Sam Dobson | Pakuranga | 3:30:00 |

Senior Women

| | | | |
|---|---|--------------------------|---------|
| 1 | Kellie Palmer, Tracy Crossley Nicki McFGadzien, Rosa Scott Hannah Newbould, Fiona Crombie Anna Zakharova, Alexandra Williams | University of Canterbury | 4:05:59 |
| 2 | Olivia Ritchie, Isobel Ewing Helen Rountree, Maddy Brunton Angela Simpson, Camille Buscomb Katherine Prumm, Sarah Biss | Hamilton Hawks | 4:06:56 |
| 3 | Hannah Barker, Madeline Munro Robyn Young, Megan Blackett Erin Whitla, Lisa Robertson Sarah Devoy, Maria Akesson | Pakuranga | 4:10:04 |

Junior Men

| | | | |
|---|--|-------------------------|---------|
| 1 | Mulu Yeshum, Tadele Tekle-Haimanot Haile Tesfaye, Matt Moreau Ben Moynihan | Auckland City Athletics | 2:21:48 |
| 2 | Finn Roy, Nathan Tse Ryan McAllister, Marcus Kramanolis Yared Kebede | Wellington Harriers | 2:22:43 |
| 3 | Thgomas Sussex, Chris Boswell Finn Wilson, Jamie Small Declan Wilson | Wesley | 2:24:08 |

Junior Women

| | | | |
|---|---|-------------------------|---------|
| 1 | Michelle Heslop, Jess Martin Chelsea Beaton, Pip Dalley Emma Dallison | Nelson | 2:52:35 |
| 2 | Ella Mangan-Walker, Grace Wood Ashleigh Williams, Sally Wilkinson Georgie Grgec | Auckland City Athletics | 2:27:58 |
| 3 | Jessica Morrison, Hayley Faulconbridge Sarah Blyde, Rosaleen Castle Courtney Martin | Pakuranga | 2:59:11 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

Masters Men (40+)

| | | | |
|---|---|-------------------------------|--------------------|
| 1 | Warren Maguren, Michael Wray Todd Stevens, Peter Stevens Joseph Bulbulia, Grant McLean David Kettles, Greg Mitchell | Wellington Scottish | 3:50:42 |
| 2 | Dion Hardy, Grant Budd John Crane, Andrew Wark Stefan Wagner, Tony Olsen | | |
| 3 | Kent Hodgson, Glenn Sexton Ian Thomas, Ben Revell John Kennedy, Tim Cross Dave Dixon, Phil Costley Murray Hart, Graeme Taylor | Hamilton City Hawks Nelson | 3:51:55 3:53:17 |

Open Masters (50+)

| | | | |
|---|--|--|--------------------|
| 1 | Paul Clark, Dave Young Graham Macky, Rick Mann Brett Katterns, Gavin Stevens Phil Taylor, Tony King | Auckland University | 4:12:01 |
| 2 | Dave Mason, Gary Clarebut Paul Forster, Tony Dawbin Gordon Clarke, Paul Sharp | | |
| 3 | Peter Wood, Ian Dent Evan Primmer, Oscar Emery Norm Robbins, Colin King Geoff Smith, Kevin Knowles Henry Beex, Dennis Litt | Wellington Harriers Hamilton City Hawks | 4:22:53 4:23:24 |

Masters Women (35+)

| | | | |
|---|---|----------------------------------|--------------------|
| 1 | Mandy Simpson, Michelle Allison Jackie Mexted, Anne Hare Tricia Sloan, Sally Anderson Melissa Moon, Stephanie Mckenzie | Wellington Scottish | 4:20:39 |
| 2 | Tracey Greenwood, Vicki Rees-Jones Kirsten Milne, Anne Bradley Bridget Deverell, Helen Hall | | |
| 3 | Bridget Ray, Katy Dawson Jane Anderson, Sandra Patterson Lorna Mills, Natalie Seay Melanie Cossar, Kristine Reid Leah Hirshfield, Rachel Penney | Hamilton City Hawks Pakuranga | 4:27:02 4:30:30 |

Half Marathon Championships

Auckland, 30 October 2011

Senior Men

| | | | |
|---|--------------|---------------------|---------|
| 1 | Stephen Lett | Takapuna | 1:07:38 |
| 2 | Scott Winton | Pakuranga | 1:09:46 |
| 3 | Stefan Smith | Wellington Scottish | 1:10:01 |

Senior Women

| | | | |
|---|------------------------|---------------------|---------|
| 1 | Danielle Ingram-Trevis | North Harbour Bays | 1:18:36 |
| 2 | Sally Gibbs | Athletics Tauranga | 1:19:48 |
| 3 | Gabrielle O'Rourke | Wellington Harriers | 1:20:23 |

M35

| | | | |
|---|---------------|---------------|---------|
| 1 | Jon Healey | Takapuna | 1:21:52 |
| 2 | Sasha Daniels | Auckland City | 1:22:42 |
| 3 | Nic Alley | Calliope | 1:28:32 |

M40

| | | | |
|---|-------------------|---------------------|---------|
| 1 | Bruce Duncan | Auckland University | 1:19:31 |
| 2 | Michael Wray | Wellington Scottish | 1:23:34 |
| 3 | Michael Macmillan | Lynddale | 1:25:01 |

M45

| | | | |
|---|----------------|---------------------|---------|
| 1 | Darryl Lee | Takapuna | 1:19:25 |
| 2 | David Carrigan | Wellington Harriers | 1:19:33 |
| 3 | Ronnie Thomas | Papanui Toc H | 1:23:30 |

M50

| | | | |
|---|----------------|---------------|---------|
| 1 | Ian Calder | Whangarei | 1:17:53 |
| 2 | Scott Burridge | Auckland City | 1:31:09 |
| 3 | Chris Keith | Pakuranga | 1:33:24 |

NEW ZEALAND CHAMPIONSHIPS RESULTS 2011

| | | | |
|------------|--------------------|---------------------|---------|
| M55 | | | |
| 1 | Tony Price | Masterston | 1:24:12 |
| 2 | Brett Katterns | Auckland University | 1:31:49 |
| 3 | Malcolm Chamberlin | Auckland City | 1:33:22 |
| M60 | | | |
| 1 | Trevor Ogilvie | Lake City | 1:24:41 |
| 2 | John Kent | Hatea | 1:31:24 |
| 3 | Alan Lichtwark | Takapuna | 1:32:34 |
| M65 | | | |
| 1 | Kelvin Fitness | Papakura | 1:48:18 |
| W35 | | | |
| 1 | Paula Canning | Nelson | 1:26:01 |
| 2 | Katy Dawson | Hamilton City Hawks | 1:32:00 |
| 3 | Rebecca Speirs | Wellington Scottish | 1:37:01 |
| W40 | | | |
| 1 | Natalie Seay | Pakuranga | 1:36:43 |
| 2 | Judith Ogborne | Auckland YMCA | 1:51:17 |
| W45 | | | |
| 1 | Trish Stockman | Hamilton City Hawks | 1:36:56 |
| 2 | Meghann Stewart | Auckland City | 1:38:29 |
| 3 | Charlene Jacobs | Energy City | 1:39:27 |
| W50 | | | |
| 1 | Julie Wilson | Ariki | 1:30:21 |
| 2 | Carolyn Smith | North Harbour Bays | 1:34:24 |
| 3 | Pauline Dinsdale | Hatea | 2:09:54 |
| W55 | | | |
| 1 | Liz Hardley | Technical | 1:44:32 |
| 2 | Claire Giles | Caversham | 1:49:20 |
| W60 | | | |
| 1 | Judith Bradshaw | Hatea | 1:49:19 |
| 2 | Dawn Claydon | Takapuna | 2:33:16 |
| W70 | | | |
| 1 | Jennifer Mattson | Auckland City | 3:24:54 |

Long Distance Walk Championships

Palmerston North, 30 October 2011

Senior Men 50km

| | | | |
|---|--------------|---------------------|---------|
| 1 | Graeme Jones | Hawkes Bay-Gisborne | 4:40:20 |
|---|--------------|---------------------|---------|

Senior Women 15km

| | | | |
|---|-------------------|------------------|---------|
| 1 | Roseanne Robinson | Otago | 1:21:05 |
| 2 | Lesley Cantwell | Fiordland | 1:29:26 |
| 3 | Allanah Parker | Palmerston North | 1:34:35 |

M19 20km

| | | | |
|---|------------------|-----------------------|---------|
| 1 | Matthew Holcroft | Waikato-Bay of Plenty | 1:49:04 |
|---|------------------|-----------------------|---------|

W19 15km

| | | | |
|---|--------------------|----------|---------|
| 1 | Sarah-Amy Drummond | Auckland | 1:47:48 |
|---|--------------------|----------|---------|

M16 10km

| | | | |
|---|---------------|------------|-------|
| 1 | Jonathon Lord | Canterbury | 52:25 |
| 2 | Paul Jackson | Auckland | 58:24 |
| 3 | Stewart Hood | Trentham | 59:08 |

W16 10km

| | | | |
|---|-------------|----------|---------|
| 1 | Emma Dunbar | Auckland | 1:21:11 |
|---|-------------|----------|---------|

W40 15km

| | | | |
|---|-----------------|--------|---------|
| 1 | Nyle Sutherland | Nelson | 1:55:55 |
|---|-----------------|--------|---------|

W45 15km

| | | | |
|---|----------------|----------|---------|
| 1 | Serena Coombes | Taranaki | 2:25:24 |
|---|----------------|----------|---------|

W50 15km

| | | | |
|---|------------------|----------|---------|
| 1 | Helen Baverstock | Taranaki | 2:40:21 |
|---|------------------|----------|---------|

W55 15km

| | | | |
|---|-------------|----------|---------|
| 1 | Anne Fraser | Taranaki | 2:35:20 |
|---|-------------|----------|---------|

W60 15km

| | | | |
|---|------------|------------------|---------|
| 1 | Sue Hoskin | Palmerston North | 2:20:47 |
|---|------------|------------------|---------|

Other National Results

Asics Grand Prix 2011

The inaugural Asics Athletics New Zealand Track and Field Grand Prix was contested over six key meetings from January to March 2011. The format of the competition was revised slightly with the cancellation of the penultimate round, the International Track Meet in Christchurch. The six meetings were, Sylvia Potts Classic in Hastings, Cooks Classic in Palmerston North, Capital Classic in Wellington, New Zealand Combined Events Championships in Tauranga, Porritt Classic in Hamilton, with the final round in the competition being the New Zealand Track & Field Championships in Dunedin.

Asics Grand Prix 2011 event winners:

Men

| | |
|-----------------|---------------------------|
| 400m | Alex Jordan |
| 1500m | Hamish Carson |
| 400m hurdles | Michael Cochrane |
| 2 x 100m Relay | Joseph Miller & Ryan Howe |
| High Jump | William Crayford |
| Shot Put | Tom Walsh |
| Combined Events | Brent Newdick |

Women

| | |
|-----------------|------------------------------|
| 400m | Louise Jones |
| 800m | Angela Smit |
| 100m hurdles | Sarah Cowley |
| 2 x 100m Relay | Mariah Ririnui & Tracey Hale |
| Long Jump | Marissa Pritchard |
| Discus | Leesa Lealaisalanoa |
| Combined Events | Sarah Cowley |

The best individual performances during the series based on the IAAF points tables were Andrea Miller (100m hurdles), Michael Cochrane (400m hurdles), James Mortimer (400m hurdles) and Alex Jordan (400m).

2011 North Island Colgate Games

Hastings, 7-9 January 2011

Grade 10 Girls 100m Wind -3.2

| | | | |
|---|----------------|--------------------|-------|
| 1 | Grace Hunter | Titahi Bay | 14.77 |
| 2 | Maria Longopoa | Hillsborough | 14.77 |
| 3 | Deigna Khamal | North Harbour Bays | 14.95 |

Grade 10 Girls 200m Wind 0.6

| | | | |
|---|----------------|--------------------|-------|
| 1 | Maria Longopoa | Hillsborough | 30.03 |
| 2 | Deigna Khamal | North Harbour Bays | 30.14 |
| 3 | Grace Hunter | Titahi Bay | 30.62 |

Grade 10 Girls 400m

| | | | |
|---|-------------------------|--------------------|---------|
| 1 | Maria Longopoa | Hillsborough | 1:07.59 |
| 2 | Deigna Khamal | North Harbour Bays | 1:08.45 |
| 3 | Claudia Te Ahuru-Kakahi | Papakura | 1:10.15 |

Grade 10 Girls 800m

| | | | |
|---|------------------|------------|---------|
| 1 | Monique Way | Hastings | 2:45.20 |
| 2 | McKenzie Jacques | Maidstone | 2:47.84 |
| 3 | Mollie Kroon | Papatoetoe | 2:49.03 |

Grade 10 Girls 1500m

| | | | |
|---|------------------|------------|---------|
| 1 | Monique Way | Hastings | 5:32.00 |
| 2 | Mollie Kroon | Papatoetoe | 5:35.92 |
| 3 | McKenzie Jacques | Maidstone | 5:37.11 |

Grade 10 Girls 4x100m Relay

| | | | |
|---|--|------------|---------|
| 1 | Paige Whitihira, Lucienne Velghe Morgan Easton, Claudia Te Ahuru-Kakahi | Papakura | 1:00.83 |
| 2 | Georgia Rathbone, Ellie O'Keeffe Sarah van Nes, Francesca Arlidge | Hastings | 1:03.43 |
| 3 | Anais Pound, Cheyne Copeland Falasia Lupo, Grace Hunter | Titahi Bay | 1:04.63 |

Grade 10 Girls High Jump

| | | | |
|---|-----------------|--------------------|------|
| 1 | Paige Whitihira | Papakura | 1.26 |
| 2 | Grace Hunter | Titahi Bay | 1.23 |
| 3 | Emerson Yee | Olympic Wellington | 1.23 |

Grade 10 Girls Long Jump

| | | | |
|---|--------------|--------------------|-------------|
| 1 | Grace Hunter | Titahi Bay | 4.21 (1.2) |
| 2 | Maya Pearson | Fairfield | 4.13 (2.9) |
| 3 | Emerson Yee | Olympic Wellington | 4.08 (-0.3) |

Grade 10 Girls Shot Put

| | | | |
|---|------------------|-----------|------|
| 1 | Tatiana Kaumoana | Te Aroha | 9.38 |
| 2 | Lucienne Velghe | Papakura | 8.53 |
| 3 | Nicole Moratti | Inglewood | 8.27 |

Grade 10 Girls Discus Throw

| | | | |
|---|------------------|------------|-------|
| 1 | Tatiana Kaumoana | Te Aroha | 20.52 |
| 2 | Bernadette Doyle | Takapuna | 19.49 |
| 3 | Cheyne Copeland | Titahi Bay | 18.64 |

Grade 10 Girls 1200m Walk

| | | | |
|---|----------------|-----------|----------|
| 1 | Nicole Moratti | Inglewood | 7:57.27 |
| 2 | Clara Haines | Maidstone | 10:58.35 |

Grade 11 Girls 100m Wind -1.0

| | | | |
|---|------------------|--------------|-------|
| 1 | Ashleigh Bennett | Hawera | 14.26 |
| 2 | Georgia Hulls | Hastings | 14.36 |
| 3 | Malia Steinmetz | Hillsborough | 14.50 |

Grade 11 Girls 200m NWI

| | | | |
|---|------------------|--------------|-------|
| 1 | Malia Steinmetz | Hillsborough | 27.86 |
| 2 | Georgia Hulls | Hastings | 28.36 |
| 3 | Ashleigh Bennett | Hawera | 28.47 |

Grade 11 Girls 400m

| | | | |
|---|------------------|--------------------|---------|
| 1 | Stella Pearlless | North Harbour Bays | 1:05.94 |
| 2 | Jade Tulp | Papakura | 1:05.98 |
| 3 | Georgia Hulls | Hastings | 1:06.78 |

Grade 11 Girls 800m

| | | | |
|---|------------------|--------------------|---------|
| 1 | Serena Murrihy | Taumarunui | 2:30.99 |
| 2 | Zia Mcdermid | Palmerston North | 2:33.44 |
| 3 | Stella Pearlless | North Harbour Bays | 2:33.54 |

OTHER NATIONAL RESULTS

Grade 11 Girls 1500m

| | | | |
|---|----------------|------------------|---------|
| 1 | Serena Murrihy | Taumarunui | 4:59.85 |
| 2 | Zia Mcdermid | Palmerston North | 5:05.33 |
| 3 | Rebecca Blyde | Egmont | 5:20.31 |

Grade 11 Girls 4x100m Relay

| | | | |
|---|---|----------|---------|
| 1 | Birdgette Petrie, Briana Stephenson Payton Wilson, Georgia Hulls | Hastings | 59.17 |
| 2 | Jade Tulp, Tori Kolose Tamia Rogers-Pook, Kodi Barlow | Papakura | 59.87 |
| 3 | Courtney Davie, Tayla Sweeney Sara Brunsdon, Gabrielle Kay | Te Aroha | 1:02.54 |

Grade 11 Girls High Jump

| | | | |
|---|-------------------|----------|------|
| 1 | Jade Tulp | Papakura | 1.36 |
| 2 | Briana Stephenson | Hastings | 1.33 |
| 3 | Monica Pu'e | Otaki | 1.30 |

Grade 11 Girls Long Jump

| | | | |
|---|------------------|-------------|------------|
| 1 | Ashleigh Bennett | Hawera | 4.75 (1.1) |
| 2 | Lisa Makaohi | Featherston | 4.26 (5.1) |
| 3 | Samantha Olsen | Bush | 4.16 (2.4) |

Grade 11 Girls Shot Put

| | | | |
|---|------------------|----------------|-------|
| 1 | Terrelle Onesemo | Lower Hutt | 10.77 |
| 2 | Grace Lui | Waitakere City | 10.44 |
| 3 | Emily White | Paraparaumu | 10.31 |

Grade 11 Girls Discus Throw

| | | | |
|---|------------------|-------------|-------|
| 1 | Terrelle Onesemo | Lower Hutt | 28.89 |
| 2 | Ashleigh Bennett | Hawera | 25.47 |
| 3 | Lisa Makaohi | Featherston | 23.94 |

Grade 11 Girls 1200m Walk

| | | | |
|---|----------------|-------------|---------|
| 1 | Serena Murrihy | Taumarunui | 7:55.05 |
| 2 | Georgia Keech | Hawera | 8:10.88 |
| 3 | Kayla Shipp | Paraparaumu | 8:30.61 |

Grade 12 Girls 100m Wind -1.4

| | | | |
|---|-------------------|----------------|-------|
| 1 | Symone Tafaun'i | Waitakere City | 13.47 |
| 2 | Samantha Bitcheno | Greerton | 13.85 |
| 3 | Kayla Hamblyn | Ngatea | 14.05 |

Grade 12 Girls 200m -2.9

| | | | |
|---|-------------------|----------------|-------|
| 1 | Symone Tafaun'i | Waitakere City | 27.23 |
| 2 | Samantha Bitcheno | Greerton | 28.45 |
| 3 | Kayla Hamblyn | Ngatea | 29.09 |

Grade 12 Girls 400m

| | | | |
|---|----------------|---------------------|---------|
| 1 | Savarna Asafo | Waiuku | 1:04.34 |
| 2 | Paige Satchell | Lake City | 1:05.42 |
| 3 | Kelsey Forman | Wellington Harriers | 1:05.67 |

Grade 12 Girls 800m

| | | | |
|---|-----------------|--------------------|---------|
| 1 | Maiya Christini | Pt Chevalier | 2:25.79 |
| 2 | Jess Kerr | Olympic Wellington | 2:27.29 |
| 3 | Paige Satchell | Lake City | 2:27.32 |

Grade 12 Girls 1500m

| | | | |
|---|-----------------|--------------------|---------|
| 1 | Jess Kerr | Olympic Wellington | 4:53.72 |
| 2 | Maiya Christini | Pt Chevalier | 4:55.35 |
| 3 | Paige Satchell | Lake City | 5:05.86 |

Grade 12 Girls 80m Hurdles Wind 0.8

| | | | |
|---|---------------|---------------------|-------|
| 1 | Kelsey Forman | Wellington Harriers | 15.27 |
| 2 | Renee Sandle | Woodleigh | 15.32 |
| 3 | Jasmine Kadio | Lower Hutt | 15.36 |

Grade 12 Girls 4x100m Relay

| | | | |
|---|--|---------------------|-------|
| 1 | Malia Longopoa, Emma Dunbar Malia Steinmetz, Tamsin Harvey | Hillsborough | 59.09 |
| 2 | Georgia Gawler, Jade Price Aimee Carlson, Josie Minor | Napier | 59.40 |
| 3 | Kelsey Forman, Rachel Witkowski Elise Forman, Holly McMahon | Wellington Harriers | 59.87 |

Grade 12 Girls High Jump

| | | | |
|---|----------------------|----------------|------|
| 1 | Symone Tafaun'i | Waitakere City | 1.52 |
| 2 | Kristina Emson | Hinemoa | 1.41 |
| 3 | MacKenzie van Fulpen | Lake City | 1.38 |

OTHER NATIONAL RESULTS

Grade 12 Girls Long Jump

| | | | |
|---|-----------------|----------------|------------|
| 1 | Flo de Beivre | Taupo | 4.81 (3.1) |
| 2 | Symone Tafaun'i | Waitakere City | 4.73 (2.6) |
| 3 | Kayla Hamblin | Ngatea | 4.65 (5.1) |

Grade 12 Girls Shot Put

| | | | |
|---|----------------------|--------------------|-------|
| 1 | Mackenzie Vitasovich | North Harbour Bays | 11.61 |
| 2 | Ivanya Po'uhiia | Pt Chevalier | 10.77 |
| 3 | Hannah Delamere | Napier | 8.31 |

Grade 12 Girls Discus Throw

| | | | |
|---|----------------------|--------------------|-------|
| 1 | Mackenzie Vitasovich | North Harbour Bays | 35.87 |
| 2 | Ivanya Po'uhiia | Pt Chevalier | 31.81 |
| 3 | Hannah Delamere | Napier | 26.05 |

Grade 12 Girls 1200m Walk

| | | | |
|---|------------------|-----------|---------|
| 1 | Deanna Moratti | Inglewood | 7:08.34 |
| 2 | Renee Sandle | Woodleigh | 7:42.73 |
| 3 | Alisha Gilchrist | Onslow | 7:59.21 |

Grade 13 Girls 100m Wind -5.0

| | | | |
|---|-------------------|----------------|-------|
| 1 | Zoe Hobbs | Eltham | 13.67 |
| 2 | Elizabeth Hurrell | Waitakere City | 13.95 |
| 3 | Lucy White | Paraparaumu | 14.15 |

Grade 13 Girls 200m NWI

| | | | |
|---|--------------------|-------------|-------|
| 1 | Zoe Hobbs | Eltham | 27.41 |
| 2 | Brooke Summerfield | Greerton | 28.49 |
| 3 | Lucy White | Paraparaumu | 28.64 |

Grade 13 Girls 400m

| | | | |
|---|-----------------------|-----------|---------|
| 1 | Kenya Kavangh-Vincent | Pakuranga | 1:00.99 |
| 2 | Natasha Tulp | Papakura | 1:02.32 |
| 3 | Meg Skilton | Te Aroha | 1:02.36 |

Grade 13 Girls 800m

| | | | |
|---|-----------------------|------------------|---------|
| 1 | Kara Mcdermid | Palmerston North | 2:17.72 |
| 2 | Kenya Kavangh-Vincent | Pakuranga | 2:19.94 |
| 3 | Jessica Bitcheno | Greerton | 2:21.13 |

Grade 13 Girls 1500m

| | | | |
|---|------------------|---------------------|---------|
| 1 | Kara Mcdermid | Palmerston North | 4:38.46 |
| 2 | Arianna Lord | Hamilton City Hawks | 4:48.54 |
| 3 | Jessica Bitcheno | Greerton | 4:55.98 |

Grade 13 Girls 80m Hurdles Wind 0.9

| | | | |
|---|---------------|-------------|-------|
| 1 | Lucy White | Paraparaumu | 13.05 |
| 2 | Zoe Hobbs | Eltham | 13.35 |
| 3 | Chelsea Monks | Paraparaumu | 13.88 |

Grade 13 Girls 4x100m Relay

| | | | |
|---|--|----------------|-------|
| 1 | Symone Tafaun'i, Georgia Pert Fantasia Walker, Elizabeth Hurrell | Waitakere City | 54.59 |
| 2 | Danika Northcott-Weherua, Ashleigh Bennett Keara Loveridge, Ricki Lockley | Hawera | 55.68 |
| 3 | Nicola Wheeler, Jasmine Kadio Daisy Smith, Kirstie Baker | Lower Hutt | 57.14 |

Grade 13 Girls High Jump

| | | | |
|---|------------------|---------------|------|
| 1 | Charlotte Hunter | Roskill South | 1.51 |
| 2 | Chelsea Monks | Paraparaumu | 1.48 |
| 3 | Ricki Lockley | Hawera | 1.45 |

Grade 13 Girls Long Jump

| | | | |
|---|--------------------|-------------|-------------|
| 1 | Zoe Hobbs | Eltham | 4.90 (-2.3) |
| 2 | Brooke Summerfield | Greerton | 4.74 (-2.9) |
| 3 | Chelsea Monks | Paraparaumu | 4.42 (-2.2) |

Grade 13 Girls Shot Put

| | | | |
|---|---------------------|----------|-------|
| 1 | Nikita Kolosy-Webby | Normanby | 11.55 |
| 2 | Sarah Doyle | Takapuna | 10.87 |
| 3 | Jessica Brougham | Wanganui | 10.82 |

Grade 13 Girls Discus Throw

| | | | |
|---|-------------------|-----------|-------|
| 1 | Khavinae Samuel | Pakuranga | 32.16 |
| 2 | Sarah Doyle | Takapuna | 25.93 |
| 3 | Rayna Eden-Atoaga | Pakuranga | 25.39 |

Grade 13 Girls 1600m Walk

| | | | |
|---|--------------------|-----------|----------|
| 1 | Hannah van Kerssen | Normanby | 10:51.33 |
| 2 | Danielle O' Connor | Pakuranga | 11:19.11 |
| 3 | Emma Brown | Masterton | 11:19.24 |

OTHER NATIONAL RESULTS

Grade 14 Girls 100m Wind -3.0

| | | | |
|---|--------------|---------------------|-------|
| 1 | Robyn Engels | Putaruru | 13.18 |
| 2 | Amy Robinson | Greerton | 13.21 |
| 3 | Talia Horgan | Hamilton City Hawks | 13.24 |

Grade 14 Girls 200m NWI

| | | | |
|---|--------------|---------------------|-------|
| 1 | Robyn Engels | Putaruru | 26.45 |
| 2 | Abby Goldie | Greerton | 26.76 |
| 3 | Talia Horgan | Hamilton City Hawks | 26.84 |

Grade 14 Girls 400m

| | | | |
|---|---------------|---------------------|---------|
| 1 | Talia Horgan | Hamilton City Hawks | 58.23 |
| 2 | Renee Bacon | Levin | 1:01.69 |
| 3 | Megan Bethell | Te Awamutu | 1:01.91 |

Grade 14 Girls 800m

| | | | |
|---|----------------|--------------|---------|
| 1 | Renee Bacon | Levin | 2:21.95 |
| 2 | Zara Murrihy | Taumarunui | 2:22.86 |
| 3 | Cherie Walpole | Hillsborough | 2:23.13 |

Grade 14 Girls 1500m

| | | | |
|---|---------------|------------|---------|
| 1 | Zara Murrihy | Taumarunui | 4:54.45 |
| 2 | Audrey Grogan | Eastern | 4:58.52 |
| 3 | Anneke Grogan | Bellevue | 4:58.97 |

Grade 14 Girls 80m Hurdles Wind 2.7

| | | | |
|---|---------------|------------|-------|
| 1 | Kate Plimmer | Lower Hutt | 12.36 |
| 2 | Amy Robinson | Greerton | 12.39 |
| 3 | Hannah Brough | Pukekohe | 12.75 |

Grade 14 Girls 4x100m Relay

| | | | |
|---|--|-------------|-------|
| 1 | Eliza Stanley, Courtney Wheeler Lucy Garner, Kate Plimmer | Lower Hutt | 52.23 |
| 2 | Emma McDonald, Amy Robinson Brooke Somerfield, Abby Goldie | Greerton | 52.30 |
| 3 | Monique Robinson, Lucy White Hayley Makinson, Chelsea Monks | Paraparaumu | 55.24 |

Grade 14 Girls High Jump

| | | | |
|---|---------------|------------|------|
| 1 | Kate Plimmer | Lower Hutt | 1.59 |
| 2 | Hannah Brough | Pukekohe | 1.56 |
| 3 | Lucy Garner | Lower Hutt | 1.50 |

Grade 14 Girls Long Jump

| | | | |
|---|--------------|------------|------------|
| 1 | Robyn Engels | Putaruru | 5.30 (1.4) |
| 2 | Amy Robinson | Greerton | 5.18 (0.7) |
| 3 | Kate Plimmer | Lower Hutt | 5.00 (1.6) |

Grade 14 Girls Shot Put

| | | | |
|---|------------------|------------|-------|
| 1 | Mele Tiauli | Papatoetoe | 12.10 |
| 2 | Courtney Wheeler | Lower Hutt | 10.85 |
| 3 | Renee Bacon | Levin | 10.09 |

Grade 14 Girls Discus Throw

| | | | |
|---|---------------|------------|-------|
| 1 | Mele Tiauli | Papatoetoe | 32.37 |
| 2 | Renee Moratti | Inglewood | 28.90 |
| 3 | Maria Taylor | Carterton | 28.58 |

Grade 14 Girls 2000m Walk

| | | | |
|---|------------------|------------|----------|
| 1 | Zara Murrihy | Taumarunui | 11:16.16 |
| 2 | Renee Moratti | Inglewood | 11:54.29 |
| 3 | Atalya Loveridge | Hawera | 13:15.29 |

Grade 10 Boys 100m NWI

| | | | |
|---|---------------|----------------|-------|
| 1 | Marcel Connal | Papatoetoe | 13.95 |
| 2 | Tapasu Paea | Waitakere City | 14.00 |
| 3 | Wiremu Curtis | Gisborne | 14.19 |

Grade 10 Boys 200m Wind -1.7

| | | | |
|---|------------------|------------------|-------|
| 1 | Wiremu Curtis | Gisborne | 29.52 |
| 2 | Harrison Porritt | Palmerston North | 29.52 |
| 3 | Marcel Connal | Papatoetoe | 29.53 |

Grade 10 Boys 400m

| | | | |
|---|------------------|------------------|---------|
| 1 | Isaiah Priddey | Hinemoa | 1:05.14 |
| 2 | Lachlan Haycock | Greerton | 1:07.29 |
| 3 | Harrison Porritt | Palmerston North | 1:07.63 |

Grade 10 Boys 800m

| | | | |
|---|----------------|-----------|---------|
| 1 | Isaiah Priddey | Hinemoa | 2:27.86 |
| 2 | Nikolai Allen | Maidstone | 2:35.36 |
| 3 | Todd Douglas | Hastings | 2:36.82 |

OTHER NATIONAL RESULTS

Grade 10 Boys 1500m

| | | | |
|---|----------------|-----------|---------|
| 1 | Isaiah Priddey | Hinemoa | 5:03.13 |
| 2 | Nikolai Allen | Maidstone | 5:09.61 |
| 3 | Jack Elliott | Hawera | 5:21.08 |

Grade 10 Mixed 4x100m Relay

| | | | |
|---|--|--------------------|----------|
| 1 | Ben Dodds, Jack Simpkin Benet Kumeroa, Rowan Brown | North Harbour Bays | 1:00.50 |
| 2 | William Dixon, Luke Merwood Joseph Field | Hastings | 1:01.87, |
| 3 | Megan Phillips, Dylan Vine Bayly Vine, Arana Murphy | Levin | 1:00.28 |

Grade 10 Boys High Jump

| | | | |
|---|-------------|--------------------|------|
| 1 | James Moors | North Harbour Bays | 1.43 |
| 2 | Tyler Wood | Hinemoa | 1.40 |
| 3 | Rowan Brown | North Harbour Bays | 1.34 |

Grade 10 Boys Long Jump

| | | | |
|---|----------------|----------------|------------|
| 1 | Tapasu Paea | Waitakere City | 4.39 (2.3) |
| 2 | Niko Steinmetz | Hillsborough | 4.31 (1.6) |
| 3 | William Dixon | Hastings | 4.30 (2.2) |

Grade 10 Boys Shot Put

| | | | |
|---|---------------|--------------------|-------|
| 1 | Benet Kumeroa | North Harbour Bays | 10.89 |
| 2 | James Moors | North Harbour Bays | 9.69 |
| 3 | Caleb Whippy | Papatoetoe | 9.33 |

Grade 10 Boys Discus Throw

| | | | |
|---|---------------|--------------------|-------|
| 1 | Rivez Reihana | Whangarei | 29.33 |
| 2 | Caleb Whippy | Papatoetoe | 25.54 |
| 3 | James Moors | North Harbour Bays | 23.85 |

Grade 10 Boys 1200m Walk

| | | | |
|---|-----------------------|--------|----------|
| 1 | Shamus Hurley-Langton | Hawera | 10:19.56 |
|---|-----------------------|--------|----------|

Grade 11 Boys 100m NWI

| | | | |
|---|------------------|----------------|-------|
| 1 | Caleb Clarke | Waitakere City | 13.19 |
| 2 | Alex Westbrook | Hinemoa | 13.31 |
| 3 | Michael Brimelow | Opunake | 13.65 |

Grade 11 Boys 200m Wind -0.3

| | | | |
|---|----------------------|----------------|-------|
| 1 | Alex Westbrook | Hinemoa | 27.99 |
| 2 | Goldberg Palota-Kopa | Waitakere City | 28.67 |
| 3 | Conor Jacobs | Karori | 28.69 |

Grade 11 Boys 400m

| | | | |
|---|---------------------|--------------------|---------|
| 1 | Ollie Reid | Bellevue | 1:02.87 |
| 2 | Josh Nairne | Olympic Wellington | 1:02.87 |
| 3 | Kieran Andrews-Paul | Masterton | 1:03.61 |

Grade 11 Boys 800m

| | | | |
|---|---------------|--------------------|---------|
| 1 | Flynn Barron | Pukekohe | 2:26.62 |
| 2 | Josh Nairne | Olympic Wellington | 2:28.25 |
| 3 | Liam Steffert | Hinemoa | 2:29.17 |

Grade 11 Boys 1500m

| | | | |
|---|----------------|----------|---------|
| 1 | Flynn Barron | Pukekohe | 4:58.82 |
| 2 | Zaine Jennings | Hastings | 5:01.13 |
| 3 | Liam Steffert | Hinemoa | 5:02.50 |

Grade 11 Boys 4x100m Relay

| | | | |
|---|--|-------------|---------|
| 1 | Blake Smith, Cameron Harcourt Liam Steffert, Alex Westbrook | Hinemoa | 57.98 |
| 2 | Zac Wynd, Ambros Keil Jordan Kelly, Ishmael Perkins-Banse | Paraparaumu | 59.56 |
| 3 | Rivez Reihana, Reuben Gregory Scott Gregory, Dylan Brown | Whangarei | 1:00.44 |

Grade 11 Boys High Jump

| | | | |
|---|---------------|----------|------|
| 1 | Blake Smith | Hinemoa | 1.46 |
| 2 | Caleb Thomas | Hawera | 1.40 |
| 3 | Jack Buchanan | Takapuna | 1.40 |

Grade 11 Boys Long Jump

| | | | |
|---|----------------|-----------|-------------|
| 1 | Kyle Hamilton | Greerton | 4.55 (-3.2) |
| 2 | Scott Gregory | Whangarei | 4.50 (-2.8) |
| 3 | Alex Westbrook | Hinemoa | 4.20 (-3.2) |

Grade 11 Boys Shot Put

| | | | |
|---|-----------------------|------------|------|
| 1 | Kyle Hamilton | Greerton | 9.02 |
| 2 | Sonny Hotene-Russ | Waitara | 8.92 |
| 3 | Stone Warren-Robinson | Titahi Bay | 8.82 |

OTHER NATIONAL RESULTS

Grade 11 Boys Discus Throw

| | | | |
|---|-----------------------|----------------|-------|
| 1 | Sonny Hotene-Russ | Waitara | 32.45 |
| 2 | Goldberg Palota-Kopa | Waitakere City | 29.53 |
| 3 | Stone Warren-Robinson | Titahi Bay | 29.43 |

Grade 11 Boys 1200m Walk

| | | | |
|---|------------------|-----------|---------|
| 1 | Sean Beresford | Onslow | 8:17.04 |
| 2 | Chris Riddell | Fairfield | 8:17.28 |
| 3 | Hayden Besseling | Bellevue | 9:38.12 |

Grade 12 Boys 100m Wind -2.4

| | | | |
|---|-----------------|------------|-------|
| 1 | Fa'aolataga Tau | Titahi Bay | 12.57 |
| 2 | Devin Tetai | Kawerau | 12.98 |
| 3 | Sheldon Tovio | Papatoetoe | 13.15 |

Grade 12 Boys 200m -3.9

| | | | |
|---|-----------------|------------|-------|
| 1 | Fa'aolataga Tau | Titahi Bay | 24.76 |
| 2 | Mafuataga Tau | Titahi Bay | 25.02 |
| 3 | Devin Tetai | Kawerau | 25.25 |

Grade 12 Boys 400m

| | | | |
|---|-----------------|------------------|---------|
| 1 | Fa'aolataga Tau | Titahi Bay | 57.94 |
| 2 | Niven Longopoa | Hillsborough | 59.39 |
| 3 | Jack Cartridge | Palmerston North | 1:03.25 |

Grade 12 Boys 800m

| | | | |
|---|---------------|-----------|---------|
| 1 | Angus White | Egmont | 2:18.50 |
| 2 | Joshua Lee | Pakuranga | 2:19.97 |
| 3 | Andrew Catley | Pakuranga | 2:24.58 |

Grade 12 Boys 1500m

| | | | |
|---|---------------|-----------|---------|
| 1 | Angus White | Egmont | 4:44.45 |
| 2 | Joshua Lee | Pakuranga | 4:49.72 |
| 3 | Andrew Catley | Pakuranga | 4:50.32 |

Grade 12 Boys 80m Hurdles Wind 0.7

| | | | |
|---|---------------------|--------------|-------|
| 1 | Niven Longopoa | Hillsborough | 13.22 |
| 2 | Christopher Goodwin | Fairfield | 13.35 |
| 3 | Andrew Somerfield | Bellevue | 15.37 |

Grade 12 Boys 4x100m Relay

| | | | |
|---|--|------------------|-------|
| 1 | Obeda Olia, Mafuataga Tau Stone Warren-Robinson, Fa'aolataga Tau | Titahi Bay | 52.22 |
| 2 | Harry Unsworth, Luke Foster Stefan Hannan, Harry Symes | Wanganui | 54.84 |
| 3 | Jacob Aomarere-Poole, Jack Cartridge Hayden Phillips, Sam Gunning | Palmerston North | 56.56 |

Grade 12 Boys High Jump

| | | | |
|---|----------------|-----------|------|
| 1 | Devin Tetai | Kawerau | 1.58 |
| 2 | Ethan Phillips | Napier | 1.55 |
| 3 | Finn Yeats | Carterton | 1.55 |

Grade 12 Boys Long Jump

| | | | |
|---|----------------|--------------|------------|
| 1 | Niven Longopoa | Hillsborough | 5.29 (2.4) |
| 2 | Devin Tetai | Kawerau | 5.11 (1.9) |
| 3 | Ethan Phillips | Napier | 5.02 (4.4) |

Grade 12 Boys Shot Put

| | | | |
|---|---------------|------------|-------|
| 1 | Sheldon Tovio | Papatoetoe | 11.50 |
| 2 | Danzelle To'o | Titahi Bay | 11.41 |
| 3 | Mafuataga Tau | Titahi Bay | 11.10 |

Grade 12 Boys Discus Throw

| | | | |
|---|----------------|------------|-------|
| 1 | Sheldon Tovio | Papatoetoe | 35.24 |
| 2 | Ethan Phillips | Napier | 30.93 |
| 3 | Danzelle To'o | Titahi Bay | 29.86 |

Grade 12 Boys 1200m Walk

| | | | |
|---|------------------|--------------|----------|
| 1 | Nathan McDougal | Hillsborough | 8:12.05 |
| 2 | Christian Conder | Wanganui | 8:14.14 |
| 3 | Sam Field | Hastings | 10:49.12 |

Grade 13 Boys 100m Wind -2.8

| | | | |
|---|--------------------|--------------------|-------|
| 1 | Marzellus Salaivao | Waitakere City | 12.32 |
| 2 | Brett Farrell | Pukekohe | 12.52 |
| 3 | Zachary Hughes | North Harbour Bays | 12.89 |

Grade 13 Boys 200m Wind -4.2

| | | | |
|---|--------------------|--------------------|-------|
| 1 | Brett Farrell | Pukekohe | 24.52 |
| 2 | Marzellus Salaivao | Waitakere City | 24.69 |
| 3 | Zachary Hughes | North Harbour Bays | 25.49 |

OTHER NATIONAL RESULTS

| | | | |
|--|---|---------------------|------------|
| Grade 13 Boys 400m | | | |
| 1 | Josh Ledger | Maidstone | 55.92 |
| 2 | Hunter Curran | Pakuranga | 57.40 |
| 3 | Connor Kemp | Putaruru | 57.83 |
| Grade 13 Boys 800m | | | |
| 1 | Josh Ledger | Maidstone | 2:09.15 |
| 2 | Jake Pallister | Pakuranga | 2:11.94 |
| 3 | Michael Dawson | Hillsborough | 2:13.33 |
| Grade 13 Boys 1500m | | | |
| 1 | Michael Dawson | Hillsborough | 4:34.70 |
| 2 | Jake Pallister | Pakuranga | 4:39.57 |
| 3 | Jonathon Beresford | Onslow | 4:41.12 |
| Grade 13 Boys 80m Hurdles NWI | | | |
| 1 | Hayden Robertson | Onslow | 13.15 |
| 2 | Jack Colvin | Bellevue | 13.48 |
| 3 | Campbell Millward | Te Aroha | 13.63 |
| Grade 13 Boys 4x100m Relay | | | |
| 1 | Alexander O'Neill, Jack Pirie Guy Kilmister, Zachary Hughes | North Harbour Bays | 51.61 |
| 2 | Paul Bickle, Kerrod Foaese Pio Lupo, Patrick Ahnau | Titahi Bay | 51.65 |
| 3 | Toby Cameron, Owen Lewis Jones Kroydan Heron, Poutama Hamahona-Taiaroa | Wanganui | 53.72 |
| Grade 13 Boys High Jump | | | |
| 1 | Hunter Curran | Pakuranga | 1.63 |
| 2 | Brett Farrell | Pukekohe | 1.60 |
| 3 | Jared Free | Waitakere City | 1.60 |
| Grade 13 Boys Long Jump | | | |
| 1 | Thomas Agnew | Hastings | 5.36 (1.7) |
| 2 | Alexander O'Neill | North Harbour Bays | 5.11 (1.6) |
| 3 | Josh Ledger | Maidstone | 5.05 (2.9) |
| Grade 13 Boys Shot Put | | | |
| 1 | Alexander O'Neill | North Harbour Bays | 12.97 |
| 2 | Josiah Brown | Papatoetoe | 11.77 |
| 3 | Maui Teaukai | Waitakere City | 11.64 |
| Grade 13 Boys Discus Throw | | | |
| 1 | Alexander O'Neill | North Harbour Bays | 39.56 |
| 2 | Maui Teaukai | Waitakere City | 37.13 |
| 3 | Josiah Brown | Papatoetoe | 33.47 |
| Grade 13 Boys 1600m Walk | | | |
| 1 | Jonathon Beresford | Onslow | 11:18.92 |
| 2 | Thomas Bigwood | Greerton | 11:57.42 |
| 3 | Taine Sweeney | Te Aroha | 12:11.33 |
| Grade 14 Boys 100m Wind -2.9 | | | |
| 1 | Tom Smith | Hamilton City Hawks | 11.84 |
| 2 | Blake Gordon | Hamilton City Hawks | 11.97 |
| 3 | Aleks Noble-Campbell | Onslow | 12.33 |
| Grade 14 Boys 200m Wind -0.3 | | | |
| 1 | Tom Smith | Hamilton City Hawks | 23.13 |
| 2 | Blake Gordon | Hamilton City Hawks | 23.46 |
| 3 | Aleks Noble-Campbell | Onslow | 23.93 |
| Grade 14 Boys 400m | | | |
| 1 | Tom Smith | Hamilton City Hawks | 54.07 |
| 2 | Ethan Vaughan | Pukekohe | 54.53 |
| 3 | Fletcher Greaves | Lower Hutt | 55.66 |
| Grade 14 Boys 800m | | | |
| 1 | Ethan Vaughan | Pukekohe | 2:04.50 |
| 2 | Marcus Karamanolis | Wellington Harriers | 2:07.04 |
| 3 | Scott Croasdale | Greerton | 2:08.44 |
| Grade 14 Boys 1500m | | | |
| 1 | Marcus Karamanolis | Wellington Harriers | 4:22.21 |
| 2 | Jacob Priddey | Hinemoa | 4:24.25 |
| 3 | Ethan Vaughan | Pukekohe | 4:27.87 |
| Grade 14 Boys 100m Hurdles Wind 0.6 | | | |
| 1 | Luca Denee | Takapuna | 14.73 |
| 2 | Jade Taylor | Hawera | 15.31 |
| 3 | Josh Gore | Hamilton City Hawks | 15.33 |

OTHER NATIONAL RESULTS

Grade 14 Boys 4x100m Relay

| | | | |
|---|--|-----------|-------|
| 1 | Dhruv Raman, Edward Hewitt Zane Hancox, Raymond Andrews-Paul | Masterton | 48.41 |
| 2 | Shayne Tairakena, Jacob Berry Aidan Clarkin-Rush, Christopher Goodwin | Fairfield | 52.08 |
| 3 | Josh Toia, Tim Keip Todd Burnard, Sean Morrison | Hastings | 53.44 |

Grade 14 Boys High Jump

| | | | |
|---|----------------|--------------------|------|
| 1 | Cory McDermott | Waitakere City | 1.80 |
| 2 | Rhys Malcon | North Harbour Bays | 1.73 |
| 3 | Gene Te Amo | Manurewa | 1.65 |

Grade 14 Boys Long Jump

| | | | |
|---|---------------|-----------|-------------|
| 1 | Alex Wood | Hinemoa | 5.75 (-2.7) |
| 2 | Callum Taylor | Lake City | 5.43 (1.1) |
| 3 | Alex de Boer | Te Aroha | 5.37 (-2.7) |

Grade 14 Boys Shot Put

| | | | |
|---|---------------|--------------------|-------|
| 1 | Matt Bloxham | North Harbour Bays | 13.75 |
| 2 | Gene Te Amo | Manurewa | 13.16 |
| 3 | Sean Morrison | Napier | 12.75 |

Grade 14 Boys Discus Throw

| | | | |
|---|--------------|---------------------|-------|
| 1 | Gene Te Amo | Manurewa | 49.74 |
| 2 | Blake Gordon | Hamilton City Hawks | 39.92 |
| 3 | Matt Bloxham | North Harbour Bays | 39.27 |

Grade 14 Boys 2000m Walk

| | | | |
|---|----------------|---------------------|----------|
| 1 | Andrew Jackson | Roskill South | 11:00.13 |
| 2 | Fraser Samson | Wellington Harriers | 14:05.05 |
| 3 | Matt Shipp | Maidstone | 15:15.64 |

Grade 10 Medley Relay

| | | | |
|---|--|--------------------|---------|
| 1 | Emerson Yee, Amelia Kerr Callum Brooker, Ben Murdoch Dillon Lewis | Olympic Wellington | 5:01.71 |
| 2 | Jessie Auckram, Anneke Lockhart Harrison Porritt, Jess Gleeson Dylan Grace | Palmerston North | 5:13.41 |
| 3 | Todd Douglas, Monique Way Zayne Coffey, Olivia Lee Karan Mandair | Hastings | 5:18.53 |

Grade 11 Medley Relay

| | | | |
|---|---|----------|---------|
| 1 | Anja Kuys, Blake Smith Keely Jennings, Liam Steffert Alex Westbrook | Hinemoa | 4:50.68 |
| 2 | Sara Brunsdon, Trent Davis Tayla Sweeney, Sean Lovelock Matthew Millward | Te Aroha | 4:52.85 |
| 3 | Kaleb Wright, Georgia Hulls Zavier Jones, Aiden Fleming Briana Stephenson | Hastings | 4:56.28 |

Grade 12 Medley Relay

| | | | |
|---|--|------------------|---------|
| 1 | Harry Symes, Stefan Hannen Christian Conder, Dayna Smith Alexandria Maples | Wanganui | 4:56.98 |
| 2 | Sam Gunning, Georgia Whiteman Hayden Phillips, Terese Richard Jack Cartridge | Palmerston North | 5:01.67 |
| 3 | Isaac Dyer, Georgia Creagh Sam Field, Mitchell Keip Gabby Palmer | Hastings | 5:03.26 |

Grade 13 Medley Relay

| | | | |
|---|--|----------|---------|
| 1 | Samantha Bitcheno, Luke Robinson Rhys Hamilton, Jessica Bitcheno Johnny O'Donnell | Greerton | 4:17.91 |
| 2 | Kerri Lovelock, Ashley Haddon Meg Skilton, Taine Sweeney Campbell Millward | Te Aroha | 4:18.16 |
| 3 | Thomas Noble-Campbell, Jonathon Beresford Phoebe Anderson, Alisha Gilchrist Hayden Robertson | Onslow | 4:27.80 |

OTHER NATIONAL RESULTS

Grade 14 Medley Relay

| | | | |
|---|---|------------|---------|
| 1 | Brooke Somerfield, Thomas Bigwood Emma McDonald, Scott Croasdale Amy Robinson | Greeton | 4:15.23 |
| 2 | Jade Taylor, Cory Glover Ricki Lockley, Atalya Loveridge Nicholas Knorth | Hawera | 4:16.26 |
| 3 | Courtney Wheeler, Kate Plimmer Tom England, Lucy Garner Fletcher Greaves | Lower Hutt | 4:17.50 |

2011 South Island Colgate Games

Dunedin, 14-16 January 2011

Grade 10 Girls 100m Wind 1.5

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Zoe van Eekelen | Phoenix | 14.11 |
| 2 | Anna Hayward | Canterbury University | 14.34 |
| 3 | Kate Percy | South Canterbury | 14.64 |

Grade 10 Girls 200m Wind 2.1

| | | | |
|---|-------------------|-------------------|-------|
| 1 | Zoe van Eekelen | Phoenix | 29.34 |
| 2 | Caitlin Dickinson | Port Hills | 30.33 |
| 3 | Laura Clarke | Christchurch Avon | 30.60 |

Grade 10 Girls 400m

| | | | |
|---|-----------------|-----------------------|---------|
| 1 | Zoe van Eekelen | Phoenix | 1:06.79 |
| 2 | Tegan Duffy | North Canterbury | 1:07.66 |
| 3 | Anna Hayward | Canterbury University | 1:09.24 |

Grade 10 Girls 800m

| | | | |
|---|----------------|------------------|---------|
| 1 | Georgia Stroud | Papanui Toc H | 2:40.60 |
| 2 | Mollie Kroon | Papatoetoe | 2:41.14 |
| 3 | Tegan Duffy | North Canterbury | 2:43.07 |

Grade 10 Girls 1500m

| | | | |
|---|----------------|---------------|---------|
| 1 | Georgia Stroud | Papanui Toc H | 5:21.15 |
| 2 | Mollie Kroon | Papatoetoe | 5:38.13 |
| 3 | Kate Higham | Ariki | 5:41.26 |

Grade 10 Girls 4x100m Relay

| | | | |
|---|--|-------------------|---------|
| 1 | Kate Higham, Brigid Corson Annabelle Latta, Olivia O'Neill Tara Keenan, Ella-Rose Tanoa-Kell | Ariki | 1:00.89 |
| 2 | Charlotte Freeman, Laura Clarke Laura Preston, Samantha Broomhall | Christchurch Avon | 1:02.79 |
| 3 | Mikayla Lowrey, Ashleigh Lowrey | North Otago | 1:04.20 |

Grade 10 Girls High Jump

| | | | |
|---|----------------------|-----------------------|------|
| 1 | Dyani Shepherd-Oates | Fiordland | 1.23 |
| 2 | Tegan Duffy | North Canterbury | 1.20 |
| 3 | Kate Percy | Canterbury University | 1.20 |

Grade 10 Girls Long Jump

| | | | |
|---|-------------------|------------------|-------------|
| 1 | Zoe van Eekelen | Phoenix | 4.40 (1.0) |
| 2 | Kate Percy | South Canterbury | 4.06 (-0.3) |
| 3 | Caitlin Dickinson | Port Hills | 4.06 (1.2) |

Grade 10 Girls Shot Put

| | | | |
|---|-----------------------|-------------------|------|
| 1 | Amabelle Voice-Powell | Papanui Toc H | 7.83 |
| 2 | Arian Te Whata | Winton | 7.28 |
| 3 | Ella-Rose Tanoa-Kell | Christchurch Avon | 7.09 |

Grade 10 Girls Discus Throw

| | | | |
|---|----------------|-------------|-------|
| 1 | Olivia Tutty | Remarkables | 21.06 |
| 2 | Cheyenne Young | Geraldine | 19.68 |
| 3 | Rosie Kelly | Greymouth | 18.31 |

Grade 10 Girls 1200m Walk

| | | | |
|---|--------------------|-------------------|---------|
| 1 | Charlotte Freeman | Christchurch Avon | 8:19.86 |
| 2 | Jenna-Rae McIntyre | South Canterbury | 8:44.57 |

Grade 11 Girls 100m Wind 0.9

| | | | |
|---|-------------------|-----------------------|-------|
| 1 | Summer Rutherford | Port Hills | 14.26 |
| 2 | Jocooa Palmer | Taieri | 14.57 |
| 3 | Sophie Thomson | Canterbury University | 14.59 |

OTHER NATIONAL RESULTS

Grade 11 Girls 200m Wind 0.7

| | | | |
|---|-------------------|-----------------------|-------|
| 1 | Summer Rutherford | Port Hills | 29.02 |
| 2 | Elizabeth Hampton | South Canterbury | 29.62 |
| 3 | Abby Wilkinson | Canterbury University | 29.92 |

Grade 11 Girls 400m

| | | | |
|---|------------------------|--------------------|----------|
| 1 | Stella Pearlless | North Harbour Bays | 1:05.98 |
| 2 | Elizabeth Hampton | South Canterbury | 1:06.92 |
| 3 | Ruby Mountford-McAuley | Papanui Toc H | 1:08.118 |

Grade 11 Girls 800m

| | | | |
|---|--------------------|--------------------|---------|
| 1 | Stella Pearlless | North Harbour Bays | 2:37.49 |
| 2 | Caroline Schurmann | Richmond | 2:42.48 |
| 3 | Tamsin Burt | Inglewood | 2:42.85 |

Grade 11 Girls 1500m

| | | | |
|---|--------------------|-------------|---------|
| 1 | Caroline Schurmann | Richmond | 5:26.72 |
| 2 | Tamsin Burt | Inglewood | 5:29.10 |
| 3 | Ella Gibson | Remarkables | 5:37.36 |

Grade 11 Girls 4x100m Relay

| | | | |
|---|---|---------------------------------|----------------|
| 1 | Riley Haugh, Cheyenne McLaren Leonie Palmer, Joccoaa Palmer Zanna McCleary, Abby Wilkinson Sophie Thomson, Kathryn Hodgins | Taieri Canterbury University | 59.09 59.37 |
| 3 | Britta Collins, Lucy McCrostie Ella Gibson, Olivia Tutty | Remarkables | 1:02.82 |

Grade 11 Girls High Jump

| | | | |
|---|---------------|--------------|------|
| 1 | Ella Apps | Port Hills | 1.36 |
| 2 | Kia Wales | Alexandra | 1.36 |
| 3 | Megan Eustace | Christchurch | 1.36 |

Grade 11 Girls Long Jump

| | | | |
|---|-------------------|------------------|------------|
| 1 | Elizabeth Hampton | South Canterbury | 4.54 (2.8) |
| 2 | Summer Rutherford | Port Hills | 4.41 (3.6) |
| 3 | Megan Eustace | Christchurch | 4.32 (2.8) |

Grade 11 Girls Shot Put

| | | | |
|---|----------------|-------------|------|
| 1 | Brittany Spark | Remarkables | 9.51 |
| 2 | Emma Ryan | St Pauls | 9.22 |
| 3 | Rose Clarkson | Port Hills | 8.65 |

Grade 11 Girls Discus Throw

| | | | |
|---|----------------|-------------|-------|
| 1 | Brittany Spark | Remarkables | 25.95 |
| 2 | Tamsin Burt | Inglewood | 22.48 |
| 3 | Taylor Boeyen | Richmond | 20.98 |

Grade 11 Girls 1200m Walk

| | | | |
|---|-------------------|-----------|----------|
| 1 | Sophie Williamson | Alexandra | 10:39.04 |
|---|-------------------|-----------|----------|

Grade 12 Girls 100m Wind 0.7

| | | | |
|---|-----------------|-------------------|-------|
| 1 | Jasmine Ng | North Otago | 13.06 |
| 2 | Emma Hopcroft | Gore | 13.46 |
| 3 | Georgia Freeman | Christchurch Avon | 13.59 |

Grade 12 Girls 200m 1.7

| | | | |
|---|-----------------|-------------------|-------|
| 1 | Jasmine Ng | North Otago | 26.76 |
| 2 | Emma Hopcroft | Gore | 27.46 |
| 3 | Georgia Freeman | Christchurch Avon | 28.38 |

Grade 12 Girls 400m

| | | | |
|---|---------------------|-----------------------|---------|
| 1 | Emma Hopcroft | Gore | 1:03.50 |
| 2 | Jessie Anderson | Canterbury University | 1:03.73 |
| 3 | Sydney Evans-Tobata | Caversham | 1:04.15 |

Grade 12 Girls 800m

| | | | |
|---|--------------------|-----------------------|---------|
| 1 | Jessie Anderson | Canterbury University | 2:28.32 |
| 2 | Hannah Brotheridge | Papanui Toc H | 2:32.36 |
| 3 | Charlotte Hadfield | Christchurch Avon | 2:35.44 |

Grade 12 Girls 1500m

| | | | |
|---|--------------------|-----------------------|---------|
| 1 | Jessie Anderson | Canterbury University | 5:06.03 |
| 2 | Hannah Brotheridge | Papanui Toc H | 5:16.72 |
| 3 | Cambria Doyle | Richmond | 5:28.28 |

Grade 12 Girls 80m Hurdles Wind 2.4

| | | | |
|---|-----------------|-------------------|-------|
| 1 | Rebecca Gillett | Christchurch Avon | 13.59 |
| 2 | Christina Ryan | South Canterbury | 13.89 |
| 3 | Lauren Gardiner | Takaka | 14.44 |

OTHER NATIONAL RESULTS

Grade 12 Girls 4x100m Relay

| | | | |
|---|---|-------------------|-------|
| 1 | Melina Palmer, Anja Gray Lily Cunningham, Emma Ward | Taieri | 56.15 |
| 2 | Megan Eustace, Rebecca Gillett Laura Thomas, Georgia Freeman | Christchurch Avon | 56.99 |
| 3 | Brenna Carson, Alice Clarkson Larissa McKewen, Caitlin Dickinson | Port Hills | 59.33 |

Grade 12 Girls High Jump

| | | | |
|---|-----------------|-------------------|------|
| 1 | Caitlin Kenny | St Pauls | 1.50 |
| 2 | Rebecca Gillett | Christchurch Avon | 1.44 |
| 3 | Bex Sollitt | Greymouth | 1.41 |

Grade 12 Girls Long Jump

| | | | |
|---|-----------------------|-------------------|------------|
| 1 | Rosie Taylor-Richmond | Takaka | 4.55 (2.5) |
| 2 | Georgia Freeman | Christchurch Avon | 4.54 (2.1) |
| 3 | Anja Gray | Taieri | 4.15 (2.5) |

Grade 12 Girls Shot Put

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Larissa McKewen | Port Hills | 10.76 |
| 2 | Hinewai Collins | St Pauls | 9.01 |
| 3 | Chantal Hall | Canterbury University | 8.84 |

Grade 12 Girls Discus Throw

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Larissa McKewen | Port Hills | 33.54 |
| 2 | Hinewai Collins | St Pauls | 25.58 |
| 3 | Chantal Hall | Canterbury University | 24.24 |

Grade 12 Girls 1200m Walk

| | | | |
|---|---------------------|-----------|---------|
| 1 | Fran Chignall | Hill City | 8:21.66 |
| 2 | Dominique Koia-Lowe | Ashburton | 8:48.42 |
| 3 | Jessica Cavill | Ashburton | 8:55.13 |

Grade 13 Girls 100m Wind 1.6

| | | | |
|---|------------------|-----------------|-------|
| 1 | Samantha McAuley | Hill City | 13.00 |
| 2 | Futa'i Lai Kong | Phoenix | 13.20 |
| 3 | Brianna Wilson | Parapanui Toc H | 13.31 |

Grade 13 Girls 200m Wind 1.9

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Samantha McAuley | Hill City | 26.80 |
| 2 | Hannah Clare | Winton | 27.92 |
| 3 | Jemima Tennekoon | Canterbury University | 28.05 |

Grade 13 Girls 400m

| | | | |
|---|------------------|-----------------------|---------|
| 1 | Jemima Tennekoon | Canterbury University | 1:02.87 |
| 2 | Hannah Clare | Winton | 1:02.87 |
| 3 | Meg Adamson | Invercargill | 1:03.29 |

Grade 13 Girls 800m

| | | | |
|---|---------------|-----------------------|---------|
| 1 | Meg Adamson | Invercargill | 2:24.40 |
| 2 | Sabine Keenan | Christchurch Avon | 2:28.40 |
| 3 | Libby Vincent | Canterbury University | 2:31.22 |

Grade 13 Girls 1500m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Meg Adamson | Invercargill | 5:04.43 |
| 2 | Libby Vincent | Canterbury University | 5:09.64 |
| 3 | Natalie Dryden | Christchurch Avon | 5:16.50 |

Grade 13 Girls 80m Hurdles Wind 2.3

| | | | |
|---|---------------|------------------|-------|
| 1 | Lauren Bruce | South Canterbury | 13.70 |
| 2 | Danica Davies | Ariki | 14.09 |
| 3 | Mary Lyons | Parapanui Toc H | 14.18 |

Grade 13 Girls 4x100m Relay

| | | | |
|---|---|-----------------------|-------|
| 1 | Katie Shaw, Sabine Keenan Georgia Sherlock, Kate Meynell | Christchurch Avon | 55.40 |
| 2 | Anna Percy, Jemima Tennekoon Libby Vincent, Lucy Thomson | Canterbury University | 55.95 |
| 3 | Brigid O'Neill, Smanatha McAuley Ali Cooper, Harriet Keown | Hill City | 57.14 |

Grade 13 Girls High Jump

| | | | |
|---|-----------------|------------------|------|
| 1 | Futa'i Lai Kong | Phoenix | 1.49 |
| 2 | Lauren Bruce | South Canterbury | 1.40 |
| 3 | Kylie Lyders | South Otago | 1.35 |

Grade 13 Girls Long Jump

| | | | |
|---|-----------------|-----------------------|------------|
| 1 | Futa'i Lai Kong | Phoenix | 4.96 (3.1) |
| 2 | Danica Davies | Ariki | 4.80 (0.8) |
| 3 | Lucy Thomson | Canterbury University | 4.47 (1.7) |

OTHER NATIONAL RESULTS

Grade 13 Girls Shot Put

| | | | |
|---|-----------------|-----------------|-------|
| 1 | Courtney Martin | Hill City | 11.55 |
| 2 | Khavinae Samuel | Pakuranga | 10.07 |
| 3 | Charlotte Coard | Parapanui Toc H | 8.49 |

Grade 13 Girls Discus Throw

| | | | |
|---|-----------------|------------------|-------|
| 1 | Khavinae Samuel | Pakuranga | 32.85 |
| 2 | Courtney Martin | Hill City | 32.53 |
| 3 | Lauren Bruce | South Canterbury | 26.45 |

Grade 13 Girls 1600m Walk

| | | | |
|---|--------------|-----------|----------|
| 1 | Erin O'Brien | Ariki | 10:02.00 |
| 2 | Romy Wales | Alexandra | 12:13.42 |

Grade 14 Girls 100m Wind 1.3

| | | | |
|---|---------------|--------------|-------|
| 1 | Robyn Engels | Putaruru | 12.81 |
| 2 | Devoney Spark | Remarkables | 12.99 |
| 3 | Olivia Maisey | New Brighton | 13.35 |

Grade 14 Girls 200m Wind 2.4

| | | | |
|---|--------------|-----------------------|-------|
| 1 | Robyn Engels | Putaruru | 26.14 |
| 2 | Lauri Watt | Canterbury University | 26.41 |
| 3 | Kate Plimmer | Lower Hutt | 27.21 |

Grade 14 Girls 400m

| | | | |
|---|-------------------|-----------------------|---------|
| 1 | Laura Smith | Christchurch Avon | 1:00.18 |
| 2 | Olivia Maisey | New Brighton | 1:01.74 |
| 3 | Annabelle Vincent | Canterbury University | 1:03.83 |

Grade 14 Girls 800m

| | | | |
|---|-------------------|-----------------------|---------|
| 1 | Laura Smith | Christchurch Avon | 2:20.72 |
| 2 | Anneke Grogan | Bellevue | 2:25.64 |
| 3 | Annabelle Vincent | Canterbury University | 2:26.96 |

Grade 14 Girls 1500m

| | | | |
|---|-------------------|-----------------------|---------|
| 1 | Laura Smith | Christchurch Avon | 4:49.88 |
| 2 | Annabelle Vincent | Canterbury University | 4:54.51 |
| 3 | Rosa Flanagan | Canterbury University | 4:55.38 |

Grade 14 Girls 80m Hurdles Wind 0.8

| | | | |
|---|--------------|-----------------------|-------|
| 1 | Lauri Watt | Canterbury University | 12.16 |
| 2 | Kate Plimmer | Lower Hutt | 12.71 |
| 3 | Erica Winton | Phoenix | 13.26 |

Grade 14 Girls 4x100m Relay

| | | | |
|---|--|-----------------------|-------|
| 1 | Annabelle Vincent, Lauri Watt Emily Boyd, Aisha Saunders | Canterbury University | 53.41 |
| 2 | Eliza Stanley, Lucy Garner Morgan Archer, Kate Plimmer | Lower Hutt | 54.17 |
| 3 | Maddy Spence, Futa'i Lai Kong Rosie Elliott, Erica Winton | Phoenix | 54.58 |

Grade 14 Girls High Jump

| | | | |
|---|--------------|-----------------------|------|
| 1 | Erica Winton | Phoenix | 1.64 |
| 2 | Kate Plimmer | Lower Hutt | 1.61 |
| 3 | Lauri Watt | Canterbury University | 1.61 |

Grade 14 Girls Long Jump

| | | | |
|---|----------------|-----------------------|-------------|
| 1 | Lauri Watt | Canterbury University | 5.14 (-1.7) |
| 2 | Robyn Engels | Putaruru | 4.82 (-1.7) |
| 3 | Aisha Saunders | Canterbury University | 4.55 (-1.3) |

Grade 14 Girls Shot Put

| | | | |
|---|-----------------|---------------|------|
| 1 | Libby Jones | Taieri | 9.73 |
| 2 | Helen Kilden | Papanui Toc H | 9.17 |
| 3 | Stacey Dennison | Alexandra | 8.49 |

Grade 14 Girls Discus Throw

| | | | |
|---|--------------|------------------|-------|
| 1 | Kayley Coles | South Canterbury | 24.38 |
| 2 | Ema McKay | Levin | 23.54 |
| 3 | Libby Jones | Taieri | 23.26 |

Grade 14 Girls 2000m Walk

| | | | |
|---|-----------------|------------|----------|
| 1 | Georgia Flinnie | Hill City | 13:04.30 |
| 2 | Louise Stack | Richmond | 13:32.97 |
| 3 | Aprille Mincher | Lower Hutt | 15:07.50 |

Grade 10 Boys 100m Wind 1.6

| | | | |
|---|----------------|-------------------|-------|
| 1 | Temwa Chileshe | Christchurch Avon | 13.50 |
| 2 | Nick Moulai | Papanui Toc H | 13.80 |
| 3 | Tim Horton | Leith | 13.98 |

OTHER NATIONAL RESULTS

Grade 10 Boys 200m Wind -037

| | | | |
|---|----------------|-------------------|-------|
| 1 | Temwa Chileshe | Christchurch Avon | 28.84 |
| 2 | Nick Moulai | Papanui Toc H | 29.38 |
| 3 | Tiaan Whelpton | Christchurch Avon | 29.69 |

Grade 10 Boys 400m

| | | | |
|---|----------------|-------------------|----------|
| 1 | Cullen Moody | Christchurch Avon | 1:05.12 |
| 2 | Temwa Chileshe | Christchurch Avon | 1:05.349 |
| 3 | Nick Moulai | Papanui Toc H | 1:06.60 |

Grade 10 Boys 800m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Cullen Moody | Christchurch Avon | 2:33.81 |
| 2 | Judd Cargin | Papanui Toc H | 2:38.88 |
| 3 | Logan Anderson | Canterbury University | 2:41.16 |

Grade 10 Boys 1500m

| | | | |
|---|--------------------|-------------------|---------|
| 1 | Cullen Moody | Christchurch Avon | 5:19.36 |
| 2 | Mitchell Radcliffe | Papanui Toc H | 5:28.53 |
| 3 | Jack Gibbs | South Canterbury | 5:29.19 |

Grade 10 Mixed 4x100m Relay

| | | | |
|---|--|-------------------|---------|
| 1 | Tim Meynell, Temwa Chileshe Cullen Moody, Tiaan Whelpton | Christchurch Avon | 57.30 |
| 2 | Carl Diedonne, Zoe van Eekelen Andrew Winton, Jonte Britten | Phoenix | 59.85 |
| 3 | Quinton Percy, Aston Percy Cameron McGruther, Tim O'Farrell | Ariki | 1:01.70 |

Grade 10 Boys High Jump

| | | | |
|---|-----------------|-------------------|------|
| 1 | Jackson Stewart | Invercargill | 1.28 |
| 2 | Tiaan Whelpton | Christchurch Avon | 1.25 |
| 3 | Ollie Flett | North Canterbury | 1.20 |

Grade 10 Boys Long Jump

| | | | |
|---|-----------------|-------------------|------------|
| 1 | Tiaan Whelpton | Christchurch Avon | 4.56 (1.2) |
| 2 | Jackson Stewart | Invercargill | 4.46 (1.5) |
| 3 | Carl Diedonne | Christchurch Avon | 4.42 (1.4) |

Grade 10 Boys Shot Put

| | | | |
|---|-------------------|--------------------|-------|
| 1 | Tom Galliven | North Harbour Bays | 10.15 |
| 2 | Temwa Chileshe | Christchurch Avon | 9.85 |
| 3 | Jesse Fa'afusuaga | Taieri | 8.94 |

Grade 10 Boys Discus Throw

| | | | |
|---|---------------|--------------------|-------|
| 1 | Harry Cook | Karori | 25.40 |
| 2 | Tom Galliven | North Harbour Bays | 25.05 |
| 3 | Philip Jordan | Richmond | 24.31 |

Grade 10 Boys 1200m Walk

| | | | |
|---|------------|-----------|---------|
| 1 | Alex Brown | Caversham | 8:45.85 |
|---|------------|-----------|---------|

Grade 11 Boys 100m Wind 2.2

| | | | |
|---|----------------------|-------------|-------|
| 1 | Fraser McKay | Port Hills | 13.60 |
| 2 | Boe Wratten-Westrupp | Motueka | 13.81 |
| 3 | Gabriel Burity | Remarkables | 14.01 |

Grade 11 Boys 200m Wind 0.9

| | | | |
|---|----------------------|-------------|-------|
| 1 | Fraser McKay | Port Hills | 28.47 |
| 2 | Boe Wratten-Westrupp | Motueka | 28.93 |
| 3 | Jake Southey | Marlborough | 29.13 |

Grade 11 Boys 400m

| | | | |
|---|--------------|-----------|---------|
| 1 | Scott Oldham | Hill City | 1:04.91 |
| 2 | Liam Turner | Winton | 1:06.84 |
| 3 | Hamish Pugh | Richmond | 1:07.66 |

Grade 11 Boys 800m

| | | | |
|---|----------------|-----------|---------|
| 1 | Scott Oldham | Hill City | 2:28.33 |
| 2 | Simon Anderson | Richmond | 2:29.45 |
| 3 | Liam Turner | Winton | 2:29.54 |

Grade 11 Boys 1500m

| | | | |
|---|----------------|-----------|---------|
| 1 | Scott Oldham | Hill City | 5:02.10 |
| 2 | Ben Hamer | Nelson | 5:04.15 |
| 3 | Simon Anderson | Richmond | 5:05.05 |

Grade 11 Boys 4x100m Relay

| | | | |
|---|--|------------------|---------|
| 1 | Jaren Roy, Scott Oldham Matthew Ogle, Kaiden Vou | Hill City | 56.90 |
| 2 | Neil McLeod, Harrison Brown Tomo Dorrance, Nick Williamson | Papanui Toc H | 1:02.29 |
| 3 | Michael Russell, John Woodall Reilly Cormack, Liam McDonald | South Canterbury | 1:02.82 |

OTHER NATIONAL RESULTS

Grade 11 Boys High Jump

| | | | |
|---|----------------|--------------------|------|
| 1 | Jack Galliven | North Harbour Bays | 1.46 |
| 2 | Jake Southey | Marlborough | 1.40 |
| 3 | Simon Anderson | Richmond | 1.40 |

Grade 11 Boys Long Jump

| | | | |
|---|---------------|-------------|------------|
| 1 | Darren Cavill | Ashburton | 4.61 (4.1) |
| 2 | Jake Southey | Marlborough | 4.55 (4.9) |
| 3 | Fraser McKay | Port Hills | 4.51 (2.7) |

Grade 11 Boys Shot Put

| | | | |
|---|---------------|--------------------|------|
| 1 | Alex Harford | Christchurch Avon | 8.93 |
| 2 | Jack Galliven | North Harbour Bays | 8.46 |
| 3 | Kaiden Vou | Hill City | 8.41 |

Grade 11 Boys Discus Throw

| | | | |
|---|----------------|--------------------|-------|
| 1 | Jack Galliven | North Harbour Bays | 33.20 |
| 2 | Tame Govaerts | Ariki | 25.29 |
| 3 | Taine Te Whata | Winton | 25.11 |

Grade 11 Boys 1200m Walk

| | | | |
|---|----------------|---------------|---------|
| 1 | Matthew Ogle | Hill City | 7:43.60 |
| 2 | Sean Beresford | Onslow | 8:07.45 |
| 3 | Tomo Dorrance | Papanui Toc H | 8:52.55 |

Grade 12 Boys 100m Wind 1.5

| | | | |
|---|----------------|-----------------------|-------|
| 1 | James Atkinson | Canterbury University | 13.51 |
| 2 | Tom Moulai | Papanui Toc H | 13.54 |
| 3 | Mac Basford | South Canterbury | 13.82 |

Grade 12 Boys 200m -0.4

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Ben Collerton | Canterbury University | 27.10 |
| 2 | James Atkinson | Canterbury University | 27.90 |
| 3 | Jonty McKinnel | Alexandra | 28.25 |

Grade 12 Boys 400m

| | | | |
|---|---------------|-----------------------|---------|
| 1 | Tom Moulai | Papanui Toc H | 58.98 |
| 2 | Daniel Watt | New Brighton | 1:00.05 |
| 3 | Ben Collerton | Canterbury University | 1:00.11 |

Grade 12 Boys 800m

| | | | |
|---|--------------|---------------|---------|
| 1 | Tom Moulai | Papanui Toc H | 2:15.46 |
| 2 | Ben Anderson | Richmond | 2:19.24 |
| 3 | Daniel Watt | New Brighton | 2:20.48 |

Grade 12 Boys 1500m

| | | | |
|---|-------------------|------------------|---------|
| 1 | Fergus Eglesfield | North Canterbury | 4:51.02 |
| 2 | Ben Anderson | Richmond | 4:53.79 |
| 3 | Sam Mackay-Wright | Nelson | 4:56.24 |

Grade 12 Boys 80m Hurdles Wind 1.3

| | | | |
|---|----------------|-------------------|-------|
| 1 | Jayden Beckett | Christchurch Avon | 14.84 |
| 2 | Aston Wilson | Hill City | 15.21 |
| 3 | Gyeore Cha | Christchurch Avon | 15.28 |

Grade 12 Boys 4x100m Relay

| | | | |
|---|---|-----------------------|-------|
| 1 | Jack Bryant, James Atkinson Andrew Jones, Ben Collerton | Canterbury University | 54.65 |
| 2 | Jarvis Hansen, Benjamin Stroud Michael Brorens, Tom Moulai | Papanui Toc H | 58.16 |
| 3 | Danny Howlett, Hugh Jones Aston Wilson, Lloyd McGee | Hill City | 58.70 |

Grade 12 Boys High Jump

| | | | |
|---|------------------|-----------------------|------|
| 1 | Patrick Taberner | Fiordland | 1.49 |
| 2 | Ben Engels | Putaruru | 1.46 |
| 3 | Ben Collerton | Canterbury University | 1.43 |

Grade 12 Boys Long Jump

| | | | |
|---|----------------|-----------------------|------------|
| 1 | Ben Anderson | Richmond | 4.51 (1.4) |
| 2 | James Atkinson | Canterbury University | 4.45 (0.0) |
| 3 | Tom Moulai | Papanui Toc H | 4.43 (1.7) |

Grade 12 Boys Shot Put

| | | | |
|---|---------------|-----------------------|-------|
| 1 | Jack Bryant | Canterbury University | 14.84 |
| 2 | Ben Collerton | Canterbury University | 10.27 |
| 3 | Hugh Jones | Hill City | 10.22 |

Grade 12 Boys Discus Throw

| | | | |
|---|---------------|-----------------------|-------|
| 1 | Jack Bryant | Canterbury University | 41.64 |
| 2 | Brandon James | Papanui Toc H | 29.37 |
| 3 | Shaun Coles | South Canterbury | 27.83 |

OTHER NATIONAL RESULTS

Grade 12 Boys 1200m Walk

| | | | |
|---|-------------|-------------------|---------|
| 1 | Gyeore Cha | Christchurch Avon | 7:32.24 |
| 2 | Mac Basford | South Canterbury | 7:49.84 |

Grade 13 Boys 100m Wind 4.2

| | | | |
|---|--------------------|------------------|-------|
| 1 | Jacob Matson | South Canterbury | 11.94 |
| 2 | Jonas Kale | Nelson | 12.22 |
| 3 | Dean van der Busse | Phoenix | 12.30 |

Grade 13 Boys 200m Wind 1.3

| | | | |
|---|--------------|------------------|-------|
| 1 | Jacob Matson | South Canterbury | 24.42 |
| 2 | Sam Stewart | Invercargill | 25.71 |
| 3 | Jonas Kale | Nelson | 25.83 |

Grade 13 Boys 400m

| | | | |
|---|----------------------|--------------|-------|
| 1 | Josh Ledger | Maidstone | 55.39 |
| 2 | Tamati Keretu-Taylor | Hill City | 57.54 |
| 3 | Sam Stewart | Invercargill | 57.61 |

Grade 13 Boys 800m

| | | | |
|---|---------------|-------------------|---------|
| 1 | Josh Ledger | Maidstone | 2:06.17 |
| 2 | Sean Eustace | Christchurch Avon | 2:08.66 |
| 3 | Caleb Stamper | Papanui Toc H | 2:09.09 |

Grade 13 Boys 1500m

| | | | |
|---|---------------|-------------------|---------|
| 1 | Sean Eustace | Christchurch Avon | 4:35.16 |
| 2 | Josh Browne | Ariki | 4:36.63 |
| 3 | Caleb Stamper | Papanui Toc H | 4:36.78 |

Grade 13 Boys 80m Hurdles Wind 1.9

| | | | |
|---|----------------|-------------------|-------|
| 1 | Keegan Fisher | Nelson | 13.07 |
| 2 | Sam Maoate Cox | Papanui Toc H | 13.22 |
| 3 | Matt Prest | Christchurch Avon | 13.23 |

Grade 13 Boys 4x100m Relay

| | | | |
|---|---|-----------------------|-------|
| 1 | Karl Macdonald, Liam Finnie David Mowat, Tamati Keretu-Taylor | Hill City | 52.83 |
| 2 | Liam Mulcahy, Nathan Evans Josh McKay, Liam Finlayson | Canterbury University | 52.98 |
| 3 | Conor Furzeman, Rory O'Neill Mitch Kelly, Aniwaniwa Kewene-Edwards | Ariki | 55.94 |

Grade 13 Boys High Jump

| | | | |
|---|--------------------|-----------|------|
| 1 | Dean van der Busse | Phoenix | 1.58 |
| 2 | Jesse Houston | Ashburton | 1.58 |
| 3 | Jonas Kale | Nelson | 1.58 |

Grade 13 Boys Long Jump

| | | | |
|---|--------------------|---------|-------------|
| 1 | Dean van der Busse | Phoenix | 5.12 (-0.5) |
| 2 | Keegan Fisher | Nelson | 5.10 (0.0) |
| 3 | Jamie Multhus | Nelson | 5.04 (0.0) |

Grade 13 Boys Shot Put

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Liam Finlayson | Canterbury University | 12.19 |
| 2 | Jordan Pinnock | Greymouth | 12.15 |
| 3 | Miha Kidd | St Pauls | 11.08 |

Grade 13 Boys Discus Throw

| | | | |
|---|----------------|-----------|-------|
| 1 | Jordan Pinnock | Greymouth | 52.87 |
| 2 | Miha Kidd | St Pauls | 41.40 |
| 3 | Sam Timmins | Hill City | 39.75 |

Grade 13 Boys 1600m Walk

| | | | |
|---|--------------------|-------------|----------|
| 1 | Mitch Kelly | Ariki | 10:38.09 |
| 2 | Jonathon Beresford | Onslow | 10:45.27 |
| 3 | Cody Clark | South Otago | 12:37.57 |

Grade 14 Boys 100m Wind 1.7

| | | | |
|---|------------------|-------------------|-------|
| 1 | Cameron Hay | Christchurch Avon | 11.51 |
| 2 | George Woodhouse | Hill City | 11.80 |
| 3 | Fletcher Greaves | Lower Hutt | 11.81 |

Grade 14 Boys 200m Wind 1.5

| | | | |
|---|------------------|-----------------------|-------|
| 1 | Fletcher Greaves | Lower Hutt | 23.69 |
| 2 | Cameron Hay | Christchurch Avon | 23.94 |
| 3 | Brandon Gleaves | Canterbury University | 24.36 |

Grade 14 Boys 400m

| | | | |
|---|------------------|-------------------|-------|
| 1 | Fletcher Greaves | Lower Hutt | 52.13 |
| 2 | Cameron Hay | Christchurch Avon | 53.24 |
| 3 | Chris McNoe | Hill City | 54.31 |

OTHER NATIONAL RESULTS

Grade 14 Boys 800m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Chris McNoe | Hill City | 2:07.29 |
| 2 | Guy Greenslade | Canterbury University | 2:10.91 |
| 3 | Ross Campbell | Hill City | 2:12.20 |

Grade 14 Boys 1500m

| | | | |
|---|----------------|-----------------------|----------|
| 1 | Chris McNoe | Hill City | 4:34.94 |
| 2 | Guy Greenslade | Canterbury University | 4:40.805 |
| 3 | Logan Milne | Canterbury University | 4:42.49 |

Grade 14 Boys 100m Hurdles Wind 1.1

| | | | |
|---|------------------|-----------------------|-------|
| 1 | George Woodhouse | Hill City | 14.66 |
| 2 | Jack Fifield | Christchurch Avon | 15.27 |
| 3 | Guy Greenslade | Canterbury University | 15.39 |

Grade 14 Boys 4x100m Relay

| | | | |
|---|---|-----------------------|-------|
| 1 | Chris McNoe, George Woodhouse Josh Vou, Sam Watson | Hill City | 48.27 |
| 2 | Brodie Thomas, Cameron Hay Jack Fifield, Shafiq Turkmani | Christchurch Avon | 49.14 |
| 3 | Nic Lake, Jack Roberts Andre Laredo, Brandon Gleaves | Canterbury University | 50.76 |

Grade 14 Boys High Jump

| | | | |
|---|------------------|-----------------------|------|
| 1 | James Sandilands | South Canterbury | 1.75 |
| 2 | Jack Roberts | Canterbury University | 1.66 |
| 3 | Callum Taylor | Lake City | 1.63 |

Grade 14 Boys Long Jump

| | | | |
|---|------------------|-----------|------------|
| 1 | Harry Marks | Eastern | 6.23 (1.6) |
| 2 | Callum Taylor | Lake City | 5.70 (2.1) |
| 3 | George Woodhouse | Hill City | 5.68 (3.2) |

Grade 14 Boys Shot Put

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Charlie Gamble | North Canterbury | 13.95 |
| 2 | Brandon Gleaves | Canterbury University | 11.97 |
| 3 | Ashley Craig | St Pauls | 11.32 |

Grade 14 Boys Discus Throw

| | | | |
|---|-----------------|-----------------------|-------|
| 1 | Brandon Gleaves | Canterbury University | 38.11 |
| 2 | Andrew Jackson | Roskill South | 36.96 |
| 3 | Chris McNoe | Hill City | 36.83 |

Grade 14 Boys 2000m Walk

| | | | |
|---|----------------|------------------|----------|
| 1 | Jonathon Lord | South Canterbury | 9:37.19 |
| 2 | Andrew Jackson | Roskill South | 11:08.68 |

Grade 10 Medley Relay

| | | | |
|---|--|-------------------|----------|
| 1 | Cullen Moody, Temwa Chileshe Laura Clarke, Ella-Rose Tanoa-Kell Tiaan Whelpton | Christchurch Avon | 5:01.98, |
| 2 | Georgia Stroud, Nick Moulai Amabelle Voice-Powell, Brad Austin Judd Cargin | Papanui Toc H | 5:08.01 |
| 3 | Annabelle Latta, Olivia O'Neill Kate Higham, Quinton Percy Aston Percy | Ariki | 5:18.72 |

Grade 11 Medley Relay

| | | | |
|---|---|---------------|---------|
| 1 | Caroline Schurmann, George Franklin Simon Anderson, Hamish Pugh Megan Stack | Richmond | 4:56.10 |
| 2 | Kaiden Vou, Scott Oldham Imogen Corbett, Matthew Ogle Holly Armstrong | Hill City | 5:06.38 |
| 3 | Harrison Brown, Ruby Mountford-McAuley Neil MacLeod, Liv Austin Nick Williamson | Papanui Toc H | 5:07.59 |

Grade 12 Medley Relay

| | | | |
|---|---|-----------------------|---------|
| 1 | Jessie Anderson, Georgina Mackay-Stewart William Boyd, Laura Williams Hugo Wilson | Canterbury University | 4:41.43 |
| 2 | Kelly Clifford, Shaun Coles Jaymee Cannell, Mac Basford Christina Ryan | South Canterbury | 4:48.56 |
| 3 | Tor Demmers, Oli Chignell Jessie Murphy, Fran Chignell Cameron McDowell | Hill City | 4:54.19 |

OTHER NATIONAL RESULTS

Grade 13 Medley Relay

| | | | |
|---|---|---------------|---------|
| 1 | Aniwaniwa Kewene-Edwards, Josh Browne Erin O'Brien, Danica Davies Rory O'Neil | Ariki | 4:24.34 |
| 2 | Tom Moulai, Mary Lyons Charlotte Coard, Jarvis Hansen Brianna Wilson | Papanui Toc H | 4:25.79 |
| 3 | Tamati Keretu-Taylor, Ben Wardhaugh Samantha McAuley, Peter Molteno Phoebe Pegg | Hill City | 4:27.07 |

Grade 14 Medley Relay

| | | | |
|---|--|-----------------------|---------|
| 1 | George Woodhouse, Chris McNoe Meg McKay, Georgia Finnie Ross Campbell | Hill City | 4:10.93 |
| 2 | Guy Greenslade, Brandon Gleaves Annabelle Vincent, Rosa Flanagan Rebecca Jones | Canterbury University | 4:17.79 |
| 3 | Cameron Hay, Jack Fifield Laura Smith, Lauren Beckett Shafiq Turkmani | Christchurch Avon | 4:21.22 |

NZ Secondary Schools Cross Country Championships

Ashburton, 10-11 December 2011

Junior Girls 100m Wind -0.8

Year 9 Girls 3km

| | | | |
|---|------------------|------------------------|-------|
| 1 | Kara Macdermid | Awatapu College | 10:19 |
| 2 | Madeline Roughan | New Plymouth Girls HS | 10:25 |
| 3 | Josie Kozyaniak | St Catherine's College | 10:54 |

Junior Girls 3km

| | | | |
|---|-------------------|-------------------------|-------|
| 1 | Rosa Flanagan | Rangi Ruru Girls School | 10:33 |
| 2 | Anneke Grogan | Aquinas College | 10:38 |
| 3 | Annabelle Vincent | Rangi Ruru Girls School | 10:44 |

Senior Girls 4km

| | | | |
|---|----------------|-----------------------|-------|
| 1 | Rebekah Greene | St Hilda's Collegiate | 13:43 |
| 2 | Jaye Atkin | Rangiora HS | 14:39 |
| 3 | Shauna Pali | Kavanagh College | 14:44 |

Year 9 Boys 3km

| | | | |
|---|---------------|----------------------------|-------|
| 1 | Daniel Hintz | Tauranga Boys College | 9:46 |
| 2 | Jack Beaumont | Northern Southland College | 9:54 |
| 3 | Hamish Ware | Wellington College | 10:00 |

Junior Boys 4km

| | | | |
|---|--------------------|----------------------------------|-------|
| 1 | Jacob Priddey | Hamilton Boys HS | 12:47 |
| 2 | Nicholas Pointon | Scots College | 12:59 |
| 3 | Marcus Karamanolis | St Patrick's College (Kilbirnie) | 13:08 |

Senior Boys 6km

| | | | |
|---|---------------|-------------------------|-------|
| 1 | Declan Wilson | Auckland Grammar School | 18:07 |
| 2 | Matt Baxter | New Plymouth Boys HS | 18:41 |
| 3 | Julian Oakley | Tauranga Boys College | 18:52 |

Girls AWD ID 2km

| | | | |
|---|--------------|----------------|-------|
| 1 | Nikita White | Otago Girls HS | 10:28 |
|---|--------------|----------------|-------|

Boys AWD ID 2km

| | | | |
|---|-------------|----------|------|
| 1 | David White | Kings HS | 7:20 |
|---|-------------|----------|------|

Boys AWD CP 2km

| | | | |
|---|---------------|-------------------|-------|
| 1 | Mark Lewis | Riccarton HS | 9:24 |
| 2 | George Hewitt | Rathkeale College | 11:22 |

Year 9 Girls 3 Person Teams

| | | | |
|---|---|------------------------|-------|
| 1 | Jessica Bitcheno, Naomi Stewart Kirsty Burrows | Tauranga Girls College | 58pts |
| 2 | Hannah Brotheridge, Mairi Law Chelsea Brown | Rangiora HS | 60pts |
| 3 | Sophie Rees, Annabel Crossan Rose Fitzgerald | St Cuthbert's College | 83pts |

OTHER NATIONAL RESULTS

Junior Girls Road Race 3 Person Teams

| | | | |
|---|--|-------------------------|-------|
| 1 | Rosa Flanagan, Annabelle Vincent Gabrielle Gray | Rangi Ruru Girls School | 24pts |
| 2 | Roisin Pearson, Holly Manning Laura Smith | Napier Girls HS | 48pts |
| 3 | Isabella Kirk, Stella Marshall Amy Robinson | Tauranga Girls College | 49pts |

Senior Girls Road Race 3 Person Teams

| | | | |
|---|--|--------------------------|-------|
| 1 | Emily Roughan, Bianca Bradley Hannah Sturmer | New Plymouth Girls HS | 37pts |
| 2 | Kate Jefferd, Laura Bell Laura Holt | Wanganui Collegiate | 42pts |
| 3 | Brittany Stewart, Philippa Dalley Emma Dallison | Nelson College for Girls | 58pts |

Year 9 Boys Road Race 3 Person Teams

| | | | |
|---|---|--------------------------------|-------|
| 1 | Daniel Hintz, Andrew Robinson Aaron Fredheim | Tauranga Boys College | 20pts |
| 2 | Jack Millar, Logan Archer Trent Dobson | Hutt International Boys School | 68pts |
| 3 | Christian Leopard, Dean Stafford Shamus Christison | Napier Boys HS | 81pts |

Junior Boys Road Race 3 Person Teams

| | | | |
|---|---|-----------------------|-------|
| 1 | Jacob Priddey, Drikus Conradie Finn Maunsell | Hamilton Boys HS | 17pts |
| 2 | Troy Lonergan, Max Kelly Timothy Hawes | Westlake Boys HS | 38pts |
| 3 | Scott Croasdale, Javahn Kennedy Torey Harnet | Tauranga Boys College | 49pts |

Senior Boys Road Race 3 Person Teams

| | | | |
|---|--|-------------------------|-------|
| 1 | Declan Wilson, Cameron Burstall Finn Wilson | Auckland Grammar School | 18pts |
| 2 | Julian Oakley, Michael Sutton Patrick Burrows | Tauranga Boys College | 30pts |
| 3 | Matt Baxter, Chas Hall Rhys Bishop | New Plymouth Boys HS | 48pts |

Year 9 Girls 6 Person Teams

| | | | |
|---|---|---|--------|
| 1 | Jessica Bitcheno, Naomi Stewart Kirsty Burrows, Tayla Forward Sarah Robinson, Rose Barker | Tauranga Girls College | 222pts |
| 2 | Elisabeth Antunovic, Emma Daniels Peta van Hattum, Michaela Spurdle Katja Ehler, Natasha Potroz | Sacred Heart Girls College (New Plymouth) | 263pts |
| 3 | Sophie Rees, Annabel Crossan Rose Fitzgerald, Imogen Gentles Alice Averill, Kayla Fairbairn | St Cuthbert's College | 297pts |

Junior Girls 6 Person Teams

| | | | |
|---|---|-------------------------|--------|
| 1 | Rosa Flanagan, Annabelle Vincent Gabrielle Gray, Elizabeth Vincent Lucy Allison, Kate MacDonald | Rangi Ruru Girls School | 109pts |
| 2 | Roisin Pearson, Holly Manning Laura Smith, Megan Husband Sophie Rose, Molly D'Ath | Napier Girls HS | 216pts |
| 3 | Harriet Keown, Meg McKay Maddy McAllister, Millie Gordon Hollie Campbell, Esther Fogarty | St Hilda's Collegiate | 349pts |

Senior Girls 6 Person Teams

| | | | |
|---|--|-----------------------|--------|
| 1 | Kate Jefferd, Laura Bell Laura Holt, Georgie Blackwood Rebecca Atwell, Melissa Gillespie | Wanganui Collegiate | 166pts |
| 2 | Emily Roughan, Bianca Bradley Hannah Sturmer, Emma Bowie Alice Caskey, Jordelle Simkin | New Plymouth Girls HS | 177pts |
| 3 | Rebekah Greene, Caitlin O'Brien Ruby Smith, Virginia Wilson Mary Smith, Ellen O'Connell | St Hilda's Collegiate | 267pys |

OTHER NATIONAL RESULTS

Year 9 Boys 6 Person Teams

| | | | |
|---|--|-------------------------|--------|
| 1 | Daniel Hintz, Andrew Robinson Aaron Fredheim, Troy Martin Harrison Mossop, Cameron Wells | Tauranga Boys College | 105pts |
| 2 | Conal Wilson, Alec Morreau Jake Pallister, Ryan Martin Xie Zhiyuan, Tom Haycock | Auckland Grammar School | 283pts |
| 3 | Hamish Ware, Thomas Cummack Thomas Peterson, Harry Delaney Tom Boyd, Josh Breadmore | Wellington College | 314pts |

Junior Boys 6 Person Teams

| | | | |
|---|--|-------------------------|--------|
| 1 | Scott Croasdale, Javahn Kennedy Torey Harnet, George Tighe Hamish McGeorge, Morgan Williams | Tauranga Boys College | 80pts |
| 2 | Troy Lonergan, Max Kelly Timothy Hawes, Danny Lee Matthew Swan, Morgan Cadell | Westlake Boys HS | 147pts |
| 3 | Jonty Morreau, Michael Dawson Callum Ross, Hamish Barclay Hamish Kerr, Roderick Lockheart Sean Fraser | Auckland Grammar School | 160pts |

Senior Boys 6 Person Teams

| | | | |
|---|---|-------------------------|--------|
| 1 | Declan Wilson, Cameron Burstall Finn Wilson, Jack Moody Seton Hill, Chris Boswell | Auckland Grammar School | 96pts |
| 2 | Matt Baxter, Chas Hall Rhys Bishop, Darren Alexander Edward Lawley, James McDougall | New Plymouth Boys HS | 179pts |
| 3 | Julian Oakley, Michael Sutton Patrick Burrows, Matt Strange Hayden Moorhouse, Tim Longley | Tauranga Boys College | 187pts |

New Zealand Secondary Schools Championships

Wellington, 10-11 December 2011

Junior Girls 100m Wind -0.8

| | | | |
|---|--------------|------------------------|-------|
| 1 | Amy Robinson | Tauranga Girls College | 12.52 |
| 2 | Zoe Hobbs | New Plymouth Girls HS | 12.62 |
| 3 | Abby Goldie | Tauranga Girls College | 12.65 |

Junior Girls 200m Wind -1.1

| | | | |
|---|--------------|------------------------|-------|
| 1 | Zoe Hobbs | New Plymouth Girls HS | 25.43 |
| 2 | Abby Goldie | Tauranga Girls College | 25.87 |
| 3 | Sian Chapman | Chanel College | 26.46 |

Junior Girls 400m

| | | | |
|---|---------------|-------------------|---------|
| 1 | Talia Horgan | Cambridge HS | 55.35 |
| 2 | Celine Pearn | Mt Albert Grammar | 1:00.19 |
| 3 | Olivia Maisey | Avonside Girls HS | 1:00.73 |

Junior Girls 800m

| | | | |
|---|---------------------|------------------------|---------|
| 1 | Alison Andrews-Paul | Wairarapa College | 2:16.13 |
| 2 | Laura Smith | Villa Maria College | 2:17.57 |
| 3 | Jessica Bitcheno | Tauranga Girls College | 2:18.97 |

Junior Girls 1500m

| | | | |
|---|---------------------|-------------------|---------|
| 1 | Arianna Lord | St Peter's School | 4:40.34 |
| 2 | Kara Macdermid | Awatapu College | 4:40.99 |
| 3 | Alison Andrews-Paul | Wairarapa College | 4:44.92 |

Junior Girls 3000m

| | | | |
|---|----------------|-------------------------|----------|
| 1 | Rosa Flanagan | Rangi Ruru Girls School | 9:58.58 |
| 2 | Kara Macdermid | Awatapu College | 10:22.14 |
| 3 | Sophie Bowman | Pukekohe HS | 10:48.84 |

Junior Girls 80m Hurdles Wind -0.9

| | | | |
|---|-------------------|------------------------|-------|
| 1 | Mikaela Jefferson | Hamilton Girls HS | 11.99 |
| 2 | Amy Robinson | Tauranga Girls College | 12.20 |
| 3 | Hannah Brough | Tuakau College | 12.69 |

OTHER NATIONAL RESULTS

Junior Girls 4x100m Relay

| | | | |
|---|--|------------------------|-------|
| 1 | | Kristin School | 50.83 |
| 2 | | Tauranga Girls College | 51.16 |
| 3 | | Woodford House | 51.80 |

Junior Girls 4x400m Relay

| | | | |
|---|--|------------------------|---------|
| 1 | | St Margaret's College | 4:10.96 |
| 2 | | Napier Girls HS | 4:11.80 |
| 3 | | Tauranga Girls College | 4:13.88 |

Junior Girls High Jump

| | | | |
|---|------------------|-------------------------|------|
| 1 | Eliza McCartney | Takapuna Grammar School | 1.62 |
| 2 | Meg McKay | St Hilda's Collegiate | 1.59 |
| 3 | Charlotte Hunter | St Cuthbert's College | 1.59 |

Junior Girls Long Jump

| | | | |
|---|----------------|------------------------|-------------|
| 1 | Amy Robinson | Tauranga Girls College | 5.45 (1.6) |
| 2 | Zoe Hobbs | New Plymouth Girls HS | 5.30 (-0.5) |
| 3 | Bridget Watson | Wanganui Collegiate | 5.02 (0.0) |

Junior Girls Triple Jump

| | | | |
|---|-----------------|--------------------------------------|--------------|
| 1 | Zoe Hobbs | New Plymouth Girls HS | 10.94 (NW1) |
| 2 | Kelly Davenport | Wellington Diocesan School for Girls | 10.76 (-1.6) |
| 3 | Hannah Maloney | Rangi Ruru Girls School | 10.56 (NW1) |

Junior Girls Shot Put

| | | | |
|---|-----------------------|-------------------------------|-------|
| 1 | Jessica Brougham | Wanganui Collegiate | 13.67 |
| 2 | Mauga Feagaiga-Fagasa | James Cook HS | 13.27 |
| 3 | Ofa Hakeai | Auckland Girls Grammar School | 13.20 |

Junior Girls Discus Throw

| | | | |
|---|-----------------|-------------------------------|-------|
| 1 | Ofa Hakeai | Auckland Girls Grammar School | 37.09 |
| 2 | Brooke Urquhart | Hovick College | 36.61 |
| 3 | Xhavinæ Samuel | St Kentigern College | 36.41 |

Junior Girls Hammer Throw

| | | | |
|---|----------------------|---------------------------|-------|
| 1 | MacKenzie Vitasovich | Orewa College | 40.83 |
| 2 | Sarah Doyle | Rangitoto College | 38.73 |
| 3 | Tessa McNab | Craighead Diocesan School | 38.04 |

Junior Girls Javelin Throw

| | | | |
|---|---------------|---------------------------|-------|
| 1 | Emma Fulbrook | Samuel Marsden Collegiate | 34.76 |
| 2 | Amy Cokayne | Fielding HS | 34.66 |
| 3 | Sienna Whare | Opotoki College | 34.30 |

Senior Girls 100m Wind -1.9

| | | | |
|---|----------------|-------------------|-------|
| 1 | Megan McPhail | Waitaki Girls HS | 12.39 |
| 2 | Ainsley Renouf | Gisborne Girls HS | 12.45 |
| 3 | Sophie Napper | Columba College | 12.48 |

Senior Girls 200m Wind 0.1

| | | | |
|---|----------------|-------------------------|-------|
| 1 | Megan McPhail | Waitaki Girls HS | 25.18 |
| 2 | Brooke Cull | Takapuna Grammar School | 25.20 |
| 3 | Kathryn Stuart | Cashmere HS | 25.33 |

Senior Girls 400m

| | | | |
|---|-------------------|-------------------------|-------|
| 1 | Ellie McCleery | Waikato Diocesan School | 57.74 |
| 2 | Stephanie Dickens | Fielding HS | 57.81 |
| 3 | Grace Stewart | Westlake Girls HS | 59.59 |

Senior Girls 800m

| | | | |
|---|--------------------|-------------------------|---------|
| 1 | Kerry White | Te Aroha College | 2:12.65 |
| 2 | Caitlin O'Brien | St Hilda's Collegiate | 2:14.13 |
| 3 | Phillippa Trevella | Rangi Ruru Girls School | 2:14.34 |

Senior Girls 1500m

| | | | |
|---|----------------|-----------------------|---------|
| 1 | Rebekah Greene | St Hilda's Collegiate | 4:21.39 |
| 2 | Anna Kean | Otago Girls HS | 4:42.64 |
| 3 | Laura Cowling | Waiuku College | 4:43.02 |

Senior Girls 3000m

| | | | |
|---|-------------------|----------------------------|----------|
| 1 | Rebekah Greene | St Hilda's Collegiate | 9:23.42 |
| 2 | Georgie Grgec | Diocesan School for Girls | 10:03.91 |
| 3 | Ashleigh Williams | Epsom Girls Grammar School | 10:12.86 |

Senior Girls 100m Hurdles Wind 0.4

| | | | |
|---|------------------|-------------------------|-------|
| 1 | Mackenzie Keenan | St Margaret's College | 14.29 |
| 2 | Hannah McLeod | Iona College | 15.21 |
| 3 | Ashleigh Sando | Taupo Nui-a-tia College | 15.51 |

Senior Girls 4x100m Relay

| | | | |
|---|--|-------------------|-------|
| 1 | | Columba College | 49.86 |
| 2 | | Mt Albert Grammar | 50.51 |
| 3 | | Wairarapa College | 50.57 |

OTHER NATIONAL RESULTS

Senior Girls 4x400m Relay

| | | | |
|---|--|---------------------------------|---------|
| 1 | | St Paul's Collegiate (Hamilton) | 4:07.10 |
| 2 | | Wanganui Collegiate | 4:08.43 |
| 3 | | Mt Albert Grammar | 4:11.50 |

Senior Girls High Jump

| | | | |
|---|------------------|--------------------------|------|
| 1 | Keeley O'Hagan | Western Springs College | 1.70 |
| 2 | Lee-Ann McKenzie | Mountainview HS | 1.70 |
| 3 | Valerie Chan | Wellington Girls College | 1.61 |

Senior Girls Long Jump

| | | | |
|---|--------------|---------------------|------------|
| 1 | Greer Alsop | Southland Girls HS | 5.52 (0.1) |
| 2 | Melody Stein | Paraparaumu College | 5.40 (0.0) |
| 3 | Leanna Ryan | Roncalli College | 5.31 (NW1) |

Senior Girls Triple Jump

| | | | |
|---|--------------|---------------------|--------------|
| 1 | Greer Alsop | Southland Girls HS | 11.63 (-1.0) |
| 2 | Jenni Scott | Kings College | 11.55 (-0.6) |
| 3 | Melody Stein | Paraparaumu College | 11.49 (0.9) |

Senior Girls Shot Put

| | | | |
|---|----------------------|-------------------------------|-------|
| 1 | Siositina Hakeai | Auckland Girls Grammar School | 13.63 |
| 2 | Merewarihi Vaka | Aorere College | 12.38 |
| 3 | Leesa Leailaisalanoa | Porirua College | 12.33 |

Senior Girls Discus Throw

| | | | |
|---|----------------------|-------------------------------|-------|
| 1 | Merewarihi Vaka | Aorere College | 49.48 |
| 2 | Siositina Hakeai | Auckland Girls Grammar School | 44.76 |
| 3 | Leesa Leailaisalanoa | Porirua College | 42.07 |

Senior Girls Hammer Throw

| | | | |
|---|-----------------|-------------------------|-------|
| 1 | Julia Ratcliffe | Waikato Diocesan School | 57.67 |
| 2 | Rebecca Hodgson | Timaru Girls HS | 46.69 |
| 3 | Ella Pilkington | Westlake Girls HS | 40.92 |

Senior Girls Javelin Throw

| | | | |
|---|-------------------|---------------------------|-------|
| 1 | Tori Peeters | St Peter's College (Gore) | 41.35 |
| 2 | Madeleine Chapman | Samuel Marsden Collegiate | 39.77 |
| 3 | Aeron Mellish | Hawera HS | 38.09 |

Open Girls 300m Hurdles

| | | | |
|---|-------------------|-----------------------|-------|
| 1 | Mackenzie Keenan | St Margaret's College | 43.92 |
| 2 | Stephanie Dickins | Fielding HS | 44.42 |
| 3 | Britta Hamill | Bayfield HS | 47.05 |

Open Girls 2000m Steeplechase

| | | | |
|---|---------------|-----------------------|---------|
| 1 | Kate Jefferd | Wanganui Collegiate | 7:21.03 |
| 2 | Emily Roughan | New Plymouth Girls HS | 7:26.96 |
| 3 | Jenna Hansen | St Peter's School | 7:30.19 |

Open Girls 2000m Walk

| | | | |
|---|----------------|-----------------------|----------|
| 1 | Courtney Ruske | Burnside HS | 9:19.21 |
| 2 | Renee Moratti | Inglewood HS | 10:55.33 |
| 3 | Erin O'Brien | St Hilda's Collegiate | 11:44.26 |

Open Girls Pole Vault

| | | | |
|---|--------------------|--------------------------|------|
| 1 | Kerry Charlesworth | Rangitoto College | 3.79 |
| 2 | Eliza McCartney | Takapuna Grammar School | 3.60 |
| 3 | Valerie Chan | Wellington Girls College | 3.20 |

Junior Boys 100m Wind -1.1

| | | | |
|---|------------------|----------------------|-------|
| 1 | George Woodhouse | Kavanagh College | 11.47 |
| 2 | Cameron Hay | Christchurch Boys HS | 11.50 |
| 3 | Renata Mahuika | Wellington College | 11.55 |

Junior Boys 200m Wind 0.8

| | | | |
|---|--------------|---------------------------------|-------|
| 1 | Blake Gordon | St Paul's Collegiate (Hamilton) | 22.24 |
| 2 | Cameron Hay | Christchurch Boys HS | 23.42 |
| 3 | Jacob Matson | Roncalli College | 23.50 |

Junior Boys 400m

| | | | |
|---|------------------|-------------------------------------|-------|
| 1 | Fletcher Greaves | St Patrick's College (Silverstream) | 50.89 |
| 2 | Bailey Stewart | Sacred Heart College (Auckland) | 51.41 |
| 3 | Chris McNoe | Otago Boys HS | 52.35 |

Junior Boys 800m

| | | | |
|---|-----------------|------------------|---------|
| 1 | Dean Stafford | Napier Boys HS | 1:58.69 |
| 2 | Ethan Vaughan | Pukekohe HS | 1:59.43 |
| 3 | Drikus Conradie | Hamilton Boys HS | 2:00.57 |

Junior Boys 1500m

| | | | |
|---|--------------------|----------------------------------|---------|
| 1 | Marcus Karamanolis | St Patrick's College (Kilbirnie) | 4:07.13 |
| 2 | Reuben Shepherd | Kingsway School | 4:07.71 |
| 3 | Jacob Priddey | Hamilton Boys HS | 4:08.63 |

OTHER NATIONAL RESULTS

Junior Boys 3000m

| | | | |
|---|-------------------|------------------|---------|
| 1 | Jacob Priddey | Hamilton Boys HS | 9:18.39 |
| 2 | Jeff Lautenslager | Garin College | 9:30.03 |
| 3 | Hamish Cooper | Otago Boys HS | 9:30.16 |

Junior Boys 100m Hurdles Wind -1.4

| | | | |
|---|------------------|-------------------------|-------|
| 1 | James Sandilands | Roncalli College | 13.48 |
| 2 | Jordan Brown | St Bede's College | 13.58 |
| 3 | Sosaia Teumoenga | Tonga | 13.60 |
| 4 | Luca Denée | Takapuna Grammar School | 13.92 |

Junior Boys 4x100m Relay

| | | | |
|---|--|---------------------------------|-------|
| 1 | | Palmerston North Boys HS | 45.13 |
| 2 | | St Paul's Collegiate (Hamilton) | 45.16 |
| 3 | | Sacred Heart College (Auckland) | 45.43 |

Junior Boys 4x400m Relay

| | | | |
|---|--|---------------------------------|---------|
| 1 | | Sacred Heart College (Auckland) | 3:37.46 |
| 2 | | Palmerston North Boys HS | 3:39.86 |
| 3 | | St Paul's Collegiate (Hamilton) | 3:44.12 |

Junior Boys High Jump

| | | | |
|---|----------------|------------------|------|
| 1 | Ethan Sorrell | Avondale College | 1.87 |
| 2 | Rhys Malcolm | Westlake Boys HS | 1.84 |
| 3 | Cory McDermott | Green Bay HS | 1.81 |

Junior Boys Long Jump

| | | | |
|---|---------------|--------------------------|-------------|
| 1 | Liam Carr | Palmerston North Boys HS | 6.29 (-0.6) |
| 2 | Callum Taylor | Rotorua Boys HS | 6.28 (NW1) |
| 3 | Alex Wood | Hamilton Boys HS | 6.22 (0.0) |

Junior Boys Triple Jump

| | | | |
|---|-----------------|--------------------------|--------------|
| 1 | Liam Carr | Palmerston North Boys HS | 13.09 (-0.3) |
| 2 | Cameron Emerson | Napier Boys HS | 12.88 (-1.0) |
| 3 | 'Eakalfi Lutua | Tonga | 12.68 (NW1) |
| | Callum Taylor | Rotorua Boys HS | 12.53 (NW1) |

Junior Boys Shot Put

| | | | |
|---|---------------------|-------------------------|-------|
| 1 | Sam Ulufonua | Auckland Grammar School | 16.36 |
| 2 | Matthew Bloxham | Orewa College | 15.46 |
| 3 | Benedict Chong Wong | Liston College | 14.53 |

Junior Boys Discus Throw

| | | | |
|---|-----------------------|-------------------------|-------|
| 1 | Sam Ulufonua | Auckland Grammar School | 53.95 |
| 2 | Nelson Asofo-Solomona | Wellington College | 53.83 |
| 3 | Alexander O'Neill | Rosmini College | 59.66 |

Junior Boys Hammer Throw

| | | | |
|---|---------------------|-------------------|-------|
| 1 | Matthew Bloxham | Orewa College | 59.20 |
| 2 | Benedict Chong Wong | Liston College | 49.41 |
| 3 | Ashley Craig | Southland Boys HS | 42.65 |

Junior Boys Javelin Throw

| | | | |
|---|-----------------|-------------------------------------|-------|
| 1 | Taylor Matthews | Massey HS | 47.60 |
| 2 | Sam Porter | East Otago HS | 45.74 |
| 3 | Nathan Moen | St Patrick's College (Silverstream) | 45.19 |

Senior Boys 100m Wind -0.9

| | | | |
|---|--------------|-----------------------|-------|
| 1 | Kodi Harman | Mt Maunganui College | 10.67 |
| 2 | Andrew Whyte | South Otago HS | 10.89 |
| 3 | Gavin Stark | Blue Mountain College | 11.14 |

Senior Boys 200m Wind -0.4

| | | | |
|---|----------------|---------------------------------|-------|
| 1 | Kodi Harman | Mt Maunganui College | 21.39 |
| 2 | Dalton Coppins | Sacred Heart College (Auckland) | 21.92 |
| 3 | Robert Jopp | John McGlashan College | 22.56 |

Senior Boys 400m

| | | | |
|---|----------------|---------------------|-------|
| 1 | Andrew Whyte | South Otago HS | 46.91 |
| 2 | Thomas Symes | Wanganui Collegiate | 48.09 |
| 3 | Tyler Collings | Timaru Boys HS | 48.90 |

Senior Boys 800m

| | | | |
|---|---------------|-------------------------|---------|
| 1 | Brad Mathas | Cullinane College | 1:50.24 |
| 2 | Julian Oakley | Tauranga Boys College | 1:52.00 |
| 3 | Seton Hill | Auckland Grammar School | 1:53.90 |

Senior Boys 1500m

| | | | |
|---|-----------------|-----------------------|---------|
| 1 | Julian Oakley | Tauranga Boys College | 3:54.44 |
| 2 | Ben Moynihan | Kings College | 3:55.13 |
| 3 | Kieron McDonald | Scots College | 3:58.22 |

OTHER NATIONAL RESULTS

Senior Boys 3000m

| | | | |
|---|------------------|-------------------------|---------|
| 1 | Declan Wilson | Auckland Grammar School | 8:33.51 |
| 2 | Mike Lowe | Neslon College | 8:46.04 |
| 3 | Cameron Burstall | Auckland Grammar School | 8:47.38 |

Senior Boys 110m Hurdles Wind 0.5

| | | | |
|---|----------------|-------------------|-------|
| 1 | Phil Simms | Hamilton Boys HS | 14.70 |
| 2 | Mitchell Stone | Macleans College | 15.26 |
| 3 | Pascal Kethers | Rangitoto College | 15.26 |

Senior Boys 4x100m Relay

| | | | |
|---|--|---------------------------------|-------|
| 1 | | Wanganui Collegiate | 42.81 |
| 2 | | Sacred Heart College (Auckland) | 43.25 |
| 3 | | St Paul's Collegiate (Hamilton) | 43.65 |

Senior Boys 4x400m Relay

| | | | |
|---|--|---------------------------------|---------|
| 1 | | Wanganui Collegiate | 3:18.70 |
| 2 | | St Paul's Collegiate (Hamilton) | 3:25.78 |
| 3 | | Tauranga Boys College | 3:27.41 |

Senior Boys High Jump

| | | | |
|---|-------------------|----------------------|------|
| 1 | Ross Walker-Smart | Onehunga HS | 2.00 |
| 2 | Phillip Wyatt | Avondale College | 2.00 |
| 3 | Chris Brake | Tapawera Area School | 1.94 |

Senior Boys Long Jump

| | | | |
|---|----------------------|---------------------------|------------|
| 1 | Jesse Bryant | St Bede's College | 7.13 (0.5) |
| 2 | Phillip Wyatt | Avondale College | 6.94(1.4) |
| 3 | Manu Ravouvouniconua | St Peter's College (Gore) | 6.75 (0.0) |

Senior Boys Triple Jump

| | | | |
|---|----------------------|---------------------------|-------------|
| 1 | Phillip Wyatt | Avondale College | 14.33 (NW1) |
| 2 | Manu Ravouvouniconua | St Peter's College (Gore) | 14.14 (NW1) |
| 3 | Chris Brake | Tapawera Area School | 13.75 (NW1) |

Senior Boys Shot Put

| | | | |
|---|--------------------|----------------------------------|-------|
| 1 | Marcus Hayward | Hauraki Plains College | 17.40 |
| 2 | Kyle van der Merwe | Francis Douglas Memorial College | 17.18 |
| 3 | Milan Pickering | Avondale College | 16.36 |

Senior Boys Discus Throw

| | | | |
|---|--------------------|----------------------------------|-------|
| 1 | Kyle van der Merwe | Francis Douglas Memorial College | 52.46 |
| 2 | Richard Callister | Westlake Boys HS | 50.88 |
| 3 | Etana-John Nathan | Kaitaia College | 50.00 |

Senior Boys Hammer Throw

| | | | |
|---|-------------------|-------------------|-------|
| 1 | Alex fafeita | Wairarapa College | 60.02 |
| 2 | Dean Rusbatch | Otago Boys HS | 55.22 |
| 3 | Richard Callister | Westlake Boys HS | 53.49 |

Senior Boys Javelin Throw

| | | | |
|---|---------------------|--------------------------|-------|
| 1 | Ben Langton-Burnell | Palmerston North Boys HS | 69.20 |
| 2 | Buckley Nathan | Macleans College | 59.21 |
| 3 | Liam Murphy | Lindisfarne College | 54.33 |

Open Boys 300m Hurdles

| | | | |
|---|----------------|------------------|-------|
| 1 | Phil Simms | Hamilton Boys HS | 38.55 |
| 2 | Sam Fitzgerald | Riccarton HS | 38.83 |
| 3 | Jackson Henry | Shirley Boys HS | 39.09 |

Open Boys 2000m Steeplechase

| | | | |
|---|------------------|-------------------------|---------|
| 1 | Jack Moody | Auckland Grammar School | 6:08.20 |
| 2 | Thomas Currie | Long Bay College | 6:13.17 |
| 3 | Cameron Burstall | Auckland Grammar School | 6:19.80 |

Open Boys 3000m Walk

| | | | |
|---|------------------|--------------------|----------|
| 1 | Matthew Holcroft | Hamilton Boys HS | 13:13.16 |
| 2 | Jonathon Lord | Timaru Boys HS | 13:41.38 |
| 3 | Stuart Hood | Heretaunga College | 13:41.53 |

Open Boys Pole Vault

| | | | |
|---|--------------------|-------------------------|------|
| 1 | Nicholas Southgate | Rosmini College | 4.90 |
| 2 | Pascal Kethers | Rangitoto College | 4.40 |
| 3 | Luca Denee | Takapuna Grammar School | 4.10 |

Girls AWD ID 100m Wind -2.1

| | | | |
|---|----------------------|------------------|-------|
| 1 | Nikita White | Otago Girls HS | 15.68 |
| 2 | Sonali Bhattacharjee | Newlands College | 17.43 |
| 3 | Aimee Wills | Allenvale School | 21.72 |

Girls AWD ID 200m Wind -1.3

| | | | |
|---|----------------------|------------------|-------|
| 1 | Nikita White | Otago Girls HS | 32.39 |
| 2 | Sonali Bhattacharjee | Newlands College | 36.42 |
| 3 | Emma Tull | Rangiora HS | 40.62 |

OTHER NATIONAL RESULTS

Girls AWD ID 400m

| | | | |
|---|--------------|----------------|---------|
| 1 | Nikita White | Otago Girls HS | 1:16.90 |
| 2 | Emma Tull | Rangiora HS | 1:42.41 |

Girls AWD ID Long Jump

| | | | |
|---|--------------------------|------------------|------------|
| 1 | Emma Tull | Rangiora HS | 2.57 (NWI) |
| 2 | Angelique Vitry Audibert | Allenvale School | 2.17 (NWI) |
| 3 | Aimee Wills | Allenvale School | 1.97 (NWI) |

Girls AWD ID Shot Put

| | | | |
|---|----------------|----------------|------|
| 1 | Nikita White | Otago Girls HS | 5.99 |
| 2 | Patosina Mau'u | Naenae College | 5.74 |
| 3 | Samantha Troon | Rangiora HS | 4.98 |

Girls AWD ID Discus Throw

| | | | |
|---|----------------|-------------|-------|
| 1 | Samantha Troon | Rangiora HS | 10.93 |
| 2 | Emma Tull | Rangiora HS | 7.81 |

Girls AWD ID Javelin Throw

| | | | |
|---|----------------|----------------|-------|
| 1 | Nikita White | Otago Girls HS | 11.71 |
| 2 | Patosina Mau'u | Naenae College | 11.04 |
| 3 | Samantha Troon | Rangiora HS | 10.20 |

Girls AWD AMP/O Shot Put

| | | | |
|---|----------------|-----------------|------|
| 1 | Holly Robinson | Taieri College | 9.52 |
| 2 | Ashley Exeter | Tararua College | 7.73 |

Girls AWD AMP/O Discus Throw

| | | | |
|---|----------------|-----------------|-------|
| 1 | Holly Robinson | Taieri College | 32.31 |
| 2 | Ashley Exeter | Tararua College | 21.63 |

Girls AWD AMP/O Javelin Throw

| | | | |
|---|----------------|-----------------|-------|
| 1 | Holly Robinson | Taieri College | 25.89 |
| 2 | Ashley Exeter | Tararua College | 20.48 |

Boys AWD ID 100m Wind -0.1

| | | | |
|---|------------------|--------------------|-------|
| 1 | Thomas Loftus | Upper Hutt College | 13.82 |
| 2 | Bradley Garner | Allenvale School | 14.23 |
| 3 | Cameron Blackett | Melville HS | 14.28 |

Boys AWD ID 200m Wind 1.0

| | | | |
|---|------------------|--------------------|-------|
| 1 | Thomas Loftus | Upper Hutt College | 26.47 |
| 2 | Cameron Blackett | Melville HS | 26.78 |
| 3 | Bradley Garner | Allenvale School | 27.02 |

Boys AWD ID 400m

| | | | |
|---|-------------------------|--------------------|---------|
| 1 | Sunil Fernandez-Ritchie | Hillcrest HS | 59.98 |
| 2 | David Smith | Te Awamutu College | 1:00.09 |
| 3 | Ashley Carmichael | Upper Hutt College | 1:01.62 |

Boys AWD ID Long Jump

| | | | |
|---|----------------|--------------------|-------------|
| 1 | Bradley Garner | Allenvale School | 4.81 (-1.6) |
| 2 | David Smith | Te Awamutu College | 4.53 (1.0) |
| 3 | Thomas Loftus | Upper Hutt College | 4.50 (2.0) |

Boys AWD ID Shot Put

| | | | |
|---|-----------------|----------------------|-------|
| 1 | Tuakana Ruapatu | Otago Boys HS | 12.93 |
| 2 | Bradley Garner | Allenvale School | 10.03 |
| 3 | Liam Smith | Lawrence Area School | 9.57 |

Boys AWD ID Discus Throw

| | | | |
|---|----------------|----------------------|-------|
| 1 | Bradley Garner | Allenvale School | 24.52 |
| 2 | Liam Smith | Lawrence Area School | 23.27 |
| 3 | Todd Neal | Naenae College | 20.15 |

Boys AWD ID Javelin Throw

| | | | |
|---|----------------|--------------------|-------|
| 1 | Thomas Loftus | Upper Hutt College | 23.33 |
| 2 | Joshua Abbott | Fielding HS | 20.23 |
| 3 | David Sullivan | Freyberg HS | 17.58 |

Boys AWD CP 100m Wind -0.2

| | | | |
|---|-----------------------|------------------|-------|
| 1 | Richard Nelson Parker | Kings College | 13.85 |
| 2 | Cameron Hepburn | Allenvale School | 15.64 |
| 3 | Jacob Phillips | Hamilton Boys HS | 15.76 |

Boys AWD CP 200m Wind 1.2

| | | | |
|---|-----------------------|-------------------------|-------|
| 1 | Richard Nelson Parker | Kings College | 29.07 |
| 2 | Jacob Phillips | Hamilton Boys HS | 33.53 |
| 3 | Kieran Lane | Auckland Grammar School | 36.04 |

Boys AWD CP 400m

| | | | |
|---|-----------------|----------------------------------|---------|
| 1 | Jacob Phillips | Hamilton Boys HS | 1:16.62 |
| 2 | Tyler Roberts | St Patrick's College (Kilbirnie) | 1:17.37 |
| 3 | Cameron Hepburn | Allenvale School | 1:17.74 |

OTHER NATIONAL RESULTS

| | | | |
|--|--|----------------------------------|------------|
| Boys AWD CP Long Jump | | | |
| 1 | Cameron Hepburn | Allenvale School | 2.95 (NWI) |
| Boys AWD AMP/O Long Jump | | | |
| 1 | Jono Brownjohn | New Plymouth Boys HS | 4.40 (0.3) |
| Boys AWD AMP/O Shot Put | | | |
| 1 | Jono Brownjohn | New Plymouth Boys HS | 10.08 |
| Boys AWD AMP/O Discus Throw | | | |
| 1 | Troy Hill | Taumarunui HS | 15.55 |
| Year 9 Girls Road Race 3km | | | |
| 1 | Jessica Morrison | Howick College | 10:43 |
| 2 | Courtney Martin | Pakuranga College | 10:45 |
| 3 | Madeline Roughan | New Plymouth Girls HS | 10:54 |
| Junior Girls Road Race 4km | | | |
| 1 | Rosa Flanagan | Rangi Ruru Girls School | 14:08 |
| 2 | Madeline Evans | St Kentigern College | 14:50 |
| 3 | Susannah Lynch | St Mary's College (Wellington) | 14:55 |
| Senior Girls Road Race 4km | | | |
| 1 | Olivia Ritchie | Waikato Diocesan School | 14:32 |
| 2 | Lydia Marshall | Burnside HS | 14:43 |
| 3 | Kate Jefferd | Wanganui Collegiate | 14:59 |
| Year 9 Boys Road Race 3km | | | |
| 1 | Daniel Hintz | Tauranga Boys College | 9:31 |
| 2 | Joseph Wales Earl | Westlake Boys HS | 9:33 |
| 3 | Luke Fielding | Avondale College | 9:35 |
| Junior Boys Road Race 4km | | | |
| 1 | Jonty Morreau | Auckland Grammar School | 13:11 |
| 2 | Jake Jackson-Grammer | Palmerston North Boys HS | 13:15 |
| 3 | Timothy Hawes | Westlake Boys HS | 13:22 |
| Senior Boys Road Race 6km | | | |
| 1 | Yared Kebede | St Patrick's College (Kilbirnie) | 19:11 |
| 2 | Finn Wilson | Auckland Grammar School | 19:21 |
| 3 | Sam Bremer | Kavanagh College | 19:29 |
| Year 9 Girls Road Race 3 Person Teams | | | |
| 1 | Daisy Archibald, Ella Churton Hayley Ewen | Diocesan School for Girls | 75pts |
| 2 | Abby Williamson, Elizabeth Vincent Jemima Allison | Rangi Ruru Girls School | 76pts |
| 3 | Zoe Hall, Lucy England Sian Allen | Wellington Girls College | 82pts |
| Junior Girls Road Race 3 Person Teams | | | |
| 1 | Rosa Flanagan, Gabrielle Gray Lucy Allison | Rangi Ruru Girls School | 16pts |
| 2 | Roisin Pearson, Holly Manning Laura Smith | Napier Girls HS | 28pts |
| 3 | Isabella Kirk, Stella Marshall Christine Sutton | Tauranga Girls College | 41pts |
| Senior Girls Road Race 3 Person Teams | | | |
| 1 | Kate Jefferd, Melissa Gillespie Laura Holt | Wanganui Collegiate | 16pts |
| 2 | Casey Blackwell, Simone Rockliffe Tayla Forward | Tauranga Girls College | 46pts |
| 3 | Sarah Adam, Bex Burridge Susie Gomm | Diocesan School for Girls | 49pts |
| Year 9 Boys Road Race 3 Person Teams | | | |
| 1 | Daniel Hintz, Aaron Fredheim Andrew Robinson | Tauranga Boys College | 40pts |
| 2 | Andrew Kelly, James Preston Tom Caughley | Scotts College | 49pts |
| 3 | Conal Wilson, Alec Morreau Ryan Martin | Auckland Grammar School | 51pts |
| Junior Boys Road Race 3 Person Teams | | | |
| 1 | Timothy Hawes, Morgan Cadell Danny Lee | Westlake Boys HS | 26pts |
| 2 | Nathan Schuurman, Greg Moore Mathew Pedofsky | Christchurch Boys HS | 36pts |
| 3 | Jonty Morreau, Cullum Ross Hamish Barclay | Auckland Grammar School | 46pts |

OTHER NATIONAL RESULTS

Senior Boys Road Race 3 Person Teams

| | | | |
|---|--|-------------------------|--------|
| 1 | Finn Wilson, Chris Boswell Nicholas Orr | Auckland Grammar School | 28pts |
| 2 | Antoine Bonnet, Jamie Wells David Mellsop | Wanganui Collegiate | 34pts, |
| 3 | Toa Elphick-Iaveta, Jake Tully Callum Allen | Napier Boys HS | 48pts |

Junior Girls Road Race 6 Person Teams

| | | | |
|---|---|-----------------|--------|
| 1 | Roisin Pearson, Holly Manning Laura Smith, Megan Husband Molly D'Ath, Manon Aulon-Elphick | Napier Girls HS | 106pts |
|---|---|-----------------|--------|

Senior Girls Road Race 6 Person Teams

| | | | |
|---|---|----------------------------|--------|
| 1 | Kate Jefferd, Melissa Gillespie Laura Holt, Georgie Blackwood Harriet McCartin, Rebecca Atwell | Wanganui Collegiate | 63pts |
| 2 | Michelle Allbury, Julia Kerr Catherine Allbury, Briar Middleton Daria Gillespie, Caitlin Milner | Epsom Girls Grammar School | 179pts |

Year 9 Boys Road Race 6 Person Teams

| | | | |
|---|--|-------------------------|--------|
| 1 | Daniel Hintz, Aaron Fredheim Andrew Robinson, Mitchell Fergusson Harrison Mossop, Cameron Wells | Tauranga Boys College | 163pts |
| 2 | Joseph Wales Earl, Louis Abplanbalp Matthew Morrissey, Declan Enstrom Angus Nicoll, Rada Sovlanski | Westlake Boys HS | 187pts |
| 3 | Conal Wilson, Alec Morreau Ryan Martin, Xie Zhiyuan Sung-Woo Baek, Sam McConnell | Auckland Grammar School | 197pts |

Junior Boys Road Race 6 Person Teams

| | | | |
|---|---|-------------------------|--------|
| 1 | Timothy Hawes, Morgan Cadell Danny Lee, William Richardson Nathan Regal, Henry Morrison-Jones | Westlake Boys HS | 133pts |
| 2 | Nathan Schuurman, Greg Moore Mathew Pedofsky, Max Jones Mitch Hobson, Chris Whitley | Christchurch Boys HS | 174pts |
| 3 | Jonty Morreau, Michael Dawson Callum Ross, James Kendrick Sean Fraser, Ben Grave | Auckland Grammar School | 239pts |

Senior Boys Road Race 6 Person Teams

| | | | |
|---|--|-------------------------|--------|
| 1 | Finn Wilson, Chris Boswell Nicholas Orr, Kirk Madgwick Henry Watt, Kyle Esterhuizen | Auckland Grammar School | 104pts |
| 2 | Antoine Bonnet, Jamie Wells David Mellsop, Taylor Quirk Francis McKeefry, Lyndon Roberts | Wanganui Collegiate | 180pts |
| 3 | Tim Wareing, Robbie Morrison Callum Davidson, Jack Brownie Matt Johnston, Jarryn Wells | Christchurch Boys HS | 328pts |

***New Zealand
at the World Youth
Championships
1999-2011***

NZ at the World Youth Championships 1999-2011

Are the World Youth Championships a development event or an end in itself?

by Stephen Hollings

There is much debate about the value and the philosophy surrounding New Zealand representation at the World Youth Championships (WYC). The following is an analysis of New Zealand's participation at the first six editions of the WYC held biennially 1999 - 2009. The analysis should trigger an informed and vigorous debate regarding future philosophy surrounding the event and athlete's participation at them and future expectations of these athletes.

New Zealand has had 101 individual athletes compete at the six WYC from 1999-2009. Just two individuals, Valerie Adams and April Brough have competed at two WYC and have been included in this analysis as a single participant. Of the 101 athletes, only 22 went on to compete at the World Junior Championships – the next level up in international competition. This means that 78% of all New Zealand athletes who went to a WYC did not realise their potential and advance their career. Of the 101, just six went on to represent New Zealand at the senior representative level. They are: Valerie Adams, Monique Williams, Brent Newdick and Amanda Gorst who each competed at a World Championship, (Gorst at a World Walking Cup), whilst Sarah Cowley and Elizabeth Lamb represented New Zealand at a Commonwealth Games. Only one of the 101 – Valerie Adams has represented New Zealand at an Olympic Games. It is conceded that some athletes who competed at the most recent WYC's may not have yet realised their potential of representing New Zealand at the senior level. Of the 22 athletes who went on to compete at a World Junior Championships, 10 had been a finalist at a WYC, whilst 12 had not made the final of their event at the WYC.

New Zealand won one medal and had 13 other finalists (top eight in a laned track event and top 12 in other track events and in field events) at the six WYC. Of the 14 finalists, just two (Valerie Adams and Amanda Gorst) went on to senior New Zealand representation. The four non-finalists at a WYC who went on to senior New Zealand representation were Sarah Cowley, Monique Williams, Brent Newdick and Elizabeth Lamb. Of the 22 youth athletes who went on to compete at a WJC, 14 of them were born in an even numbered year. In a previous work, I indicated that athletes born in an even-numbered year appear to be at an advantage, by virtue of chronologically age, at a World Youth Championships. An athlete born in an even-numbered year will have one opportunity to compete at a World Youth Championships and one opportunity to compete at a World Junior Championships, except if they compete at a World Junior Championships as a 16 year-old and be 4 years younger than the oldest competitor. After competing as a 16 year-old at a World Junior Championships, they can then compete the following year at the World Youth Championships – which is what Usain Bolt did, and then compete again at the World Junior Championships the following year! Conversely, the athlete born in an odd-numbered year has the same single opportunity to compete at a World Youth Championships – albeit at the “bottom” of the two year age-group, but the following year they can compete at a World Junior Championships and again at a World Junior Championships two years later when they would be a 19 year-old at the “top” of the age-group.

From a historical statistical perspective, the WYC cannot be considered to be a developmental event for New Zealand athletes as 78% of New Zealand athletes who participated at a WYC saw them as the pinnacle of their international athletics careers. To also highlight these championships as a talent identification/ confirmation event is also debateable given the large “drop-out” rate. To significantly invest in individuals in this age group is somewhat hazardous as the statistical analysis shows that the initial investment would have a low rate of return at senior international level. Further, results achieved at the WYC are a relatively poor predictor of what one could expect of the athlete when and if they progress to the senior level.

Perhaps it is at the Junior level, that attention should be focussed on talent investment. In a recent published paper I concluded: “There is a reasonable probability that New Zealand and Australian athletes who have achieved a high level of success as a junior athlete will go on to be a successful senior athlete given that 23% of Australian and New Zealand Junior Medalists and Junior Finalists became a Global Medalist or a Global Finalist or won a Commonwealth Games medal. The probability is greater if the junior athlete won a medal in their event at a World Junior Championships given that 40% of each country's Junior Medalists became a Global Medalist

NEW ZEALAND AT THE WORLD YOUTH CHAMPIONSHIPS 1999-2011

or Global Finalist. Only a small number of athletes have become successful senior athletes who were not finalists or medalists when they competed at a World Junior Championships and even less New Zealand and Australian athletes have become successful senior athletes not having competed at a World Junior Championships. If New Zealand and Australia want to produce successful senior athletes, their strategy should be to produce more Junior Medalists and Finalists and retain them in the sport."

The following is a list of New Zealand athletes who have competed at a WYC, together with details of their performance (if finalist or medalist) and their subsequent New Zealand representative achievements. (Performances and representation at a World University Games is not included as not all athletes are eligible to be considered for selection).

1999 1st IAAF World Youth Championships, Bydgoszcz, Poland, 16-18 July

Valerie Adams - see 2001

April Brough – see 2001

Nikki Cliffe

Jannah Fleetwood

Victoria Lowrie

Demelza Murrhry: Finalist

Sara Phillips ► WJ

Michelle Prowse

(8)

David Falealili ► WJ

Sam Isa'ako

(2)

2001 2nd IAAF World Youth Championships, Debrecen, Hungary, 12-15 July

Valerie Adams - MEDAL ► WJC (medal) ► CWG (medal) ► WC/OG (medal)

April Brough: Finalist ► WJ

Sarah Cowley ► CWG

Louise Jones

Rebecca McEnaney

Erin Montgomery

Elizabeth Orchard

Anna Spriggins

Monique Williams ► WJC ► CWG ► WC

(7)

Brad Barron

Brent Newdick ► WJC ► CWG ► WC

Anthony Smart

Max Smith: Finalist

Michael Stringer

Hayden Townsend ► WJC

(6)

2003 3rd IAAF World Youth Championships, Sherbrooke, Canada, 9-13 July

Kendal Blair

Rebecca Furlong

Amanda Gorst: Finalist ► WJC ► Wcp

Hana McEwan

Amy McKay

Amy-Jo Mann

NEW ZEALAND AT THE WORLD YOUTH CHAMPIONSHIPS 1999-2011

Charlotte Osborne
Patricia Ross
Leah Salisbury
(9)

Philip Ah Lo
Dino Bizzone
Stephen Gee
Cameron Hayton
Utu Maninoa
Graeme Read: Finalist ► WJC
Shafat Salad ► WJC
Jordan Vandermade: Finalist ► WJC (medal)
Sam Wilson
(9)

2005 4th IAAF World Youth Championships, Marrakesh, Morocco, 13-17 July

Kylie Adams
Amanda Aldridge
Julia Brown
Annabelle Coates
Morgan Coulton
Rochelle Coster
Billie Farrow
Gemma Hamlin
Vanessa Hurley: Finalist
Stacy Linderboom
Fiona Morrison
Katherine Olson
Nneka Okpala
Megan Parkhill
Heather Peters
Sarah Saddleton
Sarah Tatton
(17)

Stephen Buckley
Jacob Coom
Terefe Ejigu
Kieren Fowler
Alyx Hodgson
Ben Loh
William Maber
Kyle Manu
Matthew Mildenhall
Daniel Natusch
Ben Osborne
Jake Robertson ► WC
Andrew Underwood
(13)

2007 5th IAAF World Youth Championships, Ostrava, Czech Republic, 11-15 July

Camille Buscomb
Armel Chou Lee
Te Rina Keenan: Finalist ► WJC
Elizabeth Lamb ► WJC ► CWG
Sarah McSweeney ► WJC
Kate Newitt
Kelsi Patterson
(7)

Dallas Bowden
Keri Tongalea
Michael Whitehead
(3)

2009 6th World Youth Championships, Sudtiro, Italy, 8-12 July

Tamara Anstis
Kerry Charlesworth: Finalist ► WJC
Esther Keown
Leesa Lealaisalanoa: Finalists ► WJC
Laura Nagel ► WJC
Julia Ratcliffe: Finalist
Mariah Rinui
Anna Roche ► WJC
Emma Sutherland
Philippa Symes
(10)

Nathan Barrett
Daniel Fake
Nick Gerrard
James Hutchens
Todd Johnston
Alex Jordan ► WJC
Joseph Millar ► WJC
Ryan Tinkle
Tom Walsh: Finalist ► WJC
Frazer Wickes: Finalist ► WJC
(10)

How relative-age effect has affected NZ athletes competing at the World Junior Championships and the implications for future selection policy.

by Stephen Hollings

The Relative-Age Effect (RAE) is when there is a biased distribution of an athlete's birth date with an over-representation of those born at the beginning of the competitive year and an under-representation of those born at the end of the year (Delorme, Boiche, & Raspaud, 2010). In athletics, the RAE is not a well-recognised phenomenon, and there is only indirect evidence for its existence. Hollings (2010) found that of 23 athletes who had won a medal at all of a World Youth Championships (WYC), a World Junior Championships (WJC), and at a World Athletics Championships or Olympic Games, 16 (70%) were at the older end of the age range when they competed at the WYC. Further, of the seven athletes who won a gold medal at all of these championships, all were at the older end of the age-range when they competed at the WYC. These data are consistent with a relationship between birth-date and finishing position at age-group championships. The WJC is an appropriate level of competition to investigate the RAE, as they are an important vehicle in the promotion and advancement of talent through to senior athletics. The championships, held in alternate years, cover a two-year age range where older athletes are defined as being born in the first year of the two-year age range.

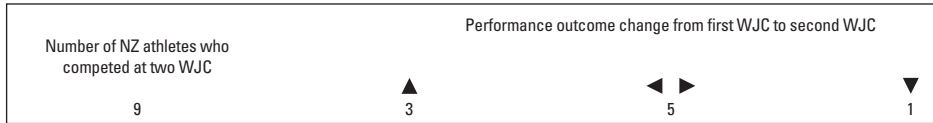
Analysis of international athletics performance data has shown there is a large RAE amongst Men and a moderate RAE amongst Women, when they compete at a World Junior Championships. At the 2008 World Junior Championships, 62% of the Men and 52% of the Women medalists and other finalists were older athletes. The overall calculated relative-age effect for Men was 2.1, $x/\pm 1.4$, and 1.7, $x/\pm 1.4$ for Women; that is, for every finalist of a given age, there were between 1.7 and 2.1 finalists who were a year older. The age effect was more pronounced in Men's middle-distance (2.1, $x/\pm 1.4$) and Women's throws (2.4, $x/\pm 2.1$) and least in Men's throws (1.4, $x/\pm 1.4$) and Women's middle-distance (1.3, $x/\pm 2.0$). The thresholds for small, moderate, large and very large age effects were assumed to be 1.1, 1.4, 2.0, and 3.3 (Hopkins, 2010).

The RAE may account for part of the high attrition rate of New Zealand elite junior athletes who do not go on to become a successful senior athlete (Hollings, 2006). However, the age effect and attrition relationship has not yet been fully examined. Of the five (three men and two women) New Zealand athletes who won medals at a WJC between 1986 and 2006, four of them were older athletes when they won their medals. The exception was Valerie Adams who was a younger athlete at the 2002 World Junior Championships. The previous year she won the Shot Put at the World Youth Championships when she was an older athlete at those championships, which demonstrated her outstanding potential and ability. Of the other 14 New Zealand Junior finalists (1986-2006), 11 were older athletes, further demonstrating that older athletes are more likely to have success at the WJC.

Owing to the way the championships are scheduled and as a consequence of the two-year age range of the competitors, it is not possible for an athlete to be at the older end of the age group at successive WJC. An athlete at the younger end of the age group is at an age disadvantage, whilst the athlete at the older end of the age group is at an age advantage. Athletes who compete at two WJC, are likely to be at an age advantage at their second appearance at the WJC, having been a very young, and therefore disadvantaged, athlete at their first appearance. Nine New Zealand athletes have been fortunate enough to compete at two successive WJC. Table 1 shows how their performance (finishing position or time/distance/height) changed between competing at their first and at their second WJC.

RELATIVE AGE AFFECT

Table 1. Change in performance between first WJC and second WJC of New Zealand athletes who competed at two successive WJC.



The change in performance of New Zealand athletes who competed at two WJC has presented a mixed outcome, with only a third showing a marked improvement from their first WJC to the second WJC, thereby indicating that the ones who did not improve did not benefit performance-wise from their earlier experience.

Collectively the above data would indicate that at World Junior Championships the older New Zealand athletes have performed better than their younger contemporaries. However on the rare occasion where a younger athlete has performed extremely well it was characterised by the athlete demonstrating exceptional abilities at a young age; almost certainly at a World Youth Championships. Given that there is a relative-age effect in athletics, it is likely that many promising athletes have been overlooked for selection to championship competitions in the past because they suffered from a relative-age disadvantage. Those athletes with birthdates in the younger year of the age range, who are not selected, will not be eligible to compete at the following edition of the championships two years later – because they are too old. Further, athletes who did not experience success at championships because they suffered from the same relative-age disadvantage may also have terminated their sport involvement prematurely.

When considering selecting a younger athlete to compete at a WJC, consideration of the RAE should be taken into account when setting the eligibility criteria and selection standards. The RAE needs to be explained to the athlete, their coach, and their parents beforehand and expectations of the performance outcome required need to be adjusted.

References

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NOTES

This image shows a full page of a document template designed for handwritten notes or essays. It features approximately 28 evenly spaced, thin grey horizontal lines extending across the entire width of the page. The margins are consistent on all sides, providing a clear area for writing. There are no pre-printed questions, headings, or other markings on the page.

