



Women 19 | 2009

Top Performances as of: 09 Feb 2012

High Jump | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	1.85		Elizabeth Lamb	AKL	12 May 1991	1	NZL Championships	Wellington	28 Mar 2009
2	1.77		Sarah Saddleton	AKL	05 Aug 1989	2	N Arizona Classic	Flagstaff AZ	14 Feb 2009
3	1.70		Nicola Mackle	CAN	28 Sep 1992	2	NZSS Championships	Timaru	13 Dec 2009
4	1.70		Charlotte Muschamp	STH	09 Sep 1992	1	Weekly Meeting	Dunedin	14 Nov 2009
5	1.65		Emma Sutherland	HBG	14 Jan 1993	3	Winter Series #6	Gold Coast AUS	30 Jun 2009
6	1.65		Bridgette Jones	STH	22 Mar 1992	2	NZL Championships	Wellington	28 Mar 2009
7	1.62		Georgina Allison	CAN	19 Apr 1991	H	National CE Chmps	Waitakere	08 Feb 2009
8	1.60		Vianca Du Toit	AKL	09 Dec 1992	2	Hot Meet 2	Auckland	31 Oct 2009
9	1.60		Savannah Bruin	STH	24 Mar 1993	4	NZL Championships	Wellington	28 Mar 2009

Pole Vault | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	3.50		Morgan Williams	AKL	27 Sep 1991	1	NZSS Championships	Timaru	12 Dec 2009
2	3.40		Julia Hart	AKL	05 Jan 1989	1	Hot Meet 12	North Shore	14 Mar 2009

Long Jump | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	5.83	1.3	Annabelle Coates	CAN	08 Dec 1989	1	NZL Championships	Wellington	29 Mar 2009
2	5.51	-2.1	Kelsey Berryman	CAN	04 Feb 1992	1	NZSS Championships	Timaru	12 Dec 2009
3	5.44	-0.3	Charlotte Smith	WEL	06 Jun 1991	1	Central Region League	Hastings	31 Oct 2009
4	5.38	1.2	Mariah Ririnui	WBP	26 Jun 1992	2	Winter Series #7	Gold Coast AUS	01 Jul 2009
5	5.35	2.0	Melissa Goffin	AKL	12 Apr 1991	4	NZL Championships	Wellington	29 Mar 2009
6	5.26	1.4	Rebecca Le Grice	AKL	19 Aug 1991	5	NZL Championships	Wellington	29 Mar 2009
7	5.14	-4.2	Haidee Brown	CAN	19 Jul 1991	3	NZSS Championships	Timaru	12 Dec 2009
8	5.10	0.2	Harriett Sowman	WEL	11 Dec 1990	1	Gold Programme	Wellington	14 Mar 2009
9	5.09	1.7	Rebecca Grass	AKL	20 Jun 1991	1	Hot Meet 8	Auckland	24 Jan 2009
10	5.06	0.2	Anne Simpson	AKL	17 Sep 1992	4	NZSS Championships	Timaru	12 Dec 2009

Triple Jump | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	11.86	1.0	Charlotte Muschamp	STH	09 Sep 1992	1	NZSS Championships	Timaru	13 Dec 2009
2	11.69	-1.0	Annabelle Coates	CAN	08 Dec 1989	1	NZL Championships	Wellington	27 Mar 2009
3	11.62	-0.2	Katherine Camp	WBP	06 Feb 1992	3	NZSS Championships	Timaru	13 Dec 2009
4	11.27	1.1	Harriett Sowman	WEL	11 Dec 1990	3	NZL Championships	Wellington	27 Mar 2009
5	11.26	0.8	Sarah Saddleton	AKL	05 Aug 1989	1	Terry Albritton	Honolulu HI	21 Feb 2009
6	11.09	0.7	Kate Philpott	MWA	30 Jul 1992	1	Central Region League	Wellington	28 Nov 2009
7	10.98	1.3	Haidee Brown	CAN	19 Jul 1991	5	NZSS Championships	Timaru	13 Dec 2009
8	10.95	1.3	Anne Simpson	AKL	17 Sep 1992	6	NZSS Championships	Timaru	13 Dec 2009
9	10.80	1.0	Rebecca Grass	AKL	20 Jun 1991	1	Hot Meet 13	Auckland	21 Mar 2009
10	10.62	1.1	Jaimee Knyn	MWA	07 Oct 1990	7	NZL Championships	Wellington	27 Mar 2009
11	10.59	1.8	Morgan Williams	AKL	27 Sep 1991	7	NZSS Championships	Timaru	13 Dec 2009
12	10.53	0.1	Holly Gibbs	CAN	10 Sep 1991	1	Interclub	Christchurch	07 Feb 2009
13	10.38	1.9	Kate Downie-Melrose	CAN	29 Oct 1992	9	NZSS Championships	Timaru	13 Dec 2009
14	10.25	-3.5	Portia Woodman	AKL	12 Jul 1991	9	NI Sec Schools	Wellington	05 Apr 2009
15	10.21	1.9	Rebecca Cochrane	WBP	29 Aug 1989	9	NZL Championships	Wellington	27 Mar 2009
16	10.20	1.2	Catherine O'Sullivan	OTG	26 Aug 1985	1	Weekly Meeting	Dunedin	21 Nov 2009
17	10.10	1.9	Philippa Blanks	TAR	07 Aug 1991	1	Taranaki Championships	Inglewood	21 Feb 2009
18	10.00	-0.5	Lucinda May	CAN	19 Feb 1989	3	Interclub	Christchurch	31 Jan 2009

Shot Put | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	13.12		Ayla Gill	AKL	05 Jan 1991	10	Sooner Invitational	Norman OK	24 Apr 2009

2	13.11		Te Rina Keenan	AKL	29 Jun 1990	2	UH Sunset Meet #3	Honolulu HI	11 Apr 2009
3	11.54		Meghan Kirk	TAS	11 Sep 1991	3	NZL Championships	Wellington	28 Mar 2009
4	11.15		Nicole Bradley	OTG	23 Apr 1992	3	NZSS Championships	Timaru	13 Dec 2009
5	10.71		Lauren Welsh	CAN	29 Oct 1992	4	NZSS Championships	Timaru	13 Dec 2009
6	10.68		Melissa Seymour	TAS	01 Jul 1991	5	NZSS Championships	Timaru	13 Dec 2009
7	10.45		Lucinda May	CAN	19 Feb 1989	1	Interclub	Christchurch	24 Jan 2009
8	10.10		Jonelle Nicholas-Wright	AKL	13 Oct 1990	1	Hot Meet 12	North Shore	14 Mar 2009
9	10.05		Mariah Ririnui	WBP	26 Jun 1992	1	Battle of the Cities 3	Auckland	28 Nov 2009
10	10.02		Georgina Allison	CAN	19 Apr 1991	H	National CE Chmps	Waitakere	08 Feb 2009

Discus Thow | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	50.57		Te Rina Keenan	AKL	29 Jun 1990	3	LB Inv	Norwalk CA	18 Apr 2009
2	39.35		Melissa Seymour	TAS	01 Jul 1991	1	Open Meeting	Nelson	25 Feb 2009
3	38.26		Courtney Clarke	TAS	31 Jan 1994	1	Centre Meeting	Nelson	21 Nov 2009
4	36.88		Jonelle Nicholas-Wright	AKL	13 Oct 1990	4	NZL Championships	Wellington	27 Mar 2009
5	35.96		Nicole Bradley	OTG	23 Apr 1992	1	Weekly Meeting	Dunedin	28 Nov 2009
6	35.68		Livvie Duggan	WBP	20 Jul 1992	1	Battle of the Cities 2	Hamilton	21 Nov 2009

Hammer Throw | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	54.80		Ayla Gill	AKL	05 Jan 1991	2	Boby Lane T&F Invite	Arlington TX	28 Mar 2009
2	48.21		Millie McNie	AKL	19 May 1989	2	NZL Championships	Wellington	29 Mar 2009
3	38.07		Bethany Struthers	OTG	12 Sep 1990	4	NZL Championships	Wellington	29 Mar 2009
4	38.01		Nicole Bradley	OTG	23 Apr 1992	4	NZSS Championships	Timaru	13 Dec 2009
5	35.71		Livvie Duggan	WBP	20 Jul 1992	6	NZSS Championships	Timaru	13 Dec 2009
6	31.72		Aimee Maulder	HBG	10 Jan 1991	4	NI Sec Schools	Wellington	05 Apr 2009

Javelin Throw | Women 19 | 2009

Rank	Perf	Wind	Athlete	Centre	DOB	Pos	Competition	Venue	Date
1	45.29		Carli Botes	AKL	19 Sep 1991	1	NZL Championships	Wellington	28 Mar 2009
2	43.25		Philippa Charlesworth	AKL	11 Apr 1991	1	Hot Meet 8	Auckland	24 Jan 2009
3	39.31		Stacey Peeters	STH	30 Mar 1992	1	NZSS Championships	Timaru	12 Dec 2009
4	34.25		Laura Jensen	HBG	11 Nov 1992	2	NZSS Championships	Timaru	12 Dec 2009