

SERVING THE AFRICAN
DIASPORA OF OAK PARK SINCE
1994



Imani *Clinic*

Healing Begins with Faith

OPEN SATURDAYS AT 8AM
3415 MARTIN LUTHER KING, JR. BLVD.
SACRAMENTO, CA 95817
(916) 475 - 9582
www.imaniclinic.org

Nutrition • Fitness Cooking Classes

IN COLLABORATION WITH YOUTH XPLOSION

classes from
9:15 - 10:15 AM

- January 12** Fitness Class
- January 19** Nutrition Class:
 Obesity
- February 2** Fitness Class
- February 9** Cooking Class
- February 16** Nutrition Class:
 Hypertension
- March 2** Fitness Class
- March 9** Cooking Class
- March 16** Nutrition Class

Oak Park Community Center
3425 Martin Luther King, Jr. Blvd.
Sacramento, CA 95817