

Problem and pain

2018 年 12 月 4 日

1 raw

Life is difficult.

That is a great truth, one of the greatest truths. It's great because once we know it, we transcend it. Once we truly understand that life is difficult, then the truth is no longer matter to us.

Unfortunately, most people are not willing to face problems in their life. Once there are problems and pains in their life, they begin to complain about life and fate as if life should be (这里用 ought to 是不是不对? why?) easy and comfortable. They complain about that there are too much trouble(s), difficult and stress (in their life) as if he is the most unfortunate man in the world. They curse the unjust fate that make (这里句子结构该怎么写) while others live a happy and freedom life. I know those kind of complains, cause I once had the same feeling.

Life is serious of trouble. Will you face it, cry on it, or bravely match? Will you complain and stand still. or manage to fight your way and selflessly share it to the next generation?

Self-discipline is the solution of problems in life. One can not fix any trouble without it. Partical self-displine solve patical problems. Only comprehensive self-displine can solve all problems in life.

2 supervised

1. 人生苦难重重。

Life is difficult.

2. 这是个伟大的真理，是世界上最伟大的真理之一。它的伟大之处在于，一旦我们领悟了这句话的真谛，就能从苦难中解脱出来，实现人生的超越。

越。

That is a great truth, one of the greatest truths. It's great because

a. 这里可以不加a

once we know it, we transcend it.

truly see the truth. 这里句子结构上没有错误

3. 只要我们真正理解并接受了人生苦难重重的事实，那么我们会释

然，再也不会对人生的苦难耿耿于怀了。

than life is no longer difficult.

这里的is去掉即可

Once we truly understand that life is difficult, then the truth is no

longer matter to us.

to 去掉即

*the fact that life is difficult
no longer matters.*

4. 遗憾的是，大多数人却不愿意正视人生的苦难。

Unfortunately, most people are not willing to face problems in their life.

句子成分没有错误

5. 他们一遇到问题和痛苦，不是怨天尤人，就是抱怨自己命苦，仿佛人

生本来就应该既舒适又顺利似的。

*Instead they moan more or less incessantly
about the enormity of
their problems,
their burdens.*

Once there are problems and pains in their life, they begin to complain

about life and fate as if life should be (这里用 ought to 是不是不对? why?)

as if life were generally easy,

) easy and comfortable. 这里用should be, 表示应当...

6. 他们哀叹为什么会有那么多的麻烦、压力和困难，总觉得自己是世

世界上最不幸的人；

They complain about that there are **too many troubles**, difficult and **difficulties**
这里的about可以去

stress (in their life) as if he is the most unfortunate man in the world.
stresses

7. 他们诅咒命运不公，偏偏让他们自己、他们的家人、他们的部落、他

They voice their belief, that their

们的社会阶层、他们的国家乃至他们的种族吃苦受罪，而别的人却安然无

恙，过着自由而又幸福的生活。

difficulties has somehow been especially visited upon them,

They curse the unjust fate that make (这里句子结构该怎么写) while

They curse the unfair fate that life are generally easy while they families, their tribe, their class, their nation or even their race suffered.

others live a happy and freedom life.

or else upon their families. their tribe, their class, their nation,

8. 我非常了解这样的抱怨和诅咒，因为我也曾有过同样的感受。

and not upon others.

I know those kind of complains, cause I once had the same feeling.

these kinds of because I had the same feelings once.

I know about this meaning

4

because I have done my share

9. 人生是一连串的难题，面对它，你是哭哭啼啼，还是奋勇前进？你是

束手无策地哀叹，还是积极想办法去解决，并将方法毫无保留地传给后人？

a series
Life is serious of troubles *lol* Will you face it, cry on it, or bravely march?
advance courageously?

Will you complain and stand still. or manage to fight your way and selflessly
will you be at a loss what to do or be strong in problem solving?

share it to the next generation?

10. 解决人生问题的关键在于自律。

Self-discipline is a basic way to solve the problems in life.
Self-discipline is the solution of problems in life. *in life.*
Discipline is the basic set of tools we require to solve life's problems.

11. 人若缺少自律，就不可能解决任何麻烦和问题。在某些方面自律，

只能解决某些问题，全面的自律才能解决人生所有的问题

fix不能与trouble搭配

One can not fix any *troubles* without it. *Without discipline we can solve nothing.*

With

sb. solve sth.
solve 前面加we can

solve

*不是自律解决问题
而是我 with 自律 solve p.*

With me .
patial problems. Only comprehensive self-displine can solve all problems we

only开头的倒装句

in life.

可以看原作之后，根据自己的理解重新写一篇

① 时态乱了

② 冠词好一些，还有问题。

③ 写着写着成了翻译。

翻译着又开始 Changleish

材料难度高于上一个。

④ 词汇