

PHYSICAL EDUCATION ACTIVITY PROGRAM SELF DEFENSE

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OFFICE HOURS: <u>TBA</u>	CLASS TIME: <u>TBA</u>
CLASS MEETING SITES: <u>215 PEAP</u>	COURSE WEBSITE: <u>http://teriwenzel.tamu.edu/</u>

Course Description: The purpose of this class is to develop basic self-defense skill development as well as awareness and avoidance techniques. This course focuses on skill improvement and overall knowledge in personal safety.

Attire: Shorts (no cut offs), shirts, sweats or traditional uniform.

Text: None required

Course Objectives:

1. To develop knowledge of awareness of personal safety.
2. To gain an understanding of the components of physical fitness and the role that the components play in self defense.
3. To learn basic skills for response in a self defense situation.

COURSE REQUIREMENTS

- | | |
|--------------------------|--------------------------------|
| A. Skill Assessment- | 70% Skill demonstration/ tests |
| B. Written Assignments - | 30% |

Grading Scale:

90 – 100 = A

80 – 89 = B

70 – 79 = C

60 – 69 = D

Below 60 = F

Pass/Fail - 70 or above to pass; below 70 = failing

ADA

The Americans with Disabilities Act (ADA) is a federal anti-discrimination statute that provides comprehensive civil rights protection for persons with disabilities. Among other things, this legislation requires that all students with disabilities be guaranteed a learning environment that provides for reasonable accommodation of their disabilities. If you believe you have a disability requiring an accommodation, please contact the Department of Student Life, Services for Students with Disabilities in Room B116 in Cain Hall. The phone number is 458-1102.

Scholastic Dishonesty:

Scholastic Dishonesty as defined by the TAMU Student Rules includes Acquiring Information, Providing Information, Plagiarism*, Conspiracy, Fabrication of Information, Violation of Department or College Rules and Falsification of Information. Sanctions include probation, suspension, dismissal, and expulsion as outlined in the TAMU Student Rules (Section 20 available at <http://student-rules.tamu.edu>).

*Plagiarism-The handouts used in this course are copyrighted. By "handout" I mean all materials generated for the class, which include but are not limited to syllabi, quizzes, exams, lab problems, in-class materials, review sheets, Power Point slides and additional problem sets. Because these materials are copyrighted, you do not have the right to copy the handouts unless I expressly grant permission.

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As commonly defined, plagiarism consists of passing off as one's own, the ideas, words, writings, etc., which belong to another. In accordance with this definition, you are committing plagiarism if you copy the work of another person and turn it in as your own, even if you should have the permission of that person. Plagiarism is one of the worst academic sins, for the plagiarist destroys the trust among colleagues without which research cannot be safely communicated.

If you have any questions regarding plagiarism, please consult the latest issue of the Texas A&M University Student Rules, under the section "Scholastic Dishonesty."

"An Aggie does not lie, cheat, or steal or tolerate those who do"

Upon accepting admission to Texas A&M University, a student immediately assumes a commitment to uphold the Honor Code, to accept responsibility for learning, and to follow the philosophy and rules of the Honor System. Students will be required to state their commitment on examinations, research papers, and other academic work. Ignorance of the rules does not exclude any member of the TAMU community from the requirements or the processes of the Honor System. For additional information please visit: <http://www.tamu.edu/dof/faculty/www.tamu.edu/aggiehonor/>

ATTENDANCE POLICY for KINE 199 and 198

Attendance is a critical component of all Kinesiology classes, and is essential to learning a skill. Additionally, due to the skill progressions found in teaching activities, it is crucial, for safety reasons, to require regular attendance.

For classes that meet two times a week for the full semester:

A student shall be allowed 2 unexcused absences without penalty. For each unexcused absence beyond the first two unexcused absences, 15 points will be deducted from the final grade. PLEASE NOTE: A student will automatically fail upon receiving the 4th unexcused absence. Excused absences, as defined in Rule 7 of the Texas A&M University Student rules will not result in any point deduction, however written documentation will be required to receive an excused absence, which is due within one week from being absent. Any combination of excused and unexcused absences totaling 7 or more, where no more than 3 absences are unexcused, will require a grade of Incomplete to be issued in the class.

For classes that meet once a week for the full semester:

A student shall be allowed 1 unexcused absences without penalty. For each additional unexcused absence, 20 points will be deducted from the final grade. PLEASE NOTE: A student will automatically fail upon receiving the 3rd unexcused absence. Excused absences, as defined in Rule 7 of the Texas A&M University Student Rules will not result in any point deduction, however written documentation will be required to receive an excused absence. Any combination of excused and unexcused absences totaling 4 or more, where no more than 2 absences are unexcused will require a grade of Incomplete to be issued in the class.

One point will be deducted from the final grade for each tardy up to 10 minutes. After 10 minutes, the student is considered absent.

Updated 1/15