



Brainstorming Goals

Work Health Reach for the STARS! Finances Personal

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Prioritize Your Goals

TOP 3 PRIORITIES	WHY ARE THESE SO IMPORTANT?
NEXT 3 PRIORITIES	WHY ARE THESE SO IMPORTANT?
LESS IMPORTANT PRIORITIES	
LESS IMPORTANT PRIORITIES	

Year Overview __

Goals for: January	Goals for: February
Goals for: March	Goals for: April
Goals for: May	Goals for: June

Year Overview

Goals for: July	Goals for: <u>August</u>
Goals for: <u>September</u>	Goals for: October
Goals for: <u>November</u>	Goals for: <u>December</u>



Weekly Goals ____

TOP PRIORITIES		END OF THE WEEK REWARD!!!
Mor		
DATE:		COMPLETED:
Twen		
DATE:		COMPLETED:
Wed		
DATE:		COMPLETED:
Thus		
DATE:		COMPLETED:



Weekly Goals _____

fir		
DATE:		COMPLETED:
Sax		
DATE:		COMPLETED:
Gun		
DATE:		COMPLETED:
	WEEKLY REVIEW	
Did I meet	this weeks goals?	
How can I	improve next week?	



My Goals for _____

GOAL	ı	ACTION STEPS	- 1	ACCOMPLISH BY	1 🗸
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