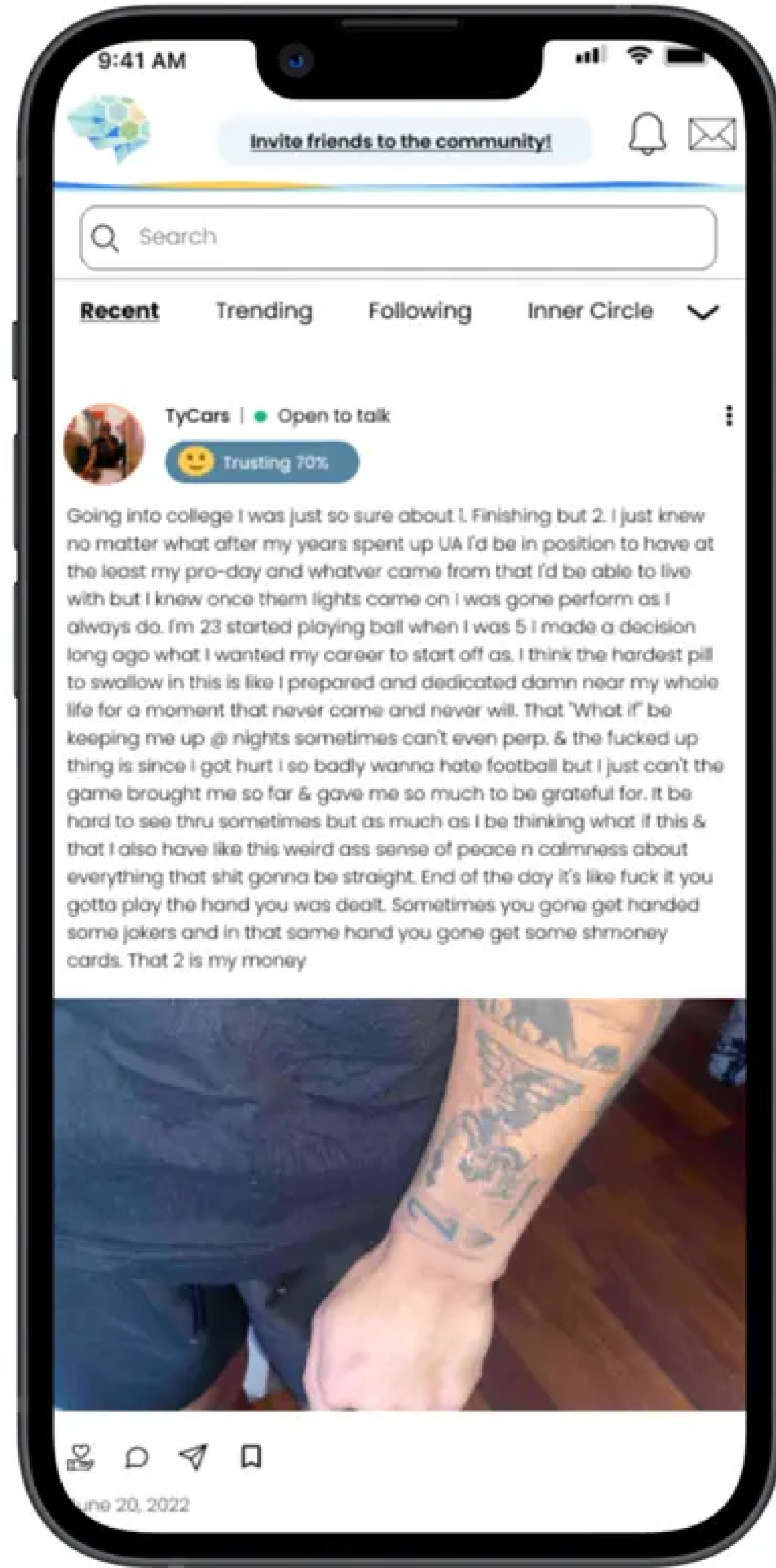
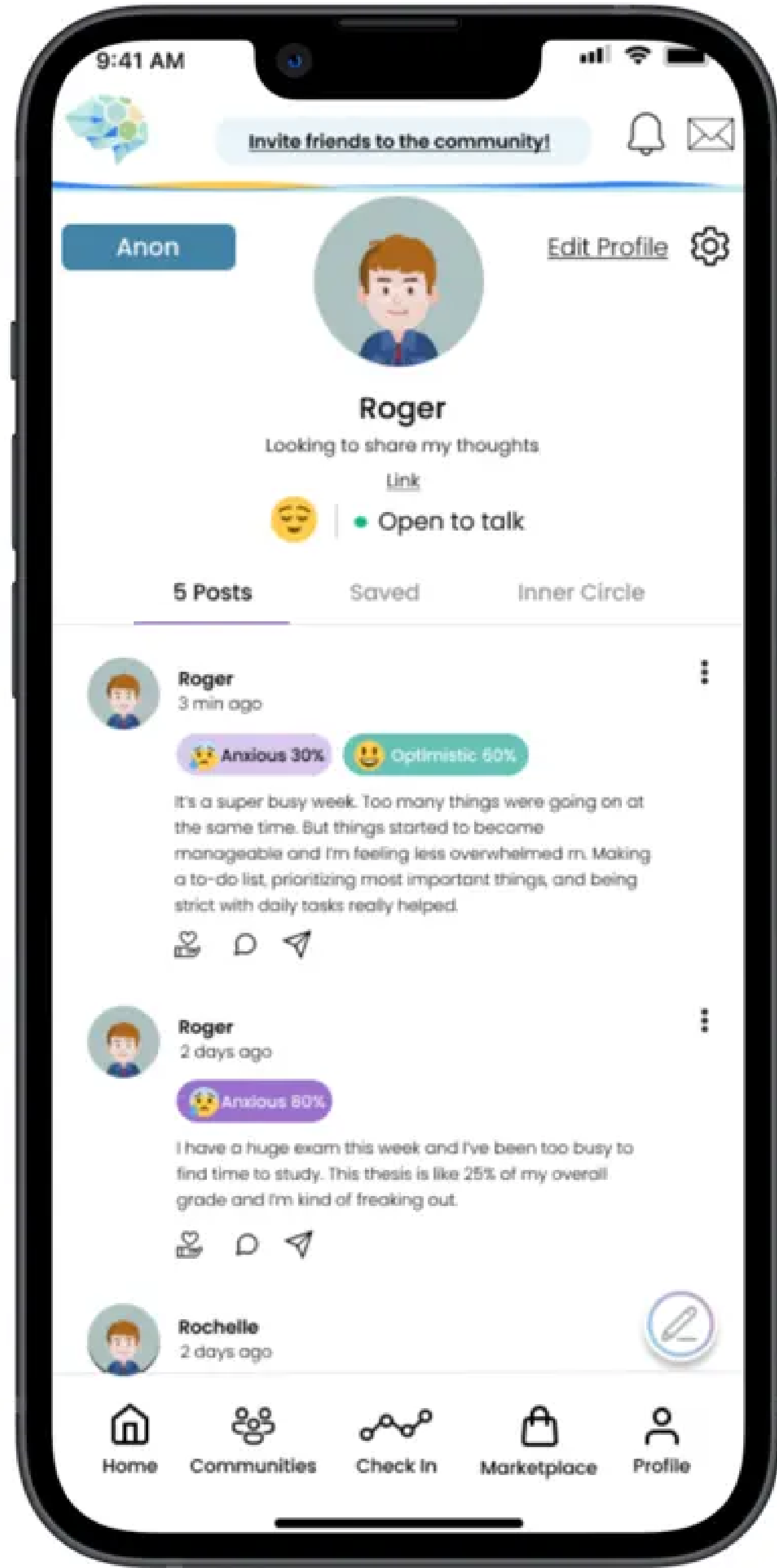


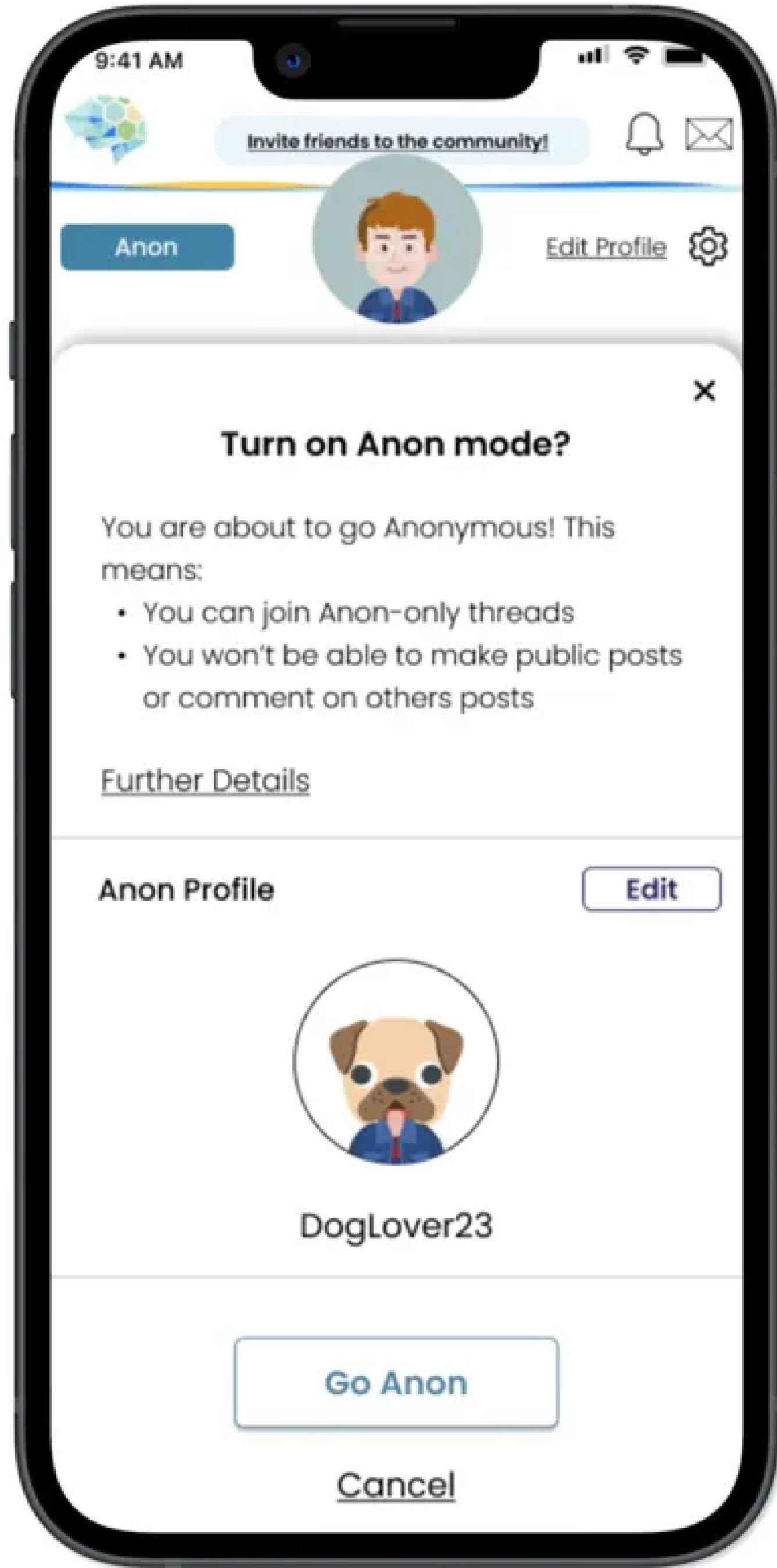
Discover **unique** wellness content across topics like: Lifestyle, Sports, Family, Business, Relationships, and much more.



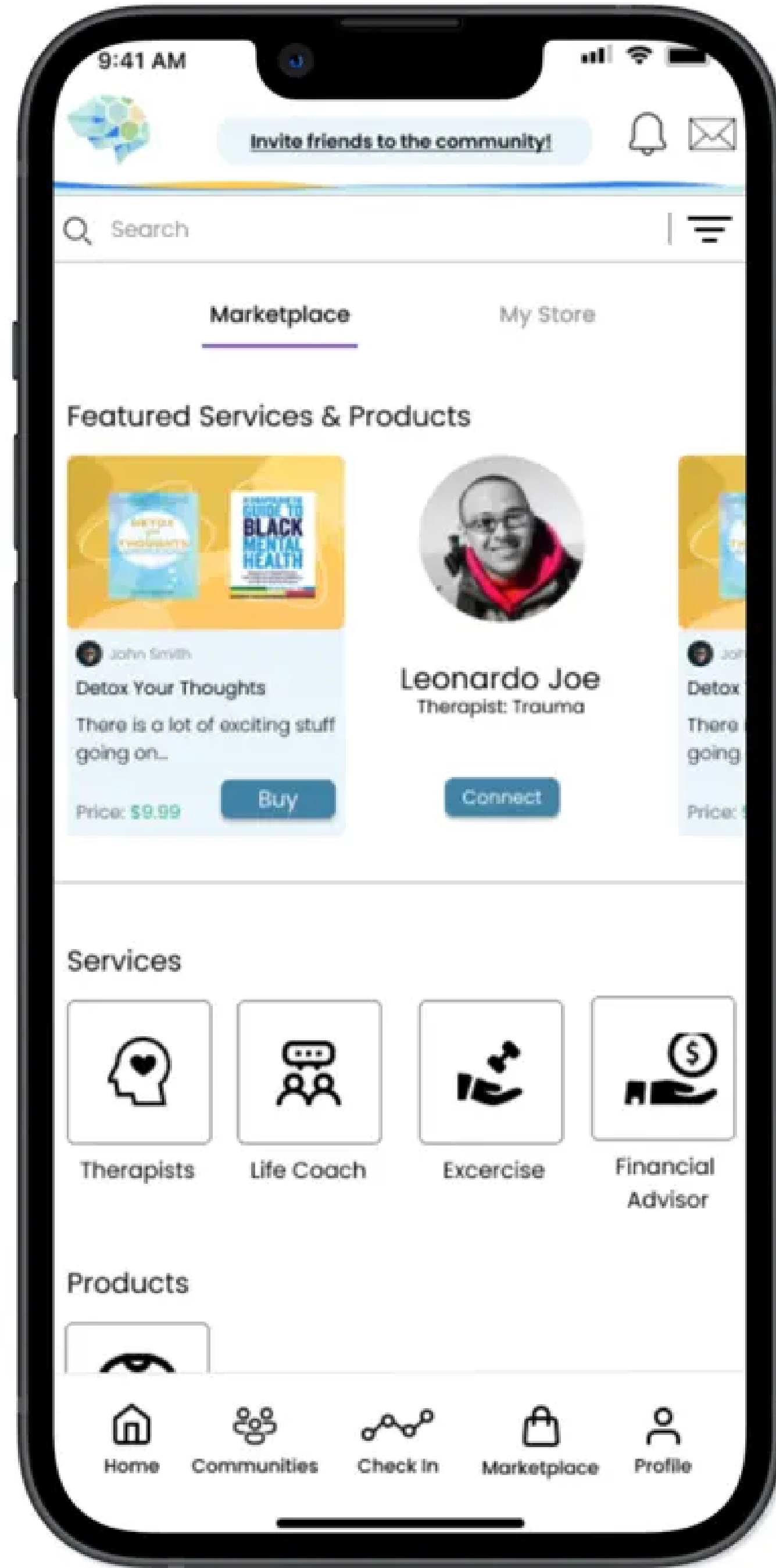
Journal and share your thoughts to **who** you want and **how** you want



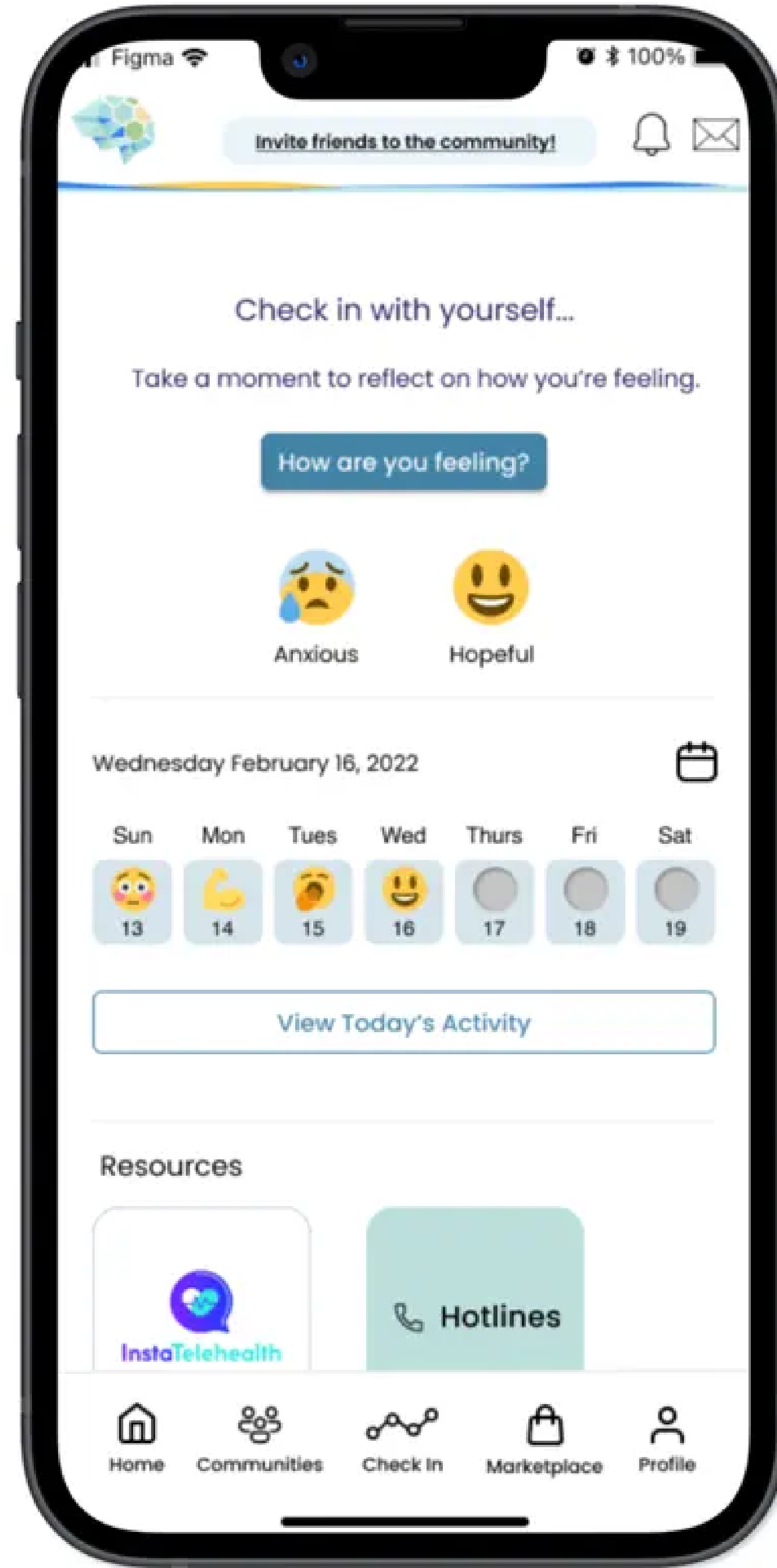
Scale your vulnerability and express your **true** thoughts, **anonymously**.



Explore Mindset's **diverse** Wellness Marketplace and find the help that you need to **restore** the **balance** in your life.



**Pause** for a moment to **reflect** and **track** your mood.



**Connect** on **common** grounds with people who are **walking** in your shoes or have **walked** in them

