

APPOINTMENT DETAILS

Patient	DIWAKAR . MALE 70 yrs	Consult Date	27/07/2020 at 04:31 PM
Contact	+917702298372	Consult Type	Online
UHID	APJ1.0001882178		
Appt ID	217923		

CHIEF COMPLAINTS

Urinary frequency, urgency and urgency urinary incontinence

Since: Long standing | Severity: Bothersome | Details: Has Urinary Frequency, Urgency and Urgency Urinary Incontinence, refractory to Mirabegron which he is currently taking. No dysuria, no hematuria, no voiding difficulty. Nocturia 4-5/N (possible small volumes; unconfirmed). Habitual nocturnal water consumption might be aggravating his symptoms. No constipation.

Diabetes mellitus

Since: 8 years | Severity: Controlled | Details: On OHAs. Non hypertensive.

VITALS (as declared by patient)

Weight : No Idea | Height : No Idea | BP: 125/80 | Temperature: 99-100

DIAGNOSIS

OAB

Diabetes mellitus



MEDICATION PRESCRIBED

1. Vesigard 7.5mg tablet

Take 1 tablet(s) once a day for 1 month after food in the night.

To be taken: Orally

2. Megatas 50mg er tablet 10s

Take 1 tablet(s) once a day for 1 month after food in the morning.

To be taken: Orally

3. Looz syrup 450ml

Take 15 ml once a day for 1 month after food as needed.

To be taken: Orally

Instructions: To use in case of constipation (difficulty in passing motions). Do NOT use if motions are easy/free



DIAGNOSTIC TESTS

1. COMPLETE URINE EXAMINATION
2. GLUCOSE, RANDOM
3. CREATININE, SERUM
4. COMPLETE BLOOD COUNT (CBC)
5. USG KUB with Prevoid and Postvoid Bladder Volume
6. UROFLOW
7. HBA1C, GLYCATED HEMOGLOBIN
8. PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL)



ADVICE/ INSTRUCTIONS

Dr. Sanjay Sinha

MS, DNB, MCh

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Helpdesk@apollo247.com

Doctor's Advice

To call Mr Simon, Secretary on 040-66737937 in case of any difficulty

1. To add the new medicine. Continue previous medication (Megatas). Could shift this to the morning.
2. Avoid over-hydration. Discussed
3. Review after 3 weeks with BLADDER DIARY as explained. To contact Mr Simon in case of any difficulty
4. Could upload the reports at next visit. In case recent previous records are available, those can be uploaded instead. It is NOT essential to repeat the tests if they have been done recently.
5. Good control of Diabetes important

Prescribed on 27/07/2020 by

Dr. Sanjay Sinha

MS, DNB, MCh

Urology | Reg.No. 41291