

Introduction to R

Day 2

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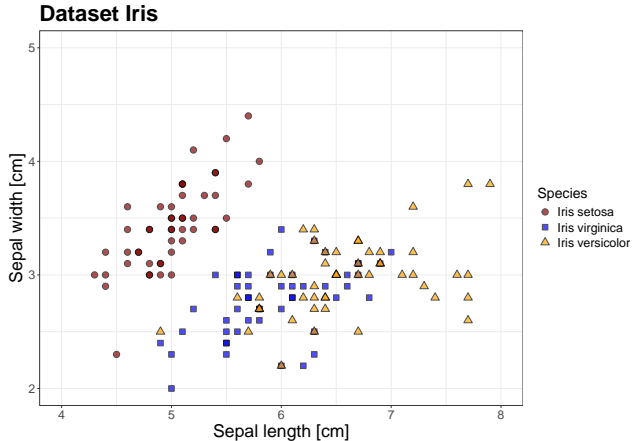
30.01.2026

Course Content - Introduction R (Day 2)

- ▶ Saving plots
- ▶ R Markdown

Saving plots in R

Example Iris



Example Iris

```
lab_species <- c("Iris setosa", "Iris virginica", "Iris versicolor")

plot_iris_f <-
  ggplot(data = iris, aes(x = Sepal.Length, y = Sepal.Width, fill = Species)) +
    geom_point(aes(shape = Species), size = 3, alpha = 0.7) +

    scale_fill_manual(values = c("darkred", "blue", "orange"),
                      labels = lab_species) +
    scale_shape_manual(values = c(21, 22, 24),
                      labels = lab_species) +
    labs(title = "Dataset Iris") +
    xlab("Sepal length [cm]") +
    ylab("Sepal width [cm]") +
    coord_cartesian(xlim = c(4, 8), ylim = c(2, 5)) +
    theme_bw() +
    theme(plot.title = element_text(face = "bold", size = 25),
          axis.title = element_text(size = 20),
          axis.text = element_text(size = 14),
          legend.title = element_text(size = 16),
          legend.text = element_text(size = 14))

plot_iris_f
```

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- ▶ save your image in a specific format (e.g., jpeg(), png(), svg(), pdf())

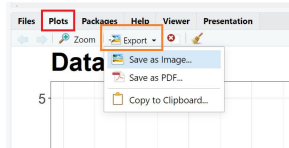
Saving plots

Several possibilities

- ▶ plot image in RStudio and work with 'Plots' panel (lower right corner)
- ▶ save your image in a specific format (e.g., `jpeg()`, `png()`, `svg()`, `pdf()`)
- ▶ for ggplot images use `ggsave()`

Saving plots - 'Plots' panel

'Plots' panel (lower right corner) → Export → Save as Image or Save as PDF



Saving plots - jpeg()

```
jpeg(filename = "plot_iris_v20231109.jpg",  
      width = 12, height = 7, units = "cm", res = 300)  
  
plot_iris_f  
  
dev.off()
```

- Look at documentation for all options

Saving ggplots

```
ggsave(filename = "plot_iris_ggsave_v20231109.png",  
        plot = plot_iris_f,  
        units = "cm", width = 12, height = 7)
```

Saving plot - exercise

- ▶ Switch to RStudio
- ▶ Open R file: `day2_ex1_saving_ggplot_vYYYYMMD.R`
- ▶ Work through 'Day 2 - Exercise 1'

Introduction R Markdown

What is Markdown?

- ▶ Markdown is a lightweight markup language for creating formatted text using a plain-text editor

Microsoft Word vs Markdown

Comparison

Microsoft Word vs Markdown

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- ▶ e.g., *Microsoft Word*: write as you see, clicking buttons to format words and phrases, and see changes instantly

Chapter 1 – Text in Word

Here comes some text

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Chapter 1 – Text in Word

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- ▶ in *Markdown-formatted file*: you need ‘markdown syntax’ indicating which words and phrases should look different

```
# Chapter 1 - Markdown  
Here comes some text...
```



Chapter 1 - Markdown

Here comes some text...

Why Markdown?

- ▶ Markdown allows you to focus more on content and less on its presentation
- ▶ Markdown is simple and intuitive
- ▶ You need only a text editor

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- ▶ R Markdown can combine the results of data analysis (including charts and tables) and the written text (interpretation, summary, comments, etc.) into a single, **reproducible document**.

Output formats for .Rmd

► Documents

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- `html_document` - HTML document
- `pdf_document` - PDF document (via LaTeX template)
- `word_document` - Microsoft Word document (docx)
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► More

- `books`
- `websites`
- ...

rmarkdown: toy example

```
---  
title: "A toy example of rmarkdown"  
author: "John Snow"  
date: "2018-05-08"  
output: html_document  
---
```

This is some nice R code:

```
` ` `{r rnorm-example, verbatim = TRUE}
```

```
x <- rnorm(100)  
hist(x, col = "grey", border = "white")
```

```
` ` `
```

The mean is ``r round(mean(x), 2)`` (N= ``r length(x)``).

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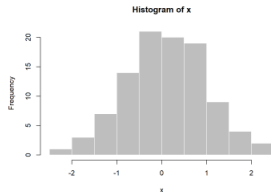
A toy example of rmarkdown

John Snow

2018-05-08

This is some nice R code:

```
x <- rnorm(100)
hist(x, col = "grey", border = "white")
```



The mean is 0.11 (N=100).

R Markdown - Getting started (part I)

We focus first on Markdown syntax

- ▶ Switch to RStudio
- ▶ Open Rmd file: *day2_ex2_markdown_syntax_vYYYYMMDD.Rmd*
 - ▶ is on GitHub in R/Rmarkdown
- ▶ Work through 'Day 2 - Exercise 2' (together; no pdf file)
 - ▶ look at cheat sheet 'R Markdown Cheat Sheet' (page 1 'Write with Markdown')

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 - ▶ for one code chunk: within the curly brackets, e.g., `` ` `{r, echo = FALSE}`
- ▶ See cheat sheet within RStudio
 - ▶ Help → Cheat sheets → R Markdown Cheat Sheet

R Markdown - Getting started (part II)

Now we combine Markdown and 'R chunks'

- ▶ Switch to RStudio
- ▶ Open Rmd file: *day2_ex3_rmarkdown_vYYYYMMDD.Rmd*
 - ▶ is on GitHub in R/Rmarkdown
- ▶ Work through 'Day 2 - Exercise 3' (together; no pdf file)
 - ▶ Hint: use cheat sheet 'R Markdown Cheat Sheet'

R Markdown - Getting started (part III)

Create a report with the figures from 'Day 1 - Exercise 3'

- ▶ Switch to RStudio
- ▶ You can use the solution provided in R file:
day1_ex3_ggplot_vYYYYMMDD_SOLUTION.Rmd
 - ▶ is on GitHub in R/Rfiles
- ▶ Create a Rmd file containing the 'final' figures from each task - 'Day 2 - Exercise 4' (no pdf file; no starting file)
 - ▶ save your solution as *day2_ex4_report_figures_vYYYYMMDD.Rmd*

Data cleaning with tidyverse

Data table

- ▶ each **unit** (e.g. patient, mouse, cell) equals a row
- ▶ for each unit the measured **variables** (e.g. age, blood pressure, size) equal columns

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id	gender	age	weight	height	smoking
1	1	35	70.5	185	0
2	2	36	65.3	170	0
3	2		90.1	164	1
4	1	21	72.0	177	0
5	1	66	89.4	175	0

Repeated measurements

wide format

id	gender	syst0	syst1
1	1	120	125
2	2	118	125
3	2		110

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long format

id	gender	syst	time
1	1	120	0
1	1	125	61
2	2	118	0
2	2	125	60
3	2		
3	2	110	59

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 - ▶ 'R for Data Science' (see slide with links)

Useful functions for data cleaning

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- ▶ **arrange()** changes the ordering of the rows
- ▶ **filter()** picks cases based on their values
- ▶ **mutate()** adds new variables that are functions of existing variables

What is %>% in Tidyverse?

%>% is used to emphasize a sequence of actions, rather than the object that the actions are being performed on

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```
dt_example %>%  
  mutate(bmi = weight/(height^2)) %>%  
  select(pat_id, sex, bmi)
```

What will we cover

- ▶ We will look at
 - ▶ importing data (example: .xlsx)
 - ▶ useful function for data cleaning
 - ▶ save R environment (.Rdata)
- ▶ We will work with .Rdata in a R Markdown file

Data cleaning - exercise

- ▶ Example Glucose:
 - ▶ Glucose tolerance was tested by administering 100g glucose drink
 - ▶ Glucose was tested before and 1 hour after administering
 - ▶ source: R package medicaldata

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 - ▶ Glucose tolerance was tested by administering 100g glucose drink
 - ▶ Glucose was tested before and 1 hour after administering
 - ▶ source: R package medicaldata
- ▶ Switch to RStudio
- ▶ Open R file: `day2_ex5_datacleaning_vYYYYMMDD.R`
 - ▶ is on GitHub in R/Rfiles
- ▶ Work through 'Day 2 - Exercise 5' (together; no pdf file)

Links

Links (I)

- ▶ Introduction to R
 - ▶ R for Data Science (<https://r4ds.hadley.nz/>)
- ▶ Plots using ggplot
 - ▶ Overview with further links to course material: <https://ggplot2.tidyverse.org/>
- ▶ Display tables using flextable
 - ▶ flextable bool <https://ardata-fr.github.io/flextable-book/>
 - ▶ Function references <https://davidgohel.github.io/flextable/reference/index.html>
- ▶ `knit_child()`
 - ▶ link (<https://bookdown.org/yihui/rmarkdown-cookbook/child-document.html>)

Links (II)

- ▶ Download R
 - ▶ CRAN (<https://cran.r-project.org/>)
- ▶ Download RStudio
 - ▶ RStudio Desktop (<https://posit.co/download/rstudio-desktop/>)