

Values Clarification for Supervisee

Rate each element on a 1-5 scale on how important it is to you in supervision.

Importance to You

- _____ Getting encouragement and support from your supervisor
- _____ Connecting emotionally with your supervisor
- _____ Having similar values as your supervisor
- _____ Supervisor encouraging your creativity
- _____ Supervisor uses questions to help you gain clarity
- _____ Getting help from your supervisor to improve your therapy skills
- _____ Getting straightforward feedback from your supervisor
- _____ Supervisor having clear boundaries with you
- _____ Having a sense of partnership with you supervisor
- _____ Doing case consultation with your supervisor
- _____ Having your supervisor provide structure for supervision sessions
- _____ Having your supervisor teach you new therapy techniques
- _____ Having your supervisor tell you what to do in sessions
- _____ Having your supervisor help you explore your theoretical approach to counseling
- _____ Having a contract for supervision
- _____ Keeping records of supervision sessions
- _____ Supervision sessions following an agenda
- _____ Supervision being fun
- _____ Having a supervisor with a great deal of expertise in the counseling field
- _____ Having a supervisor who is willing to model therapy strategies
- _____ Having a supervisor with a sense of humor
- _____ Having a supervisor who self-discloses
- _____ Having a supervisor who is open to feedback from you about what you need
- _____ Having a supervisor who helps you look at personal issues that impact your counseling
- _____ Having a supervisor who helps you connect theory to practice
- _____ Having a supervisor who has experience in the same work setting as your setting
- _____ Having a supervisor who has expertise in working with individuals
- _____ Having a supervisor who has expertise in working with couples and families
- _____ Having a supervisor who encourages you to try new skills
- _____ Having a supervisor who has the same theoretical orientation as you
- _____ Having a supervisor who discusses both your strengths and growth edges
- _____ Having a supervisor who encourages you to be independent
- _____ Having a supervisor who encourages your self-expression
- _____ Having a supervisor who uses playful strategies in your supervision sessions
- _____ Having a supervisor who follows up on his/her suggestions
- _____ Having a supervisor who helps you look at ethical issues
- _____ Having a supervisor who helps you in the use of DSM-V diagnosis
- _____ Having a supervisor who challenges you/uses confrontation in supervision sessions
- _____ Having a supervisor who asks that you explain your rationale for why you responded to clients in specific situations

Kottman, 2016.