

Values Clarification for Supervisee

Rate each element on a 1-5 scale on how important it is to you in supervision.

Importance to You

- Getting encouragement and support from your supervisor
- Connecting emotionally with your supervisor
- Having similar values as your supervisor
- Supervisor encouraging your creativity
- Supervisor uses questions to help you gain clarity
- Getting help from your supervisor to improve your therapy skills
- Getting straightforward feedback from your supervisor
- Supervisor having clear boundaries with you
- Having a sense of partnership with your supervisor
- Doing case consultation with your supervisor
- Having your supervisor provide structure for supervision sessions
- Having your supervisor teach you new therapy techniques
- Having your supervisor tell you what to do in sessions
- Having your supervisor help you explore your theoretical approach to counseling
- Having a contract for supervision
- Keeping records of supervision sessions
- Supervision sessions following an agenda
- Supervision being fun
- Having a supervisor with a great deal of expertise in the counseling field
- Having a supervisor who is willing to model therapy strategies
- Having a supervisor with a sense of humor
- Having a supervisor who self-discloses
- Having a supervisor who is open to feedback from you about what you need
- Having a supervisor who helps you look at personal issues that impact your counseling
- Having a supervisor who helps you connect theory to practice
- Having a supervisor who has experience in the same work setting as your setting
- Having a supervisor who has expertise in working with individuals
- Having a supervisor who has expertise in working with couples and families
- Having a supervisor who encourages you to try new skills
- Having a supervisor who has the same theoretical orientation as you
- Having a supervisor who discusses both your strengths and growth edges
- Having a supervisor who encourages you to be independent
- Having a supervisor who encourages your self-expression
- Having a supervisor who uses playful strategies in your supervision sessions
- Having a supervisor who follows up on his/her suggestions
- Having a supervisor who helps you look at ethical issues
- Having a supervisor who helps you in the use of DSM-V diagnosis
- Having a supervisor who challenges you/uses confrontation in supervision sessions
- Having a supervisor who asks that you explain your rationale for why you responded to clients in specific situations

Kottman, 2016.