# Kailey Stark Journal Entries 2021-03-19 - 2021-03-25

# 2021-03-19-F

- the places you spent time in (e.g., home, campus, cafe, store)
  home, parents house, Kenney store for dinner
- the activities you engaged in (e.g., studying, exercising, running errands)
  going out to dinner with my parents, driving to my parents house, taking care of animals
- the people you interacted with (e.g., friends, family, strangers) family, people at stores
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) in-person conversations, normal online friends
- the topics you talked about (e.g., classes, leisure activities, personal issues) how I've been, how to take care of the animals
- your moods (e.g., how angry, worried, happy, sad you feel) happy, excitement

### 2021-03-20-SA

- the places you spent time in (e.g., home, campus, cafe, store) parents house, old high school
- the activities you engaged in (e.g., studying, exercising, running errands)
  hanging out with old friends, taking care of animals
- the people you interacted with (e.g., friends, family, strangers) old friends and teachers
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) in-person conversations
- the topics you talked about (e.g., classes, leisure activities, personal issues)
  how college has been, how transition has been going, my health, Science Olympiad
- your moods (e.g., how angry, worried, happy, sad you feel) anxious, very happy

### 2021-03-21-SU

- the places you spent time in (e.g., home, campus, cafe, store) parents house, home
- the activities you engaged in (e.g., studying, exercising, running errands)
  driving home from my parents house, unpacking,

- the people you interacted with (e.g., friends, family, strangers) strangers
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) normal online friends and gf
- the topics you talked about (e.g., classes, leisure activities, personal issues)
- your moods (e.g., how angry, worried, happy, sad you feel)
  relief, excitement, worry

### 2021-03-22-M

- the places you spent time in (e.g., home, campus, cafe, store)
- the activities you engaged in (e.g., studying, exercising, running errands)
  studying, going through my assignments, getting caught up and unpacking, calling doctor, going on a date with my
- the people you interacted with (e.g., friends, family, strangers) strangers, qf
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) normal online friends, doctor zoom, in-person conversations
- the topics you talked about (e.g., classes, leisure activities, personal issues)
  considering getting a gender affirming surgery, worrying about my parents accepting and helping me get the surgery
- your moods (e.g., how angry, worried, happy, sad you feel) worry, anxiety, excitement, happy

# 2021-03-23

- the places you spent time in (e.g., home, campus, cafe, store) home, Target
- the activities you engaged in (e.g., studying, exercising, running errands) calling doctor, cleaning room, getting school things done, going to class
- the people you interacted with (e.g., friends, family, strangers) people at stores I went to
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) had a zoom call with my parents and my doctor about getting a gender affirming surgery, normal online friends
- the topics you talked about (e.g., classes, leisure activities, personal issues)
  possibly getting a surgery, my testosterone level issues, worries about surgery being uncertain whether it'll happen or not
- your moods (e.g., how angry, worried, happy, sad you feel) neutral, very anxious, worried, relief

### 2021-03-24

- the places you spent time in (e.g., home, campus, cafe, store) home, Target, Chick-fil-a
- the activities you engaged in (e.g., studying, exercising, running errands) getting food, getting lunch, doing math hw
- the people you interacted with (e.g., friends, family, strangers) workers at Target and Chick-fil-a
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) talking to my normal online friends
- the topics you talked about (e.g., classes, leisure activities, personal issues) possible upcoming trans surgery, old cameras, gender dysphoria
- your moods (e.g., how angry, worried, happy, sad you feel) anxious, hopeless, worried, neutral

### 2021-03-25

- the places you spent time in (e.g., home, campus, cafe, store) home, Target
- the activities you engaged in (e.g., studying, exercising, running errands) studying, fixing camera, researching old cameras and film type
- the people you interacted with (e.g., friends, family, strangers) workers at Target
- the types of social interactions you had (e.g., in-person conversations, calls, texts, social media use) reaching out to old high school friends, normal internet friends
- the topics you talked about (e.g., classes, leisure activities, personal issues)
  possible upcoming surgery, my transition progress, fixing up camera, different types of films
- your moods (e.g., how angry, worried, happy, sad you feel) anxious, happy, neutral