

Kailey Stark

26 November 2020

RTF Discussion Post

Lately I've been going back to music I used to listen to that holds a lot of significance in my own life, and that triggers memories of times in the past that might not have been the best or all that great. An example of an artist's music I revisit is Kendrick Lamar. His albums *To Pimp a Butterfly* and *DAMN*. still elicit some raw emotions depending which song it is or where I am. Typically going back has the most effect when I'm alone, and a lot of my family kind of hate my music taste and how much I relisten to stuff in the same order over and over. Sometimes it's good to look back at how far you've come, and that's something I'm working on right now. I've been doing a lot of introspection around a piece for my performance feminism class, and I've been doing a lot of driving around the break, so I've done my fair share of painful retrospection over this last little while.