

Collaborative Promotion Ad-Text

As humans we struggle with our mental health and insecurities. Regardless of who you are or where you come from you most likely have encountered these struggles. The promo video will include three short snip bits of a significant struggle each cast member has encountered. These short monologues will be paired with visuals that represent the struggles and journeys of the cast member. The promotion will include the following text to peak the viewer's interest, but they will have to see the full performance to understand the greater themes of the monologues and how they all intertwine with feminist thought and practice.

Gabriela:

I have always gone to a predominantly white school and have struggled with my identity as I always felt out of place and like I needed to be something I wasn't. While I still suffer this uncertainty if I belong, I also experience feminist insecurities. As I got into high school and began getting involved in organizations, I struggled with being a leader. I struggled to be a leader because I feared what people thought of me, how they felt about a woman in authority, how people would perceive my leadership style. I have often tried not to voice my opinion because I fear saying the wrong thing. I fear what people think of me. I feel that my self-growth monologue can compare to many of the readings we have read in class.

Kailey:

I'm made to feel like I'm abusing the drugs I don't get pleasure from and need to function; others scoff at my inability to sleep with an extended effort on my part; without the right sounds, pillows, location, or feeling I'm up until four in the morning and not by choice. I often stay up

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throughout the night and love on a 48 hour day just to please others and make it to things that are in the morning. Sleeping medications don't help; they actually make me have a spout of anxiety and paranoia at three in the morning, monsters filling up my room and snipers at my windows, I just want it to end.

Anna Kate:

My anxiety constantly hums under the surface of my skin. Most of my childhood, I didn't know how to put words to how I was feeling, and in my teen years I was too scared to admit it. Early college, it overflowed in the forms of anxiety attacks, cyclical overthinking, and the inability to sleep or eat. The anxiety became a physical feeling that was too overwhelming to ignore, and felt too all encompassing to do anything about. From the help of therapy and medication, my anxiety settled into a more manageable condition. Now I use my years of cognitive work to reconsider other parts of my life. I question my feminist thoughts and practices. I question the intentions behind my actions, whether they're made out of empathy and care or are they performative. In what ways should I lower my voice to uplift a more important narrative. This class has been apart of the journey to reconsider my role in the larger feminist movement, and how to press forward when you've made mistakes.