

## ANNUAL EXAMINATION - 2077

**Grade: VIII**

**Subject: HPE**

**Time: 1 hour and 30 minutes**

**Full Marks: 50**

**Pass Marks: 20**

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**1. Fill in the blanks.**

**[10]**

- a. Health is an invaluable gift of .....
- b. Health post provides services and conducts programs in .....
- c. Smoking causes premature death and .....
- d. Cocaine hash's and opium are ..... drugs.
- e. Adolescence is associated with many ..... changes.
- f. A bone which is broken is said to be .....
- g. Our body is made up of millions of .....
- h. .... was herbs and precious metals for the treatment of diseases.
- i. Adolescence is the period between the age ..... to .....
- j. .... Provides multi-dimensional curative health services.

**2. Draw a labelled diagram of a neuron.**

**[5]**

**3. Answer the following questions.**

**[10 \* 3 = 30]**

- a. How can mental health be improved?
- b. Why is regular health examination important?
- c. List out immediate effects of Narcotic drugs.
- d. What are the effects of smoking?
- e. List out the drawbacks of a joint family.
- f. Why is family health necessary for a better community?
- g. Name some national level hospitals.
- h. Explain the basic health services in your community.
- i. List out the personal responsibilities of adolescents.
- j. What is reproductive health?

**4. Write short notes on Health Post.**

**[5]**

*Best Wishes!!!*