

	February																											
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28
Morning offering																												
Angelus																												
Prayer																												
Grace at meals																												
Rosary																												
Spiritual Reading																												
Night prayers																												
Examination at night																												
List of sacrifices																												
Heroic Minute																												