

GT/T1/FD/1.9**RIGHT AND LEFT DRESS, DRESS WITHOUT INTERVAL****DHAINE AUR BAIN SAJ, BINA FASILE SAJ**1. **OBJECT**

To teach the recruits about dressing of a squad.

2. **INSTRUCTIONAL KNOWLEDGE**

(a) ***Each individual is responsible for his correct dressing on parade.***  
This principle is applied during all parade movements.

(b) To correct the dressing of a parade, the parade commander is to give the command "**DAHINE AUR BAEN SAJ**" (RIGHT OR LEFT-DRESS). As soon as the dressing is corrected, the order "**SAMNE DEKH**" (EYES - FRONT) is given.

3. **NECESSITY**

To present a squad for inspection or address, a squad is required to be dressed after sizing.

4. **DRESSING WITHOUT INTERVALS**

Dressing without intervals are to be carried out when space is very limited, when an address is given or forming up a Guard of Honour in two ranks.

5. **PHASES**

Phase I : Dressing.

Phase II : Dressing without interval.

6. **PHASE I: DRESSING**

(a) On the command

**"DAHINE AUR BAEN SAJ"**

(Right Or Left-Dress),

Each airman, except the right (or left) hand man of each rank is to take a ***sharp forward pace of 12 inches***. After a pause equal to ***two paces in quick time***, ***each airman except the right (or left) hand man of each rank is to turn his head and eyes to the right*** (or left) smartly. Airmen in the front

rank are to raise their right arms, fingers clenched, the back of the hands upwards with the knuckles touching the shoulder of the man immediately on their right. After this movement, a pause equal to two paces in quick time is observed and then each airman is to take up his dressing in line by moving with short and quick paces, until he is able to see the lower part of the chin of the second man beyond him (the shoulders are to be kept square to the front without bending the body or head forward). Airmen in the centre and rear ***ranks are to cover airmen in the front rank at one pace distance.***

(d) On the command

**"SAMNE DEKH"**  
**(Eyes Front),**

Each airman except the right (or left) hand man of each rank is to turn his head and eyes smartly to the front. The men in the front rank are to bring their hands to the sides without bending their elbows or striking their thigh.

7. **Phase II: Dressing without interval (Bina Fasale Sajana)**

Dressing without interval is generally carried out: -

- a) When the space is very limited.
- b) When forming a guard of honour in two ranks and
- c) When an address is being given.

The general principles for dressing without interval are the same as for right or left dress, except that the arm is not raised and the distance is about 3 inches from arm to arm. When it is necessary to dress without interval, the command, "***Bina Fasale Dahine (Baen) Saj***" [Without intervals Right (Left) Dress] is to be given.