



CRI is a Kubernetes standard that defines the way the kubelet interacts with different high-level container runtimes

High-level runtimes manage images and the lifecycle of containers. You can choose any of the container runtimes that implement CRI

OCI is a standard that specify the image format and how to run container from unpacked image

Low-level runtimes create and run pod/container. You can choose any of the low level container runtimes that follow OCI specification