

SAMARPANAM

Sambhav Gaurav

A spiritual initiative inspired by Shri Sambhavnath Dada to guide life toward discipline, values, and inner growth.

Purpose:

1. Expression of gratitude toward Dada.
2. Practice ethical values in daily life.
3. Inner purification and disciplined conduct.
4. Nurturing family love and values.
5. Positive transformation in society.
6. Creating a spiritually uplifting environment.

Rules:

1. Record daily niyams in this booklet.
2. Use separate booklets for all 3 age groups.
3. Group-1: Birth year 2011 or later.
4. Group-2: Birth year 1981 to 2010.
5. Group-3: Birth year 1980 or earlier.
6. Mark completed niyams with a check (✓) daily.
7. Target: 1,25,000 points. On the occasion of 125th Dhwajarohan, participants with a minimum of 1,25,000 points will be rewarded appropriately.
8. Scan this QR Code to upload data between the 1st and 10th of every month.