



NZ Amelia THC15 Dried Cannabis Flower

For preparation as Tea for Oral Consumption

Helius NZ Amelia THC15 (Amelia) is a dried cannabis flower product containing 15% w/w THC and <1% w/w CBD. Taken from the sativa-dominant hybrid cultivar 'Amnesia Fast', each jar contains 10g of dried cannabis flower intended for preparation as a tea for oral ingestion.



PRODUCT INFORMATION

Amelia is a THC-dominant (15% w/w) dried flower product from the sativa-dominant hybrid cultivar 'Amnesia Fast'.

Amelia is available in 10g jars and is intended for preparation as a tea for oral ingestion.

KEY INFORMATION

Warning: THC-containing medicines are psychoactive and may lead to temporary impairment. Patients may experience dizziness, drowsiness, or fatigue, which may impair judgment and performance of skilled tasks. Driving, operating machinery, or engaging in hazardous activities while using Amelia should be avoided until patients have a better understanding of the effects it may have on them¹.

Storage: Store Amelia upright in the included jar at, or below 25°C and protect from light. Ensure the cap is closed when not in use. Use within 8 weeks of first opening. Do not use after the expiry date printed on the label.

THC:CBD PRODUCT SPECTRUM

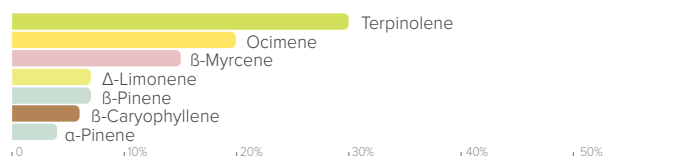


PRODUCT DETAILS

Full Medicine Name	Classification
Helius® NZ Amelia THC15	Controlled Drug, Class C1
Pack Size	Packaging and Storage
10 g	10g plastic jars with vacuum sealed child resistant cap
THC Content	CBD Content
15 % w/w	<1 % w/w
Onset of Action ¹	Duration of Action ¹
60 - 180 Minutes	6 - 8 Hours
Cultivar	Cultivation
'Amnesia Fast'	GACP, grown indoors by Helius Therapeutics Limited
Administration	Manufactured under GMP by
Oral consumption as a tea	Helius Therapeutics Limited, New Zealand

DOMINANT TERPENES

Total Percentage of Terpenes in THC25 FS: **1.5%**



CONTACT INFORMATION

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PRODUCT APPEARANCE AND MATERIALS

Amelia is cultivated, dried, cured, and hand-trimmed by Helius Therapeutics in our indoor GACP and GMP certified facility in Auckland, New Zealand. The product appears as green to purple flowers with bright amber trichomes enclosed in a black high-density polyethylene plastic jar with a child-resistant polypropylene plastic cap. The product is sealed in the jar with a tamper evident induction seal to preserve terpenes.

The terpenes in Amelia combine to give strong notes of citrus, with an emphasis on lemon and orange zest, with a mango undertone. Beneath the citrus, there's an earthy, almost herbal base, with hints of pine and cedar.

TEA PREPARATION INSTRUCTIONS

1. Bring 500 ml (0.5 litres) of water to the boil in a covered vessel.
2. Granulate product (using a grinder is easiest) into fine pieces.
3. Add 0.5 gram of product to vessel.
4. Turn down the heat and simmer the tea for 15 minutes with the lid on the vessel.
5. Remove the covered vessel from the heat and strain the tea
6. Store the leftover tea in a thermos if you are to drink more of it on the same day.
7. After preparation – as described above – add a sachet of coffee creamer powder to the warm tea. This prevents the active ingredients in the tea from sticking to the inside of the teapot or mug after cooling. Leftover tea can be stored in a thermos if you plan to drink it on the same day.

DOSING AND TITRATION

Doctors should work with patients to determine an optimal dosing schedule and duration of treatment for maximal medical benefit. Commonly, doctors may request that patients start on a low number of doses and work their way up slowly to an effective dose; this is known as a titration.

For safety, patients should always leave at least 3 hours between each dose unless otherwise instructed by their doctor.

Accurate dosing and titration of medicinal cannabis may be challenging. To mitigate this and ensure reliable and repeatable dosing, patients should note typical administration and tea preparation conditions and aim to replicate these each time.

ADMINISTRATION VIA THE ORAL ROUTE

Ingesting medicinal cannabis is one of the most common modes of delivery. While the oral route has a slower onset than inhalation it also has a comparatively long duration of effect. The oral route offers relief in 60 - 180 Minutes, with an effect lasting 6 - 8 Hours. In comparison, the inhaled route can cause effects as soon as 5 - 10 minutes, typically wearing off after 2 - 4 hours¹.

SAFETY INFORMATION

Warnings:

Patients should NOT use Amelia THC15 if:

- They have ever had an allergic reaction to any cannabis product or plant terpenes.
- Are pregnant or plan to become pregnant.
- The packaging shows signs of damage or tampering.
- The expiration date has passed.

Patients should check with their doctor prior to using Amelia if they:

- They are less than 18 years old.
- Are pregnant or plan to become pregnant.
- Have liver or kidney problems.
- Have a serious heart problem such as angina, a previous heart attack, poorly controlled high blood pressure or a problem with their heart rate or heartbeat.
- Have any serious mental health disorders such as schizophrenia or psychosis.
- Have a history of drug or substance abuse and/or dependence.
- Take any medicines for any other condition.

Side Effects:

Like all medicines, Amelia may produce undesirable side effects in some people. The majority of side effects are minor and temporary, however, there are some side effects which may require medical attention. Medicinal cannabis products containing THC and CBD have been associated with the following side effects²³⁴.

Less Serious/Common Side Effects:

Side Effects	What to Do
• Feeling dizzy or lightheaded	Patients should speak to their doctor if any of the experienced effects are of concern.
• Euphoria or feeling 'high'	
• Drowsiness or fatigue	
• Changes in appetite	
• Impaired coordination	
• Nausea	
• Gastrointestinal upset	
• Sedation	
• Cognitive effects	

Serious Side Effects:

Side Effects	What to Do
• Allergic reaction-related: swelling of the face, shortness of breath or difficulty breathing, skin rash.	Patients should contact their doctor straight away or go straight to the emergency department at the nearest hospital if they notice any of these serious side effects.
• Heart-related: rapid or irregular heartbeat, chest pain, breathing difficulties, signs of low blood pressure.	
• Severe changes to mental status: psychosis, visual or auditory hallucinations, depression, cognitive distortion.	
• Neurological-related: convulsions, numbness, loss of co-ordination or balance.	

This is not a complete list of potential side effects. Other side effects not listed here may occur in some people. Patients should tell their doctor or pharmacist if they notice anything else that may be making them unwell.

Reporting Adverse Events:

After patients have received medical advice for any side effects experienced, side effects can be reported to the Centre for Adverse Reactions Monitoring (CARM) at <https://pophealth.my.site.com/carmreportnz/s/>. By reporting side effects, users can help provide more information on the safety of this medicine. Patients should always make sure they speak to their doctor or pharmacist before deciding to stop taking Helius NZ Amelia THC15.

¹ MacCallum CA, Russo EB. Practical considerations in medical cannabis administration and dosing. Eur J Intern Med. 2018;49: 12-19

² Chesney E, Oliver D, Green A, et al. Adverse effects of cannabidiol: a systematic review and meta-analysis of randomized clinical trials. Neuropsychopharmacology. 2020;45(11):1799-1806. doi:10.1038/s41386-020-0667-2

³ BPAC. An overview of medicinal cannabis for health practitioners. July 2023.

⁴ Oberbarnscheidt T, Miller NS. The Impact of Cannabidiol on Psychiatric and Medical Conditions. J Clin Med Res. 2020;12(7):393-403. doi:10.14740/jocmr4159