STEPS IN STANDARDIZING A RECIPE

- 1. Review recipe carefully. Check that:
 - ✓ All ingredients are listed.
 - ✓ Amounts of ingredients are correct and clearly stated in weight or measure (volume).
 - ✓ Amounts are converted to the largest possible unit and fractions are avoided if possible.
 - ✓ Ingredients are listed in the order used.
 - ✓ Directions are detailed, complete and accurate, and in the order they are to be done.
 - ✓ Pan size, time and temperature of baking are clear.
- 2. Prepare the recipe in a small quantity.
- 3. Weigh or measure the amount of product to be placed into each pan, if appropriate, noting this on the recipe.
- 4. Determine the recipe yield.
 - Measure the total yield: this could be a count, number of specific-sized pans, volume in gallons, quarts, etc., or weight in pounds. Record this on the recipe.
 - ✓ Determine serving size: Use the same unit of measure as the total yield (count, pan cuts, volume, or weight). Example: if the total yield is a liquid measure (volume) such as 3 gallons, use cups or fractions of a cup for the serving size. Record the serving size on the recipe.
 - ✓ Determine serving utensil: Be sure the utensil used measures the amount stated for serving size. Example: If the serving size is ½ cup, a #8 disher, a 4 fl oz spoodle or ladle may be appropriate. Record the serving utensil on the recipe.
 - ✓ Compute the number of servings the recipe makes. Calculate the total yield by the serving size in one of the following ways. Record this on the recipe.
 - When the serving size is a unit of measure (items, cups, ounces) <u>divide</u> the total yield by the serving size. Example: 1 gallon divided by ½ cup = 32.
 - When the serving size is not a standard unit of measure, use the selected serving utensil
 to physically transfer product from one container to the other. Example: 1 gal of "frozen
 fruit fluff" may yield 48 rounded #16 dishers.
 - When the serving size is a number of cuts from a pan, <u>multiply</u> the number of pans times the number of servings per pan.
- 5. Evaluate the recipe for quality, yield, serving size, flavor, color, etc. Adjust if needed.
- 6. Calculate the meal pattern contribution. Record calculations on the back of the recipe.
- 7. Re-test the recipe to assure all information in the recipe is complete and correct.
- 8. For potentially hazardous foods include the cooking temperature and other HACCP food safety information (optional).
- 9. Calculate the cost of the recipe and per serving (optional).

EXAMPLE OF DETERMINING THE YIELD OF A RECIPE

1. Prepare the recipe for chicken and noodles. Weigh/measure the following ingredients:

Chicken Stock 8 gal Flour 1 lb

Noodles 12 lb 8 oz Milk 1 gal $+ 3 \frac{1}{2}$ qt Onion, dry 8.75 oz Pepper 2 Tbsp $+ 1 \frac{1}{2}$ tsp

Margarine 1 lb Chicken, cooked, diced 42 lb

- 2. Measure total yield. The total volume is 15 gal + 2 ½ qt.
- 3. Determine serving size. The serving size is 1 cup. Using an 8 fl oz ladle, 1 gal = 16 servings.
 - ✓ Convert 15 gal + 2 ½ gt to cups.

15 gal (x) 16 cups/gal = 240 cups

 $2 \frac{1}{2} qt(x) 4 cups/qt = 10 cups$

240 cups + 10 cups = 250 cups

- ✓ Determine the number of servings in the recipe by dividing total yield by the serving size. 250 cups ÷ 1 cup per serving = 250 servings
- 4. Retest the recipe. Be sure the recipe yields the same amount (15 gal + 2 ½ qt).