



# Social Skills

## Greetings

Available in the format below:



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## **Greetings**

Neurotypical individuals closely observe other humans literally from birth. Individuals on the autism spectrum typically observe others much less often—one of the reasons they are usually significantly less aware of social customs. Greeting others is not as simple as it would seem. Take the example of two men passing each other at work. The social norm could be a quick nod in greeting if they were acquaintances. A verbal “good morning” could actually be judged as a little odd. Students on the spectrum can use this reference sheet to become familiar with the many choices of greetings, as well as the contexts in which to use them when paired with discussion.

Name \_\_\_\_\_

Date \_\_\_\_\_

## **Greetings Reference Sheet**

Initiate or Be Reciprocal

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### **Greeting**

"Hi"

"Hey" (informal)

"What's up" (to a peer)

"Hello"

"Good morning"

"Good afternoon"

"How are you?" (rhetorical)

"How's it going?" (rhetorical)

"Hi + (name)"

"Hey + (name)"

eye contact and nod or smile (to an acquaintance / passing by after previously greeted)

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### **Additional: Greeting on Mondays**

"How was your weekend?"

"Did you have a good weekend?"

"Did you do anything fun over the weekend?" (to a friendly acquaintance or friend)

"You look like how I feel" (to a close friend)

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### **Leaving**

"Bye"

"Goodbye"

"See you later"

"Talk to you later"

"Catch you later" (informal / to a peer)

"Later" (informal / to a peer)

"See you tomorrow"

"Have a good day"

"Bye + (name)"

"Okay, bye"

eye contact and brief wave (to an acquaintance)

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### **Additional: Leaving on Fridays**

"See you Monday"

"Have a good weekend"

"Enjoy your weekend"

"Have any plans for the weekend?" (to a friendly acquaintance)

"Anything fun happening this weekend?" (to a friend)

