Effects of working memory training on reading in children with special needs

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Reading and Writing

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1. Abstract

Purpose: Working memory of children with special needs could be enhanced by a cognitive training program

Hypothesis: **High correlations** between working memory and reading comprehension skills

Methods: Neuropsychological measures and Reading measures

Results: Working memory works as a crucial factor in the reading development

2. Introduction

Past

Working memory has a limited capacity

Present studies

- children with ADHD may benefit in their behavior from working memory training
- Increased brain activity is associated with working memory functions

3. Hypothesis

 Working Memory ability would increase through the training with a positive effect on children's reading comprehension skills

Fifty-seven children with special education needs

4-1. Neuropsychological Measures

- A. Nonverbal reasoning ability
- B. Verbal working memory
- C. Visual-spatial working memory
- D. Response inhibition

- A. Nonverbal reasoning ability
 - a. Raven's Coloured Progressive Matrices
- B. Verbal working memory
 - a. Digit Span
- C. Visual-spatial working memory
 - a. Span Board
- D. Response inhibition
 - a. Stroop

Digit Span



Spatial Span



Stroop

RED BLUE PURPLE YELLOW
BLACK GREEN PURPLE ORANGE
RED GREEN BLACK BLUE
YELLOW PURPLE PURPLE RED
ORANGE PURPLE BLUE GREEN
BLACK BLACK ORANGE RED

4-2. Reading Measures

- a. Reading comprehension
- b. Word decoding
- c. Orthographic knowledge

A. Reading Comprehension

 a. Narrative texts from the Progress in International Reading Literacy Study

B. Word Decoding

a. the Phonological non-word reading test

C. Orthographic knowledge

a. The Orthographic verification test

- 1. Completing a set of assessments
 - a. nonverbal reasoning
 - b. working memory
 - c. Reading

2. Within the same time intervals

- a. Pre-test
- b. post-test, 5–6 weeks later
- c. Post-test, 6–7 months later.

5. Results

 The effect of training was tested by comparing the outcome score at post-test in the treatment group scores at pre-test.

- Four measurements were improved
 - Span Board forward
 - Span Board backward
 - Digit backward
 - Nonverbal problem solving (Raven)

5. Results

- The treatment group enhanced its results of working memory measures
- The WM measures Span board forward and back were related to reading comprehension
- Comparison of the experimental group with an additional control group showed that the training indeed enhanced children's working memory.

6. Discussion

1. Limitation

- a. a large difference in size between the treatment group and the control group
 - including more children in the treatment group.

2. Practical Implication

 a. WM training may facilitate reading comprehension processes directly, and not via improvements in word-level reading processes.

Thank you

For Your Attention