## Neyliz Cuba

HFT- 2215

05/18/2021

Food, Inc. ( 2008) Documentary HD

1. Your analysis on the movie.

My analysis the la movie is how it continues to examine today’s industry by exploring

The economic and legal powers large food companies have. Thus, recently, the spotlight

Has been centered on today’s food production. Previously, food distribution prior to the

Green and Greener Revolution centered on the notion of self-sustaining farming, where

Families provided solely for themselves. However, with the advancement of agricultural

Technology, it reformed the method in which food is mass- population. Although

in theory, this idea appears efficient and positive, it contains negative repercussions.

The usage of corn converted from not only human edibility, but other uses such as

Feeding animals corn instead of grass or wheat a creates a sequence of negative

Consequences. Moreover, in particular, the mass production of meat provokes a wide

Spectrum of ethical quandaries and question.

1. What did you learn about the food system in America that you weren’t aware of before?

I learned what our industrial agricultural system has transformed in many different ways

Throughout the years. From local farms to large companies, this system impact everyone

because, we are all consumers of food. Vegetable, fruits, meat and other product are distributed

the world on a daily basis. Companies force us to believe our food comes from the

beautiful farm and barn houses illustrated on the packaging but do they truly originate from are

benefits to this process, there is also a copious amount of disadvantages and negative impacts it

has on people in the United State, as well as those in the developing world.

1. Your analysis of the food system in America

I analyze the ignorance essentially allows corporation to take advantage of the consumer

and use cheaper, better but more harmful ingredients this concept is known as false advertising

a major problem in today food industry.

1. What were your food purchasing and eating habits prior to watching this movie?

Unfortunately due to my pace of life I felt the need to go to fast food places without thinking

About the damage it was doing to me, I think this movie has made me reflect and change my way of thinking

1. What change will you make to your food purchasing and eating habits ?

Watching the movie helped me a lot to make a radical change to my eating habit

To realize that although it is more expensive but it is healthier and helps to protect my

Health more.