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Relationships

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560

UPDATE: 28F with husband 30M with our baby girl that we shouldn't have had.

Locked Post (self.relationships)

submitted 7 hours ago by badmommaaa

<http://www.reddit.com/r/relationships/comments/2v6>

Here was my post for those that remember me. I just wanted to give an update, since many of you were very kind and supportive and deserve to know what's happened since then.

It's been three months. We split up. It's been the worst thing, even worse than I thought. I ended up coming clean and showing him my OP, and he didn't take it well. He was confused, said that I was a great mother and he had no idea I felt that way.

this post was submitted on 27 May 2015

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I told him I would like to do couples therapy with him, so that he could see how I feel when our emotions aren't going haywire and I can be rational. Basically I suggested he sit in with me when I go to therapy, and he agreed. At first he was more than willing to work with me.

He said he would do most of the child care, which he already does. He said he'd let me do all the fun stuff, playing with her, reading to her, singing, cuddling. To me, none of that is fun! I told him so, and suggested that maybe we could even get separate housing (we both make good money). I could get a one bedroom apartment and see him for dinner, and just go to sleep at a different place. That's when it hit him that I was really serious about not wanting her.

He started crying, told me this wasn't what he expected when we said our vows, and I might have said some things like "Well I didn't expect to be pressured into having a child I didn't want, but that happened."

I stayed with my female co-worker for a few days to calm down. We went no contact for those days. When I came back home, all my stuff was packed and by the door. He was sitting on the couch, staring into space. Our

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Post anything that is relevant to your current relationship that you want to discuss.

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baby was down for a nap, so we had to talk quietly.

He said he was going to file for divorce and ask for sole custody. I said okay. He seemed sad that I wasn't going to fight for her.

I ended up getting my own apartment like I said I would, but it's lonely. I'm fucking heartbroken. I haven't seen my daughter in three months, and a small part of me aches for what could have been, but overall I feel relief that I'm not dealing with that constant stress anymore.

I miss my husband more than I can express. I've gained thirty pounds since our fight. On the weekends when I don't have work I just binge watch netflix and don't shower. The reality of this situation is no one was going to end up happy. I doubt he is. But at least he loves her and I know he's taking good care of her, and that means he isn't falling into the same depression I am. I haven't gotten divorce papers yet, so maybe he isn't as dead-set on this breakup as I thought.

Sorry this wasn't a happy outcome, guys. I just wanted to update and..talk to someone other than my therapist. Thanks.

TL;DR! We split up. I'm miserable. Hopefully it's temporary.

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