

Machine Learning Regression Notes (Complete Revision)

These notes cover everything you asked: linear regression, formulas, R^2 , adjusted R^2 , polynomial regression, pipelines, cross-validation, residuals, plotting, and step-by-step explanations.

Use this as your **future revision notebook**.



1. TRAIN–TEST SPLIT

Code:

```
X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.25, random_state=42)
```

Meaning:

- **X** → Input features
- **y** → Target/output values
- **X_train** → Used to train model
- **y_train** → Correct answers for training
- **X_test** → New unseen data for testing
- **y_test** → Real answers to check model accuracy

Why needed:

To test model on **new unseen** data to avoid cheating.



2. SIMPLE LINEAR REGRESSION

Prediction formula (very important):

$$\hat{y} = \beta_0 + \beta_1 x$$

- β_0 = intercept
- β_1 = slope
- x = input
- \hat{y} = predicted output

How LinearRegression() finds β_0 and β_1 ?

It uses **OLS (Ordinary Least Squares)**:

$$\beta = (X^T X)^{-1} X^T y$$

This formula finds the **best-fit line** with minimum squared error.



3. PREDICTION

`y_pred = regression.predict(X_test)`

Uses:

$$\hat{y} = \beta_0 + \beta_1 x$$

Model checks performance using **y_test** vs **y_pred**.



4. RESIDUALS (ERRORS)

residuals = $y_{\text{test}} - y_{\text{pred}}$

- **Positive** → model predicted low
- **Negative** → model predicted high
- **Zero** → perfect prediction

Residual = actual – predicted

5. R-SQUARED (R^2)

Formula:

$$R^2 = 1 - (SS_{\text{res}} / SS_{\text{tot}})$$

Where:

$$SS_{\text{res}} = \sum (y_i - \hat{y}_i)^2$$

$$SS_{\text{tot}} = \sum (y_i - \bar{y})^2$$

Meaning:

- **1** → perfect
 - **0** → model useless (same as mean)
 - **< 0** → model worse than mean
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6. ADJUSTED R-SQUARED

Formula (copy-friendly):

$$\text{Adjusted } R^2 = 1 - (1 - R^2) * (n - 1) / (n - p - 1)$$

Where:

R^2 = normal R-squared

n = number of samples used for testing

p = number of features

Python equivalent:

$1 - (1 - \text{score}) * (\text{len}(y_test) - 1) / (\text{len}(y_test) - X_test.\text{shape}[1] - 1)$



7. CROSS-VALIDATION

```
validation_score = cross_val_score(regression, X_train, y_train,  
                                   scoring='neg_mean_squared_error', cv=3)
```

Why needed?

- One train-test split may be lucky or unlucky
- CV tests the model **3 times (cv=3)**
- Average of results gives **true performance**

Why negative MSE?

Because sklearn wants **higher = better**.

MSE is **lower = better** → so sklearn flips the sign.



8. STANDARDIZATION (Scaling)

Formula:

$z = (x - \text{mean}) / \text{std}$

Important Rule:

```
scaler.fit(X_train)    # learn mean,std from training  
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Never fit on test data → avoids data leakage.



9. POLYNOMIAL REGRESSION

```
PolynomialFeatures(degree=n, include_bias=True)
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Transforms:

$$X \rightarrow [1, X, X^2, X^3, \dots]$$

So linear regression becomes:

$$\hat{y} = \beta_0 + \beta_1 x + \beta_2 x^2 + \dots + \beta_n x^n$$

include_bias=True → adds 1 column so model can learn β_0 .



10. WHY PIPELINE?

```
Pipeline([  
    ("poly_features", PolynomialFeatures()),  
    ("lin_reg", LinearRegression())  
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Pipeline links steps like LEGO:

1. Create polynomial features
2. Train linear regression

Benefits:

- Clean code
 - No data leakage
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Meaning:

- Make **200 smooth numbers** from -3 to 3
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12. COMPLETE POLYNOMIAL REGRESSION FUNCTION

Explanation of how a function fits model, predicts curve, plots training/testing points.

- Fit pipeline
 - Predict on X_new
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 - Draw blue training dots
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13. HOW SYNTHETIC DATA (X, y) WAS CREATED

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X = 6 * np.random.rand(100,1) - 3
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y = 0.5 * X**2 + 1.5 * X + 2 + np.random.randn(100,1)
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Meaning:

- X values between -3 and 3
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$y = 0.5x^2 + 1.5x + 2 + \text{noise}$

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plt.scatter(X_train, y_train) # blue dots  
plt.scatter(X_test, y_test)  # green dots  
plt.plot(X_new, y_pred_new)  # red curve
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Shows learning and predictions clearly.

FINAL SUMMARY FOR REVISION

- **Linear Regression** $\rightarrow \hat{y} = \beta_0 + \beta_1 x$
- **Polynomial Regression** \rightarrow adds X^2, X^3, \dots

- **OLS formula** $\rightarrow \beta = (X^T X)^{-1} X^T y$
 - **R² measures fit**, Adjusted R² penalizes extra features
 - **Residuals** \rightarrow actual – predicted
 - **Cross-validation** \rightarrow more reliable model testing
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- Sensitive to outliers
- Requires assumptions to hold

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17. WHEN TO USE POLYNOMIAL REGRESSION

Use polynomial regression when:

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- Simple linear regression underfits
- You want to capture **nonlinear patterns**

Avoid very high degrees (overfitting).

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- **Underfitting:** Model too simple (degree=1)
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Visualization:

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LinearRegression in sklearn uses OLS formula, BUT another way to find β values is **Gradient Descent**.

Gradient Descent updates β values using:

$$\theta_0 = \theta_0 - \alpha * (\partial J / \partial \theta_0)$$

Used in:

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20. SUPER-SIMPLE CHILD-FRIENDLY EXPLANATIONS (10-year-old level)

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A feature is like a **clue**.

Example: "How many hours you studied" is a clue to predict your marks.

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A smart robot that **learns from examples** and then makes predictions.

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A method that draws **the best straight line** through your data.
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Polynomial regression draws a **curvy line**.

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Jump height increases quickly at first, then slows down.

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Residuals = **Mistakes**.

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R^2 tells **how good the model is**, from 0 to 1.

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It punishes unnecessary features.

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Like giving your model many mini-tests.

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Example:

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★ Simple Memory Tricks

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 - **Polynomial Regression:** best curve.
 - **Residual:** prediction mistake.
 - **R²:** how good the model is.
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21. COST FUNCTIONS (LOSS FUNCTIONS) — SIMPLE EXPLANATION

Cost functions tell the model how "bad" its predictions are. The model tries to make the cost as small as possible.

★ Why do we use a Cost Function?

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We use cost functions to:

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Formula:

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Huber loss uses MAE for large errors and MSE for small errors. It is robust yet smooth.

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Convergence means **the model has learned enough** and **stops improving**.

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★ Learning Rate (α) and Convergence

Learning rate decides how big steps we take.

↑ High Learning Rate

- Big jumps
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✓ **Perfect Learning Rate**

- Smooth decreasing curve
 - Converges quickly
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★ **Types of Convergence Behavior**

- **Fast convergence:** cost drops quickly
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Training stops when:

- Cost change < tiny threshold (e.g., $1e-6$)
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★ Child-Friendly Example

Imagine sliding down a slide.

- At the top → high cost
- Sliding down → cost decreasing
- When you reach bottom → convergence
If you jump too fast (high learning rate), you fall off.
If you go too slow (low learning rate), you take forever.

★ Visual: Cost vs Iterations

Cost keeps dropping like:

100 → 50 → 20 → 10 → 5 → 4.5 → 4.4 → 4.39 → 4.389 → (flat)

When numbers stop improving → **converged**.

If you want, I can add a small diagram showing cost decreasing over iterations or show how convergence looks in real code. 😊

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Formula:

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Shows learning and predictions clearly.



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