



VRC
RENEWABLE

Driving: Safety

Purpose

- ✓ The purpose of this training is mainly that those who carry it out can acquire more and better tools as vehicle drivers, to perform responsibly and carefully in the public space.



Content

- ✓ Driving tips
- ✓ Safe driving
- ✓ Speeding, traffic and road safety laws
- ✓ DUI & DWI
- ✓ Winter driving tips



Driving tips

✓ Focus on driving

- ✓ The key to driving safely is to always ignore the distractions maintain focus on the road. Always follow these steps:
- ✓ Keep 100% of your attention on driving
- ✓ No multi-tasking.
- ✓ Don't use any electronic device while driving.
- ✓ Slow down.



Driving tips

✓ Defensive driving

- ✓ Practice defensive driving following these steps:
- ✓ Be aware of what other drivers around you are doing.
- ✓ Expect the unexpected.
- ✓ Assume other drivers and motorists will do something unsafe, and always be prepared to avoid it.
- ✓ Keep a 3 second distance between you and the car in front.
- ✓ Make that 5 seconds if the weather is poorly.



Driving tips

✓ Safe driving plan

- ✓ Schedule stops for food, rest breaks, phone calls or other needs.
- ✓ Adjust the seat, mirrors, and climate before start driving
- ✓ Pull over to eat or drink.



Driving tips

✓ Practice safety

- ✓ Don't try to retrieve items that fall to the floor while driving.
- ✓ Have items needed within easy reach
- ✓ Secure cargo.
- ✓ Always wear your seat belt and drive sober.



Driving tips

- ✓ Don't allow children to fight or climb around in your car – they should be always buckled in their seats. Too much noise can easily distract you from focus on the road.
- ✓ Avoid driving when you're tired. Be aware that some medications cause drowsiness and make operating a vehicle very dangerous.



Driving tips

- ✓ Always use caution when changing lanes. Cutting in front of someone, changing lanes too fast or not using your signals may cause an accident or upset other drivers.
- ✓ Be extra careful while driving during deer season.



Safe driving

During a car accident

- ✓ If you're in an accident, first make sure no one in the car is injured. Then, check on the passengers in the other vehicle, pedestrians and anyone else nearby to make sure they're OK. Then do the following:
 - ✓ Stay at the scene.
 - ✓ Call 911 or the local police immediately
 - ✓ Stay in the car
 - ✓ Stay calm
 - ✓ Contact your insurance provider



Speeding, traffic and road safety laws

- ✓ Never pass a stopped bus showing a stop sign on its left. It means children are crossing the street.
- ✓ If you hear a siren coming behind you, pull to the side, stop and wait until the police car or fire truck passes you.
- ✓ Completely stop the vehicle at stop signs and look for other drivers and pedestrians before you proceed.



Speeding, traffic and road safety laws

- ✓ Always obey the posted speed limit.
- ✓ When parking your vehicle, always respect handicapped signs, fire hydrants, bus stop zones, parking restrictions for certain times of day, and parking spots that require permits.



DUI & DWI

Driving after drinking too much alcohol is known as Driving Under the Influence (DUI) or Driving While Intoxicated (DWI). Alcohol slows your reflexes, lowers your mental acuity, and can compromise your ability to control a vehicle and drive it safely.

A DUI arrest can lead to expensive consequences, including time in jail, suspended driver's license, and fines. If you hit and/or kill someone while you are driving impaired, the consequences are even worse.

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Winter driving

Snow, freezing rain and slush make the roads more hazardous. Winter precipitation could bring snow covered roads, lack of road visibility during snowfall and slick roads due to snowflakes sticking to roadways and black ice. These are some safety tips to help you handle the hassle that comes with winter driving:

- ✓ Always buckle up.



Winter driving

- ✓ Extra caution in areas that freeze quickly, especially intersections, shaded areas, bridges and overpasses.
- ✓ Regularly check weather reports on TV or online to prepare for bad weather.



Winter driving

- ✓ Keep an emergency kit in the trunk of your car. Including blankets, first aid kit and jumper cables.
- ✓ Make sure your cell phone is fully charged and that your car always has a full tank of gas.



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Thank you!