Uttarakhand State Control Room
Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

COVID-19
Uttarakhand State Control Room

Date: 14-04-2022　　　# Health Bulletin　　　**Time: 6:00 PM**

Bulletin No. 797 (since 15th March 2020)

Positive Today: **08**　　　　Recovered Today: **16**

Death Today: **00**　　　　Active Cases: **53**

S⁺ᵛᵗʸ Sample Positivity today: **0.57%**　　**R%** Recovery Percentage: **96.16%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022: **92224**

2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022: **88682 (96.16%)**

3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022: **3215 (3.49%)**

4. Total Number (%) of COVID-19 Deaths since 01.01.2022: **274 (0.30%)**

5. Number of samples found negative for COVID-19 today: **1398**

6. Total number of samples sent for COVID-19 testing today: **1028**

7. Total number of cumulative samples found negative since 01.01.2022: **1282174**

रिसर्च बताती है कि इम्यूनिटी अच्छी हो तो रोगों से लड़ने की शक्ति बनी रहती है तो क्या करें ..क्या न करें !

+ ताजा,गर्म, प्रोटीन से युक्त पौष्टिक शीघ्र पचने वाला सन्तुलित आहार नियमित समय पर लें,
+ खूब पानी पियें यथासंभव गर्म पानी का भी सेवन करें.
+ प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
+ आयुष पेय/हर्बल चाय व मौसमी फलों का सेवन करें.
+ हल्दी, धनिया, जीरा, लहसुन, हरी सब्जियों आदि व गरम मसालों का भोजन में नियमित प्रयोग करें.
+ प्रतिदिन 10 से 45 मिनट कामॅन योग प्रोटोकाल का अभ्यास करें.
+ चीनी से बने पदार्थों का सेवन कम से कम करें.
+ जंक फूड/प्रोसेस्ड फूड का सेवन कम से कम करें.
+ धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।

च्यवनप्राश

योग आहार जीवन आधार

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Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	42	163	61057	2	4511	65562	20
Bageshwar	0	3	33929	0	2088	36013	0
Chamoli	42	44	45818	0	3197	49013	20
Champawat	137	94	58624	0	1908	60529	12
Dehradun	379	446	353761	5	32855	386481	45
Haridwar	70	103	300691	0	13064	313725	22
Nainital	84	125	75864	1	11306	87100	5
Pauri Garhwal	142	161	89190	0	5265	94448	23
Pithoragarh	5	5	38798	0	2558	41344	16
Rudraprayag	6	83	26115	0	2702	28817	3
Tehri Garhwal	54	104	32295	0	2351	34639	8
US Nagar	55	37	130373	0	8781	139130	12
Uttarkashi	12	30	35659	0	1638	37295	3
Total	**1028**	**1398**	**1282174**	**8**	**92224**	**1374096**	**189**

Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4511	4125	2	4	380
Bageshwar	2088	2001	1	0	86
Chamoli	3197	3088	0	3	106
Champawat	1908	1887	0	1	20
Dehradun	32855	32305	14	173	363
Haridwar	13064	12780	25	25	234
Nainital	11306	11234	6	29	37
Pauri Garhwal	5265	4279	0	18	968
Pithoragarh	2558	2420	0	4	134
Rudraprayag	2702	2572	2	2	126
Tehri Garhwal	2351	2021	0	5	325
U.S. Nagar	8781	8508	0	5	268
Uttarkashi	1638	1462	3	5	168
Total	**92224**	**88682**	**53**	**274**	**3215**

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874, 05962-237876, 05962-231205
Bageshwar	05963-221822, 05963-297515, 7895235220
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187, 01372-251437
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506, 1800-180-2525, 0135-2609200
Haridwar	01334-239072, 01332-265201, 265202, 265203, 265209
Nainital	05946-281234
Pauri Garhwal	01368-222213, 7302796031
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudraprayag	01364-233727, 7456003173, 7456003162, 8920456016, 7078301730
U.S. Nagar	05944-246590, 05944-250100, 05944-250101
Uttarkashi	01374-222641, 7417162869

कोरोना के विरुद्ध लड़ाई कारगर सिद्ध हो रही है..
अब 12 वर्ष से 18 वर्ष तक के बच्चों के टीकाकरण में 100 प्रतिशत आपकी भागीदारी सुनिश्चित होनी चाहिये!

हम सुरक्षित, तो देश सुरक्षित!

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COVID-19 Vaccination

14th April 2022

- ❋ **Sessions Held Today:** 534
- ❋ **Number of Beneficiaries Vaccinated Today:** 3307
- ❋ **Total Number of Beneficiaries Partially Vaccinated:** 8779451
- ❋ **Total Number of Beneficiaries Fully Vaccinated:** 8070384
- ❋ **Total Number of Beneficiaries Given Precaution Dose:** 453057

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens					Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs. 1st Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage	1st Dose Coverage	2nd Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	12900	28620	21074	383031	355436	6022	6028	9956	9758	29253	38	23
Bageshwar	7663	14039	12794	186250	172197	2514	2521	2321	2401	19223	33	15
Chamoli	12687	19559	17463	275027	269804	3987	4021	6493	6628	24203	85	66
Champawat	5205	12751	7925	184242	171026	2255	2304	7578	7409	14549	38	7
Dehradun	27379	95649	67658	1576276	1467929	37244	36703	30664	31278	106378	877	544
Haridwar	8610	72177	34902	1512425	1447919	17784	17607	48452	48425	49478	85	41
Nainital	20812	49492	34360	757106	729588	14193	13828	20106	20148	45804	260	258
Pauri	11357	31616	23958	453845	419123	7914	7923	7099	7173	32609	96	64
Pithoragarh	10372	23047	16294	327037	314345	4095	4111	8319	8410	19928	228	61
Rudraprayag	5153	12321	9772	173509	159198	2465	2453	2692	2713	9243	12	24
Tehri	15256	30382	24943	399595	360361	6254	6311	4923	5034	32251	41	96
US Nagar	21300	78765	46256	1354479	1343702	12483	12564	34776	33882	45068	200	74
Uttarkashi	6370	17447	10884	236651	223144	3461	3485	4999	5062	25070	40	1
Total	**165064**	**485865**	**328283**	**7819473**	**7433772**	**120671**	**119859**	**188378**	**188321**	**453057**	**2033**	**1274**