

Date: 14-05-2022

Health Bulletin

Time: 6:00 PM

Bulletin No. 827 (since 15th March 2020)



Positive Today: **24**



Recovered Today: **04**



Death Today: **00**



Active Cases: **108**

S⁺vtv

Sample Positivity today: **1.06%**

R%

Recovery Percentage: **96.08%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022: **92611**
2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022: **88984 (96.08%)**
3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022: **3244 (3.50%)**
4. Total Number (%) of COVID-19 Deaths since 01.01.2022: **275 (0.30%)**
5. Number of samples found negative for COVID-19 today: **2246**
6. Total number of samples sent for COVID-19 testing today: **2129**
7. Total number of cumulative samples found negative since 01.01.2022: **1327695**



इम्यूनिटी अच्छी हो तो रोगों से लड़ने की शक्ति बनी रहती है ..



- + ताजा, गर्म, प्रोटीन से युक्त पौष्टिक शीघ्र पचने वाला सन्तुलित आहार नियमित समय पर लें,
- + खूब पानी पिएँ यथासंभव गर्म पानी का भी सेवन करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + आयुष पेय/हर्बल चाय व मौसमी फलों का सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन, हरी सब्जियों आदि व गरम मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + जंक फूड/प्रोसेस्ड फूड का सेवन कम से कम करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



च्यवनप्राश





उत्तराखण्ड शासन



राष्ट्रीय स्वास्थ्य मिशन



Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



Uttarakhand State Control Room

Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	82	358	63763	4	4527	68284	47
Bageshwar	82	82	34479	0	2088	36563	29
Chamoli	121	97	47505	0	3200	50703	57
Champawat	91	122	61439	0	1911	63347	17
Dehradun	454	409	364944	10	33085	397894	127
Haridwar	124	228	305266	4	13120	318356	36
Nainital	247	272	82480	4	11347	93757	24
Pauri Garhwal	51	54	92979	0	5273	98245	9
Pithoragarh	29	10	40326	0	2559	42873	51
Rudraprayag	17	13	26861	1	2703	29564	46
Tehri Garhwal	146	133	35168	0	2358	37519	39
US Nagar	590	172	134297	1	8798	143071	79
Uttarkashi	95	296	38188	0	1642	39828	47
Total	2129	2246	1327695	24	92611	1420004	608

Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4527	4130	7	4	386
Bageshwar	2088	2001	0	0	87
Chamoli	3200	3091	0	3	106
Champawat	1911	1890	0	1	20
Dehradun	33085	32481	64	174	366
Haridwar	13120	12847	14	25	234
Nainital	11347	11263	13	29	42
Pauri Garhwal	5273	4285	2	18	968
Pithoragarh	2559	2420	0	4	135
Rudraprayag	2703	2574	1	2	126
Tehri Garhwal	2358	2021	1	5	331
U.S. Nagar	8798	8514	4	5	275
Uttarkashi	1642	1467	2	5	168
Total	92611	88984	108	275	3244

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

 Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874, 05962-237876, 05962-231205
Bageshwar	05963-221822, 05963-297515, 7895235220
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187, 01372-251437
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506, 1800-180-2525, 0135-2609200
Haridwar	01334-239072, 01332-265201, 265202, 265203, 265209
Nainital	05946-281234
Pauri Garhwal	01368-222213, 7302796031
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudrapur	01364-233727, 7456003173, 7456003162, 8920456016, 7078301730
U.S. Nagar	05944-246590, 05944-250100, 05944-250101
Uttarkashi	01374-222641, 7417162869

कोरोना के विरुद्ध लड़ाई कागर सिद्ध हो रही है..

अब 12 वर्ष से 18 वर्ष तक के बच्चों के टीकाकरण में 100 प्रतिशत
आपकी भागीदारी
सुनिश्चित होनी चाहिये!



हम सुरक्षित,
तो देश सुरक्षित!





Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



COVID-19 Vaccination

14th May 2022

☛ Sessions Held Today:	1046
☛ Number of Beneficiaries Vaccinated Today:	16595
☛ Total Number of Beneficiaries Partially Vaccinated:	8956670
☛ Total Number of Beneficiaries Fully Vaccinated:	8270093
☛ Total Number of Beneficiaries Given Precaution Dose:	532525

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens						Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs 1st Dose	12-14 Yrs 2nd Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1 st Dose Coverage	2 nd Dose Coverage	1 st Dose Coverage	2 nd Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	17466	8758	28953	22701	383478	356856	6022	6030	9956	9761	35937	159	228
Bageshwar	9239	5669	14086	12917	186295	172409	2514	2521	2323	2401	21526	431	196
Chamoli	14517	10152	19683	18335	275118	270751	3988	4021	6493	6633	28673	578	251
Champawat	9173	3268	13194	9041	184430	171475	2255	2308	7583	7426	15490	486	61
Dehradun	53504	20896	99742	74093	1578267	1478429	37245	36715	30670	31288	129808	2500	759
Haridwar	54610	5954	77903	40301	1514443	1453708	17785	17614	48461	48445	56367	2680	170
Nainital	34134	14328	51399	37880	758046	732525	14196	13891	20107	20180	54850	1445	222
Pauri	19562	7916	32244	26269	454398	424677	7922	7927	7101	7181	39582	1268	370
Pithoragarh	13316	5835	23356	17770	327300	316060	4095	4112	8321	8411	22760	720	195
Rudrapur	7922	4008	12535	10469	173714	159806	2466	2453	2692	2713	12404	669	188
Tehri	20996	11611	30953	26763	399922	362552	6254	6312	4923	5037	35586	625	157
US Nagar	47629	21280	83222	53899	1356841	1351757	12493	12576	34788	33928	53051	1391	332
Uttarkashi	11121	3664	17995	12656	236850	224196	3461	3486	5000	5089	26491	461	53
Total	313189	123339	505265	363094	7829102	7475201	120696	119966	188418	188493	532525	13413	3182