

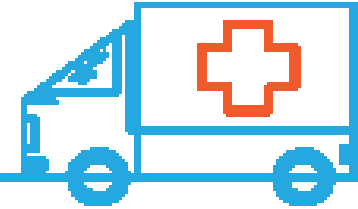


# ACTIVITY REPORT

## 2019



# EVENTS



In 2019 we managed to reach 25 villages in 12 counties, setting a record number of editions. This is due to the development of the teams and the big number of requests.

## Bucharest - 5 caravans

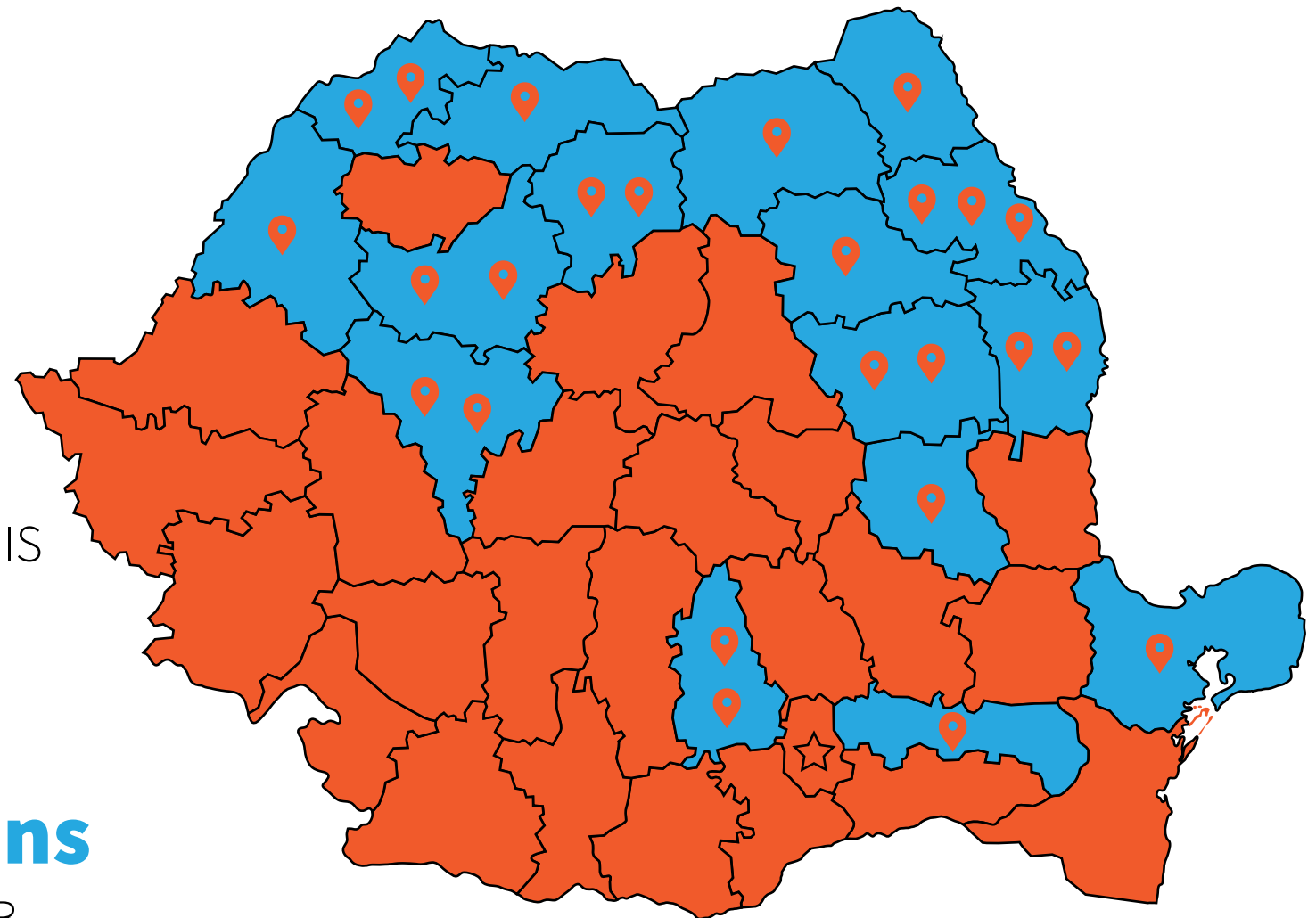
- Lungulețu, DB
- Cocora, IL
- Letea, TL
- Varnița, VN
- Valea Mare, DB

## Iași - 10 caravans

- Găiceana, BC
- Plugari, IS
- Oșești, VS
- Crucea, IS
- Poieni Solca, SV
- Stănișești, BC
- Poiana cu Cetate, IS
- Hîlșeu-Horia, BT
- Banca, VS
- Valea Ursului, NT

## Cluj-Napoca - 10 caravans

- Stâna, SM
- Ocna Șugatag, MM
- Spermezeu, BN
- Vadu Crișului, BH
- Muntele Rece, CJ
- Roșia Montană, AB
- Homoroad, SM
- Târlîșua, BN
- Măguri, CJ
- Dumbrava, AB



The distribution of the caravans by county.

📍 - community reached by the Caravan.

*The Caravan is a true **sentimental rollercoaster**. It makes me sad to acknowledge the lack of health education in some communities, but at the same time I am happy that there are still people concerned about changing this.*

**Oana Burnaru, president of Dentistry Students' Society Iași**





# HUMAN RESOURCES

The volunteering team has always been the most valuable resource of the Caravan. Medical students work side by side with their older colleagues, helping each other out, all for the benefit of the patient.

## Bucharest

**Medical Doctors** 38

**Students** 26

**Volunteering hours** 1447



## Iași

**Medical Doctors** 89

**Students** 67

**Volunteering hours** 2745



## Cluj-Napoca

**Medical Doctors** 89

**Students** 87

**Volunteering hours** 2422

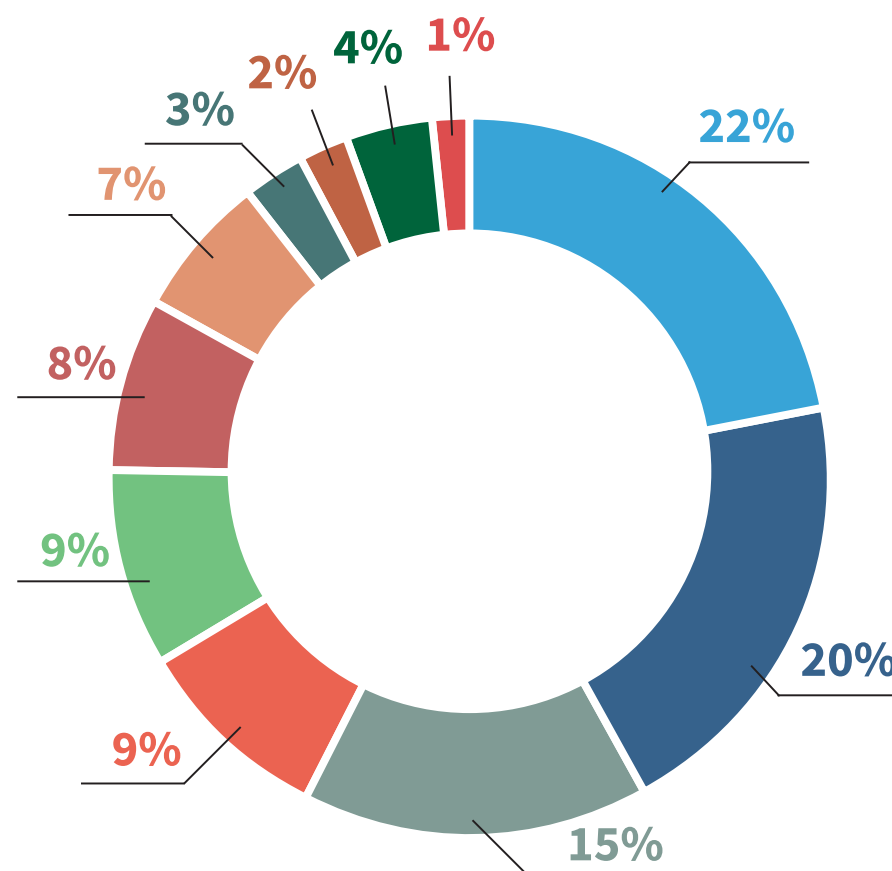
*Working together, we better understood the actual value of your project, which is a great **example** of volunteering and community medicine!*

**Mihnea Samoilă, General Manager PetroMed**





# FINANCES



<div></div> trailer 125.031 lei	<div></div> Iasi Branch budget* 36.000 lei
<div></div> portable ultrasound machine 113.332 lei	<div></div> fuel 15.000 lei
<div></div> salaries 86.980 lei	<div></div> medical supplies (consulting rooms equipment, white coats) 14.000 lei
<div></div> Cluj Branch budget* 51.200 lei	<div></div> services (lawyer, accommodation, accounting, graphic design, website, repairs, insurance) 36.000 lei
<div></div> car 50.094 lei	<div></div> sponsorships (Leaders scholarship, mammograms) 7.941 lei
<div></div> equipment (ophthalmology equipment, spirometer, manikins) 43.416 lei	

**Total** 564.913 lei  
118.561 euro

\* includes all the organizing costs of the branch: fuel, medical supplies, services.





# BENEFICIARIES



## Internal Medicine Caravan

- 919 general consults;
- 749 lab tests performed;
- 656 specialist consult;
- 671 ultrasound examinations.



## Women's Health Caravan

- 462 patients;
- 375 Pap smears performed;
- 372 breast ultrasound exams.



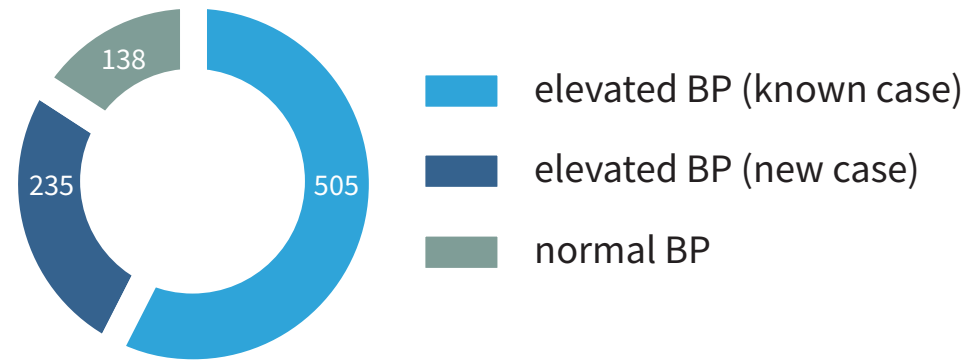
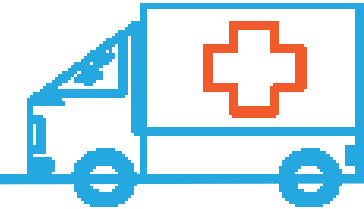
## Children's Caravan

- 1644 children consulted;
- 784 diseases identified;
- 388 dentistry consults;
- 154 ophthalmology consults.

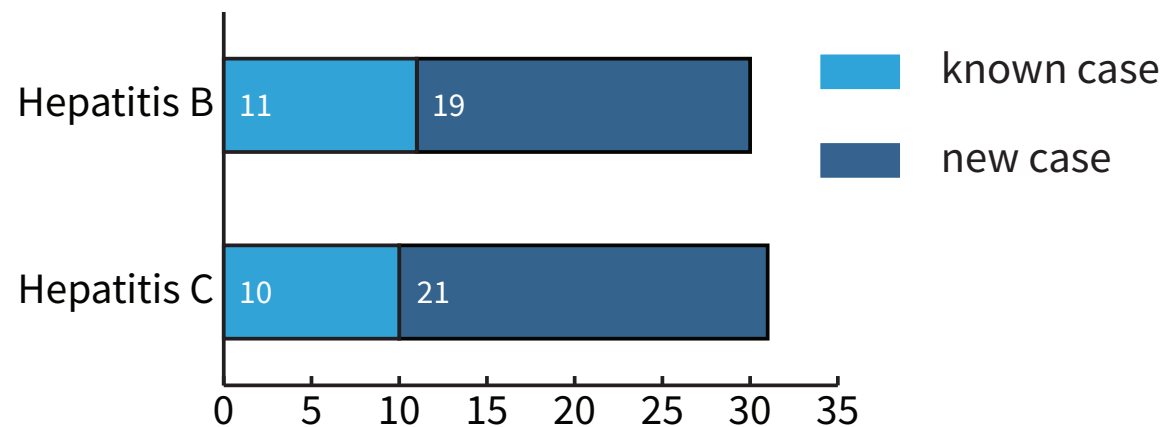
*At first I didn't think that this wonderful team of doctors could answer so promptly to my request.*

**Mirela Sandu, community nurse in Plugari, Iași county**

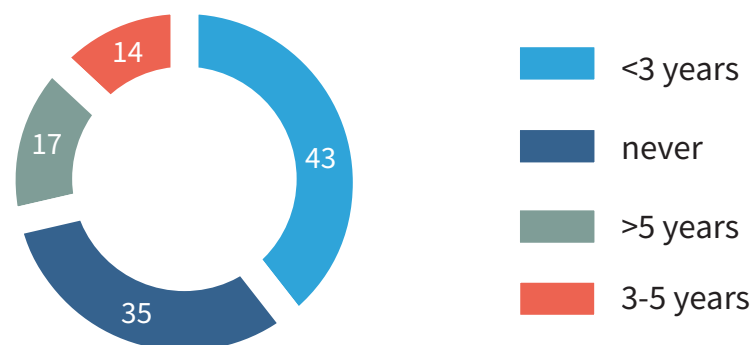
# RESULTS



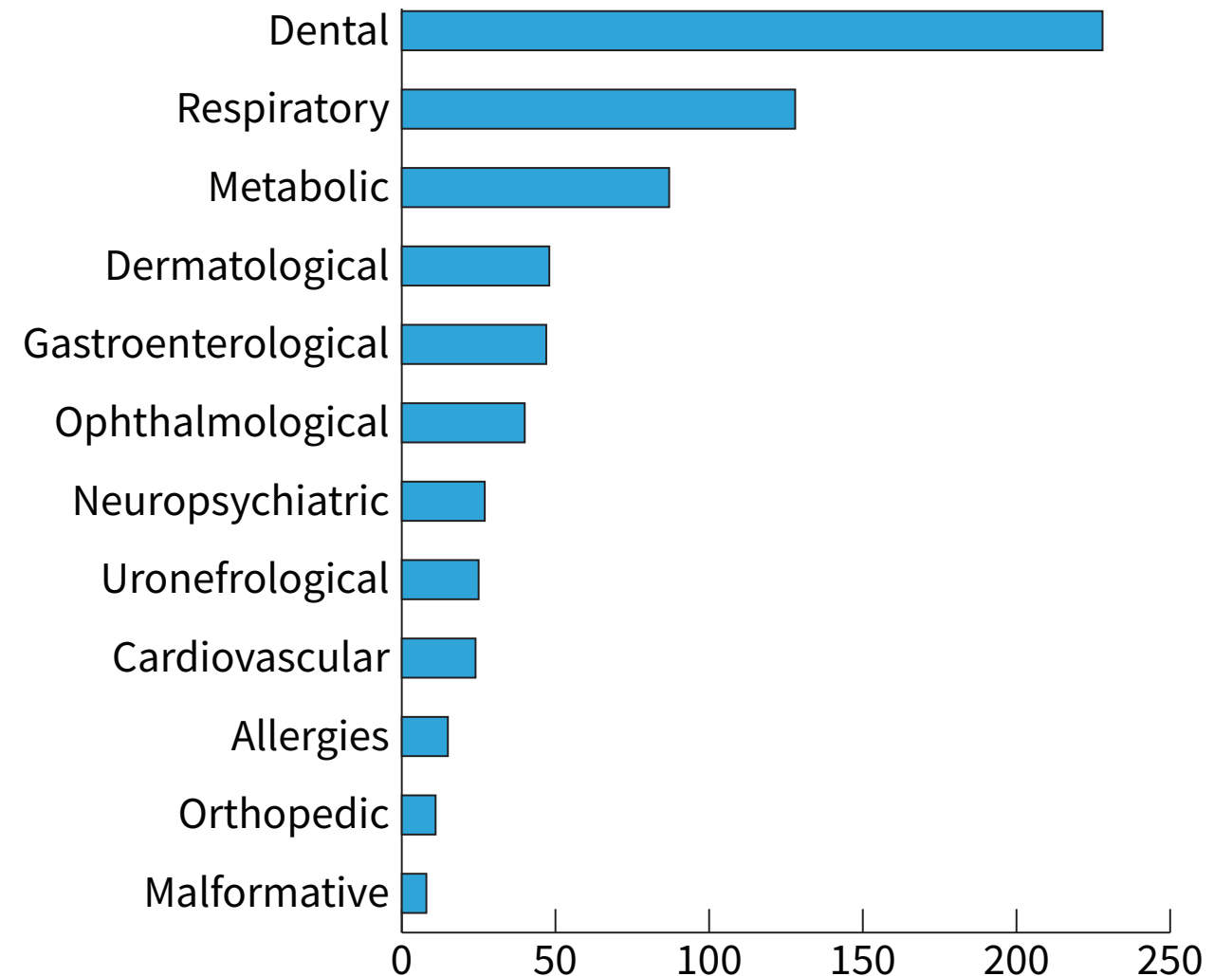
**Patient distribution by blood pressure (BP) values (n=784)**



**Distribution of chronic hepatitis cases (n=61)**



**Patient distribution by last Pap smear (n=109)**



**Main diseases encountered amongst the pediatric patients (n=784)**

*The time period following the caravan is incredible, as you learn to trust yourself and your medical skills. The state of mind that you have after helping so many people doesn't compare to anything.*

**Corina Varlam, Caravana cu Medici Iași volunteer**





# HEALTH EDUCATION

- **Schools** 42
- **Classes taught** 190
- **Beneficiaries** 5145
- **Distance** 5189 km

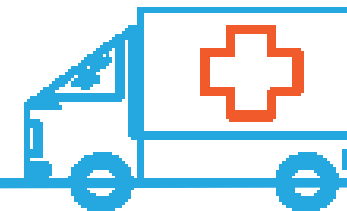
*I believe these kind of activities encourage you to **develop** both as a person and as a doctor and seek **solutions** in the given situations.*

**Alina Elena Nedelcu MD, cardiology resident**





## AWARDS



The awards we received both locally and nationally add up to the gratitude received from our patients, local authorities and volunteers. This gives us the strength to pursue our mission.

- **Partnership for Change Award**  
@2019 People to People Gala
- **Second Place in Health Section**  
@2018 Cluj Youth Gala
- **Second Place in Health Section**  
@2019 Romanian Youth Gala

*We wouldn't have been able to organize the event so quickly and efficiently without the help of the Caravana cu Medici. It was a true **marathon**! Such projects should happen constantly and even become guaranteed by the state.*

**Loredana Pană, project manager for Letea in UNESCO Association**



# ACTIVITIES



When we're not in the Caravan we like to participate in different events and share some of our experience. Below are some examples from 2019.



## MindChain

Our Cluj Branch presented the projects and the future plans of the Caravan.



## Oxford for Romania Alumni Reunion

Mihai shared the story of the Caravan founding member and volunteer with the Oxford for Romania alumni.



## HEART Timișoara

Andreea and Ana presented the Caravana cu Medici project in Timișoara, following that in 2020 the new branch there to start its activity.



## LEADERS Explore Iași Human Library

Diana talked with the students enrolled in the programme about the challenges of establishing the Iași Branch and how volunteering can bring fulfillment in life.



## Car-Free Iași

When downtown Iași became car-free for a day, the Health Education Department held first aid workshops for the passers by.



## Cluj Job Fair

Our Cluj Branch presented the projects and the future plans of the Caravan.





# 2019 IN PICTURES

*A day spent with in the caravan is an investment for the future. It's an invesment in people.*

**Costescu Amelia MD, ob-gyn resident**





# PARTNERS



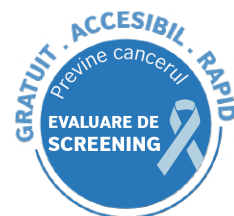
## Main Sponsors



## Local Sponsors



## Technical Partners



## Partener NGOs





**THANK YOU FOR BEING BY  
OUR SIDE IN 2019!**

**CARAVANA CU MEDICI**

