

Jobs in the food industry

VOCABULARY

LEVEL
Lower-intermediate

NUMBER
EN_BE_2241V

LANGUAGE
English





Goals

- Can correctly use simple vocabulary relating to jobs in the food industry.
- Can give my opinion about how eating habits are changing.







Preview and warm-up

In this lesson you are going to learn how to talk about **jobs** in the **food industry**. You are also going to read a text and talk about **processed food**.



Ready meals are really fast and easy to make.

farmer

grower



A **farmer** is a general word for someone who works on the land, growing food or looking after animals. A **grower** is someone who grows food, often vegetables or fruit.



New words

cook

A **cook** prepares and makes food for people to eat.



waiter

A **waiter** brings food to the table for people.





New words

vendor

A **vendor** sells products to people.



factory worker

A **factory worker** works in a factory.



driver

A **driver** drives a vehicle as a job.





What's the difference?

Say what the difference is between these roles



Farmer



Grower



Cook



Waiter



Fill in the gaps

Fill in the gaps with the words below

van

inside

vehicle

supermarkets

outside

1. A driver works in a _____, for example a lorry or a _____.
2. A vendor sells products in _____ or large or small independent shops.
3. Growers and farmers often work _____ on the land and in the fields.
4. Factory workers usually work _____.





Speaking

Ask and answer these questions with your partner



1

Is it popular to be a farmer or a grower where you come from?

2

Would you rather be a cook or a waiter? Why?

3

What kind of vendors do you prefer to buy your food from?
Large supermarkets or small, independent stores?



New words

production

Food **production** usually happens on a farm.

processing

Food **processing** usually happens in a factory.

packaging

Most food has a lot of **packaging**.

distribution

Drivers work in the **distribution** of food.



Sentences



Farmers and growers work in food **production**.

Factory workers work in food **processing**.



Packaging is used to protect food.

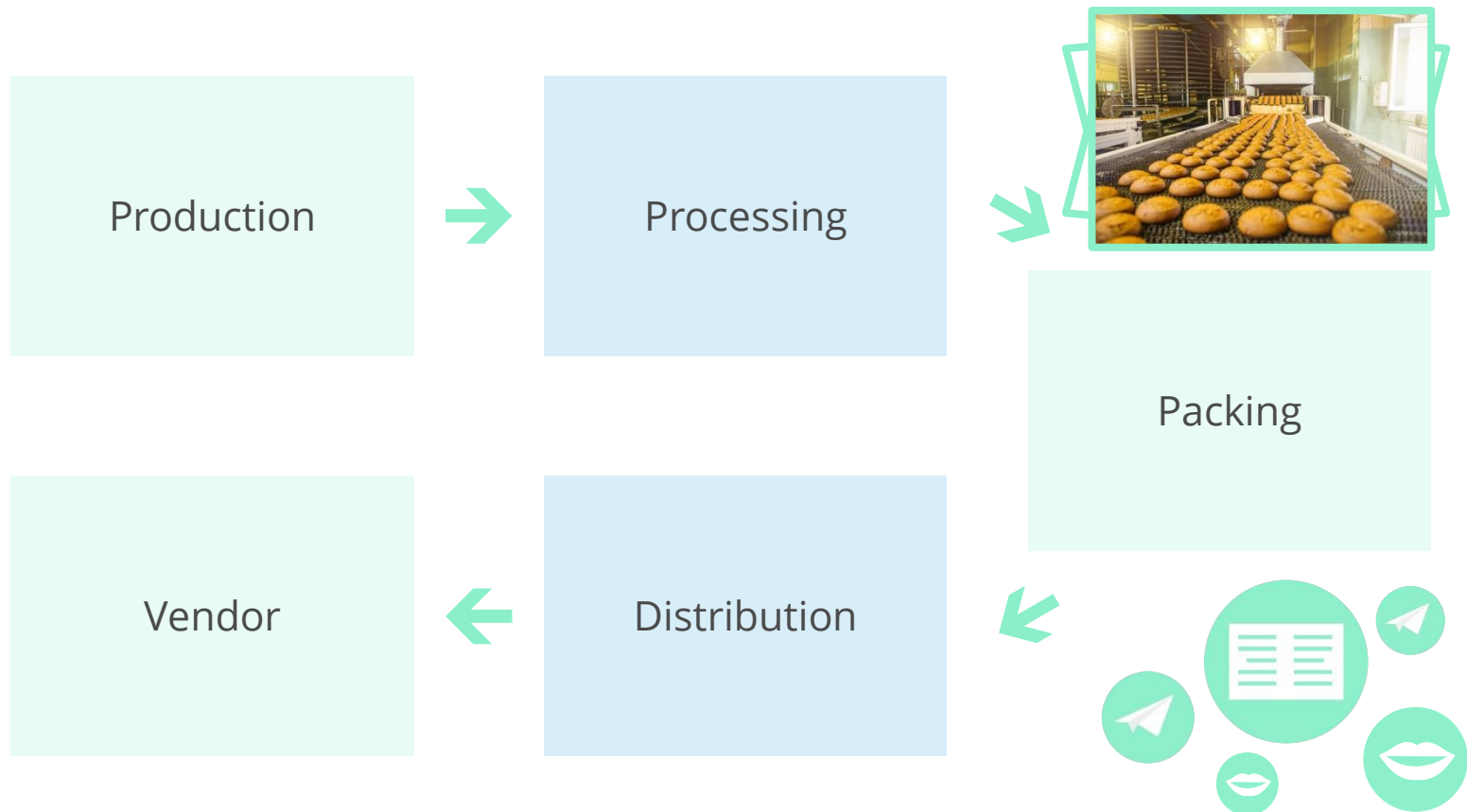
Distribution of fresh food should happen quickly.





How does our food reach us?

Look at the sequence below which shows how our food gets to us





Where do these jobs usually happen? Can you give an example?

Food production

Food processing

Food packing

Food distribution



Packaging

What food products have a lot of **packaging**?

Which food products can **vendors** sell **without packaging**?





New words

retail

Retail means selling products to the public, like in a supermarket.



restaurant

In a **restaurant**, people buy and eat food that someone else prepares.



restaurant preparation

home preparation

If a restaurant makes food for people, this is **restaurant preparation**.
If people make food at home, this is **home preparation**.



With **restaurant preparation** chefs make the food quickly.



With **home preparation**, people know what is in their food.

consumers

Consumers are people who buy things.



A **consumer** visits shops to buy products they need.

processed food

ready meals

Processed food is prepared in a special way, often so it lasts longer.
Ready meals are prepared meals that are ready to eat at home.



Processed food and **ready meals** are not as healthy as fresh food.



Vocabulary

Say what you can see in each picture. Use the words from the previous slides



preparation



processed



Speaking

Think back to how your grandparents ate. How were their eating habits different? Do you think you are healthier or unhealthier?





Processed cheese

Cheese is often **processed** and we find it in supermarkets cut into slices, or as spreads for sandwiches. In the USA, you can even buy spray cheese in a can!

But this processed cheese is often actually only about 50% cheese. Other things are then added to the cheese such as **salt** and **sugar** to make it taste better; **food colouring** to make it more orange or yellow; and **preservatives** to make the cheese last longer.





Processed cheese

There are some benefits of processed cheese. It is better for **melting** than natural cheese, so it is great for cheese on toast. Processed cheese also **lasts longer** and some kinds don't need to be stored in the fridge so it is easier and cheaper for vendors and consumers to keep.

But, processed cheese often has a lot of **packaging** and it also contains a lot of fat, salt and sugar which are bad for our health.





Vocabulary

Do you remember these words from the text?





Speaking

**Do you eat
processed cheese?**

**What are some
problems with
processed cheese?**

**What are the
benefits of
processed
cheese?**

**What other
processed foods do
you eat?**



Speaking

Discuss the pros and cons of processed food with your classmates.

Packaging and
the environment



Easier to store
and use

Unhealthy



Cheaper



Game

- Which of the jobs from this lesson do you think your teacher or your classmates would like to have? Can you guess correctly?





Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

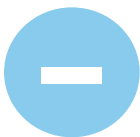
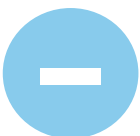
no





Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



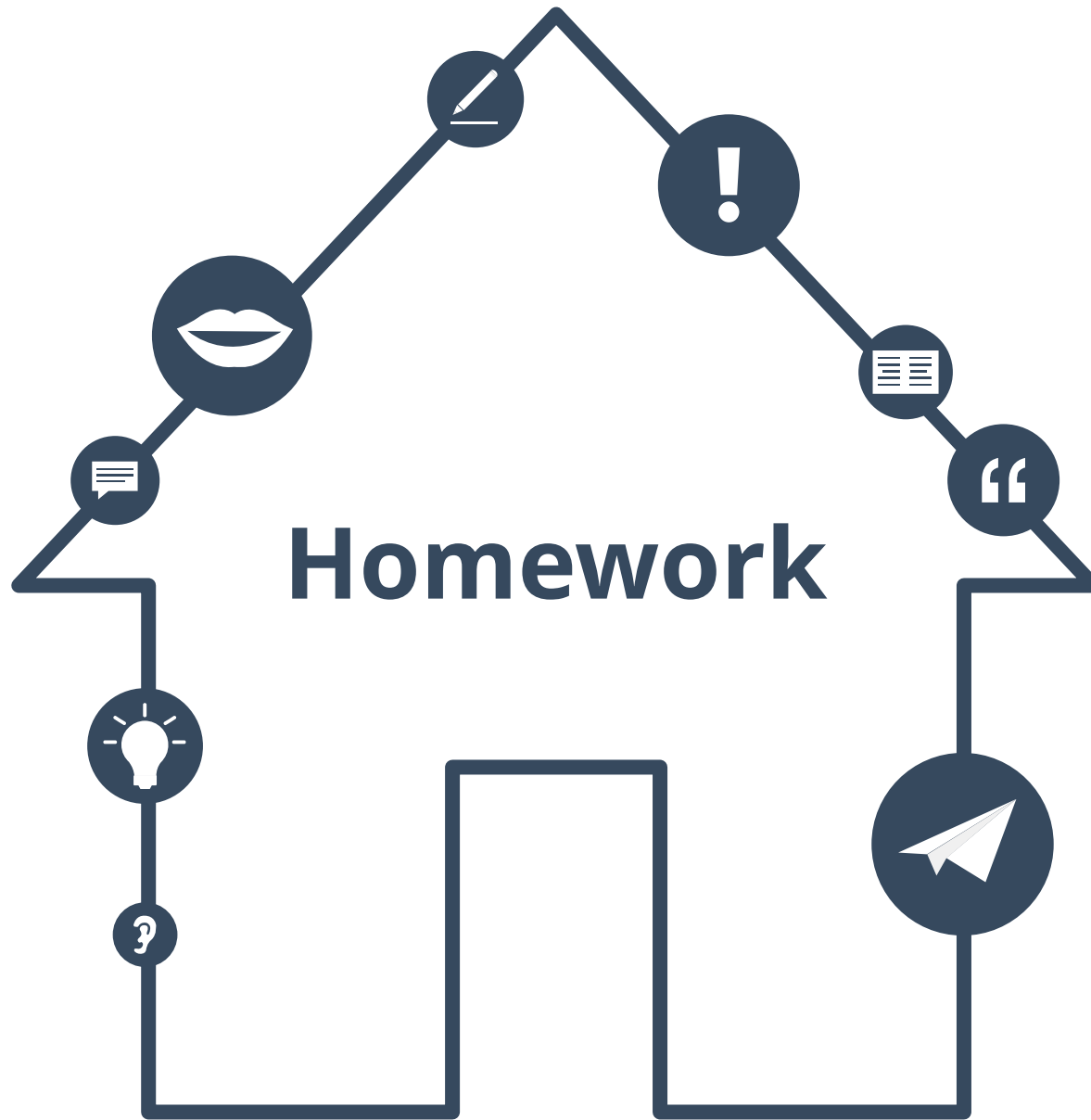
If you have time, go over
the most difficult slides again



Answer key

Exercise p. 9

1. vehicle, van, 2. supermarkets, 3. outside, 4. inside





Processed food

Read through this text about a processed food.

Ketchup is a **processed food**. It is made from tomatoes of course, and tomatoes are healthy. But there are lots of other ingredients in ketchup too. Vinegar is added as a **preservative** to make the ketchup **last longer**. **Salt** is added for flavour, and lots of **sugar** is added as well. So ketchup isn't very healthy at all really. **Food colouring** is not usually used in ketchup because the tomatoes give it a red colour anyway.

Now complete the task on the next page.



Writing

Choose another popular type of processed food and write a short text about it. How is it processed and why? What are the benefits?

preservatives

last longer

salt

food colouring

packaging

cheaper





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