

SPEAKING

Real conversation

LEVEL

Elementary (A2)

NUMBER

EN_A2_2132S

LANGUAGE

English



Learning outcomes

- I can distinguish between adverbs of frequency and adverbs of manner.
- I can give a simple opinion on pet ownership and healthy lifestyles.



Warm-up

**How often do you
check your email per
day?**

**Share your answer with the
rest of the class!**





Adverbs of frequency and manner

Review the words below.





How often?



I **always** take my dog for a walk twice a day.

I **usually** exercise three times a week.



I **sometimes** go to the gym, but I prefer exercising outdoors.

I **rarely** eat fast food or sugar to help maintain a balanced diet.





Adverbs



I've **never** seen a tiger in the wild.

It's important for zoos to treat their animals **well**.



Cheetahs can run very **quickly**!

Some animals hunt their prey **ruthlessly**.



Adverbs of frequency

Adverbs of frequency tell us **how often** something happens.

Review the examples below.

never	sometimes	always
I never drink coffee at night.	I sometimes drink coffee in the afternoon.	I always drink coffee in the morning.
I never eat fast food.	I sometimes eat out for lunch.	I always eat five portions of fruit and vegetables.
Children never like broccoli.	Children sometimes like fruit.	Children always love playing.



More examples of adverbs of frequency are **often, usually, occasionally, rarely, and hardly ever.**



Adverbs of manner

1. **Read** the sentences.
2. Then **review** the information in the blue box below.

She drives **carefully**.

We get dressed **quickly**.

She opens her present **happily**.

- **Adverbs of manner** tell us how something is done.



Categorise

Categorise the words into one of the two pink boxes.

1

usually

2

well

3

quickly

4

sometimes

5

rarely

6

never

7

slowly

8

easily

9

often

10

quietly

frequency

manner



Talk about your lifestyle

1. **Read** the words below.
2. Then describe your lifestyle, **making** a sentence with each word.

always

sometimes

rarely

never





Adverbs of manner

1. **Use** the adverbs of manner to describe how you do something.
2. **Share** your answer in breakout rooms or together as a class.

beautifully

slowly

quickly

happily

angrily

carefully



The animal kingdom

Review the words and phrases below.





Pets and animals



Have you got any **pets**? I've got two dogs, a cat, and three fish.

They're easy **to look after** and I really enjoy their company.



I **feed** the fish once a day and the cat and dogs twice or more!

Mammals have warm blood and feed milk to their young.



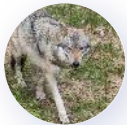


The animal kingdom



A **predator** is an animal that survives by killing and eating other animals.

Predators **hunt** their prey ruthlessly.



A **wolf** is an example of a ruthless predator.

An **amphibian** has cold blood and lays eggs to give birth.





Discuss

Answer the questions below.

**Have you got any pets?
If not, would you like
any?**

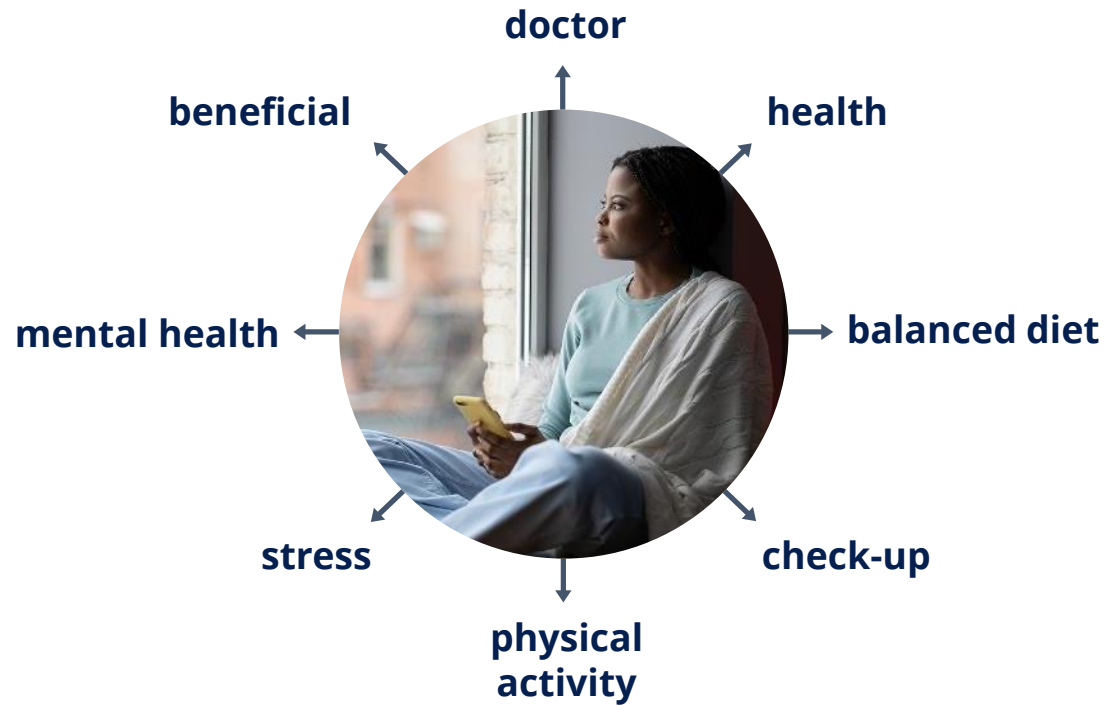


**What is your favourite
animal? Why?**



Health and fitness

Review the words and phrases below.





A healthy lifestyle



When was the last time you went to the **doctor**?

As the saying goes: your **health** is your wealth.



You should have a **balanced diet** to stay healthy.

How often do you get a medical **check-up**?





A healthy lifestyle



Regular **physical activity** will help you to stay in shape.

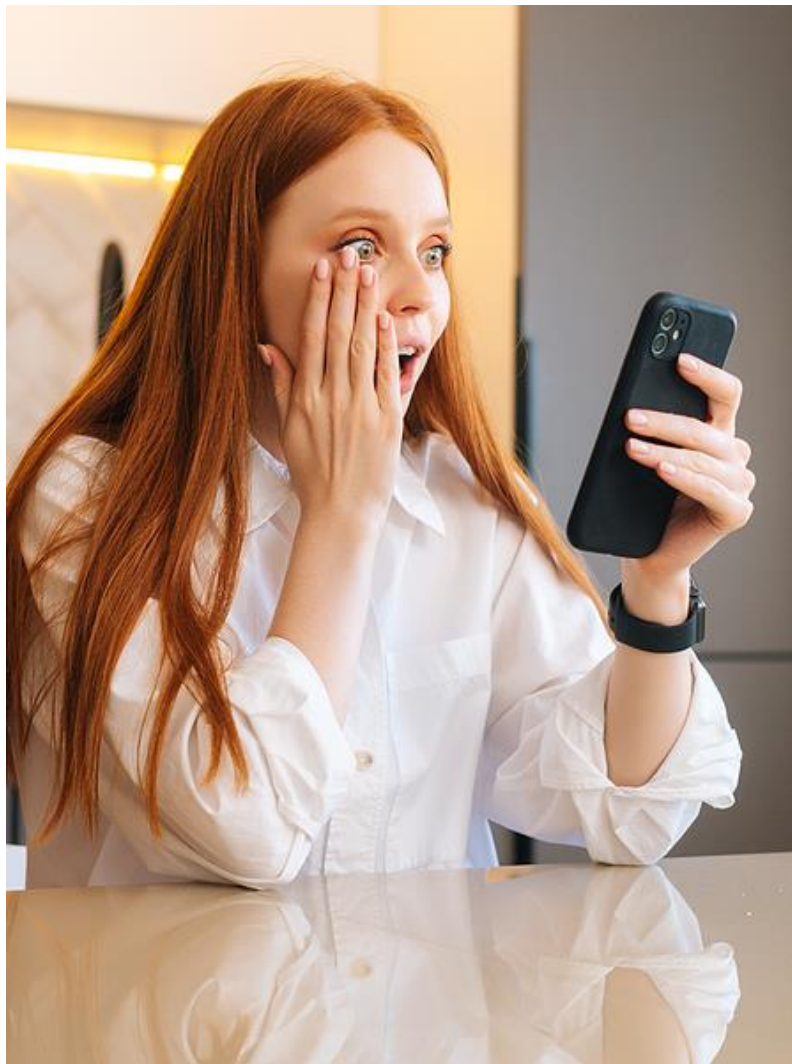
You should avoid **stress** and try to do something relaxing once a day.



Your **mental health** is just as important as your physical health.

Exercise, a healthy diet and a healthy social life are **beneficial** to your overall well-being.





I used to **doomscroll** a lot. Now I try to read a book instead of checking my phone.

If you **doomscroll**, you read a lot of bad news on social media.



Discuss

Answer the questions below.

What can we do to look after our physical health?



What can we do to look after our mental health?

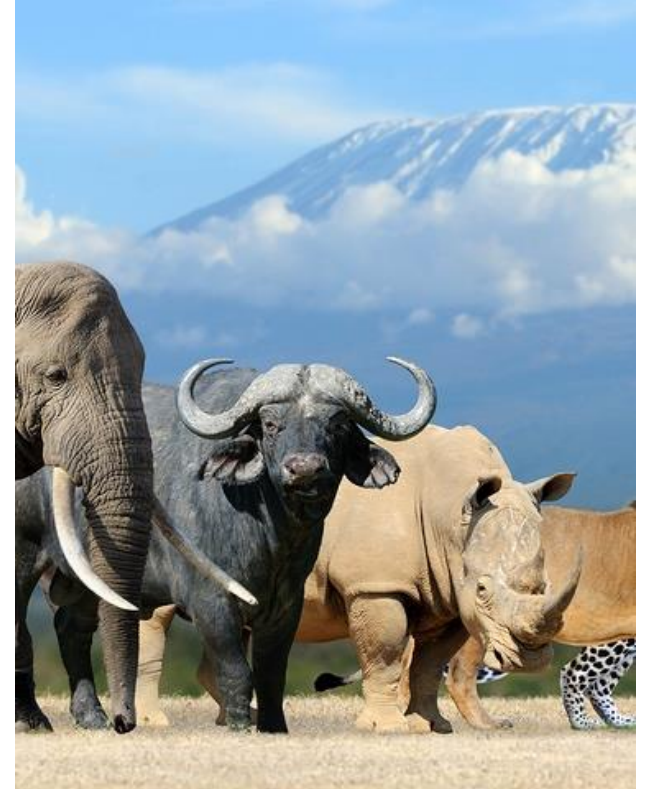
Animal alphabet game

**Take turns with your
classmates thinking of an
animal for each letter of
the alphabet!**

A is for alligator.

B is for bear.

C is for...





End of the lesson

Idiom

mixed feelings

Meaning: feeling happy and unhappy about something at the same time

Example: I had mixed feelings about leaving my job and starting a new one.



Additional practice



Matching



1 How often...

2 I usually go...

3 I have...

4 Mammals are...

5 Amphibians are...

6 I have a ...

7 What's the...

a ...to the gym twice a week.

b ...sore neck.

c ...animals with warm blood.

d ...do you exercise?

e ...matter?

f ...never seen an elephant.

g ...animals with cold blood.





Brainstorm

Complete the prompt in the yellow box below.

Brainstorm body parts with your classmates.

Can you think of an illness or injury related to each body part?



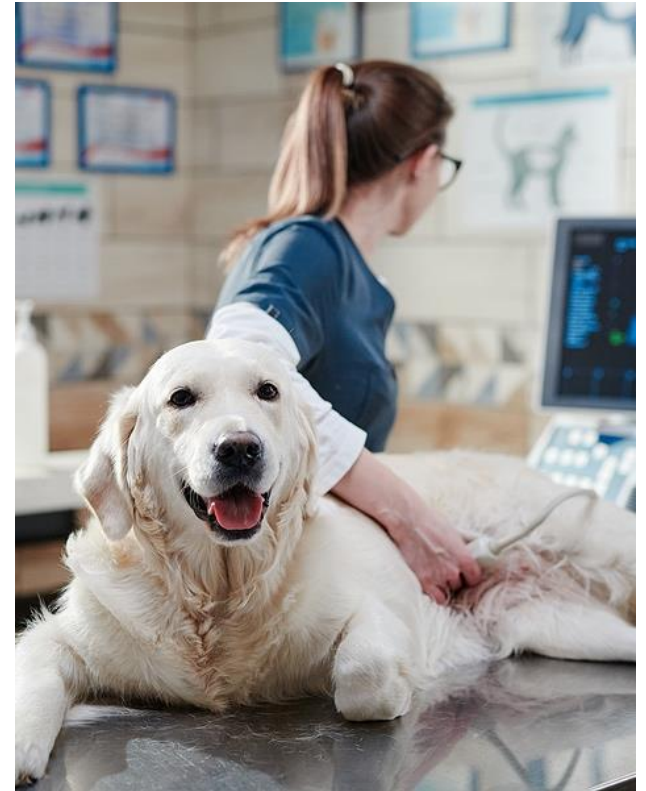


Discuss

Answer the questions below.

**What do you think
are the benefits of
having a pet?**

Are there any downsides?





Answer key

P.9:

frequency: 1, 4, 5, 6, 9

manner: 2, 3, 7, 8, 10

P.25: 1.) d 2.) a 3.) f 4.) c 5.) g 6.) b 7.) e



Summary

Adverbs of frequency:

- **Adverbs of frequency** tell us **how often** something happens.
- *always; usually; sometimes; rarely; never*
- *I **never** drink coffee at night.; I **sometimes** drink coffee in the afternoon.; I **always** drink coffee in the morning.*

Adverbs of manner:

- **Adverbs of manner** tell us **how something is done**.
- *well; quickly; ruthlessly*
- *She drives **carefully**.; We get dressed **quickly**.; She opens her present **happily**.*

Talking about pet ownership:

- Using vocabulary in context to give your opinion.
- *pet; to look after; to feed; mammal; predator; to hunt; wolf; amphibian*
- *A **wolf** is an example of a ruthless predator.*

Talking about healthy lifestyles:

- Using vocabulary in context to give your opinion.
- *doctor; health; balanced diet; check-up; physical activity; stress; mental health; beneficial*
- *Regular **physical activity** will help you to stay in shape.*



Vocabulary

pet

to look after

to feed

mammal

predator

to hunt

wolf

amphibian

doctor

health

balanced diet

check-up

physical activity

stress

mental health

beneficial

