

COMMUNICATION

I feel great!

LEVEL

Beginner (A1)

NUMBER

EN_A1_2062X

LANGUAGE

English



Learning outcomes

- I can describe how I'm feeling using basic adjectives.
- I can talk about how other people are feeling using 'to seem', 'to look' and 'to think'.



How **do you feel** today?





I feel great!

happy



I am smiling because I am
happy.

sad



I feel **sad.**



I feel great!

to live

to move

to breathe



We are a family. We **live** together.

I feel happy when I **move** my body.

They are **breathing** deeply.



How do you feel?



Are you **happy** or **sad**?

We are **happy** because we love learning.



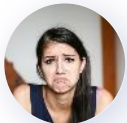


How do you feel?



Breathe in and **breathe** out.

We feel **happy** because it is a sunny day.



We all feel **sad** sometimes.

You have to **move** several body parts at the same time to swim.





Match the sentences to the pictures

1



2



3



4



a We live together.

b She feels sad.

c I am moving my body!

d He feels happy.



Match the sentences

1 I am not ill.

2 I have no friends.

3 I didn't sleep very well.

4 Last week I was ill.

5 I live with my best friends.

a I feel tired.

b I am healthy.

c Now I feel better.

d We are really happy.

e I feel sad.



Your feelings

Write a sentence with each verb in the pink box.

to feel
to breathe
to move
to live





Talking about emotions

- When we talk about **emotions**, we use the verb ***to feel***, followed by the **adjective**.

Pronoun

Verb + adjective

I

feel angry today.

He

feels happy when he swims.

She

is feeling ill today.



Family

Read the text and fill in the gaps.

This is my sister and me. In this picture we are very _____. Sometimes when I _____ sad, my sister _____ me feel better. We really _____ each other!



makes

feel

happy

love



I feel great!

to run



They are **running** together.

worried



I am **worried** about the future.



I feel great!

tired



I can't believe it's
time to wake up
already! I still feel so
tired.

angry



Usually I am happy,
but sometimes I feel
angry.

excited



She is **excited** about
the weekend!



How do you feel?



She is **worried** about something.

She looks very **tired**.





Everything will be okay. Don't be such a **worrywart**!

A **worrywart** is a person who worries a lot.



How do you feel?



I love to **run** in the morning.

Today I feel **angry**, not **happy**.



I am **excited** to see you!

I hate feeling **tired**.





Categorise the words



1

breathe

2

run

3

tired

4

happy

5

excited

6

move

7

angry

8

sad

Verbs

Feelings

How do you feel when you are ill?

weak

happy

angry

sad

excited

unwell

healthy

unhealthy

worried



Your feelings

Look at the adjectives in the boxes. What makes you feel this way?

Discuss in breakout rooms or together as a class.



tired

happy

sad

angry

excited

worried

ill

scared

great



Your feelings

Write a sentence with each verb in the pink box.

to run
to worry
to laugh
to sleep





Talking about how other people feel

You can use the verbs *seem*, *look* and *think* to say how you think other people feel.

1



He **seems** sad.

2



He **looks** happy.

3



I **think** she is excited about something.

4



They **seem** angry.



How are they feeling?

Talk with a partner about how each person is feeling and why.

1



2



3



4



5



I think she is feeling sad
because...



End of the lesson

Idiom

go under the knife

Meaning: to have surgery

Example: He went to the hospital to go under the knife.



Additional practice



Match the words to the pictures

1



2



3



4



5



6

**a** angry**b** worried**c** tired**d** excited**e** happy**f** sad



Fill in the gaps

I love running, it's my favourite hobby. Running makes me _____, so when I feel angry or _____, I go for a run and then I feel _____.

I am _____ a marathon next week and I am very _____!



sad

better

running

happy

excited



About you

Complete the sentences. **Say** what you do when you feel these emotions.

1 When I feel tired, I go to sleep.

2 When I feel excited, I...

3 When I feel angry, I...

4 When I feel worried, I...

5 When I feel happy, I...



Their feelings

How are they feeling and why?





Answer key

P.8: 1) d, 2) c, 3) a, 4) b

P.9: 1) b, 2) e, 3) a, 4) b, 5) d

P.18: Verbs: breathe, run, move. Feelings: tired, happy, excited, angry, sad



Answer key



P.27: 1) f, 2) d, 3) e, 4) a, 5) b, 6) c

P.28: happy, sad, better, running, excited



Summary

Vocabulary to talk about feelings:

- *happy, sad, worried, tired, angry, excited*

Talking about emotions:

- When we talk about **emotions**, we use the verb **to feel**, followed by the **adjective**.
- *I feel angry today.*

Talking about how other people feel:

- Using the verbs **seem**, **look** and **think**
- *He seems sad.*

Verbs to talk about health and happiness:

- *to live, to move to breathe, to run*



Vocabulary

happy

sad

to live

to move

to breathe

to run

worried

tired

angry

excited

