

SPEAKING

A conversation about sports

LEVEL

Elementary (A2)

NUMBER

EN_A2_1104S

LANGUAGE

English



Learning outcomes

- I can talk about sports I like to play and sports I like to watch.
- I can give advice on how to lead a healthy lifestyle.





Focus on pronunciation

must



Focus on pronunciation

must

must not



Focus on pronunciation

must

must not

mustn't



Focus on pronunciation

must

must not

mustn't

Practise saying the **full** and **contracted** forms.



Focus on pronunciation

should



Focus on pronunciation

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Focus on pronunciation

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Focus on pronunciation

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Practise saying the **full** and **contracted** forms.



Name the sports

1



2



a rugby

b tennis

3



4



c cycling

d swimming

5



6



e basketball

f table tennis



Interview a partner

Ask and **answer** in breakout rooms or together as a class.

Do you prefer playing... to...?

I prefer playing... because....

1



4



2



5



3





**Do you have a
favourite sport?**

Why is it your favourite?





Pick a card

Which sports do you enjoy watching?



Do you support any sports teams?

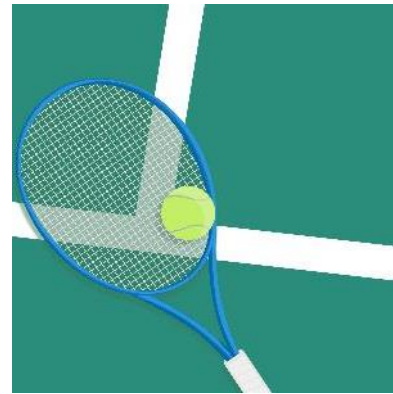
What was the last sporting event you watched?



Discuss

Which of these sports are popular in your country?

Who are some famous players?





Discuss

**Can you name any
winter sports?**



**Which have you
done before?**

**Would you like to try
any of them?**

Fill in the gaps

You _____ be a professional athlete to lead a healthy lifestyle! Experts say every adult _____ do at least 30 minutes of physical activity every day. The activity _____ be something that gets you out of breath, like running, swimming or cycling. Alcohol is fine in moderation. However, we _____ drink more than 14 units of alcohol per week. It's important to remember that people who are pregnant _____ consume any alcohol at all, as it may harm the baby.



mustn't

should

don't have to

shouldn't

must



14 units = 6 pints of beer
or 6 glasses of wine!



An activity that **gets you out of breath!**

If you feel **out of breath**, it's hard for you to breathe!

What's an activity that **gets you out of breath?**



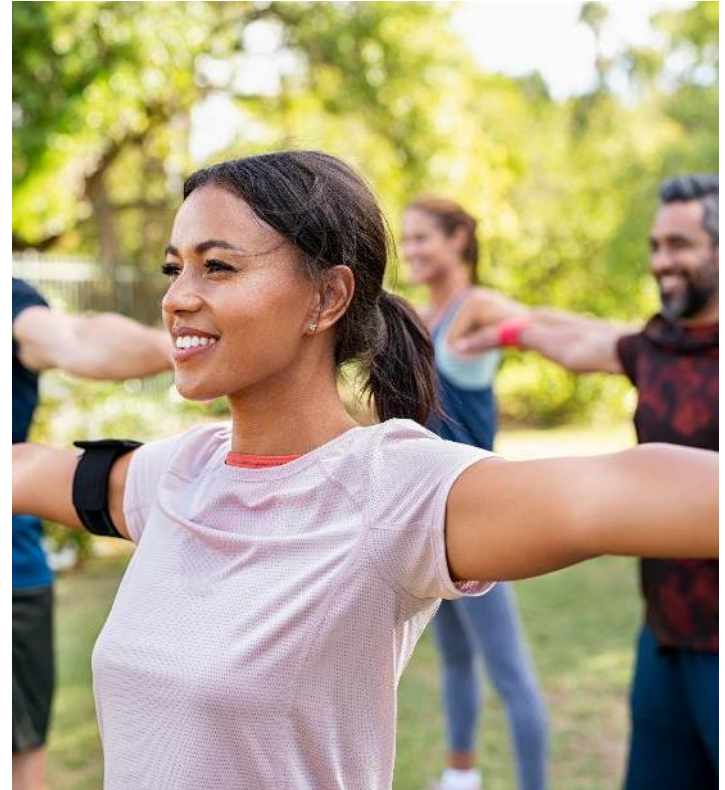
Give some advice

Imagine a friend of yours wants to lead a healthier lifestyle.

1 You have to...

2 You really should...

3 You shouldn't...





What should I do if I want to...

...eat healthier?



... find a sport I like?



Game time

**Describe a sport
without saying
its name!**

**Can your classmates guess
which sport it is?**





End of the lesson

Idiom

a ball of energy

Meaning: a person who is full of energy and enthusiasm

Example: I'm always **a ball of energy** just before I go for a run!



Additional practice



Match the sentences

1 In baseball, the pitcher throws the ball...

2 In volleyball, one players stops...

3 In football, the players kick the ball...

4 In badminton, you hit the shuttlecock...

5 In table tennis, you hit the ball...

6 In golf, you hit the ball...

a with a racket.

b and the catcher catches the ball.

c with a club.

d the ball from going over the net.

e with a paddle.

f with their feet.



Choose a sport

Explain the rules. Then, **say** what a good player should do or be like.



1

Football

In football, you have to kick the ball...



2

Basketball



3

Volleyball

A good football player should be fast...



4

Table tennis



Discuss

Choose a pair of red and yellow questions. **Ask** a classmate.



Which sports do you not like?

Why don't you like them?

Who is biggest sports fan you know?

Which sports do they like?



Answer key

P. 11: 1. e, 2. d, 3. a, 4. b, 5. f, 6. c

P. 17: 1. don't have to.

2. should

3. must

4. shouldn't

5. mustn't

P. 25: 1. b, 2. d, 3. f, 4. a, 5. e, 6. c



Summary

Sports

- *rugby; tennis; cycling; swimming; table tennis*
- *volleyball; baseball; basketball*

Giving advice

- Use **have to** for **strong obligations** → *You **have to** eat a balanced diet.*
- Use **should** for **mild obligations** or **advice** → *You **should** get 30 minutes of exercise each day.*
- Use **shouldn't** to say what's **a bad idea** → *You **shouldn't** smoke.*



Vocabulary

rugby

tennis

cycling

swimming

basketball

table tennis

