



lingoda

Sustainability

SPEAKING

LEVEL
Advanced

NUMBER
C1_3018S_EN

LANGUAGE
English

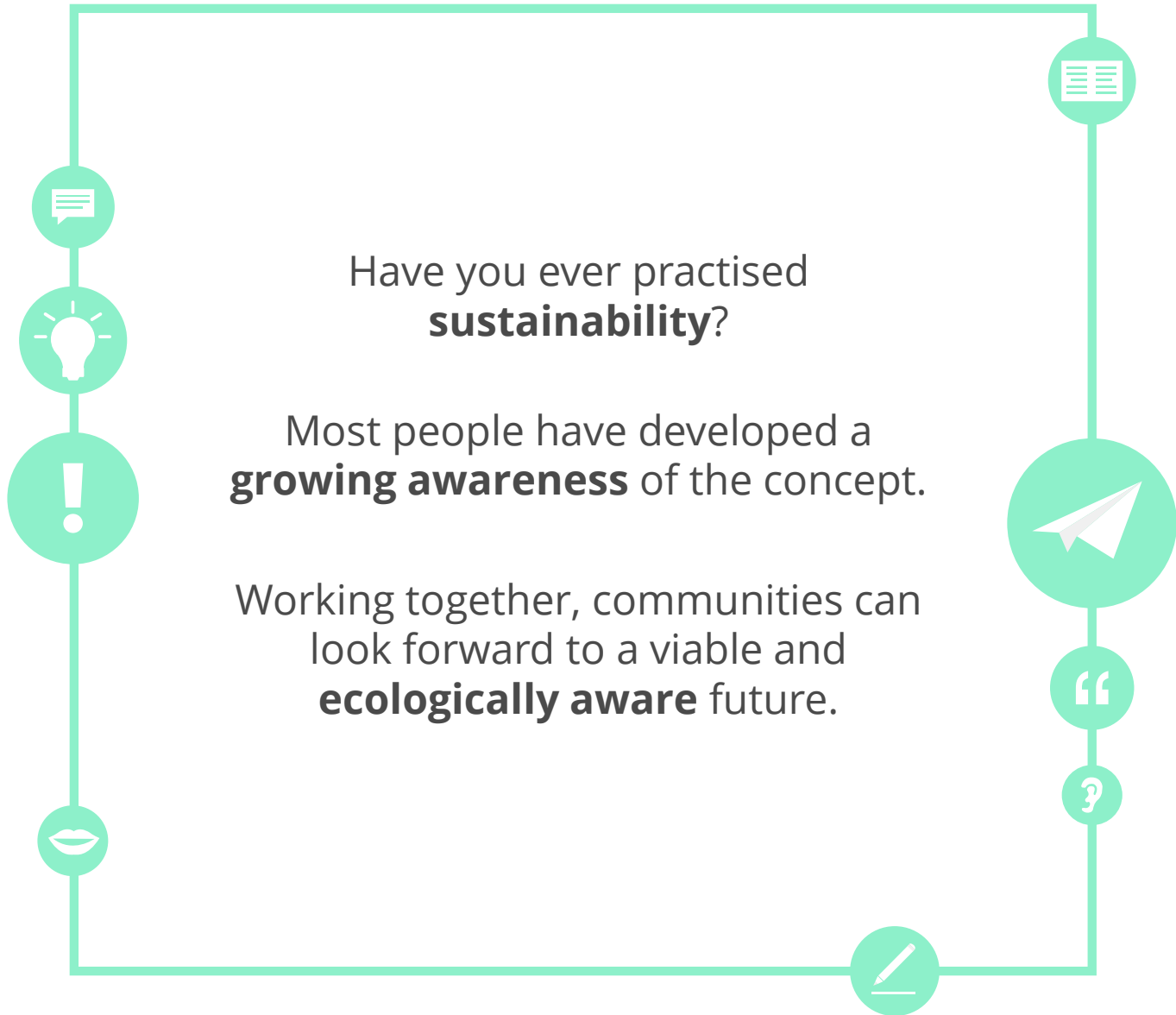




Goals

- Can read, listen to and understand a complex text about sustainability.
- Can evaluate how sustainable my own lifestyle is and how it could be improved within the community I live.







Recycling

Does your community practise recycling? Why is recycling considered so important? Talk to your teacher.





Talk to your teacher

Recycling is one activity that can support a sustainable and healthy future. Talk to your teacher about some other ways you can practise sustainability in your everyday life.



Electricity



Shopping



Diet



Travel



Big question

**How would you
define the term
sustainability?**

sustainability

The term **sustainability** comes from the verb **to sustain**, which means continuing or maintaining something for a period of time. When we talk about **sustainability**, we are referring to living in such a way that does not damage the environment, and finding methods of doing things that can be **sustained** for long periods of time.



Using solar power to heat our homes is far more **sustainable** than oil!



Sustainability



When we talk about **sustainability**, we are really talking about our grandchildren, their children and **successive** generations living on the planet Earth. Living sustainably is practising awareness of the quality of life for future generations and the environment in which they will live.

Sustainability is a complex topic that covers many disciplines, but at its essence is a mindset we can adopt in our day-to-day lives.



Sustainability

Currently the world is consuming resources in an **unsustainable** way. Our lifestyles are urban and largely **consumerist**: we expend a lot of natural resources each day. Those of us living in the developed Western world consume more than those living rurally, or in developing nations. The **ethos** behind sustainability is that to survive and thrive as a species we need to sharply reduce the amount we consume per person. Rather than simply cutting back on our levels of consumption, sustainability aims at changing the way we do things as a society and as individuals.





Sustainability

With such **stark** choices facing our society, what is the best way forward? Spurred on by economic **rationalism** and a hunger for growth, countries uniformly measure their annual growth as Gross Domestic Product. Is it wise to value growth over development?





New words

consumerist

Saving the planet is a matter of curbing our **consumerist** tendencies.

successive

My favourite football team just won for the third **successive** year!

stark

The **stark** reality we have to face now is that people are not recycling plastics enough.

ethos

I admired his practical, no-nonsense **ethos**.

rationalism

Rationalism refers to a view that relies on logic and reason for its legitimacy.



He was a believer in **rationalism** and reason.



Vocabulary

What were these phrases referring to in the article? Explain your answers to the teacher.





Discuss

“Those of us living in the developed Western world consume more than those living rurally, or in developing nations.”

What is it about urban lifestyles that make them less sustainable than others? Discuss with the teacher.



Consumption

Emissions

Wealth

Power use



List

Write a list of activities in your typical day that could be more sustainable. It could even be something as simple as taking a water flask with you rather than buying bottled water.





Daily plan

Good morning! You've just woken up and decided you are going to spend your day being 100% sustainable. Describe your day, and make note of the changes you would make to your normal routine.

Immediately after waking up I...

After my busy morning...

The sun was starting to set...



Get ready to listen



The next few slides will focus on training your listening comprehension



Listening activity

As you listen to your teacher read, fill in the gaps in the sentences below. Turn to the next page for a vocabulary review.

Limiting our _____, or at least recycling, can help lower greenhouse gas _____ produced during disposal. Recycling can also prevent the waste of potentially useful items and limit the pollution caused by _____.

Success stories abound – Portugal recently hit a zero emissions _____ where it was able to meet all of its electricity _____ for four days through the _____ use of renewable power.

Despite these hopeful trends, deeply _____ and powerful interests remain – the oil and coal industries in particular use their _____ clout to lobby and influence politicians and policymakers to the _____ of future generations.

landmark

sole

detriment

requirements

waste

financial

landfill

emissions

entrenched



New vocabulary: check with your teacher

zero emissions

clout

lobby

antiquated

degradation

leaps and bounds



The listening text underlines different obstacles on the path to a sustainable future. It also mentions different positive steps worldwide which show a lot of promise. Categorise the different things the text mentions in the lists below and add your own. Overall, do you think we are moving forwards, standing still, or even moving backwards?

[illegible]

On the one hand...

On the other hand...





Give these people advice on how they could live more sustainably.





Pollution

Imagine you are an influential owner of a coal plant. The local media has been complaining about the smog and air pollution your plant has been contributing to the atmosphere. You are now being interviewed on the local news channel by your teacher about these issues.

Convince your teacher that your plant is important to the community. Be prepared to respond to some tricky questions!



We create many jobs for the community...

Reports of air pollution are exaggerated...

Coal plants like ours are necessary for our energy needs...

precaution

A **precaution** is an action taken by somebody in advance to protect them from risk or danger.



If we follow the correct **precautions** nothing will go wrong.



Talk to your teacher

What are some approaches you can take to promote sustainability in your community?



Install solar panels on your home

Buy local
organic
produce

Talk to local
members of
government

Get involved in
community
groups

Open a
community
garden



Write an action plan

Sustainability goals

Community action plan

One way we plan to make our community more sustainable is...

You and some friends are beginning a community group to help make your town greener and more sustainable. Write an action plan to promote your activities and state what activities you will be working on.



Warm down

What have you learned about sustainability after this lesson?

Are there any habits or practices you think you will alter? Why?



Reflect on the lesson

Take a moment to review any new **vocabulary, phrases, language structures** or **grammar points** you have come across for the first time in this lesson.

Review them with your teacher one more time to make sure you don't forget!



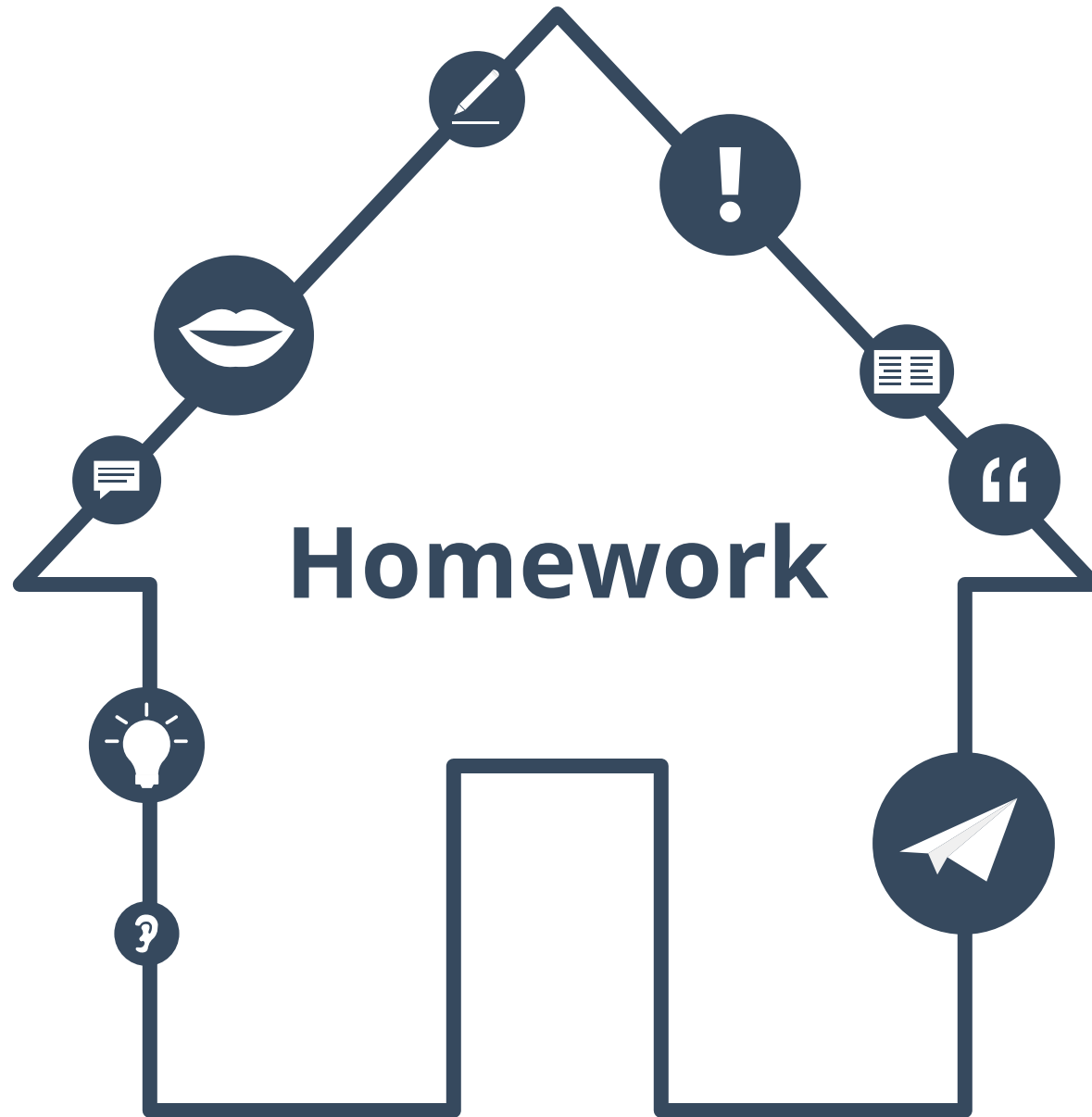


Transcription

The success of the sustainability movement is dependent on the awareness of each individual. There are many things we can do in our day-to-day lives to cut down on our use of energy. Limiting our waste or at least recycling can help lower greenhouse gas emissions produced during disposal. Recycling can also prevent the waste of potentially useful items and limit the pollution caused by landfill.

Another strategy is to adopt more environmentally friendly forms of transport – walking, cycling or using public transport produces less CO₂ in the atmosphere. Governments and companies can also do their part to reduce emissions and waste. Success stories abound – Portugal recently hit a **zero emissions** landmark where it was able to meet all of its electricity requirements for four days through the sole use of renewable power.

Despite these hopeful trends, deeply entrenched and powerful interests remain – the oil and coal industries in particular use their financial **clout** to **lobby** and influence politicians and policymakers to the detriment of future generations. As this **antiquated** outlook is relegated to history, new generations with fresh approaches to sustainability will emerge. Awareness of environmental **degradation** and the impact of human development on our planet has grown by **leaps and bounds** in the last quarter of a century.





Match the sentences

A

Living sustainably is practicing awareness of...

Portugal recently hit a zero emissions landmark where it was able...

Governments and companies can...

Limiting our waste or at least recycling...

The ethos behind sustainability is that, to survive and thrive as a species...

Sustainability aims at changing the way we do...

B

...can help lower greenhouse gas emissions.

...the quality of life for future generations.

...also do their part to reduce emissions and waste.

...things as a society and as individuals.

...to meet all of its electricity requirements for four days through renewable energy alone.

...we need to sharply reduce the amount we consume per person.



Vocabulary review

Write a list of vocabulary from the lesson that you think will be useful when discussing the environment in the future.

A graphic of a spiral-bound notebook with a light gray cover and white pages. The notebook is oriented vertically. On the right page, there is a white sticky note with a torn bottom edge, featuring the text "Useful for environmental discussions" in a black, sans-serif font. Below the sticky note, the word "Zero emissions" is written in a light gray font on the first line of the page. The notebook has a series of small circles along the left edge, representing the spiral binding.



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