

VOCABULARY

I'm hungry

LEVEL

Beginner

NUMBER

EN_A1_1121V

LANGUAGE

English

Learning outcomes

- I can identify common types of food.
- I can form simple sentences in the present tense about eating.



I love to have **salad** for lunch, but
I like **rice, vegetables,** and
potatoes for dinner.





Food

salad



I use lots of vegetables in a
salad.

potato



We like to eat **potatoes** with oil
and salt.

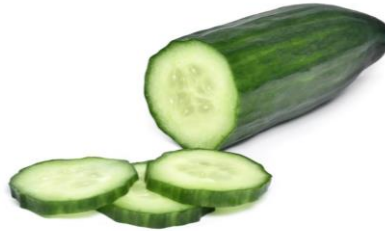
Food

banana



A **banana** is a type of fruit.

cucumber



Cucumbers are long and green.

carrot



Carrots and onions are both vegetables.



Shopping for food



Where are the **cucumbers**?

I need one **potato** and two onions.





Practise new food words



Carrots are tasty in a **salad**.

I love **cucumbers** and tomatoes.



I eat one **banana** for breakfast.

I like to eat one **potato** at dinner.



Unscramble the sentence





Unscramble the sentence

cucumbers?

and

tomatoes

like

Do

you



Unscramble the sentence

bananas

breakfast?

Do

for

you

eat



Match the sentence

1 A banana...

2 Carrots...

3 A potato...

4 A salad...

a are orange.

b has lots of vegetables.

c is a fruit.

d is brown.



Adjectives for food

tasty



When something tastes good, it is **tasty**.

fresh



Fruit and vegetables taste best when they are **fresh**.

healthy



A salad is a **healthy** meal.



Food

lasagne



Lasagne is made with meat, cheese, and vegetables.

rice



Rice is an easy meal.



Food and drink

water



We need to drink
water.

soup



I like **soup** with
vegetables and
bread.

to be hungry



She is eating
because she **is**
hungry.



Talking about food



When I am **hungry**, I like to eat soup.

I cook **rice** with hot water.





Food habits



I drink lots of **water** every day.

Bananas and apples are good for breakfast.



I eat a **salad** and a baked **potato** for lunch.

Mike makes **lasagne** for dinner.



Put the food in the right list

water

banana

meat

apple

potato

soup

onion

oil

carrot

rice

orange

cheese

fruit

vegetable

other



Food quiz

Name the food!

1



2



3



4





Brainstorm

You can do this activity **in breakout rooms**.
Do you put the same things in your salad as your classmates?

What do you put in a salad?



Food

pizza



Pizza is made with cheese and tomatoes.

hamburger



Do you like cheese on **hamburgers**?

Food

seafood



Fish is a type of **seafood**.

pastry



Pastries are a sweet breakfast food.

pasta



This **pasta** has no sauce.



Likes and dislikes



We like meat and **seafood**.

She prefers **salad** and **rice**.





When do you do that?



Hamburgers are made with meat and bread.

He likes his **soup** with bread.



Pasta is my favourite Italian food.

I eat a **pastry** and some fruit for breakfast.



What do they eat in your country?

potato
meat vegetables
fruit seafood
carrot dairy
bread chips
salad



Practise using new words

What do you buy at the supermarket?

sugar

oil

tomato

banana

chips

fish

pizza

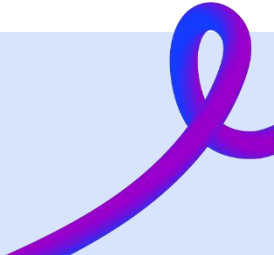
potato

cucumber





Make a list of food to buy, and read it to your classmate!





End of the lesson

Idiom

To be hungry as a wolf

Meaning: to be very hungry

Example: Our toddler is hungry as a wolf. He is always looking for something to eat.



Additional practice



Which word does not belong? Why?

onion

potato

carrot

milk



Match the sentences



1 I am...

2 She eats bread and jam...

3 I like fruit, like apples and...

4 I don't like seafood like...

5 We like food cooked, not...

6 You...

7 Rice...

a every day.

b bananas.

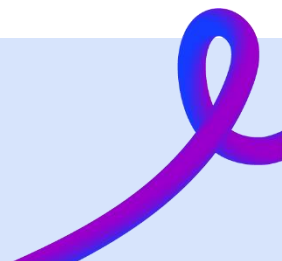
c making a shopping list.

d buy food at the supermarket.

e is good for you.

f raw.

g fish.





Match the words to the pictures

1



2



3



4



5



6



a pizza

b pasta

c cucumber

d seafood

e potato

f carrot



How often?

How often do you eat these foods? Tell your classmates.



banana



seafood



lasagne



soup

I often eat bananas.

I never eat seafood. I don't like it.

- always
- often
- sometimes
- never



Answer

Exercise p.8

I am making a big salad.

Exercise p.9

Do you like tomatoes and cucumbers?

Exercise p.10

Do you eat bananas for breakfast?

Exercise p.11

1.C 2. A 3.D 4.B

Exercise p.17

Fruit: apple, banana, orange

Vegetable: potato, onion, carrot

Other: water, soup, rice, oil, cheese, meat

Exercise p.18

1. rice 2. orange 3. soup 4. banana



Answer key

Exercise p.30

Milk – not a vegetable

Exercise p.31

1) c, 2) a, 3) b, 4) g, 5) f, 6) d, 7) e

Exercise p.32

1) potato, 2) seafood, 3) pasta, 4) cucumber, 5) carrot, 6) pizza



Summary

Vocabulary for food and drink:

- *salad, potato, banana, cucumber, carrot lasagne, rice, pizza, hamburger, pastry, soup*
- *seafood, pasta*
- *water*



Vocabulary

salad

potato

banana

cucumber

carrot

lasagne

rice

water

soup

to be hungry

pizza

hamburger

seafood

pastry

pasta

