



COMMUNICATION

# Writing a recipe

LEVEL

Elementary (A2)

**NUMBER** 

EN\_A2\_2012X

**LANGUAGE** 

English





# **Learning outcomes**

 I can understand and follow a simple recipe.

 I can write a simple recipe of my own.





### Warm-up

Do you enjoy cooking?





What's your favourite dish to make?





#### a chef



A **chef** cooks the food at a restaurant.



### Vocabulary

#### to chop

#### to separate





We usually **chop** vegetables before we cook them.

To make an omelette, we have to **separate** eggs.





## **Vocabulary**

#### to fry







**Fry** the vegetables over a medium heat.

I cook my eggs in a **frying pan**.



## **Vocabulary**

#### to mix

#### to bake





She is **mixing** eggs and flour.

I'm **baking** a cake for my sister's birthday.





#### to melt



When we heat butter, it **melts**.





#### **Read the sentences**



Begin by **mixing** all of the ingredients in a bowl.

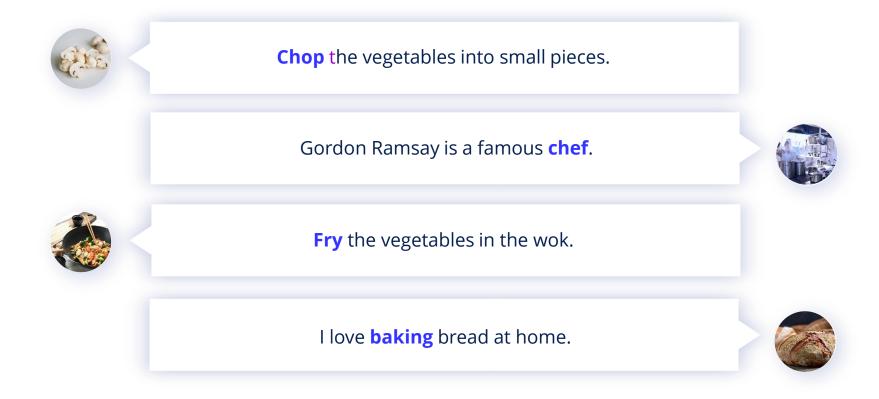
Then, **melt** the chocolate in a pan.







#### **Read the sentences**







# Match the words to the picture





# Match the beginnings and endings

1	Separate	a	250 grams of butter.
2	Melt	b	everything together.
3	Chop	С	2 eggs.
4	Mix	d	will help you!
5	The chef	е	some nuts.



#### **Speaking**



**Ask** and **answer** the questions **in breakout rooms**.

How often do you bake at home?



If you do, what do you usually make?

Do you enjoy watching cooking programmes on TV?



# Vocabulary

#### flour







We use **flour** to make cakes.

We eat soup from a **bowl**.



## Vocabulary

#### to weigh

#### scales





We need to **weigh** the flour before we make a cake.

Use the **scales** to know exactly how much we have.





### an ingredient



The **ingredients** for the juice are: apples, carrots, ginger and spinach.





#### **Read the sentences**



Please **weigh** the **ingredients** before making the cake.

Then, mix the **flour**, sugar and eggs in a **bowl**.







Weigh the ingredients.

Mix the flour, sugar and eggs.

You'll often see the **imperative form** of a verb in recipes. Imperatives are the infinitive without 'to'. They are used to **give orders** i.e. to tell us what to do.



### Fill in the gaps

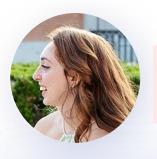
separate weighing melt ingredients



Get all your \_\_\_\_\_: eggs, flour, sugar and butter and your equipment.

Yes! Ok, so start by \_\_\_\_\_\_ 200 grams of flour. Then \_\_\_\_\_ 200 grams of butter – it has to be soft.

them into two bowls.



bowl mix eggs scales

Ok! Here are my \_\_\_\_\_\_. Do I need a \_\_\_\_\_ too?

What do I do with the \_\_\_\_\_?

Alright. Then do I \_\_\_\_\_ everything together?





## Match the beginnings and endings

Mix the eggs...

Weigh...

Flour, sugar and eggs...

> and the flour together.

the

to make a cake.

are the ingredients in a cake.

300g of flour.

Separate...





### **Speaking**

**Ask** and **answer** the questions as a class.

1 How often do you use recipes?

**2** Where do you usually find new recipes?

If you're following a recipe, do you always weigh the ingredients exactly or guess the amounts?





# Vocabulary

#### herb

#### to heat





We add **herbs** to food to give it flavour.

**Heat** the soup for 3 minutes.



# Vocabulary

#### freezer







We keep frozen food in the **freezer**.

We keep milk in the **fridge**.





#### **Read the sentences**



Oregano and rosemary are both **herbs**.

There is a lot of food in this **fridge**.





We can **heat** food in the microwave.

The **freezer** is full of frozen pizzas.







# **Choose the correct option**

1	We keep milk and cheese in the			
	a. freezer	b. fridge		
2	We keep ice cream in the			
	a. freezer	b. fridge		
3	Thyme, rosemary and oregano are all examples of			
	a. sauces	b. herbs		
4	When we put a cake in the oven, we	it.		
	a. bake	b. heat		
5	If our food goes cold, we can	it up before we eat it.		
	a. bake	b. heat		





#### Pick two cards

**Ask** your classmate a question using the words on your card.



What's your favourite herb to use?

I love Mexican food, so coriander!

Favourite herb

Item in the freezer

Item always in the fridge

Food you need to heat before eating





## Complete the recipe for butter cookies

1. Take 100g of butter out of the fridge so that it \_\_\_\_\_ a little. 2. Weigh 100g of sugar using the \_\_\_\_\_\_. \_\_\_\_\_ the butter and the sugar together in a bowl. 4. Add 150g of flour to the \_\_\_\_\_. 5. Mix all of the \_\_\_\_\_ together then roll into balls. \_\_\_\_\_ in the oven at 200 degrees Celsius for 12 6.



minutes.

7. Eat!



#### **Choose a dish**

**Write** a short recipe to explain how to make it.

2 3 5 Use the internet or a dictionary to help you!



#### Let's reflect!

 Can you understand and follow a simple recipe?

Can you write a simple recipe of your own?

Your teacher will now make one suggestion for improvement for each student.



#### **End of the lesson**

Idiom

#### to the letter

**Meaning:** following exactly what somebody says and paying attention to every detail

**Example:** I followed the cake recipe **to the letter**. It came out perfectly!







# **Additional practice**



## Fill in the gaps



**1** A \_\_\_\_\_\_ works in a restaurant.

When we heat butter, it \_\_\_\_\_\_.

**3** We use scales to \_\_\_\_\_\_ food.

4 Flour is one \_\_\_\_\_ in a cake.

**5** We keep ice cream in the \_\_\_\_\_.

We keep milk in the \_\_\_\_\_.

**7** We add \_\_\_\_\_\_ to dishes to give them more flavour.

**8** We can mix ingredients in a \_\_\_\_\_\_.

bowl fridge ingredient melts chef weigh freezer herbs







# Think of a typical dish from your country.

Explain how to make it in 5 steps.





## **Speaking**



Do you know anyone who loves cooking?



What dishes do they usually make?

What is one recipe you know off by heart?



# Answer key

**P. 11:** 1. e, 2. c, 3. a, 4. d, 5. b, 6. f

**P. 12:** 1. c, 2. a, 3. e, 4. b, 5. d

**P. 19:** 1. ingredients

2. scales

3. bowl

4. weighing

5. melt

6. eggs

7. separate

8. mix

**P. 20:** Mix the eggs and the flour together.

Weigh 300 grams of flour.

Separate the eggs.

We use a bowl to make a cake.

Flour, sugar and eggs are the ingredients in a cake.



### **Answer key**

```
P. 25:
            1. b, 2. a, 3. a, 4. a, 5. b
P. 27:
            1. melts,
            2. scales,
            3. Mix,
            4. bowl,
            5. ingredients,
            6. Bake
P. 32:
            1. chef,
            2. melts,
            3. weigh,
            4. ingredients,
            5. freezer,
            6. fridge,
            7. herbs,
```

8. bowl





## **Summary**

#### Recipes

- **Verbs:** to chop; to separate; to fry; to mix; to bake; to melt; to weigh; to heat
- **Nouns**: frying pan; bowl; scales; flour; ingredient; herb; chef; freezer; fridge





# **Vocabulary**

chef	to weigh
to chop	scales
to separate	ingredient
to fry	herb
frying pan	to heat
to mix	freezer
to bake	fridge
to melt	
flour	
bowl	





### **Notes**

