

Staying healthy

READING

LEVEL
Beginner

NUMBER
EN_BE_1234R

LANGUAGE
English

lingoda





Goals

- Can read and understand short texts related to health and a visit to the doctor's
- Can use basic new vocabulary to discuss a visit to the doctor's

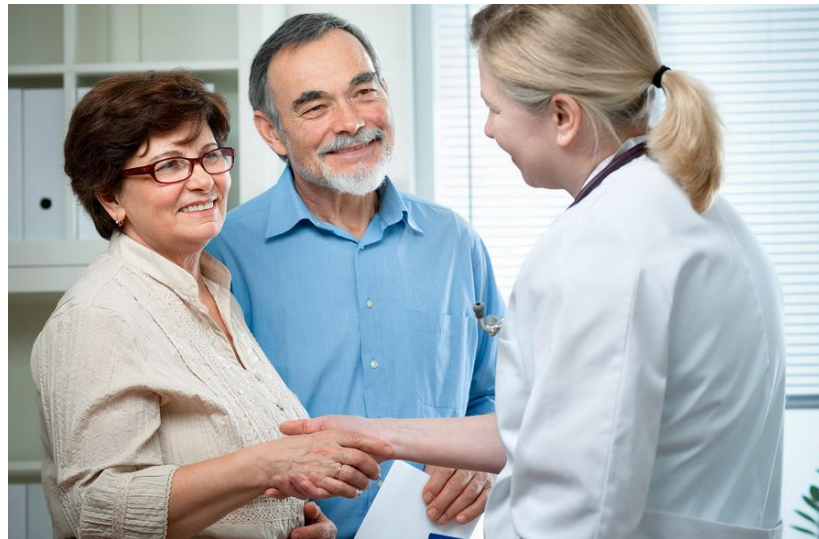






Preview and warm-up

- In this lesson, you will **read a text** about a **visit to the doctor's**.



Hello, **doctor**! Good to see you.



Do you remember these words?

to be sick

the flu

doctor

hand

to sneeze

to cough

tired

injection





Talking about being sick



I don't feel well and I am very **tired**.

When I **cough**, I cover my mouth with my **hand**.





Talking about being sick



I am **sneezing**, not **coughing**.

I need a **plaster** if I have a small injury.



I have a **fever**, so I think I have **the flu**.

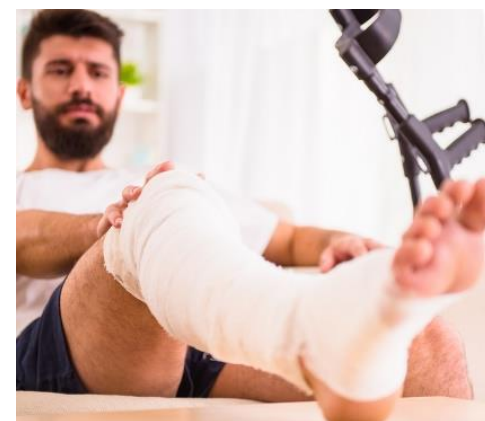
If you are very sick, you might need **an injection**.





At the doctor's

Steve is having a bad day. He is sitting in a room at the doctor's office. The weather in Vancouver is cold and rainy, and his leg hurts from slipping on the stairs in his apartment building. He covers his mouth with his hand as he coughs and sneezes. He feels tired and unwell.





At the doctor's

Steve doesn't like going to the doctor. He only goes when he is very sick or when he gets hurt at work. He remembers being a child and going to the doctor to get an injection. He remembers crying and he is still afraid of needles. Steve knows his doctor very well, and he is very nice, but he still hates coming here.



Complete the sentence

1. Steve's _____ is hurting.

a. arm

b. foot

c. leg

d. head

2. Steve feels tired and _____.

a. healthy

b. sleepy

c. can't

d. unwell

3. Steve _____ like going to the doctor.

a. does

b. can

c. can't

d. doesn't



What can you see in the picture?



doctor

patient

injection

glove



Match the parts of the sentence

1. The weather in Vancouver...

a. to go to the doctor.

2. Steve doesn't like...

b. with his hand.

3. Steve is afraid...

c. is rainy.

4. He covers his mouth...

d. of needles.

5. Steve knows his doctor...

e. very well.



At the doctor's

The doctor walks in with a smile on his face.

"Hi Steve, how are you?"

"Hi Doctor Liu, I'm not feeling well. My leg hurts and I think I have the flu."

The doctor examines Steve. First, he checks his leg to see if he has a serious injury.

"I slipped on the wet stairs outside my apartment," Steve explains.



Unscramble the words to make a sentence.





Do you understand the words? Make a sentence with each one

to examine

to hurt

smile

serious injury

apartment

feeling well



Going to the doctor

The doctor smiles and tells him his leg is OK. It's just a twisted ankle and a few bruises. Next, the doctor checks Steve's throat and lungs. He asks Steve to cough while he listens with a stethoscope. He looks a little concerned.





Going to the doctor

"You have a lung infection. Here is a prescription for some medicine. Stay at home for a few days!"

Steve hates staying at home, but he knows it's a good idea to listen to the doctor and not go to work. He thanks him for the prescription and walks out of the office. He is smiling because he doesn't need an injection.



Which answer is correct?

1. The doctor tells Steve his leg is...

a. bad

b. perfect

c. broken

d. OK

2. Steve hates to stay...

a. at work

b. at home

c. at school

d. at class

3. Steve's doctor is...

a. angry

b. bad

c. upset

d. nice

4. At the end of the appointment, Steve is...

a. running

b. laughing

c. smiling

d. eating



Doctor's orders

**Pretend you are with the doctor and he is giving you advice.
Complete the sentences.**

1. You have the flu. You should...
2. You have a broken leg. You need to...
3. You have a tooth infection. You have to...
4. You have a headache. You should...
5. You are totally healthy. You...



Recovery

What do you need when you...

have a cold

twist your ankle

sneeze

can't sleep

get sunburnt

have a
headache

can't see

have a
toothache

have a sore
back



Speaking

Answer the questions below with your classmates



Do you like going to the doctor?

Are you often off work sick?

What do you do when you are off work sick?



Dictogloss

Your teacher is going to read to you.
Write down what you hear them say.

A spiral-bound notebook with lined pages, ready for writing.



Listen up!



a
c b





Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no





Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



If you have time, go over
the most difficult slides again



Answer key

Exercise p.9

1.C 2.D 3.D

Exercise p.10

A. Doctor B. Patient C. Glove D. Injection

Exercise p.11

1.C 2.A 3.D 4.B 5.E

Exercise p.13

Steve is going to the doctor because he thinks he has the flu.

Exercise p.17

1.D 2.B 3.D 4.C



Listening Transcript

The doctor walks in with a smile on his face.
"Hi Steve, how are you?"
"Hi Doctor Liu, I'm not feeling well. My leg hurts and I think I have the flu."
The doctor examines Steve. First, he checks his leg to see if he has a serious injury.
"I slipped on the wet stairs outside my apartment," Steve explains.





Transform these sentences from the text using *he*

1. I can go to the doctor.

→ **He** can go to the doctor.

2. Can we make an appointment?

→ _____

3. We make an appointment.

→ _____

4. I am feeling sick.

→ _____

5. They have a headache.

→ _____

6. I know my doctor very well.

→ _____

7. She injured her leg.

→ _____

8. Can't we go to the hospital?

→ _____



My favourite sentences

**Choose your five favourite sentences
from the three pieces of text.**

A vertical sheet of white paper with a light gray border, featuring horizontal lines for writing. The left edge has a series of circular punch holes, suggesting it's a page from a binder or notebook.



My favourite character

Who is your favourite character in the text?
What does he or she do in this text?

My favourite
character is...

He is...

He does...

She is...

He is not...

She does...

A vertical stack of lined paper with punch holes on the left side, intended for writing answers.



Favourite character

**What happens next?
Write two sentences of the story.**

A white rectangular area with a vertical line on the left side, resembling a spiral-bound notebook. The right side of the area contains ten horizontal lines for writing.



Homework answer key

Exercise p. 27

2. Can he make an appointment?
3. He makes an appointment.
4. He is feeling sick.
5. He has a headache.
6. He knows his doctor very well.
7. He injured his leg.
8. Can't he go to the hospital?

