

COMMUNICATION

Making a grocery list

LEVEL

Beginner

NUMBER

EN_A1_1112X

LANGUAGE

English



Learning outcomes

- I can write a list of items I'd like to buy at the supermarket.
- I can talk about what I eat for certain meals in very simple terms.



I am making a shopping list. I
need **eggs, bread, oranges,** and
peppers.





Food

jam



I have toast and **jam** for breakfast.

chips



Chips are a salty snack.



Food

spices



We add salt and **spices** to food.

dairy



Where is the **dairy** section?

pepper



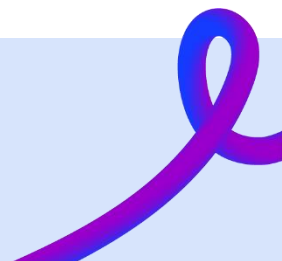
I have one green **pepper** and one red **pepper**.



In England, **fish and chips** is a popular meal.



People get **fish and chips** at the **chipper**.





Talking about food



I like to buy strawberry **jam**.

Eggs are in the **dairy** section.



You have two **tomatoes**.

She has six **peppers**.





Name the food



peppers

spices



Name the food



orange

bread

jam

dairy



Plural nouns review

- To make something plural, we usually add an **s**.
- If a word ends in **-o**, add **-es**.

Singular	Plural
egg	eggs
orange	oranges
tomato	tomatoes
potato	potatoes

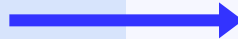


Irregular plurals



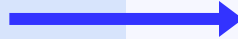
Remember: Some nouns have an **irregular plural**. Sometimes, the vowel sound changes. If the word ends in **y**, it changes to **-ies**

man



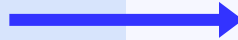
men

woman



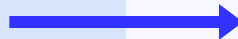
women

foot



feet

pastry



pastries



Uncountable nouns

- These words only have a singular form.

Word	Example
food	I buy food at the supermarket.
bread	I need bread to make a sandwich.
jam	Jam is very sweet.
water	Everyone drinks water .



What does not belong?





Talking about shopping

What do they want to buy? Which list is better?



Do you have a shopping list?

Yes, I do. I am buying **vegetables**, **fruit**, and **cheese**.



Great. I am buying **fish** and some **meat**.

Oh, I don't eat **meat**. But I do like **cookies**!





Food

breakfast



I have fruit, eggs, and bread for
breakfast.

juice



I like **orange juice**, not apple
juice.



Food

lunch



I eat a vegetable salad for **lunch**.

dinner



We eat **dinner** in the evening.

meal



Breakfast, lunch, and dinner are **meals**.



Practise saying new words



I am buying **juice** for breakfast.

I eat **chips** at lunchtime.





Talk about meals



Breakfast is my favourite **meal**.

I eat **lunch** every day.

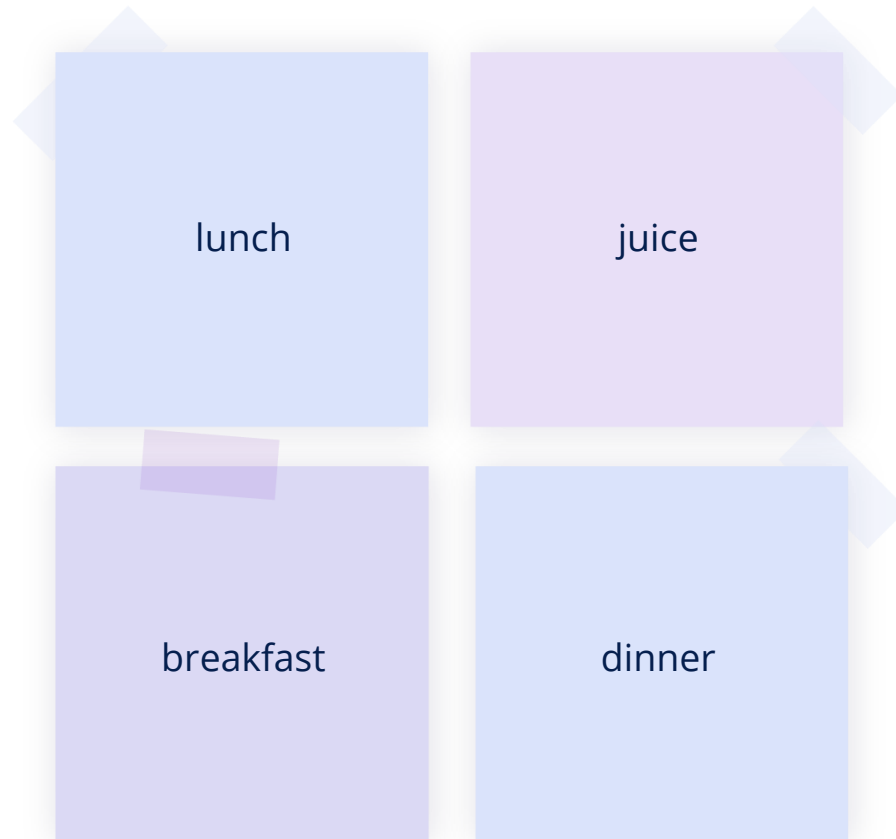


I am eating **dinner** with my family.

Vegetables are good for you.



Which one does not belong?



What do you eat for breakfast?

vegetables
dairy juice
egg bread
tomato breakfast jam
orange
peppers



Change the sentence using the pronoun *he*

1 I buy food at the market.



He buys food at the market

2 You eat eggs for breakfast.



3 I have breakfast and dinner every day.



4 We like jam with bread.





Shopping game

You can use **breakout rooms** for this activity.

Make a shopping list of five foods from the lesson and read them aloud.

Your classmate or teacher has to spell the words!





End of the lesson

Idiom

To put pen to paper

Meaning: to write something; to start to write

Example: I like to have an idea about what to say before I put pen to paper.



Additional practice

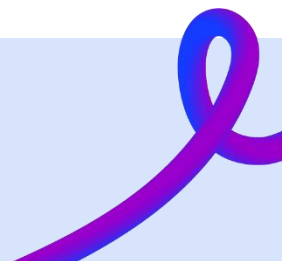


Fill in the gaps



- 1 I eat _____ in the morning.
- 2 Lunch and dinner are _____.
- 3 _____ are very sweet.
- 4 I have one pepper and two _____.
- 5 Milk and cheese _____ dairy.
- 6 This _____ my shopping list.
- 7 I _____ food at the market every week.

meals
is
cookies
tomatoes
breakfast
are
buy





Match the descriptions to the pictures

1



2



3



4



5



6



a A red fruit

b A green vegetable

c A red vegetable

d A drink

e A meal

f Something we add to food



Breakfast time



Adam:

I am from Poland. I eat bread, peppers, tomatoes and some meat for breakfast.

Elena:

I am from the USA. I eat toast with jam for breakfast. I always drink juice.

What do you think about Adam's breakfast?

What do you think about Elena's breakfast?

Choose Adam's or Elena's breakfast to eat!

What do people eat for breakfast in your country?

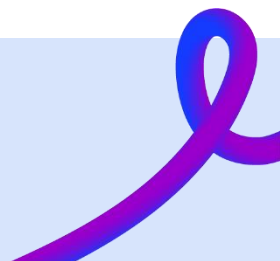


Ask your classmates

Who always eats breakfast?



Who never eats lunch?





Answer key

Exercise p.8

Pepper

Exercise p.9

Jam

Exercise p.13

Vegetables because it is plural. Fish because it is an animal.

Exercise p.19

Juice

Exercise p.21

2. He eats eggs for breakfast.
3. He has breakfast lunch and dinner every day.
4. He likes jam with bread.



Answer key

Exercise p.26

1) breakfast 2) meals 3) Cookies 4) tomatoes 5) are 6) is 7) buy

Exercise p.27

1) c 2) f 3) a 4) e 5) b 6) d



Summary

Plural nouns and irregular plurals:

- To make something plural, we usually add an **s**
- If a word ends in **-o**, add **-es**
- If the word ends in **y**, it changes to **-ies**

Irregular plurals:

- Some words are **the same** in singular and plural.
- e.g. *food, bread, jam, water*

Vocabulary for food and meals:

- *Breakfast, lunch, dinner, meal, jam, chips, spices, dairy, pepper, juice*



Vocabulary

jam

chips

spices

dairy

pepper

breakfast

juice

lunch

dinner

meal

