

Adverbs of time

GRAMMAR

LEVEL
Beginner

NUMBER
EN_BE_1147G

LANGUAGE
English





Goals

- Can understand simple new vocabulary related to when and how often I do things
- Can use new vocabulary to form simple sentences describing my routine







Preview and warm-up

- In this lesson, you are going to learn the most important **adverbs of time**.



She **always** checks her agenda.



When do you...?

We use ***before***, ***between***, ***during***, and ***after*** to say when we do things.

Sentence	Order
I eat breakfast before lunch.	breakfast , lunch
I eat lunch between breakfast and dinner.	breakfast, lunch , dinner
I eat dinner after lunch.	lunch, dinner
I work during the weekdays.	Monday, Tuesday, Wednesday, Thursday, Friday



Before or after?

before lunch

after lunch

wake up



eat dinner



go to sleep



eat breakfast



go to the gym



go to work





During or between?

1. I eat lunch at my desk _____ work.

a. during

b. between

2. I jog _____ a quarter past six and seven o'clock.

a. during

b. between

3. I work at the office _____ the day.

a. during

b. between

4. I watch TV _____ half past seven and a quarter to nine.

a. during

b. between



Kim's routine

I wake up at six o'clock every day
_____ the week. I arrive at
work _____ breakfast. I eat
breakfast and lunch at my desk. I come
home at half past seven. I jog
_____ a quarter past six and
seven o'clock. We eat dinner every
evening at a quarter to eight. I watch
TV _____ dinner. I go to sleep
at eleven o'clock.



before

after

between

during



Your day

What time do you wake up?

When do you go to work?

What do you do after dinner?

During the week, I
wake up at 7am. I
eat breakfast **after**
my first meeting.





Imagine you are...

...explaining your boss' schedule to her. Use the note below to help!

- 9 am – Breakfast meeting
- 10 am – Send emails
- 1 pm– Lunch
- 2 pm – Conference call
- 5 pm – Flight to LAX (pack day before!)





How often do you...?

We use *always*, *usually*, *sometimes*, and *never* to say **how often** we do things.

How often do you wake up before noon?	Do you do this every day?
I always wake up before noon.	I do this every day.
I never go to sleep after midnight.	I don't do this.
I usually arrive at work at nine o'clock but sometimes I am late.	I do this but not every day.



How healthy is your routine?



When

What

_____ do you eat breakfast?

I _____ eat breakfast before work.

after

always

is

do

When _____ you jog?

I _____ jog after dinner but sometimes I jog before breakfast.

usually

always

How often

Where

_____ do you eat meat?

I _____ eat meat. I always eat lasagne with cheese and no meat.

sometimes

never

always

never

I _____ eat lasagne with meat.
It is my favourite!



Speaking

Use each of these words in a sentence

I go to the gym
after work



1 between

2 after

3 before



Make a sentence using each word



always



sometimes



I **never** eat dinner
with my
colleagues.

never



usually



Answer the questions with your teacher



How often do you eat breakfast?

I _____ eat breakfast.

Do you get to work early?

I _____ get to work early!

Do you have meetings?

I _____ have meetings.



How long do you...?

We use **from** and **until** to say **how long** we do things.

How long do you work for?	Between which times do you work?
I work from seven o'clock until six o'clock.	I start at seven o'clock and end at six o'clock.
I work from breakfast until dinner.	I start at breakfast and end at dinner
I work from Monday until Friday.	I start on Monday and end on Friday.



Between or from until?

1. I have a meeting from a quarter past six _____ seven o'clock.

a. between

b. until

2. We have a conference call _____ a quarter past six until seven o'clock.

a. from

b. between

3. She talks to her boss _____ a quarter past six and seven o'clock.

a. from

b. between



Making small talk

Make small talk to a colleague about these activities. Remember to use adverbs of time!



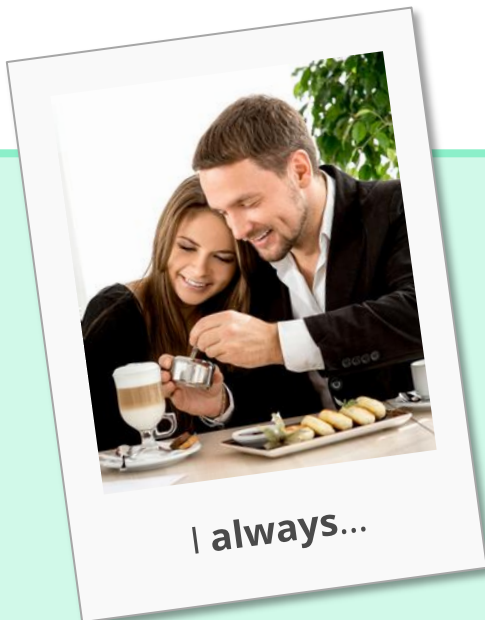
When do you...?



How often do you...?



Game



- Your teacher will ask you some questions.
- The person who answers the most questions wins!

Do you always eat breakfast?

Yes. I eat breakfast
before I have a
shower.

Yes. I **usually** eat
breakfast at 7am.

No. I **never** eat
breakfast.

I **always** eat breakfast!



Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no





Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



If you have time, go over
the most difficult slides again



Answer key

Exercise .6

before lunch: wake up, eat breakfast, go to work
after lunch: eat supper, go to the gym, go to sleep

Exercise p. 7

1. during 2. between 3. during 4. between

Exercise p. 8

during, before, between, after

Exercise p. 12

When do you eat breakfast? I always eat breakfast before work. When do you jog? I usually jog after supper but sometimes I jog before breakfast. How often do you eat meat? I never eat meat. I always eat lasagne with cheese and no meat. I always eat lasagne with meat. It is my favourite!

Exercise p. 17

1. until 2. from 3. between





Write your answers on the right list

When do you go to work? When do you jog? When do you watch TV? When do you go to sleep? When do you ride your bike? When do you eat breakfast?

before lunch

between lunch and
dinner

after dinner



Find the words

Find the words!

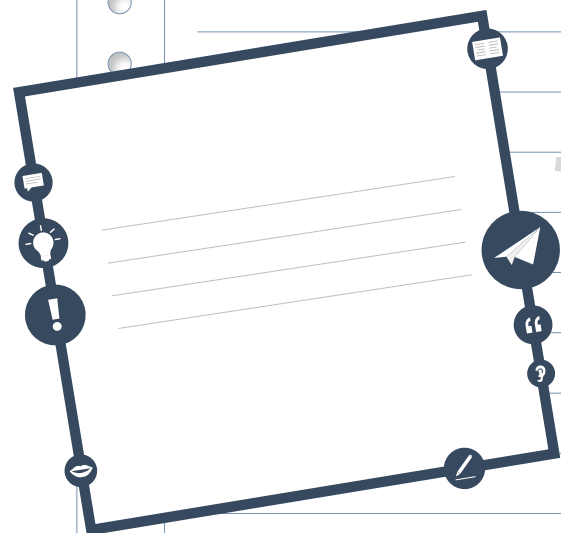
1. before
2. during
3. between
4. after
5. always
6. usually
7. sometimes
8. never

A	T	J	R	W	I	D	V	U
S	X	B	W	H	Q	U	P	U
Y	Y	B	E	F	O	R	E	S
Z	C	E	A	D	B	I	C	U
A	F	T	E	R	D	N	E	A
L	E	W	G	F	F	G	G	L
W	H	E	I	D	J	E		L
A	K	E	L	F	M	G	C	Y
Y	O	N	E	V	E	R	N	H
S	O	M	E	T	I	M	E	S
N	P	I	A	U	R	B	L	Y
X	J	V	Q	K	O	Z	S	M



Text at the beginning

Go back to the text on page 3
and find examples of
the grammar topic of this lesson in it.
Write them down.



I always
wake up
before eight o'clock.



Sentences in the first person plural

**Choose five sentences from this lesson.
Copy them and write them about you and a friend.**

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Examples:

I never eat meat.

→ I _____ eat meat.

I always jog.

→ I _____ jog.

...



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