

SPEAKING

A conversation about food

LEVEL

Elementary (A2)

NUMBER

EN_A2_2024S

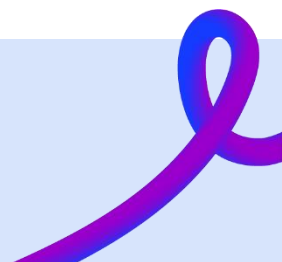
LANGUAGE

English



Learning outcomes

- I can explain how to prepare a dish I like.
- I can talk about eating habits in my country.





Focus on pronunciation

cow



Focus on pronunciation

cow

cup



Focus on pronunciation

cow

cup

lactose



Focus on pronunciation

cow

cup

lactose

Practise pronouncing the hard c, /k/, sound



Focus on pronunciation

coeliac



Focus on pronunciation

coeliac

cereal



Focus on pronunciation

coeliac

cereal

certain



Focus on pronunciation

coeliac

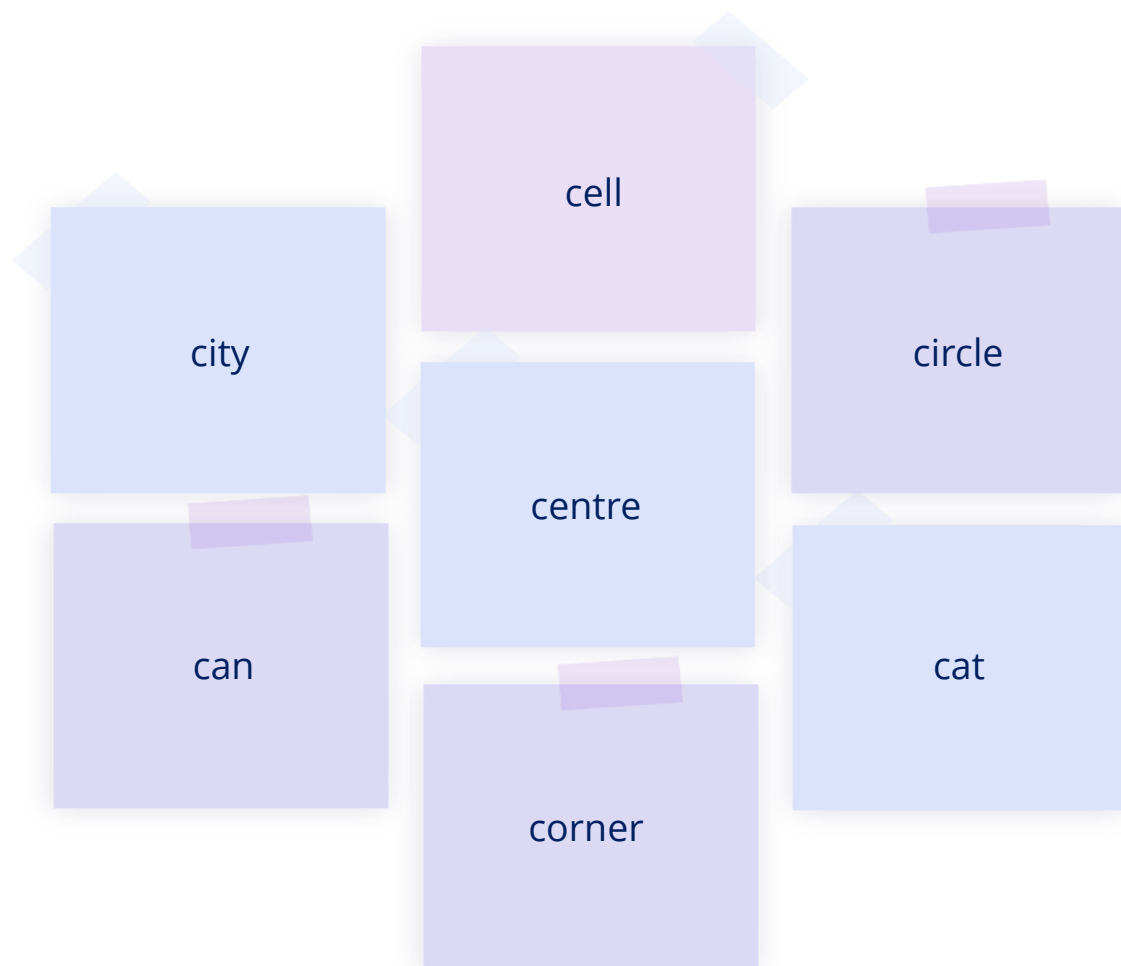
cereal

certain

Practise pronouncing the soft c, /s/, sound



Hard or soft 'c'?





Vocabulary review





Read the sentences



People who are **intolerant** to **gluten** cannot eat wheat.

Gluten is in **pasta** and **bread**.



Lactose is in cow's milk.

Vegetarians do not eat meat.





Read the sentences



I **choose not to** drink alcohol for my health.

Flour is used to make bread.



To make an omelette, we must **separate** the eggs.

When making a cake, we **mix** all the ingredients in a bowl.





Choose a food

Find out if a classmate likes or dislikes it. **Ask** them to explain their choice.



1

Seafood



2

Cheese



3

Chocolate



4

Meat

I'm a big fan of seafood. Are you?

I am too. Do you have a favourite?



Interview a classmate

In **breakout rooms** or together as a class. Can you find **one similarity** between you?

1 What's your favourite food?

2 Why do you like it so much?

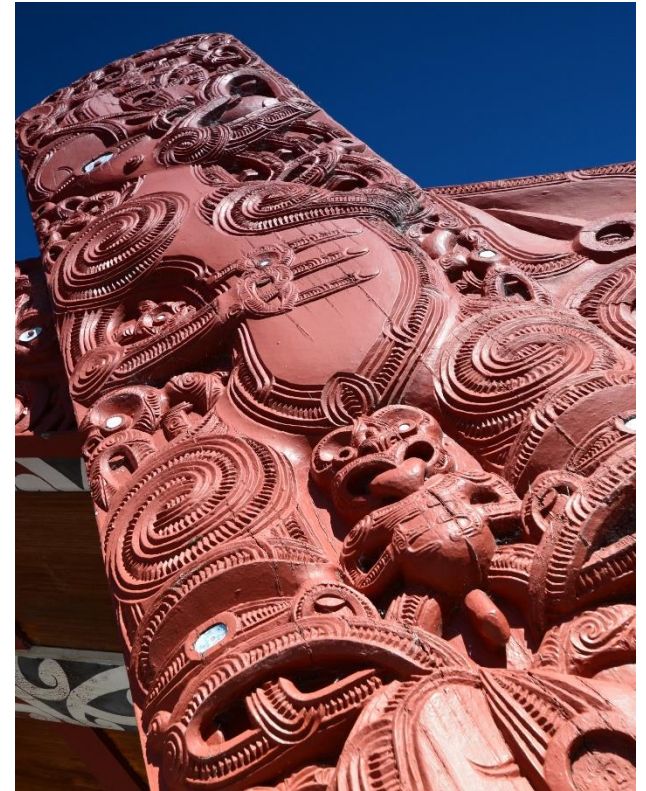
3 Are there any foods you don't like?



On the next slides

**You're going to
learn about a
Māori recipe.**

**Which English-speaking
country is Māori culture a
hugely important part of?**





Read the ingredient list

Rewēna Bread is a traditional **Māori potato bread** that is similar to sourdough. It is made using a potato mixture, known as *bug*, which helps the bread rise.



Ingredients

Rēwena bug

- 1 medium sized potato sliced
- 2-3 cups water
- 2 cups flour
- 1 teaspoon sugar
- lukewarm water, on hand

Rēwena bread

- 5 cups flour
- 1 tablespoon baking soda
- 1 tablespoon salt
- Rēwena bug, approx 500g
- 1 to 2 teaspoons of sugar



Hint: the bread's name is pronounced *REY-where-nah*.



Fill in the gaps

Complete the recipe using: *bake, add, bowl, mix, water*

←

→

www.

🔍

⋮

Recipe for Rēwena Bread

Rēwena bug

1. Boil the potato in the _____ (without salt) until soft and leave to cool.
2. When lukewarm, mash the potato and water and _____ in the flour and sugar.
3. Add more warm water if needed to make a batter.
4. Cover and leave in a warm place to rise for a day – the batter will have small bubbles on the surface.

Rēwena bread

1. Mix flour and salt into a large _____.
2. Make a well in the centre.
3. Place the rewena bug in the middle of the hole and sprinkle baking soda over all.
4. Knead lightly for 10 to 15 minutes folding the dough over and over.
5. _____ more water if mixture feels too firm.
6. Add sugar to sweeten according to your taste
7. Roll into a ball, and cover and leave to rise for a few hours or overnight
8. To make the dough rise faster leave it in the warming drawer of the oven or on a shelf in the sun
9. Sprinkle flour over a baking tray to prevent sticking and lightly spray the bread with liquid oil
10. _____ at 200 degrees Celsius for approximately 40 minutes



Discuss

**Would you like to try
the Rēwena bread?**



**In your opinion,
does it seem easy to
make or not?**

**Does a similar type of
bread exist in your
country?**

What food do you think of for each country?

1. **Brainstorm** ideas as a class.
2. **Find out** which of the four cuisines your classmates have tried.

India

Mexico

Japan

France

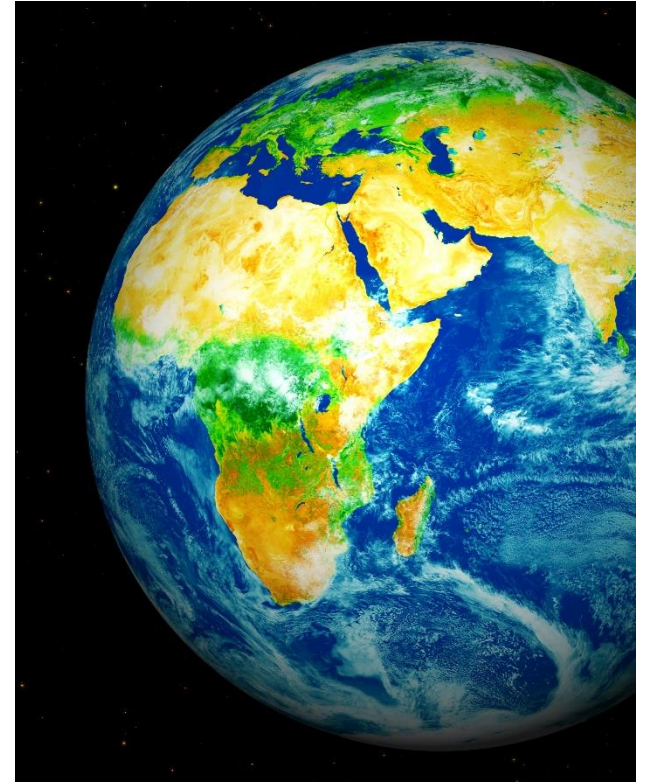




What's your view?

**Let's agree the best
food in the world
comes from your
country...**

**Which country comes second?
Discuss as a class!**





Discuss

What's a traditional dish from your country?



What ingredients does it use?

Do you know how to make it?



Speaking

1 Is it easy to be vegan or vegetarian in your country?

2 Are you vegan or vegetarian?
If not, are any of your friends or family?

3 Do you have any food allergies or intolerances?





What about you?

Read the short dialogue. **Answer** the questions below.



Anna

I'd love to try Korean food!

Me too. I've heard it's really spicy!



Jonny

Have you tried Korean food? Did you like it?

Which cuisines are popular in your country?

What's one cuisine you would love to try? Why?



End of the lesson

Idiom

a piece of cake

Meaning: a thing that is very easy to do

Example: Learning English is **a piece of cake!**



Additional practice



Match the sentences



1 Vegan food is becoming...

2 Vegetarians do not eat...

3 Organic food is grown...

4 Vegans do not eat...

5 A coeliac person is allergic to...

6 A lactose intolerant person cannot...

a ...without dangerous chemicals.

b ...meat or fish, but they do eat eggs.

c ...more popular around the world.

d ...gluten and cannot eat it.

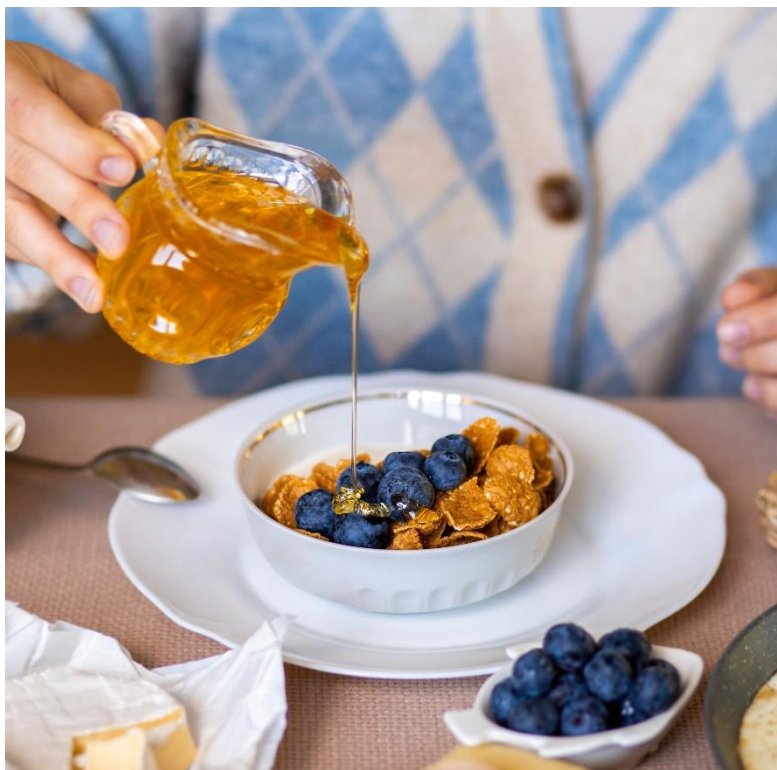
e ...any kind of animal product.

f ... eat any dairy products.





What's your favourite thing to eat...



...for breakfast?

... for lunch?

... for dinner?

...as a snack?



Speaking

What are your top 3 favourite cuisines?



Why are they your top 3?

What's the most unusual food you have tried?



Answer key

- P. 17:** Maori (/ˈmaʊ.ri/) culture is a hugely important part of New Zealand (Aotearoa)
- P. 19:** 1. water, 2. mix, 3. bowl, 4. Add, 5. Bake
- P. 29:** 1. c, 2. b, 3. a, 4. e, 5. d, 6. f



Summary

Pronunciation

- Pronouncing the hard **c**, /k/, sound in words like *cow*, *cup* and *lactose*.
- Pronouncing the soft **c**, /s/, sound in words like *coeliac*, *cereal* and *certain*.

Talking about food

- **Preparing a dish:** *to separate, to mix; flour*
- **Eating habits:** *intolerant; gluten; to choose not to; lactose; vegetarian*



Vocabulary

intolerant

to mix

to separate

flour

gluten

to choose not to

lactose

vegetarian

