

Talking about your health

SPEAKING

LEVEL
Beginner

NUMBER
EN_BE_1238S

LANGUAGE
English



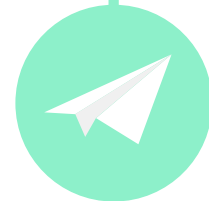


Goals

- Can use new vocabulary to form basic sentences describing my body, emotions and health
- Can have a simple conversation with a colleague about a visit to the doctor's



Last week at work I **felt ill**, but now **I'm feeling** just fine!





Preview and warm-up

- In this lesson, you will practise talking about **your health** and **body** in the context of a conversation.



I am **ill** today! I can't go to work.



Pronunciation practice

food



Pronunciation practice

food

soon



Pronunciation practice

food

soon

good



Pronunciation practice

food

soon

good

Usually, the **oo** sound is pronounced /u:/ (like **ew**).
However, in some words (like **good**), **oo** is pronounced /ʊ/ (like **uh**).



Pronunciation practice

see



Pronunciation practice

see

feel



Pronunciation practice

see

feel

been



Pronunciation practice

see

feel

been

The pronunciation of **ee** is a hard **e** sound in most words: /i:/.
However, sometimes **been** is pronounced with a soft **i** sound.



Say the sentences out loud

A

Do I need medication?

B

I feel healthy.

C

I'm feeling good.

D

I am seeing a doctor.



Review health vocabulary

ill

to feel better

unhealthy

the flu

to feel bad

healthy

medication



I'm fine



Talking about your health



I **feel better** today!

Do you **feel ill**?



Last week I was sick, but now **I'm fine**.

I think I have **the flu**.





Talking about your health



Normally, I am a **healthy** person.

When I am sick, I feel tired and **unhealthy**.



Do I need some **medication** to **feel better**?

Do you **feel bad** or **good** today?





Change the sentences into questions

1. I need medication.

→ Do I need medication?

2. You are feeling better.

→ _____

3. She was sick last week.

→ _____

4. They feel good today.

→ _____

5. We all have the flu.

→ _____



What do you do when you are sick?





Speaking

Read the quote below. Do you agree or disagree? Why?

“

Being healthy is more important than having money.

”



Vocabulary brainstorm

Name three healthy activities.



Speaking

Complete the sentences below with your own answer.

I am off work sick when...

I go to the hospital when...

I see a doctor when...



Talk about the pictures

How are these people feeling?





Getting better

You are off work sick and go to the doctor. Role play the situation with a classmate. The doctor should give advice!



a toothache

a headache

a cough

a cold

the hiccups

a sore throat

a fever

a stomach ache

a sore back



Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no





Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?









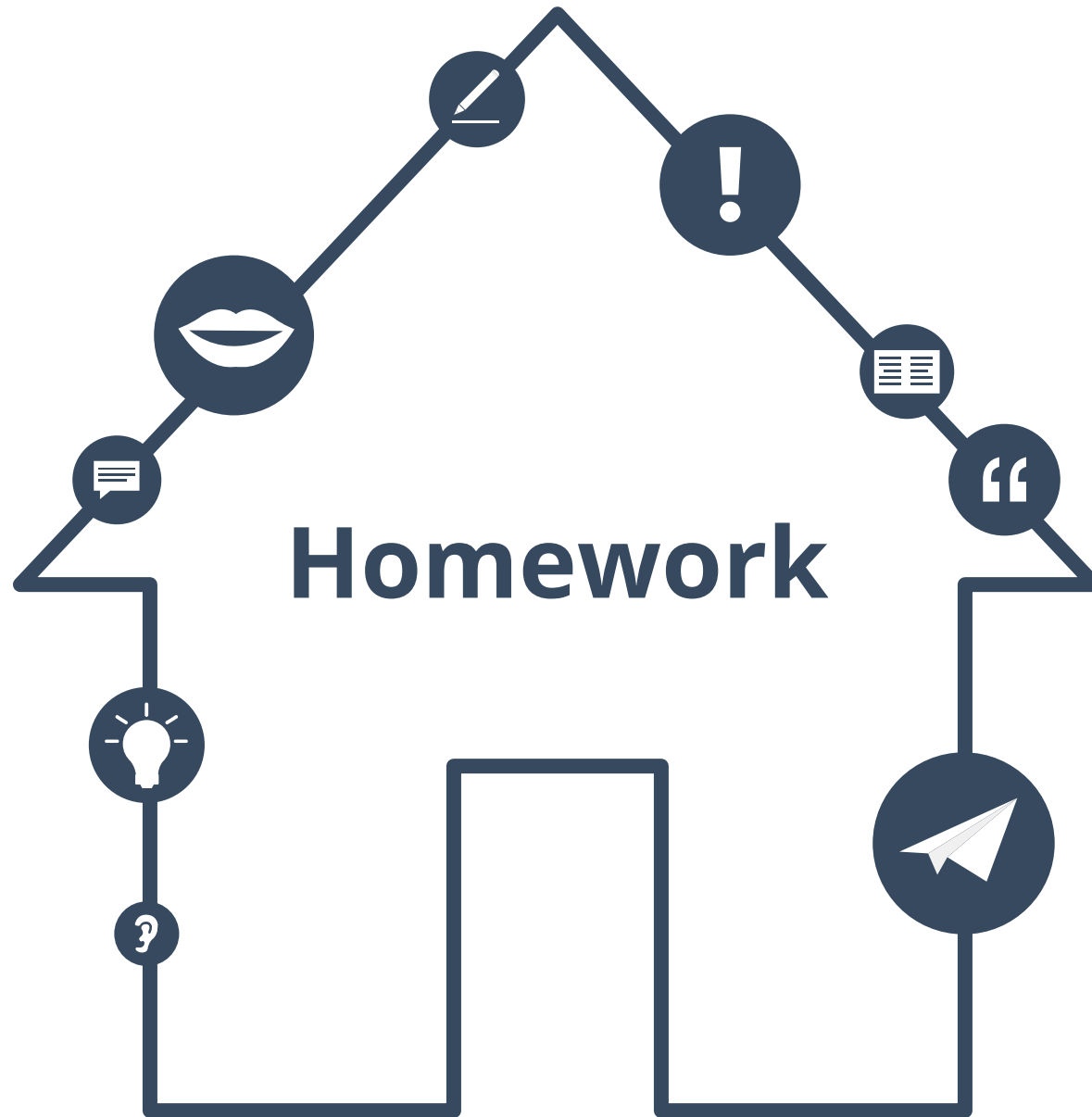
If you have time, go over
the most difficult slides again



Answer key

Exercise p. 16

2. Are you feeling better?
3. Was she sick last week?
4. Do they feel good today?
5. Do we all have the flu?





Match the sentences

1. I have the flu.

2. Last week I was sick.

3. She needs a doctor.

4. He is feeling bad.

5. She is...

6. They are making...

7. I am taking...

a. feeling good.

b. Now I am feeling better.

c. He has a cold.

d. a doctor's appointment.

e. I am feeling sick.

f. She is making an appointment.

g. medication.



Pronunciation

**Which words from this lesson are difficult to say out loud?
The pronunciation pages have some examples.**

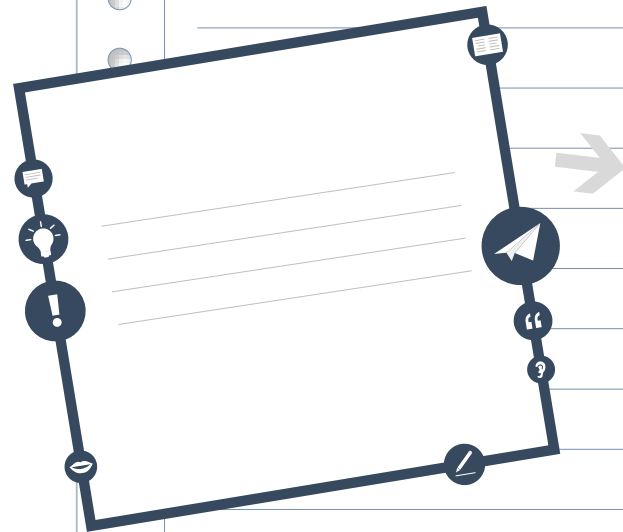


Pronunciation



Text at the beginning

**Go back to the text on page 3
and read the text out loud.
Was it easy?**



Write the words
you find difficult to say
from the text on slide 3.



Imagine a conversation

**Imagine a conversation between you and a friend.
Write a dialogue using the phrases and words on page 4.
You can use sentences from pages 5 and 6.**

Hello!

My friend...

Do you...?

I am...

How are you?

Good-bye!

A blank sheet of lined paper with a spiral binding on the left side, intended for writing a dialogue.



Homework answer key

Exercise p. 27
1e, 2b, 3f, 4c, 5a, 6d, 7g



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