

COMMUNICATION

Planning a perfect day

LEVEL

Intermediate (B1)

NUMBER

EN_B1_3043X

LANGUAGE

English



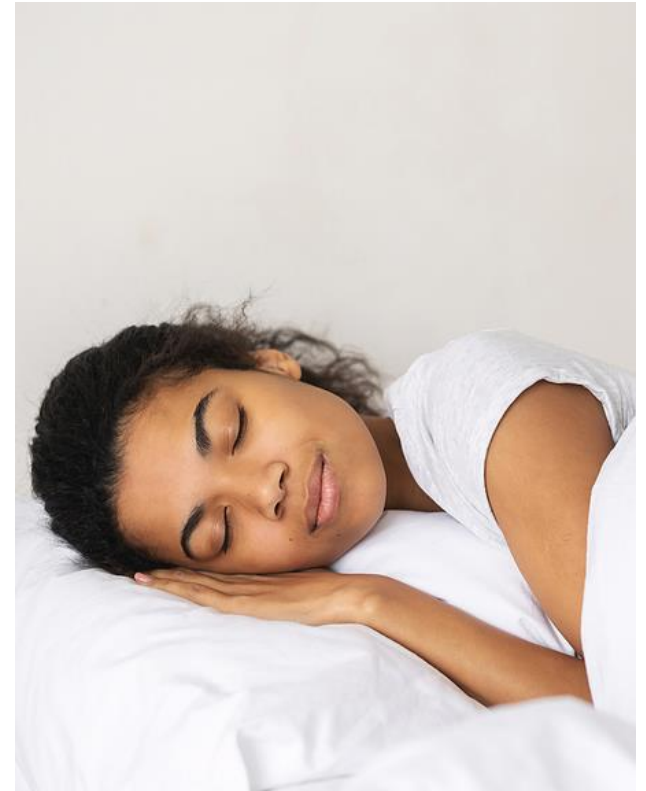
Learning outcomes

- I can describe my ideal day using a range of sequencers.
- I can write an outline of my perfect day.



Do you have a morning ritual? If so, what is it?

Answer the questions in breakout rooms or together as a class!





My perfect day

Read the texts below.



Aline, 30

I would begin my perfect day by waking up later than usual and enjoying a cup of coffee in bed with my partner. Then, I'd catch up with my best friend at the local cafe and take a stroll through the city park. Finally, in the evening, I'd order takeaway and eat it with my partner. After that, we would watch a nice movie with some ice cream, of course!

To start, I would go on an early-morning hike with my dog, Furball. Next, I would have breakfast and then head out to the beach and surf. Afterwards, I'd meet up with some friends and we'd grill some hamburgers and have some drinks. We would start a bonfire on the beach and share stories and jokes under the stars.



Brandon, 35



Justin, 19

Since I'm always studying at university, I would switch off and be lazy on my perfect day! I'd just chill at home. First of all, I would sleep until I couldn't sleep anymore. After that, I would order pizza and watch all the movies and TV shows I wanted. Lastly, I would play video games until I dozed off to sleep.



Reading comprehension

- 1. **Read** the statements below.
- 2. **Sort** them into categories. Do they describe Aline, Brandon, or Justin?

1 Likes video games

2 Lives in a city

3 Likes to surf

4 Is a student

5 Would wake up early on their perfect day

6 Is in a relationship

Aline

Brandon

Justin



Reflection

1. **Answer** the question.
2. **Share** your answer with the rest of the class.

Whose perfect day do you relate to the most? Why?

Aline, 30



Brandon, 35



Justin, 19





Matching

Match the highlighted words on the left to their definitions.

1

We need to **catch up**! It's been too long since we last spoke.

2

Do you want to **hang out** after work?

3

Watching TV helps me **switch off** after a long day of work.

4

I will **head out** to the beach this afternoon.

5

I'll try not to **doze off**, but the lecture is boring and I'm tired!

6

I'm going to **meet up with** my best friend this weekend.

a

to stop giving your attention to someone or something

b

to fall asleep

c

talking to someone you haven't seen in a long time to find out what they've been doing

d

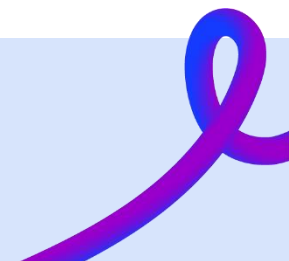
arranging to see and talk to someone

e

to spend time with someone

f

to travel somewhere





Discuss

You're catching up with a friend. What would you ask them?



You're completely free this weekend. Where would you head out to?



Sequencers

- **Sequencers** are words that help you organise your writing and speaking.
- We use them in English when we give **instructions**, **describe a process**, or **tell stories**.



Eventually, in the evening, I'd order takeaway and eat it with my partner.



To start, I would go on an early-morning hike with my dog, Furball.



Lastly, I would play video games until I dozed off to sleep.



Categorise the sequencers

Categorise the sequencers based on where you think they would appear in a story.



at last, first, finally, to start, next, lastly, afterwards, in
the end, after that, to begin, then, first of all, last of all,
subsequently, also, eventually

Beginning

Middle

End



What do you usually do?

1. **Complete** the prompts.
2. **Compare** your answer with your classmates.

1 The first thing I usually do when I travel to a new city is...

2 After that, I...

3 Finally, I...





Brainstorm

On the next slide, you will be asked to plan your perfect day.

1. To help you, **answer** some of these questions.
2. **Write** down your answers on a piece of paper!

What would
you eat on
your perfect
day?

Who would
you spend
your perfect
day with?

Would you go
anywhere
special?

Would you
sleep longer
than usual?

Would you try
new things?

Would you
watch
something on
TV, read a book,
etc.?

Writing: Plan your perfect day

1. **Take 5 minutes** to plan your perfect day.
2. **Write** about what you would do in the morning, afternoon, and evening.
3. **Share** your perfect day with your classmates.



Morning:

First
To begin
First of all
To start



Afternoon:

Next
Afterwards
After that
Then
Subsequently
Also



Evening:

Finally
Last of all
Lastly
In the end
At last
Eventually



End of the lesson

Idiom

a whale of a time

Meaning: having a great time, or doing something which is good fun

Example: We had a whale of a time on our holiday!



Additional practice



Fill in the gaps

Complete the sentences with the phrasal verbs.

- 1 I'm going to call my friend to _____ with her tonight. I haven't spoken to her for ages.
- 2 Ruby was having a relaxing afternoon at home and she _____ in front of the TV.
- 3 Kelly is _____ her friends from university at the weekend.
- 4 We'll be _____ at the beach later if you want to join us.
- 5 I put some music on to help me _____ after a stressful day.

hanging out
dozed off
switch off
catch up
meeting up with



Speaking



Where do you like to hang out with your friends or family?



What do you do to switch off after a busy day?





Order the text

Put the text in order to read about someone's perfect day on holiday.

1

2

3

4

A

Next, I'd go for lunch in town. Afterwards, I would do some shopping and probably head into a café somewhere.

B

After that, I would go back to my hotel for breakfast on the balcony overlooking the sea. I'd spend the morning on the beach.

C

My perfect day on holiday? Well, first of all, I would wake up really early. I love mornings and that doesn't change when I'm away from home. Then, I would start my day with a long walk.

D

Finally, I would have a picnic on the beach for dinner. Last of all, I would have a nice bath and go to bed early.



Pick one from each pair

1. **Pick** one photo from each pair to create a good day for yourself.
2. **Use sequencers** to describe your day to your teacher or classmates.

First, I would eat...

After that, I would go...

1



3



4



2



5





Answer key

P.5:

Aline: 2, 6

Brandon: 3, 5

Justin: 1, 4

P.7: 1.) c 2.) e 3.) a 4.) f 5.) b 6.) d

P.10:

Beginning: to start, to begin, first of all, first

Middle: next, afterwards, after that, then, subsequently, also

End: at last, finally, lastly, in the end, last of all, eventually

P. 17: 1. catch up, 2. dozed off, 3. meeting up with, 4. hanging out, 5. switch off

P. 19: 1c, 2b, 3a, 4d



Summary

Phrasal verbs to talk about **routines** and **activities**:

- Catch up, hang out, switch off, meet up with, head out, doze off

Sequencers to talk about **routines**:

- first, to start, to begin, first of all
- next, afterwards, after that, then, subsequently, also
- at last, finally, lastly, in the end, last of all, eventually

Describing your **perfect day**:

- your morning ritual, eating and drinking, trying new things, going somewhere special



Vocabulary

catch up

hang out

switch off

head out

doze off

meet up with

at last

finally

lastly

in the end

last of all

eventually

first

to start

to begin

first of all

next

afterwards

after that

subsequently

