

CHECK!

# Talking about my achievements

**LEVEL**

Intermediate (B1)

**NUMBER**

EN\_B1\_3034C

**LANGUAGE**

English

## Let's check!

- Can I talk about my achievements?
- Can I use a range of vocabulary and phrases related to talents, abilities and skills?
- Can I use a range of vocabulary to explain how I overcame a challenge?
- Can I use the present perfect with *just*, *yet*, and *already* to talk about the recent past?





# Warm-up

**Describe** the picture. Do you think this activity is a talent? Are you a natural at it?

**Discuss** the questions **in breakout rooms** or **as a class**.

**Share** one thing you learned about your classmate.





## **Learning outcome 1**

Can I use a range of vocabulary and phrases related to talents, abilities and skills?



# Your skills and abilities (1/2)

Put these skills in order (1 = skill you are best at and 5 = skill you are least good at).

1 \_\_\_\_\_

2 \_\_\_\_\_

3 \_\_\_\_\_

4 \_\_\_\_\_

5 \_\_\_\_\_

a You're an experienced driver

b You're good with numbers

c You're a natural musician

d You have a knack for explaining things

e You're gifted at sports

# ”

## Your skills and abilities (2/2)

**Consider** the answers you gave in the previous activity. **Complete** the activity below.

“

I put \_\_\_\_\_ as my top skill  
because...

Are your skills the  
same as your  
classmates?

Discuss these  
similarities and  
differences.

Do you have other  
skills that were not  
on the list?

Describe them to  
the class.

What is one skill you  
would like to  
develop this year?

Do you think it will  
be easy or difficult?





# Let's check! Feedback round

Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on



Good examples

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Find the mistake

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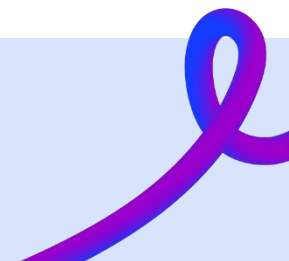
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## Learning outcome 2

Can I use a range of vocabulary to explain how I overcame a challenge?





# Overcoming a challenge

Below are some **examples of situations** where nerves often get the better of people.

Have you ever experienced any of these? How did you prepare? How did you feel afterwards?



**Job interview**



**Presentation**



**Important match**



**First date**



**Final exam**

*In spite of the fact...  
Despite being...*

*I got over my fear and...*



# Let's check! Feedback round

Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on



Good examples

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Find the mistake

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## Learning outcome 3

Can I use the present perfect with *just*,  
*yet* and *already* to talk about the  
recent past?

# Present perfect with *just*, *yet* and *already*

1. **Think about** your day so far.
2. **Respond** to the prompts (1-3) below, using the present perfect with *just*, *yet* and *already*.
3. **Answer** the questions (4 and 5).

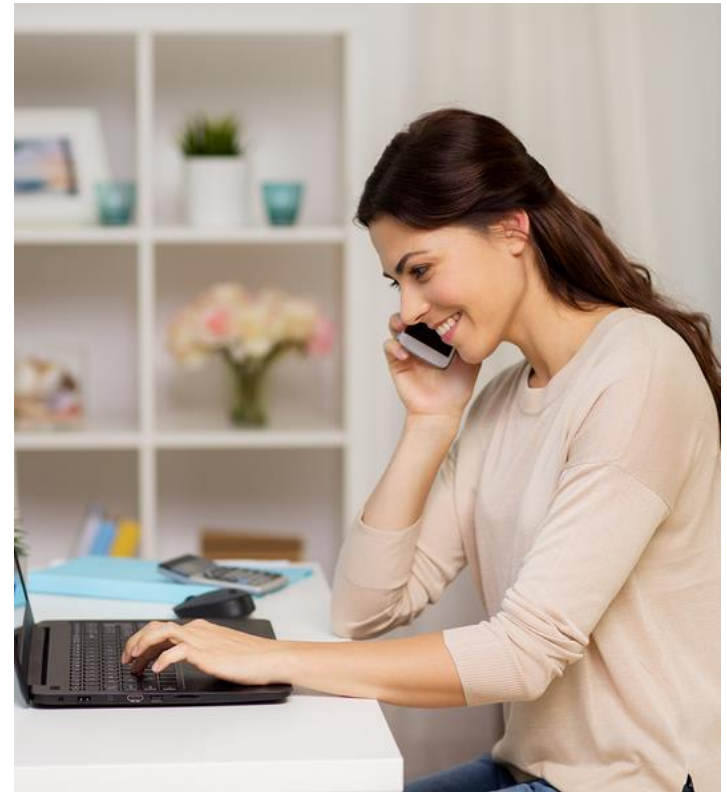
1 Share something you have **just** done...

2 Share something you haven't done **yet**...

3 Share something you have **already** done...  
(perhaps sooner than you expected)

4 How do you **plan your day** and the tasks you have to do?

5 Would you describe yourself as an **organised** person?





# Let's check! Feedback round

Your teacher will now highlight what was done well and some mistakes that were made **in the last activity** for you to reflect on



Good examples

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Find the mistake

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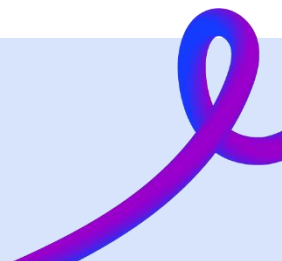
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
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# End of the lesson

Idiom

***Practice makes perfect***

**Meaning:** The more you practise something, the better you become.

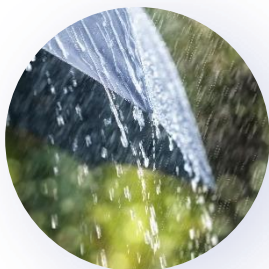


# Additional practice



# Overcoming challenges

**Consider** the examples of obstacles below. **Make sentences** about overcoming challenges using these prompts and the prepositions in the red box.



wet weather



delayed bus



deadline



opponent



bad food

*Despite the wet weather, we had a great day at the football match.*

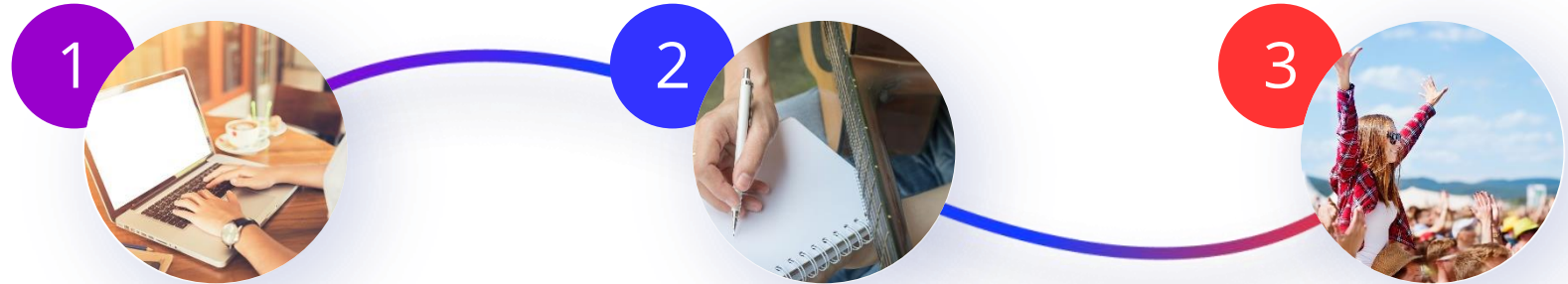
*In spite of the fact that the bus was delayed, Sarah got to the event on time.*

- *Despite/in spite of*  
**+ noun**
- *Despite/in spite of*  
*the fact that*  
**+ clause**
- *Despite/in spite of*  
**+ gerund**



# Talking about your achievements

**Follow the steps** below to practise talking about your achievements.



## 1 Something you achieved recently

- What did you achieve?
- What did you have to overcome to achieve it?

## 2 Something you want to achieve this year

- How are you planning to achieve it?
- Why haven't you done it yet?

## 3 Something you want to achieve long-term

- How are you planning to achieve it?
- Why haven't you done it yet?





# Discuss

1



**I only do things that are easy**

2



**It is satisfying to achieve something difficult**

Who do you agree with?

Explain your answer

Compare your answers.  
Do you all agree with the same statement?





# Preparing for a job interview

**Complete** the text dialogue with your friend.  
**Write** your answers and then **read** them to your teacher. **Use the verbs** in the box below.

- To make up
- To consider
- To get over
- To proofread



10:37

Sarah

How are you going to prepare?

You

...

Sarah

How are you feeling?

You

...



## Discuss



# What skills does society value?

**Are people rewarded for being kind, friendly, and caring?**

**Do the highest-paid jobs require these skills?**





# Summary

## Discovering hidden talents

### Describing skills, talents and abilities:

- Some people have skills that you would never expect
- They could be a natural at something, or they could improve by practising
- Hidden talents might be cooking, music, or standing on your head!

### **Can and could:**

- We use the modal verb *can* to talk about ability
- When we talk about past ability, we use *could*
- *At first, I **couldn't** run 5km. Now I **can** do it in under 25 minutes!*

### Useful phrases:

- to have a talent (for)...
- to be an expert (in/on)...
- to be good/gifted (at)...
- to be good (with)...

### Real-life language:

- to have a knack (for)...
- to be a natural



# Summary

## Present perfect with *just*, *yet*, and *already*

### Adverbs with the present perfect:

- We use *just* to talk about a recently completed action
- We use *yet* to refer to time up to now. We use it in questions and negative statements
- We use *already* to say that something is complete

### Present perfect with *just*:

- ***just*** → recently completed actions
- Positive statements
- *We've just found out that we're going to have a baby!*

### Present perfect with *yet*:

- ***yet*** → an event that's expected to happen in the future
- Negative statements and questions
- *Sarah hasn't bought her tickets yet*

### Present perfect with *already*:

- ***already*** → an action that completed, often ahead of time/earlier than expected
- Positive statements
- *I've had breakfast already, but I'll buy a coffee*





# Summary

## Overcoming challenges in life

### Challenges and achievements:

- We all face challenges in life. It is how we overcome them that counts! When we overcome a challenge, this is an achievement.
- It is very easy to *let nerves get the better of you*. This means that nerves can prevent you from achieving what you want

### Despite and in spite of:

- + **gerund** = *Despite/In spite of speaking English quite well, I was worried*
- + **noun** = *Despite/In spite of the rain, we enjoyed the party*
- + **the fact that** = *Despite/In spite of the fact that we argue, I work well with my team at work*
- + **pronoun** = *Despite/In spite of my nerves, I presented very well*



# Vocabulary

to be a natural

to have a knack (for)...

to be gifted (at)...

to be good (with)

to be an expert (in/on)...

It's (not) my thing

to discover a passion (for)...

grade



# Vocabulary

to slip (your) mind

yet

already

just



# Vocabulary

nerves

investor

hesitation

to proofread

to get the better of (you)

to make up (an excuse)

to get over (your fear)

to have (a fear of)

to make (mistakes)

despite

in spite of

to consider

