

SPEAKING

Talking about my daily routine

LEVEL

Beginner

NUMBER

EN _ A1_1084S

LANGUAGE

English

Learning outcomes

- I can ask and answer questions about my daily routine.
- I can give details about how frequently I do these activities and at what time.



What do you do on **Monday**?
I **always** go to work at eight
o'clock on Monday. I **never** eat
breakfast before work.





Vocabulary review





Talking about routines



I **always** drive my car to work on **Monday**.

I **sometimes** ride my bike home.



At weekends, I **never** wake up **before** noon.

I **usually** jog **during** the week.





Questions and answers



When do you eat lunch?

I **always** eat lunch **between** noon and one o'clock in the afternoon.



What do you do on **Saturday**?

I **usually** meet friends and **sometimes** we go to a café.





Complete the conversation (1/2)



_____ do you go on Sundays?

I _____ take the underground to the city and go shopping on Sundays.



_____ do you leave?

I usually leave home after lunch at two _____ in the afternoon.





Complete the conversation (2/2)



_____ do you eat?

Sometimes I go to a restaurant and eat cake and drink coffee
_____ I go home.



That sounds like a fun weekend!

Fill in the gaps

My favourite day of the _____ is Sunday. I wake up at eight _____. I have breakfast at half _____ eight. I take our dog for a walk in the park _____ breakfast. I play with the dog from breakfast _____ lunch. We _____ eat lunch with Tim's parents on Sundays. Tim and I like to walk around the city after lunch. _____ we visit museums or go to cafes. We always have dinner in a restaurant on Sundays. I love weekends.





Ask do- questions

**Ask your teacher or classmates:
When do you...?
How often do you...?**





Pronunciation

Monday



Pronunciation

Monday

Saturday



Pronunciation

Monday

Saturday

Wednesday



Pronunciation

Monday

Saturday

Wednesday

weekdays



Pronunciation

Monday

Saturday

Wednesday

weekdays

always



Pronunciation

Monday

Saturday

Wednesday

weekdays

always

Practise saying the **/eɪ/** sound.



Which words have the /eɪ/ sound? Practise saying them

I always wake
up at eight
o'clock on
Wednesday.

I take the
underground
to a café and
eat cake.

I watch the
planes fly on
Mondays.

They fly to
Spain on
weekdays.



Talk about your routines

You can do this activity **in breakout rooms**.



Answer the questions:



When do you take the underground?

How often do you fly in a plane?

What do you do on Saturdays?

Traffic is...



...heavy.

...light.



Ask about routines

Use these words to ask your teacher or your classmates about their routines. **Listen** to their answers.

what

why

...

how long

who

where

which

when

how often





Have a conversation about your routines

1



2



3



4





Think of /eɪ/ words

**Your teacher says a word with the
/eɪ/ sound.**

You say another one.

**Keep it going until you can't think
of anymore.**

| Monday | Tuesday | Wednesday |
|--------|----------|-----------|
| Montag | Dienstag | Mittwoch |
| Lunes | Martes | Miércoles |
| Lundi | Mardi | Mercredi |
| 1 | 2 | 3 |
| | | 10 |



End of the lesson

Idiom

To be an early bird

Meaning: Someone who likes to get up early in the morning

Example: Tom is a real early bird. He gets up at 6 every morning and even on the weekend!



Additional practice



Match the sentences

1 Why do you like weekends?

2 When do you work?

3 Where are you from?

4 How often do you go shopping?

5 How long do you jog?

6 What do you do on Sundays?

7 Who is your husband?

a I'm from Switzerland.

b I don't work at the weekend.

c I jog from nine o'clock until a quarter to ten.

d I always work on weekdays.

e My husband is Tim.

f I never wake up before noon on Sundays.

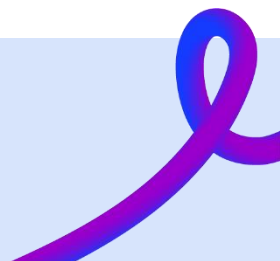
g I usually go shopping on Wednesday and Saturday.



Pronunciation

**Which words from this lesson are difficult to say out loud?
The pronunciation pages have some examples.**

Pronunciation





Speaking

Answer the questions with your classmates.

What do you always do before you go to bed?



What do you never do before you go to bed?



Imagine a conversation

Imagine a conversation between you and a friend. **Write** a dialogue using the phrases and words on page 4. You can use sentences from pages 5 and 6.

When do you...?

I usually...

Where do you...?

I always...

How often do you...?

I never...

Answer key

Exercise p.7

Where do you go on Sundays? I always/never/usually take the underground to the city and go shopping on Sundays. When do you leave? I usually leave home after lunch at two o'clock. What/Where do you eat? Sometimes I go to a restaurant and eat cake and drink coffee before I go home. That sounds like a fun weekend!

Exercise p.9

My favourite day of the week/weekend is Sunday. I wake up at eight o'clock. I have breakfast at half past eight. I take our dog for a walk in the park after breakfast. I play with the dog from breakfast until lunch. We always eat lunch with Tim's parents on Sundays. Tim and I like to walk around the city after lunch. Sometimes/Usually we visit museums or go to cafes. We always have dinner in a restaurant on Sundays. I love weekends.

Exercise p.17

a, saying, always, wake, eight, Wednesday, take, café, cake, planes, Mondays, Spain, weekdays



Answer key

Exercise p. 26

1. b – 2. d – 3. a – 4. g – 5. c – 6. f – 7. e



Summary

Pronunciation of the /eɪ/ sound:

- Saying words like *Monday, Tuesday, weekday*

Practising talking about your daily routine:

- Use times and adverbs of frequency to talk about your daily life



Vocabulary

breakfast

to jog

café

to meet

to watch

