

GRAMMAR

Adverbs of time

LEVEL

Beginner

NUMBER

EN_A1_1083G

LANGUAGE

English

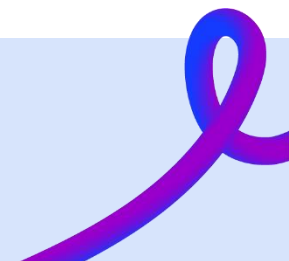
Learning outcomes

- I can place adverbs of time in the correct position in a simple sentence.
- I can identify the meaning of some common adverbs of time.



I **always** wake up **before** eight
o'clock.

I **never** go to sleep after midnight.





When do you...?

- We use **before**, **between**, **during**, and **after** to say when we do things.

Sentence	Order
I eat breakfast before lunch.	breakfast , lunch
I eat lunch between breakfast and dinner.	breakfast, lunch , dinner
I eat dinner after lunch.	lunch, dinner
I work during the week.	Monday, Tuesday, Wednesday, Thursday, Friday



Before or after?

before lunch

after lunch



wake up



eat dinner



go to sleep



eat breakfast



go to the cinema



go to work



During or between?

Here is a **tip** for remembering when to use these adverbs.



I have lunch **between**
twelve and one.

I go for a walk **during**
lunch.

between + ____ **and** ____

during + _____



During or between?

1 I eat lunch at my desk _____ work.

a. during

b. between

2 I jog _____ quarter past six and seven o'clock.

a. during

b. between

3 I work _____ the day.

a. during

b. between

4 I watch TV with Tim _____ half past seven and quarter to nine.

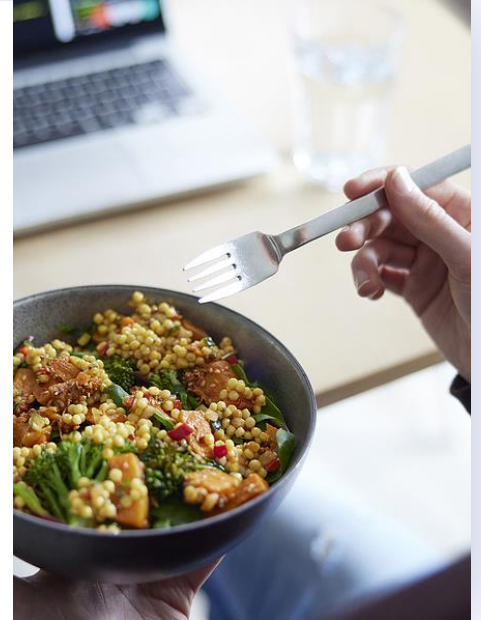
a. during

b. between



Kim's routine

I wake up at six o'clock every day _____ the week. I arrive at work _____ breakfast. I eat breakfast and lunch at my desk. I come home at half past seven. I jog _____ quarter past six and seven o'clock. We eat dinner every evening at quarter to eight. I watch TV with Tim _____ dinner. I go to sleep at eleven o'clock.



before

after

between

during



Your morning

What time do you wake up?
When do you have breakfast?



Ex.

During the week, I wake up at 7am. I eat breakfast **after** my first meeting.



How often do you...?

- We use ***always***, ***usually***, ***sometimes***, and ***never*** to say **how often** we do things.

How often do you wake up before noon?

I **always** wake up before noon.

I **never** go to sleep after midnight.

I **usually** arrive at work at nine o'clock but **sometimes** I am late.

Do you do this every day?

I do this every day.

I don't do this.

I do this most of the time (**usually**)/ I do this, but not every day (**sometimes**).



What is your health routine? (1/2)



_____ do you eat breakfast?

I _____ eat breakfast before work.



When _____ you jog?

I _____ jog after dinner but sometimes I jog before breakfast.



When
What

after
always

is
do

usually
always



What is your health routine? (2/2)



_____ do you eat meat?

I _____ eat meat. I always eat lasagne with cheese and no meat.



I _____ eat lasagne with meat. It is my favourite!

How often
Where

sometimes
never

always
never



Speaking practice

Use each of the below in a sentence.



between

after

before

Ex.

I go to the gym **after** dinner.

Make a sentence using each word



always



sometimes



usually



never

Ex.

I **usually** finish work at 3pm on Fridays.



Answer the questions with your teacher



How often do you
eat breakfast?

I _____
eat breakfast.



Do you exercise?

I _____
jog!



Do you eat meat?

I _____
eat meat.



How long do you...?

- We use **from** and **until** to say **how long** we do things.

How long do you work?

I work **from** seven o'clock **until** six o'clock.

I work **from** breakfast **until** dinner.

I work **from** Monday **until** Friday.

Do you do this all day?

I start at seven o'clock and end at six o'clock.

I start at breakfast and end at dinner.

I start on Monday and end on Friday.



Between or from ... until?

1 I jog from quarter past six _____ seven o'clock.

a. between

b. until

2 I jog _____ quarter past six until seven o'clock.

a. from

b. between

3 I jog _____ quarter past six and seven o'clock.

a. from

b. between



Questions

You can do this activity with a partner **in breakout rooms**.
Write your partners answers.

Ask questions and listen to the answers



When do you...?

How often do you...?

How long do you...?



Game

Your teacher will ask you questions. The person who answers the most questions wins!

Do you eat breakfast?



Yes. I eat breakfast
before I have a
shower.

Yes. I **usually** eat
breakfast at 7am.

No. I **never** eat
breakfast.

I **always** eat
breakfast!



End of the lesson

Idiom

To be a night owl

Meaning: someone who likes to stays up late at night

Example: Sarah is a night owl. She doesn't usually go to bed until 2 am.



Additional practice



Match the sentences

1 I always wake up at 6AM...

2 I usually walk to work...

3 I sometimes go to the gym in the morning...

4 I never take the bus to work...

5 My husband and I always go...

a because the public transportation in my city is bad.

b to the park on Sundays.

c because I get sick on buses.

d because my baby wakes up early!

e but sometimes I go in the evening.



Correct the mistakes

The mistakes are in **bold**.

1 I eat lunch between one o'clock **until** two o'clock.



I eat lunch between one o'clock and two o'clock.

2 I usually read from 9PM **and** 10PM.



3 I love chocolate. I **never** eat it.



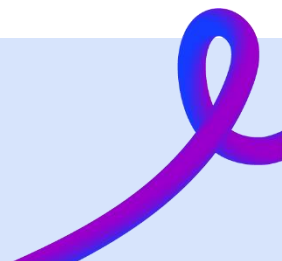
4 How **far** do you work every day?



5 She walks her dog **from** 7AM and 8AM.



6 Marco works **between** 10PM until 6AM.





Write your answers on the right list

When do you go to work? When do you jog? When do you watch TV?
When do you go to sleep?
When do you ride your bike? When do you eat breakfast?

before lunch

between lunch and
dinner

after dinner





Asking questions

Ask your partner these questions.



Between what time do you usually eat dinner?

How long do you watch TV a day?

- between... and...
- from... until...



Answer key

Exercise p. 5

before lunch: wake up, eat breakfast, go to work

after lunch: eat dinner, go to the cinema, go to sleep

Exercise p. 7

1. during 2. between 3. during 4. between

Exercise p. 8

during, before, between, after

Exercise p. 11/12

When do you eat breakfast? I always eat breakfast before work. When do you jog? I usually jog after dinner but sometimes I jog before breakfast. How often do you eat meat? I never eat meat. I always eat lasagne with cheese and no meat. I always eat lasagne with meat. It is my favourite!

Exercise p. 17

1. until 2. from 3. between



Answer key

Exercise p.23

1. d – 2. a/c – 3. e – 4. a/c – 5. b

Exercise p.24

2. I usually read from 9PM **until** 10PM.
3. I love chocolate. I **often/always** eat it.
4. How **long** do you work every day?
5. She walks her dog **between** 7AM and 8AM.
6. Marco works between 10PM **and** 6AM.



Summary

When do you...?

- Use the adverbs ***before, between, during,*** and ***after*** to say when we do things

How often do you...?

- Using the words ***always, usually, sometimes*** and ***never***

How long...?

- Use the words ***from*** and ***until***



Vocabulary

before

between

during

after

How often?

always

usually

sometimes

never

from

until



Notes

