

Promoting sustainability at work

VOCABULARY

LEVEL
Intermediate

NUMBER
EN_BE_2531V

LANGUAGE
English

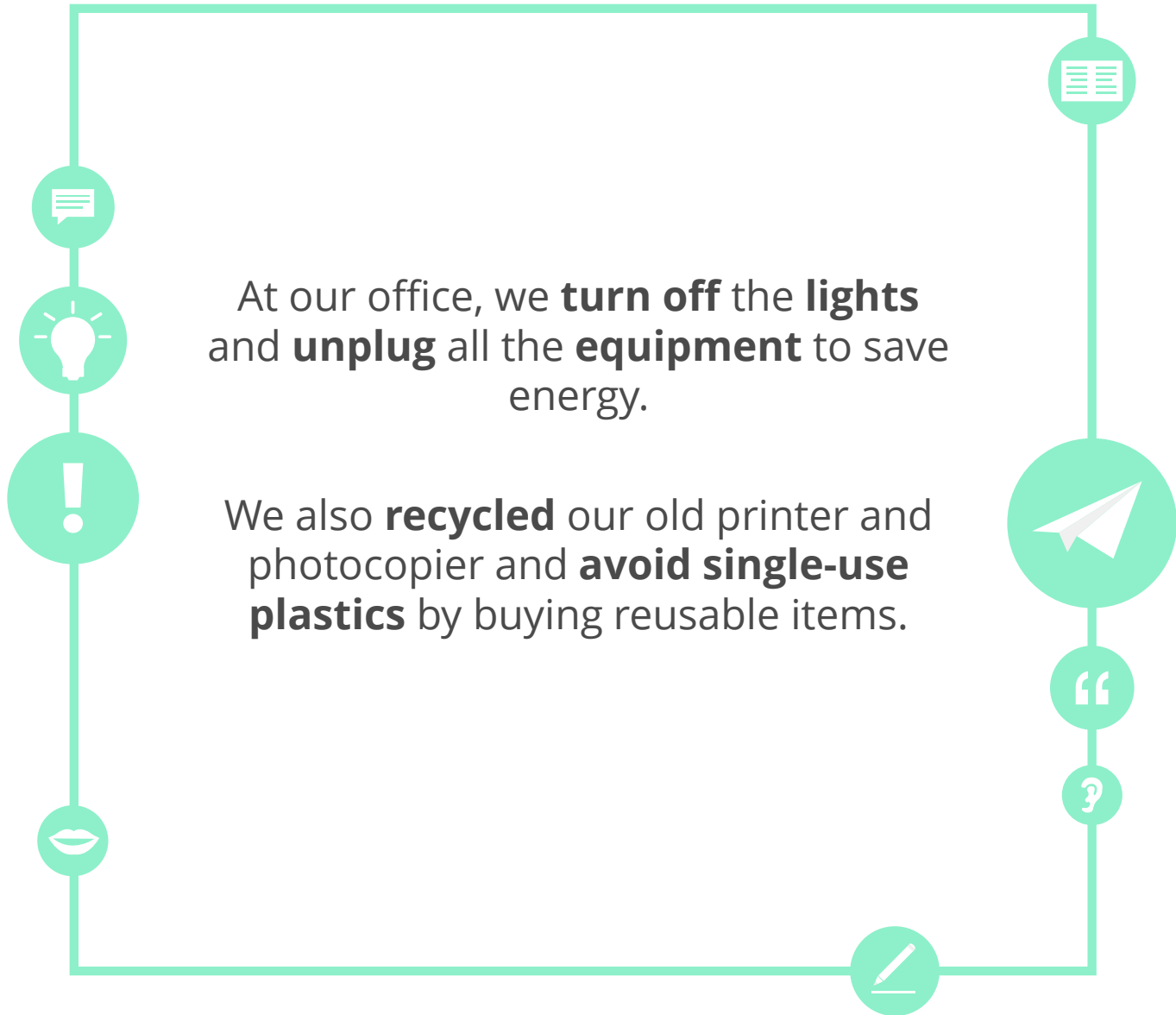




Goals

- Can use simple vocabulary relating to promoting sustainability at work.
- Can identify and describe common items at work.







Preview and warm-up

In this lesson, you are going to learn **words and phrases relating to promoting sustainability at work.**



More and more companies are promoting **green commuting.**



New expressions

to turn off lights

We can **turn off the lights** to save energy.



to unplug equipment

When we **unplug our equipment** it does not consume electricity.





New expressions

to go paperless

We save trees from cutting them down when we **go paperless**.



to enable power saving mode

Enable power saving mode to extend your phone's battery life.



to recycle old electronics

Toxic materials pollute the soil if we do not **recycle old electronics**.





Examples



Please **turn off the lights** and **unplug all equipment** in the office.

We **go paperless** by sending emails instead of writing notes.



Enable power saving mode so your tablet does not switch off.

Recycle old electronics to use fewer raw materials.





Matching

Complete the expressions by matching two parts.

1. to recycle

A) power saving mode

2. to turn off

B) paperless

3. to unplug

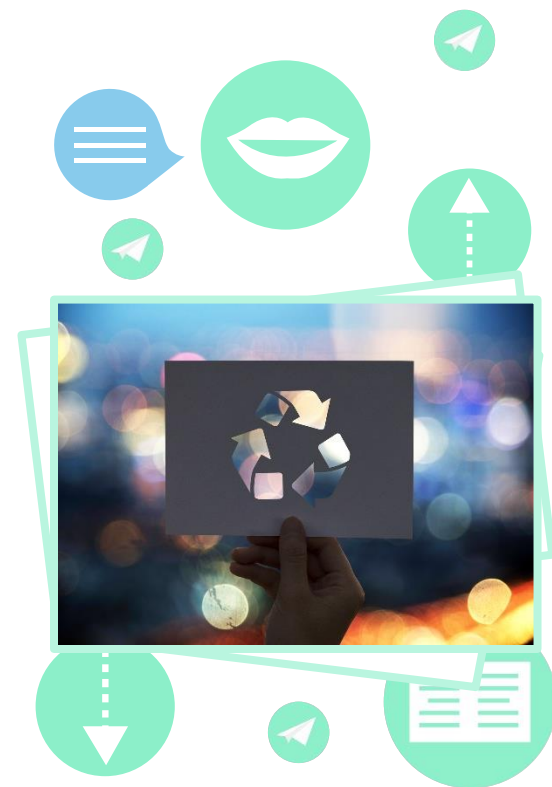
C) old electronics

4. to enable

D) lights

5. to go

E) equipment





Complete the sentences

Complete the sentences with the verbs from the box.

1. We are going to _____ this old photocopier.
2. _____ the lights to save energy.
3. Please _____ your phone's charger when you do not use it.
4. I have to _____ power saving mode on my laptop.
5. We can _____ paperless with all this technology.

go

turn off

enable

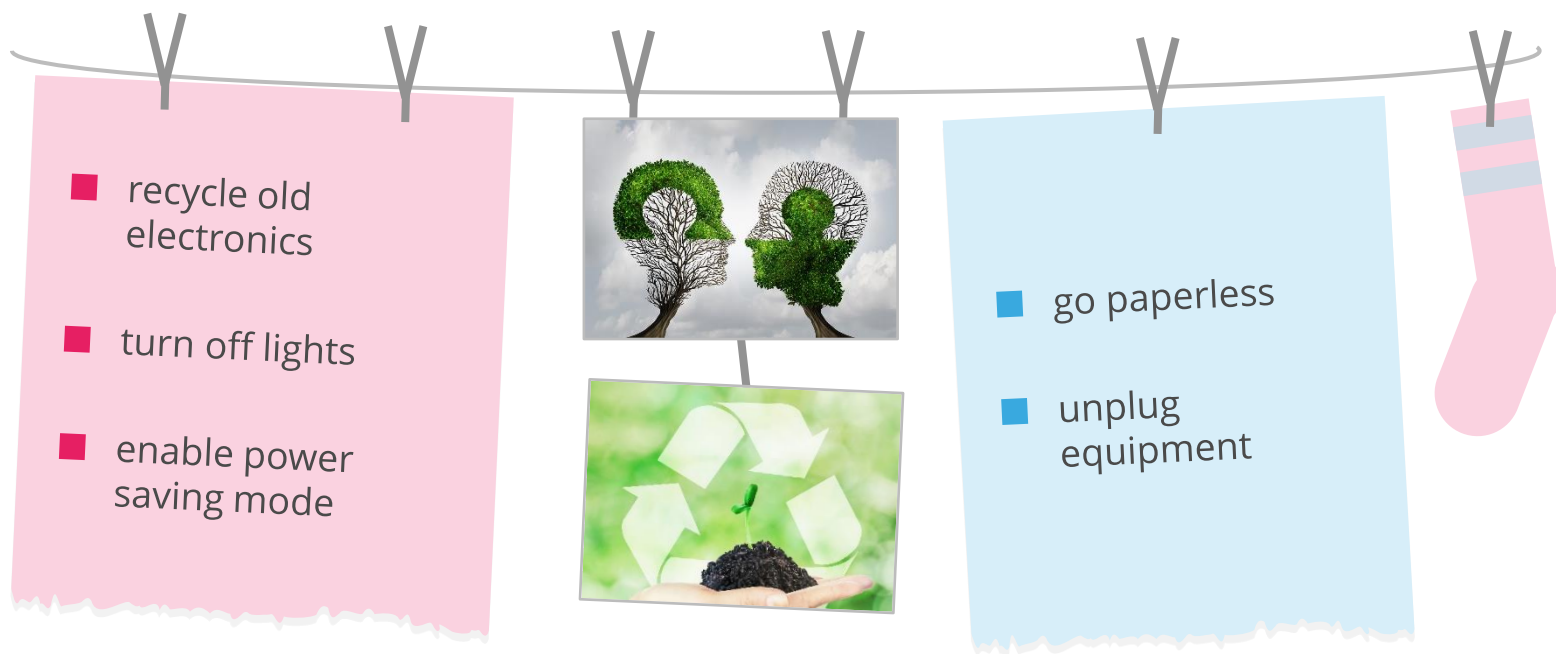
unplug

recycle



Speaking

Which of these activities do you do at your workplace? Talk about your habits to your teacher or classmates.



green commuting

to offer free bikes

My company supports **green commuting** by **offering free bikes**.



Some cities **offer free bikes** to reduce air pollution.



Green commuting includes cycling, walking, skating, rollerblading or using public transport.



New expressions

to have a green team

My company **has a green team** who shares information about eco-friendly habits.



to promote remote work

We **promote remote work**, so our employees use cars less frequently.





Examples



Green commuting is better than travelling by car.

We **offer free bikes** to protect the environment.



We **have a green team** who meets weekly.

We **promote remote** work to save energy.





Unscramble the sentences

Unscramble the following sentences.



live in a

free bikes.

I want to

city that offers

by 2030.

Our aim is

green team

to have a

are all

using public
transport

green
commuting.

Walking,
cycling or

Some
companies

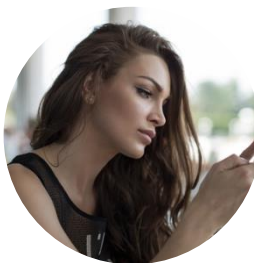
by promoting

remote work.

protect the
environment



Fill in the gaps



**success
or
sustainability**

Hi Lucy! Have you seen the company's new 1. _____ plan?

**useless
or
paperless**

That is the aim. We want to go 3. _____ by using the scanner and sending emails.

**protect
or
promote**

Also, they want to 5. _____ remote work and offer free bikes.

**plan
or
planning**

That is a good idea! I like your 7. _____ .

No, I haven't. Are we going to have a 2. _____ team?

Good. I save energy by unplugging all the equipment and 4. _____ the lights.

My plan is to 6. _____ old electronics too.

**green
or
blue**

**turning off
or
turning on**

**remove
or
recycle**



Writing

Write your own dialogue. Use the new expressions that you have learnt until now.

go paperless

unplug
equipment

enable power
saving mode

green
commuting

promote
remote work

offer free bikes



New expressions

to buy reusable
cutlery

Buy reusable cutlery to produce less plastic waste.

to avoid single-
use plastics

Avoid single-use plastics by using your own metal water bottle.

to not use paper
towels

We can save trees if we do **not use paper towels**.

to clear out the
fridge

If we do not want to waste food we have to **clear out the fridge**.

to use microfibre
cloths

When we **use microfibre cloths**, we only need water for cleaning.



Examples



We can avoid single-use plastics by buying reusable cutlery.

Do not use paper towels when you can use microfibre cloths.



Let's have leftovers to clear out the fridge.



Complete the sentences

Complete the sentences by matching two parts.

1. To not use paper towels,

A) made of bamboo.

2. We buy reusable cutlery

B) to reduce food waste.

3. To avoid single-use plastics,

C) we bring our own cutlery to the canteen.

4. We clear out the fridge

D) we use cloths for cleaning.



Speaking

Finish the sentences to make them true for you.

To clean our
work kitchen, I...



To avoid single-
use plastics, I...



Instead of single-
use cutlery, I...



To not waste
food, I...





Fill in the gaps

Fill in the gaps with *better, worse, more or less* to make comparisons.

1. microfibre cloths are _____ than paper towels.
2. Single-use plastics are _____ than reusable cutlery.
3. We save _____ energy when we turn off the lights.
4. Recycling old electronics is _____ than throwing them to landfill.
5. Turning off the lights saves _____ energy than unplugging all of your equipment.





Speaking

Do you agree or disagree with the previous sentences? Which ones are true for you?



agree

disagree

better

worse



Read the text

Last month, Emily applied for her first job. She wanted to work at a sustainable company. In her interview, she asked some important questions:

Emily: Do you support remote work to avoid using cars? Do you have reusable cutlery in the canteen? Are you trying to go paperless?

Interviewer: Oh, yes! We also support green commuting by offering free bikes. And our cleaning staff do not use paper towels or chemicals. They use microfibre cloths instead.

Emily got the job! The company was very green, as she hoped. They turned off the lights and unplugged all equipment at the end of the day. They rarely used the printer and also recycled all old electronics.

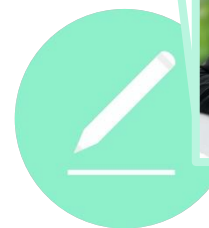




Writing

Read the text again. What 12 activities does the company do to protect the environment?

A blank sheet of lined paper with a spiral binding on the left side, intended for writing the answer.





Speaking

Think about your workplace or your home. Bring more ideas for Emily's company to be environmentally friendly. What else can they do?





Reflect on the goals

Go back to the second slide of the lesson and check if you have achieved all the goals of the lesson.

yes

no





Reflect on this lesson

Think about everything you have seen in this lesson.
What were the most difficult activities or words? The easiest?



If you have time, go over
the most difficult slides again



Answer key

Exercise 1, p.8

1.C 2.D 3.E 4.A 5.B

Exercise 2, p.9

1. recycle 2. turn off 3. unplug 4. enable 5. go

Exercise 3, p.14

1. I want to live in a city that offers free bikes.
2. Our aim is to have a green team by 2030.
3. Walking, cycling or using public transport are all green commuting.
4. Some companies protect the environment by promoting remote work.

Exercise 4, p.15

1. sustainability 2.green 3. paperless 4. turning off 5. promote 6. recycle
7. plan

Exercise 5, p.19

1.D 2.A 3.C 4.B



Answer key

Exercise 6, p.21

1. better 2. worse 3. more 4. better 5. less

Exercise 7, p.24

1. support remote work
2. have reusable cutlery in the canteen
3. go paperless
4. support green commuting
5. offer free bikes
6. do not use paper towels or chemicals
7. use micro-fiber cloths
8. paid attention to saving energy
9. turned off the lights
10. unplugged all equipment
11. hardly used the printer
12. recycled old electronics





Homework multiple choice

1. Turning off the lights is _____ than leaving them on.

- a. worse b. less c. good d. better

2. Using paper towels is worse than using _____ cloths.

- a. wet b. plastic c. paper d. micro-fiber

3. Going _____ is better than wasting paper.

- a. printerless b. paperless c. less d. worse

4. Green commuting produces _____ carbon dioxide than using cars or planes.

- a. less b. better c. more d. further



Homework writing activity

Write a list of environmentally friendly activities. What do you do or would like to do at work or at home?

<input type="radio"/>	I do not use the printer, I go paperless.
<input type="radio"/>	
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Homework answer key

Exercise 1, p.31
1. D 2. D

3. B

4. A



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